IMPORTANT NOTICE

Continuing our weekly commitment to holding BPP meetings with community members on Tuesdays, BPP Trustees Mr. Kersi Randeria and Mr. Noshir Dadrawala, will be conducting the third, in-person BPP Meeting, in the BPP Board Room, on Tuesday, 22nd December, 2020 at 5:00 pm, keeping in mind and strictly following all health and safety standards.

It is hoped that fellow Trustees - Mrs. Tirandaz, Mr. Mehta and Mr. Dastur will attend the same, in person, too.

Trustees Randeria and Dadrawala will be in the BPP Board Room to meet members of the community on Tuesday, 22nd December, 2020, from 5:00 pm to 7:00 pm BY PRIOR APPOINTMENT ONLY.

We look forward to resuming normal meetings in the new normal.

- BPP Trustee Noshir H. Dadrawala
- BPP Trustee Kersi J. Randeria

‘Face-To-Face Board Meetings, Not E-Encounters’, Say BPP Trustees Kersi Randeria And Noshir Dadrawala

What About Christmas?
by By Veera Shroff
Sanjana

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Editorial

FROM THE EDITOR’S DESK

Celebrating The True Essence Of Christmas 2020

Dear Readers,

There’s precious little that hasn’t been redefined to fall in line with the new normal, as we live through the globally disruptive novel coronavirus pandemic. The world’s most celebrated festival - Christmas - is no exception. But while the superfluous symbolism of Christmas will be greatly altered, its essence, perhaps, couldn’t be more restored.

To most, Christmas usually means receiving and giving gifts, partying with family and friends, food, dance and merriment. Just like 2020 has been a year like no other, its Christmas too, will be like no other - what with all the mandatory norms of maintaining social distancing, wearing masks, et al.

This year, as we are forced to remain distanced from the usual merriment and festivities that go along with Christmas, it’s impossible to escape the palpable inadequacy of an ‘online Christmas’. At the end of the day, there’s only so much that digital platforms and messenger services can do. We are undoubtedly grateful to technology - it’s been one of our main saviours that’s kept us sane through the most part of this year, but it just can’t compare to the warmth of a tight hug given by a loved one. Technology is, at most, a consolation for the human connect.

Insomuch, Xmas 2020 helps us dig deeper within, to reconfirm our realisations over the past months, where most of us have developed a whole new sense of respect, gratitude and appreciation for things that really matter...

Yes, Christmas in 2020 reaffirms that what truly matters to us, is what concerns our Maker. It celebrates the prophet - Jesus Christ - who was committed to the weakest amongst men, and who’s silent strength inspires compassion, faithfulness, generosity and peace within us, even as His presence in our hearts chips away our self-delusions and deceptive perceptions.

Christmas symbolises God’s constant and unconditional love for us all, in this hectic, fast-paced world. It celebrates gratitude, forgiveness, sacrifice and kindness, inspiring us to reach out to all without judgement, even as it transforms the emptiness in our hearts into the sanctuary of divine presence. But most of all, Christmas is the occasion for kindling the fire of hospitality in your home and the flame of charity in your heart - inviting one and all to take our rightful place around the welcoming altar of acceptance and love.

The stable in Bethlehem, where Christ was born, had no door. All were welcome - there was no need to knock or make an appointment or ‘sign in’. Yes, all were welcome to partake of the miracle of the divine immaculate conception. And therein perhaps, lies the essence of Christmas 2020 - to welcome with open arms and to give with a bigger heart. As the saying goes, “He who has not Christmas in his heart, will never find it under a tree.”

So, what is it that you plan on giving or gifting in this Season? How will you be living your Christmas? You could gift your Time and a listening ear to someone you know who has been feeling lonely - especially our seniors. You could gift Hope and Positivity to those who are hurt with the losses that the Pandemic has caused them. A simple call can be so empowering, when you just tell a friend, a colleague or a loved one, ‘Hey, I'm here for you’.

You could gift Love, Understanding and Appreciation to those closest to us - our family, who we unintentionally take for granted - and let them know they are cherished, not under-valued. After all, the best of all gifts around any Christmas tree is the presence of a happy family and friends, sharing love and laughter with each other!

You could gift Forgiveness to those who have wronged you, even if simply in your heart. You could gift Gratitude to those who have made and continue to make a difference in your life, and of course, to our Maker. And what better way to show your gratitude to Him, than to give yourself in service of His less privileged creations. Yes, indeed! We are spoilt for choice deciding what we could gift others this Xmas!

And when we all will celebrate Christmas in its true spirit thus, like the saying goes, “Peace on earth will come to stay, when we live Christmas every day.”

From all of us at Parsi Times - Have Yourselves a Merry Christmas!

Have a lovely weekend!

- Anahita
anahita@parsi-times.com

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PUBLIC NOTICE

The Trustees of the Bombay Parsi Punchayet are pleased to announce that from Jan 2021 they will commence holding physical Board Meetings in the Board Room at 209 D. N Road.

To begin with, the Trustees shall hold only one or two physicals meeting a month and the remaining meetings will be held over Zoom. This will be re-evaluated at a later date and changes will be made accordingly.

However, if any beneficiary requires to meet the Trustees on an urgent matter it would be with PRIOR APPOINTMENTS ONLY.

The pandemic has not gone away but we realize the necessity to meet in person hence we request everyone to please bear with us as only limited appointments will be given to begin with.

Appointments can be sought on the cell nos. given hereunder from 11 am to 4 pm between Monday to Friday.

1. Jimmy Merchant . 9819027857
2. Burzin Patel . 9930956811

These meetings would be strictly adhered by following the BMC guidelines. Wearing Face Masks & Maintaining Social distance is mandatory.
The Way Ahead: In-Person Board Meetings, Not E-Encounters

Even as the issue of good governance has been at the centre of what appears to be a great divide between the five current BPP Trustees, it has been an issue where Noshir and I stood firm, as a matter of principle, rather than allowing the rule of the majority to eclipse all parameters of good governance, based simply on an uncompromising attitude of our colleagues.

It was in July this year, when the Unblock commenced, that I requested all my colleague Trustees to revert to our earlier physical/in-person meeting format for Board meetings, instead of continuing these virtual meetings on Zoom platforms which achieved precious little. I distinctly remember Trustee Armaity Tirandaz, in one communication, confirming that we would probably meet, maybe post the 15th of August.

It is impossible to describe through the written word, what happens during digital meetings on Zoom. One of my primary issues of concern, have been the vituperative, aggressive and loud, so-called ‘discussions’. These would take place unfailingly, especially with some Trustees whose high-decibel hostility could be attributed to old baggage revisiting the present Board, where one’s duty as a Trustee had to be unprofessionally compromised at the altar of family pressure.

Truth be told – hardly any issues of importance have been discussed, debated or resolved on these digital ‘E-encounters’, as we had no access to files, old minutes and other relevant documents. Quite literally, the major chunk of our discussions comprised issues like grass cutting and pump repairs... matters meant to be handled by the administration, not Trustees. This is borne out by the items on the agenda, where almost all important issues continue to languish and are deferred to the next meeting and fifty odd housing applications languish at the bottom of the agenda.

Sadly, even issues of great importance and community concern, like shifting of the Parsi Gate and allowing the abominable intrusion of drones or laying pipes within the sacred Doongervadi, which 100% merited and warranted a physical meeting and solid discussions with all five Trustees, were left to their digital fates on Zoom and/or exchange of messages on WhatsApp! And the results are out there for all to see, even as our community yet again, tries to rise from this gross attack on its most integral religious sentiments.

When significant decisions and others are taken by just three Trustees, as opposed to what should have ideally been seven, but due to unavoidable circumstances, currently stands at just five Trustees strong, the community bears the brunt. Doubtlessly, these were meetings held face-to-face in the

Contd. on Pg 04
Boardroom, one could have sought various inputs before taking this decision and there would be no leeway for things to get lost in translation.

Three weeks ago, Noshir and I decided not to attend any further such digital E-meetings because not only was nothing being achieved, but these meetings left a bad taste in the mouth due to the verbal ferocity. For those who disbelieve this, I’m willing to, with the permission of my colleagues, put out the recordings of proceeds and minutes for humdins to hear first-hand, in the interest of transparency.

Noshir and I also announced our decision to meet with community members as BPP Trustees, and over the last two Tuesdays, we met with a score of people, and most expressed how merely the act of speaking face to face with us Trustees, provided them great comfort and reassurance.

Our insistence on in-person meetings resulted in Trustee Viraf initially agreeing to consider having at least one physical meeting in the month of December, but subsequently going back on his commitment, claiming he wasn’t free or willing to meet in December. Trustee Xerxes Dastur generally refused to reply, and when he did, claimed that he could not attend the meeting for health reasons. However, a community member with whom I shared this nugget of information, laughed and said that he has himself met with Xerxes a couple times last week and that he seemed to be in perfect health.

So, the question remains, why then are the three Trustees not showing up for in-person BPP meetings, when Viraf and Xerxes have been attending their respective offices and other places too, post the lockdown? It’s because Trustee Armaity Tirandaz refuses to attend Board Meetings, citing the potential health dangers posed by the pandemic. And yet, photos of Tirandaz have gone viral on WhatsApp, where she is attending a public event in a garden, alongside over a dozen people standing in close proximity to her, some without their masks, and with zero regard for social distancing!

The reason why they’re unwilling to attend the meeting simply boils down to the issue of ‘Majority – Minority’. Not wanting to alienate and lose Armaity Tirandaz’s loyal support and risking the 2:2 vote that would take place in a physical meeting without Tirandaz, and thereby losing their majority. Also, with Noshir Dadrawala being the Chairman (as he’s the second senior-most Trustee) with the Casting Vote, these physical meetings would not be technically conducive for the trio in majority and hence these physical meetings are not being held. Plain and simple!

Last week, Noshir and I once again firmly requested that in-person meetings must start. As a result, the three trustees finally realised they couldn’t continue to deliberately hold meetings based on the principle of quorum, rather than holding inclusive meetings with all the Trustees.

The public notice issued by BPP (Pg. 2) talks of holding one or two meetings from January 2021. I propose and will stand by, that we will hold 2 meetings every month – once every fortnight, but we will not have any Zoom meetings as they are, and will always be, a waste of time.

On Tuesday, 15th December, 2020, from 3:30 pm to 7:30 pm, BPP Trustees - Kersi Randeria and Noshir Dadrawala, once again made themselves available to BPP beneficiaries.

Requests by this duo, since August 2020, to consider at least one if not two Board Meetings a month in the Board Room, seem to have fallen on deaf years by the trio currently in majority (Trustees Armaity Tirandaz, Viraf Mehta, Xerxes Dastur) on the Board. There are many major issues which cannot be discussed with optimal effectiveness on Zoom.

Finding Middle Ground: Both - face-to-face and virtual meetings, have their benefits and disadvantages. Virtual meetings did serve their purpose during the total lockdown. But, to insist on only virtual meetings after the unlocking instead of adopting the middle path and alternating with both forms, is akin to keeping the stable doors locked when the horses are all out. The best thing to do is to combine both forms on an alternate basis. That would be reasonable and sensible. For Trustees, communication is connection and inspiration - not just transmission of information with beneficiaries and stakeholders. Communication is critical for building alignment and executing strategy.

Virtual Challenges: Virtual meeting are at best a convenient substitute. There is a world of difference looking at the person in the eye than looking at a small computer screen, or worse, a smartphone with poor connectivity. When one attends a physical meeting, it is the primary reason why one is at the particular place at the given time - there would be more discipline and lesser distractions.

Effectiveness Of Real Board Meetings: The serious and focused environment of a Board Room cannot be compared with attending an on-screen Board meeting from home with sounds of clutter from the kitchen or the television playing in an adjoining room or the more common - 'poor network'.

When one walks into a Board Room, one is in attendance for the meeting and comes prepared with easy access to data, files and papers. When meeting in person, people are more communicative and able to express themselves with body language, gestures and words - all of which work together to convey a holistic message. Also, misunderstandings are less likely.

During face-to-face meetings people get instant feedback. This is very important, especially in the development of something that requires teamwork. It is the best kind of meeting for brainstorming. Face-to-Face meetings create stronger bonds and people understand each other better. This is as important as team building into any business or charitable institution.

Compliance Constraints: Unlike validity of zoom meetings which are officially recognized under the Indian Companies Act 2013 by the Registrar of Companies, the validity of zoom meetings and decisions taken therein continue to remain questionable. Neither the Maharashtra State Law and Judiciary Department nor the Charity Commissioner has so far issued any circular or notification validating or recognizing virtual meetings. Also, the manner in which BPP Zoom meetings are convened is not in sync with the High Court framed BPP Scheme.

Moving On: As trustees we can ill afford to lose our connect with each other. The world, including India, is learning to live with the potential threat of infection and moving on with care and caution. Did health and sanitization frontline workers function virtually even during total lock-down? It’s time every trustee starts to see himself as a frontline worker in the service of the community. If the BPP staff can come to the BPP office every single day, why can’t BPP trustees consider coming to the BPP office at least once or twice a month to start with?

Keeping exactly this in mind two trustees of the BPP have taken the initiative and made it a point to be at the BPP office every Tuesday. Leading by example is generally the best way forward. One hopes that cussedness will be dropped and good sense will prevail to ensure good governance on the BPP Board.
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Rohinton Mistry Stands Tall
In Mumbai Cricketing Circuit!

Cricket Umpires hold a special place in our hearts because we know that the game, that the whole nation is irreversibly addicted to, hangs on the words and decisions of its umpires! Needless to say, Cricket Umpires across the world have their fair share of fan following. If you were to spot an ever-smiling and jovial personality with a floppy hat, on the cricket field, handling teams with ease... it would most likely be our very own Rohinton Mistry, the Elite Panel Umpire of the Mumbai Cricket Association (MCA).

The community takes great pride in 59-year-old Rohinton - the only active Parsi umpire in Mumbai's cricketing arena, for the last two decades and still going strong, officiating in some of the top-most tournaments! Parsi Times Reporter Binaisha M. Surti brings to you an exclusive feature with Rohinton Mistry where he shares his passion for cricket, his motivations, principals and more...

Binaisha M. Surti

Born in Mumbai, educated in Pune's J.N. Petit Technical School, Rohinton Allstry started his career with Larsen and Toubro (Mumbai) as an Engineer from 1980 until his retirement, last year. His love for cricket developed during his school years. “Rather than the bat, I picked up the ball and later realized that I was quick enough to worry most batsmen of my age. I was even the champion of my school in athletics, so it was natural for me to venture into bowling. Further, when I returned to Mumbai, I was introduced to renowned coach Vasant Amladi, who called me for nets at the Hindu Gymkhana and polished my bowling skills,” shares Rohinton. But when he read a newspaper advertisement for a trainee engineer, he had to quit cricket and concentrate on his job.

So, what is it that made his choose Umpiring? Rohinton answers, “My company played amateur cricket, so we'd participate in Times Shield. I started playing for my company. When there were practice matches, I would stand as an umpire. Taking an interest, I applied for Umpiring Classes at MCA and went to Wankhede Stadium, where Madhav Goenkar, along with Piloo Reporter, were our faculty. I stood second in the written exam while the oral and practical were taken by late Dara Dotivalia. I was lucky to pass the exams in the first attempt!”

He further adds, “My first ever cricket match as an Umpire was a Giles Shield game at Azad Maidan and I was very excited. One starts off with lower grade matches and is gradually promoted to doing higher level games. MCA was happy with what I was doing and further entrusted me with senior division matches and was given Times Shield B and C, and division games. In 2005, I was allotted my first Times Shield A Division match at MIG between Railways and Air India. There’s been no looking back since. My passion has kept me going through all these years.”

Rohinton has umpired numerous competitive tournaments including the Times Shield where current and former international cricketers, along with Ranji Trophy players participate. He also officiates in the DY Patil T20 tournament, Police Shield, Purshottam Shield, Talim Shield and Young Comrade Shield.

When asked to choose between Rohinton Mistry the Cricketer or Rohinton Mistry the Umpire, he says, “Definitely Umpire!! I’ve keenly observed how a captain plans a dismissal of a batsman with his bowler. There is a particular plan involved at every step of the game. I’ve officiated in a game where Rohan Gavaskar scored a triple century - I learnt so much while watching these great stars play. Umpiring is all about experience, one has to gain it on field. You have to stand in the sun for long hours, take the good with the bad. You learn when one should talk, when one should refuse a situation and so on. To control the game and the players is the most important aspect of being an umpire.”

Recalling one of his most memorable games as the ‘Salil Ankola Benefit Match’ (2010, DY Patil Stadium), he says, “Suresh Shastri and I were appointed umpires. There were five India captains playing in that match. I was positioned at the bowlers’ end - the non-striker was MS Dhoni, the striker was Sachin Tendulkar, at first slip stood Saurav Ganguly, second slip was Rahul Dravid and the bowler was Anil Kumble! Even Gambhir and Sehwag were playing in that game. It was indeed an honour for me to have umpired that game and meet all of these stalwarts in person!”

We further discussed as to what Rohinton does as an umpire to stay on top with his skill set. He said, “You have to know the Laws of the game in and out. And every match teaches us something different. How one walks, talks on field, interacts with cricketers, how to handle big names on field... to judging the pitch conditions whether it is playable on not, one gains all the experience over years. Players will only respect you after knowing that this particular gentleman knows his job very well and is consistent.”

Former international cricket umpires - Piloo Reporter and late Dara Dotivalia - have been Rohinton’s mentors. “The former explained the laws very well through his own match situations as an umpire and I am very grateful to both these greats of the game. I’ve learnt to never get carried away or intimidated by big names (cricketers) on field. You have to treat them as professionals, when one of them is batting, he is just another batsman doing what he knows best. One has to silently continue with the job as an umpire!”

Sharing one of his finer moments as an umpire, he says, “It has been an absolute privilege for me to have officiated and been a part of the historic 1886 Trophy tournament at Parsee Gymkhana (PG), where the British faced us Parsis! It’s all thanks to the Vice President and Cricket Secretary of PG and MCA Apex Council Member - Khodadad Yazdegarri - that I could be a part of this grand affair at PG. He is passionate about the game and always comes forward to support and help everyone.”

Signing off, he concludes, “An umpire should do his duty to the best of his ability without any fear or favor. Most importantly whenever in doubt, never give a batsman out - it is something I have learnt from Piloo Reporter. One has to have quick reflexes and has to also think on their feet at all times, because we only get a split-second to give our decisions. When you give your best, nine out of ten times you will always be right!”
Teshtar Tir Yazad
(The Yasht Series)

Daisy P. Navdar is a teacher by profession and a firm believer in the efficacy of our Manthravani. She is focused on ensuring that the deep significance of our prayers is realized by our youth. She credits her learnings and insights, shared in her articles, to all Zoroastrian priests and scholars whose efforts have contributed towards providing light and wisdom for all Zarthostis.

Daisy P. Navdar

I invite you to join me as I journey through the wonderful teachings shared in a Khordeh Avesta, which was printed in 1902 - more than a 100 years ago! Authored by Dinkal Sohrabji Engineer, the teachings, stories and notes in this book speak about the various powers of our prayers, while sharing anecdotes of people who have used these prayers and the tremendous achievements that each has accomplished.

In all the realms created by Dadar Ahura Mazda, He has appointed a keeper. Teshtar Tir Yazad is one such ruler. Teshtar Tir Yazad rules over the grains (planets) and seta (stars).

Savesh Yazad, Bahman Ameshaspand, Ardvisur Yazad, Vaad Yazad, Hom Yazad, Din Yazad, Berej Yazad and the Acho Farohar are all subject to the command of Teshtar Tir Yazad. Tir Yazad is the bringer of life-giving rain. We have all studied the water cycle in the early years at school. Isn’t it marvelous to know that this cycle is described in such details within our scriptures too!

Tir Yazad commands the winds to blow over the Vohukshah sea; He brings storm upon the waves of the sea and He brings calm upon its surface too. He commands the ebb and the flow of the tides. All the waters that rise up from the ocean get collected as clouds around the Hindav mountain (sounds similar to Himalaya?), which rises in the middle of the ocean. (A side note of observation: Even today, geologist have found evidence of sea shells on the Himalayas. Is this strange? I wonder!)

The clouds, which gather around the Hindav are then guided by Tir Yazad to the lands upon which they are most required. The lands upon which man and animals live, were divided into seven Kishwarn (probably continents) and Tir Yazad brings rain to them all. Tir Yazad is the harbinger of hope and growth and regeneration and renewal. He assists man in growing crop and food for sustenance.

This cycle is so intrinsically connected to our very existence that just out of reverence and gratitude, we must pay our respects to Teshtar Tir Yazad and call upon his benevolence for our lives ahead.

Teshtar Tir Yazad is also considered the Yazad who helps to cure all eye related ailments. It is said that He uses the brilliance of Spitaman Zarathushtra to bring light into our eyes. Very frequently I suffer from strain in the eyes due to the usage of the mobile phone and computers - it is a common phenomenon. However, I frequently find myself remembering the name of Teshtar Tir Yazad as I rub my eyes and ask him to relieve me of the irritation. I have never been disappointed so far.

From the 101 names of Pak Dadar Ahura Mazda, we should recite Farakhatante 101 times on Tir Roj with a glass of water in front of us. Drinking this water and applying it on the eyes brings a lot of relief from eye ailments.

If you manage to pray the Tir Yasht at least once a year on Tir Mahino and Tir Roj, you can consider yourself very blessed. It is not easy an easy task but then neither is our life, and yet we still manage to get through our daily challenges. Wouldn’t we be doubly blessed if we took the assistance of Teshtar Tir Yazad by reciting his prayers?

“The real voyage of discovery consists not in seeking new landscapes, but in having new eyes.” Marcel Proust

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RELIGIOUS ANNOUNCEMENTS
Nirangdin Ceremony At Cama Baug Agiary
A Nirangdin ceremony will be held at Seth Pallonji Khursshedji Cama (Cama Baug) Agiary at midnight on Roj Adar, Mah Amardad, Tuesday, 22nd December 2020, Y.Z. 1990 in remembrance of Late Sohrab Adulji Modi, by Maharukh and Hormuz Hoshang Lavangia.

‘Dudh Ma Sakar’ Presentation
Frohar Films Tele-Serial, ‘Dudh Ma Sakar’, presents ‘Enthronement of Sacred Fire in Jokhi Agiary’ -1, on 20th December, 2020, at 12:00 noon, on DD Gimir channel. For feedback, mail: frohrarfoundation@gmail.com

Let Us Be All The World To One Another
Start your weekend with positive vibes with inspirational excerpts from the acclaimed book, ‘Homage Unto Ahura Mazda’ by Dasturji Dr. Maneckji Naserwanji Dhalia of Karachi.

F from the time that the journey of his life begins, man likes not to be lonely in life. Crushing is the burden of solitude. Heavy is the load of life, if all alone he has to bear it. It weights down man’s spirit. Often does the firmament overcast and the clouds gather over his head and dreary darkness falls upon him and weariness of spirit takes possession of him.

Man is ever in search of someone who sustains him in his direst straits. He finds courage and comfort in living together with his kith and kin. When they live in unison, they become stronger and better able to go through rough times. Light becomes the burden and easy the yoke of life. Then does life take a brilliant colour. Many together find safety to sail the sea of life in one and the same boat.

Teach us all to bear with one another and live in concord. Teach us to exercise forbearance and forgiveness towards one another. Let us share with our neighbors their joys and sorrows. Let us not be wholly filled with self-love. Let us learn to love one another. Let us all learn to live in brotherly love.

Let us not covet our neighbor’s good. Let us aim at their hearts and win them by our goodwill for them. Let us not seek success in the failure of others. Let us comfort and console the sorrowing and suffering with the kiss of human kindness. Let our hearts go out to others in their misfortunes.

Let us realize that we are all interdependent. Let us behave with one another in mutual trust and in common brotherhood. Trust begets trust. Let us all so live as it were our lives are for Thy children, who are our brethren. Guide us to serve our brethren and love our brethren for Thou, Ahura Mazda, art in them all.
PARSi TIMES

Daara Patel Awarded As Impactful Corona Warrior

Ion Daara B Patel was recently felicitated as ‘The Most Impactful Corona Warrior’ during the Pandemic, by ‘Social Talks’, an NGO and IDMA (Indian Drug Manufacturers Association) for his efforts and contributions. These included coordinating with Central and State Governments to enable members from different states to increase their manufacturing capacity utilization from 20-30% to 70-80%; interacting with GoI’s Department of Pharmaceuticals for supporting the Pharma Industry on various issues; conducting online awareness programs; providing the Maharashtra Police free vitamins, face masks and gloves; and helping in activities in feeding migrants.

THE WZO TRUST FUNDS

C-1, Hermes House, 3rd floor, Mama Parnamand Marg, Mumbai 400 004
Tel Nos. (+91 22) 23684451, 23684452, 23684453.
E-Mail: admin@wzotrust.com

The Executor & Estate Administration of an overseas bank have indicated they are considering extending financial support to economically challenged Zoroastrian Senior Citizens on a quarterly basis through our Trust.

The selection criteria, requires the individual to be over 60 years of age, whose total annual income is less than Rs.250,000 (Rupees two lakhs fifty thousand) per annum. In case of married couples, support to only one spouse will be considered.

It may be noted that individuals who are already receiving regular financial support under existing schemes of WZO Trust Funds viz. Quarterly Financial Support, Elderly Mobed Couples & Widows, Palmbeakers etc., will not be eligible to claim support under the new proposed scheme.

Those interested and qualified to receive support as per criteria above should contact our office for the form to be filled in. Outstation applicants may contact us through e-mail or by regular mail urgently.

Donors of the proposed scheme - The Executor & Estate Administration of the overseas bank - reserve the right to continue the scheme on an ongoing basis or terminate the proposed scheme at their sole discretion.

Selection of beneficiaries will be decided by Donors solely on merits. Those attempting to influence the selection process will not be considered.

Trustees,

The WZO Trust Funds.

Reader’s Corner

Parsi Times is delighted to present the writings of our talented readers with the Community, via our promotional platform - Reader’s Corner. We encourage and promote budding writers, to share your original works – poetry or prose, by offering the opportunity of getting your work published in Parsi Times – the Community’s leading Newspaper! Mail us with your contributions at editor@parsi-times.com

Oh Santa!

By Armin Dutia Motashaw

This Christmas, poor old Santa Clause will have to work with many a clause,
He'll have to be careful; so as to Covid he won't himself expose!
A mask he will have to wear with surgical gloves, as his gloves won't serve the cause.

Children await will for their toys, but Santa instead, will give them safety kits,
Add, he may to these, a toy or two, and a few chocolates and candy bits.
Lord, help Santa and us all, now we are truly at the end of our wits!

This Xmas - no dancing or fun parties, only video calls to dear ones wish,
Sadly, Nature has tightened Her reins and strongly has pulled the leash;
Thank God our mums are cooking Turkey, pudding, or another traditional dish.

Mother Nature - forgive us all, for our callousness, selfishness and indifference,
Santa teach us to kind towards one and all - teach us life's true essence,
It's high-time we comprehend, that to pollute our Earth, we don't have a license!
**Covid-19 Vaccination Could Start In January**

A couple of days ago, Pune-based Serum Institute of India (SII) CEO, Adar Poonawalla said that the Covid-19 vaccination drive could likely begin in India by January 2021. SII, which is testing and manufacturing the Oxford-AstraZeneca vaccine candidate, expects to get its Emergency Use Authorisation (EUA) by the year-end.

"By this month-end, we might get an emergency licence, but the actual licence for wider use might come in at a later date. But, we are confident that if the regulators give a nod, India's vaccination drive can start by January 2021," said Adar at The Economic Times Global Business Summit, adding that Indian citizens could get vaccinated by October 2021, following which normal life could resume.

"Once 20% of India gets the coronavirus vaccine, we can hopefully see the confidence and sentiments coming back, and by September-October next year hopefully there will be enough vaccines for everyone and normal life can return," he said.

Last week, the Subject Expert Committee (SEC), which is scrutinising applications by three firms for EUA of their Covid-19 vaccines in India, asked SII and Bharat Biotech for additional late-stage safety and efficacy data from their ongoing clinical trials. The expert committee noted that the SII has only "submitted safety data till November 14", and that the principal investigator of its study, Dr Sushant Meshram, who is involved in the trials, did not attend the meeting, as per news reports.

The interim results of the Oxford Covid-19 vaccine trials, published in The Lancet, shows that the vaccine protects against symptomatic disease of 90% in those given a half, and then a full dose. The vaccine uses a chimpanzee adenovirus viral vector that can't cause disease in humans and expresses the SARS-CoV-2 spike protein. This means the vaccine delivers the spike protein genetic code into vaccinated people's cells, which then produce the protein, teaching the immune system to recognise and attack the virus.

**Noted CA And Trustee Hoshang Wania Passes Away**

Numerous members of the community expressed grief over the death of noted Chartered Accountant and Trustee of multiple trusts, Hoshang Wania, who passed away on 16th December, 2020. He was known to be a simple man of principals and a true Zarthoshi who was helpful to all. His funeral was held at Doongervadi at the Alibees Bungalow.

In a tribute to Hoshang Wania, BPP Trustee Noshir Dadrawala shares:

"Hoshang Wania was known to me since 35 years. His religious beliefs were traditional but he was never too vocal about his beliefs nor was he a bigot. He was a professional and meticulous to the core. He never chased money or fame and was passionate about his work. He was always simple in attire and demeanour.

He often used to drop in to lament about the disengaging tax laws for charities or to seek clarifications from me on matters pertaining to FCRA. Several trusts benefited from either his guidance or pro bono services.

He suffered many challenges in life but bore them silently and bravely. Many years ago, he was diagnosed with a brain tumour but returned to his hectic schedule soon after surgery. Later, his hearing got affected but he continued to work tirelessly. Over the last couple of years, his health suffered and he is now relieved from his mortal suffering and has attained immortality in the hearts of all those who he served so selflessly - the poor, young students, those needing medical assistance and those needing his professional expertise.

Today on his passing, we admire his passion for service and professional competence. But what stands out most are his very Human, Humane and Humble qualities. Adieu Hoshang! It is time now to open new books of account in the other world with no balance carried forward from here. You leave no liabilities but lots of assets in terms of your good deeds. What a nice Balance Sheet of life!

May Ahura Mazda grant his noble soul Garothenman Behest.

**Apex Court Reserves Judgment In Tata - Mistry Case**

On 17th December, 2020, the Supreme Court reserved its verdict on the cross appeals filed by Tata Sons Pvt. Ltd. and Cyrus Investments Pvt. Ltd., against the appellate tribunal NCLAT order (December 18, 2019), which had ordered the reinstatement of Cyrus Mistry as the Executive Chairperson of Tata Sons Limited - the $100 billion plus salt-to-software Tata conglomerate.

A bench comprising Chief Justice S A Bobde and Justices A S Bopanna and V Ramasubramanian, asked the parties to file compiled written submissions. During the hearing conducted via video-conferencing, Shapoorji Pallonji (SP) Group claimed that there was breach of Articles of Association and provisions of the Companies Act in the removal of Cyrus Mistry as the Chairman of Tata Sons, in October 2016. The Tatas denied the allegations and claimed there was no wrongdoing as they were well within their rights to oust Mistry.

On 10th January, 2020, the apex court granted relief to Tata group by staying the National Company Law Appellate Tribunal (NCLAT) order of December 18, 2019, by which Mistry was restored as the Executive Chairman of the conglomerate. Mistry had succeeded Ratan Tata as chairman of Tata Sons in 2012, but was ousted four years later on October 24, 2016.

In May, 2020, the Supreme Court had issued notice to Tata Sons and others on a cross-appeal filed by Cyrus Investments Pvt Ltd. Tata Sons had earlier told the top court that it was not a ‘two-group company’ and there was no ‘quasi-partnership’ between it and Cyrus Investments Pvt Ltd. Tata Sons made the averments in an affidavit while responding to the cross-appeal filed by Cyrus Investments seeking removal of alleged anomalies in the NCLAT order for getting representation on the TSLPL’s board in proportion to the stakes held by his family.

In his reply to the Tatas’ petition challenging his reinstatement by the NCLAT last December, Mistry demanded that Group Chairman Emeritus - Ratan Tata reimburse all the expenses to Tata Sons since his departure in December 2012, in keeping with best global governance standards.

Mistry is seeking representation in the company in proportion to the 18.37% stake held by SP Group, according to the cross-appeal. Reinstating Mistry as the Chairman, the NCLAT had also termed the action of the Registrar of Companies to allow conversion of Tata Sons into a private limited company illegal.

The hearing is ongoing.
8th WZCYC: London Calling! Spotlight On Youth Organisers

By Zeena Batliwalla (Maravala)

With the 8th World Zoroastrian Youth Congress (8WZCYC) 2023 hosted by the Zoroastrian Trust Funds of Europe (ZTFE) in the United Kingdom (UK) in Summer 2023, a dedicated team of youth volunteers have already commenced early groundwork to start planning and organising this momentous event. As part of a series of articles, we will be sharing the insights and visions of our 8WZCYC organising team.

As Treasurer for the 8WZCYC, I’m currently a manager with KPMG’s Audit Technical Programmes Team, having graduated (2015) and completed my Chartered Accountancy in 2018 (ICAEW). Outside of work, I enjoy spending time with family, watching Bollywood movies and doing crosswords.

I love and take pride in being a Zarthusthi and in our everlasting faith. I vividly remember one of my very first trips to Mumbai as a young girl, visiting Bikhaji Behramji’s Kuo, and the warm and homely feeling, being surrounded by countless Zoroastrians on Ava Roj. I loved that feeling, so much so that I dreamt of getting married in an Atash Behram in the future. My dream came true in December 2018.

Being a Zoroastrian in the UK is a privilege as I can be a melting pot within myself - from learning how to cook my favourite dishes with instructions from my Mum and Mother-in-Law to debating with my Dad and Father-in-Law about why we lost that last round of Hokum! Having family worldwide facilitates combining Eastern and Western practices of our culture and religion, while still feeling close to my roots - something that our youth overseas strive to do and what we endeavour to bring to this Youth Congress.

The 8th World Zoroastrian Youth Congress to be hosted by ZTFE (UK) inspires me to showcase with pride what London has to offer our global Zoroastrian community! I’m thrilled to participate and look forward to welcoming our Zoroastrian youth from across the globe.

As Treasurer, my responsibilities include creating a master budget and ensuring this is adhered to. I’m the first point of contact for approving any expenditure and keeping a general check on whether our incoming donations match our outgoing plans. At this stage of the Congress organisation, I’ve been busy crunching numbers and working with the sub-committees to ensure that we provide an affordable and inclusive experience for participants. Working closely with the Entertainment Committee, I plan to ensure we have a diversified and interesting set of events lined up to make this Congress truly memorable!

The opportunity of getting to know fellow Zoroastrians and seeing what each brings to the team, and their passion and enthusiasm for our Zoroastrian community, fills me with pride. I cannot wait for what’s to come in the lead up to 2023!

Mahabanoo Mody-Kotwal And Son - Kaizaad Win 2020 National Laadli Media Award

On 15th December, 2020, celebrated actor and theatre personality - Mahabanoo Mody-Kotwal and her son - Dr. Kaizaad Kotwal’s company, Poor-Box Productions, were awarded the 2020 Laadli Media Awards For Gender Sensitivity, over an online streaming event. They received this prestigious award for their work in bringing the path-breaking play, ‘The Vagina Monologues’, to India, seventeen years ago. The Laadli Awards are supported by the United Nations Population Fund (UNFPA).

Speaking on the occasion, Mahabanoo Mody-Kotwal said, “While Laadli is honoring Kaizaad, myself, Poor-Box Productions and The Vagina Monologues, we would like to share this prestigious moment with many, many who have made this journey possible - our committed and brilliant cast and crew who, seventeen years later, are still going strong with us!” as she went on to name the entire cast and crew who were a part of this revolutionary play’s journey.

Mahabanoo also thanked Eve Ensler (who recently announced that she now chooses to be known simply by the letter ‘E’) for her love and unyielding support. She thanked the respective heads of ‘Y-Day’ and ‘One Billion Rising’, Susan Swan and Monique Wilson, for helping bring these two international movements to India. Working with these two movements in India, Mahabanoo and Kaizaad have used the play to raise funds and awareness towards ending violence against women and children.

Poor-Box Productions’ ‘The Vagina Monologues’ (in English and Hindi) still witnesses house-full shows, and has also been produced for schools and colleges, as also for the economically disadvantaged women and men living in urban slums. The show has become a cult-phenomenon in India.

“Nowhere else can you find better proof of the fact that art literally saves lives than in both, our English and Hindi productions of The Vagina Monologues... the stories of real lives changed, and even saved, which have proven to be the ultimate reward for any artist, any human, could possibly ask for. We promise to keep going with this play and this work as long as audiences will keep coming and as long as women continue to be violated. In India, that road seems endless and very fraught. Sometimes when giving up seems easier, I remember the words of Mary Anne Radmacher who said, ‘Courage doesn’t always roar. Sometimes courage is the quiet voice at the end of the day saying ‘I will try again tomorrow.’ We, at Poor-Box Productions, thank you all at Laadli again, and vow we will try again tomorrow,” concluded Mahabanoo.

Last year in November, 2019, the mother-son duo had been felicitated with the prestigious “Karmaveer Purusak Mahartna” in the capital, for their great contribution to women’s empowerment and in combating violence against women and girls. The Make-A-Difference Foundation was established in 2008, by the mother-son team, dedicated to the cause of women’s empowerment and particularly the cause of helping battered and abused women, across all strata, irrespective of religion, caste and creed to find a way out of violence and stay free of violence.
Padma Shri Yazdi Karanjia Takes Comedy Theater On Global Tour Digitally

The Parsi-Gujarati diaspora in Canada are set to get entertained with two Parsi laugh riot performances by members of Surat-based Karanjia Arts, but with a catch—the plays will be staged virtually amid the pandemic conditions. Parsi theatre legend and Padma Shri awardee, 84-year-old Yazdi Karanjia, who has dedicated his life to the performing art, will also play the lead role in one of the two plays—‘Parshar Harshchandra’.

The Karanjia family, known to be the guardians of Gujarati Parsi Theatre, have kept the hilariously rollicking alive for the past seven-odd decades with their stupendous performances. All the characters in both the plays are performed by the entire Karanjia family itself. Two comedies—‘Mungi Stree’ and ‘Parshar Harshchandra’—have been performed by the Karanjia family for Canada-based ‘Friends of Gujarati and Gujarati Abroad’ (FGGA) and especially in the digital form for the Gujarati diaspora overseas.

“Before the global lockdown, they (FGGA) had invited us to perform in Canada, which got scuttled owing to the pandemic. So, the Gujarati diaspora group asked us to recreate the two comedies digitally for them. We rented an auditorium for the rehearsal of the two plays for more than one month before shooting them with three cameras from different angles and converting it into a digital mode,” said director of both plays, Farzan Karanjia.

[Courtesy: timesofindia.indiatimes.com (Surat)]

Premiering Ba Humata
By Meher Amalsad (Ca, USA)


THEME 1: MAKE OTHERS HAPPY AND YOU SHALL ALSO BE HAPPY
Date: Sunday, January 3, 2021
Time: 9:30 am - IST / 8:00 am - Pacific Time / 11:00 am - Eastern Time
Website: https://ba-humata.co.uk

With immense pride and joy, we would like to invite you all to join us for this very special, thought-inspiring, monthly global webinar. This program is thoughtfully designed to build Oneness and promote Harmony with collective consciousness of Humanity, Love, Peace, Righteousness and Fellowship, by sharing Zarathushthi values.

The goal is not to grow the plant,
But to thoughtfully plant the seed;
For each one of us to blossom with our own
Positive thinking, love, light, grace, joy and peace!

Each program endeavours to showcase the wisdom of our senior generations, together with the promise of our future generation.

The first webinar features global Zarathushthi icons including - highly respected Mobed Mehraban Fireuzgury from Iran; scholar priest Mobed Soili Dastur (USA); Iranshal Initiative Ambassador - Tinzar Karbarg (Hong Kong); dynamic youth priest Mobed Ramin Shahzadi from Germany; and global holistic health guru Dr. Mickey Mehta (India); along with our Zarathushthi Neuro-scientist from Cambridge University (UK) - Dr. Karishma Koka, PhD - the Founder, Host And Moderator of Ba Humata

WZCC’s WEBINAR WATCH

Parsi Times brings you the weekly schedule of WZCC’s Webinars which have been conducted through the epidemic and have greatly benefited community members worldwide, with their insightful informative and highly beneficial sessions, with speakers who are authorities in their respective fields. Our very own Tech-guru, Yazdi Tantra has been holding a series of Zoom Meetings online for the layman, under the title ‘TantraTech’, every Friday at 9:30pm (IST). You can attend these at: https://bit.ly/yazdzoom. (Past recordings available at: https://bit.ly/yazdiyoutube.)

‘SURVIVING AND THRIVING AGAINST ALL ODDS’
[Dubai Chapter]
When: 19th December, 2020
Time: 8:00 pm (IST)
Speakers: Sam Balsara & Lara Balsara Vajifdar, Madison World.
Link: https://zoom.us/j/8487251418
Contact: Meher Bhanesia (bhanesia@emirates.net.ae)

‘SCHOLARSHIPS AND FUNDING FOR HIGHER EDUCATION’
[FZN]
When: 20th December, 2020
Time: 7:30 pm - 8:30 pm
Panel Discussion:
Neville Shroff (Zoroastrian Charitable Trust of Hong Kong, Canton & Macao);
T J Ravishankar (Tata Trusts);
Ryan Pereira (US - India Educational Foundation);
Farrokh Rustamjee (RD Sethna Scholarship Fund)
Link: Register at www.zoroastrianfundscouncil.org
Contact: Yazdi Tantra (yazditi@gmail.com)

ZOROASTRIAN FACULTY NETWORK

Scholarships and Funding for Higher Education
on Sunday, 20 December 2020
at 07:30 pm IST
Admission to Webinar is FREE!

Speakers:
1. Neville S Shroff - President and Managing Trustee of the Zoroastrian Association, Zoroastrian Charitable Trust of Hong Kong, Canton and Macao
2. T. J. Ravishankar - Director - The JN Tata Endowment for the Higher Education of Indians & Head, Individual Grants Program (Education) - Tata Trusts
3. Ryan Pereira - Regional Officer - United States - India Educational Foundation
4. Farrokh M Rustamjee - CEO - R. D. Sethna Scholarship Fund

To register - visit: www.zoroastrianfacultynetwork.org
The Bawa Word Search

Search out Saying Merry Christmas in 16 Different Languages hidden in the word-jumble box below, in bi-directional, horizontal, vertical and diagonal forms:

AZAMZNJASTVVLNCISIUBINMMWWSKUIICIXJLYZOADTODMTUBGEOVXKHNKNJHEUAUMTMYMFMAVNAKSVVXKXVNYMWPQEPXJESTTECTYNEABQNCHTXIGUETPBKNWIDYWQCKPSITIYIILTTLZHZUPKIEUTXXLJGPCCQLVLPLXOCI0BPRTEGTJDCFLANIFRJQANEAONLNABAELENGTQERATDXJKAANDNXSETYNMUEUYKUELXVTTRVHHJAEEXCFDBMYVHOFSNIRIPERLIKTOHAGMTUHFOWWINHBBHZYYLEEAAPRUGLOGGDXUIGIULYXGJXNWELOFZLBBGDRDTEBDISIRTEWOFEAESKNBMEMULIOZNFDDBXLDQOHXXVEGBXOFABFsaleGTVVJOWTKTVHUVQUMUXNSLRBSLMEKROKVWJDZEGUCPRCKMUNQBPFAZLZGPQCAICYYATZKNHYVAAJOUULUAFFBBZJDCXCOOAARAVTSEDHZOROGGOVILTSAHCSJIKGMSSRRETANBOZICGISUDIMKNUJABGDXHBGBOKEROCDVIEYNIHLRXPAKTUGVROLIKJEKSTFEESTVCOGODJUBLBNZWXPNFJJAIJKAHKAMERRYCHRISTMSSJUCJAGNY

Feliz Navidad (Spanish)
Buon Natale (Italian)
Hyvää Joulua (Swedish)
Glaedelig Jul (Danish)
Vrolijk Kerstfeest (Dutch)
Joyeux Noël (French)
Feliz Natal (Portuguese)
God Jul (Norwegian)
Hyvää Joulua (Finnish)
Sretan Božić (Croatian)
Merry Christmas (USA, UK)

Frohe Weihnachten (German)
Crăciun Fericit (Romanian)
Schastlivogo Rozhdestva (Russian)
Gledijeg Jol (Icelandic)
Veselé Vánoce (Czech)

HOW MANY WORDS?
How many words of four or more letters can you make from the letters below? Every word must contain the letter in the center. You should make at least one word using all 7 letters.

RESULTS:
Average - 7 or more words
Good - 8 or more words
Outstanding - 10 or more words

SUDOKU

WINNING CAPTION!!!
Kitty Cat: Can you believe that these are Russian Chess Grandmasters before they took the Sputnik vaccine?!

By Viraf P. Commissariat (CT, USA)

CAPTION THIS!
Calling all our readers to caption this picture!
Send your captions to editor@parsi-times.com by 23rd Dec., 2020
Winning Caption and Winner’s Name Will Be Published Next Week.

Disclaimer: Some of our ‘Caption This’ Contest photos are taken from freely available, public online resources and are published in a light and humorous vein, which is the entirety of the Parseen spirit. No reference is intended to quizz or any situation.

Thought of the Week
“The greatest gift of all this holiday season is a loving family and close friends!”

TechKnowWith Tantra
Nord VPN
Browsing the net from your phone brings privacy risks. A VPN (Virtual Private Network) shields your privacy.
NordVPN app lets you enjoy secure and private internet access in just a single tap – on your smartphone, tablet, or your Android TV, keeping your online activity private from ISPs, advertisers, and other snoopers, so no one can access your online data. It also changes your IP address so that you appear to be browsing from a different location, without anyone knowing. On WiFi network, your sensitive data is safe – the CyberSec feature protects you from malware, spyware and other malicious content. And all this, without compromising a bit on speed!

iOS: https://apple.co/2oTMh4
What Is Good Governance?

In my opinion, ‘Good Governance’ is a transparent decision-making process, in which the leadership of a public charitable trust, in an effective and accountable way, directs resources (human and financial capital) and exercises power and position (as trustee) on the basis of shared value. All public charitable trusts, especially those with large financial and other resources, need a strong ‘Governing Body’ (Board of trustees) in order for the organisation to achieve long-term effectiveness. As the organisation passes through various stages of its life cycle, the governing body’s style may need to change, but the basic areas of responsibility to the organisation remain the same.

The Four Key Areas Of Responsibility Of A Governing Body:

(I) MISSION AND VISION: The primary reason to serve on the governing board of a public charitable trust is to deliver its mission. The governing body’s responsibility is to determine, reaffirm, support and sustain the organisation’s mission, in line with its Mission Statement and Vision Statement. A Mission Statement clarifies the essence of the organisational existence and its purpose, describes the needs the organisation was created to fill and answers the basic question of why the organisation exists. Through its Vision Statement, the charitable trust defines its ultimate motivation, its dreams, its image of a desired future. For eg., “No young married Parsi couple in Mumbai will be without proper shelter in the next decade.” Every organization needs both a Mission Statement and a Vision Statement as a critical part of strategic planning. The mission statement is like a ‘road map’ for the organisation while the vision statement is the final destination the organisation is attempting to arrive at.

Unfortunately, when scope of vision is restricted to the next election and the mission becomes “only what I think, speak and do, is right”, the ‘Road Map’ becomes a ‘Road Block’ and the ‘Destination’ becomes a ‘Dead End’.

(II) OVERSIGHT: The second area of the governing body’s responsibility is ‘Oversight’ or overseeing the governance of the organisation. Oversight establishes appropriate checks and balances to ensure that the organisation is well governed within the framework of the law and its mission is fulfilled. It is particularly important because public charitable trusts like the BPP are often the subject of intense public scrutiny.

Trustees of the BPP are expected to ‘govern’ as per a ‘scheme’ sanctioned by the Bombay High Court. The scheme makes no reference to an ‘Acting Chairman’ or ‘Acting Chairperson’. It requires that in the absence of the Chairman, the Trustees may elect from among themselves a Chairman for a meeting. This could easily be done by rotation. But, when convenient, the ‘letter’ of the ‘scheme’ is invoked, and when not convenient, the ‘spirit’ of the scheme is invoked!!!

Trustee Mrs. Tirandaz has been chairing every meeting since Mr. Yazdi Desai (who is currently the BPP Chairman) took it earlier this year. In the interest of peace and harmony, I try to turn a blind eye to some of my colleagues invoking the ‘spirit of the scheme’ to justify their dominance. But this is not ‘good governance’. This is a wrong practice and precedence which may someday come to bite the very people who are promoting this. After all, ‘what goes around comes around’. This is law of Nature!

Public charitable trusts like the BPP need to avoid conflicts of interest at all times. A Trustee should be above suspicion; no Trustee should participate in a discussion or vote on an issue where there is even a potential conflict of interest. Openness and honesty are essential at all times. Part of the oversight process also is evaluation, which is often easily understood but difficult to implement. Because the governing board is responsible for the overall performance and effectiveness of the organisation, it should conduct periodic assessment of organisation’s activities, as well as its management, to ensure that the organisation is serving the community within its mission.

Self-Assessment: The governing board should conduct an annual self-assessment where every Trustee needs to self-evaluate his/her effectiveness against the agreed benchmarks. This promotes an engaged, active and knowledgeable governing body. A board self-assessment also helps board members to contribute to their fullest capability. Are trustees ready to do this? So far, the Board has resisted even having an internal ‘Code of Conduct’. Self-evaluation therefore seems a distant dream!

Each trustee may be good in his/her individual capacity, but collectively, the Board is a disaster. Ideological differences can be managed. But where personal differences are concerned, bruised egos become hard to manage. I try to strike the balance. I try to find the golden mean or the middle path but its all about ‘They V/S Us’ instead of ‘We, the trustees of BPP’.

(III) RESOURCES: One of the most challenging responsibilities of service on the governing board is resource development, which includes both financial and human resources. Governing board members do not need to be financial experts, but they must be diligent about reviewing financial reports. Members of the governing board are responsible for developing a fundraising strategy, and they should contribute their time, skill, and influence to raising money. Unfortunately, fundraising has been reduced to selling charity flats to those who have the financial resources at less than prevailing market rates.

Considering BPP’s resource crunch, I am open to the idea auctioning a few large flats at premier baugs. However, I am averse to putting any and every BPP flat up for sale merely because the trust has a resource crunch! What was the original intent of the founders and donors should not be forgotten.

(IV) OUTREACH: All governing board members should be an articulate voice for the organisation’s mission, values, and activities. Members of the governing board provide links to the community in which the organization operates. Outreach by governing body members has two main outlets. Outreach can be to potential donors and to community-at-large that would benefit from the organization’s activities. Linkage to both groups requires a strong commitment from each member of the governing board.

The board’s responsibilities to outreach include: Listening to the needs and interests of current and potential stakeholders; Promoting the organization’s mission, activities, and achievements; Ensuring that the organization has marketing and public relations strategies to support the outreach programme; and Developing communications with key business, media and social leaders and inform them of the organization’s work and success.

Good governance is the price we pay for the freedom to exercise power and authority in a free, enlightened and democratic society. The job of a trustee is a thankless one. Even so, one must trudge onwad, despite criticism. It’s important that ‘say what I mean’ and ‘mean what I say’. There is no point in mincing my words. I may be at risk of criticism or abuse for speaking my mind and standing up fearlessly for what I believe. But I draw inspiration from the words of the Scottish poet and journalist, Charles Mackay, “You have no enemies, you say? Alas, my friend, the boast is poor. He who has mingled in the fray of duty that the brave endure, must have made foes. If you have none, small is the work that you have done. You’ve hit no trannie on the hip. You’ve dashed no cup from perjured lip. You’ve never turned the wrong to right. You’ve been a coward in the fight.”
आदर पुनावालों से ‘अभिमान उठाओ घर पर मां स्थान बनाओ’

विश्व गोदाम में रातों - सुबह - वाहनों

मानव जीवन के जरिए

पश्चिमी मॉडल रहती - केरल (अखबारियां) ने आदर पुनावालों से अभिमान उठाओ घर पर मां स्थान बनाओ का आह्वान किया है। इस आह्वान के अनुसार अब हमें घर पर मां स्थान बनाने की आवश्यकता है जिसे आदर पुनावालों से अभिमान उठाने का संदेश दिया जा रहा है।

प्रारंभिक अनलाइन वर्किंग के समय, हमें घर पर मां स्थान बनाने का संदेश दिया जा रहा है।

आदर पुनावालों के लिए नियमित रूप से घर पर मां स्थान बनाने का संदेश दिया जा रहा है।

पूरे दिन (अखबारियां) के आदर पुनावालों से अभिमान उठाओ घर पर मां स्थान बनाओ का आह्वान किया है।

पायोनियर राजन मास्टर - आदर हेतु अवसान

पायोनियर राजन मास्टर - आदर हेतु अवसान

पायोनियर राजन मास्टर - आदर हेतु अवसान

पायोनियर राजन मास्टर - आदर हेतु अवसान

पायोनियर राजन मास्टर - आदर हेतु अवसान

पायोनियर राजन मास्टर - आदर हेतु अवसान

पायोनियर राजन मास्टर - आदर हेतु अवसान

पायोनियर राजन मास्टर - आदर हेतु अवसान

पायोनियर राजन मास्टर - आदर हेतु अवसान

पायोनियर राजन मास्टर - आदर हेतु अवसान

पायोनियर राजन मास्टर - आदर हेतु अवसान
Aries - March 21 - April 19

This is your last week under Jupiter’s rule. You will be able to resolve any issues in the family and cater to their wants. You will receive fame and praise at your workplace. This is a good time to perform charitable deeds, especially for those in need. Pray the Sarosh Yasht daily.

Cancer - June 21 - July 22

Saturn’s rule, starting today for the next 36 days, predicts having to face challenges in all your endeavours. Avoid doing anything out of haste as that will surely go to waste. Financial constraints are indicated. You could end up spending ten times that of what you’ve saved. Saturn could take a toll on your health—especially stomach aches and joint pains. Pray to pray the Moli Haptaun Yasht daily.

Libra - September 23 - October 22

The Moon’s ongoing rule advises you not to change any significant decisions that you have made. Complete your important works first. Your self-confidence will increase. Friends and colleagues will help you complete your work. You could receive good news. You will be able to cater to the needs of your family members. Pray the 34th Name, ’Ya Beshthara’, 101 times, daily.

Taurus - April 20 - May 20

Jupiter’s ongoing rule advises that you deliver on your promises as a priority. You will be able to successfully complete your daily works effectively. With Jupiter’s blessings, you will not have to put in too much effort to earn money. Ensure to save and make investments. You will get the opportunity to do works that bring peace to the mind. Pray the Sarosh Yasht daily.

Leo - July 23 - August 22

This week, you will take a step forward in your career. You will be able to achieve your goals with ease. You will be in a position to handle any challenges that come your way. Pray the 72 Names daily.

Scorpio - October 23 - November 21

You will have good health this week. You will be able to execute your projects with ease. You will be able to earn money without any effort. Pray the 34th Name, ’Ya Beshthara’, 101 times, daily.

Gemini - May 21 - June 20

You will be able to achieve your goals this week. You will be in a position to handle any challenges that come your way. Pray the 72 Names daily.

Virgo - August 23 - September 22

This week, you will take a step forward in your career. You will be able to achieve your goals with ease. You will be in a position to handle any challenges that come your way. Pray the 72 Names daily.

Sagittarius - November 22 - December 21

You will have good health this week. You will be able to execute your projects with ease. You will be able to earn money without any effort. Pray the 34th Name, ’Ya Beshthara’, 101 times, daily.

Capricorn - December 22 - January 19

You will have good health this week. You will be able to execute your projects with ease. You will be able to earn money without any effort. Pray the 34th Name, ’Ya Beshthara’, 101 times, daily.

Aquarius - January 20 - February 18

You will have good health this week. You will be able to execute your projects with ease. You will be able to earn money without any effort. Pray the 34th Name, ’Ya Beshthara’, 101 times, daily.

Pisces - February 19 - March 20

You will have good health this week. You will be able to execute your projects with ease. You will be able to earn money without any effort. Pray the 34th Name, ’Ya Beshthara’, 101 times, daily.
<table>
<thead>
<tr>
<th>Deceased Name</th>
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<tr>
<td>Maharukh Noshir Kharash</td>
<td>67</td>
<td>10-12-2020</td>
<td>53, Pandy House, 5th Floor, Thiondar Charu Road, Mumbai 2</td>
<td>relative</td>
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<tr>
<td>Roshan Naval Gadhialia</td>
<td>74</td>
<td>10-12-2020</td>
<td>27, Sahebrai Old Pump House, Andheri, Mumbai 93</td>
<td>relative</td>
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<td>Osti Nergish Raltonsha</td>
<td>75</td>
<td>11-12-2020</td>
<td>611, Punet Block, 2nd Floor, Flat No 5, Jumeirah Residences Part Colony Dadar, Mumbai 14</td>
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<td>Nariman Ferroze Nallaseth</td>
<td>83</td>
<td>10-12-2020</td>
<td>Mayfair House, Flat No. 12, 3rd Floor, Little Gibbs Road, Worli Hill, Mumbai 2</td>
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<tr>
<td>Ervad Godrej Ratanji Panthaki</td>
<td>82</td>
<td>12-12-2020</td>
<td>Dinshaw House, 4th Floor, 729, Jeevanlal Mavalal Road, Person Colony, Dador, Mumbai 14</td>
<td>relative</td>
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<tr>
<td>Katy Aspi Mistri</td>
<td>71</td>
<td>14-12-2020</td>
<td>4A, Flat No.605 &amp; 606, Salotee Parcha Colony, Pump House, Andheri, Mumbai 93</td>
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<td>Pirjojshw Karavasi Karanjia</td>
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<td>12/B, Darpoo, St. Cyril Road, Bandra (West), Mumbai 50</td>
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<td>Dara Khursheedji Panthaki</td>
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<td>16-12-2020</td>
<td>D 2/11, S. Bhavora Party Colony, S.V. Road, Andheri (W) Mumbai 30.</td>
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<td>Hoshang Nadirshah Wania</td>
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<td>Pilloc Dabhadbo Braoch</td>
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<td>Adi Hirjibhai Bhathena</td>
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**Death Announcements from Los Angeles, CA, USA**

<table>
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**Death Announcements from Poona**

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<td>Nadir Jal Pavi</td>
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<td>14-12-2020</td>
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</tbody>
</table>
शिक्षास्थल द्वीनो छितराह

प्रत्येक शहीद का नाम लिखित है। क्षेत्रीय मुख्य और अन्य नगरपालिका शाखा के अधीक्षक इन पत्रिका से संबंधित हैं।

निरसंहारी का पत्रिका

क्षेत्रीय मुख्य और अन्य नगरपालिका शाखा के अधीक्षक इन पत्रिका से संबंधित हैं।

Death Announcements from Prayer Hall

Khosred Jehangir Phulwara अरविन्द जहांगीर फुलवारा

Gool Hoshang Mirza मुंक शोशाङ मिर्जा

Death Announcements from Poona Parsee Panchayat (Trust Office)

Mehru Noshir Kerawala मेहरु मोशीर करावला

Death Announcements from Shree Daman Vapi Parsi Jarthosty Anjuman

Pervez Ardeshar Vapivala परवेज आर्डेशार वपिवाला
What About Christmas?

Veera is a published Author (‘Endured’ and '#LoveBitesLifeHacks') and Columnist; a passionate Educator and Counsellor; Poet and Philosopher... but most of all, a lover of all things literary.

My Christmas tree - all decked and adorned - stands tall in its place, as it has all the years. This year it looks a bit weary and tired, with the ornaments hanging heavy; it seems to have dulled their shine. It seems to know what the past couple of months have rolled in. A sort of Covid after-taste still lingering and lurking in all around, trying to dampen that Christmas cheer.

It’s December and Christmas, the last month and festival to end the year of all years! The year, which will be the topic of conversation for years to come at gatherings and holidays, over a bottle of wine, and like other disasters and crises that left broken spirits in their path, only to triumph finally, this one will too.

That is my Christmas story this year - The Triumph of the Human Spirit! We will remember being the ones to have seen witnessed, lived and conquered the most terrible times, in the face of the worst pandemic that’s hit the world. The punch, landing square in the belly, caused a total collapse of systems, economies and nations everywhere. But here we are, days away from the fag-end of the year, and moments away from a Christmas we’ve all deservedly earned and waiting to celebrate!

Curated images of how well everyone is supposedly doing. Yes, I can bet you all of Santa’s toys that your Instagram will be chock-full of images with friends baking Christmas puddings and chocolate cookies, wearing Santa hats and colourful scarves, coating their homes in twinkling lights and candles!

Now don’t worry if you happen to be the exception squandering away this time of the year planning nothing remotely elaborate festive or celebratory at all, failing even to put on a brave face, to somehow make it all seem so magical like the rest of the pack are doing. Questioning all the while whether your life is enriched only when it is filled with, or let’s be honest, filtered with Instagrammable moments? I am sure the answer varies from person to person.

So, whether you are one planning hangouts, making gifts and keeping yours and peoples spirits alight, or this Christmas, you resemble Grouch sitting in your PJ’s all day and are personally all out of energy or cheer - don’t fret - that’s alright too! Cause, let’s face it, no matter how you approach this holiday, we can’t pretend this holiday season will be anything but a weak imitation of its predecessors! This Christmas is going to be wet. Even so, there’s also a sense of freedom in abandoning obligations and succumbing oneself to mediocrity.

It’s absolutely alright to slack off this year. If it’s a ‘Big Mac’ you’re settling for instead of that wholesome stuffed turkey with all its trimmings, that’s ok too! If it’s a sitcom instead of a sit-down dinner, don’t you bother! If the telly has taken precedence over the tree, that’s fine too! Forget about making magic this year. You are surviving this god-damned pandemic and staying home, savoring life - that’s heroic enough in my book! So, who cares if the presents and gifts you ordered are late in arriving? Don’t feel guilty if you skip the decor and skimp on the presents.

Now 2020 taught us some invaluable lessons, some life-skills never imagined. If nothing else, it’s really poked the spiritual bear in most of us - the one that had been hibernating for all seasons past! Somehow it only seems about right that the year ends with the festival of Christmas. It underlines the very lessons we were meant to learn with the nasty nudge-off.

Christmas is all about the spirit of giving, without a thought of getting. Christmas is the happiness we see in the joy of others. It is all about forgetting the self and finding time for others - friends and family, and those that matter. It is the time for discarding the meaningless and focusing on the important. As life gets longer, our Christmas list somehow gets shorter. The things we want most, money can’t buy - good friends, family and health.

Yes, that Christmas spirit may be damped. “Why don’t I feel Christmassy at all?” I’ve heard that statement over and over in the past couple of days. I say, it’s pretty damned natural not to be overcome with the sensation of the holidays this year, even while sharing festive-flavoured drinks with friends and family. And while people are frantically asking this question - almost as though it’s a disease, ready to be diagnosed, it’s a bit disheartening as well. Most are bravely putting it together, everyone is associated with someone who’s lost work, or worse, a loved one, during this trying year. So what’s the big deal in losing a little Christmas cheer?

If one can understand that the spirit of Christmas is not dependent on the physical act of spending money on gifts or going to celebratory events, then it could be seen as a time to reflect on what is truly important. It is a time to focus on the people who matter and the memories that are formed during this time of year.

Christmas is a time to give and to receive. It is a time to come together and share the joy of the holiday season. But it is also a time to reflect on the challenges that we have faced and the lessons that we have learned.

So, let’s embrace the Christmas spirit this year. Let’s find ways to bring joy to others despite the challenges that we have faced. Let’s find ways to bring joy to ourselves and to others.

Merry Christmas to all!
Meherbai’s Mandli Celebrates Christmas!

Mehervanji was sitting quietly on his easy-chair and reading Parsi Times when Meherbai came charging at him like a bull saying “How put everything aside and get dressed pronto because we have to go to Crawford Market to buy a big X’Mas tree, some decorations and lights. We’ll light up our gaoas like the next door vandoras - Jalloo and Alooo, the obnoxious spinsters!”

Mehervanji: Arrey naa baba! I don’t want our gaoas to look like Mumi-Bai-Ki-Haveli! X’Mas tree is the limit.

And, so they went and bought a huge X’Mas tree. But how to get it up to their third floor flat? With the help of their two supposedly strong neighbours, Sammy-six-pack and Piro-Pehlawan (both weighing 50 kilos each), they managed to bring-up the tree.

That done, Meherbai spent the rest of the day calling-up all her Mandli members for a very traditional X’Mas lunch party. Khadghi Farida wanted to know if turkey would be served. Soona sweet-tooth asked if there would be plum-pudding. Coomi Kaajwali wanted an X’Mas cake. Dolly asked if there would be Santa Claus. Of course, assured Meherbai. Meherbai will be Father Christmas in a red coat and X’Mas cap with a white pom-pom ball just EXIST. Even a worm exists. All of you have cars which you hardly use. Take your wives for daily outings in your cars!”

The husbands would listen politely to Meherbai and later request Mehervanji to tell his wife not to give funny ideas to their wives, but Mehervanji was an ideal husband who would give them a double-doze of advice, saying, “Baari ney raj bahar lai ney enjoy karvata soo thaat! A happy wife means a happy marriage!” Of course, the husbands resented this and behind his back, called Mehervanji names like Juru-kagulaam, Bari-no-margha and what not!

On X’Mas eve, Meherbai spent a lot of time decorating the X’Mas tree with stars, baubles, silver-streamers, mini-santas and a pair of white-doves (like in the movie Home Alone). As they left for the X’Mas eve dance, she forgot to shift the huge X’Mas tree from the centre of the drawing room to a corner. That night, while the entire Christian world held Midnight Mass and sang X’Mas Carols, Meherbai got up to have a glass of water in the kitchen, but to reach there, he had to pass the drawing room where a fall awaited him. The poor man didn’t switch on the lights and banged right into the X’Mas tree and fell down with a thud!

Meherbai: Mehella, what happened darling? Soo ovaaj aayo? Aaproo X’Mas tree toh salamat chey ney?

Mehervanji: Oh Khudai Mari Gayo! I fell on the floor, flat on my nose because of your sufyana tree. Come and help me. Tree is salamat, I am not! Meherbai ran to rescue her tree and Mehervanji (in that order). Touchwood - he was fine but his nose and toes were swollen and red.

The whole Mandli turned up an hour before the appointed time to help Meherbai (in eating - not in kitchen kaam-kaaj). Khadghi Farida of Rustom Baag was the first to arrive but her 200 kilos couldn’t get in through the door, until her boyfriend - Soli Sales-Tax pushed her in with all his might. Mehervanji was lying in bed wearing his Santa Claus’ red coat and ridiculous red cap.

Freny Fataki: Wah Wah! Meherbai, soo saras Father X’Mas no make-up kidhej taremy!

Mehervanji: (Groaning in pain) Oh! Oh! Oh!

Freny: Mervanji, Oh! Oh! Oh naah! Santa toh Ho! Ho! Ho! boleye! Chalo bolo Ma! Ma! Ma!

Mani Max Factor: Mehervanji, what shade of blush-on have you used on your red, red nose? I want to use the same shade of blush-on.

Meherbai: Ladies, ladies, em bedroom ma dharti aavrney Meherbai ney haras no karo. He had a nasty fall which is why his nose is swollen and red and he looks like Rudolph the red-nosed reindeer! It’s not make-up!

Koomi Kaajwali: Arrey wah!! No make-up? Meherbai toh mahri maaafak natural beauty nikalya!!

Meherbai took all the members to the drawing-room and served chata-pani and soft drinks to all as per their preferences.

Rarto Rohan: Sing aney wafers awwa deo!

His wife, Hasti Hilla: Satheya jara badam, pista, kaju bi lavjo. Aaprey toh ghernaaj chaiye!

Meherbai served them all these plus cocktail kababs, Barbeque prawns and mini cheese-sloppy-Joes. The Mandli insisted on singing X’Mas carols. They sang one song after another and Meherbai went to the kitchen to replenish the WAS-NOT starters. You see, the Mandli got tired after each song, gave themselves an interval and polished off everything on the plates. If the plates were made of ‘Marzipan’, they would have eaten up the plates too!

In all this revelry, everyone forgot what was in the oven. The kitchen was filled with smoke and the ‘Turkey’ was burnt charcol black. Meherbai screamed, “Somebody, HELP ME!!” All the ladies rushed in where angels fear to tread and helped Meherbai clean the kitchen.

Meanwhile, Mehervanji kept hollering from the bedroom saying he was famished and “where’s the turkey?”

Jabri Jallo: Turkey oodi gayi.

Dolly’s Dolly: Turkey has gone on a tour abroad to Turkey. Farva Gayi!

Meherbai: Please don’t crack such Kohla jokes - not when my Mehella is unwell! I should be by his side fussing over him and now, the turkey is burnt. Guys! I owe you a nice home-cooked lunch but for now, I’ll appreciate if you all leave - my mind doesn’t function if my hubby is not well!

The Mandli consoled her and calmed her down saying Kabi bi kaam-kaaj hoey toh kehjo. They left shouting, “Bye-Bye Mehervanji!!”

Today’s parting was indeed a ‘sweet-sorrow’. Everyone parted with lots of kissi-koti-tata-bye-bye. Once alone, Meherbai and Mehervanji cuddled-up in bed and opened a bottle of champagne, wishing each other a Merry Christmas though there was nothing merry about it!
Wellness

The Power Of Prayer In Scientific Recovery!

Dr. Danesh D. Chinoy is a leading Health and Wellness Coach, Sports Physiotherapist and Psychologist. He is dedicated to helping all to heal holistically and remain fighting fit for life. Providing eye-opening and ground-breaking insights into Wellness, Dr. Chinoy's two-decades' rich expertise has won him innumerable awards, nationally and globally. His mission is to empower you to reach your highest levels of wellness/fitness. You can connect with Dr. Chinoy at: daneshchinoy@gmail.com

Does prayer have the power to heal? The faithful would certainly want to believe the answer to be a strong yes, whereas those seeking evidence would wonder if it's an absolute yes, no or somewhere in-between.

Today, let me answer this question from the perspective of science and conclusive research studies.

Is it possible? Can one's prayers help someone - even someone on the other side of the world, needing a medical miracle? Do prayers help people survive and overcome the grimmest of the situations? Do they help ameliorate the stress that may complicate things? Does one's own religious beliefs - our personal prayers - have an effect on our physical and emotional well-being? Is there truly a link between us, mere mortals and the Supreme infinite source of Light, as some recent neurological studies seem to have established?

These are some of the questions that an increasing number of scientists, across the world, are attempting to answer through meticulous, scientific studies. Research focusing on the power of prayer in healing has neared doubting in the past decade. Scientific institutions that would earlier not even review a study with the word prayer in it, are now funding studies based on prayers and its effects on healing etc. All of these studies and reports show a remarkable level of consistency, suggesting the efficacy of prayer and faith in the healing process. There are immeasurable health benefits associated with prayer and spirituality.

Every religion comprises its own prayers and traditional spiritual practices, that the faithful will resort to for its healing qualities. Most Zoroastrians must have witnessed and heard stories of the power of ‘Ardibehest Yashh’ prayer in healing. Prayers involve certain sounds, rhythms, repetitions and meditative practices which invariably evoke a relaxed response that quells stress, quietens the mind and the body, and promotes a natural healing response from within.

Harvard University Scientists have been researching and documenting similar findings for over thirty years now. They have documented, on MRI brain scans, the physical changes that take place in the body when someone prays deeply or meditates. When combined with recent research from the University of Pennsylvania, what emerges is a picture of complex brain activity.

As an individual goes deeper into concentration, intense activity begins taking place in the brain's parietal lobe circuits - which control a person's orientation in space and establish distinctions between self and the world. They have documented a 'quietude' that then envelops the entire brain. At the same time, the frontal and temporal lobe circuits - which track time and create self-awareness - become disengaged.

The mind-body connection dissolves and the limbic system, which is responsible for putting 'emotional tags' on that which we consider special, also becomes activated. The limbic system also regulates relaxation, ultimately controlling the autonomic nervous system, heart rate, blood pressure, metabolism, etc.

The result - everything registers as emotionally significant, perhaps responsible for the sense of awe and quiet that many feel. The body becomes more relaxed and physiological activity becomes more evenly regulated. There is a published record that documents nearly 1,200 studies done on the effects of prayer on health. These studies emphasize that religious people tend to live healthier lives. They're less likely to smoke, drink, or drive and drink. In fact, people who pray tend to get sick less often, as separate studies conducted at Duke, Dartmouth, and Yale universities confirm.

People who are more religious tend to become depressed less often. And when they do get depressed, they recover more quickly from depression. That has consequences for their physical health and the quality of their lives. Studies have very clearly documented that cancer survivors, cardio-vascular accident patients - all do well who have firm religious grounding and belief in the power of prayers and who practice regular prayer.

A study is being conducted by Johns Hopkins University School of Medicine, funded by the NIH, involving eighty women with breast cancer and the study aims to find the connection between prayer and its effect on the healing outcomes.

Having a spiritual view helps people integrate difficult life changes and relieves the stress that goes along with them, it also gives people a more optimistic attitude - gives them hope, a sense of the future, of purpose, of meaning in their lives. All those things get threatened when we go through difficult periods. Unless one has a religious belief system, it's hard to find purpose and meaning in getting sick and having chronic pain and losing loved ones. It certainly makes a lot of sense for doctors and care givers to encourage patients to pray, to meditate and to seek spiritually; thus, creating a conducive environment for better outcomes from their prescribed course of treatment.

I would not be surprised if in the future we have a branch in medical science that deals with prayer-therapy and other meta-physical aspects of energy as a modality in medicine and healing therapies. I understand there would be many doubting Thomases at this point in time, I am not suggesting prayer to replace standard medical treatment. I am looking at whether in all of the energy and interest we have put into systematic investigation of high-tech medicine, if we have actually missed the boat. Have we ignored the rest of the human being - the need for something more - that could make all the high-tech stuff work even better?

If I were to speak from the Zoroastrian perspective, in the ‘Ardibehest Yashh’, we come across five types of healings which includes healing with herbs or medicine as also healing using surgery, but the most superior form of healing is said to be the healing that happens through ‘Manthra’ i.e., prayers. An easy practice during sickness on oneself or that of a loved one would be to pray the ‘Ardibehest Yashh’ and its ‘Nirang’ before the household Atash in a state of complete purity, after one has duly completed their ‘Parajjot’ Prayers. This practice was referred to as ‘Ardibehst-nti-Pichi’ by our elders.

The important point is to sync the ‘Manthra with the Mithra’ in our prayer.

Do write to me with your experiences of the same.