

Lonavala was the perfect setting for a Community Event... more on Page 6...

SATURDAY, DECEMBER 14, 2013
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PARSI TIME



ROJ MARESPAND, MAH TIR
रोज मारेस्पंद, माह तीर

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Melavdo and Gambhar to celebrate the
14th Anniversary of Enthronement of Holy Fire
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on Tuesday, DECEMBER 17, 2013
Roj Bahman, Mah Amardad YZ 1383

Machi offering in Uziren Geh and Hama Anjuman Jashan
at 4.30 pm at the Agiary
followed by Prize Distribution and Entertainment Programme
from 6.30 pm onwards

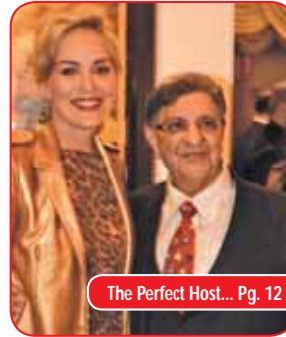
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Ervad Pervez M. Bajan
Eminent Religious Scholar
Key-note Speaker

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The Perfect Host... Pg. 12



The Perfect Guests... Pg. 11

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FROM THE EDITORS' DESK

Dear Readers,

Robert Frost inspires me every day. In my cabin I have amongst other things, a poem of his pasted on the wall in front of me. The Road not Taken... It is one of my favourite poems. The delightful rhymester Frost ends the simple piece with...

I shall be telling this with a sigh... somewhere ages and ages hence... two roads diverged in a wood and I... I took the one less travelled by... and that has made all the difference.

Someone asked me the other day what my religious leanings were... I really sat back and thought about it... as an Editor of a public forum, my leaning is basically toward the truth and that's pretty much it. But as a religious Zoroastrian Parsi I don't think 'leaning' is just about what you proclaim yourself to be. I mean it's all well and good to shout 'I am orthodox' or 'I am reformist' but the truth is you will never know what your leaning is, until Ahura Mazda throws a test your way... until he presents you with a child who wishes to marry outside the Community, or a mother who wants to be cremated or a relative who comes all the way from USA to walk into the Atash Behram in shorts! Big or small, it is in these moments, where we have to voice and to act out... to react.... Our leanings will SHOW in our reactions and our ability to live with our reactions.

So as dear Robert Frost says, take a road... walk the talk and then reflect... for the road you have walked is who you really are. Not what you say to your group of friends, not what you believe is the *right* way to be... what you are is only an embodiment of what you actually physically *do*... and whatever it is... own it with pride and dignity!

Ideally leanings should be toward goodness, faithfulness, tolerance and acceptance. :)

On that note, I hope our nation also rethinks its intolerant stance and supports our LGBT Community. Why this inequality!?

Freyan.

freyan@parsi-times.com @freyan_bhathena

SALGREH NOTICE

All Zarathustis are invited to attend the **871st Salgreh of Vadi Dar-e-Meher of Navsari**, the oldest Dar-e-Meher in India on 20th December, 2013 (Roj Aspandad, Mah Amardad). The Jashan ceremony will start at 9 am.

Way to go to Vadi Dar-e-Meher (Dadgah)

Address: Dastur Vad, Mota Falia, Navsari 396445

Distance: 2 kms from Navsari Station

Transport: Auto rickshaw from Navsari Station (Rs. 20 approx.)

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★ Annual day of Dadar Athornan Institute will be held on 15th December at 6 pm. at the Mancherji Joshi Memorial Hall, Parsi Colony, Dadar. Dasturji Khurshed K. Dastur will preside over the function. All are cordially invited.

★ Attend a one day workshop on Access Bars by Parvez J. Daruwala on 15th December at Hotel Karl Residency, Andheri West. Call on 9819127764 or Email: parvezd309@gmail.com for more details.

★ Frohar Films presents 'Humata Hukhta Hvarshtha' - 'Suvichar Suvachan Sukarma' on 'DD-11 Girnar (Ahmedabad - Doordarshan) on 14th December, 2013 at 10 am. In this episode the students of Dadar

Athornan Institute will perform a small skit on 'Agiary Ni Etiquette' written by Er. Dr. Ramiyar Karanja.

★ The K. R. Cama Oriental Institute invites you to attend a lecture on "From Lodge To Samaj: The Masonic Role In Socio-Religious Reform Movements In Nineteenth-Century Bombay" by Dr. Vahid Fozdar at 6 pm. on 19th December at the Dr. Sir J. J. Modi Memorial Hall of the Institute, 136, Bombay Samachar Marg, Fort, Mumbai.

The Lagan Lounge

Wanted Parsi Bride

Mumbai based Parsi Boy, 28 years, well qualified, secure job, own residence, seeks simple, good natured educated Parsi bride, interested in marriage and starting a family.

Contact on pbfrdf@gmail.com with date of birth, place, time photo and biodata.

Wanted an educated good looking bride for a 29 year old boy, born & brought up in U.S.A (height 5 ft, 11 inch). Graduated from University of Pennsylvania in Finance. Working as an Investment banker for a leading global bank, well settled.

Coming to India from Dec.21st to Jan 4th.

Contact: +91-8108995432 / +91-8108994321

Matrimonial Alliance invited from Pleasant Looking, Good natured ladies of a middle class family, non working, aged between 40 to 50 years (including widows and divorcees without children), for a nice Parsi Bachelor coming from a good family, age 55, living in a spacious flat. Taken V.R.S.

Contact 9029833465.

Matrimonial alliance invited for Parsi graduate boy, 1976 born, working for travel industry. Looking for simple, educated, good natured girl.

Contact: 9819096359

Wanted Parsi Bridegroom

Matrimonial alliance invited from well settled Zoroastrian boys (non-manglik only) for daughter 29 years, 158 cms, B.Tech. (Mumbai), Masters I.T. (Canada), fair and petite, good family values, willing to settle in India or abroad. Arriving in India mid December.

Contact on: kdq09@yahoo.com with date of birth, place, time, photo, matrimonial bio-data.

Parsi family invites matrimonial alliance for their educated, well placed, good looking daughter, 33 years, having good family values from professionally qualified, well placed Parsi boys.

Please contact on Email with details and contact No.

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Check out the Vulture Info Exhibition at Cusrow Baug Pavillion, Colaba, on 14th Dec. (4pm - 8pm) & 15th Dec. (11 am - 8 pm)

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Sir Cowasjee Jehangir Colony Recreation Centre, Sir Ratan Tata Buildings, Tardeo, Mumbai-400 034 would be conducting for the XIIITH year in a row the following Floodlit Tournaments on knock-out basis at its ground between 7 PM to 10.30 PM :-

1. All Parsees Floodlit Volleyball (Indirect) Tournament for Men (Scheduled from Thursday 26.12.2013).
2. All Parsees Floodlit Throw-ball Tournament for Women (Scheduled from Monday 30/12/2013).
3. All Parsees Floodlit Volleyball (Direct) Tournament for Men (Scheduled from Thursday 2/1/2014).

Attractive Trophies / Cups / Cash prizes to be won. Finals of all the above three (3) Tournaments is scheduled to be held on Sunday January 5th, 2014.

Fiona Andhyarujina Memorial Cash Prizes in each of the above three (3) tournaments will be distributed as under :-

1. Winning Team Rs. 7500/-
2. Runner - Up Team Rs. 5000/-
3. Best Player of the Tournament Rs. 2000/-
4. Up-coming Player of the Tournament Rs. 1000/-

All are cordially invited to participate and make the tournaments a grand success. For Entry Forms and other details kindly contact :

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So come and join us in ringing in the New Year 2014, and help us in raising funds for Medical and Education Activities.
Entry passes available from **9th December** onwards at the Recreation hall from **8.00 - 9.00 pm** as follows:
Win some exciting prizes for the best outfit (male & female)
* Members include residents of Nowroze Baug, Hilla Towers and Danawalla Building
Break out the noisemakers and strike up the band
Let's ring in the new year the best way we can
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For more details, please call:
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Nazneen: 9819302628
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*Conditions apply
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Singing Sensation

From Mumbai

Venaiza Dadrewalla rocked the crowd with her peppy number "When Love Takes Over", to win the first prize in MAAC Idol (Solo) contest. Students from the various MAAC centers participated in MAAC Idol contest which was a part of the tenth 24FPS International Animation Awards, held in "The LaLiT. Venaiza was one of the 6 shortlisted, from over 39 contestants.



Santa visits Byramjee Jeejeebhoy Home



(L-R) Mr. Kenny Shin, CEO, Star CJ Network India Pvt. Ltd, Mrs. Roshni Damania and Star CJ Anchors, Ms. Sameera Khan and Mr. Akash Beri with the children of Byramjee Jeejeebhoy Home.

STAR CJ alive, India's No. 1 Home Shopping Channel, celebrated giving and sharing of joy amongst the children of Byramjee Jeejeebhoy Home to help enhance their learning. Byramjee Jeejeebhoy Home for Children in Matunga is a leading Welfare Home for physically & mentally normal children preferably orphans, destitute and neglected children. Star CJ has initiated the most sustainable form of giving education and gifted all the children of Byramjee Jeejeebhoy Home exciting Gift Hampers containing Science Edu comic books and Bestsellers, audio CDs for learning, a school kit, chocolates and much more.

Happy 170! Sir J.J. Agiary, Pune

The Sir Jamsetjee Jeejeebhoy Agiary, Pune, celebrated its 170th Anniversary on Friday, 29th November 2013. To mark this occasion, a Jashan ceremony was performed in the open courtyard in the Agiary's compound by the Panthaky, **Ervad Kaipashin Raimaiwalla** who was accompanied by 10 other Mobeds from various Agiaries in Pune.

Sir Jamsetjee and Lady Jeejeebhoy welcomed the Chief Guests **Mr. Darius Forbes** and his wife **Mahrukh**. Members of the Zoroastrian Community also attended the function in large numbers. Mr. Forbes also inaugurated the newly refurbished air-conditioned Multi-purpose Hall where refreshments were served to those present.

Sir J.J. Agiary, which is centrally located in the heart of Pune, has served the Zoroastrian Community by bringing solace and peace to the members of the Parsi Community. Over the years, the Agiary has acquired a certain degree of reverence. The addition of the newly inaugurated multi-purpose Hall was well appreciated and is considered ideal for small functions of up to 100 guests. It is also seen as a valuable addition to the Agiary's Baug which is a popular location for hosting Navjote and Wedding ceremonies.



Audience at the function

As a part of its on-going endeavour to improve and beautify the surroundings, Sir J.J. Poona Fire Temple Fund is currently in the process of constructing a modern residential facility within the Agiary's compound - known as 'Maneck Baug' - with 6 self-contained air-conditioned rooms. This is an additional benefit being offered by the Agiary to its Patrons residing outside Pune.



(L-R) Sir Jamsetjee Jeejeebhoy, Dr. Darius Forbes, Er. Kaipashin Raimaiwalla

A Rare Navjote in Deolali



On Sunday 10th Nov, 2013, ROJ ASHISHVANGH, MAH KHORDAD, The Bai Ratanbai Jamshedji Ratanji Shenoy Dar-E-Meher, Deolali was abuzz with activity, as the sweet and petite **Ms. Afrin Mistry** was being initiated into our Zoroastrian faith. The Navjote ceremony was performed by Ervad Firoze Choksey, with 3 other Mobeds in attendance.

Afrin is the daughter of Darayas and Pearl Mistry, granddaughter of Dhanjishaw Mistry and Jimmy Aderjania; she was also being blessed by Late Roshen Mistry and Ketty Aderjania from their heavenly abode.

The Parsi/Irani Community of Deolali who attended the Navjote ceremony was treated to a sumptuous lunch. In the evening the complete Agiary and compound of the Neterwala Rest House and Hall were ablaze with decorative lightings. Music, dance and festive activities carried on till late hours.

FeedBack...

contribute@parsi-times.com

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Hoshang Dadachanji - President
Mehermash Mehta - Secretary

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22nd December 2013 • Vote timings : 10:30am to 1:00pm


- | | |
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PUBLIC NOTICE

Notice is hereby given to all public concerned that following members of Parsi Salsette (Bldg. No. 1) Cooperative Housing Society Limited, Pump House, Off Jijamata Road, Andheri (E), Mumbai 400 093, Maharashtra, their Society Share Certificate have lost/ not traceable.

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100	496-500	Mr. Viraf Mistry
188	936-940	Mr. Rohinton E Bhatnana

Unless any objection/claim from any person/persons is received within 15 days from the date of this notice, duplicate share certificates will be issued by the society and the claim, if any, shall be deemed to have been waived and or abandoned.

For Parsi Salsette (Building No-1) C.H.S. LTD.

Hon. Secretary.

Place: Mumbai

Date: 8 December, 2013



For the Children, by the Children

Mancherji Edalji Joshi Dharmagnan Class celebrated its Annual Day at the Yeshwant Natya Mandir (Matunga) on Friday 13th December. The show was entirely conducted by the children of the class. More than 100 children from 5 years to college going students participated in this yearly event bringing alive our culture, tradition and heritage for our Community. This year the famous Episode of "BIZAN-E-MANIZE" from the Shahnameh was the highlight of the evening. As per the custom of the class,



Mrs. Zenobia Farhad Unwalla, an ex-student of the class, was the Chief Guest.

IN MEMORIUM



ASPENDIAR KAIKHOSROW OSHTORI

13/12/1913 - 25/09/1986

The 3 basic concepts of Zoroastrianism are, Good thoughts Good Words Good Deeds. On the Birth Centenary of one such Great Zoroastrian Mr. Aspendiar Kaikhosrow Oshtori, who followed these three beliefs with a very pure heart and took their importance to a whole new level, we'd like to pay homage to him and the great legacy that he lived for and left behind!

In every sense, he was an obedient son, caring brother, loving husband, doting father, understanding father in law, caring grandfather, loyal friend, good boss, great mentor and an honest human being. If one were to pen down his biography it would become one of the greatest books for life's simple yet important teachings.

He was a visionary who saw the best in the worst with great foresight. He led a disciplined life and helped innumerable people selflessly.

Today, on his birth centenary we fondly remember him and cherish every single memory with a lot of love and pride.

He will always be the shining star whose principles we follow and are privileged to be part of his legacy.

We love you Baba and miss you every single day.

Puran B Irani & Kaikhosrow A Oshtori
oshtori@hotmail.com

THE CUSROW BAUG UNITED SPORTS AND WELFARE LEAGUE

CHRISTMAS FUNFAIR

CELEBRATE WITH A CONSCIENCE
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Music, Santa Claus, Games Stalls,
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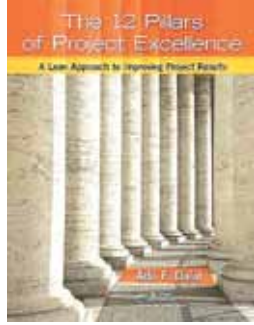
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- Akansha
- We Care
- Make a Difference



Book It!

Recently, Parsi Times favourite author, Mr. Adil Dalal (Austin, Texas) received two major awards. 'The 12 Pillars of Project Excellence' won The Shingo Research and Professional Publication Award. Earlier this year, it was awarded the 2013 Axiom Best



Business book Award. Also, the World Quality Congress and Awards committee has selected him for the "Global Award for Outstanding Contribution to Quality & Leadership" which will be presented in June, 2014 in India. His fourth book "Changing our World" (co-authored) will be out at the end of December.

Spotted

On 9th December, ZONTA Clubs of Bombay I & III along with SNEHA (Society for Nutrition, Education and Health Action) organized a programme 'Say No To Violence' at Dharavi Slums, Ambedkar Hall, Matunga Labour Camp, Mumbai. Prof. Dr. Firdos T. Shroff, President, Lions Club of Bombay Cuffe Parade was invited as a guest the purpose of the Programme was to commemorate on the eve of **Human Rights Day** falling on 10th December 2013 and to convey the message to the Community where Domestic Violence is on rampart.

The other effective measure was that the message was conveyed by Sanginis (Community Women's force) and Youth



Volunteers of Dharavi Slums.

The programme was well planned and arranged by ZONTA members Mr. A. Syed, Lions Club of Bombay Cuffe Parade members Lion Ztn. Ms. Firuza Sena, Lion Ztn. Ms. Arnava Pithawalla, Ztn. Mahazaver R. Dalal, Ztn. Freny Paghdwalla, Ztn. Havovi Dotiwala, Ztn. Maharukh Karbhari and Ztn. Jyoti Vora jointly with Ms. Nazneen Daruwalla and Ms. Preethi volunteer from SNEHA.

A warm evening for Lonavala Parsis and a proactive signature campaign

KPZA (Lonavala Khandala Parsi Zarthosti Anjuman) presented a thrilling evening on their Annual Event at the Adenwalla Agiary Compound ground. The function was held to collect funds to repair and renovate the Lonavala Anjuman Guest House.

The ground was illuminated with colorful lighting and a live band playing through the event. Candles were lit on each and every table in colored earthen pots giving a lovely setting to the event.

Trustee Percy Master started the event by welcoming the guests and requested Mr. Saroosh Dinshaw, President of the Anjuman along with his sister Mrs. Freny Jehangir, to introduce the Chief Guest for the evening Mr. Homi R. Khushrokhani and his charming wife Mrs. Dhanoo Khushrokhani. Mr. Saroosh Dinshaw while introducing the Chief Guest informed the members about the colorful career of Mr. Khushrokhani and his qualifications and various appointments in different companies including Tata Group.

Mr. Khushrokhani is a "people's person" and loves challenges and enjoys working with large and diverse groups of managers and building cohesive teams. He continues to be associated with the Tata Group in the areas of corporate governance,



(L-R) Saroosh Dinshaw, Behram Dabbar, Rusi Anklesaria, Percy Master, Adi Banajee, Rashida Shroff, Maneck Shroff, Nergez Balaporia, Freany Jehangir, Dhanoo Khushrokhani, Homi Khushrokhani, Sam Choksey, Arin Master, Roshni Bhavnagri

business excellence innovation and climate change. His wife Mrs. Dhanoo Khushrokhani is a CA by profession and also a Director with the Zoroastrian Co-operative Bank.

The Chief Guests were presented with flower bouquets by Mrs. Arin Master. Thereafter Percy Master introduced the various Trustees in a very delightful manner and called them on the stage.

The present Trustees of L.K.P.Z.A. are Mr. Saroosh Dinshaw, Mrs. Nergez Balaporia, Mr. Maneck Shroff, Mr. Adi Banajee, Mr. Rusi Anklesaria, Mrs. Rashida Shroff, Mr. Behram Dabbar, Mr. Percy Master, Mr. Sam Choksey, Mrs. Arin Master & Mrs. Roshni Bhavnagri.

Mr. Percy Master also thanked the Press in attendance as well as two local press representatives.

Thereafter, he thanked all the donors who had given banners and donations and thanked them for their continuous support to the annual event of the Agiary.

Each one was felicitated



Rashna of Cooper Chiki

with a rose. Percy Master informed the importance of the lovely Adenwalla Agiary and invited Ervad Zarir Tata and his family on stage and felicitated him with a shawl and flowers and gift from the Anjuman. Thereafter, he invited the Chief Guest Mr. Khushrokhani to say a few words on the occasion.

Mr. Khushrokhani thanked

the Anjuman for inviting him on this occasion and informed of his various activities in environmental preservations. He also recalled his ancestor's involvement with the Zoroastrian religion and recited a paragraph from the Gathas and explained the meaning to the guests. Thereafter Percy Master once again informed the audience that the Anjuman was over 114 years old and it had a long history of involvement in various charitable activities.

He informed the audience that the Dinshaw Trust had recently received a notice from the Lonavala Municipal Council asking for acquisition of the compound property for broadening of the road. This was opposed and not acceptable to the Parsi Community who had in the past also given away part of their land for infrastructure to the Lonavala Municipal Council and the Trustees felt



Chief Guest Khushrokhani



Trustee Saroosh Dinshaw



Trustee Maneck Shroff



Rashida Shroff

taking away further part of the compound property was not serving any particular objective as the surrounding areas were cluttered with buildings which cannot be removed therefore taking away a part of the Anjuman property was meaningless.

Secondly various

Contd. on Pg. 16

PARSI TIMES



Production Success!

Suchitra Pillai loves being a part of the The Scent of A Man and says, "Working on this play has been a

will undoubtedly appeal to the new age." Known for his comic timing and brilliant acting Vir Das says, "This show is very close to my heart since I've written the script myself after a lot of research and experimentation. We've been patriotic and poignant for two years, now let's have some fun and misbehave!"

After being on the seat of a producer for over 15 years, Ashvin Gidwani now dons the cap of a director with his new production "The Scent Of A Man"; a riotous & uproarious comedy based on lust, lies and infidelity, pickled and flavoured with a generous dose of caustic repartees, sharp wit, sly asides and unbridled sarcasm.

The show brings together an electric ensemble comprising of Ash Chandler, Bhavna Pani, Deven Khote, Suchitra Pillai, Ivan Rogridues and Kavi Shashtri for the very first time.

In spite of the juicy meaty roles on the small screen

revelation. We have as much fun on stage as we have off it! I'm looking forward to the same energy translating into the audience."

Another one of Ashvins' productions is the theatrical revolution; Battle of the Da Sexes by stand-up star and film actor Vir Das, which has become a rage amongst youth. The act has an interesting story line which focuses on a scientific chronology of the age long struggle between men and women.

The producer, Ashvin Gidwani says, "After 'History of India', we have worked hard to produce a show which holds very innovative and fascinating content that

Another popular play of Ashvin Gidwani Productions is 'Blame it on Yashraj' which is written and directed by Bharat Dabholkar. It is based on big fat Indian weddings and is an out-an-out musical comedy speckled with glamorous dances and wedding paparazzi. Ananth Mahadevan and Jayati Bhatia are the leading stars of this show. It has already completed 25 houseful shows successfully in Mumbai and is still running full.

All tickets can be booked on www.bookmyshow.com. Follow Agpworld on Facebook and Twitter for regular updates.

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Xmas Pudding 250gms/500gms/1Kg	140.00 / 285.00 / 525.00
Xmas Muffins	50.00
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Exotic Christmas Hamper	600.00

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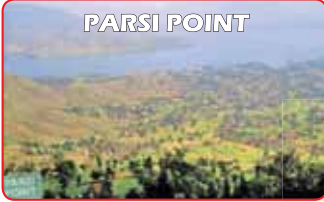
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PARSI POINT



CHAIRMANSHIP OF THE WORLD ZOROASTRIAN CONGRESS...

DINSHAW MEHTA ASKED TO STEP DOWN... DR. POONAWALLA ACCEPTS THE POST...
MR. NADIR GODREJ IS THE VICE-CHAIRMAN

Dinshaw asks other Trustees to make Token Sacrifices to match his and how much of the Trustees we will see at the event.... Parsi Times brings you the useful facts.

After serious differences arose between the Trustees leading to postponement of the Congress it took serious diplomatic efforts by some senior persons of the Community to bring it back on track.

Four Trustees, Yazdi Desai, Khojeste Mistree, Arnavaz Mistry and Jimmy Mistry stood their ground and refused to be a part of the Congress where Dinshaw Mehta was the Chairman, as he was under investigation by the Economic Offences Wing (EOW) for alleged financial impropriety.

Under pressure from Zoroastrians across the world, the need to put the Congress back on track was felt by all involved. Dinshaw Mehta stated that 3 Trustees, Muncherji Cama, Armaity Tirandaz and himself had agreed to recuse themselves from the Congress proceedings. This turned out to be partially untrue as Muncherji Cama and Armaity

Tirandaz had not made any such statement.

After prolonged discussions Mehta agreed to step down from the Chairmanship of the Congress but insisted that as a face saving measure (for himself)

WHERE WILL THE TRUSTEES OF THE BPP BE AT THE WORLD ZOROASTRIAN CONGRESS 2013 NO TRUSTEES WILL ATTEND ANY OFFICIAL PROGRAMMES. THEY WILL BE ABSENT FOR THE VISIT OF THE PRESIDENT OF INDIA. THEY WILL ONLY BE ON THE DIAS ONCE DURING THE ENTIRE CONGRESS, AT THEIR DESIGNATED PANEL EVENTS.

the other Trustees must also make some "token sacrifice". The four Trustees in the larger interest of the Congress and the Community accepted to partially recuse themselves!

The formula that was finally found acceptable

by all was that none of the seven Trustees would attend any official program (effectively meaning none of them would be with the President of India during his visit) and every Trustee would be on the dais only once during the entire Congress when they were part of a panel.

Dr. Cyrus Poonawalla was requested to be the Chairman of the WZC and Mr. Nadir Godrej was requested to be the Vice-Chairman. Despite their busy schedules and prior commitments both agreed graciously and have also made the time to ensure the success of the event.



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A SIMPLE YES OR NO IS ALL WE WANT... IS ALL THAT IS REQUIRED!

The last few weeks have seen a flurry of activity amongst the Trustees similar to what one sees at BPP election times. Pages and pages of paid advertisements making allegations, giving replies and justifications; all vituperative and vague. In all the smoke that has been generated the real fire is no longer visible.
The issue was simple.

Did the Trust/Trustees receive any monies in cash? If yes – who took the money and where is it now?

Initially all six Trustees signed a complaint alleging that Mehta admitted (to four of the Trustees during a Board meeting at Jimmy Mistry's office where Yazdi and Khojeste were not present) that cash had been received by the CEO and he did not know what had happened to the cash. Thereafter Tirandaz said that she had only signed the complaint under duress and Cama said the complaint had become infructuous. The other four Trustees signed a new complaint and filed in with the Economic Offences Wing (EOW) of the Mumbai Police.

Simple so far. But now it starts getting murky.

Mehta in his own inimitable style avoids answering the real questions. Instead he makes allegations against the Desais and the Mistrys. Personal vendetta and personal advancement are the motivation for this false complaint he shouts through pages and pages of paid advertisement. (On one particular Sunday he paid for and published 8 pages!!!). He talks about the attendance of the Trustees, the meeting outside the BPP toilet and the World Zoroastrian Congress. And he never addresses the real issue - **was there a cash transaction as alleged or not?**

The four Trustees fall for this play and start defending themselves.

PT has a few questions for the Trustees.

For the four Trustees who have signed the final complaint:

- Why are you focusing on Mehta's allegations instead of the basic issue?
- If Mehta is guilty as alleged and somehow gets a clean chit (as he is allegedly known to do) what are your next steps?
- Why did two other Trustees not sign the second complaint?

Simple questions! Almost all the questions are YES or NO questions.

If each of the Trustees would answer these questions...
Even if only Mr. Dinshaw Mehta answered... truthfully... we are sure a lot of doubts would be put to rest for the Community.

But then if wishes were horses...

Be prepared friends to read a dozen more pages of rubbish whilst the real answers are not given!

Write to us!!

Let us know
what you
think.

FeedBack...

contribute@parsi-times.com

Please answer us Trustee Mr. Dinshaw Mehta

- Did the BPP receive any payment in cash, either as a security against future cheques or otherwise either through the CEO, the staff or through any of the Trustees?
- Did you admit, on the 5th of November as alleged by your colleagues including Tirandaz and Cama (in the first complaint signed by all six Trustees) that **cash was received** from the incoming tenants and you did not know where the cash was? Did you also say that only Mehli knew where the cash was?
- If the answer to the above questions is in the affirmative then was the cash returned to the incoming tenants on or before the 8th of November when they issued the cheques for Twenty Five Lakhs?
- If the answer is Yes then the next question would be who returned the cash and how, as Mehli Colah is still in a coma?

Please answer us Trustee Ms. Armaity Tirandaz

- Is it true that at the Board meeting held in Jimmy Mistry's office on the 5th of November Mehta admitted in the meeting that Mehli Colah had **received cash on behalf of the trust** and that he did not know where the money was?
- Is it true that you went through the first complaint word by word, made hand written corrections, asked your son to check it and only then signed the complaint in the presence of all the Trustees, the Wadias and four other people (including your son)?
- Is it true that you stated during the meeting that even as it "pained" you to sign a complaint against Mehta, you had signed the same in the interest of justice?
- **Why have you withdrawn your signature if the answers to the above are in the affirmative?**
- Do you intend to take any steps if Mehta gets a "clean chit" from the EOW regarding this alleged financial impropriety?

Please answer us Trustee Mr. Muncherji Cama

- Is it true that at the Board meeting held in Jimmy Mistry's office on the 5th of November Mehta admitted in the meeting that Mehli Colah had **received cash on behalf of the trust** and that he did not know where the money was?
- Since you have stated that the first complaint had become infructuous and have not signed the second complaint, have you filed an individual complaint with the EOW?
- If the EOW does not call upon you to give your statement **would you voluntarily go to their office and give your statement?**
- Do you intend to take any steps if Mehta gets a "clean chit" from the EOW regarding this alleged financial impropriety?



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Picnic time for New Zealand Parsis

The tenth and last Senior Citizens Coffee Group for the year 2013 was held on 8th December 2013 by ZANZ (Zarathustrian Association of New Zealand) Management Committee. It was one of the most enjoyable picnics for seniors and was also enjoyed by the volunteers.

The day started with some volunteers picking some seniors from their residence and other seniors requested to meet at Pakuranga Plaza. All gathered at the spot and started off to Patumahoe. It was a fun drive even though the weather kept changing with sudden heavy downpours and beautiful sunshine.

The group reached the Wright's water gardens and settled our seniors to start with the most important thing – FOOD!!!!

Thanks to generous donor (who wishes to remain anonymous), who supplied cheese-ham, vegetable & chicken sandwiches, and Parsi's favourite-pora pav, kaleiji with nice tamtamata potatoes, sev, dahi and cold drinks.

We then got the seniors to play house and musical chairs. Musician senior, Mr. Tehmurasp Vazifdar, played some joyful music on his mouth-organ. Vicaji Taraporewala and Zarine Khambatta

had bought cake for the birthdays. We then celebrated the birthdays of the seniors **Vicaji Taraporewala, Zarine Khambatta, Tehmurasp Vazifdar and Minoo Panveliwalla.**

Two donors generously donated hand-made chocolates to be given out to seniors / volunteers as Christmas gifts.

It was a beautiful day inspite of the downpour, it was windy but our seniors enjoyed every bit of it. The scenery was beautiful with a waterfall nearby with lots of lotus and water lilies and gold fishes swimming in the waters.

ZANZ would like to thank the volunteer members for the day – **Anahita Vevaina, Merzi Daruwalla, Cyrus, Rati, Aafreen and Viraf Mehta.**

From ZANZ Managing Committee

This has been one of the most successful activities undertaken by ZANZ. It was started in 2009, by the then ZANZ Committee as a way for seniors of the Community to meet up and socialize and it has caught traction since then. The positive side of it is that the number of seniors attending has always gone up and never down and the heartening fact is the readiness with which we get volunteers and donors for all the coffee morning sessions.

- Paeterasp Vevaina,
Senior's Volunteer and ZANZ President.

Getting together of our seniors has been a joyful time for me - every third Sunday of the month is what I look forward to. I can see the smiles on their faces when they meet each other and the blessing that we get is the bonus for me. It's my pleasure to be a part of the organizing committee for the Senior Coffee Group

- Roshni Daruwalla,
Senior's Volunteer and ZANZ Treasurer.

FeedBack...
contribute@parsi-times.com

LONDON TO MUMBAI CALLING

The schedule for the **World Zoroastrian Congress** threads together some very interesting people. **Parsi Times UK Reporter Raaj Shaamji** caught up with two big names from the UK contingent and brings us a taste of what is on their minds.



Mr. Dorab Mistry

In 2005 OBE recipient, Mr. Dorab Mistry was the Chairman at the 8th World Zoroastrian Congress 2005 held in Harrow London, home to the head offices of the Zoroastrian Trust Funds of Europe (ZTFE). Here he speaks to Raaj Shaamji about how he is excited about this years' event.

I am very happy that the Congress is being held in Mumbai. I am a part of the Global Working Group that decides which city the Congress is awarded to each time and I want to give due credit to the New board of the **Bombay Parsi Panchayat** for ensuring that Mumbai was the chosen city. I have to acknowledge the graciousness of Singapore for accepting to host the World Zoroastrian Congress of 2017/2018.

I am excited about the Congress and that the young are participating. I would like the readers of Parsi Times to note that it is a wonderful coincidence that the major donor of the successful Everlasting Flames Exhibition held in London earlier this year and the principal sponsor of the World Zoroastrian Congress 2013 is the same, **Dr. Cyrus Poonawalla!**

I am also excited that **Lord Billimoria** will be doing the key note speech at the WZC this year as he did in Dubai at the last Congress in 2009.

Finally, Parsi Times, I must say.... your weekly is 'shaping up well!'

Lord Karan Billimoria

Lord Karan Billimoria will be delivering a speech on the 27th of December. It will be entitled 'Zoroastrian Achievement; An Unbroken Thread from Cyrus The Great to Today'. We caught up with him and asked him to tell us what it would all be about.



From the achievements of the largest of the ancient empires – which at its peak included for virtually half of the world's population at the time – to today, one of the world's smallest communities. The achievements of the Zoroastrian community are perhaps unmatched in world history. From the Achaemenid Empire, to the British Raj, to modern India – Zoroastrians have been at the forefront of virtually every field they have put their hand to, wherever they have settled. Today, the Zoroastrian community maintains a level of influence that belies its tiny size.

This presentation attempts to analyse why this is the case. Whilst the Zoroastrians can draw strength from great works such as the **Cyrus Cylinder** – the world's first recognisable Bill of Rights – this submission will also argue that Zoroastrian achievement has come from our ability to integrate into multiple communities whilst maintaining our identity. Zoroastrians have always been able to adapt to changing circumstances, be they territorial, political or economic.

I will explain how this ability to adapt to changes in circumstances – something aided by Zoroastrianism's non-evangelising tradition – has allowed Parsis to remain at the forefront of public and political life in an unbroken thread of achievement from **Cyrus the Great** to the present day.

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Dr. Cyrus S. Poonawalla

By PT. Editor Freyan Bhatena

For the longest time I have wanted to sit across the table from Dr. Cyrus Poonawalla and understand what makes a man so magnanimous in his Work, his Charity and his personality. It was the sad twist of events within the offices of the Bombay Parsi Punchayat that finally gave me a chance to escape to Pune to meet Dr. Poonawalla. But whatever the reason to meet him, I was determined to try and understand the man who would, at the end of this calendar year be addressing the starry eyed delegates of the World Zoroastrian Congress 2013.

As you all know Dr. Poonawalla, Chairman of the Poonawalla Group



Seen here with his late wife Mrs. Viloo Poonawalla, son Adar (Executive Director Operations at the Serum Institute) and daughter-in-law Natasha.

which includes Serum Institute (India's grandest export in the world of Pediatric Vaccines) has graciously accepted the Chairmanship of the World Zoroastrian Congress, 2013 to be held in Mumbai from the 27th to the 30th of December.

I drove into the vast heart of his business empire and was asked at the gate if I had come to meet 'Cyrus Baba', indication of how Dr. Poonawalla is dear to and down to earth with his security staff. If it were not for that first interaction with his polite staff, I would not have guessed that humility could be a quality of a man who built the classic and rich landscape of the office premises that I now walked through. Each wall was covered with memories on the race track and each corner served home to a delightful and tasteful piece of furniture.

But humility wasn't the only pleasant surprise... the second was humour! During our chat we touched upon what he would say in his address to the delegates. He mentioned a few jokes he had thought of interspersing into his poignant message and then said... the young boys may hate me for

it but the girls will admire me!

Turns out surprises are the flavor of the month! Hardly a month shy of the Congress, the racing season and the Turf Club elections had already been weighing down on the agenda for Dr. Poonawalla when his Sponsorship of the Congress led him down a completely new rabbit hole! He says, 'My initial interest to get involved in only the sponsoring of the World Zoroastrian Congress was evoked a few years ago when I was approached during the time of the last Congress. I therefore agreed that when the Congress came to Mumbai, my base city, I would like to be the Principal Sponsor.

There was no particular motive except to help the funding of the Congress. Sometimes organizers find it difficult to seek funds from so many people and so I decided to do my part.

I was expecting to just involve myself to the minimum in the Congress but the Trustees of the BPP were at crossroads and they unanimously requested me to take over as the Chairman of the Congress so it would go on smoothly.'

Now the agenda is bursting to the seams, I think out aloud... to which he assures me, 'Yes, it is a huge responsibility for me but I will manage it.'

I asked how that is turning out so far and he sighs.

'Well, the preparations are now back on track. All seven of the BPP Trustees have unanimously reposed faith in me to take decisions and take the programme forward and so I am doing that. Of course I took a few decisions and put a few things in place without fear or favour. We have called in one of the best in class event companies, Percept to handle the event and it seems like a good decision to lighten the burden of the managing committee. The process has had to be smoothed over.

If all goes as per plan, we expect that 1200 to 1400 delegates will be attending all the four days of the Event.'

You can see that the Congress is on Dr. Poonawallas' mind all the time. Throughout the length of our chat he comes up with ideas, sweetly even asks for my suggestions, taking decisions and brewing things in his busy mind.

I grew up in the city that owns a great deal of its gorgeous cultural

façade to the Poonawalla family and I ask Dr. Poonawalla how much of 'him' and his persona are going to be at an event which right now is plagued by controversy. He speaks about how controversy should not affect anyone's decision to be at the WZC 2013 and that he has always managed to maintain a safe distance from it all. 'But I suppose now the controversy can affect me because I have to deal with the different factions within the organization body!'

We continue a chat. Over green tea I get to see the latest version of the agenda. 'I would love to see more interaction with the audience on the agenda but the dye is already cast for panel type discussions. There are a huge number of subjects on the schedule and I hope that the audience gets to ask questions and interact,' he says.

Under all the glamour that is Dr. Poonawalla is a hard days' work filled with substance. This reflects in his agenda as the new face of the Congress as well. 'The Congress must be about subjects and topics that need change and less about being glamorous. Controversial issues have been left out. We have however made a lot of room for networking and interaction in the evenings and plus the tea lunch and coffee breaks.... This gives the delegates a pleasant space to interact in. I would have liked to add some meaningful site visits to the agenda as well.

A lot of people including myself would have wanted to discuss the two major issues that would have been of maximum interest; that is alternative disposal of the dead and the issue of the fate of children who have had or want to have their Navjotes, but are born by Intermarried Parsi girls who have married outside. However as these are extremely dividing issues, discussions on them have not been included in the Congress so that the occasion can remain pleasant and least acrimonious!'

There is a time and place for everything. The Congress should not be all work and no play and Dr. Poonawallas' eyes light up as he talks about the special event planned at the race course for all the Delegates. 'For the racing programme on the 29th

we are



Horse breeding and racing is a passion for Dr. Poonawalla.

really planning something elaborate and enjoyable. We have paid special attention to even the minutest of things like the seating arrangements! Parsis have always been a big part of racing history right from the inception of the Western Turf India Turf Club by Sir C.N. Wadia.'

With less than two weeks to go before the eyes of the Zoroastrian Community across the globe is on his Congress, Dr Poonawalla says he is 'keeping his fingers crossed that nothing goes wrong now'

Dr. Poonawallas entire biotech business is aimed at helping vaccinate populations across the globe. By the year 2000 1 out of every 2 children across the globe has received medical



Cyrus and son with Bill Gates (centre) during his visit to the Serum Institute of India Ltd.



His Royal Highness the Prince of Wales at a private visit to Serum Institute in November 2013

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FeedBack...
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care from the vaccines created at his state of the art facility in Pune. The Indian National Programme of Immunization is largely dependant on the Serum Institute. Dr. Poonawallas' contributions have not gone unnoticed across the world. He has received award after award for his work and recognition from leaders in every sphere.

When I ask him about his idols, he is quick to reply that he truly admires Bill Gates. 'I don't have Parsi idols because people worthy of being idols were those who lived in the past when they build up the successful empires that are slowly being dissipated by their successors who sadly have not lived up their parents and grandparents achievements.'

Many heavy questions later I ask Dr. Poonawalla about what makes him happy to be Dr. Poonawalla...He laughs... and then thinks... and then says... 'I feel fulfilled that I have been able to grow from a very small beginning. My biotech company and my racing and breeding empire have been built without compromising on my principals of corporate governance and my ability to call a spade a spade. Without fear or favour... both with the government as well as with society.'

I bid farewell to Dr. Poonawalla who has within seconds of me turning toward the door already immersed himself in work with vigour. As the gates of the magnificent empire close behind me I cannot help thinking...



In 2005 receiving the "Padma Shree" India's fourth highest civilian honours from then Hon'ble President of India, Dr. A. P. J. Abdul Kalam.

Dr. Poonawalla has been one of the best exports India has had. With his philanthropic work, with his horses and with his vaccination agenda, he has hosted the most prestigious of people at his home, one of the more recent being the Prince of Wales himself. Dr. Poonawallas' grounded nature and his ability to call things like they are, have not taken away but instead added immense value to his personality.

The World Zoroastrian Congress 2013 is no small deal. It must be, as its predecessors have been, a forum of decision making and great impact. With the hosting skills and the strong personality of Dr. Poonawalla atop of it, I believe the Congress can be everything it is cut out to be and more...

I leave once again reassured...

"It was truly hilarious." Madhoo Shah, Actress

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IT'S TIME AGAIN FOR THE 11TH ZOCHILDAY!

This is the last & final communication for all Zoroastrian children who have enrolled for the 11th Zochilday celebrations on Sunday, 22nd December 2013 at the Birla Matushri Sabhagar, New Marine Lines, Mumbai. You are requested to note your Pick-up Points & Timings as well as Drop-off Timings as per the session allotted to you & all the instructions that follow:

MORNING SESSION

S. No.	PICK-UP POINT	PLACE	REPORTING TIME
1.	Avabai Petit School	Bandra	6.45 a.m.
2.	DPYA School	Dadar	6.45 a.m.

AFTERNOON SESSION

S. No.	PICK-UP POINT	PLACE	REPORTING TIME
1.	CusrowBaug	Colaba	1.00 p.m.
2.	Alexandra School	Fountain	1.00 p.m.
3.	B.J.P.C.I.	Chami Road	1.00 p.m.
4.	Godrej Baug	Napeansea Road	12.30 p.m.
5.	Khareghat Colony	Hughes Road	12.30 p.m.
6.	Activity School	Peddar Road	12.30 p.m.
7.	Cross Roads	Haji Ali	12.30 p.m.
8.	Sethna Agiary	Tardeo	12.30 p.m.
9.	Cama Baug	Khetwadi	12.30 p.m.
10.	Rustom Baug	Byculla	12.30 p.m.
11.	Tata Hsg. Society	Elphinstone Road	12.30 p.m.
12.	Navroze Baug	Lalbaug	12.30 p.m.
13.	M.Joshi Statue	Dadar	12.30 p.m.
13.	Mahim Agiary	Mahim	12.00 p.m.
14.	Tata Blocks	Bandra(W)	12.00 p.m.
15.	Sailette	Andheri	12.00p.m.
16.	Bharucha Baug	Andheri	12.00p.m.
17.	Malcolm Baug/Behram Baug	Jogeshwari	12.00p.m.
	Nirfon	Goregaon	12.00p.m.
18.	Godrej Petrol Pump	Vikhroli	12.00p.m.
19.	Thane	Thane	12.00p.m.

NOTE:

- All buses will leave promptly at the departure time given.
- All participants are requested to be present at least 15 minutes before the departure time.
- All students have to be in their school uniform and carry their valid ZOCHILD ID Cards to redeem their gift at the departure point.
- All college students are requested to wear a white formal shirt/blouse with black trousers and carry their valid ZOCHILD ID Card.
- Snacks will be served to all the participants prior to the function for both sessions.
- You are requested not to carry any food articles or water bottles as per the rules of the auditorium.
- The morning session commences at 8.45 a.m. and concludes at 1.45 p.m. and the children will then have lunch and leave by 3.00 p.m. and reach their venues between 4.00 p.m. to 4.30 p.m.
- The afternoon session commences at 3.00 p.m. and concludes at 7.30 p.m. and the children will then have dinner and leave by 9.00 p.m. and reach the venues by 10.00 p.m. to 10.30 p.m.
- Students are informed that they carry all valuables, mobiles etc., at their own risk and responsibility. The organizers are not responsible for any theft or

misplaced valuables.

- Students are requested to note their bus numbers and sit in the same buses after their lunch/dinner.
- Please carry your ID/Invitation card as there will be strictly no entry at the auditorium without it, for security purposes.

The following youth & children have been selected by the Selection Committee for the Zochild Awards after due scrutiny.

ADULT AWARDEES

S. No.	NAME	FIELD	TIME
1	DR. FIRDAUS SHROFF	ACADEMICS	MORNING
2	MR. ROHINTON SAHURAJA	ACADEMICS	MORNING
3	CAPT. PERCY JOKHI	DEFENCE	MORNING
4	MR. PERVEZ KATRAK	SOCIAL WORK	MORNING
5	MS. FREYAN BHATHENA	JOURNALISM	MORNING
1	MR. DADI ENGINEER	LEGAL	EVENING
2	MR. BURJOR & RUBY PATEL	THEATRE / DRAMA	EVENING
3	MR. SAM KERAWALLA	THEATRE / DRAMA	EVENING
4	MR. MERAZBAN PATEL	HOCKEY COACH	EVENING
5	MS. KHORSHED BHATHENA	SWIMMING COACH	EVENING
6	MR. ADI JEHANGIR	SOCIAL WORK	EVENING
7	ERVAD ZARIR BHANDARA	RELIGION	EVENING

CHILDREN AWARDEES

S. No.	NAME	FIELD	TIME
1	KHUDABAX BACHAN	WRESTLING	MORNING
2	VARUN PATEL	SWIMMING	MORNING
3	TINAZ MISTRY	CHESS	MORNING
4	NEKSHAD IRANI	ROLLER SKATING	MORNING
5	SOHRAB MEHTA	TABLE TENNIS	MORNING
1	USHAINA GANDHI	TABLE TENNIS	EVENING
2	AFREEN THANAVALA	CREATIVE ARTS	EVENING
3	NASHAITA PATRAWALLA	ATHLETICS	EVENING
4	HAZARIA DASTOOR	ACHIEVERS' AWARD	EVENING
4	MR. MERAZBAN PATEL	HOCKEY COACH	EVENING
5	MS. KHORSHED BHATHENA	SWIMMING COACH	EVENING
6	MR. ADI JEHANGIR	SOCIAL WORK	EVENING
7	ERVAD ZARIR BHANDARA	RELIGION	EVENING

All Awardees are requested to meet Mrs. Yasmin Dhanda at 10.30 a.m. [Morning Session] / 4.45 p.m. [Afternoon Session] before the Felicitation Programme, in the auditorium.

For any Queries, please contact :

Mrs. Yasmin Dhanda – 9820343322 Or Dinaz Raimalwalla - 9769426280

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WZCC Goes for Industrial Visits

In its relentless efforts to develop and encourage the Spirit of Business, Trade, Commerce, Industry, Entrepreneurship and Professionalism, WZCC went to Vapi and Valsad to meet and learn the nuances of business from Industrial Boilers and Ecoplast Ltd. Both these industrial set-ups are the successful efforts of Ms Homai Engineer, Mr. P. P. Kharas and their teams respectively.

At Vapi, Industrial Boilers are manufactured based on customer specifications and all their boilers meet with International Standards. With 'Quality' in mind, their boilers are exported to various countries with some degree of pride and a very high degree of satisfaction. The most important contribution made by Industrial Boilers is to reduce the cost of electric power per unit for its customers. No wonder they have won several awards, for all their efforts, from appropriate authorities.

At Valsad, Mr. P. P. Kharas, Chairman-Ecoplast Ltd. introduced the three subjects for presentation. Mr. J. B. Desai, the MD then reviewed the historical development of the

business, the innovations that led to new applications of polyethylene films, where Ecoplast is the sole supplier. The Chief of Finance lucidly explained how they plan and monitor all the financial aspects through budgetary controls and monthly performance reviews. Controls are exercised over costs, operational efficiencies, wastages as well as prudent use of financial resources.

This was followed by presentation on the manufacturing process of multilayer polyethylene films and adhesive coated "surface protection" films.

The members were then taken to the plant, where one could understand the functions of extruders, the die, the cooling ring, the haul-off and winders involved in the continuous process of making films.

While returning to Mumbai, participants had an unscheduled pleasant stop at "Bhajanlal Dairy" near Bhiwandi. Everyone had a taste of excellent dairy products.

All the members had a good time during the weekend.



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A warm evening for ...

Contd. from Pg. 6

ceremonies and social events were performed in the compound from time to time and so it was an integral part of the religious activities. In order to address this situation it was decided to carry out a signature campaign with a strong letter to the Lonavala Municipal Council informing them not to deprive the Community of the only Zoroastrian owned compound in the region. Percy Master therefore advised all the guests to sign the signature campaign.

Thereafter He informed the audience of the charities carried out by the trust and invited the representatives of Samvad Trust who were looking after the mentally challenged and hearing impaired children and doing humanitarian services by giving education and care. A donation of Rs. 20,000/- was handed over to the institution.

The Trustees further gave monetary assistance to Mr. Burjor Billimoria, Burjor Mehta, Mr. Keki Meherji and Mr. Rumi Nanavati. The

Trustees also give monthly remuneration to several well deserving Parsis in the hill area.

Thereafter the evening programme commenced with a live Brynhild Band from Mumbai which played

English songs. All the guests Danced including the old.

The dancing went on and was truly enjoyed by everyone present during the function. The guests were treated to lovely snacks and dinner with cocktails.

The evening ended with a lot of fun and frolic as prizes were given for different categories while dancing.

The Trustees thanked everyone for their continuous support for this annual event and advised each and every guest to make at least one visit to the Adenwalla Agiary and uphold the true traditions of Zoroastrianism.

The Annual Event was a great success and well attended. The evening ended with pleasant memories, and with a request from the guests to have a function every year.

Are you attending the World Zoroastrian Congress? Why do you think it is necessary to attend?

Old And Wise

Sam Chocksey, 77, Bandra.

Yes, I am going to attend it. I think it is necessary to attend. I attended the last Congress in Mumbai. I believe that the ideas that people abroad have can be introduced and after being discussed with us. It will help our Community to solve certain problems. I was very disturbed with the bickering and I am glad that finally it is being conducted.

Parvin Mistry, 56, Colaba.

No. I think once in a while people meeting and exchanging views is important. After all our Community is very small so we should know the problems at large. It should not just be a discussion and there should be something achieved at the end of it.

Viraf Panthaky, 60, Churchgate.

Although I am not attending, it is very sad to hear about its bickering. I feel they should have such events more often. A handful of Parsis are left, engage them, have a good conversation and reach a solution for our issues. Such a Congress is the right place to discuss all our issues.

Zubin Mehta, 63, Mazgaon.

No. I would love to attend. It gives a true picture of our Community and all the problems like housing and various other issues which concerns us. A Congress is necessary to discuss our views.

Navaz Wadi, 63, Pune.

I am not attending but I feel it is necessary to attend. You get to know views of each other. It shows us views of different people. We get in touch with Parsis all over the globe. You go home with something to think about.



Young And Free

Zenobia Pollard, 16, Captain Colony.

I won't be attending but I believe it is necessary for people to go and make a difference. It is the perfect platform for people to come and give their views in large numbers. Such platforms help us to become better people with more enriched knowledge and make us proud to be Bawa.

Insha Mirza, 18, Forjett Street.

Although I am not attending I think it is essential for people to go attend in large numbers only then will it be a great success. The whole point of a Congress is people's participation and expressing views.

Zubin Driver, 20, Dombivli.

No. I believe that it is important for us to attend as we get to know what the seniors think about various important topics. It also makes us aware of things that affect us Parsis at a global forum and not a domestic forum.

Fiona Karbhari, 17, Grant Road.

I will not be attending but I know it is important to go for such events as they broaden our horizon and make us know more about our Religion. It helps the common man to have a voice to speak.

Khushnum Pestonji, 35, Charni Road.

Yes I am attending the Congress. I am basically going to meet people from different walks of life. I got to know about the Congress through friends. It will be a great change from routine and at the same time you will get to widen your knowledge. I am looking forward to the infertility talks and the inauguration by the President.

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તમારું કામ અણીને વખતે થઈ જશે. પેસાની અગવડ નહીં રહે. તમે તમારી બુદ્ધિ અને પરિશ્રમથી પૈસો મેળવશો. આવકનું પ્રમાણ સાહે રહેશે. તમે ખૂબ જ બુદ્ધિવાળી હશો તમે જ સ્વભાવ રમૂજ હશે. શારીક શક્તિ એકંદરે સારી હશે. તમે સ્વતંત્ર વિચારો ધરાવશો તેમ જ મનનું ધાર્યું કરશો. ખૂબ જ ઉંચા વિચારવાળા અને મજબૂત આત્મવિશ્વાસ ધરાવતા હશો. હાથમાં લીધેલું કાર્ય પૂરું કરશો. રમતગમતનો શોખ હશે તેમ જ એ ક્ષેત્રમાં નામના મેળવશો. તમારું વાક્યાતુર્ય ખૂબ જ સુંદર હશે. વૈજ્ઞાનિક, કેમિકલ કે વકીલાતના ક્ષેત્રથી લાભ મેળવશો. બીજાની ભૂલો કાઢવામાં હોશિયાર હશો. ન્યાયપ્રિય હશો. તમારું વ્યક્તિત્વ પ્રભાવશાળી હશે. લગ્ન મોડાં થશે, પરંતુ લગ્નજીવન એકંદરે સુખી રહેશે. જીવનસાથીનો સ્વભાવ તથા વ્યક્તિત્વ સાહે હશે. શારીરિક રીતે તમે આંખ, મગજ, ટેન્શન કે વાળના રોગોથી પીડાશો.

શુભ રંગ: સફેદ, જાંબુડી, રંગબેરંગી

શુભ નંગ: હીરા, મોતી

આ વર્ષોમાં કોઈ પણ યાદગાર બનાવ બની રહેશે: ૫, ૭, ૧૪, ૧૬, ૧૮, ૨૩, ૨૮, ૩૨, ૩૭, ૪૧, ૪૫, ૫૦, ૫૫, ૫૯, ૬૩, ૬૮, ૭૨, ૭૭.

-નુપુર



બકોર પટેલની વાતો

લખનાર: શ્રી હરીપ્રસાદ વ્યાસ

અમથા પટેલનો વિવાહ

પટેલ હસીને બોલ્યા: 'ગયા ગયા હવે! અમારાથી ના થયું તો તમે શું કરવાનાં હતાં? એ બેચર કાકો માને તેવો જ નથી ને! એ તો જકકી ઝાડ જેવો છે!'

પટલાણીએ હસીને જવાબ આપ્યો: 'જોઈ તો ખરી કે એ શું કહે છે? મને આ વાતની ખબર પડી છે એવું હું જણાવવાની જ નથી.'

આમ કહી પટલાણી જવા માટે તૈયાર થયા. સરસ સાડી પહેરી. કપાળમાં ચાંદ્રો કર્યો. પગમાં ચંપલ પહેર્યા. પટલાણી તો ઉપડયાં.

બકોર પટેલને મળીને બેચર પટેલ મુકામે-ભાઈબંધને



ઘેર-પાછા આવ્યા. તેમને જોઈ ઝવરી પટલાણી કહે: 'કેમ, મૂરતિયો કેવો છે? ઠીક હોય તો હું જોવા આવું. આપણે જઈએ.'

બેચર પટેલે ગુસ્સામાં ને ગુસ્સામાં જવાબ આપ્યો: 'મૂરતિયાને શું જોવો છે? કપાળ તારું? કેવો છે તે કહું? જો, આ મારો પગ કચરી નાખ્યો! એવા મૂરતિયાને તારે જોવા જેવું છે?'

ઝવરી પટલાણી કહે: 'શું તમારો પગ કચરી નાંખ્યો? સાચું કહો છો?'

પટેલ પલાટી વાળીને બેઠા ને ઝવરી પટલાણીને બધી વાત કહી સંભળાવી. એટલામાં તો શકરી પટલાણી આવી પહોંચ્યા. શકરી પટલાણીએ અગાઉ ઝવરી પટલાણીને

દીઠલાં હતાં. તેથી એ તેમને ઓળખતાં હતાં, પણ બેચર પટેલને ઓળખતાં ન હતા. શકરી પટલાણીએ ઝવરી પટલાણીને જોઈને એકંદરે કહ્યું: 'ઓહોહો! કેમ છો, ઝવેરબહેન? તમે અહીં કેમ ઉતર્યા? સીધા અમારે ત્યાં કેમ આવ્યા નહિ? સપાડું ચઢી જતું હશે, કેમ? તમારે તો મારે ત્યાં જ આવવું જોઈએ. અમે મુંબઈ હોઈએ અને તમે બીજે ઉતરો એ બને જ કેમ?'

ઝવરી પટલાણી જરા ગૂંચવાઈ ગયા. તેમણે કહેવા માંડ્યું: 'પ...ણ પ...ણ...'

શકરી પટલાણી બોલ્યા: 'એ પણ બણ નહિ ચાલે. ચાલો ઉઠો. અત્યારે અમારે ત્યાં જ ચાલો. મુંબઈ રહો એટલા દહાડા અમારે ત્યાં જ રહેવાનું.'

શું જવાબ આપવો તે ઝવરી પટલાણીને ના સમજાયું. તેમણે વિચાર કરી કહ્યું: 'જરા બેસો તો ખરાં, પછી વાત.' શકરી પટલાણી બેઠાં. તેમણે વિચાર કર્યો કે હવે વાત ઉપાડવી તેમાં જ લાભ છે. શકરી પટલાણી કહે:

'ઝવેરબહેન તમે બેચર પટેલને પૂછવાનો વિચાર કરતાં હશો, પણ એ તો મારે ઘેર જવાના છે. પેઢીમાંથી બસે જણ સાથે ઘેર આવવાના હતા. તમે મારી જોડે ચાલો. બેચરભાઈ પણ મારે ત્યાં પહોંચી ગયા હશે.'

ઝવરી પટલાણી શરમાઈ બોલ્યાં: 'એ તો આ બેઠા!'

શકરી પટલાણીએ કહ્યું: 'ઓ હો! એમ કે? મને શું ખબર? ત્યાં તો ચાલો ને? બેચર પટેલ, અમારું ઘર મૂકીને તમારાથી બીજે ઉતરાય જ કેમ?'

બેચર પટેલે હવે શકરી પટલાણીને ઓળખ્યાં. પણ તેમને જવાબ શું આપવો છેવટે તેમણે ધીમીથી કહ્યું: 'હું પેઢી ઉપર જઈ આવ્યો. મૂરતિયો જોવો. હવે અમારો વિચાર નથી.'

શકરી પટલાણીએ ખૂબ અચંબો પામવાનો દેખાવ કરી કહ્યું: 'સાચું કહો છો? મૂરતિયો ના ગમ્યો? કાણો છે લૂલો છે? કંઈ ખોડખાંપણ છે?'

ઝવરી પટલાણીએ તેમને ટૂંકમાં બધી વાત કહી: શકરી પટલાણી તો જાણતાં જ હતાં, છતાં તેમણે મોટેથી ખડખડાટ હસીને કહ્યું: 'વાહ, બેચર પટેલ, વાહ! આવી ઘૂળ જેવી વાતમાં સંબંધ તોડવા તૈયાર થયા છો? હા હા હા હા! વાતમાં કંઈ માલ નથી ને તમે તો ખોટું લગાડી બેઠા! મેં તો જાણ્યું કે શું નું થઈ ગયું હશે!'

(વધુ માટે જુઓ પાનું નં. ૧૮)

મહાન સાયરસ (સાયરસ ધ ગ્રેટ)

તવંગર અને શક્તિશાળી રાજાઓને ડર હતો કે સાયરસ તેમની સંપત્તિ અને જમીન પર ડોળો ધરાવતો હતો. આવો જ એક રાજા હતો કોએસસ, લિવિયાનો સમ્રાટ. તે હુવજાણનો (અસ્ત્યાગસ) સાળો હતો. તે અતિ તવંગર હતો અને શક્તિશાળી સૈન્ય પણ ધરાવતો હતો. પોતે તખ્ત પર સાતત્યપૂર્વક જળવાઈ રહે તે માટે તેણે એક અફલાતૂન વ્યૂરચના ઘડી હતી. તેણે અમેસિસ, ઈજિપ્તના શક્તિશાળી અને ધનાઢ્ય ફારાહો તથા બેલિબોનના રાજા નાબોનિદાસ સાથે જોડાણ કરી પોતાની લશ્કરી તાકાત ઓર વધારી લીધી હતી. ગ્રીકના શહેર રાજ્યોમાં સૌથી સશક્ત સૈન્ય બળ ધરાવતા સ્પાર્ટને પણ પોતાની સાથે કરી લીધું હતું. પોતાના મિત્ર રાષ્ટ્રો સાથે મળીને કોએસસે કાપાડોસિયા પર ચડાઈ કરવાની યોજના ઘડેલી. તેના પોતાના સામ્રાજ્યની નજીકનો પર્શિયન પ્રાંત હતો કાપાડોસિયા. પર્શિયનો પોતાની શક્તિ ભેગી કરી શકે તે પૂર્વે તેમના પર લુમલો કરવાની યોજના આખરે તેણે ઘડી કાઢી. સાયરસ ખૂબ જ ચતુર વ્યૂહરચનાકાર હતો. મિત્ર રાજ્યોના ઘટક રાજ્યો

નહોતો; પુસ્તકો, પુસ્તકાલયો તથા એ દેશોની સંસ્કૃતિનો નાશ કરવાનો પ્રયાસ પણ તેણે નહોતો કર્યો. એક ઈશ્વરવાદમાં માનતા યહૂદીઓ પ્રત્યે તેને ખૂબ જ સહાનુભૂતિ હતી. જે દેશો પર તેણે પોતાનું આધિપત્ય સ્થાપ્યું ત્યાંની પ્રજાએ તેનો સ્વીકાર કર્યો તથા તેના ઉત્સાહિત ટેકેદાર બની રહી. આજે



લખનાર: દારા એમ. ખોદાચી



લિડિયાને ટેકો આપે તે પૂર્વે જ તેણે પોતાની સેનાને લિડિયા પર લુમલો કરવા દોડાવી. અહીં થાયમ્બ્રાનું ભીષણ યુદ્ધ થયું. કહેવું જ પડે કે લિડિયાનો જેવી લડાયક અને બહાદુર પ્રજા બીજા કોઈ નહોતી પણ પર્શિયનોએ પોતાની જાતને તેમના કરતાં ચડિયાતા સાબિત કર્યા અને ભવ્ય વિજય મેળવ્યો. આ વિજયે પર્શિયન સામ્રાજ્યને મેડિટેરેનિયન સુધી વિસ્તારવામાં મદદ કરી હતી. પોતાનો દેશ છોડી ખૂબ દુર્ગના પ્રતિકૂળ પ્રદેશો ભાણી લાંબી કૂચ કરી અચાનક લુમલશક્તિ દુર્ગમનોને ચોંકાવવાના સાયરસના બહાદુરીભર્યા નિર્ણયો લેવાની ક્ષમતા એવી બાબત હતી જેનું અનુકરણ કરવાની હિંમત અન્ય રાજાઓ કરી શકતા નહીં.

'સાયરસ ધ ગ્રેટ' આ બિરુદ તે કમાવ્યો હતો. ધાર્મિક સહિષ્ણુતાની તેની નીતિનું પરિણામ હતી તેની મહાનતા. તેની ભૂમિ પર કોઈને ઉતારી પાડવા એ બાબતને સ્થાન નહોતું. તેણે જે દેશો પર વિજય મેળવ્યો ત્યાંની સાંસ્કૃતિક અસ્કયામતોનો નાશ કર્યો

પણ યહૂદીઓમાં સાયરસનું નામ માનપૂર્વક લેવાય છે. તનાખમાં (હિબ્રૂ પવિત્ર ગ્રંથ) તે એકમાત્ર 'બિન યહૂદી' છે જેને મસીહા (દિવ્ય રીતે નિમાયેલા રાજા) તરીકેનું માન અપાયું છે. બાઈબલમાં પણ તેના નામનો ઉલ્લેખ આવે છે, જેમાં નોંધાયેલું છે કે, ધર્મસ્થળ બંધાવવાના સાયરસના આજ્ઞાપત્ર બાદ બચેલી યહૂદી વસ્તી પ્રોમિસડ લેન્ડ પાછી ફરી હતી. આ બાબતે તેને 'રિસ્ટોરર સાયરસ'નું (પુનઃસ્થાપિત કરનાર સાયરસ) બિરુદ અપાયું હતું.

સાયરસ સિલિન્ડર તરીકે હવે ઓળખાતું માટીનું નળાકાર ૧૮૭૮માં મળી આવ્યું હતું. માનવ અધિકારો સાથે કામ પાડતા વિજ્ઞાના ચાર ખૂણા માટે તે જાહેરનામું છે. ઈ.સ. પૂર્વે ૫૩૮માં, બેલિબોનના રાજા નાબોનિદાસને પરાસ્ત કર્યા બાદનું એ ફરમાન હતું. ૧૯૭૧માં સંયુક્ત રાષ્ટ્રોની સામાન્ય સભાએ તેને માનવ અધિકારનું પ્રથમ જાહેરનામું ઘોષિત કર્યું હતું.

(વધુ આવતા અંકે)

ક્રોધ



ક્રોધ, લોભ, મોહ, મદ અને મત્સર એ બધી માણસની વૃત્તિઓના ષ્ટરિપુ એટલે કે છ પ્રકારના દુશ્મનો કહેવાયા છે .

માણસ માટે ક્રોધ એ એના શરીર અને મન માટે ધીમું ઝેર છે. ક્રોધ માણસને અંદરથી ખોખલો બનાવી દે છે.

એની અસર નીચે એ સારા કે નરસાનું ભાન ગુમાવી બેસે છે . બધાં જ દર્દોની એક દવા-જડીબુટ્ટી જેવી આપણી શ્રીમદ ભગવદ્ ગીતામાં શ્રી કૃષ્ણે સ્થિતપ્રજ્ઞનાં જે લક્ષણો બતાવ્યાં છે , એમાં પણ જણાવાયું છે કે - વિષયોનું રહે ધ્યાન, તેમાં આસક્તિ ઉપજે , જન્મે આસક્તિથી કામ, કામથી ક્રોધ નીપજે.

ક્રોધથી મૂઢતા આવે , મૂઢતા સ્મૃતિને હરે , સ્મૃતિ લોપે બુદ્ધિ નાશ , બુદ્ધિનાશે વિનાશ છે . સંત કબીરે પણ એમના એક દોહામાં ગાયું છે કે કામ, ક્રોધ, મદ, લોભ ક્રી, જબ લગ મન મેં ખાન, તબ લગ પંડિત મૂરખ હી, કબીર એક સમાન.

સમાજમાં મા-બાપ ઘણીવાર વાત વાતમાં સંતાનો ઉપર ક્રોધ કરતાં જોવામાં આવે છે. એમના પુત્ર કે પુત્રીને શું કહેવાયું છે એ પૂરું સાંભળ્યા કે સમજ્યા વિના એમને દબાવી દેવામાં આવે છે.

વારંવારના આવા બનાવોથી સંતાનો પોતાની સાથી ઓળખને ગુમાવાતાં જાય છે. એમની કલ્પનાશક્તિ દબાઈ જાય છે .

તેઓ એક પ્રકારની હીનતાની લાગણી અનુભવતાં થઈ જાય છે . આગળ જતાં આ બાળકો મા-બાપ પ્રત્યે સ્વાભાવિક પ્રેમને બદલે વિદ્રોહી સ્વભાવનાં અને માનસિક રીતે એમનાથી દૂરતાની લાગણી ધરાવતાં થાય છે .

જ્યારે માણસની બુદ્ધિ ઉપર ક્રોધની લાગણી હાવી થઈ જાય છે ત્યારે ન કહેવાનું કહેવાઈ જાય છે અને ન કરવાનું કાર્ય થઈ જાય છે. ક્રોધ કર્યા પછી જ્યારે માણસની બુદ્ધિ કેડાણે આવે છે ત્યારે એને સાચી વાત સમજાતાં પુષ્કળ પરતાવાની લાગણી થતી હોય છે .

કુટુંબનાં કે બહારનાં માણસો પ્રત્યે પ્રેમ બતાવવાને બદલે ભૌતિક વસ્તુઓ પ્રત્યે વધુ પ્રેમ બતાવવામાં આવે અને એવા પ્રેમને આંચ આવતાં ક્રોધ કરવામાં આવે ત્યારે એનું શું પરિણામ આવી શકે છે ?િયોમાં બાખુબ કહેવામાં આવી છે .

આ વિદીઓની બોધ કથા આ પ્રમાણે છે - એક પિતા એમની ગુલાબના ગોટા જેવી નાની નિર્દોષ બાલિકાને એમણે હમણાં જ ઘસી ઘસીને ચકચકિત કરેલી મોટર ગાડી ઉપર કલરના કેયોનથી કઈક લખતી જુએ છે અને આ પિતાનો ગુસ્સો સાતમે આસમાને પહોંચી જાય છે.

તેઓ ગુસ્સામાં કહ્યું જોયા વિચાર્યા વિના એમને બહું પ્રિય એવી એમની ગાડીનું બારણું જોરથી બંધ કરે છે. આ બારણામાં એમની નાની દીકરીના એક હાથની નાજુક આંગળીઓ ચગદાઈ જાય છે.

ગાડીનું બારણું બંધ કરીને જ્યારે પિતાએ જોયું તો એમની પુત્રીએ કેયોનથી આ લખ્યું હોય છે : આઈ લવ યુ પપ્પા

રોતી કઠળતી નાની બાલિકાની એક આંગળીને હોસ્પિટલમાં કપાવી નાખવી પડે છે. નાની અબુધ દીકરી પિતાને પૂછે છે, ‘મારી આ આંગળી ક્યારે પાછી ઉગશે પપ્પા.’ આ છોકરી જ્યારે મોટી થશે, પરણશે ત્યારે જ્યારે કપાયેલી આંગળીઓ ઉપર નજર કરશે ત્યારે એને વર્ષો પહેલાંનો પિતાનો ક્રોધિત ચહેરો નજર સામે દેખાશે. આ બનાવ બન્યા પછી પિતાને પુષ્કળ પરતાવો થાય છે કે મેં મારી દીકરી કરતાં મારી ગાડીને વધુ મહત્વ આપ્યું.

એનું કેવું ખરાબ પરિણામ આવ્યું ! પરંતુ નાનકના શબ્દોમાં-
અબ પરતાવે ક્યાં હોય જબ ચીડીયા ચુગ ગઈ ખેત



પારસીઓનું બગાડતું જતું સ્વાસ્થ્ય!!

પારસી કોમમાં મોટી ઉંમરના માણસોનું પ્રમાણ વધારે એટલે ૬૦% એટલે વાયરસમાં કે દુઃખ દરદમાં ટકી શકતાં નથી. અસલ શુદ્ધ દૂધ, દહીં, માખણ, ઘી ખાઈને ટકી શકતાં હતા પણ હવે જાતજાતની મચ્છી અને મરઘીનાં ફાડયાં ખાઈને પારસીઓ ટકી શકતા નથી. હેલ્થ ગુમાવી બેઠા છે. પછી ડોક્ટરો, દવા હોસ્પિટલો, ટેસ્ટો વગેરે વગેરે અને પછી જરૂર પડે છે પુષ્કળ મોટી રકમની. મેડિકલેમ હોય તો ડોક્ટરો તમોને સારી અને લાંબી ટ્રીટમેન્ટ આપે છે જ્યારે મેડિકલેમ નહીં હોય તો સાધારણ ટ્રીટમેન્ટ મેળવી તમારેજ સહન કરવું પડે છે માટેજ મેડિકલેમ ઉતારાવી લેવી કે હેલ્થ પ્રોબ્લેમ સોલ્વ થઈ જાય. એક સીકનેસ લાખો રૂપિયા પર જાય છે. માટે પારસીઓએ થોડા શાકાહારી તથા થોડા દૂધ, દહીં, ઘી, માખણ, લરસી, છાશ વગેરે લેવાની ખાસ જરૂર છે. પારસીઓ તમે થોડા થોડા થોડા થોડા થાવ દૂધ શાકાહારી’ એ નવું સ્વોગન છે. દૂધ સાથે સોફ્ટ ફ્રૂટ કે ડ્રાયફ્રૂટથી શરીરને જોઈતા તમામ વિટામિન્સ મળી રહે છે. જ્યારે ડોક્ટર દવા કે હોસ્પિટલની ટ્રીટમેન્ટથી ભલે તમે સારા થાવ પણ ડોક્ટર, કેમિસ્ટ કે હોસ્પિટલ તમારી પાસેથી વિટામિન ‘એમ’ લઈ જાય છે. એટલે તમારી તિજોરી, પર્સ ખાલી થાય છે જ. એમનું સ્વાસ્થ્ય સુધરી જાય છે. પણ પછી તમે પાછો નોન વેજ પર સાબૂત બેટિંગ કરી સંચિન તેન્ડુલકરની માફક સિક્કસી મારી સેન્યુરી નોંધાવો છો. ડો. ના ડાયેટમાં તમે માનતા નથી બેરાઓ કવાયટ રહે નહીં અને ડો. મેરીમેન્ટમાં તમે કહેલી જોક કરી બેરાંઓને હસાવ્યા કરો છો એ આદમનો જૂનો પેશો છે. જુનો હુન્નર છે તેમાં તમે એકસપર્દ છોવ.

પારસીઓનો મોટી વસ્તી સબર્બમાં શિક્ષિત થયેલી હોવાથી પારસી જનરલ હોસ્પિટલ બહુ જ દૂર પડે છે,જેવા આવવાની તકલીફ થાય છે એટલે લોકો લોકલ પ્લેસ પર જે સગવડ મળે તે લઈ સંતોષ પકડે છે. પારસી જનરલ હોસ્પિટલના આઉટ પેશન્ટ વોર્ડમાં પણ પારસીઓ જતા નથી. મોટોભાગ હોસ્પિટલો શાકાહારી ફૂડ આપે છે. પારસીઓને વ્હિલ્કિ વગર ચાલવું નથી. મોટો ભાગ સીકનેસ હાર્ટ એટેક, હાર્ટ ટ્રબલ, યુરિન ટ્રબલ, કેન્સર, બ્રોનકાઈટિસ શરટી, ખાંસી અસ્થમાં પેટની ટ્રબલ વગેરે હોય છે. નાની કોમમાં હાર્ટએટેક અને કેન્સરનું પ્રમાણ ઘણું વધારે છે. કેન્સર કેનસલ્સ ધ મેન એ શેનાં કારણો થાય છે તે આજ સુધી કોઈ ડોક્ટર બતાવી શક્યો નથી પણ કેમોથેરાપી અને બાયપાસ સ્ટે મ સેલ, એનજીયો, પ્લાસ્ટીક વગેરેના દુઃખો ખર્ચી નહીં શકાય એવાં હોય છે. ઉપાય કરતા અટકાવ ભલો. પ્રિવેન્શન ઈજ બેટર થેન ક્યોર. એટલે લોકોની રહેણીકરણીમાં થોડા ફેરફારની જરૂર છે. માટે જ શાકાહારી થાવ. લીલા વેજીટેબલ્સમાંથી વિટામિન એ મળે છે. એનાથી તંદુરસ્તી સારી થાય છે. પીસેલું ગાજર, ડ્રાયફ્રૂટ કેન્સર અને હાર્ટટ્રબલમાં અકસીર છે. દૂધથી માખણ લરસી તમામ

જિંદગીમાં અકસીર ઈલાજ છે. પારસીઓ માયલું વગર જીવી શકતા નથી. એ ઉપરાંત પારસીઓ મોટર, મોટર બાઈક, ડોગ, ફ્લેટ મકાનને આગ્રાનો તાજ બનાવતાં હોય તેમ પુષ્કળ પૈસો ખર્ચે છે. તો હવે દવાને બદલે શાકાહારી અને દૂધનો ઉપયોગ વધુ કરી તંદુરસ્તીથી જીવો. શાંતિ વધુ રાખો, મગજને કાળુમાં રાખો, ગરમ ના થઈ જાવ, પાંચ પારસીઓ મળે તો મંડળ, કમિટી બને છે અને છ પારસીઓ મળે છે તો ધમાધમ, કચ્છા-કંકાસ, કોર્ટ કેસીસ અને પોલીસ કમ્પ્લેન્ટ થાય છે સમય અને પૈસાની બરબાદી થાય છે. જરથોસ્તી ઈરાનીઓના વચ્ચના આશીર્વાદ સારતી વખતે દસ્તુરજી ભણો છે ખામુશ બાશ એટલે વજ્ર પછી તમે મૂંગામંતર બની જજો કારણ કે તમારી બૈરી કોલેજની પ્રોફેસર બની જશે અને તમે ઓબિડિયન્ટ સ્ટુડન્ટ બનશો પણ લેક્ચરની નોટસ લખવા જેવી હશે નહીં તમે મગજ ગુમાવી ગુસ્સો કરશો તો હાર્ટએટેક થશે. માટે શાન્તમ નો જળબમનો ગાટાલ્પમ! જેનામાં વિટામિન ઈની ડેફિટશનથી હોય તેમણે તીતોળી, ફણગાવેલા મગ, બાફેલાં ઈંડા, ડ્રાયફ્રૂટ વગેરે લેવાની જરૂર છે. જેને વિટામિન ડીની જરૂર હોય તેને રોજ સુરજનું તડકો ખાવો, ફી એક ચાઈ.

તમારા ખોરાકમાં સેવ રવો, મલીદોમાં જેટલી શક્તિ છે તેટલી શક્તિ કોઈ પારસી પહેલવાન પાસે નથી. પારસીઓને ‘જિંદગી સુખી કરવાની ચાવી’ આપવાની છે. પહેલું સુખ તે જાતે નર્ચા. તમારી જાતે દરકારક કરી તંદુરસ્ત બનો એના જેવું સુખ બીજું કોઈ નથી.

રોજ સવારે સાંજે વોક પર જઈ પરસેવો પાડીને રોજ કરો તો ડાયાબિટિસ કમી જ થતો જાય. બીજું સુખ તે ઘરસાખું નાર. એટલે સારી, સુશિક્ષિત સદગુણી નારી હોય તો બહુજ સુખ મળ્યું ગણાય. તો એ બાબદમાં પારસી બેરાંને કોઈ હરાવી શકે? બિલ્કુલ બી નહીં. પારસી બેડે એટલે જિંદગીનું અમૃત ગણાય. બીહાઈન્ડ એવરી સફરેફૂલ મેન થેર ઈઝ એલ્વેઝ અ યુમન.

ત્રીજું સુખ એટલે સારા દીકરા દીકરી. જેના દીકરા દીકરી સારાં, ઓબાઈડન્ટ, સુશિક્ષિત, સાઈ કમાનારા હોય તે ફેમિલીને કંઈ જોવા જેવું, પ્રોબ્લેમ નથી થોયું સુખ તે કોટીમા જાત એટલે ધનધાન્યથી ભરેલું ઘર. ઘરમાં દરેક સુખ સગવડ હોય જેવીકે રેડીયો, મિક્સર ગ્રાઈન્ડર, બ્લુસર, એરકન્ડિશન, માઈક્રોવેવ વગેરે વગેરે તમામ સુખસગવડો મોજુદ હોય યા મળી શકે તે. તો હવે તમે ગાજર, મૂળા, પાલકભાજી, મેથીની ભાજી, દૂધ વગેરે પર વધારે મારો રાખજો અને તંદુરસ્ત રહેજો. કેકસ, પેસ્ટ્રી, આઈસ્ક્રીમ, ડ્રાયફ્રૂટસ જરૂર લેજો.



બકોર પટેલની વાતો

વખતાર: શ્રી હરીપ્રસાદ વ્યાસ

અમથા પટેલનો વિવાહ

(પાના નં. ૧૮થી ચાલુ)

આમ કહી પટલાણી ખૂબ હસવા લાગ્યાં. બેચરબાઈ શરમાઈ ગયા. તેમને લાગ્યું કે જરા ખોટું થયું.

શકરી પટલાણીએ આગળ કહેવા માંડ્યું: ‘અરે બેચર પટેલ, આવી વાતોમાં તો બેરાં રીસાય! હું લોઉં તો આવા જમાઈને પહેલો પસંદ કરું. એ ડરી ગયો હોત તો તમને ગમત? એવો ગેંગે પેપે કરતો માયકાંગલો મૂરતિયો શા કામનો? હું તો આવો માથામાં મારે તેવો જોરાવર જમાઈ પહેલો પસંદ કરું.’

બેચરબાઈને લાગ્યું કે શકરી પટલાણીની વાત ખોટી તો નહીં જ. તેઓ મોટેથી હસી પડ્યા અને બોલ્યા: ‘હશે, ચાલો, તમે કહો છો તે ખરું છે. અમે તમારે ત્યાં આવીએ છીએ. તે વખતે માફ ય મગજ જરા ખસી ગયું હતું.’

ઝવરી પટલાણી પણ રાજી રાજી થઈ ગયાં. સૌ ત્યાંથી ઉઠીને શકરી પટલાણીને ત્યાં જવા નીકળ્યાં.

બકોર પટેલ અને અમથો સહેલાં તડબુજ જેવા મોઢાં કરીને ખુરસી પર બેઠા હતા. શકરી પટલાણી બધાંને તેડીને આપ્યાં ત્યારે પટેલ આનંદથી ખુરસીમાંથી કૂધ્યા! તેમને થયું કે ઓતારી! શી રીતે પટલાણી આ બધાંને સમજાવી લાવ્યાં? પટેલે સૌને આવકાર આપ્યો. એ અને બચેર પટેલ ભેટયા. ઘરમાં પાછો આનંદ છવાઈ ગયો.

પછી તો બધાંએ ખૂબ વાતો કરી. બેચર પટેલે વિવાલ નક્કી કરી નાખ્યો. વચ્ચની રીતનો આંકડો ઠરાવ્યો. વિવાલનો -પિયો પણ આપી દીધો. રાત્રે બધાં મો ભરી કેસાર, ઘી અને ખાંડ જમ્યા.

આમ છેવટે આપણા અમથા પટેલનો વિવાલ તો થઈ ગયો!



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એક નજર પારસી મરણો ઉપર

Deceased મરનાર	Age વય	Date તારીખ	Address ર. કે.	Relations સગર્જનો
Daulat Ruttanshaw Contractor દૌલત રતનશા કોન્ટ્રાક્ટર	103 ૧૦૩	05-12-2013 Behram Tir 1383	M/3, Nowroz Baug , Lalbaug, Mumbai-400012. લાલબાગ, મુંબઈ ૧૨.	માતા પિતા: મરહુમ આલામાય તથા મરહુમ માનેજી મહેરવાનજી ઈચ્છાપોરિયા, ધણી: મરહુમ રતનશા નવરોજી કોન્ટ્રાક્ટર, દીકરા દીકરી: મરહુમ રોહિન્ટન, લવજી, લોમી, ફેની, ભાઈ બહેનો: મરહુમ મીનોચેર, મરહુમ દારબશા, મરહુમ મહેલી, સાસુ સસરા: મરહુમ બાપ્લી તથા મરહુમ નવરોજી કોન્ટ્રાક્ટર.
Beroz Sarosh Mody બેરોઝ સરોષ મોદી	73 ૭૩	06-12-2013 Ram Tir 1383	3, Firuza, 160, M. Karve Road, Mumbai 400021 એમ. કર્વે રોડ, મુંબઈ ૨૧.	માતા પિતા: મરહુમ આલા તથા મરહુમ બરજોર કોઠાવાલા, ધણી: મરહુમ સરોષ બરજોર મોદી, દીકરા દીકરી: ગીતાબજિ સોરાબ સિધવા, નવાજ સરોષ મોદી, ભાઈ બહેનો: વિરા મેરવાનજી, ગ્રેન્ડ ચિલ્ડ્રન: સરોષ સોરાબ સિધવા, જમાઈ: સોરાબ જિમી સિધવા.
Nergish Nariman Chaina નરગીશ નરીમાન ચાયના	91 ૯૧	07-12-2013 Govad Tir 1383	Shirin Manzil, 3rd Floor, 68 Wood House Road, Colaba, Mumbai-400005 શ્રેવાબા, મુંબઈ ૫.	માતા પિતા: મરહુમ દિનભાઈ તથા મરહુમ રતનશા પારડીવાલા, ધણી: મરહુમ નરીમાન સોરાબજી ચાયના, દીકરા દીકરી: શિરીન, રોહિન્ટન, ભાઈ બહેનો: વિરા, નાજી, મરહુમ બહાદુર, લોમાય, ગ્રેન્ડ ચિલ્ડ્રન: જમશેદ, જાસ્મિન, વલુ જમા, ; આવાન રોહિન્ટન ચાયના, સાસુ સસરા: મરહુમ શિરીનભાઈ તથા સોરાબજી ચાયના.
Roshan Fali Mohta રોશન ફલી મોહતા	84 ૮૪	08-12-2013 Govad Tir 1383	764-E, Umrigar Bldg., Tilak Road, Opp. BEST, Dadar-(E) Mumbai-14. દાદર (ઈ), મુંબઈ ૧૪.	માતા પિતા: ધન તથા સોરાબજી બુહારીવાલા, ધણી: ફલી ઈ. મોહતા, ભાઈ બહેનો: લોમી, જલંગીર, દિનશા, ધનજીશા, સાસુ સસરા: એદલજી તથા વિરોય.
Homi Nusserwanji Kanga હોમી નશરવાનજી કાંગા	53 ૫૩	08-12-2013 Daepdin Tir 1383	506, Cumballa Crest, 42, Pedder Road, Mumbai-400 026 પેડર રોડ, મુંબઈ ૨૬.	માતા પિતા: મરહુમ બાયજી તથા મરહુમ નસરવાનજી દોરાબજી કાંગા, ધણીયાણી: મરહુમ ફેની લોમી કાંગા, દીકરા દીકરી: નોશીર લોમી કાંગા, મરહુમ જરૂ ફરોખ પાવરી, ભાઈ બહેનો: મરહુમ દારા નશરવાનજી કાંગા, મરહુમ રૂસી નશરવાનજી કાંગા, ગ્રેન્ડ ચિલ્ડ્રન: ફેરીયલ પાવરી પાલખીવાલા, ગ્રેટ ગ્રેન્ડ ચિલ્ડ્રન: શેલોમ, શિલાન, વલુ જમાઈ: દેબોરા કાંગા, ફરોખ પાવરી, સાસુ સસરા: મરહુમ તેલમીના તથા મરહુમ પાલનજી જોશી.
Pervez Ardeshir Poonawalla પરવેઝ અરદેશીર પૂનાવાલા	86 ૮૬	08-12-2013 Daepdin Tir 1383	Lamla Niwas, 1st Floor, Proctor Road, Grant Road, Mumbai-400007. ગ્રાન્ટ રોડ, મુંબઈ ૭.	માતા પિતા: મરહુમ શિરીન તથા મરહુમ અરદેશીર જે. પૂનાવાલા, ધણીયાણી: માનેકબાઈ પી. પૂનાવાલા.
Khorshed Darabshaw Langrana ખોરશેદ દારબશા લંગરાના	86 ૮૬	09-12-2013 Daepdin Tir 1383	D-11, Jer Baug, Byculla(E), Mumbai 400027. ભાયખલા (ઈ), મુંબઈ ૨૭.	માતા પિતા: મરહુમ આયમાય તથા મરહુમ દારાબશા સી. લંગરાના, ભાઈ બહેનો: રતન ડી લંગરાના, મરહુમ કેટી કેરસી મિસ્ત્રી.
Rohinton Nowroji Guzdar રોહિન્ટન નવરોજી ગઝદર	74 ૭૪	09-12-2013 Daepdin Tir 1383	Nariman Baug, 625, J.S.S. Road, Mumbai-400002. જે.એસ.એસ.રોડ, મુંબઈ ૨.	માતા પિતા: મરહુમ બપાઈમાય તથા મરહુમ નવરોજી ગઝદર, ભાઈ બહેનો: મરહુમ નોશીર નવરોજી ગઝદર.
Hormazd Ratan Vakaharia હોરમઝદ રતન વખારિયા	65 ૬૫	09-12-2013 Din Tir 1383	154, Bora Bazar, 3rd Floor, R.No.-40, Opp. Shivanand Tea House, Police Court Lane, Fort, Mumbai-400001. ફોર્ટ, મુંબઈ ૧.	માતા પિતા: મરહુમ શહેરૂ તથા રતન બોમનજી વખારિયા, ધણીયાણી: પરવીન હોરમઝદ વખારિયા, દીકરા દીકરી: ફિરોઝી હોરમઝદ વખારિયા, ભાઈ બહેનો: ખુશરૂ રતન વખારિયા, માણેક રતન વખારિયા, વલુ જમાઈ: અશીશવંદ સામ ગોધા, સાસુ સસરા: મરહુમ તેલમીના તથા મરહુમ જાલ નશરવાનજી અરજાની.
Banoobai Jamshedji Dubash બાનુબાઈ જમશેદજી દુબાશ	95 ૯૫	09-12-2013 Din Tir 1383	170-A, Mahrukh Mansion, Lamington Cross Road, Mumbai-7. લેમિંગ્ટન ક્રોસ રોડ, મુંબઈ ૭.	માતા પિતા: મરહુમ શિરીનભાઈ તથા મરહુમ હોરમસજી સી. પાલિયા, ધણી: મરહુમ જમશેદજી એસ. દુબાશ, ભાઈ બહેનો: મીનુ એચ. પાલિયા, મરહુમ કેટી, મરહુમ જલંગીર, મરહુમ પદમ, મરહુમ નાજી બાના, મરહુમ કુમી સંજાણા, સાસુ સસરા: મરહુમ નવાઝબાય તથા શાવકશા દુબાશ.
Soli Fareدون Kutar સોલી ફરેડૂન કુતાર	73 ૭૩	09-12-2013 Din Tir 1383	132-B, Twin Towers, Prabhadevi, Mumbai-400025. પ્રભાદેવી, મુંબઈ ૨૫.	માતા પિતા: હોમાય તથા ફરેડૂન ખુરશેદજી કુતાર, ધણીયાણી: વિરા સોલી કુતાર, દીકરા: ઝુબિન સોલી કુતાર, ભાઈ બહેનો: કુરશેદ, ફરોખ, નવાજ, અરેચ, ગોન્ડા, ગ્રેન્ડ ચિલ્ડ્રન: ફરઝાદ, કેનાજ, વલુ: નાઝનીન, સાસુ સસરા: મરહુમ ધન તથા પેસી નરીમાન
Mani Dara Fouzdar મની દારા ફોઝદાર	77 ૭૭	08-12-2013 Daepdin Tir 1383	11/11 Rustom Baug, 4th Floor, Sant Sauta Marg, Byculla, Mumbai-400027. ભાયખલા, મુંબઈ ૨૭.	માતા પિતા: મરહુમ રોડા તથા મરહુમ ફરામરોજી ભોઝાજી મિસ્ત્રી, ધણી: મરહુમ દારા ફરામરોજી ફોઝદાર, દીકરા દીકરી: એમી બહેરામ દાડવાલા, રૂબી, જાસ્મિન ઝરસીસ મિસ્ત્રી, વિરાજ, ભાઈ બહેનો: દિન્યાર, કેટી, મહેરનોશ આના, મરહુમ ગેવ, સામ, કેરસી, રૂસી, દોલત, ફેની, ગ્રેન્ડ ચિલ્ડ્રન: પર્સી, ખુશનમ, મહેરસાદ પટેલ, વિસ્તાસ્પર, પરિલાજ, જેનીશ, વલુ જમાઈ: બહેરામ, ઝરસીસ, નિલુકર, સાસુ સસરા: મરહુમ નાજામાય તથા ફરામરોજી ફોઝદાર.
Khushroo Eruch Chesson ખુશરૂ એરુચ ચેસન	74 ૭૪	10-12-2013 Ashishwang Tir 1383	11, Auburn HSC., 3rd Floor, 38 Forjeite St, Mumbai-400036. ફોરજેટ સ્ટ્રીટ, મુંબઈ ૩૬.	માતા પિતા: મરહુમ દોલત તથા મરહુમ એરુચ નવરોજી ચેસન, ધણીયાણી: મહાજાખ ખુશરૂ ચેસન, દીકરા દીકરી: પર્વ ખુશરૂ ચેસન, અદી ખુશરૂ ચેસન, ભાઈ બહેનો: મરહુમ નેવિલ એરુચ ચેસન, મરહુમ બોમી એરુચ ચેસન, મરહુમ નાની એરુચ ચેસન, ગ્રેન્ડ ચિલ્ડ્રન: ન્યાહ સીન લોરેન્સ, ક્યારા સીન લોરેન્સ, સાસુ સસરા: મરહુમ ગોરબાઈ તથા અરદેશીર દાડવાલા.
Arzan Minoo Baria અરઝાન મીનુ બારિયા	36 ૩૬	10-12-2013 Ashishwang Tir 1383	20, Yusuf Manzil, 12th, Khetwadi, 1st Floor, Mumbai-400004 ખેતવાડી ૧૨મી લલી, મુંબઈ ૪.	માતા પિતા: બખતવાર તથા મીનુ નોશીર બારિયા, ભાઈ: ઝરવાન મીનુ બારિયા.
Piloo Sorabji Mehta પિલુ સોરાબજી મહેતા	83 ૮૩	10-12-2013 Ashishwang Tir 1383	91, Meherdad, Cuffe Parade, Mum- bai -400005. કફ પાર્સ, મુંબઈ ૫.	માતા પિતા: મરહુમ મહેરબાઈ તથા મરહુમ સોરાબજી નસરવાનજી મહેતા, ભાઈ બહેનો: મરહુમ ફરીજી સોરાબજી મહેતા, મરહુમ દોલત દિનશા ગોંધી.
Roshan Aspi Khambata રોશન અસ્પી ખંબાતા	82 ૮૨	10-12-2013 Asishwang Tir 1383	Ness Baug, Annexe 2, Flat No 3, Nana Chowk, Mumbai 400007. નાના ચોક, મુંબઈ ૭.	માતા પિતા: મરહુમ ખોરશેદબાનુ તથા મરહુમ દિનશા સિગનપોરિયા, ધણી: અસ્પી સોરાબ ખંબાતા, વલુ જમાઈ: ઝરીર અસ્પી ખંબાતા, રોહિન્ટન અસ્પી ખંબાતા, ફરોખ અસ્પી ખંબાતા, ભાઈ બહેનો: મરહુમ રૂસી સિગનપોરિયા, ગ્રેન્ડ ચિલ્ડ્રન: હુશાન ફરોખ ખંબાતા, વલુ જમાઈ: મોનાઝ રોહિન્ટન ખંબાતા, દિલશાદ ફરોખ ખંબાતા, સાસુ સસરા: મરહુમ આલામાય તથા મરહુમ સોરાબ ખંબાતા.
Paidast from Poona Parsi Panchayat				
Feroze Hirji Dalal ફિરોઝ હીરજી દલાલ	77 ૭૭	11.12.2013	17/19 Panaromic Valley Co-Operative Housing Society, Lonavala, 410403. લોનાવલા, ૪૧૦૪૦૩	

All details of the above
Paidast are courtesy the
www.bpppaidast.in



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RECIPE



Purveen Dubash is a chef with many knives in her pretty home

kitchen cabinet. From TV anchor to educator to author she is armed with culinary skills to put your tummy into a hypnotic state. We are proud to present to you her recipes which have the unique distinction of being not only simple to follow but yummy to taste!

Black Forest Cake

Ingredients:

- Cake:**
3 eggs
½ cup sugar
2 tablespoons oil
¼ cup flour
1 teaspoon baking powder
3 tablespoons cocoa



Directions:

Sieve the last three ingredients. Beat the eggs and sugar till thick and creamy. Fold in the sieved ingredients gently with a metal spoon. Add the oil. Pour into a well-greased cake tin. Bake at 160 degrees Celsius for 15-20 minutes.

Syrup:

- ¼ cup sugar
½ cup water
Boil together and cool.

Frosting:

2 cups whipping cream
Chocolate shavings
Cherries
Whip the cream till triple in quantity. Slit the cake into half. Pour the syrup on the bottom half. Spread a thick layer of whipped cream. Place the top half on it and press gently. Pour the syrup. Frost generously with the remaining cream. Decorate with chocolate shavings and cherries.

What's Your Number



Stars, Angels and higher Spirituality are all part of being Kermeez Shroff. See what the week holds in store for your root number. To get your root number add the digits of your birth date, till you arrive at a single digit number. eg. 25-3-1988. Take 25 only- add 2 and 5 = 7. You will hence read number 7. Enjoy!

Kermeez Shroff : 9819221480
kermeezshroff@yahoo.co.in



1

A new relationship or marriage maybe on the cards this week. A good week emotionally all in all. Career wise stress can be seen this week as you may feel unable to make concrete decisions. **Advice** - Remember that the universe is infinitely abundant. You need simply ask of what you want. **Lucky dates** - 16th, 17th & 19th Dec. 2013.

2

A great week in terms of the love life. You will literally make things manifest for you. Your hearts desire shall be fulfilled this week. Career wise you may feel weighed down as you take up more than you can handle. **Advice** - Travel. Plan for the future. **Lucky dates** - 14th, 18th & 19th Dec. 2013.

3

Disagreements and ego clashes are seen with the loved one. Some kind of loss may be felt this week emotionally. Career wise it's not a good week as you don't quite see things materialising the way you want them to. Expenditures increase. **Advice** - Allow your mind to settle before zeroing down on a choice. **Lucky dates** - 15th, 16th & 19th Dec. 2013.

4

A huge change is in store this week on the emotional front. A beginning is on it's way this week. Drastic changes for the goodwill be seen. Career wise you will do your duties religiously and with utmost dedication. **Advice** - Do not allow yourself to give in to temptations. **Lucky dates** - 14th to 16th December 2013.

5

You and your partner will plan for the future this week. Marriage maybe on your mind as well. You will invest into your relationship this week. Career wise you will get guidance from a logical person on how to take things forward or you may simply become more clear in your mind as to what you should be doing now. **Advice** - Make a wish as they do come true. **Lucky dates** - 17th, 18th & 20th December 2013.

6

There is some strife seen on your emotional front this week. You may have to fight to prove your point. Career wise things look better as plans materialise and the future can now be set. **Advice** - Meditate and take time to sort out your mind. **Lucky dates** - 14th, 16th & 19th Dec. 2013.

7

The end to a bad phase finally arrives. Your heart still maybe heavy though. However, the sunrise is very near. Career wise you may feel confused and a little low. Choices may be abundant. **Advice** - Be self content and believe in yourself. **Lucky dates** - 18th to 20th December 2013.

8

A very good week ahead. You and your partner will have an emotionally fulfilling week. You both will spend more time with each other. Career wise also you will enjoy yourself and let your creative side play. **Advice** - Keeping the good mood with you plan for the future without any fears. **Lucky dates** - 15th, 16th & 20th Dec. 2013.

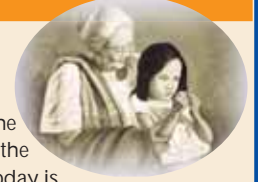
9

Love will bloom and romantic partnerships will materialise. Those already in a relationship will share a romantic week. Career wise this week promises you fulfillment. What you want to get in order for your dreams to come true will be found. A few may start something new. **Advice** - Plan meticulously and with precision. Let your passion guide you. **Lucky dates** - 14th, 15th & 17th Dec. 2013.



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Dear Mamaiji...



Dear Mamaiji,

You always make me read the Gujarati calendar date from the front page of the Parsi Times. Today is Mahrespand Roj. What does that mean?

Dear Dikri,

Mahrespand is connected to Holy Words and Prayers, thus, to the Holy Scriptures of the Zoroastrian Religion and Faith. Our prayers have energy, spiritual power and force. These have the power to create magic and miracles. That's why our ancient, powerful priests were called as Magi or Magicians. They knew which prayers to be recited and how to create a new, favourable situation. Do not take these mantras of our prayers lightly. Revere them even as you chant them. Connect with Mahrespand Yazat to get a closer emotional connection with your prayers and do these with more sincerity. He will also assist in fulfilling any particular prayer you are doing when you pray these with dedication and right pronunciations thus creating the right vibrations.

With inputs from
Parvez J. Daruwala

FeedBack...
contribute@parsi-times.com

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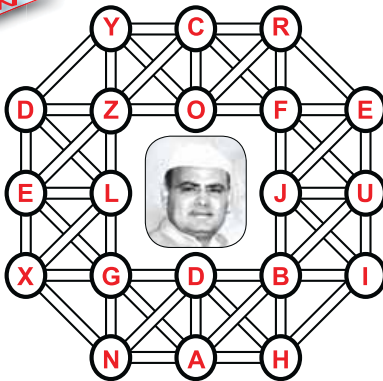
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	3							6	
		2	3	9	6	4			
			8	4	1				
9	7							2	6
		3	5	2	7	1			
4	2							7	8
			6	7	5				
		6	4	3	9	7			
4									5

IN PERSON

Hidden in this criss-crossing network of passageways is the name of the well-known Community personality shown in the picture. Select a starting letter and trace this name with a continuous line. At no time may any letter or passage be re-used.



SNEAKY CHEEKY

Today's clue: S equals N

One letter stands for another in this substitution game. Replace it and complete the phrase to find the cheeky saying of the week!

DVUMU KOSSCD RU O
KMLJLJ SUGD FUUY. TP
JKVUZWQU LJ
OQMZOZP HWQQ.

SOLUTION TO LAST WEEKS PUZZLES

SOLUTION (7-12-2013)

BAWAJI BHEJA FRY

B	U	D	A	P	E	S	T	K	E	R	M	A	N
A	E	I	T	M	A	A	O						
S	A	M	P	L	E	R	A	G	R	O	N	Y	M
A	E	O	E	R	N	P	I						
L	L	A	M	O	N	A	I	S	D	O	W	N	
T	N	M	G	C	W	A							
C	I	D	H	N	A	R	E						
R	I	C	K	E	R	P	O	N	T	I	N	G	
I	F	F	R	E	S	B							
M	A	C	A	D	A	M	I	A	S	A	L	S	A
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D	E	S	I	R	E								
F	R	I	E	N	D	L							

Did You Know?

Just as humans can be identified by their fingerprints, dogs can be identified by their nose prints because like human fingerprints a dog's nose print is unique to that dog.



by Tarot Reader NUPUR (for this week)



Aries
મેષ
21st March – 20th April

ગયા અઠવાડિયામાં તમને નાના પ્રવાસો કરવા પડશે. તે પ્રવાસ કામકાજ માટે પણ હોઈ શકે. તમારા દુશ્મનો તમને કોઈ પણ ચાલમાં ફસાવી નહીં શકે. ધનલાભ થઈ શકે છે.

This week small and frequent travelling is on the cards. Your enemies will try to disturb you, but they will not succeed. Monetary gains are on the cards.



Leo
સિંહ
23rd July – 23rd August

આ અઠવાડિયામાં ધીરે ધીરે કામો કરજો. તમે જેબી કરવા માંગતા હો તે ધરવાળાને કહેશો તો તે લોકો પણ તમને મદદ કરશે. મનગમતી વ્યક્તિ પર વિશ્વાસ મૂકી શકશો.

This week don't rush into completing your work. Discussion before taking decisions will prove beneficial. Consult your family members or close ones and you might get a helping hand.



Sagittarius
ધનુ
23rd Nov. – 22nd Dec.

આ અઠવાડિયામાં પૈસા માટેનું કામ કરતા હો તેમાં સંભાળવું. વાહન પણ સંભાળીને ચલાવવું. ઓફિસમાં કામ વધારે હોવાથી માથાનો દુખાવો થવાના ચાન્સ છે.

This week be very careful while driving and also in money matters. Due to extra workload at office, your health will be at a receiving end.



Taurus
વૃષભ
21st April – 20th May

આ અઠવાડિયું તમને સુખ આપીને જશે સાથે સાથે આરામથી દિવસો પસાર થશે. આગળ વધવા માટે કોઈ રસ્તો બતાવનાર મળી રહેશે.

This week will bring you a lot of joy. Your days will pass easily. You will find someone who will guide you and take you forward.



Virgo
કર્ક
24th August – 23rd Sept.

આ અઠવાડિયામાં તમે તમારા વિચારોને સ્થિર નહીં રાખી શકો. તેથી એક બાબતને પૂરી કરતા પહેલા તેમાં ઘણા ચેન્જ્સ કરી શકશો. તમને ઘણું ગુસ્સો આવશે અને રાતની ઉઘ પણ ઓછી રહેશે.

This week you will not be in a position to concentrate on your thoughts. You will change your plans again and again. You will feel angry for no reason and your sleep will also get disturbed.



Capricorn
મકર
23rd Dec. – 20th Jan.

આ અઠવાડિયામાં ફેમિલીમાં જે મુસીબત આવશે તે તમારી બુદ્ધિ વાપરી દૂર કરી શકશો. ઘર અને ઓફિસ બંને ને અલગ રાખજો. મનની શાંતિ માટે બે દિવસ બહારગામ ફરી આવજો.

This week you will strive hard to protect your family from any problem. Try to keep home and office tensions away from each other. Try to keep your calm or go on a trip for two days to be free from worries.



Gemini
મિથુન
21st May – 20th June

આ અઠવાડિયામાં તમારું મન સ્થિર નહીં રહે. ઉતાવળમાં કોઈક ખોટું પગલું ભરી લેશો તમારે જે નહીં કરવાનું હોય તેવું કામ કરી નાખશો. ખર્ચ ડભલ થઈ જશે.

This week you will not be focused. You might take wrong steps and will regret later. Your expenses will double.



Libra
તુલા
24th Sept. – 22nd Oct.

આ અઠવાડિયામાં ધનલાભ તો મળી રહેશે પણ ધન આવતા તેના ખર્ચના દરવાજા પણ ખૂલી જશે. સ્ત્રીને પુરૂષ પાછળ અને પુરૂષને સ્ત્રી પાછળ ખર્ચ કરવો પડશે.

This week you will get monetary benefits. Money gained will be used for unnecessary expenses. The expenses will be for someone of the opposite sex.



Aquarius
કુંભ
21st Jan. – 19th Feb.

આ અઠવાડિયામાં ઘરમાં મોજશોખની વસ્તુ લેવાનું મન થશે અને જે કોઈ વસતુ ગમી જશે તો તે લઈ લેશો. બીજા શું કહે છે તે વિચાર નહીં કરો. ખર્ચ કરી શકશો.

This week you will spend money on luxury items. Don't think about what others say about you.



Cancer
કર્ક
21st June – 22nd July

આ અઠવાડિયામાં લગ્નજીવનમાં મતભેદ ન પડે તેની ખાસ કાળજી લેજો. પોતાની ફેમિલીમાં કોઈને સલાહ આપવાની ભૂલ કરતા નહીં, તમારા દુશ્મન બનવાની શક્યતા છે.

Be careful this week. Pay attention to small details as they may create differences in your married life. Don't give your opinion to your family members as they may turn against you.



Scorpio
વૃશ્ચિક
23rd Oct – 22nd Nov

આ અઠવાડિયામાં તમે ધરવાળા સાથે વધુ સમય પસાર કરી શકશો. સગાવહાલો સાથે ચર્ચા કર્યા પછી જ ડીસીઝન લેતા ક્ષયદામાં રહશો. ઘરમાં જોઈતી વસ્તુ ધરવાળાઓ સાથે જોઈને ખરીદજો.

This week you will spend more time with your family. Consult family and friends before taking any important decisions. If you are planning to buy something, take help from family members for the same.



Pisces
મીન
20th Feb. – 20th March

આ અઠવાડિયામાં બને તો ભાગદોડ ઓછી કરજો. સમજવા વગરનું કામ કરશો તો તબિયત બગડશે. ઘરમાં કોઈ જૂની વાતો ને કારણે મતભેદ કે ઝઘડા થવાના ચાન્સ છે.

This week don't exert yourself. Be wise and careful in your work, as workload may lead to health related scares. Some old issues might crop up and hamper peace at home.



Aban Paghdwalla

the PURSUIT of HAPPINESS

Name ... **Aban Paghdwalla.**

I work at... **Diana Caterer.**

I work as... **Catering at J.B. Vachha School and Lagan-Navjotes.**

That basically means... **Serving people good food.**

My work day begins with... **A prayer.**

I love this about my job... **Everything.**

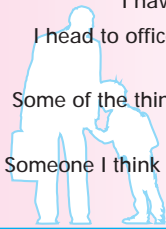
I wish this would change about my job... **Nothing as such.**

I have been working here for ... **Since 1965.**

I head to office and head back home at these times...
9:00 am. - 1:00 pm.

Some of the things that make up my work day...**Serving good food to people.**

Someone I think has an interesting job is... **People in the Tourism Industry.**



Roxanne Bamboat

Have some LSD!



LSD Cupcake fever has hit Mumbai city and Roxanne is on the case to find out how this tiny outfit turned into the 'it' place for cupcakes and more!

I love food quotes and this anonymous one seems extremely apt. If you're a food lover or someone with a soft spot for all things sweet then this quote definitely holds true for you. With this crazy influx of Cupcake stores and tiny bakeries cropping up all over the city, it can get hard to decide which ones are really worth it. If the popularity of Love Sugar Dough (LSD) and the number of outlets across the city is anything

with butter Sugar Frosting to Blueberry and many more. Of course the Cupcakes are delicious but instead of eating all (that would be quite a sugar rush) I recommend you get yourself a box of the adorable mini Cupcakes which come in a range of flavours so you can sample more. Their Cake pops I'm told are very popular but sadly they were over when I visited the store but instead got a chance to try their dessert in a jar range. This is actually very convenient for gifting (just like the mini Cupcake boxes) because it's a pretty jar stuffed with the dessert of your choice, either a Red Velvet Cake or then the classic Black Forest Cake. Personally, I thought the Black Forest was terrific and there is no way one person can finish

P.T. RockStars

Silloo Kavarana



Silloo Kavarana was known as the "Florence Nightingale" by the ailing of the J. J. Hospital Parsi Ward. She began volunteering for social causes and began with the FD Petit Sanatorium. She then joined the Ratan Tata Institute and Stri Zarthostri Mandal to make sure that the under-privileged women were trained and gainfully employed. She then joined Red Cross and touched lives with her warmth and ability to spread cheer. It is said those six months before her death she was not in the pink of health but she startled everyone by getting out of bed and making preparations to aid the Tsunami victims.

She was elected for two terms as a President of Bombay Parsee Panchayet and worked tirelessly towards the betterment of our Community. She has always been a devote supporter of our traditions and practises and has always believed in our customs. But she also believed that women should have equal rights and opportunities.

She touched everyones heart with her kindness and love for one and all. She managed making people feel better in the toughest of situations. After all happiness is a state of mind and what better way than making people feel at comfort and at ease even in the grimmest situations. She passed away on 17th October 2005, half way through her second term as BPP Trustee. She is greatly missed by the Community.



LOVE SUGAR DOUGH

to go by, these guys know their desserts. I had the pleasure of receiving a box of their mini or as I like to call them Baby Cupcakes as a gift once and I knew I had to visit their store and try more desserts.

Nauzad Munshi and Tarannum Merchant, who are joint managing directors of LSD, are the brains behind this business. Between this dynamic duo, they have managed to capture the hearts and taste buds of many hungry dessert junkies including quite a few celebrities as well.

While Tarannum is in charge of the kitchen and whips out the deliciousness, Nauzad is in charge of everything else from administration to marketing and PR.

Their newest outlet is at Breach Candy, and like all their other outlets, is vibrant with their signature bright pop colours and display full of yummy treats. It took me a while to not only meander through the dessert and pastry counter and then a separate counter dedicated to Cupcakes in different sizes and flavours. From Chocolate, Vanilla, Moccachino, Red Velvet with Cream Cheese, red velvet

an entire jar without falling sick so it needs to be shared!

If all the sweet stuff is too much for you, don't fret, they have a savory selection as well with a choice of sandwiches which make a great breakfast option, croissants and



cookies - the butter cookies and oat and raisin ones being the best. Apart from their off the shelf desserts LSD also does some custom made cakes for special occasions. LSD has outlets in Vile Parle, Lokhandwala, Breach Candy and their Flagship store in Bandra. They are all set to launch a brand new branch in Mumbai Central in the next few months.

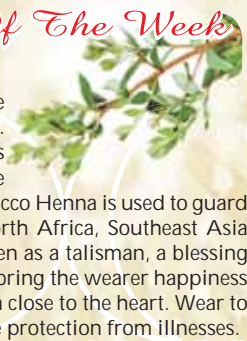
Flagship Store:
LSD - Love Sugar Dough 31 Bajaj Arcade, Union Park, Near Olives, Khar, Mumbai
Telephone: 022 26052028

FORGOTTEN MELODIES

Spiritual Tip Of The Week
Henna

Henna was considered a vehicle of transformation and beauty. At sunset the ancient Egyptians would burn henna as an incense to invoke the spirit of Ra. In Morocco Henna is used to guard against misfortune. In India, North Africa, Southeast Asia and the Middle East, henna is seen as a talisman, a blessing upon the skin with the power to bring the wearer happiness and wealth. Attracts love if worn close to the heart. Wear to ward off the evil eye and provide protection from illnesses.

By **Kermeez Shroff**



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