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FROM THE EDITOR'S DESK

Let Go!

Dear Readers,

We are nature worshippers. We pray to the forces of nature and we learn from them. Being primarily fire-worshippers, our sanctum sanctorum holds fire or 'Atash Padshah Saheb' as we respectfully and lovingly beseech it. Fire teaches us purity, and thereby virtues like truth and goodness. And we venerate numerous water bodies - oceans, seas, wells - symbolizing 'Ava Yazad'. The oceans have a humbling effect on us and the wells endorse nurturing.

When religion is perceived in the right context, it can be a fabulous catalyst for its followers who seek not just spiritual evolution but also learning, which leads to a content and happier life. Inasmuch, we are blessed to be born into one of the best religions - Zoroastrianism, symbolized by fire... fire is light... and light is wisdom and learning. Mother Nature takes it upon herself to constantly help us learn and grow, mainly through her 'seasonal' communications.

So, what can we learn from the rains? To relent. To let go. Maybe that is the message-of-the-day and the need-of-the-hour that will help solve so, so many incongruities taking place in our world today, on all levels - as individuals who hold on to pain or anger or grudges; as a community/society that holds on to beliefs and destructive ideologies; as nations that hold on to policies that cost the lives and livelihood of its citizens; and even as a planet inhabited by individuals who hold on to the denial of global warming and depletion of natural resources.

Let's learn from the rains... it is, indeed, time to let go. And we need to start at the basic level - as individuals. Let's play the perfect metaphor to the rains - let's commit to let go and be washed of all the negativity within. Let go of the past, the hurt, the people, the losses, the words, the anger, et al so we can make place to accommodate the positives of the present and set the perfect stage inviting future goodies!

We gain the most when we let go - just as the skies gain back the bright sunlight when it unburdens those dark clouds from its blue chest, in the form of rains. So give yourself the chance to be driven by learning and light, not fear and darkness; be the empowered Zoroastrian you were destined to be. Let go!

Have a fun weekend!

Anahita

editor@parsi-times.com

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LETTERS TO THE EDITOR

Re: Mrs. K. D. Oomrigar's Letter About Worli Prayer Hall

Dear Editor,

In the issue of Parsi Times dated 16th July, one Mrs. Khorshed Oomrigar has expressed her views regarding the Worli Prayer Hall, which are factually incorrect. At the outset I would like to mention that during my visit to India a month back, I had attended a funeral ceremony at the said Prayer Hall and without any hesitation, I can say that the Prayer Hall is well-maintained, well-lit, airy and clean. The Prayer Hall also has facility for the ritual bath to be given to the dead body before the paidast ceremony. Our prayer book Khordeh Avesta, prayer caps, scarves and sandalwood are also made available at the Prayer Hall for the people who attend the ceremonies. After the paidast ceremony the body is placed on a stretcher by the relatives and the same is wheeled to the adjacent crematorium, wherein the staff of the crematorium helps in placing the body on

the conveyor of the electric furnace.

On the contrary, due to total absence of vultures the so-called 'traditional' Dokhmenashini system itself is dysfunctional and has undergone multiple changes like installation of Solar Panels (which actually burns the body part where the rays are concentrated), release of ozone gas, sprinkling of lime stone powder, spraying of bovine urine in the dakhmas and, last but not the least, in the guise of cleaning the bhandar of the Dakhmas, the bodies in different state of decomposition, are brought out and given a mass burial on the Doongarwadi grounds. Now, are all these trial and experiments carried out in name of 'traditional' dokhmenashini in line with religion?

Mrs. Oomrigar also mentioned that relatives of the deceased touch the dead body. I would like to remind her that in other cities there is no system of paid khandias and nassesallars. The actual

work of consigning of body to the Dokhma is done by the close relatives themselves. In fact, the body being carried and consigned by the near and dear ones is a very touching and blessed duty so as to be part of the final journey of the loved ones.

One other racist issue raised by Mrs. Oomrigar is presence of non-Parsis near the prayer hall. She needs to understand that this Prayer Hall unites the families in moments of grief and does not divide the families in name of religion. The non-Parsi spouse and their other family members and friends are all allowed to pay their last respect to the deceased without any discrimination. That is the true spirit of Zoroastrianism.

Thanks to the tireless efforts of true karmayogis like Dinshaw Tamboli, the Worli Prayer Hall is the answer to the clamour for alternate facility for those who are not willing to opt for the so-called traditional but now dysfunctional mode of disposal.

Ervad Ratan Unwalla

Freny Phiroze Elchidana

Passed away on 20.07.2016

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Sister Of:	Late Sam, Late Gustad, Late Behram, Godrej, Sarosh
Sister-In-Law Of:	Late Kety, Jeroo, Paris
Grand Mother Of:	Nazneen Nozer Kutar, Toranj Khushroo Pithawala, Kayomerz, Cyrus, Darayus
Grand Mother-In-Law of:	Maheet, Maheringiz, Meher
Great Grand Mother:	Naasha, Kharmin, Pakzan, Pakzin, Jenaya, Ayaan, Xerxes, Jehan
Fuji Of:	Hoshi, Kashmira, Kerman, Sanober, Late Marzban



Re: 'Senior Tenants Plea For Help' in PT dt. 16.7.16 By Rustom Irani And Friends

Dear Editor,

This is with ref to the above mentioned plea in

last issue's Letters To Editor. Unfortunately, the Rent Act, allowing rents to be frozen since the 1940's has contributed to such problems. If the tenants paid the market

Contd. on Pg. 03

LETTERS TO THE EDITOR

Contd. from Pg. 02

rent, such problems would not occur. Having got accustomed to paying just a few Rupees rent, tenants all over Mumbai, face similar problems. They don't want to pay more rent, nor do they want to pay for the repairs. So, who will bear this burden?

Anyway, with ref to their request for help, The Rent Act has several provisions available to take care of such problems:

- they can file a case against landlord and compel him to carry out the repairs.
- they can repair the building themselves and claim the money from the landlord.
- they can deposit their rent in court, if landlord is refusing to accept the rent.

Since MHADA is involved, the tenants can also take legal action against MHADA. You need guidance from a good Rent Act lawyer, who would properly guide them on what is to be done. If they want, they can send me copies of the relevant papers and I can get the basic legal advice from my lawyers. Then they can decide how they want to proceed. (I am a landlord and also a tenant, and have many rent related cases, so am quite familiar with the legal process and could put them in touch with proper legal advice).

They can email me at zoru@hotmail.com or call on 9821145767.

Zoru Bhatena

Misuse Of Trust Funds

Dear Editor,

I would like to bring a serious issue before the Community. The Karani Agiary at Cusrow Baug has been collecting funds for the last several years for the betterment of the poor and religious matters.

Hence, I read with shock in the Jam-e-Jamshed issue of July 10, 2016 that they along with Jam-e-Jamshed arranged a youth event called 'Bawas Love To Party' at the Radio Club on 25th June, 2016. It is said that nearly '200' Parsi youngsters came together for a meaningful evening (actually, only 100 came). If the Trust funds are used on affluent youngsters for eating, drinking and dancing, does it make it a meaningful evening?

The Karani Agiary Funds and the Kookadaru Trust Funds are collected for a serious purpose. In fact, one of the Trustees of these funds, who was previously sacked as treasurer of the Cusrow Baug league as he could not account for a sum of Rs. 6 lacs, also manages the Karani Agiary Funds, the Kookadaru Trust and is very close to Jam-e-Jamshed. God help the Parsi community!

Manek S. Talati

Call To Focus On Community's Survival

Dear Editor,

I feel extremely sick reading last two weeks issues of Jam-E-Jamshed and Parsi Times with letters from the Trustees of BPP and some seemingly engineered letters from some of your readers. All about who said what and one publication not being favoured for the advertisements from BPP! Have not the Parsi Press and the community lost their focus? As regards the situation about the Parsi Community, it is very clear that our numbers are dwindling fast and we will be less than 20,000 by the year 2050 or even earlier.

Is this not the only single issue we all should be thinking and talking about? If we do not care about our survival, then who will? Should not the only focus of Parsi Publications be 'how can we all combine to resolve our problem of survival?'

As I see the situation, since only our press can reach a large number of community members, they have a very vital role to play today. The time has come to forget their 'business policy' and start working on this single issue of survival. I am giving below some suggestions:

- First of all, you all will have to get together for this single cause. There cannot be any business rivalry coming in the consideration in this matter.
- Arrange to call for a one or two day's seminar to discuss 'Measures to be taken for 'Revival of Community'. Invite the priests, scholars, lawyers, social scientists and other prominent members of the community like Ratan Tata, Cyrus Mistry, Adi Godrej, Nasli

Wadia, Cyrus Poonawalla and other businessmen and industrialists. Discussions in this seminar will pave way to clear our thinking.

- Ask for essays, papers from all Parsis on the same theme and give prizes for the two best papers. (Though I am a pensioner, I will contribute Rupees one lakh for this project - I am sure many more will like to participate).

I am sure your efforts will be well-appreciated by all members of the community and will help the community come out from the its present confused state.

Kersee Kabraji,
Pune.

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C/O Mrs. Zareen J. Engineer,

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Ever since the inception of our Fund in 1969, we have been making a steady progress year after year including the recently concluded Financial Year ended 31st March 2016.

Our Fund's sole objective is to provide the financial assistance to our Community young boys and girls (Parsis and Iranis) who are poor and deserving and grant them maximum amount of aid to meet the ever increasing cost of education. We sincerely appreciate and count upon our generous donors and community members, such as you, who have been giving us substantial General and Corpus Donations to help achieve our Fund's objective.

The total Education Aid disbursed during the last Financial Year ended 31st March 2016 was **Rs. 57,75,800 to 683 students** who are poor and deserving boys and girls of the Parsi/Irani Community from Mumbai, Surat, Navsari, Pune and other parts of India.

During the last Financial Year, our Fund received total **General Donations of Rs. 22,95,004 and Corpus Donations of Rs. 6,18,000** respectively. Corpus Donations are invested in approved securities and only the income derived from such investments is utilized for giving Educational Aid.

Establishment Expenses are kept to the bare minimum for inevitable expenses.

Kindly draw your cheque(s) in favour of "MANCHERJI JOSHI MEMORIAL EDUCATION FUND" and mail it to the above address. Please be advised that as per Income Tax rule, every donor is required to provide his/her (1) PAN CARD No. and (2) Full Mailing Address to the Trust at the time of making the donation. Hence, we in return, request you to adhere to this requirement of the Income Tax Office regarding donations.

Thank you for your valuable support, we remain.

Yours sincerely,

Mrs. Zareen J. Engineer
President

Ms. Katy R. Bharucha
Jt. Hon. Secretary



Kerfegar Eduljee

Monsoon Mechanics

The continual advent of new technology in two-wheelers, especially motorcycles, constantly increases not only their reliability but also their safety quotient. But no matter how safe they are made, there are still some essentials we need to deal with, especially during the monsoons. **Kerfegar Eduljee** brings you a few basics of motorcycle care and maintenance in the rains...

Air filter: Can you breathe freely if your lungs are clogged? Metaphorically, think about air filters as the lungs of your motorcycle. A mucky and a moisture laden filter will cause impediment on a two-wheeler's performance as well as mileage.

Air filters, as a thumb rule, always need to be dry and dust free. The same applies if your two-wheeler uses a carburettor.

Battery and Fuse: Run a check on the battery's distilled water level and top-up if required. Ensure the terminals are white-

greased and firmly connected to the wires. In all likelihood, your motorcycle would be running on a maintenance-easy, dry battery. A common reason for a breakdown is also a faulty fuse. Carry a spare fuse in your tool kit.

Brakes: Needless to state, it is imperative to have functionally effective brakes especially in the rains. One generally notices a squeaky noise emitting from the brakes when they are activated, obviously on account of water seeping in. The sound is not just intrusive but also reduces the responsiveness of the brake. One needs to check on the (drum brake) liners and replace them, if worn out. Also ensure the drum links are adequately lubricated. For a disc brake set up, check on how worn out the brake pad is, and importantly, also check the brake fluid level. Ensure that you leave twice the braking distance during rains between you and the vehicle in front.

Cables: Check on the clutch, accelerator and brake cables for signs of creakiness and wear. If you have a doubt, replace. Better to do so than get caught in a downpour on a perfectly functioning motorcycle, with a broken cable.

Chain: One of the most easily soiled parts during the rains, slush, grime and dirt get easy access to the chain, more likely in motorcycles without the full chain cover. This causes the vehicle to lose performance as it creates a drag on the sprocket. It's best to keep the chain clean and oiled. Alternatively, one



may coat it with graphite spray too. Also check for any chain slack, if more than the regular threshold.

Oils and Fluids: It's preferable, prior to the onslaught of monsoon, to run a check on the engine/gear oil levels. Replace or top-up as necessary. If you're still (luckily) running a two stroke then refill the 2T oil tank. Coolant (for liquid cooled engines) as well as the brake fluid levels requires to be checked upon too. Often missed are the fork oils and a check for any weeping fork oil seal.

Spark plugs: Try and install a spark plug cap which has a rubber sealing ring on both the plug as well as the coil side. Makes sense to carry a spare too.

Tyres: Chances of skidding are max during the rains. Scrutiny of tyres for cracks, uneven tread wear and a tread life of at least 3mm is a given. Some prefer to under-inflate the tyres by around 2psi. Whilst we discuss the dangers of skidding, there is also a fear of aquaplaning. Aquaplaning or hydroplaning, occurs when the water between your tyres and the road surface cannot be removed quickly enough. A tyre

travelling through water pushes a wave ahead of it. When the tyre tread hits the water at the front of the contact patch, it increases the water pressure. If it becomes greater than the average pressure of the tyre on the road surface, then the tyre will not be able to disperse the water, and it will lift off the road surface. This loss of traction causes the wheels to slip and prevents the vehicle from responding to steering, braking or accelerating. As a result, your vehicle can go out of control, start to spin or skid.

What more?

Well you could choose to...

- Teflon coat the painted areas.
- Apply anti-rust or a coating of white grease on the chrome parts. Caution: the grease could spread on to the tyre from the rim and cause the two wheeler to skid.
- Buy a riding cover for your motorcycle as well as a cover for the fuel cap.
- Fix an additional reflector or a reflector tape (red) at the rear of the vehicle.
- And most of all, try and keep it clean!

Ride Safe!



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station of ambitions, zest and energy. It's beautiful to witness the new generation filled with dedication and excitement towards exploring the world with the finest quality and detailing.

Keeping in mind the weather and from Benaz's beautiful eyes, I was instantly inspired to whip up a monsoon inspired look. After prepping her face with moisturizer and primer and testing the perfect shade of liquid foundation on her jaw-line, I blended in some illumination crème into it and

stippled it with a brush on her face; highlighted her cheeks with a soft cream blush and some incandescent illustration dust.

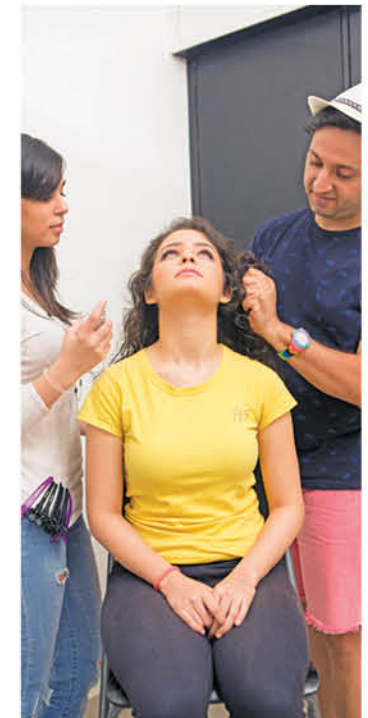
I decided to give her a slightly high-end 'au naturale' look inspired from a 'mid-summer night's dream' feel. Her eyes, though were lightly smoky with a deep purple, I left the inner corners bright and sparkling. After filling her natural brow line and slapping on a healthy coat of waterproof mascara and liner, Benaz truly looked transformed from the

girl next door to a fairytale lass!

Benaz has beautiful, naturally, twirly hair. Avan and I decided to enhance her curls by scrunching them using some product and anti-frizz spray keeping in mind the humidity. After giving her a twisted and half parted hairdo, I added a touch of serenity with a few small white flowers to complete the look.

Obviously, we couldn't have captured this quaint yet fun look without Rehan's photography, which captured

her radiating beauty from start to finish. After some awesome teamwork and creative juices flowing, I present to you my first PT Makeover of the Year. I hope you enjoy it as much as we enjoyed working on it. So keep sending in you images and let me know why you deserve a makeover... Maybe you could be in the next PT Makeover.



BEFORE



AFTER

"The make-over was amazing. Arshis completely transformed me! He enhanced my beauty and made me look gorgeous. He is a very talented artist. Thank You Parsi Times for giving me an opportunity to be a part of this wonderful event."

Benaz Contractor,
PT's Make Over Model, chosen by Arshis.

PHOTOS COURTESY REHAN DARUWALLA

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Parsi Times is excited to offer 'Make Over Magic By Arshis Javeri'. Look stylish and get famous! Interested readers are requested to mail us your pics along with your reason for opting for a make over, at contribute@parsi-times.com. Arshis will select the lucky girls/ladies for the Make-Overs and PT will share his magic in the oncoming issues!



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Thou art the beginning and Thou art the end of all, Ahura Mazda. Thou hadst no beginning and Thou shalt know no end. Long,

long ages ago, ere creation came into being through Thy creative will, Thou didst live in sublime solitude. When Yazatas were not and Amesha Spentas were not, and the Fravashis existed as the contents of Thy divine mind, when heaven was not and earth was not, when water and plants were unknown, and animals and men were unheard of, Thou alone wert, O Thou above and beyond time.

The age of the earths and

suns and moons and stars and planets on earth and of angels and archangels in heaven can be counted. Thou alone art ageless. In vain does man dream of measuring Thy age. Human thought cannot reach it. Thou alone can comprehend it.

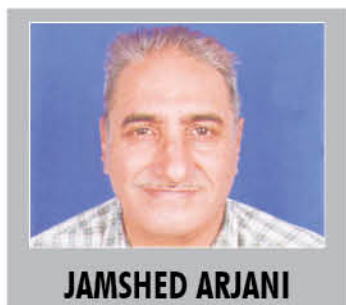
Thou art the dawn of creation, there was rejoicing and happiness in Thy divine household, for it was the birthday, the first of all birthdays, human or divine, of Vohu Manah, the first of

Thy creation. The angels and the archangels above and men and women below, have ever since made their birthdays auspicious occasions for Thanksgiving and joy. Thee has no birthday, for there is no day of Thy birth, O Giver of universal births.

Thine is Zrvan Akarana, the Boundless Time, he, the hungerless and thirstless, ageless and deathless. Thine alone is eternity and neither the Yazatas nor the Amesha Spentas share it with it.

Born in time, they will live everlastingly. Man, born in time, has to die his bodily death before he too will live forever.

Boundless is the ocean of eternity, bounded neither by shore nor horizon. Righteous in life and righteous in death, I long for the grand and glorious day when, breaking the mooring of the earthly life, my immortal soul will embark upon the exhilarating voyage on the waters of Thy Boundless Time, Ahura Mazda.



JAMSHED ARJANI

Angel Sarosh Yazad – Part II

In the second and conclusive part of this special series, **Er. Dr. Ramiyar Karanjia** enlightens us about the Angel Sarosh Yazad, who protects our mortal form and our soul from birth to Judgement after our passing and who we venerate as the voice of human conscience and consciousness. **PT Reporter Jamshed Arjani** shares interesting insights, as explained by Er. Dr. Ramiyar Karanjia.

PT: Why is Sarosh Yazad entrusted with the responsibility of protecting us, especially at night?

Er. Karanjia: Sarosh Yazad is the most powerful Yazad against evil, especially at night (Paschahu frashmodaitim from Sarosh Yasht - Vadi). His protection can be asked for and wished for at night by either praying the short Nirang of the Sarosh Yasht Vadi thrice or by saying the words Sarosh Yazad Panāhbād, meaning "May Sarosh Yazad protect you" before going to bed. Hence, the Nirang of the Sarosh Yasht Vadi describes him as 'Pasban', the protector. The words 'Ahunem Vairim Tanum Paiti' describe the Ahunavar prayer as his weapon with which he protects our human

body during our lifetime and after death.

PT: Why is Sarosh Yazad believed to have sung the Gathas before the advent of Prophet Asho Zarathushtra in the world?

Er. Karanjia: Sarosh Yazad is the angel who brings Divine guidance and revelation, and is our source of connection to the Divine intelligence. As the Gathas of Zarathushtra were communicated to him by Sarosh Yazad, it is stated in the third Karda of Sarosh Yasht Vadi, that Sarosh Yazad was the first to sing the five Gathas.

PT: Please explain how Sarosh Yazad protects the soul after the demise of a Zoroastrian.

Er. Karanjia: Sarosh Yazad is the protector of the souls of



the living as well as the dead. Immediately after death, when the soul leaves the body, its state is like that of a new born child. Sarosh Yazad looks after the soul for the first three days and nights, till the Judgement of the soul takes place on the dawn of the fourth day after death. On the

fourth day after death, Sarosh Yazad guides the soul of the deceased across the Chinwad Bridge, a figurative spiritual bridge which links the material world to the spiritual world. The Chinwad Bridge resembles a beam of which one side is broad, while the other narrow and sharp. The souls of the righteous cross the bridge without difficulty to heaven but the souls of the wicked people plunge into the abyss of hell. Sarosh Yazad is also present at the time of the Judgement. Hence all rituals performed for the soul for the first three days and nights are done with the invocation of Sarosh Yazad. Sarosh Yazad is also invoked in all Afringan prayer rituals for the departed



ones. **PT:** Which are the main prayers to elicit the protection of Sarosh Yazad?

Er. Karanjia: The main prayers and rituals dedicated to Sarosh Yazad are the Sarosh Baj, Sarosh Yasht Hadokht and Sarosh Yasht Vadi, the Baj of Sarosh specially prayed before a bath or a funeral, the Baj Dharna ritual of Sarosh Yazad which is different from all other Baj ceremonies and requires 6 'Darans' and the Sarosh No Kardo or the Sarosh Nu Patru. The Vahishtoisht Gatha says that Asho Sarosh Yazad has taken the responsibility of fulfilling Pak Ahura Mazda's mission to create a Universe of goodness!

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NOSHIR H. DADRAWALA

Aspandarmad – The Divinity Embodying Piety And Devotion

The current month, *Aspandarmad* / *Spendarmad* is the twelfth and last month of the Zoroastrian calendar. This holy month is dedicated to *Spenta Armaity* - the Divinity that presides over Mother Earth.

The term *Spenta* has been variously translated as increasing, growing, good, holy and benevolent; while the term *Armaity* has been variously translated to mean devotion, piety and peace. In other words *Spenta Armaity* is an Amesha Spenta that advances peace and piety in this world. Little wonder she has been constantly referred to in the *Gathas*.

One of the religious traditions of the faith requires every Zoroastrian, on waking up in the morning to recite one *Ashem* and offer salutation to *Spenta Armaity*, by touching

the ground and then the forehead three times. This is in order to seek both forgiveness and blessings. Forgiveness is sought right at the start of the day for all acts which may be committed knowingly or unknowingly by the devotee that may burden the earth. By way of blessings, the devotee aspires for *Spenta Armaity's* qualities of devotion, peace and piety.

Earth has the patience of the millennia. It carries all loads and burdens calmly and quietly. It has the quality of converting even waste like dung to useful fertilizer. The devotee aspires to imbibe some of these very qualities in his/her life through this simple but ennobling ritual.

Just as *Spenta Armaity* converts the negative to positive, the devotee also hopes and prays every morning that he/she may transform all that is negative in his/her life and the world, to something positive, good and useful.

Every year on *Aspandarmad* *Roj of Aspandarmad Mah*, Zoroastrian priests write the

Nirang of Aspandarmad, which devout Parsis paste on the front entrance of their homes. This *Nirang* is believed to ward off all forces of evil:

The Nirang is written as follows:

"Pa nam is Dadar Hormazd! Roj Spendarmad, Mah Spendarmad, bast hom zafr l hama khrafastaran, devan, drujan, jadian, parivan, sastaran, kikan, karpan, vanahkaran, duzdan, gorgan, stahmakan, pa nam i yazad, pa nam i tag Faridun, pa nam i tishtar stareh, pa nam i Satavas, pa nam i Vanant stareh, pa nam i oshan starekan Haftoring. Ashem Vohu....."

Free Translation:

In the name and with the help of *Dadar Ahura Mazda!*

On the day *Spendarmad* of the month *Spendarmad*, with the help of the *Yazads*, *Faridun*, the holder of *Tagi*, with the help of the stars *Teshtar Tir*, *Satayas*, *Vanant* and *Haftoring*, I hereby bind the mouths of all *Devs*, *Khrafastars*, *Druji* holders, magicians, evil fairies, evil power users, the willfully deaf and the willfully blind, evil

doers, thieves, wolf-like men and tormentors. May the *Ashem Vohu* help me do this!

The last 10 days of the Zoroastrian calendar (i.e., *Roj Astad* to *Aneran* and the independent five days of the *Gatha*) are considered to be very holy, as doctrinally it is believed that during this period, the *fravashis* of the righteous dead, come down from their spiritual world into this material world and bless all those who remember and pray for them.

During the *Fravardegan* or *Muktad* days, Parsis offer special prayers for the *fravashis* of their near and dear ones. The *fravashi* or *farohar* is the Divine essence, which is wholly pure and good. It is not to be confused with the *ruwan* or soul.

The Avestan word "*fravashi*" comes from the word "*Fra*" (to take forward) and "*vaksh*" (to grow). In other

words, *Fravashi* is that spiritual essence or power that takes every good creation of *Ahura Mazda* forward and helps it to grow. *Fravashi* is also a prototype, which is believed to have existed before the material creation. Even *Ahura Mazda* and His Divine Energies, the *Amesha Spentas* and the *Yazatas*, are said to be having their own *fravashis*. Plants, animals, mountains and rivers also have their own *fravashi*. They are guardian spirits of the souls of the dead and protect and guide the souls of the living, as well.

The *Muktad* or *fravardegan* days essentially center around the family and until a few decades ago were observed largely at home. Today, with urbanization, small flats and difficulty in observing ritual purity at home, the focus has shifted from the home to the fire temples.

NOTICE

IN THE BOMBAY CITY CIVIL COURT AT BOMBAY SHORT CAUSE SUIT NO. 7832 OF 2000 (HIGH COURT NO. 623 OF 2000)

Miss Zinobia Faredum shroff

Plaintiff

Versus

1. Pestonji Byramji Javat (deceased)

1 (a) Maharukh Pestonji Javat

2 Unit Trust of India

3 Tata Chemicals Ltd.

Defendants

To

Maharukh Pestonji Javat,
Daughter of Pestonji B. Javat,
Battery House, 74 Bhulabhai Desai Road
Breach Candy, Mumbai 400 026.

GREETINGS : WHEREAS the abovenamed Plaintiff has filed a plaint in this Honourable Court against you the abovenamed Defendants whereof the following concise statement of the suit viz.

- That this Hon'ble court be pleased to order and Decree the Defendant to pay to the Plaintiff a sum of Rs. 1,06,000/- (Rupees One lakh Six thousand only) with further interest on Rs. 1,00,000/- (Rupees one lakh only) at the rate of 18% per annum from the date of filing of this suit till payment.
- That pending the hearing and final disposal of the suit, the court Receiver High Court, Bombay be appointed as a receiver of the Securities mentioned in Exhibit 'A' and 'B' and the Plaintiff be appointed as Agent of the Court Receiver.
- And in the alternative that pending the hearing and final disposal of the suit, the Defendants be restrained and ordered by an injunction from creating third party rights and selling transferring and disposing of the securities mentioned in Exhibit 'A' and 'B'
- Ad interim and interim reliefs in terms of prayer clause (b) and (c)
- For cost of this suit.
- For such other and further relief as this Hon'ble Court deems fit and proper.

You are hereby summoned to appear in this Honourable court, room No. 13 on 12th day of August, 2016 at eleven O'clock standard time before His honorable Judge Shri A.U. Perampalli, Who is presiding in court Room No. 13 in person or by an advocate instructed and able to answer all material questions relating to the suit or who shall be accompanied by some other person able to answer all such questions to answer the abovenamed Plaintiff and as the day fixed for your appearance is appointed for the final disposal of the suit, you must produce all your Witnesses on that day, and you are hereby required to take notice that in default of your appearance on the day before mentioned, the Suit will be heard and determined in your absence, and you will bring with you or send your advocate, any document in your possession or power containing evidence relating to the merits of the Plaintiff's case or upon which you intend to rely in support of your case.

Given under my Hand and the seal of this Hon'ble Court.

Dated this 23rd day of July 2016.

Shri P.G. Pravin
Sd/-

Advocate of the Plaintiff
C/o. Adv. V.T. Tulpule, 65 M.G. Road,
2nd floor, fountain, Mumbai 400023.

ADDL. REGISTRAR,
CITY CIVIL COURT,
BOMBAY

'CLOUDBURST CAMP'



ZOROASTRIAN TRUST FUNDS OF INDIA (ZTFI) Monsoon 'YOUTH CAMP'.

Upon receiving an overwhelming response and to fulfil several requests, we are increasing the headcount of the Campers who will join us at the Khandala Youth Camp which takes place on July 30 & 31, 2016.

For those currently left out, we will be accepting forms till July 25, 2016. A Passport size photograph will be collected along with the form.

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Gilder Baug	: Zubin Nagla	- 98338 23852

ZTFI Office: 676, Faredoon Terrace, Opp. Bank of India, Katrak Road, Wadala (W), Mumbai - 400 031.

Phone: 86521 90527 Email: admin@ztfi.org Website: www.ztfi.org

KHANDALA BECKONS!!

Enhancing Long-Term Memory



MINOO JOKHI

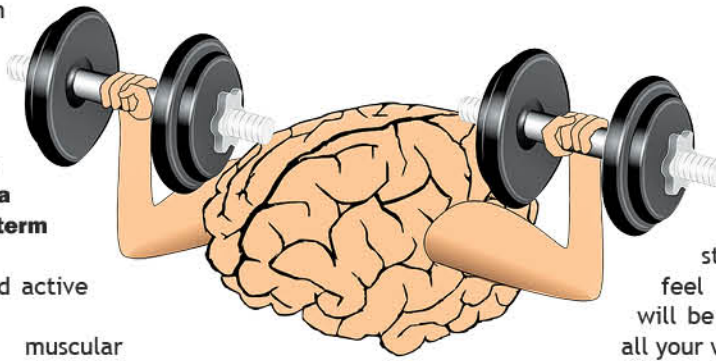
We read a lot of stuff all the time, in the form of books, articles, brochures, pamphlets and newspapers. But how much are you able to retain over a period of time? Is it a tenth or a hundredth of all the information that you read? Students generally put in great effort while studying, however, much of it goes waste due to low retaining powers- or what we term as, 'Short Term Memory Loss' (STML).

One of the prime reasons for STML, is the lack of focus, concentration and confidence. A strong memory depends on the vitality of your brain. Whether you're a student studying for your exams, a professional working in a MNC, or a senior looking to preserve and enhance your grey matter as you age, there are lots

of things you can do to improve your memory and mental performance.

Eight steps to inculcate a permanent long-term memory:

- Remain alert and active at all times.
- Memory, like muscular strength, requires you to 'use it or lose it'. The more you employ your brain, the better you'll be able to process and remember information. The best brain exercise is to break your routine and challenge yourself to use and develop new brain pathways.
- Instead of saving all numbers on your cell phone, start remembering at least a few numbers.
- Have fun! You might spend long hours slaving behind a desk but try and also focus on things that make you happy. Spend time thinking and improvising on new and exciting ways to make life more fun and enjoyable.



This can boost your memory potential.

- For school and college students, it is important to write. Avoid mere oral studying. Read-Link -Revise-Write.
- Avoid getting overconfident or feel that you know everything.
- 'Fake it, till you make it'. If you fail to recollect your studies even after regular hours of hard work, the way to deal with it, is to create a feeling of confidence and happiness. Believe that

you have memorized it. At first this feeling might not be real, but over time you'll start to actually feel confident and will be able to recall all your work.

- Yoga and meditation helps. Along with Brahmamudra, try Bhramari Pranayama as it is very effective in instantly calming your mind. Fail once, fail twice, fail thrice but never give up!

Along with these ten steps, some Brain-Boosting exercises include:

- Aerobic exercise is particularly good for the brain. Choose activities that increase blood circulation. In general, anything that is good for your heart is great for your brain.

- Does it take you long time to clear out the sleep fog when you wake up? If so, you may find that exercising in the morning before you start your day makes a big difference and it also primes you for learning throughout the day.
- Physical activities that require hand-eye coordination are particularly beneficial for brain building.
- Exercising enhances thinking capacity. A short walk or regular skipping helps boost your brain.

Conclusion: Have self-belief that it is possible to have a long term permanent memory, through determination and discipline.

Minoo Jokhi is a Mathemagician and Memory Development Trainer. You can visit his website at www.minoojokhi.in

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MEHRAN FELFELI

I had earlier articulated the reasons for introspecting as an investor. In this article, I digress a bit from the usual investment gyaan and showcase how fortunate we are for investing in our own country! Why is it that every tycoon wants to own a piece of India? India boasts of being the world's fastest-growing economy and the planet's biggest population of the millennium. We are the envy of economic titans like America and China, where one is struggling to grow half as fast as us and the latter is binging on piles of bad debts which are a ticking time bomb.

India enjoys the best demography compared to any other nation. Two-thirds of Indians are below the age of 35, unlike China. You can see why the likes of Facebook, Uber, Alibaba, Amazon and Google are falling over themselves to establish footholds here. Wouldn't you, as an outsider,

India Is The Place To Be!

be lured if you knew that India is the world's fastest growing e-commerce? Every second three more Indians experience the internet for the first time. By 2030 more than a billion of us will be online!

International Monetary Fund quotes, "India is the bright spot in the global landscape". Amongst the BRICS



nations, Brazil is in entangled in corruption, Russia is bearing the brunt of low crude prices, China is slowing down due to artificial spending with borrowed money, and South Africa's economy is contracting... but India shows the highest GDP growth rate.

Let's get down to some serious numbers. Foreign Direct Investment (FDI) inflow has increased 29% during April 2015

- March 2016, to reach USD 40 billion, as compared to same period last year. India's foreign exchange reserves were USD 360.90 billion in the week up to May 20, 2016. Mutual Funds asset base of Equity Funds and Equity Linked Saving Scheme (ELSS) has increased to Rs 3.57 trillion (USD 53.23 billion) in April 2016 from Rs 3.45 trillion (USD 51.74 billion) in March 2016. Private Equity (PE) investments for the January-March 2016 quarter stood at USD 2.96 billion as compared with USD 3.9 billion during October-December 2015 quarter.

India has become a giant whose every step will leave indelible footmarks. So stay invested in your country when investors from all over the world are jostling for a market share to get a piece of the lucrative pie - our own India.

Mehran Felfeli
owner of investment and consultancy firm - 'Ethix' is open to answering any relevant queries on handling your finances.
Mail him at:
mehran@ethix.net.in
or visit his website on
www.ethix.net.in

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ZYNG's '32 First Dates'!

By Pearl Tirandaz

32 Girls. 32 Boys. 32 First Dates. ZYNG organized its 5th Speed Dating event, '30 First Dates' at the Royal Yacht Club of Mumbai on 17th July. 64 people attended the event, interacting with each other, discovering their common and maybe not-so-common interests. Porous Dubash started the eve with a few fun ice-breaker games. This was followed by the 'one-to-one session', where every participant got to spend three minutes with a new person,

giving them the opportunity to mark out or show a preference for fellow participants that they would like to get to know better. ZYNG will share the contact details of participants sharing a mutual preference for each other, thereby facilitating the opportunity to take the acquaintance further. The evening ended with dancing and dinner.

ZYNG also held an online contest asking members to share their most hilarious/ embarrassing dating

experiences! The winning entry by Feroza Bharucha, who won a meal for two at Trattoria (Vivanta by Taj President), reads:
*My first (matrimonial) date
 Came an hour late,
 Was overweight
 Dogs he did hate
 Was interested only in his food plate
 Need I mention, further meetings I had to terminate
 & I hopefully wait for the right mate...
 17th July @ ZYNG SPEED DATE!*

Dr. Cyres Mehta Felicitated By IIRSI



Dr. Cyres Mehta Awarded Gold Medal of IIRSI by Prof. Bellucci

Leading Ophthalmologist, Dr. Cyres K. Mehta was awarded 'The Gold Medal Of IIRSI (Indian Intraocular Implant & Refractive Society)' by Prof Bellucci, President Of European Society Of Cataract And Refractive Surgeons at the International Conference For Advances In Eye Surgery held

at Hotel Renaissance, Powai on 18th June, 2016. Dr. Mehta was awarded this recognition for his expertise in Advanced Robotic Laser Cataract Surgery, whereby a laser painlessly melts the cataract in all of 30 seconds; and a new technique, 'SMILE', that enables perfect vision without spectacles

without cuts, unlike LASIK. Mehta studied laser cataract surgery under its very inventor, Prof. Howard Fine in 1999, in the USA. He returned to India in 2001 and heads the arena of eye surgery. Operating from his International Eye Center clinic at Colaba, Dr. Mehta was among the first in India to implant 'Multifocal' lenses and perform a new surgery called 'Canaloplasty' for glaucoma. Speaking with Parsi Times, Cyres Mehta said, "It's my goal to use the most advanced technology for the best outcomes in eye disease treatment. As noted by famous science fiction writer, Arthur C. Clarke, 'sufficiently advanced technology is indistinguishable from magic!'"

RELIGIOUS ANNOUNCEMENT

Salgreh Jashan of Bai Soonabai Hirji Jivanji Readymoney (Soonaiji) Agiary

The 204th Salgreh Jashan Ceremony of Bai Soonabai Hirji Jivanji Readymoney (Soonaiji) Agiary (Gowalia Tank) will be held on 01st August, 2016. A Jashan Ceremony will be performed by Trustees at 09.30 am. and Contributory Jashan will be performed at 05.00 pm.

બાઈ સુનાબાઈ હીરજી જીવનજી રેડીમની (સુનાયજી) અગિયારીની શુભ સાલગ્રેહ

ગોવાલ્યા ટેન્ક મધે આવેલી બાઈ સુનાબાઈ હીરજી જીવનજી રેડીમની (સુનાયજી) અગિયારીની ૨૦૪મી શુભ સાલગ્રેહ તા. ૧લી ઓગસ્ટ, ૨૦૧૬ને દિને ઉજવવામાં આવશે. જશનની ક્રિયા સવારે સ્ટે. ટા. ૯.૩૦ કલાકે ટ્રસ્ટીઓ તરફથી તથા સાંજે સ્ટે. ટા. ૫.૦૦ કલાકે કોન્ટ્રીબ્યુટરી જશન કરવામાં આવશે.

167th Salgreh of Aslaji Agiary

The 167th Salgreh of Aslaji Agiary will be held on 1st August, 2016 (Roj Behram, Mah Asfandarmad). A Machi will be held on Monday morning at 6.30 am, followed by a jasan at 9 am. A jasan on behalf of the residents of Shahpoor Baug will be held at 5pm.

અસલાજી અગિયારીની ૧૬૭મી શુભ સાલગ્રેહ

અસલાજી અગિયારીની શુભ સાલગ્રેહ રોજ બહેરામ, માહ અસ્ફંદાર્મદ ય.અ. ૧૩૮૫ને તા. ૧.૦૮.૨૦૧૬ને સોમવારે સવારે સ્ટે. ટા. ૬.૩૦ કલાકે માચી ચઢાવવામાં આવશે તથા સવારે સ્ટે. ટા. ૯.૦૦ કલાકે જશનની ક્રિયા કરવામાં આવશે. શાહપૂર બાગના રહીશો તરફથી સાંજે સ્ટે. ટા. ૫.૦૦ કલાકે જશન કરવામાં આવશે. સર્વ હમદીનોને આમંત્રણ છે.

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4) Sikander S. Chimbaiwala	95.8%
5) Farzeen P. Harver	95.8%
6) Arzan R. Bharucha	95.0%

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BEPSY K. FITTER & GODREJ K. FITTER FUNDS

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2) Eireen B. Bharucha	93.69%
3) Delna M. Talati	92.77%
4) Zenia K. Machhi	91.69%
5) Tinaz A. Doctor	91.08%
6) Deanne R. Umrigar	91.08%
7) Khurshid M. Engineer	91.08%
8) Mozaane F. Modi	91.08%

All the above Prizes will be given from our office premises on 29th July, 2016 at 11.00 am.

We congratulate all the applicants and wish them all the best for their future.

Mrs. Shernavaz R. Patel
 Hon. Secretary

Pet Puja: Leaf It Alone

India's pioneering canine behaviourist and trainer, **Shirin Merchant** talks about the various 'Toxic plants' you should keep away from your pet.



SHIRIN MERCHANT

Castor Bean

Poisonous part: The entire plant but the seeds, especially are very toxic.

Clinical signs: The poisonous principle in 'Ricinus communis' is 'ricin', a highly toxic protein that can produce severe abdominal pain, drooling, vomiting, diarrhea, excessive thirst, weakness and loss of appetite. Severe cases of poisoning can result in dehydration, muscle twitching, tremors, seizures, coma and death. Ingestion of even one or two seeds can cause death. The plant also causes dermatitis.

Caladium

Poisonous part: All parts of the plant

Clinical signs: Loss of balance, oral irritation, intense burning and irritation of the mouth, lips, tongue, excessive

drooling, tremors, seizures, vomiting, and difficulty in swallowing.

Jasmine

Poisonous part: Foliage, flowers, sap.

Clinical signs: Weakness, seizures and respiratory failure.

Dieffenbachia (Dumb Cane)



Dieffenbachia

Poisonous part: Leaves

Clinical signs: Oral irritation, intense burning and irritation of the mouth, lips, tongue, excessive drooling, vomiting, difficulty in swallowing.

Philodendron

Poisonous part: The whole plant.



Philodendron

Clinical signs: oral irritation, intense burning and irritation of the mouth, lips, tongue, excessive drooling, vomiting, difficulty in swallowing, seizures, diahorrea, and can be fatal.

Poinsettia

Poisonous part: Leaves, stem and sap.

Clinical signs: Diarrhoea,



Poinsettia

abdominal cramps, delirium. Sap can cause irritation, and if rubbed in eyes - blindness. The plant also causes dermatitis.

Oleander

Poisonous part: all parts of the plant.

Clinical signs: All parts of Nerium oleander are considered to be toxic, as they contain cardiac glycosides that have the potential to cause serious effects—including gastrointestinal tract irritation, abnormal heart function, hypothermia and even death.

Lantana

Poisonous part: foliage, flowers, and immature berries.

Clinical signs: Lantodene, an atropine-like toxin - affects the lungs, heart, kidneys, liver and nervous system.

Hydrangea

Poisonous part: All parts of the plant

Clinical signs: Seizures,

dizziness, rapid Breathing, irritation and inflammation of the digestive tract, diarrhea, bloody stool.

Bleeding Heart

Poisonous part: Foliage, roots. **Clinical signs:** Poisonous in large amounts, contains convulsants, including isoquinoline. The plant also causes dermatitis.

If you suspect your dog has ingested a poisonous plant, and is showing symptoms, immediately rush it to your vet along with a sample of the plant. Whilst most of the plants listed are harmful to pets, if your pet has existed alongside these plants without any problems, then there is no need to remove the plant from your garden.

Shirin Merchant looks forward to answering all relevant queries from our readers. Please write in to: k9cancare@hotmail.com or mailparsitimes@gmail.com

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(०२२)२४१४७६४२
जालस ट्रेडिंग कंपनी: ११, ईशरा स्ट्रीट,
कोलकाता-७००००१ • फोन: (०३३) २२२५४४८१.



DR. MUKESH BATRA

Q.: My sister gave birth to a healthy baby a few weeks ago but she's now showing signs of depression and even tends to avoid her child. We want to avoid psychiatric medications. Can homeopathy help?

Dr. Batra: Your sister seems to be suffering from puerperal depression which usually occurs during the first few weeks of childbirth. I would recommend interpersonal psychotherapy for your sister and counseling for her husband and other family members, to help them realize the importance of making her feel comfortable and relaxed during this time. A detailed case history will be required to prescribe the appropriate homeopathic remedy. Meanwhile, she could take 3-4 tablets of Kali Phosphoricum 6X, twice a day.

Your Guide To Homeopathy

Getting to the root of illnesses, **Dr. Mukesh Batra** presents PT readers an exclusive four-part series that provides answers to the most frequently asked questions related to Homeopathy.

Q.: I am a fifty-six-year-old man and I've been suffering from erectile dysfunction since the last few months. Please help me.

Dr. Batra: Erectile dysfunction can occur due to a number of physical or psychological factors such as hormonal changes, diabetes, increased cholesterol levels, anxiety, depression and stress. You may have to undergo certain tests to rule out these conditions. I would recommend regular exercise, mental and emotional relaxation and following a balanced diet. For now, you can take 4-5 homeopathy pills, Lycopodium 30C, once a day.

Q.: I get feverish and suffer from pimple spots and weight gain just around the time of my period. This settles down a day or two after my cycle ends. Please advice.

Dr. Batra: Your symptoms are characteristic of premenstrual syndrome [PMS], a common condition caused due to

hormonal fluctuations in menstruating women. Studies suggest that 85% of women have at least one of the following PMS symptoms as part of their monthly cycle: breast tenderness, fatigue, gas, constipation or diarrhoea, headache, appetite changes, musculoskeletal pain, irritability and mood swings. I'd suggest you try 4-5 pills of Pulsatilla 200C, once a day.

Q.: I have been diagnosed with ankylosing spondylitis. Please help.

Dr. Batra: Ankylosing spondylitis [AS] is an inflammatory disease of the joints, especially the spine and sacroiliac, with variable involvement of the peripheral joints. This autoimmune disorder eventually causes fusion of the spine. Men are three times more likely to develop this disorder. While constitutional homeopathic treatment, under the guidance of a local homeopath, may be required for better results, I'd

suggest that you try 5 pills of Rhus Tox 30C, twice a day, for relief.

Q.: I'm a 35-year-old working woman, prone to constant stress and distress. I was diagnosed with stomach ulcers a few years ago. My allopathic physician has given me multiple courses of medication but the ulcers always return. Can homeopathy help?

Dr. Batra: Stress is usually the main cause for ulcers as also for flare-ups of asthma, high blood pressure and diabetes in most of my patients. Taking 5-6 pills of Natrum Phosphoricum 30C daily, for a month, may help you. Try to also set aside 15-20 minutes for meditation every day. Include licorice [extract] in your diet, as that helps heal the lining of the stomach.

Mail your queries on:
contribute@parsi-times.com
OR
dr.batra@drbatras.com



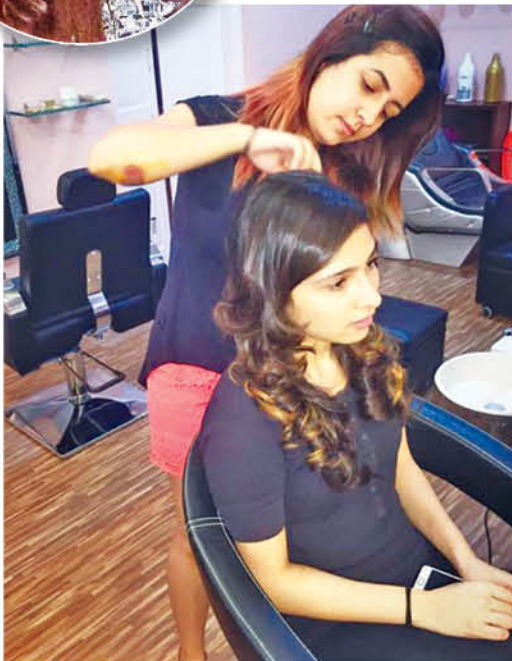
DELAVEEN TARAPORE

'The Hair Story'



PT Push is dedicated to encouraging all entrepreneurs in our community by providing them the proverbial 'Push' so as to facilitate them with the much-needed visibility, which plays the most crucial role in encouraging any business. Bianca Engineer's passion for make-up and beauty led her to set up her own salon in Dadar where she is fast gaining an increasing clientele for providing them with customised haircuts to best suit their personalities and style. **PT Special Correspondent, Delaveen Tarapore**, speaks with Bianca...

PT: How would you describe yourself?
 Bianca: I am a young, dynamic girl who has her priorities set and I work towards adjusting my strengths and abilities to achieving those goals. I've always been open to learning new things, and that further fuelled my passion for creativity. As a hair stylist and make-up professional, I started off by equipping myself with the right professional training for the tresses and cosmetic aspect of beauty.



PT: What got you to start your own salon?
 Bianca: After my training, I picked up a job with a salon. The experience helped me realize my true potential and the constant encouragement

and constructive feedbacks from my clients, ultimately inspired me to set up my own salon. 'The Hair Story' is a name that struck me instantly and

I immediately related to it, as I believe that a hairstyle can affect a person's entire personality and isn't just a mere haircut!

PT: What services do you render professionally?

Bianca: I provide my clients a holistic make over, which includes hair, makeup, skin and other beauty treatments. I also lend my expertise for modelling and bridal shoots pan-India. I intend to make 'The Hair Story' a brand that stands for quality, hospitality and most importantly, value for money.

PT: What do you do differently from the rest? What's your USP?

Bianca: My main USP lies in offering my customers classic level hairstyling, with varied styles of make-up that I accomplish with latest technologies, like an 'airbrush'.

PT: What's the best compliment you've received so far?

Bianca: I've had clients asking me to open more branches - this to me is a very precious

compliment. Hence, my future goals revolve around keeping myself updated with the latest trends and establishing more outlets.

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RUBY LILAOWALA

There are two men I've been absolutely crazy about since childhood. I must have seen them dozens of times and yet I don't think I'll ever get them out of my system. One of them is F-A-T (and CHO CHWEET!!) and the other is thin. They are my all-time favourite movie comedians, 'Laurel and Hardy'. I just can't help adoring them. Any film critic would find it impossible to give them 'Fair' or 'Moderate' ratings-the final verdict has to be 'Fantastic.'

They made a whole lot of two-reelers and films that can never be surpassed, exhibiting such virtuosity of comic timing and such a profound understanding of the endless dottiness of the human predicament, that I'm even apt to judge persons by the single criterion of whether they like Laurel and Hardy or not.

These two marvelous clowns died well before the world realised how great they were. At times, their comedy had a touch of pathos as in Charlie Chaplin's movies, but they never acted-they re-acted to each other. If they had something to say, their manner of saying was unique. That's why their films attracted large audiences although, at times, their humour was a gallows' humour and their wit a scurrilous, cynical, nihilistic wit.

They were a unique cinematic experience and these two lovable gentlemen effortlessly enslaved hearts and captivated minds with uninhibited laughter. In fact, Hardy provoked a laugh even if the episode was an essentially tragic story of star-crossed love between him and a rich ugly Spanish widow. Laurel messed up Hardy's dreams of romance and get-rich-quick when he confessed, "Ollie, you know the rich Spanish widow who wouldn't marry you because you had a demented son? Well! I told her I was your son." Instead of being hopping mad, Ollie would look straight into the camera with disgust!

In one episode, Mr. and Mrs. Hardy are newly married and neck-deep in love with each other when Laurel walks in to invite Ollie to a game of golf.

The Two Men I've Always Adored

When the invitation is turned down, Laurel decides to sit between the newly-weds till Ollie changes his mind (or loses it!)

The women on the screen were either pretty and unattainable or ugly and predatory. In 'Honolulu Baby', Hardy messes up his friend's marriage by teaching him how to be the 'Boss of the house - like ME'. When Stan follows the advice and is chased by his Mrs. with a gun, he utters his high-pitched whine of scared incomprehension "Ollie, I don't want to be the boss of the house."

In 'Blockheads', one of their best films, Stan turns on the gas stove in Mrs. Hardy's

One day, on the sets, Stan said (most uncharitably) "How did Ollie even find his way into this studio?" They didn't speak for months after that, but then, patched up and became best friends.

They were masters at doing the simplest joke with such supreme precision that it became funny and alive. Though they were in front of the camera, theirs was a perfectly natural act. Their pure, unadulterated comedy appealed to children as well as adults, since it was predicated upon the idea that none of us ever leaves behind their childhood. Hence, their comedy was comprehended on that premise.

What made this inimitable pair great was, to a great extent, Ollie's endless variations on the theme of pratfall (at times physical, but mostly cerebral) rather than Laurel's greater artistic ambition which, however talented, depended very greatly on his partner's suffering.

As a partnership, it was as good as any in film comedy. Laurel and Hardy were the human approximations of the animated 'Tom and Jerry' (without the antagonism and the implicit cruelty it inspires). The likeable characters they created continue to be the most endearing in movies.

Their 1927 (silent movie), "The Battle of the Century", considered by Henry Miller as "The greatest comedy ever made", brought custard-pie throwing to its ultimate. A single pie had become a cliché by then, but here, everyone participated in the reciprocal destruction of receiving AND throwing pies in the face.

They were always taken for granted. They were 'funny', but it was easy humour. They were merely entertaining without serious purpose. Only now is it accepted that their comedy is one of the great achievements of cinema.

They were funny without strain-Laurel, the eternal innocent, a trusting baby with a child's luck and maliciousness, baffled by the world, and Ollie, the fat extremely short-tempered Southern gentleman, gallant to ladies, flowery in language and opinionated in the extreme.

They were the only silent comedians able to make the transition from silent to sound movies without much ado.



new kitchen, but can't find the match-box. Ollie has to light the stove for him and of course gets blown, flying by the resultant explosion. Even then, Stan has NO idea of what went wrong. After checking the building for an earthquake, he asks Hardy "What happened?" and Hardy says those famous words all over again, "That's another fine mess you've gotten me into."

In all their films, Hardy was the self-confident superior partner, infinitely fastidious and delicate despite his size. He fell in love very easily and would take off his hat or lay his coat on the ground for a lady, or just flirt by saying 'toodle-oo' with his tie to the lady. When the lady slapped him (which was very often), he explained to Laurel that she was "mycousin!" Hardy had to submit to a thousand humiliations and indignities because life was too difficult to deal with. On the other hand, Laurel was the nervous grown-up baby who tried to help but always made things worse.

In real life, Stan Laurel was actually the creative half of the partnership, writing most of the scripts, creating all the gags on basis of 'perfect timing' (so vital for comedy). Laurel earned thrice as much as Hardy from the Hal Roche film studio.



PT TECH By Yazdi Tantra Elevate - Brain Training

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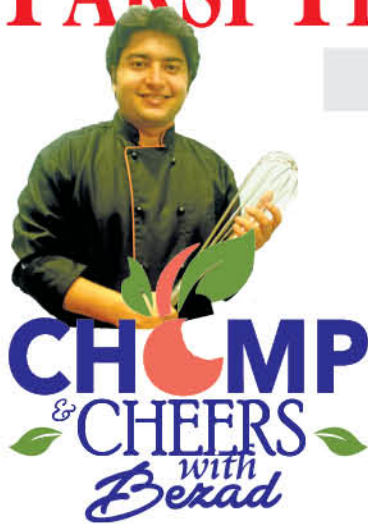
Their verbal humour is more enjoyable than their visual gags. Remember, their destruction of James Finlayson's house in 'Big Business' while he destroys their 'X' Mas tree and car and how Ollie looks reprovingly at the camera each time Finlayson damages his car?

In their 1937 'Way Out West', they are the most enjoyable singers and dancers in the song, 'The Trail Of The Lonesome Pine.' Their first co-starring movie was 'Putting Pants on Philip,' and by 1929, they were famous all over the world. They made 24 brilliant short films between 1928-1929. Who can forget the 1932 'Music Box' in which they repeatedly haul a grand piano up

a long flight of steps? Or Laurel and Hardy joining the 'French Foreign Legion' in the 'Sons of the Desert' because Hardy was disappointed in love.

They gave hours of innocent laughter to millions of people throughout the world for generations. I used to watch them with my grandmother and laugh my guts out. Then I watched them with my daughters and later with my grandsons and realised the potency of humour. Like love, humour never dies.

Hardy died in 1957 and Laurel in 1965. Their best films were re-released in an anthology form at Film archives in the late '60s and are as enjoyable today as they ever were!



Monsoons are here! Bezaad Dadachanji brings to you special monsoon dishes... in an innovative avtar.

cut into 2 inch pieces; 1/2 cup - Scraped Coconut; 3 to 4 Banana leaves cut into 6 inch squares; 1 tsp. - Mustard powder; 2 tsp. - Poppy seeds (khuskhus/posto) soaked; 3 - Green Chillies; 2 tsp. - Fresh Coriander chopped; 1 tsp. - Turmeric powder; Salt to taste; 2 tsp. - Mustard oil; 1 - Lemon Juice

Method:
Set aside the mustard powder mixed with six tbsps. water in a bowl. Blend coconut, poppy seeds,

green chillies and coriander to a smooth paste. Add the blended mixture to the mustard paste along with turmeric, salt and mustard oil, and mix well to form a consistent marinade-paste. In another bowl apply salt and lemon juice to the fish. Now cover the fish with the marinade-paste. Set water for boiling in a steamer. Take a piece of banana leaf and place the marinated fish on it. Cover it from all sides and tie it with a thread. Place these on a steamer tray and steam it for seven to eight minutes. Serve hot with rice or as is.

Coconut Shikanji

Shikanji is a cooling refreshment, originally from Punjab, with an added twist of coconut

Ingredients:

2 cups - of Coconut milk; 300 ml. Soda; 2 tsp. - Lemon; 2 tsp. - Lemon Juice; 2 tsp. - Honey; 2 tsp. - Powdered sugar ; 2 tsp. - Fresh mint leaves paste; 1 tsp. - Gulkand; Crushed ice for garnish

Method:

In a big bowl mix coconut

milk, soda, lemon juice, honey, powdered sugar, mint paste and gulkand. Whisk well. Add crushed ice as per liking. Serve chilled.



Bengali Fish Paturi

A dish cooked for special occasions, Bengali Fish Paturi is very similar to our Parsi dish, Patrani Machhi, which literally means, 'fish cooked in a leaf'.

Ingredients:

400 grams - Basa fillets



Are You A Mama's Boy? Take The Quiz!

Isn't it interesting how some phrases have bang opposite sentiments attached, depending on who's saying them? You'll know exactly what we're speaking about if you're a man. Notice the ecstatic delight gushing out of your mum's eyes when she says about you, "Oh! He's a mama's boy!" and then compare it to the absolute anger/disgust/envy when your partner says the exact same words! And though we suspect the following quiz will probably be taken by numerous irate women-partners, take the quiz anyways and figure out if you are, indeed, a Mama's Boy!

Strike out the honest answer based on a Yes (Y) or a No (N):

- Are you closer to your mum than your dad (or other family members)?Y/N
- When out of the house or otherwise, do you call up your mum multiple times a day?Y/N
- Do you usually have problematic/short-lasting relationships at work or with friends? Y/N
- Is it compulsive for you to carry out every request made by your mum?Y/N
- Do you often feel like a failure?Y/N
- Even as an adult, do you seek your mum's approval on most things?Y/N
- Do you experience frequent outbursts of anger or rage?Y/N
- If your mum calls while you're busy in an office-meeting or on a date, do you take the call?Y/N
- Are you unable to say 'No' to your mum?Y/N
- Do you like being pampered/'mothered' by your partner?Y/N
- Do you find it difficult to stand up to/disagree with your mum?Y/N
- Is your mother's approval crucial in choosing your life partner?Y/N
- When you eat out, do you inadvertently end up expressing (or feeling) that your mum's food is way better?Y/N
- Do you bully people or engage in daredevil acts, taking unnecessary risks?Y/N
- Does your wife/partner feel free to correct you in public in ways that are embarrassing?Y/N
- Are you more of an 'Indoors' person than 'Outdoors'?Y/N
- Do you follow the list of criteria that your mum sets for a potential partner?Y/N
- Does your mother come to you, rather than go to her husband or friends for encouragement, comfort or support?Y/N
- When you argue with your mum, does it depress you more than anger you?Y/N

- Do you feel the need to speak with your mum before making any decisions? Y/N
- Do you constantly wish your current/future partner was more like your mum?Y/N
- Do you share your love-life with your mum?Y/N
- Does your wife or romantic partner usually second-guess your decisions and choices?Y/N
- When things don't work out, do you whine about it to your mum?Y/N
- Are you alright being monitored by your mum about your finances, phone conversations, purchases, etc.Y/N
- Do you consciously put your mom before your significant other?Y/N

Results: If the number of 'Y's you've chosen is:

- 7 or Less: You love your mum but you're no Mama's Boy! You're an independent yet sensitive man, and very much your own person! You will hopefully not be caught between the 'partner-mother tussle' and will be able to maintain a healthy balance between being a son and a partner.
- Between 8 and 15: You're a Mama's Boy... but there's hope! While you must always respect your mum, try to break away from the fear that standing up for how you feel will hurt/disrespect her simply because it's not in line with her preferences or expectations. Your mother ultimately wants your happiness anyways, and sometimes you need to respectfully stand your ground to let her know you're your own individual. You will be sacrificed at the 'partner-mother tussle' altar if you don't start soon!
- 16 and More: You're a hard core Mama's Boy. And if you still haven't torn this sheet of paper and feel like you'd like to change, NOW would be the perfect time to be more independent and try to come into your own! The 'partner-mother tussle' shouldn't be too much of an issue purely because not too many partners will stick around anyways! And if that suits you just fine, more power to you! Best of luck!

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Aekhlo aekhlo Udvada jai ne aayo!

- by Mehernosh Engineer.

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Reviews

Hoshang K. Katrak



STAR TREK BEYOND

When the crew of USS Enterprise get stranded on a distant and hostile planet – somewhere in the 23rd century – Capt. James Kirk (Chris Pine), Comdr. Spock (Zachary Quinto) and company aboard the starship face an unenviable task: that of fleeing the alien terrorists, led by their military commander, the sinister and monstrous Krall (Idris Elba).

Later, it emerges that Krall had engineered the running aground of the starship for a purpose - he desperately wanted an artefact on the USS Enterprise. The legendary sci-fi TV series, which was created in 1966 had metamorphosed into a bunch of successful spin-offs on the silver screen starting from 1979. As sci-fi films and franchises go, Star Trek Beyond - the 13th in the series over all - is probably the most relaxed and indolent of the lot. Set in the 23rd century, the gizmos and gadgetry in STB are so sophisticated that 22nd century weaponry is described as 'antiquated' and 'horse-and-buggy'.

Genre	Sci-fi, Fantasy
Minutes	122
Director	Justin Lin

2.5 ★★☆☆☆



STB is marked out by some rather decent performances and director Justin Lin (having helmed four of the Fast and Furious films) does a fine job in the oft and

much exploited fantasy and sci-fi genre. The first half, with some credible sub-plots, is relatively easy on the eye. Post-interval, the SFX crew take over and the predictable set-pieces of planets and colliding space-ships is forced on the viewers.

The closing statement of the film promises - or warns - the viewer of an impending sequel: 'To explore strange new worlds, seek out new life and new civilizations - boldly going where no man has gone before'.

MADAARI

The intense chemistry between Nirmal Kumar (Irrfan Khan) and young lad Rohan Goswami (Vishesh Bansal) paves the way for a - not exactly thrilling, but - fascinating film. Nirmal ingeniously kidnaps Rohan, the son of the Home Minister and demands to identify the perpetrators of the man-made calamity which snuffed out the life of his seven-year-old son Apoorva.

Director Nishikant Verma, after directing thrillers and action flicks, tries his hand at a crime drama with socio-political overtones - shades of 'A Wednesday' looming in the background.

As authorities are left clueless, top cop Nachiket Verma (Jimmy Shergill) manages to trace the elusive kidnapper who has forged an unusual bond with the boy. It is not so much a thriller as the power-packed performances of Irrfan and the young Vishesh Bansal that keeps the viewers glued to their seats. Neither is the premise unusual. The first half is taut, while the second half is 14 minutes too long. Nirmal Kumar's unusual method of seeking retribution keeps him a couple of paces ahead of the law.

Genre	Crime, Drama
Minutes	134
Director	Nishikant Kamat

3.5 ★★☆☆☆



The film is worth watching for a couple of scenes – the young lad nonchalantly asking his kidnapper to sleep on a different bed and later when he discusses the Stockholm Syndrome with his abductor, where captor and victim begin to share an emotional bond..

M CREAM

'The world's a f---d up place' is the refrain of the four disparate youth who set out on a road trip to the foot of the Himalayas in search of M Cream, a mythical drug.

Figs (Imaad Shah), with a 'Que Sera Sera' attitude and who perpetually swigs Old Monk straight from the bottle as if its expiry date is round the corner, teams up with Jay (Ira Dubey). His close friend Maggie (Amrita Ghosh) brings her boyfriend Niz (Raghav Chanana) along.

Director Agneya Singh does all he can to show the youth engaging in wild sessions of dancing and drugs, while the parlance of the quartet too is peppered with four-lettered words. A rebel at heart, Figs' last straw is when his parents (Tom Alter and Lushin Dubey) make plans for his career. M Cream is a film which attempts to tackle several themes - the freedom of Tibet, high rates of taxation and recession, the builders' lobby (encroaching on forest land) etc.

You always know where a movie is heading when the mandatory cigarette smoking health warning stays affixed on the screen practically throughout. Locales are well chosen but the overall feel of the film is that of an experimental one. Of the cast, Imaad Shah does reasonably well while Delhi theatre guru Barry John puts in one of his rare film appearances.

Genre	Adventure (Adults)
Minutes	114
Director	Agneya Singh

1.0 ★☆☆☆☆



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પરસી કરકરીયા, એરીક એલાવીયા

Produced by: Gautam Joshi
Chetan Gandhi, Jeetendra Joshi

Chittrak Shah
Kiran Malvankar
Present

Writer:
Vinod Sarvaiya
Director:
Dharmesh Vyas

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The following Housing applicants whose names are published hereunder were shortlisted and approved by the Board of Trustees.
Before completing the process of allotment, the Trustees, as a matter of abundant caution, are publishing the names of the allottees so that if there is any adverse factor against the proposed allotments, the Trustees attention may be drawn thereto latest by 12/08/2016.
Communication furnishing the full details of the objections should be addressed to the Chairman, Mr. Yazdi Desai, Bombay Parsi Punchayet, 209, Dr. D. N. Road, Fort, Mumbai - 400 001.
By Order of the Trustees of The Parsi Punchayet Funds and Properties, Bombay
22-7-2016 Cawas S. Panthaki
Mumbai CEO

TENTATIVE ALLOTTEE FOR ACCOMMODATION IN BPP COLONY

Sr. No	Name and Address of the Applicant
1	Mrs. Armin Homi Panthaki House No. 12/613, Kela ni Vakhar, Kanpith, Lalgate, Next to Patel Motor Driving School, Surat - 395 003.
2	Mrs. Jasmine Mehrnoz Bugli 17, Orchid, Ashiana Gardens, Sonari Jamshedpur - 831011. Jharkhand.

પારસી ટાઈમ્સ

જન્મ તારીખના આધારે ભવિષ્યવાણી: જો તમારો જન્મ જુલાઈની ૨૩મી તારીખે થયો હોય તો...

તમે કોઈપણ કામમાં તમારા અંતરનો અવાજ સાંભળીને આગળ વધશો, તેમાં યશ અને ધન મેળવશો. તમને એક જાતનું કામ કરવાથી કંટાળો આવશે. જીવનની શરૂઆતમાં તમારી કિંમત કરનાર વ્યક્તિઓ ઓછી હશે, જેથી તમે ખૂબ ઘડાઈને આગળ વધશો. તમારી નુકસાની કરનાર વ્યક્તિને પાઠ ભણાવવાનું તમને મન થશે એમ છતાં તમે ક્ષમા આપશો. તમારી બુદ્ધિ તીવ્ર છે જેથી જે કામ હાથમાં લેશો એને પૂર્ણ કરશો. ઈશ્વરકૃપાથી પ્રવાસો ઘણા કરવા પડશે. તમે ધન ખૂબ કમાશો. તમારા નામની પ્રામિ માટે ધનનો ઉપયોગ વધુ થશે, મનપસંદ વસ્તુ મેળવવા ખૂબ જ મહેનત કરવી પડશે. તમે કોઈ પણ કામમાં નાનપ નહીં રાખો તમારા આત્મવિશ્વાસથી તમે કોઈનો પણ સામનો કરી શકશો, માતા-પિતા સાથે મતભેદ થશે. તંદુરસ્તીમાં પગ, સાંધા, પીઠના મણકાનો દુખાવો થાય, જેથી માનસિક ત્રાસ વધુ થાય. શરીર પર ઈજાનું નિશાન હશે. તમે પ્રગતિ સારી કરી શકશો.

શુભરંગ: પોપટી, શુભનંગ: પાનું, આ વર્ષમાં કોઈ પણ યાદગાર બનાવ બની રહેશે: ૫, ૧૦, ૧૪, ૧૮, ૨૩, ૨૮, ૩૨, ૩૬, ૩૭, ૪૧, ૫૦, ૫૪, ૫૮, ૬૯, ૭૭.

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લખનાર: અરના હોમી પેસીના

એ દરમ્યાન જ્યારેબી તક મળી કે ફિરોઝ ફેઝર તે ગરીબ બાળાને અપમાન કરી મ્હેણાંમારી દીધા, ઝરી જુલકે પોતાનાં સ્વભાવ મુજબ ઘણાંબી જુલમો તેણી પર ગુજારી નાખ્યા તે બન્ને બહેનોએ તેણી આગળ વૈતરા કરાવી તેણીને થકવી નાખી. પણ શિરીન વોર્ડને તે ગુરૂજીની શીખામણ મુજબ ચૂપકીટી અખત્યાર કરી દીધી.

પણ તેમાંથી તેણીને ફાયદો થતો જ માલમ પડ્યો. જ્યારેબી પોતાનો વહાલો જવાન તેણીની લાગણી દુખવી અપમાન કરતો કે તેણી તે નીચી મુંડીએ

સાંભળતી મુંગી ઉભી રહેતી, કે તે અંતે કંટલઈને ચાલતી પકડતો, અને તેમ કરતાં તે અપમાનો પણ ધીમે ધીમે કમી થવા લાગ્યાં.

એક મહિના બાદ શિરીન વોર્ડને આજે પોતાના ડે ઓફ હોવાથી ઘણી ખુશીમાં આવી ગઈ. તેણી એક ખુશાલ પંખેરા મિશાલ હરખમાં આવી જઈ તે મોટાં શેઠાણી આગળ જઈ ઉભી.

તેણીને પોતાની સામે ઉભેલી જોતાં ઝરી જુલકે ચશ્મો આંખ પર ચઢાવી ઉપરથી તે નીચે સુધી ગુરૂકી પછી તરત કહી સંભળાવ્યું.

‘એ છોકરી, આંધ ગાલ પર આજે રંગ શાનો લગાડ્યોછ?’

‘મં કંઈજ લગાડ્યું નથીજ.’

‘લગાડ્યું નથી ત્યારે આજે લાલતસ જેવો ગાલો કેમ થઈ ગયાછ?’ ‘મિસ્તરી બજારે ગયેલો હોવાથી હું હમણાંજ ચુલા

આગળ રોટલી કરીને આવી, તેનો તાપ લાગ્યો હશેજ.’

ફરી બે પળની ચુપકીટી પછી ઝરી જુલકે તેણીનાં સાદા પોશાક સામે જોઈ બોલી દીધું

‘તું બી કોઈ દહાડો નાગા ઉઘાડા પોશાક પહેડેછ કે?’

‘નહીંજ.’

‘સારી વાત છે, કારણ મારો છોકરો કોઈવાર આ મકાનમાં ખાણું રાખી નાચરંગ કરેછ, ત્યારે એની ઘણી ચીબાવલી સહમતીઓ એવા અરધા ઉઘાડા પોશાકો પહેડીને આવે છ ને તે લોકને જોઈને મને કંઈ થાએછ.’

શિરીન વોર્ડને ઓશકની મારી મુંગી ઉભી જ રહી કે ફરી ઝરી જુલકે ચાલુ કીધું.

‘વરી હમણાં જરા વધુ દખત છે. નહીં તો પંદર પંદર દિવસે ખાણીપીણી થઈને પછી મૂવો પેલો નાચ શરૂ થાય ને મોડી રાતના બે ત્રણ વાગ્યા વેર ધમાચકરી ચાલે ને સાથે પૈસાનો ધુમાડો થાય તે જુદો.’

તે બાળા કંઈજ બોલી નહીં કે ઝરી જુલકે પોતાની ઓટીમાંથી એક પડીકું કાઢી તેણી સામે આગળ ધર્યું

‘લે, આંધ તારો મહિનાનો પગાર ને સંભાળીને વાપરજે, કંઈ ખોટો ખરચો કરી ઉડાવી ના દેતી સમજજ?’

‘થેન્કયુંજ, ને નહિ ઉડાવશ.’

કાનની ટીચકી સુધી લાલ મારી જઈ શિરીન વોર્ડને તે એન્વલપ લેતાં કહી દીધું કે ઝરી જુલકે લડવાની કંઈ બીજી પોઈન્ટ શોધી કાઢે. એમનો સ્વભાવ જ એવો લડકણો હતો કે એકબી દિવસ જો તેવણ કોઈ સાથે લડે નહીં તો તેમણે સોહવાએજ નહીં. તેથી કંઈ બીજી ચીજ યાદ કરી તેમણે રોકડું પરખાવી દીધું.

‘ઘરે જાએછ તે વરી ટાપલાં કરવા ના બેસી રહેતી સાંજે પાછી સાડાછમાં આવી લાગજે. જો આ ઘડિયાળ પ્રમાણે એક મિનિટ લેટ થઈછ તો આવતા મહિનાનો તારો આખો દિવસ કપાઈ જશે. સમજજ કે છોકરી?’

‘હાજ, જરૂર પાછી સાડા છમાં ઘરે આવી પુગસ.’

‘તો જા ત્યારે, ઉભી રહીને ધુન્યા શું કરેછ?’

ને ત્યારે તે ગરીબ બાળા એક પિંજરામાંથી છુટાં કીધેલાં પંખેરા મિશાલ હરખાતી તે ‘ડરબી કાસલ’ છોડી ગઈ.

સવારની ઠંડી પવનની લહેરખીમાં ચાલતી જ તેણી ધપકતાં જિગરે પોતાના વહાલાઓ સાથે તે દિવસ ગુજારવા ‘વોર્ડને વિવા’માં જઈ પૂરી.

વેચાવા કાઢેલું તે સુંદર મકાન ફિરોઝ ફેઝર તરફથી આવેલી વીસ હજારની રકમને લીધે અંતે નહીં વેચી, હાલમાં પેઈંગ ગેસ્ટો રાખી તે આવકમાં તેવો ડગુ મગુ પોતાનું ગુજરાન ચલાવી લેતાં.

ધ્રુજતે હાથે તે બાળાએ પોતાનાં મકાનની ઘંટી વગાડી દીધી કે તેણીનાં પિતાએજ તે બારણું ખોલતા તેણી હરખભર તેઓનાં પાસામાં દબાઈ ગઈ.

‘પપ્પા...ઓ પપ્પા!’

‘મારા બચ્યા, તું આયું? ગયા વીકમાં તું અરધા દિવસની છુટીમાં નહીં આવી ત્યારે મને ફીકર લાગી કે મારા બચ્યાને શું થયું હશે, ને અંતે જીવ નહીં જ માનવાથી મં ફોન કીધો.’

‘ફોન કીધો, કોણ પર પપ્પા?’

‘ફિરોઝ ફેઝર પર, પણ શું તેણે તને જણાવ્યું પણ નહીં?’

એ સાંભળી તે બાળા રાતી મારી ગઈ. તેણીના પિતાને ખ્યાલ જ નહીં હશે કે તે જવાનને તેણીની કશી દરકાર હતી જ કયાં જે? ‘ડરબી કાસલ’નાં શેઠને મનથી તેણી એક નીચ ગુલામડી સિવાય બીજું કંઈબી માન ધરાવતી હતી જ નહીં.

તેણીએ અંતે મકકમતાથી કહી દીધું.

‘પપ્પા, બીજી કોઈબી વખત ફરીથી તમો ‘ડરબી કાસલ’ પર ફોન કરશો નહીં. મમ્મા ને આબાન કયાં છે?’

‘રંધણીમાં જ હોશે કારણ, હાલમાં આપણે ત્યાં ત્રણે ગેસ્ટ રૂમ્ઝ ભરાયેલા હોવાથી જરા કામ વધુ રહેછ.’

ને ત્યારે એક સ્કુલ ગર્લ મિસાલ જ શિરીન વોર્ડને પોતાની માતા તથા હમશીરને મળવા દોડી ગઈ.

(ક્રમશ)

વેબસાઈટની મુલાકાત કરો

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કેબેજ રોલ



સામગ્રી: પા કિલો કોબી, પા કપ બાફેલી મકાઈ, મીઠું સ્વાદ અનુસાર, ગરમ મસાલો સ્વાદ અનુસાર, પા કપ બાફેલી અને સમારેલી પાલક, પા કપ કીમ, ૧ સ્વાઈઝ બ્રેડ (કિનારી દૂર કરેલી) પા ચમચી ઓરીગેના, ૪ ચમચી ચીઝ છીણેલું, ટોમેટો સોસ, ગાર્નિશિંગ માટે થોડું તેલ કોબી પર લાગાવવા માટે.

બનાવવાની રીત: સૌથી પહેલા કોબીને છૂટ્ટી પાડીને તેને બાફીને ઠંડી કર્યા પછી તેને લૂછી લો. હવે કોબીના છ પાંદડાને અલગ કરો. બ્રેડના નાના ટુકડા કરીને તેને સાઈડ પર રાખો. હવે એક બાઉલમાં બાફેલા મકાઈ, મીઠું, ગરમ મસાલો, કાળા મરી, પાલક, કીમ, બ્રેડ, ઓરીગેનો અને ચીઝ ભેળવી મિશ્રણ તૈયાર કરો. ત્યાર બાદ કોબીનું એક પાંદડું લો. કોબીને ફોલ્ડ કરીને સાઈડથી અંદરની બાજુ ફોલ્ડ કરો. ખુલ્લા ભાગમાંથી બનાવેલું મિશ્રણ અંદરની બાજુ ભરી સીલ કરવું. આવી જ રીતે બધા જ રોલ તૈયાર કરો. દરેક રોલ પર તેલ લગાવો અને તેને ઓવન પ્રફૂ ડિશમાં રાખો. તેની પર બ્રશથી તેલ લગાવીને પ્રિહીટ્ડ ઓવનમાં ૨૦થી ૨૫ મિનિટ રાખો. જ્યારે તે તૈયાર થઈ જાય ત્યારે તેને ટોમેટોના સોસ સાથે સર્વ કરો.

આદર્શ દેશભક્ત

ડો. એ.પી.જે. અબ્દુલ કલામ સાહેબ

‘કલામ સાહેબ, આપ જીવન એવું જીવ્યા જે કદી ભુલાય નહીં હર મુશ્કિલોનો સામનો કરવાનું શીખવાડી ગયા તમો જીવનમાં પરિશ્રમ અને ખુમારીનો મંત્ર આપી ગયા હમોને તમો.’



જન્મ લઈ ગરીબીમાં, બાળપણ વીતાવ્યું ખૂબ મહેનત કરી જોયા જીવનના સપનાંઓ હજાર જીવનમાં, કરવા હાસિલ તેને, કોશિશો કીધી બેશુમાર ઉંચ તાલિમ, ‘હકમત’ની મેળવી, ખીદમત દેશની કીધી જીવનભર ઈલમને તહેઝીબનો જીવનમાં ઈસ્તમાલ કરી રાખ્યો પ્રેમથી, રિશતો દેશવાસીઓ સાથ, બેમિસ્લાલ ઈલમ, તાલીબોને બાંટવા હરઘડી, થયા ખુદ તેઓના ઉસ્તાદ જ્યારે દેશના રાષ્ટ્રપતિ બની બિરાજમાન થયા પાંચ સાલ કદીબી ન રાખ્યો મનમાં ગુમાન દેશના થયા પ્યારા અવામના પહેલા રાષ્ટ્રપતિ ખુદા પરસત ઈન્સાન હતા, સાદગીને પ્રમાણિકતામાં સમય વિતાવ્યો તમામ ખુદાતાવાની ઈબાદત કરી ને ગીતાના પાઠ હરરોજ બન્યા નેક ઈન્સાન ખુદાના તેઓ હિંદ દેશને મહકૂઝ રાખવા સાડ, શીખવાડ્યો ફોજના જવાનોને રાખવા સંયમ યકીન, વફાદારી, ઈબાદત ને ધર્મ દેશ આપનો શક્તિશાળી થાય જગમાં તો દુશ્મન કરે ન વાર કદી હિંદ દેશમાં ‘મિસ્ઠાઈલ મેન’ના નામે, આપની ઓળખ હતી જગમાં તાલેબોને ઈલમ શીખડાવવામાં આખીર અર્પણ કીધો પ્યારો જાન હિંદ દેશમાં, જન્મ લઈને કીધું ઉજ્જવળ નામ ભૂલી ન શકશે આપને સદીઓ તક દેશના નવજીવન જન્મ કલામ સાહેબ, આપે ખરો કીધો કમાલ ઈસ્તકબાલ કરજો આપ, તાઝીમ સાથ નમન ને લાખો પ્રણામ



મીનુ તારાપોર

ન જાણ્યું જાનકી નાથે...

(ગયા અંકથી)

બીજા દિવસે એમણે મુંબઈની વાટ પકડીને વિઝિટર વિઝાનું કામકાજ પતાવ્યું. હવે બન્ને જણા ગમે ત્યારે અમેરિકા જવા માટે તૈયાર હતા. એમણે બહેનને ફોન કરીને પોતે ટિકિટ બુક થાય એટલે નીકળે છે એવો ફોન પણ શાહ સાહેબે પોતાની બહેન સ્મિતાને કરી દીધો. ઈલોનોઈસ પહોંચ્યા ત્યારે મોડી સાંજ હતી ને બહેન બનેલી બન્નેને લેવા માટે આવ્યા હતા. પ્રણામ ને આશીર્વાદની વિધિ પતાવીને બનેલીની કારમાં બધા એમના એપાર્ટમેન્ટ પર પહોંચ્યા.

સ્મિતાબહેનનો સ્વભાવ આમ સારો પણ એમના મગજમાં જાણે કે એક ખાંચો હતો ને ફરતા ફરતા એ ખાચામાં ફસાઈ જાય એ નક્કી નહીં! ને પછી જે એમની ઝપટે ચડે એનું આવી

સુધી ચાલીને મેઈન રોડ પર આવ્યા. આ બધા ઝગડાને લીધે શાહસાહેબને છાતીમાં દુખાવો ઉપડ્યો ને એ રસ્તાની બાજુમાં એક બેન્ચ પર બેસી પડ્યા. દિવ્યાબહેને સામાનમાંથી વિકસની શીશી કાઢીને એમની છાતી પર વિકસ લગાડ્યો. અચાનક એક કાર એમની પાસેથી પસાર થઈ અને તરત જ રિવર્સમાં આવીને એમની બાજુમાં આવીને ઉભી રહી. અંદરથી એક બાવીસ તેવીસ વરસનો યુવાન બહાર આવ્યો. કાંઈ તકલીફ છે? એણે નજીક આવીને પૂછ્યું હું કંઈ મદદ કરી શકું? ‘ભાઈ, દિવ્યાબહેનને કહ્યું: અમારે અત્યારે બહેનનું ઘર છોડવું પડ્યું ને ઝઘડાના લીધે સાહેબને છાતીમાં દુ:ખવા લાગ્યું. હવે સાડું છે. એક જ મિનિટમાં પેલો યુવાન એમની વ્યથા સમજી ગયો. ‘ચાલો’ એણે વગર પૂછ્યે એમનો સામાન ઉંચકીને ગાડીમાં મૂકવા કહ્યું, ‘મારા એપાર્ટમેન્ટ પર ચાલો, પછી બધી વાત.’ બન્ને પેલા યુવાનની સાથે એની ગાડીમાં ગોઠવાયા ને થોડીવારમાં



‘સમીર શાહ સાહેબે કહ્યું, કાલથી આપણે બધા નવા એપાર્ટમેન્ટમાં જઈશું. તારે પણ હવેથી આ એપાર્ટમેન્ટનું ભાડું ભરવાનું નથી ને મારા દીકરાની જેમ મારી સાથે જ રહેવાનું છે. આમાં કોઈ ફેરફાર નહીં થાય માટે દલીલ ન કરતો.

બન્યું. નાનપણથી સ્મિતાને ઓળખતા શાહસાહેબને આની જાણ હતી. એટલે બને ત્યાં સુધી એ બહેનને ચીડવતા નહીં. લગભગ એકાદ મહિનો પસાર થઈ ગયો. બન્નેને અમેરિકામાં ફરવાની મજા આવતી હતી ને સ્મિતાને માથેથી રસોઈનો બોજો ઓછો થતાં હળવાશ લાગતી હતી. એક રાત્રે બનેલી નોકરી પર ગયા હતા. ને સ્મિતા સાથે બાપુજીના ઘરને વેચવાની વાત નીકળી. એમા સ્મિતાબહેનનું મગજ પેલા ખાચામાં ફસાઈ ગયું એ ગુસ્સે થઈને બોલવા લાગ્યા. દિવ્યાબહેન પણ ગુસ્સે થયા ને પછી વાતવરણ ઉગ્ર બની ગયું.

આટલે સુધી તો વાંધો નહોતો, પણ વાત એનાથી પણ આગળ વધી ગઈ!

દિવ્યાબહેન પણ ગુસ્સે થયા ને પછી, ‘તમે ભાઈ થઈને કશુંય સમજતા નથી? સ્મિતાબહેને લાલ આખ સાથે કહ્યું. દિવ્યાબહેન સડક થઈ ગયા આવા અજાણ્યા મુલકમાં અત્યારે રાતના બાર વાગ્યે ક્યાં જવું? એમણે પતિ સામે જોયું. શાહસાહેબે ઈશારાથી એમને સામાન સંકેલવાનું સૂચવ્યું. એટલે એ પોતાનો સામાન પેક કરવા લાગ્યા.

શાહસાહેબે કહ્યું ‘ફરીથી આ ઘરમાં કદી પણ પગ નહીં મૂકીએ.’ એટલે બનેલી આવે ત્યારે બન્ને અમને શોધવા ન નીકળશો. મોડી રાત્રે બાર વાગ્યે હાથમાં સામાન લઈ બન્ને લગભગ અડધા કલાક



આબાન તુરેલ

વજૂદ લાગ્યું. એણે જાહેરાતો શરૂ કરી અને બીજા અઠવાડિયાથી નજીકની હોટેલમાં સમોસા બનાવીને મૂકવાનું શરૂ પણ કરી દીધું. જોતજોતામાં તો એના સમોસા એટલા બધા લોકપ્રિય બની ગયા કે હવે શાહસાહેબને પણ સમોસા વળાવવા બેસવું પડતું! બે-એક મહિના પછી તો દૂરની ગુજરાતી હોટેલોમાંથી, ગુજરાતી ઘરોમાંથી રસોઈના ઓર્ડર આવવા લાગ્યા ને હવે દિવ્યાબહેને સમોસા વાળવા માટે બે યુવતીઓને પણ નોકરીમાં રાખવી પડી! પૈસો અઢળક આવતો થઈ ગયો.

‘સમીર’ એક સાંજે શાહસાહેબે કહ્યું: હવે ક્યાં સુધી અમે તારી સાથે રહીશું ભાઈ? હવે તો અમે સારામાં સાડું કમાઈએ છીએ બીજે રહી શકીશું. તમે મને ચાર વર્ષ ભણાવ્યો છે સર, સમીર આજીજીભર્યા સ્વરે કહ્યું એટલે ઓછામાં ઓછા ચાર વર્ષ તો મારી સાથે રહો જ! શાહ સાહેબે એની વિનંતીને માન આપ્યું ને એ દરમ્યાનએ પૈસા બચાવતા રહ્યા. ડોલરના થપ્પા એમની બેગમાં ગોઠવાતા હતા. ચાર વર્ષ પૂરા થયા એટલે એમણે નવો એપાર્ટમેન્ટ ખરીદ્યો અને બીજા જ દિવસથી ત્યાં રહેવા જવાની તાજવીજ

પેલા યુવાનના એપાર્ટમેન્ટના બેઠક રૂમમાં ગોઠવાયા એમના ચહેરાની ભાષા યુવકે બરાબર ઉકેલી લીધી. ‘સર’ એણે શાહસાહેબને વંદન કરીને કહ્યું ‘હું સમીર શાહ, એમજી સાયન્સમાં ૧૯૭૬માં તમારી પાસે કેમેસ્ટ્રી શીખતો હતો! આજે આટલા વર્ષે તમને જોયા છતાં હું તમને ઓળખી ગયો. સર, તમે જે ભણાવ્યું એના પ્રતાપે હું અહીં છું, હવે તમારે ક્યાંય જવાનું નથી. હું પણ એટલો જ છું. એટલે તમારા રહેવાથી મને પણ મા-બાપ હોવાની લાગણી થશે! દરમ્યાન દિવ્યાબહેને સમીરને ભાઈ-બહેનનો ઝઘડાની વાત પણ કરી દીધી. ‘બસ’ સમીરે આખરી નિર્ણય જાહેર કરી દીધો. હવે તમારે ક્યાંય જવાનું નથી. આ ઘરને તમારું જ સમજો.

બીજા દિવસથી દિવ્યાબહેને રસોડું સંભાળી લીધું. સમીરને લંચબોક્સમાં પણ એ સરસ નાસ્તો ભરી આપતા. રોજ નવા નવા નાસ્તા બનતા! ત્રણ મહિના પછી દિવ્યાબહેને પ્રસ્તાવ મૂક્યો કે પોતે નાસ્તો બનાવીને, ખાસ તો સમોસા બનાવીને અહીં વેચે તો સારા પૈસા મળી શકે. શરૂઆતમાં તો સમીર અને શાહસાહેબ હસ્યો પણ દિવ્યાબહેનના સમોસાથી આકર્ષિતેલા સમીરને વાતમાં

કરી. ‘સમીર, શાહસાહેબે કહ્યું, કાલથી આપણે બધા નવા એપાર્ટમેન્ટમાં જઈશું. તારે પણ હવેથી આ એપાર્ટમેન્ટનું ભાડું ભરવાનું નથી ને મારા દીકરાની જેમ મારી સાથે જ રહેવાનું છે. આમાં કોઈ ફેરફાર નહીં થાય માટે દલીલ ન કરતો. બીજી સાંજે નવા એપાર્ટમેન્ટમાં એમણે સત્યનારાયણની કથા રાખી. એમના પરિચિત ગુજરાતીઓ અને એમના સ્વાદના શોખીન કેટલાક અમેરિકન પણ આવ્યા. કથા પત્યા પછી સરસ પાર્ટી થઈ. બધાની વચ્ચે સમીરના મોંમાં મિઠાઈનો ટુકડો મૂકતી વખતે શાહસાહેબ અને દિવ્યાબહેન રહી પડ્યા. ‘ધન્ય છે તને સમીર’ શાહસાહેબે કહ્યું, આવું તો સગો દીકરો પણ ન કરી શકે જે તે કરી બતાવ્યું છે. મે કશું નથી કર્યું સર, સમીરે કહ્યું, તમે મને ચાર વર્ષમાં જે આપ્યું છે. એનું તો આ વ્યાજ પણ ન ગણાય! અને, હવે તમારા સગાં તમને ન મળ્યા એનો અફસોસ નથી કરવાનો. એ લોકો અફસોસ કરશે કે એમને તમે ન મળ્યાં.

તાળીઓના ગડગડાટમાં પણ ત્રણેની આંખમાંથી વહેતા આંસુ રોકાતા નહોતા.

(સમાપ્ત)

એક નજર પારસી મરણો ઉપર

Deceased મરનાર	Age વય	Date તારીખ	Address ર. ઠે.	Relations સગાઈઓ
Vira Faramroze Variava વિરા ફરામરોઝ વરિયાવા	91 ૯૧	14-07-2016 Baman Asfandarmad 1385	10/4, Rustom Baug, Byculla, Mumbai 400027. ૧૦/૪, રુસ્તમ બાગ, ભાયખલા, મુંબઈ ૪૦૦૦૨૭.	તે મરુમ ફરામરોઝ હોરમસજી વરિયાવાના વિધવા તે દિનશા ફરામરોઝ વરિયાવાના માતાજી તે ખુરશીદ દિનશા વરિયાવાના સાસુજી તે મરુમો બાનુબાઈ તથા પેસ્તનજી ભાઠેનાના દીકરી તે મરુમો બરજોર, નરગિશ, એરય, નરીમન અને હોમાય તથા ડોલી દિનશા દસ્તુરના બહેન તે સરોશ, કેરસી, પરવિન ને પોરસના માસીજી તે મરુમો શિરીનબાઈ તથા હોરમસજી દિનશાજી વરિયાવાના વડુ.
Nargesh Tehmurasp Mistry નરગિશ તેહમુરસપ મિસ્ત્રી	87 ૮૭	14-07-2016 Bahman Asfandarmad 1385	Flat No 503, Kalpak Hormus, Perry Cross Road, Bandra (W), Mumbai 400050. ફ્લેટ નં. ૫૦૩, કલ્પક હોમ્સ, પમે માળે, ૧૬ પેરી કોસરોડ, બાન્દ્રા, મુંબઈ ૪૦૦૦૫૦.	તે તેહમુરસપ હોરમસજી મિસ્ત્રીના ઘણીયાણી તે સાયરસ તેહમુરસપ મિસ્ત્રી, અરનવાજ રોહિન્ટન એલવજી, પીલુ તેહમુરસપ મિસ્ત્રી તથા મરુમ યજદી તેહમુરસપ મિસ્ત્રીના માતાજી તે કમલ, ફરહાદ, ઝુબિન, બિનાઈફર ને સનોબરના ગ્રાન્ડમધર તે કાર્લ, મીસા, વશપાનના ગ્રેટ ગ્રાન્ડ મધર તે પરવિન, કેટી ને રોહિન્ટનના સાસુજી તે મરુમો મેહરબાઈ તથા હોરમસજી મિસ્ત્રીના વડુ તે મરુમો મીટીબાઈ તથા નાદરશા દાડવાલાના દીકરી.
Khushroo Rustom Coorlawala ખુશરૂ રુસ્તમ કુરલાવાલા (બ્રીચ કેન્ડી હોસ્પિટલના ચેરમેન એમરિટસ)	99 ૯૯	15-07-2016 Ardibehesht Asfandarmad 1385	201, Daisylea, 17-A, Mount Pleasant Road, Malabar Hill, Mumbai 400006. ૨૦૧, ડેઝીલી, ૧૭-એ માઉન્ટ પ્લેઝન્ટ રોડ, મલબાર હિલ, મુંબઈ ૪૦૦૦૦૬.	તે મીઠું ખુશરૂ કુરલાવાલાના ખાવિંદ તે આશા કુરલાવાલા શિરીન રોની ખાનના બાવાજી તે મરુમો રોશન તથા નશરવાનજી કુરલાવાલાના દીકરા તે ઝરન, દારબ ને નાદિરના ગ્રાન્ડફાધર તે હરેશ લાલવાની ને રોનીખાનના સસરાજી તે મરુમો જરૂ તથા નાદિરશા ચીનોઈના જમાઈ તે મરુમો ફેની દિન્યાર કાડમાસ્તર, ફિરોઝ આશતાદ ચીનોઈ, શિરીન ફિરોઝ તારાપોર, મેહર સોલી કાડમાસ્તરના ભાઈ.
Dara Faramroz Bhadha દારા ફરામરોઝ ભાધા	83 ૮૩	15-07-2016 Ardibehesht Asfandarmad 1385	Ava Baug, M/11, Navsari. એમ/૧૧, આંવાબાગ, નવસારી.	તે મરુમો ફરામરોઝ તથા રતનબઈના દીકરા તથા મરુમ હોમાય ભાધાના ઘણી તથા કેરસીના બાવાજી અને ડેઈઝીના સસરા તથા યજદ, પાશીનના બપાવાજી તે મરુમ તેહમી, જાલ, નાજુના ભાઈ તે જરૂ તથા અરપી લાલીના મામાજી તથા મરુમ હીરાબાઈ ને જહાંગીરજી ભાધાના જમાઈ તે બહેરામ તથા મરુમ દારબશા, જરૂ, ગુલા તથા દોલતના બનેવી તથા ફેની તથા જાલ ધરમપુરીવાલાના વહેવાઈ.
Freddy Phirozshaw Karanja ફ્રેડી ફિરોઝશા કરંજિયા	83 ૮૩	15-07-2016 Ardibehesht Asfandarmad 1385	Dadar Athoran Institute, 651-52, Firdausi Road, Parsi Colony, Dadar, Mumbai 400014. દાદર અથોરનાન ઈન્સ્ટિટ્યૂટ, ૬૫૧/૫૨ ફિરદોશી રોડ, પારસી કોલોની, દાદર, મુંબઈ ૪૦૦૦૧૪.	તે મરુમો ખોરશેદ તથા ફિરોઝશા કરંજિયાના દીકરા તે નાશ, રૂસી તથા મરુમ દિના નરીમાન કરંજિયાના ભાઈ તે નરીમાન કરંજિયાના બનેવી તે પરવીન આર. કરંજિયા અને શિરીન અને કરંજિયાના જેઠ તે હોરમઝ, સારમીન અને કાર્લના કાકા.
Jehanbux (Jerry) Ardeshar Petigara જહાંબક્ષ (જેરી) અરદેશર પેટીગરા	77 ૭૭	16-07-2016	Hornby View, Rustom Sidhwa Marg, Fort, Mumbai 400001. હોર્નબી વ્યુ, રુસ્તમ સીધવા માર્ગ, ફોર્ટ, મુંબઈ ૪૦૦૦૦૧.	તે રોશન જહાંબક્ષ (જેરી) પેટીગરાના ખાવિંદ તે મરુમો રતી તથા અરદેશર પેટીગરાના દીકરા તે મરુમો શિરીન તથા એરવદ દારબશા પેસ્તનજી પંથકીના જમાઈ તે એરવદ રોહિન્ટન દારબશા પંથકી તથા ઝરીન રોહિન્ટન પંથકીના બનેવી.
Perin Keki Tarapor પેરિન કેકી તારાપોર	93 ૯૩	16-07-2016 Shehrewar Asfandarmad 1385	Aderbad, Flat - 92, Hughes Road, Mumbai 400007. આદરબાદ, ફ્લેટ નં. ૯૨, હુજીસ રોડ, મુંબઈ ૪૦૦૦૦૭.	તે મરુમ કેકી બી. તારાપોરના વિધવા તે માહરૂખ તારાપોર, ગુલ કાર્લમેન્સનના માતાજી તે સાયરસ કાર્લમેન્સનના ગ્રેન્ડ મધર તે મરુમો પિરોજ તથા એરયશા નવરોજી ગાંધીના દીકરી તે આલામાય, ખોરશેદ, નવલ, જહાંબક્ષને પરવેઝના બહેન તે મરુમો હીરાબાઈ તથા બેરામજી તારાપોરના વડુ.
Homi Rustomji Jhaveri હોમી રુસ્તમજી જવેરી	88 ૮૮	17-07-2016 Ardibehesht Ardibehesht 1385	Patel Bldg. No 9, Gamadia Colony, Tardeo, Mumbai 400007. પટેલ બિલ્ડિંગ નં. ૯, ગામડીયા કોલોની, તારદેવ, મુંબઈ ૪૦૦૦૦૭.	તે મરુમો ખોરશેદબાનુ તથા રુસ્તમજી જવેરીના દીકરા તે વિરાફ હોમી જવેરીને મેહરનોશ હોમી જવેરીના બાવાજી તે ઝિનોબ્યાને પિરોજના સસરા તે વરજાનને નેનાઝના ગ્રાન્ડ ફાધર તે ટેહમી રુસ્તમજી જવેરી તથા મરુમો મની ફરામરોજ પટેલ, મેહર એરય શેઠનાના ભાઈ.
Dosamai Pestonji Tampil દોસામાય પેસ્તનજી ટંપાલ	94 ૯૪	17-07-2016 Asfandarmad Asfandarmad 1385	Suna Building No 21, Zoroastrian Colony, Tardeo, Mumbai 400007. સુના બિલ્ડિંગ નં. ૨૧, ઝોરોસ્ટ્રિયન કોલોની, તારદેવ, મુંબઈ ૪૦૦૦૦૭.	તે મરુમ પેસ્તનજી દોરાબજી ટંપાલના વિધવા તે મરુમો દીનબાઈ તથા દીનશાજી ટંપાલના દીકરી તે મરુમો ખોરશેદ તથા દોરાબજી ટંપાલના વડુ તે દિન્યાર પેસ્તનજી ટંપાલ (કેટરર) તથા પરવીન યજદી પારડીવાલા, મરુમ નરગેસ તથા કેટી દીનશા ટંપાલના માતાજી તે દીનશા, સિલ્વુ તથા મરુમ યજદીના સાસુજી તે હવોવી, એરિક દિન્યાર ટંપાલ તથા દિલશાદ તેજસ કરેડના બપઈજી તે હોરમઝ તથા નીલુફર વિરાફ ફોજદારના મમઈજી તે યાસ્મિન, આયાન, માયશા તથા પરિનાઝના ગ્રેટ ગ્રેની તે મરુમો પેસ્તનજી દિનશાજી ટંપાલ, રતાં રુસ્તમજી મોગલ, ભીખાં અદી હવેવાલા, શિલ્વા માણેકશા નાઝીરના બહેન.
Fardoon Keki Nagarwala ફરદૂન કેકી નગરવાલા	53 ૫૩	18-07-2016 Asfandarmad Asfandarmad 1385	12/2, Wadia Blocks, Malcolm Baug, Jogeshwari(W), Mumbai 400102. ૧૨/૨, વાડિયા બ્લોકસ, માલ્કમબાગ, જોગેશ્વરી (વે). મુંબઈ ૪૦૦૧૦૨.	તે મોતી તથા કેકી ફરદૂન નગરવાલાના દીકરા તે સાયરસ કેકી નગરવાલા, ફેની ફિરોઝ ઈરાનીના ભાઈ.

Death Announcements from Prayer Hall, Worli

Shirin Cyrus Lalkaka શિરીન સાયરસ લાલકાકા	91 ૯૧	13-07-2016 Hormazd Asfandarmad 1385	904, Cumballa Crest, 42, Pedder Road, Mumbai 400026. ૯૦૪, કંબાલા ક્રેસ્ટ, ૪૨, પેડર રોડ, મુંબઈ ૨૬.	તે મરુમ સાયરસના ઘણીયાણી, તે મરુમ મેહરબાઈ અને મરુમ જાલ એન. વકીલના દીકરી, તે શિરાજ અને શાયરીનના માતાજી, તે કુમી અને મરુમ એરયશાલ લાલકાકાના વડુ, તે ઝેહાન, શનાયા અને સાયરાજના ગ્રાન્ડમધર.
Khorshed Kavaz Katrak ખોરશેદ કાવસ કાત્રક	89 ૮૯	19-07-2016 Amarlad Asfandarmad 1385	705, Cumballa Crest, 42A, Dr. G. Deshmukh Marg (Pedder Road) Mumbai 400026. ૭૦૫, કંબાલા ક્રેસ્ટ, ૪૨ એ, ડો. દેશમુખ માર્ગ (પેડર રોડ) મુંબઈ ૪૦૦૦૨૬.	તે મરુમ તેહમીના તથા મરુમ કાવશા કાત્રકના દીકરી, તે મરુમ એમી સોલી મહેતાના બહેન, તે ફિરોઝ જિમી ખાનના આન્ટી તે જિમી ફિરોઝ ખાનના આન્ટ ઈન લો તે પરિઝાદ સમૃદ્ધ શેટી અને ફિરોઝ, કોકલા ખાનના ગ્રાન્ડ આન્ટ.
Freny Phiroze Elchidana ફેની ફિરોઝ એલચીદાણા	88 ૮૮	20-07-2016 Depedar Asfandarmad 1385	7, Elphine Grove, Malcolm Baug, S.V. Road, Jogeshwari (W), Mumbai 400102. ૭, એલ્ફિન ગ્રુવ, માલ્કમ બાગ, એસ. વી. રોડ, જોગેશ્વરી (વે), મુંબઈ ૪૦૦૧૦૨.	તે મરુમ ફિરોઝ એલચીદાણાના ઘણીયાણી, તે મરુમ ફિરોઝ અને કેખુશરૂ એલચીદાણાના વડુ, તે મરુમ દોલતબાનુ તથા મરુમ સોરાબજી માસ્તરના દીકરી, તે મરુમ નરગિસ નોશીર ખોદાયજી, અરનવાજ નેર્યાસંગ દેસાઈના મમ્મી, તે નોશીર ખોદાયજી, નેર્યાસંગ દેસાઈના સાસુજી, તે મરુમ સામ, મરુમ ગુસ્તાદ, મરુમ બેહરામ, ગોદરેજ, સરોશના બહેન, તે મરુમ કેટી, જરૂ, પેરિસના સિસ્ટર ઈન લો, તે નાઝનીન નોઝર કુતાર, તોરાંજ ખુશરૂ પીઠાવાલા, કયોમર્ઝ, સાયરસ, દારાયસના ગ્રાન્ડ મધર તે માહિત, મહેરંગીઝ, મહેરનના ગ્રાન્ડ મધર ઈન લો, તે નાશા, ખારમીન, પાકઝાન, પાકઝીન, જેનાયા, આયાન, ઝર્કસીસ, જેહાનના ગ્રેટ ગ્રાન્ડ મધર તે હોશી, કેરિમરા, કેરમાન, સનોબર, મરુમ મર્ઝબાનના કુઈજી.

Death Announcements from Poona Parsi Panchayat

Banoo Sorab Munshi બાનુ સોરાબ મુન્શી	94 ૯૪	20-07-2016	Fariyas, 143 Augustkranti Marg, Mumbai 400036. ફરિયાસ, ૧૪૩ ઓગસ્ટક્રાંતિ માર્ગ, મુંબઈ ૪૦૦૦૩૬.
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YOUR MOONSIGNS THIS WEEK JANAM RASHI

લખનાર: મરહુમ મહારાજ શ્રી સ્વયંજ્યોતિના સહકાર્યકર્તા જયેશ એમ. ગોસ્વામી

સૂર્ય: કર્કમાં, ચંદ્ર: કુંભથી મેષમાં, ૨.૨.૨૧ મંગળ: વૃશ્ચિકમાં, બુધ: કર્કને સિંહમાં, ગુરુ: સિંહમાં, શુક્ર: કર્કમાં, શનિ: વૃશ્ચિકમાં, રાહુ: સિંહમાં અને કેતુ: કુંભમાં છે.



Aries - મેષ અ.લ.ઈ.

તમને હવે બુધની દિનદશા ચાલશે તેથી ૨૦મી સપ્ટેમ્બર સુધીમાં તમારા દરેક કામની અંદર બુદ્ધિ વાપરીને કામ કરશો. કાયદો મળતો હશે તે કામ પહેલા કરશો. તમે નવા કામ કરવામાં સફળ થશો. તમારી આવકમાંથી થોડીઘણી બચત કરી શકશો. નવા મિત્રોથી કાયદો ઉપાડી લેજો. કામકાજમાં જશ વધુ મળે તે માટે હાલમાં દરરોજ ભુલ્યા વગર 'મહેર નીઆએશ' ભણજો. શુકનવંતી તા. ૨૩, ૨૪, ૨૬ ને ૨૮ છે.

Now onwards Mercury will be ruling over you and hence till the 20th of September you will be able to use your wisdom to complete all your work. Jobs that promise profits, pick them up first. You will be successful in all your new endeavours. You will be able to save some money from your earnings. New friends will prove to be helpful. To emerge victorious in all your jobs, pray, 'Meher Niyash' everyday without fail. Lucky Dates: 23, 24, 26, 29.



Cancer - કર્ક ડ.ઈ.

હઠી ઓગસ્ટ સુધી સુર્યની દિનદશા ચાલશે તેથી સરકારી કામમાં સફળતા નહી મળે. હાલમાં નાણાંકીય મુશ્કેલી આવતી રહેશે. કોઈની પાસે મદદ લેવા જશો તો તે વ્યક્તિ મદદ નહી કરી શકે. રોજના કામમાં મુશ્કેલી આવતી રહેશે. માથાના દુઃખાવાથી પરેશાન થઈ જશો. મનગમતી વ્યક્તિને હાલમાં ભુલતા નહી. હાલમાં ૯૬મું નામ 'યા રયોમંદ' ૧૦૧ વાર ભણજો. શુકનવંતી તા. ૨૫ થી ૨૮ છે.

Sun will rule over you till the 6th of August. You will not be successful in government related jobs. You might experience a financial crunch. If you ask for help you might not get any. You will find hardships in your daily chores and will experience headaches. Do not miss out on your favourite person. Pray the 96th name, 'Ya Rayomand' 101 times. Lucky Dates: 25, 26, 27, 28.



Libra - તુલા ર.ત.

હઠી ઓગસ્ટ સુધી રાહુની દિનદશા ચાલશે તેથી તબીબતની કાળજી લેજો. તમે એસીડીટી જેવી માંદગીથી પરેશાન થશો. ડ્રેમિલીમાં નાની-નાની વાતમાં મતભેદ પડતા રહેશે. તમે સાચા હોવા છતાં તમારી સચ્ચાઈ બતાવી નહી શકો. જ્યાં કામ કરતા હશો ત્યાં એકબીજા સાથે ગેરસમજ ઉભી થવાના ચાન્સ છે. હાલમાં ભુલ્યા વગર 'મહાબોખ્તાર નીઆએશ' ભણજો. શુકનવંતી તા. ૨૩, ૨૫, ૨૮ ને ૨૯ છે.

Rahu will rule over you till the 6th of August. Take care of your health. You will be troubled with acidity related issues. There will be arguments among family members. You will not be able to prove your honesty. There will be misunderstandings at your work place. Pray, 'Mahabokhtar Niyash' everyday without fail. Lucky Dates: 23, 25, 28, 29.



Capricorn - મકર ખ.જ.

૨૬મીથી શનિની દિનદશા ચાલુ હોવાથી કોઈ કામને સહેલા સમજતા નહી. તબીબતની દરકાર રાખવી પડશે. સાંધાના દુઃખાવાથી પરેશાન થશો. ડોક્ટરની સલાહ જરૂર લેજો. પેસાનો ખર્ચ વધુ કરવો પડશે. તમારાથી બને એટલી શાંતિ રાખજો. નાના કામની અંદર સફળતા મળશે. શનિને શાંત કરવા માટે દરરોજ 'મોટી હપ્તન યશત' ભણવાનું ભુલતા નહી. શુકનવંતી તા. ૨૫ થી ૨૮ છે.

From the 26th Saturn will rule over you. Don't underestimate your tasks. Take care of your health. You will be troubled with joint pains. Consult a doctor without fail. There will be an increase in expenses. After the 26th your troubles will decrease. Stay calm and at peace as much as possible. You will get success in the smallest of tasks. To pacify Saturn, pray 'Moti Haptan Yash' everyday without fail. Lucky Dates: 25, 26, 27, 28.



Taurus - વૃષભ બ.વ.ઉ.

૨૬મી સુધી ચંદ્રની દિનદશા ચાલશે તેથી ઘરવાળાને સાચવી લેજો. ઘરમાં જોઈતી ચીજવસ્તુ વસાવી લેજો. ૨૬મીથી ૨૮ દિવસ મંગળ પરેશાન કરી નાખશે. હાઈપ્રેશર જેવી માંદગીથી સંભાળજો. તબિયત માટે બેદરકાર રહેતા નહી. ઘરનું વાતાવરણ સાફ નહી રહે. ઘરમાં રહેતા લોકો તમને નાની વાતમાં પરેશાન કરશે. હાલમાં દરરોજ 'તીર યશત' ભણવાનું ચાલુ રાખજો. શુકનવંતી તા. ૨૫ થી ૨૮ છે.

Moon will rule over you till the 26th. Take care of your family members. Buy all the needy household items. From the 26th, Mars will rule over you for the next 28 days. You will be troubled from all sides. Be careful of high blood pressure. Do not neglect your health. Your home environment will be a little uneasy and your family members will trouble you for the slightest of things. Pray 'Tir Yash' everyday without fail. Lucky Dates: 25, 26, 27, 28.



Leo - સિંહ મ.ટ.

હાલમાં શુક્રની દિનદશા ચાલુ હોવાથી ૧૬મી ઓગસ્ટ સુધી શુક્રની કૃપાથી લીલાલહેર કરી શકશો. અગત્યના કામો વિજળી વેગે પુરા કરી લેજો. ઉતરતી શુક્રની દિનદશા ઓપોઝીટ સેક્સ તરફથી કાયદાની વાત જાણવા મળશે. ઘરમાં કંઈક નવી ચીજવસ્તુ વસાવી શકશો. હાલમાં ભુલ્યા વગર રોજ 'બહેરામ યઝદ'ની આરાધના કરજો. શુકનવંતી તા. ૨૩, ૨૪, ૨૭ ને ૨૮ છે.

Venus is ruling over you and hence have a lot of fun and enjoyment till the 16th of August. Complete all your important work at lightning speed. The descending rule of Venus will lead you to hear good news from the opposite gender. You will be able to buy new things for your house. Pray 'Behram Yazad' everyday without fail. Lucky Dates: 23, 24, 27, 29.



Scorpio - વૃશ્ચિક ન.ચ.

આજથી રાહુ જેવા ગ્રહની દિનદશા શરૂ થયેલ છે. આવતા ૪૨ દિવસમાં તમે રાહુની સોનેરી જાળમાં આવી ગયેલા છો. કોઈની મીઠી વાતમાં ભોળવાઈ જતા નહી. આહોસી પાહોસી સાથે સંબંધ બગડી ન જાય તેની સંભાળ લેજો. કોઈ પણ કામ સમય પર પૂરા નહી થવાથી તમે વધુ ઈરીટ થશો. હઠી સપ્ટેમ્બર સુધી ખર્ચનું પ્રમાણ વધી જશે. ગુરૂની કૃપા મેળવવા માટે દરરોજ 'મહાબોખ્તાર નીઆએશ' ભણજો. શુકનવંતી તા. ૨૪ થી ૨૭ છે.

From today Rahu will rule over you. Do not get carried away in anyone's sweet talks. Do not get into arguments with neighbours. Not getting to complete your work on time will lead you to get more irritated. Your expenses will increase till the 6th of September. Pray 'Mahabokhtar Niyash' everyday without fail. Lucky Dates: 24, 25, 26, 27.



Aquarius - કુંભ ગ.શ.સ.

હાલમાં શનિની દિનદશા ચાલશે તેથી તમો તમારા કામની અંદર ગુંચવાયેલા રહેશો. તમારી નાની ભૂલ બીજાને પહાડ જેવી લાગશે. હાલમાં જ્યાં ત્રણનો ખર્ચ કરવાનો હશે ત્યાં ત્રીસનો ખર્ચ કરવો પડશે. ખર્ચ કર્યા પછી મનને કે તનને શાંતી નહી મળે. હાલમાં વડીલ વર્ગની ચિંતા ખૂબજ સતવાશે તેમની સાથે મતભેદ પડશે. ભુલ્યા વગર 'મોટી હપ્તન યશત' ભણવાનું ચાલુ રાખજો. શુકનવંતી તા. ૨૩, ૨૪, ૨૫ ને ૨૮ છે.

Saturn is ruling over you and hence you will be confused with your work./ Your smallest mistakes will be perceived as huge ones. You will end up spending double than what you had expected. Even after spending so much you won't be satisfied. You will be concerned about the health of your elders and there will be differences of opinion as well. Pray 'Moti Haptan Yash' without fail. Lucky Dates: 23, 24, 25, 29.



Gemini - મિથુન ક.ઇ.ઇ.

ચંદ્ર જેવા શાંત ગ્રહની દિનદશા ચાલશે તેથી ગામ-પરગામ જવાના ચાન્સ વધી જશે. તમારા મનની વાત કોઈને કહેવી હોય તો કહી દેજો. નાણાંકીય કાયદો થતો રહેશે. ઘરમાં વડીલ વર્ગની ચિંતા હશે તે પણ ઓછી થતી જશે. તમારું બુરૂ કરનારને પોતાના કર્મનું ફળ મળી રહેશે. હાલમાં ૩૪મું નામ 'યા બેસ્તરના' ૧૦૧ વાર ભણજો. શુકનવંતી તા. ૨૩, ૨૪, ૨૭ ને ૨૮ છે.

Moon will be ruling over you and hence you will get to travel a lot. If you what to convey your emotions to someone, then do so. There will be financial profits. You will be concern about your elders but this stress will lessen. Those who plan to do evil to you, will repay their own karma. Pray the 34th name, 'Ya beshtarna' 101 times. Lucky Dates: 23, 24, 27, 29.



Virgo - કન્યા પ.ઘ.ઇ.

હાલમાં તમને શુક્રની દીનદશા ચાલુ હોવાથી દેશ-વિદેશમાં જવાના યોગ મળી રહેશે. નાણાંકીય મુશ્કેલી નહી આવે. તમને જોઈતી મદદ મિત્રો તરફથી મળી રહેશે. તમે જેની સાથે પ્રેમ કરતા હશો તે વ્યક્તિ ઈસારાથી તમારા મનની વાત સમજી જશે. નોકરીમાં નાનું પ્રમોશન મળવાના ચાન્સ છે. નાણાંકીય કાયદાની વાત ઉપર ધ્યાન આપજો. હાલમાં દરરોજ ભુલ્યા વગર 'બહેરામ યઝદ'ની આરાધના કરજો. શુકનવંતી તા. ૨૪, ૨૫, ૨૬ ને ૨૮ છે.

Venus is ruling over you. You might get to travel abroad. There will be no financial crises. You will get the required help that you need from your friends. Your loved one will understand your thoughts even through signs and signals. You might get a small promotion in your job. Pay attention to matters that might bring financial profits. Pray, 'Behram Yazad' everyday without fail. Lucky Dates: 24, 25, 26, 28.



Sagittarius - ધન બ.ઇ. ફ. ડ.

૨૪મી ઓગસ્ટ સુધી ગુરૂની દિનદશા ચાલશે તેથી ધર્મ ને ચેરિટીજના કામ સારી રીતે કરી શકશો. નાણાંકીય મુશ્કેલી નહી આવે. અદ્વય મદદ મળતી રહેશે. જ્યાં કામ કરતા હશો ત્યાં કાયદાની વાત જાણવા મળશે. નાની મુસાફરીનો ચાન્સ મળતો રહેશે. મુસાફરીમાં જવાથી આરામની સાથે ધનલાભ મેળવી લેશો. હાલમાં દરરોજ ભુલ્યા વગર 'સરોશ યશત' ભણજો. શુકનવંતી તા. ૨૩, ૨૪, ૨૮ ને ૨૯ છે.

Jupiter will rule over you till the 24th of August. You will be able to carry out charitable and religious work. There will be no financial crunch. You will keep getting invisible help. You will get to hear profitable news at your workplace. There are chances of small trips taking place. These trips will provide relaxation as well as financial profits. Pray, 'Sarosh Yash' everyday without fail. Lucky Dates: 23, 24, 28, 29.



Pisces - મીન ઇ.ચ.ઝ.થ.ઇ.

૨૦મી ઓગસ્ટ સુધી બુધની દિનદશા ચાલશે તેથી હાલમાં તમને તમારા કરેલા કામમાં આનંદ આવશે. નાની નાની વાતમાં ખુશ થતા રહેશો. કામકાજમાં નાનું પ્રમોશન મળવાના ચાન્સ છે. ગામ-પરગામથી સારા સમાચાર મળશે. વડીલ વર્ગની ચિંતા ઓછી થશે. હાલમાં ભુલ્યા વગર 'મહેર નીઆએશ' ભણવાનું ભુલતા નહી. શુકનવંતી તા. ૨૬ થી ૨૮ છે.

Mercury will rule over you till the 20th of August. You will get immense happiness in the work that you do. You will get happy in the smallest of things. There are chances of acquiring a small promotion at your work place. You will get to hear good news from far way places. You will be less worried about your elders. Do not forget to pray 'Meher Niyash'. Lucky Dates: 26, 27, 28, 29.

SPORTS ROUNDUP

By P. T. Reporter
Binaisha M. Surti

CRICKET

Pakistan Clinch Victory At Lord's

The first Test match between England and Pakistan turned into an exciting encounter. Pakistan won the toss and made the right decision to bat first. They notched up 339 runs with skipper Misbah-ul-Haq's top ton. In reply, the Englishmen were all out for 272 runs in 79.1 overs. Yasir Shah picked up 6 wickets and gave away 72 runs. During the second innings the visitors scored 215 runs giving themselves a good chance of victory. However, England's batsmen were bundled out for 207 runs. Yasir Shah yet again scalped 4/69 in 31 overs. Pakistan won the first Test by 75 runs with Yasir Shah awarded 'Man of the Match' for his bowling.

FOOTBALL

Kochi Overpower Mumbai In Premier Futsal 2016

Kochi 5's won against Mumbai 5's, 4-1, in the Premier Futsal Match at Jawaharlal Nehru Stadium.

Kolkata And Goa Play Out A Draw In Premier

Futsal 2016

Vampeta scored two quick goals in the third quarter as Goa 5's held their opponents Kolkata 5's to a 2-2 draw at Peddem Sports Complex.

HOCKEY

Victory For Indian Women's Hockey Team

The Indian women's hockey team played as a unit to register a 2-1 win, against hosts USA, in their second game of the American tour.

PRO KABADDI

July 18th saw Bengal Warriors take on Telugu Titans, in a tied match. July 19th had Telugu Titans beat Dabang Delhi by 8 points, while Bengaluru Bulls beat Bengal Warriors by 2 points. The next day, U Mumba overpowered Puneri Paltan by 3 points. On 21st July, Jaipur Pink Panthers emerged victorious defeating Dabang Delhi by 2 points, whereas U Mumba drew against Telugu Titans in a nail-biting finish.

CYCLING

TOUR DE FRANCE Chris Froome Wins Stage

18, Now Leads The 2016 Edition

Britain's Chris Froome won the stage 18's time trial at the Tour de France to extend his lead. The 31-year-old finished 21 seconds ahead of Dutchman Tom Dumoulin to win the 17 km stage in 30 minutes and 43 seconds. Fabio Aru finished in third position.

GAMES TO WATCH OUT FOR IN THE UPCOMING WEEK

PRO KABADDI LEAGUE

- 23rd July**
- Patna Pirates V/s Puneri Paltan
 - U Mumba Vs Bengaluru Bulls
- 24th July**
- Dabang Delhi V/s Bengal Warriors
 - Telugu Titans V/s Jaipur Pink Panthers
- 25th July**
- Dabang Delhi V/s Patna Pirates
- 26th July**
- Patna Pirates V/s Telugu Titans
 - Dabang Delhi V/s Puneri Paltan
- 27th July**
- Puneri Paltan V/s Bengaluru Bulls
 - Dabang Delhi V/s U Mumba
- 29th July**
- Semi- Final 1
 - Semi- Final 2

CRICKET

- 21st to 25th July**
- 1st Test Match: West Indies V/s India
- 22nd to 26th July**
- 2nd Test Match: England V/s Pakistan

FORMULA 1

- 22nd to 24th July**
- Hungarian Grand Prix, Budapest

Kudos Hoshmand!

Congratulations to eight year old Hoshmand Elavia for coming second in the JK Tyre Indikarting National Series powered by Tata Motors. The championship was held from April to July 2016 across various destinations. Hoshmand was the only candidate from Mumbai in the Pro-Cadet category (7 to 12 years). He did his training under Rayomand Banajee (Rayo Racing Team) and thanks him for the support.



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