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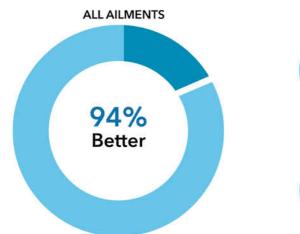
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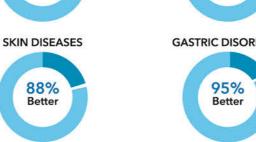


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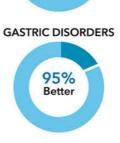
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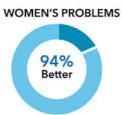


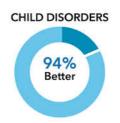












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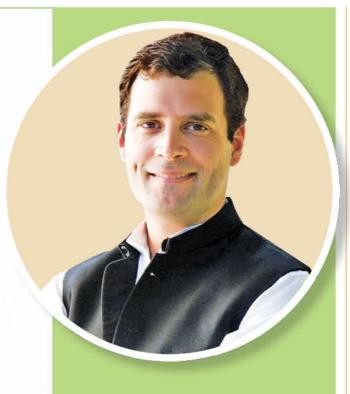
#### MESSAGE

I wish all my Parsi friends Sal Mubarak! May the new year bring for you much joy and prosperity. The Parsi community has made tremendous contributions to different spheres of our public life through their hard work, talent and rich traditions. I hope that we continue to see this vibrant community prosper and excel. Navroze Mubarak!



Rahul Gandhi

August 10, 2016



Parsi Times is privileged to share Navroze Greetings sent to our readers from aapro Rahul Gandhi, MP, Lok Sabha.

### FROM THE EDITOR'S DESK

### Parsipanu - Kindness And Grace

Dear Readers,

The past six months as Editor has been a fabulous journey. I'm grateful to have grown in knowledge of detailed insights into our religion, culture, traditions, but most importantly, our people. And it is with the intention of

celebrating the spirit of our people, that the Parsi Times team decided on 'Parsipanu' as the theme of this Bumper Special New Year Issue. We hope you enjoy reading this issue, as much as we have enjoyed compiling it!

So, what really is Parsipanu? Is it the food? The skin color? The culture? The language? The achievements? The quirks? Or the history? We asked a number of Parsis to define 'Parsipanu' in one word. Some of the answers included the words: integrity, philanthropy, foodies, honesty, cultured, light-heartedness, fun-loving, quirky, etc. It's a touching privilege for me to share that the two most frequently uttered answers that best described 'Parsipanu', were 'kindness' and 'grace'. Yes, indeed! Our ancestors left behind an inimitable legacy, of these two divine qualities, that sets us apart as a people even today, and it is our solemn duty to further it. Insomuch, Parsipanu lies in the heart, and at heart, we are a happy, celebratory people. Parsipanu is an attitude - it is the way we think and behave. And going by the high esteem in which we are held by our nation and the world over, we've definitely got reason to celebrate!

In fact, next week we double our celebrations with our 70th Independence Day falling on the 15th of August. Save a couple of names, not much is known about the freedom fighters and war veterans from within our community, who risked it all so that we could breathe easy in democracy. Check out 'Tribute To Our Bravehearts' in this issue, honoring our freedom stalwarts. We also bring you most areas that symbolize true Parsipanu - including food, bikes, cars, religion, philanthropy, Parsi humour, et al.

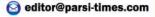
As we prepare to enter our Navu Varas next week on the 17th, let's look forward to creating a beautiful New Year for our loved ones and ourselves, based on the wondrous qualities that we spoke of - kindness and grace. And that would make us even better Zarthostis, as kindness and grace are the direct progeny of 'Good Thoughts, Good Words and Good Deeds'!

A special note of thanks to Rahul Gandhi (MP, Lok Sabha) for reaching out to wish our community through Parsi Times. Also, many thanks to our fabulous Bollywood brigade for sharing warm words and cheerful wishes with our readers.

On behalf of Team Parsi Times, here's wishing all our readers and community members a hearty Navroze Mubarak! May the new orbit ring in every happiness and success for each of you!

Ushta Te!

- Anahita



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### Happy New Year



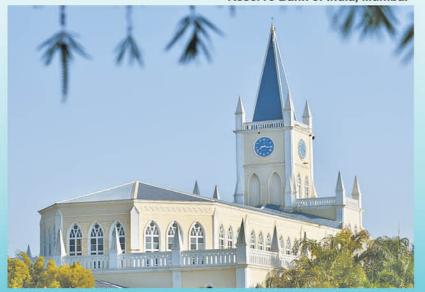
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Wishes the Parsi Community a

### Happy New Year!

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May the streets of Dadar Parsi
Colony remain hawker – free.

May we never run out of Duke's Raspberry.
May contraception fail us.
May our cars stay shiny and new.
May the year be filled with Farcha,
Patra Ni Machi and Dhansak,
May we find new excuses to drink,
May every meal end with
Lagan Nu custard.
And most important of all,
May the government never thrust
Prohibition upon us.

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lovely the hen people at PT called me up a few weeks ago to write a piece for the New Year's Special edition, I knew exactly what I wanted to write about - a piece on 'how classic cars (and bikes) are just better and cooler than anything modern'. But, before I start to wax lyrical, let me get one fact straight: new cars (and bikes) are a million times more dependable and reliable than their classic counterparts.

As an 18 year old boy, my dad refused to let me drive one of his perfectly restored classic Fiats. Instead, I was given a choice. I could use my mother's Maruti 800 or he would buy me a used and rather poorly maintained 1967 Fiat 1100 Delite. Initially I chose the Maruti for the sake of air

### The Joys Of Classic Motoring

A big part of the heart of 'Parsipanu' lies in hanging on to our old, classic cars! Each colony has its own share of these classic splendors, carefully wrapped up through the week or the month, to be unveiled only when you know you have a good six to eight uninterrupted hours to romance it! Having your own classic car as a pet project can make you fall in love with it. Parsi Time's Automobile Specialist Cyrus Dhabhar explains.....

conditioning, but the charm of that wine-red Fiat eventually took over. Of course, back then

your hands combined with the

breakfast on a Sunday morning. Empty South Bombay roads and the sound of a growling race-exhaust behind you, is something that I guarantee, will move your soul. I to rely on Raju mechanic is what the experience is about!

Gone are the days when every Sunday you'd find Parsi men and boys washing their own cars or trying to work on them to make them better. Gone are the days where you tried out a combination of jets in your carburetor to find out which gave the best performance to your pristine RX100. But why should they be gone? Why can't we bring them back? Buy an old car. Take a chance. Talk to someone who knows their old cars and work with them on the car to make it YOUR car something that YOU made! And then be proud of it. There is no better feeling! Project cars are awesome and just in case this article does genuinely inspire you to go out and buy a classic Fiat, I would be more than happy to sell you one of mine!

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sheer scent of an old car... the

aroma of grease and petrol on

in itself a learning curve. and an enjoyable one at that!

Taking something apart and then putting it back together, so as to make it work better than it did before, is a feeling that will make you swell with pride. And then, there is the

well-worn leather or rexine... is in my opinion far better than 'that new car smell' that everyone keeps raving about.

But nothing, and I mean nothing, gives me the same kind of joy and fulfillment than driving one of my old babies to

saying new are more reliable. Of course they are. And of course your old car will break down when you least expect it to and make a mess of your schedule. But that is where the fun lies! Trying to detect what the problem is and fixing it yourself without having







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### Parsi Thy Name Is Charity

Pahlavi Dinkard recommends cultivation of five virtues which are of religious merit - truthfulness; Charity: Skill: Endeavour: and encouraging others in vanquish all these forms of evil through the establishment of educational, health care and skills development institutions.

#### Institutional Philanthropy

Apart from individual acts of charity, Institutional Philanthropy began to take shape around the 18th century. According to Shapur F. Desai: "Some kind of a fund was at the disposal of the Parsis" way back in 1732. There is no record to show how the money was collected and who kept it and dispensed it. It was probably an ad hoc arrangement to collect and disburse the money, as and when circumstances demanded.

The birth of the Parsi Punchayet of Bombay can be placed anywhere around

The first fund on record started by the Punchayet was in 1826, for funeral expenses. Four months later, another fund was started for giving maintenance relief to the poor and destitute of the community. Since then, various funds have come into existence and reportedly the Punchayet, today maintains over 1,200 khatas or separate

### From Charity to Philanthropy

Today, the world is shifting its focus from charity to philanthropy. People often use the terms "charity" and "philanthropy" interchangeably and think the two are synonymous. This is incorrect. Charity (which mostly involves alms-giving) generally addresses the symptoms.

> while philanthropy (defined broadly as "love for humanity") tends to strike at the root of various issues facing society.

> Contemporary philanthropy has come to be recognized as being broadly concerned with improving the quality of life for all members of society by promoting their welfare, happiness and

serving their fellowmen... in a



country of India's size, diversity and problems, the way to uplift the nation is to light the spark in a million hearts and let them find their momentum. Funds are needed to assist them. But if you start with creating large organizations and expect them to do the job, you are beginning at the wrong end... We need the men who will plan the strategy, have the dedication and also give of themselves."

When one thinks of philanthropy, the name 'Tata' immediately comes to mind. The patriarch of the Tata family, Jamsetji, lived in an

traces its roots to the time of the British Raj. No less a person than Mahatma Gandhi has acknowledged, "I am proud of my country, India, for having produced the splendid stock. Zoroastrian in numbers beneath contempt, but in charity and philanthropy, perhaps unequalled,

a common expression that probably

Parsi, thy name is charity" is

#### **Religious ethos**

The driving force behind a Parsi's charitable instinct is his religious ethos. From a religious point of view, Parsis consider poverty, suffering and want as an affliction of evil. To remove poverty, disease and suffering is not only a religious duty, but an act of spiritual merit, depriving "evil" of sustenance. If Christ asked his followers to love their neighbours, Zarathushtra asked his followers to attain happiness by making others happy. (Yasna 43.1)

certainly unsurpassed.

Many religious traditions have looked down upon wealth and its acquisition. Orthodox Christians believe "it is easier for a camel to pass through the eve of a needle than for a rich man to enter the kingdom of heaven". A Hindu considers wealth as "Maya" (illusion) which leads to bondage. A Parsi, on the other hand, considers wealth to be fundamentally positive, provided it is acquired through righteous means and used for righteous purposes.

#### Wealth as a positive resource

No other quality has brought so much fame to the Parsis as their charities - cosmopolitan as well as communal. Says Dr. E. Kulke, "This charity system was made possible and furthered by the basic attitude of the Parsis, motivated by their religion, that wealth is fundamentally positive, that it brings, however, certain social obligations along with it."

good deeds. In the Handarz literature. Aturput Mahraspand, the High Priest at the court of the Sassanian King, Shapur II, speaks of three grades of charity:

to give without being

asked or requested to give;

to give immediately on being asked or required to give;

to give at the promised time, if one has promised.

Aturput Mahraspand adds that charity is good when one expects nothing from the receiver in return and entertains no such expectations. Good charity, according to him, is never done for personal gain or

From a Zoroastrian point of view, wealth is not only a positive resource but a tool with which social injustices can be addressed. Poverty, illiteracy, disease, hunger, want, etc., are all afflictions of evil and wealth can be a very powerful and positive tool to

1672 - 1675. The history of this august institution is as old as the history of Bombay. From a sleepy cluster of seven islands inhabited by the Koli fishermen, Bombay owes its development and growth largely to the contribution of the Parsis. Gerald Aungier, the then Governor of Bombay. recognized that it would not be an easy job to rule over a foreign population having deeprooted social and religious mores. He therefore asked all communities living in Bombay to form their own social organizations to govern their own people, keeping law and order within the bounds of the Government. All communities formed their own bodies called "Punchayets". Over time, the Punchayets of all communities, except the Parsis, died out.

From a Zoroastrian point of view, wealth is not only a positive resource but a tool with which social injustices can be addressed.

**Charity (which mostly involves** alms-giving) generally addresses the symptoms, while philanthropy broadly "love (defined as humanity") tends to strike at the root of various issues facing society.

culture. It focuses on interests and concerns of all income classes, such as protecting the environment, preventing diseases, improving education and recreational facilities. enhancing the arts, preserving historic landmarks, etc. Charity, on the other hand, has come to mean serving mainly, if not only, the poor, the disabled and the needy.

Also, philanthropy is not about giving of one's wealth alone. It includes giving of one's time, experience, expertise and labour. Says Late Mr. Rusi M. Lala, noted author and former Director of the Sir Dorabji Tata Trust, "Men are more important than funds - men, dedicated to

age when philanthropy was its own reward - tax rebate for charitable donations was Between unknown then. themselves, the Tata Trusts have created an infrastructure for the balanced development of the nation in science, technology, social science, arts and culture.

Parsi charity, both, in terms of size and scope, has been staggering. From public schools and public hospitals to welfare of women, children and the aged, the Parsis have given back to the country it adopted as its home sometime around the 9th century A.C., it's due, many times over.





## The Zoroastrian Trust Funds of Europe is 155 years old! We wish you all a very happy and prosperous Shahenshai Navroze 1386 YZ



Following the ten days of holy Muktad prayers in remembrance of the souls of our dearly departed, we shall celebrate Shahenshai Navroze 1386 YZ. You are cordially invited to join us at any time and particularly for the Navroze Jashan to be performed at the Zartoshty Brothers Hall, Zoroastrian Centre, London, on Wednesday 17th August 2016, and

ZTFE thanks the Government of India Ministries of Minority Affairs & Culture for generously funding the successful 'The Everlasting Flame International Programme', New Delhi, from 19th March till 29th May 2016

to dinner and dance thereafter.



Dr Najma Heptulla, Honourable Minister of Minority Affairs, being presented the ZTFE Sesquicentennial Medallion on Jamseheedi NoRuz, 21st March 2016. Alongside are Dr. Cyrus S. Poonawalla, Honorary Life Member of the ZTFE, ZTFE President Malcolm M. Deboo and Lord Karan F. Bilimoria CBE DL and ZTFE Patron



ZTFE congratulates our patron Lord Karan F Bilimoria CBE DL on 10 years in the House of Lords. ZTFE will felicitate him at a special event in November 2016

A rare phenomenon! ZTFE congratulates 2 Zoroastrians receiving their Honorary Doctorates at the same time from the University of East Anglia, UK, 19th July 2016 — our patron Lord Karan F Bilimoria CBE DL and Life Member Bahram S Bekhradnia



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ZTFE felicitates Trustee Rusi K Dalal for over 30 years
of community service on Ardibehesht Mah Parab on Sunday 18th September 2016.

ZTFE remembers Indian Soldiers who served King Emperor during First World War
on Remembrance Sunday 13th and Saturday 19th November 2016.

## PREETI ERIC PATEL

### Old Journeys, New Destinations

Navroze is round the corner and the calendar shows more reds than blues in the week! Want to sneak out for a quick break or short holiday with friends or family? But having to play around with the same old options most of us consider - Lonavla, Khandala, Udvada, Daman or Mahabaleshwar - for a 'short break' gets boring, no? Well, this time do it again, but with a difference! Preeti Eric Patel takes you to a trip to Daman-Dahanu-Bordi-Nargol with a schedule which will make you feel you're a first-time visitor!

ll of us know Dahanu -we've done to death its lovely beaches, its seafood, chikoos, mangoes and fresh coconuts. But did you know that 'Dahanu-Darshan' is part of the world famous concept of the niche Tribal and Village Tourism, and that the now worldfamous Warli Art actually comes from the Warli tribe of this region? It was with encouragement from Pupul Jayakarin and Phiroza Tafti, the environmentalist and ex-convenor of the Dahanu Chapter of INTACH, that the art came into limelight. Then there are the Totem Poles - relics from pre-historic times!

Apart from beautiful beaches with rows of swaying casuarinas along the 17 km long stretch and the peaceful surroundings, Dahanu has lovely rose gardens and fruit orchards. You can indulge in swimming and lazing around, hang out with family and friends, enjoy camel rides and excellent food at hotels, restaurants, roadside eateries and homestays. 'Chicken Bhujing' (traditionally grilled chicken) can be the highlight of your visit!

Although the town can be explored in just a day, do stop over and explore lesser-known places like the 400-yearold Dahanu Fort, and the man-made Asavli Dam, which is a popular picnic spot and a starting point for the Bahrot

The 20 km drive from Dahanu to Bordi is very scenic, with old bungalows one side and the

Caves.

sea on the other. The beach is long and great for walks and safe for swimming. The place offers simple resorts with a farm character which you can check out.

Bahrot Caves, at a height of about

Fort of Moti Daman

1.500 ft, are believed to have hosted our Zarathosti ancestors who carried the Iranshah Flame and kept it here for 13 long years in 1351. You can even organize a special Jashan inside the caves if you

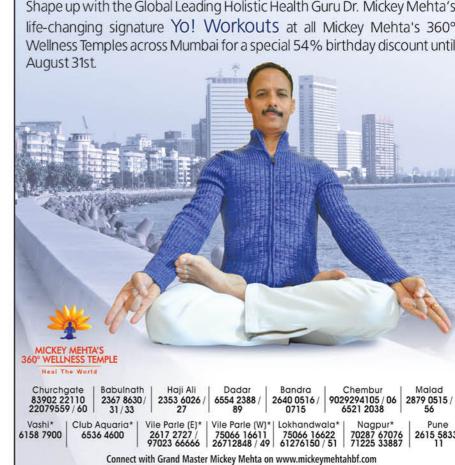
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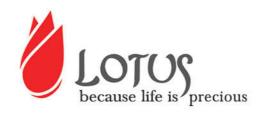




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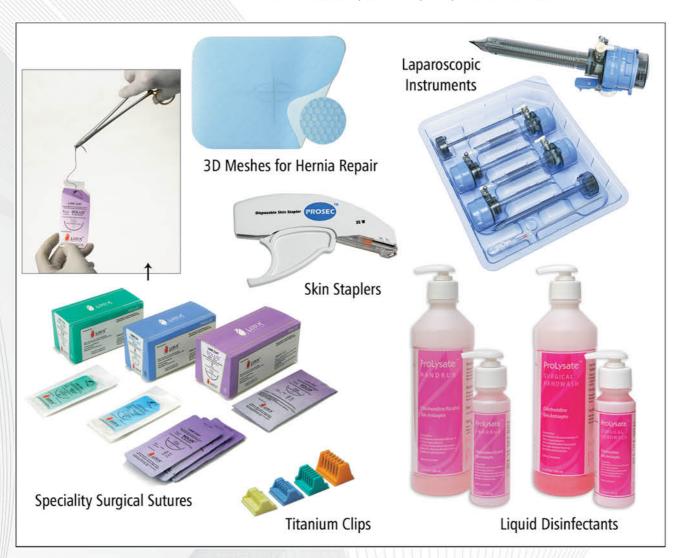


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and 50's) you could 'smell'

the pleasant 'Parsipanu' the

### PT's ace writer, Ruby Lilaowala, takes us all through a captivating

Those Were The Days...

journey down memory lane as she enunciates the true essence of Parsipanu as it was lived, loved and celebrated decades earlier...

house, to every nook and corner **RUBY LILAOWALA** o matter what you've accomplished in life so far, no matter if you are male or female, rich or poor, educated or a moron, chances are, you have a bit of 'Parsipanu' in you. It comes as a package-deal with our genes and chromosomes. Other communities call it Parsieccentricities but that doesn't cramp, suffocate or diminish our MAD-BAWA-STYLE! In my childhood (40's

and to every family member who would bow down to Ahura Mazda in gratitude for the brand new day. Today, very few lucky Parsi homes have this practice going. In fact today, most Parsi housewives don't even have the time (or the inclination) to do chok-na-sagan or toran! They have these permanent Rangolis fixed near the entrance to their houses and a permanent floral-toran made of paper or nylon! The early morning sagan is left to the 'Gangubai' who invariably turns up late, sometimes even at 10 o'clock and does everything routinely. After this

moment you opened your eyes,

by the whiff of the 'loban'. It

would be taken all over the

came the cooking. The lady or ladies of the house would cook sumptuous meals for the family. Masalas would be ground on the black masala-nopatthar (stone) hammered

into tip-top condition by the 'Taakivali' from time to time. The food was thus finger-licking good compared to today's fare, with the masalas being bought ready-made.

Mealtimes, especially dinners, were a family affair and all members had to be home by 8:00 pm around the dinner table. Today, in most nuclear families, the husband works and the wife works, so how does the house work? Simple. The hubby (or wife) tells the spouse, "I'm working late tonight - take out the frozen 'whatever', microwave it and eat it. Don't wait up for

One 'Parsipanu' I really miss are the muktads done at my house. The entire house pulsated with Bapaiji's energy as she selected everything, from flowers to fruits (at age 80) for the man she loved and lost and whose photo she kissed daily. She did not assign any priest to pray for her departed husband, saying, "they pray for money, I pray for love."

Even the papri, daran



and malido were prepared in advance at home and put in the 'chasni' tray. As a child, this was my first experience of the seamless relationship between everyday life and the world beyond, where our ancestors go. The prayer-corner in the kitchen became my childhood place, associated with customs. rituals, worship and spirituality we called 'Parsipanu' which existed abundantly then.

As I said, Bapaiji was iconoclastic and also, didn't believe in paid-rituals. Also, she always prayed at home saying, "My prayers are not less holy because I say them in my house." She believed in the maxim, 'the hands that help are holier than the lips that pray.'

I got my religious grounding from the 'Dharmagyan ' classes at the Cusrow Wadia Gujarati Medium School (in Cusrow Baug) from Dasturji Jal Bajan in my childhood. Another bit of 'Parsipanu' that has vanished is the young man (working in the Karani Agiary at Cusrow Baug) who would come doorto-door with a small woodenbox to collect donations for the 'Behram Roj' Jasan once a month. He would just yell 'Behram Roj' as we opened the door and people would understand. Once my elder daughter, Delna, who must have been four at that time bumped into him on the staircase and immediately greeted him with "Hi Behram Roj" thinking that's

Jokes about the 'Parsi nose' are also part of our 'Parsipanu'. Because we are an enlightened community, we know how to laugh at ourselves. Some have a perfectly aquiline nose like a Greek God while some have a parrot-like nose. Some have had surgery done on it to prevent snoring but the Parsi nose is unique since the Parsi loves to poke his nose in other

people's business and Parsis have a nose for inviting trouble (read senseless controversies).

In fact, we don't face any external threats for extinction. The danger lies within due to late marriages, delaying the first child, inter-caste marriages and so on. Our boys and girls immigrate to Western countries and marry the locals there. This also eradicates our 'Parsipanu'. Someday, some granny may read a fairytale to her grandchild, "Once upon a time, there were some wonderful people called Parsis" and the grandchild's eyes will widen with wonder.

'Parsipanu' and the Parsi's car go hand in hand. Even if a Parsi man is not romantic and not likely to get married, he will have a torrid romance with his car or his bike. If he is married, well, the car is his 'mistress' and the wife will have to understand! The car is the Parsi man's toy which he never outgrows. He'll bring her home like a bride with proper chok-narial-toran-na-saganand he'll sink into a massive depression if God forbid, he ever finds a scratch on it. He may not treat his wife in a loving way, but he will surely fuss over the (Sauten) car, at times even washing it himself or else driving the cleaner mad, saying "Baraber dho ni!!", until the poor chap retorts, "Abhi kitna barabar dhoyega??"

My own case is even more unfortunate. On our morning walks, if my hubby sees some tiny spec on our car, he takes out his kerchief and cleans it. But if a crow does 'good-luck' on me, he will clean it with some dry leaf and say, "Its' gone." An average Parsi has seen them all, in terms of cars right from grandpa's Austin and Morris Minor to Di Soto to Fiat, to Maruti to Mercedes to the one with four bangles (char chital vali Audi). He may use it

Contd. on Pg. 72



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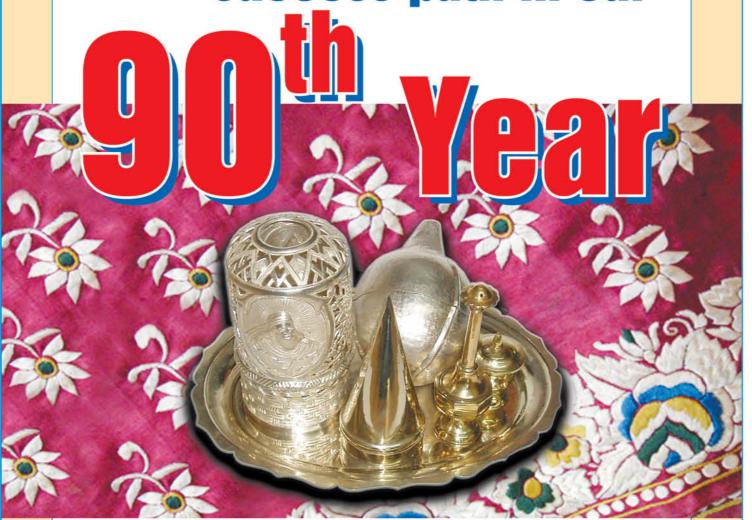
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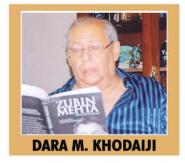
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### Khosrow I - Naushirvan The Just

We take immense pride in our history. No Special Issue can be special enough without sharing the history of the Kings we pride. Let's gear up for a fascinating story about the glory of our erstwhile Kings, with **Dara Khodaiji's 'Naushirvan The Just'**...

hosrow I, (Chosroes I or Kaswra), better known as Anushirvan, "the Immortal Soul" or Anushirvan-e-dadgar, Anushirvan the Just, or Naushirvan the just, the twenty-second Shahenshah of the Sasanian empire was born in AD 501 (Some historians say he was born in AD 498). He was known as one of the greatest emperors of Persia for his fair and just rule.

He was the third son of Kavadh (Kobad)-I. Kobad while on his death-bed appointed Khusrow Naushirvan as his successor, who became king in AD 531.

During Kavadh's reign a religious activist preached a religious and philosophical thought which he considered to be a refined and purified view of Zoroastrianism. He preached of economic and social systems, instituted communal possessions, and social welfare

programmes. In all probability he can be considered the first in all history to propound socialism. His followers, the Mazdakites were loyal to Kavadh's elder brother Kawas while the noblility and the clergy who regarded his teaching as heresy and blasphemy were loyal to Khusrow Naushirvan. Naushirvan upon coming to the throne went after them and had Mazdak and most of his followers executed.

A group of noblemen along with Bawi, an uncle of Naushirvan and a Mazdakite, plotted to overthrow Naushirvan, and install Naushirvan minor son upon the throne. This would enable the noblemen to bring Kobad's son Jamasp (Zames) and rule as the regent. Jamasp being blind in one eye was ineligible for the kingship.

Procopius mentions that the plot was discovered, all the conspirators, all the sons of the late king Kobad together with their sons were condemned to death. Kobad, son of Jamasp, managed to escape. Naushirvan summoned wise men from different parts of his empire, and under their consultation, he introduced several administrative reforms. His vast empire was governed by several satraps independently. Naushirvan felt that the crown was unable to exercise enough influence over these domains. He established four vast divisions of his empire and appointed four vicerovs in whom he had implicit faith. The satraps would report to the viceroys and the viceroys in turn would report to him. He appointed secret agents who kept him abreast of the world affairs, and also grievances of his subjects, He travelled far and wide in his realm and personally investigated into the conditions of his people. His justice was swift and certain. Mirkhond mentions of an occasion when he had had executed almost ninety corrupt officials of tyranny and extortion. His good administrative reforms and impartial justice resulted in sense of security in all his subjects everywhere. reminds one of Dr. Darab

S a n j a n a 's metaphorical quip that "the sheep and the wolf could drink at the same spring".

He sent instructions to all in authority his that all subjects, be they farmers Priests. or traders merchants, on land or at sea, their welfare should be their prime duty. He emphasized that people should have no fear of crown and his court was open to all. This earned him the appellation Anushervan or Naushirvan "Of meaning Blessed the or Immortal Soul," and Dadgar and Adil meaning "The Just. This" It is a fact hat in ancient the King was the fount of Law

and justice. This is how Khosrow I came to be better known as Naushirvan.

His reforms in the land revenue system were perfect. His army was well equipped with weapons. Naushirvan was a well-read and knowledgable king.

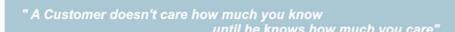
Two great empires, the Roman and the Persian empires had been constantly at war. Both had become war weary and the Roman Emperor Justinian was anxious to bring to an end all the hostilities. In AD 532 Justinian made truce with Naushirvan and a year later a treaty was signed for the "endless peace", and the terms were settled.

Shortly afterwards Harith bin Jabala, a protégé of Justinian attacked Al-Mondhar (Manzar) an Arab chief and vassal of Naushirvan, plundering his people and slaughtering them. Mondhar approached Emperor Naushirvan and addressed him saying, "If thou art the Shah of Iran and the guardian of the brave, why should the Romans lord it so, and invade "Desert of the Cavaliers" Naushirvan also received representations from King of Italy, Bassaces, an Armenian chieftan and several others to declare war against Justinian who had the ambition of universal dominion. "The endless Peace" had been breached. According to Firdausi, Naushirvan never entered upon a war indiscriminately. Whenever he noticed any hostile intentions of any king it was his practice to an ambassador to his adversary and offer him a chance to desist from his intentions to invade him. Yet if the adversary was intent upon hostilities Naushirvan was capable of giving a fitting reply. Naushirwan crossed the

Euphretes and marched to the city of Dura (not city of Dara as Gibbon contends), gave the warning not to resist, but it was ignored and the Great King captured it. Four days later the next town Borhoea (Aleppo) surrendered without resistance and paid of two thousand pounds of silver as ransom. Next was the magnificent city of Antioch which was defended by a Roman garrison under Justinian's nephew Germanus. The great king now made his way home to Persia. On way he was paid ransoms by the city of Edessa, Constantina and Dara.

In the year 542 the king set forth on a renewed campaign but he had to turn back because of an epidemic of plague in Egypt and Palestine. The following he started moving towards the Armenian frontier but again due to plague in his own troops he turned back. In the year AD 551 Naushirvan found himself in an unpleasant situation. He had to quell a rebellion against him by his son Anoshazad (the Immortal Born), Firdausi's Nushzad. Anoshazad had adopted the religion of his mother, who was a Christian. For some reason, probably of his influencing other Zoroastrians to adopt Christianity that Anoshazad had been interned at Jund-i-Shapur. On hearing a rumour that Naushirvan had taken who was on a campaign against the Syrians had taken ill and died. He readily believed this rumour and summoning the Christians throughout the kingdom proclaimed himself the king. Not only he gathered a force of thirty thousand men out of the treasures his mother had out to his disposal, but he also was counting upon the help from the Roman emperor.

> Naushirvan sent a letter Contd. on Pg. 20





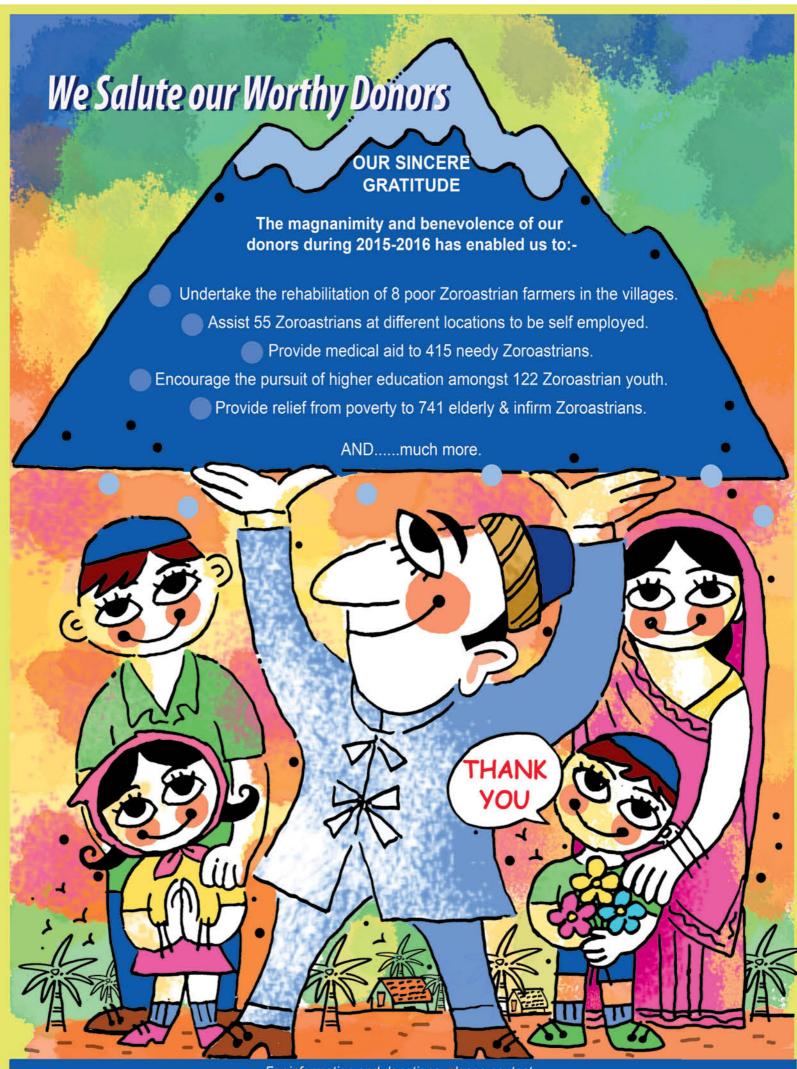
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- By Mehran

amount. If the market rises you will get fewer units and conversely if the market falls you will get more units and hence averages your cost of purchase. This approach not only ensures that investors don't time the market but also invites a win-win situation. If the market rises, your past purchase value will appreciate and in case the market tanks then you will average because of cheaper price.

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ur community has different religious titles which are applied before the names of individuals, like 'Behdin' for the non-priestly sect and 'Osta', 'Osti', 'Ervad', etc. for priests. These religious titles are based on the religious status of people and are prefixed before their names, when mentioned in prayers and rituals, like the Jashan, Afringan and Tandarosti.

In religious practice, a Zoroastrians name cannot be mentioned in any ritual without the proper religious title. At present there are seven such religious titles as under:

1) Khurd: Is applied before the names of all children before their Navjot. The word 'khurd' means small or minor. Some priestly traditions append the word Osta/Osti or Behdin, after the title Khurd. Hence, they use the title 'Khurd Osta/Osti' or 'Khurd Behdin' before the name.

2) Behdin: The religious title Behdin is used after Navjot for all Zarthoshtis except those belonging to the priestly class. Behdin means, 'belonging to the good religion.' It is

### Understanding Our Religious Titles

derived from the Avestan words vanghuyāodaenāyāo and Pahlavi words vehdēn which mean 'good religion'. These two words are used in the Avesta to define the Mazdayasni Zarthoshti religion.

3) Ostā: Is the religious title for boys of priestly families after their Navjot has been performed. This title is then used throughout life or till the boy undergoes the Navar initiation. The word ostā come from the Avesta word hāvishta which means disciple. This title indicates that the child is now fit to be the disciple of a priest after Navjote.

**4) Osti:** Girls of priestly families, after their Navjot, have the religious title *Osti*, the feminine form of Osta.

**5) Ervad:** Boys of priestly families are endowed the religious title *Ervad* after undergoing their Navar initiation. The term Ervad comes from the Avestan word *aethrapaiti* which means 'a teacher'. *Ervad* is the most widely used title for priests and is used by Priests throughout their lives, except when they are worthy of the two other titles mentioned below.

**6) Mobed:** An *Ervad* who regularly performs higher rituals like Yajashne, Vendidad and Nirang din or gives the boi



o courtesy: Shantanu D

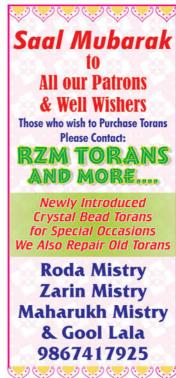
of Atash Behrams, and thus lives a disciplined life of a Priest, is referred to as Mobed. This word comes from the term Magavpaiti which means 'master of the Magavs'. Magavs (English Magis) were highly adept Zarthoshti priests of the olden times who led a secluded life and had extraordinary powers on account of their spirituality.

7) Dastur: Dastur is the title used to refer to the head of a priestly group. In the past, priests were divided into five groups for vocational purposes, based on their geographical locations. Each group had one

Chief Priest and he was referred to as *Dastur*. The whole group would be under his jurisdiction and guidance. Nowadays, since Zoroastrians erroneously refer to most priests as Dasturs, the title Vada Dastur is used to indicate the actual Dasturs.

Change In Title After Marriage: When a lady marries, she takes on the religious title of her husband. If a lady from a Behdin family marries an Ervad or  $Ost\bar{a}$ , she becomes an Osti. Conversely, when a lady from a priestly family marries a Behdin, her religious title changes to Behdin.









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## JAMSHED ARJANI

PT: Did Zoroastrians in Iran celebrate New Year on March 21st, before the exodus to India and other countries?

Er. Karanjia: Never ever in history did Zoroastrians in Iran celebrate their religious New Year (Navroz) on 21st March. They celebrated it around the time of the Vernal Equinox. The day continued to fluctuate backwards by a full month for 120 years until it rolled around again to the Vernal Equinox by adding a leap month in the 120th year.

PT: Why do Kadmis, Faslis and Shahenshais have different New Year Days?

Er. Karanjia: When Zoroastrians came from Iran to India, the Shahenshahi calendar was the only calendar adhered to by all Zoroastrians. Then, in the 1720's, the Kadmi sect emerged in India. This small group commenced their religious calendar one month earlier as they were influenced by priests from Iran to follow the calendar which was then being used in Iran. In the beginning of the twentieth century a group of Zoroastrians who were pressing for religious reforms wanted the entire Zoroastrian community

### **Understanding The Roots Of 'Navu Varas'**

As Parsis, we feel doubly blessed with special occasions repeating twice in the same year – take for instance our Birthday and New Year! We understand that this is the result of following different calendars, but this New Year let's enrich our understanding further about the very root of our most celebrated festival – Navu Varas. **PT Reporter Jamshed Arjani** discussed the subject of New Year with learned scholar **Ervad Dr. Ramiyar Karanjia**, who enlightens us with his knowledge.

to commence the religious calendar from March 21st. The Zoroastrian religious authorities declined this suggestion as it was not ritually and religiously acceptable. However, some of the people who suggested the change commenced the New Year from March 21st and formed a separate sect, the Faslis meaning those who follow the seasons. Thus, today three calendars exist among Zoroastrians in India, two of which commenced in the last 300 years in

PT: Could you explain the concept of the ten days of Muktad, including the five Gathas?

India.

**Er. Karanjia:** The ten days of the Muktad are based on the reference occurring in the Fravardin Yasht which states that the Fravashis and the souls of our departed, loved ones visit us for ten days and nights. The first five days commence from Roj Ashtad to Roj Aneran in the Asfandarmad month. The last five days comprise the Gathas.

PT: How would you briefly explain the meaning of each Gatha in a few sentences?

Er. Karanjia: The term Gathas

is used for two purposes. One of these is the collective name given to the five days after the twelfth month in a Zoroastrian calendar year. They are named after the five Gathas sung by

'VOHU KSHATHRA' - pertaining to good sovereignty; and 'VAHISHTOISHTI' - pertaining to the best kingdom.

PT: Why did our predecessors observe Muktad for 18 days as compared to the current 10 days?

Originally the Muktad period was observed for a period of only ten days. The earliest e v i d e n c e found of an eighteen day Muktad was during the 15th century in

Karaniia:

India. It seems that this practice evolved as most of the 5 or 6 days following the ten Muktad days were sacred and the souls of the departed were invoked on these days too. Hence these days were clubbed together with the ten days to form a Muktad period of eighteen days. The Muktad period in Iran always was and is held only for 5 or 10 days, never eighteen. In the 1970's, elders of the community reverted to

the earlier practice of a Muktad period of ten days only.

PT: Why does the Shahenshahi New Year commence from Farvardin Mahino, Hormuzd Roj?

Karaniia: Historically. Er. Zoroastrian Iranis ancient celebrated two New Years, one for religious purposes and the other for state purposes. Neither of these years commenced on 21st March.In the revised Shahenshahi calendar after the Sassanian dynasty ended, Farvardin was the first month and since Hormuzd Roi is the first Roj, the Shahenshahis commenced celebrating their New Year from Hormuzd Roj, Farvardin Month.

Our religion is adorned with a celestial hierarchy of angels who protect us, with Dadar Ahura Mazda prevailing over the entire universe. What better way to celebrate the New Year than by invoking the warm radiance of Pak Aatash Padshah Saheb and reinforcing within ourselves hope, integrity, devotion and perseverance in faith.

Prophet Zarathushtra who gave them to the community during and after his quest as a Prophet. Each of the Gathas is named after the first word of the first chapter of one of the five Gathas. The meanings of the five Gathas are: 'AHUNAVAD' - pertaining to the Supreme Lord; 'USHTAVAD' - pertaining to bliss; 'SPENTOMAD' - pertaining to benefit of others;

### **Khosrow I - Naushirvan The Just**

Contd. from Pg. 14

to the Warden of the Marches (region in central Italy) instructing him to lead an army against Nushzad. The great and the good king also instructed him to act in moderation and to effect reconciliation, but in case of a conflict, to bring the wayward prince alive. Nushzad's force consisted of Christian chiefs and clerics led by a Priest called Shammus. A Persian knight in a chain armor advanced and declared that the Prince should not oppose the Royal army. He should beg for the King's mercy. The prince was adamant to fight. A fierce battle ensued in which Nushzad was mortally wounded. He called for a bishop to make a final confession. He somehow spoke to the Romans and said, To fight one's sire is vile and accursed."

In 572 AD the Persian forces were defeated and besieged by Marcian, the Roman Magister Militum. Now in his late sixties, Naushirvan marched to and was compelled to raise the siege. It took Naushirvan six months to quell the Romans. They took 2,92,000 captives. Romans had to purchasea year's truce by payment of 45,000 aureii (Roman gold coins) to the Persians.

Rome's Justin was prone to temporary fits of madness and so he chose Count Tiberius on the advice of his wife empress Sophia as his colleague, and adopted him as his son. Tiberius was ambitious and had no intention of keeping peace with Persia. He amassed a huge army but such was the terror of the Persian forces that even before the campaign could commence the Roman Emperor sent an embassy to Naushirvan asking for extension of three year's truce. At the expiry of three years, the hostilities resumed. Persian generals Mobodes and Sapoes destroyed Roman Armenia, and general Tamchosro ravaged the country around Amida. The Roman general

Maurice made a counter-attack, destroyed the fort and looted Parsarmania. It is strange that Tiberius sent embassy with an offer to Naushirvan that he would evacuate Parsarmenia and Iberia, surrender Arzamene and Aphumon, and even pay a huge sum in gold if he had really captured and destroyed Parsamania.

Unfortunately whilst the Roman ambassador was on way with these terms Khosrow Naushirvan passed away September 3, AD531. His son Hormazd II succeeded the Great king to the throne as the twenty-third king of the Sasanian Dynasty.

Naushirvan-e-dadgar, Plato's Philosopher King (as the Greek refugees whom he had allowed to stay in his empire called him) led the Sasanian empire to the Zenith of its glory. He was the greatest king of this dynasty and one of the greatest kings of all times.



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- Dubai Pravasi Yatra from Friday October 7th to Tuesday, October 11th, 2016 (for details email wzccme2016@gmail.com).
- Global AGM to be held in Hong Kong from Friday 16th December to Sunday 18th December, 2016. For details "Awards for Outstanding Zarathushti Entrepreneur / Professional of the year 2016 Nomination Package - 2016" at www.wzcc.net.

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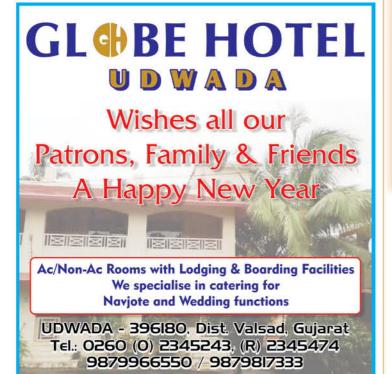
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### Home Improvement: Re'NEW'ing Your Home!



#### HORMUZD DARUWALLA

🔰 her ghannu junnu lagech - chal paint karaviye" is the common way in which most of us believe that we could change the look of our home. However, getting a fresh coat of paint gives us a 'neat looking home', not a 'new looking home' - which is what we all really want... something new and exciting! So, the next time, before you once again decide to paint the house for that 'new' look and feel, consider the following tips and bring in that transformation of a 'new looking home':

 Soft Furnishings: Change the colour of all soft furnishings. Switch the sofa upholstery (and sofa pillows) and curtains with matching, bright colours, as these catch the eye and are mood-changers, setting up the ambience, especially in the living room. Similarly, get matching bed-sheets and curtains in the bedroom - you will be surprised how We'd all like to give a makeover to our living spaces and make our homes look new in the New Year. Recreating your own comfort zone is like therapy to most of us! We know that the house, for the most part, is in decent shape and we don't want to spend too much... and we definitely don't wish to turn our home into a construction site! But still, it would be nice to see some change and feel that sense of 'navu gher' in the 'navu varas'! Hormuzd Darulwala, ace interior designer and owner at M Daruwalla and Son, brings you smart tips to make your old home look spanking new within a couple of days – just in time for New Year - with minimum cost and effort!

takes only two hours! So, redecorate just one wall and see the whole room come alive!

Graphics: Though graphics are not generally used in houses, give it a shot! Children especially love it in their bedrooms! You can print anything in today's day and age, with modern technology! A Ferrari or a Barbie graphic in the room really lights up their moods!

living room.

New Floor: Now that's a big step but worth the look. Wooden-looking flooring is a great option and isn't expensive either. Its installation takes a day or two. Before taking this decision, check level differences with respect to other rooms. You might need to shave off the doors from the bottom to accommodate the thickness





much this adds to the fun of a new look!

 Texture And Papers: It's always a good idea to enunciate one wall in a room, either by a texture paint or a simply a dark shade of paint (no pastels) or tasteful, designed wallpaper. Wallpapers provide character to the room, and its installation Shifting Furniture: It's a common trick but works every time! Get your creativity flowing to shift the orientation of sofa sets and the movable furniture around some, and you have yourself a nice new setup. Changing the centre table piece with something new and trendy will be a welcoming change in your

of the floor. But the look you get once installed leaves you proud!

So you see - just by playing around with furniture, applying wall-paper, changing upholstery and working on a new flooring, you're gonna be the proud owner of a brand new house within a few days, and that too at a reasonable cost! So go ahead and unleash the creative instinct in you... re'new' your old home for the New Year!

M. Daruwalla and Son will provide a Flat 20% Discount on Consultancy exclusively to all Parsi Times Readers, till the 15th of August, 2016. Mail your queries to Hormuzd at hmd@interiorscontract.com or call at 23672663 / 66330661/9821715922





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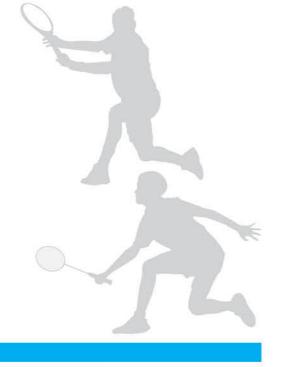
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## SHIRIN MERCHANT

he portly couple along with their Daschund walked in right on time for the consult. After the initial pleasantries, I started off by asking what the problem was. "Duchess needs a husband," the woman stated matter-of-factly, looking down at me over her gold-rimmed spectacles. Seeing my astonished expression, the man explained, "Freny thinks

### Of Parsi Pooches And Parjat Puppies!

The definition of 'Parsipanu' would indeed be incomplete without the mention of not just our best friends, but as is seen in most cases, our heartfelt obsessions – our pooches! Our lovely and much acclaimed canine behaviourist, **Shirin Merchant** shares hilarious accounts of just how much our pooches contribute towards defining the essence of being both – a Parsi, and a Parsi-owned pooch!

our dainty Duchess is a bit too randy," he laughed. "So, Freny wants to find her a suitable groom!"

"Not just any dog will do," interjected Freny. "He will have to be a proper Parsi dog, because after all, Duchess is landed gentry from aapri Rani nu England."

Amused, I suggested that a simple cure for randy behaviour is neutering.

Horrified, Freny shrieked, "But then how will her pure

genes pass on? That is out of the question!" By now her double chin had become a triple chin as she glared down at me for the blasphemy.

"I will just have to advertise in the Parsi Times," she said, in a tone that implied I was useless as she strutted out with Duchess trotting behind.

When working with animals as interesting as dogs, you rarely have a boring moment - more so if they are Parsi dogs. For some reason, after living with Parsis, dogs seem to imbibe the wicked sense of humour that only a Parsi can have!

Sambo was the perfect example of this. Our large, black Doberman was loving, obedient and the perfect companion. But Sambo had a little secrethis flatulence! He had a nasty way of sneaking it out on people he disliked - his favourite victim being my brother's guitar teacher - Mr. Vaz. Sambo would sit near unsuspecting the man and, as the first notes of "Leaving on a Jet Plane" started twanging, he would let loose silent volley quick ones. That the dog's

didn't help one bit.
When we saw Mr. Vaz's flared nostril's twitching, we knew Sambo had hit home once again. The rest of the

guitar lesson was spent with the gasping man waving the music book in the air and my mother apologising profusely.

diet consisted of

meat and cabbage

So what is a Parsi dog, you may ask.
Well, generally, a Parsi dog stands out from other canines for a variety of reasons.
To begin with, the name; boring names like, Max, Tyson and

Kalu just don't fit the

bill. A Parsi dog will proudly be called, Mutton chop, Biryani, Sall-boti or Whiskey, Tequila or Brandy!

But whilst I pride myself on my communication skills and knowledge of Parsi dogs, I sometimes get it wrong. As in the recent case when Silloo and family came to meet me...

Silloo stomped in for the consultation in her blue Scholls. Behind her came a sullen man shuffling in his sapats, dragging an obese Labrador.

"Oh look Rusi, what a lovely place," she announced

was when he said that the dog didn't listen to his commands.

wasn't surprised, considering that dogs prefer to be around happy people. when they left, I put my arm around Rusi and said, "Rusi, if you portray a positive energy, I am sure the dog will

listen to you." At this point he turned, glared at me and said, "Rusi is the dog! My name is Pesi." And he shuffled out of the house.

It was a week after I met with Freny that I got a frantic call from her. It appears that flirty Duchess had captured the heart of the local pariah and was publicly engaged in an unmentionable act!

"Do something!" she screamed at me. I found this an ideal opportunity to give my lecture on hormones and the benefits of neutering.

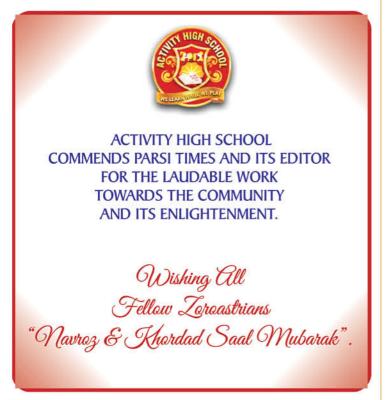
"Stuff her bloody hormones," she interrupted me rudely. "If we don't stop them, we will have parjat puppies!"

But no amount of Ashem Vahus were going to stop Duchess and two months later,

she did go on to have really cute parjat puppies. Freny's nerves that evening were finally calmed down by her husband's astute thinking - a shot of Cognac; because after all, every Parsi knows that a one-stop cure for any ailment is a glass of Remy Martin - and make it a Parsi peg! Cheers!

\*All names and breeds have been changed to protect owner privacy.

Shirin Merchant looks forward to answering all relevant queries from our readers. Please write in to: k9cancare@hotmail.com or mailparsitimes@gmail.com





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would ask Rusi a

shall we go meet

Kaka Eedoo after

this?") which he would

simply ignore. The

only time he spoke

("Rusi,

auestion



### Saul Malanta 25

### 'SIP'ing From The Cup Of Wealth!

Contd. from Pg. 16

and simply continue to invest even during the worst phase of the market that's when the real money is made once the economy recovers. Yes, there will be periods where returns will be shocking but cling on. The highest returns have been made while investing during the lowest levels of the market. Also, don't over commit on the SIP amount, rather under-commit and invest for a longer duration instead of over committing and fizzling out in the short term. Invest an amount which will not bother you.

Separate the men from the boys and chose veteran funds with a long term track record. There is no other strategy that is more effective, more transparent and more reassuring than investing systematically into Mutual Funds. Try to google the past track performance record of any insurance linked investment plansor any PMS/ structured product with a 20 years record of even 15% annualised return, you will find nothing. Now, do the same for top performing equity mutual funds for the last 15 to 20 years with returns exceeding 20% annualised and Voilà! It will flash all over the screen! This is what I mean by transparency. Based on your risk appetite, decide your asset allocation between debt and equity and get on with the SIP machine. Above all, it's the discipline and perseverance to invest for long term that will expose the magic of SIP. Gather the fish and the whale will follow...

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### **The Parsi Palate -**A Gourmet's Take

Let's face it - the very essence of our 'Parsipanu' lies in our love for food and our love for our very precious Parsi Cuisine, which has greatly evolved over time to suit our changing taste buds. Kaizad Patel, our community's most sought-after caterer and a highly experienced gourmet, shares his journey and food philosophy and leaves behind for our readers exciting food-tweaks in numerous everyday recipes, that will add to the flavor of our favorite dishes.



begin ∮with a saying from college my professor who quoted "It's the attitude, not the aptitude that decides person's altitude". I had numerous

career aspirations - none inclined towards being a caterer and not in the least, a chef! Born in a renowned Parsi Caterer's family, I didn't feel the need to learn cooking and creating recipes. As would luck had it, I enrolled for Hotel Administration and Food Technology at the Sophia Polytechnic in Mumbai. Not having given much thought to an area of specialization, I stumbled into the kitchen department and applied as a cook at the Oberoi's.

I've always preferred to understand the 'why' of cooking before embarking on the 'how'. Though I absorbed learning of all the sections of the kitchen, the tandoor section, in particular, took my fancy. After a four and a half year stint with the Oberoi's, I went on to further pursue my culinary education, graduating from 'Le Cordon Bleu' in Scottsdale, Arizona. I stumbled upon an internship with the Ritz Carlton Hotels in



Kolmi Na Kabab

San Francisco and was later hired as a cook. Leading the kitchen for over four years was life changing for me - personally and professionally. I learnt to appreciate fresh seasonal produce and different cooking techniques. I understood how good ingredients make a good dish and to never mask flavors of ingredients and using these in their purest forms was simple is good. When I returned to Mumbai and took over the family catering business, I realized that business success

lay in understanding the evolving food palates of our consumers and providing them with options to satisfy their varied taste preferences. I don't patronize 'fusion food' cooking as I believe it confuses the palate. Let me summarize by saying that cooking is a balance of art and passion...

Cooking is an art, it could be the reproduction of a mood - what are craving to eat? I personally enjoy simple, delicious food and being vegetarian, it can get challenging in a Parsi household! As I mentioned earlier, every ingredient has its own characteristics and adds depth to a dish. From Himalayan pink salt, to smoked salt (not the smoked flavored as they consist of additives which aren't particularly healthy and avoidable), ingredients can change the outcome of any - even that of a simple fried egg!

Our community is known for its love for food especially eggs and potatoes - which find their way into every dish conceivable. I tried experimenting



with the simple 'Mac and Cheese' and gave it a Parsi twist, by accessorizing it with a poached egg, but I realized that many aren't fond of eating our eggs runny, so I baked the dish till the eggs were semi hard (so as not to lose the creaminess of the yolk) which added to the 'Mac and Cheese'.

Alternative cooking methods are easy to approach - as long as the soul of the dish isn't compromised, there's no harm in trying something different. Parsis love the 'per eedu' concept - it's something we excel at! It could be on a vegetable or fruit or meat. A dish should have depth of flavors from the sauce or marinade, texture like crisp skin or soft poached but shouldn't overpower the core ingredient.

While cooking, the use of healthier options like olive oil or butter, as required, isn't unhealthy if used in the right amounts and fit in

Contd. on Pg. 28





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### **The Parsi Palate -Gourmet's Take**

Contd. from Pg. 26

with the recipe. We can always use substitutes like margarine, which I believe, adds no flavor to cooking. Similarly instead of frying as a cooking method, we can bake certain dishes to make these healthy. I know we can't bake a farcha but instead of using the whole egg, use the whites minus the yolk. This results in lesser cholesterol; and shallow fry it to avoid most of the fat.

Cooking enthusiasts can experiment with alternative styles - how about a sali jardaloo duck instead of margi (chicken); or tarkari per eeda with quail eggs instead of chicken eggs? Experimentation leads to the evolution of new dishes. Watching the 'Master Chef' series, judging the success of a dish includes criteria like creativity of the cook, the look of the dish and lastly the execution. There are always hits and misses in cooking - the hits have to be exemplified and the misses have to be learnt from. Creation and execution have to be in sync and add to the value of the dish. Mixing ingredients and confusing taste buds should be avoided.

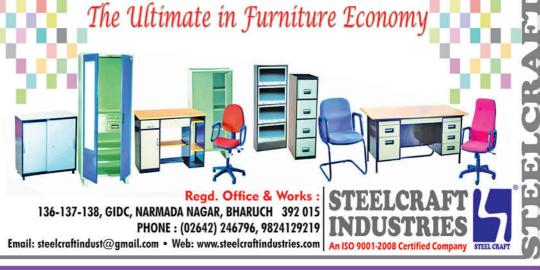
We love our food to have the perfect balance of sweetness, sourness and spiciness. Every household has its own recipes which are unique and filled with memories which add to the character of the dish - for eg., some households,

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in their dhansak recipe, add potatoes and egg plant, while some totally avoid it. This doesn't mean that the recipe is wrong. We have adapted recipes and should be able to pass it to the next generation. I have started collecting old, traditional recipes before they are forgotten and wish to compile these in a book.

For those who would like to experiment or add a twist in our typical dishes that we regularly consume, here are a few of my tips to tickle your palate a little more...

- Pulled Curry Marinated Lamb Shoulder With Lemon: Take curry masala (dry or paste), apply to lamb shoulder and marinate for 24 hours. Cook how you would regularly, adding little water at a time. Before serving, pull meat off the bone until fork-tender, serve with lemon rice and kachumber with roasted peanuts
- Eeda Rus Chawal: Make it healthier using brown rice or barley khichdi.
- Tomato Kothmir Eeda: Instead of tomato and coriander, use basil in a tomato sauce (not ketchup), then add quail eggs.
- Kolmi Kebab: Instead of prawns (kolmi), use white fish like gol and make kebabs which are baked in the oven.









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## Aromatherapy Based On Your Zodiac Sign



Aries: Is ruled by the planet Mars with Fire as its prime element.

### **Aromatherapy Oil: Rosemary**

You're always the life of the party, but you can't spend all your time entertaining others. Rosemary's soothing scent will relax your aching muscles and allow you to embrace temporary solitude. It's also ideal for stress relief because it reduces the levels of cortisol (the hormone responsible for your 'fight or flight' instinct) in your body. Mixed into massage oil, rosemary oil can help with those tender joints and cramped muscles.

Taurus: Is ruled by the planet Venus with Earth as its prime element.

#### Aromatherapy Oil: Ylang-Ylang

You're not opposed to the occasional romantic interlude, Taurus, so celebrate your sensual side with ylang-ylang essential oil - a mild but effective aphrodisiac. It's also relaxing, which can help you release any jealousies you might harbour and restore your mental equilibrium.

Ylang-ylang lowers your blood pressure when your temper gets the best of you. Whether you're using it as a prelude to romance or as a way to calm your nerves, add it to a hot bath filled with Epsom salt. Let the oil and steam overwhelm your senses as the water relaxes your muscles.

Gemini: Is ruled by the planet Mercury with Air as its prime element.

### Aromatherapy Oil: Basil

never Gemini, you'll shy away from intellectual discourse, whether you're debating Descartes or pondering politics. Basil, one of the most powerful essential oils, will bring out your quick wit and help you connect mentally with others. When you feel tense in unfamiliar surroundings or when emotional baggage gets too heavy, basil will get your

Aromatherapy, or Essential Oil Therapy, utilizes naturally extracted aromatic essences from plants to balance, harmonize and promote the health of your body, mind and spirit. Astrology is the study of celestial movements as a means for divining information about human affairs and terrestrial events. So, how do these two different sciences affect our daily lives? The answer lies in an interesting study - with each astrological or zodiac sign ruled by a different celestial body and influenced by a typical aroma! Aromatherapist, Astrologer, Tarot and Reiki Master, Jasvi, reveals which Aromatherapy Oil is best suited for you, based on your zodiac sign.

blood pressure back under control. Basil works well in a diffuser when you use it to sharpen your mental focus. You can also add fresh crushed basil to a garden salad or a bowl of tomato soup if you're chasing this herb's health benefits.

Cancer: Is ruled by the Moon with Water as its prime element.

#### Aromatherapy Oil: Lavender

Digestive distress can put a damper on your fun-loving personality, Cancer, especially if you're concealing a hint of resentment or fear. Lavender aids digestion and soothes an upset stomach to restore comfort. You sometimes slip into a moody malaise, so use lavender to ease your anxiety. For a guick and easy source of calm, add a couple drops of

lavender to your pillow before you fall asleep. You'll breathe it in all night long and wake up refreshed and free of anxiety.

Leo: Is ruled by the Sun with Fire as its prime element. **Aromatherapy** 

Oil: Garlic Fire rules your sign, Leo, which might impact your heart. Use garlic essential oil in your aromatherapy rotation to boost heart health. It's also useful for congestion - both physical and mental. If you have any pentup frustrations or passions, use garlic to let them loose. Always dilute garlic essential oil if you plan to apply it to your skin. You can also mix it with lemon juice or peppermint to weaken its strong odour. If you're feeling frustrated, dilute the oil and apply it to the soles of your feet for fast absorption.

Virgo: Is ruled by the planet Mercury with Earth as its prime element.

### Aromatherapy Oil: Chamomile

Chamomile essential oil

will ease your anxiety, Virgo, because of its mild sedative properties. Use it to slow your racing thoughts and calm



Frankincense can take you there. It deflects and reduces stress. The Three Kings gave baby Jesus frankincense as a symbol of deity, so it also has the power to connect you to the Source. You're prone to colds, tummy aches and minor illnesses - frankincense relieves physical pain and promotes a healthy immune system. Rub frankincense into your palms or the soles of your feet for an immediate mood boost. Go deep, heal, surrender and let Frankincense transport you to faraway lands where time is never of the essence.

Scorpio: Is ruled by the planet Pluto with Water as its prime element.

#### Aromatherapy Oil: Patchouli

You have lots of energy, Scorpio, but burning fast and

> hot can leave you completely tapped. Patchouli essential oil works wonders for healing the emotional psychological impact stress. It can supply extra energy when don't vou

have anything left to give. A little goes a long way with this oil, so take it slow and let it guide you. Add a couple drops to a warm compress and apply the compress to your forehead for instant relaxation.

Sagittarius: Is ruled by the planet Jupiter with Fire as its prime element.

#### Aromatherapy Oil: Geranium

As an astringent, geranium stimulates muscle contractions. You might have noticed that you're constantly fidgeting with excess energy, Sagittarius, and geranium essential oil can help keep your muscles healthy and strong while easing the symptoms of the musculoskeletal conditions to which you're prone. Go ahead and give it your all - let

geranium pick up the slack. Add a smidge to your bath salts and spend a few luxurious minutes all to yourself.

Capricorn: Is ruled by the planet Saturn with Earth as its prime element.

### Aromatherapy Oil: Eucalyptus

You like to take your time, Capricorn, and you're a pro at examining all sides of a situation. Eucalyptus essential oil relieves mental exhaustion and reduces muscle pain, which can supercharge your stamina as you contemplate difficult choices or encounter everyday stressors. You might also suffer from skin- and hair-related issues, both of which eucalyptus soothes. Add the essential oil to your face wash or your shampoo to take advantage of all its benefits.

Aquarius: Is ruled by the planet Uranus with Air as its prime element.

#### Aromatherapy Oil: Lemon

You don't mind arguing with others, Aquarius, especially you know you're when right. While your adversarial tendencies can come in handy, it's time to look for that elusive half-full glass. Lemon essential oil gives your mood a boost and helps you focus on the positives. Take a deep breath, relax and let lemon whisk you off to your happy place. Add the essential oil to your bath water or use lemon juice in a cup of tea or cold beverage so it can soothe your sinuses.

Pisces: Is ruled by the planet Neptune with Water as its prime element.

#### Aromatherapy Oil: Tea Tree Oil

You see only the best in the people you love, Pisces, and tea tree oil will enhance that aspect of your personality. It also promotes good health and reduces inflammation. Use tea tree oil when your nerves feel a little frayed and let it promote calm and rational thinking when vour emotions become too hot to handle. Add some tea tree oil to a warm, wet wash cloth and breathe in the steam for the best results.



your pounding heart. It also helps cleanse your body of harmful toxins and reduces the emotional fallout of nervous reactions. Melissa essential oil will also achieve similar results, so you might consider using the two in tandem. Add chamomile oil to your bath at night or sprinkle a couple drops in your favourite shampoo. You can also add the fresh herb to your tea to take advantage of

Libra: Is ruled by the planet Venus with Air as its prime

its digestive benefits.

### Aromatherapy Oil: Frankincense

Libra, you need to calm down after partying and catering to the needs of others for days on end. Looking for that elusive peace of mind?







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### **Meherbai's School Reunion**



#### **RUBY LILAOWALA**

nd so it came to pass (sounds Biblical) that our dear Meherbai received an invitation to her old girls' association from her school. The invite was for the ex-students along with their respective spouses. Meherbai was overjoyed while her bitterhalf, Meherwanii said, "Your friends will die with envy when they see you. You have the same lust for life as you had when we got married 44 years ago!"

"But I have put on so much weight! My hips are now like a wall-to-wall carpet WAIST-line has and my now become a WASTEline. Also, I'm almost hundred kilos, actually only 99.5!"

"Mehra, my kaleja, I love all hundred kilos of you!"

Meherbai was also very keen to meet her old school friends and their spouses with their pet names like Amy Atom Bomb and Soli-six pack, Perin Popti and Jimmy Jam-box, Freny Fatakri and Dorab Daku, Mani-Mindhi and Minoo Makori, Ketu Cleopatra and Cavas Casonava,

"We'll both go on dodhi-nosoup diet, so I can lose some kilos, Ok?

"Yes dear" said the doting husband, who in any case, slyly ate outside food daily on the pretext of going to the bank or the share brokers, since Meherbai was a lousy cook who couldn't break open an egg or roast a papad (Bhujio Papad Bi Nahin Bhangaye)!

"Oh dear! I've forgotten how to dance - totally out of practice! Meherwanji, will you practice the Rumba, the Samba, Cha-cha-cha and the Tango with me daily? Also, I'll join a Salsa dance class so I can do the Salsa with the handsomest guy at the re-union!"

"Baby, I'm all for Rhumba. Samba and the Cha-cha-cha, but please spare me the Tango-Tango Karta Karta Hoon Pengo Thaee Javas."

"Done! Will you do witty conversation with other ladies so that they are zapped by your intelligence?" "Of course, dear. I'll talk of our foreign travels and international politics."

"Will you talk of films like Dolly's husband does?"

"I can't help it if this Dolly's Dolla has an IQ below zero and he talks only about films."

"See.

typical of a

husband to put

praises-

down the man his

ADEKHO jealous

TOM-CAT!!

Before marriage,

were the life of

a party and could charm any

woman in the room. That's why

I married you. Please, please be

extremely charming and don't drink like a fish like you usually

do and get knocked out. Also,

don't pile your buffet plate

like a huge Sahyadri-mountain

with all kinds of food. Leave

"But, Khursheed's husband,

"Yes dear, that's why he's

Meherbai lived on dodhi-

soup for the next two

weeks while every Monday,

Meherwanji quietly went to

the Rippon Club for chicken

Dhansak, and Fridays to Delhi

Darbar for their 'Jummev-

for

curry-rice, Wednesdays

Khushru- Khadhro always does

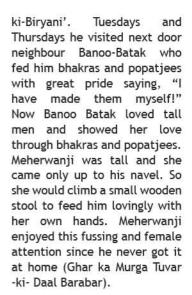
that and nobody says anything."

called 'Khadro'. I'll die if

anyone says that for you."

something for others."

y o u



The red-letter day arrived and Meherbai dressed her husband in an orange shirt. brown suit, violet tie and rainbow coloured NIKE shoes paired with yellow socks (Total technicolour, boss!) saying, "Mari Tamara Jaoon Parthi. Ekdum John Abraham Jeva Lagoj." Poor John Abraham! If he

heard this, he would be

totally embarrassed!

At the party, Meherbai whispered in Meherwanji's ear, "Don't just sit there, say something! Remember -Sparkling conversation?? Come on!! Sparkle!!!" He got the cue and said, "Kanda, Papeta ketla mongha thayaaj!" Meherebai was aghast and kicked him under the table, whispering "Politics! Discuss politics." Once again the hubby got the cue and also a verbal-hemorrhage as he spoke of Hillary Clinton, Donald Trump and the Trustees of the BPP (local politics as he called it). Everyone agreed that the once-opaque BPP has now become transparent and has cleaned up most of the dirty-

mess it had inherited.

Dolly's Dollo also buttedin filmy-style. "Yes! Yes! Our dearest Trustees are like those seven guys in 'Seven Brides For Seven Brothers' in Hollywood or 'Sattey Pe Satta' in Bollywood. Everyone clapped for the new Trustees and then got up one by one for their drinks. Meherwanji saw Chivas Regal Scotch Whisky and had one too many with the result that his face looked flushed and pink. Dolly's Dollo came running to Meherbai, saying, "Tamara Var

Contd. on Pg. 34



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### **Meherbai's School Reunion**

Contd. from Pg. 32

Red Label Jeva Lal Thayi Gayaj."

Oh God, thought Meherbai, time for some damage-control. She ran towards the bar and what did she see? Meherwanji kneeling on one knee on the dance floor with a rose clenched between his teeth and some ladies holding his right hand and dancing around him in a circle, like a gramophone record, cooing: "You are so sporting and full of fun. Do you do this every day at home with Meherebai? She is so lucky to have you!" Meherwanji kept saying, "Thank You, Thank You, for your kindly kindness!"

Meherbai was never so embarrassed in her entire life. To do a tit-for-tat, she went to the bar and guzzled a few Parsi pegs of whisky and also one Bacardi, two Bloody Marys and three Pinacoladas to teach Meherwanji that whatever a husband can do, the wife can do better. She promptly got swazzled.

She shouted to the DJ, "Play Chikni-Chameli, Sheila-Ki-Javani and that Fevicol song! I want to dance." The DJ blasted these red hot item numbers and Meherebai danced with more verve than Malaika Khan, Katrina Kaif and Kareena Kapoor put togetherall hundred kilos of her were suggestively shaking, wiggling and doing chiggi-wiggy, while she held her Gara-Ni-Sari upto her knees with both her hands.

"Truly, she can set the dance floor on fire" said Dhanji Daku while Piroj Pehelvan (all of 45 kilos) said "Maherbai, next dance Mahri Saathey." Behli Bevdo patted Meherwanji on his back, saying, "You lucky dog! What a sexy woman you've married."

"Bus! Enough!" shouted Meherwanji, whose 'daru' effect seemed to have gone down (daru ekdum utri gayo), especially on seeing Meherbai's shocking antics. He rushed towards his wife saying, "Let's go home. It's past mid-night".

Marerey! Hoon kai Cindrella cheoon kay? Tamari junni-purani Fiat su Pumkin bani jasey-ke? She was in a really romantic mood and said, "Come here my Prince Charming and give me a huge passionate lip-lock. She grabbed Meherwanji and gave the poor fellow a tight liplock, with the result that the poor man's dentures as well as Meherbai, both fell on the dance floor and as luck (bad-luck?) would have it, the electricity failed and there was total darkness and pandemonium and Meherwanji shouted on top of his lungs "Every one freeze! STATUE! Nobody moves. My teeth and my wife have fallen down. Keep STATUE until both are retrieved."

Thanks to cooperation from everybody, his dentures were soon found and that too - intact! In the meanwhile, Meherbai had almost fainted thanks to her exhaustive dancing. Some water was sprinkled on her but Meherwanji suggested "Khasroo Soogharo" (What a loving husband!) Meherbai soon regained her composure but refused to go home. She shouted

once more to the DJ "Play 'Anarkali Disco Chali', 'Zandu-Bam' and 'Halkat Jawani'. I want to dance some more." She grabbed Meherwanji's hands in a tight grip once again and started dancing with every one clapping and cheering while Meherwanji felt terrible dancing under duress.

The school reunion woundup in the wee hours of the morning and Meherbai and Meherwanji returned home with the doodhwala.

The next morning, many couples phoned and thanked Meherbai for being the life of the party and making it a grand success. In the next few days, she received an invitation from Shiamak Davar who heard about her and invited her for his next dance event. Master Marzi too saw the party video and invited her to Zee TV's 'Dance India Dance' show in their item number special segment.

Rustom Baug Association invited her to judge the next year's 'May Queen Ball' while BPP invited her to be their 'Calendar Girl' the following year. So, you see, just by going to one school reunion, Meherbai became very famous in the Parsi community.

Since Meherwanji loved his wife and was a supportive husband (under duress), he took her to all such functions and several more in his 'Junni-Purani Rickety-Wickety Fiat'.

"Merwanji, my mutton roll, we are both VIPs now!" He replied, "Yes dear, we are both Very Idiotic Persons." And they lived happily ever after!





### PARSI TIMES







### JAMVA CHALO JI

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in 1950, the company was run



as Scotland's finest- 'The Scot',

better known as 'The Flying

David and Agnes Rattray, began

the 83-year-long era under the

David Rattray & Co. Ltd. name,

producing hand-crafted

The brother-sister team,

Scot'.

### For Bawa - 'B' For Bikes!

It's true! 'B' is as much for Bawas as it is for Bikes! What could define 'Parsipanu' better than our love for motorbikes and bicycles? A delightful read for vintage bike lovers, Kerfegar Eduljee shares interesting insights into the history of the classic beauties of the early 1900s...

by his partner Jack Smith, Jack developed the business beyond the home market, with a steady demand from ex-pat customers Flying Scot: he the previous ordering Scot's, in particular, millennia turned, a to Canada, USA and Australia. Rattray's also became a premier lightweight bicycle manufacturer lay its foundation wholesaler selling Scot frames to what later came to be known to other bicycle vendors around

> Scotland and England. The biggest contributor to the myth about David Rattray's 'Flying Scot' is that it's named after the 1923 built famous steam engine - The Flying Scotsman. In 1934, Flying

the likelihood today, of finding two standard bicycles having the same specifications is remote. Much of this is a direct result of the constantly specifications changing and fashions, as the Scot marque evolved alongside current cycle technology, and customers' demands. Over the years, thousands of frames and complete bicycles were produced at Glasgow. All were built to the same high standard - from club machines to fullfledged racers. Each frame was hand built with the same care and attention, the like of which

four-strokes of yore. Despite this handicap, Frank Applebee won the 1912 TT on a Scott motorcycle making him the first in the world to win on a twostroke - as well the first winner to lead the entire race! This historic TT win, coupled with the fact that Scott motorcycles were handicapped in racing because they were 'too fast', may have worked in Scott's

the original model.

In the mid-70's GeorgeSilk (the Silk cigarette manufacture) took over Scott and launched the Silk 700S in 1975 which remained in production till 79'. It featured the chassis made by the famous Spondon Engineering along with the





bicycles in Glasgow, Scotland. As the years went by Scot's fame grew. Such widespread was Scot's reputation for lightweight racing and touring frames, that many professional/ club racers converged at the shop to buy and race one of these hand-crafted bicycles.

After David Rattray's passing

Scotsman was the first steam locomotive to achieve a speed of 100 mph.

There were some popular models like Continental Continental Supreme, Model and Queen of Scots for the ladies-style frame. Customization being one of the USPs of Rattray's bicycles,

The Water-Cooled Wonder: No, this Scott is not Scottish - it's but a true-blooded Brit from Shipley in Yorkshire. Alfred Angas Scott (1874 - 1923), pioneer of the Scott Motorcycle Company, in 1908 patented the ever-so-familiar two-stroke, water-cooled engine and the typical chassis. Such was the core engine design that it remained relatively unevolved over the next 70 years, barring some changes like the gearbox and from magneto to

two-stroke motorcycle ever, to complete the Isle of Man Tourist Trophy (TT) race. Rider Frank Phillip achieved the TT lap record of 50.11 mph continuous average speed in 1911. This winning streak continued with Scott's being the fastest machines from 1912-14, as well as winning the event in 1912 and 13.

the early Scotts that their cubic capacity was multiplied by a factor of 1.32 for competitive purposes at the TT against the favour and sales subsequently rose to 550 a year.

In 1922, Scott introduced the popular 'Squirrel' 500cc, followed by a 500 / 600cc 'Super Squirrel' in 1925 and later the 'Flying Squirrel'. The model name 'Squirrel' was for decades associated with Scott. since 1921. Around 1934/35 the Scott three cylinder motorcycle made its debut in the form of a water cooled 750cc machine, which was later bumped up to 1000cc. Yet another example of innovative engineering by the Scott company.

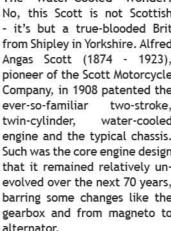
In 1950, the company was acquired by Matt Holder of Aerco Jig and Tool Company, Birmingham.

The first 'Birmingham' Scott rolled off the production line in 1956 with a 596cc 20bhp model with a duplex frame, telescopic front fork and swinging arm rear suspension. This bike carried on in production until the early 70's, still featuring some of the characteristics of

relatively unchanged engine design. It must have been quite sprightly considering it weighed only 141kg and had an engine output of 653cc / 54bhp. A proper ton-up machine, it had a top speed of 110mph. The Silk 7005 was also one of the most expensive production motorcycles of its time. Light weight and a great chassis were not enough to compete against the efficiency of the Japs, and the 'hand built' production line came to a standstill in Dec'79 after having sold only 138 Silks.

Scott's two-strokes were not screamers with a high power band but more principally worked on torque. As a twostroke enthusiast, it's a shame they didn't trickle down to our country in the era gone by. In foreign lands, they still have a loyal following amongst the vintage / classic motorcycling enthusiast who restore and ride them... A true 'gentleman's' two-stroke indeed!

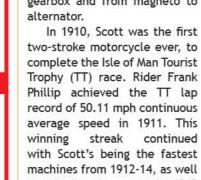




In fact, so powerful were



modern technology can never replicate. In 1983, Rattray's legendry 'Flying Scot' became an integral part of bicycle history.





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# Covrore Contest Winning Entries

Parsi Times thanks all our readers for sending in all your fabulous greetings. It was truly a difficult task choosing only a handful to fit in the limited space. Hearty Congratulations to all our talented readers who sent in some amazing messages. The following are our top 6 winners and other entries which surely deserved a mention! Navroze Mubarak to all!

Winner: Meher Sularia

The holy days of Muktad are here A time to remember and welcome the dear Fravashis and all noble souls, of the departed With whom we had once, sorrowfully parted. We welcome them and seek their blessing We want them to know that we are expressing Our profoundest love which will never abate For their arrival, we eagerly wait. On Pateti, the day of sincere repentance We renew our faith with much resplendence The following day is the day to rejoice When we wish each other with mirth and joy. NAVROZE MUBARAK! The community celebrates Going to the Agiyari is a welcome mandate Put on your best clothes, have authentic Parsi food

Winner: Perin Aspy Unwalla

Soli, feelee, jamsu, come

Wind up the day with a Parsi naatak

It makes one feel good.

There's sev and ravo - please have some Toran, divo, chalk all done. Now to get ready for loads of fun! All dressed to the 't'.

Off we go to agiary.

Friends we meet "Sal Mubarak" we greet

We share wonderful treats!

Tarey limacchi and salimurghi

Dhandaar with a big dollop of ghee!

Rest a wee bit,

Try a blouse that fits!

For the "natak" we dress to kill!

Watching "aapra" bawas is such a thrill!

Raat nu jamvanoo toh hotel maa

Big gang saathey buffet khaawa

Day well spent, tummy well fed.

Late night over...off to bed!

Winner: Roshan Dastoor

Hormazd Roj, Fravardin Mahino, is a day to celebrate every year

As it is a phenomenon, one of its kind... the Parsi New Year!!! Chalk-toran, visiting the fire temple, meeting our kith and kin The day is incomplete without 'sojju bhonu', 'bawa naataks',

'whisky', 'rum' and 'gin'

New Year is the time to resolve, to reflect, to deflect To spread peace and joy, detox all 'ills', all evil to eject Pioneers, trailblazers, in all walks of life

Let's raise a toast to ourselves, let's celebrate life

May our community, however miniscule and small,

ever grow in 'virtues'

May we ever stand herculean and tall, and respect our ancestral 'values'

Bestu SAAL sahunay MUBAARAK - may AHURA MAZDA bless us all Winner: Karishma M. Baria

Night brings quietude

Night jasmine whisper sweetly

Thank yous to last year

Liquid trills of nightingale

Ending in a crescendo

Time waits suspended

Aurora walks quietly

Hope rubs its eyes - smiles -

Dawn of a new beginning Sunrays spread - fingers of love!

Happy New Year to All!!

Winner: Percy Hirji Elavia

The monsoon is all hunky-dory,

Peacocks dancing in their full glory

In breathtaking rainbow colours looking so divine,

Signaling tremendous joy for all mankind.

To commence celebrations with cheers of new beginnings in life.

Let us all unitedly pray for unprecedented peace and

prosperity for our dear community.

Hope the Parsi youth make this nation extremely proud,

Continuing the legacy and extending the

footprints of our forefathers,

And proving the words of the Father of our

Nation right - "In numbers, Parsis are beneath contempt,

but in contribution beyond compare".

With the good news of unison between

Jam-e-Jamshed and Parsi Times bringing happiness galore,

May this Parsi New Year bring plenty of more reasons to celebrate for one and all!

Winner: Minac Tarapore

સાલ-મબારક

જીવનભર રહેજો, આશકીમાં સદા તમો

મેલ રાખી, સર્વ સાથ, ખુશી ખુશી સંસારમાં લાવશોના, અંધકાર નફરતનો, માજદીયસ્ની દીનમાં સફળ થાય નેક મુરાદો, દીલની ને રહેજો જિંદગી તનદોરસ્તી ભરી કરી કામ નેકીના, સાથ સેવાઓ કોમની

રાખી ઝબાં પર ખુદાનું નામ, કરજો, દાન, ખૈરાત તમો જીવનમાં ભલે હોય, ખૂશી કે ગમ, આધિન રહેજો ખુદાની ઈચ્છાઓની

કરસો ન ભુલ કદી તમો, ઈબાદત ને યાદ કરવા ખુદાની

જીવનમાં મળશે તમોને આનંદ હી આનંદ યહાં

આમાદા રહેજો, હરપળ, સેવાઓ કરવા ભારત માતાની

આમીન આમીન..

By Farzana B. Mistry

Parsi-o-nu Navu Varas Gaaje

Chaalo Aapre Geet Gaaiye; Mubarak Ho lo Savne

Khaani-Peeni Sav Karjo!

Papeta-ma-murghi, Pulao-dal ne macchi:

Parsi Peg Badha Peejo!

Nava Kapda Pehri Farjo;

Aatash ne Sav Jai Namjo;

Ha Ha Ha Khub Khub Mauj Maaja Karjo!

Happy New Year to the Bawa Clan!!

By Bakhtawar R. Appea

Let's Commemorate Roj Hormazd, Mah Fravardin

As Y.Z. 1386 with open arms

With visits to Fire Temples for blessings

And Clemency in our hearts

Determine to walk the path of Righteousness

Spread love, joy, peace & kindness

Let it pour cats & dogs

But the fervour of festivity goes on

Wine & Dine is the hour of the day

With bulging pockets to pay

I thank thy nature for its abundance in life

Beaming liveliness on the faces of the deprived

Unity is the call of the nature

Stand cohesive irrespective of stature

Let Manashni Gayashni Kuneshini be the precept of our pace

For the advancement of our race.

By Shernaz Irani

Saal Mubarak to all Mazdayasnis.

Enjoy Sali boti and Patra ni machi.

Pray for our Manashni Gayashni Kunashni and TANDOORASTI

And never ever forget our sacred SADRA and KUSHTI

By Firoz Balliwalla

Today is the day

which makes me proud to say

"thati'm a BAWA & will always stay".

I'll always be funny

And make a lot of money

And be the best in life every way

I always love to eat & always learn to share

With people who are poor and can't afford their share

I love to be generous & i like to be helpful

As GOD made me a BAWA for which i'm always THANKFUL!

I'm very happy today as NEW YEAR is on its way

To mark a new beginning for every single day!

Wishing All A Very Happy & Prosperous New Year

By Afried Dastur

To every girl and boy,

If from three ships-full, to over a lakh we could multiply Then suddenly, to have babies, why are we worried or shy?

Kids are our priority; to have many, we must endeavor and try. This Navroze, let us all a fresh new beginning make.

Let's gift the community some babies for Ahura's sake.

To survive and multiply, an oath let us all today take.

Our current attitude is like a deadly disease.

Our "Bawa" production, we must right away increase.

If we don't this do urgently, soon we will cease.

Young ones, the responsibility now lies on your shoulders strong.

Please do take steps quick, before things go absolutely wrong

Pleaseplease hear the warning sounds of the gong.



#### Contest



# Readers!! Participate In Our Fun Navroze Contest And Win Exciting Prizes From Our Fab Patrons!!!





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Taste The Love C Love The Taste

#### Fill in the blanks with the right answers that are present within this issue!

1900	
<sup>1.</sup>	Rus Chawal can be made healthier by using
12.	Today K11 has more than employees.
3.	Arshis executed his makeover on a
L	duo.
4.	When an Osti lady marries a Behdin, her religious title
	changes to
5. 6.	Steel ma Tata, Boot ma Bata, Caterers ma  Britannia & Co, Restaurant has been around since
. 0.	
7.	An upcoming project of establishing new ICU with 16
1	bed facility is under construction at
	Hospital, Navsari.
8.	When working with animals as interesting as dogs,
î.	there's rarely a boring moment, especially if it's a dog.
9.	If you find a lost iPhone, press the home button and ask
1	, the contact details of the owner will appear.
10.	In the film, Shabana Azmi's costumes were
L	designed by who went on to win the National
11.	Film Award for Best Costume Design.  This year, Zoroastrian bank completes years.
12.	is a simple strategy to invest a fixed amount
	into mutual funds on a monthly basis for a specific
T.	period.
13.	Diana Eduljee is the recipient of theAward.
14.	'B' for Bawa, "B' for
15.	Meherbai's school friends are Amy Atom Bomb and Soli-Six Pack, Perin Popti andJam-box, Freny
	and DorabMani-Mindhi and Minoo
1	, Ketu Cleopatra and Cavas, etc.
16.	Tata Motor's 'Tiago' is
17.	Dr. Batra's is certified by
18.	by Reliance.
19.	The Economic Times 'Best Healthcare Brand-Medical
	Devices & Equipments 2016' title was awarded to
Ī	
20.	is a sleek and compact locker for your personal
1	valuables.
21.	For Bawas who pride on their Parsi Pegs, here's a company that offers professional services in this arena:
<b>∰</b> 550	
22.	is one of the longest
L	surnames of our community.
23.	'The Parsi Food Festival' at The Solitaire Restaurant in
1	Kohinoor Continental is from to 2016.

Cut out this page and rush in your entries along with your name and contact details before the 23rd of August, 2016 to: Parsi Times, 2nd Floor, Khaitan Chambers C.H.S. Ltd., 143-145 Mody Street, Fort, Mumbai 400001. Winners will be announced in PT Issue dated 27th August, 2016.



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KHORDAD SAAL :- Mon 22nd Aug 2016 7:45 p.m. Teipal Hall - Gowalia Tank 223802679



Mani Mulla, Cyrus Pooniwala, Havovi Patel, Dilshad Irani, Gunvant Surani Pearl Mistry, Hoshng Katrak, Marzban Pardiwalla, Kasmira Doctor Farida Bhathena, Mehernosh Hormuzdi, Sakina Kothari & Cyrus Dastoor

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#### AN APPEAL FROM FROHAR FOUNDATION

Frohar Foundation conducts multifarious activities:

- Tele-Serials "HUMTATA HUKHTA HVARSHTA" and "Asha Vahishta" -("Sarvottam Satya"), focusing on Ancient Zoroastrian Culture, which were being Telecast on Zee Jagran - Zee T.V. Network. Our New Tele-Serial "DUDH MA SAKAR" is on Air every Sunday at 12.00 noon on DD Girnar, Channel,
- · Welfare & charitable activities aimed towards, but not limited to, poverty relief, medical and educational aid, distribution of exercise books and rehabilitation of poor families especially after major calamities. We have started "The Silloo P. Mahava - Memorial Fund" which focuses on the needy and helpless persons in the society.
- · Annual Educational Exhibitions on Zoroastrian Religion, Culture and Heritage, in order to create awareness especially among the younger generation. This is coupled with Cultural programmes aimed at promoting individual talent and inter-religious dialogues amongst scholars from various religions.
- The Frohar Lodge at Udvada, at very nominal rates, is available to all devotees visiting Iranshah Atashbehram, which is especially beneficial those less fortunate of our community.

Frohar Foundation looks forward to continued financial support from members of our community. On the auspicious occasions of Pateti, New Year and Khordad Sal, we urge you to contribute towards these important community projects by sending your valuable contributions / donations in order to support and enable us to carry on these charitable and educational activities

Donations are exempted under section 80G of the Income Tax Act. Cheques may please be drawn in favour of FROHAR FOUNDATION and sent to our office at 12 Karani House, Off Dr. C H Street, Dhobi Talao, Mumbai 400 002. Our office contact numbers are 022-65069313 / 22000831.

Thank you in advance for your generosity.

When God blesses us financially, he wants us not to raise our standard of living, but to raise our standard of Giving.

farnazfever.com

#### The Parsi 'On-Lyne' Ready Reckoner



DELAVEEN TARAPORE

As our population statistics continue to show a decline, there is a need, now more than ever, to stay connected with each other and with our roots. We commend the efforts of Yazdi Tantra - our community's leading IT authority as well as the Founder and Director of 'On-Lyne Comtech India Pvt. Ltd' - for providing the community numerous digital options, in the form of websites and apps, which facilitate staying connected as well as keep us updated about the latest important ongoings within the community. PT Special Correspondent Delaveen Tarapore details a compilation of Tantra's helpful and informative websites that ease the searching process for innumerable Parsi related aspects, at the go of a button!

- 1) Zoroastrians.Net: Can be defined as a holistic 'Resource Base' for any Parsi! Categories offered include food, Parsi galleries, matrimony, job vacancies, navjote ceremonies, prayers, future dates and months in all three Zoroastrian calendars and more. Check out the website: zoroastrians.net
- The Parsi Directory: Provides structured and tabulated comprehensive information, to facilitate quicker, more accurate and systematic search. It helps identify and locate individuals settled abroad; offers professional services in various fields; and most importantly is your best tool to reach out for help to other Parsis in unknown lands. Just register yourself after logging in at the website: theparsidirectory.com. You can also download the app now - 'TheParsiDirectory' App.
- Parsi Institutions: If you wish to avail of a scholarship but need assistance in figuring out the details as regards where and how to apply, log on to the website page: theparsidirectory.com/institutions/ which will prove to be your one-stop-destination for all useful details regarding institutions like schools, colleges, hospitals, agiaries, anjumans, infirmaries, clubs and gymkhanas across the globe!
- Find A Missing Parsi: A more narrowed and focused version of the Parsi Directory, log on to themissingparsi.wordpress.com to search for a particular person using his/her name, surname, profession, school, location or family details. If your search is unsuccessful, you can avail the facility of leaving a query in the comments section, which is frequented by a number of fellow Parsi users and could help end your search. This link has a sweet history of helping people connect with fellow brothers/ sisters in times of duress.
- The Parsi Family Tree: It's not surprising when every second Parsi turns out to be a far-off relative! Enabling you to establish the right chain to trace how the two are related, log on to theparsifamily. commutree.com, fill in the basic details of you and your close family members and voila! Your family tree is ready, with added new members who you didn't even know were related to you!
- Uthamna SMS and Whatsapp: If serving the community with a digital encyclopaedia through five different websites wasn't enough, Yazdi has a comprehensive database of mobile numbers to whom he daily despatches details of Uthamnas that take place, pan-India and globally. Currently, the Uthamna SMS reaches 4,500 community members daily and this opus is only growing. To subscribe to the Uthamna messages, simply give a missed call on (+91 22) 61816369. For availing the same on Whatsapp, add (+91) 9892219340!

Says Yazdi Tantra, "This is a concerted effort for our new-age Parsis, who increasingly rely on gizmos to get around. I wanted to provide both - convenience to the community when it comes to searching anything related to Parsis, as well as an effective platform that brings together Parsis from all walks of life - geography notwithstanding. I wish all the Parsi Times readers Saal Mubarak - may you all have a year filled with happiness and progress."

#### Missing Lagan nu Bhonu? Try Pala Fala!

ne of South Mumbai's newer Parsi eateries, 'Pala Fala' has been growing successfully and done rather well in the competitive food industry, in just a year. It's famous for its unconventional fare like corporate pop-ups, across-the-city home deliveries and a unique lagan-nu-bhonu box (that comes in disposable packaging) for Rs. 600/- (all-inclusive) so you can enjoy it in the comfort of your own home! Their latest achievement is a private dining room at The Art Hub - an art gallery that doubles as a lavish banquet hall which can accommodate 500 - 1000 people. 'Pala Fala by The Art Hub' is a private dining by prior reservation and is a delightful blend of art and food. You can walk in on Sundays for the scrumptious 'Sunday Parsi Brunch', but would need prior reservations booked on other days. 'Pala Fala by The Art Hub' sells art and is available to be given out for exhibitions, conferences, weddings, Navjotes and other events.

The group behind the restaurant, Marzy Hospitality, is one of the city's largest corporate caterers, that's catered for large scale events including 'Make In India', 'Star Guild Awards', etc, catering to high-end exquisite events and small



Pala Fala by The Art Hub

gatherings. Marzy Parakh, the dynamic MD of Marzy Hospitality, says, "It's time the community progresses from old fashioned baugs and typical weddings and Navjote venues and traditional menus to something new and exciting, within the same price points that current venues/ caterers offer. Our wedding menus offer delectable Parsi dishes and other cuisines. The added advantages of parking space and valet parking provided by the mall, adds great convenience.'

Pala Fala inaugurates their new association with The Art Hub venue this Navroze at Atria Mall (3rd floor) and will provide a fabulous buffet spread as also delivery options, via its Navroze Special menu, to celebrate the launch. You could also book tables or order-in directly through the website www.palafala.com. For reservations, call (022) 65583333/65586666

"I love your religion. I've read about it and have tried to understand it. Yours is the only religion which is ecofriendly. Also, to accumulate wealth is fine, but I have observed that your community spends it wisely and uses it to help people, which is even better. Recently when the Parsees of New York and New Jersey presented me with the Asho Farohar, the priest there mistakenly called me "Sanjay Kumar"!... And he refused to leave until he met me and apologized personally! The respect Parsees give others

is unbelievable. I would like to wish all your readers a very happy and prosperous Parsee New Year!!"

#### **Akshav Kumar**

[PT Editor: We wish to mention here that due to our Special Issue going into print before the release of the much awaited 'Rustom', Parsi Times was unable to provide a film review in the physical newspaper. However, the review is available on our website, www.parsi-times.com, so do check it out! Next week, Film Critic Hoshang Katrak will provide a special post-release review, also comprising reactions from Parsis to the film, as a Parsi Times survey. Readers who have viewed the film are invited to send in your feedback/comments about the film 'Rustom', which releases on the 12th of August, 2016.]

"Here's wishing all Parsis a very Happy and Prosperous New Year! Lots of love and happiness!"

- Salman Khan



"Sal Mubarak to all my beloved Parsi pals! I'm delighted to have a large number of Parsi friends and they always tell me I'm more Parsi than them. I want to thank you all for making me an 'Honorary Parsi'!"

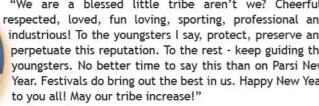
- 'Aapri Rani' Sabira Merchant



"It really means a lot to me to be able to wish all my Parsi friends and fans via Parsi Times. So many of my bestest and closest friends are Parsis - I share an extremely special bond with them - they're like family to me! Here's wishing all Parsis a warm and cheerful Navroz Mubarak! I'm eagerly awaiting the New Year 'bhonu'!"

Malaika Arora Khan





"I wish all my dear Parsee brethren a very Happy, Joyous and Prosperous Parsee New Year, and the best in the years to come. Although in terms of numbers you may be a small community, but you are the most industrious, known for your integrity and honesty."

Shyam Benegal, Internationally acclaimed filmmaker and Dadasaheb Phalke Award recipient



"Wish all my Parsi brethren a very Happy New Year! Have a great one! Would love to dig into the yummy food too but I'm shooting in Hyderabad. Have a blast! God Bless and lots of love!"

**Arbaaz Khan** 



"In 1937 - when I was a young lad of 5 - my family came to live in a beautiful house in a lane near Kemp's Corner in Bombay. The nine buildings in that lane were almost entirely inhabited by wonderful Parsis - and the inhabitants became just like my own family. We visited each other all the time without formality, and I even learnt to speak in their sweet and amusing Anglo-Gujarati lingo! Even as I grew, the 'ghana majena Parsiyo' in my lane, school and elsewhere started playing import parts in my life - and I'd like to mention just three of the great ones that strongly influenced my life:

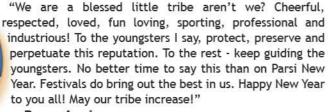
- 1. Adi Marzban: I had the great honour of getting close to this humorous genius through stage plays. He directed me for many award-winning English plays when I was studying at St. Xavier's College - and I even acted in some of his Parsi-Gujarati plays! For characterization, stage movement and interaction, he was undoubtedly one of India's greatest directors, and hundreds of actors were fine-honed by him.
- 2. Amy Moos: She was my neighbour and teacher, and became almost like my aunt. She had played a great but hidden role in the underground August Kranti Movement of 1942 - and it was at her flat that two top underground leaders - Aruna Asaf Ali and Achyut Patwardhan- used to come and hide on many days and nights, and quietly come to our flat for their meals!
- 3. Dady Engineer: He lived opposite my lane, and become my closest buddy in college - we used to go jogging together to Worli at 5 am every morning. Dady later become one of the most successful legal luminaries of Bombay.

But these were just the famous ones I knew - Parsis have always been leaders in many fields in India, and their statues still adorn many important streets in Bombay. And in the business field, too, Parsis have always been great leaders. Two great houses, of TATA and GODREJ, are even today great names in the business world.

I bow to all these great Parsis, and wish them all with the two words reverberating everywhere - Navroz Mubarak!!"

Ameen Sayani, Voice of the Nation, Presenter of Binaca Geetmala

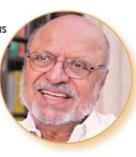




**Boman Irani** 









# Mind-Mapping

Often, what sets us apart about the way we work, is our ability to work smart! Mind-Mapping is a personal tool which has laid the cornerstone of success for many students and professionals across all ages! Explore the power of Mind-Mapping with our leading Mathemagician and Memory Development Trainer, Minoo Jokhi.

picture is worth a thousand words' goes popular idiom. Indeed, mere hearing doesn't help as much as seeing. A mind map is a diagram used to

Mind Mapping allows you to use

Mind Mapping reduces the time it takes to develop a presentation, a report, an article, or a letter by approximately 50 percent! It allows you to use words to visually relate concepts and information in ways that are more enlightening than note

words to visually relate concepts and information in ways that are more enlightening than note-taking or outlining. A mind map is often created around a single idea and thought, drawn as an image in the center of a blank page. To this, associated representations of ideas such as images, words and parts of words are added. Major ideas are connected directly to the central idea and thought, and other ideas branch out from those. Mind maps can be drawn by hand, either as 'rough notes' during a lecture, meeting or planning session, or as higher quality pictures when more time is available.

visually arrange information.

taking or outlining. Here are the fundamental aspects of Mind Mapping:

1. Start with your central thought: Write the premise in the middle of a blank sheet of paper. Then list the first idea that comes into your mind. Next, note down any similar thoughts. As you exhaust ideas on a topic, move to the next idea. Note down related points. Repeat this process until you have exhausted all the thoughts and related points you want to cover.

2. Be free flowing: One of the models I use for the mind looks like a pinball machine. It can bounce around quickly to numerous ideas before it comes up with a logical conclusion. We have all had this experience at some point or the other - when someone tells you something, you pause for a few seconds and give a response which makes the other person exclaim, "where in the world did that come from?!" Thing is,

were reminded of one thing, which led you another and perhaps that repeated itself again, and you finally blurted out what you did! For you, the thought progression was very logical, but the other(s) would be unable to make its connect to the original statement. Mind Mapping techniques accommodates this type of bouncing around better than either note taking or outlining.

3. Use only vital KEY WORDS: Often when taking notes and creating an outline, we use too many words. But most people think faster than they write! Did you know the human mind can think 1,200 to 1,600 wpm (words per minute) whereas most people can write freehand only 25 to 35 wpm. The best of us can type a little more than 100-110 words in a minute. The key concept is to think in bullets and jot down one or two words that capture the concept. This way, you won't slow down your thinking.

4. Allow yourself to bounce around: You might be on your third or fourth key idea and, suddenly, you think of something that fits back with idea number one! Stop! Bounce back up, add the idea, and continue. Capture all that your mind throws out.

5. Feel free to connect things that relate: When two topics relate to each other, simply draw an arrow to connect them. You could draw the arrow in the same colour as the rest of the mind map, or with another colour to clearly highlight the intended connection.

6. Try short bursts: Time yourself for 5 to 7 minutes. Then take a break. Sit back. Look at your mind map. Do something else. Again, spend another 5 to 7 minutes adding, modifying and adjusting. Remember, Mind Mapping is your tool. Let it work for you.

Remember that a mind map is primarily for yourself, it's not a concept map or a professional report. Use it to dictate or type the report. Ensure that all the elements you want in the report are there before you start.



You can visit his website at www.minoojokhi.in

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#### Salsette Zoroastrian Colony Welfare Association (SAZCOWAN)

wishes all the Zoroastrians a very Happy and Prosperous New Year

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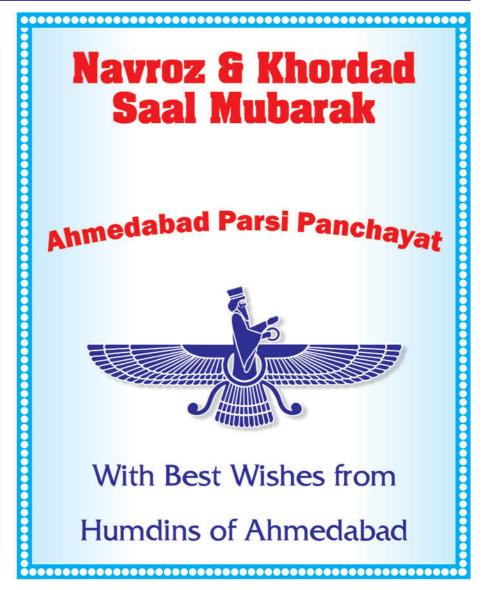
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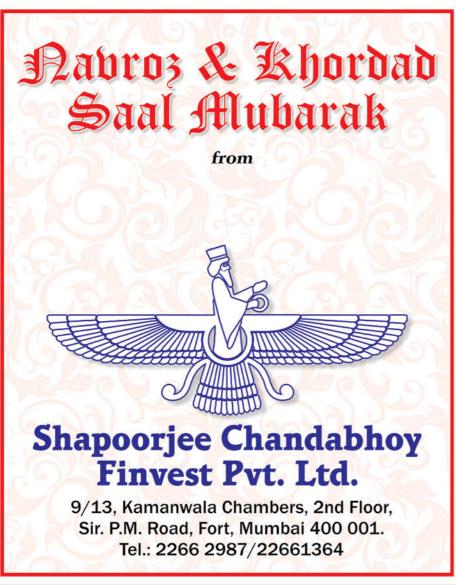
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## Independence Day Special PA

# PARSI TIMES Special Issue

# A-Tribute-To-Parsi Bravehearts

A county's freedom comes at a price and our Indian heroes rose to that challenge gallantly, bequeathing us the greatest, albeit misused, gift of all – democracy. As we celebrate our nation's glorious 70th Independence Day on the 15th of August this year, Parsi Times honors our community's fearless freedom fighters, who reinforced India's Independent Movement, and the valiant war veterans who lead from the front.

#### PARSI FREEDOM FIGHTERS IN THE INDIAN INDEPENDENCE MOVEMENT:

Bhikaiji Rustom Cama
(1861–1936): was one of
the foremost woman
freedom fighters in the
Independent Movement.
Whilst in London she
came in contact with
Shyamji Krishna Varma
who was famous for his
fiery nationalist speeches in
Hyde Park. He introduced her

to Dadabhai Naoroji, the then president of the British Committee of the Indian National Congress, for whom she worked as private secretary. She actively advocated human rights, gender equality and autonomy from Great Britain. She is also known for being the co-creator of the Indian Nationalist Flag, which she unfurled, calling it the 'Flag of Indian Independence'.

#### Dadabhai Naoroji

(1825–1917): was known as the 'Grand Old Man of India'. He was born into a poor family and was raised single-handedly by his widowed mother. But he developed a dynamic personality, becoming an intellectual, educator, economist, cotton trader, political



activist and an Indian political and social leader. He was the first Asian to be elected to the House of Commons (UK) and the first to publicly demand Independence for India. He was the first Indian to become a professor at the Elphinstone Institute, Bombay, where he taught mathematics and natural philosophy. To stop the British from exploiting India, he set up the Gyan Prasarak Mandali to educate the adult men folk. He wrote many articles and gave speeches on the plight of India and played an important role in the formation of the Indian National Congress.

Feroze Gandhi (1912-1960):

Feroze Gandhi was a journalist and an Indian politician, who served as an Indian MP under Jawaharlal Nehru. He served as the publisher of The National Herald and The Navjivan newspapers from Lucknow. He abandoned his studies to join the freedom struggle for independence and

got imprisoned in 1930, along with Lal Bahadur Shastri (India's second PM) in Faizabad Jail for nineteen months. In 1942, he married the late Indian PM, Indira Nehru. They had two sons, Rajiv Gandhi and Sanjay Gandhi. He went on to become Member of the Provincial Parliament and Member of Lok Sabha.

Khurshed Framji Nariman:
was a staunch social activist

and is remembered as the Mayor of Bombay. Born in the late 1800s, he was also known as 'Veer Nariman', and was a second generation Parsi stalwart in the Indian National Congress. His political career as a youth

leader and the Bombay Municipality was widely supported by Vallabhbhai Patel. He was influenced by Mahatma Gandhi in 1930 and organised and led the Civil Disobedience Movement (Salt March) in Bombay. Bombay's Nariman Point is named after him. He lived in South Mumbai at Horniman Circle and the road is named Veer Nariman Road in his honour.

#### Sir Pherozeshah Mehta (1845–1915):

was a political leader, activist and a leading lawyer knighted by the British Government. His moderate political ideology saw him not in direct opposition to the British Crown's sovereignty, but in demand of greater

autonomy for India. He was nicknamed 'The Lion of Bombay' and 'Ferocious Mehta' for his aggressive approach towards involving the active participation of Indians in politics. He drafted the Bombay Municipal Act of 1872 and is considered the father of Bombay Municipality. He became the Municipal Commissioner of Bombay Municipality in 1873 and presided as President for four terms. He was the co-founder and the first President of the Indian National Congress.

#### PARSI VALIANT WAR VETERANS

Lt. Gen. Adi Meherji Sethna PVSM Padma Bhushan (1924 - 2006): was the Vice Chief of the Indian Army Staff. After graduating from The Doon School and Allahabad University, he embarked on his military career in Malaysia during the Second World War. He was one of the few Indians to attend both the Imperial Defence College and the Camberly Staff College in England. He was ADC to the first Governor General of India C. Rajagopalachari as well as Dr. Rajendra Prasad, India's first President. He played an active role in the strategy for the Bangladesh campaign and was awarded one of India's highest awards, the Padma Bhushan, in addition to the Param Vishisht Seva Medal. He guided the Delhi Parsi Anjuman and the Federation of Zoroastrian Anjumans for 20 years. Adi Sethna was also the Founder President of the UNESCO Parsi-Zoroastrian Project. He died of cancer in 2006.

Air Marshal Minoo Merwan Engineer (1921–1997): was one of the most decorated officers of the Indian Air Force. He joined Royal Indian Air Force in 1940

and served in Burma during the World War. In 1948 he served in Jammu and Kashmir as the Station Commander of Srinagar Airfield and was awarded the Mahavir Chakra for his services there. He became Air Marshall in 1964 and was appointed as AOC-in Chief of Eastern Air Command and was awarded the Param Vishisht Seva Medal for his service in the Eastern sector. During the 1971 India-Pakistan War, he was AOC-in Chief of the Western Air Command. He was awarded the prestigious Padma Bhushan for his leadership and services.

#### Field Marshal Sam Hormusji Framji Jamshedji

Manekshaw, (1914 - 2008):
was popularly known as
Sam Bahadur (Sam the
Brave), and was the
former Indian Army Chief
the first Indian Army
officer to be promoted to
the five-star rank of Field

Marshal. His distinguished

military career spanned four decades and five wars, beginning with service in the British Indian Army in World War II and then went on to lead the army in the Indo-Pakistan Wars of 1947 and 1965; the Sino-Indian War; and the Bangladesh Liberation War. During action in World War II, he was awarded the Military Cross for gallantry actions. Though he initially wanted to pursue a medical career, he joined the first batch of the Indian Military Academy (IMA) when it was established in 1932. His witty and humorous nature was his trademark right from the start. Manekshaw rose to become the 8th Chief of Army Staff of the Indian Army in 1969. Under his command. Indian forces conducted victorious campaigns against Pakistan in the Indo-Pakistani War of 1971 that led to the liberation of Bangladesh in December 1971. He was awarded the Padma Vibhushan and the Padma Bhushan for his services to the nation.

Admiral Jal Cursetji (born 1919): was the former Chief of the Naval Staff (Indian Navy). He served as the 10th Chief of the Naval Staff. His prior commands included those as the Flag Officer Commanding-in-Chief (FOC-IN-C) of the Western Naval Command

and the Commanding Officer of INS Vikrant (R11) and HMIS Bombay (J249). He also served as the Naval Attache to the Indian Embassy in Washington DC and as the Chief Hydrographer of the Indian Navy. He valiantly participated in World War II, the annexation of Portuguese India and the Indo-Pakistani Wars of 1965 and 1971. He was awarded the Param Vishisht Seva Medal and the Legion of Merit by the Government for his bravery.









# Saul Mularus 47

PVC Lt. Col. Ardeshir Burzorji Tarapore (1923 - 1965): of the Indian Army was an ace tank commander and was adored by the soldiers and officers who served under him. He schooled in Pune and on completion of his matriculation in 1940, applied to the Army and was selected to do his initial training in the Officers' Training School Golconda. He participated in the Battle of Chawinda and the Indo-Pakistani War of 1965 and was awarded the Param Vir Chakra, India's highest award for gallantry.

Air Chief Marshal Fall Homi Major (born 1947): was the former Chief of the Air Staff of the Indian Air Force. He made history as he took office as the Chief, on 1st April 2007, by becoming the first chopper (helicopter) pilot in the service to be promoted to the office of Chief.

He participated in the Kargil War and won numerous awards for his bravery including the Shaurya Chakra, Vayu Sena Medal, Ati Vishisht Seva Medal and the Param Vishisht Seva Medal.

Lt. Gen.Faridoon Noshire Bilimoria PVSM (1933–2005): belonged to the Indian Army and fought the Indo-Pakistani War of 1971 as well as Operation Bluestar. Popularly called 'General Billy', he was the General Officer Commander-in-Chief of the Central Army Command (Indian Army). He served as ADC to the first Indian President, Rajendra Prasad, and commanded the Gorkha Rifles during the Bangladesh Liberation War. He was sent by the Indian Government to Sri Lanka in 1990 to review the work of the Indian Peace Keeping Force which had been deployed in that country during the Sri Lankan Civil War (under the Indo-Sri Lanka

Accord), and it was on his recommendations that the force was recalled in 1990, ending India's military engagement with the LTTE. He attended The Doon School in India. The 'Lt. Gen. F. N. Bilimoria Trophy', named after him, is awarded to the best officer in the graduating class of Army Medical Corps Centre and School in the Lucknow Cantonment. He was awarded the Param Vishisht Seva Medal. He was the father of the much respected Lord Karan Bilimoria.

Air Marshal Aspy Merwan Engineer (1912

 2002): was the Former Chief of the Air Staff, Indian Air Force. He was trained at RAF Cranwell. Post service, he went on to serve as India's ambassador to Iran. He was awarded Distinguished Flying Cross (DFC).

There was also **General Noshir Karani** who headed the Indian Armed Forces Medical Directorate.

Our community salutes and takes great pride in all our Parsi and Indian brave hearts who risked and continue to risk their lives to keep us safe... in the words of Winston S. Churchill, "We sleep safely at night because rough men stand ready to visit violence on those who would harm us."





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DR. MUKESH BATRA

#### The Similarity Between Homeopathy and Parsis!

Every Parsi would know the legendary tale of how the Parsis entered India and when they requested asylum from the then King Jadi Rana, he sent them a vessel of milk filled to the very brim, signifying that his kingdom was already full and could not accept refugees. In response, a Zoroastrian priest added a pinch of sugar to the milk, thus indicating that they would not bring the vessel to overflow and indeed make the lives of the citizens sweeter! As promised, the Parsis continue doing that till

Similarly, the sweet homeopathy pills add sweetness to your life without causing any trouble within it. It heals you naturally without causing any side-effects! The Parsis comprise less than 0.02% of the population but their contribution to India is much more than their proportion to the Indian population, just like the small homeopathy pills that bring out big miracles in the lives of people.

Miracles of Homeopathy For Parsis: Some of the common ailments peculiar to the Parsis today include Rheumatic Arthritis, Osteoporosis, Anaemia, Infertility and genetic ailments like G6PD deficiency. Here's how homeopathy helps cure these ailments...

Rheumatoid **Arthritis:** Rheumatoid arthritis (RA) is an autoimmune condition in which the body's own immune system mistakenly attacks the joints and the surrounding tissues. It is characterized by tender, swollen joints, and joint stiffness. It may also lead to pain and deformity in joints. RA being immunity related disorder, homeopathic treatment aims at correcting the altered immunity. This offers symptomatic relief and delays the onset of complications such as deformities or disability. Unlike the non-steroidal antiinflammatory drugs (NSAIDs) and corticosteroids, which are generally suggested for RA in conventional treatment, homeopathy provides safe results without causing side-effects.

Osteoporosis: Osteoporosis causes bones to become weak. The bones become so brittle that a fall or even mild stresses such as bending over can cause a fracture. Osteoporosis-related fractures most commonly occur in the hip,

intends to eliminate or decrease the tendency to anaemia and managing the triggering factors, instead of providing symptomatic relief or temporary treatment for the condition.

Infertility: Currently, the biggest worry amongst the Parsi community is the sharp decline in population. One of the biggest reasons is the abysmally low fertility within the community. Homeopathy it enables a holistic approach



wrist or spine. Conventional physicians often recommend hormone replacement therapy for osteoporesis. Lifelong use of these hormones helps to maintain bone strength, though it does not restore bone loss that has already occurred. Also, the use of these drugs causes side-effects like increased chances of endometrial cancer and heart disease. Homeopathy is safe and effective for prevention of osteoporosis as well as treating it. Homeopathic medicines help slow down bone loss and maintain bone mass.

Characterized Anaemia: by fatigue and weakness, dizziness, pale skin, headache, irritability and shortness of breath, anaemia is caused due to decrease in the amount of red blood cells (RBCs) or haemoglobin in the blood. While conventional treatment at aims supplementing the deficient nutrients by artificial means, homeopathy concentrates on natural sources. Moreover, homeopathy

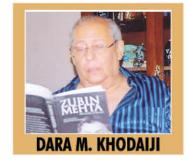
for the treatment of infertility as compared to the allopathic measures. A study of 67 women showed 57% improvement in fertility with homeopathy. A study including sub-fertile men proved that homeopathy improved both the number and quality of sperms. Thus, homeopathy should be regarded as a feasible treatment strategy for couples with infertility.

Apart from all the ailments discussed above, homeopathy also provides safe and effective cure for genetic diseases like G6PD deficiency. It is also effective in curing Parkinson's disease, IBS syndrome, several women health disorders, child health ailments, skin and hair disorders and a wide range of other medical aiments.

Mail your queries on: contribute@parsi-times.com OR dr.batra@drbatras.com

# PARSITIMES Special Issue

# Saul Maley 49



# 'Ma-Ghos' And 'Per-Eeda'

No 'real' Parsi meal feels complete without the accompaniment of meat and eggs. 'Eeda' or eggs surely deserve to be knighted in our Parsi cuisine as our Gastronomical Nirvana! Perhaps beating even chocolates when it comes to being the comfort food for us Parsis! And meat is our birthright – and boy, do we have it! Meat is what brings the cooked vegetables atop the dining table to life! No wonder most of our meals will have something-per-eeda and something-ma-ghos! **PT Reporter Dara Khodaiji** shares rib-tickling insights into our 'per-eeda' and 'ma-ghos' affinity!

¶ggs are God's gift to Parsis. This beautiful ⊿gold in white glob enwrapped in a cocoon of calcium carbonate, gives us good nourishment, and pleasure at the same time by titillating our gastronomic senses. It is one of the most versatile culinary wonders which helps churn out some of the quickest and most pleasurable dishes. It can be soft-boiled, hard-boiled, runny, baked, fried, scrambled, poached or used as a binding agent. I am sure a Michelin chef can do a lot more with it, but suffice it to say, that a Parsi can do no less. The writer Manohar Mulgaonkar once remarked,

Titori ne boomla sukhkha,
Papeta ma ghosh, kid roast,
And all sort of veggies
With \_\_\_\_ma-ghosh of course;
But Parsis' real favorite is
\_\_\_\_per-eeda,

Be it potatoes, tomatoes, bhaaji or bheeda;

Kheema, chicken shreds, or brinjal,

Eeda goes rather well with 'em all.

Chicken mai-vahlan, a dish we make

With more eggs, almonds, raisins, then a Christmas cake. Per-eeda is a winner,

Be it for breakfast, lunch, snack or dinner."

badam-ma-gosh, Dahi-magosh, cauliflower-ma ghos, a true Parsi delicacy, delicately cooked with milk and cream.

Potatoes are the most versatile accompaniment with meat dishes. A true comfort food indeed. Papeta-ma-ghos, a very popular dish, can be made in several ways, Khara papeta-ma-ghos, soupy and bland, like the mughlaiaab-ghos, or with spiced mutton marinated in toddy. Make thick spicy gravy with fried taters and we have a bafat. Savour mutton chunks with potato sticks, the crispy, crunchy Salli; the result, the luscious Sali-ma-ghos or Salli

Kand(Sweet potato) ma-ghosis rarely made nowadays. When made nice and spicy, the sweet potato forms a counterpoint, to the richspicy gravy's textures. There is a root, a variety of sweet potato, a kand, which is slimy when cut and purple in colour; it is also fried and added to Papri-magosh or just added to roasted mutton, a fine accompaniment. This is the kamorio kand. Just wedges of this kand, fried,

ey is // of kand, when cut

sprinkled with rock-salt or chat-masala, and a squeeze of lime makes it a great Happy Hour snack. Almost

Contd. on Pg. 50



and I can't help oft repeating it, that while the Muslims make the best Pulao and the French make the best Sauces, Parsis make the best eggs!

A Parsi is not bothered about the genesis of egg. He is totally oblivious of the debate raging elsewhere whether egg came first or a hen. To him rotli, achar and saria comes first! The Parsi culinary vocabulary is generously sprinkled with -per-eeda.' I share below a part of a poem, I wrote years ago. Shakespeare would have screamed, "Gadzooks! Cast yon versifier into the dungeon" or something equally terrifying but I think I have brought out the essence of the Parsis''\_ per-eeda' and '\_ \_-ma-gosh" affection, (or affliction?)... "Masoor ma boocka.

Parsi recipe books are replete with egg dishes. Be it Dinbai Pestonji Dubash's or Bhicoo Manekshaw's culinary classics. Let me digress here a bit and speak of Parsis' other love, the love for '\_\_-maghos'! Parsis have a great fondness for vegetables as long as the dishes are suffixed with the inevitable '\_\_-ma-ghos.'

One loves vegetables and they are a must for a well-balanced diet, but they can be a drab too, so Parsis learnt, or rather introduced the art of cooking vegetables with meat and lo, we have the "-Ma-ghos," the rustic bhajidana-ma-ghos, bhida-ma-ghos, tarela-kera-ma-ghos, french beans-ma-gosh, papri-ma-ghos (or kababs), guvar-ma-ghos (or fish roe, gharab, or prawns),

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# 50 Sant Miller 13th August, 2016

# PARSI TIMES Special Issue

#### 'Ma-Ghos' And 'Per-Eeda'

Contd. from Pg. 49

all the above-mentioned dishes can be made with chicken too. Many health conscious Parsis today avoid red meat for fear of cholesterol, but by and large, mutton makes all the difference.

As a foodie in the wonderland of culinary delights I can honestly say that eggs form the most versatile part of the culinary chain; it is, at

least to a Parsi. Ask any Baji Bhukho, Khurshed Khadhro, Gussie Gourmand of any Parsi colony, what he has had for either breakfast, or lunch, or dinner and more often than not the answer will have the words '—per-eeda'.

Breakfast is limited to fried or scrambled eggs, maybe with a rasher of bacon, or akuri, i.e. bhurji to our non-Parsi friends, but akuri is more luscious with generous sprinkling of chopped coriander atop. The rich Bharuchi Akuri deserves a capital 'A' for akuri, and is fit dish for the wedding dinner. Then there is Leela-lasun-niakuri, Kholidar (pigeon peas)-ni-akuri and hard-boiled-eggsakuri too.

Chicken maivahlan is a rich baked dish with layers of

shredded chicken, almonds, pistachios, cashews, raisins, and thick cream layer with fried onions, chillies and coriander leaves with rows of hard boiled eggs embedded in the layers and baked. A lesser known delicacy but yummy.

Parsi-no-poro, an omlette made with the accompaniment of chopped onions, tomatoes, vengna-ni-poori-per-eeda, fried kera-per-eeda, (eggs on a type of bananas, rarely available today, they are fried till they caramelize; rather delicious), drum-stick pulp, sekta-ni-singper eeda, ever heard of it? And a lot more. Of course a lot more. I forgot the delicious sweet and sour Kheema-per eeda, shredded-chicken-per-eeda, even Bheja-per-eeda

A Parsi is not bothered about the genesis of egg. He is totally oblivious of the debate raging elsewhere whether egg came first or a hen. To him rotli, achar and saria comes first!

coriander leaves, chillies, raw mangoes and sometimes the leftover shredded chicken is yet another breakfast favourite. Sans tomatoes and raw mangoes, it is a favourite picnic dish. There is also a Bheja-no-poro which can be a dinner by itself. There was a time when duck's eggs were freely available and the 'poro' as well as akuri were made with these big, beautiful eggs. But still these are not the -per-eedas.

'\_\_\_-per-eeda' is a Parsi phenomenon and can be understood in its fullest sense only by a Parsi, even though and koota (tiny shrimps)-pereda! Eggs can be served, either sunny side up atop the base of the veggies and other ingredients, or beaten and spread over the base making a frothy omelet like cover. Eggs, sitting sunny side up on any base is an aesthetic sight, a feast for the palate and a treat to the olfactory system. Eedachutney-na-patties is Parsi reply to the scotch-eggs of the Brits. Akuri-na-patties is yet another of our mouth-watering creations.

Egg is a versatile food item. It can be used also as a

One loves vegetables and they are a must for a well-balanced diet, but they can be a drab too, so Parsis learnt, or rather introduced the art of cooking vegetables with meat and lo, we have the "-Ma-ghos," the rustic bhaji-dana-ma-ghos, bhidama-ghos, tarela-kera-ma-ghos, french beans-ma-gosh, papri-ma-ghos(or kababs), guvar-ma-ghos

it is appreciated by all our 'eggitarian' friends. Lo and behold, the tomato-per eeda (eggs upon savoury tomtoes) leads the long line of per-eedas. Following closely, almost neck to neck are Bhaji (fenugreek leaves)-per eeda, papeta-pereeda, and just a short-head behind is the kanda-papetaper-eeda. This is not a Michelinclass ranking but I don't think there would be much Bhida-per-eeda, difference. Turia-per-eeda. tarkari-pereeda (Once served at wedding dinners, rarely nowadays), kothmirkanda-per-eeda.

Parsi favourite tea-time snacks, chapas, bhakhras, karkarias, kumas and French toasts, all have eggs. So also Malido. Boy, o boy, I can go on and on. If you find this piece long and boring, blame it on my editor who is a foodie herself, and wants more and more of these food articles. If you like it, it is yours sincerely at your service!

binder for kababs, a covering

for cutlets and a thickening for

sauces. It is the egg that gives

the Sas the whitish look which

we relish with the khichri.

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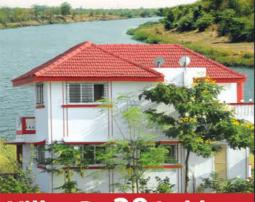


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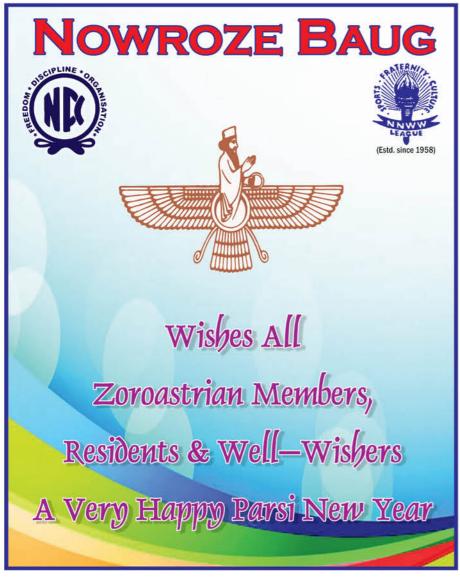


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# Special Index Special Issue Special Issue Special Issue Pride Of Our Community — Diana Edulji

**BINAISHA M. SURTI** 

PT: Take us through your formative years - was cricket always on the cards?

Diana: Cricket was never on the cards! In fact, it was always basketball and table tennis in school as well as in college. I stayed at the Railway Colony-Badhwar Park in Colaba, where every weekend we would play tennis ball cricket. It used to be ten boys and me as the only girl. That's how I developed a liking for the game. I also played all the open Table Tennis tournaments in the gymkhanas, but the competition was too much. I realised that to make a mark somewhere, it would be best to play a new game and as I enjoyed the sport, I decided to switch to cricket in 1971.

Recipient of the Arjuna Award and the Padma Shri, Diana Edulji has been India's greatest woman cricketer. Having represented The Railways, she went on to become the cynosure of the Indian National Cricket Team, which she captained, and worked hard towards securing an extremely popular and long, successful career. Diana adds the pride element to our 'Parsipanu'! Parsi

Times Sports Reporter Binaisha M. Surti catches up with Diana Edulji at the Parsee Gymkhana, Marine Drive.

PT: How was the experience of attending а cricket camp hosted by Lala Amarnath 1976? Diana:

In 1976, we were training in Lucknow, when he was appointed as the coach of the Indian team and we were to play against the West Indies. Then, we had NIS coaches who concentrated on the technical part and not skill. When Lalaji, arrived

asked everyone to stop doing all those things as he did not want long distance runners. In Lucknow, the climate was very hot and humid and we would drink water between net sessions. He wanted all of us to build stamina and see if the girls could bowl a full session without water, and we did it! Lalaji was a great help to us and we went on to win the first ever Test match against West Indies in Patna.

PT: How did it feel being a part of the Indian Women's Cricket Team that won its first ever Test Match against West Indies?

Diana: It was a wonderful feeling because I was at the crease, playing in Patna. We had to score hardly a few runs to win in the second innings and were already planning for the evening party. Suddenly, we were reduced to 25/5, the top order had collapsed and then panic set in. We had a big crowd in the stadium. My partner and I slowly built a partnership and I hit the winning

PT: What are your views on the Indian Women's Cricket Team today?

Diana: We need a new young captain with new ideas who can keep everyone together as a team. Mithali is a great player and nobody can match her skills. She is leading from the front with her perform-ances, but other areas are stagnating - such as field placements, strategy, the bowling changes and the batting order. The players should feel that they have a role to play, they need to feel wanted.

PT: Do you find similarities between yourself as captain then and today's skipper Mithali Raj?

Diana: No way at all. We always fought for what was right, no matter what the outcome was. In 1978, we were playing the first World Cup. We were asked to pay for everything first and were told that it would be given back to us later. We went to Patna and knew that this was the only chance we had to get our money back as this was the last match. The team decided that we would not go onto the field unless we were paid our dues. There was a hue and cry. We had a long meeting with the government one day before the match and they requested we start the match and the money would be given to us. We agreed and went onto play the game, the next day. At the dot of the first break

we were given our money. That is how things were then, today they are very much different.

PT: How was your debut game in the international circuit?

Diana: It was a lovely debut game in Pune in 1975 against Australia. I was 48 not out while batting. 6/42 were my figures as a bowler. I got the first catch, the first wicket in that game, scored runs and picked up many wickets too. Those days there was only commentary on radio. The commentator was so excited while talking about the game that my mother back home started getting palpitations after hearing him!

PT: Your thoughts on bowling to the legendary Clive Lloyd at the CCI?

Diana: This was in 1974 and the rest of the team had gone away to play in Rajkot. Clive Lloyd, Andy Roberts and Alvin Kallicharran were present. When Andy Roberts was running, the ground was literary shaking and that time I realized what kind of a difference is there between men and women's cricket. When Clive Lloyd was batting I asked him why he was playing so easy. He asked me do you really want to see my game and I said yes. The next ball I bowled was out of the stadium! He said that he didn't want to do this and discourage me but I told him he wasn't discouraging me and at least now I knew where I stood! We remain good friends till date and whenever we meet, he always praises me and still remembers

PT: What message would you like to share with young Parsee girls who wish to take up cricket?

Diana: Come out play for the love of the game and play to win! You have to take it upon yourselves to get to that international level. All the best to the women - we are always here to support







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54 Sant Mark Profile Profile Profile Profile Profile Fitness Expert: Kaizzad Capadia

Not so long ago, the two areas that marked the prowess of 'Parsipanu' were in the field of Body-building and Entrepreneurship. India's top fitness expert and founder of the country's premiere fitness institute and academy - K 11, Kaizzad Capadia, encapsulates both these areas and shares an inspiring account of strength training of the mind and the body in this stirring interview with Parsi Times

PT: You've worked your way into becoming one of our community's most successful entrepreneurs and India's leading fitness expert and educationist today. Share your

inspiring journey with us. Kaizzad Capadia: In 1987, I was a 15 year old 49kg skinny kid, hell bent on proving that I was not as weak and puny as I looked. I had an obsessive need to challenge my strength on any object. If an object looked heavy then I had to find out if I could lift it! My obsession with strength led me to the gym and I instantly fell in love with the weights. The first day I worked out in a gym is imprinted in my mind - 15th May 1987, post my SSC Board exams. The obsession continued through college and I competed in many Body building and Power lifting competitions. Winning some, losing some, I always came home with a medal at the very least. I became a nationally ranked bodybuilder but surprisingly, I was the only Bawa in a sport that was once dominated by Bawas.

I was an incredibly curious kid with an intrinsic desire to know the most optimal and efficient way to do or achieve something. Just that some workout or diet works and gives results was never good enough for me - it had to be the best. fastest and most effective way, and the results had to be the best possible results. This is what drove me to books and I started devouring information. Application of knowledge gained from books on the gym floor was also something that came from within. This built my acumen in the science of building the body, getting stronger and losing fat.

Another trait that got me to where I am today was this burning need to share exciting information about what I had learnt - I was notorious for giving unsolicited advice at every opportunity I got, teaching via examples and

getting increasingly noticed this also got me thrown out of a lot of gyms, but it benefitted those I advised!

My parents were very supportive and trusted me. In fact, my mother, applied on my behalf for Tata's Sports Quota, to the late MD and Chairman of Tata Steel, Rusi Mody and had me representing them



Kaizzad with wife Kalyani, his pillar of strength

as a Competitive Sportsman at a salary of Rs. 3000/which relocated me to Jamshedpur. But I returned after a year as I couldn't take my body building to the next level staying in Jamshedpur. Once again my mother sprung into action and approached Madhukar Talwalkar scion of (the the Talawalkar Family), the who man single-handedly started the Indian Fitness Industry. He recognized talents and made me India's very 'First Professional Full Time Personal Trainer'. My first clients were the illustrious Bajaj family and went on to train almost all the industrial families in South Mumbai - the Birlas, Singhanias, Garwares, Narangs, Khataus. Mariwalas, Modis, upto 1999. et al.

In 1999, 2 of my

asked

fittest clients, Anuand

Yusuf.

Haroun

me if I would consult them in setting up a commercial gym in their vacant premises in Worli. This marked my debut as a Gym Set-Up Consultant and so was born my first project, 'Exert' a landmark gym, the best in the country at the time.

After running it for 3 years, in 2003, I decided to start a consultancy firm for gym setups. I partnered with a very seasoned businesswoman -Devaki Khimji and established Fitness Management Co. Pvt. Ltd. 'K' was the common letter my name and Devaki's surname started

with, and at that time we had a dedicated staff of 11 wonderful people and thus was born 'K11'. Today, we have more than a 111 employees, and our brand is synonymous with the 'Scientific Approach to Fitness' and 'Fitness Sciences Education'

We soon figured that the biggest challenge lay in finding qualified human resource. Everybody we hired needed a month of intensive training and if they left the job, it was difficult to keep replicating the course for a couple of new recruits. We also needed to

supply the gyms we set-up with qualified trainers. This led Devaki to think of starting Academy an especially as teaching Fitness Sciences was my

forte. And that's how The K11 Academy Of Fitness Sciences was born.

13 years later, we are the premier academic institution in the Indian Fitness Industry with Pan-India presence, assured for quality by the UK based, Global Educational conglomerate Pearson (the only Educational Institute in

the Indian Erstwhile Fitness Industry to Kaizzad Capadia

'Pearson Assured') and we are the funded partners of the Government National Skill through the Development Corporation (NSDC) under the Union Ministry Of Skill Development and Entrepreneurship (MSDE). Today, all reputed gyms, gym chains, international gym franchise chains, rely on K11 for qualified Human Resource! Over the next 2 years, K11 education will be globally accredited and recognized, thus ensuring jobs to K11 Certified Fitness Professionals anywhere in the



Kaizzad Capadia the teacher

PT: What is your definition of

Kaizzad Capadia: So glad you asked me this question! People often confuse 'health' with 'fitness' considering them to be synonyms, which is wrong. Health is a physiological state meaning 'normal functioning' of the body. If all pathological values are normal, you're 'healthy', but 'fitness' is the ability to perform physical tasks beyond what is expected from a normal human being. If a 50 year old looks and functions like a 50 year old, then in all probability, he or she is 'healthy'. But if that 50 year old looks and functions like a 25 year old, then we have a very 'fit' human being and if a 50 year old looks, behaves and performs like a 70 year old then we have a very 'unfit' individual and ironically such an individual could be healthy at the same time! As a Fitness Educationist, I want to inspire

people ambitious in goals related to their bodies. Aim for fitness, as aiming just for a healthy body doesn't make you 'fit'.

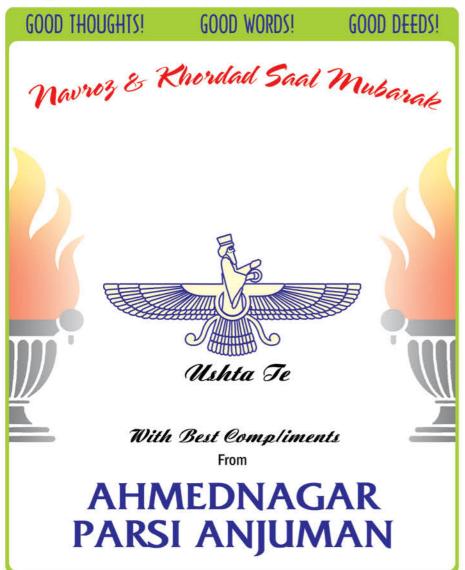
PT: Have promoted the "Body Building Lifestyle as the only true anti-aging pill". Explain Kaizzad Capadia: The Body Building lifestyle is all about building and preservation of Lean Body Mass (Muscle, Bone Density), minimization of subcutaneous body fat, increasing musculoskeletal strength, endurance, flexibility and cardiovascular endurance. This is achieved by giving equal emphasis to strength training, cardiovascular and stretching, effectively combined and complimented with body building nutrition. Body Building is the only thing that will stave off age related degeneration and thus muscle loss and keep the fat at bay, thus keeping us leaner. You want to be a lean mean machine at 50 & 60 and through your 70s and 80s then you better be Body building! Have a look at Sylvester Stallone who just turned 70! Seeing him will make you understand how Body Building is the ONLY thing that will preserve youth!

What would you consider some of your best achievements to date?

Kaizzad Capadia: To see my K11 students doing well in life, their gratitude towards my school for putting their lives on track. is my greatest achievement and provides me great satisfaction. It's a fab feeling to know that I'm making profits while providing honorable livelihood and direction to the youth. Another one of my greatest achievements is popularizing strength training and the body building lifestyle amongst fitness enthusiasts in

Contd. on Pg. 57





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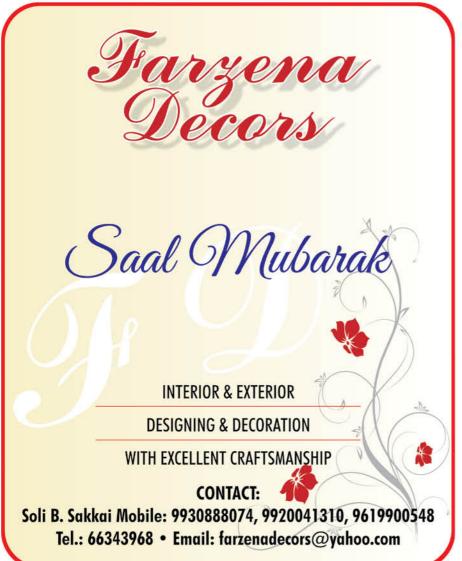


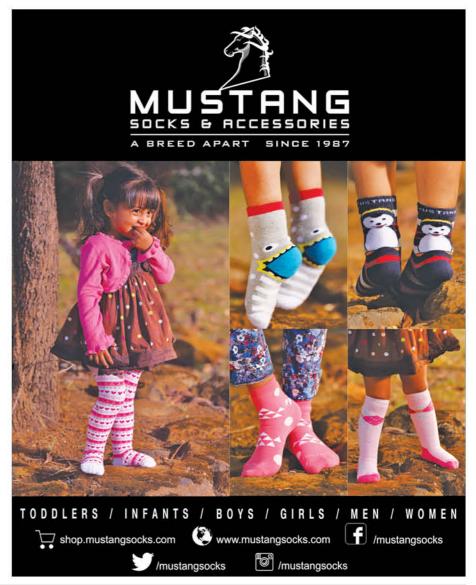
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# New Year Make-Up Artist Extraordinaire Arshis Laugust 1902 Lifestyle PARSITIMES Special Vish Arshis Make-Up Artist Extraordinaire Arshis Laugust 1902 Lifestyle PARSITIMES Special Vish Arshis Lifestyle PARSITI

to transform the splendid 'Mother-and-Daughter' duo - Reanna and Jaszmine Palia - from beautiful to stunning! We bring you the first-hand account from PT's very own 'Makeover Midas', Arshis...













've always believed that women are more advanced and powerful than men. Not being sexist - I truly believe that women, now and since forever, are way stronger, and if put to the test, can move mountains! Having stated this, my pick for PT's Special Issue

needed to be someone who is a pillar of strength, a powerhouse of grace and an inspiration to every person who knows her.

Reanna Palia is the proud daughter of Jaszmine Palia from Cusrow Baug, whose note to us, was not for a makeover for herself but for her mom.

Jaszmine. She said her mom has always put the needs of others before herself and that she always took initiative for various social causes. Jaszmine has been a successful professional and a wildlife activist for years. But what set her apart from others is that she did all this as an independent, single parent. As a mother, friend, philosopher and guide, she is truly a jewel in the crown of womanhood.

Considering it was the special feature for Navroze, I decided to double the excitement and do a 'Double Dose Makeover' for the mom and daughter duo. Jaszmine had no idea what she was in for. When we told her she couldn't stop smiling. But that smile doubled up when she saw her little lass turn into a fine looking lady, alongside. The mother-daughter chemistry was outstanding - it was like working with soul twins with the same values but different ages.

I decided to do a traditional quintessential look for both, but obviously with a few tweaks to compliment their individual style. Sanaea and I started with Rianna's makeup while Avan got going with Jaszmine's hair. Rianna is a young vibrant girl who will soon be in high school and is set to follow the footsteps of her mom with her own USP. After prepping and working a wave contour technique on her face. I did her eyes up in a soft shade of coralpink. The highlight was the added hint of lashes to her eves!

Avan soon got on with Rianna's beautiful long hair, while Sanaea prepped and hydrated Jaszmine's face. After a little colour correction and a foundation, I dolled up her eves with the same hues as her daughter, keeping in mind the quintessential theme. I draped on a 'beautiful lightly worked on gara' on Jaszmine, and for Rianna I chose a beautiful lace dress that complimented her vibe. After a few light pieces of jewelry and accessories, the ladies were let

to see themselves in the mirror. Now that's the best part of the makeover always. Yay!

With Navroze being the occasion, what better location than our Agiary! We rushed to Dadar Parsi Colony's Agiary and got a few great shots of the mother and daughter clicked by the proficient Rehan in the lush green compound.

This was truly one of the most fun makeovers I have done and it was absolutely awesome having such positive energy flowing through the process. It's great to meet such inspirational people who make life worth every moment spent. We hope you have enjoyed the makeover as much as we enjoyed working on it. So keep your pictures and stories flowing in and help me make you look hotter than ever, with a 'PT Makeovers' in the coming New Year.

Navroze Mubarak!



Photography for the Makeover Rehan Daruwala

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# Saul Makarak 57



#### Tech-Know Tips By Cy

"I'll show you some awesome secret tricks," says **Cyrus Dubash** excitedly when the conversation turns to mobile phones or computers! A passionate gizmo-expert for sixteen years now, Cyrus demystifies everyday gizmos to help bring out optimum functionality. Converting his passion into profession he goes by the brand name, 'Learn With Cyrus' and shares fun tips with PT readers.

#### Apple Tips:

- To make your Mac sleep and wake up at specific times, go to Settings, choose Display and schedule the Sleep and Wake Up times, for a freakily compatible relationship with your tech companion.
- When typing on your iPhone, simply shake with a jerk to undo typing and avoid sending your boss the message meant for your boyfriend.
- On your iPad, while in landscape mode you can split your keyboard in half by swiping from the middle of your keyboard sideways towards the edges. Helps in typing, and useful for split personalities.
- If you find a lost iPhone, long-press the home button and ask Siri, "Who does this phone belong to?" The contact details of the owner will be displayed and you will be a hero.

#### **Android Tips:**

 Android OS secret codes for various functions: http://m.ibtimes.co.in/30-

- android-hidden-tipstricks-works-samsung-htcmotorola-others-629592
- For 'Google Now On Tap': Normally, you shut the Messenger app and search for a restaurant on Google by typing in the name or copying and pasting it. With 'Google Now On Tap', you can leave your Messenger app open, and press and hold the home button for relevant information about the restaurant!
- To check which apps are using the most memory when your device slows down, open Settings and select Memory. You'll be able to see the average memory used during the last 3, 6 or 12 hours, or the entire day. You can also tap 'Memory Used By Apps' to find out how much RAM each app has used. This can help you pinpoint the apps that use too many resources.

#### PC Tips:

 To clean up Windows, junk, temp, register files and some Malware, download CCleaner
 it is very effective and speeds up a sluggish PC.

- If your PC is slow, remove Norton anti-virus and use Kaspersky - it's lighter and will not hog up your PC's resources.
- To generate random text without typing it out in Word document, type =rand(1,2). This is helpful if you want toapproximate English text.

#### **General Tips:**

- When your phone is connected to wifi, go to Settings, switch off Cellular Data completely to save battery life and your wallet in the long run.
- A useful website that converts audio, video, text file formats to different other formats is www.zamzar.com.

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# **Entrepreneur Extraordinaire And Fitness Expert: Kaizzad Capadia**

Contd. from Pg. 54

PT: What does 'Parsipanu' mean to you? How has the role of Parsis as fitness enthusiasts changed over the years?

Kaizzad Capadia: Parsipanu apart from standing for honesty, integrity, strong morals, ethics and principles, cleanliness, tastefulness - also at one point in time exemplified the physically strong, athletic Aryan genes. Body building, weight lifting, martial arts, cycling and sailing were dominated strong, our athletic. genetically gifted Parsis during 1960's.We were also leading entrepreneurs and philanthropists. Now we seem to be more

about being the recipients of philanthropy rather than being the philanthropists. Both professionally and physically, we have suddenly become a lazy bunch. Instead of constantly bickering about dwindling guantum. let's focus on the dwindling quality! We were always a minority, but we stood out hugely. We need to wake up. We may not go extinct, but we sure seem to be on our way to becoming insignificant.

PT: What guidance would you give to those who wish to make it big in the Fitness Industry?

Kaizzad Capadia: Get educated and keep educating yourself and

gaining knowledge - always have a thirst to know more. More importantly, apply all that you learn; and most importantly, lead by example.

PT: What message would you like to share with our readers as we approach the start of a New Year?

Kaizzad Capadia: Turn around your physical ability while you still can. There will come a point of no return and sometimes, that point is far from death dooming you into living a life that is worse than death! If you decide to not accept your present state, whatever you plan to do... don't wait for New Year... don't wait for anything!



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### Parsee Portrayal In Indian Cinema



n Pateti, Navroze and Khordad Saal, several members of our community will throng the theatres to watch a farcical Parsee naatak in which Indian cinema has its roots firmly entrenched. Filmmakers have never hesitated (in fact have gone to extra lengths) from caricaturing communities in films and us Parsees have been soft targets. A dagli or a dagla, a feta, and a thick, heavily accented 't' and 'd' are laid on to convince the viewer of the subject's ethnicity.

Here are 10 films on or about Parsees, in chronological order...

(The forthcoming 'Rustom' would have surely made it to the list, were it released before this article went to press. Likewise, 'Such a Long Journey' of 1998 would have made the cut, had it earned a commercial India release.)

#### **1. KHATTA MEETHA (1978)**



For me, the quintessential film on Parsees -a classic by Basu Chatterjee. With names such as Homi (Ashok Kumar) and his sons Rusi, Jal and Fali; Nargis (Pearl Padamsee in one of her rare screen appearances) and her children Firoze (Rakesh Roshan) and Freny (Preeti Ganguli), there was little doubt in the

We Love Our Bollywood masala films and Bollywood loves us Parsees right back in return! Every once in a while do we get to see flicks portraying us. Parsi Times film critic **Hoshang K. Katrak** gives us a peek into a myriad choice of films which had a Parsee connection.

viewers' minds as to which community the film was based on. Homi Mistry, a widower with four sons, is introduced by a common friend Soli (David) to Nargis Sethna who has two sons and a daughter. Their intention to marry is the cue for their children to wage war against one another. Piloo Wadia was a consultant on the film, besides playing the mother of Dara (Deven Verma). The costume designing was in the capable hands of Mani Rabadi. Old-timer Sulochana Sr. (Ruby Meyers) played Soli's wife Perin.

Based on the Hollywood film 'Yours, Mine and Ours' (1968), this was probably the first major film to portray Parsees where the community was not caricatured. They dress normally, speak normally... and no, they don't own a 'vintage' car.

Basu Chatterjee specialised in domestic comedies - Baaton Baaton Mein, Priyatama, etc. - and with Khatta Meetha, the director is in familiar territory; he wrote the screenplay and dialogues

#### 2. PESTONJEE (1988)



This was probably the first of many films where Naseeruddin Shah plays a Parsee. Partly filmed at the Ripon Club and based on a short story by well-known author and journalist, B K Karanjia, this film was directed by theatre veteran Vijaya Mehta. Pestonjee had the unique combination of stalwarts Naseeruddin (Pirojshah Pithawalla). Anupam Kher (Pestoniee

'Pesi') and Shabana Azmi as caused the mother (Ruby Patel)

Piroj and Pesi are childhood buddies with a difference: Piroj is an introvert while the latter is the opposite. While Piroj vacillates over deciding whether to marry Jeroo (consults his horoscope, etc), Pesi takes the plunge and weds her. Piroj wishes the couple well and leaves Bombay for Bhusaval. He returns after a few years to find the marriage in shambles. Pesi has a mistress Soona (Kiran Kher) while Jeroo, having suffered a miscarriage, is neglected and has grown grouchy and cantankerous. Pesi even has a child by the mistress. After Pesi dies of a heart attack, Piroj's relationship with Jeroo and Soona forms the crux of the film.

Shabana Azmi's costumes were designed by Mani Rabadi (she won the National Film Award for Best Costume Design), while Roshan Kalapesi looked after the Art Direction. Seasoned theatre actordirector Cyrus Dastoor was the Production Assistant on the film, besides playing Shabana Azmi's brother.

#### 3. PERCY (1989)

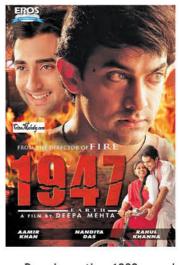


A Gujarati language film, it was directed by Pervez Mehrwanji.

The film has the then 26-year-old Kurush Deboo playing the eponymous Percy, a 28-year-old unmarried Parsee boy (sounds familiar?). His father (Hosi Vasunia) had untold verbal and physical torment. The dominating (sounds familiar mother too?), now a widow, supports the family by selling Parsee delicacies and condiments door to door. Percy's life turns over in its head when he discovers his office accounts fudged and complains about it. His mother's death, too, doesn't help. Percy happened to be the directorial debut of Pervez Mehrwanji, as well as the film debut for Kurush Deboo, who was nominated for Best Actor at the National Film Awards.

Theatre stalwarts Ruby Patel (mother of actress Shernaz Patel) and the late Hosi Vasunia make a rare appearances on the silver screen. Roshan Tirandaz and Zenobia Shroff too are seen in the film.

#### 4. 1947: EARTH (1998)



Based on the 1988 novel by Lahore-based Bapsy Sidhwa 'The Ice-candy Man', this Deepa Mehta directed film has won several awards at Film Festivals, as well as a Filmfare Award for Rahul Khanna for Best Male Newcomer.

It depicts a Parsee family from Lahore attempting to stay neutral during the pre-Partition riots. The trauma of partition is evocatively seen through the eyes of 8-year-old Lenny Sethna (Maia Sethna). Hindus, Muslims and Sikhs turn against one another and Lenny is witness to all this and more including love blossoming between her ayah Shanta

(Nandita Das), a Hindu, and their masseur Hassan (Rahul Khanna), a Muslim.

The film, originally titled on the novel, was banned in Pakistan. The narration was by Shabana Azmi as an older Lenny, while Kitu Gidwani and Arif Zakaria played her parents Bunty and Rustom. In the last couple of scenes, author Bapsy Sidhwa appears as the grown-up Lenny Sidhwa. Incidentally, in 1991, the novel was retitled 'Cracking India'.

#### 5. MUNNABHAI MBBS (2003)



The odd one out. A film which logically should not be a part of this list. But then, I have good reasons for its inclusion. For one, it has probably the highest number of Parsee actors in a film not based on Parsees. Secondly, the casting coup - the astute Raju Hirani recognised the prodigious potential of Boman Irani to give him his major breakthrough.

Munna (Sanjay Dutt) is a local hoodlum with a sidekick Sarkeshwar 'Circuit' played by Arshad Warsi. Whenever Munna's father (Sunil Dutt) visits him, the former turns his adda into a makeshift hospital. That is, till Dr. J C Asthana (Boman Irani in an author-backed role) - the dean of a hospital who also practises laughter therapy calls his bluff.

There were more than a few scene-stealers in the film. Circuit as the sidekick, Boman Irani as Dr. Asthana who prevents his daughter

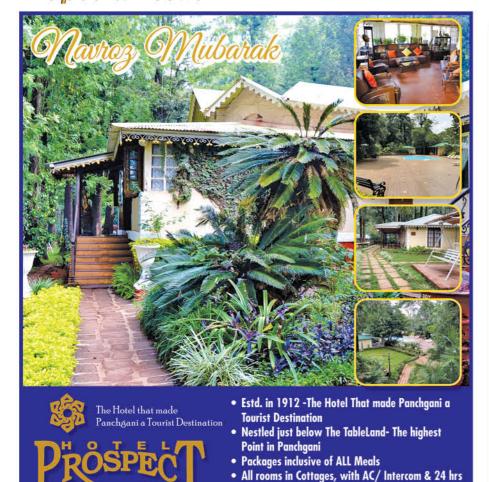
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#### Bollywood Special

# PARSI TIMES Special Issue

#### Contd. from Pg. 58

Dr. Suman (Gracy Singh) from getting close to Munna, Dr. Rustom Pavri (Kurush Deboo) as the doctor forced to do Munnabhai's bidding and who ultimately joins his band of admirers, and Swami (Khurshed Lawyer) as the distressed roommate wanting to change rooms.

But the one performance which has indelibly stuck in my mind is that of Dr. Pavri's pappa (theatre veteran Bomi Dotiwalla). His expressions as he pockets the carrom coins (especially after arising from his sickbed) are a sheer delight to behold. Yes, the editing helped and the makeup man did his bit to transform the then 60-something into the bawaji of the late 80s. The next time you see the film, watch out for the papa who runs after the raani.

Besides these four, there were a few other Parsees too, who played minor roles.

#### 6. PARZANIA (2005)



This was a dark, melancholic film directed by Rahul Dholakia. More in the nature of a documentary based on real-life incidents, it is the story of a Parsee family living in a Muslim-dominated area of Gujarat.

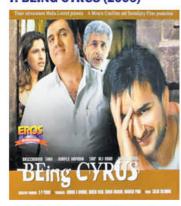
10-year-old Parzan Pithawala (played by Parzan Dastur) goes missing during the communal riots of 2002. His parents Cyrus (Naseeruddin Shah) and Shernaz (Sarika) make desperate efforts to trace their son, but in vain.

The film was based on a true story. Azhar, the 12-year-old son of Dara and Rupa Mody, went missing in the midst of the 2002 carnage which had brought disrepute to the

nation.

Naseeruddin and Sarika (in her comeback film) give standout performances as the grief-stricken parents. It had won the National Award for Best Film in 2006. Though it had premiered in 2005, it was released commercially only in 2007. (The film was initially banned in Gujarat.) The predominantly English language helped it gain international release.

#### 7. BEING CYRUS (2006)



A surprise visitor Cyrus Mistry (Saif Ali Khan) lands up unannounced at the Panchgani bungalow of DinshawSethna (Naseeruddin Shah yet again!) and his attractive wife Katy (Dimple Kapadia). Dinshaw, a sculptor with a dopey demeanour, is constantly at the receiving end of his wife's nagging and sarcastic remarks. For her, the handsome guest has entered not just her home, but also her life.

Cyrus undertakes a trip to the Mumbai residence of Dinshaw's brother Farokh (BomanIrani), who along with wife Tina (Simon Singh) illtreat Farokh's father Fardoonji (Honey Chhaya in a superlative performance). Cyrus tries to be the Good Samaritan. co-screenwriter The Kersi Khambatta, who also plays the mechanic. Several other Parsees featured too, in minor roles. The English language film, which seemed well-scripted till the halfway stage, loses steam and the viewer is treated to a mishmash of macabre emotions in the second half.

The film caricatured Parsees as eccentric, and that is an understatement. Boman Irani, as the self-centred and unrestrained son, is in a class of his own. Overall, director Homi Adajania (whose wife Anaita did the costume designing for the film) missed

out on a glorious opportunity of making an impactful debut feature film.

#### 8. LITTLE ZIZOU (2008)



If ever there was a quaint film on Parsees, this is it. Helmed by acclaimed scriptwriter and photo-journalist Sooni Taraporevala, the film is about two feuding clans - the Pressvalas and the Khodaijis.

In her first directorial venture, Taraporevala has her son Jahan playing Xerxes, a motherless child. Little Zizou-named so due to his obsession with the football great Zinedine Zidane (Xerxes wants Zidane to visit Mumbai) - is usually to be found at the residence of Boman Pressvala (Boman Irani), a fair-minded and good-natured publisher of the community newspaper Rustom-e-Sohrab.

His pompous counterpart Khodaiji (Sohrab Ardeshir) with his PLO (Parsi Liberation Organisation) projects himself as the saviour of the Zoroastrian religion. How the two families- with Art Khodaiji (Imaad Shah) falling for Zenobia Pressvala (Dilshad Patel) - make peace, is brought out in this delightful film.

Having scripted award-winning crossover films such as Salaam Bombay, Mississippi Masala, The Namesake - Sooni Taraporevala wrote and directed Little Zizou, starring her son and daughter Iyanah (playing the younger daughter Liana Pressvala). The English language film which was exhibited in several Film Festivals worldwide, has comedy, religion and quirkiness - all in equal measure.

#### 9. FERRARI KI SAWAARI (2012)



With the Munnabhai films and 3 Idiots under their belt, Vidhu Vinod Chopra and Rajkumar Hirani wrote a film on Parsees. Directed by Rajesh Mapuskar, it was one of the last of the delightful and innocent comedies on the community which takes one back 34 years ago to Khatta Meetha.

With both Chopra and Hirani collaborating on the screenplay, old faithful Boman Irani had to be in the film. Boman plays a stellar role as Deboo, a retired firstclass cricketer who, due to his tragic experiences in the game's politics, discourages his grandson Kayo (Ritwik Sahore) from taking up the sport. The single parent, Rusi (Sharman Joshi), has other ideas though. An upright and popular officer in the traffic department, he goes to various lengths - including failed attempts at obtaining bank loans and tinkering with Sachin Tendulkar's famed Ferrari. (By the time the film went on the floors, the car was owned by Jayesh Desai of Surat.)

Brilliant performances by young lad Ritwik, Sharman Joshi, Satyadeep Mishra as Kayo's coach, Paresh Rawal as the MCA official Dilip Dharmadhikari, Seema Pahwa as Babbu Didi, and sidekicks Nilesh Diwekar (Pakya) and Deepak Shirke (Mama) rounded off some excellent casting.

The film is notable for the face-off between the two most talented and versatile character actors in Hindi cinema - Paresh Rawal and Boman Irani. In the confrontational scenes between the two, the latter held his own and even had the edge.

#### 10.SHIRIN FARHAD KI TOH NIKAL PADI (2012)



Boman Irani seemed the obvious choice to play the 45-year-old Farhad Pastakia a mamma's boy who resides with his mother Nargis (Daisy Irani) and grandmother (Shammi). He has a mundane job as a lingerie salesman. (Now would that really be a mundane job??) All efforts to get him married fall flat... Till one day, Miss Shirin Fughawala (seems the surname was well chosen!), played by Farah Khan, walks into the store and into his life. It's a match ordained in heaven, or so it seems. When Nargis discovers that Shirin works for the Trust which owns their building and which had tormented her late husband, the mother is unrelenting. However, the two ultimately manage to walk their way towards the altar.

Touted as a comedy, the film went overboard with the jabs at the community; especially at the ludicrous society's General Body meeting. Watching veterans Nargis beloved Rabadi (Shammi) and Daisy Irani was a revelation. Also in the cast are Mahabanoo Mody-Kotwal as Shirin's aunt, Dinyar Contractor, Kurush Deboo. Sohrab Ardeshir. Cyrus Pooniwala and Nauheed Cvrusi.

The publicity posters of the film were inspired by those of Hum Aapke Hain Kaun. The costumes were designed by Dilnaz Karbhary. Fortunately, after this film, Farah Khan has stayed behind the camera.

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ભાગ્યોદયના તેજ સમા,

શનિવાર, ઓગસ્ટ ૧૩, ૨૦૧૬



#### તંત્રીની કલમે

પ્રિય વાંચકો,

તમારા એડિટર તરીકે છેલા છ મહિના ખરેખર એક અદભૂત મુસાફરી રહી છે, આ સમયગાળામાં, મને આપણા દીન, આપણી સંસ્કૃતિ, આપણી પરંપરાઓ અને સૌથી મહત્વની બાબત એટલે, આપણા લોકો વિશે વિસ્તૃત અને ઊંડાણપૂર્વકની જાણકારી મળી છે અને આ વાત ધ્યાનમાં રાખીને પારસી ટાઈમ્સની ટીમે અમારા બમ્પર સ્પેશિયલ ન્યૂ ચર ઈશ્યુની આ વખતની થીમ રાખી

છે પારસીપણું.

તો, ખરૂં પારસીપણું એટલે શું? અમે અનેક પાસીઓને પૂછ્યું કે, આપણી કોમનું પ્રતીક બની ગયેલા આ શબ્દને તેઓ કઈ રીતે વર્ણવશે અને તેમાંના કેટલાક સામાન્ય જવાબ હતા સત્યનિષ્ઠા, પરોપકારવૃત્તિ, સહિષ્ણુતા, ઈમાનદારી, ખાણીપીણીના પ્રેમી, મનોરંજનના ચાહક લોકો, સાંસ્કૃતિક રીતે વિકસીત, હળવા મિજાજના અને રમૂછ. પારસીપણુંને શ્રેષ્ઠતમ રીતે વર્ણવતા બે જવાબ તમારી સાથે શેર કરતા મને ઘણો આનંદ થાય છે, અને તે એટલે દયાળુપણું અને

સાવ સાચી વાત છે! આપણા ન્યાગાનોએ (પૂર્વજો) તેમના શબ્દો અને કાર્ચોમાં એ વાતની તકેદારી રાખી હતી કે તેઓ પોતાની પાછળ આપણને અન્ય લોકોથી જુદા તારવતા એવા આ બે સૌથી દિવ્ય ગુણોનો અપ્રતિમ વારસો મુકી જશે. આ ગૌરવશીલ વારસાના પ્રાપ્તકર્તા તરીકેનો ગર્વ આપણને હોવો જોઈએ તથા તેને આગળ વધારવો એ આપણી એક

આવતા અઠવાડિચે આપણે નવા વર્ષમાં પગ મુકી રહ્યા છીએ ત્યારે, ચાલો વીતેલા વર્ષો પર એક નજર કરીએ. પણ સૌથી મહત્વનું એટલે કે, દયાળુપણું અને ક્ષમાશીલતા આ બે અદભુત ગુણો પર આધારિત રહીને આપણે નવું વર્ષ સુંદર બનાવવા પર તથા આપણે જેમને પ્રેમ કરીએ છીએ તેમના તથા આપણા માટે નવું વાતાવરણ બનાવવા પર ધ્યાન કેન્દ્રિત કરવું જોઈએ. અને આ જ બાબત આપણને વધુ બહેતર જરથોસ્તી બનાવશે, કેમકે દયાળુપણું અને ક્ષમાશીલતા જ સારા વિચાર, સારા શબ્દો અને સારા કર્મોનું સીધું ફળ છે!

પારસી ટાઈમ્સની ટીમની ખરા દિલની શુભેચ્છાઓ છે કે આ આવનારૂં નવું વર્ષ તમારા માટે તમામ ખુશી અને સફળતા લાવે! અમારા સૌ તરફથી સાલ મુબારક!

– अनाहिता.



#### સાલ–મુબારક

હોજો સૌને સાલ-મુબારક મીઠાઈઓની મોજ સમા હોજો સૌને સાલ-મુબારક ભૂલો ભવની ભૂલી જઈને કહીએ સાલ-મુબારક

રંગોળીના રંગો ભરીને કહીએ સાલ-મુબારક સૌના મનમાં ઉમંગો ભરીને કહીએ સાલ-મુબારક હેપી હેપી ન્યૂ ઈયરમાં શેકહેન્ડ સૌને કરજો મોબાઈલમાં એસ.એમ.એસ.થી ગ્રિટીંગ્સ પણ મોકલજો હાય હેલોને બાજુ મૂકી ચરણા અમૃત લેજો પ્યાર ભરેલા આશિષ સૌના ખુશી ખુશી મેળવજો

#### આઝાદી અમર રહો



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Aries - મેષ

આ વરસની શરૂઆતમાં તમારી રાશિથી પાંચમે સૂર્ય, બુધ, શુક્ર, રાહુ, છઠ્ઠે ગુરૂ, આઠમે શનિ અને મંગળ અને અગિયારમે કેતુ છે. આ વરસની અંદર ૨૬મી જાન્યુઆરીથી શનિ રાશિ બદલે છે. બીજા બે ગ્રહોમાં કોઈ ચેન્જીસ નથી આવતા જેમ કે ગુરૂ–રાહુ તેથી જાન્યુઆરીમાં તમે નાની પનોતીમાંથી મુક્ત થશો.

આ વરસમાં નાણાકીય બાબદ માટે મોટા ચેન્જીસ જાન્યુઆરી પછી આવશે. નાણાકીય બાબતમાં ધન જેટલું આવશે તેટલું જશે. થોડા જીદ્દી રહેશો. કામને પૂરૂં કર્યા વગર મુકશો નહીં. મોટી માંદગી નહીં આવે તેમ છતાં ૧૫મી નવેમ્બરથી ૧૪મી ડિસેમ્બરની વચ્ચે તબિયતમાં મુશ્કેલી આવશે. ડાયાબિટિસથી સંભાળવું પડશે. નોકરી કરતા હો તો આ વરસમાં ચેન્જ નહીં કરતા. દુશ્મનોનો ડર નહીં રહે. રાતની ઉધ ઓછી રહેશે. આવતા માર્ચ-જુલાઈની અંદર નાણાકીય ફાયદો થઈ જશે. પ્રેમી અને પ્રમિકામાં મતભેદ રહેશે. વરસને પૂરૂં કરવામાં મોટી મુશ્કેલી નહીં આવે. શેર સફાથી દૂર રહેજો. પૈસા ઈનવેસ્ટ કરતા ફાયદામાં રહેશો. પોતાના કરતાં બીજા ઉપર ખર્ચ વધુ કરશો પડશે. બચત કરવી હોય તો બોન્ડ કે સોનાની ખરીદી કરતા રહેજો. મગજને શાંત રાખવા માટે આખા વરસની અંદર 'તીર યશ્ત' ભણવાનું ભૂલશો નહીં.

સ્ત્રીઓ માટેઃ વરસ મધ્યમ રહેશે. પ્રેમી સાથે વાતો કરવામાં ધ્યાન રાખવું પડશે. પ્રેમમાં સફળ ન થાવ તો નિરાશ નહીં થતા. જાન્યુઆરી બાદ જીવનમાં નવી વ્યક્તિ આવી જશે. નોકરી કરતી સ્ત્રીઓને ખાસ મુશ્કેલી નહીં આવે. તબિયતમાં પેટની માંદગી અને સ્ત્રી રોગથી સંભાળવું.

સ્ટુડન્ટસ માટેઃ આખુ વરસ આળસ કરશો તો પાછળથી પસ્તાવું પડશે. ખાસ કરીને કોમર્સ ભણતા હશો તો ધારેલા રીઝલ્ટ માટે ડબલ મહેનત કરવી પડશે. ટેકનિકલ સ્ટુડન્ટ માટે વરસ સારૂં રહેશે. એસએસસીના સ્ટુડન્ટને ધારેલું રીઝલ્ટ નહીં મળે. તમારી મહેનત જ તમને કળ આપશે.

શુક્રનવંતા મહિના: ૧, ૨, ૫, ૮, ૧૦ ને ૧૧ છે. શુભનંગ પોખરાજ પહેરવું.

Taurus - વુષભ

બ.વ.ઉ.

આ વરસની શરૂઆતમાં તમારી રાશિથી ચોથે સૂર્ય, બુધ, શુક્ર, રાહુ છે, પાંચમે ગુરૂ, સાતમે શુક્ર, મંગળ અને દસમે કેતુ હોવાથી તમે ૨૬મી જાન્યુઆરી પછી અઢી વરસની શનિની પનોતીમાં આવશો. આ વરસમાં કામ વધુ અને વળતર ઓછું મળશે ઘર બદલી કરવાના વિચાર નહીં કરતા. ઘરમાં કંઈને કંઈ ખર્ચ કરવા પડશે. નાનામાં નાના કામ સમય પર પૂરા નહીં થાય. ધર્મના કામ સારી રીતે કરી શકશો.

મિત્રોની સહાયતા મેળવવામાં સફળ થશો. લગ્ન કરવા માગતા હો તો આ વરસમાં ડિસીઝન લેવામાં મુશ્કેલી આવશે. ધણી ધણીયાણીમાં મતભેદ પડતા રહેશે ૨૬મી જાન્યુઆરી પછી મતભેદ ઓછા થશે. રાતની ઉદ્ય ઓછી થશે. ગામ– પરગામ જશો. મુસાફરીમાં મુશ્કેલી આવશે. લાંબા સમયનો પ્લાન બનાવતા નહીં. ઘણી મહેનત કરવા પછી કામ કર્યુ તેવું લાગશે. મનની શાંતિ મેળવવા માટે મોટી 'હપ્તન યરત' ભણજો સાથે સાથે બીજાને મદદ કરજો. યુરીનરી ઈન્ફ્રેકશ, પેટમાં એસીડીટી જેવી બીમારીથી સંભાળવું પડશે. જાન્યુઆરીબાદ ખાવા–પીવા ઉપર કંટ્રોલ રાખજો. નાની માંદગી આવશે ને જશે. આ વરસમાં લોનના ચક્કરમાં પડતા નહીં. ગુરૂનું બળ સારૂ છે. જાન્યુઆરી બાદ શનિની પનોતી બીજા માટે ખોટા ખર્ચાઓ કરાવશે. જાન્યુઆરી સુધીમાં પગારમાં વધારો અને ધનલાભ મળતા રહેશે.

સ્ત્રીઓ માટે: શનિ અને મંગળ બન્ને પતિના ઘરમાં હોવાથી ૨૬મી જાન્યુઆરી સુધી ધીરજ-શાંતિ રાખીને કામ કરશો તો મુશ્કેલીમાં નહીં આવો. લગ્ન માટે ડિસીઝન જાન્યુઆરી બાદ લેજો. મધ્યમ ઉંમરની સ્ત્રીને સ્ત્રીરોગ આવવાની સંભાવના છે. બુધ્ધિ અને ધીરજ વાપરી કામ કરજો. નવા મિત્રો બનાવતા પહેલા તેમનો ભૂતકાળ જાણી લેજો તેમ નહીં કરતા દગો ફટકો થશે.

સ્ટુડન્ટસ માટેઃ આ વરસ સારૂં જશે. પોતાની મહેનત પ્રમાણે ફળ મેળવી શકશો. એમબીએ કોમર્સના સ્ટ્રડન્ટસ વધ્ સારૂં રીઝલ્ટ મેળવશો. એસએસસીમાં ભણતાઓ સારૂં રીઝલ્ટ મેળવી શકશો. મહેનત કરવાથી ધારેલા પરિણામ લાવી

શુક્રનવંતા મહિનાઃ ૨, ૩, ૫, ૭, ૮, ૧૦ ને ૧૨ છે. એમીથીસ્ટના સ્ટોન પહેરવાથી શનિની પીડામાં થોડી રાહત મેળવશો.

Gemini - મિથુન

s.છ.ઘ. આ વરસની શરૂઆતમાં તમારી રાશિને ત્રીજે, સૂર્ય, બુધ, શુક્ર ને રાહુ છે, ચોથે ગુરૂ છે. શનિ, મંગળ

અને શનિ ૨૬મી જાન્યુઆરીએ સાતમે જશે અને કેતુ નવમે છે. આ વરસની અંદર તમે તમારી જાતે આગળ વધવામાં માનશો. બીજાનો સાથ લેવાનું વિચારશો નહીં. જાન્યુઆરી ૨૬મી પછી લાઈફ પાર્ટનર કે ભાગીદાર સાથે મતભેદ પડશે. ઘરની બદલી કે રિપેરીંગ કરવાના વિચાર આવશે. ભાઈ બહેનો સાથે થોડું અંતર રાખવાથી ફાયદામાં રહેશો. આ વરસમાં તમારે મુસાફરી કરવી પડે તો કરી લેજો. જયા કામ કરતા હશો ત્યાં જાન્યુઆરીમાં પ્રમોશન મળવાના ચાન્સ છે, લગ્ન કરવા માટે આ વરસ મધ્યમ રહેશે. પ્રેમની અંદર સફળતા મેળવશો. નવા કામ જાન્યુઆરી બાદ કરજો. બાકી વરસ તમારૂં મધ્યમ રહેશે. ભણતરમાં 'મહેર નીઆએશ' ભણજો. ૧૪મી ઓકટોબરથી ૧૫મી નવેમ્બર વચ્ચે માથાના દુખાવાથી પરેશાન થશો. તબિયતમાં થોડો ફેરફાર થશે તમે ઈલાજ કરવામાં કોઈ કમી નહીં રાખો પણ તમારી ઉમર વધુ હશે તો બેકપેનથી પરેશાન થશો. તમે જેટલી કાળજી રાખશો એટલા જ

ઉધાર પૈસા આપવાની ભૂલ કરતા નહીં. સ્ત્રીઓ માટેઃ આ વરસમાં કામકાજમાં સારા સારી રહેશે. જે સ્ત્રી લગ્ન કરવા માગતી હશે તેને લગ્નમાં થોડીઘણી અડચણ આવશે. પ્રેમમાં દગો ફટકો ન થાય તેની દરકાર લેજો. લગ્ન કરેલ સ્ત્રીઓને ધણીનો સાથ મધ્યમ રહેશે. તબિયતમાં યુટરસની માંદગી આવી શકે છે. શરદી ખાસી અવારનવાર થશે. આ વરસની અંદર સ્ત્રીઓ કોઈની ઉપર વધુ પડતો વિશ્વાસ મુકવો નહીં તેમજ લગ્ન કરેલ સ્ત્રીઓને ધણી સાથે ઓછું બોલીને દિલ જીતી લેવું.

સુખમાં રહેશો. વરસ સારૂં જશે. જમીનથી ફાયદામાં રહેશો. ધનલાભ મળતા રહેશે. ધનલાભને ઈનવેસ્ટ કરતા રહેજો.

સ્ટ્રક્ટસ માટેઃ ટેકનીકલ લાઈન, આઈટી લાઈનવાળા સ્ટ્રડન્ટસને સારા સારી રહેશે. ભણતર માટે વિદેશ જવાના ચાન્સ છે. કોમર્સના સ્ટુડન્ટ માટે વરસ મહેનત માંગી લેશે. ધારેલું રીઝલ્ટ ન આવે તો ઉદાસ બનતા નહીં. એસએસસીમાં ભણતા સ્ટ્રડન્ટને બારેમાસ ભણવા સિવાય બીજે ધ્યાન આપવું નહીં.

શુક્રનવંતા મહિના: ૨, ૪, ૬, ૭, ૯, ૧૦ ને ૧૧ છે. શુભ નંગ પન્ન, ગ્રીન સેફાયર પહેરવું

Cancer - 35

આ વરસની શરૂઆતમાં તમારી રાશિથી બીજે સૂર્ય, બુધ, શુક્ર અને રાહુ ત્રીજે ગુરૂ પાંચમે શનિ, મંગળ અને આઠમે કેતુ છે. આ વરસની અંદર તમારૂં મન સ્થિર નહીં રહે. જે કામ કરશો તેમાં નેગેટીવ પોઝિટિવ બન્ને વિચારો આવતા રહેશે. જો બને તો ઘરથી થોડા દૂર રહીને કામ કરશો તો વધુ ફાયદામાં રહેશો. આ વરસમાં તમારી મનપસંદ વ્યક્તિ જાન્યુઆરી ૨૬મી પછી મળી શકશે. લગ્ન કરવા માટે આ

વરસ સારૂં રહેશે. કામકાજમાં થાકશો નહીં પણ વરસની અંદર થોડા દિવસ માટે આરામ કરવાની જરૂર પડે તો ફેમિલી સાથે હોલી ડે મનાવી લેજો. વિદેશ જવાના યોગ આવશે. તમને આ વરસની અંદર જોઈતી ચીજવસ્તુ મળી રહેશે. વડીલવર્ગના આશિર્વાદ મળતા રહેશે. ફક્ત ભાગીદારીના કામ કરો તો થોડું ઘણું ધ્યાન આપજો. નાણાકીય બાબતમાં વરસ સારૂં જશે. તમારી મહેનત ફળ લાવશે. તેમજ ગામ પરગામથી ફાયદો મળશે. ઘરને રિનોવેશન કરાવી શકશો. પ્રમોશન મળવાના ચાન્સ છે. તબિયત માટે મુશ્કેલી નહીં આવે હેરીડટીના લીધે માંદગીથી સંભાળવું ડાયાબીટીસ જેવી માંદગી આવે તેથી ખાવાપીવામાં કન્ટ્રોલ રાખશો. ૧૪મી ફેબ્રુઆરી ૧૫મી માર્ચની વચ્ચે માનસિક રીતે પરેશાન થશો. બાકી વરસમાં બીજી મુશ્કેલી નહીં આવે. આ વરસની અંદર ૯૬મું નામ 'યા રયોમંદ' ૧૦૧ વાર ભણજો.

સ્ત્રીઓ માટેઃ આ વરસ સારૂં જશે. તમારી પસંદગીની વ્યક્તિ મેળવી શકશો. લગ્ન કરવા માટે વરસ સારૂં છે. મોટી માંદગી નહીં આવે. કામકાજમાં ઘરવાળાને મદદગાર થતા રહેશો. ભણવાની ઈચ્છા રાખતા હશો તેમાં સફળતા મળશે. બાળક આવવાનું હશે તેમાં થોડી મુશ્કેલી આવશે પણ મુશ્કેલી બાદ આનંદ મળશે. ધન લાભની ચિંતા નહીં આવે.

સ્ટુડન્ટસ માટેઃ આ વરસ તમે જે લાઈન લેશો તેમાં સફળ થશો. તમારા વિચારોમાં ટેકનિકલ અથવા લો જેવા વિષયમાં વધુ રસ પડશે. ભણતર માટે વિદેશ જવાના કે બહારગામ જઈને ભણવાનો ચાન્સ મળે તો મૂકતા નહીં. ભણતરમાં ઓછી મહેનતથી સારૂં પરિણામ લાવી શકશો. એસએસસીના સ્ટ્રડન્ટસ પોતાની મનગમતી લાઈન લેવામાં સફળ થશે. ડોક્ટર લાઈનમાં જવાવાળા ઓછા સ્ટુડન્ટસ હશે.

શુક્રનવંતા મહિનાઃ ૧, ૨, ૪, ૫, ૬, ૮, ૧૦ ને ૧૧ છે. મનની શાંતિ રાખવા મુનસ્ટોન પહેરજો.

Leo - Rie

🥏 આ વરસની શરૂઆતમાં તમારી રાશિમાં સૂર્ય, બુધ, શુક્ર, રાહુ છે બીજે ગુરૂ ચોથે શનિ, મંગળ અને સાતમે કેતુ છે. ૨૬મી જાન્યુઆરી પછી તમે શનિની નાની પનોતીમાંથી મુક્ત થશો. તમારૂં વરસ સારૂં જશે. અચાનક ધનલાભ મળશે. માનસિક કે શારિરીક રીતે પરેશાન થતા હશો તો ૨૬મી જુલાઈ પછી

ફાયદો થશે. આ વરસમાં નવા ઘર લેવાનો કે જયાં જવાનો વિચાર કરશો તો જાન્યુઆરી બાદ પ્રમોશન મળવાના ચાન્સ છે. લગ્ન કરવા માગતા હો તો તેમાં અડચણ આવતી હશે તે જાન્યુઆરી બાદ દૂર થશે. ૧૫મી સપ્ટેમ્બર સુધી વાહન લેવું નહીં. વાહન ચલાવનારે સંભાળીને વાહન ચલાવવું. ઘરમાં શુભ પ્રસંગ થવાના ચાન્સ છે. શનિ જાન્યુઆરી પછી ચેન્જ થવાથી તમારો સેલ્ફકોન્ફિડન્સ વધી જશે. મોટી માંદગી નહીં આવે. એપેન્ડિકસની માંદગીથી સંભાળજો. વધુ વજનદાર વસ્તુ ઉપાડવાની ભૂલ કરતા નહીં. જાન્યુઆરી સુધી મોટી 'હપ્તન યશ્ત' ભણજો ત્યાર બાદ 'તીર યશ્ત' ભણજો. નાણાકીય બાબતમાં મુશ્કેલી નહીં આવે. જરૂરિયાત પ્રમાણે ધન મળી રહેશે. જાન્યુઆરી પછી લાંબા સમય માટે શેર અને જમીનમાં રોકાણ કરજો. ધનલાભ થવાના ચાન્સ છે. જૂના રોકાયેલા નાણા પાછા મેળવશો. પગાર વધારો થશે. સ્ત્રીઓ માટેઃ આ વરસમાં સિંહ રાશિવાળી સ્ત્રીઓનું વરસ સારૂં જશે. તેમાં પણ ૨૬મી જાન્યુઆરી પછી તમે વધુ આનંદ કોન્ફિડન્સથી કામ કરશો. નોકરી કરતા હશો તો માન ઈજજત વધુ મેળવશો. ફકત જાન્યુઆરી સુધી લગ્ન માટે કોઈ ડિસીઝન લેવાની ભૂલ કરતા નહીં. નાણાકીય રીતે ફાયદામાં રહેશો. જૂની માંદગીથી પરેશાન થતા હશો તો રાહત મળશે. બ્યુટી આર્ટ જેવા કામથી ધન મેળવશો. લગ્ન કરેલી સ્ત્રીઓને ૧૪મી માર્ચ થી ૧૫મી એપ્રિલ વચ્ચે ધણીની ચિંતા વધુ રહેશે.

સ્ટુડન્ટસ માટેઃ આ વરસ ભણતર માટે સારૂં જશે. ખાસ કરીને ટેકનિકલ લાઈનમાં વધુ સફળ થશો. તમારી મહેનતનું ફળ જરૂર મળશે. કોમર્સના સ્ટ્રડન્ટ માટે વરસ સારૂં રહેશે. તમે લો કરવા માગતા હશો તો ડીફિકલ્ટી આવશે. એસએસસીના સ્ડુડન્ટ પોતાની પસંદગીની લાઈન લઈ શકશે. તમારી જાત ઉપર વધુ વિશ્વાસ રાખજો. ભણતર સિવાય બીજી જગ્યાએ ધ્યાન આપવાથી નુકસાન ભોગવવું પડશે.

શુક્રનવંતા મહિનાઃ ૨, ૪, ૫, ૭, ૯, ૧૦ ને ૧૨ છે. તમારૂં શુભ નંગ પોખરાજ છે.

Virgo - કન્યા

🔈 આ વરસની શરૂઆતમાં તમારી રાશિમાં ગુરૂ ત્રીજે, શનિ, મંગળ છકે કેતુ અને બારમે રાહુ, સૂર્ય, બુધ શુક્ર સાથે છે. આ વરસ ફાયદો આપનાર રહેશે. ૨૬મી જાન્યુઆરીથી શનિની નાની પનોતી શરૂ થશે તેથી તે વર્ષના અંત સુધી ચિંતામાં રહેશો. મધરની તબિયતમાં મુશ્કેલીઓ આવશે. જયાં કામ કરતા હશો ત્યાં કામ કરનારનો સાથ નહીં મળે. તબિયતની ચિંતા સતાવશે. આખા વરસમાં ગુરૂનું બળ સારૂં હોવાથી કોઈ

જગ્યાએ અટકશો નહિ છેલ્લી ઘડીએ અદ્દશ્ય મદદ મળી જશે. ૧૪મી એપ્રિલથી ૧૫મી મે વચ્ચે સરકારી કામો કરવામાં સાવધાની રાખજો. લગ્ન કરવા માગતા હો તમારી પસંદગીની વ્યક્તિ સાથે લગ્ન કરી શકશો. ખર્ચનું પ્રમાણ વધુ રહેશે પણ મૂશ્કેલી નહીં આવે. ધનલાભ મળતા રહેશે. ધર્મનું કામ કરતા રહેજો. આ વરસની અંદર ૨૬મી જાન્યુઆરી પછી તમારે ગેસ, એસીડીટી, યુરીનરી ઈન્ફેકશન લાગવાના ચાન્સ છે. આ વરસમાં વધુ પડતો કામનો બોજો કે વજન ઉપાડવાથી પરેશાન થશો. નાણાકીય બાબતમાં ગુરૂ બળવાન હોવાથી તમને જોઈતી રકમ મળી જશે. જાન્યુઆરી પછી પૈસા તો મેળવશો પણ મહેનત કરવી પડશે. વરસની અંતમાં બચત કરવામાં સફળ થશો. ભાગીદારીથી ધન કમાવામાં સફળ થશો. આ વરસમાં નાની 'હપ્તન યશ્ત' અને ૨૬મી જાન્યુઆરીબાદ મોટી 'હપ્તન યશ્ત' ભણજો.

સ્ત્રીઓ માટેઃ કન્યા રાશિવાળી સ્ત્રીઓ માટે જાન્યુઆરી ૨૬ સુધીનો સમય સારો છે તેથી તમારા દરેક કામની અંદર સફળતા મળશે. આ વરસમાં લગ્ન કરનાર વ્યક્તિના લગ્ન પસંદગીથી થઈ જશે. ૨૬મી જાન્યુઆરી બાદ તબિયતની કાળજી લેજો. નાણાકીય મુસીબત નહીં આવે. પેટની માંદગી કે ઈન્ફેક્શન થાય તેવા ગ્રહો છે. ધણી ધણીયાણીમાં મતભેદ થશે પણ એકબીજાને મનાવી લેશો.

સ્ટ્રક્ટસ માટેઃ વરસ મધ્યમ છે આર્ટસના સ્ટ્રકન્ટ સારૂં ભણતર કરશે. ટેકનીકલ કે કોમર્સના સ્ટ્રકન્ટ માટે મહેનત વધ્ માંગી લેશે. તમારા ભણતરમાં ધ્યાન ૨૬મી જાન્યુઆરી બાદ ઓછું થઈ જશે. કરેલ ભણતરમાં ધ્યાન દહીં રહે. તેમજ એસએસસીના સ્ટ્રડન્ટસ માટે રીઝલ્ટ મધ્યમ મળશે.

શુક્રનવંતા માહઃ ૨, ૩, ૪, ૫, ૬, ૮, ૧૦ ને ૧૧ છે. ગ્રીન સ્ટોન પહેરજો.







ભિખાઈજી **૩**સ્તમ કામા યુરોપમાંના એક અસાધારણ ભારતીય ક્રાંતિકારીઓમાંનાં એક હતાં, જેમને ભારતીય રાષ્ટ્રવાદનાં મુખ્ય યાજક તરીકે ઓળખવામાં આવતાં હતાં જોઆન ઓફ આર્ક સાથે તેમની તસવીર ક્રેન્ચ અખબારોમાં છપાઈ હતી. ભિખાઈજીએ એલેક્ઝાન્ડ્રા નેટિવ ગર્લ્સ ઈંગ્લિશ ઈન્સ્ટિટ્યૂશન ખાતે શિક્ષણ પ્રાપ્ત કર્યું હતું. જાણીતા ઓરિએન્ટલ સ્કોલર ખરશેદજી કામાના પુત્ર રૂસ્તમ કામા સાથે ૧૮૮૫માં તેમનાં લગ્ન નક્કી કરાયાં હતાં. ગૃહિણી તરીકેની પોતાની ભૂમિકાથી સંતોષ માની લેવાને બદલે, તેઓ અવારનવાર કહેતાં કે હું મારા દેશવાસીઓના સામાજિક તથા રાજકીય ઉદ્ધારના કાર્યને પણ પરણી છું. ઈન્ડિયન નેશનલ કોંગ્રેસના પ્રથમ સત્રના ઘટનાક્રમ પર ઉત્સાહપૂર્વક નજર રાખતા ભિખાઈજીએ પછીથી તેના મહત્વ અને તકને ગ્રહણ કરી હતી. ૧૮૯૬માં મુંબઈમાં જ્યારે પ્લેગની મહામારી ફાટી નીકળી ત્યારે, બીમાર અને મોતના મુખમાં આવી પડેલાઓની સારવારના કાર્યમાં તેમણે પોતાની જાતને સમર્પી દીધી હતી. પ્લેગનો ભોગ બનેલાઓ સાથે નિકટથી કામ પાર પાડવાને કારણે તથા દુકાળ અને આર્થિક મંદીને કારણે લોકોને પડતી મૂશ્કેલીની નોંધ લીધા બાદ, આ બાબતોએ તેમના માનસ પર ઊંડી અસર છોડી. આથી તેઓ રાજકારણમાં સક્રિય થયા તથા ભારતને

# મેડમ ભિખાઈજી રૂસ્તમ કામા

વિદેશી શાસનમાંથી મુક્ત કરાવવાનો દઢ નિશ્ચય કર્યો. સ્વાસ્થ્યને લગતી કેટલીક સમસ્યાઓને કારણે ૧૯૦૨માં ઓપરેશન તથા મેડિકલ ટ્રીટમેન્ટ માટે ભિખાઈજી ઈંગ્લેન્ડ ગયાં. વિદેશમાં તેમનાં રોકાણ દરમિયાન, ૧૯૦૨થી ૧૯૦૭ વચ્ચે, તેઓ રાજકીય ચળવળમાં નાટ્યાત્મક રીતે આગળ વધ્યાં અને 'ક્રાંતિના જનની' એવું નામ તેમણે મેળવ્યું.

ભારતના ગ્રાન્ડ ઓલ્ડ મેન દાદાભાઈ નવરોજીના માર્ગદર્શન હેઠળ ઈંગ્લેન્ડમાં તેમણે રાજકીય કામકાજ શરૂ કર્યું. બ્રિટિશ હાઉસ ઓફ કોમન્સની ચૂંટણીમાં દાદાભાઈ માટે તેમણે પ્રચાર કર્યો તથા ત્યાં તેમની મુલાકાત ભારતીય સ્વતંત્રતા ચળવળ સાથે સંકળાયેલા અનેક અગ્રણી ભારતીયો સાથે થઈ.

૧૯૦૫માં શ્યામજી કૃષ્ણ વર્મા દ્વારા સ્થાપવામાં આવેલી ઈન્ડિયન હોમ રૂલ સોસાયટી સાથે ભિખાઈજી સંકળાયેલાં હતાં, આ સોસાયટીનો ઉદ્દેશ્ય ભારત માટે પોતાનું શાસન (હોમ ૩લ) મેળવવાનો તથા તે માટે ઈંગ્લેન્ડમાં પ્રચાર-પ્રસાર કરવાનો હતો. વર્મા દ્વારા પ્રકાશિત કરાતા ન્યુઝલેટર ધ ઈન્ડિયન સોશિયોલોજિસ્ટ માટે લેખો લખતાં, આ ન્યૂઝલેટર ઈન્ડિયન નેશનલ કોંગ્રેસમાંના ઉદારમતવાદીઓની ટીકા કરવામાં આગળ હતું. જ્યારે સાવરકરે પોતાનું ઈતિહાસ આલેખતું મહાકાવ્ય 'ધ કર્સ્ટ ઈન્ડિયન વોર ઓફ ઈન્ડિપેન્ડન્સ-૧૮૫૭' મરાઠીમાં લખીને પૂરૂં કર્યું, ત્યારે આ પુસ્તકના પ્રકાશનમાં ભિખાઈજી સંકળાયેલાં હતાં, તથા ટી.એમ. આચાર્યની મદદથી તેમણે આ પુસ્તકનો ફ્રેન્ચ ભાષામાં અન્વાદ કર્યો હતો.

જર્મનીના સ્ટુંટગાર્ટમાં બાવીસમી ઓગસ્ટ, ૧૯૦૭ના રોજ યોજાયેલી બીજી આંતરરાષ્ટ્રીય સોશિયાલિસ્ટ કોંગ્રેસમાં ભિખાઈજી માટે ગૌરવની ક્ષણ આવી હતી. વિવિધ દેશોના આશરે ૧,૦૦૦ જેટલા પ્રતિનિધિઓએ આ સભામાં હાજર રહ્યા હતા. ઈતિહાસમાં નોંધ લેવાય એવી ઘટના તરીકે, બ્રિટિશરોના હાથે તકલીફ વેઠતા ભારતીયોની વેદનાનો ચિતાર આપત્

અને ભારતની સ્વતંત્રતાના આ ધ્વજને સલામ કરો. આ ઝંડાના નામે હું દુનિયાભરના આઝાદીના સૌ ચાહકોને અપીલ કરૂં છું કે તેઓ આ ધ્વજને સહકાર આપે અને માનવવંશના પાંચમા ભાગના લોકોને મુક્ત કરવામાં સહયોગ

નામાંકિત ઝોરાષ્ટ્રિયન મહિલાઓ જેમણે આપણી કોમ તથા સમાજ પર મોટી છાપ છોડી છે. આ અઠવાડિચે પારસી ટાઈમ્સ તમારી સામે લાવે છે મેડમ ભિખાઈજી રસ્તમ કામાને. આપણી આઝાદીના સંઘર્ષમાં તથા આપણા દેશવાસીઓના ઉદ્ઘારમાં જેમનું ચોગદાન અસાઘારણ છે.

સુંદર ભાષણ તેમણે કર્યું હતું, તથા સ્વતંત્ર ભારતનો પ્રથમ ધ્વજ તેમણે ફરકાવ્યો હતો. તેમણે કહ્યું હતું કે, આ ભારતની સ્વતંત્રતાનો ધ્વજ છે. ધ્યાન આપો, તેનો જન્મ થઈ ગયો છે. શહીદ થયેલા ભારતીય યુવાનોના લોહીથી તે પવિત્ર થયો છે. સદગૃહસ્થો ઊભા થાવ આપે. ધ્વજ ફરકાવતા પહેલાના તેમનાં ભાષણમાં, તેમણે ભારતમાં ખરાબ થઈ રહેલી આર્થિક પરિસ્થિતિનું વર્ણન કર્યું, જે દુકાળની દુદેવી થપાટને કારણે થયું હતું. તેમણે ન્યાય, માનવ અધિકારો તથા ભારતીય લોકોની સ્વતંત્રતા માટે જોરદાર અપીલ કરી

હતી. રાજદ્રોહના આ પગલાંને કારણે, તેમને બ્રિટિશ સરકાર દ્વારા દેશવટો આપવામાં આવ્યો હતો તથા તેમને આવકથી વંચિત રાખવામાં આવ્યાં હતાં, તથા તેઓ શારીરિક રીતે અક્ષમ અને તેમને લકવાનો હુમલો આવ્યો ત્યાં સુધી ૩૩ વર્ષ લગી ઈંગ્લેન્ડ અને ફ્રાન્સમાં રહેવું પડ્યું હતું. ૧૯૩૫ના નવેમ્બર મહિનામાં, સર કાવસજી જહાંગીર તેમને ભારત લાવ્યાં, જ્યાં તેઓ ૧૨મી ઓગસ્ટ, ૧૯૩૬ના રોજ ગુજર પામ્યાં હતાં. તેમણે પોતાની વ્યક્તિગત સંપત્તિ આવાબાઈ પીટીટ ઓર્કનેજ કોર ગર્લ્સને દાનમાં આપી હતી તથા રૂા. ૫૪,૦૦૦ જેવી રકમ મઝગાંવ ખાતેની કરામજી નસરવાનજી પટેલ અગિયારીને આપી હતી, જ્યાં દર વર્ષે તેમની યાદમાં સેરમેની યોજાય છે.

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કું આ રાહુ

#### Libra - તુલા

આ વરસની શરૂઆતમાં તમારી રાશિથી બીજે શનિ, મંગળ પાંચમે, કેતુ અગિયારમે સૂર્ય, બુધ, શુક્ર, રાહુ અને બારમે ગુરૂ હોવાથી તમે ૨૬મી જાન્યુઆરી બાદ સાડાસાતીથી મુક્ત થઈ જશો. આ વરસની અંદર ૨૬મી જાન્યુઆરી સુધી તમારા દરેક કામો અટકી જશે. જાન્યુઆરી સુધી કામ વધુ અને વળતર

ઓછું મળશે. આ વરસમાં ધર્મ ચેરીટીજના કામ થશે. બીજાને મદદગાર થઈને રહેશો. ધન ખર્ચ કરવામાં પાછળ નહીં પડો. ખર્ચનું પ્રમાણ વધવા છતાં અસર નહીં થાય. આ વરસની અંદર તમે કામને પૂરા કર્યા વગર નહીં મૂકો. જે મળશે તેમાં સંતોષ માનજો. જયાં કામ કરતા હશો ત્યાં જ રહેજો. આ વરસની અંદર ભાઈ-બહેનોને મદદ કરવી પડશે. નોકરી બદલી કરવા માટે જાન્યુઆરી બાદનો સમય સારો છે. ગામ પરગામ જવાના યોગ આ વરસની અંદર મળતા રહેશે. તમે ૧૪મી મે થી ૧૫મી જૂન વચ્ચે ફેમિલી પ્રોબ્લેમથી પરેશાન થશો. મનગમતી વ્યક્તિ મેળવવા માટે વધુ મહેનત કરવી પડશે. લગ્નનો યોગ મધ્યમ છે. તમારા જન્મના ગ્રહ પર આધાર રાખવો પડશે. પ્રેમી પ્રેમિકાઓ વચ્ચે મતભેદ થયા કરશે. આંખની કાળજી લેજો. માથાના દુઃખાવા સાથે પ્રેશર રહેશે. સુગરવાળાઓએ ચેકઅપ કરવાનું ભુલવું નહીં. ૨૬મી જાન્યુઆરી પછી નાણાકીય ચિંતા ઓછી થશે. ધનની બચત કરજો. બીજાને મદદ કરજો. આ વરસમાં 'બહેરામ યઝદ'ની આરાધના કરજો.

સ્ત્રીઓ માટે: આ વરસ મધ્યમ રહેશે. લગ્ન કરેલી સ્ત્રીઓની જવાબદારી વધુ રહેશે. કામકાજ અને ઘર બન્ને સંભાળવું અઘરું પડશે. જાન્યુઆરી પછી મેનેજ કરતા શીખી જશો. ઓપોઝિટ સેકસ પર વિશ્વાસ મુકતા નહીં. ધન માટે મુશ્કેલી નહીં આવે. માનસિક રીતે થાકી જશો.

**સ્ટુડન્ટસ માટેઃ** જાન્યુઆરી ૨૬મી બાદ ભણવામાં ઈન્ટરેસ્ટ આવશે. માર્કસ સારા લાવી શકશો. ખાસ કરીને કોમર્સ, એમબીએ કરનાર વધુ સારી સફળતા મેળવશો. ટેકનિકલવાળાને મહેનત કરવી પડશે. એસએસસીમાં તમને કટોકટી જેટલા માર્ક આવશે. પાસ થવામાં મૃશ્કેલી નહીં આવે. છેલા સમયે કરેલી મહેનત રંગ લાવશે.

શુક્રનવંતા મહિનાઃ તા. ૧, ૨, ૪, ૬, ૮ ને ૧૦ છે. આ વરસે સાચુ મોતી પહેરજો.

Scorpio - વૃશ્ચિક

ન.ચ

આ વરસની શરૂઆતમાં તમારી રાશીમાં શનિ અને મંગળ છે. ચોથે કેતુ, દસમે સૂર્ય, બુધ, શુક્ર, રાહુ અને અગિયારમે ગુરૂ છે. ૨૬મી જાન્યુઆરી પછી સાડાસાતીનાં છેલ્લા અઢી વરસ બાકી રહેશે. આ વરસ તમારા માટે સારૂ નહી જાય તેમજ મનમાં બેચેની રહેશે. તમને ગુરૂબળ સારૂં હોવાથી જાન્યુવારી

ર લાદ ઓપોઝીટ સેક્સનો સાથસહંકાર વધુ મળશે. ર લમી જાન્યુઆરી બાદ ધણી સિવાય કોઈપણ ફેમિલી મેમ્બરને શારિરીક પીડા આવવાના ચાન્સ છે. આ વરસમાં જે કામ કરતા હો તેમાં ચેન્જ કરવાના વિચાર કરતા નહી. ફોરેન જવાના ચાન્સ મળે તો લઈ લેજો. શનિની પનોતી તમને જીદ્દી બનાવી દેશે. તમારા કરેલ કામમાં વિશ્વાસ નહી આવે. તબીયત નરમ ગરમ રહ્યા કરશે. તાવ, શરદી, ખાસી જેવી માંદગી આવશે અને જશે. તેમાંબી ખાસ કરીને ૧૪મી જુનથી ૧૪મી જુલાઈ વચ્ચે વાગવા-પડવાના કે નાના એક્સીડન્ટના બનાવ બની શકે છે. ક્યારે વધુ ચિંતામાં રહેશો તો હૃદયના ધબકારા વધી જશે. ચિંતાથી દુર રહેવું તમારા માટે ફાયદામાં છે. આ વરસમાં ધન તો કમાઈ લેશો પણ બચત કરવા માટે સફળ નહી થાવ. તમારે ઘરની વ્યક્તિ પાછળ કે કોઈક બીજાની માંદગી પાછળ ખર્ચ કરવો પડશે. ઘરમાં કોઈ સારા પ્રસંગ આવે ખર્ચ તો તમારે કરવો પડશે. આ વરસમાં મોટી 'હપ્તન યશ્ત' ભણજો.

સ્ત્રીઓ માટે: આ વરસમાં શ્રીઓએ જાન્યુઆરી ૨૬મી પછી ફેમિલી મેમ્બરોની કાળજી લેવી. ખોટી માથાકુટમાં પડવું નહી. બેક પેનથી પરેશાન થશો. ઘણી સાથેના મતભેદ જાન્યુઆરી બાદ ઓછા થશે. ધન અને નોકરી માટે વરસ ખરાબ નહી જાય. તમને તમારી પસંદગીની વસ્તુ સમય ઉપર નહી મળે. નવા મિત્રો મળશે. લગ્ન કરવા માગતા હશો તો ૨૬મી જાન્યુઆરી બાદ મનપસંદ વ્યક્તિ મળી જશે.

**સ્ટુડન્ટસ માટેઃ** સ્ટુડન્ટસ માટે વરસ ખુબજ સારૂં જશે. ફક્ત તમારે કોઈબી બાબતમાં ઓવર કોન્ફ્રીડન્સમાં રહેવું નહી. બીજા કરતા પોતાની જાત ઉપર વધુ વિશ્વાસ રાખવો. કોમર્સ, આર્ટસના સ્ટુડન્ટસ સારૂં રીઝલ્ટ લાવી શકશે. હાયર એજ્યુકેશન માટે વિદેશ જઈ શકશો. ટેકનિકલમાં ભણતા સ્ટુડન્ટસોની મહેનત રંગ લાવશે.

શુક્રનવંતા મહિનાઃ ૧, ૩, ૫, ૬, ૭, ૯, ૧૦ ને ૧૨ છે. ગુરૂનો સ્ટોન પહેરવાથી ઘણી રાહત મેળવશો.

Sagittarius - धन

સારા કામ કરતા નહી.

ભ. ધ. ફ.ઢ.

શનિ, મંગળ છે. તેથી ૨૬મી જાન્યુઆરી પહેલા અઢી વરસ શનિની પનોતીના પુરા કરીને ત્યાર બાદ બીજા પાચ વરસ પછી શનિની મોટી પનોતીમાંથી બહાર આવી શકશો. આ વરસની અંદર તમે વધુ પડતા જીદ્દી બની જશો. તેમજ ગુસ્સા ઉપર કાબુ નહી રહેવાથી કયારે કોઈને ખોટું લાગે તેવું બોલી દેશો. કામકાજની અંદર ધ્યાન આપજો. નોકરી બદલવાની કોશીશ નહી કરતા. વડીલવર્ગની તબીયતની ચિંતા આ વરસમાં રહેશે. તેઓ માટે બેદરકાર નહીં રહેતા. મુસાફરીના ચાન્સ મળતા રહેશે પણ મુસાફરી આરામદાયી રહેશે તેવું વિચારતા નહી. આ વરસમાં તમને કોઈબી વસ્તુ ઈઝીલી નહીં મળે. ભાગીદારીમાં કોઈ કામ કરતા નહી. બીજાના કામ તમારા માથા ઉપર લેતા નહી. મોટી માંદગી નહી આવે તો પણ નાની–નાની માંદગીમાં ખર્ચ થશે. ગેસ, એસીડીટ જેવી માંદગી, જો ડાયાબિટીસના પેશન્ટ હો તો ખાવાપિવામાં ધ્યાન આપજો. ૧૪મી જુલાઈથી ૧૫મી ઓગસ્ટની વચ્ચે તબિયત બગડવાના ચાન્સ છે તેમજ ૧૪મી ડીસેમ્બરથી ૧૪ જાન્યુઆરીનો સમય સારો નહી જાય. આ વરસમાં નાણાકીય પોજીશન ટાઈટ રહેશે. ગમે એટલી બચત

આ વરસની શરૂઆતમાં તમારી રાશીથી ત્રીજે કેતુ નવર્મે સૂર્ય, બુધ, શુક્ર, રાહુ, દસમેં ગુરૂ અને બારમેં

અંદર મોટી 'હપ્તન યશ્ત'ની સાથે 'આતશ નીઆએશ' ભણજો. **સ્ત્રીઓ માટેઃ** સ્ત્રીઓ માટે આ વરસ ચિંતામાં જશે. ખોટા ખર્ચાઓથી પરેશાન થશો. ઘણી, બચ્ચાંઓની ચિંતા વધુ રહેશે. તબિયતમાં માથાના દુઃખાવો, ગેસથી પરેશાન થશો. જીવનસાથી મળવાના ચાન્સ ઓછા છે પણ જન્મના ગ્રહો પાવરકુલ હશે તો જ મળશે. લગ્ન માટેનો યોગ આવતે વરસે આવશે. ૧૪મી જુલાઈથી ૧૫મી ઓગસ્ટની વચ્ચે કોઈબી

કરશો તો મહીનાના એન્ડમાં વધુ પડતો ખર્ચ થશે. તમારા પોતાના પૈસા મેળવવા માટે ભાગદોડ કરવી પડશે. આ વરસની

સ્ટુડન્ટસની માટેઃ તમે જે પણ ભણવાની લાઈન લેશો તેમાં તમને મહેનત કરવી પડશે. ખાસ કરી ઉચ્ચ ભણતર વાળા વધુ તકલીફમાં આવશે. આર્ટ-લો ના સ્ટુડન્ટ્સને સારૂ રહેશે. ટેકનીકલ લાઈનવાળા પોતાની લાઈનમાં કંટાળો આવશે. કોમર્સના સ્ટુડન્ટસને ધારેલા માર્ક નહી મળે. એસએસસીના સ્ટુડન્ટસને પાર્સીંગ માર્ક મળી રહેશે.

શુક્રનવંતા મહીનાઃ ૧, ૨, ૩, ૪, ૬, ૭, ૧૦ ને ૧૨ છે. પોખરાજ યાને યલો સ્ટોન પહેરજો.

Capricorn - मक्र

H. %.

આ વરસની શરૂઆતમાં બીજે કેતુ, આઠમેં સૂર્ય, બુધ, શુક્ર અને રાહુ, નવમેં ગુરૂ અને અગીધારમે શનિ-મંગળ છે. ૨૬મી જાન્યુઆરીથી તમે સાડાસાતીના ચક્કરમાં આવી જવાના છો. ખર્ચનું પ્રમાણ ૨૬મી જાન્યુઆરી બાદ વધી જશે. જાન્યુઆરી સુધીમાં મિત્રોથી લાભ થશે. કામકાજમાં સારાસારી રહેશે. આ

વરસમાં શારિરીક સુખ સારૂં રહેશે પણ માનસિક સુખ ઓછું મળશે. ઓપોઝીટ સેક્સની માટે ચિંતા રહ્યા કરશે. આ વરસની અંદર બહારગામ, વિદેશ જવાના ચાન્સ મળશે. વડીલ વર્ગ તરફથી સાથ સહકાર મળતો રહેશે. નોકરી બદલી કરવાનો વિચાર કરતા નહી. લગ્ન કરવા માગતા હશો તો લગ્ન નક્કી કરી શકશો. કોઈ પણ કામ વિચાર કર્યા વગર કરતા નહી. કોર્ટના કામમાં પૈસાના ખોટો ખર્ચ કર્યા પછી પણ તમને સંતોષ નહી મળે કામમાં સફળતા ઓછી મળશે. આ વરસમાં હાઈ પ્રેશર, અને રાતની ઉદ્ય ઓછી રહેશે. હેરીડીટીમાં જો કોઈ માંદગી હોય તો તે તમને મળશે. ઈનવેસ્ટમેન્ટ કરવાનું ભુલશો નહી. કોઈની સાથે ભાગીદારી કરતા નહી. ૧૫મી ઓગસ્ટથી ૧૪મી સપ્ટેમ્બરની વચ્ચે તમારી સાથે કોઈક ચીટીંગ કરે કે પૈસા ફસાઈ જાય તેવા દિવસો છે. આ વરસમાં ધન મળશે પણ તે મેળવવા માટે તમારે ખુબજ મહેનત કરવી પડશે. આ વરસની અંદર 'મહેર નીઆએશ' અને મોટી 'હપ્તન યશ્ત' ભણજો.

સ્ત્રીઓ માટેઃ સ્ત્રીઓ માટે જાન્યુઆરી ૨૬મી પછી વરસ સાર્ નથી તેમાંપણ તબિયતની ખાસ કાળજી લેવી પડશે. લગ્ન કરવા માંગતી સ્ત્રીઓને જીવનસાથી મેળવવા માટે ખુબજ મહેનત કરવી પડશે. બધી વાતમાં એડજેસ્ટમેન્ટ કરવી પડશે. નાની-નાની ભૂલોથી પરેશાન થશો. તબીયત માટે માથાનો દુ:ખાવો, હાઈપ્રેશર, થવાના ચાન્સ છે.

**સ્ટુડન્ટસની માટેઃ** આ વરસમાં ખુબજ મહેનત કરવી પડશે. મેનેજમેન્ટસના સ્ટુડન્ટસ માટે વરસ સારૂ નહી જાય. કોમર્સ અને ટેકનીકલ લાઈનવાળાને સફળતા મળી રહેશે. એસએસસીના સ્ટુડન્ટ્સો સારા માર્ક નહી લાવી શકો. એડમીશન મેળવવામાં મુશ્કેલી આવશે. આર્ટસના સ્ટુડન્ટસોને પાસ થવામાં વાંધો નહી આવે.

શુક્રનવંતા મહીનો: ૧, ૩, ૫, ૬, ૭, ૯, ૧૦ ને ૧૧ છે. મુન સ્ટોન પહેરવાથી નેગેટીવ વિચાર ઓછા થશે.

Aquarius - કुंल

ગ.શ.સ.

) આ વરસની શરૂઆતમાં તમારી રાશિમાં કેતુ સાતમે, સૂર્ય, બુધ, શુક્ર, રાહુ આઠમે, ગુરૂ , દસમે શનિ અને મંગળ છે. આ વરસમાં તમારા હાથેથી ધર્મ અને ચેરિટીઝના કામો થશે. ૧૫મી સપ્ટેમ્બર સુધી ધણી–ધણીયાણીમાં મતભેદ થતા રહેશે. નાણાકીય બાબતમાં વરસ સારૂં જશે. ૨૬મી જાન્યુઆરી પછી

વધુ સારૂં ફળ મળશે. બાળકોનો પ્રેમ મળશે. લોખંડ કે મેટલથી ફાયદો થશે. અદ્ગશ્ય મેદદ મળી જશે. આત્મવિશ્વાસ સારો રહેશે. નવા કામ મળશે. જે પણ કામ કરશો તે ઈમાનદારી અને સચ્ચાઈથી કરશો. ભાગીદારીમાં કામ કરતા નહીં. ઘરવાળાની ડિમાન્ડ પૂરી કરી શકશો. મનગમતી વ્યક્તિ મળશે. ૨૫મી જાન્યુઆરી પછી મિત્રો તરફથી ફાયદો થશે. તમે ખર્ચ ઓછો કરીને બચત કરવામાં માનશો. ધનલાભ મળતા રહેશે. પ્રમોશન મળવાના ચાન્સ છે. શેરમાં ઈનવેસ્ટમેન્ટ કરજો. બચત કરવી હોય તો બોન્ડ કે સોનાની ખરીદી કરતા રહેજો. માથાના દુખાવાથી પરેશાન થશો. તાવ, શરદી, ખાસી જેવી માંદગી આવશે અને જશે. નોકરી કરતા હો તો આ વરસમાં ચેન્જ નહીં કરતા. દુશ્મનોનો ડર નહીં રહે. રાતની ઉધ ઓછી રહેશે. ખરાબ વિચારો આવશે અને ખોટી ગભરામણથી પરેશાન થશો. આ વરસમાં નાની 'હમન યશત' અને ૯૬મું નામ 'યા રયોમંદ' ૧૦૧ વાર ભણજો.

સ્ત્રીઓ માટેઃ આ વરસ સારૂં છે. માન-ઈજ્જત મેળવી લેશો. ઘરની સાથે નોકરી પર પણ ધ્યાન આપી શકશો. ફેમિલી મેમ્બરોની કાળજી લેવી. ખોટી માથાકુટમાં પડવું નહી. કાનના દુઃખાવાથી પરેશાન થશો. અજાણી વ્યક્તિ પર વિશ્વાસ મૂકતા નહીં. લગ્ન કરનાર સ્ત્રીઓ જીવનસાથી મેળવી શકશે.

સ્ટુડજ્ટસની માટેઃ આ વરસમાં કોમર્સના સ્ટુડન્ટને સફળતા મળશે. સાયન્સ અને એન્જિનિયરીંગના સ્ટુડન્ટસને મહેનત કરવી પડશે. એસ.એસ.સી.ના સ્ટુડન્ટસને પાસ થવામાં તકલીફ નહીં પડે. છેલ્લા બે મહિનામાં મહેનત કરી સારા કાર્મસ લાવી શકશો.

શુક્રનવંતા મહિનાઃ ૨, ૪, ૫, ૭, ૮, ૧૦, ૧૧ ને ૧૨ છે. લકી સ્ટોન એમીથીસ્ટ પહેરજો.

CT

#### Pisces - મીન

દ.ચ.ઝ.થ.સ.

આ વરસની શરૂઆતમાં તમારી રાશિથી છકે છે સૂર્ય, બુધ, શુક્ર, રાહું, સાતમે ગુરૂ નવમે શનિ, મંગળ, અને બારમે કેતુ છે. જે પણ કામ કરશો તે આત્મવિશ્વાસથી કરશો. થોડા સ્વાર્થી બની જશો. ગામ પરગામની મુસાફરી કરવી પડશે. ૨૬મી જાન્યુઆરી શનિના ચેન્જથી તમને વધુ ફાયદો આપશે. શનિ

તમારા ફાધરને માંદગી કે તમારી સાથે મતભેદ પડાવી દેશે ગુરૂની કૃપા સારી હોવાથી તમે તમારી ફરજ સમજીને કામ કરતા રહેશો. કોઈ બાબતમાં હાર નહીં માનો. જીવનસાથીનો સાથ મળી જશે. ઘરમાં રિપેરીંગ કામ કરાવી શકશો. નવું ઘર લેવા માટે થોડી હિંમત કરશો તો તે પણ કરી શકશો. આ વરસમાં તમને તમારી મહેનતનું ફળ મળી જશે. કોઈપણ કામ માટે તમે ના નહીં પાડો. સામેવાળાની નિયતને ઓળખી શકશો. કામ કરતા હશો ત્યાં તમારા હરિફ તમને હરાવી નહીં શકે. ભવિષ્યના વિચાર કરજો. ગુરૂનું બળ સારૂં હોવાથી પૈસાને લીધે કોઈપણ કામ અટકશે નહીં. નાણાકીય સ્થિતિ સારી રહેશે. સોનામાં ઈનવેસ્ટમેન્ટ કરજો. બાળકો પાછળ ખર્ચ કરવો પડશે. આ વરસમાં મોટી માંદગી નહીં આવે ફકત સાંધાના દુખાવાથી પરેશાન થશો. ૧૪મી ઓક્ટોબરથી ૧૪મી નવેમ્બર સુધી પડવા લાગવાના બનાવ બનશે. આ વરસમાં 'સરોશ યશ્ત' ભણજો

સ્ત્રીઓ માટે: આ વરસમાં પસંદગીનો જીવનસાથી મળશે. ઘરની જવાબદારી સંભાળી શકશો. જે પણ કમાશો તેમાંથી બાળકોની જરૂરી ચીજ વસ્તુ ખરીદશો. તબિયત માટે ચિંતા કરવા જેવું નથી પરંતુ ઘુંટણના દુખાવાથી પરેશાન થશો. લગ્ન કરેલ વ્યક્તિને ઘણીનો સાથ મળી રહેશે.

સ્ટુડજ્ટસની માટેઃ સાયન્સ, કોમર્સ અને આર્ટસ આ ત્રણેય શાખાના સ્ટુડન્ટસોનું વરસ સારૂં જશે. જે લોકો માસ્ટર કરતા હશે તેઓનો સેલ્ફ્રકોન્ફ્રિડન્સ વધી જશે. મેનેજમેન્ટ, ટેકિનકલવાળાઓનું વરસ પણ સારૂં જશે. વરસના શરૂથી જો મહેનત ચાલુ કરશો તો એસએસસીના સ્ટુડન્ટસ સારૂં રિઝલ્ટ લાવી શકશે.

શુક્રનવંતા મહિનાઃ ૧, ૨, ૩, ૫, ૭, ૮, ૧૦ ને ૧૧ છે. યલો સેફાયર સ્ટોન પહેરજો.





#### જમીન, પાણી હવા અને આતશ તરફની આપણા પારસીપણા તરીકેની ફરજ

આપણી આજુબાજુની પેદાયશોમાં આપણા માણસ ભાઈબંધ અને પ્રાણીઓ પછી, જમીન પાણી હવા અને આતશ, આપણું ખાસ ધ્યાન

ખુશી કરે છે. એવી ખેડાયેલી જમીન ખેડનારને દુઆ મળે છે કે તારા દેશમાં હું વૃધ્ધિ કરીશ, ફળ ફળાદીનો વધારો કરીશ અને ફળ અને અનાજનું ઉત્પન્ન નેઆમતને હંમેશા સ્વચ્છ રાખવાને ફરમાવ્યું છે કે જેથી સેકડો અને હજારો માણસો જેઓ તે પાણીનો ઉપયોગ કરે તેઓને કોઈ નુકસાન થાય નહીં. તેમજ થાવ છું. સર્વ ગરમીનું મૂળ સૂર્ય છે અને આતશ ગરમીનું આ પૃથ્વી પર નજરે પડતું રૂપ છે. બીજું આપણે યાદ રાખવું કે

ફરજ એટલે અહુરમઝદની નેઆમતો સ્વચ્છ અને સાફ રહે અને તે પૂરતા જથ્થામાં સર્વ જાનદાર પેદાચશને મળે, તેમ કરવું. સર્વને રહેવા અને ગુજરાન માટે ખેતી કરવા માટે સાફ જમીન મળે સર્વને પીવા અને ખેતી માટે સ્વચ્છ અને પૂરતું પાણી મળે સર્વને પોતાના શ્વાસમાં લેવા પૂરતી અને સ્વચ્છ હવા મળે અને સર્વોની તંદુરસ્તી માટે પૂતી ગરમી અને રોશની મળે એમ કરવું. આપણો હિસ્સો નાનો હોય તો પણ તે આપવો.

સર્વ જગ્યાએથી રોશનીની પૂરતી આવજાવ થાય અને અંધકાર દૂર થાય એવી કોશેશ કરવી.

આતશનો બનતો ભલો ઉપયોગ થાય



ખેંચે છે. માણસ અને પ્રાણી એ બેઉના ઉપયોગ માટે અહરમઝદની એ નેયામતો અગત્યની છે. અને તેઓ તરફ આપણે કેટલીક ફરજથી બંધાયેલા છીએ. કરજ એટલે અહરમઝદની નેયામતો સ્વચ્છ અને સાફ રહે અને તે પૂરતા જથ્થામાં સર્વ જાનદાર પેદાયશને મળે, તેમ કરવું. સર્વને રહેવા અને ગુજરાન માટે ખેતી કરવા માટે સાફ જમીન મળે સર્વને પીવા અને ખેતી માટે સ્વચ્છ અને પૂરતું પાણી મળે સર્વને પોતાના શ્વાસમાં લેવા પૂરતી અને સ્વચ્છ હવા મળે અને સર્વોની તંદ્દરસ્તી માટે પૂરતી ગરમી અને રોશની મળે એમ કરવું. એમ કરવામાં આપણો હિસ્સો પછી તે ગમે તેટલો નાનો હોય તો પણ તે આપવો.

જમીન તરફની આપણી ફરજ: અવસ્તાઃ દાતરે ગએથનાંમ અસ્તવઈતિનાંમ અષાઉમ! કત અસ્તિ દએનયાઓ માજદયસ્નોઈશ ઉરૂથ્વરે? આઅત મ્રઓત અહુરો મજદાઓ યત ઉદ્યેમ પઈતિ યઓકર્ષ્તિ સ્પિતમ જરથઉઇ્ત્ર! (વંદીદાદ પર્ગદ ૩ ફ. ૩૦.)

અર્થ: (પયગમ્બર જરથુસ્ત્રે પૂછ્યું કે) ઓ હાડમંદ દુનિયાના અશો પેદા કરનાર! માજદયસ્ની દીનની વૃધ્ધિ શી છે? ત્યારે અહુરમઝદે જવાબ આપ્યો કે ઓ સ્પિતમ જરથુસ્ત! અનાજની સારી ખેતી.

જમીન તરફની આપણી સામાન્ય ફરજ એ છે કે આપણે તેને આબાદ કરવી જે જમીન પર ખેતી થતી હોય તે જગ્યા ઘણી ખુશાલ હોય છે. એવી ખેતી અને બાગબાની કરનાર પુરૂષ જમીનને ઘણી કરીશ. તે જ રીતે આપણી ફરજ છે કે તેને આપણે સ્વચ્છ રાખીયે જેથી ત્યાં રહેતા લોકોની તંદુરસ્તી સ્વસ્થ રહે. ઘરનો કચરો જયાં ફરમાવ્યું હોય ત્યાંજ નાખવો. આપણા જયા રહેતા હોઈએ ત્યાનો પરિસર સાક રાખવો જોઈએ.

#### પાણી સંબંધની આપણી કરજઃ

અવસ્તાઃ મ્રઓત અહુરો મઝદાઓ સ્પિતમાઈ જરથુસ્તાઈ, યજએષ મે હીમ, સ્પિતમ જરથુસ્ત્ર, યાંમ અરેદ્રીમ સૂરામ અનાહિતાંમ... વાંથ્વો- ફાધનાંમ અષઓનીમ, ગએથો- ફાધનાંમ અષઓનીમ, દંઘહુ ફાધનાંમ અષઓનીમ, દંઘહુ ફાધનાંમ અષઓનીમ.'

(અર્દીસૂર નીઆએશ ફ. ૨)

અર્થ: અહુરમજદે સ્પિતમાન જરથોસ્તે કહ્યું કે ઓ સ્પિતમાન જરથોસ્ત! મારી સ્વચ્છ અર્દ્ધસૂર... જે (ગાયગોસપંદ અને માણસોનાં) ટોળાની વૃધ્ધિ કરનારી, દુનિયાની વૃધ્ધિ કરનારી, (દેશની) દોલતની વૃધ્ધિ કરનારી, દેશની વૃધ્ધિ કરનારી, પવિત્ર છે તેને તું આરાધ.

અર્દ્ધિ નામે અસલી ઈરાનમાં એક નદી હતી, જેની મધ્ય એશિયાની ઓક્સસ નદી ગણવામાં આવે છે. અર્દ્ધિ નામે એક સ્ત્રી યજદ પણ છે જે એ નદી ઉપર અને સર્વ પાણી ઉપર મવકકલ છે. આ ફકરામાં અહુરમઝદ અદ્ધિસ્ત્રને આરાધવા કહે છે. તેની મતલબ સર્વ પાણીની સ્તૃતિની છે, કે જે પાણીથી એક દેશની સર્વ પ્રકારની આબાદી થાય છે. આપણને ફરજો સુચવે છે કે પાણીને સ્વચ્છ રાખો જરથોસ્તી ધર્મ પુસ્તકોમાં પાણી જેવી

પાણી સર્વ જગ્યાએ પૂરતું મળે તેમ કરવું. આનો મતલબ કે જ્યાં પાણીની તાણ હોય ત્યાં તે તાણ ટાળવી. પ્યાવ, કુવા, તળાવો બંધાવવ એ પુષ્યનું કામ ગાગાય છે

હવાના સંબંધમાં આપણી ફરજઃ અવસ્તાઃ વએમ અષવનેમ યઝમઈદે. વએમ ઉપરોકઈરીમ યજમઈદે. (સીરોજા યશ્ત)

અર્થઃ સ્વચ્છ વાતાવરણને અમે આરાધ્યે છીએ. ઉપરના ભાગમાં કામ કરતી વાતાવરણને અમે આરાધ્યે છીએ.

વાતાવરણમાં હવા અહુરમઝદની નેઆમતોમાંની એક અગત્યની નેઆમત છે. તેને સ્વચ્છ રાખવી એ એક જરથોસ્તીની ફરજ છે. સ્વચ્છ હવા પુષ્ટીકારક ખોરાક સમાન છે. માટે આપણા મારસ ભાઈબંધોને તે પુરતા જથ્થામાં અને સ્વચ્છ મળે તેમ આપણે કર્યે તો આપણે જાણે હવા તરફ ફરજ બજાવેલી ગણાય.

આતશ તરફની ફરજઃ

'અહ્યા થ્વા આથ્રો વેરેજેના પઓઉરૂપે પઈરિજસામઈદે, મજદા અહુરા થ્વા થ્વા મઈન્યૂ સ્પેનિશતા, યે આ અખ્તિશ અહ્માઈ યેમ અખ્તોયો દાર્ગોંઘહે'

(યજશ્ને, હા ૩૬, ફ્ર.૧. મોટી હપ્તન યશ્ત, કરદો ૨, ફ્ર.૧)

અર્થ: ઓ સૌથી વૃધ્ધિ કરનાર અહુરમઝદ! તારા આતશની મારફતે સર્વથી પહેલાં તુંને જ અમે પહોંચિયે છીએ. જે કોઈ આતશ માટે નજીસાત લઈ જાય તેને પોતાને તું નજીસાત આપે. પાજંદ: અજ હમોઈન હર આઈન ગુનાહ...ઓએમ અંદર અર્દીબેહેસ્ત આતશ આતશ સર્દગાન જસ્ત પ પતેત હોમ.

અર્થઃ કોઈ પણ પ્રકારનો કોઈ પણ જાતનો ગુનાહ મારાથી અર્દીબહેસ્ત અમેશાસ્પંદના આતશ સાથે કોઈ પણ, જાતના આતશ સાથે કરવામાં આવ્યો હોય, તો તેથી હું પસ્તાવો કરી પશેમાન અહુરમઝદનાં નૂરની એક ઈંધાણી તરીકે આતશ આપણામાં એક કેબલો ગણાયો છે. અહુરમઝદનાં ખોરેહ યા નુરની યાદ આપનાર ચિન્હ તરીકે તે ઉપર સુંગધી બળતણ બાળી તે ઉપરથી ભલાઈનો બોધ લેવો.

અને તેની મદદ અને બરકતથી હુન્નર ઉદ્યોગોનો વધારો થાય તેમ કરવું. આપણી ફરજ આપણા આજુબાજુનાઓ તરફએ છે કે તેઓની વૃધ્ધિ કરવી તેઓની આબાદી કરવી.

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#### લખનારઃ મરહમ મહારાજ શ્રી સ્વયંજયોતિના સહકાર્યકર્તા જયેશ એમ. ગોસ્વામી

Aries - મેષ

This year Saturn will change from the 26th of January. There will be no changes in the other two planets like Jupiter and Rahu and hence in January you will get rid of bad luck. There will be big financial changes after January. There will be as much expenses as there will be income.

Do not leave any work incomplete. There won't be any major illness; however, between 15/11/2016 to 14/12/2016 there might be some health problems. Be careful of diabetes. If you are a working person, then do not change your job this year. You won't be afraid of your enemies. You will be a light sleeper at nights. There will be financial profits between March and July next year. There will be differences amongst lovers. There won't be any major problems this entire year. Stay away from gambling. Invest your money. You will spend more on others than yourself. If you want to save than invest in bonds or gold. To keep you're cool and calm pray, 'Tir Yasht' everyday without fail.

For Women: The year will not be that great. Be careful while talking to your lover. If you are not successful in love, don't be disappointed. After January someone new will enter your life. Working women will not undergo many difficulties. Be careful of stomach and typical female problems.

For Students: If you are lazy the whole year then at the end you will have to rush. Especially if you are a Commerce student you will have to put in more efforts to get the desired result. It's a good year for Technical students. SSC students won't get desired results. Your hard work will make you successful.

Lucky Months: 1, 2, 5, 8, 10, 11.

Taurus - gue

This year there will be more work. Do not think of changing your house. There will be some expenses in the house all the time. Even the smallest of jobs won't get over on time. You will be able to do religious

work well. You will be able to help your friends. If you wish to get married, there will be problems in deciding. There will be differences in opinions among husband and wife which will reduce after the 26th of January. There will be less sleep at nights. You will get a chance to travel but there will be problems in that. Do not plan for the long term. To get peace of mind, pray 'Moti Haptan Yasht' and also help out others. Be careful of urinary infection and acidity. Control your eating habits after January. Small health issues will come and go. Do not take loans. Due to Saturn's rule you will indulge in unnecessary expenses for others. Till January there will an increase in your salary and you will also get profits.

For Women: Till 26th January, keep your cool and patience to avoid problems. Take a decision to get married after January. For middle aged women, there are chances of having female health issues. Before making new friends, know about their past.

For Students: This year will go well. You will get the fruits of your labour. MBA, Commerce and SSC students will get good results. By working hard you will get the desired results.

Lucky Months: 2, 3, 5, 7, 8, 10, 12.

Gemini - મિથુન

You will believe in moving forward all by yourself. You will have to run about alot. There will be differences amongst spouses. You will think of repairing or shifting your house. Distance amongst siblings will prove

to be beneficial. You will have to travel. You might get a promotion by January. It's an average year to think of marriage. Pray, 'Meher Niyaish' this year. From the 14th of October till the 15th of November you will be troubled with headaches. Spend on your health if you fall sick. If you are older, there will be back pain. Take care to be happy. The year will go well. Property will bring profits. You will get financial profits which you should invest. Do not give loans.

For Women: Work will be good. If you are thinking of getting married there might be problems. Take care not to be duped in love. Married women will have a smooth relation with their spouse. You will have cough, cold and uterus problems. Do not trust anybody too much. Win your husband's heart by talking less.

For Students: It's a good year for Technical and IT students. You might go abroad for education. Commerce students will have to work hard. Do not be dejected if you do not get the results you expected. SSC students should only focus on their studies.

Lucky Months: 2, 4, 6, 7, 9, 10, 11.

Cancer - 35

This year your mind will not be stable. You will get both positive and negative thoughts in all your work. You will get respect and profits from other people. If you stay away from home and work, you will get more profits. You'll find your favourite person after the 26th of

January. This is a good year to get married. You won't get tired working, but if the need arises to rest go on a holiday with your family. There are chances of going abroad. This year you will get the thing you wanted. Your elders will bless you. Financially it's a good year. Your hard work will pay off. You will get profits from different places. You will be able to renovate your house. There are chances of getting a promotion. Control your eating habits to avoid diabetes. You will be mentally stress due to small problems from the 14th of February to the 15th of March. There will be no other problems otherwise. This year, pray the 96th name, 'Ya Rayomand' 101 times every day.

For Women: This is a good year and you will meet the person you like. It's a good year to get married. There won't be any major illnesses. If you wish to study further, you will be successful. If you are pregnant, there are chances of small problems in your pregnancy but after that there will be immense happiness. There will be no financial stress.

For Students: You will be successful in whatever line you choose. You will be more interested in Technical and law fields. Grab the opportunity to go abroad or out of town to study. SSC students will be successful in get the streams of their choice. You will have to do a little running about. There will be fewer students wanting to become a doctor. You can get some income also, along with studying. Lucky Months: 1, 2, 4, 5, 6, 8, 10, 11.

Leo - સિંહ

After the 26th of January you will be free of bad lucks. This will be a good year and you will get sudden profits. If you are physically or mentally stressed, then you will relax after the 26th of July. If you are thinking of buying a new house you will get a promotion for that will

help you in it, after January. Some problems in getting married will be solved after January. Do not buy a vehicle till 15th September and if you are driving then be careful. There will be celebrations at home. Saturn will change after January which will boost your self confidence. If any work is pending you will restart it. Be careful of appendix. There won't be any big health issues. Do not pick up heavy objects. Pray, 'Moti Haptan Yasht' till January and after that 'Tir Yasht'. Financially you won't have any major problems. After January invest in shares and property. There will be financial profits. You will get back the money you have lent and your salary will increase.

For Women: This year is good for you. After 26th January you will work with confidence. You will get more respect at your workplace. Do not take any decisions regarding marriage till January. You will get relief from old health problems. You will get more money by being creative. If you are married, then you will be stressed about your husband from the 14th of March till the 15th of April.

For Students: This year is good for studies. Technical line students will get success. For Commerce students it's a good year. If you wish to do law then there might be some problems. SSC students will be able to choose their favourite stream. Believe in yourself. Focus only on your studies and nothing else.

Lucky Months: 2, 4, 5, 7, 9, 10, 12.

Virgo - કન્યા

This year will bring profits. You will help others. After the 26th of January, Saturn's bad luck will begin and hence, you will be stresses unnecessarily. Mother's health will have problems. You will not have

support from colleagues at your workplace and hence have self confidence. There will be health issues. Due to the grace of Jupiter, you will not get stuck anywhere. You will get help even at the last minute. From 14th April to 15th May, be careful in government related work. You will get married to the person of your choice. Your expenses will increase but there won't be financial crises. Indulge in religious work. After 26th of January, there are chances of urinary infection, acidity and gas. You will be stressed due to heavy work. After January you will get money but will have to work hard for it. You will be able to save by the end of the year. Through Partnership you will be able to earn money. This year pray 'Nani Haptan Yasht' and after 26th of January pray, 'Moti Haptan Yasht'.

For Women: It's a good time till the 26th of January. There will be success in all your endeavours. You will get married with the person of your choice. After 26th of January pay attention to your health. There won't be financial crises. Stomach related health problems will be there. You will be able to do your duty towards your child. You will be able to solve differences with your husband.

For Students: The year will be ok for you. Arts students will be able to study well. Technical and Commerce students will have to work hard. After 26th of January, you will be able to focus less. For SSC students the results will be good enough. Lucky Months: 2, 3, 4, 5, 6, 8, 10, 11.

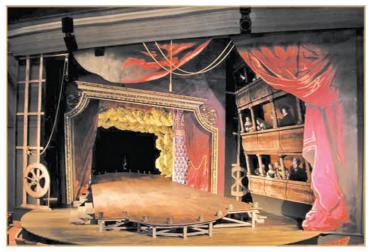




#### નાટક તખ્તના પરદાઓ ચીતરતા આપણા પારસી પેન્ટરો

એ જમાનામાં આજના જમાના જેવી સીન સીનેરી જવલ્લેજ રજૂ થતી હતી. પર સમય જતા તે સુધરતી જતી હતી. ૧૮૭૦ની સાલમાં સ્ટેજના હુત્રરને ખીલવવા માટે કેળવાયેલા અને ઉમદા ભેજાંઓ નાટકના તે જમાનામાં ઘણા જ ખંતી હતા. તેઓ પોતે પોતાના ગાંઠના પૈસા ખર્ચીને નવીન હિલચાલો અને સ્ટેજને દીપાવવા ઉભી રાખતા પેન્ટરને પહેલવહેલો બહાર પાડયો હતો. એ પારસીએ પોતાના પેન્ટિંગ હુન્નરથી તે વખતે ચાલતી જુદી જુદી કલબોમાં એવો તો પગપસારો કીધો કે સઘળાઓનું દિલ તેણે જીતી લીધું. આજુબાજુના સઘળા કારીગરો તેની વખાણ એકમતે કરતા હતા તે પારસી પેન્ટરનું નામ હતું પેસ્તનજી માદન.

એ પછી ઘણા પારસી પેન્ટરો થઈ



૧૮૭૦ની સાલમાં સ્ટેજના હુન્નરને ખીલવવા માટે કેળવાચેલા અને ઉમદા ભેજાંઓ નાટકના તે જમાનામાં ઘણાજ ખંતી હતા. તેઓ પોતે પોતાના ગાંઠના પૈસા ખર્ચીને નવીન હિલચાલો અને સ્ટેજને દીપાવવા ઉભી રાખતા હતા.

હતા. મરહુમ જમશેદજી ધનજીભાઈ પટેલ અને દાદાભાઈ સોરાબજી પટેલ જેવા લક્ષાધીપતિ બાપના દીકરાઓએ ઈરાની નાટક મંડળીને સ્ટેજ ઉપર વેરાન વનમાં સૂરજને ઉગતો અને ધીમે ધીમે તેને આકાશમાં ઉપર મધ્યમાં ચઢતો દેખાડવાની તરકીબ કરી હતી. વળી તે બન્નેએ આખા સ્ટેજ પર લીલા લીલા ખેતરો ખીલી નીકળેલા દેખાડયા હતા. ઈરાની પહેલવાનોને લડાઈના મેદાનોમાં જીવતા ઘોડા ઉપર બેસી તેઓને લડતા દેખાડયા હતા.

વિકટોરિયા નાટક મંડળીએ ગુલ બકાવલીના નાટકમાં પચીસ ફૂટ ઉંચો હરતો ફરતો અને બોલતો દેવ દેખાડયો હતો. પણ ધીરે ધીરે આવી યાંત્રિક કળાઓ પડતી મુકાઈ હતી.

ઈ.સ. ૧૮૭૦ની સાલમાં નાટક તખ્તાને દીપાવે અને તે માટે પરદા ચીતરે એવા પારસી પેન્ટરો નહોતા. જૂની ઝોરાસ્ટ્રિયન કલબને કોઈ જરથોસ્તી પેન્ટર નહીં મળવાથી આનંદરાવ નામના એક હિંદુ પેન્ટરને તેની કારીગરી બદલ તેને ભાગીદાર કીધો હતો.

પ્રિન્સ આલબર્ટ કલબે એક પારસી

ગયા પણ પેસ્તનજી માદન સર્વેથી પહેલા પેન્ટર હતા.

નાટક કંપની ધરખમ પાયા ઉપર ચલાવનારાઓને કાબેલ પેન્ટરોની મોટી જરૂરત હોય છે. પહેલાના જમાનામાં એવા કાબેલ પેન્ટરો વધુ નહોતા. એક જ પારસી પેન્ટર હતો. પેસ્તનજી માદન અને બીજા હતા ક્રોસ જરમન પેન્ટર, સીરોની ઈટાલિયન પેન્ટર, 3આ ઈટાલિયન પેન્ટર.

એ વખતે પેસ્તનજી માદનનો માસિક પગાર હતો રૂા. ૪૦/- રફતે રફતે તે વધતો ગયો. પેસ્તનજી એક જ કલબમાં ઠરીઠામ થઈને બેઠા નહોતો. તેઓના કામની જેમ જેમ ખબર પડતી ગઈ તેમ તેમ જુદી જુદી કલબોવાળા તેમની કદરનાશી કરવા લાગ્યા હતા. પેસ્તનજી માદન વિકટોરયા કલબમાં પેન્ટર તરીકે સામેલ થયા ત્યારે ત્યાં તેવણને એક નવો ચેલો મળ્યો હતો. એ નવો ચેલો હતો ધનજુ અંજીરબાગ જેણે પેસ્તનજી સાથે રાજીખ્શીથી કામ કરવા તૈયાર થયો હતો. અને પેન્ટિંગની ઘણી સિક્રેટો તેણે શીખી લીધી હતી. પાછળ તે ધનજી વિકટોરિયા કલબનો પેન્ટર અને એકટર બની ગયો હતો.

અને તે કલબના પરદાઓ પર પેઈન્ટેડ બાય અંજીરબાગ એવો પોતાનો સાઈન હંમેશા એક ખૂણામાં છાપતો હતો.

હવે આપણે વાત કરીએ પેલા જર્મન પેન્ટર ક્રોસની. ક્રોસ ઘણો જ કરેલ અને કાવકો હતો પોતાનું કોઈ પણ કામ ધાંધલ ધમાલથી કરતો નહીં હતો. તેના પછી હતો રૂઆ ઈટાલિયન પેન્ટર આ પેન્ટર દેખાવમાં ઘણો સોહામણો સ્વભાવે મોજીલો અને મોઢામાં કાયમ ચિરૂટ લઈને કામ કરતો હતો. વિકટોરિયા કબલને છોડીને આ રૂઓ નાટક કંપનીવાળાઓને ઉધ્ધરભાવે કામ કરી આપતો હતો. ત્યારપછી સિરોની નામનો ઈટાલિયન પેન્ટર જેણે તખતે

જમશીદનો પરદો ચીતરી આપ્યો હતો અને વિકટોરિયા કલબે આ પરદો ઘણા વરસો સુધી વાપર્યો હતો.

હવે જોઈએ હિન્દ પેન્ટરો, અત્યાર સુધી એક પારસી અને ત્રણ યુરોપિયન પેન્ટરો પાસે પારસી નાટકના પરદાઓ ચીતરાતા હતા પણ તેઓ પછી એક બીજો યુરોપિયન પેન્ટર આવ્યો જેનું નામ પિન્ટો હતું અને તે પિન્ટો સાથે ગણપત અને બાલા નામના બે હિન્દ્ પેન્ટરો કામ કરતા હતા. બાલા પેન્ટરને રોકીને કુંવરજી નાઝરે માસિક પગારે તેને રોકી અલાદ્દિન જાદ્દઈ ફાનસવાલા નાટકની તમામ ભેદભરી સીનરીઓ તેની પાસેથી ચીતરાવી લીદી હતી. જયારે ગણપત જુદી જુદી કલબોમાં માસિક પગારે કામ કરતો હતો. ગણપત સ્વભાવે હસમુખ અને મોજીલો હતો. આ બદા પેન્ટરો તે વખતે ગ્રાન્ટરોડ

ઉપર વિકટોરિયા નાટકશાળાની પાછળ મરહુમ ડોસાભાઈ દુબાશવાલા કોસ-કીઝવાલા નામના હોટેલમાં એકાદ દીવાનખાનમાં બેસી આ પરદાઓ ચીતરતા હતા.

આ પછી આવ્યો નવો પારસી પેન્ટર દીનશા ઈરાની જેણે ખુશરો શિરીનના ખેલના પરદાઓને ચીતર્યા હતા. દીનશા પછી બીજો પારસી જવાન જે એક ફત્તેહમંદ પેન્ટર હતો જાલભાઈ આરિયા જેણે ફરામજી અપ્પનુ થિયેટર ચિતરી આપ્યું હતું. જાલભાઈ આરિયાએ રિવોલ્વિંગ સીનો અને સેટિંગવાલા પરદાઓએકથી એક એવા ચીતરી આપ્યા હતા કે તમાશબીન આલમે વાહવાહ કરી હતી.





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#### Libra - તુલા

In this year till the 26th of January all your work will get stuck. Till January you will work more but get paid less. This year you will do a lot of charitable work. You will be helpful to others. You will have

expenses but that will not affect you. This year you will complete all your tasks without fail. Do not be greedy and try to change your Job and if you want to change then do it after January. You will have to help your siblings. Travel is indicated. Between the 14th of May and 15 June you will have family problems. You will have to work hard to marry your lover and that will also depend on your moon signs. There will be conflict among lovers. Take care of your eyes. There will be headaches and pressure issues. If you have sugar problems kindly consult the doctor. After the 26th of January you will have less of financial issues but save money and help others. Pray 'Behram Yazad' everyday this year.

For Women: You will have a normal year. Married women will have more responsibilities. You will have difficulties in office and personal life but after January you will be able to manage. Do not trust the opposite gender. There will be no financial difficulties. You will be tired mentally.

For Students: After the 26th of January you will get interest in studies. You will get good marks. Commerce and MBA students will be successful. Technical students will need to work hard. SSC students will not have difficulty in passing.

Lucky Months: 1, 2, 4, 6, 8, 10.

#### Scorpio - વૃશ્ચિક

This won't be a good year. You will not have peace of mind. Due to Jupiter, after the 26th of January, there will be attraction towards the opposite gender. After the 26th of January, leaving your husband,

everyone else at home will have health problems. Do not think of changing your job. There are chances of going aboard. You will be stubborn. You won't be confident about your work. Saturn will not let you be in peace. Fever, cold and cough will come and go. From the 14th of June till the 14 of July there are chances of a minor accident. If you stress too much, your heart rate will increase. Stay away from stress. You will be able to earn money but won't invest it. You will have to spend money over illness' of family members. You will have to spend money on household celebrations. Pray, 'Moti Haptan Yasht' this year.

For Women: Take care of family members. Do not get into arguments. You will be troubled with back problems. If there are differences with your husband, it will decrease after January. It's a good year financially and work wise. You won't get to buy your favourite things. You will make new friends. If you wish to get married then you will find your right person after the 26th of January.

For Students: It's a good year. Do not be over confident. Believe in yourself more than others. Commerce and Arts students will get good results. You will be able to go abroad for higher education. Hard work will pay off for technical

Lucky Months: 1, 3, 5, 6, 7, 9, 10, 12.

#### Sagittarius - ધન

This year you will be very stubborn. If you do not control your temper you will hurt somebody's feelings. Pay attention to your work. Do not try to change your job. You will be stressed over the health of your

elders and hence do not be careless about it. You will get a chance to travel but there will be troubles in your travels. You won't get anything easily. Do not get into partnership and do not do somebody else's work. You will undergo small health problems. Gas, acidity and diabetes patients be careful of your eating habits. From the 14th of July till the 15th of August there are chances of your health getting spoiling. The period between 14th of December till the 15th of January won't be a good one. Your financial conditions will be tight. Even if you save money you will end up spending by the end of the day. You will have to run about to get your money. Pray 'Moti Haptan Yasht' and 'Atash Niyaish' this year.

For Women: There will be stress this year. You will be troubled due to unnecessary expenses. You will be stressed about your husband and children. There will be headaches and acidity problems. Chances of getting married are less, However, if your moon signs are powerful, you will get married next year. From the 14th of July till the 15th of August, do not start any good work.

For Students: You will have to put in hard work in your field. Higher education students will have to put in much more hard work. Arts and Law students have a good year ahead. Technical students will get bored of their stream. Commerce and SSC students won't get the marks they expected.

Lucky Months: 1, 2, 3, 4, 6, 7, 10, 12.

#### Capricorn - भक्र

After the 26th of January, your expenses will increase. You will get profits from friends and your working atmosphere will also be good. Health will be good but there will be less of peace of mind. You will be stressed about the opposite gender. There are chances of travelling aborad. You will get blessings and support from elders. Do not try to change your job. You will be able to get married if you want to. Do not do any work without thinking. Even after spending in court cases, you wont be successful or get peace of mind. You will be troubled with high blood pressure and less sleep at nights. You might get hereditary health problems. Invest your money. Do not indulge in partnership. From the 15th of August to the 14th of September there are chances of being duped. You will get money but after a lot of hard work. Pray 'Meher Niyaish' and 'Moti Haptan Yasht' this year.

For Women: From the 26th of January, the year won't be that great and you will have to take care of your health. You will have to work hard to get the right man for marriage. You will have to adjust in everything. You will be troubled in the smallest of things. You might get headaches and high pressure.

For Students: You will have to work very hard this year. It's not a good year for management students. Commerce and Technical students will get success. There will be problems in securing admission. Arts students will pass easily.

Lucky Months: 1, 3, 5, 6, 7, 9, 10, 11.

#### Aquarius - કुंल

You will do charity and religious work this year. After the 15th of August, there will be arguments amongst spouses. Financially it's a good year. After the 26th of January, you will get better results. You will get the love of your children. You will get profits in dealing with metals. You will get invisible help and be confident about yourself. You will get new job opportunities. You will do all work honestly and sincerely but do not get into partnership. You will be able to fulfil the demand of your family members. You will meet the person you like. After 25th of January you will get profits from your friends. You will spend less and save more. You will get a promotion. Invest in shares. If you want to save, buy shares and bonds. You will be troubled with headaches and fever. Do not change your job this year. You will get less sleep at nights. You will get negative thoughts and will panic unnecessarily. Pray, 'Nani Haptan Yasht' and the 96th Name, 'Ya Rayomand' 101 times.

For Women: This is a good year. You will get respect. You will be able to focus on work and your family. Take care of the health of your family members. You will get pain in your ears. Do not trust a stranger. Women who wish to get married will find an appropriate partner.

For Students: Commerce students will get success. Science and Engineering students will have to work hard. SSC students will get good marks bu working very hard in the last two months.

Lucky Months: 2, 4, 5, 7, 8, 10, 11, 12.

#### Pisces - મીન

You will have self confidence but will also tend to be selfish. You will have to travel. With the change in Saturn from the 26th of January, you will get profits. You will have differences with your father and

his health will get spoilt. With the grace of Jupiter you will do your duty and will not accept failure. You will get the support of your life partner. You will be able to repair your house. If you are strong then you will be able to buy a new house. You will get the fruits of your hard work. Do not say no to anything. Recognise the opposite person's intentions. Your opposition will not be able to defeat you. Plan for the future. With the grace of Jupiter, none of your jobs will get stuck due to money. Financial conditions will be good. Invest in gold. You will have to spend on your children. There won't be any major illness but you will have joint pains. From the 14th of October till the 14th of November, there are chances of slipping and falling. Pray, 'Sarosh Yasht'.

For Women: You will get the person of your dreams. You will be able to take care of your house. You will spend your salary in buying things for your kids. No health problems but there will be knee pain. You will get the support of your spouse.

For Students: It's a good year for Commerce, Arts, Science, Technical and Management students. If you are a Masters student your self confidence will increase. If you work from the start, SSC students will get good marks.

Lucky Months: 1, 2, 3, 5, 7, 8, 10, 11.



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May you enjoy a memorable year and may all your wishes come true.

Homa D. Petit President

March 2016

The B.D. Petit Parsee General Hospital



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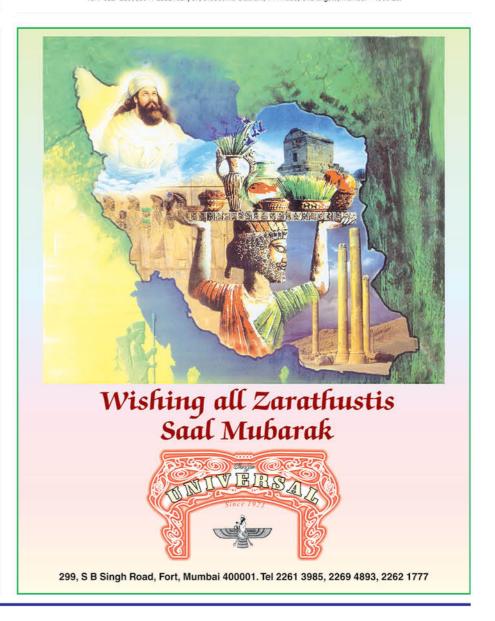
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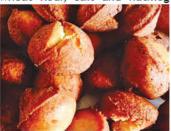
Bekad

#### Chomp With Bhakra! Ingredients:

34 cup Whole wheat flour; 1 cup Flour; 1/2 Cup Semolina; 1/2 cup Sugar; 1/2 cup Ghee; 1 Egg; 125 ml Toddy mixed with 1 tsp sugar; 125 ml Warm water; 1 tsp Cardamom and nutmeg powder; Oil for deep frying; Salt - to taste

#### Method:

Sift flour, semolina, whole wheat flour, salt and nutmeg



An Athornan Family, Dadar

and cardamom mix. Beat sugar and ghee together until the sugar has dissolved. Now add egg and beat well. Add the flour mixture, mix well and add the toddy mixture and work the mix till it forms a stiff dough adding water to the mixture. Cover the dough and let it rest in a cool and dry place for atleast 45 minutes to an hour, till the dough has risen. Now roll out the dough and cut quarter inch pieces using a biscuit cutter or a knife. Get the oil ready for deep frying. Make sure the oil is not too hot, otherwise bhakras will cook from the outside and stay raw from the inside. Drain the bhakras on a tissue paper and let rest for 5 minutes. Once cooled, store in an airtight

#### Chomp With Daal Ni Pori! Ingredients:

For Dough: 2 tbsp Fine Semolina; 3 tbsp Ghee; ½ tsp Salt For Maan: 4 tbsp Flour; 3 tbsp Ghee

For Filling: 2 Cups Channa Dal; 6 tbsp Sugar; 60 gms Almonds; 40 gms Charoli; 40 gms Sultanas/

Navroz & Khordad Saal Mubarak

To The Parsi & Irani Zoroastrian Community

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Raisins; 1 tsp Cardamom Powder; 1 tsp Nutmeg Powder; 1 to 2 tbsp Rose Water; 2 tbsp Ghee

#### Method:



Wash the dal thoroughly under cold running water about 2 to 3 times. Soak the dal. in hot water and keep aside for atleast an hour. Place the dal in a pressure cooker, cover with water and cook for 2 whistles. Once done, drain and mash into a smooth paste. In a pan combine mashed dal, ghee and sugar and cook on a low flame until the mixture is thick and all the sugar has dissolved. Cool and add remaining ingredients and mix well. To make dough, sift flour, salt and semolina. Add Ghee and rub well into bread-crumb texture. Add water and mix to make a soft dough. Once done, let it rest for 5-10 minutes in the fridge. To prepare maan, heat ghee and add flour, mix well to form a paste or a roux. Divide dough and maan into four equal parts. Roll out each dough piece into a round shape. Spread maan on top of each and place each of them on top of the other. Now spread filling in the center, pick up the sides of the dough and cover the filling completely shaping into a round ball. Press down with your finger very gently making sure the sides don't open up. Use a rolling pin to make it a even surface (very gently). Wet the edges of the pori and close the openings on oven at 180°C for 20 to 30 minutes, until the pori is cooked through. Make sure there are no raw flour marks on the surface of the pori. Also ensure the chana dal filling is completely cooled before you start rolling, otherwise the ghee in the dough will start melting and it will be very difficult for you to handle the dough.

#### **Chomp With Kopra Pak!**



#### Ingredients:

100 gms Freshly grated coconut; 100 gms Sugar; 2 to 3 tbsp Cream; A pinch Nutmeg powder; ½ tsp Cardamom Powder; 2 to 3 drops of Pink food colouring; 2 to 3 drops Vanilla Essence; 2 tbsp Butter / Ghee; 30 to 40 gms Mixed Nuts **Method:** 

Start the process by greasing a tray with little butter and leave aside. In a pan, add ghee, add grated coconut and sugar and put it on a low flame and let it heat gently, stir constantly using a wooden spoon for about 4 to 5 minutes. Now add cream and mix well till the mixture leaves the sides of the pan. Add vanilla essence and a few drops of the food coloring. Once mixture is cooked mix cardamom powder, nutmeg and the nuts. Transfer the mixture to the greased baking tray and spread it out evenly along the tray. Let cool and then transfer into the fridge to completely cool and set.

# cup Milk; 200 gms Sugar; ½ cup Water; 2 Eggs; 1tsp Vanilla essence; 8 to 10 Cardamoms; A pinch of Nutmeg powder; optional 30 gms Orange zest; **Method:**

Slice the almonds and cashew nuts and keep aside. In a pan add about 2 tbsp of ghee and fry the nuts in the ghee and keep it. Mix the wheat flour, semolina and gram flour with the rest of the ghee, milk and keep aside for approx half hour. Now cook this mixture on a pan on a low flame with a wooden spoon. Keep stirring the mixture until the mixture thickens and becomes light brown in colour. Cool and keep aside. For the sugar syrup, bring sugar and water together and heat the mixture until the sugar melts and caramelizes to a light brown colour. Mix the sugar syrup with the malido mixture and further cook until the mixture thickens stirring constantly. Take off the heat and let cool before adding the eggs, add eggs one by one stirring constantly. Add half the nuts and raisins, vanilla essence. cardamom pods. nutmeg powder and orange zest and mix well. Garnish with the rest of the nuts. Refrigerate in the fridge for atleast 3 hours allowing the malido to set a little bit. Enjoy! You can have the mixture warm also.



Cheers with Falooda!

#### Ingredients:

1 packet Falooda Sev; 2 cups Milk; 2 tbsp for every glass Rose Syrup; 1 tsp Tukmuria Seeds; Pistachios for garnishing; Vanilla Ice cream or any ice cream of your choice.

#### Method:

Boil the sev in water for about 10 - 15 minutes or until they are nice and soft. Once done, strain and cool with a few cubes of ice. Boil the milk in a pan and keep aside. Take a glass; add a tbsp of the sev, tukmuria seeds and rose syrup. Top with milk and a big scoop of vanilla ice cream. Add another tsp of rose syrup and garnish with chopped or sliced pistacios. Mix well and enjoy.



From A Wellwisher



#### Chomp With Parsi Malido! Ingredients:

40 gms Almonds; 40 gms Chopped cashew nuts; 20 gms Raisins; 200 gms Ghee; 50 gms Gram Flour; 50 gms Semolina; 50 gms Whole wheat flour; 3/4



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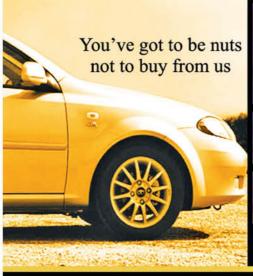
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#### Those Were The Days...

Contd. from Pg. 12

only once a week or worse still, once a month, but the car will be in tip-top condition!

You can't really blame him, it's his 'Parsipanu'! That's why other communities want to buy a 'Parsi-owned car'.

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I miss the 'Parsipanu' of the Parsi family doctors who would do home visits and comfort patients. Their 'Davakhanas' were verv simple with embossed glass, opaque curtains unlike the state-of-the-art clinics today. The doc required to examine your pulse, check your tongue (say Aaaaaaah) and then put his stethoscope on your chest and back. He would then write a prescription for his compounder who would give you a mixture that tasted like rotten wine but cured you in two dozes!

In the good old days, 'Parsipanu' extended the friendly busybody lady called 'Kaaj-Wali' who would find a spouse for your son or daughter, I am no 'Kaaj-Wali' but once I got sucked-into a bad situation. An old orthodox aunty requested me to find a 'boy' for her gulab jevi dikri living in Surat. The 'boy' should not be more than forty. Luckily, when she came from Surat, I screened the gulab before recommending her to anybody. And guess what!!!

The gulab was at least 45 years old and wearing socks till her knees with two chotlis doing ding-dong on her satinno-dress. Realising that this gulab toh karmai gayeloo che (withered), I made a quick exit after giving some excuse.

In the good old days, on Pateti, Navroze and Khordad Sal, a Nan-Khatai Band would come early morning in Parsi Colonies and Baugs to play popular Hindi and English songs and the Colony children would run after them. Of course their music was offkey, loud and jarring but an Irani uncle living in the next block would be delighted and say "khotavagar pun mottavagar"!

Some things never change, and the more they change, they remain constant because change is the only constant in life. On Navroze/ Pateti, postmen, gardeners, electricians, kachrawalas and people you had never seen in your life, knock on your doors for tips - "Popeti dya!"

The obligatory Parsi Natak

is another constant in our 'Parsipanu'. If not Natak, then a movie or a dinner, but celebrate we must because ours is a religion of happiness, of joy and celebrating life itself.

The accumulation of years can take a tragic toll at times. Beaten down by moving-times and loss of values, Parsis have turned away from life's higher promise and retreated into debilitating clutches of comfort and compromise.

Instead of taking on challenges, we are avoiding them, fighting over silly things that don't matter at all in the larger scheme of things. Today, we are basking in past glory. However, all is not lost. We still have brilliant minds and honest people.

They should guide our youth to 'grow in Parsipanu' optimism, humour and love, each succeeding decade. Then and only then will the community thrive energy, with resilience. joy, love, spontaneity and optimism.

#### Old Journeys, New Destinations

Contd. from Pg. 10

wish! A visit to Kalpataru Botanical Gardens and the Dapchari Dam and Reservoir is also interesting.

Nargol, the quiet sea-side village, is known for a strong Parsi population. It is dotted with beautiful Parsi bungalows and heritage homes, and has a gorgeous 4 km long beach. You could step out to nearby Sanjan, which has a beautiful hill, two placid lakes and the sea-shore. And, while you are here, do find out more about an ancient 9000-year-old city which was discovered 30-40 meters under the sea!

Daman is more than just a

watering hole with delicious seafood. Go exploring! Being erstwhile Portuguese colony, Daman is full of interesting history - in its 1603 Cathedral of Bom Jesus, the Governor's Palace, the St. Jerome Fort built in 1614-1672, and the Dominican Monastery- which was an ancient centre for theological studies for Catholics across the globe.

The Mirasol Water Park, along with Kadaiya Lake Garden, is a good place for the entire family as it offers good food along with entertainment for children as well. Enjoy with family at the Jetty Garden

in Moti Daman, which has fountains, lawns, river facing seats and a large picnic space.

And of course we all know Devka and Jampore Beach which attract tourists in large numbers. Here there is lots of fun, food and shopping too! Nani Daman is popular for the Nani Daman Fort, the churches and the lighthouse, as also for the 17th century St. Paul's Church, the House of Bockage, and the 17th century Chapel of Our Lady of Rosary.

So, now that you know what you've missed out on all this time, say cheers to old Parsi get-aways with new twists!



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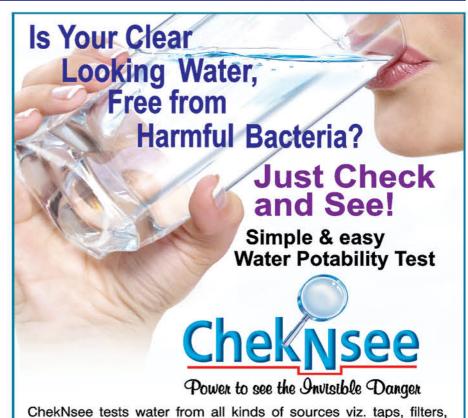
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# **HOSHANG SETHNA**

### What's In A (Sur)Name?

There are a number of things that make us stand out as a community. One of those things is our surnames! Parsi Times Writer, Hoshang Sethna explores an amusing account of how most of us got our surnames.

t's an accepted fact that many of us have some of the most unusual and funny surnames. In fact, we would hold the record for having the longest surnames, were it not for those interminable South Indian surnames! The longest Parsi surnames, so far include Sodawaterbottleopenerwala (25 alphabets) and Workingboxwalla (15 alphabets), which are currently still in use by some Parsi families. Similarly, two of the shortest surnames are Pir and Dick.

Parsi surnames are known to start from every letter of the alphabet table from A to Z, but we have still to discover an original Parsi surname starting with 'Q' - all those astrological/ numerological adjustments notwithstanding!

Most of us derived our surnames from our professions - iobs we held or businesses we owned - as also based on the ownership of lands, properties Gujarat! Many

or titles. Some of our surnames based on our professions are Printer, Writer, Reader, Dukandar, Plumber, Presswalla and Shroff (originally 'Saraf'). A majority of our forefathers worked in the Railways as they were the preferred choice by British during the pre-Independence era. Surnames derived during this period include Driver, Guard, Fitter, Linesman, Mukadam, Engineer, Marker, etc.

A lot of our surnames were also a result of geography! We adopted the names of the places - village, town, city that we hailed from, and hence the surnames - Udwadia, Surty, Sanjana, Dehnugara, Bulsara, Nargolia, Taraporewala. Billimoria, Kalyaniwalla, Thanewalla. In lighter vein, though my own surname, 'Sethna', seems to have a rather mischievous reputation. please be rest assured, once and for all, that it was derived from the small village 'Seth' in

famous surnames today are those recalling some of the most successful brands, nationally and globally - like Tatas, Godrej, Wadia, Rustomji, Shapoorji, Pallonji, etc. Certain Parsi surnames immediately disclose the religious status of the person (Dastur or Behdin) - like Mirza, Madona, Dastoor, Bhada,Katrak, Khodaiji, Unwalla, Pavri, Katila, Bajan, Bachha, Karanjia, etc.

Some of us took on the names of our forefathers or fathers as our official surnames, like Dadabhoy Navroji, Jamshedi Jivanji, Edul-Faram, Fanibanda and Edulkaka. To blend in with the Indian flavor, many Parsis adopted surnames similar to Hindu (mainly Gujarati and Marathi) surnames - like Javeri, Zaveri, Parekh, Mistry, Desai, Mukadam and Seth. Some of us simply shorten or westernize our surnames like Sarbhanwala becomes Sarbh.

As William Shakespeare's famous line goes, "A rose by any other name would smell

as sweet", so it is of us Parsis - immaterial of our surnames, we all equally add to the pride and the sweetness of our grand Zoroastrian community!

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Are you as Bawa as Bawa can be? Is Parsipanu in your blood, beyond just biology? How deeply entrenched is our Parsipanu ideology in your system? Take this guiz and find out...

#### Answer the following 25 questions (tick Yes or No) and check out the results:

- 1. If you're going for a wedding or a buffet, do you skip a previous meal so you can do 'dabaavine/afaarine' justice to the oncoming one? (Y / N)
- 2. Do you have any close or distant relative living in Canada? (Y / N)
- 3. Do you want Ratan Tata to take over as the President of India? (Y / N)
- 4. Do you love dogs and allow your pet on the sofa and the bed? (Y / N)
- 5. Is food one of the main criteria that can make or break your mood? (Y / N)
- 6. Do you refer to pretty Parsi girls as 'fatakris'? (Y / N)
- 7. Does your house display china/glass crockery in your living room's showcase? (Y / N)
- 8. Whenever the discussion turns to Indian politics, is your first statement or thought, "baddha sala chor chhe!" (Y / N)
- 9. Do you love eating eggs and can welcomingly have them as or with all your meals breakfast, lunch, dinner and snack? (Y / N)
- 10. Are you so used to saying or hearing expletives (swearwords) that the only time you don't get to hear any is when no one's around? (Y / N)
- 11. Does it break your heart more to see your pet in pain, as compared to a family member or friend? (Y / N)
- 12. On all auspicious occasions, do you do chok-toran-teeli-har-nariyal with ses, as per the chogaryu (auspicious time-slots) printed behind the Parsi Calender? (Y / N)
- 13. Do you feel genuine, heartfelt pity for vegetarians? (Y / N)
- 14. Is there a teeny-weeny part of you hoping that since Britain is exiting the European Union (Brexit), it will return to India? (With the Queen, of course!) (Y / N)
- 15. On days with multiple invites for lagans/navjots, where you can go for only one, would a large part of that decision be based on who the caterer is? (Y / N)
- 16. Do you adhere to traffic rules in general?(Y / N)
- 17. Are you able to have a hearty laugh at your own idiosyncrasies? (Y / N)
- 18. Do you feel a slight but nagging jab of guilt if you miss saying your regular prayers? (Y / N)
- 19. As regards the hoopla surrounding the 'Parsi Peg' do you believe that a lesser level of alcohol in the glass is nearly insulting? (Y / N)
- 20. Do you refuse to pull the plastic covering off the new car seats (or furniture) and rather it wore off on its own? (Y / N)
- 21. Do you always have an opinion on all things... or most? (Y / N)
- 22. Do you believe that life is meant to be enjoyed, celebrated and filled with happiness and laughter?

  (Y / N)
- 23. For women: Are you consumed by thoughts of your 'gangubai' more than that of your husband/boyfriend? (Y / N)
- 24. For men: When it's you, your wife/girlfriend, and your car/bike do you feel 'three's a crowd'? (the'third' reference being your wife/girlfriend, of course!)?
- 25. Do you crib about the 'koyla naataks' but never miss out on one on Navroze?(Y / N)

# Wishing All Our Patrons Saal Mubarak DADAR PARSEE COLONY GYMKHANA

#### Results: Count the total number of 'Y's (Yeses) scored. If you've scored:

Less Than 7 Ys: Low PQ Alert!!! You've probably been illegally smuggled into the Parsi sect! You need the Parsipanu vaccination ASAP! We suggest a daily diet of 'everything-Per-Eeda' and 'everything-Ma-Ghos' for all meals, downed daily with two 'Parsi Pegs' of your favourite alcohol. If you're a man, do remember to take apart your car/bike or any electronic device at home on Sundays. If you're a woman, enroll in Shiamak Davar's dance class. Your PQ should rise exponentially in a couple of months.

Between 8 Ys-15 Ys: Just about Average PQ! You're there, but not quite. But we're here to help. We recommend you youtube and watch Zubin Mehta's concerts every Monday, Wednesday and Friday; and the 'Dudh Ma Sakhar' series on Doordarshan every Tuesday, Thursday and Saturday, for three hours a day. On Sundays, visit a few Baugs and see if you're able to make any sense of the ongoing banter. There should be a gradual rise in your PQ within a few weeks.

Over 16 Ys: You're the Einstein of PQ, the pride of our community! You need no directionor guidance! You unapologetically epitomize the essence of Parsipanu! You're Bawa and you know it! Kudos!



#### Are You A 'KOYLA' Parsee

Nothing adds more to the gist of 'Parsipanu' than our Parsi nataks. We all love our Parsi dramas and it's a ritual during our Navu Varas to go for one with our families and friends. And though we end up calling some nataks 'koyla' for their mind-numbing levels of ridiculous slapstick, the truth is, we all look forward to our 'koyla-fix' all the same! So, "Are You A 'KOYLA' Parsi?" asks aapro Meherzad Patel, the foremost name in Parsi theater today; Writer and Director of several English plays and original Parsee-Gujarati nataks, including 'BOMBAY BAWA' on Parsee New Year this year.

o the editor calls me up and says - "Meherzad, I want an article from you for our paper, highlighting - 'Parsipanu' ... So I respond, "in general or just in my field of theatre and performing arts?" -"BOTH", she says. Ok, sure. And I hang up. But wait. Parsipanu? What is that? I don't know if that is an insult or an expression! Did you just belittle my field? For those of you who don't follow Parsi phrases often enough or meticulously, PARSIPANU, is, for the lack of a better word to explain, the typical behavioral traits that stereotypically allow one to identify directly instantaneously with one's kind and culture and creed and capabilities and ... stop me whenever! Ok - let's simplify it - BAWAS are koyla! BAWAS are eccentric!! BAWAS are mad, loud, neat freaks, who love to wash their car, have a drink, eat their meat, sleep after dhansak and whenever possible, punctuate ^%\$#%@#%@!\$!^#@\$%^ (fyi, if you've just read a lot of random symbols, then the editor has decided to censor my article, and rightly so I guess, don't want printed proof of MY Parsipanu!!)

So yes, I guess there is a bawa in all of us. I don't drink, I don't wash my car, I'm a vegetarian and dhansak isn't made in my house. Or as my wife puts it - dhansak without mutton is not dhansak at all! (Yeah sure ... guess who's not getting a well-cooked meal by their husband anytime soon!?) There is a bit of Parsipanu in all of us. The traits we portray spill over into our professional and personal. The life

unfortunate truth is that we're embarrassed of our culture and heritage. We don't like it when our non-Parsi friends make fun of our swag (that's another word for style), so we wear a shirt and a tie and shine our shoes and put on a smile.

In my profession, the 'Koyla Parsipanu' is surely still there with regards to Parsi Theatre - Nataks. Gujarati plays. Koyla Natak. Skits. Time Pass. Drama. It's referred to by numerous names. Theatre in Mumbai has four wings - the serious isolated Prithvi Theatre actors in Juhu; the Guiarati theatre actors who do 45 shows a month for an overflowing population of the Gujjus; aristocrats drinking cold coffee and watching an English play at NCPA,

Nariman

Point; and

a handful

Parsees

watch a play

only on 2 days

in the year - 21st

March, Navroze and

of

who

4000

will

18th August, Parsi New Year! And God forbid if you have a houseful show, the old Parsi aunties will shout at you, "how can you be houseful?"

"Aunty, we will have a repeat show in a couple of

a heavy lunch, preferably some place you get a buffet. All those people poking fun at our dwindling populations need to try going for lunch somewhere on Parsi New Year, good luck getting a table anywhere! All 50,000 of us are in some restaurant or the other! This is followed by

shower, go the Atash Behram,

pretend to know your kusti

prayers in front of the serious

Parsi aunties, go home,

spend an hour correcting and

educating all your non-Parsi

friends who've ignorantly

wished you "HAPPY PATETI"

- that Pateti is the last day

of the previous year, and

it surely isn't considered a

'happy' day, so don't wish

me that! This, followed by

CLOTHES. Don't forget to wear your new clothes on the New Year day! then And for go PARSI NATAK. Doesn't matter how good or bad it is. That is the beauty of a performance on this day. The audience

is in such a festive and good mood, that they'll watch anything with a positive attitude. They come dressed in their best outfits, smiles on their faces, and dinner reservations made. Yes, that is most important - dinner reservations made. No two ways about it!

When people call the box office to find out details about the play - it is never - who is the director? What is the play about? Who are the actors? What time does it start? Where is it? Is it even a play? They only ask one question - what time will the show end? Since we've got to make dinner reservations! Food!!! Food is so important to our community theatre, education, that professional responsibilities, et al take a backseat where food is concerned.

Yet, there is more Parsipanu on stage than I'd like. I urge my actors, don't behave koyla please. That phase has passed. And invariably my actors end up doing just the opposite. The audience does the same thing ... I get those yearly calls - "what are you doing this New Year? ... Hope nothing koylu!"

I deduced what the scenario was. It wasn't the play, or the restaurant's lavish buffet, it wasn't the quality of the natak ... what we're looking for is that feeling of being amongst our people on this auspicious and festive day. People don't care what they watch or eat or pray, as long as it is together. With each other. To me, that is true Parsipanu. Being with your fellow bawas ... then you can go for a natak, or a movie, or just for dinner ... even just sit at home ... but ... a true Parsi will do so in the presence of other Parsees ... that's Parsipanu to me ... Happy New Year ... and to my Non-Parsee friends ... Happy Pateti!





**E** Rmar Gems & Crafts

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outline on New Year's Day!

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the life of a Parsi will be on

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