



**BPP Chairman Yazdi Desai**

## Desai To Challenge Fine Imposition In High Court

In a strange turn of events related to the Munchi Cama Case, BPP Chairman Yazdi Desai has been charged a fine for his inability to attend a Hearing at the Charity Commissioner's, though he had intimated the advocates on either side, in advance of the same. Desai is unwilling to take the harassment lying down and has decided to challenge the fine imposition in the High Court.

Yazdi Desai has so far, patiently answered a total of 174 questions, spread

over 12 cross examination sessions, with each session lasting two hours. After his cross examination on 16th December 2016, Desai informed the Charity Commissioner (CC) of his inability to be present for the next day's hearing (on Saturday, 17th December, 2016) at 2:30 pm, as he had to attend a crucial professional commitment at Vadgaon, that had been planned weeks in advance, which necessitated his presence.

Since the advocate of

Objector No.1 (Dinshaw Mehta) had assured the Court in two earlier hearings that he would need only one more hearing to complete Desai's cross examination, Desai was given to understand that he would be able to attend his meeting as by then, his cross examination would have been over. In spite of a tight schedule, Desai volunteered to attend the hearing on 17th December if it were held in the morning, after which he could leave for his essential meeting at Vadgaon. However, the advocate of Objector No. 2 (Munchi Cama) said that he couldn't attend in the morning due to his father's surgery and therefore to keep the hearing in the afternoon. Strangely, this request was granted, even though he was not part of the present proceedings, as it is the counsel of Objector No.1, Dinshaw Mehta, who is currently cross examining Yazdi, and therefore Cama's counsel

was not even needed to be present for this Hearing!

Since it was impossible for Desai to skip his professional commitment, he informed his advocates of his inability to attend the Hearing and instructed them to inform the advocates of Dinshaw Mehta and Munchi Cama of the same. Though Yazdi's advocates complied, Dinshaw Mehta and the rest of the entire legal team, excluding Dinshaw Mehta's counsel, who was to continue with Yazdi's cross examination, turned up at the time of the Hearing and pressed the CC to levy a fine of Rs. 50,000/- on Desai for not appearing. The CC imposed a fine of Rs. 10,000/-.

Yazdi Desai's lawyers have filed an application with the Charity Commissioner to stay this Order since Yazdi will be challenging the imposition of the fine in the High Court.

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## FROM THE EDITOR'S DESK

### Nine X'mas Gifts To Give

Dear Readers,

As Parsis in India, we celebrate every festival with zest and glee. But I believe, of all the festivals we revel in, Christmas holds a special place in our hearts. The analogy is delightful and simple... just like Christmas essentially celebrates the spirit of giving, the essence of our very own Parsipanu lies in our strong sense of philanthropy - one of the primary defining factors attributed to being Parsi.

Yes, Christmas is a time for giving, and as we reach out to family and friends to spread the festive cheer, I hope we'll also open up our hearts to those who are lonely or in need, those lesser fortunate than us. But, there's gifts and there's gifts. A famous advertisement punch line goes, "There are some things money can't buy. For everything else, there's MasterCard." And though that line seems to have taken on a totally unprecedented dimension due to the ongoing demonetization, how about we focus on the former statement, 'there are some things money can't buy'? What could we give of ourselves this Christmas to all - family, friends, strangers - that embodies the real spirit of Christmas and Parsipanu, and remains pristinely priceless, untouched by currency (and, thankfully demonetization)?

Here's a list of nine invaluable gifts to give one and all, which best celebrates X'mas. Give...

**A helping hand:** If you notice anyone attempting a chore, don't ask if they need help, just join in and help them. Whether it's inside your house or office or out on the streets, helping people - whether friends or family or strangers - doesn't require a formal introduction, just an open heart. This one especially goes out to our youth - please put down your gizmos and help your parents/grandparents around the house!

**A listening ear:** A patient hearing does wonders for all relationships. And truly listen to what is being said to you. Resist the urge to argue, vocally or mentally. When you listen with grace, you will also be heard with courtesy.

**A comforting word:** Kind words are the balm to repair a sad, lonely heart and lift one's spirits. Be honest but be compassionate.

**A smile:** Nothing soothes the soul more than a genuine smile. Let your smile show in your eyes. Your smile is the best part of your personality. It radiates happiness and best of all, it's contagious! So, smile generously - there's no better way of spreading joy!

**Your presence:** Sometimes all you need to do is show up. Just be present. No need for words or actions. Sometimes, just being around is the greatest show of love and solidarity! So make those visits you've been postponing!

**Positivity:** Our tenets - Good Thoughts, Good Words and Good Deeds - empower us to be store houses of positivity! Share your positivity liberally. Sharing positivity makes it grow manifold and leaves everyone beaming!

**Respect:** To all of God's creations. The gift of respecting everything and everyone is respecting the Maker. And it does wonders to everyone's temperaments, especially the giver!

**Love:** The ultimate balm for the soul and all humanity! Love everyone, love everything, unabashedly. There is no greater gift to give or receive than love.

**Thanks:** Gratitude frames your destiny. Be thankful and demonstrate your gratitude in thought, word and deed to all who you feel grateful to, and then see the magic unfold.

Wish you all A Very Merry Christmas!

- Anahita

✉ editor@parsi-times.com

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## LETTERS TO THE EDITOR

### Clarification From BPP

I make a reference to an article published by an undisclosed author in Mumbai Samachar dated 18th December 2016 on Parsi Darshan page as well as a voice recording between Mr. Dinshaw Mehta, Ex-Chairman, Bombay Parsi Punchayet and one Mr. Jamshed Irani being circulated on WhatsApp wherein certain allegations have been made against the BPP Board of Trustees as well as the Administration regarding cash found in the cupboard of the BPP Ex-Chief Executive Officer, the late Mehli P. Colah. It is unfortunate that such allegations are insinuated without any clarification from the BPP. In response to these allegations, I would like to bring to the attention of our community members the following facts:

1) The Demonetization came into effect from the morning of November 9, 2016.

2) On 16th November 2016 i.e.

within a week from that date, I have addressed a letter bearing ref. no. BPP/POL/2 to the Sr. Inspector of Police, MRA Marg, recording the fact that the amount sealed in the Bombay Parsi Punchayet cupboard is in the denomination of Rs. 500/- and Rs. 1,000/-; further requesting him to guide as to how to proceed in the matter taking in view the deadline of December 30, 2016 for the exchange of old Rs. 500/- and Rs. 1,000/- denomination currency notes. This was done after intimating a few of the Trustees in the matter. The letter is available with the Bombay Parsi Punchayet in case anyone would like to verify the same.

3) After about a month had passed, Trustee Kersi Randeria personally went to the MRA Marg Police Station and met the Sr. Inspector as well as the Investigating Officer on 12th December 2016 and requested them to help the Trust by giving suitable

guidance to take the matter forward in the interest of the Trust. He once again handed over copies of both the letters - one being dated July 27, 2015 from the Police Authorities strictly advising the Bombay Parsi Punchayet not to use the cash of Rs. 20 Lakhs; where we were ordered: "Therefore, you are directed not to open the seal of the said cupboard and not to disposed off/not to divert said cash of Rs. 20 Lakhs for any other purpose till further communication from the M.R.A. Marg Police Station, Mumbai."; and another letter already referred to earlier dated 16-11-2016 addressed by the Bombay Parsi Punchayet to the Police authorities.

4) Under the order of the MRA Marg Police Authorities, the undersigned had been to the Police Station the very next day i.e. on 13th December 2016 and gave a Statement which was recorded by the Police.

5) On December 15, 2016 the Investigation Officer has replied to the Trust and asked the BPP to obtain necessary orders from the Court as the Police are now simultaneously investigating both the complaints viz., Rs. 20 Lakhs found in the cupboard as also for FIR filed by Ex- Bombay Parsi Punchayet Trustee, Mr. Khojeste P. Mistree with the MRA Marg Police Station against ex-Chairman Mr. Dinshaw Mehta.

6) Presently, we are in the process of making an application to the Court as per the guidance of the Police Station.

It is hoped that this clarifies the position, as of now, in the matter.

Cawas Panthaki  
Chief Executive Officer, BPP

## Zoroastrian Feature In The Christmas Story



**NOSHIR H. DADRAWALA**

Christmas is here and it's the season of joy and giving, and the story of the nativity and the probable Zoroastrian connection with the same. The Gospel of Matthew, the only one of the four Canonical Gospels to mention the 'Magi', states that they came "from the east" to pay respect to the one, "born King of the Jews." Although the account does not indicate how many they were, the three gifts led to a widespread assumption that they were three in number.

But, who were the Magi and why were they present at the birth of Jesus? Most scholars tend to agree that the Magi were priests of the Zoroastrian religion, the only religion in the ancient world other than Judaism that worshipped one God.

The Magi are popularly referred to as 'wise men' and 'kings'. The term *Magi* is the plural of Latin *magus* derived

from Old Persian *maguš*. The Magi were considered a type of sacred scribes among the Jews, adept in divination and interpreting specified scriptures for hidden meanings. The Greek historian, Herodotus, wrote that Zoroastrian priests, Magi, were one of the Mede's social classes and referred to them as a nomadic group of Shaman or spiritualist.

The Armenian Gospel of the Infancy provides names for the three Magi as Melchior, who reigned over the Persians;



Balthazar, who reigned over the Indians and Gaspar, who reigned over the Arabians.

But, why were they present at the time of Christ's birth? That remains a mystery. However, it is important to realize that at the time of Jesus, the borders of the Roman Empire were located just outside Palestine in the Jordanian desert, where the Parthian Empire began to rise. It is possible that the Magi were wandering about in that region

at the time of Jesus' birth'.

According to the New Testament, the 'Magi' or 'Wise Men' were also astrologers who saw a special star, followed it and found the child and presented him with gold, frankincense and myrrh. Early Christians saw significance in each: gold for the King, frankincense for divinity and myrrh for human nature.

The Magi are often depicted looking like Arabs. But, it must be remembered that for the first thousand years, the Magi were pictured correctly in all-white Persian attire. It is said that a Persian army once spared a Byzantine Church because of the fresco of the Magi on it. During the Middle-Ages, the Magi were portrayed-like all ancient people in

the dress of the Period. The believed remains/ relics of the three Magi were brought to Constantinople by St. Helena, mother of Roman emperor Constantine the Great, then, later moved to Milan. In the 1100s, they became the property of Holy Roman Emperor Frederick Barbarossa. He gave them to the Archbishop of Cologne, Germany. A cathedral for the relics was built, where they still remain.

## LETTERS TO THE EDITOR

### An X'mas Wish For Our Dear Readers

With faith great and love, decorate I, the X'mas tree.

Leaving upon it gifts of Manashni, Gavashni, Kunashni free.

If practice this we sincerely, the world, a wonderful place will be.

Ahura bless us will, if this truth we can, ourselves see.

Besides a little effort on our part, there is no fee.

Our efforts these, spread slowly will, across the sea.

Then this practice of Manashni, Gavashni, Kunashni will bring glee.

So my little gift, towards

happiness, is your precious key.

Afried Dastur

### Great Marketing Partner

I would like to thank PT and appreciate the benefits of being a Parsi Times patron! Not only does the superior quality content of Parsi Times provide an entertaining and informative Saturday read for us readers, but even the advertisers stand to gain!

I would like to share an excellent experience I've had with your leading community weekly. I wanted to sell off my car and decided to put up an advt for the same in the Parsi Times. I was impressed from the word go! The

cordial nature and helpfulness of the PT staff is splendid! The marketing team worked out a good price for me and I was assisted by the edit department for framing my advertisement too. I was delighted with the cooperative spirit of the team.

But the best part was yet to come! The day that my Advt appeared in Parsi Times, I got a large number of calls and my car got sold that very morning itself! I kept getting calls through the day and the week! I'm mighty impressed with the readership too!

Great going, PT! Keep it up!

Anita Bahadur Bharucha

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## Righteousness Is Religion

Start your weekend with positive vibes with inspirational excerpts from the acclaimed book, 'Homage Unto Ahura Mazda' by Dasturji Dr. Maneckji Naserwanji Dhalla of Karachi.



Righteousness is the pivot around which the ethics of Zarthushtra revolves.

Righteous and religious is the man or woman who is saintly and possesses noblest character. Righteousness is Thy will Ahura Mazda. It is the rule of our duty. The law of righteousness is the norm to which man has to conform his life in this world. Good thoughts, good words and good deeds form the ethical foundation upon which righteousness rests

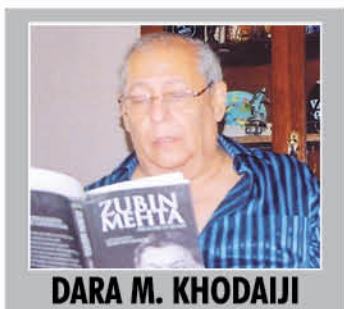
and the basis upon which the entire structure of the system of Mazdayasnian philosophy is reared. This noble truth at one so pithy and simple is accessible to all. It does not appeal to the intellectual few and leave aside the ignorant many, nor does it remain the prerogative of a few thinkers and philosophers; but it reaches all and becomes the cherished possession of the

prince and peasant alike. Every child of ours imbibes the triad of good thoughts, good words, and good deeds at its mother's breast.

Rituals help our spiritual development. They are the accompaniments of religion but not religion itself. Religion is righteousness. It rests on the individual's piety and not

on a scrupulous observance of ceremonials or a practice of elaborate lustrations. Let rituals then inspire religious fervour and devotional piety and righteous conduct in me. I shall seek all my life to gather a store of righteousness. Its use in this world lessens not its stock and secures salvation for my soul in the next, O righteous Lord of righteousness!

## Carols, Cakes And Christmas Through A Parsi Kaleidoscope



DARA M. KHODAIJI

A Parsi is an epicure. He enjoys all the fruits of life, and always has an excuse to celebrate, be it a birthday or an anniversary, a success at exams, promotion at work, or a festival... it matters not whether it is a Parsi festival, or Hindu, Muslim or Christian festival. Had Hanukkah been celebrated in India as a holiday, a Parsi would have gone out greeting Mazel tov and ordering a Kosher meal of Jewish matzo ball soup, fish gefilte and pecan pie!

Now that the Christmas is here, let me talk of Christmas and Bawajis. Zoroastrian connection with Christmas goes back by twenty centuries to the very day Christ was born and the three wise men, the magi, came to him bearing gifts. Magi were Zoroastrian priests. Today it is the other way around. Santa Claus comes bearing gifts for children all over the world

on the night of the Christmas Eve.

Tehminas, Mehermais and even apri Ruby's Meherbai, all busy themselves preparing for the Christmas cakes. Tehmuljis, Muncherjis and Meherwanjis help their better halves soaking raisins, sultanas, orange peels, candied ginger and cherries in rum, brandy or port, and they soak them till they themselves are pickled to their gills. This reminds me of two great makers of Christmas Cakes during my childhood days - The Jeenadarus and the Star Bakery. It is said that British would put in big orders of these round gobs of glee months in advance with Jeenadaru. They were sent to England to their families and friends there. Yours sincerely, who had the pleasure of tasting these mouth-watering creations can aver that the plum cakes that pass off as Christmas Cakes today, are but an insult to a discerning palate.

Mornings of winter and Christmastime are a pleasure time for a Parsi gourmet. What with *doodh na puff* and jelly as starters, and later a breakfast of *vasanu*, *eeda-pak* or *badam-pak*, a thick slice of the Christmas cake and the works. This is



the time when Bawajis indulge themselves with stuffed chicken and if the party is large enough, than the stuffed roasted suckling pig or stuffed turkey with chestnut and pine nuts, washed down with rich, red wine - maybe Merlot or Shiraz,

and later, generous helpings of pudding, and what have you? A euphoric Parsi planning a New Year bash while sipping Almond liqueur or Drambuie, made all the more pleasurable with the accompanying strains of Christmas carols on an ancient gramophone, tape-recorder, cassette-recorder, CD, pen drive or whatever is the latest, all kept in almost show-room condition.

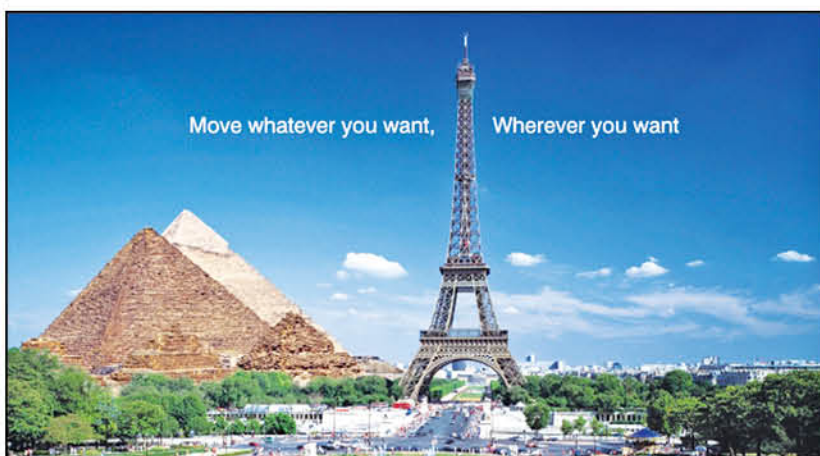
A Parsi's car, camera and his stereo-system are the topmost in his 'love-of-my-life hierarchy', followed almost neck to neck by his bottle of single-malt and dhansak, and just a short head behind by his - umm, let's say his wife.

Christmas carols, as also church music, are the greatest cultural contributions of Christianity. From George Fredric Handel's lofty Messiah or Bach's Toccata and Fugue,

to the popular classics Silent Night and White Christmas, to the frivolous All I Want For Christmas Is My Two Front Teeth - all form a very important part of western musical literature. I remember groups of carolers going around singing Christmas carols at night, days before Christmas in South Bombay. I wonder if it is done now. Maybe around Bandra or Dhobi Talao.

If Christmas comes, can New Year be far behind? Moti, Ruby and Meherbai are already planning what to wear for the New Year bash at the Parsi Gymkhana. Darabsha, the husband, is instructed to practice the finer points of Salsa along with a reminder, "Darab pela gaya varas ni kani faras na karto! Tango ma dip karva gayo ne uthayu nahi. Ekdum tight thai gailo. So embarrassing it was!"

Lev Sahebo, good times ni salamati! Merry Christmas and a very Happy New Year! And soon after, it will be our Jamshedi Navroz!



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## ZTFI Spreads X'mas Cheer!

It's going to be Christmas time soon and going by the spirit of the season, the Zoroastrian Trust Funds of India (ZTFI) organised an 'X'mas Special' during this month's 'Feed-a-Family' Program, held at Cama Baug, on 16th December 2016. Around 200 beneficiaries benefited from the 'Feed-a-Family' Program where packets of consumables like pulses, rice, oil, butter, as well as toiletries, etc. were distributed.

Since Christmas isn't Christmas without a Santa, ZTFI delighted everyone with their very own Parsi Santa, sportingly played by committee member, Vistaspar Mehta. Santa, along with ZTFI's Trustee Yasmin Jal Mistry, distributed cakes and beautifully customized coffee mugs, along with made-to-order ZTFI T-shirts especially for the occasion, amongst the excited beneficiaries.

ZTFI also conducted their monthly lucky draw, where three lucky winners stand to win branded household items of their choice every month. The

November 2016 winners beamed with joy as they collected their lucky prizes. For the dynamic Team ZTFI, nothing is more satisfying than taking time out and helping those in need, and to extend the Christmas spirit of giving simply added to the philanthropic flavour of this magnanimous organisation. At ZTFI, it's 'Community First', always! ZTFI sincerely thanks the Cama Baug Trustees for allowing the use of their premises free of cost.



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## Captain Colony's Annual Day

By Jasmine Sahukar

The Annual Get-together organized by the Captain Colony Welfare Association on 10th December, 2016, began with a traditional welcome in the form of a 'Gara Walk' with the theme 'Upholding our Past whilst Unfolding our Future'. The highlight of the evening was the musical non-stop 'retro Bollywood medley' put up by the residents from the ages of five to forty years, choreographed by Michelle Anklesaria. Chief Guest, Neville Daroga, ace weight-lifter and



The 'Gara Walk'



Captain Colony kids perform a medley



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## Porus Pavri Ordained A Navar

Er. Porus Cyrus Pavri, from Allendale, New Jersey completed his Navar ceremony on 18th December, 2016, at Bai Motlibai Wadia Adaran, Jogheshwari, under the able guidance of Er. Kekobad Panthaki, Er. Eric Dastur and Er. Khushroo Kanga. PT Congratulates the new Navar!



## 17th Anniversary Celebrations Of Shapoorji Fakirji Jokhi Agiary, Godrej Baug

-By PT Reporter Jamshed Arjani

The Godrej Baug Residents Welfare Association celebrated the 17th Anniversary of the Pak Aatash Padshah Saheb at Shapoorji Fakirji Jokhi Agiary, Godrej Baug on 16th December, 2016 with a jasan ceremony led by Panthaky Er. Harvespa Madon, and performed by Er. Delzaad Inspector, Er. Burgis Desai and Er. Kersasp Sidhwa. Organised at the Eco-Park, the Chief Guest for the evening was Dr. Aashish Contractor, an

death anniversary of Dastoorji Kukadaru Saheb and in honour of Homaji Khurshedji on his death anniversary, Homaji Ni Baj. Welcoming the gathering, President Farhad Hozdar said, "It is said that a community that prays and dines together, is the happiest. Godrej Baug is one big happy family with our Fire Temples as the storehouse of all the positive energies in the Universe. When prayers become a habit, miracles become a lifestyle". This was



Dr. Aashish Contractor and Er. Sheherazad Pavri with other dignitaries on the dais.



ex-resident of Godrej Baug, while the Keynote Speaker was Er. Sheherazad Pavri. Secretary of the Association, Sharukh Billimoria compered the evening that commenced with a Humbandagi, followed by a welcome song and a skit on Jasan rituals written by Pervin Sidhwa, directed by Jerbanoo Nargolwalla and performed by the young residents of the colony. The skit explained in detail the two jasans, viz., 'Zinde Ravaan Jashan' performed for joyous occasions and the 'Anushahe Ravaan Jashan' performed in honour of deceased people, on the death anniversary our Prophet Zarathushtra, the

followed by felicitations of the Chief Guest, Keynote Speaker and other notable individuals.

Chief Guest, Aashish Contractor who is currently the Head of the Department of Rehab and Sports Medicine at Mumbai's Sir H. N. Reliance Foundation Hospital and author of 'The Heart Truth', elucidated the contribution of Parsis towards our community and our country as a whole and also emphasised the need to work towards fitness and good health. The event concluded with prize distribution ceremony for scholastic excellence and other achievements, followed by the Zoroastrian Anthem and dinner catered by Er. Nariman Dalal.

a Shri Chhatrapati and Gaurav Puraskar Awardee, as well as a practicing Company Secretary, appreciated the performances and added, "The colony that dances together, stays together", alongside his wife, Navaz, the President's Gold Cord Guide who represented India in the World Jamboree as Guide Captain.

BPP Chairman, Yazdi Desai and Anahita Desai graced the occasion as Guests of Honour, with BPP Trustee, Viraf Mehta, joining in. Special Guest, Mangal Prabhat Lodha was felicitated by BPP Chairman Yazdi Desai for tarring the in-roads of our colony at no cost. Ably compered by Armine Mehta and Farzeen Anklesaria, the event awarded certificates and cash prizes to the colony kids for excelling in sports and academics.

A vote of thanks proposed by Chairman Rayomand Sabawalla enumerated a host of people in the form of donors, contributors and volunteers who spared their time and effort in making this event a success, with special reference to Zubin Gandhi and Hormazd Bhamgara. The event concluded with the recital of our Zoroastrian Anthem and a sumptuous spread catered by Khambatta Caterers.

### XYZ Celebrates Two Xtremely Wonderful Years!

By Taronish Khambata

XYZ (Xtremely Young Zoroastrians) celebrated its second Annual Day on 18th December, 2016, at KC College Auditorium, Mumbai. Host for the event and Founder, Hoshang Gotla welcomed everyone to the annual awards function, as 'Cyrus' Superstars' kicked off the event with XYZ's brand new song 'It's XYZ'. The all girls' group of 'Ketayun's Conquerors' from Avabai Petit Girls' High School wowed all with their brilliant gymnastic skills and swept the 'XYZ Athletic Meet Shield'. 'Cyrus' Superstars' won the XYZ Cook Off, while

and to family members who sleep outside the Tata Memorial Cancer Hospital. Carol singing and celebrations at the Parekh Dharamshala along with a special Christmas party on Sunday at Ahura Support would be in order to celebrate their new home at Masina Hospital.

The new addition in the XYZ family this year is 'Noshirwan's Knights' from Dahanu, Thane and Vikhroli with 30 members. Finally, names of the new office bearers of 2017 were announced and the swearing-in ceremony was conferred by Vada Dasturji Khurshed Dastoor. The event attended by 620 people ended with everyone singing Chaiye Hame Zarthoshti and the National Anthem.

Speaking with PT, Hoshang Gotla said



'Tehmurasp's Titans' won the 'Sing Along with XYZ' competition.

Udvada's Vada Dasturji, Khurshed Dastoor and Navroz Siganporia, Advisory Council Members of XYZ gave away awards to the Best Member from every group. Dr. Keiki Mehta and Dr. Zenobia Mehta, patron members of XYZ, presented the XYZ ACE Award 2016 for Achieving Continuous Excellence to the Founder of Theobroma, Kainaz Messman, while 10 year old Pearl Amalsadiwala was awarded the XYZ Xceptional Zoroastrian Award 2016 for her outstanding achievement in Table Tennis by PT Editor Anahita Subedar. The second half of the event included short skits and dances by 'Jamshed's Giants', 'Homai's Heroes', 'Daraius' Daredevils', 'Rustom's Rockstars' and 'Tehmurasp's Titans' among others, which made the XYZ groups reminisce the events, games and fun activities conducted through these years.

Following an overview of all the initiatives conducted by XYZ till date, the top awards of the organisation were presented by XYZ Advisory Council member Burjor Antia. The members of the Executive Committee, also known as the 'Artaxerxes' Army', were felicitated for the hard work invested. Hoshang Gotla announced that this year XYZ will be celebrating Christmas with various old age homes and orphanages by distributing gifts to children at BJ Orphanage,

year. I'm humbled and grateful for support that we are getting from our community members and the appreciation. It's all a complete team effort of the family members of XYZ. We have and will always believe that every member is MAD (Making a Difference)".

Vada Dastur Khurshed Dastoor and Navroz Siganporia presented 'Best Member' awards to winners Bezaan Shroff, Farah Billimoria, Ukshaan Dumasia, Kaiyan Dotivala, Hufriya Daruvala, Parzaan Badhniwalla, Zinta Avari and Jeraz Mody.

Next were Group Awards handed out by Burjor Antia for Outstanding Activities in Religion and Zoroastrian Culture to Behram's Battalion; Outstanding Social Service Activities to Rustom's Rockstars; Maximum Membership to Ketayun's Conquerors; followed by Diana Marfatia giving away the awards for Outstanding Administration to Tehmurasp's Titans and Excellence in Innovation to Behram's Battalion; and finally Dara Hansotia handing out Best President of the Year to Friya Elavia from Rustom's Rockstars; and Best Group of the Year to Ketayun's Conquerors.



"It's been an awesome experience and I feel truly lucky to be in a position to work with 600 children and so many more parents and volunteers throughout the

### BAF Petit Girls' High School On A Roll

The Bai Avabai Framji Petit Girls' High School's 54th Annual Athletic Meet held on 16th December 2016, saw students competing skilfully in various track and field events, across several age categories. The four houses Petit, Spark, Orbit and Ava were represented by the best athletes in each house who had trained for months to take their house points forward. Chief Guest, Sensei Cawas Billimoria, who presided over the Athletic Meet, appreciated the precision and delightful display of sportsmanship and the well-coordinated march past. Students were felicitated for their achievements in sports through the year, cheered on by an exuberant student and parent body.



On 17th December, the Petittes embarked on a melodious X'mas journey, being invited for the second consecutive year to the Festival of Festive Music conducted by the Stop Gap Cultural Academy at the NCPA. With fourteen professional choirs from Mumbai and Pune performing, the Petit school was the only school to be a part of this event, with the school's choir performance winning numerous compliments. The Petit girls also put up a brilliant gymnastic show at XYZ's 2nd Annual Day function on 18th December, 2016. Looks like the Petit girls are all set to take 2017 by storm!

### DPG's Christmas Magic



Dadar Parsee Gymkhana held its annual Christmas party on 21st December, 2016, at the grounds, amidst much fanfare and laughter with the young and old participating. This year the rides at the event included Fun City, Jumbo Slide, Mini Train and Fun Park. There were gaming stalls including Pin The Button On The Snowman, Car Racing, Ring Candy Canes, Stop And Throw, Tattoo and Hair Braiders. Santa Claus distributed gifts which were received with joy, spreading the message of giving.

## PRESS NOTE

## THE BOMBAY PARSI PUNCHAYET FUNDS AND PROPERTIES

209, Dr. Dadabhai Naoroji Road, Fort, Mumbai – 400 001.

The following Housing applicant whose name is published hereunder was shortlisted and approved by the Board of Trustees.

Before completing the process of allotment, the Trustees, as a matter of abundant caution, are publishing the names of the allottee so that if there is any adverse factor against the proposed allotment, the Trustees' attention may be drawn thereto latest by 13/01/2017.

Communication furnishing the full details of the objections should be addressed to the Chairman, Mr. Yazdi Desai, Bombay Parsi Punchayet, 209, Dr. D. N. Road, Fort, Mumbai - 400 001.

By Order of the Trustees of  
The Parsi Punchayet Funds and Properties, Bombay

23-12-2016  
MumbaiCawas S. Panthaki  
CEO

## LIST OF TENTATIVE ALLOTTEE FOR ACCOMMODATION IN BPP COLONIES

Sr. No	Name and Address of the Applicants
1	<b>Ms. Kainaz Jimmy Khan</b> D4/64, S.B. Bharucha Baug, S.V. Road, Andheri - West, Mumbai - 400 058. <b>Fiancee's Address:-</b> <b>Mr. Cyrus Kersi Balsara</b> K-7, S.B. Bharucha Baug, S.V. Road, Andheri - West, Mumbai - 400 058.

## RELIGIOUS ANNOUNCEMENT

## Christmas At The Kua

87th Humbandagi on Saturday, 24th December 2016 (Ava Roj) at the Bhikha Behram Well. A jasan will be performed at 10:30am, followed by Humbandagi at 11:30am. Farhad Aibara will further talk on Jamshed Padshah and the Peshadian Dynasty. This time, to celebrate Christmas and the joy of giving, you can carry a gift which will be donated to various orphanages and old age homes.

## કુવા પર નાતાલ

શનિવાર તા. ૨૪મી ડિસેમ્બર, ૨૦૧૬ આવાં રોજને દિને ભીખા બહેરામના કુવા પર ૮૭મી હમબંદગી કરવામાં આવશે. જશનની પવિત્ર ક્રિયા સવારે સ્ટે. ટા. ૧૦.૩૦ કલાકે તથા હમબંદગી સવારે સ્ટે. ટા. ૧૧.૩૦ કલાકે કરવામાં આવશે. ફરહાદ આઈબારા દ્વારા જમશેદ પાદશાહ તથા રાજવંશ પેશદાદીઆન પર ભાષણ આપવામાં આવશે. ત્યાર બાદ નાતાલ ઉજવવામાં આવશે અને તમારા દ્વારા લાવેલી ભેટ ઘરઘર તથા અનાથાલયોમાં દાન કરવામાં આવશે.

## Salgreh of Andheri Agiary

Salgreh of Panthaki Agiary, Andheri will be celebrated on 31st December, 2016. A Havan Geh ni Machi and a jasan on behalf of the trustees will be performed at 9am, followed by a Machi in Aiwisuthrem Geh. A Hama Anjuman jasan will be performed at 5pm.

## અંધેરીના પંથકી અગિયારીની શુભ સાલગ્રેહ

અંધેરીની પંથકી અગિયારીની શુભ સાલગ્રેહ રોજ સરોશ અને માહ અમરદાદને શનિવાર તા. ૩૧મી ડિસેમ્બર ૨૦૧૬ને દિને પડે છે. ટ્રસ્ટી સાહેબો તરફથી હાવન ગેહમાં માચી તથા જશનની પવિત્ર ક્રિયા સવારે સ્ટે. ટા. ૯.૦૦ કલાકે તથા અઈવિસુથરેમ ગેહમાં માચી તથા હમા અંજુમનનું જશન સાંજે સ્ટે. ટા. ૫.૦૦ કલાકે કરવામાં આવશે. હમા અંજુમનની માચી અને જશનનો કાળો સ્વીકારવામાં આવશે.

## Salgreh of Vatcha Gandhi Agiary, Hughes Road

160th Salgreh of Sohrabji Bomanji Vatcha Gandhi Agiary, Hughes Road will be celebrated on 31st December, 2016. A jasan on behalf of the Trustees will be performed at 9:30am, followed by a Humbandagi and a religious talk by Er. Darius Pervaz Bajan.

## સુહ્રાબી રોડની વાચ્છાગાંધી અગિયારીની ૧૬૦મી શુભ સાલગ્રેહ

સરોશ રોજ, શનિવાર તા. ૩૧મી ડિસેમ્બર ૨૦૧૬ને દિને, શેઠ સોરાબજી બમનજી વાચ્છાગાંધી ટ્રસ્ટીની ૧૬૦મી સાલગ્રેહ પડે છે. સવારે સ્ટે. ટા. ૯.૩૦ કલાકે શુક્રગુજારીનું જશન ટ્રસ્ટી સાહેબો તરફથી કરવામાં આવશે. જશનબાદ હમબંદગી અને ચારની થશે. સાંજે સ્ટે. ટા. ૪.૩૦ કલાકે સ્ટાફ તરફથી જશનની ક્રિયા થશે. જશનબાદ, જાણીતા ધર્મજ્ઞવ્યાસી એરવદ સાહેબ દ્વારા પરવેઝ બંજા ધાર્મિક ભાષણ આપશે. વિષય: જરથોસ્તી ધર્મ પ્રમાણે આતશનો દરજ્જો અને તેની આરાધના. ઉપલા સર્વ કાર્યક્રમોમાં ભાગ લેવા સઘળા હમદીનોને ટ્રસ્ટી સાહેબો તરફથી આમંત્રણ છે.

## Behram Roj Humbandagi

2nd Humbandagi on Behram Roj will be held on Tuesday, 3rd January at Behram Yazad Shrine, Dadysett Atashbehram, Fanaswadi, Mumbai at 6pm, followed by a talk by Er. Darayesh R. Katrak on why 'Behram Yazad is considered important', and to light refreshment thereafter. All Humdins are cordially invited.

## બહેરામ રોજની હમબંદગી

મુંબઈ, કણસવાડી ખાતે આવેલ દાદીશેઠ આતશબહેરામમાં બહેરામ પઝદના શ્રાઈન પર બીજી હમબંદગી મંગળવાર તા. ૩જી જાન્યુઆરી ૨૦૧૭ને દિને સાંજે સ્ટે. ટા. ૬.૦૦ કલાકે કરવામાં આવશે. એરવદ દારાયસ આર. કાત્રક દ્વારા ભાષણ આપવામાં આવશે. ત્યારબાદ લાઈટ રિફ્રેશમેન્ટ થશે. બધા હમદીનોને આમંત્રણ છે.



## Reviews

Hoshang K. Katrak



## DANGAL

Think wrestling, and the late Dara Singh comes willy-nilly to mind. Aamir Khan was born in the year India's most famous wrestler made the eponymous Rustom-e-Hind (1965), a title he was bestowed with 11 years earlier. No wonder then that the punctilious and given-to-precise-details actor was fated to make, and star in, a film on wrestling

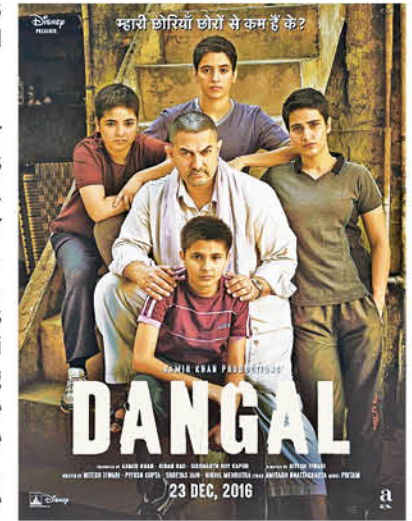
Mahavir Singh Phogat (Aamir) yearns for a male child so that he can transform his aborted dream of being an international level wrestler. After his wife Daya Kaur (Sakshi Tanwar) delivers a fourth girl child, the crestfallen Mahavir abandons all hope, that is, till one day, his two elder daughters Geeta (Zaira Wasim) and Babita (Suhani Bhatnagar) thrash a couple of boys for passing inappropriate comments. That's when he realizes that 'Mhaari chhoriyaan chhoron se kam nahi' and a gold medal is a gold medal, be it a male wrestler or a female. Putting the girls under a rigorous regimen he trains them till the now grown-up Geeta (Fatima Sana Sheikh) and Babita (Sanya Malhotra) are ready to take on the world's best at the New Delhi 2010 Commonwealth Games.

Dangal (wrestling pit) is the heroic tale of Mahavir Phogat who defied the system, surmounted all odds and prevailed over his conservative wife to nurture his two daughters to the pinnacle of glory. Aided by spot-on casting, it's a superbly scripted film with masterly performances from the lead actors as also from the young Ritwik Sahore ('Kayo' of Ferrari Ki Sawaari) and Aparshakti Khurana (grown-up) who play Aamir Khan's nephew. Girish Kulkarni as the National coach who annuls Fatima's father's tactics and techniques, but steps forward to hog the credit when his ward excels, shines. Vivan Bhatena appears in a cameo towards the end. It is easily Aamir Khan's best performance in a long time. And whether it is the feisty Fatima revelling in her newfound freedom at the National Sports Academy or Daya Kaur restraining her husband from feeding their children non-vegetarian food, director Nitish Tiwari extracts consummate portrayals from his entire cast.

Despite a few cinematic liberties towards the end, the film is, at heart all about woman emPOWERment. The background music manages to keep convenient pace with the on-screen action. After SRK in Dear Zindagi, one more Khan has 'matured' — reportedly putting on 25kg for the role of the flabby 55-year-old and then losing 22 kg to essay the young Mahavir. When will the third Khan mature?

Genre	Biography, Sport, Drama
Minutes	161
Director	Nitesh Tiwari

4.0



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# Kudos Kaivan Fatakia!

**Sensei (Master) Kaivan Fatakia**, is the 31-year-old Indian representative of the International Karatedo Gojukai Association (IKGA). PT shares his story of resilience, which is being celebrated at the global event, 'Karatedo Gojukai India - National Training Camp and Championship 2016', from 26 to 29 December, 2016, at Rustomjee Cambridge International School, Virar.

From an early age, Kaivan Fatakia, originally from Pune, was fascinated with Karate. So consuming was his passion that by the tender age of just 13, he was already a black belt! Kaivan knew early on that this was to be the career he would pursue. He determinedly studied Goju-Ryu Karate and with each subsequent kata (Karate sequences curated for practice) and kumite (fight), he mastered its form, discipline and strength. It was this strength that he drew from, to vanquish life-changing adversities like losing his father when he was still in his early teens or being diagnosed with Stage 2 Acute Myeloid Leukaemia, a form of blood cancer, at the age of 30.

Trained under the guidance of Vispy Kapadia, the then head of the IKGA, Kaivan moved to Mumbai and began teaching and training this art. His affinity for children combined with his dexterity as a Kata and Kumite expert, who had himself earned the reputation of a champion on the international platform, resulted in his students winning numerous local, national and international competitions, in turn winning him global accolades.

In 2015, an upset in the order of the IKGA - India contingent left the seat of leadership open. After due diligence, the IKGA heads in Japan decided to award the dynamic Sensei (Japanese for reverent master) Kaivan the prestigious position of IKGA's representative in India, in keeping with his steadfast passion for the sport, uncompromising commitment to discipline and a personality characterised by respect and empathy towards others. He accepted this responsibility with grace. A few months later, he was diagnosed with cancer.

The severity of the treatment turned his world upside down, leaving him unable to continue his practice for over a year, where he endured chemotherapy, bone marrow transplants and various other medical procedures that left him exhausted and in acute pain. Though it was



primarily the discipline and grit he had imbibed through his practice that saw him through this nightmare, emotional and financial support came pouring in from all ends - from friends, students and their parents, mentors and the do-gooders of

Sensei Kaivan Fatakia has represented India at various International Championships and has been National Champion numerous times. He has acquired a 4th Degree black belt from IKGA, Japan. A high-ranking instructor and the Head Coach of Karate Gojukai India, Fatakia has trained the Mumbai Police and other Government Security for years. His students have won innumerable gold, silver and bronze medals at World Championships.

the community. Hanshi Goshi Yamaguchi, the head of the Gojukai Karate worldwide, personally coached him to deal with the pain and Kaivan won this battle for survival like a true champion! A year later, he was medically given the 'cancer free' green signal and he was back on track, ready to start life over.

As the India IKGA head, Kaivan trains and guides students pan-India. He conducts belt exams and delegates responsibility. He will hold his first Annual Camp this month from the 26th to the 29th of December. The camp is a tradition and attended by students and instructors from across the country where Kaivan and his instructors will train Karate enthusiasts in Mumbai. As a show of support

and respect for the indomitable spirit of Sensei Kaivan, this year's camp will be graced by international Karate greats! VP of IKDGA, Hanshi Peter Brandon will grace the camp. Hanshi Peter Brandon from South Africa, the President of All Africa GojuKai Association; also the Head Coach of the South African Karate National Team and the Official Trainer for the South African Armed Forces will also be present. As will be internationally acclaimed Kumite coach from Iran, Shihan Hamidreza Nimehvari, who will train students and instructors in Kumite; and Shihan Ghulam Mughal from Sweden, certified in unarmed combat as well as a certified Yoga Trainer, who will train students and instructors in Kata and unarmed combat.

Says Sensei Kaivan, about the future of Karate in India, "I'm excited about the future. Karate is now included in the Olympic Games and I firmly believe in the values taught by Gojukai Karate. I hope to be the person to carry the Gojukai Karate torch for India, and lead my team into winning the Olympics and across other world championships. I wish for all enthusiasts to imbibe the true essence of discipline that would last them a lifetime."

#### Some Highlights Of Sensei Kaivan's Brilliant Achievements:

- **1994-1995 & 1999-2001:** Gojukai National Championships, Pune
- **2005:** Participation in World Championships, Netherlands
- **2007:** Mumbai Mayors Cup Champion
- **2009:** National Champion in Chennai (Gold Medal) and Selected for Asian Games 2010

- **2010:** Participated in the World Karate Federation Championships in Serbia
- **2011:** Akshay Kumar International Championship in Mumbai (Gold Medal) & Gojukai Asia Pacific Championship in Thailand (Bronze medal)
- **2012:** All-India Karate Federation National Champion (Gold Medal)
- **2013:** Ranked number 4 in Gojukai World Championships
- **2014:** Coached Indian National Team for World Karate Federation in Croatia



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**Date:** 26th to 29th December, 2016  
**Venue:** Rustomjee Cambridge International School, Virar, Mumbai  
**Pls Note:** Travel, food and stay provided by the Camp.  
 For details, contact Kaivan Fatakia on 9967827897 or 9930463101.

## Shree Mahuva Parsi Anjuman Appeal for Donation

In the year 1859 Parsis of Mahuva established a Dadgah for which they have generated money from their own sources. Later on Anjuman got a new building in 1910. Shri Ardeshir B. Patel (Patel Agiyari, Andheriwala) was the main donor for the new building. Time to time the building was renovated and in the near past complete renovation and repainting was carried out in 2010 and 2016. Our Manekwadi (a community hall) was renovated in 2014 and the income of Manekwadi is utilized for the recurring expense of the Agiyari. Agiyari's centenary celebration, reopening of Manekwadi, felicitation of academic achievers (minimum qualification Master degree), Navjote ceremony of a young daughter of Anjuman's caretaker, felicitation of Shri Rustom Kodia who served the Anjuman for more than 25 years, honouring members who served the society in different ways and felicitation of couples who completed 50 years of their married life are some of the activities carried out by the Anjuman to the best of our satisfaction. Recently the Anjuman in collaboration of Mahuva Gram Panchayat named our Parsi Street as 'Lt Cdr Firdaush Mogal Marg.' (Mahuva is the native place of Late Firdaush).

**Our Anjuman is in possession of 24 vighas Dokhma land. It is our endeavour to protect and to develop the land so as to get income from the same. Plantation of Baval trees (for kathis) on this land is possible. The cost of fencing and leveling is Rs. 32 to 35 Lakhs. We have already collected Rs. 15,27,000/-.**

**No amount of donation will be too small and any amount received, shall be judiciously used for the stated purpose. Cheques / DD may be drawn in favour of "Shri Mahuva Parsi Anjuman".**

**Hosi G. Bajina**  
 President  
 At. Post Mahuva, Dist. Surat 394 250  
 Mobile: 09924122122

# X'mas Makeover With Arshis



ARSHIS JAVERI

Christmas has always been one of my favourite festivals with the weather being perfect to dress up and it just gets better, when added with gifts and surprises. When it comes to my profession, I have always been in treat to work with powerful women. Arnaz Khan was a perfect example when we selected her for the perfect X'mas gift- a surprise 'Christmas Makeover'. Being a previous Parsi Times reporter she was most excited to be a part of the publication after two years, but this time she was pleased to be featured in it herself!

I began the makeover with a natural yet sparkly look, with a natural gold pink eye shadow, followed by a mascara and further filed the water line with a black khol. After smudging her eyeliner, I layered her eyelashes with high volume mascara. Always remember, your eyebrows define your face. We lightly filled and shaped Arnaz's

Parsi Times brings you yet another fabulous transition With Makeover Maestro Arshis! For those of you looking to get your very own makeover with Arshis featured in Parsi Times, get in touch with us!

natural eyebrow with a defining eyebrow powder. With the festive spirit in mind, I used a cheery pup red liquid lipstick to complement the dress designed by Shazia of Shazzle. Neelam from 'Makeover Salon', Bandra tressed her with a high uber chic pony tail. Voila! Arnaz was ready to dance away with Santa!

Do let us know if u enjoyed the makeover and keep sending in your pictures if you want to be a part of the next PT Makeover. On behalf of the entire team of 'Arshis Javeri Make Up Hair And Styling' we wish you and your loved ones A Merry Christmas and a prosperous New Year 2017!



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**SHIRIN MERCHANT**

## Happy Holidays!

Christmas is the most wonderful time of the year for celebration and joy. Yet, the festive season can be fraught with dangers for our pets. Go through our holiday guide to keep your pet safe and content this season.



### I Stole The Christmas Pie...

Christmas is a time of feasting and merriment. While you are stuffing the turkey or baking cookies, keep an eye on Fido - most Christmas treats can be harmful to dogs. It's a rare dog that doesn't enjoy sharing your Christmas meal with you.

- Experts suggest that while it may be alright to give your dog a few pieces of turkey, too much of it or other rich foods, like gravy, ham, trimmings and buttery sauces can cause pancreatitis - an inflammation of the pancreas.
- Chocolate can cause theobromine poisoning - an over stimulation of the nervous system - and can be fatal. Even a small amount can cause lethargy, vomiting and diarrhoea.
- Onions fed over a long period of time can cause anemia.
- Bones cause choking, internal punctures and in some cases, even death.
- Macadamia nuts cause indigestion, and raisins are known to lead to kidney failure.
- Even a small amount of alcohol can be poisonous for dogs. Keep alcoholic drinks, especially eggnog, away and remind your guests not to feed the dog and keep their unfinished glasses out of reach.
- Cookie dough can be tempting but can harm dogs. It expands in the stomach causing gastro intestinal pain. And should it contain chocolate chips or macadamia nuts, the complications increase.
- Secure the garbage bin. During the holidays, the garbage can is full of interesting flavours and smells. Throwaways such as bones, empty wrappers, plastic bags, foil, plastic wrap and paper, if eaten, can cause abdominal discomfort, intestinal blockage, vomiting and diarrhoea. Spoilt and rotting foods contain toxins, which can cause a dog to go into shock. It would be sensible to remove leftovers from the table and not leave garbage where your pet can get to it.



It's best not to share holiday goodies with your pet. If you can't resist those melting eyes, give a healthy doggy treat instead.

### There's Christmas In The Air...

The festive season can be chaotic for a dog at home. Keeping simple rules in mind and watching out for your dog during the holidays can help you and your pet survive any untoward holiday accident.

- Not all dogs share their owner's enthusiasm to welcome guests. Reduce festivity stress by maintaining your dog's regular feeding and exercise routine. Too much excitement can be bad for your dog's health - give him a safe place to escape to which allows him peace and privacy to prevent aggression.
- Keep candles out of tail's reach, preferably on a high counter or table to avoid singed

whiskers. A wagging tail can easily knock over a candle and start a fire.

- Keep all gifts out of your dog's reach, especially packages that smell of food. A bored or inquisitive dog can try to investigate presents lying around. Small toys, wrapping paper, ribbon and string can cause choking and intestinal blockage and often need to be removed surgically.
- Avoid using breakable glass ornaments and holiday decorations, especially on the lower branches. A dog may chew them and suffer cuts in the mouth, or step on broken bulbs and cut its paws. Pet owners should also avoid tinsel and garland, as this can cause intestinal obstructions and other gastrointestinal issues. Also avoid using edible holiday decorations - they may just end up as your pet's next snack!
- Make sure you fasten all holiday lights and wires securely and out of your dog's reach.

Dogs, especially puppies, may get entangled in hanging wires or cords and hurt themselves. A bored dog would find a hanging

wire very tempting to pull, resulting in serious injury. Remember to unplug all the decorative lights when you are out - a dog can get electrocuted if he chews on a live wire.

- Place holiday plants out of reach. Certain festive plants, such as poinsettia, holly, ivy and mistletoe are toxic to pets. If ingested, they can cause nausea, vomiting, drooling, diarrhoea, coma or even death.

Shirin Merchant looks forward to answering all relevant queries from our readers. Please write in to: [k9cancare@hotmail.com](mailto:k9cancare@hotmail.com) or [mailparsitimes@gmail.com](mailto:mailparsitimes@gmail.com)

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**Chomp With Bacon-Roasted Chicken With Potatoes**

**Ingredients:**

6 chicken thighs and 6 chicken drumsticks; 12 slices bacon; 1 kg small round potatoes; 1 onion, coarsely chopped; salt and black pepper to taste. Prepare the Seasoning Mix: 2 tablespoons dried chives; 2 tablespoons dried basil; 1 tablespoon garlic powder; 1 tablespoon oregano powdered; 1 tablespoon ground black pepper; salt to taste

**Method:**

Preheat oven to 400 degrees F or 200 degrees C. Wrap each chicken piece in a slice of



bacon, trying to cover as much of the chicken as possible. Place the wrapped chicken pieces in a flat, large baking dish, season with salt and pepper, and sprinkle the onion over the chicken. Push potatoes down into the spaces between the chicken pieces and around the edge of the dish.

Combine the Seasoning Mix in a small bowl, and sprinkle generously over the chicken and potatoes. Now set it to

bake in the preheated oven for 1 hour, until the bacon is crisp and brown and the potatoes are tender. Serve hot with garlic bread.

**Marzipan**

**Ingredients:**

250 gm blanched almonds; 250gm icing sugar; 1 egg white; finely grated zest of half a small lemon, unwaxed; 1 teaspoon rose water.

**Method:**

Sift the icing sugar. Grind the almonds with the sifted icing sugar to a fine flour. Add



egg white, lemon zest and other ingredients of choice and knead well. Wrap the marzipan in plastic wrap and leave overnight in the refrigerator. You can use it for different recipes, as decoration or as an ingredient and make fun shapes with it too.

**Cheers With Egg Nog**

**Ingredients:**

4 cups milk; 5 whole cloves; 1/2 teaspoon vanilla extract; 1 teaspoon ground cinnamon; 12 egg yolks; 1 1/2 cups sugar; 2 1/2 cups light rum; 4 cups light cream; 2 teaspoons vanilla extract; 1/2 teaspoon ground nutmeg.

**Method:**

Combine milk, vanilla, and

cinnamon in a saucepan, and heat over lowest setting for 5 minutes. Slowly bring milk mixture to a boil. In a large bowl, combine egg yolks and sugar. Whisk together until fluffy. Whisk hot milk mixture slowly into the eggs. Pour mixture into saucepan. Cook over medium heat, stirring constantly for 3 minutes, or until thick. Do not



allow mixture to boil. Strain to remove cloves, and let cool for about an hour. Stir in rum, cream, 2 teaspoon vanilla, and nutmeg. Refrigerate overnight before serving.

**WINNING CAPTION!!!**



**"Maaf karo baba, aage jaao! Chhutte paise nahi hain!"**

- by Dinshaw P. Bilimoria, Valsad

**CAPTION THIS!**



Calling all our readers to caption this picture! The wittiest caption will win a fabulous prize! Send in your captions at [mail.parsitimes@gmail.com](mailto:mail.parsitimes@gmail.com) by 29th December, 2016.

**CHECK IT OUT**

**All Parsis Rink Football**

The much awaited 'All Parsis Rink Football Tournament' will commence from 9th January, 2017 at the Bai Jerbai Baug Ground. Registrations open till 25th December, 2016. For registration and details, contact: Danesh Avasia on 9930557177 or Zubin Luth on 9819950862.

**FaroHar Films Neki Ni Kharidi**

FaroHar Films presents 'Neki Ni Kharidi- Part 1' in Dudh Ma Sakar Series on 25th December, 2016 at 12 noon on DD- Girnar Channel.

**Know Your Bombay!**

Parsi Times brings you interesting facts about our beloved Bombay! Explore this city's amusing history and get to know why and how so many streets and places got their names with KYB!

**Portuguese Church:** The Church of Our Lady of Salvation, popularly referred to as Portuguese Church, was built in 1596 by the Portuguese Franciscans who called it Nossa Senhora da Salvação. It is one of Mumbai's oldest churches located at Dadar. The present structure designed by famous Indian architect Charles Correa, was constructed between 1974 and 1977. The Cross was built in the 19th century, constructed in the late Baroque Portuguese style. It was erected inside the church compound, however, when the church ceded land to the Municipality for

road broadening, the Cross ended up outside the walls of the Church.

**Mahim:** The name Mahim is derived from the ancient word 'Mahimavati' meaning 'miraculous', in Sanskrit. Other historical names for the area include Maijim, Mejambu, and Mahikawati. Mahim was one of the seven islands that originally made up Mumbai. Mahim, or Mahikawati as it was known, was the capital of Raja Bhimdev, who reigned over the region in the 13th century.



Portuguese Church



Mahim

## The Fourth Magi



RUBY LILAOWALA

We all know the story of the three wise-men of the East who traveled to Bethlehem, following a star, to see Baby Jesus. Well, there was a fourth wise man who also followed the star. A very different Catholic version of this story was first read out on X'mas day of 1892 at the service of New York's Presbyterian Church. Ruby Lilaowala shares the gripping story with the readers of Parsi Times.

We have all heard about the three wise men of the East who traveled to Bethlehem, following a star, to see Baby Jesus. Well, there was a fourth wise man, a fire-worshiper from Persia, who also followed the star. This is his story. A very different Catholic version of this story was first read out on the X'Mas day of 1892 at a service of New York's Presbyterian Church. I have adapted the same for the readers of Parsi Times, especially because there are indications that the fourth Magi was a Zoroastrian.

King Harod was ruling Jerusalem while inside a mountain in Persia (Daemavand?) there was a council being held by the Great White Brotherhood (Abed and Magav Sahebs). They revered fire and the leader waved a sacred bunch of branches and fed the fire with fragrant pine-sticks, singing to Ahura Mazda, the Divine Spirit of all wisdom, all purity and all goodness (Humata-Hukta-Havrashta). They had searched the secrets of nature, studied the healing virtues of water, fire and plants and could see the future by studying the position of stars. They were called the Magi and they practiced white-magic to save mankind from the dark side of nature.

On a particular night, they saw two great planets meeting and knew that a great soul was about to be born (Jesus) in Jerusalem, where the celestial light pointed. A young man dressed in a white vest held with a woolen girdle (sadro and kasti) was chosen to go and gift the divine baby three things viz. an emerald, a ruby and a pearl. He set off on his horse through hills, valleys and plains to reach Babylon.

There he saw a man, dying,

with vultures waiting patiently around him while his bony fingers closed convulsively on the hem of the pure white Magian robe (Jammo?). He wondered what claim this unknown human life had on his service. He carried him under a palm tree, moistened his parched face and gave him some water. Taking out the potent remedies from his girdles (Magis were skilful physicians) he laboured until the man's strength returned. He was a beggar having no money for food. To give him the gift of life, the Magi gave away the emerald to him. "I have nothing to give you except blessings" said the beggar.



The Magi crossed the desert by following a train of camels and reached Bethlehem where he saw a young mother hiding a new-born child and running away from King Harod's soldiers. Astrologers had warned King Harod that a child called Jesus will grow up to destroy him and put an end to his cruelty. So Harod had ordered every new-born child to be killed. Just as the soldier raised his sword to kill the child, the Magi said, "Spare the child and I'll give you this ruby." The soldier, amazed at the gem's splendour, glittering on the palm of Magi's hand like a drop of blood, snatched it, telling other soldiers: "March on. There's no child here." The mother blessed the Magi and disappeared.

The Magi passed several towns, saw famine; poor people fighting for bread, plague-stricken cities where

the sick languished in pain. In this scenario of misery, he fed the hungry, healed the sick and comforted the captive. He lost his way in the desert. He traveled for years until his black hair turned white. He reached Golgotha where he saw a young man with a halo round his head (Rayomand, Khorehmand), full of spiritual energy and light carrying a cross while King Pilate's soldiers whipped him. Why? He asked. "Because, he is King of the Jews and even his best Apostle Judas has betrayed him."

The ways of God are stranger than the thoughts of men. Just nearby, Macedonian soldiers were dragging a young girl with a torn dress. She managed to free herself from her tormentors and clasped the Magi's feet saying: "My father was a merchant but he is dead and I am seized for his debts to be sold as a slave - save me!"

Twice before, the gift he had consecrated to religion had been drawn from his hand to the service of humanity. This was his third trial. He took the pearl from his bosom to help the helpless girl because this was the true deed of love, and love for humans is real love for God. Serving humans is serving God. The pearl had never seemed so luminous. He put it in the slave-girl's hand, saying, "This is your ransom, daughter."

He had parted with the last hope of finding Jesus, seeing him or gifting him the three precious gems. He failed but still he felt peaceful because he had done the right thing. His capsule-prayer 'Ashem Vohu' said, "Do the right thing for the sake of doing the right thing." If he had his life all over again, it could not have been otherwise.

When he reached Golgotha again, there was a sudden huge pulsation of an earthquake and a roof-tile fell on the Magi. As his consciousness was slowly

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(०२२) २४९४७६४२

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## SUDOKU

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## SUDOKU

SOLUTION (24-12-2016)

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3	4	9	5	8	7	6	2	1
8	6	5	2	1	3	7	9	4
7	1	2	4	6	9	8	5	3

fading, he saw the young man carrying the cross, telling him, "You, my fourth Magi are the best. I have accepted your present of the emerald, ruby and pearl."

He disappeared and a vision of the Great White Brotherhood appeared bearing golden robes for him (Golden- Siav). The Celestial sisters, Meher and Rashna bowed before him and he saw a most beautiful 16 year old girl take him by hand to a bridge (Chinvad). "Who are you?" he asked. "Your good deeds (Kedar). That's who I am." she replied.

One long last breath

exhaled gently from his lips. His incarnation had ended. His gifts were accepted. He heard the sweetest Celestial music in a garden (Garothman) filled with endless light (Anasar-Roshni). There he stayed forever.

## Customised 'Parsi Fitness' With Madhuri Ruia

**Fitness guru, Madhuri Ruia** has dedicated two decades to her passion of elevating fitness levels in people - be it through her state-of-the-art fitness gymnasium and Pilates center - Integym; her compelling columns in popular dailies; or through her inspiring workshops. However, what sets her apart, is her overwhelmingly large number of Parsi clients which makes Madhuri a specialist in Fitness for Parsis! **Parsi Times Special Correspondent Delaveen Tarapore** catches up with Madhuri Ruia and extracts some low-calorie nuggets for our readers' good-health consumption.

Taking her efforts to the next level and a larger audience, Madhuri penned her first fitness novel, 'Who Stole My Calories?', India's very first Fitness Fiction-cum-Self-Help novel, which was recently launched on 18th December, 2016, with acclaimed media personality and TV journalist, Rajdeep Sardesai, who interviewed this vivacious and dynamic health expert. 'Who Stole My Calories?' is designed to spark the reader's curiosity while involving them with emotion and intelligence based on the fiction characters, with the sole aim of providing motivation and hope to all those who wish to achieve and better their fitness goals. 'Never give up on your own or another's fitness' is Madhuri's mantra and she follows it with unflinching zeal even in her 50s, much to the envy of the millennials!

**PT:** Madhuri, you have numerous Parsi clients who join your gym (situated opp. Cusrow Baug in Colaba). Are there typical features that set them apart with regard to aspects like lifestyle, eating habits, exercise and health-consciousness?

**Madhuri:** Yes, absolutely! The Parsi larger-than-life love for the good food and life, and the insatiable excitement for lagan-nu-bhonu and exploring new cuisines, sets them apart! Most Parsi clients are well read and traveled and enjoy a wide variety of world class cuisines. That makes it easier for me to provide a healthy,

non-vegetarian diet. I also love the variety and numerous ways with which Parsis use egg - one of nature's healthiest, and the diet-world's most controversial food. The challenges that I face with my Parsee clients is their dislike for vegetables and affinity for fried foods like lacy cutlets and the habitual desert and custard, that are addictive habits.

In terms of exercise, Parsees are usually strong and largely uninhibited. Some of our best power-lifters and weight-lifters are Parsis. Badminton and swimming are favourite sports with the youth. Women mostly like yoga, salsa and aerobic workouts. At the gym, women prefer our functional workouts that are peppy and keep to Bollywood or fast beats. We are really proud that we have so many senior citizens, including cancer survivors and those with knee replacements, coming in regularly to weight-train! The health consciousness is weight-reduction centric and the rush is closer to the wedding season.

**PT:** As Parsis are primarily non-vegetarian, what kind of a diet would be best suited for those who wish to lose weight or maintain?

**Madhuri:** Non-vegetarian is a good first choice for weight loss. Cooking methods must change

from the traditional deep frying to using no more than one liter of ground nut oil per person, per month. Oats and milk with cinnamon and 1/2 -1 apple on waking, 3 egg-whites with one yolk, mushrooms and multigrain toast with olive paste tapenade for breakfast; chicken with brown rice and steamed vegetable for lunch; chana-sing with coconut water as an evening snack; and grilled fish with sauted spinach and quinoa pilaf could be a great diet for

Smita Srinivasan. Who Stole My Calories? is for all who choose health and fitness as a top priority. Filled with path-breaking nutrition charts and workout routines to pep you up, this book will help you find your way through the darkest tunnels of obesity to the light at the end!

**PT:** What form of exercise, in keeping with typical Parsi ailments, like arthritis, fatty liver, high cholesterol and rheumatism, would you suggest?

**Madhuri:** For Parsis, I like to focus on posture and pilates training - I see a trend of declining postural strength for Parsis. For middle-aged Parsis who have rheumatism and arthritis, I start with a mixed program comprising 'Motion Training' to release joint stiffness, Pilates and Strength Training to build muscle and save bone, and increase the basal metabolic rate or the rate at which we burn calories at rest.

**PT:** The Parsi Community has a huge elderly population. What's the preferred exercise and diet for men and women above 60?

**Madhuri:** A personalized diet and exercise program is invaluable. I work with them based on their body composition, posture health profile and exercise interests. At the outset, we tweak existing diet habits, like replace white bread with brown bread, reduce the intake of cookies and processed foods, control the intake of oil, focus on protein adequacy, have a fist sized serving of protein foods at each meal from egg white to chicken or fish, and control the intake of red meats and processed meats like ham, sausages and salami, and start to include healthy fruit (apple, pear and papaya) and almonds, and 500 grams of low starch veggies like beans, spinach,



asparagus, broccoli and mushroom, with an intake of at least 3-4 litres of water daily.

Exercise comprises at least 30 minutes a day for beginners, 3-5 times a week, including Pilates Mat or with my state-of-the-art equipment like the Reformer, Wunda Chair, Spine Corrector, light walking and simple resistance training using light dumbbells and supported light-weight training to build bone and joint health.

**PT:** How will reading 'Who Stole My Calories?' help the PT readers?

**Madhuri:** 'Who Stole My Calories' touches the human aspect of difficult-to-sustain fitness efforts. Reading about the protagonist's story will help people to place their own health in perspective. The 'Cha Bar Conversations' on protein, carbohydrate and healthy fats will help PT readers understand crucial ideas on nutrition. The book guides you into starting a simple weight-training program with character named 'Farzad', the favourite gym trainer. Readers will understand how to handle their weight when put into situations of overly hospitable people. They will also learn new health concepts like 'Pro-Intervention' and the 'Health First Wealth Next' protocol.



Madhuri with Rajdeep Sardesai at her book launch

a day, with 30-60 minutes of exercise thrown in."

**PT:** Tell us more about your book, 'Who Stole My Calories?'

**Madhuri:** 'Who Stole My Calories?' is woven around the theme of mental and physical fitness. It's an insight into how our weight issues affect our relationships, social life, career and all things that matter. I've made it interesting by giving it a story with characters that all of us can relate to - a pleasant change from the usual didactic books on fitness which preach without emotion. Who Stole My Calories? has characters like the 50 kgs overweight and inconsolable Natasha who resorts to food to get over her mother's suicide, her friend Susan the bold nutritionist and savior, 'Nina Masi' - the gregarious and painfully hospitable aunt, Farzad - the six-pack gym rat, Rahgu, the out-of-shape business tycoon undergoing a broken-heart syndrome and his ambitious, estranged wife,



Reformer, Pilates

To contact **Madhuri** for professional consultations or to avail a 'Special Parsi Discount', call on: 022-22024323/9820224323 or Mail at: [contact@integym.com](mailto:contact@integym.com) Visit her website: [www.integym.com](http://www.integym.com)



# પારસી ટાઈમ્સ

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શનિવાર, ડિસેમ્બર ૨૪, ૨૦૧૬

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## જન્મ તારીખના આધારે ભવિષ્યવાણી



## જો તમારો જન્મ ડિસેમ્બરની ૨૪મી તારીખે થયો હોય તો...

તમારો ભાગ્યોદય લગ્ન બાદ થશે. પાછલી અવસ્થા માટે પૈસાની બચત કરવી પડશે. જીવનમાં બે પ્રકારની આવક થશે. કુદરતી સૌંદર્યના શોખીન હશો. જન્મભૂમિથી દૂર રહેકાણ કે કમાવાનું થશે, જેનાથી લાભ થશે. તમારા માટે લગ્નજીવનનું મહત્વ મધ્યમ હશે. અન્ય વિજ્ઞાતીય સંબંધોથી લાભ મેળવી શકશો. પ્રવાસનો શોખ સારો હશે. ઝઘડા, અપનિદાથી દૂર રહેવાનું પસંદ કરશો. મનની વાત બીજા વ્યક્તિને ઝડપથી નહીં કહી શકો. સ્વતંત્ર વિચારો અને સ્વચ્છતાને ખૂબ જ માન આપશો. આરામપ્રિય પ્રકૃતિ રહેશે. સુંદરતાનાં સાધનો તેમજ સંગીત, ગઝલ, કાવ્ય વગેરેનો શોખ સારો રહેશે. શારીરિક બાબતમાં પેટના રોગો, ગુમ રોગો, ચાંદી ચામડીની ગરમી, હર્નિયા, હરસ, મસા વગેરેથી સંભાળવું શુભ રંગ: તાંબાનો કલર, લાઈટ બ્લુ, પીળો, શુભ નંગ: પ્રવાળ, પોખરાજ આ વર્ષોમાં કોઈપણ યાદગાર બનાવ બની રહેશે: ૩, ૬, ૧૩, ૧૫, ૧૮, ૨૪, ૨૮, ૩૩, ૩૭, ૪૨, ૪૫, ૪૮, ૫૧, ૫૫, ૫૮, ૬૩, ૬૭, ૭૦, ૭૨, ૭૫.  
- નુપુર

## બરોડા રેલવેની માલવાળી ગાડી!



પારસી નાટક તખ્તાની તબારીખ

ભાવનગર જવા માટે તે વખતે રેલવે જેવું કાંઈબી સાધન નહીં હતું. મુંબઈથી ઉપડી પહેલા સુરત જતા, અને સુરતથી એક 'પેડલ સ્ટીમર' મારફતે, ખંભાતનો તુફાની દરિયો પસાર કરી, ભાવનગર જવાતું હતું. વળી બરોડા રેલવેની ગાડીઓ, તે વખતે આજના જેવી કુશાદે હતી નહીં. ત્રીજા કલાસની ગાડીઓ ઉપર, એક માળ આવતો હતો! અને તેમાં ચઢી બેસવાની ગોઠવાણ રેલી હતી. સુરત અને ભરૂચ જતાં ઉતાડ્યોને વળાવવા માટે તેમનાં સગાં-સ્નેહીઓ સ્ટેશન પર આવતાં હતા, અને જેવી ગાડી સ્ટેશન ઉપરથી ઉપડતી, કે લોકો પોત પોતાના સ્નેહીઓની શીખામણ આપવા માટે અવાજે બોલતાં કે, એ ધરીને બેસજો ને કાગજ લખજો! આ માળવાળી ગાડીનો દાદી ઠૂંઠીના એકટરોએ કબજો લીધો, અને ગાડીના માળ ઉપર બેસવાની મોજ મેળવવા જતાં, કેટલાકો આપસ આપસમાં વઢી પડેલા હતા.

### હાથીતાનમાં નાટકશાળા

એક કુસાદે નાટકશાળા હાથીતાન નામે જણાવેલી ગંજવર જગ્યામાં બાંધવાનો ઠાકોર સાહેબે હુકમ કીધો હતો અને તે તૈયાર થતાંજ દાદીએ પોતાના નાટકો શરૂ કીધા હતા. પહેલા ખેલ તરીકે બેજન અને મનીજેહનો નાટક મારકુટે જાફર અને કેસરના ફારસ સાથે બેવડી રીહસલો ચલાવી સ્ટેજ કીધો હતો. ત્યાર પછી બેનઝીરનો નાટક અને હુલક જાનવરની નકલ અને ત્યાર પછી ફરીદૂનનો નાટક અને લેપડુ ગલેપડુની નકલ કરી હતી! એવી રીતે ચવચવનો મુરબ્બો છોસ્ટી રાતે ભજવી, હીંદી નાટક મંડળીએ પોતાની ભાવનગરની 'સીઝન' ખતમ કીધી હતી. પોતાના આ કામ માટે દરબાર તરફથી દાદી ઠૂંઠીને એક સારી જેવી રકમ અને માનપાન સાથે ઈનામ પણ મળ્યાં હતા. મુંબઈ આવી ફરીદૂનનો નાટક હિન્દી થિયેટરમાં સ્ટેજ કીધો હતો. એ નાટકે જેવી જોઈયે તેવી યારી દાદી ઠૂંઠીને આપી ન હતી, કેમ કે દાદીના કરજનો ખાડો એટલો ઉંડો હતો અને તેને ધીરનાર એટલો અધિરો પડ્યો હતો કે તેની વિગત લંબાવવી કુઝલ છે. ફરીદૂનનો નાટક દાદી ઠૂંઠીએ હજી સુધી કાબરાજીને આપ્યો નહીં હતો. અફસોસ જેવું તો એ બન્યું કે એક જરથોસ્તી હકમીનના ખીલી નીકળેલા સુહાસને તેનીજ કોમના એક સફેદ પાઘડીવાલા હમદીને, અધીરો પડી, હીંદી નાટક શાળાનો તેમજ નાટકના કામને લગતા તમામ સાંજનો કબજો લઈ લીધો હતો અને એ રીતે દાદી ઠૂંઠીની એક ધરખમ કંપની આગળ વધી નાટકો કરે તે આગમ્ય તે બંધ પડી હતી.

(વધુ આવતા અંકે)



### લખનાર: અરના હોમી પેસીના

'જે મરદ એક લેડીનું માન નહીં જાળવી શકે તેની સાથે વાત કરવામાં હું શોભા જોતી નથી, સામ તલાટી'

એમ બોલી તેણી ઝપાટાબંધ ત્યાંથી વિદાય થઈ ગઈ કે સામ તલાટીએ ફફડી ચટકીને પોતાની ગાડી સ્ટાર્ટ કરી દીધી.

તે માની નહીં શક્યો કે એક વખતની ધૂજતી બીકણ તે બાલા આટલી બધી કેમ બદલાઈ ગઈ હશે. એક વખતનાં તેણીના સારા વખતમાં તે મરદ તેણીનો મોટો વખાણનાર હોવાથી તેને તેણી સાથે પરણવાની ઓફર પણ કીધી હતી, પણ શિરીન વોર્ડને માન સહિત તે ના પાડી તેને પણ આજે વરસો વહી ગયા હતા.

પણ તે છતાં સામ તલાટીના જીગરમાં તેણી માટેનો ધ્યાર તો જેવો ને તેવો જ હાલમાં પણ રહ્યો હતો. તે કંઈજ નોકરી ધંધો કરતો નહીં પણ પોતાના આપની દોલત પર જીવી પોતાનો વખત જુગાર અને કલબોમાં જઈ પસાર કરી દેતો.

દેખાવમાં પણ સાધારણ ઉંચો, સુકો સોટી જેવો, રંગે સામળો, પાંત્રીસ એકની ભરતીમાં આવેલો તે એક મરદ હતો તે છતાં પોતાના પૈસા જોર વડે સોસાયટી સર્કલમાં બધી છોકરીઓનો માનીતો થઈ

પડતો.

તે છતાં તેનાં મનની મૂર્તિ તે એકજ હતી, અને તે શિરીન વોર્ડને!

અને આજે ત્યારે તેણી તરફનાં ઈનસ્વલ પછી, સામ તલાટીએ કંઈબી ભોગે તેણીને પોતાની વાઈફ બનાવવાનાં તે મક્કમ સોગંદ ખાઈ રહ્યો.

તે સુંદર નાનું રમકડાં જેવું મકાન વોર્ડને વિલા અંતે સારો ભાવ આવતા વિકાજ વોર્ડને વેચી કાઢ્યું. તે ઘરમાંની દરેક વસ્તુઓ સાથે જ તે વિલા વેચાઈ ગયેલું હોવાથી અંતે વોર્ડનેવાલાઓએ તે શહેર છોડી મદ્રાસ જઈ વસવાનો વિચાર કરી લીધો.

અને આજે ત્યારે પોતાનાં 'ડે ઓફફ'નાં દિવસે ત્યારે તે વાત શિરીન વોર્ડને જાણી કે તેણીનું કોમલ જિગર દુખાઈ આવ્યું, ને તેણી પોતાનાં પિતાને ગલે વળગી પડી પુકારી ઉઠી.

'ઓ પપ્પા...પપ્પા, કાંય તમોએ આપણું સુંદર ઘેર વેચી નાખ્યું હશે?'

'સારો ભાવ આયો તેથી શિરીન.' વિકાજ વોર્ડને તેણીનું સોનેરી ઝુલકાવાલું માથું પસવારી હેતથી કહી સંભળાવ્યું કે તે બાળા કક્કળી પડી.

'પણ...પણ પપ્પા, ફિરોજ ફેઝર તરફની રકમ તો તમારા હાથમાં આવી હતી, પછી પૈસાની તમોને બીજી શું જરૂર પડી?'

એ સાંભળી એક વખતનાં તે લખપતિ શેઠિયાનાં મોહ વાટે નિસાસો સરી પડ્યો. તે અચ્ચાંને ક્યાં ખબર હતી કે

ઝાહોજલાલીમાં જ પોતાનું આખું જીવન પસાર કીધેલા તે પિતાને હરેક ત્રીજમાં પૈસાની કેટલી જરૂર પડતી હતી?

પછી તેમણે એક હાય મારી જણાવી દીધું.

'મારા બચ્ચાં, વીસ હજારની રકમ જિંદગી સુધી તો ચાર જીવો વચ્ચે નહીં જ ચાલી શકે, ખરૂંની?'

'પણ પપ્પા, તમોએ એટલી બધી ઉતાવળ કાચ કીધી હશે?'

કદાચ...કદાચ ફિરોજ ફેઝરે તમોને એટલી રકમ આપી ખરીદી શકે.'

એ સાંભળી વિકાજ વોર્ડને ફીકકું હસી પડ્યા.

'તારી ને એ ફિરોજ ફેઝર વચ્ચે પાછી દોસ્તી સંધાઈ ગઈજ, ખરૂંની શિરીન?'

તેણીનો મુખડો એ સાંભળતા રાતો મારી ગયો. પછી તે બાલાએ ઓશકથી જણાવી દીધું.

'હા પપ્પા.'

'તું ને પરણવા માટે પૂછ્યું, શિરીન?'

'હા પપ્પા, ને...ને તે હમારા વચ્ચે એક સિકેટ હોવાથી કોઈ જાણતું નથી.'

'શું વાત કરેજ, શિરીન, આખું ગામ જાણેજ ને વાતો ઉડાડે છે કે તમો બન્ને પાછા લવર્જ થઈ ગયાજ.'

'પણ...પણ એમાં કંઈ ખોટું છે, પપ્પા?' 'નહીં, કંઈ જ નહીં મારા બચ્ચાં, જો ફિરોજ ફેઝર તું ને ખરેખર જ વાઈફ બનાવવા માંગતો હોય તો પછી વાંધો શું હોઈ શકે?'

(કમશ)

### જિંગલ બેલ

સાત હરણની ગાડીમાં બેસી, આવ્યા જિંગલ બેલ, રમકડાંનો થેલો ભરીને લાવ્યા જિંગલ બેલ, લાંબી-મોટી દાઢીવાળા ટોપી લાલમલાલ, હસતાં રમતાં નાચતાં ફૂદતાં આવ્યા જિંગલ બેલ બાળકો સૌ ભેગાં મળી, કિસમસ ટ્રી સજાવે, ગીતો ગાતાં, સ્માઈલ કરતાં જિંગલબેલ આવે બ્લેસિંગ સોને દેતાં દેતાં ખૂબ ખૂબ હસાવે, હેપી કિસમસ વિશ કરીને નાથે ને નથાવે જિંગલ બેલ જિંગલ બેલ, જિંગલ બેલ ધ વે...



- આબાન પરવેઝ તુરેલ



આ જ ની વા ન ગી

## ચોકલેટ



**સામગ્રી:** દૂધનો પાવડર, ડ્રિન્કીંગ ચોકલેટ, પીણું માખણ અને દળેલી ખાંડ.

**રીત:** એક વાટકો દૂધનો પાવડર થાળીમાં ચાળી લો. પછી તેમાં થોડો ડ્રિન્કીંગ ચોકલેટનો પાવડર ચાળો. પછી એક પેણીમાં બટર નાખો તેમાં ૧ વાટકો પાવડર અને ડ્રિન્કીંગ ચોકલેટ હોય તો પોણો વાટકો દળેલી ખાંડ નાખો. ખાંડ ઓગળી જાય પછી તેમાં પાવડર નાખી હલાવ્યા કરો થોડું ઘટ્ટ થાય એટલે ઘી ચોપડેલી થાળીમાં ઠારી દો. પછી ચોકલેટના પીસ પાટી લો. અથવા તો જે ઘટ્ટ માવો બને તેમાં કાજુ, શીંગ મૂકી તેને ગોળ વાળી ચોકલેટના રેપરમાં મૂકી બંધ કરી દો. તો તૈયાર છે ચોકલેટ.

## ફૂટ પેન કેક

**સામગ્રી:** મેંદો ૧ કપ, ખાંડ ૪ ચમચા, ઘી ગરમ ૨ ચમચા, દૂધ પ્રમાણસર, પાઈનેપલ પલ્પ અડધો કપ, પાયનેપલ એસેન્સ, અડધી ચમચી લેમન, યલો કલર જરાક, ફ્રેશ ક્રીમ અડધો કપ. **ફિર્લિંગ માટે:** ૧



કીવીના ઝીણા પીસ, દાડમ ૨ ચમચા, ૧ સફરજનના ઝીણા પીસ, ટૂથપીક થોડીક  
**રીત:** મેંદામાં બધું મિક્સ કરવું ઘટ્ટ ખીંટું બનાવવું, નોનસ્ટિક લોઢી પર નાની પૂરી જેવી પેનકેક ઉતારવી બધી કરવા દેવી. એરટાઈટ ડબ્બામાં ભરવી. ફ્રિજમાં રાખવી. પીરસતા પહેલાના ચાર પાંચ કલાક ફૂટ સમારીને ચિલ્ડ કરવા. આ પેનકેકમાં ફિર્લિંગ ભરવું, અડધામાં અડધું ખાલી છે તે વાળીને બંધ કરવું. મોટી ટૂથપીક ભરાવવી ફ્રેશક્રીમ નાખી પીરસવું.

- આબાન પરવેઝ તુરેલ

## નેક પ્યાલ



જહાંગીર માખજા

મગજ અને જિગર બન્ને અંગો મનુષ્યના શરીરમાં ગોઠવાયેલા છે અને બન્ને કિમતી ભાગ ભજવે છે. મન કહો, મગજ કહો તેનો પ્રભાવ સૌથી વધુ હોય છે. મનમાં સારા અને ખરાબ બન્ને વિચારો જન્મે છે. મન જે સંકલ્પ કરે તે જિગરને ગમતો નથી તે તુરત ચેતવાણી આપે છે પણ મન પણ તેની સુચના ગણકારતું નથી. મન આડો માર્ગ ગ્રહણ કરે છે અને ઈન્સાન મુશ્કેલીમાં સપડાય છે. તેથી જ સાધુ સંતોએ કહ્યું છે કે મનનો તાગ પામવો અતિ મુશ્કેલ છે!

## સુહાના સફર

વાંચક મિત્રો, આજે ૫૦૦ અને ૧૦૦૦ની નોટનો જમાનો ગયો તેની આગળ બ્રિટિશ જમાનાના સિક્કાઓ જે રંગ યાદ આવી ગયા તે ભૂલાય એમ નથી. તે જમાનામાં એક કાણાવાળો અને એક છાપાવાળો પૈસા હતો. તે પૈસામાંથી બે પાટ ગણાતી હતી. ઢભુ સિક્કો તે બે પૈસા ને એક આનાને બે ઢભુ ગણાતા હતા. ત્યાર પછી આ સિક્કાએ વિદાય લીધી ને નવા પૈસા નીકળ્યા હતા. છ નવા પૈસાનો એક આનો ગણાયો. એક રૂપિયો, બે રૂપિયો અને ત્રણ રૂપિયાની નોટે વિદાય લીધી. કપડું વાર પર ગણાતું હતું ને ખાવાની કે જરૂરિયાતોની ચીજો રતલ પર ગણાતી હતી ને મળતી હતી ત્યાં સુધી મોંઘવારી નહોતી. પરંતુ માખવારને બદલે મીટરમાપ આવ્યું ને રતલને બદલે કીલો પર વજન વધારે પૈસા લેતા થઈ ગયા. કેમ કે કીલો પર વજન વધારે આવે છે. કપડું વારને બદલે મીટર પર વેંચવાનું શરૂ થયું ને કપડાનો ભાવ વધવાનો શરૂ થઈ ગયો. એવી રીતે મોંઘવારીએ પગપેસારો કર્યો ને હવે ક્યાં અટકશે તે પાક પરવરદેગાર જાણે.



- શ્રીટી ફિરોઝ પટેલ

# નાતાલનો પર્યાય સાન્તાકલોઝ

ગણપતિજી, શ્રીનાથજી, કૃષ્ણ નવરાત્રિમાં દુર્ગામાતાની મૂર્તિઓ હિન્દુ ધર્મના લોકો માટે જેટલા પૂજનીય છે. એટલો જ આદર ખ્રિસ્તીઓને સાન્તાકલોઝ પ્રત્યે છે. વિશ્વભરમાં ફેલાયેલા ખ્રિસ્તીઓને કારણે નાતાલ વિશ્વના દરેક ખૂણે ઉજવાય છે. દિવાળીમાં જેમ કંદીલ અને રંગોળી સાથે રોશનીનું અનોખું મહત્વ છે તે જ રીતે નાતાલ દરમિયાન ખ્રિસ્તીધર્મીઓ માટે ક્રિસમસ ટ્રી અને સાન્તાકલોઝ મહત્વના છે.

સાન્તાકલોઝ (સેન્ટ નિકોલસ)ને લગતી જુદી જુદી માન્યતાઓ વિવિધ દેશમાં પ્રવર્તમાન છે. કેટલાક સાન્તાકલોઝને ઈશુનો પયંગમ્બર માને છે. સાન્તાકલોઝને લગતી વિવિધ માન્યતાઓ દંતકથાઓ પ્રચલિત છે. તો કેટલાક સાન્તાકલોઝને ઈશુના બાળસ્વરૂપે જુએ છે. ચોથી સદીમાં યુરોપમાં સેન્ટ નિકોલસ નામના બિશપ ઉદાર દિલ અને સ્નેહાળ સ્વભાવને કારણે ખૂબ લોકપિય હતા તેઓ અનુયાયીઓ સાથે સતત પરિભ્રમણ કરતા રહેતા એક વખત તેઓ જે રાજ્યમાં રોકાયા હતા ત્યાંના રાજા કોન્સ્ટેન્ટાઈને કાન ભંભેરાણીથી પ્રેરાઈને ત્રણ નિર્દોષ સેનાનાયકોને ફાંસીની સજા ફટકારી, આ વાતની જાણ સેન્ટ નિકોલસને થતા તેમણે રાજાને સપનામાં આવીને સાચી વાત જાણ કરી અદેખા લોકોથી સચેત રહેવાની તથા એ ત્રણે અમલદારોને ભેટ આપવાની જાણ કરી રાજાએ સત્ય હકીકતની તપાસ કરાવી ત્રણે અમલદારોને ભેટ-સોગાદ આપી છોડી મૂક્યા.

બીજી દંતકથા મુજબ ગામમાં રહેતા ગરીબ ખેડૂતની ત્રણ દીકરીઓ પરણવાલાયક હતી. પરંતુ બીમાર પત્નીની સારવારના પણ પૈસા કાઢી ન શકનાર ખેડૂતે ત્રણે દીકરીઓને દાડના પીકામાં આવનારાઓની સારસંભાળ માટેની નોકરી અપાવી સેન્ટ નિકોલસ ફરતા ફરતા આ ગામ આવ્યા ત્યારે તેમને સગા બાપની મજબૂરી પર દીકરીઓને કરવી પડતી વેશ્યાગીરીની જાણ થઈ. એમણે

ખેડૂતને કોથળો ભરીને સોનામહોરો આપી અને ત્રણે દીકરીઓના લગ્ન કરાવી આપ્યા એવી માન્યતા છે કે ક્રિસમસ-ટ્રીમાં સજાવટમાં મૂકાતા ત્રણ ગોળા સેન્ટ નિકોલસે ઉગારી લીધેલી ખેડૂતની ત્રણ દીકરીઓની યાદમાં મૂકાય છે.



આબાન તુરેલ

એક વેપારીને ત્રણ દીકરા વેપાર અર્થે બીજા ગામમાં ગયા ત્યારે રાતવાસો કરવા જે ધર્મશાળામાં રહ્યા તેના માલિકે અઢળક ધન હડપવા ત્રણેની હત્યા કરી નાખી. બીજે દિવસે આ ગામમાં ઉપદેશ આપવા આવેલા સેન્ટ નિકોલસે આ યુવાનોની કતલ વિશે જાણ્યું તેમણે ઘૂંટણિયાભેર પડીને 'ગોડ'ને પ્રાર્થના કરતાં ત્રણે યુવાનો સજીવન થઈ ગયા આવી વાતો ફેલાતા સેન્ટ

નિકોલસના દર્શનાર્થ ટોળાનાં ટોળાં ઉમટવાં લાગ્યાં. તેથી સેન્ટ નિકોલસને જાહેરમાં નીકળવાની તકલીફ થવા લાગી. એટલે એમણે રાત્રિ દરમિયાન જ ભ્રમણ કરવાનું નક્કી કર્યું. સત્કાર્યો અર્થે રાત્રે જ નીકળતા સેન્ટ નિકોલસ લોકોને આશીર્વાદ આપવા ભેટ-સોગાદો આપે છે આવી માન્યતાથી પ્રેરાઈને ૨૫મી ડિસેમ્બર ક્રિસમસની રાત્રે ખ્રિસ્તી સમાજ પણ એમને સાન્તાકલોઝના નામે જ ઓળખે છે. ખાસ કરીને બાળકો માને છે કે સાન્તાકલોઝ રાત્રિ દરમિયાન એમનાં માટે ચોકલેટ, રમકડાં, નવાં કપડાં બારણે લટકાવેલી ઝોળીમાં મૂકી જશે. એટલે એમને તો પ્યારા સાન્તાકલોઝ માટે મૂકાયેલી ઝોળીનું ખાસ મહત્વ છે. બાળકોની આ માન્યતા તૂટે નહીં એટલે હવે તો બાળકોનાં મા-બાપ જ રાત્રિ દરમિયાન ક્રિસમસની ભેટ-સોગાદ થેલીમાં મૂકી દે છે, જે મેળવીને બાળકો એમના પ્યારા સાન્તાકલોઝને ખૂબ પ્રેમ કરે છે.

# 'ક્રિસમસ ટ્રી'ની સજાવટ

ક્રિસમસમાં ઘરેઘર અને દરેક ચર્ચમાં શોભા બનનાર ક્રિસમસ ટ્રી આજે આખા વિશ્વમાં મશહૂર થઈ રહ્યું છે. રંગબેરંગી સજાવટો કરી લોકો ક્રિસમસ ટ્રીને સજાવે છે અને એને જોઈ લોકોના મનમાં સકારાત્મક ઉર્જાનો સંચાર થાય છે.

એમ માનવામાં આવે છે કે સંત બોનિફેસ ઈંગલેન્ડને છોડી જર્મની ચાલ્યા ગયા હતા જ્યાં તેમનો ઉદ્દેશ્ય જર્મનના લોકોને ઈશુ ખ્રિસ્તનો સંદેશ સંભળાવાનો હતો પણ તેઓએ જોયું કે ઈશ્વરને ખુશ કરવા ઓકના ઝાડની નીચે એક નાના બાળકની બલિ આપવાની તૈયારીઓ ચાલી રહી હતી. સંત બોનિફેસ ગુસ્સામાં આવી તેમણે પેલું ઓકના ઝાડને કપાવી નાખ્યું અને ફરનું નવું ઝાડ લગાવ્યું અને સંત બોનિફેસે પ્રભુ ઈશુને એમના જન્મનું પ્રતિક માની એ ઝાડને મીણબત્તીઓથી સજાવવામાં આવ્યું અને ત્યારથી નાતાલમાં ક્રિસમસ ટ્રીને સજાવવાની પરંપરા ચાલુ થઈ. આના સિવાય એક બીજી પણ વાર્તા પ્રચલિત થઈ છે કે ક્રિસમસની આગલી સાંજે ભરપૂર ઠંડીમાં એક નાનું બાળક ખોવાઈ ગયો. ઠંડીથી બચવા આશરો શોધતા એને એક ઝૂંપડી દેખાય છે અને તે ઝૂંપડીમાં એક લાકડા કાપનાર કઠિયારો પોતાના કુટુંબ સાથે આગ શેકી રહ્યો હતો. નાનું બાળક દરવાજો ઠોકે છે કે તેને આશરો મળશે.

કઠિયારો દરવાજો ખોલે છે અને આવનાર બાળકને ઘરમાં લઈ તેને ખવડાવી પીવડાવી પોતાનાં નાનાં બાળક સાથે સુવાડી દે છે. સવારે જ્યારે એ કુટુંબ ઉઠે છે ત્યારે દેવદૂતો ગીતો ગાઈ રહ્યા હોય છે અને પેલું નાનું બાળક ઈશુ ખ્રિસ્તમાં બદલાઈ ગયેલું હોય છે. ઈશુ ઘરની બહાર જઈ ફરના ઝાડની ડાળી તોડી તે કુટુંબને આપી આભાર માને છે અને આ રીતે ક્રિસમસ ટ્રીને સજાવવાની રીત શરૂ થઈ હતી.

ત્રીજી વાર્તા છે માર્ટિન લુથરની. પહેલાના જમાનામાં લોકો ઝાડની ટોચ પર ઈશુનું સ્ટેચ્યુ મુકતા પણ વખત જતા એની જગ્યાએ દેવદૂતોના સ્ટેચ્યુએ લઈ લીધી. જર્મનીના માર્ટિન લૂથર ક્રિસમસની આગળી સાંજે બહાર ફરી રહ્યા હતા અને આકાશમાં ચમકતા તારાઓને જોઈ રહ્યા હતા ફરના ઝાડની ડાળીઓની વચ્ચે તારાઓ અને તેમનો ચમકાર અદ્ભુત લાગી રહ્યો હતો તેમણે ઘરે આવીને પોતાના પરિવારને આ વાતની જાણ કરી અને ચમકતા તારાઓના લીધે તેમણે ઈશુ ખ્રિસ્તનું સ્મરણ થયું પછી તેમણે એક ફરની ડાળી ઘરમાં લાવી તેની ટોચ પર સિતારો મૂક્યો અને ડાળીને મીણબત્તીથી સજાવ્યું કે એનો પરિવાર પણ આનો અનુભવ કરી શકે અને ત્યારથી જ ક્રિસમસનું ઝાડ શણગારવાની પરંપરા માર્ટિન લૂથર દ્વારા થવા લાગી.



એક નજર પારસી મરણો ઉપર

Table with columns: Deceased, Age, Date, Address, Relations. Rows include Hormuzd Nariman Zaiwalla, Parvez Nariman Dordi, Dinyar Cawas Damania, Osta Rusi Minocher Dastoor, Homai Homi Hakim, Banoo Hiraji Patwa, Zarin Darvish Irani, Mehli Kaikhasroo Wadia, Behram Bhikhaji Variava (સોડગામ), Jamshed Hormusji Wadia, Khorshed Minocher Mistry, Hoshang Pirojshaw Patel, Minoo Sorabji Ichhaporia, and Dara Faredoon Bhesania.

Death Announcements from Poona Parsi Panchayat

Table with columns: Deceased, Age, Date, Address. Row includes Behram Keki Irani, 67, 19.12.2016, A/2/14 Brahma Baug, B.T. Kawde Road, Mundhwa, Pune 411 036.



# YOUR MOON SIGNS JANAM RASHI THIS WEEK

લાખનાર: મરહુમ મહારાજ શ્રી સ્વચંચયોતિના સહકાર્યકર્તા જયેશ એમ. ગોસ્વામી

અઠવાડિક રાશિદર્શન: તા.૨૪.૧૨.૨૦૧૬થી તા.૩૦.૧૨.૨૦૧૬

અઠવાડિક ગ્રહોની ચાલ: સૂર્ય: ધનમાં, ચંદ્ર: તુલાથી ધનમાં, ૨.૩.૨ મંગળ: કુંભમાં, બુધ: ધનમાં, ગુરુ: કન્યામાં, શુક્ર: કુંભમાં, શનિ: વૃશ્ચિકમાં, રાહુ: સિંહમાં અને કેતુ: કુંભમાં છે.

**Aries - મેષ** અ.લ.ઈ.

તમારે છેલ્લા બે દિવસ ગુરુની દિનદશામાં પસાર કરવાના બાકી છે તેથી ધર્મના કામ કરી લેજો. બાકી ૨૬મીથી ૪૨ દિવસ માટે રાહુની દિનદશા નાણાકીય ચિંતા વધારી દેશે. તમારો ભાગીદાર તમને પરેશાન કરી નાખશે. ૩૭ ક્રેબ્યુઆરી સુધીમાં ઘરવાળાઓ પણ સાથ નહીં આપે. તમારે પોતાની કાળજી લેવી પડશે. આજથી ભૂલ્યા વગર 'મહાભોખ્તાર નીઆએશ' ભણાવો. શુકનવંતી તા. ૨૬, ૨૭, ૨૮ ને ૨૯ છે.

Jupiter will rule over you for the next two days and hence finish all religious work. From the 26th, Rahu will rule over you for 42 days. There might be financial crises. You might get troubled. Your family members might not support you till the 3rd of February. You will have to take care of yourself. Pray 'Mahabokhtar Niyash' everyday without fail. Lucky Dates: 26, 27, 28, 29.

**Cancer - કર્ક** સ.ઈ.

૨૪મી જાન્યુઆરી સુધી શનિની દિનદશા ચાલશે તેથી તમને નાના કામ પૂરાં કરવામાં મુશ્કેલી આવતી રહેશે. તમે કંટાળી જાવ તેવા હાલના દિવસો જશે. ખાવાપીવામાં બેદરકાર બની જવાથી તબિયત બગડવાના ચાન્સ છે. ઘરમાં કોઈપણ ચીજ વસ્તુ ખરીદતા નહીં. વડીલ વર્ગ સાથે મતભેદ પડતા જશે. શનિનું નિવારણ કરવા માટે 'મોટી હમન યશત' ભણાવો. શુકનવંતી તા. ૨૪, ૨૫, ૨૬ ને ૨૮ છે.

Saturn will rule over you till the 26th of January. You might be troubled in completing small work. Your careless eating habits might make you sick. Do not buy anything new for your house. There might be differences with elders. To pacify Saturn, pray 'Moti Haptan Yash't'. Lucky Dates: 24, 25, 26, 28.

**Libra - તુલા** ર.ત.

આજ અને આવતી કાલનો દિવસ જ શાંતિમાં પસાર કરી શકશો. બાકી ૨૬મીથી મંગળની દિનદશા તમને ખૂબ જ તપાવશે. બે દિવસમાં ઘરવાળાની સાથે સારાસારી રાખી લેજો. ૨૬મીથી આવતા ૨૮ દિવસમાં ઘરમાં કોઈ નવી ચીજ વસ્તુ લેતા નહીં. તેમજ ભાઈ બહેનની સાથે મતભેદ પડતા વાર નહીં લાગે. તમને નાના લાગવા પડવાના અથવા નાનું એક્સિડન્ટ થવાના ચાન્સ છે. ભૂલ્યા વગર 'તીર યશત' ભણાવો. શુકનવંતી તા. ૨૪, ૨૫, ૨૬ ને ૩૦ છે.

Only next two days will pass in peace. The rule of Mars from the 26th, will make you short tempered. Have good relations with your spouse in these two peaceful days. Do not buy any new thing for 28 days, starting from the 26th. There might be differences amongst siblings. There might be a small accident. Pray 'Tir Yash't' without fail. Lucky Dates: 24, 25, 29, 30.

**Capricorn - મકર** ખ.જ.

૧૪મી જાન્યુઆરી સુધી શુક્રની દિનદશા તમને ભરપૂર સુખ આપશે. તમારા કરેલા કામમાં કોઈ ભુલ નહીં શોધી શકે. ઘણી ઘણીયાણીમાં પ્રેમની ભાવના વધી જશે. નવા મિત્રો મળવાના ચાન્સ છે. નાની મુસાફરીનો ચાન્સ મળશે. નાણાકીય મુશ્કેલી નહીં આવે. દરરોજ ભૂલ્યા વગર 'બહેરામ યાઝાદ'ની આરાધના કરવો. શુકનવંતી તા. ૨૬, ૨૭, ૨૮ ને ૩૦ છે.

Venus will rule over you till the 14th of January. You will be in peace. Your work will be flawless. There will be love between spouses. You might make new friends. You might get a chance to travel. There will be no financial crunch. Pray 'Behram Yazad' everyday without fail. Lucky Dates: 26, 27, 28, 30.

**Taurus - વૃષભ** બ.વ.ઈ.

૨૨મી જાન્યુઆરી સુધી ગુરુની દિનદશા ચાલશે તેથી તમારા કામમાં જરા અને ફાયદો અને મળતો રહેશે. તમે ચેરિટી કે મદદ જેવા કામ કરી શકશો. ગુરુની કૃપાથી ધનની મુશ્કેલી નહીં આવે. તમને ઈનવીઝીબલ હેલ્થ મળતી રહેશે. તમે જેને પ્રેમ કરતા હોશો તે વ્યક્તિ તમારા દિલની વાત કરી દેશે. નાણાકીય બાબત સારા સારી કરવા માટે 'સરોશ યશત' ભણાવો. શુકનવંતી તા. ૨૪, ૨૫, ૨૬, ૨૮ છે.

Jupiter will rule over you till 22nd January. You will keep getting success and profit in your work. There will be no financial crunch. You will be able to indulge in helpful and charitable work. You will keep getting invisible help. Your favourite person will speak his heart out to you. To get financial benefits, pray 'Sarosh Yash't'. Lucky Dates: 24, 25, 28, 29.

**Leo - સિંહ** મ.ટ.

૧૮મી જાન્યુઆરી સુધી બુધની દિનદશા ચાલશે તેથી હાલમાં તમે તમારા બધા જ કામ બુદ્ધિબળ વાપરીને કરશો. બુધની કૃપાથી તમારા કામકાજને કારણે ગામ પરગામ જવાના ચાન્સ મળી રહેશે. નાણાકીય ફાયદો થતો હશે ત્યાં બુદ્ધિ વાપરી કામ કરશો. ઈનવેસ્ટમેન્ટ કરવાનું ભુલશો નહીં. તમારી મીઠી જાબાન વાપરીને પારકાને પોતાના કરી લેશો. નવા મિત્રો મળશે. 'મહેર નીઆએશ' ભણાવવાનું ભુલશો નહીં. શુકનવંતી તા. ૨૪, ૨૬, ૨૮ ને ૩૦ છે.

Mercury will rule over you till the 18th of January. You will complete all your work with wisdom and strength. You might get to travel due to work. You will use your wisdom to gain financial profits. Do not forget to invest. You will be able to win over people with your sweet tongue. You will make new friends. Do not forget to pray 'Meher Niyash'. Lucky Dates: 24, 28, 29, 30.

**Scorpio - વૃશ્ચિક** ન.ચ.

ચંદ્રની દિનદશા ચાલુ હોવાથી તમારા કામ પૂરાં નહીં કરો ત્યાં સુધી શાંતિથી બેસી નહીં શકો. ગામ-પરગામ જવાના ચાન્સ મળે તો મુકતા નહીં. ઓપોઝિટ સેક્સનો ભરપૂર સાથ મળશે. તમારા પ્રેમી કે પ્રેમિકાને મનની વાત કહી શકશો. સેલ્ફ કોન્ફિડન્સ વધારવા માંગતા હો તો ૧૦૧ નામમાંથી ૩૪મું નામ 'યા બેસ્ટરના' ૧૦૧વાર ભણાવવાનું ચાલુ કરવો. શુકનવંતી તા. ૨૬, ૨૭, ૨૮ ને ૩૦ છે.

Moon is ruling over you. You will keep working hard till it's completed. You might get a chance to travel. You will speak your heart out to your lover. Opposite gender will support you. Pray the 34th name, 'Ya Beshtarna' 101 times to increase self-confidence. Lucky Dates: 26, 27, 28, 30.

**Aquarius - કુંભ** ગ.શ.સ.

તમને તમારા પરમિત્ર શુક્રની દિનદશા ચાલુ હોવાથી કામકાજ સાથે તમારા મોજશોખ વધી જશે. તમારા ખર્ચ પર કાબુ મેળવવા કરેલી કોશિશમાં સફળતા નહીં મળે તેમ છતાં તમને નાણાકીય મુશ્કેલી નહીં આવે. શુક્રની કૃપાથી જ્યાં જશો ત્યાં જરા અને માન મળશે. ઓપોઝિટ સેક્સનું અપ્રેક્ષ્ય વધી જશે. ભૂલ્યા વગર 'બહેરામ યાઝાદ'ની આરાધના કરવો. શુકનવંતી તા. ૨૪, ૨૫, ૨૬ ને ૩૦ છે.

Venus is ruling over you. With work, your enjoyment will also increase. You won't be able to curb your expenses but still there won't be any financial crunch. You will get success and respect where ever you go. Attraction towards the opposite gender will increase. Pray 'Behram Yazad' without fail. Lucky Dates: 24, 25, 29, 30.

**Gemini - મિથુન** ક.ઇ.ઈ.

બે દિવસ જ શનિની દિનદશાના બાકી છે. તેથી ઉતરતી શનિની દિનદશા તમને માંદા નહીં પાડી દે તેની સંભાળ લેજો. ૨૬મીથી ગુરુની દિનદશા આવતા ૫૮ દિવસમાં તમારા કામમાં તમને ખુશ કરી દેશે. નાણાકીય મુશ્કેલી દૂર કરવાનો રસ્તો શોધી લેશો. નવાકામ કરવાની તક મેળવી શકશો. ધર્મના કામ કરી શકશો. આજથી 'મોટી હમન યશત' સાથે 'સરોશ યશત' ભણાવવાનું ચાલુ કરવો. શુકનવંતી તા. ૨૭, ૨૮, ૨૯, ૩૦ છે.

Last two days under the rule of Saturn. Be careful not to fall ill. From the 26th the rule of Jupiter for 58 days will benefit your work. You will be able to find a way out of your financial crunch. You will get an opportunity to find new work. You might want to indulge in religious work. From today, along with 'Moti Haptan Yash't', pray 'Sarosh Yash't' also. Lucky Dates: 27, 28, 29, 30.

**Virgo - કન્યા** વ.ઈ.ઇ.

તમારા રાશિના માલિક બુધની દિનદશા ચાલુ થયેલી છે તેથી ૧૩મી ફેબ્રુઆરી સુધી ઘરમાં કોઈ સારા પ્રસંગ આવશે. નાણાકીય મુશ્કેલી તમારી બુદ્ધિ પ્રમાણે દૂર કરી શકશો. બગડેલા સંબંધને સુધારવા માટે ધીરજ રાખીને આગળ વધશો. સારા સમાચાર મળશે. મનગમતી વ્યક્તિને મળવા સમય નહીં બોલતા ભૂલ્યા વગર દરરોજ 'મહેર નીઆએશ' ભણાવો. શુકનવંતી તા. ૨૬, ૨૭, ૨૮, ૨૯ છે.

Mercury is ruling over you. There will be good and happy occasions at home till 17th February. . You will use your wisdom to overcome financial crises. Be patient will making up with old distraught relationships. You will get good news. Meet your favourite person at any time. Pray 'Meher Niyash' everyday without fail. Lucky Dates: 26, 27, 28, 29.

**Sagittarius - ધન** ભ.ઈ. ફ. ડ.

સૂર્યની દિનદશા ચાલુ હોવાથી તમને જેટલા શાંત રહેશો તેટલા સુખી થશો. કોઈ પણ મહત્વનાં કામ નહીં કરી શકો. માથા પરનો બોજો વધતો જશે. હાઈપ્રેશરની તકલીફ હોય તો ધ્યાન આપવું. દવા લેવામાં આગસ કરતા નહીં. વડીલવર્ગની સાથે મતભેદ થશે નાની બાબતમાં તમારા ડિસીઝનની ઓપોઝિટ વાતો કરશે તેથી તમારો ગુસ્સો વધી જશે. ૯૬મું નામ 'યા રયોમંદ' ૧૦૧ વાર ભણાવવાનું ભુલશો નહીં. શુકનવંતી તા. ૨૪, ૨૫, ૨૭ ને ૨૯ છે.

Sun is ruling over you and hence keep your cool at all times. Your stress might increase. Take your medication on time if you're suffering from high pressure. There might be rifts among seniors as they might refute your decisions. Pray the 96th name, 'Ya Rayomand' 101 times. Lucky Dates: 24, 25, 27, 29.

**Pisces - મીન** દ.ચ.ક.થ.ઇ.

૫મી જાન્યુઆરી સુધી રાહુની દિનદશા તમારી દિવસની ભૂખ અને રાતની ઉઘ બને ઉડાવી દેશે. બીજાનું ભુલુ કરવા છતાં પણ તમને જરા નહીં મળે. સમગ્રતા વગર કોઈ પણ બાબતમાં હા નહીં પાડતા. મિત્રો નાની બાબતમાં નારાજ થશે. ઘરનું વાતાવરણ સાફ નહીં રહે. રાહુને કારણે તમારા શત્રુઓ તમને ખોટી રીતે પરેશાન કરશે. રાહુનું નિવારણ કરવા માંગતા હો તો દરરોજ 'મહાભોખ્તાર નીઆએશ' ભણાવો. શુકનવંતી તા. ૨૬, ૨૭, ૨૮, ૨૯ છે.

Rahu will rule over you till the 5th of January. Even after helping others, they won't be grateful. Do not agree without understanding the opposite person. Your friends will be disappointed with you with the slightest of things. Home atmosphere may not be good. Due to Rahu, your enemies might trouble you. To pacify Rahu, pray 'Mahabokhtar Niyash' everyday without fail. Lucky Dates: 26, 27, 28, 29.

## SPORTS ROUNDUP

By P. T. Reporter  
Binaisha M. Surti

### CRICKET

**India Wins 5th Test Match By A Massive Margin:** India won



their final encounter by an innings and 75 runs at Chennai. Batting first, England notched up 477 in 157.2 overs due to Moeen Ali's 146 and some good contributions by Joe Root (88), Liam Dawson (66) and Adil Rashid (60). India declared their first innings at 759-7 due to massive scores from KL Rahul (199) and Karun Nair's 303. Karun became the 2nd Indian

player after Virender Sehwag to achieve the milestone. This is also the highest maiden Test Century by an Indian. During England's second innings they managed a paltry 207 in 88 overs as Jadeja snapped up 7-48. Virat Kohli was the Man of the Series while Karun Nair picked up the Man of the Match.

**Hansraj Morarji Enters The Finals Of Harris Shield:** Hansraj Morarji Public School (Andheri) fought their way to clinch victory, defeating Al-Barkaat MMI English School (Kurla) on the first innings lead and thus earned a place in the finals of the Harris Shield Elite Division this year. After finishing off with 69-7 on the previous day, Al-Barkaat score 119 in 48.3 overs. Ayush Sharma scalped 4-39 and was supported by left arm spinner Aaryan Sen who picked 3 wickets. During their second innings, Hansraj Morarji posted 113 in 58.4 overs, a few less than their 129 during their first innings. Arya Jadhav top scored with the bat for the Andheri outfit with 31, while on the other hand off spinner Meer Rizvi of Al-Barkaat snapped up 3-20 in his 18 overs spell. The Kurla team started their second innings with great confidence while Hansraj Morarji kept fighting till the very last ball.

Swapnil Chavan and skipper Faiz Rathod scored 33 each, but the turning point in this contest was Hansraj Morarji gaining the wicket of Faiz as he was caught by Aaryan Sen. They ended up with 117-6 in the given 14 overs. Hansraj Morarji sailed into the finals where they will now face defending champions Rizvi Springfield (Bandra).

### HOCKEY

**India Clinches Junior Hockey World Cup Title:** Indian hockey



is on the rise as the Junior National Team beat Belgium 2-1 in the Junior Hockey World Cup final in Lucknow. Gurjant Singh and Simranjeet Singh scored the goals for Team India.

### FOOTBALL

**Atletico De Kolkata Crowned Champions In ISL:** Atletico

## GAMES TO WATCH OUT FOR IN THE UPCOMING WEEK

### CRICKET

- **26th December**  
- New Zealand V/s Bangladesh 1st ODI

### FOOTBALL

#### PREMIER LEAGUE

- **27th December**  
- Liverpool V/s Stoke City
- **28th December**  
- Southampton V/s Tottenham Hotspur

de Kolkata went onto defeat Kerala Blasters FC 4-3 on penalties and won the Indian Super League for the second time. Originally the match ended with both teams being 1-1 which eventually led to the penalty shootout between both rivals.

### BOXING

**Mary Kom And Vikas Krishnan Honoured With Aiba Awards:** MC Mary Kom received the AIBA legends award while former Asian Games Champion Vikas Krishnan was awarded the AIBA Pro Boxing Best Boxer trophy at the International Boxing Federation's 70th anniversary.

## VPP Felicitates Nekzaad



**T**aekwondo prodigy, Nekzaad Olpadwalla was felicitated on 17th December, 2016, by Vadodara's Parsi Panchayat, with an award of merit and a trophy for winning a gold medal in the 2015-16 Indian Taekwondo Challenge and a bronze in the 2nd Open India Invitation Taekwondo Championship.

## 'Name Of The Game': Victory!



**T**he father and son duo, Homi and Arzaan Bhagwagar, in partnership with others, recently celebrated the victory of their 4-year-old bay Indian filly, 'Name Of The Game', who won by 2.75 lengths, carrying a handicap of 56 kgs for a 1200 metres race, in 1 min, 13.75 secs, amidst the crowd's delight and applause, at the RWITC's Mumbai Race Course on 15th December, 2016.

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