



## Would You Like To HELP?

The Bombay Parsi Punchayet (BPP) is reaching out to community members, during these challenging times, to provide help and relief in terms of Food, Groceries, Medical Assistance, Ambulance and Emergency Services, much needed, especially by seniors and the destitute, who are the worst hit by the Coronavirus Pandemic.

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## NOTICE

Dear Parsi Times Readers,

In view of the ongoing necessary COVID-19 Lockdown mandate, the Printing Press is temporarily not functional, so there will be no hard copy (physical newspaper) edition of Parsi Times today, on 4 April, 2020. However, you can access our Digital E-Paper online (free) from the following link:



[https://parsi-times.com/PT\\_CurrentIssue.pdf](https://parsi-times.com/PT_CurrentIssue.pdf)



**BPP Installs  
'DIRECT HELP LINE' For  
Community Members**

**Extends Timely Support  
During Pandemic**

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## PARSI TIMES

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**FROM THE EDITOR'S DESK****Bravo BPP!**

Dear Readers,

On the 24th of March, 2020, PM Narendra Modi announced the world's largest lockdown, asking 1.3 billion Indians to stay home for twenty-one days, to contain the deadly COVID-19, bringing our populous nation to a grinding halt. This came with its own set of overwhelming challenges, which we accepted, for the largest cause - our very survival.

The lockdown has highlighted the plight of our community's most vulnerable members - the seniors and the impoverished. Numerous seniors, especially those living alone, were rendered helpless with both their main means of daily sustenance - namely food-tiffins and domestic help - being abruptly cut off. Also, the lockdown-generated panic had people hoarding all essential items, with most stores laying bare of supplies - leading to massive price-escalation of these items, making it unaffordable for the poor.

Coming to the timely support of the Community, on 29th March, the Trustees of the Bombay Parsi Punchayet installed a Direct Help Line, catering to the various needs - including grocery, food, medical assistance/supplies and emergency services - of community members. Providing much succour, this Help Line plays the crucial role of a centralized, common platform connecting those in need, with those who can help, in a systematic and coordinated manner. (Pg. 10)

But sustaining this calls for community effort - the BPP has paved the path for us. It is now up to us to help sustain this platform by offering our services as volunteers and professionals; and by donating generously towards the sustenance of this vital venture, which will hold the community in good stead, till the lockdown is lifted.

Though it's been heartening to see numerous community members rise to the occasion, we need more to step up. It is said, the greatness of a community is most accurately measured by the compassionate actions of its members. Kudos to the BPP for setting the perfect precedent. Within just a few days, we have received messages and e-mails from community members expressing gratitude for the timely and crucial help received via this excellent initiative.

Today, as we go head to head against the unknown monster that is this fatal pandemic, let us resolve to get through this challenge, united in service and solidarity, with the BPP, which has come through for the community in its greatest and most challenging time of need.

Have a good weekend! Stay in, stay safe!

- Anahita

anahita@parsi-times.com

**Announcement From  
WZO TRUST FUNDS**

We find ourselves in an unprecedented time in our country and the world with the global pandemic of the COVID-19 virus.

WZO Trust Funds recognise that many of their beneficiaries, who have availed of interest-free financial support towards self-employment, farmers rehabilitation, rural housing, higher education support and so on, would find it difficult to meet their repayment commitments.

WZO Trust Funds have therefore decided to give all their beneficiaries, who have availed of interest-free financial support, moratorium from making repayments during the months of April 2020, May 2020, June 2020, and shall review the situation prevailing end June.

**Dinshaw Tamboly,  
Chairman, WZO Trust Funds.**

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**LETTERS TO THE EDITOR****Thank You BPP for the Truly Helpful Direct Help Line  
Initiative For The Community**

The initiative taken up in the current scenario of COVID-19 by all the Trustees of the Bombay Parsee Punchayet is a boon in disguise as on today, without considering all future allegations against them! My mother aged 73 years, is stuck up at Balaram Street (Grant Road, Mumbai) and I am stuck up with my family at Contractor Baug in Mahim

The helpline initiated by BPP proved to be very helpful! On the request made by my sister on the helpline numbers provided since yesterday, her issue of meals twice a day is resolved and with my whole heart I sincerely thank all involved in the initiative to help the elderly of our community in the present current situation of a lockdown, with special thanks to all BPP Trustees, who, during this high tide of calamity, have joined hands together, and leaving aside all, have brought up this Team-force amongst them, as always, in the interest of the community.

A very big thank you to all Trustees and the teams of volunteers involved to make this a reality.

- By K S Irani

**Kudos BPP!**

The efforts of the BPP during the present dangerous and troublesome times is worthy of appreciation. We are now permanently in New Zealand but it is so heartening to see all the Trustees act in such a united and harmonious way.

There have been a lot of brickbats coming your way in recent times but this prompt, generous and positive action of the Trustees deserves only bouquets. Keep it up and gain the trust, confidence and good wishes of the community always. Absolutely brilliant and thank you!

- By Avan N. Cooverji



## The 101 Names Of Pak Dadar Ahura Mazda – Part I



Daisy P. Navdar

Every name is real,  
that's the nature of names  
- Jerry Spinelli

Starting today, I will be doing a series on the 101 names of Paak Dadar Ahura Mazda. While commonly the 101 names are called 'names', they are really attributes or qualities of Pak Dadar Ahura Mazda. When we recite these names, they not only remind us of who our Ahura Mazda is, but they also show us the kind of person we must aspire to become. When we chant these names regularly, we create their strength and aura around us. This aura protects us and keeps us safe even during those times when we cannot chant the names.

These names are the remedy of almost all ills that we face and it is extremely worthwhile to say them everyday after your kustī. However, these names are not a substitute for effort and hard work but rather they will augment your dedication and give it an added boost. Please note that each name is a prayer in itself and can be chanted to gain maximum benefit of its particular divine vibration.

Start your work in the name of God, do your work with the help of God, finish your work with thanks to God because He decides, gives and makes everything possible.

**1. Yazad:** This is one of the oldest names of Pak Dadar Ahura Mazda. If this name is prayed 101 times at dawn after completing your kustī, it is said that your wishes will be

Daisy P. Navdar is a teacher by profession and a firm believer in the efficacy of our Manthravani. She is focused on ensuring that the deep significance of our prayers is realized by our youth. She credits her learnings and insights, shared in her articles, to all Zoroastrian priests and scholars whose efforts have contributed towards providing light and wisdom for all Zarthostis.

fulfilled. It is important here to understand that when we ask for something of God, it is just a desire from our perspective. That particular wish may or may not be part of His grand plan for us. Hence, we must always preclude every wish with a statement that this is my application, to accept or reject it is in Your Hands. I bow to the will of Ahura!



**2. Harvesp-Tawan:** The All-powerful one. If you are feeble and weak, then this is the name that helps you gain strength. If you have suffered a debilitating disease and find it difficult to get back to your old form, then this is the name to be chanted. It is also beneficial for sports persons or athletes to regularly chant this name. It gives them endurance and stamina to be the best in their sport. However, this doesn't mean that it is a substitute for regular training and hard work. This name can also help you to overpower your enemies.

**3. Harvespa-Agha:** The knower of all mysteries, internal and external. It was a name frequently recited by Dastoorji Kookadaaru Saheb. If you need wisdom and insight into the situations that you face in your life, then this is definitely the name to be chanted. Many of us face so many challenges in our work life. We are unable to gauge the thought processes and future actions of our co-workers or competitors. This name helps bring perspective

to our own actions which will protect us against the destructive strategy of our opponents.

**4. Harvespa Khudah:** This name is old and full of wisdom. It means the God of all things. If you are unable to meet with your day-to-day needs, then this is the name to pray. The one who recites this name shall never go hungry. When this name is recited in conjunction with the previous name (Harvespa Agha, Harvespa Khudah) for 101 times, your wish will be fulfilled.

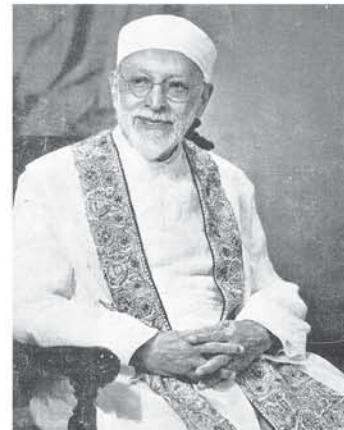
**5. Abdaha:** Without beginning. The seamless one who is eternal and hence has no starting point. This name is particularly beneficial to pray when you are starting some new work. It will bestow the new venture with quality of endurance and it will continue to work for a long time.

**6. Abi Anjaam:** Without end, or eternal. When you recite this name as you conclude your work, the positive effects of your efforts will continue to work endlessly. A great many benefits can be derived by the recitation of this name.

**7. Bunestih:** Source of all things. Ahura created the whole universe and all the things within. Everything that endures is the creation of Ahura, as also the sunlight, the rain, the mountains, the trees, the planets and the galaxies. Boon means one who pays attention and recites. Just like the best students are the ones who pay attention in class, the most successful in life are those who listen carefully to the words of God, recite them and most importantly, follow them.

## I Will Go Thy Way Ahura Mazda!

Start your weekend with positive vibes with inspirational excerpts from the acclaimed book, 'Homage Unto Ahura Mazda' by Dasturji Dr. Maneckji Naserwanji Dhalla of Karachi.



separated from thee.

Thou couldst do without me. Thou didst need me not. Yet Thou didst pity me. Thou wouldst not leave me lonely and lost. Thou didst take me by my hand and put me on the right path again.

I will now hush the beguiling voice of Angra Mainyu. I will silence the storm of passions. I will smother vicious thoughts. I will sweep the ground of my heart of all impurities, that then in the serene and pure atmosphere I can hear Thee speak to me. I will now never yield to the Arch-enemy of mankind. Valiantly will I fight him and vanquish him.

Now that I have found Thee again, never will I leave Thee. Ever will I be in Thy keeping. Thou dost always guide me aright and I shall walk in the light that Thou givest me. I will not draw near Thee with my lips, when my heart was far away from Thee. I will be what Thou wouldst have me to be.

I will not now go my way and let Thee go Thy way. Thy way and my way will be one and same. We two will be on common ground. Abreast we two will walk our way, Ahura Mazda!

Angra Mainyu, the Evil Spirit's one desire is that man should not recognize him and appraise him at his true value. He lurked about me to beguile me into the wrong path. I saw not his deception. My Fravashi, Guardian Spirit, warned me against the danger. But as in vain does the ploughman goad his ox to turn the furrow, and it is recalcitrant, so I hearkened not to the voice of my inner infallible guide. Weak in the moment of temptation, I followed the Evil Spirit. I deviated from the Path of Righteousness, which is thy Path. I missed thy company and was lost in the wilderness of wickedness. I knew not what to do. My spirit began to brood, for misfortune was lying ahead of me. Disquiet became my heart, until it would again find rest in thee. Unbearable now was my sorrow that I



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# Coronavirus: Neither 'Divinity's Wrath' Nor 'Nature's Vengeance'!



**NOSHIR H. DADRAWALA**

The novel coronavirus is neither 'Divinity's Wrath' nor 'Nature's Vengeance'. From a Zoroastrian perspective, this virus is the opposite of all that is good, God-given, life-giving and health-promoting. However, there are all kinds of posts on social media about the coronavirus being 'Divine Anger' on mankind and COVID-19 being 'Mother Nature's Vengeance' on human beings!

**The Zoroastrian Perspective:** The God of Zarathushtra is neither an 'Angry God', nor a 'Testing God' or a 'Vengeful God'. Zarathushtra's God (Ahura Mazda) is the Lord of Wisdom, the Bestower of Life and a 'Loving Beloved Friend'. In the Gathas, (Divine Songs) Zarathushtra calls his God as 'Friya' (Sanskrit Priya) - a Beloved Friend.

As intelligent human beings, we have been given the freedom to choose and what we reap is the fruit of our individual and collective choices - Good or Evil. Let us not blame the Divine or assign it to Divine Anger. The sum total of humanity's collective Thoughts, Words and Deed (Actions) lead to Re-Actions. It's a scientific law.

Zoroastrians believe that human beings find happiness or sorrow according to moral and ethical choices made at an individual and collective level. A school of thought also emerged during Sassanian times, postulating the theory that *Ahura Mazda* (God) is 'Totally Good and Very Powerful' and *Ahriman* or the evil spirit/mentality is not a creation of *Ahura Mazda* and at the end of time, the latter will be completely vanquished. According to this school of



thought, *Ahura Mazda* cannot and should not be blamed or held responsible for death, disease, suffering or pain in this 'perfecting world'.

There are two mentalities *Anghra Mainyu* (negative mentality) and *Spenta Mainyu* (positive mentality). As human beings, we have the freedom to choose positive or negative mentality. What we individually and collectively reap, is the



consequence of our choices.

**Fate And Destiny:** Fate is what puts opportunities in front of us while destiny is determined by our decisions. For instance, if one finds himself in a position of power or a position of poverty, that is fate. But what one does being in the position of power or poverty, shapes his destiny and impacts that of those around him. The one in position of power may use that power positively or negatively.

In like manner, the person in position of poverty may justify becoming a thief and harm his destiny and that of his victims or work honestly to better his destiny and that of others.

## The Virus... And the REAL Virus

Scientifically, coronavirus is not even a living organism. It is a parasitic destructive particle. Let's shun it. Let's work to

destroy it following credible health and safety guidelines. But let's not give it importance by elevating it to the stature of 'God-induced' or 'Mother Nature inflicted'! It is anti-Nature at best!

A virus is a biological agent that reproduces inside the cells of living hosts. When infected by a virus, the host cell is forced to quickly produce thousands of identical copies of the original virus. Unlike most

living things, viruses do not have cells that divide; new viruses are assembled in the infected host cell. In other words, a virus is an inanimate, complicated, non-living matter. It lacks any form of energy or carbon metabolism. Viruses reproduce and grow only within host cells.

The REAL virus, to worry about, is the virus of panic and paranoia; The virus of fake news; The virus of hypocrisy propagated by those who attempt to instill guilt and fear from the safety of their homes but do not lift a finger to help anyone. Real heroes do not wear the badge of religion or spirituality. Besides doctors and health-care givers, there are innumerable unknown and unsung heroes who run errands for the sick and the elderly, provide food and medication and do all the good they can, without seeking reward or recognition. Indeed, all these hands that help, are holier than those lips which only preach.

**Origin Of Evil:** There is no way we can fathom the deep mysteries of this universe, including the origin of evil, with our very limited intellect. It would be akin to measuring the Pacific Ocean with a six-inch scale! To be honest, we do not know why, during any calamity, some die and some survive. Perhaps, what is more important to know is what one

can or should do when evil strikes. Gautam Buddha had a good anecdote to explain this. When one is shot with an arrow, does one waste time finding out whether it was shot on purpose or by accident, by a king or a commoner, from the ground level or from horseback? The real and immediate need is to remove the affliction, pain and discomfort and not waste time on the unnecessary.

The conflict in a human mind is much like this. Who and what caused the Coronavirus? Was it created accidentally or deliberately, during a research experiment or at a wet market in Wuhan? Worse, why is God punishing the innocent or Mother Nature taking revenge on the already ailing and the elderly? A more objective response would be - yes, we have been struck by a pandemic. Why waste crucial time assuming conspiracy theories? Is that going to solve the problem? Instead, why not find out what one can do by way of a remedy or solution to the problem. How best to flatten the curve?

Between stimulus and response, is space. In this space, lies our freedom to choose our response. When something negative happens in our lives, we cannot expect a positive change with a negative attitude. We win some battles and we lose some battles. The issue is not whether we win or lose. It's how we fight or respond. The true reward of a well-fought battle is not what we get at the end of it, but who we become at the end of it.

**Health And Hygiene:** As Zoroastrians, we believe that cleanliness is not next to godliness, but is a part of goodness and godliness. Washing hands comes as part of our upbringing. We are required to wash our hands and face before praying or entering a place of worship or before cooking or eating. Even social-distancing and self-quarantine is observed by priests for nine nights during the *Bareshnoom* (a purification) ceremony. Social distancing and self-quarantine also used to



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be observed by women during menses and for forty days after child birth.

**Don't Ask 'Why!' Ask 'What Now?':** Rabbi Harold S. Kushner, author of numerous books including 'Living a Life that Matters' rightly says, "The question we should be asking is not, 'Why did this happen to me? What did I do to deserve this?' That is really an unanswerable, pointless question. A better question would be, 'Now that this has happened to me, what am I going to do about it?'"

Martin Gray, a survivor of the Warsaw Ghetto and the Holocaust writes about the travails of his life in a book called 'For Those I Loved'. He tells how, after the Holocaust,

he rebuilt his life, became successful, married, and raised a family. Life seemed so good after the horrors of the concentration camp. Then one day, his wife and children were killed when a forest fire ravaged their home in the south of France. Gray was distraught, pushed almost to the breaking point by this added tragedy. People urged him to demand an inquiry into what caused the fire, but instead he chose to put his resources into a movement to protect nature from future fires.

He explained that an inquiry, an investigation, would focus only on the past, on issues of pain and sorrow and blame. He wanted to focus on the future. An inquiry would set him against

other people: "Was someone negligent? Whose fault was it?" Being against other people, setting out to find a villain, accusing other people of being responsible for your misery, only makes a lonely person lonelier. Life, he concluded, has to be lived for something, not just against something.

It's the same with the coronavirus pandemic. Was someone in China negligent? Whose fault is it? Is it government policy or man's greed or God's anger? Our response should be, "life has to be lived for something, not just against something". Look at the positive outcome of this pandemic. Look at the milk of human kindness that is flowing across India and the world. The

pandemic is a matter fate. Our response to this fate is what will shape our individual and collective destiny.

**The Role Of Prayer:** When prayers are offered with devotion and understanding, they become a powerful source of positive and healing energy. Just as food is essential for physical sustenance, prayers are vital for spiritual sustenance and mental equilibrium, especially in times of fear and anxiety.

In the Zoroastrian tradition there are several healing prayers. One of the best healing prayers is the 'Ardibehest Yasht'; and for mental peace there is the 'Mah Bakhtar Nyash'. 'Vanant Yasht' is also

a very powerful prayer which helps the one who recites it to overcome all negative and evil forces. In the very powerful and potent 'Nirang' of Vanant. we affirm that all calamities may vanish and disappear!

Praying the 34<sup>th</sup> and 35<sup>th</sup> name (out of the 101 names) of Ahura Mazda is also very beneficial. The 34<sup>th</sup> name affirms Ahura Mazda as "vanquisher of all kinds of afflictions and diseases" and the 35<sup>th</sup> name upholds Ahura Mazda as "victorious over all evil!"

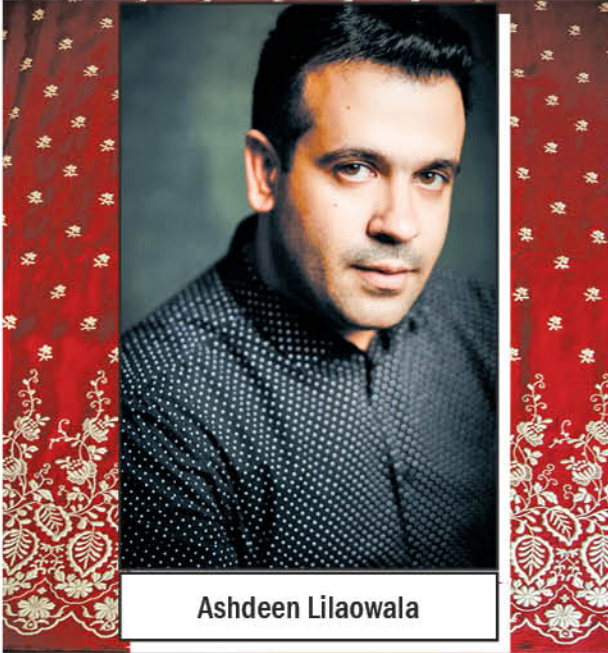
Pray daily with full faith and positive affirmation that Ahura Mazda will assist us all in vanquishing coronavirus and assist humanity in victory over this negative, life-threatening, parasitic particle.



# Designers At Home: On Ashdeen's Plate

Parsi Times is delighted to share one of our community's and nation's topmost Fashion Designer - Ashdeen Lilaowala - featured in the 'Designers at Home' platform, a by-invitation series, hosted by thevoiceoffashion.com, where Indian fashion designers share their thoughts and creative ideas – fashion or otherwise – while working from home, in the midst of the ongoing COVID-19 pandemic.

The edition of Designers at Home dated 30th March, 2020, covers our very own Fashion guru, aficionado – the Community's leading fashion designer - Ashdeen Lilaowala, as he ponders the past, inspired by his unique collection of decorative plates and vintage photographs of Parsi families..



## Writes Ashdeen...

"While cleaning my kitchen shelves, I found old decorated plates that I have been collecting for years. Later that day, while shuffling through some old albums, I saw these sepia-tinted photos of Parsi families shot in photography studios. It made me wonder.

Had these plates and people ever interacted?

Did they have any connections and history?

Maybe the people in the photos were at some point in possession of these objects.

Did these tangible objects have a glorious past?

What was their significance and their worth?

These days of isolation and pandemic make you challenge the very idea of continuity and permanence."



ASHDEEN



Images courtesy: Ashdeen Lilaowala  
[Courtesy: thevoiceoffashion.com]



# Parsee General Hospital In Lockdown

## Will Not Admit New Cases Or Visitors Till Mid-April

**O**n 1st April, 2020, the B D Petit Parsee General Hospital issued a statement that it was in Lockdown mode and would not be admitting any new cases or permitting any visitors to enter the hospital, till 15th April, 2020. Services were suspended after a patient, admitted for another ailment, tested positive for Covid-19 or the novel Coronavirus. As per media sources, the patient has been shifted to Kasturba Hospital for treatment.

The statement further stated, "The patients' attendants currently staying with them (at the hospital) in the paying wards will have to remain in the hospital for next two weeks, or go home today and stay at home (self-quarantine), till the above date. This is as per the Govt. / BMC rules, taken for the safety of the Community and the patients currently being looked after by the dedicated staff of PGH."

The lockdown implemented by

PGH comes in the wake of the city's major hospitals like Breach Candy, Jaslok and Saifee, also stopping their outpatient departments and new admissions, over Covid-19 cases, and are only running their emergency sections, affecting quality healthcare.

As per news reports, at Jaslok, at least six staffers have tested positive and are undergoing treatment, after a patient admitted for bladder surgery and kidney dysfunction, had tested positive for Covid-19, after spending 11-12 days in the hospital. An expert team visited Saifee Hospital, under partial lockdown after a cardiac surgeon tested positive, as did his 85-year-old father, who had gone to the hospital a day before he succumbed to the infection. At Breach Candy Hospital, the test results of all technicians came positive in the first test; second test results are awaited.

Additional Municipal Commissioner, Suresh Kakani, leading



the battle against Covid-19, said the BMC team would decide when a hospital can safely reopen, based on the testing of air and water samples collected there, which could prove if the infection was still lurking. He assured, unlike humans, who need to stay quarantined for 14 days, hospitals

wouldn't be shut for as long.

Across Mumbai, at least five nursing homes have stopped taking new patients, after unknowingly admitting coronavirus positive cases.

# Serum Institute's Adar Poonawalla Invests In Mylab Discovery Solutions For Manufacturing COVID-19 Testing Kits



- Abhijit Pawar, Chairman, APG.

This comes in at a time when the number of Coronavirus cases in India have crossed the 2,000 mark, after several states reported a spurt in infections linked to a religious congregation in Delhi. Maharashtra reported the highest number of cases, followed by Kerala.

Adar Poonawalla said global innovation was the need of the hour to curb the pandemic that has affected millions across the world. "In the next few weeks, we will be ramping up the production of the Covid-19 testing kits taking from 1.5 lakh tests per week, to 20 lakh tests per week. The shortage of testing kits will come to an end in a month or two," Adar Poonawalla said, in a press statement.

**O**n 2nd April, 2020, Serum Institute India's Chief Executive Officer, Adar Poonawalla, shared that he has invested in the Pune-based molecular diagnostic company, Mylab Discovery Solutions Pvt. Ltd. (MDS) - the first Indian firm to get commercial approval to make and sell coronavirus testing kits (named Mylab PathoDetect COVID-19 Qualitative PCR kit, approved by Indian FDA/CDSCO and ICMR evaluation). The investment will help scale up the production and delivery of Covid-19 test kits as well as expand molecular diagnostic solutions. MDS has also roped in another investor



Adar Poonawalla with the MDS Team



He praised MDS for having shown exceptionally innovative capabilities for being able to develop a time-saving testing kit within six weeks of its outbreak. "Keeping in mind their resilient approach and quick response, I am certain that the company has a variety of similar innovation-driven projects which will help bring drastic improvements in the healthcare sector. The investment towards Mylab will enable them to build their infrastructure and expand their capabilities

further," said Poonawalla.

"This partnership can impact billions of people across the world, especially India," said Hasmukh Rawal, Managing Director, Mylab Discovery Solutions.

The partners are yet to disclose the investment details.



## After 'Tata Trusts' Pledges ₹500 Cr To Fight COVID-19, 'Tata Sons' Follows Suit - Donates ₹1,000 Cr!

On 28th March, 2020, Ratan Tata, Chairman Emeritus, Tata Sons, the parent company of Tata Motors, announced that Tata Trusts had pledged Rs. 500 crores to help in the fight against the dreaded COVID-19 or coronavirus. Within a short while of this news, Tata Sons followed suit, pledging Rs. 1,000 crores donation towards the same cause.



The amount would be used to purchase personal protective equipment for the medical personnel on the frontlines, respiratory systems for treating increasing cases, purchase of testing kits, setting up modular treatment facilities for infected patients and for knowledge management and training of health workers and the general public. Tata Trusts Chairman Ratan N Tata said, "The COVID 19 crisis is one of the toughest challenges we will face as a race. The Tata Trusts and the Tata group companies have in the past risen to the needs of the nation. At this moment, the need of the hour is greater than any other time."

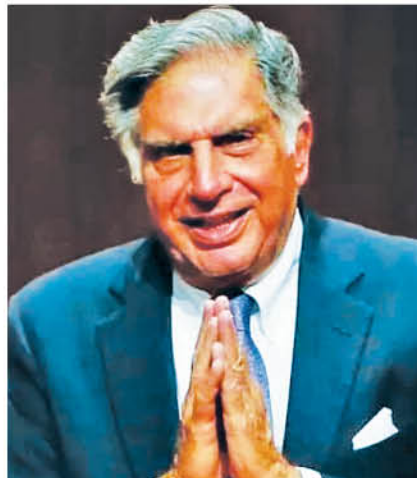
"In this exceptionally difficult period, I believe that urgent emergency resources

need to be deployed to cope with the needs of fighting the COVID 19 crisis, which is one of the toughest challenges the human race will face... We are deeply grateful and have immense respect for every person of member organisations who have risked their life and safety to fight this pandemic," Tata added.

As per the statement put out by Chandrasekaran - Chairman, Tata Sons, "We will work together with the Tata Trusts and our Chairman Emeritus, Mr. Tata and would be fully supporting their initiatives, and work in a collaborative manner to bring the full expertise of the group. In addition to

the initiatives articulated by Tata Trusts, we are also bringing in the ventilators necessary and are gearing up to also manufacture the same soon in India. The country is facing an unprecedented situation and crisis. All of us would have to do whatever it takes to alleviate and enhance the quality of lives of the communities we serve."

Tata Trusts, Tata Sons and the Tata group companies are joined by local and global partners and the government, to fight this crisis on a united public health collaboration platform, which will strive to reach out to sections that are underprivileged and deprived.



## Tatas Object To Shapoorji Pallonji Group Plan To Pledge Stake

Tata Sons and its estranged minority shareholder, Shapoorji Pallonji (SP) Group, have clashed once again with the former objecting to cash-strapped SP Group's plans to pledge a portion of its stake in the Tata Group parent to raise money. Pallonji Mistry and sons, Shapoor Mistry and Cyrus Mistry, who together control the diversified SP Group, have tapped Canadian investor Brookfield for a \$2-2.5 billion funding facility, using part of its stake in Tata Sons as collateral. Tata Sons has emphasized that there is clear restriction on transfer of Tata Sons shares to a non-shareholder as it is a closely held holding company. The first right of refusal rests with Tata Sons and the SP Group would need to issue a notice to

the Tata Sons Board.

As per an SP Group spokesperson, in the previous two years, the operating companies of the SP Group have recorded their strongest performance yet and the Group has adequate liquidity to meet its current obligations. Even so, the Covid-19 pandemic has impacted all sectors, including the construction and real estate sector. Though Brookfield has reached out to global and local banks to scope out refinancing opportunities, most lenders have sought an acknowledgement from Tata Group for their in-principle buy-in.

However, as per media reports, a top legal official close to the SP Group said, "Pledging happens only as a mechanism for security. These shares are

not for sale. And in the worst-case scenario, where SP Group cannot meet obligations on the pledged shares, nothing can stop them from selling shares which are held in Cyrus and Sterling Investments. Also, Tata Sons can object to transfer of shares to undesirable entities which can only be a criminal or competitor."

Brookfield and the Tata Group are yet to share an official response. Pallonji Mistry, whose son Cyrus was ousted as chairman of Tata Sons in October 2016, has been sparring with the Tata Group since then on various corporate governance related matters. Mistry's dismissal is now being heard in the Supreme Court. The 18.4% stake that the Mistry family owns in Tata Sons is held



through two family entities, Sterling Investments and Cyrus Investments, making them the biggest single shareholders in India's largest conglomerate. Closely held Tata Sons, which

controls the \$111 billion conglomerate spanning more than 100 companies, is 66% owned by Tata Trusts, helmed by Chairman Emeritus, Ratan Tata.



ARE YOU IN NEED OF  
MEDICAL / HEALTHCARE  
PROFESSIONALS?



ARE YOU WONDERING WHO TO  
TURN TO DURING A MEDICAL  
EMERGENCY?



We're Here In  
Your Service!

CALL BPP's 'DIRECT HELP LINE':

Ronny Patel: 9867946384 /

Jimmy Merchant: 9819027857

The BPP has installed DEDICATED HELP LINES for community members to reach out to us for timely Help / Assistance on any issues you are facing due to the Lockdown, or for emergencies.



# APPEAL

## Need Of The Hour: Supporting And Facilitating The Medical Fraternity In Facing The Challenges Posed By COVID-19

(A Masina Hospital Initiative)

Humanity is presently fighting a fierce battle to defeat the contagion of the dreaded Novel Coronavirus (COVID-19). WZO Trust Funds have, in their own modest manner, assisted by supporting Masina Hospital (Byculla, Mumbai), in preparing Quarantine Wards for use by patients who need to be isolated.



Masina Hospital

'Porta Cabins', as these units are called, are fabricated with two doors, toilet and overhead storage space. These units are in lengths of 20 ft and 40 ft., and are used not only for patients but also for the medical personnel attending to them. Each Porta Cabin comprises toilet facilities, internal electrical wiring, lights and fans. Masina Hospital will provide beds, side-tables, food-trolleys, equipment including protective gear and air-conditioners, within the Porta Cabins.

Four Porta Cabins are presently being installed - two for patients and two for the medical Team. The cost of each Porta Cabin is in the region of Rs. 5,00,000/-. WZO Trust Funds have, from their own funds, contributed towards the purchase of two Porta Cabins that will be utilized for members of all communities who are suspected of having contracted the virus and require to be kept in isolation.

Massive funding is required for undertaking this gigantic humanitarian exercise to save human lives. More such Porta Cabins are required at Masina Hospital. Each unit houses six patients for whom 12 medical personnel are required working in shifts. Each medical personnel needs to be provided PPE (Personal Protective Equipment) the cost of which is Rs.1,200 per personnel, per day. Thus, the cost of providing PPE to medical personnel looking after 12 patients (6 in each cabin) in two cabins would alone amount daily to Rs.28,800. Personnel attending to very critical patients require additional protective wear that would raise the daily cost of PPE to Rs.35,000 (Rs.10,00,000 per month).



A typical Porta Cabin

Individuals and institutions are requested to support the efforts of Masina Hospital, and extend a helping hand by contributing generously to Masina Hospital. Donations big or however modest will go a long way in overcoming the dreaded Coronavirus. Donors from overseas may note that Masina Hospital has permission under Foreign Contribution Regulation Act (FCRA).

**Individuals and Institutions desirous of making donations may please contact:**

Jimmy Parakh, Trustee, Masina Hospital: [jimmyparakh1949@gmail.com](mailto:jimmyparakh1949@gmail.com)

Dr. Vispy Jokhi, CEO, Masina Hospital: [vjokhi@masinahospital.com](mailto:vjokhi@masinahospital.com)

## Tripura Shares Wish-List With Ratan Tata To Fight COVID-19

Two days after the Tata Group pledged Rs 1,500 crore to fight the Coronavirus pandemic, Tripura's Deputy CM, Jishnu Devvarma wrote to Tata Trusts Chairman, Ratan Tata, seeking material assistance to tackle the virus in the state. Devvarma's wish list includes 100 ventilators, 50,000 Personal Protection Equipment (PPE) and alcohol-based hand sanitizers each, 1,00,000 N95 masks and 500 makeshift tents for patients.

An excerpt from the letter reads, "Tata Trusts has been a pioneer organization in stepping up to situations like this. The contribution of your organization to the North East Indian States also has been widely appreciated. I would like to bring to your kind attention about the requirement of following materials to prevent COVID-19 from becoming a huge outbreak in the State of Tripura."

The deputy chief minister also said that his government has already adopted certain preventive steps to contain spread of the disease.

The state government asked people to maintain social distancing, stay indoors and avoid coming out of their homes unless it is required during the lockdown period.

No one has yet tested positive for coronavirus in Tripura.

On Saturday, the Tata Group while pledging the funds to fight coronavirus said they will be utilised for providing protective equipment to medical personnel, respiratory systems for treating increasing cases, testing kits to boost testing in the country and setting up treatment facilities for those already infected. The group has also said that it will train health workers and the general public to empower them against coronavirus



**COMMUNITY CALL DURING PANDEMIC!**

**The Community Needs You! WON'T YOU HELP?**



**The BPP SOUNDS A COMMUNITY CALL TO ALL:**

- ➔ MEDICAL & HEALTHCARE PROFESSIONALS
- ➔ FOOD & GROCERY SUPPLIERS
- ➔ SPECIAL-SKILLED PROFESSIONALS
- ➔ VOLUNTEERS

**CALL BOMBAY PARSİ PUNCHAYET ON THE DIRECT HELP LINE:**

**Ronny Patel: 9867946384 /**

**Jimmy Merchant: 9819027857**

*The Lockdown has posed several challenges upon a number of community members, especially our seniors, who along with other community members, are struggling with several issues. BPP has installed a DIRECT HELP LINE to help/assist Community members who are facing challenges, and for emergencies, during the Lockdown.*



# BPP Installs 'DIRECT HELP LINE' For Community Members

## Extends Timely Support During Pandemic

The effects of the Lockdown in India have been a challenge to all in their daily lives, with virtually every service coming to a standstill, except for the absolute basic ones, which sustain survival. But it's that much more challenging in a community as ours, which has a sizeable chunk of seniors who are single and living on their own, with many completely dependent on their domestic-help, tiffin-services and public transport for their daily sustenance. With the functioning of these services not qualifying as 'basic', under the legislative diktat of the Lockdown, the senior members of the community have been fighting an uphill battle, in more ways than one, against the dreaded and deadly COVID-19.

But it's not just the seniors who have been gravely inconvenienced. A number of other community members have been facing several issues, in keeping with the Lockdown - the unavailability of groceries and other consumables as well as non-consumable items of daily use; Medical issues; and numerous other inconveniences - all of which pose serious challenges to sustenance of life and livelihood. In fact, even during minor or major emergencies, one is unable to turn to their usual support system of family or friends as they too, like the rest of us, are under home-confinement, which is the need of the hour today, in the battle against the Coronavirus.

Coming to the timely aid of the Community, the Bombay Parsi Panchayet (BPP) has announced the installation of a 'DIRECT HELP LINE' for all community members who find themselves in a difficult situation brought on by the lock-down. As per the Press Statement, "The BPP has installed DEDICATED HELP LINES for community members to reach out to us for help/assistance on any issues that they are facing due to the Lockdown, or for emergencies. We will try to resolve issues regarding lack of food supplies/groceries, etc. as well as cater to medical needs / emergencies by connecting the elderly or incapacitated with doctors and GPs nearby and provide ambulance services."



**BPP Trustee Kersi Randeria:** "The Trustees were concerned about the situation that has been forced upon the community members due to this unprecedented and unexpected lockdown, given the fact that we have an ageing community and many seniors, who stay on their own. The BPP will play the leadership role in trying to create a centralized network and establish a systematic connect between those who are in need of assistance and the volunteers."

Our community members deserve due credit, as within almost every colony, there are a number of volunteers helping those in need - food is being provided to the helpless by concerned neighbours, Committee members are operating the water pumps, external help is being sought to clean garbage, etc. What is most needed today is a concerted and unified effort - a proper system in place with plans operating smoothly - all under one umbrella. That is what BPP aims to provide - a centralized platform for effective and smooth coordination of all volunteering efforts to ensure maximum results/benefits to community members.

The community needs doctors and other medical professionals to volunteer their services, as also those who can help in providing food supplies and food, and volunteers to help our seniors. I request our community members to come forward and share their willingness to help the community by connecting with us on the mentioned phone numbers. BPP will play a crucial role, given the lockdown and limited resources we have. In due time we hope to set up a well-knit system that will take care of the problems that the community faces. How far we will succeed can't be guaranteed, however everything we succeed in doing, will be a step in the right direction."

As per the statement, the BPP is in the process of establishing small teams of volunteers attached to different Parsi settlements like Baug, Colonies, buildings etc, to cater to its residents as well as community members living close to these. As per proximity, these volunteers will be accessible to help out all who seek assistance on various levels - including food and grocery supplies; medical assistance and any other hardships brought on by the lockdown. Community members who are in need as well as those who wish to volunteer during this crisis are requested to connect with **Ronny Patel: 9867946384** or **Jimmy Merchant: 9819027857**.

### BPP Installs DIRECT HELP LINE For Community Members

Dear Community Members,

Given the difficult times the world is currently going through with the fatal danger that the dreaded COVID-19 (novel coronavirus) poses to the country in general, and our aging community in particular, the BPP is taking several steps to proactively, positively and effectively address the issues faced by our community members.

Our endeavours are aimed to help community members at multiple levels, to the best of our ability and our resources, despite the extraordinary challenges posed by a nation under lockdown.

The BPP has installed DEDICATED HELP LINES for community members to reach out to us for help/assistance on any issues that they are facing due to the Lockdown, or for emergencies.

We will try to resolve issues regarding lack of food supplies/groceries, etc. as well as cater to medical needs/emergencies by connecting the elderly or incapacitated with doctors and GPs nearby and provide ambulance services.

We endeavour to help to whatever extent we possibly can under these trying and difficult circumstances.

**Kindly contact us, between 9:00am to 9:00pm, on these two numbers:**

**Ronny Patel: 9867946384 / Jimmy Merchant: 9819027857**

The BPP is also in the process of setting up small groups of volunteers per settlement (Baug/Colony/Building) who will be accessible to help out resident community members as well as those living close by. Community members who would like to volunteer in effacing the challenges faced by our brethren are requested to connect with us on the same numbers.

We are also working on a Disaster Management Plan and request professionals, especially doctors, to come forward and help our community members, during these challenging times.

We also request all members of the community to follow all government advisories in terms of health safety for all.

Since no publications are being printed (as physical copies), we request you to forward this message to as many people as you can, to ensure maximum circulation of this Dedicated Help Line, which will prove to be of great help to those in need.

We hope to serve and resolve as many issues as possible for you!

Board of Trustees,

Bombay Parsi Panchayet

**BPP Chairman, Yazdi Desai:** "In these troubled times, many do not know whom to turn to for help and guidance and support. The BPP exists to serve the community and is hereby reaching out to all our humdins who need help of any kind. Stay home, stay safe and let us take care of your problems/needs."



**BPP Trustee Noshir Dadrawala:** "There are many within our community who are alone or physically incapacitated. Not having domestic help has added to their woes from their most simple errands and needs to fear of being alone and uncared for medical needs. The BPP's dedicated Help Line is for such elderly or incapacitated to reach out to us. BPP will in turn coordinate with dedicated volunteers and try to alleviate their difficulties to the extent possible. We are committed to playing an enabling and facilitating role. We cannot do it all. But, we will try mobilize the resources human and otherwise to help our community tide over this difficult time. We need every community member's help to help our community."



**BPP Trustee Armaity Tirandaz:** "In these peculiarly trying times, we have to, more than ever before, come together as a community to help and support each other. In keeping with the unprecedented challenges imposed by the Lockdown, especially on those who are struggling to meet their various needs on a daily level or during emergencies, the BPP's 'Dedicated Help Line' initiative endeavours to provide succour to all community members. This Help Line will form the crucial common platform or the bridge which will connect those in need, with those who can help, in a systematic and coordinated manner. The BPP stands by the community in its hour of need. I urge all our good Samaritans and volunteers to connect with us as soon as possible so we can further fortify our service efforts."

**BPP Trustee Xerxes Vispi Dastur:** "We, at the BPP, are trying to ensure that the Parsis in Mumbai, especially in the colonies, are safe and following government protocol to the fullest. Let us, as a community, once again display the sense of civic obedience and philanthropy we are famous for, in our country. It is important that we realise the seriousness of the current situation and ensure that we all individually play our parts. Today, the community needs to look after the elderly and the financially challenged members. The BPP, along with the respective colony associations, has set up a manner in which we can look after as many people as possible. I would personally request each one of you to help in



any way you can, even if it is in as small a manner as calling and talking to someone who is alone and lonely. Please feel free to pick up the phone and reach out to any of us or at the Helpline. Remember that to defeat this VIRUS, depends entirely on I and U. Stay well and Safe."



**BPP Trustee Viraf Mehta:** "Even as BPP makes this effort, in the face of today's challenges, to meet the needs and alleviate the ordeals of community members, it is very important that each one of us, unfailingly does our duty, as an Indian citizen. Please stay at home - do not wander out or send your children down to play, even within the colony boundaries - this deadly virus is airborne and extremely contagious. Staying indoors and adhering strictly to Social Distancing is the need of the hour. It may sound unpalatable but this is the only way to ensure that not just you and your family, but your entire colony and community is protected from this unpredictable contagion which could suddenly consume us all, just as it has, abroad. I sincerely ask all of us to stay protected by staying at home and maintaining the Social Distancing/ Isolation criteria."



# Community Support For Iran During COVID-19 Crisis

On March 26, 2020, Yazd Shahid Sadoughi University Of Medical Science, Iran received the second humanitarian package of medical supplies and safety equipment, sent to them through the support of Indian Zoroastrians. Over the past three weeks, two containers of medical supplies had been sent to Iran, that has been facing a major challenge controlling the COVID-19 outbreak.

However, with generous community support, life-saving medicines, masks, surgical coveralls and gloves, and also some ventilators, were sent to Yazd. The transport of supplies was made possible by Mahan Airlines, who ran emergency flights when all local and international flights were suspended.

Dr. Hassan Rouhani, President of the Islamic Republic of Iran, in a videoconference with the Governor of Yazd, praised the Zoroastrians' philanthropic activities in the fight against the Coronavirus.

Dr. Shernaz Cama has been tirelessly working for the community and creating strong links with Iran, especially in 2020 - the year which celebrates 70 years of diplomatic relationship between the two nations. We are proud that Dr. Cama managed to reach out and work with the backing of the strength of the global Zarthushti and humanitarian community.

The task of facilitating individuals who wanted to support this worthwhile cause, with the world entering a huge challenge in the form of the rapidly spreading COVID-19 virus was difficult and often heart-breaking. Each day brought bad news and yet each day strengthened the positive responses and resolve of a people who have followed the principles of Good Thoughts, Good Words and most necessarily, Good Deeds for all Creation.



We are firstly grateful to Homi Gandhi, President, FEZANA USA for his initiatives and coordinating the relief from Zoroastrians who donated generously from abroad. The generosity of several Zoroastrians around the world ensured this was possible:

- Dr. Cyrus Poonawalla, Adar Poonawalla, Serum Institute and the team of Dr. Dhere and Dureja, Serum Institute, Pune
- Dr. Yusuf Hamied, Cipla, London, and his team, especially Mr. Jaiswal, Cipla India
- Lord Karan Bilimoria Of London
- Dr. Ali Chegeni, Ambassador of Iran in India

**We must especially thank:**

- Mr. Mohammed Hekmat, Iranian Researcher affiliated with Parzor and working at the National Museum Institute, Delhi, for his constant support, his communications with Yazd, as well as his work with the Iranian Embassy officials in Delhi and officials in Iran
- Mr. Ali Moghari, Embassy of Iran in India
- Dorab and Shernaz Mistry of Singapore
- Homa Zartoshty USA of the Zartoshty Brothers Funds and Malcolm

Deboo, President, ZTFE, London

- Gaiv Irani, Vice President and the Trustees of the Iranian Zarthushti Anjuman, Mumbai
- Shahin Bekhradnia, WZO, UK
- Darayus S Motiwala, President - WZO, UK

We are also deeply grateful to those who immediately rallied around to help - Sanaya Nariman, Darius Khambatta, Shireen Sethna Baria, Anosh Kelawala, Prof Armaity Desai, Dadi Pudumjee, Perin Pudumjee Coyaji, Sarvar Khambatta Chand, Delzine Wankadia, Dinyar Patel, Dorab R Sopariwala, Ervad Jal Birdy, J.N. Amroliya, Jehangir Cama, Kayomars P Mehta, Pervin Jehangir, Roshan and Rohinton Rivetna, USA, Shernaz and Farhaan Lala, Yasmin and Jamshed Ghadiali USA, Yezad Kapadia, Kersi Shroff, Anton Zykov, Russia.

**Last but not the least, we must recognise the enormous energy and effort put in by:**

- Mr. Sepanta Niknam, President, Yazd Zarthushti Anjuman. We as a community must applaud his dedication to his people and the hospital in Yazd

Shahid Sadoughi University of Medical Sciences

- Mr. Mohammad Hekmat who has done all the coordinating with Iranian officials
- Kritika Mudgal for coordinating all contributions, purchases and supply logistics across India with several dealers and pharmaceutical companies
- Mahtab Irani for her accountancy skills in keeping tallies of donation and expense and support
- Mr. Rajiv Kumar of Lucknow Medical Agencies, Lajpat Nagar for providing the medical supplies and dealing with so many different people across the world

[Submitted by Mahtab Irani]

• Dr. Mohammad Reza Mirjalili, President,

**BOMBAY PARSİ PUNCHAYET**

**HAVE YOU RUN OUT OF GROCERIES AND ARE UNABLE TO LOCATE A GROCER?**

**ARE YOU WORRIED BECAUSE YOUR TIFFIN SERVICE STOPPED ABRUPTLY?**

**DON'T PANIC!**

**CALL BPP's 'DIRECT HELP LINE':**  
**Ronny Patel: 9867946384 /**  
**Jimmy Merchant: 9819027857**

The BPP has installed DEDICATED HELP LINES for community members to reach out to us for timely Help / Assistance on any issues you are facing due to the Lockdown, or for emergencies.



### The Bawa Word Search

Search out the following 16 Immunity Boosting Foods hidden in the word-jumble box below, in bi-directional, horizontal, vertical and diagonal forms:

O O P Q R E A Y R U O J H M Z S S A F W T W Z J J  
 S R T B E V I F S E I R R E B E U L B O I V U R C  
 J Z A N V L E L T N C I L R A G U J M U S H T A E  
 B J H L T Z D R O R J G W T M F M A P E Q S K L G  
 Z L K B U G L B M C K C E Z C N T E V R O V V D G  
 F B V J R B E R N Z C T S O L O Q N Y K S X M Z S  
 P L H J M F S N S H A O J B E W O K P L R X V U S  
 S A S T E N U X W L I C R S C E X L H E O O Y P L  
 Y Z A Q R C P H O W Q L Q B I W D O R O Y P M Z T  
 K Q A G I H J C Y H T F Z W K I I T E E P V O F C  
 R J C T C A O P X C W O U N R G U T S A R V S Y N  
 E J G T R H A G J G B T E L Z X L S J A O H Y O M  
 Y W L I C A B S L Q P B W G P A N E W N N N V P C  
 K N R K N R K R I Z V C L M Y B S H H C G I G X Z  
 Y D R M V S E V P C F K V O P E O C I U M V M N Y  
 S A F H X G E G M J I H U G N N G K E T B U V N T  
 D D R J N D J N C A T F A M E A N S R W C Z C E M  
 H A X I A Q N I G J A D H Y D V Q E Q A Z Q O G T  
 P V G R E D B E L L P E P P E R S P B Y B R G F G  
 G U U M Z P J Q T Q K I J U F N Q Y F K A J Y V V  
 N F Y V T G F S P I N A C H G Y L I W N K L P Q V  
 J S E X K Y N Y Z I H X O L S N F B G I U I F R R  
 I R H A W L B W H N Q S H E G L O E N U T S A T D  
 I U U G I A N D U H S E L P P A S A V C K T V C A  
 K I H O T V R D D Q N Y S G R E E K Y O G U R T Y

Ginger  
Blueberries  
Red Bell Peppers  
Apples

Turmeric  
Ginseng  
Broccoli  
Nuts

Oranges  
Tomatoes  
Garlic  
Eggs

Greek Yogurt  
Dark Chocolate  
Spinach  
Raw Honey

### TechKnow With Tantra

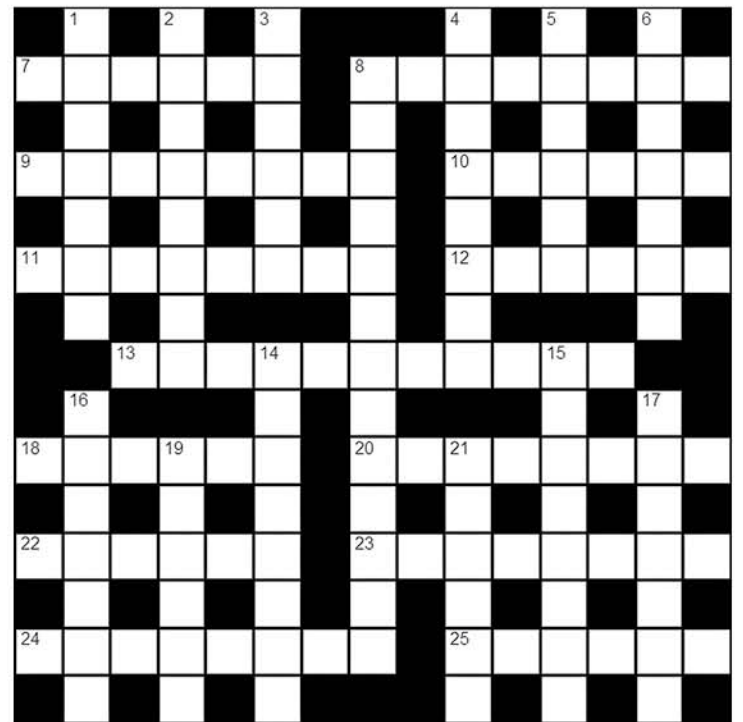


#### SKIT

If you are a stickler for privacy or just curious to know which of your apps does what, install Skit to view the insides of each app. Skit allows you to view, at a glance, detailed information about any app - when it was installed, when it was last updated, what permissions it uses and what activities it performs, even behind the scenes. It also gives you full control over your apps as also remove any user application without any problems. The premium version provides more features such as themes customization for eye safety, detailed statistics for all applications and deletion and extraction of multiple user applications. So, if you do not wish your game apps to access your camera, and they are doing it surreptitiously, use Skit to find it out!

Android: <http://bit.ly/2EnFT9U>

### BAWAJI BHEJA FRY



#### Across

- 7 12 constellations (6)
- 8 A habitual convict, more or less? (8)
- 9 Investigation (8)
- 10 Officers in training? (6)
- 11 Unorthodox or unconventional (8)
- 12 Hidden or screened (6)
- 13 Organization (11)
- 18 Old-fashioned (6)
- 20 Enfeebled, debilitated (8)
- 22 Tennis star Andre \_\_\_ (6)
- 23 Tact or refined taste (8)
- 24 Object of detestation (8)
- 25 Obedient employee (3-3)

#### Down

- 1 Tedium (7)
- 2 Radio (8)
- 3 Duty levied on goods entering a town? (6)
- 4 At a \_\_\_ : below full or normal price? (8)
- 5 \_\_\_ by : acts on or remains faithful to? (6)
- 6 An African country (7)
- 8 Managing director of Bombay Dyeing and Go Air (8,5)
- 14 Sketches, tells the story or plot in brief (8)
- 15 Cloudy (8)
- 16 Pulling laboriously (7)
- 17 British soldier (7)
- 19 Implanted items (6)
- 21 Mixtures of metals (6)

### WINNING CAPTION!!!



**Puppy:**  
Compared to humans, am I not wiser? Look, I've diligently used 'SOAP and SANITIZER'!

By Hoofriz Dotiwalla



#### Thought of the Week

"Faith is the strength by which a shattered world shall emerge into the light."

- Helen Keller



### CAPTION THIS!



Calling all our readers to caption this picture!  
The wittiest caption will win a fabulous prize!

Send in your captions at [editor@parsi-times.com](mailto:editor@parsi-times.com) by 15th April, 2020.

### BAWAJI BHEJA FRY ANSWER

B W O D A E  
 Z O D I A C J A I L B I R D  
 R R T E S I  
 R E S E A R C H C A D E T S  
 D L O A O E E R  
 B O H E M I A N U N S E E N  
 M S G N A  
 A S S O C I A T I O N  
 L U R V R  
 Q U A I N T W E A K E N E D  
 G N L A L R D  
 A G A S S I D E L I C A C Y  
 I E N I O A O  
 A N A T H E M A Y E S M A N  
 G S S S T T

### Weekend Riddle

Q: What two things can you never eat for breakfast?



## Dr. Jasvi's Numero Tarot Predictions

(As Per Your Birth Month)



*Parsi Times brings you Dr. Jasvi's column on her unique Numero-Tarot monthly readings, based on your month of birth:*

**January (Lucky No. 4; Lucky Card: Emperor):** You know where your destiny leads you to, but you are in search of the path. Slow down, be practical and then move ahead. Remember, ultimately, only you are responsible for your success. There will be no cause for concern this month. Just be in a state of aware in the present moment.

**February (Lucky No. 2; Lucky Card: High Priestess):** You need to stop alienating yourself from those around you. Emerge and enjoy your life. Take care of your health. Share your problems with an experienced person. You will receive clarity of thought. Take the time to introspect and ponder the reasons you have not achieved that which you aim for.

**March (Lucky No. 19; Lucky Card: Sun):** You will be blessed with success and victory in all your endeavours, this month. Don't allow confusions to get the better of you. This month showers you with blessings from the Divine Mother. All tasks will become possible now. Make the right choices and decisions. Whatever you want, you will be able to manifest with meditation.

**April (Lucky No. 21; Lucky Card: World):** This is the time for you to resolve your situations that you are confronted with. Be true to who you are - elegant, smart and intelligent. Learn to shoulder your responsibility, instead of running away from it. Spend quality time with your family.

**May (Lucky No. 17; Lucky Card: Star):** Keep in mind that everything that glitters is not gold. Be careful in taking decisions. An automatic balance will resume across all areas in your life. Your finances would peak in this month. Despite sitting at home and not doing much, you will receive great support in the form of divine blessings.

**June (Lucky No. 11; Lucky Card: Justice):** Life is beautiful - learn to take the world in your stride. Be happy with what you have instead of complaining about what is missing. Overall, this will be a happy month for those born in June. The Universe is granting you opportunities to start working on changing your life for the better.

**July (Lucky No. 10; Lucky Card: Wheel Of Fortune):** Change is permanent - so learn to accept change. Focus on moving ahead in life. Forget the little heartburns you have encountered. This is the best time for you to start working on your self-healing. Connecting with yourself within and with others, will empower you further. Financially, this is a very good month for girls/women born in July.

**August (Lucky No. 1; Lucky Card: Magician):** Learn to bring balance to the situations you face. All days will not be the same. Remember that an end is compulsory for fresh, new beginning. Don't overstretch yourself. Heal your fears, low self-esteem and fill yourself with confidence and courage.

**September (Lucky No. 5; Lucky Card: Hierophant):** Pray sincerely to the almighty and He will guide you onto the path to your destination. You will experience a great paradox and realise that though emotions tell you the truth, these cannot be trusted. Try to stabilize your emotions by wearing pearl or silver. Don't waste water. There is help and support all around - you simply need to believe and reach out.

**October (Lucky No. 8; Lucky Card: Strength):** Health is wealth - keep this firmly in mind. A good and sound sleep is the key to your good health. Avoid giving in to unnecessary negative thoughts at night. Get over the feeling of being neglected or undervalued by others. You have nothing to worry about. Just go it one day at a time, and one action at a time.

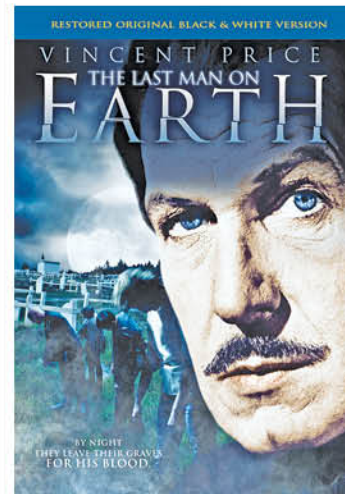
**November (Lucky No. 3; Lucky Card: Empress):** This month, simply follow your intuitions. This is going to be a very healthy time for you. Believe in magic. Focus on your goals. Commit yourself in giving it your all and your best and then watch success unfold!

**December (Lucky No. 6; Lucky Card: Lovers):** It is time for you to clear up your confusions. Sudden, short travel is indicated. Love is in the air. Emotionally, you will feel secure and content.

# The Virus And Hollywood

PT Film Critic, Hoshang Katrak takes a look at some films, which had a 'virus' as the central theme!

As the continents (Antarctica excluded) of our planet grapple with the lethal and unseen enemy, one's thoughts dwell on Hollywood's fascination for the unknown... While the perils of viral annihilation has been the subject matter of many films, one would have thought that a pessimist genre would not work commercially for the film industry. But Hollywood has always developed the knack for adapting stories with a few jump-scares and churning them out as horror or sci-fi films. After all, 'Fear is what gives life meaning', goes a line in the 1989 vampire film - 'Dance of the Damned'.



The first film on the subject would, in all probability, be the 70-minute, 1924, silent movie - 'The Last Man on Earth'. The title tells you half the story - that of a plague which has wiped out most of the male species. It was produced by Fox Film Corporation and inspired by Mary Shelley's 1826 book, 'The Last Man'. Incidentally, it was also the first film to depict a woman as the President of the USA!

Let's analyse, in brief, two American films which had 'virus' as its theme. Both were directed by Oscar-winning directors. The 2011 'Contagion' is perhaps the best known on the subject and if one goes by social media comments, it has been revisited by movie buffs within the last couple of months. Directed by the redoubtable

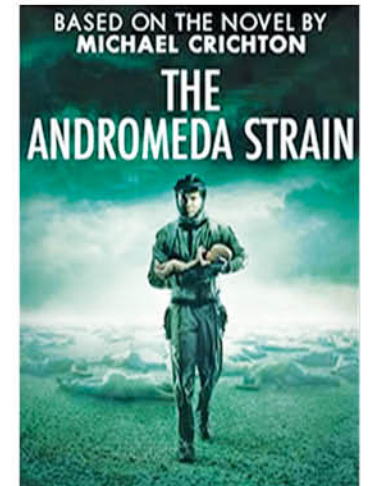


Steven Soderbergh (Erin Brockovich, Ocean's Eleven / Twelve / Thirteen) with a screenplay by Scott Burns, it's about a woman (Gwyneth Paltrow) who returns from Hong Kong via Chicago and infects her young son too, with an unknown virus.

While both perish, the husband (Matt Damon) is surprisingly immune to the disease. Kate Winslet is the hands-on doctor and Marion Cotillard is sent by the World Health Organisation to Hong Kong to investigate. The star-studded cast includes Jude Law as an opportunist blogger and Laurence Fishburne as the fall-guy scientist. The 105-minute film had eerie coincidences in the disease being transmitted from bats to pigs to humans, economies collapsing, besides its share of conspiracy theories. It is debatable whether 'Contagion' was inspired by the 1995 novel of the same name, by Robin Cook, but it was indeed surprising that the film didn't garner a single Oscar nomination.

The second, and relatively lesser known film is the 1971 'The Andromeda Strain'. Directed by four-time Oscar recipient, Robert Wise (West Side Story, The Sound of Music), it tells the story of an organism which reaches Earth when the space satellite lands in Piedmont, a remote town in New Mexico. All the inhabitants of the town, except an alcoholic and a

six-month-old baby, perish. Four scientists are enlisted to stop the growth of the micro-organism and to stop humanity from extinction. In its time, it was the most credible monster of all as quarantined scientists race against the clock to find a vaccine to fight the unseen enemy - a self-producing virus since isolation of the bug was paramount for the lab scientists.



The 131-minute sci-fi thriller was based on author-screenwriter-producer-director Michael Crichton's 1969 book of the same name. Crichton later also went on to write 'Jurassic Park' in 1990 and 'Rising Sun' two years later. While the cast comprised unknown actors, the film was notable for a couple of reasons - it cost six million dollars to make and was nominated for two Oscars - Best Art/Set/Production Design and Best Editing. Director Robert Wise's attention to detail included specially constructing an underground studio set in Universal's biggest sound stage. All equipment was real, no artificial props were used. While both films depicted the scientists as deep-thinking, rational human beings, Crichton, in The Andromeda Strain, poses the question - 'What is paramount, science or humanity?'

Coming back to Covid-19, nothing could be further from the truth!



## 12 WZC 2022 Logo Competition Results Announced

The organizing committee of the 12th World Zoroastrian Congress is happy to announce the results of the Logo Design Competition that was held recently. Over 175 entries were received from all over the world for the 12 WZC Logo Design Competition. The jury deliberated over these entries for over two weeks and finally announced USA-based Shahin Khosraviani as the winner of the logo competition

Shahin Khosraviani was born and raised in Tehran, Iran. He graduated from Art University of Tehran with a Bachelor's Degree in Graphic Design in 1998. Since then, he has worked with several prestigious companies in Iran such as Chaie Goleshtam and Borgward Co. He currently resides in Fairfax, Virginia, USA, with his wife -

Nazanin and daughter - Kiana. Shahin runs his own design business and is self-employed.

Besides the 12WZC logo, Shahin is also the designer of all the logo graphics and affiliate designs for the 17th Zoroastrian Games 2020. (You can see his work at <http://instagram.com/2020zgames>).



Shahin Khosraviani



12TH WORLD ZOROASTRIAN CONGRESS 2022

BRIDGING THE GLOBAL ZARATHUSHTI EXISTENCE

ZAGNY would like to thank all the 175 participants of the Logo Design Competition, as well as share gratitude to the esteemed Jury Members - Alisha Shroff (Hong Kong); Karl Desai (Sydney); Rayomand J. Patell (Mumbai); Shazneen Gandhi (Los Angeles); Tinaz Karbhari (Auckland and Hong

Kong); and Jury Coordinator - Arzan Sam Wadia (New York). For details and other information, log on to [www.wzc2022.com](http://www.wzc2022.com)

The 12th World Zoroastrian Congress will be hosted by the Zoroastrian Association of Greater New York (ZAGNY),

a member association of the Federation of Zoroastrian Associations of North America (FEZANA). It is scheduled to be held in July 2022, in New York City. For further updates, check the website: [www.wzc2022.com](http://www.wzc2022.com)



### Reader's Corner



#### Forgive Us, God!

By Gulshan D. Morawala

With arms akimbo, Mother Nature stands,  
Surveying her vast and lovely lands,  
She nods her head and then she smiles  
Watching her children make merry - mile after mile

She knows her Creator is truly hurt,  
She knows He has passed all His mirth,  
She has sent warnings, which the human ignores -  
In our pride, we failed to hear her implores.

A wee little rascal spreads terror in the world,  
Every country is attacked, all is in a whirl!  
There's frenzy, fear, as things get out of control,  
As this invincible rascal is still on a wicked stroll!

Humans are now caged in their homes,  
How they had locked nature, they'd never known.  
They grabbed spaces which belonged to the wild,  
To make more space for themselves and their pride.

So, in retreat and cramped, Mother Nature lived,  
With all her offspring, miffed and peeved.  
But when things reached the zenith,  
God took charge - He unleashed His wrath forthwith!

Now as the world is in retreat,  
Mother Nature and her kids are out on the streets,  
With no humans to frighten or shoo them away,  
They are enjoying in frolic and fun and play.

The birds are singing louder on trees,  
The air is fresh, there is a cool breeze.  
Pollution has plummeted, atmosphere is clean,  
The horizon now, can be clearly seen.

The trees look happy, the leaves - fresh and green,  
And the flowers look beautiful, all colourful and clean.  
No smoke, no dust, no noise to shatter the air,  
Mother Nature and all Hers' are ecstatic everywhere.

The oceans and seas and rivers too,  
Now look translucent, so clean and blue;  
The fish and all marine life -  
Joyous and relieved - have come alive!

Us humans should be ashamed of the harm we've caused  
With no regard for the Creator, we just onward forged,  
Destroying and killing what was best for us -  
We plundered, we messed, all without fuss.

It is never too late to go down on our knees,  
And with folded hands, send up our pleas,  
Asking our Father to forgive us this once,  
And assure him of our love and reverence.

He has punished us, but with a heart that is sad,  
He was forced upon this, and for Him this was bad,  
If we together stand and acknowledge our fault,  
Maybe this devastation could come to a halt?

Let us together wipe away God's tears,  
Let us once again become His dears,  
Let us in reverence ,before Him, stand,  
Let us walk with Him, hand-in-hand.

Forgive us, Dear God, for the sins we made,  
Forgive us for hurting You upto this date,  
Forgive us for our pride , which we wish to atone,  
Please God, forgive us yet again, make us your own.

#### When People Were Home!

By Samanaz

When people were home,  
The birds flew around,  
The butterflies colourful,  
Plentifully abound!

When people were home,  
I could hear the swaying of the trees,  
The blossoming of the flowers,  
The buzzing of the bees!

When people were home,  
Dolphins swam across the sea,  
The music of the waves,  
Was as beautiful as could be!

When people were home,  
The air was so pure,  
The fragrance of the lilies,  
Uff, yeh dil maange more!

When people were home,  
The sky was clearly so blue,  
Pollution was defeated,  
It was too good to be true!

When people were home,  
And time stood still,  
Mother Earth's heart  
With compassion was filled!

For all of earth's creatures,  
Big and small,  
Reclaimed their lost territories,  
Once and for all!





THE TRUTH. DELIVERED WEEKLY.

## કોરોનાવાયરસ, ભૂકંપ અને સુનામી એ કુદરતી તાંડવ છે

આપણે ભૌતિક કારણો જાણીએ છીએ જે ભૂકંપ અને સુનામી તરફ દોરી જાય છે, પરંતુ તેમાં ઘણા સૂક્ષ્મ આધ્યાત્મિક મુદ્દાઓ શામેલ છે, કારમીક સિદ્ધાંતના આધારે, જે બધી યોગ્ય ક્રિયાઓ આનંદ આપે છે, ન્યારે ખોટી ક્રિયાઓ દુઃખ લાવે છે. ખોટી ક્રિયાઓ અતિશયે પહોંચે છે, ત્યારે તે મોટા પાયે વિનાશ તરફ દોરી જાય છે માનવ દુષ્કર્મના લીધે બધું થાય છે.

મનુષ્ય પ્રકૃતિના તમામ તત્વો અને તેના મહત્વપૂર્ણ સંસાધનોની કતલ કરી રહ્યો છે. જંગલોનો નાશ થાય છે, હવા પ્રદૂષિત થાય છે, પરમાણુ પ્રયોગો પાણીની અંદર અને વિવિધ વાયરસ-સંશોધન પણ લાઇ ઘરવામાં આવે છે - જે કેટલીકવાર લાઇની બહાર જાય છે અને ગંભીર માનવ, પર્યાવરણીય અસંતુલનનું કારણ બની શકે છે. કુદરત અસંખ્ય ચેતવણી સંકેતો મોકલી રહ્યું છે. પરંતુ આપણે ડેમ બનાવવાનું ચાલુ રાખીએ છીએ, જંગલોનો નાશ કરીએ છીએ, સંસાધનો માટે મહાસાગરોમાં વધુ ઉંડા ખોદીએ છીએ, પાણી લેકેજ ઘાતક બોમ્બ વિસ્ફોટ અને વધુને વધુ ઝેરને હવા, માટી અને પાણીમાં છોડીએ છીએ.

ન્યારે પ્રકૃતિ આ અત્યાચારો લાંબા સમય સુધી સહન ન કરી વિનાશને નોતરે છે. જેવું હમણાં થઈ રહ્યું છે! લોકો તેને દેવી અથવા ભગવાનના કોધની ક્રિયા કહે છે. પરંતુ તે ભગવાનનું કાર્ય નથી, ભગવાન આ રીતે કામ કરતા નથી. પ્રકૃતિ પણ વૃદ્ધ અને યુવાન, માંદા અને સ્વસ્થ, ધનિક અને ગરીબ વચ્ચે ભેદભાવ રાખતી નથી. પરંતુ તે કર્મોનો અવ્યવસ્થિત કાયદો છે જે આવી આફતો પાછળ કામ કરે છે. અને ન્યારે કોઈ પણ વસ્તુનું મર્યાદાથી બહારનું શોષણ થાય છે, ત્યારે તે હિંસક પ્રતિક્રિયા આપે છે અને આપણે તેને આપત્તિ કહીએ છીએ.

પ્રકૃતિ પરના બધા અત્યાચાર ગુસ્સો, વાસના, અહંકાર અને હજી વધુ સામગ્રી સુવિધાઓ માટેના લોભ જેવા મનની



નકારાત્મકતા દ્વારા કરવામાં આવે છે. તેથી, એકમાત્ર ઉપાય માનવ મનને શુદ્ધ કરવું અને ઓછાથી સંતુષ્ટ થવું છે. આપણે ઉત્કાંતિના સિદ્ધાંતને જાણીએ છીએ કે માછલી એ અમીબા કરતાં જીવનનું વધુ જટિલ સ્વરૂપ છે, ઘોડો માછલી કરતા વધુ જટિલ છે. કૂતરો હજી વધુ વિકસિત છે, અને આપણે માનવીઓ ગુફા-માણસથી આધુનિક માણસ સુધી વિકસિત થયા છે. આપણે આપણા ગ્રહની સૌથી વિકસિત પ્રજાતિ હોવાનું માનવામાં આવે છે. પણ આપણે ???

ના! દલીલ કરી શકાય છે કે પ્રાણીઓ વધુ વિકસિત છે. તેઓ એકબીજાથી ઈર્ષ્યા કરતા નથી. તેમની પાસે કોઈ અહંકાર નથી. તેઓ અસ્તિત્વ ટકાવી રાખવા અથવા જન્મજાત વૃત્તિઓને છોડીને બિનજરૂરી રીતે એકબીજા સાથે લડતા નથી. પ્રાણી સામ્રાજ્યમાં બાળક પર બળજબરીપૂર્વક બળાટકાર કરવામાં આવતો નથી. પ્રાણીઓ તેમના સંતાનોનું પોષણ કરે છે અને સંભાળ રાખે છે. પ્રાણી સામ્રાજ્યમાં, માતૃત્વ એ એક સંપૂર્ણ સમયનું કામ છે, ન્યારે મનુષ્યમાં, તે એક અંશકાલિક કામ છે. પ્રાણીઓ ફક્ત તેમનો ખોરાક તેમની જરૂરિયાત માટે એકત્રિત કરે છે મનુષ્ય જેવા લોભ નહીં! અને છતાં, મનુષ્ય જીવનના ઓછા જટિલ સ્વરૂપો પ્રત્યે ધમંડી છે! તેથી, બ્રહ્માંડ તેમને આપત્તિઓ દ્વારા પાઠ શીખવે છે. એક નાનું, માર્ઇકોસ્કોપિક, સૌથી પ્રાચીન, જીવનનું અદ્રશ્ય રૂપ આજે પૃથ્વી પરના સૌથી વિકસિત, શક્તિશાળી અને ધમંડી જીવન-રૂપની વર્તણૂકને નિયંત્રિત કરી રહ્યું છે!

- રૂબી લીલાઉવાલા

## કોવિડ ૧૯- આપણા માટે સબક!

પ્રકૃતિ અને તેના ઈકોસિસ્ટમ્સ માટે આદર: પૃથ્વી, આપણું ઘર, કાળજીપૂર્વક કુદરતની એક અનન્ય કૃતિ તરીકે બનાવવામાં આવ્યું છે આ આશામાં કે બધા જીવો એક બીજા માટે પ્રેમ અને વિશ્વાસ સાથે સહ અસ્તિત્વમાં છે. માણસને વધુ બુદ્ધિ સંપન્ન કરવામાં આવી કે જેનાથી તે લાંબા ગાળેની દ્રષ્ટિ અને નેતૃત્વના ગુણો સાથે ઉપયોગ કરી શકશે, કુદરતની જટિલ અને નાજુક સંતુલન જાળવવાની જવાબદારી. તેના બદલે, તેણે વિશ્વને વિભાજિત કરવાનું, અવરોધો અને વિનાશના હથિયારો બનાવવાનું પસંદ કર્યું, તેઓને સમજાવ્યું નહીં કે પ્રકૃતિ તે ફરી બધું આપણે પાછું આપશે. પ્રકૃતિને વિશ્વના વ્યવહારિકતા અને વ્યવસ્થાને પુનઃસ્થાપિત કરવા માટે બાબતો પોતાના લાઇમાં લેવાની ફરજ પાડે છે.

માણસ ખૂબ જ વ્યસ્ત છે અને તેના વર્તમાન જીવન અને જાણની શોધમાં છે. તેણે ભૂતકાળના દુર્ઘટનાઓ અને નુકસાનથી પાઠ શીખ્યા નથી, આ જીવન પૃથ્વી અને તેના અસંખ્ય રહેવાસીઓ, વનસ્પતિ અને પ્રાણીસૃષ્ટિ, પર્વતો અને ખીણો, જંગલો અને રણ, નદીઓ અને સમુદ્રો અને તેના દરિયાઈ ખજાનાથી કોઈ અવિરત ચિંતા કરતું નથી. ઝડપથી બગડતા વાતાવરણનું સ્વાસ્થ્ય ગુસ્સો જગાડતું નથી કારણ કે તે ફક્ત તેના પોતાના સ્વાર્થ પર જ ધ્યાન કેન્દ્રિત કરે છે. તે જાણે છે કે તે અમર નથી, પરંતુ તે માનવજાતની સાંકળની અમરત્વની કલ્પના કરવામાં નિષ્ફળ જાય છે, જેના બીજા એક અબજ વર્ષ પહેલાં વાવ્યા છે, અને જે આ વિશ્વમાં જન્મેલા દરેક આત્માની સામૂહિક જવાબદારી છે.

સામાજિક અંતર અને દૂરસ્થ સર્વેલન્સ: આ જીવલેણ વાયરસ ફાટી નીકળ્યો ત્યારથી, ડબ્લ્યુએચઓ દ્વારા અસંખ્ય સરળ માર્ગદર્શિકા જારી કરવામાં આવી છે. સાબુથી વારંવાર લાઇ ઘોવા; માસ્ક અને સેનિટાઇઝરનો ઉપયોગ કરીને; લોકો સાથે શારીરિક સંપર્ક ટાળવો અને રોગચાળો ન આવે ત્યાં સુધી મકાનની અંદર રહેવાની ભારપૂર્વક ભલામણ કરવામાં આવી છે. સામાજિક અને પારિવારિક મૂલ્યોમાં ઝડપથી ઘટાડો થાય છે, કુટુંબના સભ્યોમાં પ્રેમ અને સમજણ દ્વારા ઘરે રહીને પુન સંબંધો સ્થાપિત કરી

શકાય છે. તે જ સમયે, જૂથોમાં ઝડપથી વિકસતા ઈલેક્ટ્રોનિક નેટવર્કિંગના મૂલ્ય અને શક્તિમાં વૃદ્ધિ થાય છે, અને સરળતાથી વર્ક ફ્રોમ હોમ ઓનલાઇન કામ કરી શકે છે. જેથી શારીરિક મુસ-ફરીમાં ખર્ચવામાં કિંમતી સમય અને શક્તિની બચત થાય છે.

વૈજ્ઞાનિકો અને સરકારે લીધેલા નિર્ણયો આપણી આરોગ્યસંભાળ સિસ્ટમ્સ, અર્થતંત્ર, રાજકારણ અને સંસ્કૃતિને આકાર આપી શકે છે. આ ક્રિયાઓમાં તાત્કાલિક અને લાંબા ગાળાના પ્રતિક્રિયાઓ હશે. વર્તમાન તોફાનથી પસાર થશે, પરંતુ વિશ્વ બદલાશે. રોગના ફેલાવાને રોકવા માટે સરકાર કડક દેખરેખ રાખીને તેના નિયંત્રણને વધુ કડક કરી શકે છે. સ્માર્ટ ફોન દ્વારા દરેક ક્રિયા માટે



લોકો પર નજર રાખવામાં આવશે. ચીન આ કરી ચૂક્યું છે. પરંતુ તે સર્વાધિકારી સમાજ છે. શું આપણું લોકશાહી તેના ગોપનીયતાના અધિકારનું ઉલ્લંઘન કરશે તે સ્વીકારશે?

તાજેતરનાં વર્ષોમાં, બંને સરકારો અને નિગમો લોકોનો ઉપયોગ કરવા, દેખરેખ રાખવા અને ચાલાકી કરવા માટે તકનીકીઓનો ઉપયોગ કરે છે. વાયરસના વાહકોને નિયંત્રણમાં રાખવા માટે આવી પદ્ધતિઓનો ઉપયોગ કરવાના સમૂહ લેકેજ, સામૂહિક દેખરેખ કાનૂની અને નિર્વિવાદ રીતે જુદા જુદા હેતુઓ સાથે, વ્યક્તિગત ટેવો, પ્રવૃત્તિઓ અને તેઓને લક્ષ્યમાં લેવાની ઈચ્છા ધરાવતા વ્યક્તિઓના ડેટાની ખબર રાખશે અને વાયરસનો ખતરો સમાપ્ત થઈ જાય અને ચાલ્યા ગયા પછી આ લાંબું ચાલી શકે છે.

રોગચાળો, વિશ્વ યુદ્ધ - ભારતની ભૂમિકા: અનિષ્ટ સામે લડવાની લડતના નામે આપણા યુદ્ધના નાયકોના ગુણો અને બહાદુરીની સ્તુતિ કરીએ છીએ. હવે બીજા યુદ્ધ ક્ષેત્ર પર લડનારા આપણા નવા નાયકોનો સમય છે

તેઓ આરોગ્યસંભાળ કાર્યકરો છે અને બેટલફ્રન્ટ એ હોસ્પિટલો, લેબ્સ અને ક્લિનિક્સ છે. દારૂગોળો એ દવાઓ અને વેન્ટિલેટર છે. કોઈ પણ વિશ્વયુદ્ધ કરતા નુકસાનકારક. આ ખરેખર વિશ્વનું યુદ્ધ છે, શક્તિશાળી અને નાના વાયરસ સાથે.

ભારતની પ્રાચીન સંસ્કૃતિ તેની આધ્યાત્મિકતા દ્વારા તેના લોકોના બચાવમાં આવી છે અને એકવારની આધ્યાત્મિક ક્ષમતા વધારવાની જરૂરિયાતમાં વિશ્વ પર વધુ એક વખત ભાર મૂક્યો છે. ખુશીની વાત કે આપણી પરંપરાગત નમસ્તે ઝડપથી સર્વવ્યાપક બની ગઈ છે!

આ એક સરળ ફલૂ નથી: આ ફલૂ મૃત્યુની સજા હોઈ શકે છે. જે તમને બીમારી લાગે તો નજીકની સ્વાસ્થ્ય સુવિધાને જાણ કરો. અસ્પષ્ટ હોવા કરતાં ડરવું સારું, કોઈ પણ સકારાત્મક કેસમાં ચૂકી જવાનું પોસાય નહીં.

શું વાયરસ અપણને કંઈપણ સારું શીખવે છે: સ્વચ્છતા, સામાજિક અંતર અને તંદુરસ્ત અસ્તિત્વના સિદ્ધાંતો અને મહત્વ, ખાસ કરીને આપણા ભારતીયો માટે મજબૂત રીમાઈન્ડર છે.

તેના બક્ષિસ માટે કુદરતનો આભારી બનો અને તેના કાષ્ટદાઓનું સન્માન કરો. સજા તાત્કાલિક જણાશે નહીં પણ સંયુક્ત હિત સાથેના ઘાતક ફટકા સાથે કામ કરશે. પ્રતિકૂળતા વિશ્વાસ, આશા, પ્રેમ અને ફેલોશિપને ફરીથી જીવંત કરશે. પરંતુ શું માણસ આનો અહેસાસ કરશે અને વધુ જવાબદાર અને નમ્ર બનશે, અને તેની જગ્યા શેર કરવાનું શીખી શકશે? શું તે ઓછો લોભી, સ્વાર્થી અને ધમંડી બનશે?

અને અંતે કેટલાક સારા સમાચાર: એક ન્યૂઝ ચેનલ અનુસાર, યુએસ એફડીએએ લક્ષણોની શરૂઆત વખતે ૬ દિવસ માટે લેવામાં આવેલા લાઇટ્સકોલોરોક્વિન (એચસીક્યુ) અને એઝિથ્રોમાસીનનું મિશ્રણ જાહેર કર્યું છે (શરદી, સુકા ઉધરસ, હળવો મધ્યમ તાવ, શરીરમાં દુખાવો) વાયરસ એક ૧૦૦% ઉપાય આપે છે તેમ છતાં, જે તે સાચું છે, તો પણ જૂની કહેવતને ભૂલશો નહીં, નિવારણ ઉપચાર કરતા વધારે સારું છે.

- ડો. કેકી ઈ. તુરેલ





## YOUR MOONSIGNS JANAM RASHI THIS WEEK

લખનાર: મરહુમ મહારાજ શ્રી સ્વયંજ્યોતિના સહકાર્યકર્તા જયેશ એમ. ગોસ્વામી

અઠવાડિક રાશિક્ષણ: તા. ૦૪.૦૪.૨૦૨૦ થી તા. ૧૦.૦૪.૨૦૨૦



### Aries - મેષ

અ.ભ.ઈ.

૧૩મી એપ્રિલ સુધી શુક્રની દિનદશા ચાલશે. તેથી જેને પ્રોમીશ આપ્યા હશે તે પૂરા કરજો અને જેના પ્રોમીશ પૂરા નહીં કરી શકો તેની પાસેથી મુદત માગજો. નાણાકીય બાબતમાં જેટલું બચાવશો તેનાથી ડબલ ખર્ચ કરવો પડશે. પરંતુ નાણાકીય બાબતમાં મુશ્કેલી નહીં આવે. કામકાજને વધારી શકશો. દરરોજ 'બહેરામ યજદ'ની આરાધના કરજો. શુક્રનવંતી તા. ૫, ૬, ૯, ૧૦ છે.

Lucky Dates: 5, 6, 9, 10.

Venus' rule till 13th April advises you to deliver on the promises you have made to others. If you are unable to deliver your promises, then do ask for some time. Financially, you might end up spending nearly twice the amount you're saving. Even so, you will not face any financial constraints. You will be able to expand your business. Pray to Behram Yazad daily.



### Cancer - કર્ક

સ.દ.

રાહુની દિનદશા ચાલુ હોવાથી કામ કરવામાં મુશ્કેલી આવશે. ખર્ચનો ખાડો વધી જશે. જ્યાં ત્રણનો ખર્ચ કરવાનો હશે ત્યાં ત્રીસનો ખર્ચ કરવો પડશે તો પણ શાંતિ નહીં મળે. કોઈ તમારી પાસેથી ઈમોશનની નાણા પડાવી જશે. ચિંતાઓથી દિવસ પસાર થશે. દરરોજ 'મહાબોખ્તાર નીઆએશ' ભણજો. શુક્રનવંતી તા. ૦૪, ૦૬, ૦૭, ૦૮ છે.

Lucky Dates: 04, 06, 07, 08.

Rahu's ongoing rule will pose challenges in executing your work. Expenses could increase. You could end up spending ten times the amount of money, but even this will not bring you peace of mind. You could get emotionally swindled out of your money. You will be consumed with worries. Pray the Mah Bokhtar Nyaisht daily.



### Libra - તુલા

ર.ત.

શનિની દિનદશા ચાલુ હોવાથી તમારા નાના કામમાં સફળ નહીં થાવ. ખોટા વિચારોથી પરેશાન થશો. વાહન ચલાવતા હો તો સંભાળીને ચલાવજો. તમે શારિરીક તથા માનસિક બંને રીતે પરેશાન થશો. નાની બેદરકારી તબિયત ખરાબ કરશે. દરરોજ ભુલ્યા વગર 'મોટી હમન યજત' ભણજો. શુક્રનવંતી તા. ૦૫, ૦૬, ૦૮, ૧૦ છે.

Lucky Dates: 05, 06, 08, 10.

Saturn's ongoing rule will pose challenges in succeeding even in the smallest tasks. Your mind could get clouded with negative thoughts. Drive or ride your vehicle with great caution. You will feel distressed mentally and physically. Even the slightest slip in precaution could affect your health. Pray the Moti Haptan Yasht daily.



### Capricorn - મકર

ખ.જ.

મંગળની દિનદશા ચાલુ હોવાથી નાની બાબતમાં ગુસ્સામાં આવી જશો. ગુસ્સાના લીધે કરેલા કામ બગડી જશે. ઘરમાં લોખંડ કે ઈલેક્ટ્રીક સામાન લેતા નહીં. ઘરમાં અચાનક રીપેરીંગ કામ આવતા ખર્ચ વધી જશે. મનને શાંત રાખજો. નેગેટીવ વિચારથી દૂર રહેજો. દરરોજ 'તીર યજત' ભણજો. શુક્રનવંતી તા. ૦૪, ૦૫, ૦૯, ૧૦ છે.

Lucky Dates: 04, 05, 09, 10.

Mars' ongoing rule will make you get angry over the smallest matters. Your temper will lead to your work getting spoilt/undone..., Avoid making any iron or electronic purchases. Expenses will increase due to sudden repairs needed at home. Keep yourself mentally calm and avoid negative thoughts. Pray the Tir Yasht daily.



### Taurus - વૃષભ

બ.વ.ઉ.

શુક્રની દિનદશા ચાલુ હોવાથી મુશ્કેલીભર્યા કામને સહેલા બનાવી કરી શકશો. ધનનો જેટલો ખર્ચ કરશો તેટલું ધન કમાવી લેશો. તમારા પૈસા ફસાવેલા હશે તો મેળવવામાં સફળતા મળશે. ઘણી-ઘણીયાણી એકબીજાની વાત ઈશારાથી સમજી જશે. પ્રેમી-પ્રેમીકામાં મનમેળ સારો રહેશે. દરરોજ ભુલ્યા વગર 'બહેરામ યજદ'ની આરાધના કરજો. શુક્રનવંતી તા. ૦૪, ૦૭, ૦૮, ૧૦ છે.

Lucky Dates: 04, 07, 08, 10.

Venus' ongoing rule will help resolve any challenging tasks easily. You will earn as much as you spend. You will be able to retrieve your debts from others. Couples will share a great understanding with each other and will share a good relationship. Pray to Behram Yazad daily.



### Leo - સિંહ

મ.ટ.

ગુરૂની દિનદશા ચાલુ હોવાથી તમે તમારા કામ સહેલાઈથી પૂરા કરી શકશો. ધનની ચિંતા નહીં આવે. વાસ્તુ મોમેન્ટમાં ઈનવીઝીબલ હેલ્થ મળી જશે. બીજાના મદદગાર થઈ તેમની ભલી દુઆઓ મેળવી શકશો. ચેરીટીના કામ કરી ખુશ થશો. ઘરવાળાની ઈચ્છાપૂરી કરવા એકસ્ટ્રા કામ કરશો. દરરોજ 'સરોશ યજત' ભણજો. શુક્રનવંતી તા. ૦૫, ૦૬, ૦૯, ૧૦ છે.

Lucky Dates: 05, 06, 09, 10.

Jupiter's ongoing rule helps you complete all your tasks with ease. Financially there will be no cause for concern. You could get anonymous help at the last moment. You will get the blessings of those you have helped along the way. Indulging in charitable works will bring you peace of mind. You will work extra to cater to the wants of your family. Pray the Sarosh Yasht daily.



### Scorpio - વૃશ્ચિક

બ.ચ.

છેલ્લા બે અઠવાડિયા બુધની દિનદશામાં પસાર કરવાના બાકી છે. તમારા લેણાના પૈસા મેળવવા ભાગદોડ કરવી પડશે. મિત્ર હોય કે સગાવહાલા જેને પણ મદદ કરશો તે તમારે માટે મુશ્કેલી ઉભી કરશે. ઈનવેસ્ટમેન્ટ અવશ્ય કરજો. મિત્રોની મદદ મળતી રહેશે. દરરોજ 'મહેર નીઆએશ' ભણજો. શુક્રનવંતી તા. ૦૭, ૦૮, ૦૯, ૧૦ છે.

Lucky Dates: 07, 08, 09, 10.

With the last 2 weeks remaining under Mercury's rule, you would need to put in efforts to retrieve money from your debtors. Helping out family members or friends could prove to come back to harm you. Ensure to make investments. Your friends will continue to help you. Pray the Meher Nyaisht daily.



### Aquarius - કુંભ

ગ.શ.સ.

ચંદ્રની દિનદશા ચાલુ હોવાથી જે પણ ડીસીઝન લેશો તે સમજીને લેજો. મનગમતી વ્યક્તિ સામેથી મળવા આવશે. નાણાકીય લેતી દેતી કરવામાં સફળતા મળશે. ઈનવેસ્ટમેન્ટ કરી શકશો. વડીલવર્ગની ચિંતા ઓછી થશે. ઘરમાં જોઈતી વસ્તુ વસાવી શકશો. નાણાકીય ક્ષયદો મળશે. દરરોજ ૩૪મું નામ 'યા બેસ્તરના' ૧૦૧વાર ભણજો. શુક્રનવંતી તા. ૦૪, ૦૫, ૦૭, ૦૮ છે.

Lucky Dates: 04, 05, 07, 08.

The Moon's ongoing rule suggest that you think twice before making decisions. A desired person will come to meet you. You will be successful in financial transactions. You will be able to make investments. Worries related to the elderly will reduce. You will be able to make necessary purchases for the home. Financial benefits are indicated. Pray the 34th Name, 'Ya Beshtarna', 101 times daily.



### Gemini - મિથુન

ક.જ.ધ.

તમને ગુરૂની દિનદશા શરૂ થયેલી છે. તેથી તમારાથી જે પણ ભૂલો થયેલી છે તે સુધારી શકશો. નાણાકીય બાબતમાં સારા સારી થતી જશે. નવા કામ મળવામાં સફળતા મળશે. મિત્રો તરફથી ક્ષયદો મેળવી શકશો. તબિયતમાં સારા સારી થતી જશે. દરરોજ 'બહેરામ યજદ'ની આરાધના કરજો. શુક્રનવંતી તા. ૦૫, ૦૬, ૦૯, ૧૦ છે.

Lucky Dates: 05, 06, 09, 10.

The start of Jupiter's rule helps you to correct any mistakes. Financial conditions will continue to improve. You will be successful in getting new work projects. Your friend will prove beneficial. Health will continue to get better. Pray to Behram Yazad daily.



### Virgo - કન્યા

પ.ઘ.ણ.

ધર્મના દાતા ગુરૂની દિનદશા ચાલુ હોવાથી કોઈની ભવાઈનું કામ કરશો. ધન સહેલાઈથી મેળવી શકશો. ફેમીલીમાં મતભેદ ઓછા થશે. ફેમીલીની ઈચ્છાપૂરી કરી તેમને આનંદમાં રાખજો. અચાનક ધનલાભ થશે. દરરોજ 'સરોશ યજત' ભણજો. શુક્રનવંતી તા. ૦૪, ૦૫, ૦૬, ૦૭ છે.

Lucky Dates: 04, 05, 06, 07.

Jupiter's ongoing rule nudges you towards doing good for others. You will be able to get money easily. Squabbles in the family will reduce. You will be able to cater to the needs of your family and keep them happy. You will get unexpected wealth. Pray the Sarosh Yasht daily.



### Sagittarius - ધન

ભ.ધ. ફ. ટ.

બુધની દિનદશા ચાલુ હોવાથી જે પણ કામ કરશો તેમાં બુધિ વાપરી કામ કરતા સફળતા મળશે. મિત્રો તરફથી ક્ષયદો મળશે. ઘરમાં નવી ચીજ વસ્તુ વસાવી શકશો. ગામ પરગામ જવાના ચાન્સ છે. જ્યાં પણ કામ કરતા હશે ત્યાંના લોકોનો કામમાં સાથ મળશે. આજથી દરરોજ 'મહેર નીઆએશ' ભણજો. શુક્રનવંતી તા. ૦૪, ૦૫, ૦૯, ૧૦ છે.

Lucky Dates: 04, 05, 09, 10.

Mercury's ongoing rule suggests that you will achieve success in all areas where you apply your intelligence. Your friends will prove beneficial. You will be able to make new purchases for the house. Travel is indicated. Your colleagues will be supportive of you. Starting today, pray the Meher Nyaisht daily.



### Pisces - મીન

દ.ચ.ઝ.થ.ક્ષ.

આજ અને કાલનો દિવસ સુર્યની દિનદશામાં પસાર કરવાનો બાકી છે. ઉત્તરતી સુર્યની દિનદશા તમને માથાનો દુખાવો આપશે. વડીલવર્ગની તબિયતની ચિંતા વધી જશે. દૈનિક એપ્રિલથી ચંદ્રની દિનદશા તમને શાંતિ આપશે. તમારો કોન્ફીડન્સ વધી જશે. અટકેલા કામો ચાલુ કરી શકશો. આ અઠવાડિયામાં ૯૬મું નામ 'યા રયોમંદ' સાથે 'યા બેસ્તરના' ૧૦૧વાર ભણજો. શુક્રનવંતી તા. ૦૭, ૦૮, ૦૯, ૧૦ છે.

Lucky Dates: 07, 08, 09, 10.

Today and tomorrow are the last two days under the rule of the Sun. The descending rule of the Sun could cause headaches. Your worries for the health of the elderly could increase. The Moon's rule starting 6th April will bring you much relief and mental peace. Your confidence will rise. You will be able to restart your stalled projects. In this week, along with the 96th Name, 'Ya Rayomand', also pray the 34th Name, 'Ya Beshtarna', 101 times daily.



Deceased મરનાર	Age વય	Date તારીખ	Address ર. કે.	Relations સગાઈઓ
Zenobia Shawak Batliwala ઝીનોબ્યા શાવક બાટલીવાલા	40 ૪૦	26-03-2020	Patel Chambers, 3rd Floor, Room No-9, Rustom Sidhwa Marg, Fort, Mumbai 1. પટેલ ચેમ્બર્સ, ૩જે માળે, રૂમ નં. ૯, રૂસ્તમ સીધવા માર્ગ, ફોર્ટ, મુંબઈ ૧.	તે ડોલી તથા મરહુમ શાવક દારાબશા બાટલીવાલાના દીકરી તે દારાયશ શાવક બાટલીવાલાના બહેન તે ઝીયા દારાયશ બાટલીવાલાના સીસ્ટર ઈન લો તે અરશાન, મહેરઝાદ ને ગુલનાઝના કુઈજી.
Nargish Ratan Sethna નરગીશ રતન સેથના	89 ૮૯	27-03-2020	Lady Hirabai Cawasji Jahengir Health Unit, 18 Gamadia Colony, Tardeo, Mumbai 7. ગામદીયા કોલોની, તારદેવ રોડ, તારદેવ, મુંબઈ ૭	તે મરહુમ રતન સાવકશા સેથનાના ધન્યાની તે મરહુમો પીલામાય હોરમસજી વારીયાવાના દીકરી.
Bacha Mino Bandorwalla બચા મીનુ બન્દોરાવાલા	84 ૮૪	27-03-2020	D/7, Rustom Baug, Sant Savta Marg, Mumbai 27. રૂસ્તમ બાગ, બ્લોક ડી, ફ્લેટ નં. ૭, સંત સાવતા માર્ગ, મુંબઈ ૨૭	તે મરહુમ મીનુના વિધવા તે મરહુમો ધનમાય તથા શાવકશાલ બન્દોરાવાલાના વડુ તે મરહુમો દીનામાય તથા મેહરજીભાઈ આરીયાના દીકરી તે મરહુમ હોશી તથા રોલીન્ટનના માતાજી તે પરીઝાદના સાસુજી તે પશમીન ને કાયરીયાના બપઈજી તે મરહુમો દીનશાલ, સોલી, જીમી, નવલ ને સીલ્વા કી. ભગવાગરના બહેન તે જમશેદના ભાભી તે કેટાચુનના જેઠાણી તે મરહુમ પેરીન તથા કેટીના નણંદ તે મહરૂખ, કેશમીરા, કેરફી, પોરસ ને બપ્તુના કુઈજી તે અરનાવાઝ ને યઝદીના માસીજી તે રૂસ્તમ ને તોઝરના કાકીજી તે મરહુમ મીનુ દમણીયાના વહેવાણ.
Homi Darabshaw Driver હોમી દારબશા ડ્રાઈવર	88 ૮૮	27-03-2020	P/13, Cusrow Baug, Shahid Bhagat Singh Road, Mumbai 1. પી ૧૩ ખુશરૂ બાગ, શહીદ ભગત સિંગ રોડ, ઈલેક્ટ્રીક લાઉસની પાસે, કોલાબા, મુંબઈ ૧.	તે મરહુમ પરવીઝ હોમી ડ્રાઈવરના ખાવીંદ તે શેહરનાઝના બાવાજી તે માલકમ કેરસી શ્રોફના મમાવાજી તે મરહુમો મેહરબાઈ તથા દારબશા બાપુજી ડ્રાઈવરના દીકરા તે નરગીશ ને મની તથા મરહુમ જમશેદના ભાઈ તે મહેરનોશ એદલજી કેરફેગરના મામા તે મરહુમો અરદેશર તથા દીનાબાઈ દાડવાલાના જમાઈ તે મરહુમ દીનશા એદલજીના સાલા તે મરહુમ ગુલ જમશેદ ડ્રાઈવરના દેર.
Mehroo Homi Wadia મેહરૂ હોમી વાડીયા	79 ૭૯	28-03-2020	A/3/604, Salsette Parsi Colony, Pump House, Andheri (East) Mumbai 93. સાલસેટ પારસી કોલોની, એ-૩/૬૦૪, પમ્પ હાઉસ, અંધેરી (ઈ.), મુંબઈ ૯૩	તે મરહુમ હોમી વાડીયાના વિધવા તે ટેલમુલ પટેલ, ભીખુ પટેલ ને જલ પટેલના બહેન તે એરચ કાપડીયા ને માહરૂખ કોમીસેરીયટના મામા.
Nergish Palonjee Dastoor નરગીશ પાલનજી દસ્તુર	89 ૮૯	28-03-2020	Varun Appt. Flat No 102, 1st Floor, Dr.Ambedkar Road Parel, Mumbai 12. વરુન અપાર્ટમેન્ટ, ૧જે માળે, ડો. આંબેડકર રોડ, પરેલ, મુંબઈ ૧૨.	તે મરહુમો બાનુબાઈ પાલનજી દસ્તુરના દીકરી તે આબાન, ફેની, દીનશા તથા મરહુમ બેહરામના બહેન, તે પરસીસ, શાનાઝ, અદીલના માસી, તે કેરમાન, તનાઝ, ડેઝી ને તેમતનના ફઈ.
Silloo Sam Songhadwalla સીલ્લુ સામ સોનગઢવાલા	75 ૭૫	28-03-2020	Chaintanya C.H.S. Flat No 26, 6th Floor, 48 Bhim Wadi Antop Hill Wadala East, Mumbai 37. ચૈતન્ય કો. ઓ. હા. સો., રૂમ નં. ૨૬, ૬ઠે માળે, ૪૦ ભીમવાદી રોડ, વડાલા, મુંબઈ ૩૭	તે સામના ઘણીયાણી તે પરિઝાદના માતાજી તે નોશીર ફરામરોજ દીવેયાના બહેન તે મરહુમો ભીખામાય ફરામરોજ દીવેયાના બેટી તે મરહુમો હીલ્વામાય નરીમાન સોનગઢવાલાના વડુ તે ધન નોશીર દીવેયાના નણંદ તે મરહુમો દારા તથા દીન્યારના ભાભી તે કેશમીરા ફીરદોશ ખુશરુ તથા મરહુમ ફીરાઝીના કાકીજી તે રૂઝબેલ નોશીર દીવેયાના કુઈજી.
Katie Burjorji Hodiwala કેટી બરજોરજી હોડીવાલા	94 ૯૪	29-03-2020	16, Happy Home, Ground Floor, Flat No.1, Forjett Street, Mumbai 36. ૧૬ હેપ્પી હોમ, બોંપતળીયે, ફ્લેટ નં. ૧, ફોરજેટ સ્ટ્રીટ, કોસ લેન, મુંબઈ ૩૬.	તે મરહુમ બરજોરજી હોરમઝશાલ હોડીવાલાના વિધવા તે મરહુમ મરઝબાન દીન્યાર હોડીવાલાના માતાજી તે કરેન, મહીયાર ને અદલ ના ગ્રેન્ડ મધર તે મરહુમો માનેકબાઈ તથા બાપુજી કાર્ડ માસ્તરના દીકરી તે મરહુમો બાનુ બોમી જલંગીર ને ફેણી રૂસી બાસતાવાલાના બહેન તે નીલુફર ને મેહર હોડીવાલાના સાસુજી તે પરસીસ વીરાફ મીસ્રીના માસીજી તે મરહુમો દીનામાય તથા હોરમઝ શાલ હોડીવાલાના વડુ.
Darayash Nariman Desai દારાયશ નરીમાન દેસાઈ	74 ૭૪	29-03-2020	601, Sai Riddhi Complex, Opp Post Office, Mira Road (East), Dist. Thane. ૬૦૧, સાઈ સિદ્ધિ કોમ્પ્લેક્સ, મીરારોડ, પોસ્ટ ઓફિસની સામે, મીરા રોડ (ઈ). થાણા ૪૦૧૧૦૭	તે જલુ દારાયશ દેસાઈના ખાવીંદ તે દીનાઝ નાદીર કારબારી ને જેસ્મીન સમીર કાજના બાવાજી તે મરહુમ ખોરશેદ તથા નરીમાન દારાશાલ દેસાઈના દીકરા તે મરહુમ નાદીર બજી કારબારી ને સમીર ગની કાજના સસરાજી તે ફરહાન સમીર કાજના મમાવાજી તે અરનવાઝ અરપી સઠવાવવાલાના ભાઈ તે મરહુમો મનીજેલ તથા એરચશા પાલનજી માંડવીવાલાના જમાઈ તે રોલીન્ટન એરચશા માંડવીવાલાના બનેવી.
Sheroo Kersi Chavda શેરુ કેરસી ચાવદા	79 ૭૯	30-03-2020	D/5, Godrej Baug, Off Nepeansea Road, Mumbai 26. ડિ-૫ ગોદરેજ બાગ, ઓફ નેપીયન્સી રોડ, મુંબઈ ૨૬.	તે મરહુમ કેરસીના ઘણીયાણી તે મરહુમ વીલીના મંમા તે બેહરામના બહેન તે ફેનીના નરણ તે મરહુમો સરોશબાનુ સોરાબજી બેરામજી રુદીનાના દિકરી તે મરહુમો શેરામાય દારબશા ચાવદાના વડુ તે નાઝનીના તથા ઝુબીનના ફઈ તે તાનીયા ને માલકમના માતા ફઈ તે મરહુમ બાનુબાઈ સાવકશા મહેતાના માસી. તે મરહુમ મેલાસા શાપુરજી ખંદાદીયાના મામા.
Adi Savak Tata અદી સાવક તાતા	79 ૭૯	30-03-2020	29, Jaiphal Terrace, Forjett Street, Mumbai 36. ૨૯ જાઈફલ ટેરસ, ફોરજેટ સ્ટ્રીટ, મુંબઈ ૩૬	તે મરહુમો હોમાય ને સાવક સોરાબજી તાતા ના દીકરા તે જર ના ખાવીંદ તે કેશમીરા, શેલનાઝ ને નીલુફરના ડેડી તે રયોમંદ ગાંધીના સસરા તે રામધારના ગ્રેંડયા તે મરહુમો પરવીન તથા સોલી દીનશાજી તાતાના જમાઈ તે મરહુમ રૂસીના બનેવી તે મરહુમો બરજોર, ફીરોઝ તથા માણેકના ભાઈ તે પરવીન, એન્જેલા તથા મરહુમ કેટીના દેર તે દારાયશ, મરહુમ ફીરદોશ, ફીદેલ્યો (મીનુ) તથા તનાઝના કાકાજી તે હુતોવી તથા સરોષ ગાંધીના વહેવાન.
Freny Mino Daruvalla ફેની મીનુ દાડવાલા	84 ૮૪	30-03-2020	45/46, Sai Ashish, Dr. Peter Dias Road, Bandra (West) Mumbai 50. ૪૫-૪૬, સાઈ આશીશ, ડો. પીટર ડાઈસ રોડ, બાન્દ્રા (વેસ્ટ), મુંબઈ ૫૦.	તે મરહુમ મીનુ જલંગીર દાડવાલાના વિધવા તે મરહુમો બાનુ તથા જીજીબોય શ્રોફના દીકરી તે તનાઝ, આશિશ ને આઝમીનના માસી તે અદી નોશીર મહેતા તથા મરહુમ રોશની બરજોર પાવરી ને મેહરૂ બેહરામ કાસદના બહેન તે મરહુમો કેરબાનુ જેલંગીરજી દાડવાલાના વવ.
Jaharin Master જરીન માસ્ટર	-	30-03-2020	Samajik Vikash Kendra Malad. સામાજિક વિકાસ કેન્દ્ર મલાડ	નાવારસ
Homai Keki Sui હોમય કેકી સુઈ	77 ૭૭	31-03-2020	Talaty Building, 1st Floor, Khetwadi Back Road, Mumbai 4. તલાતી બિલ્ડિંગ, પહેલે માળે, ખેતવાડી બેક રોડ, મુંબઈ ૪.	તે કેકીના ઘણીયાણી તે બીનાઈફર તથા વીરાના માતા તે કેરસી તથા મરહુમ કેટીના બેનજ તે મરહુમ દીનામાય તથા મરહુમ મેહરજીના દીકરી તે મરહુમો કુંવરબાય કાવસજીના વડુ તે પેરીન તથા મરહુમ હોમી પરવેઝ તથા સુનામાયના ભાભી તે બેરોઝ, જેસમીન, ડેઝી તથા દારાયસના કાકીજી તે મરહુમ સાયરસના કુઈજી તે પરસીના માસીજી
Zarir Sorabji Engineer ઝરીર સોરાબજી એન્જિનિયર	83 ૮૩	31-03-2020	658, Khorshed Abad, Firdoshi Road, Parsi Colony Dadar, Mumbai 14. ૬૫૮, ખોરશેદ આબાદ, ફિરદોશી રોડ, પારસી કોલોની, દાદર, મુંબઈ ૧૪.	તે રોકસેનના પપ્પા તે ખોરશેદના ધની. તે આરમઈતી ખુશરુશાહી અને મરહુમ ફરોખના ભાઈ. તે મરહુમો બચામાય સોરાબજી એન્જિનિયરના દીકરા. તે મરહુમો હોમાય જલંગીર વાદીયાના જમાઈ તે શાલબહેરામ ખુશરુશાહીના સાલા તે મરહુમ બાનુના દેર તે મરહુમ કેટી મીનુ શ્રોફના બનેવી તે જલુ બોમી ચીનોય તથા રોશન વાડીયાના બનેવી તે ફરઝાના, ફેડી ને બરઝીનના માસા તે સોરાબના મામા.
Burjor Sorabji Hansotia બરજોર સોરાબજી હંસોટીયા	83 ૮૩	01-04-2020	Flat No 2, Ushra-Te, J. Daji Lane, Off Tukaram Javji Road, Grant Road(W), Mumbai 7. ઉસ્તાતે લાઉસીંગ સોસાયટી, ૧જો માળ, ફ્લેટ નંબર ૨, જાદુગર હાજી લેન, ગ્રેન્ટ રોડ (વેસ્ટ), મુંબઈ ૭.	તે પેરીનના ખાવીંદ તે મરહુમો મની તથા સોરાબજી બરજોરજી હંસોટીયાના દીકરા તે મરહુમો શેહરામાય તથા જલેજર તીજોરીવાલાના જમાઈ તે જલ સોરાબજી હંસોટીયા તથા મરહુમો એમી સોલી બામ, વિલ્લુ સોરાબજી હંસોટીયા તથા જીમી સોરાબજી હંસોટીયાના ભાઈ તે તેહમી નોશીર વાદરેવાલા, મેહરૂ નોશીર હોઝદાર, અરપી તથા મરહુમ દીનુ તીજોરીવાલાના બનેવી તે આનાઈતા, બરજીસ તેમજ ફરીદાના માસા તે ફીલી જલંગીરજી હંસોટીયા કઝીન, તે ફેડી બામના મામા તે પીનાઝ અને બિનાયફરના કાકા.





## એક જાસૂસી મિશન

થોડા દિવસ પહેલા ફેસબુક પર એક રિકવેસ્ટ આવી, આ કોઈ છોકરીની રિકવેસ્ટ હતી જેનું નામ દીપા વર્મા હતું. આથી ટેવની જેમ મે રિકવેસ્ટ એક્સપ્ટ કરતા પહેલા તેનો પ્રોફાઈલ ચેક કર્યો મારા ફ્રેન્ડ લીસ્ટમાં એવું કોઈ હતું નહીં અને તેના ફ્રેન્ડ લિસ્ટમાં લગુ સુધી કોઈ છે જ નહીં, આથી મારા મગજનો ઉપયોગ કરીને વિચાર્યું કે ક્યાંક આ ફેક પ્રોફાઈલ તો નથી ને?

પછી વિચાર્યું કે ના ફેક નહીં હોય, હોઈ શકે કે ફેસબુકે આ નવા વપરાશકર્તાને મારી સાથે મિત્રતા કરવાનું સંજોશન આપ્યું હોય. કારણ કે ફેસબુકમાં નવા પ્રોફાઈલ બનાવ્યા પછી ફેસબુક દ્વારા ઘણા સંજોશન આવે છે.

અને જોયું તો પ્રોફાઈલ ફોટો હતો જ નહીં, આથી મેં અંદાજો લગાવ્યો કે કદાચ ફેસબુક પર નવી હશે? અને તેને ફોટો અપલોડ કરતાં ન આવડતો હોય અથવા તે પછી ફોટો અપલોડ કરવામાં સંકોચ પણ અનુભવતી હોય.

છતાં, મેં રિકવેસ્ટ એક્સપ્ટ કરી લીધી.

થોડીવાર પછી સૌથી પહેલા તેના તરફથી મેસેજ આવ્યો જેમાં લખ્યું હતું ધન્યવાદ. પછી તો હું જે પણ કોઈ સ્ટેટસ કે ફોટા મૂકું તેમાં લાઈક અને કોમેન્ટ આવવાના શરૂ થઈ ગયા.

અને હું પણ આ મારા નવા કન્ટ્રીને પામીને ખુશ થઈ ગયો.

ધીમે ધીમે બધું આગળ વધતું ગયું અને હવે મારી પરિનિવૃત્તિ લાઈફ વિશેની કમેન્ટ પણ આવવા લાગી.

મને શું ગમે છે નથી ગમતું એ પણ પૂછવા લાગી, હવે તે થોડી રોમાંટિક શાયરી પણ પોસ્ટ કરવા લાગી હતી. અને એક દિવસ તો હદ થઈ ગઈ, તેને પૂછ્યું શું તમે પોતાની પત્નીને પ્રેમ કરો છો?

મેં ઝડપથી કહી દીધું હા ખૂબ જ.

તે ચૂપ થઈ ગઈ, અને ઓફલાઈન ચાલી ગઈ.

બીજા દિવસે પાછો મેસેજ આવ્યો શું તમારી મેડમ સુંદર છે?

એટલે મેં પાછો જવાબ આપ્યો હા ખૂબ જ સુંદર છે.

ફરી પાછી ઓનલાઈનમાંથી ઓફલાઈન જતી રહી અને બીજા દિવસે પાછો મેસેજ આવ્યો કે તમારી પત્નીને



સારું ખાવાનું બનાવતા આવડે છે?

મેં કહી દીધું કે તેને ખુબ જ સ્વાદિષ્ટ ખાવાનું બનાવતા આવડે છે.

પછી થોડા દિવસ સુધી તે ઓફલાઈન જ રહી અને એક પણ મેસેજ પણ ન આવ્યો, અચાનક ગઈ કાલે સવારે એને મેસેજ બોક્સમાં લખ્યું કે હું તમારા શહેરમાં આવી છું. શું તમે મને મળવા માંગશો?

મેં કીધું હા જરૂરી.

તો ટીક છે તમે અહીં સિનેમા બાગ પાસે આવી જાઓ, ત્યાં મળી પણ લઈશું અને સાથે એક ફિલ્મ પણ જોઈશું.

આથી મેં કહ્યું 'નહીં, મેડમ તમે મારા ઘરે આવી જાઓ. મારી પત્ની અને બાળકો તમને મળીને ખૂબ જ ખુશ થશે. અને મારી પત્નીના હાથનું ખાવાનું પણ તમને નસીબ થશે.'

તો તેણે તરત મેસેજ કર્યો, 'નહીં હું તમારી મેડમ સામે નહીં આવું. તમારે

મળવું હોય તો આવી જાઓ.

મેં તેને મારા ઘરે બોલાવવાની કોશિશ કરી પણ તે માની જ નહીં, તે પોતાની જગ્યાની જીદ પર કાયમ હતી.

અને હું મારી જીદ ઉપર કાયમ હતો કે તમારે મળવું હોય તો મારા ઘરે આવો.

આખરે તે અસ્વસ્થ થઈ ગઈ અને બોલી ઉઠી કે ટીક છે

હું પાછી જઈ રહી છું, તમે ડરપોક છો પોતાના ઘર પર જ બેસી રહો.

મેં તેને સમજાવવાનો પ્રયાસ કર્યો અને સાર્વજનિક સ્થળ ઉપર મળવાના ખતરા વિશે પણ જણાવ્યું પણ તે ટસની મસ ન થઈ.

આખરે હારી ને મેં પણ કહી દીધું કે મારી સાથે મળવું હોય તો મારા પરિવાર વાળાઓની સામે મળો, નહીં તો તમારા ઘરે જાવ.

તે ઓફલાઈન થઈ ગઈ, અને મેસેજ પણ આવ્યા નહીં. સાંજે જ્યારે હું ઘરે પહોંચ્યો હતો ડાર્નિંગ ટેબલ ઉપર ખુબ જ સરસ સુગંધ આવી રહી હતી, મને આભાસ થઈ ગયો કે આજે કંઈક સ્પેશિયલ ડિનર લાગે છે.

મેં પત્નીને પૂછ્યું 'કે કેમ આજે આટલું બધું ખાવાનું બનાવ્યું છે, કોઈ ઘરે આવી રહ્યું છે ખાવા માટે?'

તેને કહ્યું 'હા એક છોકરી છે દીપા વર્મા કરીને. તે આવી રહી છે.'

'મેં કીધું શું? એ તને ક્યાં મળી, તું એને કઈ રીતે જાણે છે?'

અરે ધીમે, ધીમે પ્રશ્ન પૂછો એ બીજું કોઈ નહીં હું જ હતી

તમે મારા જાસૂસી મિશન દરમિયાન પરીક્ષામાં પાસ થયા છો આવો મારા સાચા હમસફર, ખાવાનું ઠંડું થઈ રહ્યું છે. પેલા ડિનર પતાવી લઈએ?

### હસો મારી સાથે

એક સારા પતિ નું ઉદાહરણ સેટ કરવા માટે

મેં એક સાવ કાળી પડી ગયેલી કઢાઈને ઘસીને ઘસીને ચાંદી જેવી કરી નાખી.

પરંતુ એ જોઈને પત્ની બરાડી ઉઠી: એ તો નોન સ્ટિક કઢાઈ હતી.

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હવે પુરુષો પણ અંદર અંદર પૂછતા થયા છે કે કચરાપોતાં અને વાસણ થઈ ગયાં?



### એક નજર પારસી મરણો ઉપર

Deceased મરનાર	Age વય	Date તારીખ	Address ર. ઠે.	Relations સગાઈઓ
Bunny Dara Daruvala બની દારા દારુવાલા	98 ૯૮	01-04-2020	734, Rane Nivas, Road No.4, Dadar Parsi Colony, Mumbai 14. ૭૩૫ રાણે નિવાસ, રોડ નં. ૪, દાદર, મુંબઈ ૭૪.	તે પીંકસ આદિલ માખનીઆના માતાજી તે હોરમઝ ને ઝરીનના મમઈજી તે સાયરસ ને ઝારાના ગ્રેટ ગ્રેન્ડમા તે મરહુમ રૂસીના ને ડાખના, રોડા, રૂબી ને ફેનીના બહેન તે રોડા રૂસી પટેલ, રૂબી અંચર ફનીબંદા ને ફેની રૂમી એન્જીનિયરના બહેન.
Khorshed Rusi Dubash ખોરશેદ રૂસી દુબાશ	95 ૯૫	01-04-2020	5/A, 5Th Floor, Karai Estate, Tardeo Road, Grant Road (W), Mumbai 7. ૫/એ, ૫મે માળે, કરાઈ એસ્ટેટ, તારદેવ રોડ, ગ્રાન્ડ રોડ વેસ્ટ, મુંબઈ ૭.	તે મરહુમો બચુબાઈ તથા દીનશાહજી વરીયાવાની દીકરી તે રૂસી નસરવાનજી દુબાશના ઘણીયાણી તે ફેડી રૂસી દુબાશના માતાજી તે રૂક્ષાના ને ઝુબીનના ગ્રેન્ડ મધર તે હુતોક્ષી ફેડી દુબાશના સાસુજી તે મરહુમો આલામાય તથા નસરવાનજી રૂસ્તમજી દુબાશના વડુ.
Navel Nadirshah Mulla નવલ નાદીરશા મુલ્લા	85 ૮૫	01-04-2020	West Hill, Nepeansea Road, Mumbai 36. વેસ્ટ હીલ્સ, નેપીયન્સી રોડ, મુંબઈ ૩૬.	તે મરહુમો ડો. મીસીસ કેટી નવલ મુલ્લાના ઘણી તે દીનઆવાન અદી મેહતા, રૂસ્તમ નવલ મુલ્લા ને માણેક નવલ મુલ્લાના બાવા તે મરહુમો મેહરબાઈ તથા નાદીરશા રૂસ્તમજી મુલ્લાના દીકરા તે મરહુમ ફરદુન નવલ મુલ્લાના ભાઈ તે દાનેશ, સનાયા, રે, અલીયાહ, અરમાન, નાખરાના ગ્રેન્ડ ફાધર તે અદી મેહતા, બેરોઝ મુલ્લા ને હેરેન મુલ્લાના સસરા તે મરહુમો ખોરશેદ તથા માણેક મીસ્ત્રીના જમાઈ.
Homi Burjoji Kasad હોમી બરજોજી કાસદ	88 ૮૮	02-04-2020	R/6, Chothia Building, Zoroastrian Colony, Tardeo, Mumbai 7. આર/૬, ચોથીયા બિલ્ડિંગ, ઝોરોસ્ટ્રીયન પારસી કોલોની, તારદેવ, મુંબઈ ૭	તે મરહુમ ધ્રીતીના ઘણી તે મેહરનોશ ને સાઈરસના બાવાજી તે બચુના સસરાજી તે નતાશાના બપાવાજી તે મરહુમો બાઈમા બરજોજી કાસદના દીકરા તે મરહુમો તેહમીના બેજનજી કેપ્ટનના જમાઈ તે મરહુમો નવલ, બમન, જાલ, પરવેઝ, સીલામાય, લીલામાય, દિનામાય, ધનમાય, તેહમીના તથા શેરૂના ભાઈ ખોરસના કાકાજી તે બેપસી મોદી, આરમયતી, મરહુમો અરનવાઝ ફરદુન જોખીના મામાજી તે નેવીલના માસા તે મહીયર ને કુરૂશના કુવા તે સામ કેપ્ટન, મરહુમો કેડી ને હોમાયના બનેવી તે મરહુમો દોગદોમાય જમશેદજી કાતરકના વેવાઈ.
Homai Behram Driver હોમાય બેહરામ ડ્રાઈવર	81 ૮૧	02-04-2020	3/3, Baria Building, Gamadia Colony, Tardeo, Mumbai 7. ૩/૩ બરીયા બિલ્ડિંગ, ગામડીયા કોલોની, તારદેવ, મુંબઈ ૭.	તે મરહુમો બેહરામ રૂસ્તમજી ડ્રાઈવરના વિધવા તે દીન્યાર બેહરામ ડ્રાઈવર ને આદિલ બેહરામ ડ્રાઈવરના માતાજી તે મરહુમો જરબાનુ તથા દીનશાહજી આર. પાઘડીવાલાના દીકરી તે મરહુમો રૂસી, નોશીર, જાલ, એમી સોલી વેચુના, ફેની બેહરામ ભમગરા, રોદા જહાંગીર નારગોલવાલાના બહેન તે કીયોના આદિલ ડ્રાઈવર, ઝીન્યા આદિલ ડ્રાઈવરના ગ્રેન્ડ મધર તે ફરઝીન આદિલ ડ્રાઈવરના સાસુજી તે ખોરશેદબાનુ તથા રૂસ્તમજી એસ. ડ્રાઈવરના વડુ તે બખ્તાવર તથા મરહુમ નેવીલ બી. તારાપોરના વેવાણ તે મરહુમ ધન રૂસી સીધવા અને મરહુમ માનેકજી રૂસ્તમજી ડ્રાઈવરના ભાભી.
Bapsy Nariman Bhagwager બેપ્સી નરીમાન ભગવાગર	80 ૮૦	02-04-2020	Elphine Grove, 15, Malcom Baug, Jogeshwari (W), Mumbai 102. એલફીન ગ્રોવ, ૧૫ માલકમ બાગ, જોગેશ્વરી (વે.), મુંબઈ ૧૦૨.	તે નરીમાન કેપ્ટનજી ભગવાગરના ઘણીયાની તે નેવીલ નરીમાન ભગવાગર ને ફરહાદ નરીમાન ભગવાગરના માતાજી તે મરહુમો દીનામાય તથા કાવસશાહ પારખના દીકરી તે યાસ્મીન પારખ, ફરોખ પારખ ને મરહુમ પરવીઝ પારખના બહેન તે જીમી એફ.પી., રોની ને સનીના ગ્રેન્ડ મધર તે ગોદાફીદના સાસુજી તે મરહુમો જરબાનુ તથા કેપ્ટનજી ભગવાગરના વડુ

### Death Announcements from America

Ervad Sorab Nadarsha Mogul એરવડ સોરાબ (સોલી)નાદરશાહ મોગલ	87 ૮૭	19.03.2020	America અમેરિકા	તે મરહુમ કેટીના ખાવીદ તે ઉદવાડેવાલા મરહુમો ખોરશેદ તથા નાદરશાહ ફરદુનજી મોગલના દીકરા તે ફરહાદ તથા માહરૂખના પપ્પાજી તે પરીનાઝના મમાવાજી તે કેકોબાદ કેટી કેડી પાવરી તથા મરહુમો ફરદુનજી, મીનુ, રતનશાહ, મની મીનોચહેર ભાદા, તેહમી રૂસી બીલીમોર્યા તથા ગુલાંનાં ભાઈ તે મરહુમો જરબાનુ તથા મેરવાનજી દવાલના જમાઈ.
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# The Six Secrets Of Well-Being In Difficult Times



RUBY LILAOWALA

A few decades ago, 'Corona' referred to a shoe company. I am talking of the days when TV had not yet come to India and hence the only powerful medium of advertising was the radio. Whether it was All India Radio or Radio Ceylon or Vividh Bharati, the 'Corona' shoe advertisement blasted like this in Hindi - 'Corona Ke Jootey, Jo Ghiss Toh Saktey Hain, Lekin Fatt Nahi Sakte', meaning, Corona shoes may get worn out, but will never tear.

Today, the word 'Corona', has a completely different connotation. It's the proper noun of a virus which hits like a flu but is much more deadly. The TV and social-media spread it emotionally into everyone's psyche and so many people panic, "Arrey! Everyone will get it! There's no escape!!"

But not everyone gets it. If you've noticed, some people catch every bug in town while others never seem to fall ill. It's partly the luck of the genetic draw and partly a matter of good habits and diets. But doctors are paying more attention to ways in which your attitude can improve your resistance.

Although its common knowledge that stress affects your body's ability to fight illness, new studies suggest that the way you handle stress is more important. Indeed, medical evidence points to six emotional traits that may help protect you, not only from minor ailments like the cold, the flu and harmless viruses but even from major ones like cancer and heart diseases.

**The First Secret - The Unsinkable Spirit:** Having the determination to rise to a challenge helps in the



fight against sickness. It's what Dr. Kenneth Pelletier calls the "hardiness factor". In his book, 'Sound Mind, Sound Body', Dr. Pelletier interviewed 50 successful and healthy people to find the common threads in their life. In addition to good habits like not smoking, good diet and exercise, they all treated any stress as a challenge, rather than a negative event. For eg., say, if you lose your job, you can treat it as a disaster or a chance to refocus your career. Conversely, depression makes it more difficult to recover from illness. You know how and when you are down and low on energy. Well, your body's defence mechanisms react in much the same way!

**The Second Secret - Taking Charge:** A fighting spirit may provide the necessary motivation, but what is called 'active coping' puts the spirit into action. Think of a situation such as major staff cutbacks in your office. One person may think it is an outrage but choose to do nothing, while

another will actively look for cost-cutting measures. This take-charge attitude has been linked to better chances of beating disease. Studies of breast-cancer and melanoma patients found that active copers had better survival rates. Your active coping means you believe you can take control.

**The Third Secret - Knowing Your Exact Feelings:** Being out of touch with your feelings is no better than harbouring angry ones. According to psychologists, people seem to be at a greater risk of disease when they are unable to express themselves in emotional terms and instead express themselves in terms like, "I have got a knot in my tummy" or "I am upset".

**The Second Secret - A Sense of Humour:** Your anxiety or anger will dissolve in the face of a good laugh. In fact, it is a very good stress-buster! Being able to laugh at yourself as well as ridiculing other people is definitely health-enhancing. See comedy films

and TV shows or read a joke book. Without the ability to laugh at ourselves, we might be destroyed by our family conflicts, our lame deceptions and our own stupid mistakes. Seeing comedy in most situations in life tells you that you can forgive yourself and one another for inadequacies. Be simple like children, they're always laughing!

is correlated to having a longer lifespan. By transcending our needs to help others, we boost our happiness to another level. Use whatever resources you have to make others happy and you'll be walking on clouds. Being selfish and so-called upwardly mobile has unfortunate side-effects like fragmenting communities. A lifetime spent in just chasing money is a waste unless you



**The Fifth Secret - Absence of Malice:** This is a crucial requirement. Studies show that people who carry a lot of hostility are highly susceptible to heart disease. People who are hostile only harm themselves. It serves no purpose!

**The Sixth and Last Secret - 'Altruism':** Altruistic behaviour has a beneficial effect on both mental and physical health and

have enjoyed some of it with family and friends and also done a bit of charity.

We have created most of our unhappiness by harbouring and nurturing wrong-thinking. Take a mental about-turn and keep moving forward, seeing new sights and new experiences in new ways! That way, you'll enjoy the journey of life, Corona or no Corona!





# Nature's Nasty Nudge

Veera is a published Author ('Endured' and '#LoveBitesLifeHacks') and Columnist; a passionate Educator and Counsellor; Poet and Philosopher... but most of all, a lover of all things literary.



VEERA SHROFF SANJANA

Welcome, dearest world, to 2020! Fearful, anxious, panic stricken - are we? Think back, to how long we have been plundering, corrupting and marauding it! It took a tiny virus to bring us to our knees, to understand how copiously vulnerable we are, despite all our advancement in medicine research and technology.

The globe is going through a healthcare catastrophe, the sort unprecedented. While COVID-19 rules, the world, as we know it, will soon cease to exist. The two World Wars put together dim in comparison to the devastation this virus has been and will continue to dispense, in its wake. Frazzled trade, fragmented economies, dizzy governments, the world at large will take years to get back its balance. Losses will be unprecedented, chaos insurmountable, life as we know it - changed, with this chapter as the worst yet recorded, in the annals of history.

You can call it an apocalypse, even say that Armageddon has arrived at our doorstep. Astrologers had predicted, numerologists had ascertained, books had been written, and movies had hinted... but in 2020, we sure are living it. Whether the coronavirus pandemic is an oversight is debatable, but a warning it definitely is!



science and technology into weapons for the conquest of the world - land, seas and skies included! Yes, this conquest has brought tremendous gain, profit and advancement, no doubt, but along the way, we have committed immense and unforeseen atrocities - wiping out the rich variety of life, filling our land with toxic poisons and the seas with plastic, oil and deleterious pollutants. For decades, we have killed and forced to extinction wild animals and plants, insects, birds, fish and other countless forms of life on land, rivers, lakes and seas... all without a violent response.

Patient Zero emanated from a notorious wet market in Wuhan, where species of animals are kept in shameful, unhygienic state of miserable imprisonment, slaughtered, eaten. While a smorgasbord of dogs are boiled alive; bats are relished - served on sticks, like lollipops or skewered; kittens slaughtered; rats fried and giant snakes carved for human consumption! Bears, tigers, wolf cubs, crocodiles and turtles are not spared either! Hygiene standards are atrocious, cross-contamination



to 'Gaia', earth describes it as the mother of the gods and wife of heavens, meant to nourish every single plant and being. The ancient Greeks were not alone in venerating the Earth. Many other ancient civilizations and pre-modern people thought of the Earth as their Mother and the source of the entire natural world around us. The disdain and disrespect we have shown this bounty, with our obsessive dominance, plodding ahead without a thought or fear of our excessive thieving spirit, has finally caught up with us. It took a nasty nudge, but nature has shown us how fragile and naked we really are.



Under the regime of the coronavirus, we have awaked to a new world. Nature decided on some gun-slinging of her own, from the shoulders of this virus, while she decided to put a stop with this one-sided persecution and molestation. The machinery of the world is brought to a grinding halt, but will this panic and feeling of vulnerability suffice? Or will it be forgotten on the heels of a vaccine? Are we to revert back

to our narcissistic arrogance? This is a revolutionary time in the history of all mankind. We need to pause and understand the lessons we have learnt. Are we capable of imagining a world where the highest ideal of all society is the welfare of its people, in conjunction with nature?

While we cower under the fear of this pandemic - life, the future, all of nature



has awakened. With more of us indoors, the outdoors is flourishing. The sky more blue, the grass - greener, and the birds chirpier! While the whole world is on a sabbatical, it seems the earth is awakening to a new dawn. Looks like our today, tomorrow and months to follow may drift solely on telecommuting. We are suddenly free from the 19th century shackles of working from behind a desk for a few appointed numbers of hours, at which we are expected to sit, much like our children in schools. We rise to alarm clocks, get into cars, belch carbon into the environment; and alternating between working and goofing off, we clock our hours to a monotonous day.

For many of us the coronavirus has nearly been liberating, even amidst the quarantines! How awful that

it took a threat of a global pandemic for us to take advantage of technology that has existed for years! How cowardly of us not to have demanded this freedom earlier. Our children are freed from classrooms, adults from unnecessary office space, the roads from spewing pollutants and the worlds for a moment, from this human infestation, everywhere you look. Ironic, isn't it, that for the first time

the earth is breathing, while we are struggling for breath?

What if we never went back? Shocking! Incomprehensible! But why? What if this was to be our new norm. Under the coronavirus, we wake with the sun, we take leisurely mornings; we fit our work around our children, spouses and families. Instead of spending precious hours away from family, now we work, play, create and find things to do together. There is fear, but we are leaning towards a quiet hush all around... none of that unnecessary scurry and noisy cancers of our modern-day living. For all those office drones, imagine mornings waking up to the sun and spending each day, doing at each moment, what you would most want to do! That could be ours, if only we can imagine it. A world where going to work becomes a strange anachronism from a dimly remembered past and spending time with family and friends feels ridiculously good, no matter how spectacular its dysfunction!

With the COVID-19, mankind will lose, but humanity may prevail!