

Mah- Adar;
Roj- Asman
YZ1389

Happy
Mothers
Day!

PARSI TIMES

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FROM THE EDITOR'S DESK

For Mother's Sake!

Dear Readers,

The past couple of weeks has infused greater reality into the presence of the dreaded coronavirus, with an increasing number of community members testing COVID-19 positive. It has well entered the Baugs and some of our houses. We definitely need to ramp up our civic sense and stop making excuses for being seen loitering in baugs, with friends, using 'walks' as an excuse. Numerous pictures floating on social media, especially Whatsapp, portray the abject flouting of the crucial Social Distancing and quarantine norms.

This is both, surprising and unfortunate. Surprising, because despite the mounting death toll the pandemic claims, our survival instincts are yet to kick in... making the application of rationale, a long shot. And this makes it unfortunate, because others are paying for these deadly indiscretions. Fresh surveys show that children and adults could easily be asymptomatic carriers of the virus, but their immune system is able to ward

off the virus before it sets in, because of the age-advantage. However, when they flout the social distancing norms, they inadvertently endanger the health and lives of seniors, whose immune systems are unable to reap the same advantage.

While we hope and pray for the speedy recovery of all community members battling the virus, let us remember to show compassion to their family/loved ones and respect their privacy, during these difficult times.

I thank all our readers for sending in plentiful entries for the Mother's Day Contest (Pg.12) - your participation never fails to overwhelm us, not just in terms of numbers, but more so, your talents! Here's wishing all our lovely ladies a Happy Mother's Day in advance!

Stay safe! Stay sensitive! And don't forget to thank your mums!

Have a good weekend!

- Anahita
anahita@parsi-times.com

LETTERS TO THE EDITOR

Whom Should We Mourn For?

This devil of Coronavirus has caused unprecedented horror and destruction to human life. When even the first-world, rich countries, with their high standards of hygiene and healthcare, have failed in driving away this deadly enemy, it is definitely not an easy task to contain the spreading of this powerful virus in an impoverished country, where hygiene and health-care are sadly ignored.

We are advised social distancing as a preventing measure. In most cities, there are slums where people live in crammed *kholis*, where they hardly have enough place for all to sleep! They share toilets with other families and children use open spaces. Is it possible for them to observe social distancing?

Though this is not the time to play the blame-game, one can't be blind to the Indian Government misusing taxpayers' money to build gigantic statues at huge costs, blatantly neglecting the two most important areas - healthcare and education. The ignorant masses dwelling in such drastically unhygienic conditions are not in a position to protect

themselves. As loudspeakers are used by the candidates during elections, volunteers should address the slum dwellers making them aware, how important it is to follow certain rules of safety and precaution. Day after day, we helplessly learn about an many precious lives lost to this pandemic. The infected run helter-skelter in fear, spreading more virus and worsening their own condition. What's worse - even patients suffering from other ailments are denied treatment and are having to bear the consequences at the cost of their life.

What should the BMC and the Government do to curb this pandemic? All delivery boys and others in essential services, should be provided with adequate 3-ply or N95 masks and should observe social distancing. All those treating or coming in contact with infected patients should not attend without complete PPE kit, to ensure their safety. Many global research institutions are working incessantly to develop a serum and medicine to prevent and cure the COVID19, but we haven't yielded specific results yet. With

even simple testing to detect the infection in short supply, we need to procure devices to detect the presence of the virus at the earliest. There is a device which tests around 2000/- samples in one shift and double the number to two. It has been donated to the JJ hospital and seems to work efficiently. We can get a few more such devices and test all Red zone inhabitants from congested slum areas. Only then will it be possible to segregate and treat the infected. Closed schools and colleges should be sanitized and used to treat infected patients. Each hot spot should be treated separately the same way. Though all affected may not be cured, we may be able to contain the rapid rise of spreading.

Though the lockdown is the right step, it has caused disaster especially amongst migrant workers, who came to cities for jobs, and are stranded with no source of income, no home, no money to feed their families and desperately wanting to return. Their pleas of providing transport are ignored, leaving the only option to take a hazardous journey back home. This is an avoidable human tragedy where

the Government has to act and make arrangements for their safe return. The ignorant masses find it difficult to complete the formalities and the government leaves them in a lurch. Realizing it is going to be worse in the rainy season, they embark on their long and hazardous journey with a hope in their hearts to reach home.

It is a most unfortunate sight on TV channels - unending queues of migrant men, women and children, carrying their meagre belongings on their heads, toddlers on their shoulders, with pregnant women and sick babies, all trudging alone in the hot, sultry weather, sick and exhausted.. perhaps never to reach their destination.

Should we mourn over the inevitable death of precious lives lost to this COVID19 devil or should we mourn for our guests who left their homes to serve us, caught unaware facing hunger, starvation, desperately wanting to return home and dying on the way, leaving a black stain for our ingratitude in the inability to protect them?

By Piroja Homi Jokhi

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Mamma Mia!



VEERA SHROFF SANJANA

Veera is a published Author ('Endured' and '#LoveBitesLifeHacks') and Columnist; a passionate Educator and Counsellor; Poet and Philosopher... but most of all, a lover of all things literary.

They say, 'life doesn't come with a manual, it comes with a mother'.

Mother's Day is always special, but in 2020, it's even more so! Gripped within those icy fingers of the Pandemic fear, there is this condensed realisation, that one really does not need a reason or a special day in May to celebrate mothers! Celebrating her should be an everyday endeavour. Although social distancing might make Mother's Day celebrations a bit strange and especially difficult for those who live away from their mums, it should not prove to be a deterrent to the familiarity and joy of the celebration. While many may concede that the challenges of the times may make it difficult, there is absolutely no reason whatsoever, not to make this day of virtual celebrations, extraordinary, nonetheless!

Mother's Day is an event to honour the contributions of all mothers; a day marked to simply acknowledge the role of mothers and the effort of maternal bonds that exist all around in our lives. Undoubtedly, Mother's Day is an occasion to celebrate, respect, love and felicitate mothers, but more than that, it's a day specially reserved to applaud her indomitable spirit and



to extol her unflinching understanding and that abiding support that only a mother can exude.

Mother's Day is for all mothers who could not stop the tears from trickling down their cheeks, while they held their little babes in their arms for the very first time; and also for those who gave birth but could never see them at all. It is for those mothers that brought them home bundled in love and for those that gave them homes and gifted them families; for all mothers that have their hearts swell with pride at their child's accomplishments; and those that shed silent tears for that child that went astray; for all mothers whose hearts have ached watching their son or

their pleasure on their return! It is for all those Super-Moms that excel at every turn, and for those, who've struggled despondently, every single day; for the moms who've spared the rod and those who've run a tight ship; for all those moms who can prepare a meal and for those who could provide one.

The profession of motherhood is all about influence and an opportunity to shape the next generation, so Mother's Day is meant for all the mothers - young or aged, the working moms or those stay at home housewives, married mothers or the single ones, those with money and those without, and those without whom life would be insufferable or oh so different!

But this Mother's Day, let us pause, reflect and celebrate a little extra. This year, essentially, let us not forget but choose to remember, the most nurturing, the most maternal and selfless of them all, the quintessential mother, our beloved Mother Earth. From time immemorial, we have worshipped her not just as an ancient goddess, a venerated deity or an energetic archetype, but as a living breathing presence flowing through every pore and cell of our being. From the formation of all life

we have been nourished on her bosom drinking of her lakes and rivers, sheltered in the care of her sturdy anatomy that has withstood civilizations and evolution, we have been largely cultivated on her 'greenosity of spirit' (that boon of vegetation) and as such, been sustained in the pink of health! She is all that is wonder, beauty and awe!

Not unlike ungrateful children of a rather patient mother, we have taken her for granted, long ignoring her despairing mourns and despondent cries. While her deep reservoir of compassion has been tested and tried, she has for the most part tolerated our tantrums and exploits. Like all mothers she has vented out her exasperation and disillusionment from time to time... seismic disturbances, volcanic outbursts, truly are nothing but symptoms of her irate plague and powerless displeasure. Within her folds a blessed sanctuary, a sacred gift of infinite wisdom, inspiring tales of mystical and spiritual importance all wrapped up for us, for humanity, to unfold and experience - almost like a tangible thought.

But years of progress have replaced humanity's incredible

esoteric knowledge for a corroding pervasive rationale, one that feeds and thrives largely on greed, corruption and misplaced intellect, ignoring the pure rawness of her vigour and earthiness of her grace. On our long journey, we have forgotten that undeniable connection between her maternal spirit and our existence, being but born out of her womb. Awakening from that embryonic slumber, we lost our nascent selves. The squalid mess of our avaricious needs disregarded our elemental path, that which ties us to all her beguiling and magical aspects; That umbilical cord, which intrinsically binds us to her, the cosmos and all nature, along with those fluid energetic vibrations innate within us all, created by this brilliant web of existence.

Now, if you have the time to listen and the freedom to fully submerge yourself in her essence, you may, perhaps learn her gentle ways or hear her instructive voice, enough to maybe pause, slow down and really tune in. If you delve deeper, you may luckily stumble upon her energetic spirit and vibrant universal femininity, teaching you humility, observance and the inescapable truths of life.

While you observe the world outside upon the ragged contours of her face, you cannot escape the feeling that the outside world and she are all rolled up and rippling inside you, you are but the seed of her fruit. This majestic, awe-inspiring planet created by the juices of her maternal love holds you, feeds you and nourishes you. We were conceived to protect her, not destroy that life-giving force. She is special, this lady, the genesis of all proliferation.

This Mother's Day avow anew, to love, respect and honour her, that her blessings of promised tomorrows can continue to sing in the wind and dance in the rain, forevermore!



staunch strength. It is a day to exalt her limitless bounty, her deep well of forgiveness,

daughter walk to school alone for the first time; and for those who could not contain

The 101 Names Of Pak Dadar Ahura Mazda – Part 6



DAISY P. NAVDAR

Daisy P. Navdar is a teacher by profession and a firm believer in the efficacy of our Manthravani. She is focused on ensuring that the deep significance of our prayers is realized by our youth. She credits her learnings and insights, shared in her articles, to all Zoroastrian priests and scholars whose efforts have contributed towards providing light and wisdom for all Zarhostis.

"Our Zarhosti Din is not a philosophy to follow or reject at will; this is a sacred inheritance, and these ancient institutions require a lifetime of devotion and adherence to the faith to survive."

- Vada Dasturji Firoze Kotwal

How little we understand of what we have, by the chance of mere birth, inherited! What is the significance of the Mazdayasni Zarhosti Din in our minds? Is it the initiation of the faith by doing the Navjote, performance of the kust, the visit to the Fire Temple - or is it something more intrinsic, more personal than that. For me, faith reflects in the way in which I conduct my life, my priorities.

If I work for ten hours a day, spend five hours on household/personal chores/entertainment and try and fit in eight hours of sleep, what am I left with? One hour! So, if we follow this pattern of existence, then what does this tell you about us? It means we prioritize work - hence money which is of course very important, then home and family - which is also very important and then health and relaxation - which is also vital. So, we have no time (or hardly any time) to devote to prayers.

Now, let us restructure this regime and prioritize faith - so if you decide, that without changing any of the things you do on a daily basis, or at least limiting the amount of time you spend on them, you can induct a few hours each day for your prayers.

Look around... right now is that crucial time to realise this! Rework your schedule to incorporate a substantial chunk of time to pray and to even study some of our sacred religious texts. They hold within them some invaluable knowledge which can deepen our understanding of our faith. Your faith is not a piece of precious jewelry to be stored safely in a locker and worn on special occasions. It is a work in progress, a daily commitment, a promise to yourself and a guiding light for your future. Follow it, practice it and revel in its glory.

This column is in continuation of my ongoing series on the 101 names

of Pak Dadar Ahura Mazda, which are really His attributes or qualities. Chanting these names regularly creates a protective aura of their strength around us and keeps us safe. Reciting these names daily, post doing the kust prayer, can remedy almost all ills and challenges we face. They are not a substitute for effort and hard work; these will augment your dedication and give it an added boost. Please note that each name is a prayer in itself and can be chanted to gain maximum benefit of its particular divine vibration.



51. Afarmosh: From the dew drops on the leaves to the mighty mountains, all is created by Pak Dadar Ahura Mazda, and yet never once has He forgotten to change the seasons, or change night to day, or the color of the leaves, or the flowering of the trees or the bringing of the rain. Afarmosh is one who never forgets, not even a single grain is overlooked. This name holds within it the power of minute detail, the one who can examine the entire creation in the twinkling of an eye. This name is highly effective to recite if one is lost at sea or in a forest or even in a concrete maze. It will help you to find the way out.

52. Hamarna: (Ashaum Hamarna Yazamaide): This angel keeps an account of the right and wrong that we do. The fruits of the good and the bad are rewarded to us after death. When this name is chanted sincerely, it makes our heart pure and shows us the right way to follow. It makes the chanter sincere and capable of following only the right path.

53. Sanaia: The one who acknowledges and knows the goodness in others. 'Ashaum Sanaia' - this name brings good health and a happy heart to the one who recites it. When you are introduced to a new person or are starting work with

one, then reciting this name will bring about an abiding friendship. With this extended and seemingly never-ending lockdown, we are undergoing a state called 'cabin fever'. This comes from living in close proximity for extended periods of time, without having any outlet for our frustrations. Chanting this name brings about a feeling of love and co-operation within family members. Every so often, there are fights over small silly things within our own home. Chanting this name over a piece of chocolate or fruit and then feeding that to the warring parties can bring about a renewed sense of peace and friendship.

If there is animosity within a family, then reciting this name can bring about a reconciliation.

54. Ataras: One who is fearless. We have so many real and imagined fears. A lot of our actions are also prompted by our fears and hence they are wrong. Fear of death of a loved one can cause you to be overly protective; fear of losing your job or status can make you put down others or attack their positions to secure your own; fear of infidelity causes you to constantly suspect every action of your spouse; fear of not performing well at school leads to absurd amounts of grief; fear of your peers and non-acceptance leads you to do all sorts of things to 'fit in'. The one who recites this name loses all fear, his actions are the result of his faith, never his fear.

55. Aabish: Time and again I marvel at the number of medicines that are sold not to cure the disease but to ease the symptoms. We have meds that bring down a fever or a swelling, that can stop vomiting and even those that ease the pain. However, none of these actually cure the root cause of the disease. This name brings relief from sickness

and from pain. It brings good health to the one who recites it and it can also bring relief for the one who suffers from pain. It can be recited for someone sick who may be incapable of doing it for themselves.

56. Afarajdum: This name means the moulder, the maker, the creator. It is particularly useful for any workmanship. If you wish to make something perfectly, then this is name will help you to be a good craftsman yourself or it will help you to find the perfect craftsman to complete your work.

57. Hamchun: The one that surrounds all things, the one that forms a protective barrier around everything. The reciter of this name can protect his loved ones, his property and anything he owns with this manthra. This name has the vibration to stop all the wrong that could be working in your surroundings. It forms a force field which cannot be penetrated by the evil that men do.

58. Mino-satihgar: Very frequently, life baffles us. We cannot fully comprehend what is going on around us. If there is something that is particularly mysterious and you need to seek answers, then you must recite this name as follows, - "Baname Yazade Bakhshayandeh bakhshayashgare meherbaan ya yazad yazdaan Mino-satihgar ya ameh ayaaf yazamaide." Dastoorji Kookadaru Saheb shared this powerful manthra and He himself was a deep practitioner of it. However, it is said that if this (or for that matter any) manthra is used wrongly, then the repercussions faced by the reciter can boomerang unpleasantly. Hence, please use this manthra judiciously, if at all.

59. Aminogar: The one who is the beneficent to all; Who gives all according to their goodness, even the ones who have departed can gain the benefits of this name. It is the prolonger of life and of all the good things of life, the Farzand (rewards, gifts) to stay and on and survive in this world.

60. Mino-nahab: The creator of all things that are secret, the knower of all mysteries. Whosoever prays this name will get acquainted with God and he will be able to comprehend His ways. This name will bring about a deeper understanding of the Cosmic Laws and the workings of God.

Thou, Ahura Mazda, Art My All!

Start your weekend with positive vibes with inspirational excerpts from the acclaimed book, 'Homage Unto Ahura Mazda' by Dasturji Dr. Maneckji Naserwanji Dhalla of Karachi.

Thou art my incomparable possession. When I have Thee, I have everything for everything is Thine, yea, Thine alone. I will give myself to Thee, as verily Thou dost give Thyself to me. My heart is ever with Thee. Thou art everything to me. I can do everything when Thou art with me. I cannot do anything without Thee.

Let my faith in Thee be as firmly founded as on a rock. Let me begin my day with the Thought of Thee and let my thoughts come back to Thee when my day's work is done. Thou art reflected in the mirror of my spiritual consciousness. Let my soul repose upon Thy bosom and be united with Thee.

Let me have Thee and possess Thee as mine for ever. Let me become One With Thee. Let nothing separate me from Thee. In the days of my prosperity and in the nights of my adversity, always and ever, will I long for Thee and come after Thee. I will raise my voice of praise and glorification to Thee. I will invoke Thee by Thy name which is above every



name. When Thou dost hear my feeble voice, do Thou my loving Lord, seek me out and draw nigh unto me. When I draw nearest and become dearest to Thee, my heart is filled with ravishing delight. Unbounded is my happiness, when I am Thine and Thou art mine, Ahura Mazda!

Sad Demise



Dr. Aspi Bakhtyar Surveyor

Age 86 years

Beloved husband of late Nargis Surveyor, father of Gulnar, father-in-law of Shahrukh Irani, grandfather of Anosh and Arnaz, son of late Tehmina and late Bakhtyar Surveyor passed away on **Sunday, May 3, 2020.**

Dr. Surveyor was a distinguished professor of Oral Medicine & Radiology, an avid chess player having won several tournaments, and a writer and poet. He will be deeply missed by his family and friends.

Funeral was held on **Monday, May 4** at Worli Crematorium.

OBITUARY

Zinobia Ratansha Kharadi

Aged 88, (Roda Mistry's Masi/aunt), from Laguna Woods California, passed on to her spiritual journey on 2nd May, 2020 (Behram Roj, Adar Mah) at 6:40 pm. She was the daughter of Ratansha and Shirinbai Kharadi, sister of Cawas, Adi, Naja, Goola, Jaloo, and Rayo.

All her 4 days prayers were performed at the Zoroastrian Association of California Atash Kadeh and her Sarosh prayers were streamed over Zoom

In Memoriam

Gev Behramji Bhumgara



31 July, 1942 - 29 April, 2020

Born in Bombay, son of Behramji and Perin Bhumgara, Gev was educated at Esplanade High School (South Bombay) and held a diploma in professional weaving. He started his career at Tata Mills and later served as secretary to Chairman Cowasjee Dinshaw Adenwalla.

In 2005 he became Founder Vice President of Medicina Alternativa Society/Trust alongside Meher Master Moos, as Founder President, and actively participated in Zoroastrian College activities along with his wife, well known vaid and healer - Pervin Bhumgara.

He was actively involved with community service and also offered his services as Manager of Soonaiji Agiary (Gowalia Tank) and was later appointed as the CEO of the Agiary Trust.

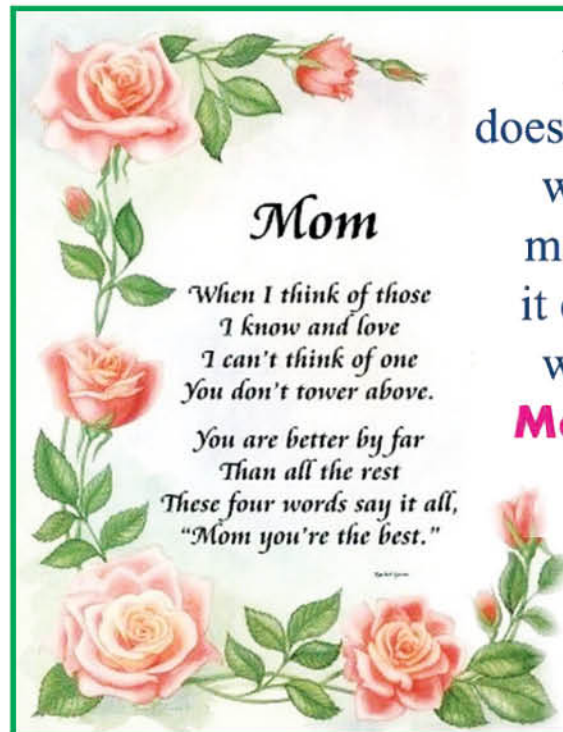
He is survived by his wife - Pervin, daughter - Armin (married to Edul Morena) and two grandsons. He passed away on Roj Sarosh, Mah Adar (29 April, 2020), at his current home at Forjett Road in Mumbai. May his ruwan attain Garothman Behest!

Life
doesn't come
with a
manual,
it comes
with a
Mother.

Mom

When I think of those
I know and love
I can't think of one
You don't tower above.

You are better by far
Than all the rest
These four words say it all,
"Mom you're the best."



Avail Lockdown Time To Lockup With Divinity From Home!



NOSHIR H. DADRAWALA

The Holy month of *Adar* will soon end and the Holy month of *Dae* will commence. Many devout Zoroastrians are disappointed because they could not pray before *Iranshah* in *Udwada* or even at their neighbourhood *Agyari* or *Atash Bahram* during the month of *Adar*, which is dedicated to the divinity that presides over fire. However, despite the Lockdown, one can always 'Lock-up' with divinity from home, after lighting a *diva* (oil lamp) and connect through the medium of fire.



Praying Before The Hearth Fire: The concept of having a hearth fire or a simple *diva* at home, is a ritual of dispelling darkness and negative forces, with the physical presence of a natural source of warmth, light and energy. When praying before the hearth fire, we address the fire as *Atash Dadgah* (or fire installed in its lawful place of adulation).

The Persian *Revayet* recommends that we pray five *Yatha* while lighting a *diva*. *Yatha* is the chant (*Ahunavar* or equivalent of the *Sanskrit Om*) with which *Ahura Mazda* created the universe. Thus, *Yatha* is a very positive, creative, life-giving and health-giving chant, which gains even more relevance during the current pandemic.

While reciting the *Sarosh Baj* (*Sarosh Yazata* is the guardian of all souls - living and dead), we pray five *Yatha*, just as we do while lighting a *diva*; it probably links with enlightening or enhancing our five senses or our consciousness. Thus, praying five *Yatha* while lighting a *diva* is also a ritual act of attuning our spirit with the Creator, while chanting the *manthra* with which the Creator created this universe and fire, representing the energy with which the universe is animated and energized.

Fire As A Channel Of Worship: When a Zoroastrian prays before fire, be it at home or a place

of worship, he/she in essence, offers worship to *Ahura Mazda* through Fire. He/she sees light amidst darkness which could be clouding his/her mind. The devotee attunes with *Adar*, the energy that gives life and animates this world and also feels the positive and healing energy of *Ardibehesht* or Truth and Righteousness. In other words, through fire, the devotee sees and senses all that is good and God-given and in gratitude, offers prayers, good wishes, positive thoughts and affirmations for this universe, to the very Creator of this universe, through fire as a medium or channel.

The Healing Power Of Ardibehesht: *Atash* or fire also embodies the healing energy of *Ardibehesht*. Thus, the presence of the hearth fire embodies the presence of good health at home. At an ethical level, *Ardibehesht* is the embodiment of God's Truth and in our religion, truth is considered the highest virtue. It is only through truth and righteousness that *Ahura Mazda's* friendship can be attained.

The Ardibehesht Yasht: is one



of the best prayers for healing all kinds of physical ailments. There is also an old healing tradition of *Ardibehesht ni Picchi*, where a priest or even a lay person, after a bath and performing the *farazyat* (obligatory) prayers, recites the *Ardibehesht Yasht*, running a clean white handkerchief or a clean muslin cloth, from head to toe of the ailing person. It is a tried and tested Zoroastrian form of healing with a high degree of success.

In the *Ardibehesht Yasht* we pray, "*Ādim framraomi Ashem Vahishtem; yezī framraomi Ashem Vahishtem, āat anyaēsham Ameshanām Spentanām hvāyonem; yim pāiti Mazdāo humatāish, yim pāiti Mazdāo hūkhtāish, yim pāiti Mazdāo hvarshatāish. Garō-nmānem Ahurahe hvāyonem. Garō-nmānem nereyō asti ashāvaoyō. Naēchish dravatām ayene paitish garō-nmanem, ravohu ashāyonem chithrem Ahurem Mazdām.*"

Which means: "I like him (i.e. *Ardibehesht*); when I like *Ardibehesht*, then (he) of (all) other *Ameshāspands* (becomes) a helper, whom (the Creator) *Ahura Mazda* nourishes with good thoughts, and good words, and good actions. The *Garothmān* (Paradise) is *Ahura Mazda's* own abode. The *Garothmān* (Paradise) is for righteous persons." The essence of this verse is that only a righteous person can be in the abode or presence of *Ahura Mazda*.

Five Kinds Of Healers: The *Ardibehesht Yasht* also

one who heals reciting the *mānthra*".

The Nirang Of Ardibehesht: is a very powerful capsule prayer which should be recited thrice after the recitation of the *Ardibehesht Yasht*: "*Dādāre jehādār tavānā O dānā, O parvartār O āfarīdegār, O kerfehgar, O avakhshīdār. Ahereman hīch, nādān, O natavānad ba hīch chīz nashahed. Ahura Mazda dādārī, ahereman marochīnīdārī. Dādār pāk, ahereman nāpāk; ahereman khāk shavad, ahereman dūr shavad, ahereman dāfe shavad, ahereman shekasteh shavad, ahereman halāk shavad. Avval dīn Zarathushtī pāk; Ahura Mazda buland kavī, beh, awazūnī.*"

Which means: "The Creator, the keeper of the world, (is) omnipotent and omniscient, and the Nourisher of all, and the producer, and the Doer of meritorious deeds and overseer. *Ahriman* is nothing whatsoever (and is) ignorant and cannot do anything. *Hormazd* (is) the Creator (and) *Ahriman* the destroyer. The Creator (is) Holy and *Ahriman* (is) wicked. May *Ahriman* perish, may *Ahriman* be far away, may *Ahriman* be vanished, may *Ahriman* be defeated and may *Ahriman* be overcome. The foremost Religion (is) the pure Zoroastrian (Religion); *Hormazd*

The *Yasht* affirms that the "best among healers is the



► (is) Exalted, Powerful, Good (and) the Increaser.”

Airyaman Isho: The *Ardibehesht Yasht* also refers to the prayer of *Airyaman Isho*, which is actually *Yasna 54*. It is a very efficacious and powerful prayer and it should be prayed just before the chanting of *Ardibehesht Yasht*.

Airyaman Yazad is a co-worker of *Ardibehesht Ameshaspand* and therefore, it is considered very meritorious and beneficial to recite this *manthra* before the *Ardibehesht Yasht*. *Yasna 54.1* is recited 4 times. It has the power to drive away diseases, physical, mental as well as spiritual. Part of it is composed in the *Gathic* dialect and it is affirmed that this specific *Yasna 54* will be recited at the time of the future restoration of the world.

Homage To Dae Dadaar: The month of *Adar* will end early next week and the month of *Dae* will commence. It is dedicated to the supreme *Amesha Spenta, Dadaar Hormazd* - The Creator - *Dae Dadaar*. It is a month of thanksgiving to the creator and gratitude is ritually expressed by performing *Jashan* ceremonies, either at home, at the office or at an *Atash Behram* or *Agiary*.

This year it may not be possible to perform *Jashan* ceremonies either at home or at the office. However, the true essence of celebrating the month of *Dae* lies in offering service to those in need. It is said that in ancient time, when Zoroastrianism was the state religion of Iran, on *Roj Hormazd* of *Mah Dae*, the great kings of yore used to descend from their throne, dress in simple white garbs, suspend for the day the duties of all royal attendants and make themselves available to any common citizen who wanted to interact with the king. They would hold meetings with small landowners and farmers - even share simple meals with them. This tradition was an annual reminder that to the Supreme Divinity, *Dadaar Hormuzd*, king or commoner are both equal!

Our Beloved Friend: The month of *Dae* also commemorates our friendship with *Ahura Mazda* and all His creations - particularly friendship among

human beings, rich or poor, royal or commoner. In the Zoroastrian tradition and particularly in the *Gatha*, the Supreme Divinity is referred to as '*Friya*' (Sanskrit *Priya*) which means friend or beloved.

Hence, a Zoroastrian's relationship with God is built not on the basis of awe or fear but of friendship and love. God is to be loved not feared for his wrath. God is to be considered as a friend and not as a demanding or domineering Lord who constantly put's his subjects to tests and sacrifices. A true Zoroastrian would never see any disaster as an 'Act of God'. *Ahura Mazda* is a loving friend and not the author of this pandemic.

In the Zoroastrian tradition, God is not to be pleased with sacrifices or fasts. In fact, as a 'friend', *Ahura Mazda* wants all His friends to enjoy *Ushta* or happiness. In the Zoroastrian calendar of 365 days, there is not a single day set aside for fasting - all that *Ahura Mazda* wants His friends to fast from, is from doing wrong, in thought, word and deed.

Befriending Ahura Mazda: How best can we befriend *Dadaar Hormuzd*? Those who pray the *Hoshbam* at dawn would recollect praying, "*Asha vahishta, asha sraeshta, daresāma thwā, pairi thwā jamyāma, hamem thwā hakhma,*" which means: "Through the best righteousness, excellent righteousness, O *Ahura Mazda*, may we catch sight of Thee and may we come near Thee and attain Thy eternal friendship."

From this, one can see that we can earn God's eternal friendship simply by walking on the path of *Asha* (righteousness). Therefore, in the holy month of *Dae*, may each one of us endeavor to earn *Ahura Mazda's* friendship through our daily endeavor to walk on the path of *Asha*. For indeed, the Colophon to *Yasna* asserts: "There is but one path, that of *Asha*. All other paths are false".

The lockdown will end sooner or later. Hence, do not despair; instead, avail Lockdown time to lockup with Divinity from home!

How Do You Prevent Your Stress From Affecting Your Dog?



SHIRIN MERCHANT

Many of you have written in to me, telling me how upset or depressed you are with the current situation and that you are worried about your dog picking up on your stress. Here are a few tips to help you make it easier on your loving pets:

1. Spend More Quality Time With Your Pet: Know that we are all undergoing an extraordinary period in the history of mankind and each of us reacts differently to it.



Remember, it is normal to feel the way you do. Don't let fear keep you away from your pet when their sense of security lies in being with you! Rather than staying away from your dog, spend quality time with him.

2. Don't Pretend To Be Happy: Don't try to hide your sadness from your dog. They know us better than we

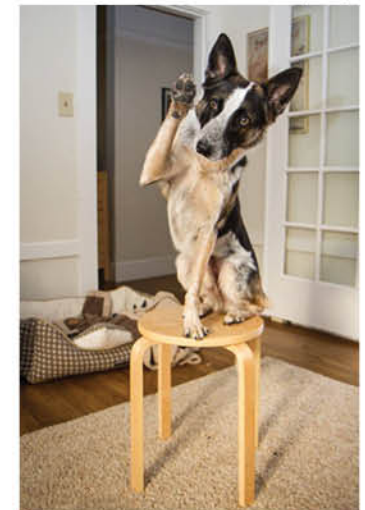
Shirin Merchant is India's pioneering Canine Behaviourist and Trainer. For the past 25 years, she has worked hard to ensure that dogs in India are trained using reward-based methods.



think! Instead, make time everyday to play with your dog. It doesn't need to be a structured game, anything

many dogs. Quiet downtime can help them de-stress. When they're done with their 'me-time', they will come to you.

4. The List Of 10 Joys: Make a list of 10 things that make your dog joyful and then try do one at least one of these everyday.



goofy that makes you laugh will also do. So, put on your favourite song and dance, sing, jump and have fun with your pooch!

3. Give Some Space When They Take It: Let your dog be by himself for short periods of time through the day. It is tempting at this point to be with them constantly, but that can also overwhelm

5. Stimulate Their Senses: Try stimulating your dog's senses with different smells, sights or even sounds. Just as with us, our dogs' senses can play a strong role in how they think and feel. Hang up wind-chimes, peel an orange... anything where your dog's senses will work to focus on the new stimulus. And never forget the power of touch - a gentle massage can be soothing for your dog and equally calming for you to give it!



Do be safe, sane and well!

WZO Trusts Despatch Relief Consignment To Mandvi And Mangrol Anjumans



DINSHAW TAMBOLY

Zoroastrians residing in villages of Mandvi and Mangrol areas, who have been financially affected due to the ongoing Covid19 - Pandemic. List of families affected financially due to Covid-19 Pandemic was received from Trustees of Mandvi and Mangrol Anjumans.

Similar consignments are in the process of being despatched, in the coming days, to villages in and around Surat, Navsari and Vansda.

Speaking to Parsi



WZO Trusts are pleased to inform that the first consignment of food grains and hygiene related utilities have been



despatched on May 06, 2020 to



Times, Dinshaw Tamboly, the community's leading philanthropist and visionary, as also the dynamic Chairman of WZO Trusts, spearheading its numerous charitable activities, said, "WZO Trusts believe that

the happiest people are not those who receive, but those who give. We believe that our donors, who give for the sake of giving, and the concern they have for the community, are truly blessed. The largesse

of our donors, given through the WZO Trusts generate blessings for our team that we have been truly blessed to have receive in our

efforts to assist our Zoroastrian brethren who are not as fortunate as we are. May the grace of Mazda and our donors always be with us."

WZO Trusts extend their sincere appreciation to Trustees of Zoroastrian Charity Funds of Hong Kong, Canton & Macao for the support extended in undertaking this massive exercise.

FOOD & UTILITY ITEMS
DISTRIBUTED TO ZOROASTRIANS
AFFECTED FINANCIALLY BY COVID VIRUS
FROM FUNDS MADE AVAILABLE
BY
ZOROASTRIAN CHARITY FUNDS
OF HONGKONG, CANTON & MACAO
THROUGH
WORLD ZOROASTRIAN ORGANIZATION TRUST

Kaizad Patel's 'Love, Pray, Hope' Lifts Spirits Around The World



Kaizad with proud father, Firoze Patel

Kaizad Patel, a Remi-Award winning Music Composer, has recently composed an original song named, 'Love, Pray, Hope', which he has arranged to be performed and recorded, by over eighteen talented international artists from across the world, who have all come together to share love and hope during these challenging and uncertain times of the Pandemic. 'Love, Pray, Hope' premiered on May 1st, 2020 and has been written by Shahrulkh Irani and Kaizad Patel, with lead vocals by the powerful American singer, Amanda Cole. The song is gaining greatly in popularity all over the world and is available on all Social Media platforms including Youtube (link: youtu.be/dGphj00M1f8).

"It was the best possible way to unite the world through the art of music. All of this has been possible due to the blessings of God," says Kaizad.

Kaizad has composed music for over 45 Live-Action/3D Animation Movies, Netflix and Television series and games. Working as a team with his father, Firoze Patel, they provide complete audio-post production for films, including 5.1 Surround Sound for theatres.

"Over fifteen international artists came together to put across a song that holds an inspiring message for the world in these trying times of the Pandemic. A huge thank you to all who came forward to spread some Love and Hope," adds Kaizad.

Don't miss out watching this brilliant, melodious and inspiring single, which succeeds in instilling something to look forward to, in the words of the soulful chorus lyrics - 'Let us hope for a better day!' A world class composition, indeed! Kudos Kaizad!!



16th EBZB Scout Group Goes Online During Lockdown

Social distancing may have put a stop to community meet ups but that hasn't meant a break to Scouting for the 16th East Bombay Zoroastrian Bharat Scout Group, where scouts and cubs have gone online to adapt to the Coronavirus lockdown. The 16th East Bombay Zoroastrian Bharat Scout Group (a hundred-year legacy and counting) has been engaging the cubs and scouts daily through WhatsApp groups and on Sundays through meetings conducted on Zoom... conducting daily challenges and activities on the WhatsApp group like Snack Art, Improvise your Chapatis, Safe Hands, Make a Mask, Musical Band with Household Things, etc; and multiple Puzzles/Quizzes to First Aid, Knot Tying and more, during Sunday online Scout meetings.

The Scout Group successfully conducted a Virtual Entertainment Programme for parents and family members (of Scouts and Cubs) on 1st May, 2020, which included fun activities like Queen of Sheba, Bollywood Buff (guess and sing the song), Antakshari Party, Dumb Charades, etc. Replacing the annual summer camp, originally scheduled from 1 - 5 May, the Zoroastrian Scout Group conducted a one-day virtual camp for the scouts and the cubs on 3rd May, which included prayers, exercises, breakfast preparation and eating together, First Aid and Disaster Management session; Recreation Activities; Scouting Games and an Online Campfire with family and patrol performances.

"Our Scout group, the 16th East Bombay Zoroastrian Bharat Scout Group (ZBS), was founded on 1st August, 1920 to train our Parsi youth in various



physical, mental and other skills to become good citizens and contribute positively to society. We complete 100 years on 1st August, 2020! This has been a unique situation and our Scouts/Cubs/Scouters have risen to the occasion by having Virtual activities over laptop, phone & videos through zoom & other mediums. Besides upgrading skills through web-sessions, demos etc., they have been lending a huge hand in

household chores making us & their parents proud," said Scout Master Freddy Khapoliwala.

The 16th East Bombay Scout Group, under the arch of Young Zoroastrian Society (YZS), welcomes young boys between 5 to 17 years of age, who wish to join the group and grow into responsible, independent adults with a group of good Zoroastrian friends for life.

Meetings are held from 8:00 am to 10:30 am at Gamadia School. The group has also started a Girl Guides Group 25 years ago - the 71st Guide Company (ZBG), which does a good job training girls of age 6 years upwards, in similar skills. The 16th and 71st Scout and Guide Groups look forward to children of Parsi families enrolling and benefitting immensely through these activities.

For details, visit www.yzsg.in or Call: Scout Master Freddy Khapoliwala: 9820153066 / Cub Master Pesi Patel: 9819937318



Veteran Theatre Actor Bomi Kapadia Passes Away



On 4th May, 2020, the Community's veteran theatre artist, Bomi Kapadia, passed away in Mumbai, at the age of 93. In his death, the city has lost yet another reminder of the decades when Mumbai theatre thrived on imported-and-suitably-Indianised English plays.

Kapadia was an integral part of the local English theatre scene in the '50s and '60s, starring in popular plays including 'The Odd Couple', where he enacted an irksome near-divorcee who, after being kicked out by his wife, starts generally getting on the nerves of a generous friend who had taken him in. takes him

into his eight-room apartment; as also in 'Charley's Aunt', where he portrayed an underplayed Parsi father.

City thespians paid fond tributes to him - while advertising bigwig and theatre director, Rahul da Cunha, who worked with Bomi Kapadia in three plays in the '80s, reminisced him as the "King of Comedy", theatre director Raell Padamsee, who acted alongside Kapadia in many of her mother's plays, recalls him as the "master of double-takes." True to his Parsi roots, he was known to keep the laughter and humour going all through the rehearsals as well.

SII To Deliver COVID-19 Vaccine By End-2020



As per a recent media interaction, Adar Poonawalla, CEO of Serum Institute of India (SII) - the world's largest manufacturer of vaccines by volume - has shared that his biotechnology firm, in partnership with an Oxford University-led consortium, should be able to deliver a vaccine for COVID-19 by the end of the year. As the Oxford team is further ahead with human trials and in the near future (Phase 2/3), will move to testing on thousands of people, SII expects to be ready to manufacture the vaccine by September, 2020.

SII plans to supply the vaccine to the government (at just Rs. 1,000), which will be distributed for free by the Center, in key and priority areas under the Ayushman Bharat scheme.

Adar also shared plans of setting up a new factory in Pune, at an investment of Rs. 600 cr, which would be functional within a couple of years, with a potential capacity of producing around 500 million to a billion doses. Their existing facilities include a research and development facility, and a plant that makes pneumonia vaccines.

TCS Snatches Most-Profitable Tag From Reliance Industries After 6 Years



TATA CONSULTANCY SERVICES

Reliance Industries (RIL) has lost the tag of India's highest profit-making company to Tata Consultancy Services (TCS) in the March 2020 quarter, due to the Pandemic! At Rs 8,049 crore, TCS' reported profit after tax (PAT) during the January-March 2020 quarter was ahead of RIL's reported PAT of Rs 6,348 crore during the same quarter. RIL reported a sharp 39 per cent year-on-year decline in net profit during the quarter, thanks to inventory losses due to a sharp fall in crude oil prices. In comparison, TCS' net profit was down around one per cent on year-on-year during Q4FY20.

For nearly two decades now, RIL has been the most profitable company

in the private sector. The Mukesh Ambani-controlled conglomerate, however, remains miles ahead of TCS in other financial parameters such as total revenue, operating profit, net worth, assets, and market capitalisation (m-cap).

This is the second time that the Tata group company beat RIL in the net profit league table on a quarterly basis. In December 2014 quarter, TCS net profit was marginally ahead of RIL's. At current stock prices, RIL is valued at Rs 9.3 trillion against TCS' m-cap of Rs 7.6 trillion.

[Courtesy: Business Standard]

Ratan Tata Buys 50% Stake In Mumbai Teen's Pharma-Chain

Tata Group patriarch and Chairman Emeritus, Ratan Tata recently picked up a 50% cent stake in 'Generic Aadhar', a unique pharmacy retail chain promoted by Mumbai's 18-year old, Arjun Deshpande. Compared to other online pharmacies, Generic Aadhar sells medicines - mainly diabetes and hypertension drugs, with cancer drugs in the pipeline - at much cheaper rates than the market price.



Ratan Tata had heard out his proposal a few months ago and seemed interested in partnering and mentoring him in running the business. A formal announcement will be made soon. As per media sources, Ratan Tata had made the investment at a personal level and it was not linked to the Tata Group. Ratan Tata has earlier invested in many start-ups, including Ola, Paytm, Snapdeal, CureFit, Urban Ladder, Lenskart, etc.

Founded two years ago by Deshpande, Generic Aadhar currently of a whopping Rs. 6 crore annual revenue. Following a unique pharmacy-aggregator business model, it sources generic drugs

directly from manufacturers and sells to retail pharmacies, eliminating the wholesaler's margin by nearly 20%. Around 30 retailers, mainly standalone pharmacies who struggle with intense competition from established medical stores and online pharmacies, from Mumbai, Pune, Bangalore and Odisha are part of the chain and follow a profit-sharing model. Deshpande plans to expand business, to a thousand small franchisee medical stores, across Maharashtra, Gujarat, Andhra Pradesh, Tamil Nadu and Delhi within a year. Last year, Deshpande, also a student in a Mumbai college, was shortlisted for the Thiel Fellowship in Silicon Valley, a two-year programme for young people who want to build new businesses.



Yezdi Bhagwagar

Re-checking The Charities



31st August, 2020. 'Where such application for renewal of registration is made, the Principal Commissioner of Income Tax may:

(I) Call for such documents or information from the trust or institution, make such inquiries as he thinks necessary, in order to satisfy himself about:

(a) the genuineness of activities of the trust or institution; and

(b) the compliance of such requirements of any other law for the time being in force by the trust or institution, as are material for the purpose of achieving its objects;

(II) After satisfying himself about the objects of the trust or institution and the genuineness of its activities, under item (A), and compliance of the requirements under item (B), of sub-clause (I):

(a) pass an order in writing, registering the trust or institution for a period of five years; or

(b) if he is not so satisfied, pass an order in writing rejecting such application and also cancelling its registration after affording a reasonable opportunity of being heard';

In other words, the registration shall be valid for 5 years only, as compared to the old regime where the validity was perpetual, unless cancelled due to breach. The apparent reason provided for periodic review of registration is to have, "a non-adversarial regime and not conduct roving inquiry in the affairs of the exempt entities on day-to-day basis." However, the above objective could have been achieved through effective implementation of the existing law, which already provides for yearly scrutiny assessments.

What is significant is the punitive consequences of cancellation of registration, as provided for, in another Section 115 TD of the Act, that is payment of tax at the maximum marginal rate on the market value of the assets of the Trust. Imagine the plight of a Trust, in the event it is called upon to pay tax, at say, 30% on the market value of Rs. 100 crores of the immovable property owned by it! The Trust would have rather never opted for exemption of its income.

This leads us to an interesting interpretation of this new amendment - what happens if a Trust does not apply for registration before 31st August, 2020? The registration granted earlier would lapse and the Trust would not be entitled to exemption. But will this amount to cancellation of registration? This has been a very critical point of debate for some large Trusts, which, as per media reports, have decided to give up exemption rather than face the consequences of cancellation. However, the Department contested this approach by contending that there is no provision for voluntary surrender of exemption. So, then, will this new amendment pave the way for indirect surrender of exemption?

It will be interesting to see how the Department will insist on the above three requirements - in case of Trust Deeds, which have been drafted decades ago and where such specific provisions do not exist. Further, how will the Department justify its earlier conduct of accepting the very same Trust Deeds for the purpose of granting registration under the old regime?!

With this new requirement of periodic review of registration, some of the Trusts would particularly be in serious trouble and we find them committing *innocent delinquency* - as some, which are camouflaged as cosmopolitan, but a scratch on the surface would reveal their communal identity; or other Trusts, which are meant to impart education to students of a particular community only, but have, over the years, admitted students of all communities.

One would say the latter is a laudable act. We agree, secular education should be encouraged, but the same, in a given situation, will definitely not be in accordance with the objects of the Trust, resulting in probable cancellation of registration! Hence, every such application for registration will have to be carefully presented with proper study, by a competent professional, of the relevant documents and information in each case. It may well be that in a particular case, non-registration could prove to be a better option in the long run, but this alternative also requires further consideration and endorsement by experts in the field.

The author is a Chartered Accountant in practice.

Disclaimer: The contents of the above write up are for informational purpose. It does not constitute professional advice or a formal recommendation.

Law-making in India has been taking a dangerous direction. Every scam, every fraud, every wrongdoing results in the enactment of new laws! Our law-makers believe that every wrongdoing can be prevented by bringing in new laws. They do not accept that scams can be prevented by effective implementation of existing laws. The 'Satyam Scam' (2009) possibly revamped Corporate Laws, but even the new laws couldn't prevent the recently unearthed loan scams! These are knee-jerk responses. Laws have become so complex, that they require a series of clarifications, but every clarification carries with it a web of ambiguities, and every solution has inherent problems. This is what we call the legal *chakraview*. In the bargain, small and medium sized businessmen get burdened with complex and time-consuming compliances.

Another such onerous compliance is the recent amendments to the Income Tax Act (1961), in so far as they relate to the registration procedure of Public Charitable Trusts. In our view, the existing procedure of initial registration of Trusts and the subsequent scrutiny assessment procedure were adequate, and effective implementation thereof, would have eliminated the need for the draconian amendments dealt with herein, later.

Registration Process Prior To Amendment:

Prior to the Finance Act 2020, all Public Charitable Trusts seeking exemption of income were required to be registered u/s 12 A / 12 AA of the Act. Hence registration is required if a Trust wants to claim exemption from Tax. A decade ago, the procedure was fairly simple - an application with the copy of the Trust Deed, the registration certificate under the Maharashtra Public Trusts Act 1950 (the MPT Act) - were enough to secure registration. The procedure, later, became complex and arbitrary. The Income Tax Department started scrutinizing the activities of newly formed Trusts before granting registration, questioning how a newly formed Trust could start its activity without registration. Some practical solutions had to be innovated. Thereafter, the department started scrutinizing the Trust Deeds and for some inexplicable reason, started insisting that the Trust Deeds should have the following provisions:

1. That there should be a binding clause - a requirement difficult to comprehend. Presumably, what the Department wanted was that the provisions of the Trust Deed should be binding on the Trustees. It was argued that the Trustees, by executing the Trust Deed, were bound by the provisions of the Trust Deed.
2. That the Trust created should be irrevocable. It was argued that a Public Charitable Trust, by its very nature, is irrevocable!
3. That the Trust Deed should contain a clause for dissolution and amalgamation. It was argued that there is no such statutory requirement and even so, the concept of amalgamation was already provided for under the MPT Act.

However, the arguments did not find favour and the applicants were compelled to fall in line. As professionals, we were tempted to invite rejections so that the matter would travel upwards to the High Court. However, the clients' interest being paramount, practical solutions were explored. We hasten to clarify (less the expression, 'practical solutions', be misinterpreted) that practical solutions involved filing affidavits, undertakings to satisfy the illogical requirements of the Department. We understand that a few applicants even modified their respective Trust Deeds, though, according to us, such modifications may not be permissible. These 'practical solutions' had to be resorted to, as the consequences of rejection are draconian.

Registration Process As Per 2020 Amendment:

Under the new regime, all Trusts, even those already registered under the old Sections 12A/12AA of the Act, are now required to register again, under the newly introduced Section 12AB of the Act. Such applications are to be made on or before

MOM

Mother's Day Contest Winners

We thank all our participants who shared their fabulous talents, celebrating the most important and central figure in all our lives – the Mother! Heartiest Congratulations to our Top Winners. As always, we also share a few entries as our Special Mentions! Winners are requested to pick up their prizes by connecting with PT Office at (022) 66330404/05., once the Lockdown has eased.

WINNER 1: To Mother Dearest - May In Peace You Rest! By Roshan Dastoor

Mother, dear mother,
Like you, there's no other!
You hush up our cries,
And sing us lullabies,
From the day we are born,
As long as life goes on,
When we mutter and stutter,
You go all a-flutter
To make us feel stable,
Cozy and comfortable.
Through the rough and the smooth,
'Tis your arms that soothe.
You love with love, reprimand with love;
Of understanding and compassion, you're a treasure trove
The word 'super' has become your synonym,
'Super-Woman' you are, you reign supreme!
We take you for granted, most of our lives
And wake up to reality when your health nosedives.
Like all God's creations, you have an expiry date,
You deserve to be cherished, before it's too late!
The toughest situations you've ably dealt,
Your absence makes its presence sorely felt.
May you rest in peace, it's been a year since you left me
Mother, dear mother, you'll always mean the world to me!



WINNER 2: God Could Not Be Everywhere, So He Made Mothers!! By Parizad Sirwalla

My Mom is a Go-getter,
Her presence makes my life increasingly better.
At the young age of 74, she is all bubbly and bright,
If we don't listen to her, she won't hesitate to slap us tight!
She's a woman who believes in living life to the full;
With her lively presence, there's never a moment that's dull.
Her mind is pure, and her heart is gold,
She rushes to help people without ever being told.
She's a bundle of energy, a non-stop chatterbox;
Now her three grandkids have to listen to her sermons and talks.
She raised two daughters, and we never, in any way, felt any less,
Her unwavering faith in us inspires us to take on the world without stress.
So, I shout out aloud, and say, Three cheers to my mom!
It's thanks to you, I can weather all of life's storms.



WINNER 3: મિ By Afried Dastur

માં ઓ માસી પ્યારી માં, આવે તું મને બહુ યાદ
તારા ગયા પછી લાગે છે જીવન સુનું અને બેસ્વાદ
તારા પ્રેમ નાં છાંયડા માં, હતી હું, હતું જીવન સુખી અને આભાદ
સ્મતઓ સ્મતા, એક સાથે જમતા;
હતું સુકુન, હતી શાંતિ
તારા પાલવનાં છાંયડા માં હતું સ્વર્ગ, એ સો ટકા હું જાનતી
અને આં સ્વર્ગ જેવું સુખ, બહુ આનંદ થિ માનતી
આજે પણ સાલો વ્યાદ, તારો હસતો ચહેરો પ્રગટાવી શકે છે એજ ફૂણી લાગણી
કોઈ કહે નહીં તું હતી માસી સાસુમાં; વિના કોઈ સ્વાર્થે આપ્યો મને અપાર પ્રેમ અને લાગણી
આવતા જ-મે પ્લીઝ પાછી થજે માસી માં, છે એ માસી આંતરણ ની મગણી.



WINNER 4: Painting by By Pinky R Dadachanji



Love O Mom Forever



SPECIAL MENTION: Mother's Day Message From 10-year-old Yazdaan Hathiram

I know Ahura Mazda couldn't be everywhere, therefore he made mothers. I also feel that not only on Mother's Day, but everyday kids, adults and everyone should respect and love their mothers because of all they have done for you. Don't forget the one reason you roam this world, talk, experience the beauty of life is because of your mothers. So, love them as much as you love yourself. For the Super-hero lovers, you should know one lives with you!

HAPPY MOTHERS DAY!
I love You!

SPECIAL MENTION: To My All-rounder: My M12M! from Adil Majoo (St Mary School)

Dear mom, I am sorry for every mistake I have ever made, every time I have yelled, but the truth is I am always grateful to you. Mum, you are the reason for my success, you are the reason I smile every time, I feel safe and secure around you. Whenever you smile I feel like it's a golden moment! We all know the saying, 'Behind every successful man, there is a woman'. The woman behind my success is my mother and I can shout it out loud on a mountain top! Everything you cook for me is with love but when you make Dhansakh, I feel like I am in heaven! You know just the way I like it. Everything you do for me will be cherished for life. You will always be the love of my life!



SPECIAL MENTION: My Mother Is My Treasure By Binaifer Vandriwala

My mother is my treasure,
Her love for me is beyond measure.
'Mamma' today is seventy-three,
There's none like her in our family tree!

She makes yummy, delicious Parsi cuisine,
She keeps our house sparkling clean!
A true Mazdayasni she recites prayers with ease,
She has imbibed in me good thoughts, words and deeds.

She taught me the golden words - Thank you, Sorry and Please,
Stitching, knitting, embroidery, and much more than these!
Manners, politeness and etiquettes
Is at what she's at her best.

Today, she is frail and lies in bed,
I pray and wish her a healthy, happy life ahead,
All mothers are blessings from God
But my 'Mamma' is the best of them all!

Mamma is my Super-Woman,
My Angel sent to me from heaven!
I'm grateful to God for my caring, loving Mother
She's truly the best - like her, there's none other!

SPECIAL MENTION: Ma, Tu Hain To Mein Hoon! By Samanz Neville Lashkari

Ma, you are my confidence,
You are my pride,
You are my inspiration,
You are my guide!

Ma, you bring out the best in me,
Your sound advice helps me clearly see,
Your love is so unconditional and true,
I see it in all the things for me you do!

Ma, you have taught me humility,
You have taught me love,
You have taught me kindness,
You have taught me, never to give up!

Ma, You gave me hope,
You taught me how to cope,
That's why it is so, so true,
Ma, tu hai to mein hoon!!



SPECIAL MENTION: Happy Mother's Day - From Far Away By Meher Parvez Sutaria

A young mother set out on the path of life,
She was beautiful, fair and a wonderful wife.
Gentle winds whispered as she walked down the street,
She had a kind word for all she'd meet.

With her children beside her - she was happy as could be,
We ran along around her with joy and glee.
On this path of life, as we all walked along,
She made sure that we were healthy and strong.

She sheltered us from the fury of all life's storms,
She protected us and saw that we came to no harm.
She taught us to pursue the righteous way,
For she knew we would all leave her one day.

Her love for us was endless and filled with care,
Her affection for us four, she'd equally share.
Her eyes sparkled like stars when we did well,
With happiness and pride, her heart would swell.

But now our dear mother, is with us no longer,
The passage of time has made us stronger.
Her beautiful smile - we can see no more,
But she still walks with us - just as before.

SPECIAL MENTION: My Mom, A Superwoman! By 16-year-old Zenobia F. Powwalla

A mother is the greatest gift of God. It is said that since God couldn't take care of each and every child individually, he created a mother. My mummy is a superwoman in every form. She's a true 'Masterchef' - I love the curry-rice she makes with a touch of love. She is my first teacher. Her hardworking nature fascinates me and her dedication towards our family cannot be expressed in words.

Mummy has taught me to always be calm in every situation and face all consequences with a smile. I would like to dedicate to her, a few lines from the poem, 'Bangle Sellers' by Sarojini Naidu: 'For she who has journeyed through life midway, whose hands have cherished, whose love has blest'.

This Mother's Day, I thank my mom for all her strenuous efforts especially during this quarantine and for cherishing me as a priceless possession! LOVE YOU

i Love U
MOM

The Bawa Word Search

Search out 16 Popular Nuts in the World hidden in the word-jumble box below, in bi-directional, horizontal, vertical and diagonal forms:

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| Macadamia | Peanuts | Almonds | Pine |
| Brazil | Pecan | Chestnuts | Acom |
| Ginkgo | Coconut | Cedar | Kola |



TechKnow With Tantra

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SUDOKU

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Would You Like To HELP?

The Bombay Parsi Punchayet (BPP) is reaching out to community members, during these challenging times, to provide help and relief in terms of Food, Groceries, Medical Assistance, Ambulance and Emergency Services, much needed, especially by seniors and the destitute, who are the worst hit by the Coronavirus Pandemic.

Here's your opportunity to work with the BPP in providing essential services and facilities for community members in need. Your contributions will help greatly.

Details for Bank Transfers:

Account Name : Parsi Punchayet Bombay
 Account No. : 09570 02000 0353
 Bank : Kotak Mahindra Bank
 Branch : Fort Branch
 IFSC Code : KKBK0000957

The BPP appeals to you to donate generously during these extraordinary times.

WINNING CAPTION!!!



Trump: Mare re! Jivto che! Ek toh khissa khaali ne bhapkaa bhaari!

By Navaz Bharucha (Chennai)

CAPTION THIS!



Calling all our readers to caption this picture!

The wittiest caption will win a fabulous prize!

Send in your captions at editor@parsi-times.com by 13th May, 2020.

Disclaimer: Some of our 'Caption This' Contest photos are taken from freely available, public online resources and are published in a light and humorous vein, which is the mainstay of the Parsi spirit! No offence is intended to anyone or any situation.

Presents Chef Delzad



Chef
Delzad K Avari

Delzad K Avari is a Le Cordon Bleu, London Alumni. His love for cooking was evident from a very young age. Having completed the Grand Diploma in cuisine and patisserie from the London campus, post his Hotel Management degree from Mumbai's Sophia Polytechnic. His expertise has been honed with rich and varied experiences including his stints with the Taj Mahal Palace and Towers (Mumbai); a Food Producer with Masterchef India - Season 2, followed by Dubai and the Maldives; and more recently, as a Sous Chef in Trinidad and Tobago in the Caribbean!

Back home in Mumbai, he currently runs his own home chef set-up, greatly gaining in popularity, named, 'Del'z Kitchen'- an absolute go-to for all meat-lovers! Delzad also shares his expertise in Restaurant Menu Development and Consulting for his recent project - 'Tiger Lily', an upscale restaurant in Hyderabad. He has recently begun his own YouTube channel, titled 'Chef Delz', which is tasting great success! [Chef Delzad's Insta - Personal: @chef_delz & Work: @delzkitchen]. We welcome suggestions, queries and requests for recipes from our readers at editor@parsi-times.com

This week, Chef Delzad shares easy-to-make recipes for you to try out on Mother's Day and bring that million-dollar smile to her face! Try out Chilli Cheese Poppers, Parsi Style Pahadi Chicken and the Mother's Day Special - the super-easy, no-bake, '5-Minute Microwave Mug Cake'!

Chilli Cheese Poppers

Ingredients:

Grated Mozzarella - 150 g; Grated processed cheddar - 100 g; Garlic - 3 to 4 pcs; Green chillies - 4 - 5 pcs; Chopped coriander - 1 tbsp; Fine bread crumbs - 100 g; Flour - 100 g; Milk - 150 ml; Oil - to fry; Salt and pepper - to season

Method:

1. Combine mozzarella, cheddar, green chillies, chopped coriander, chopped garlic, salt and pepper and mix together to form a thick paste.
2. Shape into roughly 20 gm balls and place on a tray lined with butter paper. Freeze for 15 mins.
3. Roll the balls in flour, dip in milk and coat with the breadcrumbs. Freeze for another 15 mins
4. Repeat the process of dipping in milk and coating with the breadcrumbs. Freeze for another 10 mins.
5. Fry in hot oil for 2 - 3 mins or till golden brown.



Parsi Style Pahadi Chicken:

Ingredients:

Chicken (curry cut pieces) - 500g; Grated coconut - 100g; Almonds - 10 pcs; Onions - 2 large; Tomatoes (pureed) - 3 large; Potatoes - 3 medium; Whole garam masala - 3 elaichi, 1 stick cinnamon, 2 bayleaves, 10 peppercorns; Curd - 50 g; Turmeric powder - 1/2 tsp; Chilli powder - 1 tbsp; Dhana-Jeera powder - 1 tbsp; Ginger-garlic paste - 1 tbsp; Red chilli paste - 1 tbsp; Oil - 100 ml; Chopped coriander - to garnish

Method:

1. Roast coconut and almonds and blend to a paste.
2. Cut potatoes into wedges and fry till crispy.
3. Chop the onions and fry in the same oil till golden and crispy.
4. Marinate the chicken with all the dry spices, dahi, golden fried onions, coconut-almond paste, ginger-garlic paste, whole garam masalas and salt.
5. Heat oil in a pot (you can use the oil used for the onions), add the red chilli paste and tomato paste and let it come to a boil.
6. Now add the marinated chicken, cover the pot and allow it to cook on sim for 20 to 30 mins or till the chicken is cooked through.
7. Add the potatoes and let them heat up.
8. Garnish with coriander and serve.



MOTHER'S DAY SPECIAL: 5-Minute Microwave Mug Cake

Ingredients:

All-purpose flour (maida) - 2 1/2 tbsp.; Castor sugar - 2 1/2 tbsp.; Unsweetened Cocoa powder - 1 tbsp.; Baking powder - 1/4 tsp.; Salt - a pinch; Milk - 2 tbsp.; Vegetable Oil (Canola/Sunflower) - 1 tsp.; Egg - 1 small; Chocolate chips - 2 tbsp.; Ice-cream and slivered almonds - for garnish

Method:

1. In a microwaveable mug, mix well together with a fork - the flour, sugar, cocoa powder, baking powder.
2. Add in the milk, oil, egg and chocolate chips and whisk until you have a smooth cake batter.
3. Microwave your cake for roughly 1 min 30 secs (according to a 900 W microwave oven)
4. Once cooked, top with ice cream or any topping of your choice like slivered almonds, hot fudge or sprinkles!



Love In The Time Of Coronavirus!!



RUBY LILAOWALA

Readers may know by now that for years, there was a love-connection between Farida-fuiji of Rustom Baug and her sago, Soli, of Chikkalwadi. Since years, shameless Soli would arrive at Farida's house every morning at 10:00 am sharp and plonk himself on the sofa! The Rustom Baug watchman and neighbours would set their clocks and watches saying, "Dus vaaga."

Farida's husband, henpecked Hormusji, referred to Soli as his 'sautan', saying, "Salo Soli Sales-Tax!" since there was no escaping him. He would be the perpetual third wheel in the couple's life whether they went to clubs, theatres, restaurants and even annual vacations abroad! "He is part of family," as Farida would put it! She would even finance his trip.

Now, the path of true love never



runs smooth; it is invariably strewn with thorns. So, *hai-re-kismet*, due to the lockdown during the Coronavirus Pandemic, Soli was unable to meet Farida for four days. On the fifth day, he couldn't take it any more and got a Jigar-pey-Trigger attack! Becoming the daring 'Khatron Ke Khiladi', a la the films 'Kambakht-Ishq' and 'Luv-Shuv', which he had seen numerous times, he set out from his unkempt one-room apartment in Chikkalwadi, determined to walk all the way to Byculla's Rustom Baug, just so he could meet his lady-love, exactly how 'Majnu'



walked the dessert for his 'Laila' and 'Farhad' crossed the river for his 'Shirin' and 'Romeo' walked all the way from Padua for his 'Juliet' and 'Jack' walked all the way up the hill for his 'Jill'!

Soli drank a tin of Corona Beer and wore his *bappava's* (grandpa's) old pair of Corona shoes and had just walked a few steps when the sole of his right foot came off completely. With heaviness in his soul and the sole in his hand, he marched on, only to be stopped by Pandurang-policeman, who told him to go home and not to loiter, as loitering is not allowed. Instead of listening to the good advice of the Havaladar, stupid Soli said, "If you give me a lift to Byculla on your cycle, I won't have to loiter!"

Pandu put Soli on the bar of his cycle and took him straight to the police lock-up. After the mandatory SOS phone-call, lady-love Farida stormed into the police-station and managed to free Soli and put him back safely in his Chikkalwadi home.

The next day he realised he needed some money, so he wore his BATA shoes and went out walking again to be caught by the same Pandu and the conversation went like this:

Pandu Havaladar: Kuthey chhalley?

Soli Sales Tax: Paisa sathi ATM jatey. Tumi amala dayeen, toh nahi jayel!

Pandu Havaladar: Mashkari kartey Police chi?

And yet again, Soli was made to sit on the bar of the havaladar's cycle, taken again to the same police-station, with Farida again, to the rescue! Next morning, Soli had run out of eggs, so he wore his second-hand NIKE shoes, which his nephew had given him, only to be again accosted again by Pandu. He was again taken to the same Police Station and booked for 'loitering'. This time, the Inspector refused to relent despite a thousand pleas by Farida.

Soli Sales Tax: Arrey, Pandu-baba, I just wanted my omlet breakfast and there were no eggs in the house!

Pandu Havaladar: Komdi aanu ka? Roj anda milel!

Soli Sales Tax: Nako! Nako! Komdi gharrat shit karel and dirty my house!

Pandu Havaladar: Toh mee omlet banvoo?

Soli Sales Tax: Ho! Ho! Excellent idea! Tumala Parsi Pora banvaila yetey kai?

In the lock-up once more, Pandu gave 'danda' instead of 'anda' to Soli! And all over again, Farida-fui came to the rescue and started crying, seeing Soli in so much pain! Seeing this the police-inspector told her, "Aarey Madam, don't cry like Meena Kumari! Is this your husband?"

"No!" said Farida, "He's my honey!"

"Honey la sodaila money laagel!"

So Farida called her bitter-half, Hormusji, since she was carrying only cards, and told him, "Mua ne paisa aap ne Soli ne chorav!" But instead, Hormusji got a brilliantine

idio! He went to the police station and explained that Soli was a 'Woh'!

Inspector didn't get it and asked, "Woh? Ti Kai?"

"Aarey, Patni Patni or 'Woh'! Maza sautan!" said Hormusji.

"Sahib, sautan is 'the other woman'!"

"Exactly! He's 'the other man' in my life!"

"Ohhhh! Ok - ok! Shall I also lock-up your baiko in the female-cell?"

Now for all of Farida's faults, Hormusji really loved her and for him, marriage was a commitment, and once he made a commitment, like Salman Khan, *main appney aap ki bhi nahi sunta!*

So he told the inspector, "Bhau! Bhau! I'll give you double the money NOT to free Soli-Sautan, but to keep him in the lock-up for at least a week... but on one condition, give him a daily dose of 'BISCOT'."

"Ho! Ho!" said the Inspector. "Parle Glucose or Britannia Marie biscuit?"

"Neither! Amchat 'Biscot' manjey Boxing! Give him a daily dose of 'Methipak' or 'Goondipak'!"

So saying, Hormusji left with his wife for his home, both virus-free as well as Soli -free! Every morning Hormusji phoned the Inspector to remind him of Soli's BISCOT! The daily response was, "Ho Sahib! Roj Nashta-Var, Lunch-var ani Dinner-var BISCOT cha diet detoy!"





THE TRUTH. DELIVERED WEEKLY.

ભય: કોવિડ-૧૯ ફરતા વધારે ઘાતક છે

આપણે એક રોગચાળાની વચ્ચે છીએ, જેમાં શહેરો નહીં પણ સમગ્ર દેશ બંધ છે. કેટલાક એવા વિસ્તારોમાં રહે છે કે જે કોરોનાવાયરસથી પ્રભાવિત

આપણા ડરનો યોગ્ય સમજથી સામનો કરીશું, ત્યારે તે હિંમતમાં આગળ વધે છે. દરેક બહાદુર સૈનિક જાણે છે કે હિંમત એ ભયની ગેરલાજરી નથી, પરંતુ તેના પર વિજય છે; બહાદુર પણ ભય અનુભવે છે, પરંતુ તેઓ તેને વટાવી દે છે.

ડર મેનેજમેન્ટ: આપણને કેવી અસર થઈ શકે છે અથવા વસ્તુઓ વધુ ખરાબ થશે કે કેમ તે જાણવાની અનિશ્ચિતતા. આનો કોઈ ઉપાય છે? કદાચ છે! સતત નકારાત્મક સમાચાર અને માહિતીને આપણું મગજ રોકે છે. અલબત્ત, પોતાને જાણ રાખવી મહત્વપૂર્ણ છે, પરંતુ તમારી માહિતીના સ્ત્રોતની ચકાસણી કરો, જેથી તમે 'બનાવટી સમાચાર' ની જાળમાં ન આવો. શું દરિયાઈ મીઠું અને બેકિંગ સોડા સાથે ગરમ પાણીની કોકટેલ પીવાથી વાયરસ દૂર રહેશે? તેનાથી તમારી તબિયત ખરાબ થશે. પરંતુ, સોશિયલ મીડિયા પર 'બાયધરીક્ટ સફળતા' સાથેના ઉપાયોને 'બનાવટી સમાચારો' થી અજાણ લોકો ખૂબ ગંભીરતાથી લે છે. એક સામાન્ય વ્યક્તિ તરીકે, તમારા પોતાનાની સંભાળ લો.



છે અને તેને રેડ ઝોન જાહેર કરવામાં આવ્યું છે, તો બીજાઓ આગળ શું થશે તેના ડરથી જીવે છે. મોટાભાગના લોકો માટે, આ રોગચાળાની આસપાસની અનિશ્ચિતતાને નિયંત્રિત કરવી સૌથી મુશ્કેલ છે જે કુટુંબનો સભ્ય સકારાત્મક પરીક્ષણ કરે તો? શું તે માત્ર એક સામાન્ય શરદી છે, જે ગળાના ભાગમાં છે અથવા છેવટે વાયરસે મારા પ્રિય વ્યક્તિની રોગપ્રતિકારક શક્તિ પર હુમલો કર્યો છે? આ લોકડાઉન ક્યારે સમાપ્ત થશે? અમે ક્યારે કામ પર પાછા ફરી શકીશું? શું હજી પણ અમારી પાસે નોકરી હશે? શું આપણો ધંધો ટકી રહેશે? શું આપણે આપણા આર્થિક અને અન્ય નુકસાનને પહોંચી વળવામાં સમર્થ થઈશું? જે આપણી નિયમિત આવકમાં નોંધપાત્ર ઘટાડો થાય તો? આ ફક્ત કેટલાક પ્રશ્નો છે જે લોકો પોતાને લગભગ દરરોજ પૂછે છે.

ડર ફેક્ટર: કોઈ પાસે પણ ભય માટેની રોગપ્રતિકારક શક્તિ નથી - તમામ પ્રાણીઓ અને માણસોમાં મૂળભૂત જીવન ટકાવી રાખવું સ્વાભાવિક છે. જેમ જેમ આપણે વિકસ્યા, જેઓ યોગ્ય જોખમોથી ડરતા, તેમના જનીનો પર પસાર થવામાં બચી ગયા, અને આમ કરવામાં, ભયની લાક્ષણિકતા અને તેના માટેના પ્રતિસાદ, માનવ જાતિ માટે ફાયદાકારક તરીકે પસંદ કરવામાં આવ્યા. કોઈપણ કટોકટી દરમિયાન, ભય એ કુદરતી પ્રતિક્રિયા છે. જો કે, જ્યારે આપણે નક્કી કરીએ છીએ કે આપણે



ગુમાવવાનો ડર: કંઈ કાયમ રહેતું નથી. દરેક વ્યક્તિ અને દરેક વસ્તુ કે જેને આપણે ખૂબ જોરથી અને પ્રેમથી પકડી રાખીએ છીએ તે પણ સમાપ્ત અવસ્થા થાય છે. જીવનમાં મૃત્યુ એકમાત્ર નિશ્ચિતતા છે. આપણે બધાએ જવું છે - વહેલા કે પછી. જન્મ અને મૃત્યુની વચ્ચે, સમયનો પુલ છે અને આપણે બધાએ તેને પાર કરવાની જરૂર છે. આપણી

પાસેની પસંદગી તે ભયભીત અથવા હિંમતથી પાર કરવાની છે; આનંદથી અથવા નિરાશા સાથે; સકારાત્મક અને હેતુપૂર્વક અથવા નકારાત્મક, હેતુ વિના.

જીવનની દુર્ઘટના એ મૃત્યુ નથી, પરંતુ આપણે જીવીએ ત્યારે આપણી અંદર રહેવા દેવા જેવું છે. દરેક એક દિવસ જીવવાનો સારો દિવસ છે અને આપણે દરેક દિવસ સંપૂર્ણ, ઉત્પાદક, ખુશી અને સકારાત્મક રીતે જીવવાનું પસંદ કરી શકીએ છીએ. ઉપરાંત, કોઈ પણ દિવસ મરી જવાનો સારો દિવસ છે પરંતુ કયા દિવસે મરી જવું તે આપણે પસંદ કરી શકતા નથી. જ્યારે સમય આવે છે, ત્યારે આપણો આત્મા આપણા વિચારો, શબ્દો અને કાર્યોના કુલ સાથે સંક્રમણ કરશે. તે મહત્વ નથી કે આપણે આ દુનિયામાંથી સંક્રમણ કેવી રીતે કરીએ. મહત્વની બાબત એ છે કે આપણે જીવંત રહીએ ત્યારે આપણે કેવી રીતે જીવીએ.

દોષ આપવાની રમત: જ્યારે પણ કંઈક સાંતું થાય છે ત્યારે આપણે આપણા ભાવ્યને જ પ્રશ્ન કરીએ છીએ કે આપણા સારા નસીબને લીધે જ સાંતું થયું છે. પરંતુ, જ્યારે કંઈક સારી રીતે ન થાય છે ત્યારે તેનો દોષ બીજા પર નાખીએ છીએ. આ રોગચાળો ભગવાની ભેટ કહીએ છીએ. પરંતુ પ્રામાણિકપણે, ચાલો આપણે આ રોગચાળાને 'કુદરતનો ગુસ્સો' અથવા 'ભગવાનની સજા' તરીકે જોવાનું બંધ કરીએ. ભગવાન ખરેખર આપણને સજા આપતો નથી. આપણે જ આપણી જાતને સજા આપવામાં વ્યસ્ત રહીએ છીએ.

પરલોકનો ડર: ઘણા ધર્મપ્રેમી પારસીઓને મરવાની ચિંતા નથી. તેઓ કોવિડ -૧૯થી થતાં અવસાન અંગે વધુ ચિંતા છે અને પ્રવર્તમાન રાજ્ય અમલમાં મૂકાયેલા આરોગ્ય અને સલામતીના નિર્દેશો મુજબ અંતિમ સંસ્કાર તરીકે ક્રીમેટ થવાની સંભાવનાઓ છે. એક પારસીને કહેવામાં આવ્યું કે, 'જો તમે મરી જાઓ અને અંતિમ સંસ્કાર તરીકે ક્રીમેટ કરો છો, તો તે એક મહાન પાપ હશે અને એટલું જ નહીં તમારો આત્મા (અથવા નરકમાં) જ તકલીફ નહીં ભોગવશે,

અરુણાચલના સીએમ પેમા ખાંડુએ માસ્ક દાન કરવા બદલ રતન તાતાનો આભાર માન્યો

અરુણાચલ પ્રદેશના મુખ્ય પ્રધાન, પેમા ખાંડુએ ચેરમેન એમિરેટસ, તાતા ગ્રુપ - રતન ટાટા અને ટાટા સન્સના અધ્યક્ષ - એન ચંદ્રશેરનનો રાજ્ય માટે ૧૫,૦૦૦ માસ્ક દાન કરવા બદલ આભાર માન્યો. કોવિડ -૧૯ ને કારણે સંકટ સમયે અરુણાચલ પ્રદેશને ૫૦૦૦ એન૯૫ અને ૩ પ્લાય માસ્ક ૧૦૦૦૦ પ્રદાન કરવા માટે આભાર માન્યો. તેઓએ આગામી દિવસોમાં રાજ્યમાં આ પ્રકારના વધુ ટેકા આપવાનું વચન આપ્યું છે, એમ મુખ્યમંત્રીએ ૨૬મી એપ્રિલ, ૨૦૨૦ ના રોજ ટ્વીટ કર્યું હતું.



તાતા સન્સે તાજેતરમાં નાગાલેન્ડના તબીબી કર્મચારીઓ માટે ૧૦,૦૦૦ જોડ નાઈટ્રિલ જ્વોલ્સ અને સમાન સંખ્યામાં ત્રણ-પ્લાય માસ્ક દાનમાં આપ્યા હતા જે હિંમતભેર કોરોનાવાયરસ રોગચાળા સામે બચાવ કાર્ય કરી રહ્યું છે. માર્ચ, ૨૦૨૦ માં તાતા ગ્રુપે રૂ. ૧,૫૦૦

પરંતુ તમારા નજીકના અને પ્રિયજનો પણ તકલફ ભોગવશે! તેઓ જીવંત જીવન માટેના વાસ્તવિક ખતરો કરતાં, આપણા ખાંધિયા, આપણા ધર્મગુરુઓ અને ડૂંગરવાડીમાં અને તેની આસપાસ રહેતા લોકોથી શરૂ થતાં, જીવન માટેના વાસ્તવિક ખતરો કરતાં, તેઓ મૃત્યુ પછીના જીવનના જોખમમાં રહેવા માટે વધુ ચિંતિત છે.

નિષ્કર્ષમાં: ૧. મનુષ્યનું બીજું નામ ડર છે. પરંતુ એક માણસ તરીકે આપણે હિંમતથી ડરનો સામનો કરી શકીએ છીએ. હિંમત એ જ્ઞાનથી આવે છે. ભયને જૂઠાણાથી બહાર આવે છે. ૨. મૃત્યુ અથવા પછીના જીવનથી ડરશો નહીં. જો કોઈ વ્યક્તિ પોતાનું જીવન સારી રીતે જીવે છે, તો પછીના જીવનનો ડર રાખવાની જરૂર નથી. ૩. દોષમાં પારસી જરથોસ્તીઓના જીવલેણ અવશેષો મૂકવાનું શ્રેષ્ઠ રહેશે. જો કે, જો તે કોવિડ પુષ્ટિ થયેલ અથવા કોવિડ સરપેન્ડેડ કેસ છે, તો મ્યુનિસિપલ કોર્પોરેશન મૂતદેહને દોષમાં જવાની

કરોડ કેવિડ-૧૯ રાહત કાર્ય માટે આપ્યા હતા. રતન તાતાએ કહ્યું હતું કે પરોપકારી સંસ્થા ટાટા ટ્રસ્ટે રૂ. ૫૦૦ કરોડ તબીબી કર્મચારીઓને રક્ષણાત્મક ઉપકરણો પ્રદાન કરવા, વધતા જતા કેસોની સારવાર માટે સ્વસન પ્રણાલી, દેશમાં પરીક્ષણમાં વધારો કરવા કિટ્સનું પરીક્ષણ કરવા અને વાયરસથી સંક્રમિત લોકો માટે સારવારની સુવિધા ઉભી કરવા આપ્યા હતા. તાતા સન્સે વધુ રૂ. ૧૦૦૦ કરોડ આપ્યા.

મંજૂરી જારી કરશે નહીં. ૪. કોવિડ-૧૯ આરોગ્ય અને સલામતી સલાહ અંગેના રાજ્ય નિર્દેશકથી નારાજ લોકો સરકાર સાથે લોબી ચલાવવા અથવા કાયદાની અદાલતમાં નિવારણ મેળવવા માટે આવકાર્ય છે. જો કે, ટ્રસ્ટીઓ મૃત લોકો માટે જીવંત લોકોના જીવનનું જોખમ ઉભું કરી શકતા નથી!

૫. પારસી તેમના મૂતદેહને દફન કરતા નથી અથવા ક્રીમેટ કરતા નથી કારણ કે આ સિસ્ટમો પર્યાવરણ પર હાનિકારક અસર કરે છે. જો કે, કોઈ સાબિત કરવા માટે શાસ્ત્રોક્ત પુરાવા નથી કે દફન અથવા ક્રીમેટથી મૃત અથવા જીવંત લોકોની આત્મા ઉપર કોઈ નુકસાનકારક અસર પડે છે. હંમેશાં યાદ રાખો, સત્ય લંબાઈ શકે છે, પરંતુ તેને તોડી શકાતું નથી, અને હંમેશાં ખોટથી ઉપર જાય છે, જેમ કે પાણીથી ઉપર તેલ. ભય સામે લડવાનો એકમાત્ર રસ્તો છે જ્ઞાનનો, શાણપણનો ઉપયોગ!

એક નજર પારસી મરણો ઉપર

Deceased મરનાર	Age વય	Date તારીખ	Address ર. ઠે.	Relations સગાઈઓ
Khorshed Fali Khajotia ખોરશેદ ફલી ખજોતીયા	91 ૯૧	02-05-2020	A3, Ellav Building, Contractor Baug, Mori Road, Mahim, Mumbai 16. એ/૩, એલાવ બિલ્ડિંગ, કોન્ટ્રાક્ટર બાગ, મોરી રોડ, માહીમ, મુંબઈ ૧૬.	તે મરલુમ ફલી અરદેશીર ખજોતીયાના વિધવા તે રોલીન્ટન ને સેમીના માતાજી તે મરલુમો ગુલબઈ તથા હોશંગ સાવકશા ભૂચ્યાના દીકરી તે હુતોકશી ને કેરમીનના સાસુ. તે શાહાઝખ, ડેલંગીજ ને ડેલઝીનના બપઈજી તે નરગીશ એરચ વાંકડીયા તથા મરલુમો મીનુ, ડાલી, ફૂસી, શાવક ને દીનાના બહેન તે મરલુમો નાજમાય તથા અરદેશીર ખજોતીયાના વહુ તે ફેની ને માહાઝખના નરન.
Manchershaw Nasarwanji Panthaky એરવદ મન્ચેરશાહ (માનેક) નસરવાનજી પંથકી	80 ૮૦	03-05-2020	Cooper Bldg No-27, Ground Floor, Marzban Colony, Agripada, Mumbai 400011 કુપર બિલ્ડિંગ નં. ૨૭, ભોંયતળિયે, મરઝબાન કોલોની, આગ્રીપાડા, મુંબઈ ૧૧.	તે મરલુમ ઓસ્તી દોલી મન્ચેરશાહ (માનેક) પંથકીના ખાવીદ તે મરલુમો ઓસ્તી નરગેસબાનુ તથા એરવદ નસરવાનજી માનેકજી પંથકી (દવીએરવાલા)ના દીકરા તે દારા (યુએસએ) તથા મરલુમો નરીમાન, દિન્યાર ને રોશન નરીમાન મોદીના ભાઈ. તે મરલુમો ભીખામાય તથા જમશેદજી આદરજી સુરતીના જમાઈ તે મરલુમો સામ, હોમી, રોશનના બનેવી તે શહેરનાઝ ડસ્તમ વકીલના અંકલ, તે મરલુમો એરવદ તેમુસ માનેકજી પંથકી તથા મરલુમ એરવદ શાવકશા માનેકજી પંથકીના ભત્રીજા.
Jaloo Shapurji Lala જાલુ શાપુરજી લાલા	92 ૯૨	03-05-2020	New Khan Building No. 8, Flat No. 2, Zoroastrian Blocks, Grant Road, Mumbai 7 ન્યુ ખાન બિલ્ડિંગ નં. ૮, ફ્લેટ નં. ૨, ઝોરાષ્ટ્રીય બ્લોક્સ, ગ્રાન્ટ રોડ, મુંબઈ ૭.	તે મરલુમો માનેકબાઈ તથા શાપુરજી મેરવાનજી લાલાના દીકરી. તે મરલુમો જમશેદ શાપુરજી લાલા, જાલ શાપુરજી લાલા, ખોરશેદ શાપુરજી લાલા, જાની શાપુરજી લાલા, ને રતી શાપુરજી લાલાના બહેન. તે નોશીર જમશેદ લાલાના ફૂઈજી.
Jal Nariman Rabadi જાલ નરીમાન રબાડી	74 ૭૪	03-05-2020	Building No. 21, Flat No. 1, 32 F, Old Khareghat Colony, Hughes Road, Mumbai 7. બિલ્ડિંગ નં. ૨૧, ભોંયતળિયે ફ્લેટ નં. ૧, ૩૨ ચંદબોલ્ડ ખરેઘાટ કોલોની, હ્યુઝસ રોડ, મુંબઈ ૭.	તે જરૂ જાલ રબાડીના ઘણી. તે તુશના જાલ રબાડીના બાવાજી. તે મરલુમો શીરીન તથા નરીમાન નાદીરશાહ રબાડીના દીકરા. તે મરલુમ નાદીર નરીમાન રબાડીના ભાઈ. તે મરલુમો કોવા તથા રોલીન્ટન કેખશરૂ વકીલના જમાઈ. તે રોશન નાદીર રબાડીના જેઠ.
Osta Behram Dossabhai Pestonjamas ઓસ્તા બેહરામ ડોશાભાઈ પેસ્તનજામાસ્પ	87 ૮૭	04-05-2020	Meher Villa, Ground Floor, S. V. Road, Malcolm Baug, Ogeshwari (W), Mumbai 102 મેહેર વિલા, ભોંયતળિયે, એસ.વી. રોડ, માલકમ બાગ, ઓગેશ્વરી (વે), મુંબઈ ૧૦૨.	તે મરલુમો પીરોજ તથા કોશાભાઈ પેસ્તનજામાસ્પના દીકરી. તે મરલુમો નવલ પેસ્તનજામાસ્પ, હોમાય પેસ્તનજામાસ્પ ને રોશન બરડીના ભાઈ. તે બેહરામ પેસ્તનજામાસ્પ, હોમયાર પેસ્તનજામાસ્પ ને કેરસી પેસ્તનજામાસ્પના કાકા. તે કેટી નવલ પેસ્તનજામાસ્પના દેર.
Osta Bomi Muncherji Kapadia ઓસાતાર બોમી મંચેરજી કાપડીયા	93 ૯૩	05-05-2020	223, Jupiter Apartments, 41, Cuffe Parade, Mumbai 5. ૨૨, જ્યુપીટર અપાર્ટમેન્ટ, ૪૧ કફ પારેડ, મુંબઈ ૫.	તે મરલુમ વીલીના ઘણી તે મરલુમ ખોરશેદ ને મરલુમ મંચેરજીના દીકરા તે શાહઝખના બાવાજી.
Coomi Behram Irani કુમી બેહરામ ઈરાની	86 ૮૬	05-05-2020	Bharucha Baug, H/12, S. V. Road, Andheri (W) Mumbai 58. ભૂચ્યા બાગ, એચ/૧૨, એસ.વી. રોડ, અંધેરી (વે), મુંબઈ ૫૮.	તે મરલુમ બેહરામ જહાંગીર ઈરાનીના વિધવા તે મરલુમો મેહરબાઈ તથા ડસ્તમ શેહરયાર ઈરાનીના દીકરી તે આરમીન હોશેદાર મુબારકઈના માતાજી તે હોશેદાર અસ્પી મુબારકઈના સાસુજી તે સુરેશ ને નેકઝાદના મમઈજી તે નોશીર અને રોશન અસ્પી મુબારકઈના બહેન તે મરલુમો પીલુ હોમી અરદેશર શાપુર ને શેહરીયારના બહેન. તે મરલુમો શીરીન તથા જહાંગીર ઈરાનીના વહુ.
Sorab Mahiar Dastur સોરાબ મહિયાર દસ્તુર	76 ૭૬	06-05-2020	1B, Balmoral Hall, 7, Mount Mary Road, Bandra, Mumbai 50 ૧, બી, બાલ મોરલ હોલ, ૭ માઉન્ટ મેરી રોડ, મુંબઈ ૫૦.	તે મરલુમો દીના તથા મહિયાર સોરાબજી દસ્તુરના દીકરા તે મેહર સોરાબ દસ્તુરના ઘણી તે ડાપના સોરાબ દસ્તુરના બાવાજી તે જરૂ મહિયાર દસ્તુર, હોમી મહિયાર દસ્તુર તથા મરલુમ ખુશરૂ મહિયાર દસ્તુરના ભાઈ.
Phiroze Rattanshaw Mama ફિરોઝ રતનશાહ મામા	87 ૮૭	06-05-2020	45/D, Venus Apartments, Flat No.46, Worli Sea Face, Mumbai 18 ૪૫/ડી વિન્સ અપાર્ટમેન્ટ, ફ્લેટ નં. વરલી ૪૬, વરલી સી ફેસ, મુંબઈ ૧૮.	તે બાનુ ફિરોઝ મામાના ઘણી તે મેહર ખુશરૂ મેહતા ને તનાઝ મામાના બાવાજી તે આવા ખુશરૂ મેહતા ને દીના ખુશરૂ મેહતાના ગ્રેનડફાધર તે ખુશરૂ ફેડી મેહતા ને સાઈ કીખ્ણ ભરતધનના સસરા તે મરલુમો બચુબાઈ તથા રતનશાહ મામાના દીકરા તે મરલુમો ભીખુ ચાચા, આલુ ને એરચ મામાના ભાઈ તે મરલુમો શીરીનબાઈ તથા જાલેજર ગોવેવાલાના જમાઈ.
Aloo Jimi Pavri આલુ જીમી પાવરી	88 ૮૮	06-05-2020	3/3, Jehangir Mansion, Anandilal Podar Marg, Next To Metro Cinema, Dhobhi Talao, Mumbai 20. ૩/૩ જહાંગીર મેનશન, આનંદીલાલ પોદાર માર્ગ, ધોભીતલાવ, મુંબઈ ૨૦	તે જીમી ફરેદુન પાવરીના ઘન્યાની તે લીલ્લા સાયરસના મંમી તે ફરાહ ને પોરસના બપઈજી તે મરલુમો ખોરશેદબાનુ અરદેશર પારડીવાલાના દીકરી તે રતન, દાલી, રતી તથા મરલુમો બહમન, ખરશેદ, ફલી, નરીમાન, શહેરૂ, નાજુ ને સામના બહેન તે યાસમીનના સાસુજી તે મરલુમ મહેરા ફરેદુન પાવરીના વહુ તે ફેણી ફીરોજ પાવરીના દેરાણી તે ફીરોજ તથા મરલુમ પરવેઝના ભાભી તે કેરસી ફીરોજ પાવરીના કાકી.

Death Announcements from Prayer Hall

Dadabhai Vikaji Patel દાદાભાઈ વીકાજી પટેલ	91 ૯૧	03.05.2020	Eddie house, Dr. Gopalrao Deshmukh Marg, Mumbai 26. એડી હાઉસ, મુંબઈ ૨૬.	તે મરલુમ આબાનના ઘણી તે અરદેશીરના પપ્પા તે મરલુમ તેહમીના તથા મરલુમ વીકાજીના દીકરા તે મનીજેહના ભાઈ તે હરશીદાના સસરા તે ફરોખના ગ્રાન્ડ ફાધર
Dr. Aspi Bakhtayar Surveyor ડો. અસપી બખ્તયાર સર્વેયર	87 ૮૭	03.05.2020	9, Apna Ghar, Colaba, Mumbai 5. ૯, અપના ઘર, કોલાબા, મુંબઈ ૫.	તે મરલુમ નરગીસના ઘણી તે ગુલનારના પપ્પા તે મરલુમ તેહમીના તથા મરલુમ બખ્તયાર ના દીકરા તે અસપી કેટી પાજનીગરાના અંકલ.

Death Announcements from Pune

Adi Burjorji Jungalwala અદી બરજોરજી જંગલવાલા	86 ૮૬	28.04.2020	Niyati Meadows, Emilia 7 th floor, Kalyani Nagar, Pune. નીયતી મેડોઝ, એમીલીયા, ૭મે માલે, કલ્યાણી નગર, પુણે.	તે મરલુમ ગુલબાઈ આને બરજોરજી જંગલવાલા ના દીકરા કારમેન અદી જંગલવાલા ના પપ્પા તે હોમાય જાલ મહેતા, નાજુ ડસ્તમ કોલીના, પીલુ માણેક વાડીયા, મરલુમ નોશીર બરજોરજી જંગલવાલા, મરલુમ હોરમઝ બરજોરજી જંગલવાલા, મરલુમ ઘનજીશા બરજોરજી જંગલવાલા, મરલુમ ગોદરેજ બરજોરજી જંગલવાલા ના ભાઈ.
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માં તે માં

કાળ બદલાયો, કાળજું બદલાયું કે કિસ્મત બદલાયું... જે કહો તે, પણ.. જે સંસ્કૃતિમાં પિતાના એક વચને 'રામ' રાજ્ય છોડી દે. એ જ દેશમાં, દીકરાએ બાપને રેમન્ડ છોડાવી દીધું. ૧૨૦૦૦ કરોડથી વધુ રૂપિયાના રેમન્ડ ના વિરાટ સામ્રાજ્યને ઊભું કરનારા, વિજયપત સિંધાનિયાને એમના દીકરાએ ઘર બહાર રખડતા, ને લારી પર પાઉંભાજી ખાતા, ને ૩૦૦ રૂપિયાની ઓરડીમાં રહેતા કરી દીધા! કોર્ટના કટહરામાં એમનો બધો જ લક છીનવી, એમને ગરીબ-લાચાર ને ભિખારી જેવા કરી દીધા. રાન-રાન ને પાન-પાન ભટકતા કરી દીધા, ત્યારે આપણી આંખને ભીની કરી જાય, હૃદયને ગદગદ કરી જાય, મસ્તકને આપોઆપ ઝુકાવી દે, એવી ઘટના.

મુંબઈના ભરચક કોટ વિસ્તારના મુંબઈ યુનિવર્સિટીના પ્રાંગણમાં રાજાબાઈ ટાવરના નામે!

વાર્તા કદાચ કાલ્પનિક હોય શકે.

દેશ-પરદેશમાં શેરબજારના કિંગ તરિકિની છાપ ને ઘાક જેમની હતી, ને જેમની લે-વેચ પર આખું શેરબજાર ઉપર-નીચે થઈ જતું હતું, તેવા બાલોશ વેપારી હતા શ્રી પ્રેમચંદ રાયચંદ શેઠ. શેઠના માતૃશ્રી અત્યંત ધાર્મિક હતા. પૂજા-પાઠ-સામાયિક-પ્રતિક્રમણ-નવકારવાળી ને અન્ય આરાધનામાં રચ્યા-પચ્યા રહેતા.

પણ ઉંમર થઈ. પૂજા કરે ત્યારે બે-ચાર વાર ટાઈમ પૂજે. દિવસમા ઘણીવ-ાર પૂજા કરે. રોજેરોજની આ ક્ષિપ્ર આરાધનામાં ઘણીવાર સમય પૂજે. ઘરની વડુ ને માણસો આવીને સમય કહે.

શેઠ પ્રેમચંદભાઈ પોતે પૂજા કરે અને માંને યાદ કરાવે. પણ એ રોજ આ જુએ, ને એનું મન રવે! મારી માંને ઘડિયાળ દેખાતી નથી. એક તો ઉંમર, કમજોર પડેલી આંખ, ને પાછો આવેલો મોતિયો ને રોજ એને દસ વાર બધાને પૂછવું પડે. માંની આંખની તકલીફ, દીકરાને દિલમાં તકલીફ ઊભી કરે.

એક દિવસ રજવાડી બગીમાં બેસી પ્રેમચંદ શેઠ મુંબઈના રાજમાર્ગ પરથી શેરબજાર તરફ પસાર થઈ રહ્યા હતા. પણ એમના મનમાં તો માંના જ વિચારો આવ-જા કરતા હતા. ઢળતી બપોરે ઘર આંગણે બગી ઉભી રહેતા, પ્રેમચંદ શેઠે મહેતાજીને બોલાવ્યા ને કહ્યું, મહેતાજી, આ આપણા બંગલાની સામે જે ખુલ્લી જગ્યા પડી છે, એની લે-વેચ આજે જ પતાવી દો. ભાવ જે કહે તે ભરી દેજો.

સાંજ પડતા-પડતા તો જમીન લેવાઈ ગઈ. શેઠે જર્મનીના આર્કિટેકોના સંપર્ક કર્યા, ને નક્શાઓ આવ્યા. એ જર્મનીના નક્શાઓના આધારે બંગલાની સામેથી વિશાળ ખુલ્લી જગ્યામાં બાંધકામ ચાલુ થઈ ગયું. પૂરજોશમાં કામ ચાલુ હતું કોઈને ખબર નથી, કે કોઈ પૂછી શકતું નથી, કે આ શું બની રહ્યું છે?

જે પૂછી શક્યા તેને એટલી જ ખબર પડી કે, ઊંચું ટાવર બને છે. એક દિવસ ઊંચું ને જાજરમાન ટાવર ઉભું થઈ ગયું. મુંબઈ ઘેલું બન્યું, આ ભવ્ય ટાવર જોઈને. પણ ટાવર કેમ બનાવ્યું, એ પ્રશ્નના જેટલી જીભ, એટલા જવાબો એક'દિ રાતે કામ ચાલ્યું. ને સવારે પ્રેમચંદ શેઠ, માં પાસે આવ્યા. ને કહ્યું, માં! આ બારીએ આવો. હાથ પકડી દીકરો 'માં'ને બારીએ લાવ્યો. "માં! સામે શું દેખાય છે?" ને ત્યાં જ ડંકા પડ્યાં. ટન.. ટન.. ટન. માં કહે બેટા! આટલી મોટી ઘડિયાળ? હા, માં. બરાબર દેખાય છે?

ચોખ્ખું વંચાય છે, પ્રેમા ને પ્રેમચંદ શેઠે માંને ગળે લાગીને કહ્યું, માં! હવે તારે કોઈને ટાઈમ પૂછવો નહીં પડે. તારી પૂજા કરવાની જગ્યાએથી બેઠા-બેઠા જ તને ૨૪ કલાક ઘડિયાળ દેખાશે! તારે કોઈને પૂછવાની જરૂર નહીં.

ડંકા પડે, ને તારે પૂજા કરવા બેસી જવું.

ઘરડી માં બોલ્યા, બેટા ભલું થજો. આ ટાવર બાંધનારનું. ને પ્રેમચંદ શેઠ બોલ્યા, માં! પૂજા કરતા સમય જોવાની



તકલીફ પડે છે. તારે ટાઈમ પૂછવો પડે છે. એટલે તારે માટે આ ટાવર બાંધ્યું છે. ને માં! તારું નામ 'રાજાબાઈ' છે. એટલે આ ટાવરનું નામ 'રાજાબાઈ ટાવર' રાખ્યું છે!

ને રાજાબાઈ આ સાંભળતા..

ઉભા રહો, આ કથા તો પૂરી થાય છે. પણ એક વાત જિંદગી સુધી યાદ રાખજો, માં ઘરડી થાય છે, માંનો પ્રેમ ક્યારેય ઘરડો નથી થતો. જેના પ્રેમને ક્યારેય પાનખર ન નડે, એનું નામ છે માંનો પ્રેમ.

ને રાજાબાઈએ પ્રબળ પ્રેમભર્યા બે હાથ, દીકરાના માથે મૂકી દીધા. ને મોતિયાવાળી આંખેથી, પ્રેમના મોતી વરસ્યા. આજેય મુંબઈનું પ્રસિદ્ધ રાજાબાઈ ટાવર માતૃભક્તિનું મધુર ગીત ગાતું ઊભું છે. માં માટે રાજાબાઈ ટાવર બાંધી, બતાવી ન શકો તો કંઈ નહિ, પણ.. માંને પાવર બતાવવાનું તો બંધ કરો!

કારણ તે માં છે!

એક બાજુ ત્રણ દીકરાઓ અને તેની વડુ પોતાના રૂમમાં સુવા જઈ ચૂકી હતી અને આ બાજુ માં રસોડામાં કામ કરી રહી હતી. મા નું કામ થોડું બાકી રહી ગયું હતું, આમ તો જોવા જઈએ તો કામ તો બધા નું હતું, પરંતુ માં લજી બધાનું કામ પોતાનું જ માને છે.

એ પછી એક દૂધ ગરમ કરી લીધું, એક પછી એક ધીમે ધીમે બધા કામ કરવા લાગી. સિકમાં જ્યારે પણ વાસણો લોય તે માં ને જાણે જરા પણ પસંદ નથી,

ભલે ગમે તેટલું મોડું થાય પરંતુ સિકમાં ક્યારેય પણ વાસણ લોવા જોઈએ નહીં.

હવે એ માન્યતા કહો કે જૂની રીતભાત અને ટેવ પરંતુ માં ને ક્યારેય પણ સિકમાં વાસણ પહેલા લોય તે જરા પણ ગમતા નથી, આથી અંતે પોતે પણ તે વાસણને ઘસીને પછી જ સુવાનું રાખતી.

ઉંમરના કારણે કમર થોડી ઝૂકી ગઈ હતી, હથેળીઓ કઠોર થઈ ચૂકી હતી, ત્વચા પણ જાણે લટકવા

માંડી હતી, સાંધાના દુખાવા પણ ઓછા નહોતા, માથા પરથી પરસેવો પણ

પડી રહ્યો હતો. સાંધાના દુખાવાને કારણે ચા-લવામાં પણ તકલીફ પડતી. પરંતુ આજે પણ તે મોટાભાગનું કામ પોતે જાતે જ કરી લેતી, રાતના જ સવારના શાક ની તૈયારી થઈ ગઈ, ત્યાં યાદ આવ્યું કે જમવા પછી જે દવા લેવાની હતી એ દવા તો પોતે લેવાનું જ ભુલી ગઈ છે. એક વિચાર



આ જ ની વા ન ગી

લીલવાની કચોરી



સામગ્રી: અઢીસો ગ્રામ લીલવા (લીલી તુવરના દાણા) તેના બદલે તમે લીલા વટાણા પણ વાપરી શકો છો. ૧ લીલું મરચું, આદુનો નાનો ટુકડો, પ્રમાણસર તેલ, અર્ધી ચમચી રાઈ, ૧ ચમચી તલ, ૪ ચમચી ઝીણી સમારેલી કોથમીર, ૨ ચમચી ખાંડ, ૧ ચમચી ગરમ મસાલો, અર્ધી ચમચી લીંબુનો રસ, પ્રમાણસર મીઠું. ૩૦૦ ગ્રામ ઘઉંનો લોટ અથવા મેંદો
બનાવવા માટે ની રીત: લીલવાને ઘોઈને બાફી લો. મીકસરમાં અધકચરા વાટો, લીલા મરચાં, આદુને પણ વાટો. આ પછી એક વાસણમાં તેલ લઈને રાઈ, તલ, લીલાં મરચાં, આદુ નાખી લીલવા વઘારો, મીઠું નાખો બધો મસાલો નાખી સરખું મીશ્રણ તૈયાર કરો. ઘઉંના લોટમાં અથવા મેંદામાં થોડો ઘઉંનો લોટ નાખીને ચમચી મીઠું અને બે ચમચી તેલ નાખી લોટ બાંધો. પૂરી વણીને મસાલો ભરી કચોરી વાળો તથા ગરમ તેલમાં તળી લો.કચોરી તૈયાર.

માનવની સારી શક્તિનો સદ ઉપયોગ લોક કલ્યાન સારૂ કરે સંસારમાં તો જીવનમાં તેને આનંદ પ્રાપ્ત થાય છે

આત્મા માનવનો કદીબી જનમ કે મરણ પામતો નથી તે અમર છે તે ફરી ઉત્પન્ન થાય છે શીરક જીસમ બદલે છે સમય પર...

- મીનુ તારાપોર

હસો મારી સાથે



એક આર્થિક ઉંમરના ભાઈએ હોસ્પિટલમાં ડોક્ટરને કહ્યું સાહેબ મારી સારવારમાં સુંદર, જુવાન નર્સને જ રાખજો જરૂર પડે હું વધારે પૈસા આપવા તૈયાર છું.

ડોક્ટર: કાકા આ ઉંમરે, તમે શું બોલો છો તેનું કંઈ ભાન છેકે નહીં ?
કાકા: ડોક્ટર સાહેબ તમે ઊંધું સમજ્યા મારે બે દીકરા છે નર્સ દેખાવડી હશે તો બેઉ નાલાયકો સવાર સાંજ મારી ખબર કાઢવા તો આવશે ...

નવ ગ્રહ, અને બાર રાશિ, અને બાકી બચેલા ખરાબ યોગ, આ કોઈ અત્યારે નડતા નથી. આ બધા હાથ જોડી ને આપણને કહે છે, કે ઘરમાં રહો. તમે ઉકલી ગયા તો અમે નડસુ કોને..?

મારી પાસે ગાડી છે, બંગલો છે, ફ્લેટ છે, બેંક બેલેન્સ છે, તારી પાસે શું છે?
મારી પાસે આદું, કોથમીર, લીંબુ, ડુંગળી, બટાકા, ભીંડા, ફુલાવર, કોબી છે પત્નિ ઉપર ભરોસો રાખો, તે તમને કંઈ ને કંઈ બનાવી જરૂર ખવડાવશે. ભૂખે નહિ મરવા દે. ઘરે રહો, સુરક્ષીત રહો.

એવો પણ આવ્યો કે હશે કાલે લઈ લઈશ, પરંતુ ઉંમરના કારણે દવા લેવી પણ જરૂરી હતી આથી દવાની પેટીમાંથી દવા કાઢીને દવા લઈ લીધી. ત્યાર પછી ઘડિયાળ બાજુ નજર પડી, જોયું તો રાતના ૧૨:૩૦ થઈ ચૂક્યા હતા. પછી તે પણ સુવા ચાલી ગઈ. એવામાં બાપુજી નું ધ્યાન ગયું, એક અડધી નીંદર લઈ ચૂકેલા બાપુજીએ તરત પૂછ્યું આવી ગઈ? હા આજે તો બીજું કંઈ ખાસ કામ હતું જ નહીં. માં એ જવાબ આપ્યો અને પોતે સુઈ ગઈ, શરીરમાં કેટલો થાક છે. ઊંઘ આવતી હશે કે નહીં એ તો ખબર

નહીં પરંતુ ગમે એટલા થાક સાથે સૂવા ગયા પછી સવારે જ્યારે જાગે ત્યારે તે બિલકુલ ફેશ થઈ જાય છે, જાણે તેને થાક લાગી જ ન રહ્યો હોય તેવું લાગે કારણ કે તે તો માં છે.

સવારનો અવાર્મ પણ પછી વાગે તે પહેલા તો માં ઊંઘમાંથી જાગી ગઈ હોય, છાપુ વાંચવાનો તો જરા પણ ટેવ નથી, પરંતુ બહાર દરવાજે પડેલું છાપુ કાયમ સવારે ઉઠાવીને લઈ આવે છે. ચા પોતે તો પીતા નથી, પરંતુ બનાવીને જરૂર આપે છે. કારણ તે માં છે.



YOUR MOONSIGNS JANAM RASHI THIS WEEK

લખનાર: મરહુમ મહારાજ શ્રી સ્વયંજ્યોતિના સહકાર્યકર્તા જયેશ એમ. ગોસ્વામી

અઠવાડિક રાશિક્ષણ: તા. ૦૯.૦૫.૨૦૨૦ થી તા. ૧૫.૦૫.૨૦૨૦



Aries - મેષ

અ.લ.ઈ.

૨૫મી જૂન સુધી ચંદ્રની દિનદશા ચાલશે. ગામ પરગામ જવાના ચાન્સ મલશે. તમારા મનની નેક મુરાદ પૂરી થશે. ઘરવાલાને ખુશ રાખી શકશો. નવા કામ મલશે. નવા મિત્રો મલશે. થોડી મહેનત કરવાથી કસાયેલા નાણાં પાછા મેળવી શકશો. દરરોજ ૩૪મું નામ 'યા બેસ્તરના' ૧૦૧વાર ભણાવો. શુકનવંતી તા. ૦૯, ૧૧, ૧૪, ૧૫ છે.

Lucky Dates: 09, 11, 14, 15.

The Moon's rule till 25th June presents opportunities to travel abroad. Your sincere wishes will get fulfilled. You will be able to keep your family members happy. You will get new work projects. You will make new friends. With a little effort, you will be able to retrieve your money which has been stuck for a while. Pray the 34th Name, 'Ya Beshtarna', 101 times, daily.



Cancer - કર્ક

સ.ઈ.

૪થી મેથી શુક્ર જેવા મોજવા ગ્રહની દિનદશા શરૂ થયેલી છે. ૧૬મી જુલાઈ સુધી ગામપરગામ જવાના ચાન્સ છે. ઘરવાળાની ડિમાન્ડ પૂરી કરી ખુશ રહેશો. તબિયતમાં સારા સારી રહેશે. નાણાકીય બાબતમાં પણ સારા સારી રહેશે. વધુ કામ કરી એક્ટ્રા ઈન્કમ મેળવી શકશો. જીવનમાં નવી વ્યક્તિ મળવાના ચાન્સ છે. દરરોજ 'બહેરામ યઝદ'ની આરાધના કરજો. શુકનવંતી તા. ૦૯, ૧૦, ૧૨, ૧૩ છે.

Lucky Dates: 09, 10, 12, 13.

Venus' rule, having started from 4th May, suggests that you could get opportunities to travel upto 16th July. You will find happiness in catering to the wishes of your family members. Health will be good. Financially, things will look up. You will be able to make extra income by doing additional work. A new person will enter your life. Pray to Behram Yazad daily.



Libra - તુલા

ર.ત.

૨૩મી જૂન સુધી ગુરૂની દિનદશા ચાલુ હોવાથી નવા કામમાં સફળતા મળશે. મિત્રોની મદદથી અધુરા કામો પહેલાં પૂરા કરી શકશો. ગામ પરગામથી સારા સમાચાર મળશે. નાણાકીય બાબતમાં ઈનવીઝીબલ હેલ્થ મલવી જશે. કસ્કસર કરી ધન બચાવી ઈન્વેસ્ટમેન્ટ કરી શકશો. દરરોજ ભુલ્યા વગર 'સરોશ યક્ષ' ભણાવો. શુકનવંતી તા. ૧૧, ૧૨, ૧૩, ૧૪ છે.

Lucky Dates: 11, 12, 13, 14.

Jupiter's rule till the 23rd of June will bring you success in your new ventures. You will be able to complete your unfinished jobs with the help of friends. You will receive good news from abroad. You will receive anonymous help financially. With some effort you will be able to save money and make investments. Pray the Sarosh Yasht daily.



Capricorn - મકર

ખ.જ.

બુધની દિનદશા ચાલુ હોવાથી તમારા દુશ્મનો ને હરાવી શકશો. તમારા કામો બીજા કરતા પહેલા પૂરા કરી શકશો. લાંબા ગાળાનું ઈન્વેસ્ટમેન્ટ કરતા ફાયદામાં રહેશો. કસ્કસર કરી પૈસા બચાવજો. મિત્રોનો સાથ સહકાર મળશે. દરરોજ 'મહેર નીઆએશ' ભણાવો. શુકનવંતી તા. ૦૯, ૧૦, ૧૨, ૧૩ છે.

Lucky Dates: 09, 10, 12, 13.

Mercury's ongoing rule crushes all your enemies! You will be able to complete tasks a lot faster and earlier than the rest. Long term investments will yield benefits. Try your best to save money. Friends will be supportive. Pray the Meher Nyaish daily.



Taurus - વૃષભ

બ.વ.ઉ.

છેલ્લા પાંચ દિવસ શુક્રની દિનદશામાં પસાર કરવાના છે. ઓપોઝીટ સેક્સ સાથે સંબંધમાં સુધારો આવશે. અગત્યના કામ પહેલા પૂરા કરી લેજો. કામમાં મુશ્કેલી નહીં આવે. ઘણી-ઘણીયાણીમાં સારા સારી રહેવાથી ઘરનું વાતાવરણ સારું રહેશે. ૧૪મીથી શરૂ થતી સુર્યની દિનદશા માથાને ખૂબ તપાવશે. ૯૬મું નામ 'યા રયોમંદ' સાથે 'યા બેસ્તરના' ૧૦૧વાર ભણાવો. શુકનવંતી તા. ૦૯, ૧૦, ૧૨, ૧૩ છે.

Lucky Dates: 09, 10, 12, 13.

With the last five days left under the Venus' rule, your relations with the opposite gender will improve. Ensure to complete your important tasks first. You will not face challenges at work. Loving relations between couples will make the home atmosphere cordial. The Sun's rule, starting 14th May, will create hot-headedness. Pray the 96th Name, 'Ya Rayomand', along with the 34th Name, 'Ya Beshtarna', 101 times daily.



Leo - સિંહ

મ.ટ.

રાહુની દિનદશા ચાલુ હોવાથી સીધા કામ પણ ઉલ્ટા થઈ જશે. જરૂરી કામ હાલમાં કરતા નહીં. તમારી નાની ભુલ મોટી મુસીબતમાં મુકશે. તબિયતની ખાસ સંભાળ રાખજો. આવકની જગ્યાએ જાવક વધી જશે. ખોટા વિચારોથી પરેશાન થશો. મનમાં ડર બેસી જશે. દરરોજ 'મહાબોખ્તાર નીઆએશ' ભણાવો. શુકનવંતી તા. ૧૧, ૧૨, ૧૪, ૧૫ છે.

Lucky Dates: 11, 12, 14, 15.

Rahu's ongoing rule will cause things to go topsy-turvy. Avoid doing any work of importance. Your smallest mistake could lead to a huge issue. Be especially careful about your health. Your expenses will be greater than your income. Negative thoughts could bother you mentally, causing fear to settle in your mind. Pray the Mah Bokhtar Nyaish daily.



Scorpio - વૃશ્ચિક

ન.ચ.

૨૪મી મે સુધી શનિની દિનદશા ચાલશે. રોજના કામ કરવામાં કેટાળો આવશે. તમારા કામો સમય પર પૂરાં નહીં કરી શકશો. નાણાકીય મુશ્કેલીનો સામનો કરવો પડશે. ખોટા ખર્ચથી પરેશાન થશો. તબિયતની ખાસ સંભાળ રાખજો. દરરોજ 'મોટી હમન યક્ષ' ભણાવો. શુકનવંતી તા. ૦૯, ૧૦, ૧૨, ૧૩ છે.

Lucky Dates: 09, 10, 12, 13.

Saturn's rule till 24th May will bring in a sense of lethargy in doing your daily chores. You will not be able to complete your work in tie. You might face a challenging time in your important works. Unnecessary expenses will cause you concern. Ensure to take special care of your health. Pray the Moti Haptan Yasht daily.



Aquarius - કુંભ

ગ.શ.સ.

મંગળની દિનદશા ચાલુ હોવાથી નાની બાબતમાં ગુસ્સો આવશે. સાથે કામ કરનારનો સાથ નહીં મળે. ઘરનું વાતાવરણ સારું નહીં રહેતાં પરેશાન થશો. બહાર જશો તો પણ શાંતિ નહીં મળે. નાણાકીય બાબતમાં સારા સારી નહીં રહે. દરરોજ ભુલ્યા વગર 'તીર યક્ષ' ભણાવો. શુકનવંતી તા. ૦૯, ૧૦, ૧૨, ૧૩ છે.

Lucky Dates: 09, 10, 12, 13.

Mars' ongoing rule will make you feel angry even over petty matters. Your colleagues will not be supportive. The lack of cordial atmosphere at home will stress you. You will not find peace even outside of your house. Financially things could get difficult. Ensure to pray the Tir Yasht daily.



Gemini - મિથુન

ક.ઇ.ધ.

૧૬મી જૂન સુધી શુક્રની દિનદશા ચાલશે. ઓપોઝીટ સેક્સ તરફી ફાયદાની વાત જાણવા મલશે સાથે ધારેલા કામ પૂરાં કરવામાં તેઓની મદદ પણ મલશે. જ્યાં કામ કરતા હશો ત્યાં પ્રમોશન મલશે. ખર્ચ કર્યા પછી પણ નાણાકીય મુશ્કેલી નહીં આવે. ઘરમાં નવી વસ્તુ વસાવી શકશો. દરરોજ 'બહેરામ યઝદ'ની આરાધના કરજો. શુકનવંતી તા. ૧૦, ૧૧, ૧૨, ૧૪ છે.

Lucky Dates: 10, 11, 12, 14.

Venus' rule till 26th June has the opposite gender bringing you useful information. They will also prove beneficial in helping you to complete your work. You could expect a promotion at your workplace. Despite your expenses, there will be no financial strain. You will be able to make purchases for the house. Pray to Behram Yazad daily.



Virgo - કન્યા

પ.ક.ઇ.

૨૨મી મે સુધી ગુરૂની દિનદશા ચાલશે. કોઈની મદદ કરી તેની ભલી દુવાઓ મેળવી લેશો. ઘરવાળાને ખુશ રાખવામાં સફળ થશો. નાણાકીય બાબતમાં સારા સારી રહેશે. તબિયતમાં સારા સારી રહેશે. કામમાં સફળતા મળશે. ઉપરી વર્ગ તમારા કામની તારીફ કરશે. દરરોજ 'સરોશ યક્ષ' ભણાવો. શુકનવંતી તા. ૦૯, ૧૦, ૧૩, ૧૪ છે.

Lucky Dates: 09, 10, 13, 14.

Jupiter's rule till 22nd May informs that you will receive the blessings of those you help. You will succeed in keeping your family members happy. Financial stability is indicated. Health will be good. You will taste success at work. Your seniors will be appreciative of your work. Pray the Sarosh Yasht daily.



Sagittarius - ધન

ભ.ધ.ક.ટ.

બુધની દિનદશામાં છેલ્લા દસ દિવસ પસાર કરવાના બાકી છે. લેતીલેતી ના કામો પહેલાં પૂરા કરી લેજો. લેણાના પૈસા માટે થોડી ભાગદોડ કરવાથી પાછા મેળવી શકશો. જેને પૈસા આપવા ના હોય તે ને થોડા સમય પછી પૈસા આપજો. ઘરમાં જોઈતી ચીજ વસ્તુઓ વસાવી શકશો. દરરોજ 'મહેર નીઆએશ' ભણાવો. શુકનવંતી તા. ૧૧, ૧૨, ૧૩, ૧૪ છે.

Lucky Dates: 11, 12, 13, 14.

With the last ten days remaining under Mercury's rule, ensure to first complete all your transactions related to lending and borrowing. With persistence at your end, your debtors will return your money. You are advised to lend money to people only after some time. You will be able to make purchases for the house. Pray the Meher Nyaish daily.



Pisces - મીન

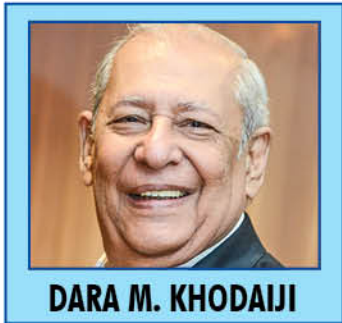
દ.ચ.ઝ.થ.સ.

ચંદ્રની દિનદશા ચાલુ હોવાથી મનને શાંતિ મળશે. કોઈ પણ કામ વિચાર્યા વગર કરતા નહીં. નોકરી કરનાર જગ્યાએ માન મળશે. ઘણી-ઘણીયાણીમાં સારા સારી રહેશે. નાણાકીય બાબતમાં સારા સારી રહેશે. ૩૪મું નામ 'યા બેસ્તરના' ૧૦૧વાર ભણાવો. શુકનવંતી તા. ૧૦, ૧૧, ૧૨, ૧૩ છે.

Lucky Dates: 10, 11, 12, 13.

The Moon's ongoing rule brings you mental peace. Do not do anything without giving it a good thought. You will receive praise at your workplace. The affection between couples will bloom. Financial stability is indicated. Pray the 34th Name, 'Ya Beshtarna', 101 times daily.

The Lockdown And The 'Idleist'!



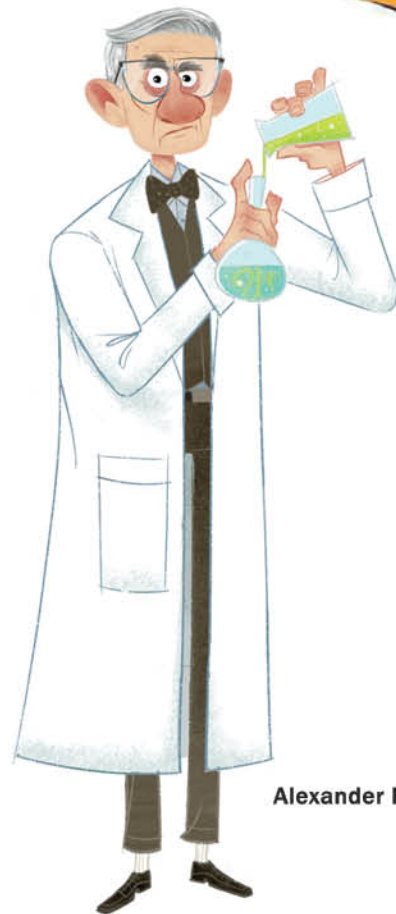
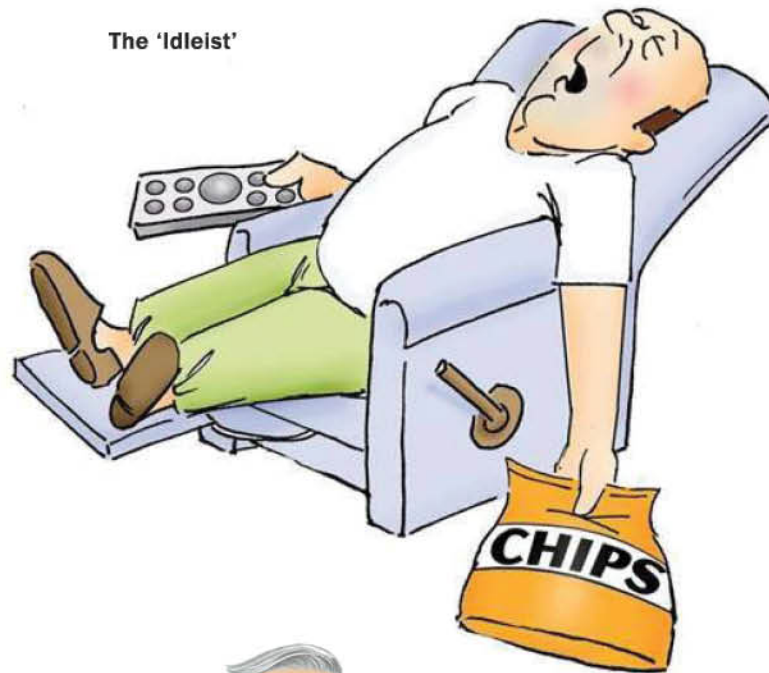
DARA M. KHODAIJI

The end-result of all things evil is always good. This paradox is, to an extent, similar to the prevailing 'Lockdown' situation. My wife and I are keeping a happy distance and our verbal exchanges verge almost on civility! Good, isn't it? Her cooking has improved, not à la Godiwalla, but one looks forward to her three meals, a snack at four and some *chavna* at the *happy hour* (subject to the availability of the liquid amber gold). Great, Isn't it?

Yours truly is supposed clean up the junk (my wife's epithet) that was gathered over the years from my junkets abroad, from Chor Bazar, *jari-puranawallas* and the roadside vendors. I collect decanters, jugs, wall-plates and other such stuff. I'll get down to 'Operation Clean-up' as soon as I condition myself to it, one of these days.

My wife's first reaction upon seeing any new purchase is, "OMG Darab!" (sans the '*sha*'). "Where are you going to keep this new monstrosity of yours??? *Badhu dhur khaich*, gathering dust, and when I tell you to clean up your precious junk, you pretend to be working on some '*Masterpiece*' that you are forever writing!" Now, no more! No going out! No buying 'beautiful things' that might catch my eye in the shop-window or that might gather dust at home. So, everything is hunky-dory, sweet and civil, nice and easy-going

The 'Idleist'



Alexander Fleming

at home-sweet-home!

Life couldn't be better! I am an Idleist. Hold it, madam Editor, do not correct the spelling. It is not meant to be '*idealist*'. That I am not. I love to be 'idle' - hence '*idleist*'. My wife will vouch for that.

Idleness is the mother of all great inventions. I have got straight this from the horses' mouths! Late Agatha Christie, the queen of thrillers, wrote in her autobiography, "*I don't think necessity is the mother*

of invention. Invention arises directly from idleness, possibly also from laziness, to save oneself trouble." There's no refuting such an irrefutable authority!

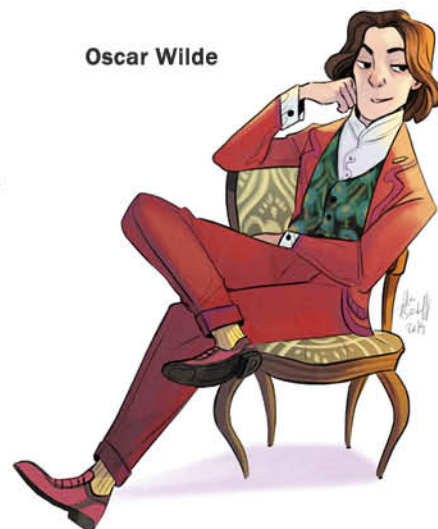
The American sci-fi writer, Robert Heinlein, says something similar: "*Progress isn't made by early risers. It's made by lazy men trying to find easier ways to do something.*"

Henry Thoreau enjoins us to the freedom of living aimlessly, guided by the lights of our own desires rather than the world's life-denying imperative of 'incessant business'!

And here is a gem, by the inimitable Oscar Wilde, "*To do nothing at all is the most difficult thing in the world!*"

The great thinker and philosopher, Lord Bertrand Russell, philosophizes, "*Immense harm is caused by the belief that Work is Virtuous.*" He goes on to validate it with, "*A habit of finding pleasure in thought rather than action is a safeguard against*

Oscar Wilde



unwisdom and excessive love of power."

A goodish part of the world has advanced through idleness. Take for example, Isaac Newton, plain and simple Isaac Newton. It must have been a fine spring day worth lolling on the grassy patch underneath a spreading tree. That's what he was

doing. Idling away, perhaps dreaming happily of some comely English lass, when all of a sudden, an apple falls, either on him or besides him - that no historian can say. But the fact remains that an apple fell - a historic apple, which developed into his discovery of the Principles of Gravity and turned young Isaac into Sir Isaac Newton! And science students have to study his theories even today, over three hundred years later!

In 1928, Alexander Fleming had left *Staphylococcus* bacteria colonies in a petri dish. Later, he noticed that they were infected with the mould and no bacteria were growing around

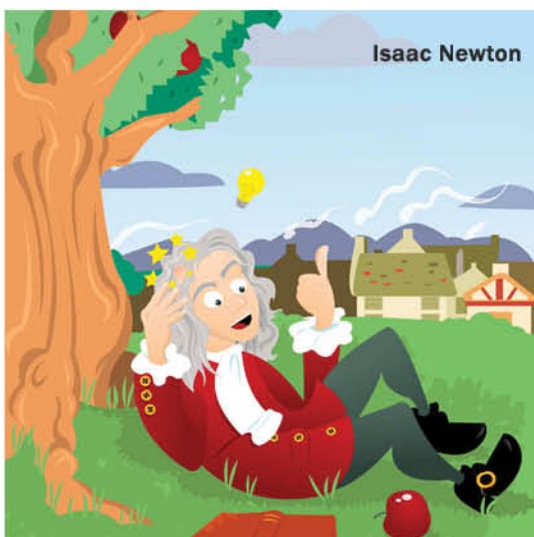


Agatha Christie

the mould. The mould turned out to be the strain of *Penicillin notatum*. And thus was discovered the then wonder-drug, penicillin! Would he have discovered it had he been particular enough to clean the Petri dish? He became Sir Alexander Fleming and even went on to win the Noble Prize!

For the following theory of mine, had I lived during the dark ages, I would probably have been hung, drawn and quartered, or maybe burnt at the stake. But I do believe that our maker, our creator must have become a bit fidgety or bored after a timeless eternity of nothingness, and so he must have pressed some button to enjoy a 'Big Bang'... and our Universe (or several of them) was born!

I would like to end with yet another paradox... '*If you sit idle long enough, you are bound to create something worthwhile!*'



Isaac Newton

Adversities Are Opportunities For ABLE Leadership



DR. ADIL MALIA

Our community's leading business visionary – Dr. Adil Malia has shared his expertise championing diverse roles in Business Management, Law, Human Resources, Marketing and Employee Relations. A much sought-after business coach and mentor, having led companies at the Board level across eclectic industries, Dr. Adil Malia is a philosopher, writer, a voracious reader, an excellent orator, an innovative and powerful ideator. PT is delighted to present 'Sharpen Your Edge' by Dr. Malia, aimed at readers who wish to hone their careers and grow as successful professionals. For professional consultations, contact Dr. Malia at adilmalia@gmail.com

An old joke goes that a farmer, a surgeon and a leader were arguing about the world's oldest profession (certainly not what the world otherwise believes!). The farmer insisted it was Farming... after all did God not give Adam all the animals and plants to tend as he gave him birth? The surgeon claimed it was Surgery, as God created Eve out of Adam's rib, so naturally, surgery was the oldest profession! The leader wisely said, "You guys are foolish. Even all holy books acknowledge that God created order out of chaos. It is therefore obvious that Leadership is the oldest profession!"

Great leadership has a quantum leap impact on organizational performance, particularly in chaotic moments like the ones we are facing. Such turbid and tumultuous moments are true testing times for leadership.

My corporate and consulting experiences have taught me that adversity exposes some 'snakes in suits and demons in Armanis', who otherwise in happy times, proclaim bold leadership



Only 'Authentic, Bold, Latitudinous and Exemplary' (ABLE) leadership thrives through the times of chaos. Possibly that is why it is called ABLE leadership!

All of us play a leadership role in one way or another... whether working for an MNC or the BMC! This piece, therefore, is for you - the leader, who performs the role of leadership anywhere!

Volatility and chaos aren't, by definition, bad or good. They are just realities. Volatilities and chaos are not

synonyms for breakthroughs, discoveries and optimism. Such times bring about fundamental changes, for better or worse. Just because we are unable to discern and predict the exact nature of change, does not mean that it spells disaster. It simply means that we have to alter our strategy to prepare for whatever the world may bring next. Flexible, agile and swift movement to the new state is the panacea.

ABLE leadership, in such chaotic moments, is about anticipating, rushing to think, reaching out, building enduring bonds with customers and stake holders (particularly employees) and getting comfortable with 'leading at the edge of chaos', as Emmett Murphy says.

Parsi leaders (and I have experienced some of them), are bold and ABLE. They are attuned to thrive through moments of adversities. I therefore encourage each one of you to get up and use this opportunity and be an ABLE leader, wherever you work and in whatever role you perform.

Let me share with you

what ABLE leaders actually do so that you have a navigation map to perform your leadership role well!

- 1. Hand-hold Your Followers:** who in the immediate impact period (read dark ages of adversity) , may be feeling startled, shocked and paralysed. Showing compassion and helping them manage their impact-induced anxiety is the most important role that you, as a leader, need to play.
- 2. Listen Well And Suitably Communicate:** with people to alleviate their anxieties. Reorient them to the new reality and help them move away from the cataclysmic feelings of alienation that they may experience. Communication on an ongoing basis is critical. A

need remodelling. Engaging people meaningfully and not in mindless free 'Zoominars' will lead to motivation and meaningful people engagement, when they are in a state of confusion and anxiety.

4. Join Hands With Other Senior Leaders: As an ABLE leader, you would be expected to work with other senior leaders to create an enabling eco-system that will help build new skills and competencies that will be required to succeed in the new environment.

5. Flash Your Drive: ABLE leaders drive processes to make people bond and 'recommit' themselves to the new purpose and new destinations of the future. You should drive to do



one-time message is not good enough to counter continuous anxiety. Ongoing communication from you will build employee-connectivity and that is most crucial.

- 3. Involve People Meaningfully:** As an ABLE leader, involve people through various groups, in meaningful 'Design Thinking' challenges. Corporations now need to rework the going-forward designs for all critical elements of their value chain in the post-adversity period. The entire business landscape will

that. Show your resilience, show your passion. This is the opportunity you were waiting to show your worth.

Conclusively, look at the 'whole doughnut', not at the 'hole of the doughnut'! ABLE leadership that drives on the edge of chaos, will emerge as the winner in the new, post-crisis horizon.

Being useful in the moment of crisis is indeed the real spirit of Ushta Te!. And in that journey, may you succeed!



capabilities. Such times reveal the true character of leadership and most self-proclaimed corporate demi 'Gods', in real moments of crisis, sadly end up exposing their feet of clay!

necessarily synonyms for strife, hardship or discontent - as we have somehow been made to believe. It may be true for some, but for others, such times could possibly be



KASHMIRA SHAW RAJ

Thank You, Mother!



How very often do we hear Rudyard Kipling's quote, "God could not be everywhere, and therefore he made mothers," and other similar sayings celebrating the unparalleled importance and irreplaceable significance of a mother.



something to relax or something that you enjoy doing. Find your 'me time'. Don't feel lonely if the children aren't at home - enjoy your alone time instead! And most of all, be proud of what you have done for them. Pat yourself on the back. Even though you may feel you know best for your children, have a little faith in what they have to say. Celebrate new entrants in the form of daughters-in-law, sons-in-law and grandchildren. Be secure within yourselves and there will be no regrets later.

Mothers are more to us than our bestest friends or siblings or fathers or grandparents. Her unconditional loving and giving starts with sharing her very life force, when she nurtures her baby in her womb, giving it her nutrients and energy. What makes her even more special is the sharing and giving just keeps increasing! She shares her feelings, her love and her emotions. She gives it all, and without a blink!

Mothers usually tend to be the shield for children, protecting them from the wrath of overly strict fathers. They often take up the blame and face the ire of their husbands. A lot of smart children know whom to coddle up to, to get what they want! Butter up the mother a little or bring in an emotional aspect, and she will ask the father or make provisions to give it to the child!

embarrassing or dated. Laugh



I knew of a child, Jehan, who grew up in a simple middle-class income home with both parents working hard to provide for the family of three. Though the parents led a stringent life, they tried their best to give Jehan everything they possibly could. One day, Jehan fell sick and needed to be shown to a specialist. The doctor broke the devastating news that Jehan had a mal-functioning kidney and was in need of a transplant. Without batting an eyelid, the mother instantly said, "Take mine, please don't hesitate," while the husband and doctor were still coming to terms with the reaction! Only a mother can be so selfless. Luckily, Jehan got a donor and today is a well-settled, young adult. But he will never forget the day his mother was so ready to risk her life and make the sacrifice for him!

You can never argue with a mother's intuition - that strong inner compass will just know if something is not right; she can sense if her child is in danger. However, this is sometimes misconstrued as being too possessive or controlling of her children. Understandable, it is difficult for mothers to just 'let go', after being an intrinsic part of their child's life for so long! It's difficult for her to let a child make mistakes or learn the hard way - she feels a sense of guilt and inadequacy at the child's failure, immaterial of the age of her child!

it off. For you, it's something you'd prefer not discussed, but to your mother, it is her most precious and priceless memory that she will cherish as long as she lives! If she takes a little time to understand what you say, be patient - give her those extra minutes to comprehend. It's the least you owe her! If she wants to know where you're going, it's not always about inquisitiveness - it's her way of feeling secure and connected with you. She wants to know because she still cares, though you're not that 5-year-old kid anymore, and she always will.

With the ongoing Lockdown and everyone stuck at home all the time, it is easy to end up having spats. And with our mothers being so easily taken for granted, we tend to unload our temper on her. This temporary Lockdown notwithstanding, here are a few ways in which you can improve your relationship with your mother:

One of the toughest things a mother does in life, is taking a step back from her children's lives and letting them be independent. She simply cannot help herself - it's wired! Any pain or suffering that affects her child, invariably affects her. So, all you children out there - Wake up!! And give thanks for the mother that you have been blessed with! The unfortunate who have been denied this divine privilege will tell you how it feels.

Nature works best in balance and harmony. To all the fabulous mothers out there, do something more with your lives, if time permits! It is great to be an integral part of your children's lives, but they will move on to lead independent lives. And they will want some space to test their wings.



Mothers are known for their indomitable mettle. Single mothers invariably face a lot of flak, grief even, and are often blamed for staying away from their spouses, especially when their children are very young and they're struggling to balance the job and the child. Lending a patient ear, instead of the unwarranted criticism, would make things a lot easier for them.

Many mommies do not mind kissing their grown-up sons in public and talking about how she changed his diapers or how her children ran round nude in the lawns! We find these stories

It is important for every mother to maintain her own individuality as a woman, despite her full-time capacity as a mom! Go out, keep in touch with your own set of friends. Do

So, hear her out and try to get 'what she is not telling you'. Understand what she is actually trying to say!

- Respect her - NO MATTER WHAT. You will never be able to repay here for giving you life, so if you have to be the bigger person, do it! Do not belittle her.
- If you think she is angry or going off on a tangent, tell her in a calm manner that you cannot have a conversation with her when she is in this frame of mind. If needed, leave the room and tell her that you can chat when she is feeling calmer.
- Never forget that she loves you and never get convinced by anyone otherwise! She loves you unconditionally and that kind of love is hard, nay, impossible to get from anywhere or anyone else, apart from your mother.

A mother's love and dedication is truly matchless, it's out of this world... If she could brave every storm for her child, she would; If she could exchange her good health for her child's failing health, she would; If she could take on all the hardships of her child, she would!

- Make a conscious effort to be patient with her and stay as calm as possible. Getting angry or irritated will escalate matters and lead to more fights or arguments.
- Sometimes she may not be able to express herself openly,

Here's sending out heartfelt gratitude to all the mothers who have put in all the efforts and love to make the lives of their children better!

Happy Mother's Day!