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Parsi Theater Bids

Adieu To Its Most

Precious Gem

Goodbye, Ruby Patel



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FREDDIE MERCURY
MUSEUM
ZANZIBAR

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FROM THE EDITOR'S DESK

Those Three Words...

Dear Readers,

If nothing else, the extended lockdown, brought on by the Pandemic, has forced even the not-very-reflective kind of fellow beings amongst us (you know, the ones who proudly dismiss any deeper conversations, with a boastful - 'I'm not really the meditating type') to ponder life beyond the here and now. In Parsi terms... that's thinking beyond what's for dinner tonight. Then again, I don't mean to validate our worry warts, on the other side of the wall, into subjecting friends and family to their analysis-paralysis.

Whichever side of the wall you belong to, or even if you're simply sitting on it, a la Humpty Dumpty, there's no escaping those three words, which seem to occupy increasing space in our minds. If they don't, they should, in keeping with all that extra time on hand, as the M'tra government yet again extends our already-extended lockdown, till the month-end. And now, for those three words - 'What Really Matters'.

With the world order changing, on many levels - irreversibly, this is a good time to ponder your greatest truths, as we grapple to first define the 'new normal' and then adapt to it. Reprioritisations will happen on all levels - personal, professional and social. For those still struggling to find direction or answers, asking

yourself repeatedly, 'What Really Matters?', will clear a lot of cobwebs, and maybe help you get rid of a few unwanted spiders!

As we are thrust into battling, what psychologically qualifies as mankind's two worst fears - uncertainty and death - the only peace and order we will know, will have to come from within, to quell the chaos on the outside. That would need you to, in layman's terms, level with yourself, and that starts with figuring out **What Really Matters** to you. When you've unveiled your answers, you will know how to realign yourself - in thought and in deed, and in doing so, you will have saved yourself a lot of present and future regret.

For those with the extra time on hand, and for those without, make it a point to have that crucial self-talk starting with those three words, which might very well turn out to be the three most important words to help you take back that wheel and shape your destiny.

I look forward to your feedback and suggestions. Have a good and safe weekend!

- Anahita
anahita@parsi-times.com

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Thought of the Week

"Motivation is what gets you started. Habit is what keeps you going."

- Jim Rohn

LETTERS TO THE EDITOR

Prisoners Of The COVID War!

Days are passing by and we stand still here. With a prayer in our heart we see the world struggling, we see the world healing, we see the world sobbing. Never had anybody imagined that stepping out of our houses would be life threatening. We have become prisoners without doing any crime. Looking out of the window reminds us of the carefree days that we have lived but taken for granted. Those memories are soon interrupted by the sirens of the ambulances passing every minute. That sound is a wake-up call for all to not take anything for granted - be it our freedom, nature or anyone working for us.

There are many who still work, day and night to keep us safe and protected. The stress and worry their families face, is beyond imagination. Respecting them is the least that anyone can do. Panic, confusion, anxiety, depression are overtaking the human mind. This fire of panic is fuelled by the spread of fake news, rumours, and careless forwarding of messages that tamper with our feeble minds. Being mindful about all our actions is the need of the hour. Having to do all the household chores has made us realize that no job is big or small. Not meeting our friends and dear ones has made us realise how important these relations, which we so easily take for granted, are. Connecting with them via various social media platforms gives us a sense of happiness but their warm hugs are irreplaceable.

The world is healing, our lives are changing, but the hope of being free again is still in every prisoners' heart. Our senses are still tingling in anticipation of experiencing freedom yet again and being safe outdoors. As we stand here, united in spirit, to fight this war, we know that it is not going to be easy. However, it is this unity and humanity that will help us get through this rough patch. We have to bear the rain to see the rainbow.

- By Parishad Randeria

Good Job, PT!

I would like to thank and commend Team Parsi Times for constantly serving the community with wonderful and comprehensive news for more than past 5-6 weeks inspite of the Lockdown, when most papers have reduced their pages by half! Though nothing compares to holding the newspaper in the hands for the real pleasure of reading, the digital E-paper which Parsi Times shares every Saturday is a total treat for us.

Last week's Mother's Day Contest Winners brought tears to my eyes as I read the poem dedicated to a mother who has passed away, and it reminded me of my own sweet mother. Every page is a joy to read - the news content is global and our small community is able to know what is going on with the rest of us in other parts of the world. PT has truly become popular worldwide - USA, UK, Canada, Australia or New Zealand - it reaches our community everywhere in the world!

What I appreciate most is that it is not preachy and always to the point. The features are very enjoyable - with excellent writers like Noshir Dadrawala, Daisy Navdar, Ruby and Dara Khodaiji. Even celebrities like Cyrus Broacha's column makes us laugh away every month - do try to get him to write more often! Editor Anahita Subedar's editorials are superb and always leave food for thought - one of the things I look forward to in PT is the Reader's Corner page as it brings forward Parsi writing talent within our midst.

Thank you from me and my family to PT for making our weekend mornings so enjoyable for all in the family. Keep up the great work! Here's wishing that the virus curve flattens soon and we can all breathe freely again and I can get to hold the PT newspaper soon on my Saturday mornings.

- Jaloo Jamshed Patel

In Loving Memory Of

Late NERGISH NOSHIR BHARUCHA

21.11.1938 TO 07.05.2020

TRIBUTE



Born in 1938 in a Zoroastrian family Late Mrs Nergish Noshir Bharucha (82) was a very honourable, God fearing, pious lady. She lost her mother in her early childhood and was brought up by her elder sister's family, as her father was a guard in the railways and was always on the move. Nergish always talked highly of her brother-in-law Late Shapurji and her sister Late Tehmina for taking care of her in her childhood. In 1963, Nergish married the love of her life the Late Noshir Bharucha and settled in her husband's hometown of Amalner where she contentedly resided in a joint family. In 1964 she was blessed with a baby boy Yezdi and in 1969 with a baby girl Yasmin. Blessed with four loving grandchildren, both Nergish and Noshir had the honour of celebrating their 50th wedding anniversary. The religious couple in their lifetime got numerous "Varasyaji" initiated into the Zoroastrian faith at several Parsi Fire Temples in India. Twice Nergish held presidency of the local Gujarati Mahila Mandal of Amalner, where she was able to carry out many social welfare activities bettering the lives of those in need. Nergish was known to be an exceptionally sporting and courageous lady, credited of touring the entire North and South India by road. Always excited to explore she was fortunate enough to have travelled to Australia, New Zealand and Singapore, creating many joyful memories along the way. Loved and respected by all relatives and friends, she peacefully left for her heavenly abode on 7th May 2020 in the early hours of the morning. We will all stay passionate when remembering the life she lived and continue to happily honour her legacy.

Wife of Late Noshir Jehangirji Bharucha. Daughter of Late Alamai & Late Jamshedji Khajotia. Daughter-in-law of Late Banubai & Late Jehangirji Bharucha. Mother of proud Yezdi & Yasmin. Mother-in-law of Jasmine & Phiroze. Grandmother of Anahita, Mahtab, Sheriyar & Zeeniyar. Parent-in-law of Rusi & Khorshed Asundaria and Late Dina & Late Hoshang Mehta. Sister of Late Freny Rustam Bharucha, Late Tehmina Shapurji Hansotia, Khushru Jamshedji Khajotia & Dhun Kersi Battiwalla. Sister-in-law of Late Mehru Kersi Bhagat and Armaity Khushru Khajotia, Late Jimmy & Late Khorshed Bharucha, Dinyar Marzban Bharucha, Late Rustam & Roshan Bharucha, Late Jahabux & Late Hilla Bharucha. Masi of Late Roda & Late Bomi, Zarine & Late Adi, Gulshan & Adil, Percy & Kashmiri and

Cyrus & Neha. Niece-in-law of Late Dr. Pesi & Gul Bharucha and Late Dosu & Late Jimmy Jamadar. Fui of Jamshyd & Burzin. Grand masi of Karl, Marc, Dilshad, Zubina, Khushnum, Pashin, Mehtab, Shiraz, Sanaya, Eric, Jerastin, Vikhiz, Amavand & Shaizad, Pakhi. Aunty of Zubin, Hutoxi & Meherzad, Kashmiri, Coomi & Cyrus. Cousin-sister of Sheroo Dhala, Late Jamshed Dhala, Coomi, Jal, Ruumi & Zubin Daruwalla, Azmi & Vispi Birdi, Zarir & Nilufer Bharucha. Aunty of Homi & Homai Dalal, Sohrab & Viloo Dalal, Aban & Late Bahadur Mistry, Zeeya, Homyar, Kaira & Zanaida Kapadia, Delara, Khurshed, Karen, Malcolm Maneksha, Kaikashru Lashkari, Sam Kety & Azmi Lashkari, Jeroo, Kali, Cyrus & Behroz, Mehernosh, Late Khushru Binaifer Kurush & Roshni Dalal, Eva & Kiyar Bharucha & Nevile Birdi. Childhood friend Gaver & Faredoon Amrolia, Pervin & Homyar Daruwala. Close family friend Zubin, Rashna, Sharzad & Natasha Fouzdar and Sharmin, Rushad & Ziana Govekar.

A few words in her honour...

Yezdi, Jasmine, Anahita & Mahtab: For the Proud & Beloved Mother and Grandmother

"You were always a very strong and pious person throughout your life. You made friends everywhere you went and loved to give your time and focus to others. You will be missed and we will love you always"

Yasmin, Phiroze, Sheriyar & Zeeniyar: For the most Wonderful Mum and Grandma

"Remembering your strong, determined, admirable and happy self every day. You were one of a kind and shall remain in our family's hearts from India through Australia. You bring us cheery smiles when we think of all the loving, funny memories you've given us. We thank you for your generous heart and will love you deeply always"

Khushru & Armaity: For my Loving Sister & Sister-in-law

"Our dearest Sister NINI will be missed a lot. Our family looked upon her for guidance and help, she was a source of courage and strength. Loving, caring and selflessly helping all in need and being there for everyone"

Dhun & Cyrus: For my Loving Sister & Masiji

"Our dear Nergish was a Divine Soul and she showered her love and care on all. We are grateful to AHURA MAZDA for blessing her in our family and we love her very deeply"

Karl & Marc: For our Lovely Masi

"An angel in disguise, gone back to serve the Almighty in heaven...is what Masi was!"

Zarine, Dilshad, Zubina & Khushnum: For our Dearest Masi

"Our beloved Nergish Masi - caring, loving, helping and always thinking good about others. A lovingly motherly figure to all of us, her absence will be felt tremendously. May her soul rise higher and rest in peace"

Gulshan, Adil, Pashin & Mehtab: For my Ever-Loving Masi

"GOD sent Angels as Mothers to guide and protect us. He has now called one most dearest to HIM back. My dearest Masi will always be in our hearts and minds forever. GAROTHMAN BEHEST HOJOJI!"

Percy, Kashmiri, Eric, Shaizad: For our Lovely Masi

"We all nephews & nieces lovingly called you "masilu". We pray for the progress of your soul in Garothman Behest. Amen!!"

Zubin, Rashna, Sharzad, Natasha, Rushad, Sharmin & Ziana: For our Loving Angel Aunty

"Remembering you is easy as we do it every day. Thank you for enriching our lives and standing by us always. We have lasting memories with you which will be cherished always!"

In Fond Remembrances from Her Loving Children

Yezdi & Jasmine Bharucha, Yasmin & Phiroze Mehta, Zubin & Rashna Fouzdar

The 101 Names Of Pak Dadar Ahura Mazda – Part 7



DAISY P. NAVDAR

Daisy P. Navdar is a teacher by profession and a firm believer in the efficacy of our Manthravani. She is focused on ensuring that the deep significance of our prayers is realized by our youth. She credits her learnings and insights, shared in her articles, to all Zoroastrian priests and scholars whose efforts have contributed towards providing light and wisdom for all Zarthostis.

And the onslaught continues! We are continuously bombarded with news... which are the Red-Zone areas, doctors and policemen being beating up; policemen beating up citizens; people migrating back home on foot with children and families in tow... that building's under containment... ad nauseum!

90% of us who share these messages are merely arm-chair assistants. We have never lifted a finger to help any of these, or we don't have the means to help and we never will. We have made it our mission in life to be the bearers of anything which is mildly connected with news or people putting out appeals or a list of how the lockdown will be eased. We spread this news, real and false, faster than the virus itself. I wonder, then, who the real parasites are!

During this time, with mental health and depression fast becoming a severe epidemic in itself, let us use our connections wisely. Let us lend a sympathetic ear to an ailing relative, a worried friend or someone who is worried about not having any source of income. Let us spread cheer instead of fear. If anyone has benefitted by reciting the prayers given herein, then please share that experience with the ones who need it. Share the positivity that you gain through your prayers and transform darkness into light. More than anything else, we need to know that our lives will be different but much better than before. We need to know that we will once more have fruitful and fulfilling jobs to do. We need to know that we will have wonderful times to make memories with our family and friends. We need to start ardent prayers for all the people within and outside our circle of influence. Say a *Tandarosti* for all the people you know - we all need hope more than anything else.

This column is in continuation of my ongoing series on the 101 names of Pak Dadar Ahura Mazda, which are really His attributes or qualities.

Chanting these names regularly creates a protective aura of their strength around us and keeps us safe. Reciting these names daily, post doing the kusti prayer, can remedy almost all ills and challenges we face. They are not a substitute for effort and hard work; these will augment your dedication and give it an added boost. Please note that each name is a prayer in itself and can be chanted to gain maximum benefit of its particular divine vibration.

61. Adar Badgar: Science tells us that we are all governed by the laws of the elements of nature viz. Fire, Earth,

interconnectivity of the 5 elements. It is the Fire that resides in Water that brings us Hydroelectricity. This name is particularly important for people who are hot-headed and act / speak in a brash manner. If you are faced with such a person, then reciting this name will help them calm down. If you are hot-headed yourself and wish to change, reciting this name 101 times daily will help you control your temper and its resultant destructive energy.

63. Baad Adargar: One who changes wind into fire. We are frequently brought down by ailments of the wind *doshas* in our body. Stiffening of joints,



Water, Air and Ether. This name is the one who changes Fire or raging winds into Air. The *Fareshtas* (guardian spirits) that preside over the elements of nature have various names. This name has the power to subdue a tyrant or an oppressor. If a person is unfair in his dealings with you and makes your life difficult, then chanting this name will help him become understanding. This name also has the power to eradicate all ailments caused by heat and remove them from the roots. In the sweltering weather that we face, we must regularly chant this name for relief from heat-related ailments. Chanting this name righteously will purify your own conscience and soul.

62. Adar Namgar: One who can change Fire into Water. The transformation of elements from one into the other is deeply entrenched in our faith. But we also have scientific proof of the

gas, acidity etc. are wind related diseases. This name brings relief from any acute wind caused problems. It has the power to cure rheumatism and even paralysis when recited 101 times every day for 40 days.

64. Baad Namgar: One who changes wind to water. During an emergency, reciting this name can satisfy your thirst. If you want good quality of water for agricultural / personal purposes, reciting this name will help you find water which will keep you healthy and also nourish your plants.

65. Baad Gelgar: One who changes wind to earth / dust. This name has the ability to clear any severe illness caused due to wind. Ayurveda speaks of the *doshas* (weaknesses in the body) - *pitha*, *vata* and *kapha*. When the wind

energy in our body is disturbed, we can find relief by reciting this name.

66. Baad Geradtum: One who energizes both - the air and the earth - and one who can also create these elements. This name can cure diseases caused by heat, it can purify impure blood and also clears the impurities in the eyes. It is like an elixir for overall good health.

67. Adar Kibritatoom: It can create gems out of stones. This name has the capacity to transform a stone-like, useless person into a fine gem-like one! Those suffering from apathy, students who do not study or who are not able to retain the work that they have memorized, will benefit from the recitation of this name. It is particularly important to recite this name for those people who suffer from reduced brain function. This name has the power to grant lofty boons to the one who seeks with a sincere heart.

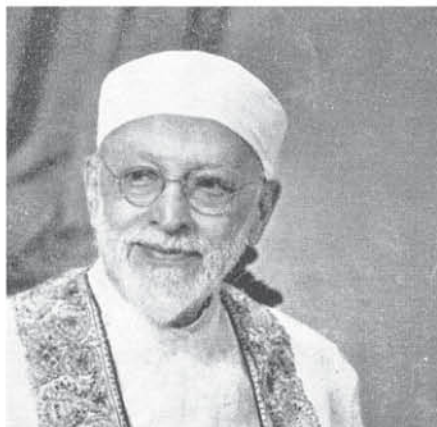
68. Baad Garjae: One who creates a soothing and cooling breeze in times of intense heat. I am sure we will all use this name many times over to gain respite from this festering heat. This name is also associated with receiving well deserved honor and prizes. It is a name that brings bountiful blessings.

69. Abtum (Ashaum Yazda Yazdan Abtum Yazamaide): Reciting this name removes all impurities and brings about lustre and clarity, giving the reciter a shining brilliance in their aura, like a polished mirror that reflects the glory of Ahura Mazda! Those who are desirous of having beautiful children should recite this name continuously. This name clears out the dust and dirt from our souls and brings respect and status for those that recite it with a sincere heart.

70. Gael Adargar: One who converts Earth into Fire. This is symbolic of igniting the flame of worship within us. It helps us to move beyond the mundane physical into the glowing spiritual. Reciting this name helps cure problems in the intestine and it also helps us to digest our food more efficiently.

Unite Me To Thyself By Thy Love, Ahura Mazda!

Start your weekend with positive vibes with inspirational excerpts from the acclaimed book, 'Homage Unto Ahura Mazda' by Dasturji Dr. Maneckji Naserwanji Dhalla of Karachi.



Thou hast planted the seed of love in human heart. It is the strongest passion of his soul. It is dearer than all that he holds dear in this world. Everything is empty, when the heart is empty. Unhappy is the heart that has not Thy love to cling to. It is lonely. It is wretched despite the glitter of gold dazzling the eyes. Let my heart be aflame with my love for Thee. Strengthened by my love for Thee, my soul rises to Thee.

All love is lovely for it flows from Thee that art the fountain of love. Thou hast lit a flame of love for Thee within my heart. As the fire upon the altar burns the sandalwood, so let the fire burning within me consume my heart with my love for Thee. I will love Thee when I am favored of fortune. I will love Thee the more ardently, when fortune fails me. I will love Thee. I will love Thy name. I will love Thy works. I will let my love for Thee well up within my heart, that I may be immersed in it.

With more tender and gentle love Thou dost rear me than the fond mother that nurses her child on her knee. Thou art the Lord whose love for Thy children knows no bounds. Nothing have I to fear when safe I am in Thy loving arms. Unfathomable is the depth of Thy love for me. Verily, it is undying. Thy sublime love for me transforms my life into pure gold. When the waters of Thy love flood my heart and fill it and bathe my soul, fully, then, do I share Thy love.

The love lies at the core of my being. Thou dost manifest Thyself in me as love. Thy loving eyes shine and beam on me. When I have Thy love for me, I am Thine own beloved, I need no more from Thee. Thou dost love me and I will give Thee back my love. I will make my love for Thee the image of Thy love for me, Ahura Mazda!

APPEAL

Donate To The AWARE Foundation



Located in the interiors of rural Ganeshpuri in the heart of the Tansa River Valley Forest, the AWARE (Animal Welfare And Rescue Efforts) Foundation [E-30655, Estb.: 2014], has been actively working in the sphere of stray animal care. Their initiatives, since inception, include feeding stray animals, veterinary first aid, trauma care, spay/neuter and immunization against rabies and other infectious diseases. It is home to over 60 disabled/abandoned animals/victims of human inflicted cruelty (cats and dogs) and eight Tribal Adivasi staff. The Ashram is a blissful haven to animals who have endured the worst experiences - as amputees, paralysis, blindness and



physiological illnesses to name a few. AWARE also provides food to 50 other street animals in South Mumbai and Kandivli.

The AWARE Foundation faces grave challenges especially during the ongoing Covid-19 crisis. In addition to the safe-keeping and care for animals, the Ashram is surrounded by six Adivasi Hamlets comprising 200 families, which they are also helping out. Since the nationwide lockdown, getting food and medical provisions for resident animals and staff has been a great challenge.

Says Founder of AWARE, Genevieve Dubash, "With the ongoing Coronavirus Pandemic crisis, the donations coming into the Foundation have ceased extensively and it is a challenge raising funds for food and medical supplies, surgeries, staff salaries and overhead expenses. Our AWARE Ashram is now home to 28 dogs, 55 cats and 8 resident staff. Also, the six Tribal Adivasi hamlets surrounding our Ashram comprises families, of six members each, with only a sole earning member, who is a daily-wager, and most struggle for a square meal. We have procured 35 ration kits for the families last month, however that



isn't enough as there are 200 families.

I reach out to our community once again for your support in contributing towards the livelihood of almost 120 animals and 200 Tribal Adivasi families in these times of crisis. I have initiated two campaigns, one being national and the other international on Impact Guru which is a crowd funding platform. Donors from India and overseas will avail of tax benefits. I am always ever so thankful to Parsi Times for supporting our fur angels over the years."

The AWARE Foundation looks to raise Rupees Three Lakhs with which to procure food and medical supplies for at least three months – including supplies for the animals and staff; rice, milk, packaged dry and wet food, medicines, veterinary fees and procedures, annual vaccinations, monthly rations and salaries for 8 in-house staff for two months; and for the Tribal Adivasi families - Ration kits and basic medicines for two months.

National Campaign Link:

<https://www.impactguru.com/fundraiser/help-aware-foundation>

International Campaign Link:

<https://www.impactguru.com/fundraiser/help-genevieve>

Bank details for direct donations to 'AWARE Foundation':

Bank: HDFC Bank, Hughes Road Branch, N. S. Patkar Marg, Mumbai - 400007

Account Number: 50200009083407

IFSC/RTGS/NEFT: HDFC 0000567

Donors can avail of 80g tax benefits before March 2021.

To contact Genevieve Dubash:

+91 9930041609 / +91 8411882199 / E-mail: gdubash@gmail.com

Parsi Theater Bids Adieu To Its Most Precious Gem

Goodbye, Ruby Patel

1st May, 2020 marked the sad passing of our community's foremost, veteran stage actor - Ruby Patel, a name synonymous with quality Parsi-Gujarati-English theatre and extraordinary talent. The noted theatre personality passed away in Mumbai, at the age of 87. Her passing adds immeasurably to the loss of brilliant Indian acting talents, within a quick spate of two weeks, with the demise of theatre veteran - Bomi Kapadia, and film actors - Irrfan Khan and Rishi Kapoor.

Ruby, and her husband, also incredibly talented theatre actor and successful producer, Burjor Patel, may well be regarded as the 'first couple' of English-Gujarati theatre, having acted together in numerous plays, especially comedies, since the '60s. They gained immense popularity for their performances in plays by the famous Adi Marzban, who taught Ruby how to project

her voice on stage. Ruby and Burjor Patel were an integral part of the Indian National Theatre's Parsi wing, fronting some of the most popular productions, including 'Gher Ghungro Ne Ghotalo', 'Tirangi Tehmul', 'Hello Inspector' and 'Oogi Dahpun Ni Dadh'.

In the 1970s, the dynamic thespians, who shared a fabulous 61-year-old partnership, set up 'Burjor Patel Productions'. Later they moved to Dubai and returned to India after two decades, in 2009. In 2012, Ruby and Burjor Patel were jointly recognized with a Lifetime Achievement Award by the Thespo Theatre Group.

Ruby Patel was initiated into the world of theatre when she was still in school, when her teacher, impressed with her performance in a drama competition sounded off Adi Marzban of her potential powerhouse of acting talent. Theatre director Sam Kerawala accompanied Adi Marzban to see her perform and were convinced of her potential. But had to convince her father to allow here to work and he agreed on the condition that he would personally chaperone her to the theatre and back home, which was on Princess Street. Ruby, still in her late teens, was then hired as Adi Marzban's secretary, and gained much knowledge here.



Stage comedian Jangoo Irani (extreme right) with Burjor Patel, Dinshah Daji, and Ruby Patel in the Adi Marzban caper, Ari Bethela Erachshah.
(Pic Courtesy: Meher Marfatia, Laughter In The House: 20th Century Parsi Theatre)



Ruby Patel and Burjor Patel are credited for making the Parsi-Gujarati theatre popular in India.
(Indian Express archive photo)



Ruby Patel with husband Burjor Patel and daughter Shernaz Patel



RUBY PATEL (1933-2020)



With Jasmin Siganporia on the sets of Laughter in the House - Part 2



Ruby Patel, Pilo Wadia, Dinshah Daji, Burjor Patel and Dadi Sarkari in Piroja Bhavan, Adi Marzban's 1954 play that proved a gamechanger for Parsi theatre.
(Pic Courtesy: Meher Marfatia, Laughter In The House: 20th Century Parsi Theatre)



Ruby Patel with Dadi Sarkari in Gher Ghungro ne Ghotalo.
(Pic Courtesy: Meher Marfatia, Laughter In The House: 20th Century Parsi Theatre)



Ruby Patel with actors Nashirwan Jehangir and Farid Currim in TV show Run For Your Wife. (Indian Express archive photo)

The following are select excerpts by Ruby Patel on her mentor, Adi Marzban, shared from the book 'Laughter in the House: 20th-Century Parsi Theatre', written by Meher Marfatia:

"I was on stage right from my Alexandra School days... Adi Marzban, who discovered me there, first gave me a radio script to practise with, before giving me some Gujarati plays. I was excited, quickly putting on my uniform in the morning, stopping at the Jam-e-Jamshed newspaper office to rehearse with Adi and then reaching school. I was in Class 8 or 9 when I played opposite Pheroza Godrej's father, Phiroze Shroff, in the title role of a play called 'Yasmin'. I think it was by the columnist and playwright, Perin Vajifdar. In the early 1950s, I worked on a lot of AIR plays and was Adi's personal secretary at his Jame office where I typed out scripts that he wrote."

"A complete father figure to me, Adi had a certain air about him... Pipe in mouth, he proved a great disciplinarian in a most effective way. Although he was indulgent, saying 'Baby this' or 'Baby that' - I was always Baby to him - he pulled me up as strongly. Initially, I was no good at throwing my voice across a room and it just reached the front rows. Adi sarcastically remarked, 'I'll have to tell the audience to move chairs further up than the first row if they want to hear Ruby Patel on stage.'"

"Adi had strange expressions of affection for his actors. For no reason, he would exclaim, 'Aay jo, mari nalli fountain pen aavi' (Here comes my little fountain pen). Why liken me to a small pen, I don't know! But he really taught us all we needed to know. We would sit on our balcony talking about theatre. He used to love my son, Marzban. Burjor says, 'Admit it, you named him after Adi's last name, you definitely let him influence that.' I only stuck to tradition and gave all three children auspicious seven-letter names starting with their raashi alphabet: Marzban, Shernaz and Feroza."

Speaking to Parsi Times, Parsi theatre's leading actor, Bomi Dotiwala said, "I would call her the 'Parsi Amir Khan' - she was a complete perfectionist. A ruby in the real sense. She would often get a bit nervous when it came to delivering her performance - it was a tendency that resulted out of her staunch perfectionist inclinations! She was a very warm and loving lady and a beautiful woman - inside out. It was a pleasure working with her - she was very dedicated. I remember doing a number of plays with her by Adi Marzban - 'Jaldi Kar, Koi Joi Jase'; 'Ardhi Raat e Aafat'; 'Mancherji Konna?'; and of course, one of the most popular ones of them all was our Variety Entertainment Show - 'Laughter In The House', where we sang a hilarious Qawwali together. She was one of the best leading ladies of Parsi theatre - there won't be another like her or like my Dolly."

Author and columnist, Meher Marfatia shares with Parsi Times, "Ruby was a quiet observer who gently made suggestions. She thought I should wrap up research on 'Laughter in the House', my book on Parsi theatre, at just the right time. I was desperately adding more and more interviews with old stars, fretting how I'd close the book representing them all well enough, while doing the job of publisher too (it was the first title from my imprint 49/50 Books). Even as she showed me the wisdom of cutting off from work like this in a balanced way, the great Dadi Sarkari, one of her popular co-stars, breathed his last after lunch at the Elphinstone Club. That did it. I quickly closed the book. If not, then after its 2011 release we may have lost the joy of collaborating with our sparkling veteran actors over the next six years on two house-full seasons of the Laughter in the House stage productions. I'm really grateful to Ruby for her advice."

Ruby Patel's co-star in 'Laughter in the House, Part 2', Jasmin Siganporia, shared, "She was my inspiration and guardian angel. Every moment spent with her was like digging a diamond from the mines. A truly brilliant actor, she has left behind a radiance in my life on stage. Ruby was really the emerald of the acting industry."

A host of leading actors took to social media platforms expressing grief over the passing of Ruby Patel. Film and theatre actor, Paresh Rawal, tweeted his condolences, "One of my favourite actresses of Gujarati and Parsi Theatre RUBY PATEL (Ruby Aunty).... An accomplished performer and a refined person. I was fortunate to have worked with her in '80. RIP."

Actor-filmmaker Vivek Vaswani tweeted shortly after the news of her passing away, "And it goes on, just after the news of Bomi's sad demise, another theatre stalwart! Ruby & Hosi were like the Dharmendra and Hema of the English theatre. 15 consecutive hits together..."

Ruby Patel leaves behind an unmatched theatre legacy for her equally renowned theatre actor and charismatic husband - Burjor Patel and their children - Marzban, Shernaz and Feroza. Walking in her parents' shoes, daughter Shernaz Patel, is a popular, much admired, critically hailed, versatile actor in the theatre circuit and the Indian entertainment industry. Apart from her stints on stage, television shows and web series, Shernaz has wowed us all with her brilliant performances in numerous Hindi films, including 'Black'; 'Guzaarish' and 'Rockstar'.

The community stands by Ruby's family in this moment of grief. As we bid adieu to our much-loved and most precious gem of Parsi theatre - Ruby, may her soul attain Garothman Behest and may Ahura Mazda keep her in everlasting peace, as she lights up another universe with her eternal sparkle; and may He grant her family the strength to cope with this sad loss.

WZO Trusts – Covid Relief And Rehabilitation



DINSHAW TAMBOLY
Chairman – The WZO Trusts

Community members are aware that WZO Trusts have undertaken a massive programme to support poor Zoroastrians affected financially due to the Covid-19 Pandemic.

The following areas have been identified in which to extend support.

- 1 Arranging food grains packages for Zoroastrians in cities, towns and villages who have suffered economic hardships
- 2 Financial difficulties being faced by families of white and blue collar workers having received only half their regular salaries and in many cases no salaries
- 3 Financial difficulties being faced by individuals involved in modest Self Employment initiatives such as driving autorickshaws, commercial taxi's, auto mechanics, stationery shops etc who have been unable to go about their professions.
- 4 Full time Mobeds who are not employed by Agiyaries but are daily wage earners many of whom presently have no income.
- 5
 - a) Supporting agriculturists who have been unable to harvest their standing crops that have decayed on account of non availability of labour force.
 - b) Dairy Farmers having suffered financial setbacks as milk collected from their livestock's being unable to reach the processing dairies; difficulty in obtaining feed for their cattle.
 - c) Poultry farming having come to a standstill as it has not been possible to transport the fully grown fowls to processing units.

d) Brick kilns are an industry having a short 7 month window (December to June); Zoroastrian beneficiaries who have established kilns in their villages have suffered severe financial setback as the migrant labourers have left for their native places leaving half baked and unbaked bricks causing immense hardships.

Applications from poor Zoroastrians affected financially by the Pandemic will continue to be received till May 24, 2020. These may be sent to all the four E-mails: wzotrusterscovid19@gmail.com
admin@wzotruster.com
trustees@wzotruster.com
dinshawtamboly@gmail.com

The request circulated to donors worldwide for funds to undertake such a massive project was met with alacrity and generosity. Principal donors so far have been Mrs. Pervin & Mr. Jal Shroff of Hong Kong, The Trustees of Zoroastrian Charity Funds of Hong Kong Canton & Macao and Trustees, Trustees of Bai Maneckbai P. B. Jeejeebhoy Deed of Settlement Funds, Mumbai. Donations, big and small continue to be received from individuals.

The massive programme to distribute food grains, utility items & cash for extending support to poor Zoroastrians residing in villages and towns who have been financially affected due to the Covid-19 Pandemic has begun.

The first such distribution was undertaken in Mandvi & Mangrol areas on May 6 & 7. The second round of distribution was done at Vansda & Ahwas Talukas on May 8 & 9. Similar distributions in and around Surat, Navsari, Vyara, Ankleshwar & Bharuch, villages in Dharampur Taluka, Jawahar & Dahanu in Palghar Taluka, Karchond & other places in Union Territory of Dadra & Nagar Haveli are all in the pipeline and will be completed within the next few days. Beneficiaries in and around Ahmedabad will be catered to once the one week absolute lockdown announced from May 07 onwards has been lifted. Around 500 Zoroastrian families are expected to benefit from food grains and utility articles to be distributed.

The items being distributed to each family are:

1.	5 Ltr. Edible oil	2.	1 Kg Vegetable Ghee
3.	5 Kg Wheat Flour	4.	4 Kg Rice
5.	2 Kg Tuvar Dal	6.	500 Gram Masoor (Lentil)
7.	500 Gram Moong Dal	8.	500 Gram Chana Dal
9.	500 Gram Chhole Chana	10.	500 Gram Chora (Black eye peas)
11.	500 Gram Besan (gram flour)	12.	500 Gram Ravo
13.	500 Gram Poha (Pauvaa)	14.	2 Kg Sugar
15.	2 Kg Sugar	16.	1 Kg Salt
17.	200 Gram Chili Powder	18.	100 Gram Garam Masala
19.	100 Gram Turmeric Powder	20.	200 Gram Toothpaste (Tube)
21.	4 cakes of bath soaps	22.	3 bars dish washing soap
23.	3 cakes of detergent soaps	24.	1 Kg. Detergent Powder
25.	Rs.2,000 cash for purchase of vegetables and other utility items as required.		

The food grains distributed are sufficient to last a family of four individuals for just over a month. Should it be assessed, at a later date to be necessary, another round of similar supplies will be distributed. The names of beneficiary families are being furnished by the local Zoroastrian Anjumans and resource persons who have volunteered to extend support in the areas in which they are located.

We express our sincere gratitude to our principal donors Zoroastrian Charity Funds of Hong Kong, Canton & Macao for the financial support extended to WZO Trusts to enable this massive distribution of food grains to be undertaken.

Our equally sincere gratitude to Mr. Darayes Gandhi, Trustee of Mandvi - Mangrol Anjuman, Mr. Darayus Mirza, Trustee of Vansda Anjuman, Mr. Sam Chothia, Trustee of Valsad Anjuman, Mrs. Shirin Kanga & Brig. Jehangir Anklesaria, Trustees of Ahmedabad Parsi Panchayat, Mrs. Maharukh Chichgar & Mr. Fredy

Mistry of Surat, Mr. Viraf Deboo of Pune, Mrs. Kamal Kavina of Ankleshwar, Mr. Jehangir Bisney of Hyderabad, Dr. Shernaz Cama & Dr. Niloufer Shroff of Delhi, Team WZO Trusts at Navsari - Aspi Ambapardiwala, Cyrus Vandriwala, Rohinton Contractor, Sharmin Tamboly, Team WZO Trusts at Mumbai - Farzana Mojgani, Freyaz Shroff, Homiyar Madan, Yazdi Randelia, Cyrus Vankadia, Hoshedar Parakh, Team Empowering Mobeds - Binaifer Sahukar, Er. Hormuz Dadachanji, Er. Meher Modi.

They have all been extending full cooperation, working extremely hard with commitment and dedication, in receiving, collating and carrying out due diligence on requests received from their areas of Zoroastrians who have been financially affected by the Pandemic.

We look forward to continued support from community members in the days and months to come.

ANNOUNCEMENT



This is a request to every Zoroastrian to refrain from visiting Shree Paak Iranshah Atashbehram, Udwada till further notice.

In difficult times such as these, we expect members of the community to conduct themselves responsibly and with greater understanding.

We at Iranshah, are not in any way equipped to handle a catastrophe, God forbid, if one were to

befall upon us.

Therefore we urge you to shower your devotion and offer whole hearted prayers for this pandemic to recede at the earliest and for the well-being of our fellow men but from the safety of your homes.

Dasturji Khurshed K. Dastoor
High Priest - Iranshah
Udwada

Battling Covid-19 With Community Support

- Iran's FM Thanks Parsis For Help -

The relations between Iran and India are age-old. To celebrate these ancient socio-cultural ties and to mark 70 years of Indo-Iran Diplomatic relations, Parzor with the Iran embassy had organised the Derakht-e-Doosti Festival in February 2020. The programme included an exhibition on Ferdowsi's Shahnameh, a Panel discussion on this epic and a musical performance by a small troupe from Iran. Sadly, almost simultaneously with this festival the Covid-19 Crisis was taking over the world.

On March 13, 2020 Mr Sepanta Niknam, President of Yazd Zoroastrian Association and Member of Yazd City Council got in touch with FEZANA President, Homi Gandhi, and the Embassy in New Delhi through Md Hekmat contacted Dr Shernaz Cama sharing details of the crisis and its worsening impact in Yazd and all of Iran and requesting her to reach out to Dr Cyrus Poonawalla of Serum Institute, and to the global Zoroastrian community.

However, with generous community support, life-saving medicines, masks, surgical coveralls and gloves, and some ventilators, were sent to Yazd. The transport of supplies was made possible by Mahan Airlines who ran emergency flights at a time that all local and international flights were suspended.

Between mid-March and 26th March 2020, the Yazd Shahid Sadoughi University of Medical Science, Iran, received two humanitarian packages of medical supplies and safety equipment through the support of the Zoroastrians of India and the world. The first Actemra



Injections generously supplied by Dr. Yusuf Hamied and carefully transported through cold-chain logistics is being used for a nurse in critical care.

The final shipment left from New Delhi in the Mahan Air flight on Sunday, 10 May 2020. In all, three shipments of medical supplies have been sent to help Iran deal with the challenge of controlling the Covid-19 outbreak.

Dr. Hassan Rouhani, President of the Islamic Republic of Iran in a video-conference with the governor of Yazd, praised the Zoroastrians' philanthropic activities in the fight against the Coronavirus. Even Iranian Foreign Minister, Javad Zarif, thanked the



Parsis of India for offering timely aid related to the Pandemic to his country, in a tweet on Friday. It reads, "The Parsis of India – Zoroastrians whose ancestors long ago emigrated to India – have remained ever faithful in their love for Iran. Grateful for their #Covid19 package for Iranians."

Dr. Shernaz Cama has been tirelessly working for the community and creating strong links with Iran, especially in 2020 - the year which celebrates 70 years of diplomatic relationship between the two nations. We are proud that Dr. Cama managed to reach out and work with the backing of the strength of the global Zarthushti and humanitarian community.

Mohammad Hekmat, a Ph.D. research scholar at the National Museum Institute, New Delhi, who has previously collaborated with Parzor, praised the Parsi-Zoroastrian community, "During the Covid19 crisis, I have been in touch with my Parsi friends in Delhi and saw all efforts of Zoroastrians from across the world to prepare the medical consignments for Yazd. This humanitarian aid reminds me of the beautiful poem of Saadi Shirazi - 'Human beings are members of one another/ since in their creation they are of one essence.' Besides the relationship between Parsis and Iran, Yazd particularly has an interwoven tie with their identity. You can still see the generosity of Parsis in the past for Iranian Zoroastrians to construct

fire temples, schools, Dahkma, etc. Regarding historical accounts, they always remember Iran and help Iranian Zoroastrians beyond political and religious issues, and distances. As an Iranian and a humble person, I am glad that I could help consignments reach Yazd."

Pakistan Govt. Notifies Reconstituted Commission For Minorities

On 11th May, 2020, Pakistan's Min-istry of Religious Affairs and Interfaith Harmony notified the reconstituted National Comm-ission for Minorities and its terms of reference which include ensuring that worship places of non-Muslim communities are preserved and kept functional. According to the notification, the commission will have six official and twelve non-official members, including the Chairman for a three-year term. The twelve members of the minorities commission comprises two from the Muslim community, three each from the Hindu and Christian communities; two from the Sikh community; one each from the Parsi and the Kalash community.

The member belonging to the Parsi (Zoroastrian) community in the commission is ex-senator Roshan



Khurshed Bharucha. She belongs to Quetta and had been minister in the caretaker set-ups in Balochistan and federal cabinets. Chela Ram Kewlani, ex-president of Pakistan Hindu Council and a leader of Pakistan Tehreek-i-Insaf in Sindh, has been notified as chairman of the new commission.

The six official members include one representative each from the Ministry of Interiors, Ministry of Law and Justice, Ministry of Human Rights, Federal Education and Professional Training. The chairman of the Council of Islamic Ideology (CII) and secretary of the Ministry of Religious Affairs

will also be official members of the commission.

According to the terms of reference, the commission will formulate proposal for development of a national policy to promote peace and interfaith harmony in the country. It will formulate proposals for amending laws/policies which are reported to be discriminatory towards religious minorities; recommend steps to ensure maximum and effective participation by the members of minority communities in all aspects; and ensure effective participation and association of minority communities with their religious and cultural festivals. The commission will also look into the grievances and representations made by minority community members.

Freddie Mercury Museum in Zanzibar



FREDDIE MERCURY MUSEUM ZANZIBAR

The new Freddie Mercury Museum was recently opened in Zanzibar in November 2019, at the home of the Talatis, thanks to the support received from 'The Mercury Trust'. The organisers thanked all the individuals and institutions for their cooperation and hope that the Museum will soon become a regular must-see feature on the Zanzibar tourist scene.

Located at Mercury House in Shangani, in the heart of Zanzibar Stone Town (Zanzibar, Tanzania), the Freddie Mercury Museum is the first-ever museum dedicated to the legendary rock-music prodigy, Freddie Mercury. It was officially inaugurated on the 24th of November, 2019, commemorating the 28th death anniversary of the world's most beloved rock icon.

The Freddie Mercury Museum is officially partnered with Queen Productions Ltd. in the United Kingdom, which loaned exclusive pictures of Freddie Mercury through the different stages in his life. This project aims to showcase a detailed accord of the birth town of Farrokh Bulsara, his roots with the Zoroastrian religion, his childhood and upbringing in Zanzibar, followed by his schooling in Panchgani, India, and then the rest of his journey into becoming one of the world's greatest stars of all time.

Founders Andrea Boero and Javed

Jafferji paid rich tributes to the Freddie Mercury Museum celebrating the Zanzibar-born legend who has touched the hearts of millions, globally. Javed Jafferji shared, "In 2002, being a Queen fan, I came back from the United Kingdom and named this building in Shangani 'Mercury House'. I always had this vision, it took me fifteen years to make this dream a reality, but it was totally worth it. This is my tribute to the legend who we've known and admired all our lives. Being a Zanzibari, I am very happy to be involved in a landmark project, which will cement the history of Freddie for many years to come."

As per Andrea Boero, "This concept which we have had for many years has finally become a reality; a project that we and our future generations can cherish. We have been dedicated to this museum, trying to accumulate a lot of material, witnesses from people who were a part of his life in order to make this a solid tribute."

The founders encourage fans from all across the world to come to Zanzibar and partake in this pilgrimage for Freddie Mercury at the Freddie Mercury Museum which stays open daily. For information / details you could log on to the website - www.freddiemercurymuseum.com or E-mail at info@freddiemercurymuseum.com.

[Courtesy: Parsikhabar.net]



Ratan Tata Advises Entrepreneurs To 'Adapt And Create' On Insta



sightedness and creativity that could not have been believed to exist. These became the flagpoles of innovation and new technology today. I hope that the ability to find another way to build a product, run a company, run operations a better way, will emerge as an outcome of the current crisis."

Tata hoped that entrepreneurs will find ways to run their operations in a better way, reiterating that he was confident in the inventive nature and creativity of entrepreneurs to find ways to modify businesses into benchmarks for tomorrow, despite the current challenges and difficulties.

Known for his inclination towards promoting emerging start-ups, he recently invested, in his personal capacity, an undisclosed amount in an 18-year-old entrepreneur's pharma start-up, termed 'Generic Aadhaar'. He has so far invested in over a dozen start-ups - including Ola, Paytm, Snapdeal, CureFit, Urban Ladder and Avanti Finance - since he retired as Chairman from the Tata Group, in December 2012.

Earlier in the week, Tata Trusts' Chairman Emeritus and the Nation's most loved businessman, Ratan Tata, took to the social media platform, Instagram, sharing his wisdom with entrepreneurs, advising them to 'adapt and create', in order to tide over challenging times faced by businesses and the economy, due to the coronavirus pandemic.

"It can all start on a clean sheet of paper that looks at ways of doing things that were never thought of before. This crisis will force entrepreneurs to adapt and create," he wrote on 11th May, 2020, adding, "In past difficult times, entrepreneurs have displayed far

The IranShah Initiative: Education With Vision 2020

[Part 1 of 3]

Knowledge Is Precious, Wisdom Is Priceless

The IranShah Initiative provides a Precious Avenue to build a Priceless Life through the medium of Education With Vision 2020. If understood with right knowledge and practised with innate wisdom, the precepts and practices of our ancient yet ageless and ever so refreshing religion can be a positive force in every Zoroastrian's life.

However, the first step to leading a positive and purposeful life is to acquire the right knowledge from a reliable source because knowledge either shapes or shakes the destiny of one's life. The prime objective of this platform is to be just that. A knowledge and information hub where the youth around the world can raise the right questions and find the right answers.

We are neither dogmatic nor preachy in our approach. We respect every individual and his/her right to ask the right questions and become torch bearers of wisdom. Our vision is to make every Zoroastrian youth across the Globe aware

of his/her heritage with legitimate pride and soulful understanding. The ultimate goal is to make every youth across the Globe a living embodiment of the good religion in thought, word and deed.

Knowledge Is Power: If you want to add Power to your repertoire of knowledge about our precious *IranShah and religion*, we encourage you to send us your valuable questions. Our distinguished scholar and community leader, *Noshir Dadrawala*, will answer questions about the religion, Iranshah, Udvada and any other related topics in a monthly update here. To put forward your queries to him, log on: <https://iranshahinitiative.com/ask-noshir/>

Sometimes the quest for a genuinely worthwhile life stops, when a question remains unanswered. We invite you to ask your questions so as to provide you with answers, and in doing so, let us help each other build a life force that strives for harmony, growth and balance, so that we can all evolve into beings, we were born to be, with all our love and light.

Theobroma Founder Kainaz Messman Writes 'Baking A Dream'



cafe in 2004, is today a national empire with 50 outlets, employing 1,000 employees across Mumbai, Delhi and Pune, selling over 200 products to an ever increasing, 500,000 plus, customer base.

Written in collaboration with Kainaz's sister, Tina Messman

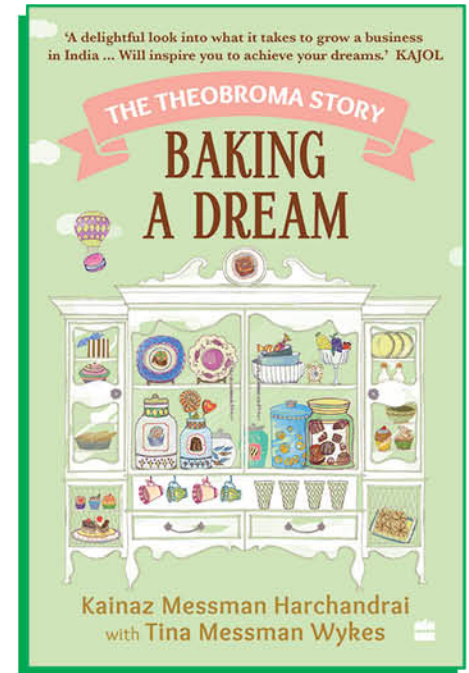
friendly, candid style, recounting all the events that established Theobroma into the popular household name it is today. On one such occasion, Kainaz shares a story about a customer who helped clean and run the café during a tough day. On another, she recalls a French couple she met at the café, who went on to become close friends, teaching

Kainaz Messman, the founder of the popular 'Theobroma' chain of cafés, has authored the book, 'Baking a Dream', published by HarperCollins. The book includes a thorough account of how she set up Theobroma; and the interesting journey comprising her travels, family, friends, mistakes and ramifications, all leading to her current standing. What started out as a small, Parsi family-run bakery and

Wykes, 'Baking a Dream' encapsulates the ins and outs of running a large, successful business, written in a



Kainaz and sister Tina



chapter, 'Mumbai's Brownie Queen', Kainaz writes about Theobroma's star product - the dense chocolate brownie - sharing how the brownie, baked by her mother for a pregnant friend, became extremely popular and was supplied to restaurants and outlets even outside Mumbai. 'Baking a Dream' shares numerous stories, commentaries on various food cultures and other experiences, placed alongside recipes which have been an integral part of the Theobroma journey.

her much about pastry-making! Kainaz writes in simple terms what it takes to achieve lofty milestones, by sharing sincerely her own mistakes, preferences and guidelines which need to be adhered to.

Born in Mumbai to a typical Parsi family where food forms the primal bonding activity, Kainaz realised her love for food early on and went on to become a professional chef. She credits her mother, Kamal, as her primary inspiration for baking. In fact, in the

In 2017, Kainaz landed an investment of USD 20 million from a private equity firm which will enable Theobroma's expansion to aimed at doubling its presence, with a hundred new outlets, across other Indian cities, over the next four-five years.

Goodbye Pain With OMG

During interaction with readers, it was observed that due to continuous lockdown and restricted movements, many were complaining of Joint/back problems, resulting into pain and agony. In order to create awareness and provide guidance with recommendations, Team Pureganic highlights the significance & benefits of OMG, which has proved to be very effective to many users.

World Health Organization (WHO) has declared Moringa (Drumstick - Saragvo) among top 20 superfoods which has 96 nutrients, 46 antioxidants and 20 amino acids. According to Ayurveda, Moringa is known to prevent and cure 300 plus ailments. It's leaves, seeds & bark roots all have different therapeutic qualities. It is also a

natural multivitamin which has abundant source of minerals. Moringa Oil which is high in omega 3,6,9 proves healthy for heart, nerves, skin & hair. It has excellent anti-inflammatory properties, which is well known to remove swelling from any part of the body such as joints, ligaments, muscles & sprains.

Pureganic offers unique combination of 3 products (OMG) prepared from natural sources through plantations at Farms of Kutch, to give good relief to users from various types of pains.

1. Ortho Tablets: Made from Okra (lady finger - bhindi) and Moringa plants. Moringa removes the swelling from the joint and lady finger adds lubrication.

2. Moringa Tablets: Made from Moringa leaves, high in calcium and other nutrients for maintaining the strength of bones and joints.

3. Gum Tablets: High in natural glucosamine (relieves joint pain).

This combination of OMG taken along with Moringa Oil has proved to be preventive and curative for all joint pains, with no side effects, with amazing results. Noshir Dadrawalla (Trustee, Bombay Parsi Panchayat) says, "Pureganic is a good initiative and the products are helping users find relief from chronic pains and illnesses. All should know and benefit."

Ayush Mantalaya (Government of India) has recommended 4 Herbs for protection against COVID-19, in terms of prevention & cure - **Tulsi, Ashwagandha, Mulethi (Yashtimadhu) & Giloy.** Pureganic offers Tulsi Ark, Tulsi Honey, Herbi Gud, Sanjeevani Prash, Sugarfree Mukhwas, Rakshak (New Launch) & G-Satva (Giloy Tablets - New Launch)

Pureganic has recently launched 'Rakshak' (For cough, cold & throat related ailments) & G-Satva (Giloy Tablets). Also, organically grown & naturally ripened Kesar Mangoes from Farms of Kutch are available. Currently, free home delivery is made in Mumbai. For more details, Whatsapp/SMS on 9820812244.

Love, Laments And Lockdown!



VEERA SHROFF SANJANA

Veera is a published Author ('Endured' and '#LoveBitesLifeHacks') and Columnist; a passionate Educator and Counsellor; Poet and Philosopher... but most of all, a lover of all things literary.

Decidedly, love, as a feeling or emotional state, is complicated, confusing, exasperating enough... but add to the mix, a pandemic of the coronavirus proportion, and we are distinctly headed for the evolution of a new kind of romance! The state of affairs (pun intended) at present is in a new kind of disarray. By early March, it became noticeable that people were practising physical distancing. People weren't shaking hands or hugging anymore, and this somehow changed the dating game completely, so the cultural norms... flip-flopped. And when the restrictions increased and the uncertainty mounted, it became, "Well, you don't want to be around anyone you don't know!"

Enter the scenario of virtual dating! There's been a surge of new memberships on dating sites, dating apps. Video calls, though, are definitely the most favoured instrument of romance these days. Speed-dating via Zoom chats and House-party is a great place to now hang... almost like a cafe in the days preceding lockdown; evidently a lot more brews there, in addition to your home-made coffee - Nespresso! After all, these chat rooms are perfect places to loop in and enjoy hangout sessions, with friends or prospective dating interests.

In turn, the mushrooming of dating sites, with this lockdown has singles seeking romance, getting unusually bold, creative and colourful! Younger users of such virtual dating platform are a lot more open to using the features and experimenting with this whole new aspect of dating, having sort of grown up on the Snapchat culture and things like that! It was probably already part of their normal behaviour and dating culture! If you're already doing it with friends, it's not a huge stretch to imagine doing it with a potential dater as well... desperate times call for desperate measures!

The same cannot be said of singles in their 40's and above, a face-to-face is a preferred mode of communication or straight out chemistry. If you cannot touch and see a prospective match, it sort of defeats the entire purpose of dating and developing intimacy. It's a relationship they seek and not just a



hook up, for the most part. Couples now forced out of their usual dating routines, under the legislations of lockdowns, are finding workarounds to the strict laws. Catch-ups at grocery stores, a random meet at the local pharmacy, the vegetable and fruit vendors - the new matchmakers of our times! The tough social distancing rules make it pretty hard to connect with people in our lives, let alone new ones!

For single people looking to date this time is particularly tough. The coronavirus hit a lot of our new-age dating bunnies that soon realised that it could interfere with their robust dating game. Suddenly, this 1.5 meters distance has created weirdness between people and especially those on dates, where the primary reason is to connect, touch and share intimacy with another. Add masks and gloves and it's a new level of bizarre! The purpose of most dating is that flirty touch and look! Looking like a member of a notorious terrorist group for the better part of a date certainly does nothing for romance! For daters and couples in relationships, who are used to the more, ahem, physical side of dating, the prospect of no physical affection may mean putting their passion on ice! As for others who still want to make a connect, the options are simple, you may don your Lycra and joggers and continue to get to know each other either while walking your way - 1.5 metres apart, or miles away, together on a video call.

The pandemic is straining our health, our pay checks and certainly our romantic relationships. Everyone is struggling on some level. All kinds of people, in different stages of a relationship - dating couples, live-in partners, or those living together apart, married couples, well couples across all age groups. This is a challenging time for most, but the real challenge however, is for those couples who are married or in live-in relationships, never have the

words, 'for better or worse, in sickness and in health, till death do us part', rung more true! The adversity of the lockdown and this enforced isolation is proving to be an emotional magnifier.

Being cooped up at home with your significant other may have started out as fun, but what seemed as a romantic stay-in honeymoon in the initial days of lockdown, could well turn into an episode from 'How To Get Away With Murder' soon! With spouses and whole families staying together, on top of



each other, it's not just challenging, but downright tedious. And then you have those #couple goals handles posted frequently by celebrities, wannabes and such, making it all seem so easy and picture perfect... whipping up cakes, no makeup, no sweat, while the lot of us, combat the beastly weather on the one hand and the beast of workload on the other... left with broken nails, frizzy hair, frazzled nerves and a bedraggled appearance all day!!!

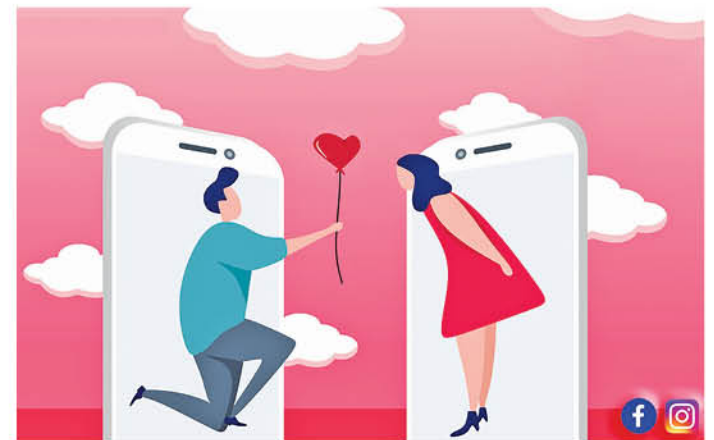
This whole cooking with Nigella Lawson or Jamie Oliver thing is not helping at all. It's one thing to feel focused and useful but pre-empt a man's regularly scheduled meals as per your fancy really doesn't work. Sacred routines of cereals or smoothies, now supplemented daily with pancakes and waffles, neither bode well with all that additional weight nor the wastage every time the culinary experimentation fails. Between those face packs and herbal masks indoors and the surgical ones outdoors, love and romance seem to have flown out the window for the moment!!

As familiar routines are disrupted,

this spousal lockdown can feel viscerally excruciating. Confined proximity makes our world microscopic. And like bugs and other specimen, spouses, viewed under its lens constantly, have flaws and imperfections suddenly and glaringly magnified. Wanting to squash irritating bugs from time to time, seems a perfectly understandable human urge. Irritations fester over how one or the other partner eats, chews, breathes, sleeps and generally just goes about their business. Add children to the mix and it's likely to explode.

This is a challenging time for marriages and relationships. Many couples feel the stress of being confined together, the time spent together a harsh experience especially for young, professional women and men, who, prior to the lockdown somehow managed to juggle their work, home and love interest (together, separately, separately-together or together- separately but all in all) rather skilfully. While some are restricted with their extra-marital dalliances, the fact is there are a large number of us who decidedly enjoyed our extra-familial affairs like a boys' night out or a ladies lunch, a game, a sport, a movie night, like to come and go as we so desire, not wanting to be confined or restricted.

Having such an ample degree of freedom is a valuable and treasured asset and the reluctance and outright refusal to relinquish it has been put under the hammer with the lockdown



in place. The stress of being cooped up together for an indefinite period simply amplifies the fault lines that already exist in relationships. Add those ill-gotten face-lines, stress related wrinkles and creases, and suddenly there is a whole new dimension to unattractiveness not helped by all this close proximity. How marriages fare will soon be gauged; a spike in divorces or a spike in the coronial (babies born in the period of the lockdown)... either way, you'll have your answer soon!

Psychological Perspective: The 'Bois Locker Room'



Aviva Damania

Aviva Damania is a Psychologist – Mental Health Specialist, trained at City University of London (MSc Mental Health). She began counseling in 2014 as a Volunteer Counsellor at Charities in Mumbai, and has practiced at Masina Hospital. Having worked with adults, adolescents and children, Aviva's primary areas of expertise include dealing with Depression, Anxiety, Anger, Stress amongst other issues. She currently shares her expertise at Pittie Group as Sr. Manager – Workplace and Employee Wellness. Young but wise Aviva Damania shares significant symptoms, solutions and insights into numerous concerns which affect our mental wellbeing. She is available for professional counseling on chat, phone and video call. Connect with her at: avivadamaniam18@gmail.com

The infamous episode of 'Bois Locker Room', where a group of teens created an Instagram group to share explicit photos, graphic sexual comments and objectifying language, has brought about an opportunity to discuss psychological perspectives on a range of issues such as cyber-bullying, sexualised behaviour, gender violence and the like. An incident like this is undeniably a nightmare for parents of adolescents. This episode may have come as a shock to some, but the pervasive truth is that this is one of numerous groups floating around the internet.

Cyber bullying can impact mental health, giving rise to depression, anxiety, worry, stress, risk of self-harm or in extreme cases suicidal ideations.

Underlying Causes: One of many rationales for such happenings is biological determinism, certainly not an excuse, but worthy of mention that adolescent years are a cocktail of hormones and a developing brain. But action and behaviour are the result of a combination of biology and the environment (all that the child is exposed to). Capable of learning and unlearning things, teenagers may inappropriately absorb content they are exposed to, considering the amount of time they spend on the internet.

Adolescents may be aware what they're doing may not necessarily be right, but they are unaware of the intensity of how wrong it is. Some may even be victims of peer pressure, ignorantly hopping onto this bandwagon. As regards swearing, name-calling, sexual violence and so on, Gen Z's usually converse rather casually, causing political and social correctness to be ignored.

Sexualised actions, language and violence can be a learned behaviour as a result of observational learning, what they see at home such as how parents address each other or how they are addressed by parents for example, physical or emotional abuse. Overly sexualised behaviour, is also closely linked to internalised sexual abuse. As a mental health specialist I think it is of

consequence to explore the underlying causes of such behaviour along with intervention plan to prevent this occurrence.

What Needs To Be Done...

At Home:

Parents need to be careful about how they address each other in the presence of their child. Remember that most behaviour is also a response to stimulus, so reflect if you may be the stimulus that's eliciting a response from the child. Understand that it's futile to worry about things that are out of one's control. The kind of movies and series that kids are exposed to may not be appropriate as there is glorification of sex and violence. You can't control the media, and kids' exposure to it.

However, what can be done is to control how they perceive what they watch. The content they watch may stir up curiosity about sexuality, which is normal during teenage years. It is important to address their questions. And you, as a parent or a guardian, must be the one to do so. If they are not spoken to, they will attempt to get clarity on their own which can lead to further exposure and confusion. Create a comfortable environment for open discussion so they don't have to look for answers outside. One may think that the way to counter this is to control your child's internet and phone usage, but this may not be the best way forward. The idea is not to take reality away from the adolescent, but rather effectively



Educating Parents: In many cases, parents may not know how, when or if they should have "the talk" with their child. It is imperative that Schools hold workshops for parents at an early stage to guide them. They must be taught pertinent ways to communicate with children through the different stages of their development.

Counsellor Visits: All schools have counsellors, but it is not likely that a student will voluntarily seek counselling. A few sessions with counsellors must be made compulsory, this will also help destigmatize reaching out for mental health

services. Counsellors need to be with the times and need to address ongoing issues by having interactive workshops and seminars. Schools need to support counsellors in their endeavour to help students.

Legal Knowledge: Merely stating what is wrong may not always be enough to control undesirable behaviour. Imbibing knowledge about what is enforceable by law can have a much stronger impact as a result of being aware of direct consequences.

Careful With Your Content: Assuming that women are more likely to be objectified, young girls must be wary about the kind of content they share personally and publicly, whereas young boys must be careful about what they comment and share. In the current internet culture, where screenshots are the new evidence, your footprints cannot be erased. Once something is on the internet, it cannot be removed. Adolescents must be made aware of the consequences that may

follow explicit content, comments etc. Besides misuse, such content can impact their future in terms of admission to universities and even employment.

It's time we acknowledge these problems at the grass-root level and treat the cause rather than symptoms!

In Schools:

Adolescents spend more time in school than at home. At school, they're exposed to an array of different opinions and ideas, which may be contrary to real facts. Building awareness by conducting regular workshops can help along with inculcating the following:

Sex Education: Society tends to shy away from topics like sex and gender roles. However, not discussing this doesn't mean it ceases to exist. This conservative system facilitates ignorance and misinformation. Comprehensive sex education must form a part of school curriculum.



Value Education: in areas of consent, morals, ethics, gender studies and most importantly empathy. Only when adolescents learn to put themselves in the shoes of others, will they derive less pleasure from projecting any sort of violence onto others. Empathy builds sensitivity.

Presents Chef Delzad



Chef
Delzad K Avari

Delzad K Avari is a Le Cordon Bleu, London Alumni. His love for cooking was evident from a very young age. Having completed the Grand Diploma in cuisine and patisserie from the London campus, post his Hotel Management degree from Mumbai's Sophia Polytechnic. His expertise has been honed with rich and varied experiences including his stints with the Taj Mahal Palace and Towers (Mumbai); a Food Producer with Masterchef India - Season 2, followed by Dubai and the Maldives; and more recently, as a Sous Chef in Trinidad and Tobago in the Caribbean!

Back home in Mumbai, he currently runs his own home chef set-up, greatly gaining in popularity, named 'Del'z Kitchen'- an absolute go-to for all meat-lovers! Delzad also shares his expertise in Restaurant Menu Development and Consulting for his recent project - 'Tiger Lily', an upscale restaurant in Hyderabad. He has recently begun his own YouTube channel, titled 'Chef Delz', which is tasting great success! [Chef Delzad's Insta - Personal: @chef_delz & Work: @delzkitchen]. We welcome suggestions, queries and requests for recipes from our readers at editor@parsi-times.com

This week, Chef Delzad shares his special style of cooking up a delectable chicken liver dish and also the Parsi all-time favourite, the Kopra Pak - made easy especially for you!

Chicken Livers a la Delz

Ingredients:

Chicken livers – 250 g; Sliced onions – 1 large; Ginger garlic paste - 1 tbsp;
Red chilli paste – 1 tsp; Tandoori masala – 1 tsp; Jeera/cumin powder – ½ tsp;
White/ red wine – 50 ml; Oil – 2 tbsp; Chopped coriander – to garnish.

Method:

1. Marinate the livers with ginger garlic paste, tandoori masala, jeera powder, red chilli paste.
2. Heat oil in a pan and cook the onions till brown.
3. Add the livers to the onions and cook for 3 to 4 minutes, per side (do not overcook or the livers will become tough).
4. Once cooked, add the wine.
5. Garnish with coriander and serve hot!



Easy Kopra Pak:

Ingredients:

Grated Coconut – 300 g; Condensed Milk – 200 g; Vanilla essence – 3 ml;
Red food coloring – 5 ml; Cooking cream – 200 ml; Sugar – 50 g; Ghee – 2 tbsp;
Chopped nuts – 30 g; Saffron – a pinch

Method:

1. Heat milk and sugar in a pan.
2. Add condensed milk and continue to cook till it thickens.
3. Add the coconut and continue to cook on medium heat. Keep stirring constantly to prevent sticking or burning and cook till most of the liquid evaporates.
4. Add the cream and continue to cook on low heat
5. Add the ghee and continue cooking. Keep stirring and scraping the sides constantly and continue till all the liquid evaporates.
6. Add the saffron and mix it in.
7. Turn off the heat and add vanilla essence and liquid colour.
8. Incorporate well till you get a uniform pink colour.
9. Transfer to a tray greased with ghee and flatten with a spatula
10. Garnish with chopped nuts and cool till set.
11. Cut only after it has completely cooled.



PARSI TIMES *PT Time Out*

The Bawa Word Search

Search out 16 Popular Fashion Designers In the World hidden in the word-jumble box below, in bi-directional, horizontal, vertical and diagonal forms:

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| Tom Ford | Vera Wang | Hubert de Givenchy | Rohit Bal |
| Giorgio Armani | Ralph Lauren | Manish Malhotra | Michael Kors |
| Sabyasachi | Christian Dior | Louboutin | Guy Laroche |



TechKnow With Tantra

Firefox Send

Firefox Send lets you share files with end-to-end encryption and a link that automatically expires, so you can keep what you share private and ensure your stuff doesn't stay online forever.

You can set the expiry based on the number of times the file is downloaded or the number of days from the date of sending. You can also select a secret password for added level of security. Just select a file, upload it and get (copy) a link which can be shared. You can share to any device and your recipient can be on any platform. Firefox Send makes it simple to share large file sizes – up to 1GB quickly. Sign up for a free Firefox account to send files up to 2.5GB.

Android: <http://bit.ly/2P6234V> Windows: <https://send.firefox.com>

SUDOKU

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Would You Like To HELP?

The Bombay Parsi Punchayet (BPP) is reaching out to community members, during these challenging times, to provide help and relief in terms of Food, Groceries, Medical Assistance, Ambulance and Emergency Services, much needed, especially by seniors and the destitute, who are the worst hit by the Coronavirus Pandemic.

Here's your opportunity to work with the BPP in providing essential services and facilities for community members in need. Your contributions will help greatly.

Details for Bank Transfers:

Account Name : Parsi Punchayet Bombay
 Account No. : 09570 02000 0353
 Bank : Kotak Mahindra Bank
 Branch : Fort Branch
 IFSC Code : KKBK0000957

The BPP appeals to you to donate generously during these extraordinary times.

WINNING CAPTION!!!



"It's official! We're smarter than mankind! This pandemic proves it!"

By Clemmy R

CAPTION THIS!



Calling all our readers to caption this picture!

The wittiest caption will win a fabulous prize!

Send in your captions at editor@parsi-times.com by 20th May, 2020.

Disclaimer: Some of our 'Caption This' Contest photos are taken from freely available, public online resources and are published in a light and humorous vein, which is the mainstay of the Parsi spirit! No offence is intended to anyone or any situation.

Gone But Not Forgotten



RUBY LILAOWALA

Film stars are larger than life and live life King-size. However imperfect their lives may be, they inspire awe, passion, frenzy and a huge fan-following during their lifespan. But in death, they zoom to iconic positions, thanks to their fans taking an added interest in their body of work. Radio-stations, TV,



the chance. RIP Ruby! You were the most stylish lady on stage with a perfect sense of timing! Along with you, an entire era of theatre has passed away!

Meena Kumari died a lonely death in 1972, on an anonymous hospital bed at the age of 38, after a prolonged battle with liver-cancer. Her countless fans flocked to theatres like bees to a hive to watch *Pakeezah*, her last movie. Madhubala, the Venus of Bollywood, according to the TIME magazine, passed away at the age of 36 due to a chronic heart ailment. She rose to dizzying heights in the 1950's with big box-office hits like *Chalti Ka Naam Gaadi*; *Kala Pani*; *Mr. & Mrs. 55*; *Mahal*; and of course, *Mughal-E- Azam*. Geeta Bali died in January 1965 following a brief and sudden illness; her husband, Shammi Kapoor was away in Kulu-Manali shooting for *Teesri Manzil* and had to



rush back. Sridevi seemed to have it all - a loving husband, two lovely daughters, the best of films, name, fame and wealth. The only thing lacking was the number of days on earth to enjoy these!

newspapers, magazines share lesser known facts of their lives - good, bad and sad, resurrecting them to the status of sainthood and giving them cultural immortality, thanks to our media which has the so-called 'Breaking News' on an hourly basis!

A fortnight ago, we lost two of our most talented twinkle-twinkle-mega stars on two consecutive days - Irfan Khan and Rishi Kapoor. I had met them both at social as well as media gatherings. When I look back, I realize so many similarities as well as disparities between them - both were modest, no showing off, no star tantrums and very down to earth. Both were punctual at functions. Both loved to talk and tell stories - both, on the record as well as off it. Rishi hated the word 'interview' - he would say, "Ruby aunty, let's chat!" whereas Irfan was more guarded with his words.



Smita Patil was a stage actress. I'd seen and reviewed her Marathi-play at the NCPA. At another play, we were introduced and she thanked me for a 'good review'. I answered, "I only give fair reviews - you deserved it!" We met briefly over tea and chutney sandwiches at the NCPA and then lost touch. A year later, we bumped into each other at Worli's Door Darshan TV station where she was a news-reader and I was doing the TV show - 'You And The Law', with late advocate, K C Vajifdar. We chatted again over tea and sandwiches. I called her my favourite *Marathi Mulgi* and she called me a 'sweet Parsi aunty'.

Both had a great sense of humour and a hearty laugh. They loved their wives and kids and though Rishi was open to sharing family photos, Irfan was more private. If Rishi was the national heart-throb, Irfan achieved international fame when Mira Nair spotted him at a theatre-workshop and cast him on the spot in *Salam Bombay*. After that, there was no looking back. He got some of the best Hollywood-crossover films like *Jurassic*

Park, *Life Of Pi*, *Namesake* and several others. Physically, Irfan was tall and slim whereas Rishi was a bit short for a hero, plump, and with small, naughty eyes that crinkled when he laughed.

Both were good human beings - we never heard any scandal or gossip about them. However, I found Rishi more polished and refined in his manners - Kapoor upbringing I suppose! Rishi always stood up when a lady left the table, pulled a chair and opened doors for ladies - always chivalrous. Mind you, this wasn't for his public image or just in public - he was naturally good

Earlier this week, the English as well as the Gujarati Theatre world has lost one of its most revered and veteran actors - Ruby Patel. She was an exceptional talent, a very spontaneous artist since on stage, where, unlike films, there are no retakes. I had met Ruby in the early seventies at a PTA held at Fort Convent School as our daughters went to the same school, where we exchanged smiles - me knowing she was a celebrity and she, politely responding to a fellow-parent! Later, during the late seventies, I had gone back-stage to congratulate her performance and she thanked me with her warm and big, jalebi-smile! In the mid-eighties, at Dubai Airport, there she was, pretty as ever, both of us busy shopping. Before I could chat her up, our respective husbands came and I missed

Their passing away makes us think of the futility of name, fame and wealth. Also, film-stars become larger in death than in life because death gives them the supreme gift of mystique! Unfortunately, their death also becomes fodder for an unethical media who intrude on their families, while they grieve. This is because when larger than life legends die, there's an added, feverish curiosity in fans to know more and more! They may be gone, but they will not be forgotten... just like the stars of yesteryears... even today, we talk of Elvis Presley, Rock Hudson, Marilyn Monroe and other Hollywood stars of the 40's and 50's with nostalgia!



ડબલ્યુએડઓ ટ્રસ્ટને એ જણાવતાં આનંદ થાય છે કે આદ્ય અનાજ અને સ્વચ્છતા સંબંધિત ઉપયોગિતાઓની સામગ્રી તા. ૦૬ મે, ૨૦૨૦ના રોજ માંડવી અને માંગરોલ વિસ્તારના ગામોમાં રહેતા જરથોસ્તીઓને મોકલવામાં આવી છે, જે ચાલુ કોવિડ ૧૯ - રોગચાળાને કારણે આર્થિક અસરગ્રસ્ત છે. કોવિડ -૧૯ રોગચાળાને કારણે આર્થિક અસરગ્રસ્ત પરિવારોની સૂચિ માંડવી

ડબલ્યુએડઓએ માંડવી અને માંગરોલ અંજુમનને રાહત સામગ્રી મોકલાવી

અને માંગરોલ અંજુમનના ટ્રસ્ટીઓ પાસેથી મળી હતી.

આવી જ સામગ્રી આગામી દિવસોમાં સુરત, નવસારી અને વાંસદા અને આજુબાજુના ગામોમાં મોકલવાની તૈયારી છે.

પારસી ટાઈમ્સ સાથે વાત કરતાં, સમુદાયના અગ્રણી પરોપકારી અને સ્વપનદ્રષ્ટા, તેમજ ડબલ્યુએડઓ ટ્રસ્ટના ગતિશીલ અધ્યક્ષ, દિનશા તંબોલી, તેમની અસંખ્ય સેવાભાવી

પ્રવૃત્તિઓની આગેવાની લેતા જણાવે છે કે, ડબલ્યુએડઓ ટ્રસ્ટ માને છે કે સુખી લોકો લેનારા નથી પણ આપનારા છે. અમે માનીએ છીએ કે આપણાં દાતાઓ, જે આપવાના હેતુ માટે આપે છે, અને સમુદાય માટે જે ખરેખર ચિંતા કરે છે તે ધન્ય છે.

ડબલ્યુએડઓ ટ્રસ્ટના આ વિશાળ ક્વાયત હાથ ધરવામાં ટેકો આપવા માટે હોંગકોંગ, કેન્ટન અને મકાઓનાં ઓરોસ્ત્રિયન ચેરિટી ફંડસના ટ્રસ્ટીઓ પ્રત્યે તેમની નિષ્ઠાપૂર્વક પ્રશંસા કરે છે.

૨૦૨૦ ના અંત સુધીમાં એસઆઈઆઈ દ્વારા કોવિડ - ૧૯ રસી

તાજેતરના મીડિયા ક્રિયાપ્રતિક્રિયા મુજબ, દ્વારા રસી બનાવવાની વિશ્વની સૌથી મોટી ઉત્પાદક સીરમ ઈન્સ્ટિટ્યૂટ ઓફ ઈન્ડિયા (એસઆઈઆઈ) ના સીઈઓ આદર પૂનાવાલાએ શેર કર્યું છે કે વર્ષના અંત સુધીમાં કોવિડ ૧૯ ની રસી પહોંચાડી શકશે. એસઆઈઆઈએ આયુષ્માન ભારત યોજના અંતર્ગત



મુખ્ય અને અગ્રતા ક્ષેત્રમાં, સરકાર દ્વારા (ફક્ત ૧૦૦૦ રૂપિયામાં) રસી સખ્વાય કરવાની યોજના બનાવી છે, જે કેન્દ્ર દ્વારા નિ: શુલ્ક વિતરણ કરવામાં આવશે.

દિગ્ગજ પારસી થિયેટરના અભિનેતા બોમી કાપડિયાનું અવસાન

૪ મે, ૨૦૨૦ના રોજ, સમુદાયના દિગ્ગજ પારસી થિયેટરના કલાકાર, બોમી કાપડિયા, ૯૩ વર્ષની ઉંમરે મુંબઈમાં અવસાન પામ્યા. શહેરે એક અમુલ્ય રત્ન ગુમાવ્યું.

કાપડિયા એ ૫૦ અને ૬૦ના દાયકામાં સ્થાનિક અંગ્રેજી થિયેટરના દ્રશ્યોના એક અભિન્ન ભાગ હતા, જેમાં 'ધ ઓડ કપલ' સહિતના લોકપ્રિય નાટકોમાં અભિનય કર્યો હતો, પત્ની સાથે છૂટાછેડા લીધા પછી એક મિત્રએ તેમની મદદ કરી હતી. 'ચાર્લીઝ આંટી' માં એમણે એક પારસી પિતાનો રોલ



કર્યો હતો. થિયેટરના કલાકારોએ તેમને શ્રદ્ધાજલ્લિ અર્પણ કરી હતી. પારસી કલાકાર હોવાને લીધે રિહર્સલ સમયે પણ તેમનું હાસ્ય અને રમૂજ ચાલુ રહેતું હતું.

લોકડાઉનના સમયનો ઉપયોગ ભગવાનની પ્રાર્થનામાં કરો



આદરનો પવિત્ર મહિનો ટૂંક સમયમાં સમાપ્ત થઈ જશે અને દરમિયાન પવિત્ર મહિનો પ્રારંભ થશે. ઘણા ધર્મ નિષ્ઠાવાન લોકો નિરાશ છે કારણ કે તેઓ ઉદવાડામાં ઈરાનશાહ અથવા તેમના નજીકની અગિયારી કે આતશ બહેરામમાં આદર મહિના દરમિયાન પ્રાર્થના કરવા ન જઈ શક્યા જે આતશને સમર્પિત છે. જો કે, લોકડાઉન સમયે તેલનો દીવો પ્રગટાવી અને આતશના માધ્યમથી કનેક્ટ થઈને ઘરેથી પ્રાર્થના કરી શકે છે.

ઘરમાં સરળ દિવો સળગાવી, ઉષ્ણતા, પ્રકાશ અને શક્તિના કુદરતી સ્ત્રોતની શારીરિક હાજરી સાથે, અંધકાર અને નકારાત્મક શક્તિઓને દૂર કરવાની વિધિ છે. પરિચિન રેવાયેત ભલામણ કરે છે કે દિવા પ્રગટાવતી વખતે આપણે પાંચ યથા ભણીએ છીએ. યથા એક ખૂબ જ સકારાત્મક, સર્જનાત્મક, જીવન આપનારો અને આરોગ્ય આપવાનો

જાપ છે, જે વર્તમાન રોગચાળા દરમિયાન પણ વધુ સુસંગતતા પ્રાપ્ત કરે છે.

સરોષ બાજનો પાઠ કરતી વખતે જ્યારે આપણે દિવો પ્રગટાવતી વખતે કરીએ છીએ તેમ આપણે પાંચ યથા ભણીએ છીએ એ પણ સર્જક સાથે આપણી ભાવનાને જોડવાની ક્રિયા છે.

જ્યારે આતશ સામે પ્રાર્થના કરીએ છીએ ત્યારે તે ઘર હોય કે પૂજાસ્થળ હોય, આતશ દ્વારા અહુરા મઝદાની પૂજા કરીએ છે. આપણે અંધકારની વચ્ચે પ્રકાશ જોઈએ છે.

આતશ પ્રતિક છે ઉપચાર કરતા અર્દી બહેસ્તનું. આમ આતશની હાજરી ઘરે સાફ સ્વાસ્થ્ય લાવે છે. નૈતિક સ્તરે, અર્દીબહેસ્તએ ભગવાનના સત્યનું પ્રતિક છે અને આપણા ધર્મમાં, સત્યને સર્વોચ્ચ ગુણ માનવામાં આવે છે. સત્ય અને ન્યાય દ્વારા જ અહુરા મઝદાની મિત્રતા પ્રાપ્ત થઈ શકે છે.

અર્દીબહેસ્તની પિછી એક જૂની ઝાવવાની પરંપરા છે, જ્યાં પૂજારી અથવા એક સામાન્ય વ્યક્તિ, સ્નાન કર્યા પછી પ્રાર્થના કરે છે અને સ્વચ્છ સફેદ

ઝમાલ અથવા સ્વચ્છ મલમલ કાપડ લઈ બીમાર વ્યક્તિના માથાથી લઈ પગ સુધી ફેરવે છે. આ જરથોસ્તીઓનું ઉપચારનું એક સ્વરૂપ છે.

અર્દીબહેસ્ત યજ્ઞમાં આપણે ભણીએ તેનો અર્થ છે કે હું અર્દીબહેસ્તને પસંદ કરું છું, બીજા અમેશાસ્પંદો સહાયક બને છે, જેમને સર્જક અહુરા મઝદા સારા વિચારો, અને સારા શબ્દો અને સારી ક્રિયાઓથી પોષણ આપે છે. ગરોથમાન (સ્વર્ગ) એ અહુરા મઝદાનું પોતાનું નિવાસસ્થાન છે જે ન્યાયી વ્યક્તિઓ માટે છે.

અર્દીબહેસ્તના નિરંગનો અર્થ થાય છે કે સર્જક, વિશ્વના રક્ષક, (સર્વશક્તિમાન) અને સર્વના પાલનહાર અને નિરીક્ષક છે. અહરિમન કંઈપણ નથી અજાણ છે અને કશું કરી શકતા નથી. હોરમઝદ નિર્માતા છે અને અહરિમન વિનાશક. અહરિમન નાશ પામે છે પણ હોરમઝદ શક્તિશાળી, સાચું અને વૃદ્ધિ કરનાર છે.

અર્દીબહેસ્ત યજ્ઞમાં એર્યમન ઈશોની પ્રાર્થનાનો પણ ઉલ્લેખ કરવામાં આવ્યો છે, જે ખરેખર યસ્ના પઞ છે. તે ખૂબ જ અસરકારક અને શક્તિશાળી પ્રાર્થના છે અને અર્દીબહેસ્ત યજ્ઞના જાપ કરતા પહેલા તેની પ્રાર્થના કરવી જોઈએ.

એર્યમન યજ્ઞ અર્દીબહેસ્ત અમેશાસ્પંદના સહ-કાર્યકર છે અને

તેથી, અર્દીબહેસ્ત યજ્ઞ પહેલાં આ મંત્રનો પાઠ કરવો તે ખૂબ જ ગુણકારી અને લાભકારક માનવામાં આવે છે. યસ્ના પઞ.૧ને ૪ વખત ભણવામાં આવે છે. તેમાં રોગો, શારીરિક, માનસિક તકલીફો દૂર રાખવાની શક્તિ છે.

આદર મહિનો પૂરો થઈ દરમિયાન શરૂ થશે. તે સંપૂર્ણ પણે સમર્પિત છે અમેશા સ્પેન્તા, દાદાર હોરમઝદ-નિર્માતા દરમિયાન દાદારને. તે સર્જકનો આભાર માનવાનો મહિનો છે અને ઘરે, ઓફિસમાં અથવા આતશ બહેરામ, અગિયારી ખાતે, જશન વિધિ કરીને ધાર્મિક રૂપે વ્યક્ત કરવામાં આવે છે. આ વર્ષે ઘરે જશન વિધિ કરવી શક્ય નહીં હોય પણ સાચો સાર એ જરૂરીયાતમંદોને સેવા આપવાનો છે.

દરમિયાન અહુરા મઝદા અને

તેની બધી રચનાઓ સાથેની આપણી મિત્રતા સુચવે છે. ગાથામાં, સર્વોચ્ચ દિવ્યતાને 'ક્રિયા' (સંસ્કૃત પ્રિયા) તરીકે ઓળખવામાં આવે છે, જેનો અર્થ મિત્ર અથવા પ્રિય છે. ભગવાનને એક મિત્ર તરીકે ગણવામાં આવે છે, માંગણી કરનાર અથવા પ્રભુત્વ આપનાર ભગવાન તરીકે નહીં. જરથોસ્તી પરંપરામાં, ભગવાન બલિદાન અથવા ઉપવાસથી રાજ થતા નથી. એક મિત્ર તરીકે અહુરામઝદા ઈચ્છે છે કે લોકો ૩૬૫ દિવસ ખુશ રહે.

આપણે આશાના માર્ગ પર ચાલીને ભગવાનની શાશ્વત મિત્રતા મેળવી શકીએ છીએ. લોકડાઉન વહેલું સમાપ્ત થશે. નિરાશ ન થાઓ લોકડાઉનના સમયે ઘરેથી પ્રાર્થના કરો.

- નોશીર દાદરાવાલા

એક નજર પારસી મરણો ઉપર

Deceased મરનાર	Age વય	Date તારીખ	Address ર. ઠે.	Relations સગાઈઓ
Farokh Rustomji Mistry ફરોખ રુસ્તમજી મીસ્ત્રી	76 ૭૬	08-05-2020	Captain Building, Zoroastrian Colony, Chikalwadi, Mumbai 7. કેપ્ટન બિલ્ડિંગ નં. ૨૩, ૨જે માળે, પારસી ઝોરાસ્ત્રીયન કોલોની, ચીકલવાડી, તારદેવ, મુંબઈ ૭.	તે મરહુમો ધનમાય તથા રુસ્તમજી સોરાબજી મીસ્ત્રીના દિકરા, તે જરૂરી તવડીયા તથા બહાદુર તથા મરહુમો સોલી, બેલરામ, ફરામ, કેકીના ભાઈ તે રતી સોલી મીસ્ત્રી, ઝરીન ફરામ મીસ્ત્રી ને લીલી કેકી મીસ્ત્રીના દેર, તે ફેડી, રૂઝબે, પોરસ, વીરાઈના કાકા તે મહાદેવના મામા તે ડાયના ને ખુરશીદના કાકા સસરા તથા રૂસી નવરોજી તવડીયાના સાલા.
Khorshed Doli Chothia ખોરશેદ દોલી ચોથીયા	74 ૭૪	08-05-2020	8/275, Shangrila, Kadeshwari Marg Bandra (W), Mumbai 50 સી/૨૭૫, શાંગરીલા, ખંદેશવરી માર્ગ, બાન્દ્રા, મુંબઈ ૫૦.	તે મરહુમ દોલીના ધન્યાની તે ઝુબીનના મમા તે ફેનીના બહેન તે મરહુમો ધનમાય ફિરોઝ ફીતરના દીકરી તે મરહુમો જરબઈ ધનજીશ ચોથીયાના વડુ તે મેહરુ ને દીનશા કામાના માસી.
Perin Erach Printer પેરીન એરચ પ્રીનટર	88 ૮૮	09-05-2020	C-18, Malbari Building, Flat No.18, New Khareghat Colony, Babulnath, Mumbai 7. સી-૧૮, મલબારી બિલ્ડિંગ, ન્યુ ખરેઘાટ કોલોની, બાબુલનાથ, મુંબઈ ૭.	તે મરહુમો તેલમીના એરચ પ્રીનટરના દીકરી તે મરહુમો બાનુ, કેતી, દિનશા ને દારાના બહેન તે દાઈના, જાસમીનના માસી તે કયાન, કેયઝાદ, તુશના, જાહાન ઝેન, રઉલ ને ઝોયાના ગ્રેટ ગ્રેન આન્ટ.
Furdoon Munchersha Polishwala ફરદુન મંચેરશા (પોલીશવાલા)	97 ૯૭	08-05-2020	No. 2, Ava Mansion, 230, Tardeo Road, Mumbai 7. ૨, આવા મેન્શન, ૨૩૦, તારદેવ, મુંબઈ ૭.	તે જરૂ ફરદુન મંચેરશાના ખાવિંદ તે દીનામાય મંચેરશા પોલીશવાલાના દીકરા તે પાલક પુત્ર રોહિનતન હોમી બોધાનવાલાના પપ્પા તે જીની, મીની, નરગીશ ને મરહુમો કેટી, પેરીન, કેરૂ હોશંગ પોલીશવાલાના ભાઈ તે શહેરામાય નાદીરશા કોમીસેરીયતના જમાઈ તે મરહુબાન નાદીરશા કોમીસેરીયતના બનેવી.
Ervad Homi Khurshedji Panthaki એરવદ હોમી ખરશેદજી પંથકી	81 ૮૧	09-05-2020	305/306, Parsee Salsette Chs Ltd. Jijamata Marg, Andheri (E), Mumbai 93. ૩૦૫/૩૦૬, પારસી સોલસેટ કોઓપરેટીવ હાઉસિંગ સો., જીજામતા માર્ગ, પંચ હાઉસ, અંધેરી (ઈ.), મુંબઈ ૯૩	તે મરહુમ એરવદ ખરશેદજીના દીકરા ને મરહુમ દીનામાય ખરશેદજી પંથકીના દીકરા તે હીલ્લા હોમી પંથકીના વર તે યાસમીન, દીનાઝ તેમજ વીરાના પપ્પા તે પરવેઝ, દારા નરગીશ ને મરહુમો બેલરામ તેમજ હીલ્લાના ભાઈ તે યઝદ, શારમઈન વેનીસા તેમજ નીલુકર, નવાઝ, નેવિલ તથા મરહુમ સાધરસ કુડીયાનીલાના મામી તે નરગીશ નોશીર કુપર તથા મરહુમ અદી નોશીર દુબાશના ભાભી તે પીલુ અદી દુબાશના જેઠાણી તે મેરવાન, નીલુકર, કેશ્મીરાના કાકી તે શાહરૂખ અને રોશન ઈરાનીના વેવાઈ.
Bachu Noshir Dubash બચુ નોશીર દુબાશ	85 ૮૫	09-05-2020	205, Yash Apt. Ambani Road Vishal Nagar, Vasai West, Mumbai 401202 ૨૦૫, યશ એપાર્ટમેન્ટ, આંબાવાડી રોડ, વિશાલ નગર, વસઈ (વેસ્ટ), ૪૦૧૨૦૨.	તે મરહુમ નોશીર એરચશા દુબાશના ઘણીયાની તે મરહુમ પુતલા કેકી ઈરાનીના માતાજી. તે મરહુમ કેકી ઈરાનીના સાસુ. તે યઝદ કેકી ઈરાની અને મેહરનાઝ કેકી ઈરાનીના મમયજી તે મરહુમો આલામાય એરચશા દુબાશના વડુ તે હોમાય માનેકશા ભાઈના તથા મરહુમો નરગીશ, પીલઈ, તહેમી, ભાઈ, સામ, સપલ, નસવાન, મીનુ ભાઈનાના બહેન. તે મરહુમ કેબશરૂ સહિયરના દીકરી તે હોમી, હેકટર, નીલુકર, નવાઝ, નેવિલ તથા મરહુમ સાધરસ કુડીયાનીલાના મામી તે નરગીશ નોશીર કુપર તથા મરહુમ અદી નોશીર દુબાશના ભાભી તે પીલુ અદી દુબાશના જેઠાણી તે મેરવાન, નીલુકર, કેશ્મીરાના કાકી તે શાહરૂખ અને રોશન ઈરાનીના વેવાઈ.
Jer Homi Daruwala જર હોમી દારુવાલા	79 ૭૯	09-05-2020	6/A, Kaka Building, Marzaban Colony, Gilder Lane, Mumbai Central, Mumbai 8. ૬-એ કાકા બિલ્ડિંગ, મરહુબાન કોલોની, ગીલ્ડર લેન, મુંબઈ ૮.	તે હોમીના ધન્યાની તે મરહુમો માનેકબાઈ જહાંગીરજી અદાબનીયાના દીકરી તે બેહરોઝના માતાજી તે મરહુમો તેલમીના એદલજી દારુવાલાના વડુ તે કેરસીના સાસુજી તે નરગીશ, ખોરશેદ, તેલમુલ, જાલ તથા મરહુમો રોશન ને નોશીરના બહેન. કેસરીન ને ફિયાનાના મમઈજી તે મરહુમ સોલી એદલજી દારુવાલાના દેરાની તે ફેની સાવકશા ભેસાનીયાના ભાભી.
Soli Edulji Daroowalla સોલી એદલજી દારુવાલા	85 ૮૫	09-05-2020	8/1, Sir Ratan Tata Blocks, C. J. Colony Ratan Tata Road, Tardeo, Mumbai 34. ૮/ ૧ સર રતન તાતા બ્લોક, સી જે કોલોની, રતન તાતા રોડ, તારદેવ, મુંબઈ ૩૪.	તે મેહરૂના ધની તે મરહુમો તેલમીના એદલજી દારુવાલાના દીકરા તે ફેની ને હોમીના ભાઈ તે ખુરશીદ, અરનાવાઝ, બીનાઈફર ને પરવીના પપ્પા તે નોઝર, રોલેનદ તથા મરહુમો વીકતર ને દારાયસના સસરાજી. તે મરહુમો કુમા ફરામરોઝ જાદાશાપુરના જમાઈ તે ફીયોના, એલન, દેનસ્તીન, યઝદ, નાઝ, અરનાઝ, સનાયા ને પાશાંગના મમાવાજી.
Adi Rustamji Jafrabadwalla અદી રુસ્તમજી જાફરાબાદવાલા	87 ૮૭	10-05-2020	1104, Bridge View, 16, Hansraje Lane, Byculla, Mumbai 10. ૧૧૦૪, બ્રીજ વ્યુ, ભાયખલા, મુંબઈ ૧૦	તે મરહુમો ફેની તથા રુસ્તમજી પેસ્તનજી જાફરાબાદવાલાના દીકરા તે શેરૂઝ અસ્પી દવિયેરવાલાના ભાઈ તે મરહુમ નરગીશના ખાવિંદ તે મરહુમો જરબાઈ તથા રુસ્તમજી ફરામજી પંથકીના જમાઈ.
Ruby Burjor Patel રુબી બરજોર પટેલ	87 ૮૭	11-05-2020	Heera Mehr Woodhouse Road, Colaba, Mumbai 5. હિરા મેહર, વુડહાઉસ રોડ, કોલાબા, મુંબઈ ૫.	તે બરજોર જાહંગીર પટેલના ધન્યાની તે મરહુબાન, શેરનાઝ, ફિરોઝના માતાજી તે કેતી ને આબાનના બહેન તે મરહુમો નાજામાય મીનુ પટેલના દીકર તે મરહુમો રતી જાહંગીર પટેલના વડુ તે અનાહીતા ને વીશાલના સાસુજી તે અલીશા, આરીયા, શનાયા ને શાઈરના ગ્રેનમધર.
Minoo Framroz Mehta મીનુ ફરામોઝ મેહતા	92 ૯૨	12-05-2020	302 - Palonji Shapurji Home B. D. Petit Road, Cumballa Hill, Mumbai 26. ૩૦૨, પાલનજી શાપુરજી હોમ, બી. ડી. પીટીટ રોડ, ખંબાલા હીલ, મુંબઈ ૨૬.	તે મરહુમ નરગીશ ફરામોઝ મેહતાના ખાવિંદ તે મરહુમો નવાઝબાઈ તથા ફરામોઝ ડી. મેહતાના દીકરા તે ઝુબીન મહેરયાર રીવેટના, ઝીયા એમ. મેહતા, આશીશ એમ. મેહતાના બાવાજી તે મરહુમો એરચ એફ. મેહતા, બાનુ રૂસી ચાયના ને વિલુ કાવરાનાના ભાઈ તે ઝીય, શાહનવાઝ ને ફીયાનાના ગ્રાન્ડ ફાધર તે મેહરયાર રીવેટના સસરાજી તે મરહુમો હોમાય તથા કુંવરજી તારાપોરવાલાના જમાઈ.
Bahadur Sorabji Avari બાહાદુર સોરાબજી અવારી	72 ૭૨	12-05-2020	Q-11, Bharucha Colony, S. V. Road, Andheri (W), Mumbai 58. ક્યુ ૧૧, ભરૂચા બાગ, એસ. વી. રોડ, અંધેરી. મુંબઈ ૫૮.	તે નરગીશના ખાવિંદ તે કમલ મારફતીયા ને શાહીન એદનવાલાના પિતાજી તે પરવીન મીસ્ત્રી તથા મરહુમો નોશીર ને એરચના ભાઈ તે યઝદ ને જેહાનના સસરાજી તે મરહુમો ભીખામાય તથા સોરાબજી અવારીના દીકરા તે ઝીયાના, આવા ને નોહીદના મમાવાજી તે મરહુમો આલુ તથા સોલી વકીલના જમાઈ.
Perviz Firoze Tantra પરવીઝ ફીરોઝ તાંતરા	91 ૯૧	12-05-2020	B-5, Rustam Palace, 1st Floor, 222/E, Javaji Dadji Marg, Tardeo, Mumbai 7. બી-૫, રુસ્તમ પેલેસ, ૧જે માળે, જાવજી દાજી માર્ગ, તારદેવ, મુંબઈ ૭.	તે ફીરોઝ હોરમસજી તાંતરાના ઘણીયાની તે આદિલ ફીરોઝ તાંતરા ને પરસી ફીરોઝ તાંતરાના માતાજી તે મરહુમો રતનબાઈ તથા હોરમસજી બેજનજી પીઠાવાલાના દીકરી તે મરહુમો અદી હોરમસજી પીઠાવાલા, ફીરોઝ હોરમસજી પીઠાવાલા ને કેકી હોરમસજી પીઠાવાલાના બહેન તે મરહુમ હોરમસજી એસ. તાંતરાના વડુ.
Mehroo Savaksha Engineer મેહરૂ શાવકશા એન્જિનિયર	95 ૯૫	12-05-2020	20, Aidun Bldg., 'B' Block, 4Th Floor, Dhobhi Talao, Mumbai 2. ૨૦, એયડુન બિલ્ડિંગ, બી બ્લોક, ૪થે માળે, ધોબીતલાવ, મુંબઈ ૨.	તે મરહુમો ભીખામાય તથા શાવકશા એન્જિનિયરના દીકરી તે મરહુમ મીનુ શાવકશા એન્જિનિયરના બહેન તે મરહુમો રોશની મીનુ એન્જિનિયરના ભાભી તે ફરીદા, ડોલી, ફરોખના કુઈજી તે પીનાઝ, ઝકસીસ અદી સાલીવાલાના ગ્રેન્ડ માસી.
Frainy Percy Mistri ફ્રેની પરસી મીસ્ત્રી	71 ૭૧	12-05-2020	5, Brighton No.1, 68/D, Nepeansea Road, Near Regency Hotel, Mumbai 6. ૫, બ્રાઇટન નં. ૧, ૬૮/ડી નેપીયન્સી રોડ, નેજનસી હોવ આગળ, મુંબઈ ૬.	તે પરસીના ધન્યાની તે મરહુમો કેય સોહરાબ અરદેશીરના દીકરી તે ફરહા, ઝુબીન, અરદેશીરના માતાજી તે શાહરૂખના બહેન તે મરહુમો ગુલ જીમી મીસ્ત્રીના વડુ.
Homi Cooverji Umriar હોમી કુંવરજી ઉમરીગર	83 ૮૩	12-05-2020	337, Zaitoon Castle, 2/3, Charni Road Junction, Grant Road, Mumbai 7. ૩૩૭, ઝઈતુન કાસલ, ૨/૩ ચર્નસીઝ જંઝાન, ગ્રાન્ડ રોડ, મુંબઈ ૭.	તે મરહુમ ગુલનાં ખાવિંદ તે ડો. દારાયસ, ખુશરૂના બાવાજી તે મહાફીનના સસરાજી તે મરહુમો કુંવરજી તથા ગુલબાનુનાં દીકરા તે મરહુમો જાલ તથા ધન દારુવાલાના જમાઈ તે ગેવ, તેલમુલ, ચંદન અને મરહુમો દોલી, શહેરૂના ભાઈ તે ડો. તિકેન્દ્ર દેસાઈ, મરહુમો કનન, ફરદુનના સાલા તે સનોબરના જેઠ તે કેટીના દેર તે બરજોર નરીમાન મીસ્ત્રીના બનેવી તે આરમયતી પેટાસ્પ પંથકીના માસાજી તે કેટી ઈ. ગોટવાના વેવાઈ.
Homi Sorabji Vachha ઝો. હોમ્યાર સોરાબજી વાચ્છા	78 ૭૮	13-05-2020	Novroji House, Near Kohinoor Showroom, Dadar, Mumbai 14. નવરોજી હાઉસ, કોલીનુર શોરૂમની બાજુમાં, દાદર, મુંબઈ ૧૪	તે મરહુમ ઝરીન હોમ્યાર વાચ્છાના ઘણી તે મરહુમો ખોરશેદબાનુ તથા સોરાબજી જમશેદજી વાચ્છાના દીકરા તે નરગીશ જીમી ગાંધીના ભાઈ તે દાલી ગાંધી, પેસી ગાંધી, ડો. ખોરશેદ સોલી આદરીયાનવાલા તથા મરહુમ જીમી ને નરી ગાંધીના બનેવી તે મરહુમો નાજામાય તથા ડોસાભાઈ ગાંધીના જમાઈ તે શેરેઝાદ જીમી ગાંધીના મામા તે હોરમઝ સોલી આદરીયાનવાલાના માસા.



જોડવા વાળી વસ્તુઓની જગ્યા હંમેશા ઉપર હોય છે

સ્કૂલમાં રજા પડ્યા પછી બાળકો ઘરે રહેવા લાગ્યા છે. એક દરજ્જાનું ઘર હતું, બે રૂમ અને રસોડું ન હતું દરજ્જા પોતે તેની પત્ની અને બે બાળકો એમ કુલ ચાર જણા રહેતા હતા. એક રૂમમાં બેસીને જ દર્દી પોતાનું કામ કરતો હતો એવામાં તેના દીકરાને તેની પાસે આવીને કહ્યું પપ્પા તમે કેમ કામ કરી રહ્યા છો તમારે રજા નથી?

આથી તેના પપ્પાએ સહજતાથી જવાબ આપ્યો કે હા દીકરા બસ રજા જેવું જ છે આતો ઘણા સમયથી જે કામ માટે સમય નહોતો મળતો એ હવે કરી શકાય માટે હું અહીં બેઠો છું.

આથી બાળક કંઈ બોલ્યો નહિ અને

તેના પપ્પા જે કામ કરી રહ્યા હતા તેને જોવા લાગ્યો, થોડા સમય પછી તેના પિતાએ કાતરથી કપડું કાપ્યું અને કાતર ને પોતાના પગ પાસે દબાવીને રાખી દીધી, થોડા સમય પછી સોઈની જરૂર પડી એટલે ટોપી પરથી સોઈ કાઢીને તેનો ઉપયોગ કરીને ફરી પાછી માથામાં પહેરેલી ટોપી પર જ રાખી દીધી.



તેના પિતા આવું લગભગ ઘણા સમયથી કરી રહ્યા હતા ઓછામાં ઓછું ચાર પાંચ વખત આવું કર્યું એટલે બાળકથી રહેવાયું નહી અને તરત જ તેને પોતાના પિતાને પૂછ્યું કે પપ્પા શું તમને એક વાત પૂછું? એટલે પપ્પાએ કહ્યું કે હા પૂછ ને દીકરા, શું જાણવું છે તારે? એટલે એના બાળક એ તરત

જ પૂછ્યું કે તમે જ્યારે કપડું કાપો છો ત્યારે કાપીને તમે કાતરને તમારા પગ નીચે દબાવી ને રાખો છો અને જ્યારે સૌથી કપડું સિવિલો ત્યારે સોઈ ને તમે ટોપી ઉપર લગાવીને રાખો છો. શું આનું કારણ જાણી શકું?

આ બાળકના નિર્દોષ સવાલ નો પેલા માણસે એવો જવાબ આપ્યો કે બાળકને આખી જિંદગીનો જાણે સાર સમજાઈ ગયો હોય તેવું લાગ્યું.

તેના પિતાએ તેને જવાબ આપતા આપતા કહ્યું કે બેટા જ્યારે પણ હું કામ કરું ત્યારે આ રીતે જ કરું છું. કાતર છે તે કાતર કાપવાનું કામ કરે છે અને સોય બે કાપડને જોડવાનું કામ કરે છે એટલે કે જોડવાનું કામ સોઈ નું છે અને કાપવાનું કામ કાતરનું છે. કાપવા વાળી જગ્યા હંમેશા નીચે હોવી જોઈએ પરંતુ જોડવા વાળી વસ્તુઓની જગ્યા હંમેશા ઉપર હોય છે અને આ એક જ કારણથી હું સોઈને ટોપી પર લગાવું છું અને કાતર ને નીચે રાખું છું.

હે ઈશ્વર, હવે તો તારો આ ખેલ પૂરો કર..

રમતો બધી રમાઈને પુરી થઈ ગઈ, જુના ફોટાઓ ય જોવાઈ ગયા. અને જુના દિવસો પણ જીવી લીધા, ફરજિયાત રજાઓ નથી જોઈતી હવે. હે ઈશ્વર, હવે તો તારો આ ખેલ પૂરો કર..

કંટાળો આવી ગયો છે હવે, બીક વાળી સ્વચ્છતાનો, સેનીટાઈઝર અને માસ્કનો.. ઘરમાં ગોંધાઈને રહેવાનો, સાવ ખોટું ખોટું હસવાનો, સંકટને હવે તો સમેટી લે. હે ઈશ્વર, હવે તો તારો આ ખેલ પૂરો કર..

નવી પેઢીના સ્વપ્નનો માટે, માંડી દીધેલા અર્ધા દાવ માટે, તે જ આપેલાં આ પાપી પેટ માટે. હે ઈશ્વર, હવે તો તારો આ ખેલ પૂરો કર..

હવે નહીં કહું કે સમય જ નથી, કુટુંબને, સંબંધોને પૂરો ન્યાય આપીશ, નિસર્ગ, સૃષ્ટીનું કરીશ હું રક્ષણ, આ કોયડાનો જવાબ આપી દે. હવે. હે ઈશ્વર, હવે તો તારો આ ખેલ પૂરો કર..

ઘણી થઈ ગઈ, જે શિક્ષા આપી એ, ભૂલો અમારી સમજાઈ ગઈ છે પૂરેપૂરી, વિચારો પણ શુદ્ધ કર્યા છે અમે, હાથને સ્વચ્છ કરતા કરતા, વચન આપીએ છીએ અમે તને, અમારી ભૂલોને નહીં દોહરાવીએ. હે ઈશ્વર, હવે તો તારો આ ખેલ પૂરો કર..

જગતની ધીરજ ડગમગી જાય, સહનશક્તિ પુરી થઈ જાય, એ પહેલા.. તારા જ હાથે તારા જ રમકડાંની તોડફોડ બંધ કર, બે હાથ જોડીને તને વિનવું છું.. હે ઈશ્વર, હવે તો તારો આ ખેલ પૂરો કર..



પાના નં. ૧૮ થી ચાલુ

એક નજર પારસી મરણો ઉપર

Fali Adi Hoyvoy ફલી અદી હોયવોય	58 ૫૮	13-05-2020	L/13-14, Godrej Bavg, Nepean Sea Road, Mumbai 36. એલ-૧૩-૧૪, ગોદ્રેજ બાગ, નેપીન્સી રોડ, મુંબઈ ૩૬.	તે મરહુમો હોમાય તથા અદી (અરદેશર) ફરામરોજ હોયવોયના દીકરા તે મરહુમો ફ્લી બેહરામશાહ દેશાઈ, એચ બહેરામશાહ દેશાઈ ને રોદા બહેરામશાહ દેશાઈ તથા કુમી એચ દેશાઈના ભાણેજ તે મરહુમો કુમી દીનશાહ બારીયા, દીનશાહ અરદેશર હોયવોય તથા મહેરૂ દીનશાહ હોયવોયના ભત્રીજા. તે સાયરસ માનેક પારડીવાલા, બહેરામ માનેક પારડીવાલા, કુમી સાયરસ પારડીવાલા, ઝૂતમ મરઝબાન પારડીવાલા, હોરમઝદીયાર એચ દેશાઈ, ઝરીન ફ્લી સતારેવાલા ને હીદ્રા ખુશરૂ માચીના કઝીન બ્રધર્સ.
Phiroze Faramroze Mewawalla ફીરોઝ ફરામરોઝ મેવાવાલા	73 ૭૩	14-05-2020	1 A - 40, Tata Mills Chs Ltd. 9Th Floor, Elphinstone Road, Parel T. T., Mumbai 12. ૧એ-૪૦, તાતા મીલ્સ, કો-ઓપરેટીવ હાઉસિંગ સોસાયટી લિમિટેડ, ૯મે માળે, એલફીન્સ્ટન રોડ, પારેલ ટીટી, મુંબઈ ૧૨.	તે ઝરીન ફીરોઝ મેવાવાલાના ખાવિદ તે ખુશરૂ ફિરોઝ મેવાવાલાના બાવાજી. તે શારમીન ખુશરૂ મેવાવાલાના ગ્રેન્ડ ફાધર. તે મરહુમો દીનામાય તથા ફરામરોઝ સોરાબજી મેવાવાલાના દીકરા. તે લોમી તથા મરહુમો સોલી ફરામરોઝ મેવાવાલા ને નરગેશ હોશંગ પસ્તાકીયાના ભાઈ. તે મરહુમો ફેનીમાય તથા એચશા મંચેરશા વેર્વીઝનના જમાઈ તે સાયરસ, સરોશ, પર્વ રોહીન્ટન પંથકીના કાકાજી તે શેરનાઝ વીરૂપી મેવાવાલાના કાકા સસરા તે ફીઝા હોમ્યાર મીઝી ને મહેરનોશ હોશંગ પસ્તાકીયાના મામાજી.
Ratan Nasarwanji Bhatena રતન નસરવાનજી ભાઠેના	88 ૮૮	15-05-2020	1/3, Sir Dorab Tata Building, No- 2, Tata Blocks, S. V. Road, Bandra, Mumbai 50. ૧/૩ સર દોરાબ તાતા બિલ્ડિંગ નં ૨, તાતા બ્લોકસ, બાન્દ્રા, મુંબઈ	તે મરહુમ નેન્સીના ખાવિદ તે પીનાઝ નોશીર કુમાનાના બાવાજી તે મરહુમો ગુલબાનુ તથા નશરવાનજી ભાઠેના ના દીકરા તે મરહુમ બીજી તથા માનેક ને રોશન ઘડિયાલીના ભાઈ તે ખુશરવ નોશીર કુમાનાના મમાવાજી તે નોશીર ફ્લી કુમાનાના સસરા જી તે નરગીસ દાડવાલાના જમાઈ.

Death Announcements from Navsari

Rusi Eruchshaw Gandhi રૂસી એચશા ગાંધી	64 ૬૪	09.05.2020	Parsi Infirmary, Navsari. પારસી ઈનફરમરી નવસારી.	તે મરહુમો ગુલ તથા એચશા ગાંધીના દિકરા. તે નોશીરના ભાઈ.
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Death Announcements from Prayer Hall

Farzana Aspi Sarkari ફરઝાના અસ્પી સરકારી	40 ૪૦	09.05.2020	12/C Swan Building, Navy Nagar, Colaba, Mumbai 5. ૧૨સી, સ્વાન બિલ્ડિંગ, નેવી નગર, કોલાબા, મુંબઈ ૫.	તે પી સત્યનારાયણના ધનિયાણી તે બિપાશા અને યામીનીના મમ્મી. તે જાલુ અને અસ્પી સરકારીના દિકરી. તે આરેશના બહેન.
Shahbehram Kaikhushroo Zaq શાહબેહરામ કેખુશરૂ ઝાક	64 ૬૪	11.05.2020	K-2/32 Cama Park, Cama Road, Andheri West, Mumbai. કે-૨/૩૨ કામા પાર્ક, કામા રોડ, અંધેરી વેસ્ટ, મુંબઈ.	તે ખુશનમના ઘણી તે મહાફિન અને શાયનાના પપ્પા તે ફરખંદા, મહાનાઝ, દારાયુશના ભાઈ તે વિસ્તાસ્પના સસરા તે સાયરસના ગ્રાન્ડ ફાધર તે મરહુમ રૂપીના અને મરહુમ દાદીબાના જમાઈ તે સોરાબ અને ઝૂતમના બ્રધર ઈન લો.
Adil Kaikobad Joshi આદિલ કેકોબાદ જોશી	83 ૮૩	23.04.2020	205, Joy alka, Amboli, Andheri West, Mumbai 58. ૨૦૫/જોય અલકા આંબોલી, અંધેરી વેસ્ટ, મુંબઈ ૫૮	તે જાસ્મીન ના ઘણી તે મરહુમ ગુલબાઈ તથા મરહુમ કેકોબાદના દીકરા તે આરમીન અને શાહરૂખ ના પપ્પા તે સોલી અને ફરામરોઝના ભાઈ તે કેઝીન અને અરશાનના ગ્રાન્ડ ફાધર.

Death Announcements from Dubai, UAE

Khorshed Sopariwalla ખોરશેદ સોરાબજી સોપારીવાલા	88 ૮૮	11.05.2020	Meadows 9, Street 10, Villa 16, Emirates Living Dubai, UAE. મેડોઝ ૯, સ્ટ્રીટ ૧૦, એમીરેટ લીવીંગ દુબઈ, યુએઈ.	તે મરહુમ રતામાય તથા મરહુમ કાવસજી નશરવાનજી નવદરના દીકરી તે મરહુમ સોરાબજી ગોદરેજ સોપારીવાલાના ઘણીયાણી તે લોમી સોરાબજી સોપારીવાલા અને જમશેદ સોરાબજી સોપારીવાલાના મમ્મી તે મરહુમ શાપુરજી કાવસજી નવદર, મરહુમ ફિરોઝ કાવસજી નવદર અને મરહુમ દીનુ એદલજી ઈલાવ્યાના બહેન તે ફરનાઝ, રોશની, સરોશના ગ્રાન્ડ મધર તે યાસ્મીન લોમી સોપારીવાલા, હુતોક્તી જમશેદ સોપારીવાલાના સાસુજી તે મરહુમ ગોદરેજ સોપારીવાલાના વલુ.
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YOUR MOONSIGNS JANAM RASHI THIS WEEK

લખનાર: મરહુમ મહારાજ શ્રી સ્વયંજ્યોતિના સહકાર્યકર્તા જયેશ એમ. ગોસ્વામી

અઠવાડિક રાશિક્ષણ: તા. ૧૬.૦૫.૨૦૨૦ થી તા. ૨૨.૦૫.૨૦૨૦



Aries - મેષ

અ.લ.ઈ.

ચંદ્રની દિનદશા ચાલુ હોવાથી મગજને શાંત રાખી કામ પૂરા કરી શકશો. મુસાફરી કરવાનો ચાન્સ મળશે. બીજાને કામમાં મદદ કરી તેનું દિલ જીતી લેશો. મનગમતી વ્યક્તિ સામેથી મળવા આવશે અથવા તેના તરફથી સારા સમાચાર મળશે. દરરોજ '૩૪મું નામ 'યા બેસ્તરના' ૧૦૧વાર ભણાવો. શુકનવંતી તા. ૧૭, ૧૮, ૨૧, ૨૨ છે.

Lucky Dates: 17, 18, 21, 22.

The ongoing Moon's rule helps you keep calm and complete all your work effectively. Travel opportunities are indicated. You will be able to win the heart of another by helping them. A favourite person will come to meet with you, bearing good news. Pray the 34th Name, 'Ya Beshtama', 101 times, daily.



Cancer - કર્ક

સ.ઈ.

શુક્રની દિનદશા લાંબા સમય સુધી ચાલશે. ઘરવાલાને ખુશ રાખવામાં સફળ થશો. તમારી મનગમતી વ્યક્તિ મલવાના ચાન્સ છે. ઘણી-ઘણી ધાણીમાં મતભેદ ઓછા થશે. ઘરમાં નવી ચીજવસ્તુઓ વસાવી શકશો. જે પણ કામ કરશો તેમાં માન સન્માન સાથે ધનલાભ પણ થશે. દરરોજ 'બહેરામ યજ્ઞ'ની આરાધના કરજો. શુકનવંતી તા. ૧૬, ૧૭, ૧૯, ૨૦ છે.

Lucky Dates: 16, 17, 19, 20.

Venus' long-drawn rule indicates that you will be successful in keeping your family members happy. You could meet a favourite person. Squabbles between couples will reduce. You will be able to make new purchases for the house. You will receive fame as well as financial profits in all your ventures. Pray to Behram Yazad daily.



Libra - તુલા

ર.ત.

૨૩મી જૂન સુધી ગુરૂની દિનદશા ચાલશે. રોજના કામ શાંતિથી કરી શકશો. નાણાકીય બાબતમાં સારા સારી રહેશે ઈનવીઝીબલ હેલ્થ મળી જશે. ફેમીલી ગેટ ટુ ગેઠર કરી શકશો. નવા કામ કરવામાં સફળતા મળશે. ઘરમાં નવી ચીજ વસ્તુ વસાવી શકશો. દરરોજ ભુલ્યા વગર 'સરોશ યજ્ઞ' ભણાવો. શુકનવંતી તા. ૧૭, ૨૦, ૨૧, ૨૨ છે.

Lucky Dates: 17, 20, 21, 22.

Jupiter's rule till 23rd June helps you do your daily chores peacefully. Financial stability is indicated. You will receive anonymous help. You will be able to hold a family get-together. New ventures will taste success. You will be able to make new purchases for the house. Pray the Sarosh Yasht daily.



Capricorn - મકર

ખ.જ.

બુધની દિનદશા ચાલુ હોવાથી તમે તમારા કાર્યો પર ધ્યાન આપશો. કંટાળા કરી સારી જગ્યાએ ઈનવેસ્ટમેન્ટ કરી શકશો. ફસાયેલા નાણા થોડી ભાગદોડ કરી મેળવી શકશો. નવા કામકાજમાં સફળતા મળશે. મિત્રોની મદદથી કામ જલદી પૂરા કરી શકશો. દરરોજ 'મેહર નીઆએશ' ભણાવો. શુકનવંતી તા. ૧૭, ૧૮, ૧૯, ૨૧ છે.

Lucky Dates: 17, 18, 19, 21.

Mercury's ongoing rule makes you focus on your benefits. With some effort, you will be able to make profitable investments. You will be able to retrieve your stuck finances, if you try harder. New ventures will be successful. You will be able to complete your work quickly with the help of your friends. Pray the Meher Nyaish daily.



Taurus - વૃષભ

બ.વ.ઉ.

૧૪મી મે થી સુર્યની દિનદશા શરૂ થયેલી છે. ૪થી જૂન સુધી સરકારી કામ તથા કોર્ટ ક્વેરીના કામ કરતા નહીં. અગત્યના કામો પૂરા કરવામાં મુશ્કેલી આવશે. એસિડિટી કે માથાના દુખાવાથી પરેશાન થશો. સુર્ય ને શાંત કરવા હૃદય નામ 'યા રયોમંદ' ૧૦૧વાર ભણાવો. શુકનવંતી તા. ૧૬, ૧૮, ૧૯, ૨૦ છે.

Lucky Dates: 16, 18, 19, 20.

The Sun's rule starting 14th May suggests that you avoid doing any work related to the government or legalities till the 4th of June. You could find it difficult to complete important tasks. Acidity or headaches could trouble you. To placate the heat of the Sun, pray the 96th Name, 'Ya Rayomand', 101 times, daily.



Leo - સિંહ

મ.ટ.

૪થી જૂન સુધી રાહુની દિનદશા ચાલશે. તમારી ખાસ વ્યક્તિ પર વિશ્વાસ રાખવો નહીં તમારી સાથે ચીટીંગ થવાના ચાન્સ છે. બનતા કામો બગડી જશે. તબિયતની સંભાળ રાખજો. ડોક્ટર પાછલ ખર્ચ થશે. પ્રેમી પ્રેમીકા સાથે મતભેદ થવાના ચાન્સ છે. નવી વ્યક્તિ ને મલતા નહીં. દરરોજ 'મહાબોખ્તાર નીઆએશ' ભણાવો. શુકનવંતી તા. ૧૭, ૧૮, ૨૧, ૨૨ છે.

Lucky Dates: 17, 18, 21, 22.

Rahu's rule will go on till 4th June. Do not trust even those close to you as there are chances that you could be deceived. Things could go topsy-turvy. Take care of your health. You could end up spending on medical expenses. Squabbling amidst couples is indicated. Avoid meeting new people. Pray the 'Mah Bokhtar Nyaish' daily.



Scorpio - વૃશ્ચિક

ન.ચ.

છેલ્લા ૧૦ દિવસ શનિની દિનદશામાં પસાર કરવાના બાકી છે. તબિયતની ખાસ સંભાળ રાખજો. નાની ભૂલ લાંબી માંદગી આપશે. આવક કરતાં ખર્ચ વધી જતાં પરેશાન થશો. લોખંડ કે ઈલેક્ટ્રોનિક વસ્તુ વસાવતા નહીં. વડીલ વર્ગની તબિયત ખરાબ થવાના ચાન્સ છે. દરરોજ 'મોટી હમન યજ્ઞ' ભણાવો. શુકનવંતી તા. ૧૮, ૧૯, ૨૦, ૨૧ છે.

Lucky Dates: 18, 19, 20, 21.

Jupiter's rule till 23rd June helps you do your daily chores peacefully. Financial stability is indicated. You will receive anonymous help. You will be able to hold a family get-together. New ventures will taste success. You will be able to make new purchases for the house. Pray the Sarosh Yasht daily.



Aquarius - કુંભ

ગ.શ.સ.

છેલ્લુ અઠવાડિયું મંગળની દિનદશામાં પસાર કરવાનું બાકી છે. વાહન સંભાળીને ચલાવજો. એક્સીડન્ટ થવાના ચાન્સ છે. ઉત્તરતી મંગળની દિનદશા તમને ચીડીયા બનાવી દેશે. નાણાકીય બાબતમાં ખૂબ પરેશાન થશો. બીજાને મદદ કરતા તમે પરેશાન થઈ જશો. મનગમતી વ્યક્તિ નારાજ થશે. દરરોજ ભુલ્યા વગર 'તીર યજ્ઞ' ભણાવો. શુકનવંતી તા. ૧૬, ૧૭, ૨૦, ૨૨ છે.

Lucky Dates: 16, 17, 20, 22.

With the last week left under Mars' rule, ensure to drive/ride your vehicle with extra caution as there are chances of meeting with an accident. The descending influence of Mars could make you irritable. Financially, things could get difficult. You could end up stressed in your attempt at helping others. A favourite person could get upset with you. Pray the Tir Yasht daily.



Gemini - મિથુન

ક.ઇ.ધ.

શુક્રની દિનદશા ચાલુ હોવાથી મોજશોખ ખુબ વધી જશે. તમારી જવાબદારીઓ પૂરી કરી ખુશ થશો. ગામ પરગામથી સારા સમાચાર મળશે. જૂના રોકાણેલા નાણા પાછા મેળવી શકશો. ઓપોઝીટ સેક્સનો સાથ મળશે. ખર્ચ કર્યા છતાં પણ નાણાકીય મુશ્કેલી નહીં આવે. દરરોજ 'બહેરામ યજ્ઞ'ની આરાધના કરજો. શુકનવંતી તા. ૧૭, ૧૮, ૨૧, ૨૨ છે.

Lucky Dates: 17, 18, 21, 22.

Venus' ongoing rule will cause an increased inclination towards fun and entertainment. You will find happiness in delivering your responsibilities. Good news from abroad could come your way. You will be able to retrieve old bad debts. The opposite gender will be supportive. Despite spending money, you will not face any financial shortage. Pray daily to Behram Yazad.



Virgo - કન્યા

પ.ઠ.ણ.

છેલ્લું અઠવાડિયું ગુરૂની દિનદશામાં પસાર કરવાનું બાકી છે. ફેમીલી મેમ્બરની ડિમાન્ડ પહેલાં પૂરી કરી લેજો. ધર્મના કામો કરી શકશો. તમને મદદ આપનારને મદદ કરી શકશો. ઈન્વેસ્ટમેન્ટ અવશ્ય કરજો. દરરોજ 'સરોશ યજ્ઞ' ભણાવો. શુકનવંતી તા. ૧૬, ૧૮, ૧૯, ૨૦ છે.

Lucky Dates: 16, 18, 19, 20.

With the last week under Jupiter's rule, ensure to cater first to the demands of your family members. You will be able to do religious tasks. You will be able to help those who have helped you. Ensure to make investments. Pray the Sarosh Yasht daily.



Sagittarius - ધન

ભ.ધ. ફ. ટ.

આજ અને કાલનો દિવસ બુધની દિનદશામાં પસાર કરવાનો બાકી છે. હિસાબી કામો પહેલાં પૂરા કરી લેજો. ૧૮ મેથી ૩૬ દિવસ માટે શરૂ થતી શનિની દિનદશા તમને મુશ્કેલીમાં મૂકી દેશે. તબિયત ખરાબ થવાના ચાન્સ છે. ઘરવાળા સાથ નહીં આપે. રોજના કામમાં મુશ્કેલી આવશે. દરરોજ 'મેહર નીઆએશ' ભણાવો. શુકનવંતી તા. ૧૬, ૧૭, ૨૦, ૨૧ છે.

Lucky Dates: 16, 17, 20, 21.

With today and tomorrow as the last two days under Mercury's rule, ensure to first complete all your accounting-related matters. Saturn's rule, starting from 18th May, for the next 36 days, could put you in a difficult position. Your health could get affected. Family members might not seem supportive. Completing your daily tasks will feel like a challenge. Pray the Meher Nyaish daily.



Pisces - મીન

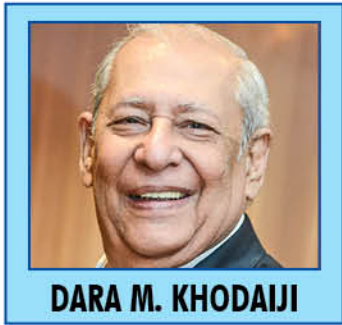
દ.ચ.ઝ.થ.ક્ષ.

૨૪મી મે સુધી ચંદ્રની દિનદશા ચાલશે તેથી મુસાફરી કરવાનો ચાન્સ મળશે. તમારી સલાહથી બીજાના મદદ મળશે. નવા કામ કરતા નહીં. ચાલતા કામમાં સફળતા મળશે. નાણાકીય બાબતમાં સારા સારી રહેશે. ૩૪મું નામ 'યા બેસ્તરના' ૧૦૧વાર ભણાવો. શુકનવંતી તા. ૧૭, ૧૮, ૧૯, ૨૧ છે.

Lucky Dates: 17, 18, 19, 21.

With the last week left under Mars' rule, ensure to drive/ride your vehicle with extra caution as there are chances of meeting with an accident. The descending influence of Mars could make you irritable. Financially, things could get difficult. You could end up stressed in your attempt at helping others. A favourite person could get upset with you. Pray the Tir Yasht daily.

Torne la Genielata



DARA M. KHODAIJI

I had just written the above title and had gone to relieve myself when I heard a scream, “Darabshaaaa!” Normally, my wife Ruttie lets out such a scream when she comes across a cockroach or some such vermin, but this scream sounded in bold fonts, so I realized I was in trouble. I hurried to my screaming half, “Su che darling?” She was fuming.

“This, this g-e-n-i-t-a - you, you dirty old man, you think I do not know French? That word ‘la’ is a give-away. I know it well. French is full of it. *Pelo* Maurice Chevalier used to sing sings, ‘O la la la... something. How can you write such words in a family newspaper like our PT?! Stop being anatomical Children read it too!”

She stopped to catch her breath and I slipped in my two-bit-worth, “Ruttie, this is not French. It is Italian. And you have even spelt it badly.” Ignoring me she started again. “French, Italian or Corsican, a dirty word is a dirty word. *Mara mamma* has *mara ma* very solidly ingrained the Zoroastrian triad of *Manasni*, *Gavasni*, *Kunasni* and I do not intend to turn away from this lesson. As she surfaced for one more breath, I squeezed in, “In Italian, it means ‘the genius is back’. Just like that song, ‘*Torna a Surriento*’. That inspired me to entitle this piece. I meant to compliment you!”

Nothing works like good old fashion flattery. Automatically, her gear shifted. She went into the easy cruising mode saying, “*Mare-re!* Me a genius? A compliment to me! Omigosh Darab! Are you all right?” I put in magnanimously, “Where a compliment is due, I pay it without scrimping. No economy there!”

“Tell me more, Darab! What inspired you? This is rare indeed!” She went into D. Trump mode - ‘Ooooo! So rrrrrrrre!’ “After almost forty-two years of marriage, this is one of the few occasions when you have said anything like this!” She was in state of epiphany.



I retorted, “I would pay compliments if I were able to get in a word or two in, even edgewise. But well there you are! You deserve it.”

A little prevarication, a non-truth or rather a half-truth can save you from an ugly situation. This one did.



For this advice M’am Editor might get some letters about this *be-non-truthful* advice, but she can face it. Editors are made of sterner stuff!

Actually, I had started to write how many new qualities I have discovered in myself during these fifty-six days of lockup. Like, how Nehru wrote ‘Discovery of India’; like self-writing these little gems. But that will have to be some another time, some other place. This article is now about my now. She deserves it too.

No outing, no tête-à-tête with Shirin, Baktu or Firuza or *chothhe-mar-ni Chandanbai* except via the cell-

phone. No ‘bai’ to sweep and swab or to clear up the mess that yours sincerely is prone to make. There are hardly any vendors to bring the necessities to the doorstep, and then, to come up with culinary excellence with limited resources about five times a day is indeed an achievement requiring genius!

To crown it all, she has to listen to the hair-raising screeches, squeaks and squawks that I produce trying to teach myself to play violin upon my grand-daughter’s old instrument via a self-teacher. A very diplomatic neighbor tactfully suggested to me, “Darabsha, an intellectual writer like you should learn Greek or Russian or something more current like Chinese which will help you not only in your literary pursuits but also on your foreign jaunts when you visit Beijing,” and I distinctly heard him murmur “or Wuhan, hopefully!”

M’am Editor is going to be happy this article is feminocentric, and on the domestic scene Ruttie is happy. This will translate into peace at home and maybe an extra special-something for ‘*chavena*’ at 7:30 and a dessert after dinner. It pays to be good to your wife, even accidentally I know I am at the risk of being labeled as hen-peck husband by all those guys who infest the colony’s gateway, still, I’ll rise a toast to my Ruttie when I settle down tonight to my pre-prandial peg.

“Here’s to my wife, Ruttie and to all the ladies! I love ‘em all! When it comes to making a home during the tough and terrible times sans the ‘bais’, sans a lot of necessities, they Torne la Genielata, they come back like geniuses!



Reader's Corner

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Worry Not By Afried Dastur

Ringing constantly in our ears
Is a warning bell,
Because it's us who
Indiscriminately trees chop and fell;
But tells me my heart,
We won't have to forever live in a cell,
And, soon, really soon, all will be well.
But once things are good,
For others we mustn't create hell -
For flora and fauna,
We shouldn't sound the death knell!
Let's look after our fellow creatures -
And all cruelty dispel.
Over satanic values win;
Only then, everything will be well.
With patience little, hope and faith,
I firmly do tell,
These dark clouds will dwindle;
And all will be well,
Soon, really soon, all will truly be well!





NOSHIR H. DADRAWALA

Charitable And Religious Trusts To Revalidate Tax Exemption And Tax Deduction Registration

Noshir H. Dadrawala is CEO, Centre for Advancement of Philanthropy (CAP), through which he offers compliance related advisory to charitable trusts and institutions as also corporate social initiatives. His career spans over 35 years in the nonprofit sector, working with a diverse range of organisations, from large established national and global organisations, to corporate and family grant makers, to start ups.

The Government of India seems adamant about putting charitable as also religious trusts and institutions through the exercise of revalidating their tax exemption and tax deduction registrations. The only relief provided is by way of extending the effective date from 1st June 2020 to 1st October 2020.

Press Note of Ministry of Finance

On 9th May 2020, the Ministry of Finance released a press note titled: "New procedure for registration, approval, etc. of certain entities deferred to 1st October, 2020".

The note states: "Entities approved/ registered/ notified under section 10(23C), 12AA, 35 and 80G of the Income-tax Act, 1961 (the Act) would be required to file intimation within three months from 1st October, 2020, i.e., by 31st December, 2020."

The term used by the Ministry of Finance is "file intimation". This gives one an impression that this may not be a process of 'Reregistration' but simply a process of filing online intimation or informing the Income tax authorities that the trust or institution is interested in continuing its registration. One really hopes this is the case.

However, as we all know the Ministry of Home Affairs (MHA) under the Foreign Contribution Regulation Act (MHA) 2010 also requires organisations registered under FCRA 2010 to "provide intimation" if there is change in the FCRA Bank account or utilization account etc. However, what MHA means by "provide intimation" is in fact a process in obtaining written "prior approval" from MHA and until such written permission is issued by MHA the change cannot be implemented by the organization.

Thus, in the government of India's dictionary the term "intimation" has a very different and deeper meaning than what is commonly or universally understood.

The note also states: "The amended procedure for approval/registration/ notification of new entities shall also apply from 1st October, 2020. The necessary legislative amendments in this regard shall be proposed in due course."

Limited relief: Very clearly the Government of India is keen on going



ahead with implementing their new policy under the Finance Act 2020 and which will require all charitable and religious trusts and institutions to revalidate their 12AA, 10(23C), 35 and 80G registrations.

The only relief provided is by way of postponing implementation from 1st June to now 1st October 2020. As per Finance Act 2020 all existing charitable and religious institutions already registered under Section 12A (trusts and institutions registered prior to 1996), Section 12AA (trusts and institutions registered after 1996), Section 10(23C) (certain educational and medical institutions) and Section 80G are required to re-apply to the income tax authorities to revalidate their existing registrations.

As per Finance Act 2020, this exercise was to commence on 1st June 2020 and close on 31st August 2020. In other words, charitable trusts and institutions were given a limited window of three months to apply online for revalidating their income tax registrations. However, in view of the Covid-19 pandemic, lockdowns and other challenges, this exercise will now commence on 1st October 2020 and close on 31st December 2020.

Process: Finance Act 2020 received the assent of the President of India on 27th March 2020 and is now already law. Once the Rules and online forms are drafted and ready there will be a window of three months (now 1st October to 31st December 2020) within which application must be submitted. Trusts and institutions may apply on their own or perhaps through their auditors/ practicing chartered accountants.

Validity: After processing your application, your trust or institution's

registration under section 12A or 12AA or Section 10(23C) and 80G may be revalidated by income tax for a period of five years. Application for renewal after five years must be made at least six months prior to the expiry of the five years validity period. The concept of five years validity seems to have been borrowed by the Ministry of Finance from the Ministry of Home Affairs. Many will recollect that the concept of revalidating registration under FCRA was introduced by MHA for the first time in December 2015.

Interestingly the validity of FCRA registration of most NGO will expire on 31st October 2021 and applications for renewal can be made one year to at least six months in advance and this means charitable and religious trusts and institutions will also be preparing for renewing their FCRA registration from November 2020 onward.

Provisional registration

for new entrants: Newly established trusts and institutions applying to income tax for registration for the very first time will be given provisional registration for three years. This

is a new concept. Once granted, the provisional registration shall be valid for three years from the Assessment Year from which the registration is sought. Thereafter, application for renewal or rather registration (instead of provisional registration) can be submitted at least six months prior to the expiry of validity period of the provisional registration and registration so granted shall be valid for five years.

What if registration is not revalidated? Unfortunately, if the income tax authorities refuse to renew or revalidate your trust or institution's registration as a tax-exempt organization established for a charitable or religious purpose, the following would be the consequences:

- The total income of your trust would become taxable, including all voluntary donations and grants received during the financial year;
- If the trust or institution is de-registered u/s 12A or 12AA, Section 115TD of Income tax (introduced vide Finance Act 2016) would be invoked and there would be an additional tax (at market value) on the assets (e.g. land, building, investments in shares, if any) of the trust or institution.

Will revalidation of tax exemption & tax deduction certificates be automatic? Will the process be simple or complex? Will it be seamless automatic renewal for all those who will be applying online and have been filing their returns annually on time and complying with all other statutory requirements under the Income tax Act 1961? Will the tax authorities be demanding resubmission of old records? Unfortunately, there are many old trusts which have misplaced their registration certificates and trust deeds.

Will the tax authorities be re-examining the objects and activities?



If yes, does the department have the capacity and infrastructure to scrutinize 2,17,000 applications in detail within a reasonable period of time? We are not sure as yet if this will be an exercise in re-registration (with detailed submissions and scrutiny) or automatic re-validation. We all do hope and pray it will be the latter. But what if it is the former?

What could prove disastrous? We have been observing that in recent years

▶ the income tax authorities have been denying registration u/s 12AA for totally irrelevant reasons well beyond the scope of enquiry contemplated u/s 12A of the Income Tax Act 1961. For example, it is a settled position under law that once settled, a trust is 'irrevocable', but Income tax authorities insist that the 'irrevocability' clause should be explicitly stated in the trust deed.

We all know that there is no explicit provision under the Public Trusts Act to dissolve or wind up a trust and yet the income tax authorities insist that there should be a clear clause in the trust deed for winding up or dissolving the trust. There are virtually thousands of old trust deeds which simply do not have these clauses. Will the Income tax authorities insist that these trusts should amend their trust deeds? If the answer is yes, brace yourself for further delays in revalidating your tax-exempt status till the charity commissioner approves amendment to your trust deed.

In our opinion, clauses like 'irrevocability' and 'winding up' are desirable, but not a pre-condition under the Income Tax Act for granting registration for tax exemption. Income tax authorities also insist that the trust deed or memorandum of association should have a clause that the beneficiaries are a section of the public and not specific individuals and that the funds and property of the trust shall be used only for the objectives of the Trust, Society or Non-profit Company. Will the Income tax authorities insist that all trust deeds and memorandum of associations must mandatorily have these clauses? Would it not suffice if trustees or members of the governing board submit a signed undertaking or affidavit that these norms will be adhered to and the income tax authorities may cancel registration in case of any violation?

Honestly, we don't have the answers to any of these doubts, queries and concerns that we keep receiving. We will get a clear idea only once the Central Board of Direct Taxes (CBDT) drafts the Rules and prepares the new online forms.

Other changes under Finance Act 2020:

National Register & UIN: The Government of India also proposes to create a National Register of all charitable and religious institutions and the Income Tax Department will issue a Unique Identification Number to all charitable and religious institutions. In our opinion this would be a good initiative and help with proper collection of data and analysis of that data.

Either 12AA or 10(23C): Currently, several hospitals, schools and colleges are registered simultaneously under section 10(23C) and 12AA. Often, if

exemption is denied under 10(23C), the institution seeks cover under the backup registration under 12AA. Charitable trusts and institutions currently registered under both 10(23C) and 12AA will now be required to decide whether they prefer to apply for revalidation or renewal of either the registration u/s 10(23C) or 12AA, but not both. Those currently registered u/s 12AA or 12A will now be registered or revalidated under the new Section 12AB.

Additional new compliance u/s 80G:

Every charitable trust or institution registered u/s 80G shall be required to submit a statement of donations received in such form & manner as may be prescribed & the benefit of 80G shall be available to donors on the basis of information relating to donation furnished by the corresponding charitable trust or institution.

End Note:

1. Ministry of Finance has only provided 'temporary relief' by extending the date of implementation.
2. Petitions made to the Prime Minister and the Finance Minister requesting them not to increase administrative burden for both the income tax authorities as also the voluntary sector appears to have fallen on deaf years.
3. In the meantime, charitable and religious trusts and institutions can continue to enjoy tax exemption and offer their donors (if any left after Covid-19 and PM CARES) tax deductions under section 80G of Income tax.
4. Please note that even between 1st October 2020 to 31st December 2020, existing registrations under section 12A, 12AA, 10(23C), 35 and 80G shall remain valid.
5. One hopes that all applications ("intimations") filed between 1st October to 31st December 2020 by over 2,17,000 registered organisations will be processed by the income tax authorities by the end of the financial year 2020-21 (i.e. by 31st March 2021).

Stay Positive! We certainly do not want any of our colleagues at work or in the voluntary sector to be 'Covid Positive.' But we certainly want them to remain positive in the attitude and approach to all the challenges that this year has brought home. 'Duty bound while home bound' is the maxim by which most of us will remember the year 2020. This year is and will remain a challenging year for everyone. However, according to the Chinese, the year 2020 is the 'Year of the Rat' and the rat is a symbol of astuteness and adaptability. Our success and sustainability will largely depend on how smartly we navigate each hurdle that comes along the way and how quickly and effectively we adapt to the rapidly changing circumstances.



Reader's Corner

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THE HEROES

By Gulshan D. Morawala

My poem is a wee bit long,
But please hear me out
It's the story of India's heroes -
Whether think or stout.
They are our heroes,
Fighting night and day
Helping people survive,
Keeping death at bay.

Amidst ambulance sirens and
Chaotic scenes at play,
Our stoic medics
Brush all their fears away.
Caring for patients' lives,
Putting their own at risk,
Not a thought for themselves -
Working at a pace so brisk .

Without sleep and rest,
They work round the clock,
As patients continue pouring
In by the flock.
Working away Courageously,
Completely engrossed
To ensure your life -
There should be no loss.

Their fears they hide and
Their longing for family too,
Their deeds do all the talking,
Their words are few;
Tired to the bone, they slog,
Some mystic power at work,
Duty bound they are, these folks,
Never a moment they shirk.

There's another group of people too
Who volunteer to serve
Just me and you,
They are those who lend a helping hand
By being there just on our demand.

They fetch and deliver as per our lists
And when thanked,
It's their pleasure, they insist!
Selfless service they give one and all,
Putting their personal lives at a stall.

The army, the police and
Our leaders too,
Are out and about
Doing what they have to do,
Keeping law and order in all our states
Battling conditions of fear and hate.

The clean-up marshals
Sanitize our house,
With far away thoughts
Of their children and spouse,
The roads and slums
Are spruced up too,
We hail you folks,
What would we do without you?

The veggie vendor and the bread-man
Make their daily rounds
In our stand-still days,
They are the friends we have found.
In their own little way,
They keep us in bliss,
The milkman too,
Should be included in this.

The media has done its bit too,
Whether on TV or news papers,
We get our news
Their teams brave all conditions odd,
To keep us updated,
This, we must applaud!

But the greatest Hero of them all,
Is our respected PM who stands tall,
Guiding and protecting
Our country great,
With his sage counsel,
Disaster he did abate.

With sheer foresight
And unrelenting calm,
He has saved India from undue harm,
And it is he who will
Get us back on track,
So, let us stand by him,
Don't turn your back.

We must thank God
For a leader so great,
It's he, who will surely alter India's fate,
Let us jointly pray for his good health,
For he surely is India's most valued
wealth.

