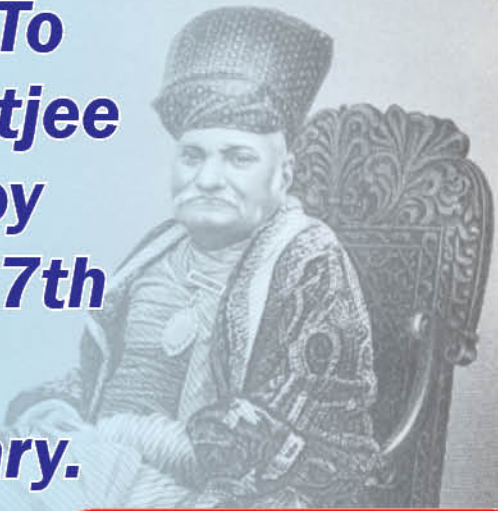


THE TRUTH. DELIVERED WEEKLY.

**A Tribute To
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On His 237th
Birth
Anniversary.**



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Delicacies – 'Beer
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With Sriracha Mayo' &
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By Chef Delzad!**



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PARENTS/ STUDENTS Think Win Win!

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FROM THE EDITOR'S DESK

Be Parsi, Buy Parsi - An Atma-nirbhar Community!

Dear Readers,

Even as we welcome and brace ourselves for the outpouring of our Rain-gods, the overcast skies add only marginally to the gloom that the pandemic has set in. In addition to having claimed innumerable lives across the world, COVID-19 has emerged as the modern-day nemesis of small / local businesses, with an increasing potential to further diminish the small players.

Daily, on social media platforms, we hear of heart-breaking announcements about small businesses winding up, even as expert economists and analysts warn that the Indian economy could witness a level of bankruptcy never seen before. It's impossible for small businesses to survive without any income for months due to the lockdown, followed by its cautioned re-opening, at less-than-half capacity.

Needless to mention, a large number of our community members and their businesses have taken a huge hit - with employees being laid-off and businesses having to shut-down. However, it is heartening to see the embers of our enterprising spirit still glowing bright. Even through the period of the lockdown, a number of individuals and local Parsi businesses have employed social media - WhatsApp, Facebook, Instagram, LinkedIn, etc. - to market their products and services online.

Though primarily seen as a survival measure to continue earning a livelihood, this initiative has not just given them the opportunity to earn money in these challenging times, but has also laid the foundation of new, digital trends, with the conversion of businesses from the traditional brick-and-mortar to the current online e-business format. And this is the point, where you and I can play a crucial role in bringing success to their efforts and ensuring their business continuity.

First, let's take the effort to seek out Parsi groups and individuals - there's a large number of these especially on WhatsApp and Facebook - which provide essential and non-essential products and services. Those who feel like this could be a step-down from your typical Delhi Darbar's biryani or Hidesign/Caprese handbags or Urban Company's services, will be in for a pleasant surprise! The past few months have seen a delightful deluge of highly gifted home-cooks offering gastronomical delights as also other talented professionals providing a number of high-quality products and services. It will not be too difficult to seek them out via the bawa network.

Next, commit to genuinely purchasing these products/services yourselves, if only just once to try these out. There's no doubt you will be back for more! And finally, do your bit and spread the word about our 'Parsi-preneurs' (Parsi entrepreneurs) and their outfits and products, as far and wide as possible. This isn't a suggestion to abandon non-Parsi products, it is simply a request to nurture a preference for the well-deserved Parsi products and services, during this economically crucial time. As challenging as these times are, our history serves proof that Parsis are nothing if not known to rise out of the most catastrophic conditions and reach even greater heights!

But for that, we must yet again come together and resolve, as a community, to encourage, support and promote our community members and their ventures. Taking a leaf out of our PM's book, let's build an 'Atma-nirbhar community' en route to building an 'Atma-nirbhar' nation! Be Parsi, Buy Parsi!

Have a lovely weekend!

- Anahita

anahita@parsi-times.com

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A Tribute To Sir Jamsetjee Jeejeebhoy

On His 237th Birth Anniversary



DARA M. KHODAIJI

One of the greatest sons of India, and certainly the greatest son of Bombay, Jamsetjee Jeejeebhoy was born 237 years ago, on 15th July, 1783, in Mumbai. He lived a rich life, filled with adventure and accomplishments and he passed away on 14th April, 1859 at the age of 75. He was born to Merwanjee Mackjee Jeejeebhoy and Jeevibai Cowasjee Jeejeebhoy. His father was a textile merchant from Olpad, Gujarat, who migrated to Bombay in the 1770s. Both his parents died in 1799, leaving the 16-year-old Jamsetjee under the tutelage of his maternal uncle, Framjee Nasserwanjee Battliwala.

Even at this tender age, with little formal education, the entrepreneur in Jamsetjee had him take his first visit to Calcutta from where he took his first voyage to China to trade in cotton and opium. Young Jamsetjee's first trip to Calcutta, and then the five trips to China, make for fascinating reading - by the end of his fifth trip, he had made a huge fortune.

He had no need to go abroad to carry on his now flourishing business. He opened offices in several cities in the East and the West too; he had managers and agents to transact business. The more he earned, the more he gave. He was generous and charitable and probably the first philanthropist of India in the real sense of the word. His was an organized charity. He gave by way of endowments to institutions of learning, social and cultural welfare, for the indigent members of his community and for the welfare of the humanity at large.

The world today is afflicted with a virus that has gone pandemic, right from the frozen deserts of Russia to the burning deserts of Arabia, irrespective of the geographical boundaries, threatening our very existence if stringent care is not taken by way of social isolation,



resulting in exiles within the walls of one's home. And to add to the misery, the loss of work and income! How would it have touched this man whose heart always bled for all human afflictions?

Nearly 175 years ago, the then governor of Bombay, Sir Robert Grant, proposed, in 1838, to have a hospital built, wherein medical education could also be promoted. Sir Jamsetjee immediately offered a (then) very princely sum of Rs. 1,00,000/- for establishing it. Later he donated another Rs.1,00,000/- in addition to the huge tract of land that forms the Sir J J Hospital complex. This was at the time when gold was priced at Rs.18.93 per tola (11'33 gms). With such massive involvement, it is no wonder that the hospital was named after him! The building was completed and opened to receive the patients on 15th May, 1845. In the same year, admittance to the college was also opened as a 'School of Practice'.

For his matchless charities, generosity, philanthropy and concern for humanity, beyond the boundaries of nations, caste, colour or creed, Jamsetjee was conferred Knighthood in 1842, and in 1857, he was conferred the dignity and the honour of baronetcy. It was the first that time such honours were conferred upon a subject of British India.

Sir Jamsetjee Jeejeebhoy was a philanthropist, a humanist, an apostle of peace and non-violence. He was compassionate, kind and loving and devoid of any form of cruelty to man or animal. This is reflected in his speech on the occasion of the launch of the Patriot Fund, which was created to help the wounded soldiers and the war widows who suffered or died in the Russo-Turkish war to which Sir Jamsetjee donated Rs.5000/- in 1855, "Of none of the great evils which afflict our race do we form such inadequate conceptions as of the evils of war. War is exhibited to us in the dazzling dress

of poetry, fiction, and history, where its horrors are carefully concealed beneath its gaudy trappings; or we see, perhaps, its plumes and epaulettes, and harlequin finery, we hear of the magnificence of the apparatus, the bravery of the troops, the glory of the victors, but the story of the wholesale miseries and wretchedness and wrongs which follow in its train is untold...What nation is not groaning under war-debts, the greatest of national burdens! Had the inconceivable sum wasted in the work of human butchery been applied to promote individual comfort and national prosperity, the world would not now be so far behind as it is in its career of progress...Our duty to relieve the sufferers in this great war would have remained the same whether the war had been a just one or not; but, considering the nature and objects of this war, we extend this relief now more as a privilege than as a duty...To the call of our gracious Sovereign, and to the call of humanity, the Parsis, my lord, will cordially respond".

Hospitals, schools, homes of charity and pension funds throughout India (particularly in Bombay, Navsari, Surat, and Poona) were created or endowed by Jeejeebhoy, and he financed the construction of many public works including wells, reservoirs, bridges and causeways. Through his life, he was estimated to have donated over £2,30,000 to charity! His philanthropic endeavours began in earnest in 1822, when he personally remitted the debts of all the poor in Bombay's civil jail. Some of his other notable works of charity include:

- The Mahim Causeway: The British Government had refused to build a causeway to connect the island of Mahim to Bandra. Jeejeebhoy's wife, Avabai spent Rs.1,55,800 to finance its construction, in 1841, and is believed to have been completed four years later.
- Jeejeebhoy donated to at least 126 notable public charities, including the Sir Jamsetjee Jeejeebhoy School of Art; the Sir JJ College of Architecture, the Sir JJ Institute of Applied Art and the Seth RJJ High School. He also endowed charities dedicated to helping his fellow Parsis and created the 'Sir Jamsetjee Jeejeebhoy Parsi Benevolent Fund', in 1849.
- He paid two-thirds of the entire cost of the Poona (now Pune) waterworks, with the remainder coming from the government.



the BB&CI railway was constructed there, it was called Charni Road.

- He spent Rs. 1,45,000/- to set up the Sir J J Dharamshala at Bellasis Road, and till date, innumerable old and destitute people receive free food, clothing, shelter and medicine. All their needs for the past 150 years, irrespective of caste, creed or religion, have been looked after by the Dharamshala, the first free home for the elderly in Asia.
- Whether it was the famine of Ireland (1822), the floods in France (1856) or the fire, which ravaged both Bombay (1803) and Surat (1837), our community's great beacon of altruism gave graciously to one and all without discrimination.

His non-violent attitude and loving kindness extended also to the animal kingdom. His benign and compassionate nature would not allow any form of cruelty towards animals. The East India Company introduced a rule "for the annual destruction of dogs in Bombay island", and a considerable number were from time to time destroyed, in spite of frequent petitions from the public". This mass dog killing led to a serious riot. To alleviate this suffering, Jamsetjee, with others, founded Panjrapole on 18 October 1834 - a Trust for the keep of stray cattle and other animals with a view to protect their lives.

Jeejeebhoy's philanthropy, institution-building and public works improved countless lives and continues to serve as the unparalleled precedent for all philanthropists and entrepreneurs.

Support Cyrus Dubash's FB Live Concert Fund-Raiser For HCNF



Join Cyrus Dubash and give 200 children the gift of education



Date: 11th July, 2020
Time: 8 pm onwards
f LIVE cyrusdubash

Cyrus Dubash, one of the Community's popular and acclaimed singers, has come forward in support of fund-raising for 'Help for Children in Need Foundation' (HCNF) - an NGO that protects and empowers underprivileged children. With schools shutting down due to the pandemic, young children have no access to books, stationery and the education material they need to keep their studies going. With an increasing demand for his online singing sessions across various social media platforms, HCNF approached Cyrus to conduct a show as a fund-raiser to help the children.

"Most of you know me as a passionate singer and an IT Professional. I now ask for your support in my journey in making a difference to the education of 200 underprivileged children, whose lives have taken a huge beating due to the Pandemic. I have pledged to do my bit to help - I'm conducting an Online Concert

to help raise Rs. 2,00,000/- to provide education material, notebooks and stationery supplies for these children to continue their studies from their homes, as also food ration and other essentials they need during these challenging times.

It's a free concert - I invite you all to lend your presence virtually to support the cause with your contributions which would directly go to HCNF and help them with this noble cause of giving these children a chance for a better future. Join us as we share the message of love, with music for a cause on Saturday, 11th July, from 8:00pm - 10:00 pm on my Facebook page for an FB Live Concert at facebook.com/cyrusdubash."

The Link for sending in your donations: <https://www.ketto.org/fundraiser/join-me-cyrus-dubash-and-help-200-children-continue-their-studies?payment=form>

- He gave a substantial donation to Bombay Samachar, founded by Fardunjee Marzban, in July 1822. The Bombay Times was launched in 1838 by a syndicate of persons, which included Sir Jamsetjee. In 1861, it was renamed The Times of India. Jamsetjee also donated handsomely to the Jam-e-Jamshed Press when it was founded in 1859.
- He was also a generous patron of the Dr. Bhau Daji Lad Museum, formerly The Victoria and Albert Museum, which was designed by a London architect.
- Between 1822 and 1838, cattle from the congested Fort area (in South Bombay) used to graze freely at the Camp Maidan (now called Azad Maidan), an open ground opposite the Victoria Terminus. In 1838, the British introduced a 'Grazing Fee' which several cattle-owners could not afford. Sir Jeejeebhoy personally donated Rs.20,000/- for purchasing some grasslands near the seafront at Thakurdwar and saw that the starving cattle grazed without a fee in that area. In time, the area became to be known as 'Charni (meaning grazing). When a railway station on

Health Bhi, Taste Bhi Benefits of Bilona Gir Cow Ghee

Thanks to Parsi Times' excellent reach, the coverage of Pureganic Bilona Gir Cow Pure Ghee (A2) continues to garner a very positive response - both in terms of sale as well as appreciation from consumers, who after experiencing its health benefits, are reordering and recommending to others. Based on interaction with customers, it is observed that more clarity needs to be given in terms of various benefits & its ideal manufacturing process.

Ghee loaded with vitamins A, D, E & K are fat soluble and hence more effective and easily absorbed by the body, thereby ensuring many health benefits:

- 1) It helps prevent diabetes, cancer, tumour, hardening of arteries and heart blockages.
- 2) Butyric Acid in ghee helps build immunity, strengthens intestines, lowers cholesterol, increases insulin sensitivity & metabolism.

- 3) Gut or digestive health is improved immensely, by ghee consumption.
- 4) Helps in preventing & curing piles/fissures.
- 5) Ghee is rich in medium chain fatty acids, which are absorbed directly by the liver (like carbs) and burned as energy. For athletes & active people with high-energy lifestyles, it can provide the necessary burst of energy which is required to meet daily hectic challenges.
- 6) It can be mixed in baby & pregnant women's food, children's sabji, paratha, chapati. It can also be used for baby massage, chapped lips.
- 7) It can be applied on the sole of feet and massage with bronze (Kansa) Katori to detox the body.
- 8) Regular consumption helps prevent constipation, increase stamina, improves vision and develop a Healthy Heart, by increasing good Cholesterol.

Bilona in Hindi means Churning. In Gujarati it is called Valovna. Pureganic Bilona Gir Cow Desi A2 Ghee is made in a traditional way by fermenting the cream (so to create good bacteria, which improves gut health and aids digestion). The dahi so formed is churned & hence it is called Bilona. After removing the white makhan or butter it is heated to remove milk allergens & then the liquid is separated, which is pure ghee. Most dairies for mass production do not follow these steps and just churn the cream directly. The milk fat so produced is sold as ghee. Due to skipping fermentation and then heating process, it does not have the medicinal properties that we get in traditionally made ghee. So, Gir Cow Ghee is very beneficial, which is offered by Pureganic as a genuine quality product. Pureganic Bilona Ghee is available in weight of grams/Kg (250 gms, 500 gms & 1 Kg) and not in litres, which is 10% more in quantity, giving

direct benefit to customers.

Ms. N. Lentin writes, "Pureganic Bilona Pure A2 Gir Cow Ghee is excellent & much appreciated by my family and friends. It's a perfect item for gifting, since it is beneficial to one & all. I regularly use Pureganic other products, all of them are very authentic & beneficial. I would request everyone to try out for themselves and get the benefit of these natural products for better all-round health. I sincerely thank Team Parsi Times for introducing these beneficial health products to us."

Pureganic has a wide range of organic, natural & health food products, with no side effects. For more information on products, their benefits & availability (Free Home Delivery at Mumbai), please Whatsapp/SMS on 9820812244.

Through Zarathushtra Didst Thou Speak, Ahura Mazda!

Start your weekend with positive vibes with inspirational excerpts from the acclaimed book, 'Homage Unto Ahura Mazda' by Dasturji Dr. Maneckji Naserwanji Dhalla of Karachi.



Zarathushtra of the family of Spitamas first heard Thee, Ahura Mazda. No sublime words were heard aforetime like those which he spoke in Thy name in Ancient Iran.

The seemingly blind and the hearingly deaf laughed Zarathushtra to scorn and held him up to the ridicule of all. He was forsaken by the faint-hearted. He was driven from place to place with his early disciples. Like prophets all, Zarathushtra, lived and suffered for all mankind. When, at the age of seventy, a fanatic felon killed him, he fell and died for all mankind.

All the long years of his life, Zarathushtra carried the blessed message of Ahura Mazda to the souls of his hearers. He strove to set right the erring world's wrongs. He worked for the succour and salvation of mankind. He gave up his all for the good of all.

Zarathushtra, the most blessed among the blessed of the seven zones, stored unexcelled wisdom and holiness in him. I will do what the beloved messenger of Ahura Mazda says to me, for what he says is the best. I will let his sublime ideal seize my imagination.

I will make my sincere faith in him the pivot of my life. I will make his life the ideal of my life and will strive to do what he did. His ideal beckons me to the beatitude of the great God. I will endeavour to go forward and rise upward towards it.

Zarathushtra asked Thee, Ahura Mazda, to help him as one friend helps another. So do I crave Thy help. By day and by night, wherever I happen to be, I will think of Thee and dream of Thee. Faithfully will I let Thy image occupy my soul. Thou art my shield and armour. When burdened with care and anxiety, there is none but Thee to soothe and sustain me. With Thee with me, my life turns heavenly on earth.

Zarathushtra has admitted me in the fellowship of Zoroastrianism, which is the most cheerful, buoyant, optimistic, hopeful, youthful religion. He alone is a true Zoroastrian, who truly walks the way of life, pleasing to Thee, shown us by Zarathushtra. Others call themselves so but in vain. Dutifully and devoutly will I follow his steps till the end of my life and will be a true worshipper of the Mazdayasnian Zoroastrian religion.



DAISY P. NAVDAR

Starting today, I invite you to join me, as I journey through the wonderful teachings shared in a Khordeh Avesta, which was printed in the year 1902, yes more than a 100 years ago! The author of these teachings, stories and notes was Dinbai Sohrabji Engineer. This book throws lights on the various powers of our prayers and also shares interesting stories of people who have used these prayers and the tremendous achievements that each has accomplished.

Let's start at the very beginning, with the Hormazd Yasht, which is counted as the very first Yasht in order of appearance, in the Khordeh Avesta. The following are a few short anecdotes of some historical figures who devoted their lives to praying this Yasht, and how they gained immortality or vanquished evil, in so doing.

Shah Kaikhushroo: the son of Padshah Shiavax, who created the kingdom of Kangadez. Shah Kaikhushroo was bestowed with the boon of immortality by Pak Dadar Ahura Mazda due to his continued reverence and recitation of the Hormazd Yasht. It is said that he lives even today in the Chaichast Mountain and he will remain there till the arrival of the Saoshyant (Saviour/Messiah). The purpose of his immortality is that he will be a helper of the Saoshyant.

Dastur Peshotan: the son of Gustasp Padshah, he was the head priest of Kangadez (Kingdom of Padshah Shiavax). When Asho Nabi Spitaman Zarathushtra made King Gushtasp and all in his court agree to follow the Zoroastrian religion, a *jashan* was performed. The milk, which was put in the *baaj* ceremony of the *jashan* was given to Dastur Peshotan to drink. This brought him immortality!

Gopat Shah: the name means King of Gopat - this place is in Iran, in an area named Khanirashkeshwar (Asia Minor). He had the form of a man up to his waist and from waist down, he was a bull. It is said that



Gopatshah

Hormazd Yasht

(The Yasht Series: Part - I)

Daisy P. Navdar is a teacher by profession and a firm believer in the efficacy of our Manthravani. She is focused on ensuring that the deep significance of our prayers is realized by our youth. She credits her learnings and insights, shared in her articles, to all Zoroastrian priests and scholars whose efforts have contributed towards providing light and wisdom for all Zarthostis.



Gopatshah used to sit near the waters and pray, and the holy water thus obtained, he would put into the ocean. This ensured that the demons lurking inside the waters would be rendered paralysed. Also, the rains that came down from the skies would not rain down the demons. (This is a side handed reference to the water cycle which we all know that the evaporated waters from the seas, forms clouds and rains down upon us.)

Vanejoitabish: the Tree of Eternal life, a life without pain and disease. When the Shahmurg (a mythical ostrich-like bird, probably a Phoenix) would sit on the bark of this tree, a hundred branches would completely fall off. And when it flew away, a hundred branches would grow in the place of each one that fell off. I cannot help but compare this to the pollination and propagation of seed and plant life as explained by modern science. Another bird called the *Chinamarosh* comes and picks the seeds that fall off the Vanejoitabish tree. It then deposits these seeds into the waters from where Teshtar Tir Yazad comes to fill his water. The water contained in these seeds then pours down on earth as droplets of rain. This creates fertility in the soil and abundance in the water supply of the earth. The unmistakable link between the trees and the sustenance of all life on this planet is highlighted by this tale.

Goshtefriyan: He was a highly realised saint; he would sit by the waters of the river and recite prayers. He claimed to have powers that could destroy the worst possible evil with a series of just 99 questions that an evil one could not answer. One day, the evil Akhtarjaduk challenged Goshtefriyan and asked him 33 difficult questions. Goshtefriyan answered them all easily. He, in return, asked Akhtarjaduk just 3 difficult questions and he was stumped. He could not answer even one. Hence Goshtefriyan struck him dead and brought an end to the evil one. This story is from the Mandigare Goshtefriyan (an ancient Pahlavi text).

If we can find the feats of Bahubali plausible and believe in the Hogwarts culture of Harry Potter, then surely there must be some substance in the stories that emerge from our illustrious culture. However, these writings have to be taken at face value as there is no verified historical record of the same.

Adar-Kanye Twitter Tryst:

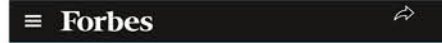
“Your views on vaccines irresponsible,” Says Adar Poonawalla To Kanye West



India, the world's largest producer of vaccines, responded on Twitter saying that Kanye's views were "irresponsible and borderline dangerous", on 10th July, 2020.

Adar Poonawalla's Twitter handle reads, "An interesting read @forbes, though we enjoy your music very much @KanyeWest, your views on #vaccines come across as irresponsible and borderline dangerous, considering the influence you have today and may have in the future; vaccines save lives! @gavi @WHO"

Kanye Omari West is an American rapper, singer, songwriter, record producer, composer, entrepreneur and fashion designer. He recently declared his candidature in USA's upcoming Presidential elections, pitting himself



ON VACCINES

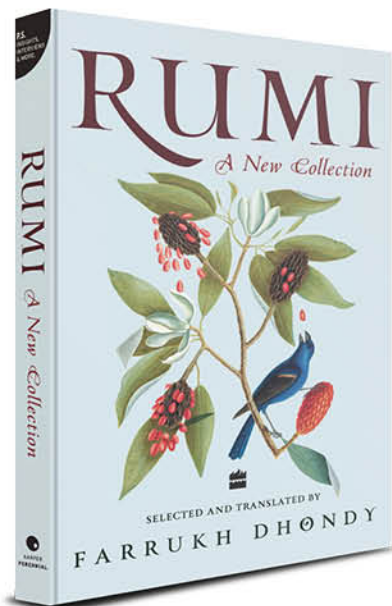
"It's so many of our children that are being vaccinated and paralyzed. . . . So when they say the way we're going to fix Covid is with a vaccine, I'm extremely cautious. That's the mark of the beast. They want to put chips inside of us, they want to do all kinds of things, to make it where we can't cross the gates of heaven. I'm sorry when I say they, the humans that have the Devil inside them. And the sad thing is that, the saddest thing is that we all won't make it to heaven, that there'll be some of us that do not make it. Next question."

against Donald Trump - a man he says he admires.

After US rapper, Kanye West, who said he was running for President, recently termed vaccines, "the mark of the beast", our very own Adar Poonawalla, CEO of Serum Institute of

"They want to put chips inside of us, they want to do all kinds of things, to make it where we can't cross the gates of heaven," Kanye West had said in Forbes Magazine.

Farrukh Dhondy Translates New Rumi Collection



published by Harper Collins India.

Slated to be available for purchase by mid-July, the book offers a modern idiom to the poems without compromising on the religious context. Love, devotion, suffering and longing mysteriously co-exist in the poems of the great Rumi (1207-1273). Composed almost eight centuries ago, the deep spirituality and buoyant wisdom of the poems are a source of inspiration to millions today. With selections from Rumi's masterpieces, the Masnavi and Diwan-e-Shams, as well as his ghazals, this volume is all set to be poetry lover's collectible.

Says author Dhondy, "Translations from one language, culture and century to another, pose the two questions of all relationships - Is the beauty of one reflected in the other; and is the other faithful to the one. In this selection from the vast ocean of works of Jalal-ud-din Rumi, I have attempted to convey both, the allure and the message of his verses. It's for the eye, ear and sensibility of the reader to judge."

After the success of his previous volume of the acclaimed Sufi saint and poet - Jalal-ud-din Rumi's poems, Farrukh Dhondy is back with a brand new collection of Rumi's translations. The UK-based writer, playwright and activist has selected and translated a new collection of Rumi's poetries, in a book titled, 'Rumi - A New Collection',

SII-produced Covid-19 Vaccine Still Six Months Away



Earlier this week, Adar Poonawalla, Chief Executive Officer of Serum Institute of India (SII), the world's largest vaccine manufacturer, said that an approval for SII's vaccine by the Drug Controller General of India (DGCI) was at least six months away, as the organisation is focussed on following due processes ensuring its safety and efficacy.

"Once we are confident of a safe and good vaccine for India and the world, we will certainly announce it when we are licensed by the Drug Controller (DCGI). But that is still at least six months away from now," Poonawalla said at a press conference. He added that the trials for the vaccine will be over only by the end of the year.

SII is in a partnership with British-Swedish drug maker AstraZeneca to manufacture and supply the vaccine being developed by University of Oxford. Under the pact, SII will supply 1 billion doses of the vaccine in India and other low and middle-income countries, with a commitment to providing 400 million before the end of 2020.

The vaccine being developed by University of Oxford is currently in the most advanced stage of clinical trial with ongoing studies of phase 2 and phase 3 with about 10,000 participants. The vaccine is widely expected to be the first for launch. Thus far, the vaccine has shown positive results in the on-going trials. One could be optimistic that it would turn out to be an effective vaccine for Covid-19. Trials will be conducted in India as well.

Adar Poonawalla also mentioned in passing the letter written by Indian Council of Medical Research Director General, Balram Bhargava, to Bharat Biotech International Ltd over speeding up the trials for 'Covaxin' to launch it by 15 August, 2020. 'Covaxin' is jointly developed by Bharat Biotech and ICMR's National Institute of Virology in Pune.

"Recently, there was a news about a vaccine candidate which is being rushed. We don't want to rush anything. We want to ensure safety and efficacy," Poonawalla said at the unveiling of MyLab Discovery Solution's 'Compact XL' testing system. He had invested in Mylab along with Abhijit Pawar, Chairman,

The Iranshah Initiative Donation With Vision 2020 (Part 1 of 2)



HOMI D GANDHI
PRESIDENT OF FEZANA

By Homi D. Gandhi,
Immediate Past President, FEZANA

“There are no gods in the universe, no nations, no money, no human rights, and no justice outside of the common imagination of human beings,” says Yuval Noah Harari in his book, ‘Sapiens’. Harari argues that humanity functions cooperatively because human beings created religions and belief systems, political societies, financial markets, judicial systems etc... That these common, imagined realities “exert force in the world,” because everyone believes in them.

When a community has a strong belief system, it seeks to institutionalize it as a religion and pass it down to future generations. For millennia, our Zoroastrian forefathers did this by way of an oral tradition, formalized with prayer and rituals performed around the powerful symbol of Ahura Mazda - fire, the giver of light and life in open surroundings.

Then seeing the temples in Greece and Rome, our Zoroastrian kings began to build temple structures, where the revered fire was enthroned for worship. Such is the longing of mere mortals to leave behind unforgettable monuments to their beliefs that future generations can never cast aside.

Our Zoroastrian ancestors who fled Iran and arrived in India did much the same - they established the first Atash Behram, meaning Victorious Fire, in Sanjan. So revered and important was this sacred flame, so potent was its ability to will the refugees to not just survive, but to thrive in their new homeland, secure in their faith, that they moved it from place to

The ‘Global Iranshah Initiative’ is a worldwide endeavour of love and devotion to our holiest of holy, Pak Iranshah, in Udvada gaam (Gujarat), with an aim to support and perpetuate its legacy and our priceless and timeless heritage. The global initiative was officially first launched on 24th December, 2017 at the second Iranshah Udvada Ustav (IUU), and its dynamic, interactive website was launched at IUU’s third chapter on 27th December, 2019.

The IranShah Initiative Vision 2020 is founded on the three foundational guidelines of Education, Inspiration and Donation. Having shared the Education and Inspiration reviews earlier in the months of May and June, respectively, we bring you the IranShah Initiative Vision 2020’s third foundational guideline - ‘Donation’ in July, in the inspiring and insightful words of Homi Gandhi, Immediate Past President of FEZANA, which has been instrumental in procuring donations for The Iranshah Initiative alongside other global Zarathushti leaders.

place, to protect it from the vagaries of fate for almost a millennium, until it was re-enthroned in 1742 in Udvada. This is our IranShah!

For centuries, the Zoroastrian communities of India thrived in the vicinity of Udvada and supported it physically and financially. But during the last century, a large number of Zoroastrians have moved all over Haft Keshvar Zameen. Today, more Zoroastrians live outside India than in India. So many in India and the diaspora believe that they owe their prosperity and wellbeing - in all senses of the word - to the blessings of our IranShah.

IranShah lives in our hearts and mind as a testament to the continuity of our faith. Words are inadequate to truly describe what it means to so many individual Zoroastrians who have prayed before it and experienced the Divine Grace of Ahura Mazda. So, it is now up to all of us in India and around the world to participate in the IranShah Initiative to support this treasured institution spirituality, physically, financially in every possible manner. May Ahura Mazda bless our IranShah and our Zoroastrian community for all times to come!



Khushnaz Dadrewalla Shines Silver In All-India Online Chess Tourney



On 29th June, 2020 Mumbai’s 20-year-old Khushnaz Nevil Dadrewalla secured second position in the Under-21 category of the All India Open Girls Online Chess Tournament, organised by Shri Sheetala Mata Shaktipeeth Trust, New Delhi, through Lichess.org digital platform. A total of eighty-five girls participated in the event from all across India. Holding up the Mumbai flag, Khushnaz was the only Mumbai girl in the winners list.

The daughter of proud parents - Nevil and Zenobia Dadrewalla - Khushnaz is an International FIDE rated chess player and has earlier participated in a number of district, state and national

level tournaments and won several prizes. She has been honing her skills for years under coach - Arena International Master - Hrishikesh Chavan from the Gurukul Chess Academy. Constantly upgrading her chess skills in the Gurukul Chess Academy, she also by trains their students online.

Currently pursuing graduation in Computer Applications from the Dr. BMN College of Home Science, Matunga (SNDT Women’s University, Mumbai), she is the Sports Student Mentor conducting chess sessions for her college students and professors and has organised Inter-collegiate chess events. She received the Best Student Award in 2020.

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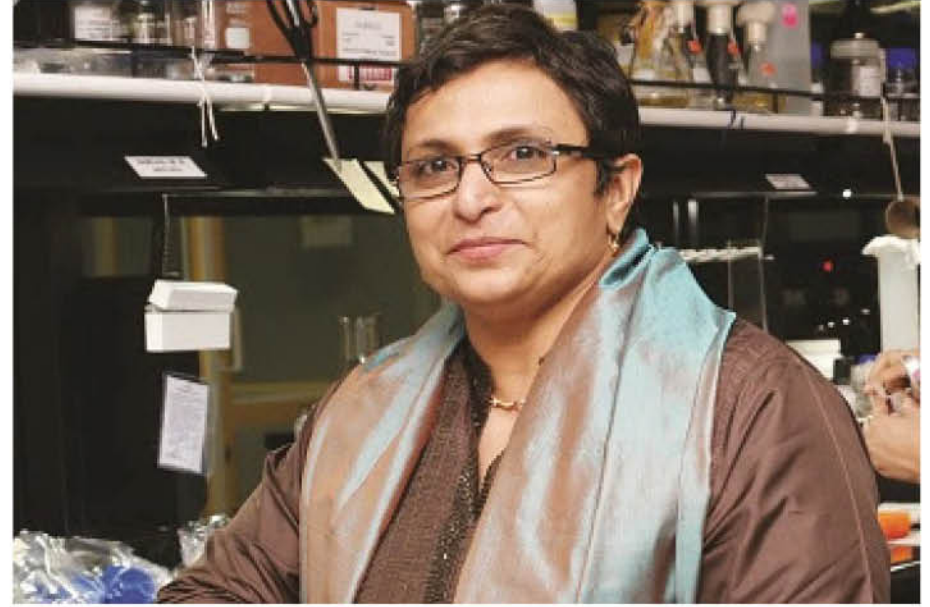
Avesthagen Study Could Determine Genetic Predictors For Tobacco-Related Cancers

Avesthagen Limited, with support from the Foundation for a Smoke Free World, New York, USA, is developing a systems biology-based approach for the early predictive diagnosis of tobacco related cancers such as lung, head and neck, esophagus, stomach, colon, prostate and bladder cancers to achieve cessation of smoking.

Researchers at Avesthagen Limited are studying how Zoroastrian-Parsi genes may help scientists characterize biomarkers predictive of diseases caused by tobacco use, such as lung, head and neck, and esophagus cancers. Avesthagen is using an innovative approach to identify genetic indicators of tobacco-related cancers. In a new paper, available on bioRxiv, researchers characterize genetic traits specific to the Zoroastrian-Parsi population - a community that has historically abstained from smoking. Because of this unique social practice, Zoroastrian-Parsi genes may help scientists characterize biomarkers predictive of diseases caused by tobacco use, such as lung, head and neck, and esophagus cancers.

Since 2008, the Avestagenome Project has collected blood samples and extensive patient data from over 4,500 members of the Zoroastrian-Parsi community. This initiative is supported by the Foundation for a Smoke Free World (FSFW), a US-based, independent non-profit organization that aims to end smoking in this generation. FSFW has awarded Avesthagen a grant to explore 'Cancer risk in smoking subjects assessed by next generation sequencing profile of circulating free DNA and RNA'.

Dr. Viloo Morawala-Patell, Founder of Avesthagen Limited and The Avestagenome Project, said, "We believe in bringing science to life by drawing it out of the confines of the laboratory and setting it free to work in the real, everyday world." Though this latest study, Dr Morawala-Patell and her colleagues found genetic variants common across the Zoroastrian-Parsi community. Such variants can affect essential biological processes and increase the risk of inheriting a variety of medical conditions. Thus, by identifying variants, researchers can potentially



elucidate links between genes and disease. The Avesthagen team first sequenced a representative genome of the Zoroastrian-Parsi population and generated the first complete de novo Zoroastrian-Parsi mitochondrial reference genome, called AGENOME-ZPMS-HV2a-1.

To obtain a complete picture of population-specific variants, the Avesthagen team analyzed one hundred Zoroastrian-Parsi mitochondrial genomes to generate a 'consensus genome'. This is a process that combines genetic information from a large number of individuals to determine the genetic traits typical to that population. The mitochondrial DNA of one hundred Zoroastrian-Parsi individuals sequenced created the 'consensus mitochondrial genome' (AGENOME-ZPMCG V 1.0). For practical reasons, maternally-inherited mitochondrial DNA is often used for this type of analysis. The researchers also did phylogenetic mapping to determine the ancestry of the Zoroastrian-Parsi community and found a largely Persian origin, attesting to their historical migration from ancient Persia.

The researchers identified a total of 420 mitochondrial variants in the hundred Zoroastrian-Parsi genomes. Analysis of the variants revealed genetic indicators of longevity and of diseases that tend to emerge later in life. The genomes showed, for example, variants linked to colon and prostate cancer, as well as neurodegenerative conditions like Parkinson's disease. Because these diseases typically affect older individuals, indicators of their presence corroborate apparent longevity in the Zoroastrian-Parsi community.

The researchers found no indicators of tobacco-related diseases that often cause premature death. The genomes had a low frequency of mutations linked to carcinogen-induced diseases, such as lung cancer. These findings serve as biological validation of a well-known cultural phenomenon: Zoroastrian-Parsis, whose origins date back millennia, don't smoke.

FSFW President Derek Yach comments, "This community has an ancient practice of non-smoking. By analyzing their genomes, Avesthagen was able to show the biological manifestations of this practice—findings that may be used to identify predictive indicators of disease in smokers."

In addition to clarifying genetic sources of illness, AGENOME-ZPMS-HV2a-1 can be used to establish a genomic record of the migration of Zoroastrian-Parsis. Furthermore, the study uncovered 12 mitochondrial variants, previously unreported in other populations, which are under further investigation.

Established in 1998, Avesthagen Ltd. is a global systems biology innovation company, uniquely positioned to help solve some of the world's biggest health challenges. Since its inception, Avesthagen has introduced new products and patent applications every year, serving the life science, food and pharmaceutical markets. Avesthagen continues to build on this heritage by partnering the Foundation for a Smoke-Free World to tackle unprecedented health, wellness and other challenges facing our world today. To learn more about Avesthagen and its research project, log on to: www.avesthagen.com.

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**IS THERE SOME WAY
I CAN REACH YOU?**
Bharatanatyam by Alarmel Valli



Alarmel Valli pays tribute to the genius of 15th Century Telugu poet, Annamacharya, with verses that evoke the Erotic and the Existential. This event was staged as a part of the NCPA's Mudra dance festival, held on April 28th, 2013 at the Experimental Theatre, NCPA.

Saturday, July 11th | 6:00 pm

This event will be available for viewing till July 17th.

www.youtube.com/TheNCPAMumbai1
[f](#) [t](#) [@](#) /NCPAMumbai

'Covetiquette2020' - The Etiquette Manual For 2020



VEERA SHROFF SANJANA

Veera is a published Author ('Endured' and '#LoveBitesLifeHacks') and Columnist; a passionate Educator and Counsellor; Poet and Philosopher... but most of all, a lover of all things literary.

The way humans behave in society is based largely on the rules of etiquette one tends to follow. The original social manuals of Western civilization were in fact success manuals. In the Middle Ages, knights and nobles followed stringent rules and proper forms of conduct in the courts of kings, which is where the concepts of 'courtly' and 'courtesy' sprung up.

We live in a civilized world where most of our associations boast of tasteful and civilized friends and colleagues. Right from kindergarten, we pick up behavioural rules through association and fealty, soon learning to dance socially, by always putting your best foot forward. In the words of Freud, "It is impossible to overlook the extent to which civilization is built upon a renunciation of instinct." Over time and learnt patterns of behaviour, you'll soon see a common denominator in the way people conduct themselves socially... Think about other people's feelings first before maximizing



your own personal convenience. The more correctly and generously you adapt to this maxim, the higher you climb the charts of popularity. Soon you are viewed as a worthy friend, a gracious host, a welcomed guest and sometimes, even a notable acquaintance.

We shake hands, we hug, we greet each other with a passing nod or a good morning, you wait for the lady to take the chair before seating yourself, you pull open doors, you let another pass before entering... but good manners and customs the world over are just



A traditional Chinese 'Gong Shou' greeting gesture

as different as the people who show them. Eskimos rub noses in greeting, the Japanese take off their shoes before entering a house, the Thai never display the soles of their shoes - it's considered highly inappropriate; in Russia, you do not shake hands before entering the room first or never intentionally turn your back on people.

In Italy while it is generally considered polite to allow a woman to go through a door first, the rule simply doesn't apply to restaurants, where it's considered proper for the man to lead, so he could be the one to talk to the host and procure a table. In Italy, it's also rude to ask for a sprinkling of Parmesan cheese on



your dishes, downright rude especially on your pizza! Here, cheese is incompatible with pizza the way ketchup is with

fish! In India, traditionally, you neither hug nor shake hands, a namaste is the norm to welcome or greet others. To eat with your left hand is considered unhygienic here.

Post the novel coronavirus scare, a lot has changed. These uncertain times call for new etiquettes and rules that can be complex to navigate. After all, you don't want to be rude... but you also don't want to put your safety at risk or potentially harm others. Who would have ever thought that a handshake could be a dangerous thing and that the need of the

hour is a germ-free gesture! Coughing in public is now equivalent to detonating a grenade; yawning in public was impolite earlier, but now it will be frowned upon!

Common in our country - spitting is a habit always viewed as offensive and disrespectful to an onlooker, but in the given times, this bad habit is a growing cause for concern. Sharing food is a complete no-no! So sharing fries or passing that dessert around is no longer acceptable. Clinking glasses for a toast or saying hello with a kiss, especially Europeans who deploy two upon first meeting someone, will probably be a thing in the past. Offering to carry packages or groceries - basically offering a helping hand - is no longer an option, at least in these complicated times.

These days, it's about being more than well mannered and considerate. It's all about being hygiene-conscious and saving lives. Not surprisingly, many countries habituated to their customs, are now reconciling and rolling with the punches, post the corona scare. New, tailor-made gestures and greetings are springing up along the way, along with Social Distancing. Saying no to a handshake, refusing every peck on the cheek and definitely avoiding hugging is changing habits around the world at work, home and in worship.

Your hands are now viewed as the petri dishes of bacteria and viruses; handshakes will soon be considered passé, much like bowing and curtsy is in our modern times. In France, newspapers are filled with advice on replacing kissing on the cheek - an everyday greeting there with simply be looking into one another's eyes. Brazil's Health Ministry has recommended that citizens not share metal straws used to consume their Chimarrao - the caffeine-rich South American drink mate. No matter how

cute those selfies look, sharing straws, spoons or forks is a potential health risk.

The outbreak could hit one of Spain's most cherished traditions - the kissing of the sculptures of the Virgin Mary. Romania's Martisor festival marks the beginning of spring, when talismanic strings of flowers are handed out, often from men to women, with an accompanying kiss. While the handing out of flowers will still be permitted, the kiss will see a different fate. In Poland, one of Europe's most Catholic countries, the faithful are allowed to take 'spiritual communion' instead of consuming the communal bread - it can be taken in the hands rather than the mouth. The faithful have also been asked not to dip their hands in holy water when going in and out of church.

"Footshake"



In India, there was a complete ban on places of worship - so there were no congregations in temples, mosques, churches and our fire-temples. In Beijing, the capital of the country where the outbreak began, red hoardings everywhere tell people not to shake hands but to join them in a sign of greeting. Loudspeakers tell people to make traditional gong shou gestures - a fist in the opposite palm - to say hello and acknowledge another. In Iran, a video has gone viral of three friends meeting - hands in their pockets, tapping their feet against each other as a greeting.

Could the foot shake be the new handshake? Will the best smile alternative probably be the good old fashioned thumbs up? Masks are here to stay and are not going anywhere, anytime soon. New etiquette rules in a COVID-19 world may dictate that it's easier to err on the side of caution, rather than take any undue risk and these may well be the norm till 7.8 billion people globally feel safe again in a COVID-free world!

Acupuncture For Pets



DR. BRIJESH RAJ

Dr. Brijesh Raj is a Mumbai-based practicing Companion Animal Veterinarian, a Certified Veterinary Acupuncturist (Chi Institute of Chinese Medicine, Florida) and a Tai Chi teacher. He commands two decades of expertise with healing animals and provides some of the most effective and dynamic scientific techniques for the integrated and holistic healing and overall wellbeing of all pets. You can connect with him for professional consultations at 9322289370.

Allow me to start with the story of Fluffy, a truly special Golden Retriever who I had the privilege of treating for most of his life. He had been found tied to the gates of the Bombay SPCA, a gift to anyone who might care to have him. Severely malformed hips made walking terribly painful and treatment expensive. Fortunately, he was taken in by a kind lady whose house was already bursting at the seams with rescues!



Fluffy

Fluffy

We got Fluffy started on laser acupuncture - a quick, painless, weekly intervention that worked wonderfully well on him. From being reluctant to stand, this 40 kg Golden Retriever began bounding up and down the stairs, so he could be with his caregiver! This lasted for over two and a half years. Unfortunately, during the lockdown, the acupuncture sessions could not be continued.

When I finally saw him, he was lying in one spot, refusing to eat. For the first time, he allowed the use of needles and he got up the next day, relieved himself and ate a little. Unfortunately, he had



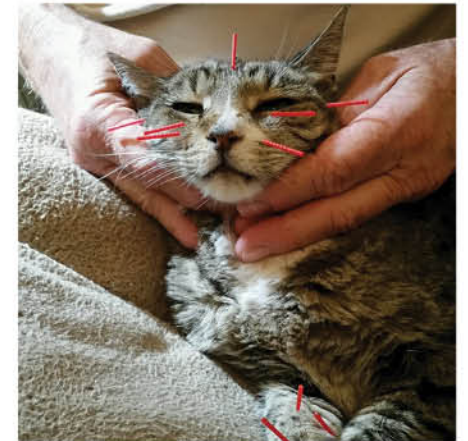
back to the Neolithic period, with the discovery of stone-needles in Mongolia from that time.

Acupuncture helps maintain a healthy flow of Qi (energy) throughout the body. It increases opioid and endorphin production. These act as natural painkillers and are very effective in the treatment of long-standing, painful conditions such as osteoarthritis and musculoskeletal pain which is common in senior dogs. It has also proved to be

can be used to regulate blood pressure and reduce stress. It also enhances performance and reduces inflammation.

How Many Sessions Would Be Needed And How Long Would Each Session Take?

The frequency and length of treatment depends on the nature and severity of the pet's health challenge. In general, weekly treatments for a total of 6 to 8 sessions (one session per week) are followed by a reducing frequency of treatments in a phased manner.



Supplements and painkillers helped during the initial years of his life, until he reached a stage where standing necessitated locking both knees, and stretching his hind limbs backwards. X-rays revealed severe degenerative joint disease in both hips and painful, bony projections in multiple locations along the spine. Movement became so excruciatingly difficult that he began spending most of his time lying in one spot. In abject frustration, he even snapped at his human parent once whilst being moved to another spot in the house. That's when we started treating Fluffy with acupuncture and witnessed some incredible results!



History taking, physical examination and choosing the appropriate acupoint takes time. Consequently, the first session takes longer than usual. Each subsequent session might take 30-40 minutes with needles, and 10-15 minutes for laser acupuncture depending upon the case.

Is Acupuncture Painful?

The needles, per se are finer than the regular needles used for injections. Thus, pain is minimal. However, due to blockages in energy flow, some acupoints are sensitive and the pet might experience some pain during needling or some discomfort when there is the arrival of fresh Qi at the blocked site. Laser stimulation is painless and is well tolerated even by fearful dogs and cats.

contracted an infection and that proved too much for him.

Keeping Fluffy relatively pain-free for the better part of his life really helped him maintain his dignity and quality of life. He soldiered on for the last three of his seven years with severe joint degeneration, thanks to a combination of acupuncture and western medicine.

There are so many more such pets out there who can benefit from acupuncture and whose quality of life can change for the better. Today, integrated medicine is the way forward and combining acupuncture with western medicine, administered by a good vet, can complement each other and really help our hapless pets live a happier and healthier existence!



effective in the treatment of spinal cord issues in pets, such as intervertebral disc disease.

Modern day stimulating techniques include Dry Needling, Electro-Acupuncture, Laser Acupuncture, Aqua/Hemo-acupuncture.

What Are The Benefits Of Acupuncture?

Proven benefits include pain relief, stimulation of the nervous system, regulation of immunity, and improvement of digestive and reproductive health. It

As a practice, I always take into consideration the pet's personality before choosing the acupoints and the technique to be applied.

Combining modern diagnostics and some medicines with ancient treatment modalities promises maximum benefit and minimum side effects.



What Is Acupuncture?

Based on its Latin roots, 'Acus' means needle and 'Pungere' means to pierce. This healing system has been traced

PARSI TIMES *PT Timeout*

The Bawa Word Search

Search out 16 Most Popular Bands of the '70s hidden in the word-jumble box below, in bi-directional, horizontal, vertical and diagonal forms:

G Z G X P L E K N U F R A G D N A N O M I S B W T
 D F S A P V Q F C I G C O B E O B F S J M O S C K
 E A S F N E A R W Y J X S F E M F I E N N E D O A
 E Y I I W P F W K W X K D X M E X I P U N C T N T
 P N K Y U I N V Q T U M N Z X G G F G O G B R H B
 P S B J G B J T L V F Z U X D C W E T S V C E E P
 U O E N E L E D Z E P P E L I N V S E K R P Z Y M
 R J J L Y Y U Z M P K L I L R L G I T S D G L E Z
 P P F M T K T U Y T U R M N F N F E X W U T V D C
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 E L F Z E X E T P O C M V L Y Y E E Y U H E N X X
 C Z C X Q C X B M I V K L B O N E M V U M J T D T
 J F S N Y W M Z E G D O K G K Y T X W B W A L Y M
 D B P J B S Q J F H R G I N C R W R A C X C L B O
 M D M H Q S Q F R E T H J K O D O O U M J K U H I
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 I T F B S A E T L F V S N S N K D J V L S O O X Y
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 V A P E X R U C P Y S O Q V O N A G R L G F H Z T
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|------------------|---------------|---------------------|--------------|
| Eagles | The Beatles | The Rolling Stones | Led Zeppelin |
| The Jackson Five | Abba | Simon And Garfunkel | Bee Gees |
| The Doors | ZZ Top | Kiss | Jethro Tull |
| Lynyrd Skynyrd | Fleetwood Mac | Queen | Deep Purple |



TechKnow With Tantra

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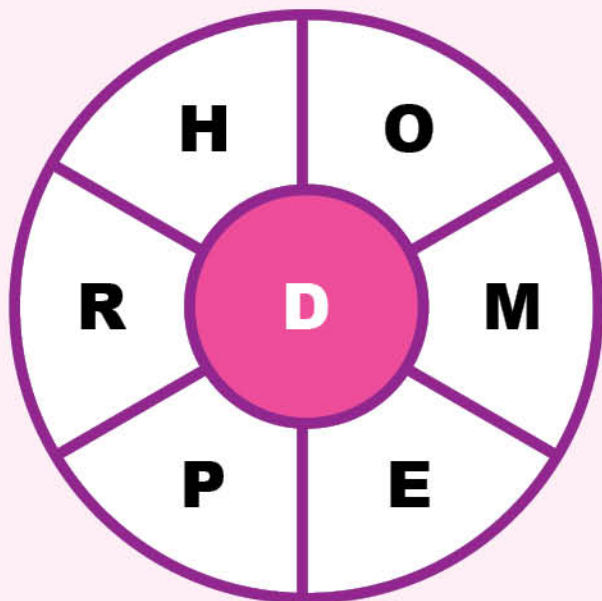
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7					2		5	3

HOW MANY WORDS?

How many words of four or more letters can you make from the letters below? Every word must contain the letter in the center. You should make at least one word using all 7 letters.



RESULTS:
 Average - 6 or more words
 Good - 8 or more words
 Outstanding - 10 or more words

WINNING CAPTION!!!



"Hu tan mahina thi baddhu kaam karuch - randhvanu, vasan dhovanu, gher saaf karvanu, bacchaone lesson karavanu!! Ne tu moora jevo besi ne joich!!! Ave bau thai gayu! Aaj thi tu baddhu kaam karse ne hu besi ne jovas!!"

By C R Shroff

CAPTION THIS!



Calling all our readers to caption this picture!

The wittiest caption will win a fabulous prize!

Send in your captions at editor@parsi-times.com by 15th July, 2020.

Disclaimer: Some of our 'Caption This' Contest photos are taken from freely available, public online resources and are published in a light and humorous vein, which is the mainstay of the Parsi spirit! No offence is intended to anyone or any situation.

Presents Chef Delzad



**Chef
Delzad K Avari**

Delzad K Avari is a Le Cordon Bleu, London Alumni. His love for cooking was evident from a very young age. Having completed the Grand Diploma in cuisine and patisserie from the London campus, post his Hotel Management degree from Mumbai's Sophia Polytechnic. His expertise has been honed with rich and varied experiences including his stints with the Taj Mahal Palace and Towers (Mumbai); a Food Producer with Masterchef India - Season 2, followed by Dubai and the Maldives; and more recently, as a Sous Chef in Trinidad and Tobago in the Caribbean!

Back home in Mumbai, he currently runs his own home chef set-up, greatly gaining in popularity, named, 'Del'z Kitchen' - an absolute go-to for all meat-lovers! Delzad also shares his expertise in Restaurant Menu Development and Consulting for his recent project - 'Tiger Lily', an upscale restaurant in Hyderabad. He has recently begun his own YouTube channel, titled 'Chef Delz', which is tasting great success! [Chef Delzad's Insta - Personal: @chef_delz & Work: @delzkitchen]. We welcome suggestions, queries and requests for recipes from our readers at editor@parsi-times.com

This week, Chef Delzad shares delicious and easy-to-prepare recipes for the monsoons - the perfect accompaniment with your evening drinks or anytime of the day!

Beer Batter Fried Prawns With Sriracha Mayo



For The Sriracha Mayo

Ingredients:

Mayonnaise – 3 tbsp;
Mafia Chef's Sriracha –
1 tbsp; **Garlic paste** – 1 tsp.

Method:

1. Combine the ingredients and mix together

For Marinating The Prawns:

Ingredients:

Deshelled and de veined prawns – 500 g;
Salt, Pepper and Paprika – to taste.

Method:

1. Season the prawns with the salt, pepper and paprika
2. Keep refrigerated before using

For Beer Batter:

Ingredients:

Beer – 500 ml; **Rice flour** – 1 ½ cup;
All-Purpose flour/Maida – ¾ cup; **Salt** – to taste

Method:

1. Mix all the ingredients together and whisk till you get a smooth batter.

Final Preparation – Frying The Prawns:

Ingredients:

Lettuce leaves of choice – 100 g (I have used ice-berg); **Olive oil** – 1 tbsp

Method:

1. Make a mixture of 50% rice flour and 50% All-Purpose flour/maida.
2. Roll the prawns in the flour and dust off the excess.
3. Dip each prawn in the batter individually.
4. Drop in hot oil.
5. Keep stirring the prawns to prevent from sticking.
6. Cook for about 3 -4 mins or till you get a golden-brown colour on the batter.
7. Serve hot with the Sriracha Mayo.

Friskee Whiskey



Ingredients:

Whisky – 60 ml;
Mint – 10 leaves;
Lime (cut in quarters) – ½ nos;
Honey – 1 tbsp;
Orange juice – 80 ml;
Ice – as required.

Method:

1. In a glass, muddle the lime-quarters and add the mint leaves.
2. Add 3 cubes of ice to the glass.
3. In a shaker combine the whisky, orange juice and honey with ice and shake it up.
4. Strain into the glass and serve!

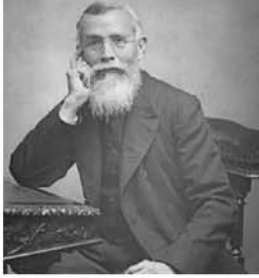
THE TRUTH. DELIVERED WEEKLY.

દાદાભાઈ નવરોજનું પુણ્યસ્મરણ

૩૦મી જૂન, ૨૦૨૦ ના રોજ, લંડન પોસ્ટે પ્રકાશિત કર્યું હતું કે લંડન ઈંગ્લેન્ડની પોલીટીકલ પાર્ટી એ દાદાભાઈ નવરોજ એમપીનું સન્માન કરવું જોઈએ.

ગુજરાતમાં જન્મેલા અને મુંબઈમાં શિક્ષિત, નવરોજ ૧૮૯૨માં સેન્ટ્રલ ક્વિન્સ-બરી મત વિસ્તાર (જેમાં મુસવેલ હિલનો સમાવેશ થાય છે) માટે લિબરલ સાંસદ તરીકે ચૂંટવામાં આવ્યા હતા, તેમ છતાં તત્કાલિન કન્ઝર્વેટિવ વડા પ્રધાન લોર્ડ સેલ્સબરીએ જાહેર કરેલી આગાહી છતાં, તેમને શંકા હતી કે બ્રિટીશ મત વિસ્તાર બ્લેક માણસ પસંદ કરશે.

સંસદમાં તેમના સમય દરમિયાન, નવરોજએ ભારતીય સ્વતંત્રતા માટે જ નહીં પરંતુ આઈરિશ ગૃહ નિયમ, મહિલાઓને મત અને વૃદ્ધોને પેન્શન આપવાની હિમાયત કરી હતી. તેમણે ભારતના બરોડાના વડા પ્રધાન, ગણિત અને પ્રાકૃતિક ફિલોસોફીના પ્રોફેસર, એક ઝોરાસ્ટ્રિયન ધર્મગુરૂ, એક ટ્રેડિંગ કંપનીના સ્થાપક ભાગીદાર અને ભારતીય રાષ્ટ્રીય કોંગ્રેસના અધ્યક્ષ તરીકે પણ સેવા આપી હતી - જે ભૂમિકા બાદમાં મહાત્મા ગાંધી અને જવાહરલાલ નહેરૂ જે ભારતના પ્રથમ વડા પ્રધાન હતા તેઓ દ્વારા ભજવવામાં આવી.



જ્યારે ભારતમાં તેમના નામ પર ઘણા રસ્તાઓ અને ઈલિંગટોનમાં એક બાજુની શેરી છે, હેરિંગમાં હાલમાં તેમનું સ્મરણ કરવાનું કંઈ નથી. બ્રિટિશ ઈતિહાસમાં તેમની ચૂંટણીને રજૂ કરવામાં આવેલા લક્ષ્યાંકને જોતાં, હેરિંગ લિબ ડેમ કાઉન્સિલરો મ્યુઝવેલ હિલના પાર્ક, શાળા અથવા મુખ્ય માર્ગનું નામ તેના સન્માનમાં રાખવા અથવા તેમની યાદગીરી માટે પ્રતિમા અથવા તકતી માટે વિચારી રહ્યા છે.

મુસવેલ હિલ માટે લિબરલ ડેમોક્રેટ કાઉન્સિલર જુલિયાએ ટિપ્પણી કરી હતી, હેરિંગ એ બ્રિટીશ રાજકારણમાં ઘણાં લોકોને પ્રથમ તરીકે જોયા છે.

ઉદાહરણ તરીકે, પહેલા બ્લેક કાઉન્સિલ લીડર, અને પહેલા બ્લેક એમપી તરીકે ચૂંટાયા હતા. આપણે આ અગ્રણીઓ વચ્ચે સર દાદાભાઈ નવરોજનું સ્થાન ઓળખવું જોઈએ. હવે તેમના વારસોને યાદ કરવા તે વિશેષ મહત્વનું છે ... નવરોજ સંસદમાં જાતિવાદ અને વસાહતીવાદની નિંદા કરતા હતા. એ યાદ કરીને કે વિક્ટોરિયન મતદારો તેમના સાંસદ તરીકે સામાજિક સામે ભારતીય પ્રચારકની પસંદગી કરવા તૈયાર હતા, અમે યાદ રાખીએ છીએ કે જાતિવાદનો લાંબો ઈતિહાસ છે, તે જાતિ-વિરોધી પણ છે. સૌજન્ય: લંડન પોસ્ટ

ફિલ્ડ માર્શલ માણેકશાની ૧૨મી પુણ્યતિથિનો સન્માન સમારોહ

ફિલ્ડ માર્શલ એસએચએફજે માણેકશાની ૧૨મી પુણ્યતિથિ નિમિત્તે ૨૭મી જૂન, ૨૦૨૦ ના રોજ, કોઈમ્બતુરના નીલગિરિસ જિલ્લામાં, વેલિંગ્ટન સ્થિત ડિકેન્સ સર્વિસીસ સ્ટાફ કોલેજ (ડીએસએસસી) દ્વારા પુષ્પાંજલી સમારોહનું આયોજન કરવામાં આવ્યું હતું. એક સત્તાવાર રિલીઝ મુજબ, કમાન્ડન્ટ ડીએસએસટીના લેફ્ટનન્ટ જનરલ વાયવીકે મોહને, સ્થાનિક પારસી સમુદાયની હાજરીમાં, ટ્રાઈ-સર્વિસ બિરાદરો વતી, દેશના પ્રથમ ફિલ્ડ માર્શલના અંતિમ આરામ સ્થાન પારસી ઝોરાસ્ટ્રિયન કબ્રસ્તાન, ઉધગમંડલમ પર પુષ્પાંજલી પાઠવી હતી.

સામ બહાદુર, જેમનું પૂજ્ય રીતે સંબોધન કરવામાં આવ્યું હતું, તે નીલગિરિસ, વેલિંગ્ટનમાં ૧૯૭૩ની શરૂઆતમાં આઠ આર્મી સ્ટાફ તરીકે કાર્યરત થયા પછી સ્થાયી થયા હતા અને ત્યાં તેઓ ૨૭ જૂન, ૨૦૦૮ના રોજ ૯૪ વર્ષની વયે અવસાન પામ્યા હતા. નીલગિરિસ પર્વતોને માટેના તેમની પ્રેમની શરૂઆત ત્યારે થઈ જ્યારે તેણે ડિકેન્સ સર્વિસીસ સ્ટાફ કોલેજ, વેલિંગ્ટનના કમાન્ડન્ટ તરીકે સેવા આપી હતી, લગભગ ચાર દાયકા લક્ષરમાં તેમની પ્રખ્યાત કારકિર્દી દરમિયાન તેમણે સંવેદનશીલ પદ સંભાળ્યું હતું.

ત્રીજી એપ્રિલ, ૧૯૧૪ના રોજ અમૃતસરમાં જન્મેલા માણેકશાએ બર્મી થિયેટરમાં બીજા વિશ્વ યુદ્ધમાં એક્શન જોયું. તેમને દુશ્મનના ચહેરા પર પ્રદર્શિત કરવામાં આવેલી સ્પષ્ટ બહાદુરી બદલ



સૈન્ય કોસથી નવાજવામાં આવ્યા હતા. ૧૯૭૧ના યુદ્ધમાં પાકિસ્તાનને નષ્ટ કરતા તેમણે ભારતની સેનાનું નેતૃત્વ કર્યું ત્યારે વૈશ્વિક ખ્યાતિ પ્રાપ્ત કરી, જેના પરિણામે તત્કાલીન પૂર્વ પાકિસ્તાનમાંથી બાંગ્લાદેશની રચના થઈ. ૧૯૭૧ના યુદ્ધને ઐતિહાસિક રીતે 'સામ બહાદુરનું યુદ્ધ' તરીકે ગણવામાં આવે છે, કારણ કે તેમની અજોડ નેતૃત્વ અને તત્કાલીન આર્મી સ્ટાફ તરીકે પૂરા પાડવામાં આવતી પ્રેરણા. પદ્મ વિભૂષણથી સન્માનિત કરીને અને પછી દેશના પ્રથમ ફિલ્ડ માર્શલ તરીકે તેમને ઉત્તેજન આપીને ભારતે સામ માણેકશા પ્રત્યે પ્રેમ અને આરાધના દર્શાવી. ૧લી જાન્યુઆરી, ૧૯૭૩ ના રોજ, તેઓ ફિલ્ડ માર્શલના પદ પરથી બદલી પ્રાપ્ત કરનારા ભારતીય સૈન્યના પ્રથમ જનરલ બન્યા. તેમણે ૩૯ વર્ષ સેવા આપીને ૧૫ જાન્યુ-આરી, ૧૯૭૩ ના રોજ ભારતીય સેનામાંથી નિવૃત્ત થયા. ૯૪વર્ષની વયે, ફિલ્ડ માર્શલ સામ હોરમસજી શમજી માણેકશાનું ૨૭ જૂન, ૨૦૦૮ના રોજ અવસાન થયું હતું.

પારસી ગેટ મરીન ડ્રાઈવ પરથી સ્થાનાંતરિત કરવામાં આવશે



૩૦મી જૂન, ૨૦૨૦ ના રોજ, બૃહમુંબઈ મ્યુનિસિપલ કોર્પોરેશન (બીએમસી)ના અધિકારીઓના નાના પ્રતિનિધિ મંડળે ટનલ કામ માટે દરિયાકાંઠાના 'પારસી ગેટ' (મરીન ડ્રાઈવ, દક્ષિણ મુંબઈ) ધાર્મિક બંધારણના સ્થળાંતર અંગે ચર્ચા કરવા આપણા સમુદાયના થોડા સભ્યો સાથે મુલાકાત કરી. તે તેના મૂળ સ્થળેથી લગભગ એક કિલોમીટર દૂર સ્થળાંતર કરવામાં આવશે, જ્યાં દરિયાકાંઠાના રસ્તાની ઉત્તર-બાઉન્ડ ટનલ બનાવવામાં આવશે. બીએમસી અધિકારીઓએ તેમના સૂચનો અથવા વાંધા નોંધવા માટે સમુદાયના સભ્યોનો સંપર્ક કર્યો. સમાચારોના અહેવાલો મુજબ સમુદાયના કોઈપણ સભ્યોએ આ પગલા સામે વાંધો ઉઠાવ્યો નથી.

પ્રખ્યાત તારાપોરેવાલા એકવેરિયમની સામે સ્થિત, પારસી ગેટ, જે એક સદીથી વધુ જૂનું છે

અને પરિશિષ્ટ સ્થાપત્યનું પ્રતિબિંબ છે, સમુદાયના સભ્યો વારંવાર પ્રાર્થના કરવા માટે આવે છે. ટનલ બનાવવાની યોજના મુજબ પારસી ગેટને કાયમી ધોરણે મરીન ડ્રાઈવ, (ભારત મહેલની સામે) દક્ષિણ તરફ ખસેડવામાં આવશે.

ફી પ્રેસ જર્નલના એક સમાચારના અહેવાલ મુજબ, સામાજિક કાર્યકર્તા ઝોરૂ ભાથેનાએ ધ્યાન દોર્યું કે નવા સૂચિત સ્થાનને બદલાવની જરૂર છે. હાલનો દરવાજો પ્રિન્સેસ સ્ટ્રીટ ફ્લાયઓવરની ઉત્તર તરફ સ્થિત છે - મરીન ડ્રાઈવનો આ ભાગ રેતાળ બીચ ધરાવે છે અને સમુદ્રના પાણીનો વપરાશ છે. જ્યારે સૂચિત સ્થાન, જે પ્રિન્સેસ સ્ટ્રીટ ફ્લાયઓવરની દક્ષિણમાં છે - મરીન ડ્રાઈવના આ ભાગમાં ટેટ્રાપોડ્સ છે, જેમાં દરિયાના પાણીનો વપરાશ નથી. તેથી, દરવાજો સ્થળાંતર કરવાની સાથે, દરિયાઈ પાણી, જેમ કે રેમ્સ, થાંભલાઓ અને પગથિયાંની વ્યવસ્થા કરવા માટે કેટલીક જોગવાઈ કરવી પડશે.

બીએમસીના એક વરિષ્ઠ અધિકારીએ પ્રતિક્રિયા આપતા કહ્યું કે પ્રોજેક્ટ ને આગળ વધારતા પહેલા કોઈ પણ પ્રસ્તાવિત પરિવર્તન પર વિચારણા કરવામાં આવશે, અને તેઓએ ખાતરી આપી કે તેઓ સમાજના સભ્યો સાથે સંપર્કમાં છે.

શેરિંગ ઈઝ કેરીંગ

‘એક દિવસ, શિરડીના સંત સાંઈ બાબાએ ૭ વિવિધ પ્રકારના અનાજ પીસવાનું શરૂ કર્યું. તે ફક્ત ૭ દાણા હતા પરંતુ તેમાંથી ભરપૂર લોટ નીકળ્યો. તેમના અનુયાયીઓ ખુશ થઈ ગયા અને ગામની મહિલાઓ આસ્થર્યચકિત થઈ ગઈ કે શું બાબા તેમને તેમના ઘરો માટે થોડો લોટ આપશે? પછી બાબાએ તેમને બોલાવ્યા અને બધાને થોડો લોટ આપ્યો. ત્યારબાદ તેમણે તેઓને સૂચના આપી કે આ લોટને આખા ગામની સીમા પર છાંટી દો.. તેમની સૂચનાનું પાલન તેમના ભક્તો દ્વારા કરવામાં આવ્યું હતું પરંતુ તેઓ બધા આસ્થર્યચકિત હતા કે બાબાએ તેમને આપું કરવા માટે શા માટે કહ્યું? ટૂંક સમયમાં એક મોટો રોગચાળો આવ્યો, લાખો લોકોએ જીવ ગુમાવ્યા અને બધા લોકો ડરથી જીવવા લાગ્યા. જો કે, શિરડી અને તેમાંના બધા લોકો સહીસલામત રહ્યા અને સાંઈ બાબાની કૃપાથી આ શહેર રોગચાળામાંથી સંપૂર્ણપણે બચ્યું અને સુરક્ષિત રહ્યું. - સાંઈ સતચરિત્રની વાર્તા

આજે, આપણે તે સમયની સતત રાહ જોઈ

રહ્યા છે જ્યારે આપણે બધા આપણા સામ-ન્ય જીવન, આપણું કામ, આપણું સામાજિક જીવન, આપણા પરિવરો, આપણા મિત્રો અને સૌથી અગત્યનું, આપણી અગિયારીમાં પાછા જઈ શકીએ. સમય-સમય પર સરકારે એક પછી એક લોકડાઉનની જાહેરાત કરી છે, અને સારા કારણોસર. આપણે એક સમુદાય તરીકે, સ્થાનિક બાગોના આપણા ઘરોમાં સલામત રીતે રહીએ છીએ પરંતુ દુર્દશા, ભયંકર વાસ્તવિકતા જે સાંભળીએ છીએ જે બાકીની વસ્તીને સામનો કરવો પડે છે.

શિરડીની સરહદ પર લોટ મુક્તા, સાંઈ બાબાએ કોઈ ધર્મનું અનુસરણ કર્યું નહીં પરંતુ તેમણે બધાની રક્ષા કરી. શું આપણે વાઈરસના કોધનો સામનો (વધુ માટે જુઓ પાનુ ૧૫)



એક નજર પારસી મરણો ઉપર

Deceased મરનાર	Age વય	Date તારીખ	Address ર. ઠે.	Relations સગાઈઓ
Zubin Dadabhoy Mistry ઝુબીન દાદાભોઈ મિસ્ત્રી	62 ૬૨	03-07-2020	CTS 876, Flat No.1001, Fressia Nx Chsl, Jaywant Sawant Marg, Dahisar (W), Mumbai 68. સી. ટી. એસ. ૮૭૬, ફ્લેટ નં. ૧૦૦૧, ફ્રેસીયા એન. એક્સ. એચ. એસ. એલ., જયવંત સાવંત માર્ગ, દર્હિસર (પ.), મુંબઈ ૬૮.	તે ચંચલા ઝુબીન મિસ્ત્રીના ખાવિંદ તે નેવીલ ઝુબીન મિસ્ત્રીના બાવાજી તે મરહુમો વીલ્વુ તથા દાદાભોઈ મિસ્ત્રીના દીકરા તે મરહુમો નિરમલકાન્તા તથા જસવંતલાલ કપુરના જમાઈ તે મરહુમ સનોબર દાદાભોઈ મિસ્ત્રીના ભાઈ.
Mehroo Soli Bharucha મેહરુ સોલી ભરુચા	90 ૯૦	03-07-2020	G-2, Sir J. J. Bldg. No. 2, Zoroastrian Block, Tardeo, Mumbai 7. જી-૨, સર જી. જી. બીલ્ડિંગ, બિલ્ડિંગ નં. ૨, ઝોરાસ્ટ્રીયન કોલોની, તારદેવ, મુંબઈ ૭.	તે મરહુમ સોલીના ઘણીયાની. તે મરહુમો તેલમીના દારબશા મિસ્ત્રીના દીકરી તે નીલુફર નોઝર દસ્તુર ને હોશેદર નરીમાન કનેક્ટશનરના મામી. તે મરહુમો બમન, મીનુ, આદર, કોલા ને નાજુના બહેન. તે દીનબઈ હોરમસજી ભરુચના વડુ. તે દોલી ને મરહુમ મનીના નણંદ. તે મરહુમ પેરીનના ભાભી તે દારાયસ, બેહરામ, રશ્માના માસી તે હોમાય, બેહરોઝ, નેવીલના કુઈજી તે મરહુમો સેમી ને સોલીના સાલી તે તીનાના મોટા મામી.
Kersi Bomanshaw Katgara કેરસી બોમનશો કાતગરા	79 ૭૯	04-07-2020	663, Shroff Panday Building, Parsi Colony, Mumbai 14. ૬૬૩, શ્રોફ પાંડે બિલ્ડિંગ, પારસી કોલોની, દાદર, મુંબઈ ૧૪.	તે મરહુમો આલુ તથા બમનશો કાતગરાના દીકરા તે મરહુમ દીના દોસાભાઈ મોદીના ભાઈ પુત્ર તે મરહુમ જરબઈ મેરવાનજી ગઝદરના ગ્રાંડ સન.
Danesh Noshir Daruwala દાનેશ નોશીર દારુવાલા	49 ૪૯	04-07-2020	Plot No.127, Flat No 5, Sher-E-Punjab Society, Andheri (East), Mumbai 93. પ્લોટ નં. ૧૨૭, ફ્લેટ નં. ૫, શેર-એ-પંજાબ સોસાયટી, અંધેરી (પૂ.), મુંબઈ ૯૩.	તે મેહરંગીઝ તથા નોશીર દારુવાલાના દીકરા તે એમેશ્વાઈસ યઝદી તલાતીના ભાણેજ.
Berjis Khusru Daver બરજીસ ખુશરુ દાવર	52 ૫૨	05-07-2020	Room No.3, 1st Floor, Kanga Building, Dr. Babasaheb Ambedkar Marg, Hindmata, Dadar, Mumbai 14. રૂમ નં. ૩, ૧લે માળે, કાંગા બિલ્ડિંગ, ડો. બાબાસાહેબ આંબેડકર માર્ગ, હિંદમાતા, દાદર, મુંબઈ ૧૪.	તે દીનાઝ બરજીસ દાવરના ખાવિંદ તે મરહુમો ફેની તથા ખુશરુ ફરામરોઝ દાવરના દીકરા તે નોઝર તથા કૈનાઝ ક. ડ્રાઈવરના ભાઈ તે મરહુમો હોમાઈ તથા ખુશરુ પાજનીગરના જમાઈ તે ફરશાદ ક. ડ્રાઈવરના મામાજી તે કૈઝાદ ખુશરુ ડ્રાઈવરના સાલાજી.
Pauras Pesi Patel પોરસ પેસી પટેલ	57 ૫૭	06-07-2020	B-102 Laxmi Dhul Complex, Achole Road, Achole Talav Gate No-2, Nallasopara (E), Palghar. 401 209 બી-૧૦૨, લક્ષ્મી દુલ કોમ્પ્લેક્સ, આચોલે રોડ, આચોલે તલાવ ગેટ નં. ૨, નાલાસોપારા (ઈ), પાલઘર.	તે મરહુમો રોશનમાય તથા પેસી પટેલના દીકરા તે પરીઝાદના ઘણી. તે વસ્પાન ને ઝરવાનના બાવાજી તે જહાંબક્ષ પેસી પટેલ તથા મરહુમ પરવેઝ પેસી પટેલના ભાઈ. તે રોશની ને આરમઈતીના દિયર તે નવાઝ, રૂઝબેના કાકાજી તે ફનાઝના કાકા સસરા, તે પરવીન તથા હોમી મુનસીના જમાઈ તે ઝરીર તથા કેરમાનના બનેવી તે બેનાઝ ને બિનાયફરના નણદોઈ તે ફીયાન, સનાયા, યોરીશ, ઝીલ, એન્જલના કુવાજી.
Jimi Faredoon Pavri જીમી ફરેદુન પાવરી	88 ૮૮	06-07-2020	3/3, Jehangir Mansion, Anandilal Podar Marg, Marine Lines, Mumbai 20. ૩/૩, જહાંગીર મેન્સન, આનંદીલાલ પોદાર માર્ગ, મરીન લાઈન્સ, મુંબઈ ૨૦.	તે મરહુમ આલુ જીમી પાવરીના ખાવિંદ તે સાયરસ જીમી પાવરી તથા હીલ્વા જીમી પાવરીના બાવાજી તે મરહુમો મેહરા તથા ફરેદુન પાવરીના દીકરા તે યાસમીન સાયરસ પાવરીના સસરાજી તે ફીરોઝ ફરેદુન પાવરી તથા મરહુમ પરવેઝ ફરેદુન પાવરીના ભાઈ તે પોરસ સાયરસ પાવરી તથા ફરાહ સાયરસ પાવરીના અપાવાજી તે મરહુમો મેહરામાય તથા સોરાબજી ચોથિયાના જમાઈ તે કેરસી ફિરોઝ પાવરીના કાકા.
Sheroo Tehmuras Pavri શેરુ તેહમુરસપ પાવરી	94 ૯૪	07-07-2020	D/16, Godrej Bwg, Nepeansea Road, Mumbai 6 ડી૧૬, ગોદ્રેજ બાગ, નેપેન્સી રોડ, મુંબઈ ૬	તે મરહુમો તેમીના જહાંગીરજી ભગવાગરના દીકરી. તે મરહુમ તેમુરસપના ઘણીયાણી. તે આદીલ ને ફરોખના મમ્મા. તે હોશનેર, ઝંચા ને કૈનાઝના અપઈજી તે એરચ, દોલી ને મરહુમો કુમા, ફીરોઝ, જેમી, મેહરુ ને રોશનીના બહેન તે શીરાઝ ને પર્વના સાસુજી તે મરહુમો તેમીના દિનશાજી પાવરીના વડુ.
Sam Rustomji Nalawala સામ રૂસ્તમજી નાલાવાલા	80 ૮૦	07-07-2020	Dr. Dosibai Home, Sant Savta Marg, Masina Hospital Comp. Byculla, Mumbai 27. માસીના હોમ, ડો. ડોસાબાઈ હોમ, ભાયખવા, માસીના હોસ્પિટલ, મુંબઈ ૨૭.	તે મરહુમો તેલમીના તથા રૂસ્તમજી નાલાવાલાના દીકરા. તે મરહુમો અરનાવાઝ કરંજયા ને રોશન કટકીના ભાઈ. તે માલકમ દીનશાહ મિસ્ત્રીના કેર ટેકર.
Adi Jehangirji Mistry અદી જહાંગીરજી મિસ્ત્રી	92 ૯૨	08-07-2020	382 - A, Pavwalla Building, Block No.5, M. S. Ali Road, Grant Road, Mumbai 7. ૩૮૨-એ પાવવાલા બિલ્ડિંગ, બ્લોક ૧૫, એમ. એસ. અલી રોડ, ગ્રેન્ટ રોડ, મુંબઈ ૭.	તે ફેનીના ખાવિંદ તે પરસીના પિતાજી તે મરહુમો પીરોજી તથા જહાંગીરજી ખરશેદજી મિસ્ત્રીના દીકરા તે ગુલ તથા મરહુમો ફીરોઝ, બજી ને હોમીના ભાઈ તે મરહુમો ફલી મનચેરશા તોડીવાલાના બનેવી તે મરહુમો બાનુબાઈ તથા મેરવાનજી ઘનજીશા ગઝદરના જમાઈ તે સોલી તથા મરહુમો જમશેદ, હોશીના બનેવી તે શીરાઝ ને રોશનના નણંદવઈ તે આરમઈતી બજી મીસ્ત્રીના જેઠ તે પીન્કી દરાયસ મીસ્ત્રીના કાકાજી તે કેરસી શીરીન તથા મહેરનાઝના કુવાજી.
Sam Godrej Gandhi સામ ગોદ્રેજ ગાંધી	82 ૮૨	08-07-2020	Flat No.207/208, Kuka Sadan Dr. B. R. Ambedkar Road, Parel, Mumbai 12. ફ્લેટ નં. ૨૦૭/૨૦૮, કુકા સદન, બી. આર. આંબેડકર રોડ, પારેલ, મુંબઈ ૧૨.	તે મરહુમ કુમી સામ ગાંધીના ખાવિંદ તે બોમી ને હોમીયારના બાવાજી તે ક્યુમર્સ, ખુશનાઝ ને ખુશનુમાના અપાવાજી તે મરહુમો નરગીશ ને ગોદ્રેજ જહાંગીર ગાંધીના દિકરા તે ફરીદાના સસરા તે મરહુમો આલામાય ને અરદેશર પ્રીન્ટરના જમાઈ તે કેટી ને મરહુમ બરબેર સોરાબજી મીરઝાના વેવાઈ.
Keki Homi Taraporewalla કેકી હોમી તારાપોરવાલા	79 ૭૯	08-07-2020	5/504, Firozgar, Behram Bwg, Parsee Colony, Jogeshwari (W), Mumbai 102. ૫/૫૦૪, ફીરોઝગર બેહરામ બાગ, પારસી કોલોની, જોગેશ્વરી (પ.), મુંબઈ ૧૦૨	તે નરગીશના ખાવિંદ તે સાઈરસ, સરોશ તથા મરહુમ ફિરોઝના પપા તે રોશની ને કેતાયુનના સસરા તે ફરહાદ, કરશીમા ને માલકમના અપાવાજી તે મરહુમો ફેની તથા હોમી દાદાભાઈ તારાપોરવાલાના દીકરા તે મરહુમ હોમાય મીનુ એન્જિનિયરના ભાઈ તે મરહુમો અરનાવાઝ અરદેશીર તતારીના જમાઈ.
Khoshed Dinshaw Mehta ખોરશેદ દીનશા મેહતા	92 ૯૨	08-07-2020	4-47, A. H. Wadia Bwg, Parel Tank Road, Mumbai 33. ૪/૪૭ એ. એચ. વાડીયા બાગ, ટેંક રોડ, પારેલ, મુંબઈ ૩૩.	તે મરહુમો જરબઈ દીનશાજી મેહતાના દીકરી તે બહેરામ તથા મરહુમો કોલામાય, જહાંગીર, નાદર, સાવક, એરચના બહેન તે કેરસીના માસીજી તે બેજન, સરોષ, નીલુફર, રોહીન્ટનના કુઈજી. તે મરહુમ પેસી સોહરાબજી દુબાશના સાળી તે કેટી, મરહુમ જીનીના નરન.

Death Announcements from Prayer Hall

Sikander Piroshaw Malao સિકંદર પિરોશા મલાવ	85 ૮૫	05.07.2020	101 Gai B Building, 647, Khareghat Road, Dadar (E) Mumbai 14. ૧૦૧ ગાય બી બિલ્ડિંગ, ૬૪૭, ખરેઘાટ રોડ, દાદર (ઈ) મુંબઈ ૧૪.	તે મરહુમ સીક્ષુના ઘણી તે મરહુમ ઘનમાય તથા મરહુમ પિરોશાના દીકરા તે નેવિલ અને ઝુબિનના પપ્પા તે મરહુમ બહેરામ, રતિ, કુમી, દિના, પેરિન અને જમશેદના ભાઈ તે મહેરનાઝના સસરા તે અનુસ્કા, હોરમઝદ, કાર્લ, યોહાનના ગ્રાન્ડ ફાધર.
Nargis Bomi Daroga નરગીસ બોમી દરોગા	79 ૭૯	08.07.2020	Daroga House No. 8, Gunpowder Road, Mazgaon, Mumbai 10. દરોગા હાઉસ નં. ૮. ગનપાઉડર રોડ, મઝગામ, મુંબઈ ૧૦.	તે બોમીના ઘણીયાણી તે મરહુમ શહેરામાય તથા મરહુમ પિરોશા મોટારામના દીકરી તે દારાયસ, ફરાહ, કશમીરાના મમ્મી તે ફિરોઝા, રામિયાર, અસ્પીના સાસુ તે દારાયસ, આરિશ, સાયરસ, વિસ્પી અને તરોનીશના ગ્રાન્ડ મધર.
Daulat Jal Khursetjee દોલત જાલ ખરશેતજી	93 ૯૩	09.07.2020	554, Kanaya Bhuvan, C Block, Ground Floor, Chira Bazar, Mumbai 2. ૫૫૪, કનાયા ભુવન, સી-બ્લોક, ચીરાબઝાર મુંબઈ ૨.	તે મરહુમ જાલના ઘણીયાણી તે મરહુમ મહેરબાઈ તથા મરહુમ અસ્પંદિયાર ઈરાનીના દીકરી તે પરવિન, યારમીન, રૂબી, તનાઝ અને ફિરદોશના મમ્મી.

Death Announcements from Thane

Osti Katty Nadar Dastoor 80 30.06.2020 Patel Apartment, Flat No. 75, Patel Agriary Compound, Tembi Naka, Thane West. પટેલ એપાર્ટમેન્ટ, ફ્લેટ નો. ૭૫, પટેલ અગિયારી કમ્પાઉન્ડ, ટેમ્બી નાકા, ઠાણે વેસ્ટ.

મરહુમ એડવર્ડ નાદર રૂસ્તમજી દસ્તુરના ધન્યાની તે મરહુમ મેહેરબઈ તથા મરહુમ ખાન બહાદુર ખરશેજી ગાર્ડના દીકરી તે પર્લ મીનું ગુજર, ફરીદા જીમ્મી ઈરાની, ફરજાના નેવીલ મિસ્ત્રી ને એડવર્ડ આદિલ નાદર દસ્તુરના મમ્માં તે મરહુમ મીનું, મરહુમ જીમ્મી, ઓસ્તી ફરજાના આદિલ દસ્તુર ને નેવીલ મિસ્ત્રીના સાસુજી તે દેવજીન, જેનિફર, એડવર્ડ શ્યામક, ઝીનાતારાના બપઈજી તે ફરજાન, બીનિફર, કર્ઝીનના મમાઈજી તે ટીઆ, રિયાન, અરિયસના ગ્રેટ ગ્રાન્ડ મધર તે મહરુખ ફરજાન ગઝડર ને જેહાન કેરાવાલા ના મોટા સાસુજી.

Death Announcements from Shree Daman Vapi Parsi Jarthosty Anjuman

Bejan Ardesar Vapiwala 70 07.07.2020 Anjan, Shalaka, Chalo, Vapi. અંજન, શલાકા, ચલા, વાપી.

તે ખુરશીદના ખાવિંદ તે મ. અરદેશર તથા તે મ. હિલામાય તથા ધનજીશા શ્રોફના જમાઈ તે તનાઝ, રૂબી તથા અરદીશના પપ્પા તે સરોષ, સુખિત તથા રૂઝીનના સસરાજી તે ફરદુન, દાદી, પરવેજ, મ. ફિરોઝ તથા હોમાય રાગીનાના ભાઈ તે મિજા તથા રૂશાદના બપાવાજી તે ફેયા, ઉરવાઝ, વરૂણ, ટીયા તથા કીયેનના મમાવાજી તે આલુ મરઝબાન મારફતિયા તથા શોભનાબહેન તથા રોશની રોલિન્ડન બારિયાના વેવાઈ તે મ. હોમીભાઈના સાલા તે પરવીઝ નરગેશ, મ. રોશન તથા મ. યાસમીનના દીયર તે મ. આલુ રૂસી શ્રોફ, કેટી પેસી ખંભાતા તથા રતી બોમી મહેરનોશના બનેવી.



અરે સાયરસ, કાલે સાંજે રોશનભાભીને જવેલરીની દુકાનની અંદર જતા મેં જોયા, આવી વિકટ પરિસ્થિતિમાં પણ તું સોનુ ખરીદે છે? અરે નવીન, તારી જોવામાં કેઈક ભૂલ થતી હશે.

ના સાયરસ ૯૯% સંગિતા ભાભી જ હતા.

મેં ત્યારે વાત ને ઉડાવી દીધી. પણ વાતની ગંભીરતા સમજી તેના મૂળ સુધી જવાનો મેં ઘરે પહોંચી પ્રયત્ન કર્યો. રોજના નિયમ મુજબ હું ઓફિસેથી આવ્યો એટલે રોશને પાણી આપ્યું. આજે રોજ કરતા તે પણ થોડી ઓફિસેથી વહેલી હતી. મારો દીકરો રૂશાદ તેની પ્રવૃત્તિમાં હતો. રોશન પણ રૂટિન વાતો કરી કિચનમાં રાતના ડીનરની તૈયારી કરવા લાગી. ડાઈનિંગ ટેબલ ઉપર જમવા બેઠા ત્યારે પણ હું બહારથી હસવા નો વ્યર્થ પ્રયત્ન કરતો હતો. હું રાહ જોઈ રહ્યો હતો રોશન મને નવીને કરેલી વાતના સંદર્ભમાં કોઈ વાત કરે છે કે નહીં? પણ રોશન મારાથી વધારે હોશિયાર હતી. તે પણ બહારથી ખોટું હાસ્ય બતાવી મને અને રૂશાદને ખુશ કરવા પ્રયત્ન કરી રહી હતી.

મેં તેને ખબર ન પડે તેમ તેના હાથ ગળા અને કાન અને તેની હાથની આંગળી તરફ નજર કરી. આશ્ચર્ય તેના ગળામાં ફક્ત અશો જરથુસ્ત્રના લોકેટ સાથેની ફક્ત ચેન હતી. તેના હાથની સોનાની બંગડી અને કાનની બુટી અને આંગળીની વીંટીઓ ગાયબ. એ જ્યાંએ મોતીની કડી અને હાથમાં ફક્ત લાલ રંગની કાચની બંગડી પહેરેલ જોઈ...

હું વાતના મૂળ સુધી પહોંચી ગયો. પણ મેં અત્યારે જમવાના ટેબલ ઉપર રૂશાદના ટેબલ આ બાબતે ચર્ચા કરવી

એકબીજાને ગમતાં રહીએ!

યોગ્ય ન સમજી.

અમુક કુટુંબીક કે વ્યક્તિગત ચર્ચા બાળકો સામે ન કરીયે તેમાં બંનેનું હીત સચવાયેલ છે. કારણ કે બાળકો વિચારશીલ હોય છે અને ભોળપણમાં કોઈ વખત જાહેરમાં પણ આવી બધી વાતો તેઓ બોલી દેતા હોય છે ત્યારે નીચું જોવાનું અથવા કોટુંબીક વિખવાદનું કારણ બને છે.

એટલે મેં થોડો સંયમ જાળવી બેડરૂમમાં રૂશાદ ઊંઘી ગયો ત્યારે મેં સંગીતા ને પૂછ્યું, રોશના એક સવાલ



કરું છું, તારા ઉપર શંકા કરવી એટલે ભગવાન ઉપર શંકા કરવી બરાબર છે પણ શંકાનું સમાધાન ન થાય ત્યાં સુધી પાક પરવરદેગાર ઉપર પણ આપણી શ્રદ્ધા ડગી જાય છે. તારી હાથની બંગડી, કાનની બુટી અને આંગળીની વીંટીઓ ક્યાં છે?

એતો મેં લોકરમાં મૂકી દીધી રોશન બોલી. મેં તેનો હાથ પકડી કીધું રોશન આ રૂશાદના માથે હાથ મૂકી જે હોય તે સત્ય કહે રાશને હાથ છોડાવી કીધો.

સાયરસ, સત્ય તારે જાણવું જ છે તો સંભાળ મેં મારા ઘરેણાં એક વર્ષ માટે ગીરવે મુક્યા છે, અમારી કંપનીમાં ૫૦% પગાર કાપ આવ્યો છે. તું પણ કહેતો હતો. તારી કંપનીમાં પણ ૫૦% પગાર કાપ આવ્યો છે. આગળનું નોકરીનું ભવિષ્ય ખબર નથી, આ બધી ઉપાધિ

કેટલી લાંબી ચાલશે એ તું કે હું જાણતા નથી.

તું પણ જાણે છે બેન્કના હમ્મર માટેની લોન પેટે ત્રણ મહિનાથી ચઢી ગયા છે. હવે સ્કૂલ ખુલશે એટલે રૂશાદની ફી, ૩૦૦૦૦૦ જે મેડિકલેમનો હમ્મર આવે છે આ બધા વિચારોથી મારી રાત અને તબિયત બગડતી હોય તેવું મને લાગ્યું.

બેન્કમાંથી પણ હમ્મર માટે વારમવાર મારા ઉપર ફોન આવવા લાગ્યા છે આવી પરિસ્થિતિમાં મને તને ડિસ્ટર્બ કરવો યોગ્ય ન લાગ્યું.

આટલું બોલી રોશન લોખંડના કબાટ તરફ ગઈ કબાટ ખોલી મારા હાથમાં રૂપિયા ૯૫૦૦૦ મુક્યા...

સાયરસ આમાંથી ૧૦૦૦૦ રૂપિયા પ્રમાણે ત્રણ મહિનાના બેન્કના હમ્મર, રૂશાદની છ મહિનાની સ્કૂલ ફી તથા મેડિકલેમ નીકળી જશે બીજા વધે એટલા આકસ્મિક ખર્ચ માટે રાખ્યું.

હું રોશનની સામે જોઈ રહ્યો કેઈ બોલવા જેવું હતું જ નહીં એક આદર્શ પત્ની તરીકેની ફરજ તે ભજવી રહી હતી. એ મારી સામે જોઈ બોલી ૧ વર્ષમાં બધું રેઝ્યુલર થઈ જશે એટલે આપણે ઘરેણાં છોડાવી નાખીશું.

રોશન આટલો મોટો નિર્ણય લેતા પહેલા તારે મને જાણ કરવી જોઈએ.

સાયરસ તારા હાર્ટનું ઓપરેશન ત્રણ વર્ષ પહેલાં કરાવેલ છે. આ બધું ટેન્શન હું તને આપવા માંગતી ન હતી

જાન હે તો જહાંન હે આટલું બોલી રોશન જાણે કેઈ બન્યું ન હોય તેમ મારા હાથમાં તાળી મારી હસવા લાગી.

વ્યવહાર કરતી વખતે સમાજ હમેશા પૂછે છે વલુ કેટલું સોનું લઈ આવી? પણ કોઈ એવું પૂછતું નથી કેટલા સંસ્કાર લઈ ને આવી.

લગ્ન એતો ત્યાગ, સમર્પણ, વિશ્વાસ અને એક બીજાના આત્મસન્માન સાથે જોડાયેલ કડીઓ છે. હું રોશનને ભેટી

શેરિંગ ઈઝ કેરીંગ

(પાના નં. ૧૩થી ચાલુ)

કરી રહેલા બધાને સુરક્ષિત રાખવા માટે આપણા પવિત્ર સ્પંદનો, આપણા મંત્રોની પ્રાર્થના કરી શકીએ નહીં? સમયની જરૂરિયાત એ છે કે આપણે બધા સાથે મળીને ઉભા રહીને સમસ્ત માનવતા માટે પ્રાર્થના કરીએ.

આજે, હું તમને, આપણા સમુદાયના દરેક સભ્ય, એક સાથે આવવા અને પ્રાર્થના કરવા કહું છું. આપણા મંત્રોની ઉપચાર શક્તિઓ ફેલાવવા, આપણા ગ્રહને સાજા કરવા. ચાલો આપણે આ વાયરસ સામે એકતાથી ઉભા રહીએ, કેમ કે આપણા મંત્રો અને આપણી શ્રદ્ધા કોઈપણ રોગ કરતાં ઘણી વધુ મજબૂત છે.

હું નીચે શેર કરું છું - એક સૌથી શક્તિશાળી મંત્ર જે ડોક્ટરોના ડોક્ટર રૂસ્તમ શહેરીયાર સાહેબનો છે. તે ૭૨ મગવ સાહેબોમાંનો એક હોવાનું મનાય છે જે હજી પણ દેમાવંદ કોહમાં રહે છે. બધી પ્રાર્થનાઓની જેમ, નીચે વર્ણવ્યા મુજબ અનુસરવા માટેનો પ્રોટોકોલ છે:

૧. તમારી કસ્તી કરો
 ૨. ૨ યથા અલુ વરીયો અને ૧ અશમ વોલુ ભણો
 ૩. પાઠ કરો: 'હકીમો ના હકીમ નીમ રૂસ્તમ શહેરીયાર સાહેબ' ૧૦૧ વાર (જેઓ ૧૦૧ વાર પાઠ કરવામાં અસમર્થ છે, તે ૯ વાર પાઠ કરી શકે છે)
 ૪. ૧ યથા અલુ વરીયો અને ૨ અશમ વોલુ ભણો
- ડોક્ટરોની સલાહનું પાલન કરો તેમણે જણાવેલ દવા લો. અને સાથે પ્રાર્થના કરો. પ્રાર્થના જે વિવિધ રોગો / સમસ્યાઓ હલ કરવા માટે કરી શકાય છે. આપણે આ સરળ પાઠ ફક્ત પોતાને જ નહીં પરંતુ સમગ્ર માનવજાતનાં ફાયદા માટે કરી શકીએ છીએ. ચાલો આપણે આ કહેવતની સાચી કરીએ - 'પારસી, તમારું બીજું નામ ચેરીટી' - અને આપણો અમૂલ્ય ખજાનો, આપણી માંથ્રવાણીથી, વિશ્વને સ્વસ્થપણે મુક્ત કરવામાં મદદ કરીએ.

- ડેઈઝી પી. નવદાર

પડ્યો. એક ચિંતા વગરની સવાર ફરીથી ડોગી. ફરી અમે કામે લાગી ગયા.

અને જોત જોતામાં લોક ડાઉન ખતમ થયું. આવતા રવિવારે અમારી લગ્નની એનીવરસરી હતી. આર્થિક સંકડામણને કારણે ખાસ તૈયારી કરી ન હતી.

રવિવારે સવારે રોશને મને વિશ કરી કીધું ડીયર હેપી મેરેજ એનીવરસરી મેં પણ તેના હાથ ઉપર કિસ કરતા કીધું. હેપી મેરેજ એનીવરસરી.

અને તેના હાથમાં ગીફ્ટ રેપ કરેલો એક બોક્ષ મૂક્યો. રોશને બોક્ષ ખોલ્યો, તમે આ ઘરેણાં..

હા રોશન, જ્યારે જ્યારે માંડે ઈન્કિમેન્ટ થયું હતું ત્યારે ત્યારે એ રકમનું મેં રીકરીંગ એકાઉન્ટ કરાવ્યું હતું. મુસીબત સમયની સાંકળ સમજી મેં તને કીધું ન હતું. આજે આ સાંકળ ખેંચવાનો સમય આવી ગયો એવું સમજી મેં એ

રકમ ઉપાડી તારા ઘરેણાં જવેલરી ને ત્યાંથી છોડાવી દીધા.

તમે તો મારા કરતાં છુપા રૂસ્તમ નીકળ્યા.

ના રોશન આપણે જે કરીયે છીયે એ પરિવાર કે ઘર માટે કરીયે છીયે. અંગત કોઈ તારો કે મારો સ્વાર્થ નથી...

મિત્રો, મધ્યમવર્ગની જીંદગી 'એક સાંઘતા તેર તૂટે' જેવી છે...

ઘરના હમ્મર અને બાળકો ને ભણાવવા અને આકસ્મિક ખર્ચના સરવાળા બાદબાકી કરતા કરતા ઘડપણ ક્યારે ઉંબરે આવી ઉભુ રહી જાય છે એ ખબર જ નથી પડતી.

છતાં પણ જીવન સાથી જો સમજુ હોય તો ઉજ્જડ ઉપવનમાં પણ તે બગીચો બનાવી દે છે.



YOUR MOON SIGNS JANAM RASHI THIS WEEK

લખનાર: મરહુમ મહારાજ શ્રી સ્વયંજયોતિના સહકાર્યકર્તા જયેશ એમ. ગોસ્વામી

અઠવાડિક રાશિક્ષણ: તા. ૧૧.૦૭.૨૦૨૦ થી તા. ૧૭.૦૭.૨૦૨૦



Aries - મેષ

અ.લ.ઈ.

૨૪મી જુલાઈ સુધી મંગળની દિનદશા ચાલશે. તબિયતની સંભાળ રાખજો. ખાવા-પીવામાં ધ્યાન આપજો. વાહન ચલાવતા હો તો સંભાળીને ચલાવજો. કોઈ પણ મિત્ર કે સગા સંબંધી તમારી પાસે ધનની માગણી કરે તો તેમને મદદગાર થવાની ભૂલ કરતા નહીં. ઘરમાં ભાઈ બહેન નારાજ થશે. ગુસ્સા પર કાબુ રાખજો. દરરોજ 'તીર યજ્ઞ' ભણજો. શુકનવંતી તા. ૧૨, ૧૩, ૧૪, ૧૫ છે.

Lucky Dates: 12, 13, 14, 15.

Mars' rule till 24th July suggests that you take good care of your health. Pay attention to your diet. Drive or ride your vehicles with extra caution. Avoid trying to lend money to any family members or friends during this period. Siblings could get upset. You will need to control your temper. Pray the Tir Yasht daily.



Cancer - કર્ક

સ.ઈ.

છેલ્લા પાંચ દિવસ શુકની દિનદશા ચાલશે. ઘણી-ઘણીયાણીમાં જે પ્રોમીશ આપેલા હશે તે પહેલા પૂરા કરી લેજો બાકી ૧૬મીથી ૨૦ દિવસ માટે થઈ થતી સુર્યની દિનદશા બંનેમાં મતભેદ ઉભા કરશે. ઉત્તરતી શુકની દિનદશા મનની મુશ્કેલી પૂરી કરશે. કોઈપણ કામમાં ૧૬મી સુધી મુશ્કેલી નહીં આવે. હીસાબી કામ પહેલા પૂરા કરી લેજો. દરરોજ ૩૬મુ નામ 'યા બેસ્તરના' સાથે 'યા રયોમંદ' ૧૦૧વાર ભણજો. શુકનવંતી તા. ૧૧, ૧૨, ૧૩, ૧૪ છે.

Lucky Dates: 11, 12, 13, 14.

Venus rules you for the next five days - ensure to deliver on the promises made to your better half. From the 16th onwards, the Sun's rule for the next 20 days, could cause squabbles between couples. The descending rule of Venus will make your sincere wishes come true. Things will go smoothly till the 16th, so ensure to complete accounts-related work first. Along with the 36th Name, 'Ya Beshtama', pray 'Ya Rayomand', 101 times daily.



Libra - તુલા

જ.જ.

ધનની ખેંચતાણ રહેશે. આવક પહેલા ખર્ચનું લીસ્ટ તૈયાર રહેશે. રાહુ તમારી દિવસની ભૂખ અને રાતની ઉંઘ બંને ઉડાવી દેશે. તમારા દુશ્મન ખૂબ વધી જશે. તમારી અગત્યની ચીજ વસ્તુ ખોવાઈ જવાના ચાન્સ છે. રોજના કામમાં ભૂલો થવાના ચાન્સ છે. દરરોજ ભુલ્યા વગર 'મહાભોષ્ટાર નીઆએશ' ભણજો. શુકનવંતી તા. ૧૨, ૧૩, ૧૬, ૧૭ છે.

Lucky Dates: 12, 13, 16, 17.

Financially, things could get difficult. Your list of expenditures will be ready even before you have received your income. Rahu's influence could take a toll on your hunger and sleep. There could be an increase in the number of your detractors. There's a chance of you misplacing a crucial item. You could end up making mistakes in your daily works. Pray the Mah Bokhtar Nyaish daily.



Capricorn - મકર

ખ.જ.

૨૬મી જુલાઈ સુધી શનિની દિનદશા ચાલશે. મોટા સુધી આવેલા કામ અટકી જશે. મિત્રો કરતા દુશ્મનો વધી જશે. નાણાકીય લેતી કરવાની ભૂલ કરતા નહીં. કોઈ પણ વ્યક્તિને ઉધાર પૈસા આપતા નહીં. તબિયતની સંભાળ રાખજો. તમારી નાની ભૂલ મોટી મુશ્કેલીમાં મુકશે. દરરોજ 'મોટી હમન યજ્ઞ' ભણજો. શુકનવંતી તા. ૧૧, ૧૨, ૧૩, ૧૪ છે.

Lucky Dates: 11, 12, 13, 14.

Saturn's rule till 26th July could cause undue stoppages in your ongoing work. There could be an increase in the number of your detractors instead of friends. Avoid engaging in any kind of financial transactions. Avoid lending money to anyone. Take care of your health. Your smallest mistake could land you in big trouble. Pray the Moti Haptan Yasht daily.



Taurus - વૃષભ

બ.વ.ઉ.

૨૬મી જુલાઈ સુધી ચંદ્રની દિનદશા ચાલશે. જે પણ કામ કરશો તેમાં પાક પરવરદેગારની મદદ મળી રહેશે. ઘરવાળાને મદદ કરવાથી મનને શાંતિ મળશે. મુસાફરી કરી શકશો. તમારા અધુરા કામ પહેલા પૂરા કરજો. નવા કામ કરવામાં પણ સફળતા મળશે. ધનલાભ મળતા રહેશે. દરરોજ ૩૪મુ નામ 'યા બેસ્તરના' ૧૦૧વાર ભણજો. શુકનવંતી તા. ૧૧, ૧૨, ૧૬, ૧૭ છે.

Lucky Dates: 11, 12, 16, 17.

The Moon's rule till 26th July showers you with divine blessings in all your endeavours. You will feel peaceful by helping family members. Travel is on the cards. Ensure to complete your unfinished projects first. New ventures will be successful. You will continue to make profits. Pray the 34th Name, 'Ya Beshtama', 101 times daily.



Leo - સિંહ

મ.ટ.

શુકની દિનદશા ચાલુ હોવાથી તમારા દરેક કામમાં સફળતા મળશે. નાણાકીય બાબતમાં સારા સારી રહેશે. શુકને કારણે ખર્ચ વધી જશે. થોડી મહેનત કરવાથી ધન મેળવી શકશો. શારીરિક બાબતની અંદર સારા સારી થતી જશે. માથા પર કરજદારી હશે તો તે ઓછી કરી શકશો. દરરોજ 'બહેરામ યજ્ઞ'ની આરાધના કરજો. શુકનવંતી તા. ૧૪, ૧૫, ૧૬, ૧૭ છે.

Lucky Dates: 14, 15, 16, 17.

Venus' ongoing rule brings you success in all that you do. Financially things will be good. Venus' influence will increase your expenditures but with a little effort you will be able to earn it all back. Health will continue to improve. You will be able to lessen your debts. Pray to Behram Yazad daily.



Scorpio - વૃશ્ચિક

ન.ચ.

ગુરુની દિનદશા ચાલુ હોવાથી ૨૩મી જુલાઈ સુધી તમારા હાથથી કોઈની ભલાઈનું કામ થઈ જશે. મિત્રના અટકેલા કામમાં તેનો સાથ આપજો. ઘરમાં જોઈતી વસ્તુ ખરીદી શકશો. ઘરવાળાની ડિમાન્ડ આ અઠવાડિયામાં પૂરી કરજો. શારીરિક સુખ સારું રહેશે. કામ કરવામાં મુશ્કેલી નહીં આવે. દરરોજ 'સરોશ યજ્ઞ' ભણજો. શુકનવંતી તા. ૧૧, ૧૨, ૧૪, ૧૫ છે.

Lucky Dates: 11, 12, 14, 15.

Jupiter's ongoing rule till the 23rd of July will nudge you into doing a helpful deed for another. You will help a friend restart a stalled project. You will be able to make purchases needed for the house. Ensure to cater to the needs of your family members this week. Your health will be good. There will be no challenges at work. Pray the Sarosh Yasht daily.



Aquarius - કુંભ

ગ.શ.સ.

૨૦મી જુલાઈ સુધી બુધની દિનદશા ચાલુ હોવાથી તમારા કામ વીજળીવેગે પૂરા કરી શકશો. આ અઠવાડિયામાં ઈનવેસ્ટમેન્ટ કરી શકશો. મિત્રને મદદ કરી શકશો. બીજાઓ તમારા કામની કદર કરશે. બુદ્ધિ વાપરી કામ કરવામાં માનશો. દરરોજ 'મહેર નીઆએશ' ભણજો. શુકનવંતી તા. ૧૪, ૧૫, ૧૬, ૧૭ છે.

Lucky Dates: 14, 15, 16, 17.

Mercury's rule till 20th July will help you complete your work with lightning speed. You will be able to make investments in this week. You will be able to help a friend. You will receive appreciation for your work from others. You will work with intelligence. Pray the Meher Nyaish daily.



Gemini - મિથુન

ક.ઇ.ધ.

વાંબા સમય માટે શાંતિ મળે તેવા ચંદ્રની દિનદશા ચાલુ છે. જે પણ ડિસીઝન લેશો તેમાં ફેરફાર નહીં કરો. નાણાકીય બાબતમાં ફાયદો થશે. નોકરી કરતા હશે ત્યાં માન ઈજ્જત મળશે. જે પણ કમાશો તેમાંથી અચત અવશ્ય કરજો. ફેમિલી મેમ્બરનો સાથ મળશે. દરરોજ ૩૪મુ નામ 'યા બેસ્તરના' ૧૦૧વાર ભણજો. શુકનવંતી તા. ૧૪, ૧૫, ૧૬, ૧૭ છે.

Lucky Dates: 14, 15, 16, 17.

The Moon's peaceful rule will grace you for a long time. Do not second guess your decisions. Financial profits are indicated. The employed will receive respect and admiration at their place of work. Ensure to make investments from your earnings. Your family members will be supportive. Pray the 34th Name, 'Ya Beshtama', 101 times daily.



Virgo - કન્યા

વ.ક.ઇ.

વાંબા સમય માટે શુકની દિનદશા ચાલશે. તમારી મુશ્કેલીઓ દૂર કરવામાં સફળ થશો. નવા મિત્રો મળવાથી ભવિષ્યમાં ફાયદો થશે. પ્રેમી કે પ્રેમિકા તરફથી સારા સમાચાર જાણવા મળશે. નવા કામ મળશે. અચાનક ધનલાભ મળશે. શેર માર્કેટમાં ઈનવેસ્ટમેન્ટ કરી શકો છો. રોજ 'બહેરામ યજ્ઞ'ની આરાધના કરજો. શુકનવંતી તા. ૧૧, ૧૩, ૧૪, ૧૫ છે.

Lucky Dates: 11, 13, 14, 15.

Venus' long-standing rule helps you do away with the challenges you have been facing. Making new friends will prove beneficial in the future. You will get good news from your sweetheart. You will receive new work projects. Sudden profits are indicated. You could invest in the share markets. Pray to Behram Yazad daily.



Sagittarius - ધન

ભ.ધ.ક. ટ.

ગુરુની દિનદશા ચાલુ હોવાથી તમને નાણાકીય મુશ્કેલી નહીં આવે. જે કામ કરવા માગતા હશે તે કામ મેળવી શકશો. કરેલા કામનો બદલો મળી રહેશે. જે ધન મેળવશો તેને સારી જગ્યાએ વાપરજો. ઈનવેસ્ટમેન્ટ કરવામાં સફળ થશો. દરરોજ 'સરોશ યજ્ઞ' ભણજો. શુકનવંતી તા. ૧૪, ૧૫, ૧૬, ૧૭ છે.

Lucky Dates: 14, 15, 16, 17.

Jupiter's ongoing rule will safeguard you from any financial strains. You will be able to land the work project that you desire. You will receive the fruits of your labour. You will be able to utilize your earnings in a good place. You will succeed in making good investments. Pray the Sarosh Yasht daily.



Pisces - મીન

દ.ચ.ઝ.થ.ક્ષ.

બુધ જેવા શુભ ગ્રહની દિનદશા ચાલુ હોવાથી તમને તમારા કામમાં વાત જાણવા મળશે. થોડી મહેનત કરી વધારે કમાશો. તમારા લેણાના પૈસા થોડી ભાગદોડ કરી મેળવી શકશો. વાંબા સમય માટે રોકાણ કરવાથી ફાયદામાં રહેશે. ગામ પરગામથી સારા સમાચાર મળવાના ચાન્સ છે. ઘરવાળાને આનંદમાં રાખજો. દરરોજ 'મહેર નીઆએશ' ભણજો. શુકનવંતી તા. ૧૧, ૧૩, ૧૪, ૧૬ છે.

Lucky Dates: 11, 13, 14, 16.

Under the auspicious rule of Mercury, you will receive beneficial tidings. Working a little more will bring you good income. With a little added effort, you will be able to retrieve your debts. Long term investments will prove beneficial. You will receive good news from abroad. You will be able to keep your family happy. Pray the Meher Nyaish daily.



RUBY LILAOWALA

Meherbai's Two Minutes!!

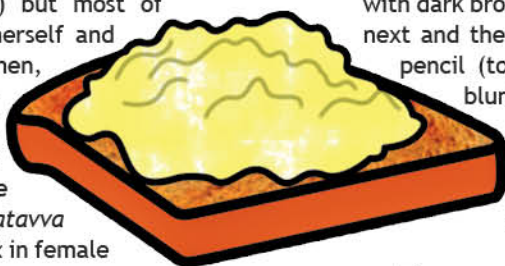
Whenever there was a formal or even a semi-formal occasion, Meherwanj's BP would rise to the rooftop, because like most women, his wife - Meherbai, was never ready on time. Just as philosophers keep asking, "What is the purpose of life?" Meherwanji kept asking "Why do wives take so long to dress?"

Oh hello! He was married long enough to understand that for a woman, dressing up is an art and it can never be a rushed affair! Unfortunately, he never understood this simple fact and this always led to a gender-war with him saying, "It takes one minute to put on your dress, pant, skirt or sari, another for shoes and one more for hair and make-up, so that totals up to three minutes!"

Meherbai: Women love to look good, especially married women because they should be a social asset for their hubbies. And this is not *aaj-kaal ni matter!* Even ancient Indian literature talks of an elaborate and fascinating *Shringaar* i.e. the process of a woman adorning herself and getting ready.

Meherwanji: But my mother and sister just apply Johnson's Baby Powder on their face and dress in a jiffy.

Meherbai: Yeah sure! And how long is a jiffy? At least half an hour after the baby-powder ritual. A woman getting ready to go out is something very intimate and enjoyable, part of her dressing is for her husband (look darling - I'm still beautiful!) but most of it is for herself and other women, so P U H - L E E Z d o n ' t p o k e your *kakatavva jevoo nsak* in female matters!



And so it came to pass that M & M (by now you know who) were going out for a casual lunch to a Club with a few couples and Meherbai decided to wear a shirt and jeans with sneakers, while her significant half was all dressed and waiting since 40 L-O-N-G minutes.

Meherbai: I look like I am going for a



morning walk. It's the sneakers. I'll change them for high heels.

Meherwanji: Baby, the sneakers are ok! You look like a cowboy - I mean a pretty cow-girl!

Meherbai: Oh God! The high heels make no difference. It's the shirt - not at all feminine. Also, I'll wear higher heels which will elongate my legs, reduce the width of my hips and thighs and magically make me look five kilos less!

Meherbai put on the killer-heels and tottered towards her dressing table because it was time for make-up-shake-up. In other words, putting powder and paint to look what she ain't! Of course, every two minutes, she kept hollering to her bitter-half, "Just two minutes more," and every time the Mister heard these words, he came out in a rash.

Meherbai applied concealer on her under-eye circles and looked like a panda-bear with white rings under the eyes. There was no time to fix this except to dab on some compact and hope no one notices it. She then put on pink frosty blush on her cheekbones to highlight them. Her face looked plum, so she contoured it and made it look slim with dark brown powder! Eye-liner came next and the mascara but the eyebrow pencil (to draw thicker brows) was blunt.

She shouted out to Meherwanji, "Please give me a pencil-sharpener!"

The poor fellow looked high and low in every nook and corner and finally found it after 15 minutes. When he went to deliver it, he found Meherbai flipping her hair upside-down, back-combing it and flipping it back again (for volume).

Meherwanji: What have you done? Your hair looks like a lion's mane!

Meherbai: No! No! My hair is a mess

- whatever is remaining of it after straightening and streaking it!

Meherwanji: Then why do all this straightening and streaking and go bald?

Meherbai: *Tamey nahin samjho!* Every girl in Cusrow Baug has *gor-papri* coloured hair with streaks! It's the latest fashion - ask Savio John or Pervien Irani, they should know!

Meherwanji: So if everyone jumps into a well, will you also jump into it and become a *gor-papri*-blond like the Cusrow Baug babes?

Meherbai looked angrily at him and if looks could kill, he would have been dead by now. The cell-phone rang for the fourth time and she inquired, "Who is it?"

Meherwanji: It's Nariman.

Meherbai: *AHRIMAN? Eh su boloj?*

Meherwanji: It's Nariman, not Ahriman!

Meherbai: *Mareray! Ahriman means the devil - Shekasteh, Shekasteh Sehtaan!* Put the phone down Nari, I can't talk now. Will call later. Then turning to Meherwanji, she said, "Please change your ill-fitting dentures. They are making you *bobra!* You eat up half the words when you talk and the other half no one understands!"

Meherwanji: *Arrey, saaru thayu dentures ni yaad aapi!* I had forgotten to wear the lower ones!

Meherbai: And while you are at it, wear your hearing-aid as well so you don't have to say 'what', 'what', 'what' - *chikri-pot* every time my friends talk to you. They cannot repeat everything three to four times!

Meherwanji: Don't talk so much darling - you have already eaten up more than half your lipstick! Just then, two more friends phoned, inquiring if they were coming for lunch. Each time, Meherbai would say, "Just two minutes. We are about to leave!" Another call came informing that that the friends had finished their soups and starters!

Meherbai: Just two minutes! Meherwan can't find his hearing aid. For the next

fifteen minutes, there was a treasure-hunt all over the house since the man had the bad habit of dumping his hearing-aid here, there and everywhere and anywhere in the house!

Meherwanji: *Chaal ni mai! Havey to chaal!*

Meherbai: No! Wait! My dress is all wrong, my make-up is patchy and the killer-heels are killing me. Please give me two more minutes to fix all this!

Meherwanji: *Oh Kodaiji! Tamey bairaaone biju badhu bhaltu saltu aapyu, taney badley akkal kai nahi aapi?*

Meherbai started lecturing Meherwanji for wasting time in finding his hearing-aid and his clever reaction? Can't hear you, darling! Battery down *chhe!* After what seemed to Meherwanji like a lifetime, they started for the lunch, saying better late than never. As they were driving, there was another phone call saying that everyone had finished the main course and the desserts were divine -- come soon!

M & M reached the Club, drenched in Mumbai rain, *haafta-hoofta, afrata-jikhata* and what do they see? Everyone bidding bye-bye to each other, saying good-bye, bye-bye, Tata, take care etc., of course, keeping social distancing in mind.

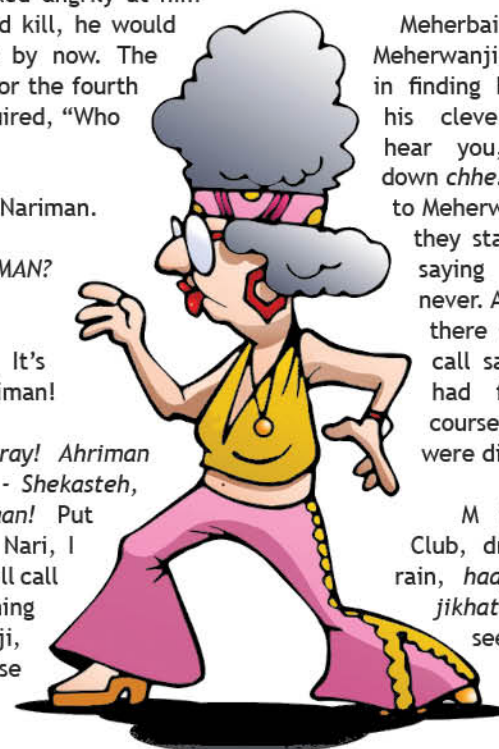
Nariman rubbed salt into Meherwanji's wounds saying, "*Soo tasty khavanu hatoo!*" which convinced Meherwanji that Nariman was indeed an *Ahriman!*

Since M & M weren't members of this Club and the host and hostess were leaving, they had no option but to go home, drenched in the rain. Once home, the Mister asked, "What's for lunch?" to which the wife replied, "*Charvela eeda!*"

Meherwanji: Bring them soon! I'm dying of hunger!

Meherbai: Two minutes!

Meherbai, as usual, took her own time and brought the eggs to the dining-table and what did she see? Her darling husband sound asleep, dentures and hearing-aid on the dinner-plate and snoring away to glory, like a *ghat-nu-engine!*



The Zen Series: Changing The World



KASHMIRA SHAW RAJ

Parsi Times presents our readers 'The Zen Series' by PT Columnist, Kashmira Shaw Raj – a professional Taichi and Qigong practitioner and teacher, as also a sought-after clinical psychologist and healer. These Zen stories will resonate with you and help you connect within, at a deeper, inner level to encourage and empower you to reflect. These make for good reading across people of all ages and speak to the reader at several levels. If you're looking to bring about a positive change in yourself, 'The Zen Series' will inspire, motivate and facilitate you in realizing truths about yourself and life, to ultimately set you on the path of growth, wisdom and happiness.

The third part of 'The Zen Series' shares the story about an old man learning a valuable lesson from a young girl saving starfishes on the beach...

"An old man walks down to the beach and sees it is covered with tens of thousands of starfish, as far as the eye can see. Far down the beach, he sees a young girl who is picking the starfish up, one by one, and tossing them back into the ocean. Amused, he walks to the girl to speak with her. "Little girl," the old man says, "What are you doing?" "I'm saving these starfish's lives," says the girl. "If I don't throw them back in the water, they'll die. They need the water to live." The old man laughs to himself. Naïve girl, he thinks. "But you are only one person. There are tens of thousands of starfish on this beach. How can you possibly make a difference?" The girl bends down, picks up a star fish, looks at it, looks up at the man, tosses it into the surf, then says, "I made a difference to that one!"

From Sivana East
(5 zen stories you
have never heard.)

Can a single person make a difference? Of course s/he can! One must want to help. This has been repeatedly proven, especially in the times of the lockdown. A single lady gives Rs. 500/- from her measly pension of Rs. 2000/-. This seems a very small amount when compared to those who gave much more! So, did her contribution help? Immensely!

It is never how much you can help, but how much you really wish to. There are many of us who feel that we do not have the resources to do so. But if we are able to help one person and do that one thing that matters, it will make a world of a difference to that person. If you help one person and



positively impact his/her life, you have no idea how many lives connected to this person will also change. It is not up to you to decide how you will bring about a change. Just DO IT. And Do it without getting into analytical mode.

That is all you need think about.

Vital Points To Keep In Mind Along Your Journey Into Making A Difference:

1. Ignore other peoples' reactions.
2. Help is not a burden. Enjoy giving.
3. The quantum does not matter. At times even a hug and smile work their magic, if given at the right time. Or a blessing.
4. Seniority in age does not always mean superior thinking. Give credit where it is due.
5. No help goes unrecognized in the universe.
6. Be strong and keep the faith in what you do.
7. Self- motivation works the best.
8. Become a trendsetter if possible.

Think about this - if the girl in the story had stopped to think and been deterred by the man laughing, that starfish she helped would have been struggling like the rest. Believe that you can and know that whatever you do will always have a positive effect. No excuses work if there is the will to do what you wish to. So just go ahead and start! Start small and don't give up!



Kashmira Shaw Raj is a professional Taichi and Qigong practitioner and teacher. Also, a successful clinical psychologist, psychic and healer, Kashmira runs 'The Tai-Qi Touch' with her husband, Dr. Brijesh Raj, a healer and a Vet. Taichi practitioners for over fourteen years now, they are instructors in Sifu Carlton Hill's Tao Taichi Qi Gong organization, and Shibashi Instructors under Sifu Wing Cheung from the Feng Shui and Taichi Institute, Hongkong & Canada.

The Tai-Qi Touch offers classes for adults and children at 'Infinite Studio' (Opp. Starbucks Café, Chowpatty, Mumbai). To contact Kashmira, M: 9323874418 or Email: kash.shaw@gmail.com



Reader's Corner

Parsi Times is delighted to present the writings of our talented readers with the Community, via our promotional platform - Reader's Corner. We encourage and promote our budding writers, to share your original works – poetry or prose, by offering the opportunity of getting your work published in Parsi Times – the Community's leading Newspaper! Mail us with your contributions at editor@parsi-times.com

Our Plea

By Afried F. Dastur

O Ahura! Kind, despite our bad behaviour,
Grant us please, a very special favour;
Forgive us our disobedience and grave disrespect,
Shamefully displayed against You and Nature, in every aspect.
The poor in pitiable plights - perishing in thousands, they are,
Homeless have people become, as their villages are very far.
They starve without food or drink, due to deficit of funds,
Stranded on barren roads, desperate, under the raging sun.

We repent our sins, as we sit imprisoned in our cocoons, curled.
Please answer our ardent plea, grant us again, a healthy world!



Reader's Corner

Parsi Times is delighted to present the writings of our talented readers with the Community, via our promotional platform - Reader's Corner. We encourage and promote our budding writers, to share your original works - poetry or prose, by offering the opportunity of getting your work published in Parsi Times - the Community's leading Newspaper!

Mail us with your contributions at editor@parsi-times.com

Through Words... To Heart

By Nazneen Taraporwala

"Language is the blood of the soul into which thoughts run and out of which they grow." - Oliver Wendell Holmes.

Language is the soul of communication; without communication there would be no means of expressing ideas or feelings. According to Linguistics, "Language is a human system of communication that uses arbitrary signals, such as voice sounds, gestures and written symbols." The Ethnologue Catalogue of World Languages, one of the best resources, currently lists 6,909 living languages. India has 22 major languages and 720 dialects. The fact as regards when, how and by whom was language invented, is still unknown. It is assumed that language first appeared among Homo-sapiens somewhere between 30,000 and 1,00,000 years ago. It is assumed that the Sumerian language is one of the earliest amongst languages.

"Language is a road map of culture. It tells you where its people come from and where they are going." - Rita Mae Brown

Root language plays a vital role in the overall development of a child. It mainly connects to one's culture, ensures better cognitive development and also aids in the learning of other languages. Family plays a major role in the same. A child learns through observations and imitation. For instance, if you leave a child in the company of a wolf or monkey, the child will exhibit the behaviour of those animals. Hence, the environment also plays a crucial role in the development and behaviour of a child.

"Learning is a treasure that will follow its owner everywhere." - Chinese Proverb

When we intend to speak about our Indian culture, the best thing about it is we believe in adopting the best of all other great cultures. We believe in 'Unity in Diversity'. Up to 1947, India was under British Raj and we casually adopted all the possible best things from their culture, specifically the English language. Not forgetting the darker side, the policy of divide and rule stays entrenched in our roots and we suffer its evils even today, in the 21st Century.

A persistent British ruler named Thomas Babington Macaulay introduced an education system which provided education to Indians in English. It promoted education and learning in the country, but it was only enough for clerical jobs as it lacked intellectual development. But in keeping with the flexibility and convenience offered by the English language, the need of adopting it was urged. Even today, in all areas of higher education in our country, the English language is used as the standard language to maintain the level of learning in different states

of India, as we have different regional languages in different states.

When we talk of translating the literature of one language into another, a chemical reaction takes place in the mind of the writer, which sometimes results in the translated literature turning out to be more popular than the original! Whereas sometimes offensive writers stealthily acquire the works of original writers and publish it in their own name, which affects the original work of a writer.

According to the father of the nation, MK Gandhi, Narayan Hemchandra (1855-1904) was a voracious reader and wanted to learn different languages and translate such literature in his root language so that he could quench the thirst of readers who wanted to read foreign literature. He never parted from his roots. He always practiced Indian attire, culture and language in all foreign lands he visited. On one such instance, he was even arrested for wearing 'dhoti' in foreign country.

"To have another language is to possess a second soul." - Charlemagne

Coming back to languages, when we think which language should wear the mantle of 'Best Language', the answer that always comes to my mind is one's own mother-tongue. Major countries across the world stick to their roots when it comes to adopting a foreign language. But when we talk about the world's largest and greatest democratic country - India, we have welcomed all languages with an open heart and practiced flexibility for the betterment of our country.

"With languages, you are at home anywhere." - Edmund De Waal

People in our country are considered desi if they stick to speaking in their root language - this should not be the case all the languages should be given equal honour, as they serve the best in their own way. We need to think about this. Learning a foreign language is an excellent idea but it should not be at the expense of our root languages, which deserve equal or greater importance. Getting education in any language is appreciable as far as it is education. Education is at its best when it primarily nurtures the roots of one's own basic root language and root culture. One shouldn't be made to feel inferior or superior if you are weak in a foreign language or converse fluently in a foreign language.

In the midst of 6,909 languages we need to understand the importance of each language as it can bring the world together!

THE SECOND SKIN

By Farida Bamji

Our Thoughts, Words, Deeds
Are like a Second Skin;
They go wherever you go.
Thoughts are reflections,
Words are spoken or written,
And Deeds are done.
No matter whether
You are Christian, Jew,
Hindu, Muslim, Sikh
Or Zoroastrian.

Beware of what you say,
Or for matter, of what you do;
As it will boomerang
Right back at you.

At present one may
Feel proud of one's
Thoughts, Words or Deeds
But as life ebbs away,
And it's time to

Bid farewell,
Then realization will dawn...
Regretting, 'I should have not
Thought those thoughts,
Spoken those words'
Nor done those deeds,
Which do not lead one
To Land of Dreams!

