Mah - Khordad; Roj - Ardibehesht UZ 1390

# PARSI TIMES

RNI NO. MAHBIL/2011/39373 • Regn. No. MCS/101/2018-20 • WWW.PARSI-TIMES.COM • VOLUME 10 - ISSUE 27 • PAGES 20 • ₹ 5/- • SAT, 17 Oct, 2020 - FRI, 23 Oct, 2020

THE TRUTH. DELIVERED WEEKLY.

# Chargesheet Filed Against Ex-BPP Chairman Dinshaw Mehta

# - Dady House Controversy Finally In Court -

On 16th October, 2020, Ex-BPP Chairman - Dinshaw Mehta was finally Chargesheeted and made bail, before Additional 38th Chief Metropolitan Magistrate at Ballard Pier, under Shri I R Shaikh, on charges of 'Breach of Trust' and 'Cheating'.

ommunity members will recall this much discussed and much debated issue involving the cash payment in a property deal in an office in Dady House, which was allegedly taken by Dinshaw Mehta, when he was the BPP Chairman, and against which, a complaint was filed by his erstwhile colleague trustees.

In 2013, a property deal was struck, in which Dinshaw Mehta, as alleged by his colleague trustees, had misappropriated Rs. 25 lakhs in cash from the incoming tenant - which was part of the payment that the Trust should have received.

Historically, Dinshaw Mehta was confronted by his colleagues and things came to a head in the office of the Wadia group. It is said, that all six trustees, including Muncherji Cama and Armaity Tirandaz had signed a complaint against Dinshaw Mehta, addressed to the Economic Offences Wings (EOW).

Dinshaw Mehta had initially, supposedly

agreed to resign, but even as the paper-work was being prepared, he left the office of the Wadias, claiming to have developed a chest-pain! Over the next couple of days, Dinshaw Mehta is alleged to have paid

the misappropriated cash back to the Dady House tenant and taken cheques in the name of the Punchayet, so as to square off the accounts.

All this was recorded in a final complaint to the Economic Offences Wing, which was signed by four of Mehta's then colleagues - Yazdi Desai,

Contd. on Pg 02

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#### Contd. from Pg 01

Khojeste Mistree, Jimmy Mistry and Arnavaz Mistry.

It may be interesting to note here that even as Munchi Cama did not officially withdraw the allegation in the first complaint which he had signed, for reasons unknown to the community - he didn't sign the second complaint. Again, surprisingly, Armaity Tirandaz also refused to sign the second complaint, claiming that her signature was taken against her wishes, this despite the fact that she had earlier signed the complaint, in the presence of all the other Trustees, as well as Mr. Nusli Wadia and her own son, Darayas Tirandaz.

However, the EOW did not act on the complaint, claiming that not enough facts were found to file an FIR. Aggrieved by the EOW not acting upon their complaint, Khojeste Mistree filed one more complaint at the M R A Marg Police Station. Since the police were once again found to be dragging their feet, Khojeste Mistree moved the Metropolitan Magistrate Court, which found enough prima facie evidence and directed the M R A Marg Police Station to file the FIR.

Thereafter, for the last few years, the M R A Marg Police had been investigating this complaint, albeit, at a pace which the police are known for, particularly when pressures, counter-pressures, influence and other factors play a role in determining the way forward.

Whereas a copy of the Chargesheet is not yet available, we are informed that a detailed investigation did take place and the



evidence was carefully evaluated. PT will share further details with the community, as and when these become available to us.

Some of the people in the know of things informed Parsi Times about the recording of an hour-long meeting that took place at the house of the tenant, which Dinshaw Mehta and Viraf Mehta had visited, to allegedly try and convince the tenant to change his testimony and protect the father-son duo.

This entire recording as well as smaller clips from the recording, have been doing the rounds on WhatsApp over the last few years.

PT has also been further informed, though we would like to wait for the official confirmation, that the forensic testing of this recording has supposedly established that the voices have allegedly been identified.

As per the affidavit of the tenant Musharraf, with regard to the purchase of the office, he had delivered the cash to Mehli Colah's house. This was supposedly further substantiated by an affidavit given by Mrs. Anahita Colah (wife of Mehli Colah) who admitted that she received 'a parcel' from the gentleman and had given

it to her husband, although she didn't open it to verify its contents.

Over the years, Dinshaw Mehta has been exchanging insults and allegations with BPP Chairman Yazdi Desai, claiming that these monies, and more, were given by him to Yazdi Desai for acts, which involved bribery in high places. We are also informed that the audio recording that was investigated clearly establishes this fact.

For the last many years, Dinshaw Mehta has been publicly boasting and gloating about the fact that the FIR did not become a Chargesheet mainly because there was no proof against him. In addition, whenever opportunity arose, Dinsaw Mehta blamed Yazdi Desai and his wife Anahita, for taking jewellery and cash from him and his wife, to carry out the unbelievable alleged act of bribery.

Finally, after many years, justice appears to have been done and the case is finally in court. But, given our legal system, it may languish for many more years, before the judgment is delivered.

Shameful transgressions like these by a few, besmirch the reputation of the entire Parsi community, doing it humongous damage by taking away from our esteemed standing as an honourable,



community, known for its integrity. At various points in time, a number of mainline newspapers have also covered this sorry saga, showing the entire community in a poor light to the nation and the world at large.

Now that Dinshaw Mehta has been chargesheeted and has made bail, once again, the issue will most probably be covered in the mainline media. What will resurface are the audio recordings of the Ex-BPP Chairman, and with it the counter allegations, dragging into the filth, our present BPP Trustees, their family members, etc.; and the community, as a whole, will yet again, hang its head in shame.

We are quite certain that there will be various twisted explanations, manipulated facts that will start doing the rounds through newsletters, Whatsapp messages and social media posts.

In fact, it would not surprising if PT were not attacked for bringing breaking this news before the community reality. All we would like to remind those who wish to attack us that that would be akin to shooting the messenger. PT is simply doing its job as a publication committed to the truth.

# **LOOKING FOR**

Percy Aderboman, son of Zenobia (Zeni) and Behram Aderboman please contact me on noshir@nrbhydro.com or on 92250 89990. Percy is my cousin whom I have not seen for many years. I'd be grateful if anyone can give me his contact details please.

**Noshir Parvez Bulsara** 



# PARSI TIMES

## Editorial

### FROM THE EDITOR'S DESK

### Be Careful What You Sow!

Dear Readers,

When it comes to some facts of life, it

doesn't really matter if you are religious or not, if you believe in God and karma or are agnostic or an atheist - there are some universal facts and laws that you can not escape. The one currently calling the shots can be summed up in a single word - 'Comeuppance' - meaning, you get what you deserve... much like the current Pandemic's ongoing punch-line (and that continues to be, quite literally, one hell of a punch!) to humanity - 'You had it coming'! And this is further corroborated by independent events like forest fires and floods taking place globally.

An analogy comes to mind - for the faithful believers... When Big Mommy (Mother Nature) has decided that it's the time of reckoning cause the kids just won't listen and are getting increasingly out of hand, she calls in Big Daddy (God), who will fall in line and bring on the nasty - just like it happens in most Parsi households! For the sceptics, non-believers shielded behind the veil of science... Every action has an equal and opposite reaction.

All things happen for a reason. As we sow, so shall we reap... and we reap at all levels - right from individuals to the human race itself. The current worldwide situation, then, reflects the comeuppance of the entire human species. They say, those who do not learn from history are doomed to repeat it, and considering that this is definitely not the first epidemic to have hit us, maybe it's time to be that much more careful about what we've been sowing - as individuals, as a community, as humanity.

Have a good weekend!

 Anahita anahita@parsi-times.com









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### **LETTERS TO THE EDITOR**

### **Clearing Fake Statements And Allegations**

It was shocking to read Parsi Junction's last four editions. Parsi Junction blamed me and Mr. Sam Chothia for everything in Rajkot Anjuman matter and tried to establish connection between me and Advocate Mr. Vyas. I would like to clarify that I have nothing to do with all that has been published in Parsi Junction. I did not sign Vakalat Nama of newly appointed advocate, Mr. Mehul Trivedi because BPP Chairman who had come to Navsari last year to settle the Bamji Building issue spoke rudely about me and even other trustees of BPP and some members of FPZAI talked about my previous work in a derogatory manner. So, I have stopped to intervene in any matter related to FPZAI.

From 2008 to 2015 I worked with FPZAI under instructions of Mr. Dinshaw Mehta and Mr. Sorabji Katpitia and in year 2016, for two months under the instruction of Mr. Sam Chothia. I had filed the Rajkot scheme under instruction of Mr. Dinshaw Mehta and Mr. Katpitia. After reading Parsi Junction, I felt that it is creating lots of misunderstanding among people and unnecessarily trying to spoil the name of Mr. Sam Chothia who is working honestly for FPZAI since last 4 years.

In Parsi Junction Mr. Dinshaw Mehta tried to establish connection between me and Advocate Vyas of Khambhatt and in the edition of Parsi Junction dated 04.10.2020 Mr. Dinshaw Mehta clearly stated that Mr. Jimmy Bachha's credentials are in doubt. I would like to warn Dinshaw Mehta that I had worked under his instruction for almost 7 years and I know how you manage all Defunct Anjumans work more than anybody else!

I came to know that advocate Mr. Vyas of Khambhatt had met Mr. Katpitia at Surat on 03.10.2020 to interfere in the Rajkot matter and to plan how to harass Sam Chothia. Advocate Vyas had tried to contact me on mobile many times but I did not give him response. They are trying to push two individuals to intervene in the Rajkot matter to fulfil their motive.

The document which is registered at Surat is mili-bhagat of Katpitia and advocate Vyas. Rajkot Agiary caretaker, Mr. Kersi Khansaheb, who is introducing himself as a Trustee of Rajkot, is in direct contact with Muslims who are trying to grab Aaramgrah land. Khushnam Tamboli is also introducing himself as a Trustee but doing nothing to protect properties. When I visited Rajkot, the encroachers at Aaramgrah land told me that Khushnam is taking rent from them and not giving receipts for the same. I have taken certified copy of the final accounts of Rajkot Anjuman which does not reflect any type of rent received.

I have visited Rajkot many times under instruction of Dinshaw Mehta and he is very well aware of fact that all properties are encroached. Dumri Baug was also sold without taking permission of Charity commissioner and on the basis of that I had filed the scheme. Now for his political interest, he has raised the question about filing the scheme.

As Parsee Junction continues to publish derogatory and false articles and raises question about my credentials I have decided to cooperate with Mr. Sam Chothia who is working honestly for FPZAI. There are questions and remarks only after the matter comes to settlement, everyone claims having all rights and wanting to be trustees, but not a single property is in order. It's all because we have no soldiers left in our community - we have all generals.

Once again I say I have nothing to do with FPZAI or any Parsee institutions. All interested parties and active on social media were informed by me of the scheme and all locals were informed to join as trustees but I think everyone is with his

personal interest. It's easy putting allegations and blames better work for the community not yourself interest or ego or else at present, we are a micro-minority and it shall take no time to be called a tribe.

- Jimmy Bachha (Navsari)

### **How Can We Revive Faith In Religion?**

Here is a list of a few points that we should all genuinely ponder and consider: While on one hand, behdins have grievances that mobeds are not performing prayers with devotion and dedication, on the other, mobeds complain that they do not get due respect and reverence from the community.

Like all other professions, priesthood is also a profession to be respected and to earn a living. For the service rendered, our priests deserve a decent income to live a comfortable life. At the same time, behdins should not be made to incur heavy expenses for prayer ceremonies and rituals. During the days of special prayers and at the time of Muktads, mobeds face a gruelling task and it requires super human efforts performing prayers for long hours, without a break.

We find chaos and confusion at Muktad Jashans and on special prayer days when all mobeds recite the prayers together. Instead, if one mobed prays for all, and takes the names individually in some order, there will be some peace and discipline. Also, it will be economical for the behdins and rewarding for the mobeds.

Certain Agiari halls face the roads. During the prayer ceremony, fans are switched off, doors and windows are closed, lest a glimpse be visible to the passer-by. This causes irritation in the eyes, coughing and feeling of suffocation to the mobeds and also to those attending the prayers. This inconvenience is easily avoided.

It is below the dignity of the priests to demand or accept Ashodads - it is more dignified and respectful if we pay the full amount, including the Ashodad, as the charges.

Us behdins have the tendency to judge the performance of Agiaries on the sweets and other food delicacies offered during the prayer ceremonies! These delicious food items are not distributed to the poor and hungry, to uplift the souls of the dead but to satisfy our palate. Instead, some flowers and a few seasonal fruits offered during prayers should suffice. It will curtail expenses and save the efforts of preparing or procuring special food items.

It is a custom to make a long list of near and distant relatives to be included in the prayers. If a charge is levied for additional names beyond a certain number, the list will be curtailed or will bring additional income to the priests.

Earlier, the priests guided the community on principles of righteousness and democracy, compassion and kindness to raise the faith in religion among the community. The community revered and respected their family priests and took their guidance on religious matters. Most of the present generation of Athornans are averse to taking up priesthood as profession, and some have to work part-time to earn extra income. It has become difficult to get full time professional priests. There may be some, among Behdins who have a spiritual bent of mind and may be willing to serve as priests. They are Zoroastrians by birth, and will go through the Navar and Martab rituals. Should we not allow them to practice religious ceremonies? If the priests can take other professions, why can't others become priests if they have a genuine aptitude for it?

- Piroja Homi Jokhi

# Diabetes Care & Cure By Pureganic

iabetes, which is a common ailment in today's hectic and stressful lifestyle, is a metabolic disease originating in the pancreas that occurs when blood sugar is too high. Diabetic patients need to keep a healthy lifestyle by adding certain diabetic friendly foods in their daily diet.

First step recommended is Detoxification - when toxins are removed, body functions better. Pureganic offers Haldi & Tulsi Arks, to be used daily for Detoxification. Moringa is WHO certified superfood - a natural multi-vitamin, helps reduce fasting blood sugar levels. Diabetics experience circulatory issues, which cause inflammation in the limbs. Moringa has powerful anti-inflammatory properties. Pureganic offers Moringa Leaf powder/tablets.

Eyes are affected in prolonged diabetes causing diabetic retinopathy. Pureganic

Brahmi Nasya (Nasal Drops) helps strengthen retinal nerves, blood vessels and improve lost sensation in limbs. Pureganic Eye Spa helps for outer eye care.

Diabetic patients are advised to consume more protein and increase immunity. Colostrum, the first two days' milk when calf is born, is a proven remedy. It helps in treating diabetic gangrene and increases muscle strength. Pureganic Purecolo has given

excellent health results, with increased energy levels.

Giloy (amruta) has rejuvenating properties and is an excellent remedy for diabetics. Pureganic Giloy Tablets (G-Satva) controls diabetes, to a great extent.

Pureganic natural Jamun Honey, with no added sugar or preservatives, has all the health benefits of Jamun. Pureganic also offers Rajma Chips & Mix seeds, which are good diabetic friendly snacks. Krushna Wheat cultivated at farms of Kutch is black wheat, with high contents of anthocyanin, is good for diabetes.

All products are natural food products. For more information, price & availability for entire range of Pureganic Products, Whatsapp/SMS on 9820812244.

# PARSI TIMES Religion Khurshed Yazad And The Will Of Ahriman

# DAISY P. NAVDAR

### **The Yasht Series**

Daisy P. Navdar is a teacher by profession and a firm believer in the efficacy of our Manthravani. She is focused on ensuring that the deep significance of our prayers is realized by our youth. She credits her learnings and insights, shared in her articles, to all Zoroastrian priests and scholars whose efforts have contributed towards providing light and wisdom for all Zarthostis.

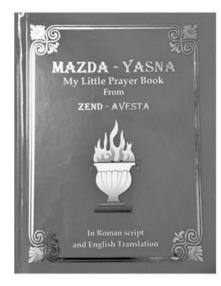
invite you to join me as I journey through the wonderful teachings shared in a Khordeh Avesta, which was printed in 1902 - more than a 100 years ago! Authored by Dinbai Sohrabji Engineer, the teachings, stories and notes in this book speak about the various powers of our prayers, while sharing anecdotes of people who have used these prayers and the tremendous achievements that each has accomplished.

In this particular portion of the text, Dinbai has laid stress on the commands of Ahriman. This clearly illustrates what a gargantuan task has been undertaken by Pak Dadar Ahura Mazda to vanquish Ahriman and eradicate him from our purview of existence. What is even more amazing to note is that each command given by Ahriman, corresponds with all the various aspects of pollution that is affecting our planet today. We have forgotten how closely and intrinsically we are connected to nature and how our very existence is threatened if we do not pull back our dance of mad consumerism and so-called progress, even now!

Using the cloak of darkness, Ahriman commands his army to systematically attack our planet in the following fashion:

Pollute The Waters Of Wells: We have all but accomplished this task of Ahriman to perfection! The cess pipes that run underground have leaked into the ground water source and we have managed to destroy all major underground supplies of water. There are perhaps no wells left which carry potable water.

Dry Out The Seas: We are aware of the deep connection between the evaporation from the seas coming down to us as life sustaining rain. Ahriman commands that in the absence of Khurshed Yazad, the seas be dried out hence completely halting the water cycle and cutting off the very foundation of all existence itself



Dig Out The Mountains, As They Look After The World: Mountains are the cradles into which our rivers are born. A while ago. I was at the tableland of Panchghani, admiring the stupendous views. The vantage point is such that it affords the view of a nearby dam and the surrounding mountain ranges. In all the verdant greenery, there was a large, stark patch of brown. A large patch from the side of the mountain was systematically cut off - it was as if someone had taken a giant shovel and gutted an entire side of a mountain. Mighty is the hand of the destroyer - man.

We do not even think twice before

### Frohar Films' Tele-Serial - 'Dudh Ma Sakar' - Restarts

Frohar Films' Tele-Serial - 'Dudh Ma Sakar' - has restarted from Sunday, 18th October, 2020 at 12:00 noon on DD Girnar channel. Watch the interesting and unique episode of Parsi Monajats or devotional songs, including, 'Atash Tu Ahura Ni Nuri Nishan'; 'Humata Hukhta Hvarshta' (in Rag Kedar, composed by Kersi Mistry and sung by Jaloo Bhesania); 'Yazado Ma Yazad Tu - Sarosh Yazad'; 'Karu Chhu O Dadgar Vinanti Tuj Pak'; and 'O Ahura Mazda Na Putra Tune Naman Hazaro Hazar'.

> Connect with Er. Cyrus Dastoor, Director, Frohar Films at: froharfoundation@gmail.com

committing such an abomination on nature. We blow out tunnels inside the hearts of these magnificent creations, we dig them up and level them, we carve into them to extract mineral and we do it all with a great sense of entitlement. It is these acts that have brought us to the brink of calamity. We should pull back, even now, and listen to the warnings that nature is giving us. Remember, "We do not inherit the earth from our forefathers, we merely borrow it from our children."

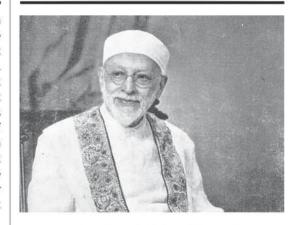
Dry Out The Trees: The great gaping hole in the sky, the depletion of the ozone laver, are all a result of the massive destruction of our forests and trees. Trees are vital - they are the biggest plants on the planet. They give us oxygen, store carbon, stabilise the soil and provide food and shelter for wild-life. Here too, we assist Ahriman in his evil intent. We have chopped down trees and denuded forests - all in the name of progress. Man has proliferated himself to such an extent that he has become a parasite that is eating into the very fabric of the very Mother Nature that bore him. But we are paying the price for this even today. However, the saddest part is that our children will pay a heavier price for a sin that they never committed.

Loot the humans, make them suffer so much that they forget to pray to Pak Dadar Ahura Mazda: Give power and position to the stupidest among men for they will then be able to accomplish my command. This is more true today, than it ever was! Just take a look at what the so-called leaders of the world are doing to their respective countries. The agenda for industrialisation, the exploitation of natural resources and money-driven economies by power-crazed leaders, are all working in tandem to secure the will of Ahriman.

Time and again, I am amazed at how relevant this book is to current circumstances that we are facing. I hope that just knowing which side of existence we must support will help us make more informed and educated choices. Please, oh please, let there be light!

# **Let Not Life Ever Lose Its Zest For** Me, Ahura Mazda!

Start your weekend with positive vibes with inspirational excerpts from the acclaimed book, Homage Unto Ahura Mazda' by Dasturii Dr. Maneckji Naserwanji Dhalla of Karachi.



et the joy of living fill my heart to overflowing. Let it grow with the growth ✓ of the years of my life. Let me always say vea to life. Let me give to life at least as much as, life gives to me. Give me life, Thou Creator mine, lively and long, useful and joyful. Lengthen the days of my life and let me take the greatest pains in whatever I do in my pilgrimage through

Difficult is the path that I have to tread in life. Help me to steer the ship of life safely through the tempestuous torrents of life. Let the conquering spirit within me be ever alert and alive. Let me be active and agile and always on the move.

Give me an overflowing of both physical and spiritual vitality. Let me throw myself wholeheartedly into my work. Let me take up my daily work cheerfully and enthusiastically in whatever sphere of action my work may lie. Let me consecrate all my energies to the noble cause of serving others.

Let not life ever lose its meaning for me. Let me never lose confidence in myself. Let me not lose joy in life, when I am old. Let not the weight of years destroy my zest for life. Let my outlook on life widen. Let my interest in life deepen.

Help me to discover the latent possibilities that slumber in my inner world. Guide me to rouse them to pulsating life and enthuse me to work for their realization. Help me to develop the virtues of durability and endurance beyond the ordinary. Give me the gift of infusing my enthusiasm in the minds and spirits of my children, that my happy household may be aglow with the joys of life.

Help me to steadfastly put my hand to the plough and work with courage and perseverance and unfailing zest. Enthuse me to go onward with every fibre of my being with my mission in life, that life may be an example to others, Ahura Mazda!

# SATURDAY, October 17, 2020 PARSI TIMES

# me To Fan Off Your 'FAANG' Urge?



■ iven the number of requests I have been receiving over past couple of weeks to buy 'FAANG' stocks in my investor's portfolio and my meetings with the representative of the platforms (which facilitate foreign equity transactions), I thought it is appropriate at this juncture to pen down this article. For the uninitiated, 'FAANG' is an acronym referring to shares of the five most popular companies and best performing technologies or IT company stocks. Facebook, Amazon, Apple, Netflix and Google (the popular name for Alphabet). The stock prices of these companies, as also most of the listed IT companies, have more than doubled or tripled in the last few months, or simply over a year, on NASDAQ. The resulting hype, hysteria and

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interest generated in the media and amongst the investors raises concerns if we are again, in a tech bubble.

Between 1995 and 2000 the NASDAQ index rose 400%, peaking at a 200 PE ratio. I distinctly remember the great dotcom bubble of 2000 which ended in the US and its severe repercussions across global markets. It's worth reminding oneself what had happened then. Once it had peaked in March 2000, the NASDAQ index fell by almost 67% in just the

next nine months, bottoming out 78% lower in October 2002! Even in India, Nifty IT and Media indexes fell by over 50% from the peak. Among the largest fifteen companies in the surged sharply... only to get suspended or delisted later.

One should never forget the rule of 'Regression to the Mean' when it comes to

trading space is concerned! They simply sit at home and trade at virtually zero cost, as trading costs have plummeted to decadal lows. Clearly, one has to be careful not to get too deeply sucked into this

A number of my Indian clients work at Facebook, Google and Amazon - most are in their mid-thirties; they've never observed earlier stock market cycles but are super stoked seeing their fortunes soar with these stocks. When they request me to buy another FAANG stock, I explain to them the dangers, as I know most



### ઘર અને ઓફિસના સામાનની જાળવણી માટે સુરક્ષિત સ્ટોરેજ રૂમ સર્વિસ ગુરૂકૃપા સ્ટોરેજ સોલ્યુશન

તમે શિફ્ટ થવાનું વિચારો છો? એક શહેરમાંથી બીજા શહેરમાં જવું છે? વિદેશ જવાનું પ્લાનિંગ છે? કોરોના મહામારીને કારણે વર્ક ફ્રોમ હોમનું ઓપ્શન મળતાં થોડો વખત માટે હોમટાઉન જવું છે? મોટા ઘર કે ઓફિસમાંથી નાની જગ્યામાં સિફ્ટ થવું છે? અથવા તો કોરોનાને કારણે થોડો વખત માટે ઘંઘો આટોપવો છે?

ઘરમાં ઓફિસ કરવી છે? આ બધામાં સૌથી પહેલાં પ્રશ્ન આવે સામાન કયાં રાખશું? કેવી રીતે સાચવશું? પરંતુ તમારા મનપસંદ ફર્નિચર જેમ કે ટીવી, સોફા, બેડ, ફ્રિજ, કબાટ વગેરે સામાનને સાચવશે ગુરૂકૃપા સ્ટોરેજ રૂમ સર્વિસ. તમારા ઘર



અને ઓફિસના કિંમતી સામાનને સુરક્ષિત બાંહેઘરી આપે છે. ગુરૂકૂપા સ્ટોરેજ સોલ્યુશન આ સાથે તમારે મુંબઈની બહાર તમારા ઘર કે ઓફિસનો સામાન લઈ જવો હોય કે લાવવો હોય તે માટે પણ સંપર્ક કરો.



ગુરૂકૃપા સ્ટોરેજ સોલ્યુશન ફોન નંબર ૯૮૨૧૫૩૦૭૦૨ ८३२४२५४४६०



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NASDAQ index, back in 2000, only three remain at the top today - Microsoft, Cisco and Intel. It took nearly fourteen years, till 2014-15, for the companies like Microsoft and Cisco to deliver positive returns of 1% - 2% CAGR from their peak levels (March 2000). Back in India, a bellwether IT stock-like Infosys took nearly six years to turn positive.

This effectively means that the investors who bought these bluest of blue-chip companies, the best ones, leaders of their Industry, at the wrong time and at abnormally high valuations back then, had suffered NIL returns for extended periods of time. I don't mean the lower rung companies like Pentamedia Graphics, Silverline Technologies, DSQ software, etc (all of which I still hold in my Demat account and they are not even worth the yearly Demat maintenance charges I pay @ Rs. 300/-) which, along with their big brothers, had

investing in stock markets. It means any stock, a particular sector or a Mutual Fund scheme. will revert to its mean, and even out over time. Performance that is well above average or well below average usually doesn't stay there forever. The latest performance has been driven by the mega-cap tech stocks, which are up almost 170% in the last year, similar to what happened during the last tech run-up. In March 2000, at the height of the bubble, 36% of all technology companies were unprofitable. Today this ratio is 33% - the highest it has been since the peak of the bubble.

What is more worrisome is the large media coverage of these 'FAANG' stocks and their past year returns. Most of the AMCs have come out with NFOs having foreign equity allocations, highlighting the past performance of these tech stocks. To top it, there's been a huge surge in so-called Robinhood investors, who seem to know it all as far as

of these employees receive ESOPS and hold their company stock outside of our depository. They need to revisit their combined asset allocation and thereafter, make an informed decision. Moreover, those not working with these companies but want a small pie of it, can easily make up by buying MO Nasdaq ETF available on our exchanges. I personally see no merit in buying these stocks directly, thereby complicating filing of Income Tax returns.

Covid-19 Yes, with pandemic still looming large, many IT companies have sharply improved their growth outlook. But surely, we are trading at elevated levels on all the metrics, and the retail, inexperienced investors interest in these stocks is a red flag for all. In the long run, good companies with sound businesses will do well, but do keep an eye out, in case you are over-paying or holding weaker and speculative companies.

# PARSI TIMES Feature

October 17, 2020

# **Social Media Put To Great Use!**

FB's Worldwide Zoroastrians Sets The Right Precedent!

Veera is a published Author ('Endured' and '#LoveBitesLifeHacks') and Columnist; a passionate Educator and Counsellor; Poet and Philosopher... but most of all, a lover of all things literary.

**VEERA SHROFF SANJANA** 

has pandemic popularised Social Media Platforms (SMP) to another level altogether. Some of today's most popular SMPs used are Facebook, Whatsapp, Twitter, LinkedIn, Instagram, Snapchat, Pinterest, etc. Facebook, WhatsApp and Instagram definitely mark

the top three most used SMPs by our community members. While WhatsApp is the unrivalled messaging service, Facebook (FB) is the favoured platform for personal expressions and its various Group activities. There's some brilliant Parsi/Irani Zoroastrian groups on FB which provide great information and even more than that, serve as useful platforms for Zoroastrians the world over to meet, greet, discuss and debate over every conceivable topic - including food, culture, religion, music, jokes, politics, news, and so on...

I can wager most of you wouldn't know the exact number of FB groups that you're members of. I surely couldn't! Also, when you try and recall, I'm certain there are only a few groups which spring to mind almost immediately. Now that is the strength and shine of a really active and popular group!

In keeping with Parsi Times' endeavours to encourage all efforts that drive unity and togetherness in our community, when I was approached to share the success of a group that most community members on FB are familiar with - the evolving and dynamic 'Worldwide Zoroastrians' - I thought it a good idea. All of just six months old but probably qualifying as the page with a great reach and great numbers for connecting community members globally, 'Worldwide Zoroastrians' pretty much offers 'Everything Zoroastrian'!

This exponentially expanding group is a robust mix packed with interactive entertainment. information and talent. Looking for Mamaji's old authentic recipe for tangy prawn curry the Parsi way? Within minutes, a







member will share it! Old Parsi songs, long forgotten, vou may trip upon them for sure here. If you seek a better understanding of our ancient religion and rich history, you'll find innumerable posts covering these topics. The best part is 'Worldwide Zoroastrians' (WZ) promotes open discussions, opinions and debates. Members come together to engage, enjoy, promote businesses, seek jobs and share their highs and lows!

WZ was conceptualised and cofounded on 8th May, 2020, by a family of five - Persis, Shenaz, Dilshad, Jamshid Zack and Darayush Mistry. The brainchild of Persis Zack Printer, WZ was inspired by her late father and role model, Firoz Printer - an empathetic, kind and generous soul, who encapsulated the principle, 'service to humanity first'. WZ endeavours, "to bring together Zoroastrian contacts we had as a family together, to connect and help especially during the global lockdown." It took the family all of ten minutes to name the group 'Worldwide Zoroastrians' and a few more to create it, from the time the very idea sprung up!

The overwhelming response from the word go was a complete surprise! Then again, every member who joined the group was made to feel special by a personal welcome message. This coupled with the uniqueness in which the group operates, saw the group grow by nearly a thousand members per day in the initial weeks! Having completed six months on 8th October, the group boasts of 15,000 members. In keeping with our population, that number speaks for itself - the response, participation and engagement has been mind-boggling.

Today, nearly 2.8 billion people are FB users worldwide and half this colossal userbase are members of what FB deems 'meaningful groups' - the kind that attracts one by virtue of like-mindedness, commonality and interests. Founded on these very premises, WZ is the perfect fit for all who are Parsi/Irani/ Zoroastrians by religion as also enthusiasts

WZ offers ample posts on everything we love - music, comedy, short films, photography, cultural and traditional topics like chowk and Garas; it facilitates free-marketing for seekers and sellers alike of all Parsi products including sadras, kastis, embroidered scarves and masks, artworks and furniture, real estate and automobiles, books, jokes, experiences... everything! It also promotes old age homes, sports, hobbies like reading, cooking, magic shows, et al. The elements of seriousness and humour, information and fun, as also insightful content and creative conversation starters, are all threaded together, making it a very engaging platform for all ages!

And the talent that graces this group is immense, the fervour - palpable. There's gifted writers, composers, singers, dancers, cooks, magicians, musicians with amazing talent... and some that may surprise you with an undeniable lack of! But then, it's their passion and zeal that captivates you every single time. And that's why this group does stand out as one of the community's favourite! There's equal opportunity for all Zoroastrians seeking to showcase their skills or simply their fun side - all is welcome!

WZ as a global platform offers you

unconditional participation - something the co-founders sought in their three-fold vision for this group: To Connect - get together to have fun, help and support each other, encourage Zoroastrians across all ages engage and network with each other through varied interests: To Provide A Global Platform - provide a unifying stage for all Zoroastrians to voice their ideas, share experiences and knowledge, teach, seek, learn and yes, highlight initiatives/groups from different parts of the world to keep the Zoroastrian community thriving, and importantly to get businesses and entrepreneurs to connect with talented people and recruit or network, forging global partnerships; and To Be Inclusive - (this one is my favourite!) by providing ample opportunity to likeminded individuals who can use this 15,000-strong Zoroastrian group to share their potential, find what they seek, learn and network. Basically, an 'Of The Zoroastrian, For The Zoroastrian, By The Zoroastrian' group, meant for those who are Zoroastrians by birth, or simply anyone interested in the Zoroastrian faith, ethos and way of life. It basically promotes a sense of belonging to our global Zoroastrian family! As for the thumb rule? All that you need here is what you are meant to practise every single day, not only as true Zoroastrians, but as good human beings, in tune with our tenets of 'Good Thoughts, Good Words and Good Deeds'!

Here's attributing the much-deserved kudos to all such digital efforts - be these websites, blogs, pages or groups - which offer a platform that nurtures unity and connect, alongside fun, learning, entertainment and excellent helpfulness across all areas to us all!

# We Are Grateful To All For The Gift Of Their Donation And Selfless Dedication

### The IranShah Initiative

Donation With Vision 2020 (Part 2 of 2)

**Honorary President, Religions for Peace** Vada Dasturji Khurshed Dastoor, High Priest Of IranShah Atash Bahram, Udvada

When courage and generosity hold hands everything is possible. Human contribution is an essential ingredient of a life well lived, for it is only in the giving of oneself to others that we truly live. The greatest use of life is to spend it on something that will outlast you.

The Iranshah Initiative is established to ensure that the legacy of Iranshah not only as an edifice but as a powerhouse of spirituality continues to provide faith, comfort and devotion amongst its devotees for eternity. It falls upon us to maintain this timeless treasure.

The community is indebted to the magnanimity of M/s Shapoorji Pallonji Group for painstakingly restoring the Iranshah premise, structurally and aesthetically, to regain its originality. It is our duty to maintain it in this state for as long as we possibly can.

The mobeds and boiwallas who serve Iranshah follow strict rules of purity, discipline and seclusion: they are our pillars, our asset. Their devotion and commitment while in service to Iranshah is noteworthy and commendable. Looking after them and their families, who are their support system, is of paramount importance.

A Full time, round the clock, staff is employed to maintain cleanliness and provide 24-hr security.

Foresight is the keyword in the quest for preservation of this timeless heritage. Equipped with funds for unforeseen circumstances along with a steady stream of funds will help meet and keep the purpose of this mission buoyant.

For those who have the will to offer volunteer



service for Iranshah can do so via this medium and coordinate with like-minded brethren to make a valuable, noble and gracious contribution.

It is believed that Ahura Mazda said to Zarathushtra that "for the sake of all men I say to you, Zarathushtra, that Garothmān, the Paradise, belongs to those who give charity to righteous men."

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# Tata Steel Rededicates Sir Dorabji Tata Park To Jamshedpur Residents

0th October, 2020, which marked the 141st birth anniversary of Ladv Meherbai Tata, wife of Sir Dorabji Tata, Tata Steel (Jamshedpur) rededicated the Sir Dorabji Tata Park in Bistupur, to Jamshedpur residents, on the occasion of the Park's silver anniversary.

On the occasion, Tata Steel CEO and Managing Director, TV Narendran, unveiled the renovated park comprising an illuminated diamond structure and a pavilion, and his wife, Ruchi Narendran, unveiled the statue of Lady Meherbai via videoconferencing.

Spread over 2.5 acres, the renovated park now includes a statue of Lady Meherbai Tata and a resplendent steel tubular structure and a pavilion through which the legacy of the famous 'Jubilee Diamond', has been immortalised in steel.

Speaking on the occasion, MD Narendran said, "It gives me immense pride to be a part of the Tata Group legacy. It is founded on strong values and exemplary leadership. Even 100 years later, we are still grounded in our ethos and

legacy. This park is a tribute to them and a symbol of Tata Steel's commitment to the city of Jamshedpur."

In a video message, Jamshed J. Irani, former MD of Tata Steel, said, "The Diamond Pavilion and Lady Meherbai's statue are thoughtful additions to the Sir Dorabji Tata Park. The park, as it stands today, is a veritable salute to Sir Dorabii Tata and Lady Meherbai Tata for their contributions and sacrifices that helped in creating the inimitable legacy of Tata Group, Tata Steel and our city of Jamshedpur."

> h design of the upgraded park is based on the principles sustainability best practices to ensure that design elements come together, projecting harmony and enduring as a holistic tribute to the legacy

of Tata Steel and the city of Jamshedpur. The Diamond Pavilion, a marvel in steel, will be the city's new dazzling attraction! Lady Meherbai's statue stands at the southern end of the park, directly facing Sir Dorabji's statue.



Sir Dorabji Tata was the eldest son of Tata group founder, J N Tata. The famous 'Jubilee Diamond' became part of the Tata story in the early 1900s when the diamond was pledged along with the entire personal wealth of Sir Dorabii Tata and his wife to pull TISCO (the former name of Tata Steel) out of severe financial difficulties in the aftermath of the First World War. Designed by the architect Nuru Karim, the diamond structure and the pavilion form an integral part of the overall redesign of Sir Dorabji Tata Park.

Positioned at the western end of the park, the pavilion lends to its sustainable and harmonious design, while capturing the timeless elegance of the 'Jubilee Diamond'. Spanning 16m by 12m, the structure is made with Tata Structura tubular steel hollow sections to create an intricate

lattice. Weighing 45 metric tonnes, the structure rests on the proverbial 'diamond tip', rising outward from the ground to meet the sky. The Jubilee Diamond structure also houses a central amphitheatre, allowing visitors to experience the brilliance of the diamond pavilion from within. The splendid pavilion is another addition to the 'Structures of the Future' series dedicated by Tata Steel to the country.

Over the past century, Tata Steel has been associated with some of the most iconic structures of India, like the Howrah Bridge in Calcutta, the Butterfly Park in Bangalore, the Bandra-Worli Sea Link, an award-winning steel sculpture depicting the 'Gandhian Charkha' at Mumbai's Oval Maidan and 'The Rath' at the Biju Patnaik Park, Bhubaneswar.



Tata. They were joined by senior company officials and R. Ravi Prasad - President, Tata Workers' Union, among guests. In keeping with the ongoing pandemic, all other invitees, including employees, joined the event

stay committed to responsible and inclusive development. Sir Dorabji Tata and Lady Meherbai Tata are the embodiment of these beliefs. Both were spirited leaders and passionate individuals, who contributed

immensely to our shared

### WZCC's WEBINAR WATCH

arsi Times brings you the weekly schedule of WZCC's Webinars which have been conducted through the epidemic and have greatly benefitted community members worldwide, with their insightful, informative and highly beneficial sessions, with speakers who are authorities in their respective fields. Our very own tech-guru, Yazdi Tantra has been holding a series of Zoom Meetings online on Technology for the layman, under the title 'TantraTech', every Friday at 9:30pm (IST). You can attend these at: https://bit.ly/yazdizoom. (Past recordings available at: https://bit.ly/yazdiyoutube.)

Webinar: A Gameplan To Search For Your College Abroad - with the objective of helping you plan in shortlisting Universities

When: Sunday, 18th October, 2020 at 7:30 pm (IST)

Panelists: Farzin Avari (Educator pursuing PhD, USA); Zenhar Marolia (Civil Engineer, Management Graduate, Entrepreneur in Real Estate, UK); Nazneen Mistry (Financial Analyst, USA), with Moderator Farrokh Mistree who holds the L A Comp Chair in the School of Aerospace and Mechanical Engineering at the University of Oklahoma.

Where: Zoom

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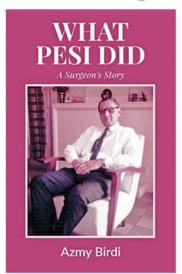
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# Dr. Azmy Birdi Authors 'What Pesi Did, A Surgeon's Story'



Dr. K-based Azmv Birdi, an accredited Menopause Specialist awarded was Fellowship of the Royal College of Obstetricians and Gynaecologists (2009), authored a book on the life and work of Dr. Pesi Bharucha, titled 'What Pesi Did, A Surgeon's Story'. Surgeons may possess outstanding surgical skills, but to be qualified as a 'good doctor', he needs to be able to identify himself and empathise with the patient. Dr. Pesi was just that, in addition to being an excellent surgeon. His patient was his topmost priority. This book is a tribute to Dr. Pesi's work, by his daughter - Dr. Azmy Birdi.

Dr. Pesi Bharucha, who passed away in 2018, trained as a surgeon in the UK and was recruited in 1956 by the Tata Iron & Steel Company (now Tata Steel) for their hospital in Jamshedpur. He transformed it from a cottage hospital to multi-specialty diagnostic centre. He brought much fame to Tata Steel medical services by leading the Smallpox Eradication Campaign during 1974 epidemic with the WHO, as also for his pioneering surgery for burns victims. Post his retirement from Tata Steel. Dr. Bharucha assumed the position of Medical Director at Breach Candy Hospital, for nearly 15 years. During this time, he arranged for the construction of the new wing. This has been chronicled in the book alongside anecdotes from patients.

Says author, Dr. Azmy Birdi, "This book is about humanity; it describes not only the selfless service of Dr. Bharucha, but also that of other doctors, such as Dr. Noshir Piroshaw, who was instrumental in setting up a state-of-the-art department of Dentistry, attracting students from Europe. It also pays tribute to the benevolence of the Tata Group of companies, which poured funds into healthcare, not just for their own employees but also for the larger community. This book has been written to raise awareness and instil pride and inspiration for the Parsi community."



The book was written after Dr. Azmy's presentation on an inspirational doctor (Dr. Pesi Bharucha) received a warm and favourable response at the Oxford Postgraduate Medical Educators' Conference in May, 2019. 'What Pesi Did, A Surgeon's Story' is available on Amazon (amazon.in/dp/8194814901) and Flipkart, and also as a Kindle version. It is priced affordably, at Rs. 200/-.

Dr. Azmy Birdi is a postgraduate medical educator, practicing in the UK for over seventeen years. She is an accredited Menopause Specialist has also been awarded special status as a Menopause Special Skills Trainer, which has enabled her to train and educate other doctors in the field of Post-Reproductive Women's Health.

# **XYZ Holds 'FITASTIC 2020'**

n 11<sup>th</sup> October, 2020, XYZ (Xtremely Young Zoroastrians), organised another virtual competition based on Fitness with over 120 participants, from not just Mumbai and India, but also from Singapore and Karachi!

It started with an exercise routine in the Elimination Round, which consisted of different exercises and difficulty levels across three age groups of Under-9, Under-12 and Under-16. The top eight children in each agegroup qualified for the finals and performed the routine with a new surprise exercise, live on Zoom!

The winners of each age group will receive a trophy and certificate along with a discount for their JivFit membership. The winners have also won points for their respective XYZ groups and this will be added to the overall group points table to determine the Winning Group of 2020 in December.

The morning was followed by an exercise demonstration by the Official Fitness Partners of the event - JivFit Kids. All the participants enjoyed themselves during the event and have promised to stay fit at home and continue these exercises.















# Jazyl Homavazir Awarded For Excellence In Animation

n 6<sup>th</sup> October, 2020, Jazyl Homavazir was awarded the Animation Xpress AVCG 40-Under-40 credential, which basically recognizes talented people within the field of Animation and VFX. The award acknowledges and felicitates those who have greatly contributed to the medium.

Jazyl received this prestigious recognition in the 'Comics and Animation' category after successfully running his own webcomic, 'The Beast Legion', India's very first manga-styled webcomic series that he has been successfully running for ten straight years, in addition to various other animated commissions that he

has delivered over the last year.

A lot of positive things are in the mix for this young man! On 7th October, 2020, a very catchy music video, edited by Jazyl was launched world-wide too, on

Youtube, titled 'Samuria', sung by Sayantika Ghosh.

Earlier in 2018, Jazyl had won the Delhi AVCGI Award for 'Best Experimental Animation', where he had created an



animated introduction for my webcomic in anime style.

Here's congratulating Jazyl Homavazir for his passion and achievements in the world of animation!

# **WEF's Expert Network**

egent's Professor. Dr. Zubin Sethna has joined the elite group of experts at the prestigious World Economic Forum (WEF). based in Switzerland. The WEF is an international NGO, founded in 1971, committed to improving the state of the world by engaging business. political, academic, and other leaders of society to shape global, regional, and industry agendas. The group brings together experts from multiple

disciplines, including academia, business, government, and civil society, to share their research and analysis, engage in debate and organise around specific issues.

Professor Sethna's expertise lies in entrepreneurship, the future of consumption and family business. Speaking on his appointment, Prof. Sethna said, "I am committed to Regent's mission of developing



tomorrow's global leaders and thus improving the state of the world by helping to shape the global agenda. I'm humbled and delighted to accept an invitation to join The World Economic Forum's Expert Network."

Dr. Zubin Sethna is a Professor of Entrepreneurial Marketing and Consumer Behaviour, and Head Programmes for MSc Marketing Psychology and MA Enterprise.

## **TCS Surpasses Accenture As** 'Most Valued IT Company' Worldwide

Consultancy Tata. Services (TCS) is now the Most Valued IT Services Company in the world, surpassing Accenture. TCS's market value stood at USD 144.7 billion, compared to Accenture's USD 143.1 billion, as of October 8, 2020 closing.

Among listed Indian companies, TCS is only behind Reliance Industries in terms of market capitalisation which is at nearly USD 215 billion. The Indian software services major rallied over 3% to close at Rs 2,825/- after its board approved a share buyback at Rs. 3,000/per share.

brokerages Several upgraded TCS stock after it clocked stellar returns for the September quarter. The company reported a profit after tax of Rs. 7,475/- crore for the quarter ended September 2020,



registering a 6.7% sequential

This is not the first time that TCS has raced ahead of its competition. Back in 2018, IBM dominated the market with 300% more revenue than TCS, followed by Accenture in second place. In April that year, TCS reached the \$100 billion valuation mark and overtook Accenture's pinnacle position in the market.

# Dr. Zubin Sethna Joins Indian Philosophies Interpreted In Art Forms

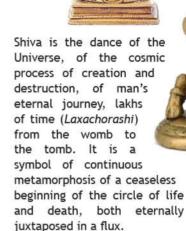


enjamin mentions in his book, 'Art and Architecture of India', that the works of art are guideposts to lead men by slow or sudden intuition to find the esoteric treasure hidden in the shrine of their own hearts. In art, we find several deities from the Hindu Pantheon of Gods like Ganesha, Nataraja and Vishnu. We also find holy symbols like Om, the Swastika and Drii (a predecessor of Om in ancient India), devoted to Aditi or Surya-Devta. Religious philosophy has always been conspicuous in all our art forms.

The most basic philosophy explicitly discernible in Indian icons, paintings and sculpture is that beauty is inherent in the spirit (atma or soul) and not in the matter. In fact, in one of our ancient treatises on art called, 'sukraniti', it is clearly stated that an artist should visualise only Brahma (God) even while making objects perceived by

In Hindu philosophy, the Supreme divinity has neither form nor attributes and is beyond time and space. Sage Yagnavalkya, who is said to have inhabited the earth three thousand years ago, called it the 'eternal illusion'. This illusion of shadow play and maya is actually what we, with our limited vision and minds, readily perceive. Since time immemorial, the ignorant layman could not grasp this and therefore, this supreme reality had to be given forms and attributes in the form of Gods and Goddesses, representing the expression of a highly complex, transcendental and speculative philosophy. They are not mere objects of art, but articles of devotion.

The Lord of dance, 'Nataraja' (Nata meaning dance and Raja meaning Lord), is the most famous Indian icon the world over. The dance of



Every Hindu deity in an art form has a special vehicle (vahan) like Ganesha's mouse. The lotus pedestal on which Nataraj stands, symbolises hriday kamal (lotus of the heart) with 16 petals for the 16 rays of consciousness. The crescent moon in his hair represents eternity and the serpent represents energy. His matted hair (jata) symbolises knowledge (gyan). In each ear, he wears different rings depicting the male/female principles. He dances on the body of a dwarf (Mushalaka), which represents human shortcomings - Desire (Kaam), Anger (Krodh), Greed (Lobh) Attachment (Moha). Shiva's third eye is the eye of perception, and legend has it that when it opens, there is destruction (Pralay).

In sculpture, paintings and dance, Vishnu is represented as sleeping on a serpent (Cosmic Sea), which is also known as Ananta (or endless). At times, this serpent is also called Shesha (the remainder). From the angle of symbolism, the serpent is a metaphor for the destroyed past universes. Vishnu holds the symbols of Maya in his hands, the most important being the discus (sudarshan chakra), depicting Vishnu's role as the defender

of the world against evil. The conch shell (shankh) represents the origin of life. When blown, this shankh is believed to induce celestial music or Naad-Brahma. The mace (gada) represents knowledge, the seat of all mental powers while the lotus depicts the role in creation.

In ancient times.

trade flourished

India

other

between

countries v i a

seaports, along the great trade route. Due to this, Indian art was carried in ships constantly to different ports of the world, spreading Indian artefacts throughout South-East Asia and also by the overland route to various European countries, like Italy and Greece. At intervals, convoys of ships and other vessels, like Dhows were manufactured in Arabia and South India to carry the sea-trade in Indian silks and spices across the Isthmus, as far as Alexandria.

Portraits figuring Indian Goddesses of wealth and knowledge, that is, Laxmi and Saraswati, have been unearthed at various places in Southern Europe. Even the sacred bull called Nandi, in Indian literature, has been found in Egypt. The bull was a sacred symbol even to the Dravidians. The sacred bull of Egypt has its analogue in Shiva's Bull. Palm leaves with paintings of various deities from the Hindu pantheon of Gods were common to both - Egypt and South India. Even respect for elders and ancestor-worship of Egypt is matched by the same values held by the Malabar Dravidians of ancient India.

Thus, we see that Indian Art has always been sacred in its origins and flourished in many parts of the world since art has no boundaries. It is beyond all geographical and intellectual

### PT Timeout

# The Bawa Word Search

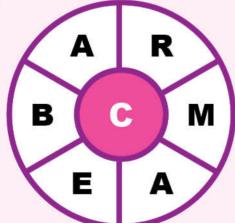
Search out 16 Most Popular Breads Across The World hidden in the word-jumble box below, in bidirectional, horizontal, vertical and diagonal forms:

LZHGUODRUOS D W D KTT 0 C Q U C E N X D D F W 0 н 0 K W U В L C C D N T W Y 0 н 7 1 ΚY 0 В Ν U т Δ

Baguette (France) Pretzel (Germany) Pita (Middle East) Brown Bread (Ireland) Challah (Israel) Brioche (France) Pumpernickel (Germany) Tortilla (Mexico) Ciabatta (Italy) Naan (India) Focaccia (Italy) Bagel (Poland) Combread (USA) Multigrain (Egypt) Sourdough (Switzerland) Pretzel (Germany)

# **HOW MANY WORDS?**

How many words of **four or more letters** can you make from the letters below? Every word must contain the letter in the center. You should make at least one word using all 7 letters.



**RESULTS:** 

Average - 6 or more words Good - 7 or more words Outstanding - 9 or more words



### **Thought of the Week**

"The only person you are destined to become is the person you decide to be."

- Ralph Waldo Emerson



### **TechKnow With Tantra**

### **Kwench - Drinking Water Reminder**

This App helps those who need to drink more water.
On installation, it tells you how much water you need

to drink daily to stay hydrated, after asking a few questions about your health and lifestyle. Staying hydrated has many health benefits – improving physical abilities, enhancing brain function and getting a youthful skin. Kwench helps you stay hydrated by intelligently reminding you to drink water through the day, based on your body composition, age and climate. Drink water in a scientific measured way with Kwench!

Android: http://bit.ly/33HXIBa

## **SUDOKU**

		8					6	4
					4		5	7
7		5	9	6				
3		4		2		6		
		9		7		8		5
				9	8	1		2
2	9		7					
00	1					7		

### WINNING CAPTION!!!



Trump: Kamala, you're so ugly – you're an insult to the flower LOTUS!

Kamala: Donald, don't flatter yourself – you're are an insult to the title POTUS!!

By Viraf P. Commissariat

### **CAPTION THIS!**



Calling all our readers to caption this picture!

The wittiest caption will win a fabulous prize!

Send in your captions at editor@parsitimes.com by 21th Oct., 2020

Disclaimer: Some of our 'Caption This' Contest photos are taken from freely available, public online resources and are published in a light and humorous vein, which is the mainstay of the Parsi spirit! No offence is intended to anyone or any situation.

માહ ખોરદાદ રોજ અર્દીબહેસ્ત ય.ઝ. ૧૩૯૦

# H2511 51514

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RNI NO. MAHBIL/2011/39373 • Regn. No. MCS/101/2018-20 • WWW.PARSI-TIMES.COM • VOLUME 10 - ISSUE 27 • PAGE 13 • ₹ 5/- • SAT, OCT 17, 2020 — FRI, OCT 23, 2020

### THE TRUTH. DELIVERED WEEKLY.

## ગ્રાન્ડ ફાધર ઘડિયાળોએ ગુમાવી રહ્યા છે તેમનું ચાઈમ



તા. દૃશી ઓક્ટોબર, ૨૦૨૦ એ સુરતના પારસી સમુદાય માટે એક ઉદાસી દિવસ હતો કારણ કે આપણે આપણા ગ્રાન્ડ ઓલ્ડ મેન શ્રી જાલ રસ્તમજી કાટપીટીયાને ગુમાવ્યા હતા. તેઓ એક એવા સજ્જન હતા જેમણે તેમના જીવનકાળમાં ઘણા લોકોને ભરપૂર ઉત્સાહ અને પ્રેરણા આપી હતી. તેમણે શરૂ કરેલી ફાઈજર ફાર્માસ્યુટીકલસથી કારકિર્દીથી જાલભાઈ જાણીતા બન્યા હતા. દવા ક્ષેત્રે તેમને ઘણો અનુભવ હતો. તેમની પત્ની શેરૂથી

પ્રોત્સાહિત થઈને તેમણે પોતાનું સાહસ - ક્રિસ્ટલ ડિસ્ટ્રિબ્યુટરર્સ સ્થાપ્યં, જેમાં વિવિધ ફાર્મા-ઓર્ગેનાઇઝેશનની સંખ્યાબંધ એજન્સીઓ લીધી અને સમય જતાં તેઓ મુખ્ય વિતરક બન્યા. તેમના પુત્રો રોહિન્ટન અને રસ્તમ આખરે આ વ્યવસાયમાં જોડાયા, અને તેમની વિશાળ સફળતામાં મોટો ફાળો આપ્યો, તે તબીબી ઉત્પાદનોની વિશાળ શ્રેણી માટેનું મુખ્ય સપ્લાય હાઉસ બન્યું. તેમના પુત્રો અને પુત્રવધ્ જાસ્મિન અને ડેલનાઝ જેઓ તેમના વિકસિત ઘંઘાને ખબ જ સારી રીતે સંચાલિત કરતા, જાલભાઈની દિવાલના ઘડિયાળો પ્રત્યેની તેમની ઉત્કટતાને આગળ વધારવાનં નક્કી કર્યં, જે તેમણે

તેમના મામા પાસેથી વિકસિત કર્યું, જેમની અગ્રણી 'સોલ્જર વોચ કંપની' હતી.

તેમણે ગ્રાન્ડ ફાઘર ઘડિયાળો રાખવાની પરંપરાને જીવંત રાખવા માટે ગ્રાન્ડ ફાઘર ઘડિયાળો ભારતમાં લાવવાનું નક્કી કર્યું જે રાખવાની પરંપરા, ઓછી થઈ રહી હતી. તેથી, તેમણે ૨૦૦૪માં ગ્રાન્ડ ફાઘર ઘડિયાળ બનાવતી લોકપ્રિય બ્રાન્ડની ચક્કર લગાવી યુરોપની મુલાકાત લીઘી હતી અને ઘણા સંશોધન પછી, તેઓ ભારત લાવ્યા વૈશ્વિક ખ્યાતિપ્રાપ્ત જર્મન બ્રાન્ડ 'કિયેન્જર ગ્રાન્ડ ફાઘર ક્લોકો, જે ઉદ્યોગમાં શ્રેષ્ઠ ગણાય છે. આ આયાતી ઘડિયાળો ખૂબ મોંઘા હોવાથી, જાલભાઈએ ફક્ત યાંત્રિક ભાગ આયાત કરવાની તૈયારી કરી અને બાહ્ય લાકડાના કેસને જાતે બનાવવાની પોતાની ચાતુર્ય અને કુશળતા લાગુ કરી. તેમની કારીગરીની ચોકસાઈ અપ્રતિમ હતી, કેટલીકવાર તે મૂળ ઘડિયાળોને વટાવી દેતી હતી!

આના લીદે કીંમતમાં મોટા પ્રમાણમાં ઘટાડો થયો અને તેમણે મોટા ભાગની ગ્રાન્ડ ફાઘર ઘડિયાળો વેચી દીધી. જે ઘડિયાળ દરેક વ્યક્તિગત રીતે ફક્ત તેમના દ્વારા ઇન્સ્ટોલ કરેલું છે.

તેમના કામ પ્રત્યેનો આ તેમનો ઉત્કટ ઉત્સાહ હતો કે ૮૭ વર્ષની ઉમરની ઉંમરે પણ, તેમણે આટલી બધી મુસાફરી કરી, ગ્રાહકના સંતોષ મુજબ ઘડિયાળ ઈનસ્ટોલ કરવા તે મુંબઈ સુધી જતા અને મોડી રાત્રે સુરત પાછા ફરતા બીજે દિવસે સવારે કામ પર પાછા જઈ શકે તે માટે!

એક સાચો સજજન, નમ્ર, મહેનતુ અને મૌન સમાજસેવક – સુરત જાલભાઈને ભલી નહીં શકે.

– સાયરસ દોટીવાલાના સૌજન્યથી

## આઈએસીસી રતન ટાટાને લાઇફટાઇમ એચિવમેન્ટ એવોર્ડથી સન્માનિત કરે છે

એક નિવેદન મુજબ ઇન્ડો-અમેરિકન ચેમ્બર કોમર્સ (આઈએસીસી) એ ચાલુ રોગચાળાને ધ્યાનમાં રાખીને તા. ૨જી ઓક્ટોબર, ૨૦૨૦ ના રોજ, વૈશ્વિક લીડરશીપ એવોડર્સના ભાગ રૂપે, બિઝનેસ આઈકન, રતન તાતાને જીવનકાળની સિલ્દિ એવોર્ડ રજૂ કર્યો.

આઇએસીસીએ તેના નિવેદનમાં, આપણા સમુદાયના રત્નને વધુ માન આપતા જણાવ્યું કે પ્રભાવશાળી ઉદ્યોગપતિ, પરોપકારી અને આજ સુધી માનવતાવાદી 'રતન તાતા, જેમણે ભારતના સૌથી મોટા સમૂહ – 'તાતા ગ્રુપ' ની આવક વધારીને ૨૦૧૧-૧૨ સુધીમાં લગભગ ૧૦૦ અબજ ડોલર કરી છે.'

છેલ્લા કેટલાક વર્ષોથી ઓછા એવોર્ડ સ્વીકારનારા રતન તાતાને આ સન્માન મળ્યું કારણ કે તેઓ માને છે કે આ એવોર્ડ ભવિષ્યના વૈશ્વિક નેતાઓને પ્રેરણા આપે અને ભારત અને અમેરિકા વચ્ચે દ્વિપક્ષીય આર્થિક સંબંધોને મજબૂત બનાવે છે. અમારૂં માનવું છે કે યુ.એસ. માર્કેટની સંભવિતતાને ઓળખનાર તાતા પ્રથમ ભારતીય હતા. તેમના નેતૃત્વ



હેઠળ, તાતા જૂથ ત્રણ દાયકાઓમાં યુ.એસ.ના સૌથી મોટા ભારતીય એમ્પ્લોયરમાં ફેરવાઈ ગયું છે, એમ આઈએસીસી પશ્ચિમ ભારત પરિષદના પ્રાદેશિક પ્રમુખ નૌશાદ પંજવાણીએ જણાવ્યું હતું.

તાતા જૂથ વૈશ્વિક સ્તરે બહુવિધ ઉદ્યોગોમાં ઉડે ઉતરેલં છે, જેમાં હેવી સ્ટીલ (ટાટા સ્ટીલ), ઓટોમોબાઇલ્સ (ટાટા મોટર્સ), આઇટીઇએસ (ટાટા કન્સલ્ટન્સી સર્વિસીસ), અન્ય છે.

તાતા જૂથના વડા તરીકે નિવૃત્ત થયા પછી, રતન ટાટા અનેક ભારતીય સ્ટાર્ટ અપ્સના પ્રભાવશાળી માર્ગદર્શક રહ્યા છે.

# રોગાચાળાને કારણે ઈરાને મેહેરેગાન ઉત્સવ રદ્દ કર્યો

કોરોનાવાયરસ રોગચાળાને કારણે લગભગ તમામ મેહેરેગાનની ઉજવણી ઇરાનમાં રદ કરવામાં આવી હતી. અરદકનના યઝદ પ્રાંતમાં તા. ૧લી ઓકટોબર ૨૦૨૦માં ઉજવણી હતી. મેહેરેગાન જે ઇરાની કેલેન્ડરના ૧૯૬માં દિવસે આવે છે (સામાન્ય રીતે ગ્રેગોરિયન કેલેન્ડરમાં ૨જી ઓક્ટોબર) જે પરંપરાગત પાનખરની ઋતુમાં કાપણીના સમયમાં ઉજવાતો તહેવાર છે.

ઈરાનમાં મેહેરેગાન મિત્રતા, સ્નેહ અને પ્રેમની પ્રાચીન દેવી મિથ્રાની ઉજવણીમાં ઇરાની જરથોસ્તીઓને સાથે લાવે છે. આ ઉજવણીમાં સામાન્ય રીતે અગ્રણી જરથોસ્તી ઘાર્મિક નેતાઓ અને અધિકારીઓ દ્વારા કરવામાં આવેલા મુખ્ય ભાષણો, શાહનામાના પાઠ, ઉત્તેજક હરીફાઈઓ અને મનોરંજક રિવાજોનો સમાવેશ થાય છે.

દર વર્ષે એક મુખ્ય લાક્ષણિકતા એ વિવિઘ ઘટકોથી ભરેલો વિશાળ ફેલાવો છે, જે પ્રત્યેક ચોક્કસ માન્યતાઓનું પ્રતીક છે. ફળો, શાકભાજી, સૂકા બદામ, મીઠાઈઓ, ગુલાબજળ, શેકેલા ઘેટાના માંસ, કમળના દાણા અને ચાંદીના સિક્કા સામાન્ય રીતે મૂકવામાં આવે છે.

(વધુ માટે જુઓ પાનુ ૧૫)

# <u>પારસી ટાઈમ્ટ</u>

# પારસી ટાઇમ્સની લાઇફલાઇન

'પારસી ટાઇમ્સ લાઇફલાઈન' એ પીટી પહેલ છે જે ગરીબીની ભયાનક પરિલસ્થિતમાં જીવી રહેલા વરિષ્ઠ સમુદાયના સભ્યોને બચાવ અને રાહત આપવા તરફ કામ કરે છે.

આ મુસાફરીનો ભાગ બન્યા પછી, પારસી ટાઇમ્સને જાણ છે કે આપણા સમુદાયમાં ઘણા વડીલો અને સિનિયરો છે જેઓ ગરીબીની ભયાનક પરિસ્થિતિમાં જીવન જીવે છે અને અમે અમારી પહેલ દ્વારા બદલ થવાની ઇચ્છા રાખીએ છીએ - 'પારસી ટાઇમ્સની લાઈફ લાઈન.'

પારસી ટાઇમ્સ કમનસીબ પરિસ્થિતિમાં જીવતા આવા વ્યક્તિઓ વિશેનો ડેટા એકત્રિત કરવાનો વિચાર કરે છે. ત્યારબાદ આ ડેટા અમારા ઉદાર સમુદાય ટ્રસ્ટ સાથે શેર કરવામાં આવશે જે સમુદાયના સભ્યોમાં ગરીબી દૂર કરવાના કામ કરે છે.

પારસી ટાઇમ્સ અમારા વાચકોને વિનંતી કરે છે કે ગરીબ પરિસ્થિતિમાં રહેતા વૃદ્ધ ઝોરાસ્ટ્રિયન લોકોની વિગતો શેર કરો, જેથી અમને અમારા ટ્રસ્ટ સાથે માહિતી એકત્રિત કરવામાં અને શેર કરવામાં સક્ષમ બનાવવામાં મદદ મળે. જેથી આપણે આપણા વરિષ્ઠોને તેમના સંઘ્યાકાળના વર્ષોમાં, માન અને ગુણવત્તાનું જીવન પ્રદાન કરવામાં મદદ કરી શકીએ.

તમારી વિગત નીચેના મેઈલ પર ઈમેલ કરો અથવા નીચેના સરનામે મોકલો editor@parsi-times.com

પારસી ટાઈમ્સ લાઈફલાઈનઃ ૨જે માળે, ખેતાન ચેમ્બર્સ સીએચએસ લીમીટેડ., ૧૪૩–૧૪૫ મોદી સ્ટ્રીટ, ફોર્ટ, મુંબઈ ૧.

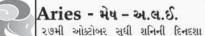
# \_પારસી ટાઈમ્સ



# YOUR JANAM RASHI THIS WEEK

લખનારઃ મરહુમ મહારાજ શ્રી સ્વયંજયોતિના સહકાર્યકર્તા જયેશ એમ. ગોસ્વામી

અઠવાડિક રાશિકળઃ તા. ૧૭.૧૦.૨૦૨૦ થી તા. ૨૩.૧૦.૨૦૨૦



રહમાં આક્ટાબર સુધા શાનના દિનદશા ચાલશે. તેથી નાની બાબતોમાં પણ ઈરીટેટ થશો. ઉતરતી શનિની દિનદશા તબિયત ખરાબ કરશે ખાવા પીવામાં ઘ્યાન આપજો. કામ કરવા માટે મુશ્કેલી આવશે. તમારી નાની ભુલ મોટી મુસીબતમાં મુકશે. ખોટા ખર્ચાથી પરેશાન થશો. દરરોજ 'મોટી હપ્તન યસ્ત' ભણજો. શુક્રનવંતી તા. ૧૭, ૨૧, ૨૨, ૨૩ છે.

Lucky Dates: 17, 21, 22, 23.

Saturn's rule till 27th October will make you feel irritable over small issues. The descending rule of Saturn could impact your health. Pay attention to your diet. Work could get challenging. Even a small mistake you make, could end up landing you in big trouble. Unnecessary expenditures will cause great concern. Pray the Moti Haptan Yasht daily.



### Cancer - 35 - 3.6.

રપમી ઓકટોબર સુધી મંગળની દિનદશા ચાલશે. નાની બાબતમાં ચીડાઈ જશો. ખોટા ખર્ચાઓથી પરેશાન થશો. વાહન ચલાવતા હો તો સંભાળજો એકિસડન્ટ થવાના ચાન્સ છે. મંગળને કારણે કામ કર્યાનું મહેનતાણું નહીં મળે. ભાઈ બહેન સાથે સંબંધ ઓછા રાખજો. દરરોજ 'તીર યક્ષ્ત' ભણજો. શુકનવંતી તા. ૧૭, ૧૮, ૧૯, ૨૨ છે.

Lucky Dates: 17, 18, 19, 22

Mars' rule till 25th October will make you snappish over petty matter. Unnecessary expenses will trouble you. Those using vehicles should be cautious as carelessness could lead to an accident. Mars' rule does not allow you to receive your efforts' worth. Reduce your communication with siblings. Pray the Tir Yasht daily.



### Libra - તુલા - ર.ત. તમને આજથી સુર્યની દિનદશા ચાલુ થયેલી

છે. તેથી ચાલુ કામમાં પણ સફળતા નહીં મળે. સરકારી તથા કોર્ટના કામ કરતા નહીં. માથાના દુખાવા તથા હાઈ પ્રેશરથી પરેશાન થશો. વડીલવર્ગ સાથે નાની બાબતમાં મતભેદ થશે. તેમની તબિયત ખરાબ થવાના ચાન્સ છે. સુર્યને કારણે ગુસ્સા પર કાબુ નહીં રાખી શકો. દરરોજ ૯૬મ નામ 'યા રયોમદં' ૧૦૧વાર ભણજો.

Lucky Dates: 18, 19, 20, 21

શુકનવંતી તા. ૧૮, ૧૯, ૨૦, ૨૧ છે.

The Sun's rule starting today could deter your chances of success even in your everyday work-life. Avoid doing any legal or government-related works. You could end up with headaches or high BP. Squabbles with the elderly over inconsequential issues is predicted. Their health could get affected. You might not be able to keep you temper in control. Pray the 96th Name, 'Ya Rayomand', 101 times daily.



### Capricorn - मक्षर - भ.क.

રાહુર્ની દિનદશા ચાલુ હોવાથી તમારા સીધા કામ પણ સીધી રીતે પૂરા નહીં કરી શકો.

પૈસાની ખેચતાણ ખૂબ રહેશે. ખોટો ખર્ચ વધી જશે. રાહુને કારણે જ્યાં કામ કરતા હશો ત્યાંના લોકો પરેશાન કરી મુકશે. તમારી પોતાની વ્યક્તિ તમારી સાથે દગો ફટકો કરશે. દરરોજ 'મહાબોખ્તાર નીઆએશ' ભણજો. શક્નવંતી તા. ૧૭, ૧૮, ૧૯, ૨૨ છે.

Lucky Dates: 17, 18, 19, 22.

Rahu's ongoing rule will not allow even the simplest of your works to get completely smoothly. Financial difficulties could surface. Unnecessary expenses could increase. Your colleagues could harass you. The one close to you could deceive you. Pray the Mah Bokhtar Nvaish daily.



### Taurus - วุงค - ผ.จ.3.

ર૦મી સુધી બુધની દિનદશા ચાલશે. તેથી સરકારી કામો પહેલા કરી લેજો. બુધની દિનદશા તમને નાણાકીય ફાયદો આપશે પરંતુ ૨૧મીથી શરૂ થતી શનિનીની દિનદશા તમારા કોઈપણ કામ સમય પર થવા નહીં દે. તમારી સાથે વડીલવર્ગની તબિયત પણ ખરાબ થવાના ચાન્સ છે. દવા પાછળ ખર્ચ વધવાથી વધારે પરેશાન થશો. બીજાને સંભાળતા તમે મુશ્કેલીમાં આવશો. દરરોજ 'મહેર નીઆએશ' સાથે 'મોટી હમન યક્ષ ભણજો. શુકનવંતી તા. ૧૭, ૧૮, ૧૯, ૨૦ છે.

Lucky Dates: 17, 18, 19, 20

Mercury's rule till 20th October suggests that you first complete any pending government-related works. You will receive financial benefits with Mercury's blessings. However, Saturn's rule starting from the 21st of October will pose challenges in letting you complete your work in time. The health of your elders could also god own. Medical expenses will trouble you more. You could end up in a soup, trying to help another. Pray the Moti Haptan Yasht along with Meher Nyaish daily.



### Leo - સિંહ - મ.ટ.

ચંદ્રની દિનદશા ચાલુ હોવાથી અગત્યના કામો રદમી પહેલા કરી લેજો. મુસાફરીનો ચાન્સ મળશે. મિત્રો તરફથી સલાહ લેતા કાયદામાં રહેશો. ચાલુ કામમાં ઉપરીવર્ગનો સાથ સહકાર મળશે. નાણાકીય મુશ્કેલી નહીં આવે. દરરોજ ૩૪મુ નામ 'યા બેસ્તરના' ૧૦૧ વાર ભણજો. શુકનવંતી તા. ૨૦, ૨૧, ૨૨, ૨૩ છે.

Lucky Dates: 20, 21, 22, 23.

The Moon's ongoing rule suggests that you complete all important works before the 26th of October. You could get an opportunity to travel. Acting on the advice of your friends will prove beneficial. Your seniors at the workplace will be supportive of you. There will be no financial strain. Pray the 34th name, 'Ya Beshtarna', 101 times daily.



### Scorpio - વૃશ્ચિક - ન.ય.

શુક્રની દિનદેશા ૨૬મી નવેમ્બર સુધી ચાલશે. ગામ પરગામથી સારા સમાચાર મળશે. મનગમતી વ્યક્તિ મળવાથી આનંદમાં આવી જશો.

મનગમતી વ્યક્તિ મળવાથી આનંદમાં આવી જશો. નાણાકીય મુશ્કેલી દૂર કરી શકશો. જ્યાં કામ કરતા હશો ત્યાં એકસ્ટ્રા ઈન્કમ કમાવી શકશો. ઓપોઝીટ સેકસનું એટ્રેકશન વધી જશે. દરરોજ 'બહેરામ યઝદ'ની આરાધના કરજો. શકનવંતી તા. ૧૭, ૧૮, ૧૯, ૨૧ છે.

Lucky Dates: 17, 18, 19, 21.

Venus' rule till 26th November heralds good news from abroad. Meeting with your favourite person will bring you great contentment. You will be able to rise from your financial difficulties. You will be able to earn extra income at your workplace. Attraction with the opposite sex will increase. Pray to Behram Yazad daily.



### Aquarius - કુંભ - ગ.શ.સ.

રાહુની દિનદશા ચાલુ હોવાથી સામેવાળા પર વિશ્વાસ કરતા નહીં. મનગમતી વ્યક્તિ તમારાથી નારાજ થશે. સગાવહાલાઓ સાથે ખટપટ થશે. બાળકો કે વડીલુવર્ગની તબિયત સંભાળજો. તમારૂં મહેનતથી કમાવેલું ઘન ખોટી જગ્યાએ ખર્ચ થશે. નવા કામ હાલમાં કરતા નહીં. દરરોજ 'સરોશ યક્ત' ભણજો. શુક્રનવંતી તા. ૧૮, ૧૯, ૨૦, ૨૧ છે.

Lucky Dates: 18, 19, 20, 21.

Rahu's ongoing rule suggests that you avoid trusting the words of people. Someone close to you could get upset with you. Squabbles with relatives in indicated. Take care of the children and elderly at home. You could end up losing your hard-earned money in the wrong places. Avoid taking on any new ventures or jobs. Pray the Sarosh Yasht daily.



### Gemini - મિથુન - ક.છ.ઘ.

બુધની દિનદશા ચાલુ હોવાથી તમારો સેલ્ફકોન્ફીડન્સ ખુબ વધી જશે. ધનની લેતી– દેતી કરવામાં સફળ થશો. મનગમતી વ્યક્તિ મળવાના

રતા કરવાના સફળ વરા. મનગવાના વ્યક્ત મળવાના ચાન્સ છે. મીઠી જબાન વાપરી બીજાને પોતાના કરશો. એકસ્ટ્રા કામ કરી વધુ ધન મેળવી શકશો. જયાં કામ કરતા હશો ત્યાં માન સન્માન સાથે ધનલાભ પણ થશે. દરરોજ 'મહેર નીઆએશ' ભણજો. શુકનવંતી તા. ૧૮, ૨૦, ૨૧, ૨૩ છે.

Lucky Dates: 18, 20, 21, 23.

Mercury's ongoing rule will greatly boost your confidence. Financial transactions will be successful. You could meet the person you desire. You will be able to win over others with your sweet words. You will be able to earn a lot more if you put in extra effort. You will receive appreciation and monetary benefits at your workplace. Pray the Meher Nyaish daily.



### Virgo - કન્યા - પ.ઠ.ણ. ચંદ્રની દિનદશા ચાલુ હોવાથી મનને આંનદ

મળે તેવા સમાચાર મળશે. તમે લીધેલા ડીસીઝનમાં ફેરફાર નહીં કરતા તેમાં તમને સફળતા મળશે. નવા મિત્રો કે નવા સંબંધો બનવાના ચાન્સ છે. નાણાકીય બાબતમાં સારા સારી રહેશે. થોડી કરકસર કરી ઈનવેસ્ટમેન્ટ અવશ્ય કરજો. દરરોજ 'યા બેસ્તરના' ૧૦૧વાર ભણજો. શકનવંતી તા. ૧૮, ૧૯, ૨૦,

૨૧ છે. Lucky Dates: 18. 19. 20. 21.

You will receive news that will bring great happiness to you, with the blessings of the Moon. Avoid making any changes in the decisions you have taken, as these will benefit you. You could make new friends and acquaintances. Financially things will be stable. Ensure that you make investments. Pray the 34th name, 'Ya Beshtarna', 101 times daily.



### Sagittarius - ધન - ભ.ધ.ફ.

તમને વૈભવ આપનાર શુક્રની દિનદશા શરૂ થયેલી છે. તમારી પસંદગીની વ્યક્તિને તમારા મનની વાત કહી શકશો. તમારા કામમાં ફાયદો થશે. ઘરમાં મનપસંદ વસ્તુ વસાવી શકશો. ઘણી-ઘણીયાણીમાં મતભેદ ઓછા થતા જશે. ખર્ચનું પ્રમાણ વધશે પણ નાણાકીય મુશ્કેલી નહીં આવે. નવા કામ મળશે. દરરોજ 'બહેરામ યઝદ'ની આરાધના કરજો. શક્રનવંતી તા. ૧૭,

૧૮, ૧૯, ૨૦ છે.

Lucky Dates: 17, 18, 19, 20.

With the start of Venus' rule, you will be able to share what is on your mind with a close and favorite person. You will earn profits in your work. You will be able to make the desired purchases for the house. Misunderstandings between couples will reduce. Despite an increase in expenses, there will be no financial difficulties. You will find new projects/job. Pray to Behram Yazad daily.



### Pisces - મીન - દ.ચ.ઝ.થ.ક્ષ.

ગુરૂની દિનદશા ચાલુ હોવાથી તમારા મનની નેક મુરાદ પૂરી થશે. નાણાકીય બાબતમાં સારા સારી થતી જશે. જે પણ કામ કરશો તેમાં ધનલાભ મળશે. ઈનવેસ્ટમેન્ટ અવશ્ય કરજો. તબિયતમાં સારા સારી થતી જશે. ઘરવાળાને આનંદમાં રાખી શકશો. દરરોજ 'સરોશ યક્ષન' ભણજો. શુક્રનવંતી તા. ૧૭, ૧૯, ૨૦, ૨૧ છે.

Lucky Dates: 17, 19, 20, 21.

Jupiter's ongoing rule will make your sincere wishes come true. Financially, things will continue to get better. You will earn profits in any work that you undertake. Ensure to invest money. Health will continue to improve. You will be able to keep your family members content. Pray the Sarosh Yasht daily.



### પૈસા ઓછા હતા પણ સુખ ખુબ હતુ!

હમણાં એક મીત્ર સાથે વાત થઈ અને અચાનક યાદ આવ્ય કે આપણે આખર તારીખ તો ભલી જ ગયા છીએ હં નાનો હતો ત્યારે ૨૦ તારીખ



પછી કોઈ વસ્તુની માગણી કરતો ત્યારે પપ્પા કહેતા બેટા આખર તારીખ ચાલે છે. પગાર આવે એટલે લાવી આપીશ આખર તારીખ કોને કહેવાય તે વાત તો મારા બાળકોને ખબર જ નથી અરે, હં પણ ભુલી ગયો. પહેલા પહેલી તારીખ કયારે આવે તેનો મને ઈંતઝાર રહેતો હતો. પચાસ વારના નાનકડા ઘરમાં અમે છ જણ રહેતા, પણ લાગત કે દ્રનિયાના સૌથી સુખી અમે છીએ પૈસા ઓછા હતા ઘર નાનુ હતું સગવડો ન્હોતી પણ સુખ હતુ ૧લી તારીખે પપ્પા ઓફિસેથી આવતા કઈક ખાવાની વસ્તુ લઈ આવતા (બસો ગ્રામ દાલવડા, બીસ્કીટ, પાપડી, જલેબી) અને અમે સાથે બેસી નાસ્તો

કરતા બસ પેટ અને મન બનને સંતૃષ્ટ થઈ જતા, બહારનો નાસ્તો મહિને એક જ વખત થતો હતો અને તે પણ પગાર આવે ત્યારે વાત આખર તારીખની જે વાત હવે ભુલાઈ જ ગઈ, મારા બાળકોને આખર તારીખ કોને કહેવાય તેની ખબર નથી અને હું પણ તેમને હમણાં પૈસા નથી પગાર આવે એટલે લાવીશ તેવ કહેતો નથી. તેના ઘણા કારણો છે પણ તેની ચર્ચા અહિયા કરવી નથી.

પણ સખ કઈ બાબતોમાં હત જે જણાવતા મને આનંદ થશે. આમ તો મહિનાનો છેલ્લો દિવસ હોય તેને આખર તારીખ કહેવાય એટલે ૩૦ અથવા ૩૧ આ દિવસે શાળા બે પિરીયડ વહેલી છટતી હતી એટલે મહિનાના

> છેલાં દિવસે ઘરે જઈ વધ રમવા મળશે તેનો આનંદ હતો.

> ઘરે કોઈ સાયકલ લઈ આવે તો તેને સ્પર્શ કરી જોતો, મને થતુ કે મારી પાસે કયારે સાયકલ આવશે. મારા પપ્પાએ જયારે મને પહેલી વખત તેમની સાયકલ આપી અને ડંડાની વચ્ચેથી અડધા પેડલ મારી સાયકલ ચલાવતા શીખ્યો ત્યારે લાગ્ય અરે

વ્હા મઝા આવી ગઈ, આ ક્ષણનો તો કેટલીય જીંદગીઓથી ઈતઝાર કરતો હતો. ઘરે કોઈ મહેમાન આવે તો ઘરમાં બધાને સારૂ લાગત હતું, વાતો કરીશ જમવામાં મમ્મી કઈ સારૂ બનાવશે મોડા સુધી જાગતા મહેમાન જાય ત્યારે તેમને છેક એસટી કે બસ સ્ટેન્ડ સુધી મુકવા જતા હતા, મહેમાન ગયા પછીનું ઘર ખાવા દોડતુ હતું. (આજે - અરે, મારી ટીવી સિરીયલ વખતે કયાં કોઈ આવ્યુ તેવુ થાય ઘરની બહાર સુધી પણ મુકવા જવાની વાત તો દૂરની રહી.)

વેકેશનમાં પણ સુખ હતુ મામાના ઘરે કે કાકાને ત્યાં દિવસોના દિવસો રહેતા હતા, ઉનાળુ વેકેશનમાં પરસેવે રેબઝેબ થઈ જતા છતાં લાગત કે આપણે સ્વીઝરલેન્ડમાં આવી ગયા.

સ્કલ બેગ એટલે કપડાની થેલી રહેતી. તેને દફતર કહેતા, કયારે ઘરમાં શાકની થેલી ના મળે તો મમ્મી અમારા ચોપડા બહાર કાઢી શાક લઈ આવતી અને ફરી પાછુ અમારૂં દફતર થઈ જતું, સ્કુલમાં કોઈ મીત્ર પતરાની અથવા એલ્યમીનમની બેગ લઈ આવે તો લાગત બહે માલદાર પાર્ટી છે.

વરસાદ પડે તો ન્હાવાનો આનંદ તો રહેતો, અને ખોચામણી રમવા મળશે તેનો રોમાંચ કઈક જુદો જ હતો, નકામી માચીસ ઉપરના ફોટા, લખોટી, જો મળી જાય તો હમણાંની કોઈ વીડીયો ગેઈમ મળી હોય તેવી મઝા પડતી.

ફિલ્મ જોવી એટલે એવરેસ્ટ ચઢવા જેવુ કામ હતું, કારણ તેની ટીકીટ લેવા માટે એકાદ કલાક લાઈનમાં ઉભા રહેવ પડત થીયેટર ઉપર એક પડછંદ પઠાણ ઉભો રહેતો તેને લાલો કહેતા, તેનં કામ ટીકીટ લેવા આવનારને લાઈનમાં ઉભા રાખવાનું હતું, લાઈન તોડનારને તે લાકડી લાકડીએ કટકારતો. માર ખાઈને પણ લોકો લાઈનમાં ઉભા રહેતા. લાઈનમાં ઉભા હોઈએ ત્યારે તમામ ઈષ્ટદેવોને યાદ કરી કહેવાનું કે ભગવાન મારો નંબર ટીકીટ બારી સધી આવે ત્યાં સધી ટીકીટ બારી ચાલ રાખજે અને ટીકીટ મળે ત્યારે અમેરીકાના વીઝા જેટલો આનંદ થતો હતો.

લગ્નમાં જમવા જવાનું હોય તો તેની કેટલાંય દિવસો પહેલા તૈયારી ચા-લતી હતી, ત્યારે લગ્નમાં પંગત બેસતી એટલે મહેમાનોને પાટલા ઉપર બેસાડી જમાડતા. જો પહેલી પંગતમાં જમવા મળે તો વીઆઈપી હોવાનો અહેસાસ થતો હતો.

નવા કપડા તો દિવાળીમાં જ મળે. તેમાં પણ અમદાવાદના ત્રણ દરવાજા પાસે એક દુકાન હતી જે આજે પણ છે જેનું નામ બચુભાઈ રેડીમેઈડવાળા છે, અહિયા કપડાં સસ્તા મળતા એટલે જવાનું, (ત્યારે સીજી રોડનો જન્મ થયો ન્હોતો) દુકાનદાર પોતાની દુકાનમાંથી

# લગ્ન સંબંધી

લગ્ન સંબંધી આમંત્રણ આપે છે ૩૭ વર્ષની ઉમરનો પારસી જરથોસ્તી છોકરો કેનેડામાં આવેલ ટોરેન્ટોમાં સ્થાયી છે. ૩૦ વર્ષની અંદરની સરળ, શાંત સ્વભાવ ધરાવતી ગ્રેજ્યએટ, નોકરી કરતી છોકરી જે કેનેડામાં સ્થાયી થવા તૈયાર હોય તેવી જીવનસાથી જોઈએ છીએ. રૂચી ધરાવતા પક્ષો છોકરીનો બાયોડેટા <mark>નીચેના સરનામે મે</mark>ઈલ કરે: parsigroom2020@gmail.com

### રોગાચાળાને કારણે ઈરાને મેહેરેગાન ઉત્સવ રદ્દ કર્યો

પાના નં. ૧૩થી ચાલુ

દંતકથાઓ કહે છે કે મેહેરેગાન ઉમદા

ધરપકડ પછી, ફરેદૂનને રાજા તરીકે નામાંકિત કરવામાં આવ્યા હતા અને લોકો

આ પ્રસંગને ખુબ જ ઉત્સાહથી ઉજવે છે. આ વાર્તા શાહનામેમાં વર્ણવવામાં આવી છે, સચિત્ર પર્શિયન કવિ ફિરદોશી (680-૧૦૨૦ સીઈ) દ્વારા એક લાંબુ મહાકાવ્ય.

ગયા વર્ષે, ઇરાને

સાંસ્કૃતિક હેરિટેજ સચિમાં સંભવિત શિલાલેખ માટે, યુનેસ્કોમાં, મેહેરેગાન ઉજવણી સહિત પાંચ અલગ ડોસીઅર રજૂ કર્યા હતા.

સૌજન્યઃ તેહરાન ટાઇમ્સ

ઉભા રહી તમારૂ માપ નક્કી કરતો, અને કપડાંનો ઘા કરતો, દકાન પૂરી થાય એટલે સીધી ફ્ટપાથ શરૂ થયા, ઘણી વખત મમ્મી ફટપાથ ઉપર જ પહેરેલા કપડાં ઉપર નવા કપડાં પહેરાવી જોઈ લેતી, માપની બહ ચીંતા કરવાની નહીં, નવા કાપડનો અહેસાસ શેર લોહી વધારી દેતો હતો.

ફરેદન અને કાવેહ માટે વિજયનો દિવસ

હતો, જેમણે દુષ્ટ ઝોહાકને પરાજિત કર્યો

હતો. તેઓએ તેને દેમાવંદ પર્વતમાં કેદ

કર્યો હતો અને પછી તેને થયેલા ઘાને

લીધે તે મૃત્યુ પામ્યો હતો. ઝોહાકની

આખી સોસાયટીમાં પહેલા એક જ સક્કન ના ઘરે ફ્રિજ હતું, ઉનાળામાં કયારેક બરફની ટ્રે મળી જતી, બરફની ટ્રે હાથમાં હોય ત્યારે આનંદમાં એવ લાગત કે હમણાં જ મારૂ શરીર ઠંડ પડી જશે. એકના ઘરે ફોન હતો કોઈ સગા ફોન કરે

અને પડોશી બોલાવે ત્યારે બીક પણ લાગતી કારણ ફોન તો માઠા સમાચાર માટે જ આવે તેવુ મોટા ભાગે થતું કારણ સારા સમાચાર તો પોસ્ટકાર્ડમાં આવી જતા.

આજે સમજાય છે કે 'સુખ' સગવડોમાં ન્હોત્ નાની નાની વાતો સુખી કરતી હતી. કારણ ત્યારે આખર તારીખ આવતી હતી. આજે તારીખ તો આવે છે, પણ તે આખરી હોતી નથી. રોજ પહેલી તારીખ જ હોય છે. આજે મોટ ઘર છે, ટીવી છે, કાર છે, બેન્ક બેલેન્સ છે છતાં આપણે શોધીએ છીએ સુખને.

### એક નજર પારસી મરણો ઉપર

Deceased મરનાર	Age વય	Date તારીખ	Address ૨. ઠે.	Relations સગાઈઓ
			Death Announcen	nents from Chandanwadi
Dhunji Savakshah Velati ધનજી શાવકશા વેલાટી	85 ૮૫	01.10.2020		તે જરબાઇ શાવકશા વેલાટી તથા મરહુમ શાવકશા ધનજીશા વેલાટીના દીકરા તે મરહુમ દારા, મરહુમ તેહમી, મરહુમ ગુલ બોમન પીઠાવાલાના ભાઈ તે મહેરનોશ પીઠાવાલા, ફીફ્ઝા વાડીવાલાના મામા.
Arnavaz Phiroze Nallaseth અરનવાઝ ફિરોઝ નાહ્યાશેઠ	85 ՀԿ	07-10-2020	Bldg. 12, 2nd Floor, Flat No. 5, Khareghat Colony. બિલ્ડિંગ, ૧૨, ૨જે માળે, ફ્લેટ નં. ૫, ખરેઘાટ કોલોની.	

### Death Announcements from Pune

Nergish Nevil Buhariwala નરગીશ નેવીલ બુહારીવાલા

७५

07-10-2020 817 Dastur Meher Road, Camp Pune 411001 ૮૧૭, દસ્તુર મહેર રોડ, કેમ્પ, પુણે ૪૧૧૦૦૧.

તે નેવીલ બુહારીવાલાના ઘણીયાણી તે મરહમ પિરોજશાહ અને મીઠામાય બુહારીવાલાના દીકરી તે મરહમ માણેકશા અને દિના બહારીવાલાના વહ તે ખુઝાન બુહારીવાલાના મમ્મી તે થ્રીટી ખરાદી, બેહરોજ ઈરાની, પોરસ બુહારીવાલા, ઝરીન દારૂવાલાના સીસ્ટર ઈન લો. વધુ માટે જુઓ પાનુ ૧૬

### એક નજર પારસી મરણો ઉપર

એક નજર પારસી મરણો ઉપર					
Deceased મરનાર	Age વય	Date તારીખ	Address ૨. ઠે.	Relations સગાઈઓ	
Burzin Dhun Bharucha બુરઝીન ધન ભરૂચા	5 <b>4</b> ૫૪	08-10-2020	Karishma Building, 'B' Wing, 3rd Floor M. Pasta Road, Dadar, Mumbai 14. કરીક્ષા બિલ્ડીંગ, બી વિંગ, રૂમ નં. ૧૦, માધવદાસ પાસ્તા લેન, દાદર (ઈ), મુંબઈ ૧૪.	તે મરહુમો ફ્રેની તથા ધનજીશા પ. ભરૂચાના દીકરા તે મરહુમ મેલીસા બુરઝીન ભરૂચાના ઘણી તે મક્કા જીમી તવડીયાના ભત્રીજા તે ટેનાઝ લવજી ખંભાતા તથા મોનાઝ ચીરાગ દસ્તુરના ભાઈ તે લવજી અને ચિરાગના સાળા તે તુષ્ના, આર્મીન, વરૂન તથા ફરઝાનના મામાજી.	
Minoo Phiroze Makhania મીનુ ફિરોઝ માખન્યા	<b>79</b> ७૯	09-10-2020	Guzdar House, 41, Bhulabhai Desai Road, Flat No.4, 1st Floor, Opp Johnson, Mumbai 26. ગઝદર હાઉસ, ૪૧ ભુલાભાઈ દેસાઈ રોડ, ફલેટ નં. ૪, ૧લે માળે, જોનસનની સામે, મુંબઈ ૨૬	તે મરહુમો પીલુ તથા ફીરોઝ માખન્યાના દિકરા તે મરહુમ આદીલ ફિરોઝ માખન્યાના ભાઈ તે હોરમઝદ આદીલ માખન્યા તથા ઝરીન સેમી શ્રોફના કાકાજી તે પીન્કસ આદીલ માખન્યાના જેઠ.	
Katy Sorabji Dotivala કેટી સોરાબજી દોટીવાલા	<b>72</b> ૭૨	09-10-2020	Flat No. 802, Gai Bldg, 647 B Khareghat Road, Parsi Colony, Dadar, Mumbai 14. ફલેટ નં. ૮૦૨, ગાય બિલ્હી ગ, ૬૪૭-બી, પારસી કોલોની, દાદર (ઈસ્ટ), મુંબઈ ૧૪.	તે મરહુમો ગુલ તથા સોરાબજી કાવસજી દોટીવાલાના દીકરી મેહર દાદી દારૂવાલા, મીનુ સોરાબજી દોટીવાલા ને પરવીઝ લવજી ભરૂચાના બહેન તે ડેઝી મીનુ દોટીવાલા, લવજી જાલેજર ભરૂચા તથા મરહુમ દાદી મીનુ દારૂવાલાના નણંદ.	
Gool Pallanji Bhesania ગુલ પાલનજી ભેસાન્યા	100	10-10-2020	Happy Home 16, 1st Floor, Flat No.4, Forjett Street Cross Lane, Gowalia Tank, A.K. Marg, Mumbai 26. હેપ્પી હોમ ૧૬, ૧લે માળે, કોરજેટ સ્ટ્રીટ ક્રોસ લેન, ગોવાલ્યા ટેંક, એ. કે. માર્ગ, મુંબઈ ૨૬.	તે મરહુમ પાલનજી સોરાબજી ભેસાન્યાના વિઘવા તે હતોક્ષી માણેક એલાવ્યા તથા મરહુમ કેકી પાલનજી ભેસાન્યાના માતાજી તે મરહુમો તેહમીના તથા જહાંગીરજી કરકરીયાના દીકરી તે અરનાઝ કેકી ભેસાન્યા તથા માણેક હોરમસજી એલાવ્યાના સાસુજી તે મરહુમો જહાંબક્ષ, રૂસ્તમ, નેરયોસંગ, કરેદુન, વીલુ તથા નોશીરના બહેન તે એરીક એલાવ્યા, બેહઝાદ ભેસાન્યા, અનાહીતા દલાલના ગ્રાન્ડ મઘર તે સીલુ પટેલ, જરૂ ગાંઘી, મહેરનોશ કરકરીયા, જમશેદ ભેસાન્યાના આન્ટી તે મરહુમો શીરીનબાઈ તથા સોરાબજી ભેસાન્યાના વહુ તે મરહુમો બમન ભેસાન્યા, શેરીયાર ભેસાન્યાના સીસ્ટર ઈન લો તે ડેરીયન, અયાન, જીયાન, સરોશના ગ્રેટ ગ્રાન્ડ મઘર.	
Nergiz Eruch Subawalla નરગીઝ એરથ સબાવાલા	84 ८४	11-10-2020	30, Sleater Road,Grant Road, Mumbai 7. ૩૦, સ્લેટર રોડ, ગ્રાંટ રોડ, મુંબઈ ૭.	તે એરચ ગુસ્તાદજી સબાવાલાના ઘણીયાની તે મરહુમો જાઈજી તથા મીનોચેર બાટલીવાલાના દીકરી તે પરવેઝ તથા મરહુમ દારાયસ બાટલીવાલાના બહેન તે હોશંગ તથા સાયરસ સબાવાલાના માતાજી તે દીલનવાઝ તથા શારાના સાસુજી તે યાસમીન શહેરનાઝ તથા દારાયસના બપયજી તે મરહુમો તેહમીના તથા ગુસ્તાદજી સબાવાલાના વહુ.	
Pesi Nariman Sakhidas પેસી નરીમન સખીદાસ	84 ∠४	11-10-2020	43, Sneh Sadan, Opp Colaba Post Office, Colaba, Mumbai 5. ૪૩, સ્નેહ સદન, કોલાબા પોસ્ટ ઓફિસ સામે, કોલાબા, મુંબઈ પ.	તે થ્રીતી પેસી સખીદાસના ખાવિંદ તે મરહુમો નાજામાય તથા નરીમન ન. સખીદાસના દીકરા તે નીલુફર દારાયસ પંથકી તથા કૈનાઝ અરઝાન સિંગપુરવાલાના બાવાજી તે દારાયસ પંથકી તથા અરઝાન સીંગપુરવાલાના સસરાજી તે આરીશ, મહેરનાઝ, દેલઝીન, પર્લના ગ્રેન્ડપા તે આલુ સોલી, કેરાવાલા, પીલુ તેહમુલ સીધવા, પરવીન તથા મરહુમ દોલી એરચ બલસારાના ભાઈ તે નાજુ જહાંગીર પંથકી, એરચ તથા રોશન સિંગપુરવાલાના વેવઈ તે મરહુમો નરગીશ તથા જમશેદ ગાંધીના જમાઈ.	
Jemi Maneckshaw Siganporia જેમી માણેકશો સીગંપોરયા	<b>72</b> ૭૨	11-10-2020	694, Flat No-8, 2nd Floor, Dinshaw Master Road, Near Five Gardens, Dadar East, Mumbai 14. ૬૯૪, ક્લેટ નં. ૮, ૨જે માળે, દીનશા માસ્તર રોડ, ક્રાઈવ ગાર્ડન પાસે, દાદર (પૂ.), મુંબઈ ૧૪.	તે દીનાઝ જેમી સીગંપોરયાના ખાવિંદ તે મરહુમો મેહેરબાઈ તથા માણેકશો સીગંપોરયાના દીકરા તે ફરઝાના બુરઝીન મિસ્રી તથા કેઝાદ જેમી સીગંપોરયાના બાવાજી તે બુરઝીન દાલી મિસ્રીના સસરાજી તે મરહુમો દૌલત તથા ફરેદુન દોસાભાઈ મહવાના જમાઈ તે મરહુમો ઝરીન ફીલી સીગંપોરયા તથા ખોરશેદ જહાંબક્ષ ગાર્ડના ભાઈ તે પીલી સીગંપોરયા, જહાંબક્ષ ગાર્ડ, હુતોક્ષી, જીમી ઝાયવાલા, આઈરીન, વિરાફ મહવાના બ્રઘર ઈન લો તે રશના, થ્રતી, અનાહીતા, હુકરીઝ, ફરઝીન, અનીતા, રોની, બીનાઈશા, ઝવેરના અંકલ તે બેપસી તથા મરહુમ દાલી મીસ્રીના વહેવાન.	
Fram Dosabhai Kalwachwalla ફામ દોસાભાઈ કલવચવાલા	<b>92</b> ૯૨	11-10-2020	415 Vikas Towers, Magrapada Road, Andheri East, Mumbai 69. ૪૧૫ વીકાસ ટાવર્સ, માગરાપાડા રોડ, અંઘેરી (પૂ.), મુંબઈ ૬૯.	તે પીરોજબાઈ તથા ડોસાભાઈ એદલજી કલવચવાલાના દીકરા તે મરહુમ નરગેશ ફરામ કલવચવાલાના ઘણી તે પરવેઝ ફરામ કલવચવાલા, યાસ્મીન એરીક ખેસવાલા ને ઝરીન સોલી બારીયાના બાવાજી તે ફીરૂજી પરવેઝ કલવચવાલા, એરીક રૂસી ખેસવાલા તથા મરહુમ સોલી પરવેઝ બારીયાના સસરા તે કેઝરીન, નોઝર, ફ્રેડી, યઝદી, પર્લ, પરસીસ, મીરઝાદ ને રોહનના ગ્રેન્ડ ફાઘર તે મરહુમો માનેકબાઈ તથા જહાંગીરજી એદલજી કલવચીયાના જમાઈ.	
Farokh Rustomji Bharucha ફરોક રૂસ્તમજી ભરૂચા	81 ८٩	12-10-2020	Building No.12, Flat No.24, Tulsiwadi, Tardeo, Mumbai 34. સર સીજે કોલોની, બિલ્ડિંગ નં. ૧૨, ફેલ્ટ ૨૪ તુલસીવાડી, તારદેવ, મુંબઈ ૩૪.	મરહુમ રૂસ્તમજી બાપુજી ભરૂચા, મરહુમ તે રૂબી રૂસ્તજી ભરૂચાના દીકરા તે ગુલ, પરવેઝ તલાટી, તે આબાન જલ પટેલ, તે મરહુમ કેકીના ભાઈ તે મરહુમ પરવેઝ, જાલના બનેવી તે કેડી કેકી ભરૂચાના જેઠ, તે રૈયોમન ભરૂચાના કાકા તે કેડી તલાટી ને કૈયઝાદ પટેલના મામા તે ફ્રીયાન કયઝાદ પટેલના મોટા મામા તે નવાઝ કયઝાદ પટેલના મામા સસરા.	
Adil Minocher Shroff આદીલ મીનોચહેર શ્રોફ	<b>65</b> ૬૫	12-10-2020	Room No.6, Contractor Chawl, Dadaji Kondev Cross Marg, Byculla, Mumbai 27. રૂમ નં.૬, કોન્ટ્રેકટર ચોલ, દાદોજી કોનદેવ ક્રોસ માર્ગ, ભાયખલા, મુંબઈ ૨૭.	તે મરહુમો કેટી તથા મીનોચહેર અરદેશર શ્રોફના દીકરા તે રૂમી મીનોચહેર શ્રોફ તથા મરહુમો પોલી ને સાયરસના ભાઈ. તે દીનુ સાયરસ શ્રોફના બનેવી તે વહીસ્તા સાયરસ શ્રોફના કાકા તે જાલ, પેસી, એરચ, દાલી તથા મરહુમો સામ, બહાદુર, ગુલ પીઠાવાલાના ભાનજા.	
Dolly Hoshang Elavia દોલી હોશંગ એલાવ્યા	77 99	13-10-2020	598-C, A. H. Wadia Bldg., 1st Floor, Sir J. S. S. Road, Princess Street, Mumbai 2. ૫૯૮- સી, એ. એચ. એ. વાડ્યા બિલ્ડિંગ, ૧લે માળે, સર જે. એસ. રોડ, પ્રિન્સેસ સ્ટ્રીટ, મુંબઈ ર	તે હોશંગ મીનોચેર એલાવ્યાના ઘણીયાની તે મરહુમો તેહમીના તથા મંચેરશા હુમરાનવાલાના દીકરી તે નીલુફર હોશંગ એલાવ્યાના માતાજી તે હોશંગ મંચેરશા હુમરાનવાલા, હોમાય બેહરામ પટેલ તથા મરહુમો જહાંગીર મ. હુમરાનવાલા, બોમી મ. હુમરાનવાલા તથા રોડા ફ. દારૂવાલાના બહેન તે જીમી સોલી ડ્રાયવર, ફ્રેદી સોલી ડ્રાયવર, સોરાબ જીમી કેન્ટીનવાલા, પીનાઝ ફરહાદ ઉમરીગરના મામીજી તે મરહુમો દીનામાઈ તથા મીનોચેર મ. એલાવ્યાના વહુ તે મેહરૂ સોલી ડ્રાયવર તથા જાલુ જીમી કેનતીનવાલાના ભાભી.	
Feroze Burjor Bulsara ફિરોઝ બરજોર બલસારા	85 ૮૫	13-10-2020	401, Building No.5, Behram Baug, Jogeshwari (W), Mumbai 102. ૪૦૧, બિલ્ડિંગ ૫, બેહરામ બાગ પારસી કોલોની, બેહરામ બાગ, જોગેશ્વરી.	તે નરગીશ ફિરોઝ બલસારાના ખાવિંદ મરહુમ બરજોર બેહરામ શાહ બલસારા તથા મરહુમ ધન બરજોર બલસારાના દીકરા રોહન ફિરોઝ બલસારાના પપ્પા તે તનાઝ આર. બલસારાના સસરા તે ફરાહ ઝરનોશ વાડીયાના બપાવાજી તે મરહુમ ફરામરોજ સો. અછાડવાલા તથા મરહુમ ખોરશેદ એફ. અછાડવાલાના જમાઈ તે મરહુમ બરજોર હોમી પટેલ તથા ગુલ બરજોર પટેલના વેવાઈ તે હુઝાન, જરનોશ વાડીયાના મોટા બપાવાજી.	
Homi Framroze Bilimoria હોમી ફરામરોઝ બિલ્લીમોર્યા	92 ૯૨	13-10-2020	Flat No. 6, 2nd Floor, No.4, Babulnath Road, Mumbai 7. ફ્લેટ નં. દ, બીજે માળે, નં. ૪ બાબુલનાથ રોડ, મુંબઈ ૭.	The second of th	
Fali Kekobad Sidhwa ફલી કેકોબાદ સીધવા	91 69	14-10-2020	Allbless Building, 2nd Floor, R No. 4, Thakurdwar, Mumbai 2. ઓલબેસ બિલ્ડિંગ, બીજે માળે, રૂમ ૪, બનાજી કાયર તેમપલ કમ્પાઉન્ડ, ઠાકુરદ્વાર, મુંબઈ ૨.	તે શેરીના ઘની, તે મરહુમો પીરોજા કેકોબાદ સીઘવાના દીકરા (ઉદવાડા ગલોબ હોટલવાલા) તે મરહુમો દોલી બમનશા ખરેઘાતના જમા તે મરહુમો એમી હોમી મેહતા, મેહરુ જાલ ઉનવાલા, જાલુ ફલી દસ્તુર, હોમી અને બોમીના ભાઈ તે નેલી દારબ ઉનવાલા ને માહારુખ બોમી સીઘવા ભાઈ તે કેરસી અને મરહુમ ખોરશેદ ખરેઘાતના બનેવી તે પોરસના કુવાજી	
Frangiss Jamshed Yazdani (Sharbatwalla) ફરેંગીસ જમશેદ યઝદાની (શરબતવાલા)	<b>96</b> ७६	14-10-2020	Khodabux Building, Room No.8, 2nd Floor, Shivdas Chapsi Road, Opp. Sales Tax Office, Mazgaon, Mumbai 10. ખોદાબક્ષ બિલ્ડિંગ, રૂમ નં. ૮, ૨જે માળે, શીવદાસ ચાપસી રોડ, સેલ્સ ટેક્સ ઓફિસ સામે, મઝગાંવ, મુંબઈ ૧૦.	તે મરહુમ જમશેદ ક. યઝદાની (રોસ્તમી)ના વિઘવા તે કૈયમાસ, રોહીન્ટન તથા ગોવેરના માતાજી તે મરહુમો હમાવંદ તથા ફીરૂઝા યઝદાનીના દીકરી તે મહેરનાઝ, અરનાવાઝ તથા હુશંગના સાસુજી તે મરહુમો બેહરામ, ફરેદુન, પાટી, જહાંગીર, દૌલત તથા મોટવાટીદના બહેન તે રોયાશ, રોઈકા, બેહનાઝ, ફારનાઝ તથા બેહરૂઝના ગ્રાંડમઘર તે મરહુમો ખોદાબક્ષ તથા શીરીનના વહુ.	



### એક નજર પારસી મરણો ઉપર

Deceased મરનાર	Age વય	Date તારીખ	Address ૨. દે.	Relations સગાઈઓ
Dolly Pesi Bamboat દોલી પેસી બામ્બોટ	83 73	14-10-2020	G-1/2, Shapur Baug, Vithalbhai Patel Road, Mumbai 4. જી ૧/૨ શાપુરબાગ, વીકલભાઈ પટેલ રોડ, સાઈબાબા મંદિર સામે, ગીરગાવ, મુંબઈ ૪.	તે મરહુમ પેસી સાવકશા બામ્બોટના વિઘવા તે હોશેદાર પેસી બામ્બોટના માતાજી તે મરહુમો કૈખશરૂ તથા સુના કે. માહવાના દીકરી તે ખુશનુમા હોશેદાર બામ્બોટના સાસુજી તે કારમીન સનાયા બામ્બોટ તથા કાઈલ હોશેદાર બામ્બોટના બપઈજી તે અસ્પી કૈખશરૂ મહવા તથા ફરોખ કૈખશરૂ મહવાના બહેન તે મરહુમો પેરીન તથા સાવકશા બામ્બોટના વહુ.
Nergish Faredoon Irani નરગીશ ફરેદુન ઈરાની	86 ८६	14-10-2020	4, Hendre Building, Sleater Road, Grant Road, Mumbai 7. ૪, હેન્દ્રે બિલ્ડિંગ, સ્લેટર રોડ, ગ્રાંટરોડ, મુંબઈ ૭.	તે મરહુમ ફરેદુન બખત્યાર ઈરાનીના વિઘવા મરહુમો દીનબાનુ બખત્યાર ઈરાનીના વહુ તે મરહુમો પારી, ગોવેર શાપુર ઈરાની, મોરવરીઝ, ખોદારામ, તીરદાઝ અને ફેરેગીઝના બહેન તે મરહુમો ઘન ફરામરોઝ મહેરશાહી, બહેરાન બખત્યાર, મહેરબાનુ ખોદાદાદ ઈરાની અને શહેરા ખોદાયાર ઈરાનીના ભાભી તે મરહુમ સીમીનના દેરાની તે દીનબાનુ, આબાદાન, નાઝબાનુ, કેકોબાદ અને આફ્રીનના મમ્માજી તે દારાયસ, ફરઝાના, ફરોખ, કેક્ષ્મીરા અને શહેરીયારના સાસુજી તે શારલીન, કૈનાઝ, હુફરીશના બપયજી તે કીયાના, રીયાન, અરશાન, વહીક્ષાના મોટા મમયજી.
Keki Fardoon Nagarwalla 90 14-10-2020 કેકી ફરેદુન નગરવાલા ૯૦		12/2, Wadia Block, Malcom Baug, S. V. Road, Jogeshwari (W), Mumbai 102. ૧૨/૨ વાડિયા બ્લોક, માલકમ બાગ, એસ વી રોડ, જોગેશ્વરી (વે). મુંબઈ ૧૦૨.	તે મરહુમો હોમાય તથા ફરેદુન નગરવાલાના દીકરા તે મોતી કેકી નગરવાલાના ઘણી તે સાયરસ કેકી નગરવાલા, ફ્રેણી ફીરોઝ ઈરાની તથા મરહુમ ફરેદુન કેકી નગરવાલાના બાવાજી તે ફીરોઝ જહાંગીર ઈરાનીના સસરા તે ગુલેસ્તાન નગરવાલા, મરહુમ જમશેદના ભાઈ તે મરહુમો ગુલબાનુ જહાંગીર ફરૂડી જહાંગીર ખુશરૂ ફરૂડીના જમાઈ તે જહાંગીર જમશેદ નગરવાલા, હોરમઝદ જમશેદ નગરવાલાના કાકા.	
Dinaz Rohinton Chinoy 74 15-10-202 દીનાઝ રોહિન્ટન ચીનોય ૭૪		15-10-2020	646, Gai 'A' Bldg., Khareghat Road, Parsi Colony, Dadar, Mumbai 14. ૬૪૬–ગાય, એ વિંગ, ખરેઘાટ રોડ, દાદર, મુંબઈ ૧૪.	તે મરહુમ રોહિન્ટન પરવેઝ ચીનોયના વિઘવા તે મરહુમો ફ્રેની તથા નરીમાન આર્યાના દીકરી તે મરહુમો પેરીન તથા પરવેઝ ચીનોયના વહુ તે મેહેર રૂસ્તમ જેસીયા ને ક્યનાઝ સીરોય ઉનવાલાના માતાજી તે ક્યોમી, ખુશનાઝ ને રૂસાદના મમયજી તે રૂસી નરીમાય આર્યા ને નાજુ મયનીના બહેન તે ઝરીન સામ જેસીયા ને લીલી આદિલ ઉનવાલાના વેવાન તે હિલ્લા પરવેઝ સબાવાલા, બખ્તાવર કેરસી ભગવાગર ને વિલુ હોમી મહેતાના ભાભી.
Kety Savaksha Mohta         82         15-10-           કેટી શાવકશાહ મોહટા         ૮૨		15-10-2020	B/204, Ahura Chs Ltd. Dr. S. S. Rao Road, Lal Baug, Parel, Mumbai 12. બી-૨૦૪, અહુરા કો.ઓપરેટીવ હાઉસિંગ સોસાયટી, મહાત્મા ગાંધી હોસ્પિટલ પાસે, લાલબાગ, પરેલ, મુંબઈ ૧૨.	તે મરહુમો મહેરામાય તથા શાવકશા માનેકજી મોહટાના દીકરી તે જાલ, દીન્યાર, મરઝબાન, હોમાય કાવસ બચા ને મહારૂખ વીરાફ પારેખના બહેન તે રોશન, લેટ વીલી તેમ જ ધનના સાલી તે ખુશરૂ, બહેરામ ને યઝદીના માસી તે રૂમી, રૂબી, પરસીસ, હોરમઝદના કુઈજી.
Katy Dossabhoy Bhagwagar કેટી ડોસાભાઈ ભગવાગર	<b>92</b> ૯૨	14-10-2020	696/A, Dinshaw Master Road, Dadar, Mumbai 14 ૬૯૬/એ, દીનશાહ માસ્તર રોડ, દાદર, મુંબઈ ૧૪.	તે મરહુમ ડોસાભાઈ ભગવાગરના વિઘવા તે મરહુમો ખોરશેદબાનુ તથા ડોસાભાઈ ભગવાગરના દીકરી તે પરવીન કાવસ કરાઈના માતાજી તે બુરઝીન ને કૈઝાદના મમઈજી તે મરહુમ ગુલબઈ ઘડિયાળીના બહેન ને નાઝનીનના ગ્રેટ સાસુ.
			Death Announce	ments from Prayer Hall
Hosi Sawaksha Poonawalla હોસી શાવકશા પુનાવાલા	77 99	09-10-2020	R-7, Navroze Bug, Lalbaug, Mumbai 12. આર-૭, નવરોઝ બાગ, લાલબાગ, ડૉ. એસએસ રાવ રોડ, મુંબઈ ૧૨.	તે નરગીશબાનુ તથા શાવકશા પુનાવાલાના દીકરા તે કાવસ પુનાવાલા અને આલુ પરવેઝ દી, મરહુમ બાનુ ફિરોઝ મોતીવાલા, કુમી ફલી ફીટર, પેસી પુનાવાલાના ભાઈ તે કેટી, મરહુમ નવાઝ પુનાવાલાના બ્રઘર ઈન લો તે શેરનાઝ કોબાદ, ઉઝવક, આસ્તાદ બાટલીવાલા, યઝદી, શેરૂ, જેરોઝ, ફરોખ, શિરીન, માનેકશા, પરીનાઝ, હોરમઝ, અરનાઝ, મોનાઝ, પોરસ, બરજીસ, ડેઝીના અંકલ.
Dinshaw Boman Panthaky દિનશા બોમન પંથકી	<b>83</b>	05-10-2020	4-59 A.H. Wadia Baug, Parel Tank Road, Mumbai 33. ૪-૫૯, એએચ વાડીયા બાગ, મુંબઈ ૩૩.	તે હીરા ડી. પંથકીના ઘણી તે મરહુમ જરબાઈ અને બોમનના દીકરા તે ઝોએબ બલસારાના પપ્પા તે દારાયસના ભાઈ તે ગુલેસ્તાન બલસારાના સસરાજી તે આરીશ બલસારાના ગ્રાન્ડ ફાધર.
Feroze Nariman Bam ફિરોજ નરીમન બામ	85 Հપ	14-10-2020	G-3 Palm Spring, Cuffe Parade, Colaba, Mumbai 5. જી–૩, પામ સ્ત્રીંગ, કફ પરેડ, કોલાબા, મુંબઈ ૫.	તે ફ્રેની તથા નરીમાન એન. બામના દીકરા તે ગુલ ફિરોઝ બામના ધણી તે મેહરુ અદી સિગનપોરિયાના ભાઈ.
Noshir Navalsha Italia નોશિર નવલશા ઇટાલિયા	83 63	15-10-2020	Flat 3, 1st Floor, Huges Road, Mumbai 7. ફ્લેટ નં. ૩, મકાન નં. ૨, ૧લો માળ, ખારેઘાટ કોલોની, હ્યુજીસ રોડ, મુંબઇ ૭.	તે મરહુમ બેપ્સીના ઘણી તે મરહુમ શિરીનબાઇ અને મરહુમ નવલશાના દીકરા તે કાક્ષ્મીરા અને ખુશમનના પપ્પા તે કૈવાન સેઠના અને હસન મર્ચન્ટના સસરા તે રોહન, નાહીદ અને પરઝાનના ગ્રાન્ડ ફાઘર તે મરહુમ એરચ અને મરહુમ શાવકના ભાઈ.
Ratanshaw Manekshaw Morena રતનશા માણેકશા મોરેના	<b>79</b> ७૯	15-10-2020	D/21 Contractor Baug, Mori Road, Mahim, Mumbai 16. બી/૨૧, કોન્ટ્રાકટર બાગ, મોરી રોડ, માહિમ (૫), મુંબઈ ૧૬.	તે મરહુમ બાનુબાઈ તથા મરહુમ માણેકશાના દીકરા તે મરહુમ દિનાઝના ઘણી તે બિનાઇફર એમ. વરાછાવાલા તથા મેહરનાઝ કે. વૈદના પપ્પા તે અરનવાઝ, સેમ, ફરોખ, મરહુમ મર્ઝબાન અને જમશેદના ભાઈ, તે જેહાન, શીરોય, કયાનના ગ્રાન્ડ ફાધર મરહુમ ખોરશેદ અને નાદીરશાના જમાઈ તે બરજીસ પાઘડીવાલાના અંકલ.
Najoo Dinshaw Mehta નાજુ દિનશા મેહતા	88	10-10-2020	13-A Samata Building, Nariman Point, Mumbai 21. ૧૩–એ, સમતા બિલ્ડિંગ, જન. જગન્નાથ ભોસલે માર્ગ, નરીમાન પોઈન્ટ, મુંબઈ ૨૧.	તે મરહુમ સુનામાઈ અને મરહુમ કૈખુશરૂ ગુસ્તાદજી મુદ્ધાના દીકરી તે મરહુમ દિનશાના ઘણીયાણી તે સાયરસના મમ્મી તે મરહુમ કેટિ, દરાયસ, મરહુમ આરમેઈતીના બહેન તે મરહુમ ફ્રેની, મરહુમ ફ્રિરોઝના સિસ્ટર ઈન લો તે મરહુમ હોમાઈ અને મરહુમ નસરવાનજીના ડોટર ઈન લો.
			Death Announce	rements from Solapur
Aloo Framroze Dhabhar આલુ ફરામરોઝ ધાભર	86 ८६	07-10-2020		તે મરહુમ શિરીન અને ફરામરોઝ ધાભરના દીકરી તે રોશન ફરામરોઝ ધાભર, મરહુમ ફિરોઝ ધાભર, મહેરૂ નોશીર મીસ્ત્રી, પરવેઝ, જહાંગીર, ધન મીનુ પ્રિન્ટર, રૂસીના બહેન તે સાયરસ, ઝવેર, નેવિલ, અનાહિતા ધાભરના કુઈજી.
			Death Announcements f	rom Auckland - New Zealand
Rati Nari Contractor રતિ નરી કોન્ટ્રાકટર	94 ev	16-10-2020	Bld No 2, Flat No. 08, 3rd floor, Rustom Baug, Byculla, Mumbai. બિલ્ડિંગ નં.૨, ફ્લેટ નં. ૮, ૩જે માળે, રૂસ્તમબાગ, ભાયખલા, મુંબઈ.	તે મરહુમ નરી બોમાનજી કોન્ટ્રાક્ટરના ઘણીયાણી તે ખુશરૂ અને ફરહાદના મમ્મી તે પરવીનના સાસુજી તે નતાશા અને રેશાદના ગ્રાન્ડ મધર.
			Death Announcements	from Poona Parsee Panchayat
Chanden Hosi Ayem ચંદન હોશી અયેમ	86 ८६	13-10-2020	E/10, Konark Kinara, Talera Park, Kalyani Nagar, Pune 411006. ઈ/૧૦, કોનાર્ક કિનારા, કલ્યાણી નગર, પુણે ૪૧૧૦૦૬.	<b>治</b>
Bejan Faramroj Jogi બેજન ફરામરોઝ જોગી	72	11-10-2020	B-503, Wateridge Society, Undri, Pune411060. બી-૫૦૩, વોટરીઝ સોસાયટી, ઉંદરી, પુણે ૪૧૧૦૬૦.	તે જાસ્મીનના ઘણી તે મરહુમ નરગીશ અને ફરામરોઝના દીકરા તે મરહુમ કુમી અને દોરાબજી કલ્યાણીવાલાના જમાઈ તે પિનાઝ અને ખુશનાઝના પપ્પા તે ફેબીયન ઈરાનીના સસરા તે દિનાઝ, રોહિન્ટન કરંજીયા, એમી, નોશીર અરેથવાલા, સામ, ગોદરેજ, મરહુમ દારાયસના ભાઈ તે એમી, ઝરીન, પૌરૂચિસ્તી, મહાઝરીન, વિરાફ કલ્યાણીવાલા, દિલબર, લોહરાસ્પ કલ્યાણીવાલા, એમી, હોમી તુરેલ, ખુરશીદ, મરહુમ ફરોખ પટેલ, હુતોક્ષી, પોરસ વેસુનાના બ્રધર ઈન લો.

#5'. An American, Allan Sherman, has written a hilarious song about food from all around the world based on this dance. The 'Hungarian Saber Dance' by Aram Kachaturian is a spirited piece as is 'Overture to Orpheus in the Underworld', popularly known as Can-Can Music that has become the cynosure of all the night clubs of Paris. This was

made more famous by the 1960 film,

Ludwig von Beethoven is considered

the finest music composer of all times.

Many prefer Wolfgang Amadeus Mozart.

One can start listening to Classical music

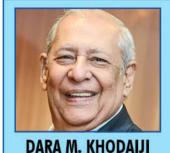
also with Beethoven's 'Ode to Joy'

from his '9th Symphony - 4th movement' and 'Fur Elise' - both now a part of

pop music. 'Moonlight Sonata' makes

'Can-Can'.

# 18 SATURDAY, October 17, 2020 Feature PARSI TIMES Get Started On The Classical Music Journey!



t must have been a long, long time ago, when mankind was in its infancy, about eighty or ninety thousand years ago, one Homosapien must have banged against a log of wood, liked the sound it made, then hit it repeatedly

producing a rhythmic sound, making it the first musical instrument. The drum was born and so also the music. Like man, music has also evolved into something refined, something civilized, something soothing. Baroness Maria Augusta von Trapp of 'How Do You Solve A Problem Like Maria' fame in the movie 'The Sound of Music' says, "Music acts like a magic key, to which the most tightly closed heart opens." Music is surely magical, especially Classical Music.

It is rather unfortunate that many hold a mental block against Classical music. They consider it boring... oblivious of the fact that many lyricists who write popular Bollywood music have a sound base in Classical music, even Western Classical music. Sometimes these pieces are plagiarized in toto, sometimes certain strains are lifted. This term, 'good music' to me is Western Classical music - that's my first love! I love Operatic arias, as also Indian Classical music and pop music.



The beauty of Classical music is that every time one hears a piece, one

discovers something something new. different... especially symphonies by great composers that are

differently interpreted different conductors. I find this thrilling. One could repeatedly listen to this genre of music, and over time, it grows upon you. Try listening to pieces that have become almost a part of the pop music and

You could start with the Waltzes of Johann Strauss - fun-listening

are just as enjoyable.

and sets a romantic mood. His most famous Waltz include 'Blue Denube', 'Vienna Woods', 'Roses from the South', 'Emperor Waltz' and many more. The Tritsch-tratsch (meaning

German) Polka by Jahann Strauss II is a fun piece too. If you like Marches, then



Johann Strauss's Radetzky March is one of the finest. Other enjoyable ones include 'March of the Torreadors' by Georges Bizet; Mendelsshon's 'Bridal March' and 'Bridal March Choral' by Wagner -

> these are played at almost all weddings. A must listen is also the 'Triumphal March' from the opera 'Aida' by Giuseppe Verdi.

The most enjoyable listening for the beginners in the classical music are the 21 Hungarian Dances of Johannes Brahms. musicologists contend he had taken these musical pieces from older Hungarian folk music. Even so, these make for happy, foot-tapping music, bringing to mind the boisterous, uproarious bar-room Probably scenes.

pleasant listening before venturing to his symphonies.

Introduce yourself to Mozart's foottapping 'Rondo a la Turka'. A popular song of yesteryears was based upon Mozart's 'Symphony No 40 in G Minor'. 'Sonata Facile' is easy on ears and true to its name, is good for beginners learning to play the piano. The 'Titan Watches' jingle, adapted from 'Symphony No 25 in G Minor' has made Mozart's piece very popular. His 'Ein Klien Nachmusik' holds us spellbound, as I experienced when I visited his birthplace in Salzburg, sitting opposite his house for over two hours. reveling in 'Nachtmusic' and other symphonies.

Another classical piece by the great comedian and intellectual Sir Charles (Charlie) Chaplin, a part of whose theme from the film, 'Limelight', has also been used for a Hindi film song. Do try some of the suggested pieces. They make very pleasant audio treats and will open up the wonderful world of Classical Music to you!





### SHIRAZ KOTWAL

ast Saturday, I got a call from a PT reader with a definitive request - the lady was at Crawford Market to buy her monthly groceries and was confused with the unending array of oils before her! The increasing number of consumable and cooking oils now available can surely put you on slippery ground! So, here's a basic insight into the employment of different oils for various foods.

But before that, one needs to understand the concept of 'Smoke Point' or the temperature at which any oil, on being heated, will start to burn or smoke, leading to its potential degradation of quality in terms of flavour, resulting in an acidulated and burnt taste. If kept smoking in the pan for too long, the oil could set itself ablaze, causing a fire. Equally disastrous, the oil could cause toxicity when consumed, as the triglycerides within degenerate and increase cancer risk, leading to growth of tumors and heart diseases as oxidized fats damage the lining of arteries, causing blockages over time.



Cooking with the wrong oils could spoil the dish as different oils have different uses, with their own differing smoking points, stability factors, and shelf lives, as under:

SALAD OILS OR OILS WITH VERY LOW SMOKE POINTS: An umbrella term encompassing oils used in salad dressings

these oils help reduce the risk of diabetes, cardiovascular problems and neurodegenerative diseases, supporting you in your weight loss journey, as also in the reduction of inflammation and risk of heart disease

**OILS WITH MODERATE SMOKE POINTS:** These oils, with a smoking point

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Gourmet Garnish: It's Oil Right!

Having dedicated three decades of his life into perfecting the art of crafting memorable gastronomic experiences, Shiraz Kotwal is an authority in Culinary Management, known for curating elegant-yet-fun culinary know-hows across the board - from Corporate Events, intimate Sit-Down Dinners, Restaurant Management, Casual Brunches, as also your everyday Home-Dinners and Kitchen Management! To connect, E-mail: shirazkotwal@gmail.com



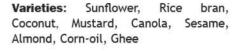
or for preparing dressings and dips. For eg., Mayonnaise, Honey Balsamic and French Vinaigrette. Salad oils have a very low Smoke point (75 to 100 degrees centigrade) it is best to use these oils Au Naturel (In their raw form), apart from providing a creamy texture, the oil helps spread the flavor throughout the salad.

Varieties: Olive Oil, Walnut, Flaxseed, Hemp-seed, Grapeseed, Sesame

Usage: Avoid cooking with these lowtolerance-to-heat-oils; use these as 'finishing oils'. The distinct, subtle flavors make these oils ideal to drizzle on a salad, sauteed vegetables and pizza. Rich in Oleic acid and polyphenols,

between 150 to 190 degrees centigrade, are best used for light sauteing and low temperature baking; Some can be used in their natural forms.

Varieties: Extra Virgin Olive Oil (EVOO), Pumpkin Seed, Avocado, Butter



Usage: From stir fries and shallow, to deep frying, baking at high temperatures - these oils work well as they are resilient to high temperatures and do not burn or turn rancid. Coconut Oil is semi solid at room temperature and is usually used in the preparation of coastal food. The oil has an acquired flavor which may not appeal to all. It can even be mixed into your morning brew (bulletproof coffee) for an extra boost of energy and taste. The versatile Ghee is India's answer to lactose-free butter - you could grease a cake tin, put a dollop in a pan-fried dish or for egg preparations... even our Parsi desserts and Voila! Su vaat chhe 'taste ekdum fari gavu!' When it's the pungent mustard oil - you either love the flavor or hate it with a passion again, an acquired taste! Sesame Oil works well for all cooking purposes. Cold pressed Sesame Oil tastes excellent in dips and salad dressings, toasted Sesame



Usage: EVOO is an unrefined oil, untouched by chemicals or heat, containing more natural vitamins and minerals. Having a low smoking point, EVOO burns easily and degenerates. Pumpkin Seed Oil is usually used in Vanilla ice-cream, Pumpkin Seed brittle or Pumpkin seed oil drizzle. Avocado, being rich in healthy fats, offers a large content of antioxidants and healthy fats alongside benefits like reducing cholesterol and symptoms of arthritis; and benefitting vision and eye-ailments. Butter, though not an oil, is also best used for quick sautes.

**OILS WITH HIGH SMOKE POINTS: 250** to 400 degrees centigrade are the parameters for these all-rounder oils! You can shallow or deep-fry with these

Oil works like a charm with stir fries and Asian flavors. The nutty flavour of Almond oils does wonders for your baked items including cakes and cookies!

Oil Storage: In the days gone by all houses had a dark room with no windows. This was usually the storeroom where the year's supply of grains and oils were stored. To preserve oil, it needs to be kept in a cool environment. Exposure to oxygen, light, heat will lead to oxidation and the oil goes rancid. A warm kitchen with continuous light compromises greatly on the taste of oils.

I encourage you to do a bit of research on your own when it comes to buying the right oils/fats, best suited to you and your family's health, preferences and budget. After all, oil's well that ends well!

# The Zen Series: Embracing Your Challenges

realizing truths about yourself and life, to ultimately set you on the path of growth, wisdom and happiness.

Parsi Times presents our readers 'The Zen Series' by PT Columnist, Kashmira Shaw Raj – a professional Taichi and Qigong practitioner and teacher, as also a sought-after clinical psychologist and healer. These Zen stories will resonate with you and help you connect within, at a deeper, inner level to encourage and empower you to reflect. These make for good reading across people of all ages and speak to the reader at several levels. If you're looking to bring about a positive change in yourself, 'The Zen Series' will inspire, motivate and facilitate you in



**KASHMIRA SHAW RAJ** 

n this thirteenth part of 'The Zen Series', a Zen master's answer to a monk's innocent question, reveals great wisdom to be applied in life!

#### **No Cold And Heat**

A monk once asked Zen master, Tozan, "How can we escape the cold and the heat?"

Tozan replied, "Why not go where there is no cold and no heat?"

"Is there such a place?" the monk asked.

Tozan responded, "When cold, be thoroughly cold; when hot, be hot through and through."

### [Courtesy: 'Zen Koans' by V'ble Gyomay M. Kubose]

This amazing Zen Koan (or story) throws light on how embracing a challenge in its totality, solves half the issue right there! Challenging situations bring to the surface

this is happening to me!" or "I just can't accept this! It's too much for me to take!" or "No! This cannot be happening

too much for me to take!" or "No! This cannot be happening right now!" - are examples of our resistance and refusal to accept what is happening. That is denying the truth itself and no solution can come of such a mindset in denial.

But, what if we changed our approach, in contrast to the above reactions to - "Ok, I accept that there is an issue and let me see how I can work around it," or "Like it or not,



fears, reservations, resistance, hatred and more. There is a constant tug of war within us - between our emotions, thoughts and ideas.

When you are on the opposite side of the issue, it becomes next to impossible to accept and address it. We don't have to love it, but acceptance is the first road to any positive solution. It is about acknowledging and changing our mindset - "I can't believe

I am beginning to realize that this has happened and I need a way to move forward from here," or "However shocking and unbelievable, I am ready to address this and do what needs to be done." The best outlook of all would probably be, "What is the learning in this for me and how can I move forward and grow from this experience." These statements can totally change your perspective and make you objective about the situation, thereby giving it

more positivity, and helping you see that one thing which you missed before.

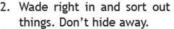
Even if the situation does not change in the way you were hoping for it to change, your approach, outlook and overall way of looking at it, will, bringing about an overall positive change around you. Learn to accept the hurt, the pain and let it overflow and then, slowly cool down.

You cannot keep on pushing it away like an impending wave. Once the wave laps around you and you just let it do so, you will find some relief and even peace, and the wave will recede. When confronted with life's tough challenges, learn to embrace them. Feel that inner surrender - not to give up, but to accept and become stronger instead. We often exclaim how hot it is. The more we say it, the more we believe it and feel even more miserable! But if we agree that it is warm, accept it and then think of ways to cool down, the focus shifts from the feeling of heat to being in a place where you will be more comfortable.

Here are a few of life's lessons learnt, that help us through our toughest challenges:

1. Accept mistakes and focus on the

solution - do damage control.



3. Sometimes situations may worsen before they get better, but that's the ultimate goal isn't it? To get better. Getting messier for a while is just a temporary challenge. So, take it on in the knowledge that in some time, it will ease up.

 Mental tenacity and fighting your fears, does it every single time. Nothing else. Be brave.

When we are ready to go with change and flow like water, we can move forward smoothly. Change is inevitable. Rather than holding on to what was and grumbling about your lot, wake up to realize that this is it for now. That was then, but this is now. And you are living in the now, so get going NOW!

The lockdown has taught us some valuable lessons. The real Master is able to synch with any season and be in harmony with the storms outside and within. He saves himself from angst and grief. Addressing the change now, looking at the new normal and moving forward from here on, will set the right tomoe and make life much simpler and better for us.



 Escaping, running away, brushing it under the carpet

 none of this helps. It all keeps piling up. And then it becomes too much to handle. Instead, go it bit by

 Maturity isn't about biological age, it is about how one is able to address situations - both good and not so good, harmonize with it and make it a part of one's life. We can grow up or just grow... it's up to us!

Kashmira Shaw Raj is a professional Taichi and Qigong practitioner and teacher. Also, a successful clinical psychologist, psychic and healer, Kashmira runs 'The Tai-Qi Touch' with her husband, Dr. Brijesh Raj, a healer and a Vet. Taichi practitioners for over fourteen years now, they are instructors in Sifu Carlton Hill's Tao Taichi Qi Gong organization, and Shibashi Instructors under Sifu Wing Cheung from the Feng Shui and Taichi Institute, Hongkong & Canada.

The Tai-Qi Touch offers classes for adults and children at 'Infinite Studio' (Opp. Starbucks Café, Chowpatty, Mumbai). To contact Kashmira, M: 9323874418 or Email: kash.shaw@gmail.com