Mah – Tir; Roj – Daepadar YZ 1390

PARSI TIMES

Parsi Times
Current Edition
(21st Nov, 2020)
available at:
https://
parsi-times.com/
PT_CurrentIssue.pdf

RNI NO. MAHBIL/2011/39373 • Regn. No. MCS/101/2018-20 • WWW.PARSI-TIMES.COM • VOLUME 10 - ISSUE 32 • PAGES 20 • ₹ 5/- • SAT, 21 Nov, 2020 – FRI, 27 Nov, 2020

THE TRUTH. DELIVERED WEEKLY.

Take a FREE EXPERIENCE by sitting at Home

TAROT CARD - DISTANCE HEALING - REIKI

Simply by looking at the Photo & the Date of Birth, we make accurate predictions of all your present problems over the Phone.

Mobile No. 9322799241.

SOLUTION • Break up / Divorce/ Family Issues / Physical & Mental health/ Chronic Diseases/ Unbearable pain and harassment / Stress/ Concentration / Addiction.

OSHEEN REIKI CENTRE www.osheenreiki.com

CHALO PANCHGANI & MAHABLESHWAR

ON DECEMBER 10 3 NIGHTS / 4 DAYS / ALL BUFFET MEALS IN AC VALLEY VIEW ROOM

Last 6 Seats Left

NAVROZ HOLIDAYS

+91 9821645463/ +918452913715 navroztours@yahoo.com / www.navrozholidays.com





FLAT
60%
6FF*
ON A WIDE RANGE OF SAREES,

DRESS MATERIALS, DUPATTAS



VIEW OUR CATALOGUE BY SCANNING HERE USING YOUR PHONE'S CAMERA

CONTACT US: +91 9820599780 | +91 9820203917

*TILL STOCKS LAST

SHIPPING WORLDWIDE

Kersi Randeria
Resolves Queries
From Community
Members

Page 04

'You Are The Greatest, Mother Irani!'

Boman Irani's Shares Warm B'day

Wishes For His Ma

Page 09

Seven Life Lessons
I Have Learned From
Lion King

By Noshir H. Dadrawala

Page 06



we present the Succulent

GHOST-NU-DHANSHAK and SALLI-BOTI, just the way you like it.

Our Special MATKA BIRYANI to tickle your Bawa Taste Buds.

You will always Relish our Food.....



Shopper's Stop, S.V. Road, Andheri (W), Mumbai – 400058.

26205205 26209471 26284213



FROM THE EDITOR'S DESK



The Show Must Go On

Dear Readers,

We've come a long, long way since the start of the year. 2020 has been one long ride for everyone across the world. More than a ride, it's been a spring cleaning of

sorts - we've had to unceremoniously dust off a lot of our old or 'usual' habits, routines, preferences and yes, freedoms. And we've had to grudgingly embrace the 'new'... new outlooks, new priorities, new experiences... a new world order and a new and dynamic normal that keeps redefining itself, forcing us to keep up with it.

The one reality that has reigned supreme and reinforced its standing, is beautifully expressed in the words of the legendary poet, Robert Frost, "In three words I can sum up everything I've learned about life - it goes on." Time truly waits for no one and for nothing - therein lies the good news and the bad. We can choose to delight in the half of the glass that's full or lament the other, empty half. What remains certain is life will go on, with or without you, whether you choose to adapt to the flow or fight it. The wise have therefore said, 'The show must go on', reminding us to return our focus to the here and now and to play the best game with the cards that destiny has dealt us.

Although that is easier said than done, there is no better advice that will help us sail through the remaining, unpredictable tenure that the pandemic has decided to stick around for, before it is well and truly gone. While we all hope and pray for that to be sooner than later, we still await the vaccine that will provide some relief from this global catastrophe that has wreaked havoc, death and destruction on the human race. Till then, we must hold on to hope and seek solace in faith, even as we continue to strictly observe the mandatory measures necessary to escape catching this viral infection, like wearing masks, washing our hands regularly, keeping sanitizers at hand and maintaining the requisite social distancing.

It's going to be a while till these measures are relaxed, what with second waves and the global spikes in the number of people testing positive for the normal coronavirus. But life, like time and tide, waits for none, and the show must go on. You've done a great job this far and you need to keep going for now. For those times when you think it's getting a bit much, help is always on hand, in the form of friends and family, so don't hesitate to reach out. Sometimes you'll be the one reaching out, at others you'll be the one people will reach out to. But for now, the show must go on.

I leave you with a few of Shakespeare's most famous lines, which assume an altogether more relevant denotation in keeping with the times and the need to keep moving:

"All the world's a stage, And all the men and women merely players; They have their exits and their entrances, And one man in his time plays many parts..."

Have a lovely weekend!

- Anahita anahita@parsi-times.com

Parsi Times RSITIMES LIFELINE ruth. Delivered Weekly.

'Parsi Times LIFELINE' is a PT initiative that works towards providing rescue and relief to senior community members who are living in appalling conditions of impoverishment.

Parsi Times looks to identify and collect the details of our seniors living in unfortunate conditions. This information will then be shared with our generous community Trusts, which undertake alleviating poverty amongst community members and are committed to helping our community's elders.

We request our readers to share details of elderly Zoroastrians living in abject circumstances, to enable us to gather and share the information with our Trusts, so that we could help provide our seniors a life of dignity and quality, in their twilight years via the initiative - 'Parsi Times LIFELINE'.

Kindly E-mail us the details at: editor@parsi-times.com
Or send your Mails to:
Parsi Times LIFELINE
2nd Floor, Khaitan Chambers C.H.S. Ltd.,
143-145 Mody Street, Fort, Mumbai 400 001

SUBSCRIBE TO

PARSI TIMES

THE No. 1 PARSI PUBLICATION!

ANNUAL SUBSCRIPTION

India and Upcountry

Rs. 750/-

PLUS 5% GST

E-paper sent to you via e-mail Rs. 1,500/-

Kindly write your Cheques in favour of: Parsi Times Multimedia Pvt. Ltd

Address: 143/145 Khaitan Chambers.

2nd Floor, Modi Street (Opp. GPO), Fort, Mumbai -

400001

Tel. No.: (022) 66330404 / 05

To receive the newspaper (hard copy) in countries out of India, kindly e-mail us at: editor@parsi-times.com





Reader's Corner

Parsi Times is delighted to present the writings of our talented readers with the Community, via our promotional platform - Reader's Corner. We encourage and promote our budding writers, to share your original works - poetry or prose, by offering the opportunity of getting your work published in Parsi Times - the Community's leading Newspaper! Mail us with your contributions at editor@parsi-times.com

MAN'S MISDEMEANOURS

By Shiraz Kapadia

Birds twittering amidst the leaves of the trees. Their branches swaying gently in the breeze; Foraging for food or seeking treats, Animals - big or small, linger in the streets. Contentedly they move in the rhythm as nature has decreed. When suddenly man upheavals the system for his own selfish greed.

Festive occasions seem to be a time of great pleasure, But man destroys all of nature's treasure! With ear-shattering fireworks that resound with a boom -For most animals it's a terrifying period of gloom!

Helter-skelter the frightened creatures scurry, As they panic and flee for shelter in a hurry. Dazed, bewildered and at times - injured, Their trauma truly, cannot be measured. Toxic explosions, noise and pollution rampant in the air, There seems to be no end to this chaotic nightmare! Let us therefore pledge to live in sync with nature And protect both, mankind and all other living creatures.



Seeking My School Teacher -

Miss Zarine Mehta

(Mehta was last name before marriage, in 1975)

FOUND!

Wanted to thank everyone who offered to and assisted, a special shout out

Very grateful to Tina & Neville, especially with your offers to assist & to all those who assisted anonymously. Thank you for taking the time out of your busy lives to help.

Finally, a big thank you to Hufrize & all those at Parsi times who patiently worked with me to establish a way to make all this happen & really went above and beyond in the planning and assistance. Hufrize was amazingly committed to my cause and that is very, very much appreciated.

All the best forever, to all.



Do you plan to shift? Moving from one city to another? Planning to go abroad? Want to go hometown for a while to get the work from home option due to the Corona epidemic? Want to shift from a larger home or office to a smaller space? Or is it because of Corona that he has to run a business for a while? Want an office at home? The first question in all this is where should we keep the goods? How to save? But your favorite furniture like TV, sofa, bed, fridge, closet etc. will be saved by Gurukrupa Storage Room Service. Guarantees the safety of your home and office valuables. Gurukrupa Storage Solution With this you can also contact us if you want to bring or bring your home or office items outside Mumbai. Total Solution for Peace of Mind. IT'S



Gurukrupa Storage Solution PACKERS & MOVERS Phone Number 9821530702 9324254460

To know more visit the website www.gurukrupastoragesolutions.com



Date: 20.11.2020

THE ZOROASTRIAN CO-OPERATIVE BANK

Corporate Office: Nirlon House, 5th Floor, Dr. Annie Besant Road, Worli, Mumbai - 400 030 022-61727600/28/31 • 022-66661810 Website: www.zoroastrianbank.com

NOTICE OF 93RD ANNUAL GENERAL MEETING

Notice is hereby given that the 93rd Annual General Meeting (AGM) of the Members of the Bank will be held on Monday, 21st December, 2020, at 3.00 p.m. through Video Conferencing (VC)/ Other Audio Visual Means (OAVMs) which is in compliance with the guidelines issued by the Director (Co-operation), with the approval of Central Registrar of Cooperative Societies, New

For details please visit Bank's Website: https://www.zoroastrianbank.com or the nearest Branch / Office of the Bank.

BY ORDER OF THE BOARD OF DIRECTORS

Sd/-

Daljit Dogra MD & CEO



· 154 years in business • 70,000+ global workforce • Presence in 70 countries



Corporate Office : SP Center, 41/44, Minoo Desai Road, Colaba Mumbai 400 005, India Tel +91 22 6749 0000 Website: www.shapooriipallonii.com

Kersi Randeria Resolves Queries **From Community Members**



ver the past few months, there has been a copious amount of misinformation spread in the community, with digital newsletters spreading lies, which get forwarded without verification, thereby abusing the use of social media, by misrepresenting facts and proliferating falsehoods to create and sustain public confusion in the community.

A constant target of these attacks has been BPP Trustee Kersi Randeria, as also the functioning of the BPP Trust itself. Unfortunately, the incessant weekly barrage of slander and baseless accusations leads to the undermining of the faith that community members have reposed in its leaders and the

Trustee Kersi Randeria, as well as Parsi Times, has received a number of calls and messages from community members who have expressed solidarity and support, against the ongoing propaganda and falsities, and have requested him to take these unfounded allegations head on and counter this onslaught of distorted facts that vested interests have been pushing.

Known among fellow Trustees and the community, to be one of the most hands-on, action-based and more importantly, one of the most available Trustees for all our humdins in need, BPP Trustee Kersi Randeria has agreed to resolve some of the following, most asked queries from community members...

Query: Why is it that suddenly you have become the focal point

of attack in the newsletter Parsi Junction, and through it, social media messages written and forwarded by a couple of people? Kersi Randeria: I believe there are a couple of reasons for this - it started with Dinshaw Mehta wanting to damage my reputation, in keeping with the politician that he is and his political ambitions which refuse to cease, unlike his tenure! With the new elections just two years away, he has started all his usual activities as a build up to the elections. He seems afraid and rather worried I will choose to stand again for the elections, and given my record over my tenure as a Trustee, he fears that if I am chosen again by our community in the 2022 elections, that would make me a contender for the position of the next Chairman - assuming that current Chairman Yazdi Desai. chooses not to re-contest. The Chairmanship, would therefore lie between Viraf Mehta and me, with my colleague Noshir Dadrawala, having clearly announced his unwillingness to re-contest.

Dinshaw Mehta is worried that if I get more votes than Viraf. I could end up being the next Chairman of the BPP - a thought that never even struck me till Dinshaw Mehta himself shared this nugget of information with me! Which is why, I believe, he is finding ways and means to attack me and discredit my reputation, so as to mislead our community members, who serve as the electorate in his games.

Query: Is that the only reason? Kersi Randeria: No. that is how it started. However, the fact that Parsi Times recently broke the news of Dinshaw Mehta being Chargesheeted, has also angered him tremendously and he holds me and the newspaper responsible for what has been nothing but reporting of the news!

He has forgotten, or maybe chooses to ignore, the basic ingredient attached to this Chargesheet. Dinshaw Mehta has now publicly admitted that he gave money to bribe a High Court judge to influence a favourable verdict such a brazen admission, I'm sure will lead to some judicial action or consequence, either by the police or the judiciary, sooner or later.

What he also chooses to ignore is that it was Dinshaw Metha himself, who allegedly took home the Rs. 25 lakhs in cash - funds that belonged to the BPP Trust - at a time when he held the highest position in the Trust, that of the Chairman! Here, it is also important to note that it was his own colleagues then, who had filed a complaint and an FIR against him, which has now progressed into a full-fledged Charge-sheet.

Dinshaw Mehta has been charged under section 406 (Breach of Trust) and 420 (Cheating). It is this embarrassing revelation of the truth which has forced him to try and divert the attention of the community from his misdeeds. It's an old tactic called 'throwing stones to hide vour hands'... even so, the truth always reigns supreme. It's just a matter of time...

Query: Are you saying that the Jagdale issue has been raked up because of the above? For the understanding of the community, what are the facts pertaining to this issue?

Kersi Randeria: Dinshaw Mehta has been Charge-sheeted for illegally taking cash that belonged to the BPP Trust and then covering up this transgression by returning the cash taken from Musharraf, in lieu of cheques from him. As mentioned earlier, in response to this, he is trying to liken his wrongdoing by sensationalising the case of a certain Jagdale, where there are absolutely no illegal cash activities involved!

It is a simple transaction of Rs. 30 lakhs given to my company by Jagdale. From the day the amounts have been received, to date, the said amounts have appeared in my accounting books

and in my IT Returns as well, and thus, no one can accuse me of any form of legal impropriety.

However, the reasons why these amounts were deposited with us and more so, why Jagdale never raised an issue for the past five years, itself provides an answer to the discerning mind. The facts are being investigated by the police and I would prefer to wait for the investigation to be completed before I share any of the details, as I am expected to do, legally.

But, for the record, I would like to say that certain vested interests, who have a property dispute with me, are behind Jagdale's new-found allegations, and sadly, people like Dinshaw Mehta who, to cover up their own misdeeds and divert attention from their illegal activities, are triggering and facilitating people like Jagdale to run amok... twisting facts, writing blatant lies and working with Dinshaw Mehta, using Parsi Junction and the social media to make allegations where none would stand!

Let me reiterate, that Jagdale has deposited Rs. 30 lakhs with the company, which neither the company nor I have ever denied! How this can be compared to Dinshaw Mehta wrongly taking home Rs. 25 lakhs cash - that belonged to the BPP Trust - is inconceivable!

There have references to an attempt at peace but in keeping with last week's issue of PJ. That looks to have failed. Pls explain its details.

Kersi Randeria: This was an attempt by three well-meaning people to broker peace - I would have preferred to honour the confidentiality of this muchappreciated effort, but since details are already being shared on social media in bits and parts, mainly on WhatsApp groups, there is no point in keeping silent.

A few weeks ago, Mr. Berjis Desai, Mr. Dinshaw Tamboy and my colleague Noshir Dadrawala put their heads, hearts and minds together to try and broker peace between Dinshaw Mehta and me. Around the end of last month - October, these three genuine well-wishers of the community called upon both Dinshaw and me, to cease and desist from publicly attacking each other and requested, that in the interest and the image of the community, some middle ground be found.

PARSI TIMES

The three gentlemen first met with Dinshaw on Saturday, 31st October, without my presence, to elicit his views about this ceasefire. After their meeting, I received a call from Noshir Dadrawala, asking if I would meet the three of them as Dinshaw had left and they would like to discuss and obtain my view.

On meeting them, I started by informing them that Parsi Times had never been used as a tool by me or anyone else to make personal attacks based on lies and false allegations as Parsi Junction is known for consistently doing, with zero consideration for the truth.

I was informed that Dinshaw had agreed to a truce but on one condition - he wanted that I not just immediately resign from the BPP as a Trustee, but that I also agree to not contest in BPP's 2022 elections, adding I could contest in 2029, if I so desired.

Even as I was laughing at the absurdity of his condition, they told me that they asked Dinshaw whether he would be agreeable to Viraf Mehta also stepping down and resigning as a Trustee, as I was expected to do! I then told the three gentlemen that this was just Dinshaw being worried about my winning the 2022 elections, if I chose to stand, and maybe becoming the Chairman of the Board.

However, after a more detailed discussion, a proposal emerged, where the entire Board would step down immediately and those who were keen to continue would offer themselves for re-elections.

I was informed that Dinshaw Mehta was not at all keen on this proposal, probably because the slim majority that he seemingly holds in the Board today, would disappear, and that is something he would definitely not want.

Even so, it is relevant to note, that on the weekends of 31st October and 1st November, both sides agreed and desisted from attacking each other in the print/digital media. However, Dinshaw Mehta, being the master manipulator, got his favourite crony - Amroliwalla - to send out an e-mail against me, ranting and raving, as is his norm. In the week following the first weekend of peace, on a couple of occasions, Dinshaw sent out messages to the group, expressing his keenness to withdraw from the peace process. But better sense prevailed and the second weekend was peaceful.

In the week that followed, another e-mail attacking me was put forward by the Mehta camp, which again I chose to ignore and for the third consecutive Saturday, I maintained my peace.

But maybe this got to being a bit too peaceful for Dinshaw Mehta, who unfortunately, chose to re-start attacking me the next day, putting an end to this peace process, with Parsi Junction putting out the usual nonsense again in its 15th November issue. This resulted in Mr. Tamboly walking out of the WhatsApp group the next day, recording his disappointment and hoping that wiser counsel prevails

Over the last week, my Trustee colleague Noshir Dadrawala made public some of these details and expressed his desire and keenness to see if peace could yet again be found.

Query: How do you feel about all of this?

Kersi Randeria: Even as these constant attacks appear to be the only thing that the like of Amroliwallas and Mehtas can do, I have chosen to focus on continuing my efforts and working for the community. And, this may seem surprising, but I do not read Parsi

Junction at all. It is only through friends and supporters that I even get some inkling of what these degenerates are up to!

Amroliwalla is delighted to have found a ready platform in Parsi Junction where he loves to write the most absurd lies about me, simply because I publicly declared that he has to pay up the amount due to the BPP Trust and that he should not be permitted to profit from the Trust by selling Trust houses! Also, he has illegally combined two adjoining flats without the knowledge or getting the due permission of the trust, for which legal action will be taken.

But his insignificance does not decrease based on his 2-minute, Sunday spotlight, in a publication known for its rabid content. And speaking of rabid, I'm reminded of the 'Mad Dog Barking' anecdote, when I was once walking on the streets of Mahim and a mad dog started barking at me. Trying to hush it down or placate it only resulted in the mad dog barking even louder, and so, like any sensible person, I walked on and away from the mad dog. However, as is the norm with the poor, crazed animal, he still kept barking, and even though I had walked away much ahead, I could hear his fading barks... At this point, I would like to share a disclaimer with community members who may have read between the lines... any resemblance to actual persons, living or dead or actual events is purely coincidental!

However, the number of messages and calls I receive on a regular basis from community members, not only encourage me to keep going but also greatly strengthen my resolve, and re-instil my commitment to continue serving the community.

I'd like to share an event that stood out - where a very senior officer from Godrej forwarded me a copy of Parsi Junction. In reply, I sent him my old article which was titled, 'The Virus Within'. What really made me happy was his response to me saying, "Proud of you. Clean up the PP!" This message and many such others is what keeps me going. I am quite certain about what I've been saying

over the years... ultimately, the truth will prevail.

Query: Will the 'Dinshaw Mehta V/s Kersi Randeria' issue ever get resolved? Why doesn't Dinshaw Mehta stop interfering with the working of the BPP despite the end of his tenure? Doesn't he see how this hurts the standing of his own son Viraf Mehta, as a Trustee?

Kersi Randeria: As far as l'm concerned, I have been and I am more than willing to give peace a genuine chance, even if that means taking six steps backwards, for the welfare of the community. But, as recently demonstrated, Dinshaw Mehta has a known way of functioning, which he is unwilling to change. I don't see him changing his spots - at least not unless his family, particularly Viraf, steps up to the plate and firmly dissuades his father from continuing to constantly control the BPP from the outside

Viraf needs to be able to stand up to his father and refuse sharing any more BPP-related information and e-mails with his dad, so he can become a respected Trustee in his own right, not one that stands under the umbrella of his father.

From the current WhatsApp messages floating around, Viraf seems to be in a bit of a tough spot due to the Musharraf video. If Dinshaw Mehta's Charge-sheet, should in any way, record Viraf's role that he played in that shameful episode, then Viraf could find himself in a spot of legal bother... something that is being actively discussed at great length on WhatsApp and other social media platforms.

I do believe if Viraf musters the confidence to step out from under his father's shadow and work as his own person, he will probably get way more votes than he would otherwise, should he contest the 2022 elections, considering that in the election campaign, he will need to distance himself from his father, as he did during his 2015 campaign, in keeping with the legal tangle which has strengthened its stranglehold over his dad, after he got Chargesheeted.

U6 SATURDAY, PT Special PARSI TIMES Seven Life Lessons I Have Learned From Lion King



NOSHIR H. DADRAWALA

watched Disney's animated classic - The Lion King, almost a quarter of a century ago with my son. It is the story of Simba, a lion cub, who goes through a lot of challenges in search of his place in the Great Circle of Life. Little did I realize then how much I would resonate with some of the famous quotes in the years to come, especially in my role as Trustee of the Bombay Parsi Punchayet (BPP)!!!

Lesson No. 1: Simba's father Mufasa famously tells Simba, "Everything you see exists

together in a delicate balance. As king, you need to understand that balance and respect all the creatures, from the crawling ant to the leaping antelope." I quickly adapted that to "Everything you see exists together in a delicate balance. As trustee, you need to understand that balance and respect all the stakeholders, from the humble beneficiary to the benevolent donors."

Leadership is not about power or position, it is about service and duty. Power must be used Positively and Position must me wielded Productively.

Lesson No. 2: Much of the conflict we experience today at the BPP is because of the baggage this Board carries from the previous Board and that's when the sage advice of that wise baboon, Rafiki, echoes in my mind, "Oh yes, the past can hurt. But from the way I see it, you can either run from it, or learn from it." Simba's friend, Timon - the meerkat, put it even more candidly -"You got to put your past behind you. Look kid, bad things happen, and you can't do anything about it, right?"

Lesson No 3: Benjamin Franklin famously said, "If you would not be forgotten, as soon as you are dead and rotten; Either write things worthy of reading, or do things worthy of writing." But, there's times when frustration levels peak and thoughts of walking out and away from all the negativity begin flooding my mind. But, that's when the words of Mufasa begin to thunder in my ears- "You have forgotten who you are. Look inside yourself, you are more



than what you have become, you must take your place in the circle of life. Remember who you are...remember...".

And soon enough, I return to take my place in the cesspool of Parsi Politics that this once hallowed institution has been reduced to. t night, while gazing at the sky, I think of Simba lying in the grass and mumble, "Somebody once told me that the great Kings (read Trustees) of the past are up there, watching over us." I really hope they are!

Lesson No 4: There are times when I fantasize how much better things would be at BPP without certain individuals. Like uncle Scar, I blurt out to myself, "I am surrounded by idiots". But, I soon smile while imagining Zazu say, "There's one in every family - two in mine, actually - and they always manage to ruin special occasions." And, how I laugh thinking of that!

Lesson No 5: As BPP Trustee, one usually receives more brickbats than bouquets for doing a duty that is thankless and a drain on one's energy and other resources. But, Timon's words offer comfort- "When the world turns its back on you, you turn your back on the world." When looking to rebuild my confidence, it's Mufasa's roar I remember, "Believe in yourself and there will come a day when others will have no choice but to believe with you."

As a person, I am emotional and sensitive. But, in the course of my work I have come to realize, as did the great Abraham Lincoln, that, "if I care to

listen to every criticism, let alone act on them, then this shop (BPP) may as well be closed for all other businesses. I have learned to do my best, and if the end result is good then I do not care for any criticism, but if the end result is not good, then even the praise of ten angels would not make the difference."

Lesson No 6: As trustees we discuss plans and strategies. We adopt and adapt policies that sometimes work and most times fail. However, an important lesson I have learned from Simba is, "As you go through life, you will see that there is so much that we don't understand. And the only thing we know is things don't always go the way we plan." But, once again, Mufasa roars, "There's more to being a king (sorry, trustee) than getting your way all the time."

We all like perfect beginnings and perfect endings. But I have realized the hard way, that we live in a perfecting world. Some verses don't rhyme, and some stories don't have a clear or clean beginning, middle, and end. Life is about not knowing, having the courage to face change, taking the moment and making the best of it, without knowing what's going to happen next. Some meetings end in harmony and most in dis-. It's a potluck of occasional surprises and perpetual ambiguity. I have learned to have patience with everything that remains unsolved in my heart and in the words of Rainer Maria Rilke, I am learning to live in the auestion!

Lesson No. 7: Another important selfdiscovery I made as trustee was finding out as Pumbaa the boar, did that, "I may run from Hyenas but I always fight a bully." But I also learned from Mufasa - "I'm only brave when I have to be. Being brave doesn't mean you go looking for trouble."

What I remind myself about every single day are the words of Mufasa which I have slightly modified, "A trustee's time as community leader rises and falls like the sun. One day, the sun will set on my time here, and will rise with another as a new trustee."

And, till then, I sing to myself:

"From the day we arrive at 209 D. N. Road

And blinking, step into the Board Room

There's more to see than can ever

More to do than can ever be done

There is far too much to take in here

More to find than can ever be found But the egos rolling high Through acrimonious discussions Keeps great and small on the endless round

It's the circle of life And it moves us all Through despair and hope Through faith and love Till we find our place On the path unwinding In the circle The circle of life!

PARSI TIMES_<u>Religion</u> Let Me Be Thy Herald To The Poor, Ahura Mazda

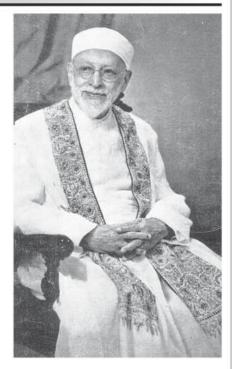
Start your weekend with positive vibes with inspirational excerpts from the acclaimed book, 'Homage Unto Ahura Mazda' by Dasturji Dr. Maneckji Naserwanji Dhalla of Karachi.

7e live in the midst of the anomalies of life, with riotous riches on the one hand and grinding poverty on the other. The noblest persons that have walked this earth have given their food to the hungry and the starving and have themselves gone without it. Pious souls vowed to live in willful poverty. Poverty is adorned when greatness is born from it.

My heart beats warm for the poor. I will impose privation upon myself to save something for the poor and the needy. What little I can give to the poor, I will give with the grace that would make my gift rich in humility and love. Never will I put indignities upon the



Let my heart ever go out to the poor. Let me have a ready disposition to help them. Let me ever be ready to help those that are in need of my help. Let me feel for the poor. Let my thoughts be devoted to their welfare. Let my generosity to the poor know no bounds, when I happen to possess a superfluity. Let me help them in ever so small a degree. Let me think and work for the happiness of the poor, when I am in the midst of poverty myself. Let me always pity them and love



them and bless them, even when I cannot help them. Let me feel the sorrows of the poor, as if they were mine and let me sympathize with them, as if their trials were my own

Let me chase away poverty from my door by hard work and honest industry. Let me always eat my hard-earned bread. Let me fight my way from my poverty in life by strenuous work. Let me ever stand on my own feet to work for and win my independent means.

Wealth has wings. If I lose my wealth and am reduced to poverty after having known plenty, let me battle as best as I can with the hardships of poverty. The thought that I labor to preserve my self-independence, sweetens my

The entire creation attests to Thy bounty, O Bountiful Lord. Thy bounty feeds all that live. Thou dost put Thy protecting hand on the heads of the poor and soothe their pangs by whispering words of kindliness into their cars. Poverty with Thee is happier than affluence without Thee, Ahura Mazda.

Printed and Published by Cyrus Firoz Printer on behalf of Parsi Times Multimedia Pvt. Ltd., Published at 2nd Floor, Khaitan Chambers C.H.S. Ltd., 143-145 Mody Street, Fort, Mumbai 400 001 :: Printed at M/s. Dangat Media Pvt. Ltd., 22 Digha M.I.D.C., TTC Industrial Area, Vishnu Nagar, Digha, Navi Mumbai, Thane — 400 708. Editor: Anahita Subedar.

Contact Nos.: 66330404 Advt.: 66330405. Fax: 66330406 :: Office Timing: 10 a.m. to 5.30 p.m. Monday — Friday.

P.T. CLASSIFIEDS

ACCOMODATIONS

IRANSHAH SERVICE APARTMENTS REOPENS

FOR BOOKING CONTACT **HOSHANG N. TADIWALA IRANSHAH APARTMENTS** IRANSHAH ROAD, UDWADA GAM

MOB. NO. 9825757843

ANTIQUES

PRINCE METAL MART

BUYER OF

OLD RECORD, AUDIO SYSTEMS. OLD CAMERA, OLD NOTE **BUNDLES, ZARI BORDER - SAREES** OLD TASBI, KERBA, WRIST WATCHES, PEN, OLD COINS, GLASS WEAR, INDIAN COIN.

9920663443 / 7738935999

AARAV

OLD ANTIQUE ITEMS

VALUE GIVEN IS MORE THAN MARKET RATE We also collect Goods & give free Home Service

Gold & Silver Jewellery, Watches, Old Furniture, Gramophones All Records, All Cameras, Old Fountain Pens, Gara, Kerba, Old Crockery, Zari Border, Old Notes, Coins

ONTACT: AARAV 24503876 /8169751275

181, Shop No. 13, Bora Bazar, Fort, Mumbai-1

BUYING OF ALL TYPES OF ANTIQUES & FURNITURE

E.g. Coins, Notes, Watches, Wall Clock etc. Maharastra & Gujarat.

Buying/Selling Of Second Hand Cars

Contact. Mr. Irani 8169835441 WhatsApp: 9322871171

Old Antique Shop

VALUE GIVEN IS MORE THAN MARKET RATE

We also collect Goods & give free Home Service

Old Furniture, Watches, Old Fountain Pens, Kerba, Old Crockery, Old Resham Kore And Zari, Old Toys, Old Camera, Old Notes And Coins. German Silver.

CONTACT: DHIRAJ 819774578 /8369666193

99, Sai Shop, Next to Cumballa Hill Hospital, Kemps Corner, Mumbai-36

www.parsi-times.com

CAR HIRE

UDVADA, NAVSARI ANYWHERE IN SPACIOUS AC CAR **DRIVEN BY** PARSI OWNER. BREEZEE TRAVELS 9833284288

Travel in Comfort And Peace of mind in Parsi Owned T-Permit Cars (with Chauffeur seat Isolation / Partition) -Hyundai Xcent, Tata Hexa. Toyota Crysta, BMW 520D & AC Push-back Bus 36 Seater, Available for Airport Transfer / Local / Outstation duty at reasonable rates.

Contact : - RuSano T&T, +91-9167351173 / 022-24711464. rusanotnt@gmail.com

FOR SALE

Looking for individuals passionate about the hobby of Watches, Clocks and other Horological Devices and having their own premises in South Mumbai. Interested in making this passion and hobby self sustaining. Please contact at 9825205623

ONLY SERIOUS ENQUIRIES PLEASE

PAINTINGS

BUYER OF ORIGINAL ARTWORK BY MASTER ARTISTS.

KINDLY CONTACT Ms. KAMALRUKH 9920255903

Disclaimer: The Classified Section of Parsi Times does not endorse any product or service advertised and will not be held responsible by any third

/parsi.times

SERVICES AVAILABLE

PAC n DELIVER

INTERNATIONAL COURIER

Send parcels to your Children & loved ones in CANADA, UK. USA & WORLD WIDE including Garments, Farsan, Chocolates, Sweets, Gifts, Eatables, Medicines any permissible item & get benefited with SPECIAL rates.

Contact - Mr. ANUI SANGOI Tel. - 022-48932230 / 8879991866 Email - sales@pacndeliver.com "20 Yrs of Quality Service"

Good News

To Buy / Sell / Rent Flat / Plot / Bungalow in UDWADA and All Govt. **Related Works**

Call: Mr. Amit Tanna 0 9978850067

DATTA Tempo Service for hire, shifting with skilled labourers. We regularly service - Mumbai to Pune. Nashik. Deolali. Sanian. Nargol. Udvada, Navsari. 9821319228

AIR CONDITIONERS **Jet Water Wash**

Indian/Imported Refrigerators Double Door, Frost Free. **Guarantee Genuine Repairs** at your Door Step. Installation / Maintenance Contract available for Split & Window Air- Conditioners.

Contact: FRIZARE on 9820197439.

CLASSIFIED RATES

RUNNING TEXT CLASSIFIED

Rs. 25 / per bold word

CLASSIFIED DISPLAY

Black & White (4cm X 4cm) ox Rs.850/per insert

Black & White (4cm X 6cm) Box Rs.950/per insert

MATRIMONIAL:

Flat Rate of Rs. 950/-



editor@parsi-times.com

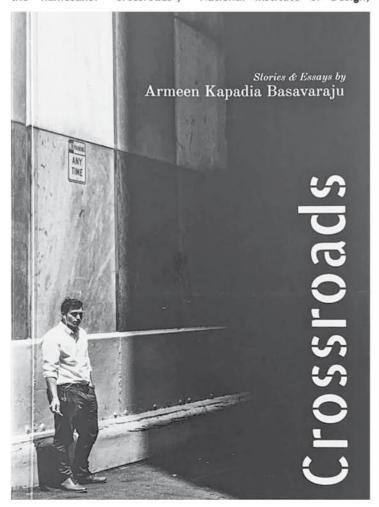
uthor Armeen Kapadia Basavaraju recently launched 'Crossroads' - comprising short stories - a window in the Parsi community. These stories explore the everyday conversations and emotional nuances that alter and shape the lives of Parsis in modern India, revealing the community's unique character, quirks and issues that our dwindling community faces. A thought-provoking collection of tales and rib-tickling essays provides a humorous and refreshing read.

The book provides an reading experience. Two of its stories, including the namesake. 'Crossroads',



Parsi life on the shelves of booksellers and libraries. Readers from Mumbai are likely to get a dose of nostalgia on top of the plotlines.

Armeen, a graduate from Mumbai's Sophia College and a post-graduate from the National Institute of Design,



tackle difficult family decisions involving tensions between loyalty to expanding the Parsi community set against desires for non-traditional, unmarried life or love for an outsider. The poignant and thoughtprovoking stories share slices of life in Mumbai. The book offers deep experiences, a window into a community that is not easily accessible, and a partial remedy for the heretofore scant presence of books involving

Ahmedabad, believes that words and design are not too different. Her stories have been published in literary magazines such as Amarillo Bay and The Louisville Review. Besides books, she cultivates a growing stamp collection.

'Crossroads' is available on Amazon (https://bit.ly/ armeenk) at Rs. 179/- (paperback) and Rs. 81/- (E-book).

Armeen Kapadia Basavaraju Godrej Group Enters Authors 'Crossroads' Housing Finance Business



n 10th November, 2020, the Godrej Group announced its foray into the financial services industry with the launch of Godrej Housing Finance, in keeping with the increasing demand for Home Loans. As per a press statement released by the Group, Godrei Housing Finance (GHF) aims to "build a long-term, sustainable retail financial services business in India, aiming for a balance sheet of about ₹10,000 crore in the next three years."

GHF will commence its home loan operations in Mumbai, NCR, Pune and Bengaluru, partnering with developers, including Godrej Properties. It will offer competitive pricing with lowest interest rates starting at 6.69% and will look at disbursing at least ₹1,000 crore, in this fiscal.

Pirojsha Godrej, Chairman, Godrej Housing Finance, said, "We are excited to launch our financial services business. This is the first step in what we hope will be another important pillar of growth for the Godrej Group. The increasing formalisation of the real estate sector combined with the dislocation in the residential real estate and housing finance markets makes this a particularly interesting opportunity at the current moment. We hope to deliver value to the Indian home buyer with a deep focus on fair, fast, and flexible home loans that delight our customers."

Manish Shah, Managing Director and CEO, Godrei Housing Finance, added, "We believe that the Housing Finance market is underpenetrated and underserved. The industry

is also plagued with being complex and convoluted with hidden conditions and painfully long customer journeys. We aim to correct this and usher a refreshingly simple and transparent way of doing business. We want to give customers a home loan that is customised to what's important to them, basis their housing needs, financial capability and convenience."

Godrei Housing Finance intends to focus on the mortgage business starting with home loans, followed shortly by Loans Against Property. In the near future, the company will expand its product portfolio to offer Business and Personal loans, leveraging the Group's consumer and agri business ecosystems to build these verticals.

Telangana Minorities Commission Calls For Encroachment Report On Parsi Aram Ghar

ased on a petition filed by Omim Maneckshaw Debara, the Telangana State Minorities Commission (TSMC) has granted Nizamabad District Administration and Police a month to file a detailed report on the alleged encroachment of the Parsi Aram Ghar, located in Kanteshwar Village, Nizamabad district.

As per the petition, the Parsi Aram Ghar, which is spread over 1 acre and 39 guntas, was being encroached

upon, and that excavation work was being carried out within and around the property by the alleged encroachers.

A special hearing of TSMC, led by Chairman Mohammed Oamaruddin, attended by Vice Chairman Shankar Luke, and members Gusti Noria, T Gopal Rao and Syed Raheem, was convened. The Nizamabad District Administration, and police have asked for a month to submit a detailed report on the issue. As per news

reports, officials stated that it was "by mistake" that a private company had erected a signboard on the Parsi Aram Ghar property. Nizamabad police has assured the TSMC that their personnel would be closely supervising the area to prevent any continued activity.

The district administration has been asked to submit a factual report on or before December 12, 2020.

Mother Irani!

Boman Irani's Loving B'day Wishes For His Ma



n 18th November, 2020, our community's much loved Boman Irani - one of the foremost acting talents of Bollywood and artist extraordinaire - warmed the cockles of everyone's hearts with his loving and warm birthday greeting for his mummy, who turned a glorious 94 years of age! Boman wrote in a Facebook post that went viral within an hour of his posting the same,

You're 94 Ma!

You have inspired a generation and more.

Your sense of humour has chased away every blue moment in our blessed lives. We were never allowed to miss a thing. You made sure of that.

The boxer Ali, said it best. I will say it with a twist! 'You Are The Greatest, Mother Irani!'

Undoubtedly, the radiant 'Mother Irani' has been one of the main driving forces behind Boman's innumerable achievements, which have done the nation and our community so proud over the years! On behalf of the community, Parsi Times wishes the grand, old lady Many, Many Happy Returns in the new orbit, blessed with the very best of health and every happiness! Shine on, 'Ma'!

You Are The Greatest, Yeshwant Rao Holkar To Head **Jamshyd Godrej's Empire**

billionaire business magnate Padma recipient, Jamshyd Naoroji Godrej, has decided to step back from actively running his massive empire and has handed over the reigns to continue his legacy, to his sister, Smita Crishna's Yeshwant son-in-law. Holkar.

With Godrej, now in his



easy, and his own son not particularly interested in heading the business, Yeshwant was thought to be the perfect option in ensuring that the running of the business would stay within the family. Yeshwant Rao Holkar is the scion of the royal 'Holkar' family of Indore, married to Nyrika Crishna in

Webinar Invitation

from

WZCCME - Dubai



2015, is a trained solicitor. Nyrika, too, is actively involved in the business. As per news sources Yeshwant has been committed to this new role, consumed with back-to-back business meetings and taking on important business decisions and pretty much calling the shots at the firm.

Jamshyd Godrej is the Managing Director and Chairman of Godrej & Boyce, the Godrej family's consumer durables holding company. He is on the boards of the World Resources Institute and Aspen Institute and was named as one of the richest green billionaires in 2012 by Forbes magazine based on his ownership and preservation of the mangrove swamps in Vikhroli, Mumbai. He is Vice President of the World Wide Fund for Nature. Godrej has supported sustainable forms of public transport in India, including bus rapid transport schemes, through funding relevant institutions and lobbying the Ministry of Urban Development. He also serves as the Chairman of the board of directors for the Council On Energy, Environment and Water.

Jamshyd Godrej is married to Pheroza Godrej and has two children, son - Navroze and daughter - Raika. Known for his fondness of yachting, his networth is estimated at USD 4.8 billion.



WZCC

presents

MEHER PUDUMJEE

Chairperson, Thermax

THE INSPIRING JOURNEY OF THERMAX / CSR AND PHILANTHROPY



WZCC's WEBINAR WA1

Parsi Times brings you the weekly schedule of WZCC's Webinars which have been conducted through the epidemic and have greatly benefitted community members worldwide, with their insightful, informative and highly beneficial sessions, with speakers who are authorities in their respective fields. Our very own techguru, Yazdi Tantra has been holding a series of Zoom Meetings online on Technology for the layman, under the title 'TantraTech', every Friday at 9:30pm (IST). You can attend these at: https://bit.ly/yazdizoom. (Past recordings available at: https://bit.ly/yazdiyoutube.)

THE INSPIRING JOURNEY OF THERMAX / CSR AND PHILANTHROPY' A GLOBAL PRESENTATION

When: November 21, 2020 Time: 8:00 pm - 9:30 pm (IST)

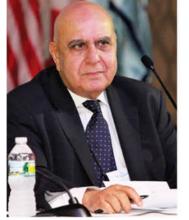
Speakers: Meher Pudumjee, Chairperson, Thermax.

Link: https://zoom.us/j/8487251418

Contact: Meher Bhesania (bhesania@emirates.net.ae)

Insight Into Parsi Philanthropy During The Pandemic

- A Tête-à-tête With Dinshaw Tamboly -



DINSHAW TAMBOLY

7ith the world at large battling the COVID-19 Pandemic over the last eight months and more, the need for relief and rescue operations is at an alltime-high. A number of generous individuals and institutions have come to the fore as the much-



related items to those affected.

initial phase of the Pandemic, we decided to launch a public appeal for funds. Our first act was to supply food grains and

needed saviours, helping those in need. Parsi Times has a tetea-tete with Dinshaw Tamboly. Chairman - WZO Trusts, about how the community has been affected by the pandemic, the manner in which the situation is being addressed and for providing an insights into the dynamics of raising funds and distributing these optimally.

PT: The WZO Trusts have, for years, been at the forefront of providing rescue and relief to innumerable community members in need, even more so, during the Pandemic. Could you tell us the various ways in which you have provided your crucial services to community members affected adversely during these challenging times?

Dinshaw Tamboly: strategy to provide relief and rehabilitation to Zoroastrians affected by the Pandemic has been multi pronged. During the

We were fortunate to have received rapid response from Zoroastrian Charity Funds of Hong Kong, Canton & Macao, who donated a large amount. Other donors too sent us their contributions - big and modest. Between April and mid-November, 2020, WZO Trusts, have:

- a) Provided food grains to 2,967 families.
- b) Extended financial support to 850 families across India, who have been financially affected by way of jobs lost, salaries reduced, businesses of self-employed individuals suffering losses, Mobeds and agrarians residing in rural areas facing loss of income.
- Extended financial support to two hospitals, one in Mumbai and the other Navsari, to set up Covid-Care facilities.

PT: Which segment of our community has been most

affected? How have WZO Trusts provided succour for the same?

Dinshaw Tamboly: Rank and file of the community have been adversely affected. Many have lost jobs, salaries have been reduced, those who are self employed have been affected with their businesses having collapsed or turnover and profitably greatly reduced. Many Mobeds have been affected due to closure of places of worship. Community members residing in rural areas have been affected with farmers being unable to transport their produce to the market place; similar situations have affected those having poultry farms as they are unable to sell their fowls, dairy farms have been severely affected as milk processing dairies have been unable to collect the milk which goes sour within a few hours if not processed; And as if these setbacks were not enough the poor Zoroastrians have had to continue spending on providing feed to their poultry and cattle. Those having brick kilns too have taken a tremendous hit as

construction activity has been at a standstill for many months now. From the funds raised, and measures as highlighted above.

WZO Trusts have undertaken rehabilitation

criteria and functionality are to listen to and understand problems, consider each case on merits, and thereafter, move with alacrity to address and resolve problems of beneficiaries.

Over 27 years now, WZO Trusts have been fortunate to enjoy the support of donors who have reposed confidence in us mainly because we operate with full transparency and accountability. Our successes are thanks to our committed team of volunteers or our Resource People, not only in Mumbai and Navsari, the two places from where we plan and execute our activities, but also places including Pune, Valsad, Surat, Ankleshwar, Ahmedabad, Secunderabad, etc.



PT: Could you share the philosophy, criteria and functionality, as to how WZO Trusts allocates it funds?

Dinshaw Tamboly: philosophy is to help those in need, to treat applicants with respect always keeping in mind that their self-respect and dignity are inviolable. The

Trustees, Administration and Staff remain occupied in all aspects of our work which they carry out with the same degree of efficiency. Mere words would not be adequate to express gratitude to my colleague Trustees, Administration, Staff and Resource People for their wholehearted support and cooperation. It has been my good fortune and a pleasure to lead such an outstanding team.



PT: Would you like to share any aspects of your funding efforts with the community? Dinshaw Tamboly: Any project that requires funding can only be undertaken if support is forthcoming from donors. Donors contribute only when convinced that their hardearned funds are put to optimum use, in a transparent manner, with full accountability

Roads With Drive Down Memory Lane

n 19th November, 2020, Tata

Motors announced achieving

the milestone of four million

passenger vehicles on Indian roads and

showcased a journey through the past

decades in a special video narrated by Bollywood actor, Anupam Kher. The video

takes viewers back to 1945 when the

company was established and through

the next several decades that has seen

Tata Motors emerging as a key player

despite several local and international

rivals to compete against.

PARSI TIMES Community News SATURDAY, November 21, 2020 Dr. Rashin Jahangiri Ranks First Place Tata Motors Cheers 4 Mn Cars On Indian In Iran's Doctoral Entrance Exam



oobedyar Dr. Rashin Jahangiri has ranked first place in the ⚠ Ph.D admissions of 'Ancient Culture and Languages of Persia', in Iran's nation-wide highly competitive entrance exams. With only three out of hundreds of candidates being admitted, this marks the very first time in history that a Zoroastrian woman has achieved this honour!

A Doctor of Medicine (MD) graduate from the Shahid Beheshti University of Iran in 2005, Moobedyar Dr. Jahangiri received her Masters' Degree in 'Ancient Culture and Languages of Persia' from the same university in 2020. Her MS dissertation is titled 'Mythological Study Of Izad Vayu Deity's Character Based On Ram-Yasht'. She is the prospective Ph.D student and researcher of this field in Humanities Research University of Iran.

Moobedyar Dr. Jahangiri was among the first and only group of female Moobedyars approved and licensed by the Anjuman Moobedan of Tehran, in 2010. She has devoted her time and efforts in teaching the Gathas and Din-Dabireh to Zoroastrian youth and adults for over two decades.

extensive knowledge, experience, commitment and hard work have been fruitful in the publication of many research papers and articles in the Zoroastrian Religion and Culture Studies. Her recently published illustrative books in Farsi and in three series, titled, 'Teaching Of Din-Dabireh Alphabets' are used in Avestan classes in Iran as the official resource for teaching Din-Dabireh alphabets to Zoroastrian children and youth.

[Courtesy: FEZANA]

provided at all times. While we receive donations from India and overseas, there is no denying the fact that the bulk of donations received over the last 27 years have been from Hong Kong. The Zoroastrian Charity Funds of Hong Kong, Canton & Macao have been, by far, the biggest donors who have been extending support for a plethora of community centric causes.

In normal times, they have been supporting the community through WZO Trusts in cases where medical support is required in times of illness and hospitalisation, educational support for post graduate studies in India and abroad, quarterly support to 500 odd beneficiaries who are senior citizens, or the differently abled, elderly Mobeds, pall bearers, replace huts of Zoroastrians living in rural areas into cottages and so

PT: Could you tell us about the donors who have made a great difference during the pandemic in the lives of the under-privileged of our community, with their generous donations?

Dinshaw Tamboly: As far as our initiative to support Zoroastrians affected by the

pandemic is concerned, Hong Kong, who have been our main donors during normal welfare activities, and also been by far, our largest donor for the community. Zoroastrian Charity Funds of Hong Kong Canton & Macao have sent us till mid-November, 2020, donations valued at Rs. 23,075,000, which amounts to 46% of total donations received so far (Rs. 50,214,968) for the Pandemic relief and rehabilitation.

In addition, three individuals from Hong Kong have collectively remitted Rs.21,369,000 for the Pandemic which amounts to 42.5% of total donations received so far. Thus, Hong Kong, through their association and individuals, has contributed 88.5% of total donations received for the Pandemic effort.

The President of Zoroastrian Charity Funds of Hong Kong, Canton & Macao is very keen, hoping that other organisations will also assist WZO Trusts with significant funding to alleviate the extreme poverty and distress during these unprecedented times of the Pandemic. The community in general and beneficiaries in particular, owe great gratitude for their largesse. Had it not

been for the inflow of funds from Hong Kong, the plight of community members affected by the Pandemic would have been very different. The charities of Hong Kong for the community in India have been legendary and are undoubtedly the true 'Champions of Philanthropy'.

automotive brands, we are delighted to

have reached this significant milestone

for our passenger vehicles segment,"

said Vivek Srivatsa, Head Marketing,

Passenger Vehicle Business Unit (PVBU),

Tata Motors. "This film is a testament to

not only our evolutionary growth over

the last 30 years but also the growth

that India has seen as a nation through

this period."

PT: What has been the most gratifying part about your experience in coordinating the Pandemic welfare exercise?

Dinshaw Tamboly: With educational institutions having remained shut during the Pandemic, virtual online education became the present norm, resulting in many children from economically challenged families being unable to pursue their education, as their families could not afford to buy them tablets or laptops. Some could afford only basic mobile phones from which it is very difficult to follow online education, and there have been quite a few families who could not afford even these mobile phones. It is to the everlasting credit of Zoroastrian Charity Funds of Hong Kong, Canton & Macao who, upon our requested, readily sanctioned Rs.5,000,000 for the purchase of 125 lap tops for children from economically

Tata Motors recently took the third

spot in the passenger vehicle segment and is currently behind Maruti Suzuki and Hyundai, and fending off a spirited fight from Kia Motors. The homegrown company has managed to find many takers for Altroz, its latest offering in the market, while also crossing the highest ever sales mark for the Nexon. While Nexon has hit the 1.5 lakh mark, Tiago has achieved 3 lakh target. Harrier has also found many takers, despite its initial hiccups.



What has also helped Tata Motors' cause is that its cars have been faring well in Global NCAP tests. Nexon and Altroz secured five stars while Tiago and Tigor received four stars in their respective tests. Another aspect where Tata Motors claims to be working is in providing a robust post-sales service network and outreach program.

[Courtesy: auto.hindustantimes.com]

challenged Zoroastrian families, enabling them to continue their education.

The best possible gift any child can receive is the gift of education and children from economically challenged families are truly fortunate that the Zoroastrian Charity Funds of Hong Kong, Canton & Macao have supported them with such a marvellous gift.

PT: What message would you like to share with the community?

Dinshaw Tamboly: Humanity has never been as vulnerable as it is at present, on account of the Pandemic, which has shown no signs of receding or a guaranteed vaccine or antidote having been found. Our community is no different from others, passing through the most difficult phase ever. The community is blessed to have High Net Worth individuals, charitable Trusts in India and abroad, all of who may consider extending support like Hong Kong does to WZO Trusts in their efforts to alleviate the suffering of our brethren, or should they so wish, themselves undertake to provide succour to those affected by the Pandemic. A lot has been done, but much more remains to be done.

PT Timeout

The Bawa Word Search

Search out 16 Most Popular Social Media Sites in India hidden in the word-jumble box below, in bi-directional, horizontal, vertical and diagonal forms:

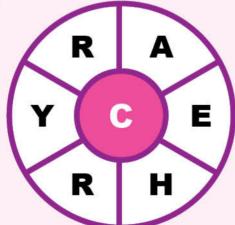
CVDBBMZGOXSULP E L G 0 В C W D G C P W G н C E R F E В R D Ε - 1 K D s R V J Υ 0 E E Z т RY U Т

Facebook YouTube Reddit Quora Twitter LinkedIn Telegram Google Plus WhatsApp Pinterest Tumblr WeChat

Instagram SnapChat Meetup Hike Messenger

HOW MANY WORDS?

How many words of **four or more letters** can you make from the letters below? Every word must contain the letter in the center. You should make at least one word using all 7 letters.



RESULTS:

Average - 7 or more words Good - 9 or more words Outstanding - 11 or more words

Thought of the Week

"Three things in human life are important: the first is to be kind; the second is to be kind; and the third is to be kind."

- Henry James



TechKnow With Tantra

Rainbow

These days, with issues raised on privacy with apps which are widely used (like WhatsApp), it may be worth looking at apps which are not so popular,

but perform the same functions. 'Rainbow' is a collaboration tool where you can chat, share files and use messaging for business and personal purposes. You can also instantly make audio or video calls and share your screen with just one click. You don't even have to share / disclose your telephone number to make calls. It may be of great use in certain countries which ban WhatsApp calls! An interesting alternative to WhatsApp – worth trying.

Android: http://bit.ly/2027geY

iOS: https://apple.co/2rTYMOn

3UDOKU

						7	6	4
4			8				1	
15					3		00	
	2	7		9		8		
		4		5		9	3	
	8		3					6
	1				9			2
6	4	2						

WINNING CAPTION!!!



Doggie: Just when on earth is she gonna say, 'Jamva Chalo ji'?!?!

By Dr. Jeannie Jamshed Madan.

CAPTION THIS!



Calling all our readers to caption this picture!

Send in your captions at editor@parsi-times.com by 25th Nov., 2020

Disclaimer: Some of our 'Caption This' Contest photos are taken from freely available, public online resources and are published in a light and humorous vein, which is the mainstay of the Parsi spirit! No offence is intended to anyone or any situation.

shoes and rub them on grass and mud in

home

to

the

the garden to mislead Piloo.

reached

PARSI TIMES Ha!! Ha!!! SATURDAY, November 21, 2020 Meherbai's Mandli Goes To A Tea Party!



Kekobad y anjoos and his even more kanioos wife, mindhi-Mahazarine, gave a tea party at their house. You see, their surname was 'Marfatia', but the entire Mandli called them 'Mafatia's as they enjoyed

return to their house. This time, the Mandli passed a resolution that it was Kanjoos Kekobad's turn to entertain. Hence, a tea party was organised. His mindhi wife phoned everyone to bring along their own tea-

everyone's hospitality with lunches and

dinners, but never invited anyone in

I shall borrow it from my neighbours. "What about water for the tea,"

asked anxious Alamai. "Do we bring that

too?"

bags, powder-milk and sugar-cubes.

Don't bother about the 'fudina', she said.

"No! No! Please don't embarrass us," replied Maha-kanjoos Mahzarine. Water we'll manage from Gustadji's garden pipe which is always available!

"What about snacks," asked Meherbai. "Oh! I forgot to tell you," replied Kekobad, "We are on a strict diet to lose weight and we want to encourage all our friends too, so only healthy snacks like chana-sing and pao-na-pootha-na-toast will be served without butter." Luckily, Meherbai had tipped off everyone to bring along their own snacks like ham sandwiches, mutton samosas, cheese patties, chicken lollipops, etc. Meherbai also promised to get a huge, delicious cake from Avan Tengra's 'Sprinkles'.

At last, the day of the dham-dhooskeri-choos party arrived and so did the guests. Khadri Farida of Rustom Baug, with all her 200 kgs. sat on Kekobad's antique rocking-chair and broke it. The host couple was in tears and everyone pacified them saying, "You get a lot of rocking-chairs at Chor-Bajaar."

"This was an antique, it belonged to my great grandfather - it can never be replaced! I'm heartbroken - so I'll end my diet and do some 'comfort-eating' with all the snacks you have brought," and he ate up four chicken lollipops!!



Mahazarin: I support my husband through thick and thin, so I'll also eat for comfort. Mahra thi enu dukh jovaatu nathi, so please pass me some

The host and the hostess demolished quite a few snacks and mindhi Mahazarin put away the leftovers saying, "Kaalnu bapor-raat nu bhonu thai jasey."

Meherbai: Let's have some Elarpelar. Any breaking news?

Daji Bhejano Paji: Yes! My wife fell down while taking a walk on Marine Drive and broke her hip! Say hip-hip-hurray! Now she is too weak to fight with me all day

Meherwanji: Not that sort of 'Breaking' news - kai navi junni?

Aspi Aspro: A fatakri bomb-shell has come to stay opposite our house. This morning, she stood at her window in a sexy nightie and waved out to me -Lamba-lamba haath keedha!

All husbands: Pachhi-Pachhi? Any progress?

Aspi Aspro: No progress - only regress! My wife Jeroo Jasoos crept-up and bonked me on the head with the jharoo saying, 'You moron! She is cleaning her windows - no body is waving out to you'. See, I got a liboo on my head!

Themul Taklu: Not liboo - it's diboo!

Faramji Fuse: My Diboo is bigger than

Everyone: What happened? Happened?

Faramji Fuse: Arrey! My bitter-half found a paper in my shirt-pocket with 'Jenny' written on it and being a jealous and possessive woman, who doesn't allow me even to talk to my neighbour's wife. asked me - who is Jenny? Being charchopri pass with distinction, I quickly replied - Jenny is the name of the horse on whom I bet Rupees Ten today at the race-course. Being stupid, she believed me though she's more educated than me. In fact, she is PHD i.e. Passed High School with Difficulty. Then, the next day, after doing all the housework, I was quietly making tea for myself in the kitchen when she took a high jump to hit me on the head with a frying-pan.

Everyone: High Jump?

Faramji Fuse: Yes! She is a batak - a real batki-bala with pet ma tatya, if ever there was one!

Kanasori Ketayun: But why did she hit you with the frying-pan? Frying-pan ma gobo pari jatey toh?

Framji Fuse: I was too dazed to ask batak anything. I only heard her uttering these six words, 'Jenny is on the landline phone!'

question: Where have you been all day? (The Nation wants to know!) If you tell the truth, I'll kiss you! I told the truth, for the first time in my life - I won't lie to you - I am having an affair with my Bombshell secretary. And, what do you know! She looked at my muddy shoes and bonked me on my head with the rotlinu-velan, saying, "You lying so-and-so! You've been playing golf all day!"

Homia and Homii: Our problems are the worst of all! As you know, we don't trust Banks after what Vijay Mallya, Nirav Modi and Mehul Choksi did, so we removed all the cash from the bank and hid it under the godras of our huge double-bed at our weekend house in Udvada. Also being clever, like Einstein, we hid all our gold-biscuits in Monacobiscuit tin and our diamond jewellery in the huge kitchen jars.

Last week, when we were at Udvada, there was an emergency in the family, so we had to rush back to Amchi Mumbai but while closing the house, the front-door master lock broke. So, we just put a dummy-lock with a big notice on the front-door, saying: 'COVID-19 POSITIVE - DO NOT ENTER.' After two days, when we returned to our Udvada house, we found a bigger notice on our front-door. It said: 'SANITATION DONE - HOUSE IS EMPTIED - EVERYTHING IS CLEANED OUT. STAY SAFE BY WASHING HANDS

AND WEARING A MASK'!!! Panni-ne-pastailo Pesi: Cheer-up, your problem is nothing compared to mine. Soli Sali Boti: Do tell us! I love tragic lovestories. Pesi: Last week, I spent entire day at my secretary's house khai ne

pee majha! A romantic day full of hugs, kisses and other lallo-pappo. She fussed over me and made me feel like a King whereas my wife, Piloo, cold and mean, makes me feel like an untouchable Harijan!

the

Suddenly, it was 8:00 pm, so I quickly got dressed to go to the jail - I mean my home, and requested my fatakri secretary Behroz-Bombshell to take my

Homla fainted and had to be revived sapat sughari nev - but the robbers had taken away even our sapats, so I had to call Kaikhushrukutra-nodoctor who revived Jeebharu Homla! even reported the matter to the Police and Inspector Eruchshaw

Eagle has taken three suspects in custody Ketavun Kleptomaniac, Chadanbai Chowmaster and Dara Daku.

As everyone was very sad to hear all that, they left the tea-party with a heavy heart and light-stomachs, since the hostess and the host, had eaten the માહ તીર રોજ દેપઆદર ય.ઝ. ૧૩૯૦

H2541 51874

પારસી ટાઈમ્સનું કરન્ટ એડીશન ૨૧મી નવેમ્બર, ૨૦૨૦ ઉપલબ્ધ છે: https:// parsi-times.com/ PT_CurrentIssue.pdf

RNI NO. MAHBIL/2011/39373 • Regn. No. MCS/101/2018-20 • WWW.PARSI-TIMES.COM • VOLUME 10 - ISSUE 32 • PAGE 14 • ₹ 5/- • SAT, NOV 21, 2020 – FRI, NOV 27, 2020

THE TRUTH. DELIVERED WEEKLY.

ટાટા સ્ટીલ જમશેદપુર ૫૦૦ કર્મચારીઓના બાળકોને રોજગાર આપશે

ટાટા વર્કર્સ યનિયન (ટીડબ્લ્યય) ની એક પ્રેસ મીટીંગમાં ટાટા સ્ટીલ જમશેદપરના મેનેજમેન્ટ સાથે લેન્ડમાર્ક એગ્રીમેન્ટની ઘોષણા કરવામાં આવી છે. જેમાં નિવત્ત કર્મચારીઓના ૫૦૦ રજિસ્ટર્ડ આશ્રિતોને ત્રણ વર્ષના તબક્કામાં, ફેબ્રુઆરી-માર્ચ, ૨૦૨૧થી શરૂ કરવાની સંમતિ આપવામાં આવી છે. એક દાયકામાં આ પહેલીવાર બનશે જ્યારે ટાટા સ્ટીલ અગાઉના કર્મચારીઓના નોંધાયેલા પુત્રો અને આશ્રિતોની નોંધણી કરશે. આ કરાર પર કંપનીના વાઇસ પ્રેસિડેન્ટ (એચઆરએમ) - સુરેશ દત્ત ત્રીપાઠી, ઉપરાષ્ટ્રપતિ (એચઆરએમ) નિયુક્ત - અત્રાયી સરકાર અને ઝુબીન પાલીયાએ હસ્તાક્ષર કર્યા હતા, જ્યારે

ટીડબ્લ્યુયુના પ્રમુખ - આર રવિ પ્રસાદ, ઉપ પ્રમુખ - અરવિંદ પાંડે અને મહામંત્રી - સતીશ સિંહએ હસ્તાક્ષર કર્યા હતા.

ઉમેદવારોના માપદંડમાં વય પરિબળ શામેલ હશે – ૧૮ થી ૪૨ વર્ષની વય; અને ઉમેદવારની પસંદગીના આધારે અંગ્રેજી અથવા હિન્દીમાં લેખિત પરીક્ષણ. પ્રશ્નો ઓબજેક્ટીવ ફોર્મેટમાં હશે અને વિષયો મેટ્રિકના સ્તર સુધીના હશે. આ પછી, સફળ ઉમેદવારોને તબીબી પરીક્ષણો કરાવવાની તૈયારી કરવામાં આવશે અને જેઓ પાસ થશે તેમને એક મહિનાની તાલીમ આપવામાં આવશે અને છ મહિના સુધી પ્રોબેશન



પર રહેશે. ઉમેદવારોએ પ્રોબેશન અવધિ સફળતાપૂર્વક પસાર કર્યા પછી, તાલીમાર્થીઓને સરકારના લઘુત્તમ વેતન ઘોરણ મુજબ રૂ. ૮,૭૭૮/ - નું માસિક વેતન ચૂકવવામાં આવશે. તેમની તાલીમ પૂર્ણ થયા પછી, તેઓ એનએસ ગ્રેડ ૧ માં નોંઘણી કરાશે.

માસિના હાર્ટ ઇન્સ્ટિટ્યુટે રોગચાળા દરમિયાન હાર્ટ દર્દીઓ માટે ભારતનું પહેલું પોર્ટેબલ એડવાન્સ્ડ કાર્ડિયાક કેર યુનિટ શરૂ કર્યું છે



સસ્તી જૂની માસિના હોસ્પિટલનું સાહસ માસિના હાર્ટ ઇન્સ્ટિટ્યૂટ, જે પોસાય તેવા આરોગ્ય સંભાળની પ્રતિબદ્ધતા માટે જાણીતી છે, તાજેતરમાં ફિલિપ્સ દ્વારા પ્રિ-ફેબ્રિકેટેડ, ટ્રાન્સપોર્ટેબલ આઇસીયુ (ઇન્ટેન્સિવ કેર યુનિટ) સ્થાપિત કર્યું હતું. આ ઇન્સ્ટોલેશનનો ઉપયોગ એડવાન્સ્ડ કાર્ડિયાક કેર યુનિટ (એસીસીયુ) તરીકે કરવામાં આવશે, જેનો હેતુ સંક્રમિત થવાની સંભાવના વિના, સંપૂર્ણપણે કોવિડ-સલામત વાતાવરણમાં કાર્ડિયાક દર્દીઓની સારવાર કરવાનો છે.

૪થી નવેમ્બર, ૨૦૨૦ના રોજ શરૂ કરાયેલ, એસીસીયુને ખુદ્ધી જગ્યામાં સ્થાપિત કરવામાં આવ્યું છે જેથી હૃદયના દર્દીઓમાં ચેપ લાગવાની સંભાવનાને અટકાવવા માટે તથા તાજી હવા ચક્ર, સ્વતંત્ર જંતુનાશક સિસ્ટમ સુવિધા સ્વતંત્ર ક્યુબિકલ્સ પ્રદાન કરી શકાય. તે દર્દીઓમાં કોવિડ સામે સલામતી આપશે. આ પ્રસંગે બોલતા, માસિના હોસ્પિટલના સીઇઓ ડો. વિસ્પી

હોસ્પિટલના સીઇઓ ડો. વિસ્પી જોખીએ જણાવ્યું હતું કે, કોવિડ એક ખૂબ જ ગંભીર સ્થિતિ ઉભી કરી છે, જ્યાં ચેપીના ડરને લીઘે બિન-કોવિડ હાર્ટ દર્દીઓ તેમની સારવાર માટે હોસ્પિટલમાં જવા તૈયાર નથી. તેમની સારવારમાં થોડો વિલંબ કમનસીબ પરિણામ લાવી શકે છે, અને તે જ ધ્યાનમાં લેતા, ફિલિપ્સનું આ વિશેષ આઇસીયુ એકમ હૃદયના દર્દીઓની સલામત સારવારની ખાતરી આપશે.

આ અદ્યતન એસીસીયુની હાજરી અને માસિના હોસ્પિટલ તરફથી કાર્ડિયાક એમ્બ્યુલન્સ સેવાની ઉપલબ્ધતા સુનિસ્થિત કરશે તથા દક્ષિણ મુંબઈ, લાલબાગ, પરેલ, દાદર, માહીમ, બાંદરા અને સાયન અને ચેમ્બુર સુધીના પારસી સમુદાયના દર્દીઓ સુધી પહોંચી શકશે.

ડો. હમદુલાયે, કાર્ડિયોથોરેસીસ સર્જન અને માસિના હાર્ટ ઇન્સ્ટિટ્યૂટનાં અધ્યક્ષએ જણાવ્યું હતું કે, આ એસીસીયુ હેઠળ, આપણી પાસે નવ સ્વાવલંબન અને સ્વતંત્ર એન્ટી-બેક્ટેરિયલ, સ્વતંત્ર એચવીએસી સિસ્ટમ છે (હીટિંગ, વેન્ટિલેશન અને એર કન્ડીશનીંગ) જે એએએસએચઆરઇ (અમેરિકન સોસાયટી) દ્વારા માન્ય છે.

આ એકમ સ્વતંત્ર હાઇ-એન્ડ મેડિકલ ગેસ એર કોમ્પ્રેશર્સ, વેક્યુમ પમ્પ અને ઓક્સિજન મેનીફોલ્ડ, વેન્ટિલેટર, ડિફિબ્રેલેટર, નર્સિંગ સ્ટેશન અને સ્ટોરેજ એરિયાથી સક્ક છે. કોવિડ પોઝિટિવ ફેફસાં અથવા હૃદયના દર્દીઓ માટે, આ એકમ હેઠળ તમામ જરૂરી તીલ્ર ઇસીએમઓ સેવાઓ પૂરી પાડવામાં આવશે, તીલ્ર હાર્ટ એટેકવાળા કોવિડ પોઝિટિવ દર્દીને પણ અન્ય દર્દીઓને અસર કર્યા વિના આ એકમમાં કટોકટીની સારવાર આપી શકાય છે.

ધારાસભ્ય યામિની જાઘવે એસીસીયુની સ્થાપના અંગેના અભિગમ અને હોસ્પિટલના પ્રયત્નોની પ્રશંસા કરતા કહ્યું કે, આ નિસ્થિતરૂપે શહેરના સ્ટેનફોર્ડ યુનિવર્સિટીના અહેવાલ મુજબ ડો. ઝરીર ઉદવાડીયાને 'વર્લ્ડના ટોપ ૨% રેસ્પિરેટરી મેડિસિન સાયનટીસ્ટોમાં માન્યતા મળી



પારસી ટાઇમ્સ એ જાણ કરવામાં આનંદ અનુભવે છે કે, વૈશ્વિક સ્તરે ૫,૦૦૦ ડોકટરોમાંથી, શ્વસન ચિકિત્સાના ક્ષેત્રમાં, પ્રતિષ્ઠિત પલ્મોનોલોજિસ્ટ અને આપણા સમુદાયના ખૂબ માનનીય ડો. ઝરીર ઉદવાડીયાને તાજેતરના અહેવાલ મુજબ, વિશ્વના પ્રતિષ્ઠિત ટોપ ૨ ટકા તરીકે ઓળખવામાં આવે છે અને સ્ટેનફોર્ડ યુનિવર્સિટીનો અહેવાલ, જે વૈશ્વિક સ્તરે વૈજ્ઞાનિકો અને ડોકટરોને તેમના ક્ષેત્રના ટોપ રેન્ક ૨% માં સ્થાન આપે છે.

આ ડેટાબેસ સ્ટેનફોર્ડ યુનિવર્સિટીના નિષ્ણાતો દ્વારા ડો. જોનની આગેવાની હેઠળ બનાવવામાં આવ્યો હતો.

ભારતભરમાં, લગભગ એક હજાર વૈજ્ઞાનિકો અને ડોકટરોએ તે યાદીમાં સ્થાન મેળવ્યું છે જે વિશ્વભરના ટોચના ૨% વૈજ્ઞાનિકોમાં સ્થાન ઘરાવે છે.

પારસી ટાઇમ્સે ડો. ઝરીર ઉદવાડીયાએ આપણા સમુદાય સાથે થોડીક વાતો શેર કરી તે માટે તેમનો આભાર.

પીટીઃ શ્વસન ચિકિત્સાના વૈજ્ઞાનિકોના ૨ ટકા વૈશ્વિક વિશ્વના અગ્રણી લોકો તરીકેની માન્યતા અને સન્માન કેવા લાગે છે?

ડો. ઝરીર ઉદવાડિયાઃ પામાણિક રીતે જણાવું તો મારી પ્રાથમિક નોકરી અને ઉત્કટ હંમેશાં ચિકિત્સક ક્લિનિશિયનની રહેશે, દર્દીઓને તેમની તબીબી સમસ્યાઓથી મદદ કરવાનો પ્રયાસ કરવો.

પીટીઃ તમારી વિવિધ સિલ્દિઓ હોવા છતાં તમે તમારી સરળતા માટે જાણીતા છો. તમારી સફળતાને સમાવવા માટે તમારા અત્યંત વ્યસ્ત શેડ્યૂલમાં તમે કેવી રીતે સંતલન જાળવી શકો છો?

ડો. ઝરીર ઉદવાડિયાઃ મારા ખૂબ જ વ્યસ્ત સમયપત્રક સાથે પણ, હું ખાતરી કરૂં છું કે અઠવાડિયામાં એક દિવસ મારી સંશોધન પ્રવૃત્તિઓ માટે ચિંતન, લેખનને અનુસરવા માટે અનામત રાખુ છું.

પીટી: ચાલુ રોગચાળાને ઘ્યાનમાં રાખીને, જ્યાં આપણે બીજી તરંગના ભય હેઠળ જીવીએ છીએ અને ઘણા દેશો પુનરાવર્તિત લોકડાઉનમાં જાય છે, શું તમે વર્તમાન સમયમાં અમારા વાચકો માટે થોડી માર્ગદર્શિકા / સૂચનો શેર કરી શકશો?

ડો. ઝરીર ઉદવાડિયાઃ રસપ્રદ તબક્કો 3 ની રસીના સમાચારો હમણાં જ બહાર આવ્યા છે અને ચાલો આપણે આશા રાખીએ કે આ પૃષ્ટિ થઈ છે અને દરેક ભારતીયને આ રસીના સમાન વિતરણનું કાર્ય ઝડપથી આગળ વધે. ત્યાં સુધી, ચાલો આપણે માસ્ક પહેરવાનું ચાલુ રા-ખીએ અને એકલા રહીએ.

વધુ માટે જુઓ પાનુ ૧૭

દર્દીઓને મદદ કરશે અને તેની રાજ્યોમાં તેની પ્રતિકૃતિ સાથે ભારતની એકંદર આરોગ્ય પ્રણાલીમાં ઉમેરો થશે. માસિના હોસ્પિટલના જોઇન્ટ સીઇઓ, બેહરામ ખોદાયજીએ ઉમેર્યું કે માસિના હોસ્પિટલ રોગચાળાના છેદ્ધા આઠ મહિનામાં કોવિડ અને નોન-કોવિડ સેવાઓ અસરકારક રીતે પ્રદાન કરવાના પડકાર તરફ આગળ વધી છે. પ્રિ-એનએબીએચ માન્યતા પ્રાપ્ત કર્યા પછી, હોસ્પિટલ દર્દીઓ માટે ઉચ્ચ ગણવત્તાની સંભાળ પૂરી પાડશે.

માસિના હાર્ટ ઇન્સ્ટિટ્યૂટ રોગચાળા દરમિયાન દર્દીઓને સલામત અને સંપૂર્ણ સઘન સંભાળ પૂરી પાડવા માટે જરૂરી પગલાં લઈ રહી છે, કારણ કે તેઓ ચેપ લાગવા માટે વધુ સંવેદનશીલ છે. આ યુનિટ, જે ભારતમાં પ્રથમ વખત સ્થાપિત કરવામાં આવ્યું છે, રોગચાળાની વચ્ચે ગંભીર કાર્ડિયાક બિમારીઓ સાથે કામ કરતા દર્દીઓ માટે જીવનનિર્વાહક તરીકે સાબિત થશે.



YOUR JANAM RASHITHIS WEEK

લખનારઃ મરહ્મ મહારાજ શ્રી સ્વયંજયોતિના સહકાર્યકર્તા જયેશ એમ. ગોસ્વામી

અઠવાડિક રાશિકળઃ તા. ૨૧.૧૧.૨૦૨૦ થી તા. ૨૭.૧૧.૨૦૨૦



હાલમાં ગુરૂની દિનદશા ચાલુ હોવાથી તમે તમારા દરેક કામ વીજળીવેગે પૂરા કરી શકશો. તમારા કામની અંદર કોઈબી વ્યક્તિ મુક્કેલી ઉભી નહીં કરી શકે. નાણાકીય બાબતમાં સારા સારી થતી જશે. ફેમિલી મેમ્બર તરફથી ખુબ માન મળશે. તેમની ડિમાન્ડ ૨૫મી ડિસેમ્બર સુધી પુરી કરી તેમને આનંદમાં રાખશો. દરરોજ 'સરોશ યક્ત' ભણજો. શુકનવંતી તા. ૨૧, ૨૪, ૨૫, રદ્દ છે.

Lucky Dates: 21, 24, 25, 26.

Jupiter's ongoing rule helps you complete your tasks at lightning speed. No one will be able to create hurdles in your work. Finances will continue to improve. You will receive much appreciation and respect from a family member. You will be able to cater to their wish and bring them lots of contentment by the 25th of December. Pray the Sarosh Yasht daily.

Cancer - 35 - 3.8.

૧૯મી ડિસેમ્બર સુધી બુધની દિનદશા ચાલશે. બુધ્ધિબળ વાપરી તમે બીજાને હરાવી શકશો. બીજાને ખરાબ ન લાગે તે રીતે કામ કરી શકશો. ધન બચાવવા કરકસર કરજો. નવા મિત્રો મળવાના ચાન્સ છે. ધન મેળવવામાં મુશ્કેલી નહીં આવે. બીજાના મદદગાર બની શકશો. દરરોજ 'મહેર નીઆએશ' ભણજો. શુકનવંતી તા.

Lucky Dates: 21, 22, 25, 26.

૨૧, ૨૨, ૨૫, ૨૬ છે.

Mercury's rule till 19th December helps you get ahead of all others, with the use of your powerful intelligence. You will work sensitively to ensure others are not offended. Ensure to put in good effort to save money. You could make new friends. There will be no difficulty in earning money. You could be helpful to another. Pray the Meher Nyaish daily.

Libra - તુલા - ર.ત.

૨૬મી ડિસેમ્બર સુધી ચંદ્રની દિનદશા ચાલશે. તમારા મનની નેક મરાદ પૂરી થશે. હાલમાં ગામ-પરગામ જવાના ચાન્સ મળશે. તમારા સ્વભાવમાં

ખુબ ચેન્જીસ આવી જશે. તમારા મિત્રો અને દૃશ્મન કોણ છે તે તમે ઓળખી જશો. નાણાકીય બાબતમાં સારા સારી થતી જશે. મનમાં કોઈ પણ વાત રાખી નહીં શકો. ખોટું સહન નહીં કરી શકો. દરરોજ ૩૪મ નામ 'યા બેસ્તરના' ૧૦૧વાર ભણજો. શુકનવંતી તા. ૨૨, ૨૫, ૨૬,

Lucky Dates: 22, 25, 26, 27.

The Moon's rule till 26th December helps to fructify your sincere wishes. Travel abroad is indicated. Your nature and temperament will show a lot of changes. You will be able to differentiate your friends from your enemies. Financially, things will continue to improve. You will not be able to hold back your thoughts. You will not tolerate any wrongdoing. Pray the 34th Name, 'Ya Beshtarna', 101 times daily.



Capricorn - महर - भ.ज.

૧૪મી જાન્યુઆરી સુધી શુક્રની દિનદશા ચાલુ હોવાથી ઘરમાં થયેલા મતભેદ દૂર કરવામાં સફળ થશો. નારાજ થયેલી વ્યક્તિને મીઠીવાત કરી મનાવી લેશો. ઓપોજીટ સેકસ સાથે મનમેળ વધી

જશે. તબિયતમાં સારા સારી થતી જશે. દરરોજ 'બહેરામ યઝદ'ની આરાધના કરજો. શુકનવંતી તા. ૨૨, ૨૩, ૨૪, ૨૬ છે.

Lucky Dates: 22, 23, 24, 26.

Venus' rule till 14th January helps you resolve any domestic problems. You will be able to win over those upset with you, with your sweet words. Your fondness for the opposite sex will increase. Health will be good. Pray to Behram Yazad daily



Taurus - વૃષભ - બ.વ.ઉ.

છેલા ૬ દિવસ શનિની દિનદશામાં પસાર કરવાના બાકી છે. ઉતરતી શનિની દિનદશા તબિયતમાં બગાડો કરશે. તાવ-શરદી-ખાસી, સાંધાના દુખાવાથી પરેશાન થશો. તમારી નાની ભુલ મોટી મુસીબતમાં મુકશે. તમારા અંગત વ્યક્તિ તમારી સાથે બનાવટ કરી તમને છેતરી જશે. ભાગીદાર સાથે મતભેદ પડશે. દરરોજ 'મોટી હપ્તન યશ્ત' ભણજો. શુકનવંતી તા.

Lucky Dates: 22, 23, 24, 26.

२२, २3, २४, २६ છે.

With the last six days under Saturn's rule, its descending phase could cause a health issue. You could suffer from fever, cough and cold or joint pains. A small mistake by you could land you in big trouble. Someone close to you will end up cheating you by being fake. You could have disagreements with your partner. Pray the Moti Haptan Yasht daily.



Leo - સિંહ - મ.ટ.

આવતા ત્રણ દિવસ જ મંગળની દિનદશામાં પસાર કરવાના બાકી છે. ચાલતા ચાલતા

પડવાના બનાવ બની શકે છે. ૨૪મીથી ચાલુ થતી બુધની દિનદશા તમારો કોન્ફ્રીડન્સ વધારી દેશે. નાણાકીય મુશ્કેલીમાંથી બહાર આવવાનો રસ્તો મળી જશે. મિત્રો તરફથી લાભ મેળવશો. દરરોજ 'તીર યક્ત' સાથે 'મહેર નીઆએશ' ભણજો. શુકનવંતી તા. ૨૧, ૨૪, ૨૬,

Lucky Dates: 21, 24, 26, 27.

Mars rules you for the next three days, indicating that you could be prone to accidents even while simply walking. Mercury's rule starting 24th November will infuse confidence in you. You will find a way out of financial difficulties. Friends will prove beneficial to you. Pray the Meher Nyaish along with the Tir Yasht daily.



૨૫, ૨૬ છે.

Scorpio - વૃશ્ચિક - ન.ય. સુર્યની દિનદશા ચાલું હોવાથી તમારા

મગજનો પારો ઉપર રહેશે. તમે નાની બાબતમાં ચીડાઈ જશો. તબિયતની ખાસ સંભાળ લેજો. જેને પ્રેશરની પ્રોબ્લેમ હોય તેઓ દવા લેવામાં આળસ કરતા નહીં. વડીલવર્ગ સાથે નાની બાબતમાં મતભેદ પડતા રહેશે. સરકારી કામમાં સફળતા નહીં મળે. સરકારી કામ દકી ડિસેમ્બર પછી કરજો. દરરોજ ૯૬મુ નામ 'યા રયોમંદ' ૧૦૧વાર ભણજો. શુકનવંતી તા. ૨૩, ૨૪,

Lucky Dates: 23, 24, 25, 26.

The ongoing rule of the Sun keeps your hotheaded. You will get irritated over petty matters. Those suffering from Blood Pressure ailment should ensure to take medication on time. Arguments with the elderly over trivial issues could take place. You will not be successful in getting any government related works done and are advised to take on the same only post the 6th of December. Pray the 96th Name, 'Ya Rayomand', 101 times, daily.



Aquarius - કુંભ - ગ.શ.સ.

૬ કી ડિસેમ્બર સુધી નાની બાબતમાં હેરાન થશો. રાહુની દિનદશા ચાલુ હોવાથી તમારા કામ પુરા કરવામાં ખુબ મુશ્કેલી આવશે. નાણાકીય બાબતમાં ખુબ ખેચતાણ રહેશે. ખર્ચનો ખાડો ઉંડો થતો જશે. જેટલી આવક ધારશો તેટલી નહીં થાય. કોઈ પાસે ઉધાર પૈસા લેવાનો વખત આવી જશે. દરરોજ 'મહાબોખ્તાર નીઆએશ' ભણજો. શુકનવંતી તા. ૨૧, ૨૪, ૨૫, ૨૭ છે.

Lucky Dates: 21, 24, 25, 27.

You will find yourself getting harassed even over the smallest issues till 6th December, under Rahu's rule, which will make it very difficult to complete your tasks. Financial strain is indicated. Expenses could keep increasing greatly. Your income will be lower than your expectations. You could end up having to borrow money from others. Pray the Mah Bokhtar Nyaish daily.



દિનદશા શરૂ થયેલી છે. ૨૬મી ડિસેમ્બર સુધી નાની બાબતમાં હેરાન થશો. કોઈ વ્યક્તિ તમને ખોટી રીતે ફસાવી દેશે. કોઈના પર આંધળો વિશ્વાસ કરતા નહીં. નાણાકીય લેતીદેતી કરતા નહીં. શનિ તમારી સાથે તમારી ફેમિલી મેમ્બરની પણ તબિયત ખરાબ કરશે. શનિનં નિવારણ કરવા દરરોજ 'મોટી હપ્તન યશ્ત' ભણજો. શુકનવંતી તા. ૨૨, ૨૩, ૨૫, ૨૬ છે.

Lucky Dates: 22, 23, 25, 26.

Starting today, Saturn's rule for the 36 days, will pose problems for you till the 26th of December. You could end up getting swindled by others. Avoid putting blind faith in anyone. Also avoid any financial transactions. Your health, as well as the health of a family member, could get affected. Pray the Moti Haptan Yasht daily.



Virgo - કન્યા - પ.ઠ.ણ.

તમારે છેલા પાંચ દિવસ ચંદ્રની દિનદશામાં પસાર કરવાના બાકી છે. ઘરવાળાની ડિમાન્ડ

૨૫મી સુધી પૂરી કરી દેજો. ૨૬મીથી શરૂ થતી મંગળની દિનદશા તમારા શાંત મગજને તપાવી નાખશે. કોઈના વાંક વગર તમે તેના પર ગુસ્સે થઈ જશો. મનગમતી વ્યક્તિ નાની બાબતમાં નારાજ થશે. દરરોજ ૩૪મુ નામ 'યા બેસ્તરના' સાથે 'તીર યક્ત' ભણજો. શકનવંતી તા. ર૧, ૨૨, ૨૩, ૨૪ છે.

Lucky Dates: 21, 22, 23, 24.

With five days remaining under the Moon's rule, you are advised to cater to the wishes of your family members before the 25th of November. Saturn's rule, starting from the 26th could take away your peace of mind and get you hot-headed. You could end up getting angry with people for no fault of their. A close person will get upset with you over a small issue. Pray the 34th Name. 'Ya Beshtarna'. 101 times daily, along with the Tir Yasht.



Sagittarius - ધન - ભ.ધ.ફ.

શુક્રની દિનદશા ચાલુ હોવાથી તમારા રોજબરોજના કામ સારી રીતે કરી શકશો. મોજશોખ ઘટવાની જગ્યાએ વધી જશે. શુક્રની કૃપાથી જેટલો ખર્ચ કરશો એટલા નાણા મેળવી લેશો. નહીં ધારેલ વ્યક્તિ તમારા મદદગાર થઈને રહેશે. ઘરમાં તમારૂં માન વધી જશે. ઘરવાળાને આનંદ મળે તેવા કામ કરશો. દરરોજ 'બહેરામ યઝદ'ની આરાધના કરજો. શકનવંતી

તા. ૨૨, ૨૩, ૨૫, ૨૬ છે. Lucky Dates: 22, 23, 25, 26.

Venus' ongoing rule helps you complete your daily chores efficiently. Your inclinations towards fun and entertainment will increase. With the blessings of Venus, you will be able to earn back all that you spend. Help will come in from the most unexpected person. Family members will respect you greatly. Your works will bring them much happiness. Pray to Behram Yazad daily.



Pisces - મીન - દ.ચ.ઝ.થ.ક્ષ.

આવતા ત્રણ દિવસ જ ગુરૂની દિનદશામાં પસાર થવાના બાકી છે. ૨૪મી પહેલા ઘરવાળાની ડિમાન્ડ પૂરી કરી લેજો. ઘરમાં જોઈતી ચીજ વસ્તુ લઈ લેજો. ૨૪મીથી ૪૨ દિવસ માટે શરૂ થતી રાહની દિનદશા તમારી મુસીબતને વધારી દેશે. જ્યાંથી ધન આવવાનું હશે ત્યાંથી અટકી જશે. દરરોજ 'સરોશ યક્ત' સાથે 'મહાબોખ્તાર નીઆએશ' ભણજો. શુકનવંતી તા. ૨૪, ૨૫, ૨૬, ૨૭ છે.

Lucky Dates: 24, 25, 26, 27.

The next three days ruled by Jupiter suggest that you cater to the wishes of your family members before the 24th of this month. Make your necessary house purchases in this time. Rahu's rule, starting on the 24th for the next 42 days, will increase all your difficulties. Sources of income will get blocked. Pray the Mah Bokhtar Nyaish along with Sarosh Yasht daily.

એક નજર પારસી મરણો ઉપર

			715 -174 (115511 715711 045		
Deceased મરનાર	Age વય	Date તારીખ	Address ૨. કે.	Relations સગાઈઓ		
Parvez Prshtonji Boyce (Ex Union Bank) પરવેઝ પેશતનજી બોઈસ (એકસ યુનિયન બેંક)	93 e3	09-11-2020	694, Ground Floor,Parsi Colony, Dinshaw Master Road, Dadar, Mumbai 14. ૬૯૪, ગ્રાઉન્ડ ફ્લોર, પારસી કોલોની, દીનશા માસ્તર રોડ, દાદર, મુંબઈ ૧૪.	તે મરહુમ હીલ્લા પરવેઝ બોઈસના ખાર્વિદ તે મરહુમો ભીખાઈજી અને મહેરબાઈ તથા પેસ્તનજી સોરાબજી બોઈસના દીકરા તે રૂઝબે, હુકરીશ તથા ગુલશનના બાવાજી તે મેહેરનોશ જહાંગીરજી પટેલ અને બરજીસ વીરાફ પારેખના સસરાજી તે શાઝનીન અને ફરહાનના મમાવાજી તે જાલ પેસતનજી બોઈસના ભાઈ તે રોશન જાલ બોઈસના જેઠ તે મરહુમો નાજામાય તથા રૂસ્તમજી અદાજન્યાના જમાઈ તે મરહુમો આલામાય તથા જહાંગીરજી પટેલના વેવાઈ તે વિરાફ તથા મરહુમ રોદા પારેખના વેવાઈ તે મરહુમો આલામાય બરજોરજી દમન્યા, બાનુ બજી મીસ્ત્રી, પેરીન બેજન સચીનવાલા, બચા જમશેદ ઈચ્છાપોરયા, એદલજી અદાજન્યા તથા ફરેદુન અદાજન્યાના બનેવી તે તનાઝના કાકાજી.		
Bomi Minoo Chinoy બોમી મીનુ ચીનોઈ	62 ૬ર	12-11-2020	10/07, Mody Building, Gamadia Colony, Tardeo, Mumbai 7. ૧૦/ ૭, મોદી બિલ્ડીંગ, ગામડિયા કોલોની, તારદેવ, મુંબઈ ૭	તે કેટી બોમી ચીનોઈના ખાર્વીદ તે જેરાલ્ડ બોમી ચીનોઈના બાવાજી તે મરહુમો આલુ તથા મીનુ ચીનોઈના દીકરા તે ઝરસીસ તથા દારાયસ ચીનોઈના ભાઈ તે શેરનાઝ ઝરસીસ ચીનોઈના દેર તે તીનાઝ ઝરસીસ ચીનોઈના કાકાજી તે મરહુમો ખોરશેદ તથા કેકી ખોદાયજીના જમાઈ.		
Khushroo Ardeshir Noras ખુશરૂ અરદેશીર નોરાસ	74 ૭૪	13-11-2020	Bldg. No K 2, Flat No 62, 6th Floor, Meherwanjee Cama Park, Cama Road, Near Hotel Midtown Andheri West, Mumbai 58. બિલ્ડિંગ નં. કે-૨, ફ્લેટ નં. ૬૨, ૬થે માળે, મહેરવાનજી કામા પાર્ક, કામા રોડ, મીડટાઉન હોટલ પાસે, અંધેરી (પ), મુંબઈ પ૮.	મરહુમ રોઝી રૂસ્તમ નોરાસના દેર તે જેહાન રૂસ્તમ નોરાસના કાકા તે ખુશનાઝ જેહાન નોરાસના કાકા સસરા તે વિઆ જેહાન નોરાસના ગાંડઘણ		
Mehernosh Sam Kalyanivalla મેહરનોશ સામ કલ્યાણીવાલા	69 ૬૯	13-11-2020	Bldg. No. 1, Flat No. 20, Dhanbaiwadi, Dadabhai Road, Vile Parle (W), Mumbai 46. બિલ્ડિંગ નં. ૧, ફલેટ નં. ૨૦, ધનબાઈ વાડી, દાદાભાઈ ગોકલીબાઈ સ્કૂલની બાજુમાં, વિલેપાર્લે (વે.), મુંબઈ ૫૬.	તે ઝમરૂદ મેહરનોશ કલ્યાણીવાલાના ખાર્વિદ તે મરહુમો રતિ તથા સામ રૂસ્તમજી કલ્યાણીવાલાના દીકરા તે મરહુમો તેહમીના તથા નરીમાન દારા વાચ્છાના જમાઈ તે મરહુમ નેવિલ સામ કલ્યાણીવાલાના ભઈ તે બિનાઈફર બુરઝિન ચારનાના બાવાજી તે બુરઝિન કેરસી ચારનાના સસરાજી તે તોશાન અને કીયાનાના મમાવાજી તે હોમાય સામ કુપરના કઝીન.		
Dolly Jehanbux Dhamodiwalla દોલી જહાંબણ ધમોડીવાલા	73 93	13-11-2020	Salsette Parsi Colony, Bldg. No.5, Flat No.2, 'C' Wing, Pump House,Andheri (E), Mumbai 93. સાલસેટ પારસી કોલોની, બિલ્ડિંગ નં. ૫, ફ્લેટ નં. ૨૦૨ સી વિંગ, અંધેરી, મુંબઈ ૯૩.	તે મરહુમ જહાંબક્ષ રતનશાહ ધમોડીવાલાના ઘણીયાણી તે પૌરૂશસ્પ જહાંબક્ષ ધમોડીવાલા ને દોગડો દરાયસ મહેતાના માતાજી તે આરમીન પૌરૂશસ્પ ધમોડીવાલા ને દરાયસ રૂસ્તમ મહેતાના સાસુજી તે કરઝીન, કયઝીન, ક્વલ ને કિઆનુશના ગ્રાન્ડમધર તે મરહુમો જાયજી ને બેરામશાહ ખરશેદજી વાડિયાના દીકરી તે મરહુમ રતનબાઈ ને રતનશાહ ધમોડીવાલાના વહુ તે બચ્ચુ, પેરીન, એમી ને દિનશાહના બહેન.		
Mani Behram Bodhanwalla મની બેહરામ બોધાનવાલા	80	14-11-2020	Ground Floor, Contractor Building, Kashinath Street, Tardeo, Mumbai 34. કોન્ટ્રાક્ટર બિલ્ડિંગ, કાશીનાથ સ્ટ્રીટ, તારદેવ, મુંબઈ ૩૪.	તે મરહુમ બેહરામ બોઘાનવાલાના ઘણીયાણી તે પરવીન વિરાફ કરંજાવાલાના મમ્મી તે વિરાફ બરજીર કરંજાવાલાના સા– સુજી તે ઝરીર અને યેઝદીના મમઈજી તે મરહુમ બાનુ અને ફરામરોજ કુકાના દીકરી તે મરહુમ માનેક અને ઘનજીશાના વહુ.		
Aloo Piloo Sidhwa આલુ પીલુ સીધવા	73 ७3	15-11-2020	Room No.123, Block 'G' Fourth Floor, Bhiwandiwalla Terrace, Dhobhi Talao, Mumbai 2. રૂમ નં. ૧૨૩, જી બ્લોક, ચોથા માળ, ભીવંડીવાલા ટેરેસ, ઘોબીતલાવ, મુંબઈ.	તે મરહુમ પીલુ હોરમસજી સીઘવાના વિઘવા તે ઝુબીન ને ફરહાદના માતાજી તે કાર્લના બપઈજી તે મરહુમો હોમાય તે અરદેશર લાકડાવાલાના દીકરા મરહુમો રતનબાઈ ને હોરમસજી સિઘવાના વહુ તે દષ્ટી ને લીનાના સાસુ તે ડોલી દારા શ્રોફ, આદર, પોલી, માનેક ને મરહુમ રૂસીના ભાભી.		
Tanaz Pheroze Tarapore તનાઝ ફિરોઝ તારાપોર	82 ८२	15-11-2020	Plot No.802, Flat No. 6, Khareghat Road, Dadar (East), Mumbai 14. ૮૦૨, ફ્લેટ નં. ૬, ખરેઘાટ રોડ, દાદર (ઈ.), મુંબઈ ૧૪.	તે મરહુમ ફિરોઝના ધન્યાની તે મરહુમો મહેરાન હોમી બિલ્લીમોરીયાના દીકરી તે તુશનામાઈતી, ફિરુઝા ને ફરોખના મા- તાજી તે પરસી, જીમી ને ગુલમોહરના સાસુજી તે રુઝાન, પેત્રસ ને આરીશના મમઈજી તે આરીયાના, ફરહાદ ને ફ્રિયાના બપઈજી તે જાલ ને હાવોવીના બહેન. તે મરહુમો ગુલ જમશેદ તારાપોરના વહુ.		
Freny Jivanji Dubash ફ્રેની જીવનજી દુબાશ	87	15-11-2020	Flat No.13, 17/B, Rustom Baug, Byculla (E), Mumbai 27. ક્લેટ નં. ૧૩, ૧૭/બી, રૂસ્તમ બાગ, મુંબઈ ૨૭.	તે મરહુમ જીવનજી ડોસાભોય દુબાશના દીકરી તે બેહરામ ને દિનશાહના બેન તે પરવેઝ કેરશાસ્પ દુબાશના કઝીન બેન.		
Dhanjishaw Dinshawji Mehta ધનજીશા દીનશાજી મહેતા	101	12-11-2020	704, Building, No 4, Behram Baug Road, Jogeshwari West, Mumbai 102. ૭૦૪, બિલ્ડિંગ નં૪, બહેરામ બાગ રોડ, જોગેશ્વરી વેસ્ટ, મુંબઈ ૧૦૨.	તે મરહુમો જરબાઈ તથા દીનશાહજી મહેરતાના દીકરા તે મરહુમ શેરૂ ધનજીશાહ મહેતાના ઘણી તે રોહીન્ટન, વીરા દારા અંકલેસરીયા, અરનાવાઝ ફરોખ પારડીવાલાના બાવાજી તે જાસ્મીન, દારા ને ફરોખના સસરા તે યઝદ, દેલનવાઝ ને અનાહીતાના ગ્રેન્ડ ફાઘર તે બહેરામ તથા મરહુમો જહાંગીર, એરચ, શાવક, શાવક, કોલાને ખોરશેદના ભાઈ .		
Kitty Manchi Bharucha કીતી મનચી ભરૂચા	84 ८४	17-11-2020	Shiv Parvati Building, Flat No.5, 2nd Floor, Senapati Bapat Marg, Mumbai 13. શીવ પારવતી બીલ્ડિંગ નંબર ૫, ૨ બીજે માળે, સેનાપતી બાપટ માર્ગ, મુંબઇ ૧૩.	તે મનચીના ઘનીયાની, તે શહરૂક ને મરહુમ સરોશના માતાજી તે મરહુમ મેહર ને મરહુમ દીનયારના દીકરી. તે રીહાન ને અશનાના બપઇજી તે મરહુમ રૂસ્તમ ને મરહુમ દીનભાઇના વહુ.		
Dinaz Mehrnosh Anklesaria દીનાઝ મેહરનોશ અંકલેસરીયા	76 ७६	17-11-2020	N/2, Godrej Baug, N. P. Godrej Marg, Nepean Sea Road, Mumbai 26. એન-૨, ગોદરેજ બાગ, નેપીયન્સી રોડ, મુંબઈ ૨૬.	તે મરહુમ મહેરનોશના ઘનયાની તે મરહુમો જરબાઈ બરજોર બનાજીના દીકરી તે પર્લ ને મરહુમ મરઝબાનના માતાજી તે અદી તથા મરહુમ બેરોઝના બહેન તે મરહુમો દોલતબાનુ ખરશેદજી અંકલેસરીયાના વહુ તે બેપસીના નણંદ તે મરહુમ મીનુના સાલી તે જેસમીન તથા મરહુમો ફરેદુન ને સાયરસના ભાભી તે શહેનાશ, કેશમીરાના જેઠાણી તે હુતોક્ષી, ફરીદા ને પેશોતનના માસી તે નતાશાના કુઈ.		
Mehru Rohintan Bamboat મેહરુ રોહિનતન બામબોત	72 ૭૨	17-11-2020	No.12, Sheridan House, 72 A, August Kranti Marg, Cumballa Hill, Mumbai 26. નં. ૧૨, શેહરીદાન હાઈસ, ૭૨-એ, ઓગસ્ટ ક્રાંતિ રોડ, ક્રમબાલા હિલ, મુંબઈ ૨૬.	તે રોહિનતનના ઘણીયાની તે મરહુમ નરગીશ ફિરોજ પટેલના દીકરી તે દીલનાવાજી અને ફરશીદના માતાજી તે જહાનના મમાઈજી તે સાયરસ ફિરોજ પટેલના મોટા ભાઈ તે મરજીદીના મામી પરીજીદ અને સોનતાના ફુઈ તે મરહુમ અરનવાઝ અદી કલ્યાનીવાલાના ભાભી.		
1			Death Announce	ments from Prayer Hall		
Shirin Eruch Mahableshwarvala શીરીન એરચ મહાબલેશ્વરવાલા	96 es	16.11.2020	Casuarina CHS Ltd., Andheri-ghatkopar Link Road, BEST Nagar, Mumbai 75. કસુઆરીના સીએચએસ લીમીટેડ, અંધેરી–ઘાટકોપર લીન્ક રોડ, મુંબઈ ૭૫.	તે એરચના ઘણીયાણી તે મરહુમ હીરાબાઈ તથા નરીમાનના દીકરી તે મીનુ, માનેક, રશ, નાજુ, ફરોખ, મહેર અને પેસીના બહેન. નેફયુ અને નીસઃ રૂસ્તમ, રોશન.		
			Death Announcen	nents from USA Arizona		
Ruby Kekobad Mirza રૂબી કેકોબાદ મીરઝા	71	14.11.2020	USA Arizona યુએસએ એરીઓના	તે મરહુમ પેરીન અને મરહુમ રૂસી તોડીવાલાના દીકરી તે નેવિલ અને શેરનાઝ મીરઝાના મમ્મી તે મરહુમ પીન્કી, મહારૂખ, ફ્રેનીના બહેન.		

પારસી ટાઈમ્સ



વહાલી જાનેજીગર દીકરીનો હક

અડઘી રાતે પપ્પાને હાર્ટએટેક આવ્યો અને એ પણ જ્યારે મોટાભાઈ શહેરની બહાર અરે! રાજયની સીમાથી પણ બહાર હતા ઘરમાં મમ્મી અને ભાભી બે

જણ હાજર, બાળકો તો ડઘાઈ, ગભરાઈને કોઈ ખૂણામાં ઉભા રહ્યા હતા એ કટોકટીની ઘડીમાં મમ્મીએજ પોતાને ફોન કરીને તાત્કાલિક બોલાવી હતી ને!

વાત પૂરી થઈ કે તરત જ પતિને જગાડીને હકીકતથી વાકેફ કરીને નીકળી ગઈ હતી. ગાડી

કાઢતા કાઢતા જ મોબાઈલ ફોનથી ૧૦૮ એમ્બ્યુલન્સ બોલાવી લીધી હતી. પછી ઘટનાક્રમ ઝડપથી બન્યો. પપ્પાને હોસ્પિટલ પહોંચાડયા, ઈમર્જન્સી ડયૂટી પરના ડોકટરે પપ્પાને આઈસીયુમાં ટીટમેન્ટ હેઠળ શિફ્ટ કર્યા.

લોબીમાં અઘ્ધર જીવે બેઠેલા મમ્મી અને ભાભી જાણે કોઈ વાતે સંકોચ અનુભવી રહ્યા હતા. રાત થીજી ગઈ હતી. સવાર પડતાં તો દીકરીનો પતિ પણ હોસ્પિટલમાં આવી ગયો. ગંભીર ચહેરે બેઉએ ડોકટર સાથે પપ્પાના કેસની ડિટેઈલ્સ કરી અને મમ્મી અને ભાભી પાસ આવ્યા. બન્નેએ ખૂબ જ શાંતિથી પપ્પાની હાલતની ગંભીર સ્થિતિની વાત કરી. સાથે આશ્વાસન આપીને કહ્યું પણ ખરૂં કે ૨૪ કલાક ક્રિટીકલ કહ્યા છે નહીતર પછી મેટ્રોસિટીની હોસ્પિટલમાં એડમીટ કરવા પડશે. પણ એ પપ્પાને કંઈ નહીં થવા દે બેઉ જણા અહીંજ રહેશે. દરમિયાન મોટાભાઈને પણ ફોન થઈ ગયો હવે મમ્મીની હિંમત તૂટી ગઈ. એ દીકરીને ભેટીને રડવા બેઠી સાથે સાથે માફી પણ માગતી હતી. એ વિધિમાં હવે ભાભી પણ જોડાયા હતા.

હજુ તો હમણાંની જ વાત કે દીકરી જ્ઞાતિ બહાર લગ્ન કરવા તૈયાર થઈ. એ મદાને આબર્રનો પ્રશ્ન બનાવીને ઘરમાં

> ઝગડો થયેલો અને ભાઈ અને પપ્પાનો વિરોધ જબરો. એકબીજાથી ચડિયાતા. મમ્મી અને ભાભીએ દબાતા સ્વરે દીકરીને

સમજાવવા કોશિશ કરી પણ સફલતા ન મળી દીકરી વધ મકકમ

નીકળી આખરે પપ્પા અને મોટા ભાઈની છેલ્લી સોગઠી ફેકી. આ લગ્ન કરીને ઉંબરો ઓળંગી ગયેલી દીકરી માટે આ ઘરના બારણા હમેશ માટે બંઘ અને સંપત્તિમાંથી એનો હકમ કમી. દીકરી અડીખમ રહીને પરણી. આજે મમ્મી અને ભાભીની નજરોમાં લીપાયેલા અપરાઘ ભાવને ઓગાળતી એ લાગણીથી ભાવથી માનો હાથ હાથમાં લઈ પસવારતીમા અને ભાભીની આંખોમાં તાકી રહી. એ ભીનાશને વાચા ફૂટે તો એ બોલી ઉઠે કે આ ઘરની મિલકતમાંથી મારો હક ભલે કમી થઈ ગયો પણ વખત આવ્યે બાપની કાળજી લેવાનો મારો હક કોણ કમી કરી શકશે ભલા?

– મરહુમ આબાન પરવેઝ તુરેલ

तांडसी डाह्मस

પારસી ટાઇમ્સની લાઇફલાઇન

'પારસી ટાઈમ્સ લાઇફલાઈન' એ પીટી પહેલ છે જે ગરીબીની ભયાનક પરિસ્થિતમાં જીવી રહેલા વરિષ્ઠ સમુદાયના સભ્યોને બચાવ અને રાહત આપવા તરફ કામ કરે છે.

આ મુસાફરીનો ભાગ બન્યા પછી, પારસી ટાઈમ્સને જાણ છે કે આપણા સમુદાયમાં ઘણા વડીલો અને સિનિયરો છે જેઓ ગરીબીની ભયાનક પરિસ્થિતિમાં જીવન જીવે છે અને અમે અમારી પહેલ દ્વારા બદલ થવાની ઇચ્છા રાખીએ છીએ - 'પારસી ટાઈમ્સની લાઈફ લાઈન.'

પારસી ટાઇમ્સ કમનસીબ પરિસ્થિતિમાં જીવતા આવો વ્યક્તિઓ વિશેનો ડેટા એકત્રિત કરવાનો વિચાર કરે છે. ત્યારબાદ આ ડેટા અમારા ઉદાર સમદાય ટસ્ટ સાથે શેર કરવામાં આવશે જે સમદાયના સભ્યોમાં ગરીબી દર કરવાના કામ કરે છે.

પારસી ટાઇમ્સ અમારા વાચકોને વિનંતી કરે છે કે ગરીબ પરિસ્થિતિમાં રહેતા વૃદ્ધ ઝોરાસ્ટ્રિયન લોકોની વિગતો શેર કરો, જેથી અમને અમારા ટ્રસ્ટ સાથે માહિતી એકત્રિત કરવામાં અને શેર કરવામાં સક્ષમ બનાવવામાં મદદ મળે. જેથી આપણે આપણા વરિષ્ઠોને તેમના સંધ્યાકાળના વર્ષોમાં, માન અને ગુણવત્તાનું જીવન પ્રદાન કરવામાં મદદ કરી શકીએ.

તમારી વિગત નીચેના મેઈલ પર ઈમેલ કરો અથવા નીચેના સરનામે મોકલો

editor@parsi-times.com

પારસી ટાઈમ્સ લાઈફલાઈનઃ ૨જે માળે, ખેતાન ચેમ્બર્સ સીએચએસ લીમીટેડ., ૧૪૩–૧૪૫ મોદી સ્ટ્રીટ, ફોર્ટ, મુંબઈ ૧.

ડો. ઝરીર ઉદવાડિયા…

પાના નં. ૧૪થી ચાલુ

વૃદ્ધાવસ્થાના સમુદાય તરીકે, આપણે પારસી ખાસ કરીને આ વાયરસથી વધુ સંવેદનશીલ છે.

પીટીઃ તમે આપણા સમુદાય સાથે કયો સંદેશ શેર કરવા માંગો છો?

ડો. ઝરીર ઉદવાડિયાઃ હું દરરોજ ઉઠીને આશીર્વાદ માંગુ છું કે હું દર્દીઓના જીવનને સકારાત્મક રીતે અસર કરીશ. આપણે કામ પર જુસ્સો કેળવવો જોઈએ તેથી વ્યક્તિને ક્યારેય કંટાળો આવે નહીં; અને દરેક દિવસ એ એક પડકાર તરીકે જીવે!

સમુદાય વતી, પારસી ટાઇમ્સ, ડો. ઝરીર ઉદવાડિયાને આ પ્રતિષ્ઠિત માન્યતા બદલ હાર્દિક અભિનંદન પાઠવે છે અને તેમની આ અમૂલ્ય સેવાઓ બદલ આભાર માને છે કે જે જરથોસ્તીઓના ગૌરવ અને વારસામાં વધારો કરે છે!

તતોળ

તતોળ, ઝનઝોડ તારા આં સુસ્ત અંતર મન ને, ઓ મુર્ખ માનવ જો તું ઉઠીશ નહિ તો, ખેંચી લેશે તને એની તરફ, પેલો પાજિ દાનવ. જાગ અને જગાડ તારું અંતર મન; નહિ તો થઈ જશે તું બરબાદ સાંભળ અને સમજ પેલો અવાજ, પાર ઉતારશે તને એ નાદ. હર કોઈ મથે દેખાવા સુંદર, ચમકાવે એમનું તન; પણ તું, દીવા ની જેમ, સાફ, ઝળહળતું હમેશાં રાખ તારું મન. પૈસા, ઘન કમાજે સદ બુલ્દિથી, આપસે મીનો અશિશવંઘ તને આશિષ. કરજે ભલાઈ એ ઘન થી થોડી, ફરિશાઓ બી ઝુકાવશે એમનું શીશ. હર હમેશાં, સુખમાં, દુખમાં, તોળજે તારું અંતર મન; એજ રીતે જેમ રાખે છે તું શુલ્દ, તારું આં તન.

– આફ્રીદ દસ્તુર

એક નજર પારસી મરણો ઉપર

Deceased મરનાર	Age વય	Date તારીખ	Address ૨. ઠે.	Relations સગાઈઓ		
			Death Announcements from	Bulsar Parsi Anjuman Trust Funds		
Naju Kersi Manekshana	aju Kersi Manekshana 80 11.11.2020 504, City Poloce, Jowohor Society, Tithol Rood, Volsod. તે મરહુમ કેરસી હોરમઝજી માણેકશાના ઘણિયાણી, તે મરહુમ સુનામાય		તે મરહુમ કેરસી હોરમઝજી માણેકશાના ઘણિયાણી, તે મરહુમ સૂનામાય તથા મરહુમ હોરમઝજી માણેકશાના વહુ તે મરહુમ			
નાજુ કેરસી માણેકશાના	۷٥		૫૦૪- સિટી પેલેસ, જવાહર સોસાયટી, તિથલ રોડ, વલસાડ.	તેમીના તથા મરહુમ નાદીરશા સુરતીના દીકરી. તે જીમીના મમ્મા. તે ફ્રાનક જીમી માણેકશાના સાસુ. તે ખુશનાઝ બરજીશ મ્હેરનોશ તથા પરસીના બપાઈજી તે રોડા તથા ધનજીશા મુન્શીના વેવાણ તે મરહુમ એરવદ અસ્પી તથા રૂસી, ધન સુરતી, મહેરૂ ફિરોજ ભગવાગરના બહેન તે મરહુમ બચુબાઈ તથા રૂસ્તમજી હોરમસજી માણેકશાના ભાભી.		
			Death Annour	cements from Nasik		
Rita Yazdi Patel	70	15.11.2020		તે યઝદી બહાદુરજી પટેલના ઘણીયાણી તે મરહુમ બાઈમાય અને જહાંબક્ષ ફરામરોઝ દાદરેવાલાના બેટી તે મરહુમ મન		
રીતા યઝદી પટેલ	90		ફલેટ નં. ૨, સોલીટેર, મહાત્મા નગર, નાસીક ૪૨૨૦૦૭.	અને બહાદુરજી પટેલના વહુ તે મરહુમ અરદેશર જહાંબક્ષ દાદરેવાલા તથા ગુલેસ્તાન સામ સંગપોરવાલાના બહેન તે મરહુમ બહાદુર યઝદી પટેલ, પર્લ હેક્ટર દુમસીયા, મહેર આઝર દારૂવાલાના માતાજી તે શયામક, ઝાલ, દૈના, આયરીનના મમયજી.		
			Death Announcements from P	oona Parsee Panchayat (Trust Office)		
Pesi Ardeshir Baria	80	12-11-2020	No. 2, D, Mody Parsi Colony, Pune 411001.	તે નાજામાય તથા અરદેશીર બારીયાના દીકરા તે દીનાઝના ખાવિંદ તે પરવીન તથા અરદેશીરના બાવાજી તે કેટી ત		
પેસી અરદેશીર બારીયા	60		ન.ર ડી, મોદી પારસી કોલોની, સીને ગોગ સ્ટ્રીટ, પુણે ૪૧૧૦૦૧.	મરહુમો કુમી, મની, ગુલુ, પરીન, પીલુ, ફલી, સોલી, સામના ભાઈ તે દોલી, ઝરીન, ફરોખ, અદી, મહારૂખ, શીરીન, ઝીનોબ્યા, શાહરૂખ, મરહુમ ફીરદોશના બનેવી તે નકુલના મમાવાજી.		
Firdosh Homi Cooper	37	18-11-2020	D-7, Mody Colony, Pune 411001.	તે મરહુમ ખોરશેદ હોમી કુપર અને મરહુમ હોમી નાદીરશા કુપરના દીકરા તે જયાના ઘણી		
ફીરદોશ હોમી કૃપર	39		ડી ૭, મોદી કોલોની, સીને ગોગ સ્ટ્રીટ, પુણે ૪૧૧૦૦૧.	50 20 30 30		

'PT Push' is Parsi Times' endeavour to promote and encourage the spirit of entrepreneurship, dedicated to furthering the cause of all budding entrepreneurs in our community, by sharing their efforts with our readers, to gain your support for their ventures. In this episode, PT Push presents 'Jophiel' founded by the dynamic sisters – Firoza and Kainaz – which aims to preserve, protect and promote the dwindling Parsi Gara embroidery and Indian Zardozi industry, as also support its artisans, by popularising its products in a brilliantly crafted avatar of divinely designs and exquisite elegance.

sister duo - Firoza (Tarapore) Shroff and Kainaz Tarapore, 'Jophiel' is an endeavor to breathe life into Parsi Gara embroidery, Zardozi and Beadwork - the centuries' old, soulful art forms heavily influenced by Persian, Chinese and Indian cultures. Established under Ahu Fashion Accessories LLP, Jophiel products celebrate artisanal excellence, and stand out as a bold personal statement of regal style and exclusivity, using timeless heritage embroidery forms of Parsi Gara and Zardozi, to deliver divine designs.

Influenced and inspired by their late father's life-long passion for beautiful crafts to celebrate artful embroidery that would otherwise be lost in the corridors of time, Kainaz and Firoza quit their successful corporate careers to venture into the world of handicrafts. They crossed paths with a home-based master of the bead and Gara craft, who opened her world of knowhow and techniques, marking the beginnings of Jophiel. The initiative endeavors to encourage artisans of this craft and aspires to be a beacon of the women entrepreneurship spirit.

As the Gara embroidery and Zardozi cottage industry struggles to survive, various stitches, techniques and designs could be forever lost unless consistent efforts for its revival and growth are undertaken. These select artisans pass down the generational art forms as family secrets. The dwindling demand for handmade crafts threatens the existence of artisans' knowledge, skill and trade secrets. This is where

'Jophiel', the name of the loving angel, intends to reach out and celebrate the artisans, stoke the senses of the users and stir beautiful experiences for any life it brushes past.

Jophiel products include assorted crafts and accessories like clutches, stoles, smartphone pouches, wallets, as also customised, consultation-based orders for



authentic and hand-embroidered Parsi

"From a very young age we have been exposed to beautiful Parsi Gara embroidered craftwork because of our father. He was a collector of beautiful artifacts and our friends used to address our home as a museum of sorts. When starting our own venture, it was natural to lean into our heritage crafts to help integrate our artisans into the mainstream fashion industry. The push to build brand India has not arrived a day too soon. The potential that remains in the hinterlands of India will play a massive role in building brand-India. And that is what we intend through our modest venture," shares the dynamic Firoza, an erstwhile successful HR professional who has worked with prestigious clients including UTV, Kotak Bank and the Tata Group, before her passion for the crafts and her independent spirit, combined with her husband, Cyrus Shroff's vision and encouragement, had her taking the entrepreneurial plunge.

Her vivacious sister, Kainaz, too had a successful career spanning fourteen years in Advertising and Brand Solutions, sharing her expertise with noted agencies including Ogilvy, McCann Erickson and Everest Brand Solutions and leading channels like Times Now and History TV 18. Her inherent desire to do something on her own saw her partnering with her sister Firoza, to set up Jophiel. She says, "The Parsi community has been known for its entrepreneurial spirit. Firoza

and I knew it was only a matter of time before we would toss aside our corporate careers to dive into a business of our own. So much about our Parsi culture, art forms, food has not truly reached its deserved level of patronage owing to exclusivity. Now, when Parsis are taking their tremendous talent outside the Parsi circuits, the love and praise is overwhelming. The exquisite art forms of Parsi Gara embroidery and Indian Zardozi work are also true treasures that Jophiel attempts to create a market for helping our artisans flourish."

In addition to preserving and promoting the art form and supporting the artisans by focussing on bespoke, handcrafted, artisanal products, Jophiel also supports the fight against paediatric

> cancer, having tied up with 'Cuddles Foundation' which works with 33 government and charity cancer hospitals across 20 India cities, helping children cancer survivors to lead happy, healthy lives

For more information, please log on to https://jophiel.fashion/ or insta/face book on jophiel.fashion.









Wellness



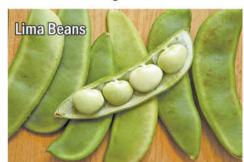
Parsi Times.

DR. DANESH CHINOY

hyroid health is an area of much interest and queries during my public lectures and interactions, over digital media with our esteemed readers.

A principal cause hypothyroidism, or underactive thyroid, is related to elevated reverse T3 (a thyroid hormone) levels. This may be due to heavy metal toxicity, which cause a functional hypothyroidism. form of Hypothyroidism is a common ailment caused due to various reasons including drinking chlorinated water, using fluoridated products and eating brominated flour. Chlorine, fluorine, and bromine are all in the same family as iodine; and can displace iodine in your allimportant thyroid gland.

Additionally, many people don't receive enough iodine in



Prunes





ThyroHealth!

Dr. Danesh D. Chinoy is a leading Health and Wellness Coach, Sports Physiotherapist and Psychologist. He is dedicated to helping all to heal holistically and remain fighting fit for life. Providing eye-opening and ground-breaking insights into Wellness, Dr. Chinoy's two-decades' rich expertise has won him innumerable awards, nationally and globally. His mission is to empower you to reach your highest levels of wellness/fitness. You can connect with Dr. Chinoy at: daneshchinoy@gmail.com.



their diet. The amount you get from iodized salt is just barely enough as most often, the iodine is not in its bio-available, organic form and instead, as artificial lab-prepared iodide. I always suggest our meals should have natural salts, such as rock salt or natural sea salt. Iodine should be made available to our bodies from its natural bioavailable sources.

There's compelling research suggesting that

iodine is equally important for breast health, and that iodine - not iodide - combines with a lipid to form molecules which actually kill breast cancer cells. lodine is also crucial for other breast-related problems. like fibrocystic breast disease, which iodine works wonders with. Interestingly, severe cases, it's recommended to entire the cervix with iodine. Thus, it's a common practice to find lady patients with hypothyroid symptoms often showing signs of related breast pathology. lodine an essential mineral you must get from your diet.

Interestingly, vour thyroid gland needs it to produce thyroid hormones. have many important responsibilities in your body. The recommended daily intake (RDI) of iodine is 150 mcg per day for most adults. For women who

are pregnant or nursing, the requirements are higher.

In fact, one-third of the population is at risk of iodine deficiency, particularly those living in areas that have only a small amount of iodine in the soil, also called the 'Goitre belt region'. Iodine deficiency can lead to swelling of the thyroid gland, known as goiter, and hypothyroidism, which can cause fatigue, muscle weakness and weight gain.

Let's explore natural sources that help in replenishing the iodine reserves of our body:

Seaweed: is one of the best natural sources of iodine. Three popular seaweed varieties, now available in Mumbai and elsewhere include Kombu Kelp, Wakame and Nori. In a study that surveyed seaweed samples for their iodine content, it was found that kombu kelp contains, by far, the highest amount of iodine compared to other species of seaweed.

Kombu kelp can contain up to 2,984 mcg of iodine per gram. This provides almost 2,000% of the recommended daily intake. Excess iodine consumption is well-tolerated in the majority of people but could result in thyroid dysfunction for those who are susceptible. The average amount of iodine in wakame seaweed was 66 mcg per gram, or 44% of the daily recommended intake. The iodine content in nori varies between 16-43 mcg per gram, or about 11-29% of the daily

sweating, weight gain, and high cholesterol. An older yet helpful test is to take your temperature every morning and observing if your temperature registers close to 98.6F. If temp is regularly low, it may be underactive thyroid.

As for laboratory tests, the complete thyroid panel includes thyroid-stimulating hormone (TSH), total T4, free T4, total T3, free T3, and the reverse T3. The TSH level doesn't really become a valuable indicator

	HYPOTHYROIDISM	HYPERTHYROIDSIM	
Thyroid Function	Underactive	Overactive	
Free T4	Low	High	
TSH	High	Low	
Temperature Changes	Feel Cold	Feel Hot	
Heart Rate	Low	High	
Blood Pressure	Normal	High	
Energy	Low	Low or High	
Difficulty Sleeping?	Usually No	Yes	
Digestion	Slowed → constipation	Increased → diarrhea	
Mood Changes	Depression, Labile Moods	Anxiety, Labile Moods	
Weight Changes	Gain, mild (5-10 lbs.)	Loss, significant & rapid	
Appetite	No change	Increased	

value.

Lima Beans (Paapdi/Vaal): A good source of fiber, magnesium and folate, makes Lima Beans a heart-healthy choice which is a relatively good source of iodine. On average, one cup of cooked lima beans contain 16 mcg of iodine, or 10% of the daily value.

Prunes are plums that have been dried. Five dried prunes provide 13 mcg of iodine, or about 9% of the daily value.

Also, people with Hypothyroid would do well to include foods rich in selenium such as pumpkin seeds and mushrooms. Avoid goitrogenic foods such as cabbage and other cruciferous vegetables.

Check for signs of thyroid dysfunction such as dry skin, thinning of the outer margins of your eyebrows, subtle accumulation of fluid in your ankles, constipation, lack of of hypothyroidism unless it's high, say around 5 or 10. I strongly recommend basing the diagnosis on the physical examination and the Free T3, free T4 levels instead, which is the protocol most physicians follow these days.

For hypothyroidism treatment, synthetic thyroid hormone replacement is typically and traditionally given by almost every conventional physician. For hypothyroidism related to elevated reverse T3 levels, in response to heavy metal toxicity, I highly recommend detoxifying before beginning the conventional thyroid treatment. If you're on thyroid hormone replacement, two key signals that you're taking too much are excessive sweating and rapid heartbeat or heart palpitations. If you get either of those symptoms, you're getting too much thyroid, and you need to cut

<u>PT Feature</u> CARSI LIMES The Philosophy Of Carpe Diem

Veera is a published Author ('Endured' and '#LoveBitesLifeHacks') and Columnist: a passionate Educator and Counsellor: Poet and Philosopher... but most of all, a lover of all things literary.



VEERA SHROFF SANJANA

arpe Diem! Gosh, how often have you heard catchphrase? this! How many times have you spotted it on graffiti-displayed walls? Billboards carry it. encouraging messages play it, advertisements promote it, and products sell it! Probably the most inked-tattooed line in history and the start and end to most motivational talks and speeches, 'Carpe Diem', meaning 'seize the day', is one of the most powerful philosophical ideals to have emerged in Western history.

First uttered by the Roman poet, Horace, over two thousand years ago, Carpe Diem is a Latin aphorism and retains an extraordinary resonance even today. The full phrase, as used by Horace, "Carpe diem, uan minimum credula postero," literally means, 'pluck the day, trusting as little as possible in the future'. In its totality, a bit disheartening - probably not the message you want to imbibe or exude. But the injunction 'Carpe Diem', suits us just fine! Carpe Diem is a horticultural metaphor that, seen in the context of the poem, is more accurately translated 'plucking as the day' - the gathering of ripened fruits and flowers, generally implying enjoying a moment rooted in the sensory experience of nature. But let's not be persnickety here... mistranslated metaphors from one language to another is all acceptable, if, in the process, it reveals our hidden assumptions



about what we really value.

This sentiment has been expressed in many literatures before and after Horace. It appears in ancient Greek literature, especially lyric poetry, and it intersects with the teachings of the Greek philosopher - Epicurus and what would become to be known as Epicureanism, as Epicureans did not believe in the afterlife anything supernatural. or Life, Epicureans believe, is the 'here and now'. There are no heavenly rewards and no punishments for the damned. They considered pleasure to be the greatest good and the state we should constantly seek. In modern terminology, Epicureans were basically 'tripping' on this Carpe Diem stuff in a big way!

In English literature it was a preoccupation with, poets especially during the 16th and 17th centuries. Among the cavalier poets, Robert Herrick expressed a sharp sense of 'carpe diem' excitement in the first stanza of his poem, 'To The Virgins, To Make Much Of Time', where the lines,

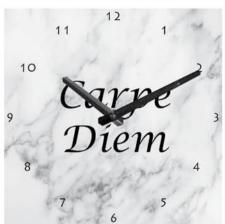
'Gather ye rosebuds while ye may, Old time is still a-flying; and this same flower that smiles today, tomorrow will be dying.' Andrew Marvell, the prominent Metaphysical poet, deployed the sentiment through a lover's impatience in 'To his Cov Mistress', published posthumously in 1681. Lord Byron's use of it in his 1817 work, 'Letters', published in 1830 by Thomas Moore, set off its integration into English. Robert Frost took on the subject with his poem, 'Carpe Diem', published in 1938, in which children are encouraged by a figure called 'Age', to 'Be happy, happy, happy and seize the day of pleasure'.

By the 21st century, it took on an avalanche effect. Its essence captured philosophers, poets, creative artists, even stay-at-home moms and rebel kids. Effusions of poets, glib tongues of speakers, and minds of mentors' names of catering companies, gyms, and educational organizations were all 'Carpe Diem'-ing on this catchphrase. Carpe Diem gained momentous fame in the late 1980s, with the movie,

'Dead Poets Society'. starring the legendary, late Robin Williams, who played an inspiring English teacher at an all-boys prep school. "Carpe diem. Seize the day, boys. Make your life extraordinary!" quoted Williams' character, whose purpose in the film was to challenge his students to see the world differently.

The message of Carpe Diem matters more than ever today. With the pandemic scare and the challenging times we have gone through, reconnecting to the wisdom of Carpe Diem in its true sense seems a natural reaction. We have, for an intensely long period, struggled burnout, work-life imbalance, with not being able to tune off, simply 'turn off'. In these times the philosophy behind Carpe Diem has truly come to mean much, maybe even the antithesis of what Horace's words and messages verily meant. But the link doesn't feel either accidental or strained.

This philosophy calls upon us to truly experience the wonders of experiential living in the short time we have before our time here is done. Now, more than ever, while we are shackled with our electronic gadgets, our devices and electronic calendars, we see the spontaneity which involves throwing plans and rough routines to the wind and becoming more experimental in all the ways were have lived thus far. We want to seize every opportunity in the not so distant future to touch, feel and experience life and people, as it was meant to be... in hardiness



of moments lived, feelings felt, all with real time connects, touch, hugs... where every one of our senses is stimulated to experience that kiss of the wind on our cheeks, the rustle of leaves under our feet, that joy of intertwined hands walking together in hearty numbers of friends, all together enjoying an abundance of all kinds of ways, to just seize the day.

Soon, we will be let out of our Pandemic- purported cages to be transported back to the wild. Now is the moment to reflect and embrace what a life inspired by these two words -'Carpe Diem' - really means!

Contd. from Pg 18

back on the dose. It's also worth noting that in some cases, if you're borderline hypothyroid, you may only need an iodine supplementation rather than a thyroid hormone replacement.

At the other end of

the spectrum of thyroid dysfunction, you have hyperthyroidism, where your thyroid is overactive. It's far less common than hypothyroidism, but it's no less of a problem when it happens. Conventional treatment includes using radioactive iodine or surgery. I have my reservations for both and would rather want people to consider the treatment that originated at Walter Reed Army Medical Center (WRAMC), at their department of thyroid. conducted scientific trials to establish treating hyperthyroidism using lodine and

Lithium. Most of their patients could bring hyperthyroidism under rapid control. Foods that contain lithium would be cereals, cabbage, potatoes, tomatoes etc.

It's important to understand that we are all unique, so what works for one person may not work for another. With this article, I intend to give you all a starting point for your own health discovery. Please consider this a disclaimer that nobody should self-medicate but always consult their physician before following any advice.