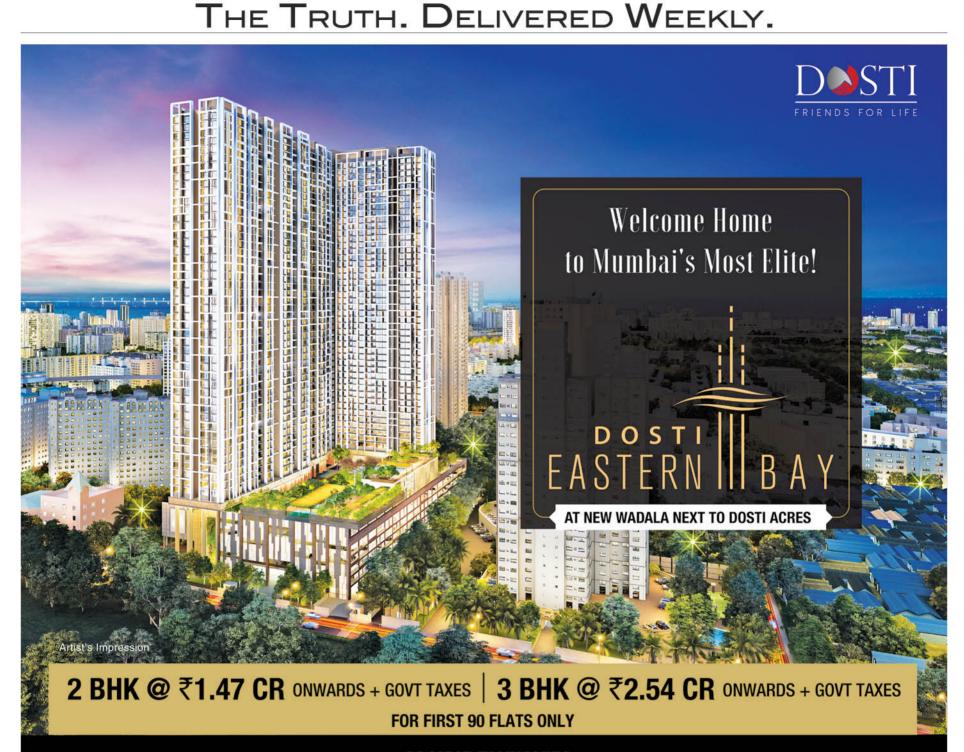
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# RNI NO. MAHBIL/2011/39373 • Regn. No. MCS/101/2018-20 • WWW.PARSI-TIMES.COM • VOLUME 10 - ISSUE 35 • PAGES 20 • ₹ 5/- • SAT, 12 Dec, 2020 – FRI, 18 Dec, 2020

**Parsi Times Current Edition** (12th Dec, 2020) available at: https:// parsi-times.com/ PT\_CurrentIssue.pdf



#### PROJECT HIGHLIGHTS

Designed By The Renowned Architect Hafeez Contractor (2016 Padmabhushan Winner) | 550 Feet Tall Tower With Modern Elevation | Elevated Clubhouse At The 5th Podium Level With Landscaped Gardens And A Host Of Lifestyle Amenities | Breathtaking Views Of The Eastern Freeway, Central Mumbai And Bandra-Worli Sea Link | Vastu Compliant Homes | Special Japanese Type Miyawaki Plantation & 200+ Trees | IGBC Gold Pre-Certification | 50 Feet Wide Covered Driveway | Double Height Ceiling Lobby

A NEIGHBOURHOOD WITH FLOURISHING POTENTIAL

BKC

LOWER PAREL

**AIRPORT** 

**FORT** 

NARIMAN POINT

THANE

8.9 KM • 10 MINS\*

8 KM • 10 MINS\*

12.2 KM • 15 MINS\*

12.2 KM • 15 MINS\*

13.3 KM • 20 MINS\*

23.5 KM • 30 MINS\*

SALES GALLERIA: DOSTI EASTERN BAY, GROUND FLOOR, SHOPPE LINK, UPHILL LINK ROAD, NEW WADALA, MUMBAI - 400 037.







#### FROM THE EDITOR'S DESK

#### **Are We Doing Enough For Our Seniors?**

Dear Readers,

As a community, we are blessed with a particularly large ratio of seniors, as compared to other communities. Our seniors are the pillars of our community,

and needless to add, their presence and contributions must be acknowledged and respected. It's important that we care for our older citizens and ensure that they remain safe and well looked after during their twilight years... Even more so, through the ongoing pandemic, when they are at a far greater risk of losing their lives, with comparatively weakened immune systems, further compromised by other underlying health conditions.

A number of our seniors live by themselves or even if living with family, many find themselves succumbing to loneliness and depression. Every so often, I receive e-mails and written letters from senior citizens or from concerned people, stating the need for greater awareness about the needs and welfare of our senior community members. We need to do more than just treat our elders with respect and dignity. Their needs extend beyond common courtesies. Are we doing enough for our

Today, technology is at the forefront of human communication, making things less personal than the past. Amid hectic schedules of juggling family life and work, and communicating digitally as the main mode of connection, a number of our not-so-tech-savvy seniors feel forgotten and abandoned. Instead of giving them our time and the attention they so deserve, we are too busy and dismissive of them and of their contributions to our family and our community.

No one is more deserving of our help, kindness, compassion and emotional support than those in their twilight years. They don't ask for much - all it would take is for you to consciously, regularly and unfailingly, pencil in time for them, to help them with a few chores they're unable to do on their own... spend time with them - listen intently, ask for their opinion and advice - you'll be surprised with the wisdom and effectivity these hold; express your appreciation and respect for them; share a meal; discuss family heritage, history and traditions; take a slow walk with them.... If you're unable to see them regularly in person, phone them, but stay connected. You could also choose to support and participate in Senior Citizens Welfare Group in your baugs/colonies, or simply visit our seniors in senior homes/centers.

PT's initiative for seniors, Parsi Times LIFELINE, has been catering to their needs for months now, thanks to our generous donors. While some seniors truly have no family to take care of them, there are many who do, but are still left uncared for. When family fails to protect the elderly, then the community or society step in. My question is - why does family fail? Why must our seniors face humility, deprivation, dispossession, loneliness and abuse?

As Parsis and as Indians, we are held in great esteem for how we treat our elderly. Even so, an increasing number of instances paint despondent stories of seniors being mistreated, revealing a growing societal degradation and ingratitude, as we blindly sacrifice our traditions and duties towards the elderly, at the altar of material pursuits and superficialities. We do not realise that when we fail to meet the needs of our elderly, we relegate a dreadful preface to our own inevitably similar destiny. So, let's do our bit for our silvers, starting here and now!

Have a good weekend!

- Anahita anahita@parsi-times.com

### **MATRIMONIALS**

Seeking matrimonial alliance from traditional Zoroastrian girl for 33 years old traditional Zoroastrian boy settled in Canada. Girl should be of traditional Zoroastrian back ground and willing to settle in Canada.

Contact: canadianbawa2020@outlook.com

The Zoroastrian Building Fund

Sir H.C. Dinshaw Bu

PUBLIC NOTICE

The Trustees of the Zoroastrian Building Fund are Landlords and Owners of Flat No. 4, First Floor, Dhun Building, Batliwalla Villa Compound, Sleater Road, Mumbai – 400 007.

A00 007.

The said flat was in use and occupation of the late tenant Ms. Khorshed R. Billimoria, who expired at Mumbai on 2nd December, 2020. The late tenant was a spinster residing alone in the abovementioned Trust flat.

Any person's claiming to be the heir/s of late Ms. Khorshed R. Billimoria is/are required to contact the Executive Works & General Administration (with appropriate original documents establishing their identity and relationship) to remove the personal effects of the deceased tenant within 15 days from the publication of this Notice, failing which all such claims shall thereafter not be entertained.

For and on behalf of the Board of Trustees of The Zoroastrian Building Fund (Trustee)

Place :- MUMBAI Dated :- 12th December, 2020.

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ON 28th January 2021 3 NIGHTS / 4 DAYS / ALL BUFFET MEALS **IN AC VALLEY VIEW ROOM** 

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## Parsi Times

#### AN APPEAL FOR HELP

Date: 12thDecember 2020

#### **Dear Donors/ Well-Wishers**

Mast. Abhay Kumar Yadav, a 14 year old boy suffering from Relapsed Pre B – Acute Lymphoblastic Leukemia (type of Blood Cancer). The Doctors have advised immediate chemotherapy which amounts to Rs. 10,00,000/-.



Mast. Abhay Kumar Yaday

Abhay's father is a labourer currently he is not working and he is the only earning member of his family. So he approached the Foundation for help. We appeal you to help him to get best treatment to start his revitalised live.

Kindly donate by cheque or D. D. in the name of "Child Care Foundation" and send at Office No. 55, 4th Floor, Commercial Chambers, 179, Yusuf Meherali Road, Mumbai - 400003. Contact No. 022-23422257/9967919069.

The donor should also give his /her name with full postal address, contact number along with the cheque or draft which will enable us to send him/her the receipt of the donation along with the 80(G) Certificate of the Income Tax Act, 1961.

#### Your donation is entitled for deduction u/s. 80(G) of the Income Tax Act, 1961.

Our Foundation is registered under Bombay Public Trust Act, 1950 vide Registration No. E-23808 (Mumbai).

Govt. of India has also permitted us to receive overseas contributions vide our Foreign Contribution Registration No.083781208.

Bank of Maharashtra C.A. No.60027806819 Nagdevi Street Branch, (Swift IFSC Code- MAHB0000119), Mumbai - 400 003 and Union Bank of India S.B. A/c. No. 315302010102782, Abdul Rehman Street, (Swift IFSC Code- UBIN0531537), Mumbai - 400 003.

You can also donate online through our website, www.childcarefoundation.net.

If you extend your helping hand we will keep you informed about the progress of the child.



CHILD CARE FOUNDATION

#### IMPORTANT NOTICE

The Trustees of the BPP have not conducted any physical / in-person Board Meeting in the BPP Board Room, at 209 Dr. D N Road, since the lockdown in March, 2020.

There are several major issues which can be discussed and decided with optimum efficiency only in a face-to-face, in-person meeting together, with access to all important files, documents and other cross-referencing material.

Two Trustees of the BPP, Mr. Kersi Randeria and Mr. Noshir Dadrawala are of the view since August 2020, that in-person meetings should be resumed, keeping in mind and strictly following all health and safety standards. Trustee Viraf Mehta in a recent email too has expressed willingness to attend at least one physical meeting to start with. Trustees Armaity Tirandaz and Xerxes Desai have not commented so far.

BPP Trustees - Kersi J. Randeria and Noshir Dadrawala - have once again requested a physical meeting at the BPP Board room on Tuesday, 15<sup>th</sup> December, 2020. However, till noon of Friday, trustees Randeria and Dadrawala have received no written or oral confirmation.

It is hoped that the Board meeting is convened and conducted in the Board Room on Tuesday, 15th December, 2020 at 5:00 pm, which is the usual time.

Trustees Randeria and Dadrawala have made it clear that they will not attend the meeting if it is once again on the virtual Zoom platform.

If there is no confirmation from trustees Mrs. Tirandaz, Mr. Mehta and Mr. Dastur by Sunday, 13<sup>th</sup> December, 2020, then Trustees Randeria and Dadrawala will be in the Board Room of the BPP to meet members of the community on Tuesday, 15th December, 2020, by prior appointment only from 5:00 pm to 7:00 pm.

We once again request our other three colleague Trustees – Armaity Tirandaz, Viraf Mehta and Xerxes Dastur - to confirm their presence, even though so far, they have resisted the idea of a physical meeting in the Board Room. We really do look forward to resuming normal meetings in the new normal.

- BPP Trustee Noshir H. Dadrawala
- BPP Trustee Kersi J. Randeria



T: +91 22 6198 3838 | F: +91 22 6198 3890 | E: info@mastergroups.com

## PT Special PARSI TIMES

## Doongerwadi – No Fly Zone

#### Clarifications By BPP Trustees Kersi Randeria And Noshir Dadrawala

n 4th December, 2020, the BPP had issued a public notice to the community related to the issue of violation of Doongerwadi's status as a 'No Fly Zone', which did not carry the statements of Trustees Noshir Dadrawala and Kersi Randeria, who had provided reasons for opposing the use of drones at Doongerwadi.

Since Trustee Viraf Mehta, supported by Trustees Armaity Tiranzdaz and Xerxes Dastoor, refused to put in the clarification by his colleague Trustees Kersi Randeria and Noshir Dadrawala in the earlier notice issued by Doongerwadi, the following clarification was issued separately on 5th December, 2020, by the BPP, in the interests of the community:

Reg. # C-416 (BOM)



Tel.: 2261 7421-22-23 Fax: 91-22-2263 0010

#### FUNDS & PROPERTIES OF THE PARSI PUNCHAYET BOMBAY

209, Dr. Dadabhai Naoroji Road, Fort, Mumbai - 400 001.

5-12-2020

Ref. No.

#### **CLARIFICATION BY TRUSTEES KERSI RANDERIA & NOSHIR DADRAWALA**

"Dear Community Members,

We the Trustees of the Bombay Parsi Punchayet not being part of the clarification issued by the so called majority trustees would like to place on record the following facts:

#### **KERSI\_RANDERIA'S CLARIFICATION**

The Three BPP Trustees Armaity Tirandaz, Viraf Mehta & Xerxes Dastur in the last board meeting decided to send out a clarification regarding Doongerwadi.

A draft by trustee Viraf Mehta with the instructions to the Administration to print it and circulate it under the signature of the CEO.

I requested the CEO to also add to the clarification my reasons for opposing the use of drones at Doongerwadi. Trustee Viraf Mehta refused to allow my clarification to be



part of the Communique, and to cover up, made changes to the original clarification. Despite my pointing out that this was the stand taken by me all through the discussions and on the inter trustee WhatsApp messages as well. He forced the administration to go ahead with the communique. without my clarification, even though I insisted that the community needs to know the truth.

Since Trustee Viraf Mehta was the person who initiated and pushed for allowing the drone to fly over Doongerwadi, he has forced the administration to put out the so called clarification, which is both factually incorrect and incomplete.

For the benefit of the community, I am putting forward the exact request that I had made to the CEO yesterday.

Kersi Randeria's email:

"Aspi

If this letter is going out then the reason for my opposing the use of the drone may be recorded as:

Trustee Mr Randeria objected to the use of a drone as Doongerwadi is a No Fly Zone.

Allowing the drone to fly over the No Fly Zone of Doongerwadi (a hard fought victory recently) would set a precedent which would be detrimental to our future defense of the No Fly Zone

Further the survey could have been done and should have been done by the regular manual survey method

It was not relevant nor important as to who stood where, why and for how long

What is CRITICAL IS THAT THE NO FLY ZONE WAS VIOLATED"

Kersi Randeria Trustee BPP

#### **NOSHIR DADRAWALA'S CLARIFICATION:**

Trustee Noshir Dadrawala has also put forward his clarification, which he had circulated earlier and again yesterday in the exchange of the inter trustee emails, which is also being reproduced hereunder:

Re: Clarification to the Community

"For the record, colleague trustee Viraf Mehta had spoken to me over the phone at night about the use of a drone for survey and on the assurance given to me that:



- a) It would be in the presence of trustee Viraf Mehta and our Doongerwadi Manager.
- b) The drone would be flying only at a certain low altitude and abutting the main road and our boundary wall near the lower bunglis. It would not be flying anywhere close to our dokhmas.
- 1. For the record I did give my oral consent to Viraf.
- 2. I accept it was a personal lapse on my part in not keeping in mind the fact that the entire Doongerwadi property and not just the dokhmas are a "no fly zone".
- 3. I wish to place on record that it was a judgemental error on my part and for which I take responsibility and submit for the record my unconditional
- 4. In future, I shall endeavor to learn from this and not let it happen again.

Regards

Noshir"

The above emails are shared with the community in the interest of full transparency and accountability on the part of the trustees.

Since our views were not shared, we have taken the unpalatable decision to put out the above clarification

Kersi Randeria **Trustee BPP** 

**Noshir Dadrawala Trustee BPP** 

## Parsi Times

#### **BPP Unlock 1**

With Mumbai being in a state of 'Unlock' for months now and as everyday life resumes normalcy increasingly, albeit with the mandatory clauses for one's safety from the pandemic, community members have been anxiously awaiting to meet with BPP Trustees to resolve innumerable issues, which were put on hold for months, when the city was under lockdown.

However, no physical meeting has taken place by the BPP Board, despite the unlock, with the three Trustees in majority currently - Armaity Tirandaz, Viraf Mehta and Xerxes Dastoor - refusing to come to the Board Room and meet with community members and deal with important and critical issues that need the attention of the Trustees.

For months now, the efforts of Trustees Kersi Randeria and Noshir Dadrawala, pushing their three colleague trustees to have a physical Board Meeting so as to cater to and settle the genuine issues of humdins, have so far gone in vain.

The current BPP Board of Trustees stands

In the face of this stalemate, which was holding the welfare of community members to ransom, BPP Trustees Kersi Randeria and Noshir Dadrawala decided not to attend the Zoom meetings, which they believe, have achieved very little purpose... to meet with humdins and do their duty as Trustees. The following is the brief account of the meeting, as shared by them:

On 8th December, 2020, Trustees Randeria and Dadrawala met in aggregate, about a dozen beneficiaries, in the BPP Board Room, as scheduled. Despite having issued a notice of this meeting a few days in advance, in the hope that the three majority Trustees would attend the same for the sake of community members, none of the three trustees Mehta, Tirandaz or Dastoor - turned up.

However, the meeting went smoothly and in an orderly fashion, with 100% observation of all Standard Health and Safety norms.

This was a good start despite the Bandh (related to farmers agitation) and several fake anonymous messages circulated throughout the day by BPP detractors, that there would be no physical meeting on the day.

Trustees Kersi and Noshir have sincerely tried to kick-start the Unlocking

of BPP in the New Normal. The effort will continue in a phased manner.

It is also heartening that one more BPP trustee has now agreed to consider attending at least one meeting per month in the Board Room. This is truly welcoming.

BPP trustees shall endeavour to keep the wheel of progress moving with the cooperation of the community.

- Kersi Randeria
- Noshir Dadrawala Trustees - BPP

compromised in terms of number of Trustees, being only 5-Trustees strong instead of the original 7 Trustees, in keeping with the passing of Trustee Bhathena, and with Chairman Desai currently in recovery.

It is indeed shocking and disappointing that despite the unavailability of two Trustees (Kersi Randeria and Noshir Dadrawala) for Zoom Meetings, the three so-called majority Trustees (Mehta, Tirandaz and Dastoor) have decided to continue functioning under the Quorum, and see no harm in taking one-sided decisions for the community, without counsel or consent from the other two functioning Trustees.

The quorum, which requires a minimum of three Trustees, is a guideline to be used in case of emergencies, and not as regular practice. However, turning the exception into a rule, by taking advantage of this technicality, the three majority Trustees - as only 3 out of 7 - continue taking decisions binding the entire community!

nmary Data on Receipts and Utilisation of Foreign Contributions in excess of Rupees one crore during FY 2019-20, lished in the public domain, in compliance with Rule 13 of Foreign Contribution Regulation Rules 2011 THE WORLD ZOROASTRIAN ORGANISATION TRUST

#### RECEIPT AND PAYMENT STATEMENT FOR THE YEAR ENDED ON MARCH 31, 2020

Receipts	Rs. P.	Payments	Rs. P.
Opening Balance			
		Educational Objects	
Cash & Bank Balance		Grant of Stipend/ Scholarship	26,06,687.00
Deutsche Bank 01-04-2019	68,67,424.72		171.55775 (744.6547.000)
ICICI Bank Ltd, Navasai FCRA A/c	10,78,300.00	Economic Objects	1
		Supply of free medicine / medical aid	36,25,138.00
Investment		Relief from Poverty	9,40,290.00
Fixed Deposit with HDFC Ltd	2,10,65,000.00	Food Grain Distribution	61,800.00
Term Deposit with Deutsche Bank	1,04,28,319.17	Rural Housing	11,33,930.00
	3,94,39,043.89	Mobed Welfare	15,001.00
	CHARLES SANCTON	Financial Rehabilitation for Farmers Welfare	3,90,840.00
Educational Objects		Financial Relief	12,10,000.00
Grant of Stipend/ Scholarship	17,18,713.60	Financial Rehabilitation	7,00,000.00
		Other Activity	50,000.00
Economic Objects		Youth Activity	3,50,000.00
Supply of free Medicine / Medical aid	77,90,804.94		84,76,999.00
Relief from Poverty	15,64,284.40		
Rural Housing	5,00,056.00	Administration Expenditure	010707101
Food Grain Distribution	7,81,333.00	Bank Charges	3,255.54
	1,06,36,478.34		
Interest Earned		Closing Balance	
HDFC Ltd - FD Interest	5,72,560.00		1
Deutsche Bank TD Interest		Cash & Bank Balance	1
Savings Bank Interest - Deutsche Bank	3,32,023.62	Deutsche Bank 31-03-2020	1,00.23,506.34
Saving Bank Interest - ICICI Bank	29,261.00	ICICI Bank Ltd, Navasai FCRA A/c	7,16,721.00
Accured Interest	1,46,520.00		1402430000
	10,97,933.05	Investments	1
	100000000000000000000000000000000000000	Fixed Deposit with HDFC Ltd	2,10,65,000.00
		Term Deposit with Deutsche Bank	1,00,00,000.00
\ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \			4,18,05,227.34
	5,28,92,168.88		5,28,92,168.88

or HFK Madan & Compa RN : 113950W

AR MADAN N. 20044426AAAADE1182



Mumbai, September 24, 2020

SATURDAY,

# Special Feature PARSI TIMES Crisis Of Leadership In Parsi Trusts



Trustees of our Parsi Charitable Trusts are saddled with enormous financial and moral responsibilities. Largely viewed as a thankless job, those on the seat of power often call it a 'crown of thorns'. Yet, there are many who will spend vast sums of money and 'move mountains', so to say, to either attain or retain the 'hot seat' of trusteeship. What is the

motivating factor? Is it 'power'? Is it the highly questionable 'social status' that trusteeship brings? Is it the 'kick' one gets out of this thankless job? Or is it 'vested interest' that certain critics hush about?

Generally speaking, there are three types of trustees. First, are those who are involved with a sense of commitment, purpose and direction and who consider the involvement as a responsibility taken on as a labour of love; Second, are those who drift in routinely on request of friends or relatives on the board; and Third, are those who consider such positions as a ladder for social mobility, networking opportunities, wielding power, gaining fame (which mostly ends in infamy) and generally, to further their own interests.

The Ideal Trustee: Nancy Axelrod, in 'A Guide for New Trustees', states, "An ideal 'trustee' is a person with the versatility of Leonardo da Vinci, the financial acumen of Bernard Baruch and the scholarly bent of Erasmus." That's quite a tall order and one wonders if such an ideal trustee can ever be found.

Qualities Of A 'Good Trustee': A 'good trustee' is expected to have interest in the work of the trust and commitment to the trust's aims and objects. He/she should have reasonable intelligence and competence and should be one who is respected in the community and by stakeholders. The individual should also have capacity for growth and remain sensitive to change and new issues affecting the community. The ability to work in concert with others also needs to be underscored though one should never fight shy of standing up to one's convictions.

A good trustee would respect the right of other board members and staff to differ/disagree and he/she would



dissent, if necessary, but accept with grace the majority decision.

Generally speaking, trustees are expected to provide leadership and vision and give the trust a sense of direction. They are expected to set the policy and take responsibility. Holding the organization together, motivating staff and mobilizing resources are also important duties. They are expected to build and nurture an ethical, sensitive, motivated and responsible team and discourage exaggerated or misleading

Very often trustees, like our local and global politicians tend to take credit for all the good that happens and blame either their other colleagues or staff when things go wrong due to bad decision making.

Trustworthy Leadership: Leadership is the ability of a person to have clear vision, out of which he/she sets the goals and objectives, which can then form the basis of an organization's parameters. It is essentially a dynamic process of making people more effective, increasing their competence and through them, achieving goals. The effectiveness of a good leader lies in his ability to share and develop leadership in others through empowerment, thereby increasing their competence and accountability.

And speaking of empowerment, any system devoid of power is a dead system. However, in any organizational system, the power should be balanced and its concentration, either at one source or at few places, could create serious problems.

Power: David McClelland suggests four positive ways in which power can be

A Conservative Style where the focus is on discipline and hard work -

here, the emphasis is on meticulous planning, good training as well as perpetuating the traditions and strengths of the organization;

- An Expressive Style in which the leader inspires and makes his team function as a family;
- An Assertive Style which is basically the use of power to control others, set directions for work and increase organizational efficiency;
- The Generative Style where the emphasis is on generating more power by utilizing the resources of the team to develop systems and strong performance groups, by identifying the strengths of the individuals in the team and using them for building a synergy in the organization.

Team Spirit: A good leader has the ability to help diverse personalities to merge into an effective social whole. He can stimulate them, rather than browbeat them, and can help the team use all their abilities and experience at optimum level and usually help the team discover abilities they never realized they possessed.

A 'good trustee' treats his colleagues on the board as also the staff as a partner. A 'partner in change' or to be more specific a partner in making his community or for that matter the world, a better place to live in. Sadly, many of our present-day trustees lack team spirit. A good team of trustees has the ability to work together towards a common vision. It enables common people to attain uncommon results.

However, in some trusts one finds team spirit of a divisive type. "Are you in my team or that other trustee's team?" is a common refrain. Even at board meetings, the warring teams fracture important decisions. The result stunted growth of the organization, poor public image and a distinct disservice to

the community. Good board meetings are often key to good decision making and it is usually at the meeting table that the quality of the organization and its leaders is truly revealed.

Qualities Of A Trustee: In 'The Role of The Board and Board Members', Brian O'Connell states, "For years I have been watching boards and making mental notes of the personal qualities of people who become the formal or informal leaders. If I was restricted to just one quality, I would single out the ability to start and end every analysis and evaluation with the standard, 'What is right?'" According to O'Connell, while the second most important quality is fairness, the third is "controlled ambition".

The fourth important characteristic, according to O'Connell, is "flexibility". He feels, "The person who knows what is right, is tough, efficient and ambitious, and has had success and recognition, tends to become awfully impressed with himself or herself, and begins not to look at each new situation in its own right. Adding flexibility to the blend of fairness, sensitivity, and imagination helps the individual and organization to rise." And, finally, Emerson's famous statement, "Nothing was ever accomplished without enthusiasm". O'Connell lists "enthusiasm" as the fifth most important quality of a leader. The most important principle involved in managing differences of opinion is in keeping disagreements impersonal and agreeing to disagree in an "agreeable

A good leader respects the rights of one or more of his/her team members to disagree and encourages constructive criticism, usually pushing the critic to suggest an alternative course, if there is one. In every organization, the team's energy should be harnessed in fighting for the cause and not against one another. Sadly, some of our trusts waste their time in fighting and browbeating each other at board meetings. They conveniently forget that excellence on the trust board is not about getting ahead of others but getting ahead of ourselves.

Striving For Excellence: Excellence on a trust board is all about going beyond one's call of duty and doing more than what others expect. It is about striving and maintaining the highest standard day to day and looking after the smallest detail. It involves going the extra mile and doing your best in everything and in every way. It is the daily triumph of integrity over skepticism and the determination to make a difference in this world, despite the odds.

## Mah Bokhtar Mah Yazad Beresad - II (The Yasht Series)



Daisy P. Navdar is a teacher by profession and a firm believer in the efficacy of our Manthravani. She is focused on ensuring that the deep significance of our prayers is realized by our youth. She credits her learnings and insights, shared in her articles, to all Zoroastrian priests and scholars whose efforts have contributed towards providing light and wisdom for all Zarthostis.

invite you to join me as I journey through the wonderful teachings shared in a Khordeh Avesta. which was printed in 1902 more than a 100 years ago! Authored by Dinbai Sohrabii Engineer, the teachings, stories and notes in this book speak about the various powers of our prayers, while sharing anecdotes of people

have used these prayers and tremendous achievements that each has accomplished.

> "Meditate. Live purely. Be quiet. Do your work with mastery. Like the moon. come out from behind the clouds! Shine!"

> > - Gautama Buddha

Imagine this - a beautiful perfect woman, dressed in raiment of white. shining with her brilliance. own seated on a golden throne. With the lifting of one hand, she commands

the tides of all oceans, the cattle kind are drawn to her pristine beauty; In her other hand, she holds the key to the mind of all mankind. She is the bringer of prosperity and she can heal the waters of our body and our planet. For a period of 15 days, her castle is in darkness and for the next 15 days, she turns night into day with her gentle smiling light. Yes, this is the description of Mah Bokhtar the enigmatic moon!

Mah Bokhtar gathers all the good deeds done by the people and registers them in the heavens so that during the periods of darkness, we are immune to the onslaught of Ahriman. From the 11th day, during the waxing period - up to the

The castle of darkness

belongs to Ahriman and hence

(courage) and enter

> The Pole Star (Dhruv Tara) closely related to the waxing and the waning of moon. It is important to note here that Haftarang, Vanant, Satosh and Teshtar are also other stars that experience periods of waxing and waning and each cycle brings with it, its own special blessing.

> To help us overcome the onslaught of a weak or wavering mind,

The light of the moon comes from Hormazd. On the command of Pak Dadar Ahura Mazda, the moon has been granted the boon to be able to increase all things. She is the giver of children, trees, dry fruit and cattle. She grants prosperity to the one who recites her Nyaish by asking Dadar Ahura Mazda to shower His grace. Veerva

> Rajak (abundance) ride on the gentle rays of the moon this realm.

to help us with any disease associated with blood or water in our body and to gain progress and prosperity, we have to make it a regular habit to recite the Mah Bokhtar Nyaish. We cannot even begin to fathom the brilliance of Pak Dadar Ahura Mazda, but through the light of the moon we can catch a glimpse of His powerful glory. Let us work with our manthras so that no one can work against



'Dudh Ma Sakar' Presentation

Frohar Films' Tele-Serial, 'Dudh Ma Sakar', presents 'Parsi Ame Chhaiye - II', on 13th December, 2020, at 12:00 noon, on DD

Girnar channel. For feedback, mail: froharfoundation@gmail.com

#### PUBLIC NOTICE

On behalf of our clients The Trustees of Nowrojee Maneckji Wadia Charities having their office at Wadia Building, 123, Mahatma Gandhi Road, Fort Mumbai- 400001, we invite offers from Parsi Zoroastrians only for giving on lease an open plot of land bearing CTS No.96, 96/1 and 96/2 of Village Bandivali totally admeasuring 645.80 Sq. meters situated at Malcolm Baug S V Road Jogeshwari, Mumbai on "As is where is basis"

Copies of tender containing terms and conditions of Indenture of Lease can be obtained from the Office of the undersigned at Mulla House, 51, Mahatma Gandhi Road, Fort, Mumbai -400 001, on payment of Rs.1,000/-(Rupees One Thousand Only).

The offer should be sent to the undersigned in a sealed envelope marked "Offer for Lease of, CTS No.96. 96/1 and 96/2 at Malcolm Baug Jogeshwari" at the address of their advocates mentioned below accompanied by a Demand Draft on a nationalized Bank for Rs.5,00,000/- (Rupees Five Lakhs only) drawn in favour of Trustees of Nowrojee. Maneckji. Wadia Charities, to reach on or before 11:00 am. on 12th January, 2021 and on the same day i.e. 12th January, 2021 at 12:00 noon the said sealed envelopes containing the said offers will be opened at the address of the undersigned when the Offerors may remain present and increase their offers if they so desire.

The inspection of the above plot of land will be given to the intending offerors on the site on 29th and 30th December, 2020 between 9:00 am to 12:00 noon. (Contact Mr. Jimmy Mistry - Tel: 022-22674148)

The reserve bid is Rs.4,00,00,000/-(Rupees Four Crores only)

The Trustees are not bound to accept the highest or any other offer and will be at liberty to accept or reject any offer made by the Offerors without assigning any reasons thereof

The lease of the said plot for development will be subject to the sanction of the Charity Commissioner, Greater Mumbai as well as that of Municipal Commissioner

Dated this 12th day of December, 2020 Mulla & Mulla and Craigie Blunt & Caroe

(HOMIAR. N. VAKIL) Partner Advocates & Solicitors for the Trustees of N.M Wadia Charities. Mulla House, 51 Mahatma Gandhi Road Fort, Mumbai-400 001

#### PUBLIC NOTICE

On behalf of our clients The Trustees of Nowrojee Maneckji Wadia Charities having their office at Wadia Building. 123 Mahatma Gandhi Boad Fort Mumbai- 400001, we invite offers from Parsi Zoroastrians only for giving on lease an open plot of land bearing CTS No.129 (Part) of Village Ambivalli Taluka Andheri Mumbai Suburban District admeasuring 753.59 Sq. meters situated at Malcolm Baug S V Road Jogeshwari, Mumbai out of total area admeasuring 4205.90 sq mts in the Layout of Malcolm Baug on "As is where basis is"

Copies of tender containing terms and conditions of Indenture of Lease can be obtained from the Office of the undersigned at Mulla House, 51, Mahatma Gandhi Road, Fort, Mumhai -400 001, on payment of Rs.1.000/-(Rupees One Thousand Only).

The offer should be sent to the undersigned in a sealed envelope marked "Offer for Lease of, CTS No.129 (Part) at Malcolm Baug, Jogeshwari" at the address of their advocates mentioned below accompanied by a Demand Draft on a nationalized Bank for Rs.5,00,000/- (Rupees Five Lakhs only) drawn in favour of Trustees of Nowrojee Maneckji. Wadia Charities, to reach on or before 11:00 am on 12th January, 2021 and on the same day i.e. 12th January, 2021 at 12:00 noon the said sealed envelopes containing the said offers will be opened at the address of the undersigned when the Offerors may remain present and increase their offers if they so desire.

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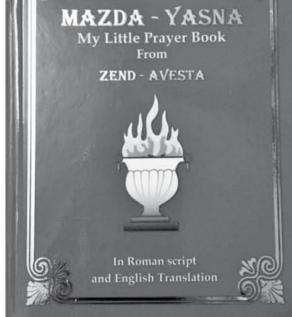
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Dated this 12th day of December, 2020 Mulla & Mulla and Craigie Blunt & Caroe

Sd/-(HOMIAR. N. VAKIL) Partner Advocates & Solicitors for the Trustees

of N.M Wadia Charities Mulla House, 51 Mahatma Gandhi Road Fort, Mumbai-400 001



day of Full Moon (Poornima), is called the period of Vispethrem. This is a powerful period and we must make the most of it by reciting the Mah Bokhtar Yasht / Nyaish. It has the power to bestow great progress and prosperity on the person who recites these prayers. Conducting a Jashan dedicated to Mah Bokhtar brings prosperity abundance in our lives.

## **Use Authorisation For Covishield Vaccine**

2020, Pune based Serum Institute of India (SII), became the first indigenous company to apply to the Drugs Controller General of India (DCGI) seeking Emergency Use Authorisation for the Oxford COVID-19 vaccine in India, citing unmet medical needs due to the pandemic and in the interest of the public at large, as per news sources.

A day earlier, the Indian arm of US pharmaceutical giant, Pfizer, became the first to seek a similar approval from India's drug regulator for its own COVID-19 vaccine in the country, after securing clearance in the UK and Bahrain.

The phase-three clinical trial of the Oxford COVID-19 vaccine, Covishield, is being conducted by SII, co-sponsored by Indian Council of Medical Research (ICMR), in various parts of the country in addition to clinical studies carried out by Oxford-AstraZeneca in the UK and Brazil. Based on phase two and three clinical trial results, the SII with the help of the ICMR will pursue early availability of the vaccine for India, the country's apex health research body had said last month. As per ICMR, SII has already manufactured 40 million doses of the vaccine under the at-risk manufacturing and stockpiling license it obtained from the DCGI.

As per official sources, SII has stated that data from four clinical studies, two in the UK and one each in Brazil and India, show that Covishield is highly efficacious against symptomatic and most importantly against severe COVID-19 infections. In terms of safety, Covishield was well tolerated with respect to solicited adverse events and was not associated with an increased number of SAEs and deaths, as per the news source. A majority of solicited reactions were mild in



severity and resolved without sequelae. Therefore, Covishield is safe and welltolerated and can be used effectively for prevention of COVID-19 in the targeted population. Thus, the benefit to risk ratio strongly supports widespread use of Covishield.

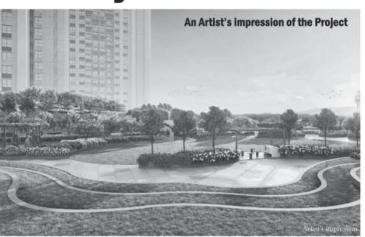
In order to introduce an urgently needed vaccine against COVID-19 in India, SII, the world's largest vaccine manufacturer, has entered into a collaboration with the University of Oxford and AstraZeneca to manufacture the vaccine. The SII has also submitted 12 batches of the vaccine to the Central Drugs Laboratory (CDL) in Kasauli for testing. "In line with our philosophy we assure you that for COVID-19 vaccines also, we are committed to make our country 'aatmanirbhar' (selfreliant) and fulfil our prime minister's clarion call of 'vocal for local' and 'making in India' for the world," stated the application signed by Prakash Kumar Singh, Additional Director, Government and Regulatory Affairs at Serum Institute of India (SII).

According to sources, this vaccine is logistically feasible for distribution in the country's urban and rural areas, as it can be stored at two to eight degrees Celsius, which is an ideal temperature for being kept in cold storages in the country.

### SII Seeks Emergency SP Group Launches Rs.700 Cr **Residential Project In Pune**

The Shapoorji Pallonji Group has announced Rs. 700-crore residential project in Pune's Hinjewadi, under the Jovville brand, in India. Joyville is a \$ 200-million platform by Shapoorji Pallonji, ADB, IFC and Actis, for developing "aspirational housing projects" in India. The Joyville project in Pune, Sensorium, is spread over 10 acres and will have 1,100 premium 2 BHK and 3 BHK apartments. These flats will be available at an all-inclusive price of Rs 64.4 lakh onwards. Sensorium is located within Hinjewadi IT Park and is well connected to the Mumbai-Pune Expressway.

"Pune is an important market for us with a demand for quality homes by trusted brands. This project addition fits well with our strategy of strengthening our presence across the country's leading



real estate markets," said Venkatesh Gopalkrishnan, CEO, Shapoorji Pallonji Real Estate.

The company has already started the handover process of Phase 1 at Joyville Howrah (near Kolkata) as per the timeline and is planning to start the handover process of Phase 1 at Joyville Virar (near Mumbai). The work is on at Joyville Hinjewadi (West Pune) and

Joyville Gurugram (Sector 102).

Shapoorji Pallonji Estate has a development pipeline of over 80 million sq ft and is looking to double its top line in the next two to three years. The real estate firm is planning to launch new projects and expand its projects in MMR, Pune, Gurugram, Bengaluru and Kolkata in this fiscal year.

nary Data on Receipts and Utilisation of Foreign Contributions in excess of Rupees one crore during FY 2019-20 published in the public domain, in compliance with Rule 13 of Foreign Contribution Regulation Rules 2011

#### THE W.Z.O. TRUST FUNDS RECEIPT AND PAYMENT STATEMENT FOR THE YEAR ENDED ON MARCH 31, 2020

Receipts	Rs. P.	Payments	Rs. P.
Opening Balance			
		Educational Objects	
Cash and Bank Balances		Grant of Stipend / Scholarships	48,59,625,00
Deutsche Bank	76,98,484,20		1775
CICI Bank Ltd	17.40.207.00	Economic Objects	
	4	Rural Housing Expenses	25,21,273.00
nvestments		Mobed Welfare & Agyaries Expenses	63,62,500.00
Fixed Deposit with HDFC Ltd.	1,81,85,000.00		50.000.00
mod Dopout mini i i o and		Provision of free clothing / food to poor	2,65,90,500.00
	2,10,20,001,20	Supply of free medicine / medical aid	1,57,62,009.00
Educational Objects		Self Employment	66,69,060.00
Grant of Stipend / Scholarships	1 02 57 612 06	Encouragement of Entrepreneurship Expenses	1,31,90,000.00
State of Superior Stationarships	1,02,07,013.00	Financial Relief	2,90,000.00
Economic Objects		Youth Activity	2,50,000.00
Provision of free clothing / food to poor	2 70 47 722 72	Cultural Activity Expenses	1,30,000.00
Rural Housing			2,50,000.00
Medical Relief		Religious Activity	5,14,576.00
Senior Citizen Center		Navsari Housing Expneses	7,25,79,918.00
Mobed Welfare	13,69,582.00		7,25,79,910.00
	84,10,419.35		1
Farmer Welfare		Application to Fixed Assets	
Encouragement of Entrepreneurship	53,93,621.66		83,70,001.00
Youth Activity	50,000.00	Solar Panel	2,12,240.00
	8,24,69,310.66		85,82,241.00
Appplication to Fixed Assets		Capital Work in Progress	
Hong Kong Zoroastrian Centre	84,85,000.00	Meherirana Memorial Bldg Fund	83,78,389.00
Meherirana Memorial Bldg Fund	1,60,00,000.00	CONTRACTOR OF THE PERSON AND THE WORLD CO.	500000000000000000000000000000000000000
	2,44,85,000.00		
		Bank Charges	10,651.71
nterest Earned		Printing & Stationery Expenses	11,800.00
Saving Bank Interest - Deutsche Bank	11,88,363.36	Advertisement Expenses	19,812.00
Saving Bank Interest - ICICI Bank	2,19,435.00		42,263,71
nterest on HDFC LTD	11,45,426.00		
		Closing Balance	
		Cash and Bank Balances	200000000000000000000000000000000000000
		Deutsche Bank - FCRA A/c	3,27,38,772.37
		ICICI Bank Ltd NVS-FCRA A/c	10,22,631.00
		Investments	
		Fixed Deposit with HDFC Ltd.	1,91,85,000.00
			5,29,46,403.37
	14,73,88,840.08		14,73,88,840.08



Mumbai, September 24, 2020



## PARSI TIMES Community News SATURDAY, December 12, 2020

## **Kudos Parinaz Jal!**



23rd 2020, November, Netflix's original series - 'Delhi Crime', an Indian Television series, was announced as 'Winner Of The Best Drama Series' at the 48th International Emmy Awards, making it India's very first web series to win an International Emmy. A proud part of this project, was our very own Parinaz Jal, who worked as Assistant Director under Director Richie Mehta as also the Script Supervisor.

Parinaz has been working in the Indian film industry for the past seven years. She worked as an Aassistant Director on 'Fitoor', 'Death in the Guni' and 'What are the odds?', before joining the 'Delhi Crime' team.

Parinaz spent five months in Delhi, working with Richie and what she describes as, the most fantastic and determined team she has worked with. As she talks of her experience, she says, "Delhi Crime was that project where you just grow up." She mentions that though it wasn't an easy shoot, it was definitely the most rewarding. It pushed her into becoming better at her

work every day. "The subject matter was so close to our hearts and our team knew we had to do justice to it. The effort on Delhi Crime was unparalleled. Today by winning the Emmy, all of that effort has come to fruition," she says with much pride.

Post 'Delhi Crime', Parinaz also wrote and directed the short film, 'What Did You Think?' which won 'Best Short' at the New York South Asian Film Festival and was a finalist. at the Lift Off Sessions and the Lisbon Film Rendezvous. It was also selected for the New York Indian Film Festival. Short to the Point and the First Time Filmmaker Sessions. After her first stint as writer/director, Parinaz had the opportunity of directing a documentary titled 'Basti', which is currently being circulated across world film festivals.

Parinaz Here's congratulating Jal on this prestigious achievement! We wish her the very best for many great successes in her future endeavors!



## **Adar Poonawalla Named One Of Six** 'Asians Of The Year'



dar Poonawalla, the CEO of the world's largest vaccine manufacturer by volumes the Serum Institute of India (SII), was recently named as one among six people cited as 'Asians Of The Year', by Singapore's leading daily, The Straits Times, for their work in fighting the COVID-19 pandemic. The Straits Times' 'Asians of the Year' have led the way, as have scores of other individuals in their own fields.

The other five recipients of this prestigious recognition include Dr. Ryuichi Morishita (Japan); Professor Ooi Eng Eong (Singapore); Pharmaco Founder and Distributor - Seo Jung-jin (South Korea); Epidemiologist Chen Wei and Professor Zhang Yongzhen (China). According to The Straits Times, these six people have spent 2020 tirelessly seeking a way out of the greatest crisis of this era.

Collectively referred to as 'the virus busters', these six champions of humanity are heroes, having devoted themselves to the pressing cause of resolving the coronavirus pandemic, each in their own capacity, the daily said. The award citation stated, "Sars-CoV-2, the virus that has brought death and hardship to the world's largest and most populous continent, is meeting its tamer in The Virus Busters... We salute your courage, care, commitment and creativity. In this peril-filled hour, you are a symbol of hope for Asia, indeed the world."

In deciding to honour The Virus Busters, Straits Times editors had in mind those who have, in one way or another, enabled the complex, multistage process of preventing as many

people around the world from getting the deadly disease in as little time as possible.

"I decided to go all out," said 39-year-old Adar Poonawalla, who has pledged that SII's COVID-19 vaccines will help supply lower-and middleincome countries that face significant disadvantages in the quest to obtain them. SII is helping poorer countries level up in access to vaccines.

"Each year, ST editors seek out a person, team or organisation that has not only made or shaped the news, but also helped contribute positively to Asia in the process," said Warren Fernandez, Editor-in-Chief of Singapore Press Holdings' English/Malay/Tamil Media Group and Editor of Straits Times. "This year, we naturally looked to those involved in the fight against Covid-19, which has dominated the headlines. They are a disparate group whose collective efforts have pushed forward the search for vaccines, allowing these to be discovered and delivered with an urgency never attempted or seen before. Their commitment and actions have helped save lives and give hope to people all around Asia, and the world," Warren Fernandez said.

Pune-based (SII) has collaborated with the University of Oxford and the British-Swedish pharmaceutical company AstraZeneca for making the COVID-19 vaccine, 'Covidshield', and is conducting trials in India. SII was founded by Adar Poonawalla's father, Dr. Cyrus Poonawalla in 1966. Adar Poonawalla joined SII in 2001 and became the CEO of Serum Institute with complete control of the day-to-day operations of the company in 2011.

## 10 SATURDAY, December 12, 2020 Community News PARSI TIMES Dance Maestro And Pioneer - Astad Deboo

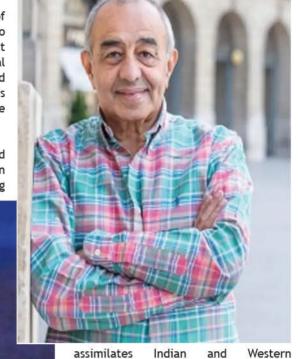
Passes Away

adma Shri recipient, Astad Deboo, respected as the pioneer of modern dance in India, passed away in the early hours on the 10th of December, 2020, at the age of 73. He had been diagnosed with cancer in November. He is survived by his sisters - Kamal Deboo and Gulshan Deboo. A private funeral was held at Worli with only immediate family members present, due to the pandemic restrictions.

Kathak and Kathakali - Deboo was known for pioneering and promoting fusion dance which broke through all barriers of style, culture and nationality. Born on 13th July, 1947 in Navsari, Gujarat, Astad Deboo studied Kathak under Prahlad Das, followed by Kathakali under E K Pannicker. As a young man in his 20s, he studied the Martha Graham dance technique in London and Jose Limon's technique in New York.

and the National Gallery of Modern Art in Delhi. Deboo also choreographed for a select few films, including Vishal Bhardwaj's Omkara (2006) and legendary painter, MF Hussain's film, Meenaxi: A Tale of Three Cities (2004).

He founded The Astad Deboo Dance Foundation in 2002 with the aim of providing



Sharing the news on social media, his family said in a brief announcement, "He left us in the early hours of December 10... after a brief illness, bravely borne. He leaves behind a formidable legacy of unforgettable performances combined with an unswerving dedication to his art, matched only by his huge, loving heart that gained him thousands of friends and a vast number of admirers."

A champion of Indian dance forms -

He performed in over 70 countries, across solo, group and collaborative concerts. He leaves behind a proud legacy lined with significant eclectic moments, including a performing with Pink Floyd in London in 1969; a commission by Pierre Cardin; as also being asked to choreograph a piece for Maya Plisetskaya - prima ballerina of the Bolshoi Ballet company. He has even performed at the Great Wall of China, the Guruvayur Temple in Kerala

opportunity and creative training to marginalised street children and also to provide artistic development to deaf dancers. He received the Sangeet Natak Akademi award in 1995, for his contribution to contemporary creative dance and was felicitated with the prestigious Padma Shri in 2007.

His citation for the Sangeet Natak Akademi reads, "(He) has created a dance-theatre style which successfully

techniques. He has experimented with a variety of forms, themes, concepts and performance spaces, and has collaborated with other dancers, composers and designers to create innovative works of aesthetic value. His works represent an important segment in contemporary dance expression in India."

Noted for creating a modern dance vocabulary that was uniquely Indian, Deboo would speak of a time when most Indians saw his style as "too western," while Westerners found that it was "not Indian enough"!

"The loss to the family, friends, fraternity of dancers, both classical and modern, Indian and international, is inestimable. May he rest in peace. We will miss him," concluded his family's the online announcement.

Parsi Times extends heartfelt condolences to his family.

### Iranian Zoroastrians Observe Azargan Online Due To Pandemic



The annual festival of 'Azargan', which was on November 23, 2020 (Manouchehr Arghavani), was celebrated online this year due to the ongoing novel coronavirus pandemic which has gripped the world. In ancient Iran, Azargan was practiced along with other major national festivals like Noruz, Mehregan, and Arghavani.

The head of Yazd Zoroastrians Association shared that all Zoroastrians in Iran celebrate this day with joyful ceremonies, prayers and with a special feast. "Cleanliness, including combing hair and cutting fingernails, was good on this day, and they believe that on

this day, counseling and consultation on different matters and difficulties would lead to the desired outcome," he told IRNA.

About 10% of residents of Yazd province follow Zoroastrianism. The oasis city is wedged between the northern Dasht-e Kavir and southern Dasht-e Lut on a flat plain, surrounded by mountains. Its historical structure flaunts religious architecture dating from different eras. With its winding lanes, a forest of badgirs (wind catchers), mudbrick houses, atmospheric alleyways, and centuries of history, Yazd is one of Iran's most popular tourist destinations.

### Dr. Dolly Dastoor Elected Tata Sons To Construct Vice-Chair - Parliament Of World Religions

great moment of pride for the global Zoroastrian community and especially FEZANA, as one of its star proponents - Dr. Dolly Dastur - has been recently elected as the Vice Chair on the Board of Trustees at the 'Parliament of World Religions'. FEZANA shared the congratulatory message on social media, "Dolly is an active member and contributor to the Zoroastrian community and we are proud to have her represent us in the larger religious community. Congrats Dolly!"

Earlier in 2016, Dr. Dolly Dastur was elected as a Trustee to sit on the Board of the Parliament of World's Religions, making her the only Zoroastrian on the Board. She was elected for her work in the professional and interfaith field and not necessarily to represent her faith, but more importantly as a global thinker.

Dolly has been a leading light in the Zoroastrian Community in North America and all over the world. As Past President of the Zoroastrian Association of Quebec, and later as the Past-President of FEZANA (Federation of Zoroastrian Associations of North America) she has been a community leader for decades. She's also FEZANA's Chair of the Academic Scholarship Committee and the Chief Editor of the FEZANA Journal.

In addition to her selfless community services, Dolly is a widely published research clinical psychologist and an authority on psychogeriatrics. She received her doctorate from Concordia

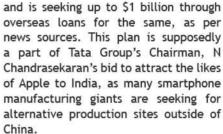


University. Before coming to Canada, she was a Senior Research Fellow in Psychiatry and coordinator of the World Health Organization (WHO) Project on Schizophrenia, at the University of Ibadan. She's also made a mark in a number of women's organizations, especially ZONTA International.

The Parliament of World's Religions seeks to promote interreligious harmony - championing an approach which respects, and is enriched by, the particularities of each tradition which houses resources (philosophical, theological and spiritual teachings and perspectives) that enable entering into respectful, appreciative and cooperative relationships with persons and communities of other traditions.

## iPhone Parts In New **Manufacturing Plant In TN**

aving taken up the task to ensure that becomes Apple's new manufacturing powerhouse for iPhones. Tata Sons is planning to setup a mobile phone and component manufacturing Tamil Nadu to make iPhone parts



This partnership with Apple will be part of Prime Minister Narendra Modi's 'Make in India' push. Sources said that the initiative will be headed by the Tata Sons' wholly-owned subsidiary -Tata Electronics - which will begin with iPhone casings and eventually partner up with other OEMs (Original Equipment Manufacturers) in South Korea and Japan. As per sources, the Tata Group is looking forward to putting together a five to seven year funding, latest by



January, and looks to kick off the project by the third quarter of 2021.

The idea of this partnership was born during the pandemic when Tata Group recognised a big enough gap in the demand-supply in precision engineering components in India, along with several global markets, which could be tapped. Tata and Apple already share an existing relationship involving the retail chain Croma. Apple has been assembling some iPhone models in India, thus, manufacturing them here would be the next logical step.

For now, both - Tata Group and Apple - are keeping the details under wraps though sources have indicated that Tata Electronics looks to kick off the project soon and announce the partnership with Apple thus showcasing their capabilities.

#### The IranShah Initiative Inspiration With Vision 2020 IranShah: Our Emblem Of Freedom - Free To Be A Zarthushti

Humanity Wakes Up In Different Times And In Different Ways. Humanity woke up two and half millennia ago in ancient Persia (Iran) with Cyrus the Great freeing slaves in Babylon and issuing the First Charter of Human Rights. This legacy since has continued to inspire all Zarathushtis across the world.

#### By Meher Amalsad (California, USA)

Our Ancestors In Iran, lived with the motto: "I am Free To Be Free, I Am Free To Be Me, I am Free To Be A Zarathushti I have the freedom to choose And, I have the freedom to choose wisely."

That is the emblem of freedom they carried with them when they migrated from our spiritual motherland Iran to our adopted fatherland India.

Freedom To Serve Ourselves With Responsibility As Well As Others With Dignity ... so we can continue to live what we are known for - 'Zarthushti Thy Name Is Charity'. Keeping in mind that 'True Service Is Between Services'.

The Light Of IranShah guides us with the understanding that Freedom Is Our Right To Be Wrong, And Not Our Right To Do Wrong. Because True FREEDOM Comes When we FREE Ourselves from DOM-inating Others, And when we FREE Ourselves from being DOM-inated by others.

But somehow, we have misused the essence of this FREEDOM. YOUR FREEDOM STOPS, WHEN IT STEPS ON MY FREEDOM.

If Freedom is to give expression to whatever creative thought, word or deed comes in my mind, without anyone having to say anything about it, then that makes me the Slave Of Every Single Thought That Comes Through MY Mind! That is the opposite of inner freedom.

Freedom is not only in what we do, But also in how

we choose to be. Freedom is a state of being, Not just a matter of doing. The most important type of freedom is the freedom to be what one truly is without fear or fetter.

Celebrate Your Freedom! If you are happy regardless of your circumstances - that's freedom! Our Ancestors came to India with the Flame Of Iranshah in their hearts that carried the energy to build the synergy of freedom.

Inherent V/s Inherited... Freedom lies in understanding which one needs to be decoded - What you have Inherited Or What is Inherent in you.

May The Solutions Be Brought Forward For Which They

Let The Preservation Of Our Sacred IranShah Be Guided By This Inspiration With Vision 2020!

#### PT Timeout

### The Bawa Word Search

Search out the following 16 National Dishes around the world hidden in the word-jumble box below, in bi-directional, horizontal, vertical and diagonal forms:

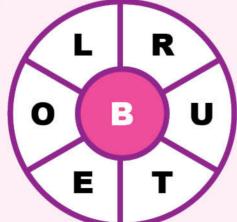
QCLASAGNAKMKZ T 1 Р D D Y Z 1 Υ 0 Z Y S T S Z Z E Q W C G R D W W Z N F G V z Z W F н T G E 0 N D Z В G N E Т E E M N н N 0 E R 0 G S N W A Н L C X U W Z Т E J Y S Q S W G

Biryani (India)
Poutine (Canada)
Nasi Goreng (Indonesia)
Japanese Sushi (Japan)

Chelo Kebab (Iran) Peking Duck (China) Crêpe (France) Mac 'n' Cheese (USA) Fish and Chips (England) Sauerbraten (Germany) Pavlova (New Zealand) Dim Sums (Hong Kong) Kabuli Pulao (Afghanistan) Moussaka (Greece) Shawarma (UAE) Lasagna (Italy)

### **HOW MANY WORDS?**

How many words of **four or more letters** can you make from the letters below? Every word must contain the letter in the center. You should make at least one word using all 7 letters.



RESULTS:

Average - 7 or more words Good - 9 or more words Outstanding - 11 or more words



#### **Thought of the Week**

"The most difficult thing is the decision to act, the rest is merely tenacity."

- Amelia Earhart



#### **TechKnow With Tantra**

#### Draw.io

Draw.io (https://www.draw.io/) is a free online charting tool to make all kinds of tables / charts /

graphs / flowcharts / venn diagrams, etc. for business, engineering, software, networks and more. It lets you create any number of professional images, giving you full control over them. You can save your images as jpg, pdf or png. It also allows you to save your work on your desktop, or a cloud storage service of your choice. You could download the desktop app with the same functionality and create enchanting looking diagrams and use them in your documents and presentations.

Web: https://www.draw.io/

#### **SUDOKU**

				9			7	
7		8			2			
		9				2		3
				2		6	1	9
2			3		1			7
1	8	7		4				
5		1				8		
			9			3		5
	4			8				

#### WINNING CAPTION!!!



Karan Johar: They may look like PRINCESSES, but I'm the QUEEN of Bollywood!

By Viraf Commissariat (CT, USA)

#### **CAPTION THIS!**



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Winning Caption and Winner's Name Will Be Published Next Week.

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#### THE TRUTH. DELIVERED WEEKLY.

#### પીએમ મોદી એસઆઈઆઈ સુવિધાથી પ્રભાવિત થયા



ર૮મી નવેમ્બર, ૨૦૨૦ના રોજ, નાગરિકોને રસી આપવાના ભારતના પ્રયત્નોની તૈયારીઓ, પડકારો અને માર્ગદર્શિકા માટે પ્રથમ શહેરની મુલાકાત લેવા વડા પ્રધાન નરેન્દ્ર મોદી, પુણેના સીરમ ઈન્સ્ટિટયુટ ઓફ ઈન્ડિયા ખાતે એક કલાકથી વધુ સમય ડો સાયરસ અને આદર પૂનાવાલાની અધ્યક્ષતામાં પસાર કર્યો. એસઆઈઆઈએ કોવિશિલ્ડ રસી બનાવવા માટે એસ્ટ્રાઝેનેકા અને યુનિવર્સિટી ઓફ ઓકસફોર્ડ સાથે ભાગીદારી કરી છે અને હાલમાં આ રસીના ઉમેદવારના તબક્કા ૩ ટાયલ હાથ ઘરી છે.

પુનાવાલા ગ્રુપના અધ્યક્ષ ૭૯ વર્ષીય સાયરસ પુનાવાલા સીરમ ઇન્સ્ટિટ્યૂટ ઓફ ઈન્ડિયાના સીઈઓ પુત્ર આદર અને તેમની પુત્રવધૂ નતાશાએ વડા પ્રધાનને આ સંસ્થામાં આવકાર્યા હતા. પીએમ મોદીએ એસઆઈઆઈના વૈજ્ઞાનિકો સાથે વાતચીત કરી અને મંજરી ખાતેની રસી ઉત્પાદન સુવિધાની મુલાકાત લીધી. તેમણે ઉચ્ચ વૈજ્ઞાનિકો સાથે વાતચીત કરી હતી કે સ્કેલ-અપ કેવી રીતે થાય છે અને ઉત્પાદન ક્ષમતા કેવી રીતે થાય છે તે સારી રીતે સમજવા માટે, ટ્રાયલની સ્થિતિ પૂછયા પછી અને સરકાર આ પ્રયાસમાં કેવી રીતે મદદ કરી શકે છે તેની પણ પૂછપરછ કરી.

અહેવાલ મુજબ ડો. સાયરસ પુનાવાલાએ કહ્યું, તે એક ઉત્તમ મુલાકાત હતી. વડા પ્રધાન સીરમ ઇન્સ્ટિટ્યૂટની મેન્યુફેક્ચરિંગ સુવિધાથી ખૂબ પ્રભાવિત થયા હતા અને અમને વહેલી તકે રસી લઈને બહાર આવવાનું કહ્યું હતું. આદર પુનાવાલાએ રસી વિશે વડા પ્રધાનની

સમજણ બદલ પ્રશંસા વ્યક્ત કરતાં કહ્યું કે, અમે પુણેમાં રોગચાળાની સૌથી મોટી સુવિધા અને મંજરીમાં એક નવો કેમ્પસ બનાવ્યો છે. તે પ્રધાનમંત્રીને સુવિધાની આસપાસની ટૂર પણ બતાવી હતી. અમે ત્યાં અલગ અલગ રસીના ફાયદાઓ અને વિપક્ષોને ટૂંકમાં ચર્ચા કરી હતી.

પાછળથી પીએમ મોદીએ તેમની એસઆઈઆઈની મુલાકાત વિશે ટ્વિટ કર્યું હતું કે, સીરમ ઇન્સ્ટિટ્યૂટ ઓફ ઇન્ડિયામાં ટીમ સાથે સારી વાતચીત કરી હતી. વડા પ્રધાનની મુલાકાત પછી ટૂંક સમયમાં, આદર પુનાવાલાએ જાહેરાત કરી કે એસઆઈઆઈ આગામી બે અઠવાડિયામાં કોવિશિલ્ડના ઇમરજન્સી યુઝ ઓથોરાઇઝેશન માટેની પરવાનગી માંગશે. જુલાઈ ૨૦૨૧ સુધીમાં તે ૩૦૦ થી ૪૦૦ મિલિયન ડોઝ હશે. અમે દર મહિને ૫૦-૬૦ મિલિયન ડોઝનું ઉત્પાદન કરીએ છીએ. જાન્યુઆરી પછી તે ૧૦૦ મિલિયન ડોઝ હશે. અમે કટોકટીના ઉપયોગ માટે આગામી બે અઠવાડિયામાં અરજી કરવાની પ્રક્રિયામાં છીએ.

કુડોઝ ટુ ડો. પર્સીસ દુધવાલા

સુરત મહાનગર પાલિકા દ્વારા સુરતના તમામ ઝોનમાં તાજેતરમાં હાથ ધરવામાં આવેલા સ્વચ્છતા સર્વેક્ષણ સર્વેમાં, કડીવાલા મેટરનિટી હોમ એન્ડ અર્બન હેલ્થ સેન્ટર, ડો. પર્સીસ હોમી (મેવાવાલા) દુધવાલા દ્વારા સંચાલિત, ૨૦૨૦ સ્વચ્છતા સર્વેક્ષણ એવોર્ડ મેળવ્યો, આ એવોર્ડને જીતવાને પ્રશંસનીય બાબત એ છે કે, સુરતના મધ્ય ઝોનમાં, અન્ય બે ખાનગી હોસ્પિટલોની સાથે પ્રસૃતિગૃહ એક કોર્પોરેશન

સંચાલિત હોસ્પિટલ છે, કડીવાલા મેટરનિટી હોમે પાછલા વર્ષમાં પણ 'કલીન હોસ્પિટલ' એવોર્ડ મેળવ્યો હતો!

જમશેદપુરથી સ્કુલ અને એમબીબીએસ પૂર્ણ કર્યા પછી, ડો. પર્સીસે જીએમસીએસ, સુરતથી ઓબ્સ્ટેટ્રિક અને ગાયનેકોલોજીમાં અનુસ્નાતક



મેળવ્યું હતું. તેમણે સુરત મહાનગરપાલિકા વતી અસંખ્ય રાષ્ટ્રીય આરોગ્ય કાર્યક્રમોમાં ભાગ લીધો છે અને વંધ્યત્વ ધરાવતા દર્દીઓની સફળતાપૂર્વક સારવાર કરવામાં તેઓ જાણીતા છે.

એક કોરોના યોલ્દ્રા, તેમને આ વાયરસનો ચેપ લાગ્યો હતો પરંત સાજા થતા તેઓ તેમની ફરજમાં ફરીથી જોડાયા હતા. રોગચાળા દરમિયાન તેના નોંઘપાત્ર સમર્પણથી સરત મ્યનિસિપલ

કોર્પોરેશનની નિવૃત્તિ પછીના વિસ્તરણથી તેમનું સન્માન કરવામાં આવ્યું હતું, જ્યાં તે દર્દીઓની સારવાર ચાલુ રાખે છે.

ડો. પર્સિસના લગ્ન સુરતમાં સિનિયર સર્જન ડો. હોમી દુધવાલા સાથે થયા છે, જેમણે ૨૦૦૦માં કોર્પોરેશન મેડિકલ કોલેજની પહેલ કરી હતી અને તમારી આગલી સફર પર ઉદવાડાના સુંદર તળાવની મુલાકાત લેવાનું ભૂલશો નહીં!

સમુદાયના અસંખ્ય સભ્યો વારંવાર આપણા નાના અને શાંતિપૂર્ણ ગામ ઉદવાડાની મુલાકાત લે છે. આપણું સૌથી પવિત્ર સ્થળ, ત્યાં પૂજ્ય ઇરાનશાહ પાસેથી આશીર્વાદ અને પ્રેરણા મેળવી સ્વાદિષ્ટ પારસી વાનગીનો આનંદ લે છે અને પોતાના રોજિંદા ઝડપી અને વ્યસ્ત જીવનથી થોડો આ-

રામ લે છે. જ્યારે ઉદવાડા ખૂલા હાથે તમારૂં સ્વાગત કરે છે ત્યાં જઈ તમારી આત્મા ફરી રિચાર્જ થાય છે. અને દરેક વખતે, ઘરે પાછા જતા તમને મનોરમ સંદર યાદો આપે છે.

ઉદવાડામાં આપણા રોકાણ દરમિયાન, આપણે સામાન્ય રીતે સાંજે ફરવા નીકળીયે છીએ ઉદવાડા બીચ, સિલ્વાસા, દેવકા, કોલક, દમણ જેવા આકર્ષણો પર જવાનું પસંદ કરીએ છીએ. પરંતુ ઘણા લોકો ઉદવાડાના સુંદર તળાવનો પરિચય થયો નથી જેનો વિકાસ થયો છે. આ મોટો પ્રોજેક્ટ રૂ. ૨,૫૭,૯૪,૬૦૦/- સ્મૃતિ ઝુબીન ઈરાની, કેન્દ્રીય કાપડ મંત્રી અને મહિલા અને બાળ વિકાસ મંત્રી દ્વારા આદર્શ ગમ યોજના ૨૦૧૭-૧૮ દ્વારા પૂરો કરવામાં આવ્યો. આ પ્રોજેક્ટની શરૂઆત ઇરાનશાહના વડા દસ્તુરજી ખુરશેદ દસ્તુર દ્વારા કરવામાં આવી હતી જે રાષ્ટ્રીય લઘુમતી કમિશનમાં ઝોરાસ્ટ્રિયન સભ્ય અને ઉદવાડાના વિકાસ ફાઉન્ડેશન (એફડીયુ) ના અધ્યક્ષ પણ છે.

તળાવ જે આજુબાજુ બનાવવામાં આવેલ સહેલગાહનો એક મોટો વિસ્તાર આવરી લે છે, જે પાણી ફિલ્ટર સ્ટેશનની પાછળ જ છે. તળાવની સુંદરતા અને શાંતિ બધા પ્રવાસીઓનું આકર્ષણ બની છે વળી જોગીંગ ટ્રેક લોકોના સ્વાસ્થ્યની સુખાકારીમાં ફાળો આપે છે, જ્યારે આજુબાજુમાં વિપુલ પ્રમાણમાં આવેલ વનસ્પતિ જીવન પૂરતા પ્રમાણમાં ઓકિસજન પૂરો પાડે છે. ઉદવાડા તળાવની આસપાસનો વિસ્તાર પક્ષી નિરીક્ષકોનું આશ્રયસ્થાન છે.

હાલમાં તે સુરત પારસી પંચાયતના ટ્રસ્ટી તરીકે ફરજ બજાવે છે. તેમના બે પુત્રો છે - સરોશ, જે કર્મશિયલ પાઇલટ અને પ્રશિક્ષક છે અને ડો. સાયરસ, જે સુરતની અગ્રણી હોસ્પિટલોમાં આરએમઓ તરીકે કાર્ય કરે છે.

અહીં ડો. પર્સીસને તેમના સારા કામ બદલ અભિનંદન છે, જે આપણા સમુદાય માટે ગૌરવ લાવે છે!



ઉદવાડા તળાવની સુંદરતા વિશે પારસી ટાઇમ્સ સાથે વાત કરતાં વડા દસ્તુરજી ખુરશેદ દસ્તુરે કહ્યું હતું કે, તળાવ ત્યાં યુગોથી ચાલ્યું આવ્યું છે પરંતુ ભાગ્યે જ કોઈનું ધ્યાન ગયું છે. એકવાર મુલાકાત દરમિયાન, અમારે તળાવને વધુ પાણી માટે વધુ ઉંડ ખોદવું પડ્યું. ત્યાં ગ્રામપંચાયત સાથે મળીને વિચાર્યુ કે આ સંદર જગ્યા હોવાથી તેની આસપાસનો વિસ્તાર કેમ નથી બનાવ્યો? અમે તેને આકર્ષક અને સવિધાજનક બનાવવા ઇચ્છતા હતા કે જેથી લોકો મુલાકાત લે અને તેની સુંદરતાનો આનંદ માણી શકે અથવા વોક લઈ શકે. મૂળ વિચારની કલ્પના ૨૦૦૭-૦૮માં કરવામાં આવી હતી પરંતુ તે પછી તે કામમાં આવ્યું નહીં. પછીથી, ઉદવાડાની તેમની એક મુલાકાતમાં, સ્મૃતિ ઈરાનીએ આ ખ્યાલમાં ખુબ રસ દાખવ્યો. તેમના સાંસદ ક્વોટામાંથી ભંડોળ પૂર્ પાડ્યું, અને આખો પ્રોજેકટ ૨૦૧૭-૧૮માં જીવંત થયો. જ્યારે કામ ચાલુ હતું ત્યારે તેમણે ઉદવાડાની મુલાકાત પણ લીધી હતી. હવે આ સુવિધા લોકોના કલ્યાણ માટે ખુલી છે.

ઉદવાડાના જરથોસ્તી રહેવાસીઓ તેમજ સ્થાનિક લોકો પણ તેમના રોજિંદા સવારના પ્રવાસ માટે ઉદવાડા તળાવની મુલાકાત લે છે. હકીકતમાં, સાંજ દરમિયાન, સ્થળ કોલાક અને નજીકના સ્થળોથી પણ લોકોને આકર્ષક સાંજની પવન સાથે લેવા અને મિત્રો અને કુટુંબીઓ સાથે બેસવા અને ગપસપ માટે આકર્ષે છે. તળાવની નજીકનો એક સ્ટોલ, ચા અને નાસ્તાનું વેચાણ કરે છે, જે વધુ લાલચમાં વધારો કરે છે. હું જાતે સવારે ત્યાં ફરવા જાઉં છું. હવે અમે વધુ પથ્થર બેંચો ઉમેરવાની યોજના બનાવી રહ્યા છીએ જેથી વધુ લોકો આવી શકે, બેસે અને સરસ સમય ગાળી શકે. બાળકો માટે એક નાનું ક્ષેત્ર પણ છે, વડા દસ્તુરજી ખુરશેદ દસ્તુર વધુમાં જણાવે છે.

તેથી, આગલી વખતે જ્યારે તમે ઉદવાડાની મુલાકાત લો ત્યારે સુંદર, આકર્ષક અને શાંત તળાવની મુલાકાત અવશ્ય લેજો.

- બીનાયશા સુરતી

## પારસી ટાઈમ્સ



## YOUR JANAM RASHITHIS WEEK

લખનારઃ મરહમ મહારાજ શ્રી સ્વચંજચોતિના સહકાર્ચકર્તા જચેશ એમ. ગોસ્વામી

અઠવાડિક રાશિકળઃ તા. ૧૨.૧૨.૨૦૨૦ થી તા. ૧૮.૧૨.૨૦૨૦



૨૫મી ડિસેમ્બર સુધી ગુરૂની દિનદશા ચાલશે. તમારી દરેક બાબતમાં ધારેલું રીઝલ્ટ મેળવી શકશો. નાણાકીય બાબત તથા શારીરિક બાબતમાં સારા સારી રહેશે. ઈનવેસ્ટમેન્ટ અવશ્ય કરજો. ધર્મના કામો કરવામાં આનંદ મળશે. ઘરવાળા સાથે સારો મનમેળાપ રહેશે. કોઈ મુશ્કેલી આવશે તો તેમાંથી સરળતાથી બહાર નીકળી જશો. દરરોજ 'સરોશ યક્ષ્ત' ભણજો. શકનવંતી તા. ૧૨, ૧૩, ૧૭, ૧૮ છે.

Lucky Dates: 12, 13, 17, 18.

Jupiter's rule till 25th December will help you achieve the results you expected. Financially as well as health-wise, you will do well. Ensure to make investments. You will find contentment in doing religious chores. You will be in harmony with family members. You will be able to remove yourself from any challenging situation. Pray the Sarosh Yasht daily.



#### Cancer - 35 - 3.8.

છેહ્યુ અઠવાડિયુ બુધની દિનદશામાં પસાર કરવાનું બાકી છે આજથી તમારા હિસાબી કામ પહેલા પૂરા કરી લેંજો. મિત્રો સાથે મન મેળાપ રાખવાથી ખરાબ સમયમાં મિત્રાનો સાથ મળશે. જો તમે કોઈના પ્રેમમાં હોતો તમારા દિલની વાત કહી દેજો. ઉતરતી બુધની દિનદશામાં કામમાં મુશ્કેલી નહીં આવે. દરરોજ 'મહેર નીઆએશ' ભણજો. શુકનવંતી તા. ૧૩, ૧૪, ૧૫, ૧૬ છે.

Lucky Dates: 13, 14, 15, 16.

This is the last week under Mercury's rule, so ensure to complete any accounts related works before the end of this period. By staying connected with friends, they will be there to support you in your tough times. Those in love are advised to open their hearts out to their partners. Mercury's descending rule will not cause any disruptions at work. Pray the Meher Nyaish daily.



#### Libra - તુલા - ર.ત.

હાલમાં ચંદ્રની દિનદશા ચાલુ હોવાથી તમે તમારા ફેમીલી મેમ્બરની સાથે વધુ સમય પસાર કરવામાં સફળ થશો. ફેમીલી મેમ્બર તમને પુરો સાથ સહકાર આપશે. જે પણ કામ શરૂ કરશો તે પૂરૂં કરવામાં સફળ થશો. પ્રેમી પ્રેમીકામાં મતભેદ ઓછા થશે. ખર્ચ કરવામાં મુશ્કેલી નહીં આવે. ઈનવેસ્ટમેન્ટ અવશ્ય કરજો. ૩૪મુ નામ 'યા બેસ્તરના' ૧૦૧વાર ભણજો. શકનવંતી તા. ૧૨, ૧૩, ૧૪, ૧૬ છે.

Lucky Dates: 12, 13, 14, 16.

The ongoing Moon's rule facilitates you spending quality time with your family members. You will be successful in completing all tasks that you have undertaken. Quarrels between sweethearts will reduce. You will not face any financial difficulties. Ensure to make investments. Pray the 34th Name, 'Ya Beshtama'. 101 times, daily.



#### Capricorn - मधर - ખ.જ.

શુક્રની દિનદશા ચાલુ હોવાથી તમને ગામ પરગામથી કોઈ સારા સમાચાર જાણવા મળશે. મનગમતી વ્યક્તિ મળવાથી આનંદ થશે. તમને સાચા સલાહકાર મળી રહેશે. શક્રની કૃપાથી બીજાનું દિલ જીતી લેતા વાર નહીં લાગે. કોઈપણ કામમાં આળસ નહીં આવે. ચાલુ કામમાં સારા સારી રહેશે. નવા કામ મેળવી શકશો. દરરોજ 'બહેરામ યઝદ'ની આરાધના કરજો. શુકનવંતી તા. ૧૨, ૧૫, ૧૭, ૧૮ છે.

Lucky Dates: 12, 15, 17, 18.

Venus' ongoing rule could bring you good news from abroad. You will feel great happiness after meeting a much loved person. You will find yourself in the company of honest and sincere advisors. You will easily win over the hearts of other, with the grace of Venus. You will feel no lethargy. Your ongoing work will continue to do well and you could also get new work projects. Pray to Behram Yazad daily.

#### Taurus - વૃષભ - બ.વ.ઉ.

ગુરૂની દિનદશા ચાલુ હોવાથી ૨૨મી જાન્યુઆરી સુધી તમને લાભ મળતો રહેશે. નોકરીમાં સારા સારી રહેશે. પ્રમોશન મળવાના ચાન્સ છે. નાણાકીય મુશ્કેલીમાંથી બહાર નીકળી જશો. મનગમતી વ્યક્તિ સામેથી મળવા આવશે. નવા મિત્રો મલવાના ચાન્સ છે. ફેમીલીમાં સારા પ્રસંગો આવશે. દરરોજ 'સરોશ યસ્ત' ભણજો. શકનવંતી તા. ૧૪, ૧૫, ૧૬, ૧૭ છે.

Lucky Dates: 14, 15, 16, 17.

Jupiter's ongoing rule brings you much prosperity till the 22nd of January. Workwise things will be good. You could be up for a promotion. You will be able to resolve any financial issues. A much loved person will come to meet you. You cold make new friends. There will be celebrations with the family. Pray the Sarosh Yasht daily.



#### Leo - સિંહ - મ.ટ.

૧૮મી જાન્યુઆરી સુધી તમે વાણીયા જેવા બુધ ગ્રહની દિનદશા ચાલશે તેથી હાલમાં તમારા કામો બુધ્ધિ વાપરી પૂરા કરવામાં સફળ થશો. ધનલાભ મેળવવા માટે થોડું એકસ્ટ્રા કામ કરી ને ધન મેળવશો. જ્યાં કામ કરતા હશો ત્યાં તમારા કામના બીજા વખાણ કરશે. તબિયતમાં સધારો થશે. બીજાના મદદગાર થશો. દરરોજ 'મહેર નીઆએશ' ભણજો. શકનવંતી તા. ૧૨, ૧૪, ૧૭, ૧૮ છે.

Lucky Dates: 12, 14, 17, 18.

Mercury's rule till 18th January will help you complete all your tasks intelligently. You will be able to earn good money with a little extra effort. Your colleagues will appreciate and praise your work. Health will improve. You could prove helpful to others. Pray the Meher Nyaish daily.



આપશે. તમારા રોજના કામ સારી રીતે પૂરા કરી શકશો. એક બે દિવસમાં મુસાફરી કરવાથી મનને થોડું ચેન્જ મળશે. કોઈ વ્યક્તિ તમારા પર ભરોસો મુકશે તો તમારાથી બને એટલો ફાયદો કરાવી આપશો. અંગત વ્યક્તિ કામ પુરા કરવામાં સાથ સહકાર આપશે. દરરોજ ૩૪મ નામ 'યા બેસ્તરના' ૧૦૧વાર ભણજો. શકનવંતી તા. ૧૫, ૧૬, ૧૭, ૧૮ છે.

Lucky Dates: 15, 16, 17, 18.

The Moon's rule brings you ample happiness and peace. You will be able to complete your daily chores with ease. Travel will do your mind good. You will ensure to do your best for those who place their trust in you. A close person will support and help you in completing your works. Pray the 34th Name, 'Ya Beshtarna', 101 times, daily.

#### Aquarius - કુંભ - ગ.શ.સ.

શુક્રની દિનદશા ચાલુ હોવાથી રોજના કામ તમે સારી રીતે કરી શકશો. જીવનમાં કોઈ નવી વ્યક્તિ આવવાના ચાન્સ છે. નાણાકીય બાબતમાં ખર્ચની સાથે ધન મેળવવામાં મુશ્કેલી નહીં અવે. તમને અચાનક ધનલાભ થવાના ચાન્સ છે. વડીલવર્ગની સેવા કરવાનો ચાન્સ મળશે. દરરોજ 'બહેરામ યઝદ'ની આરાધના કરજો. શુકનવંતી તા. ૧૩, ૧૪, ૧૬, ૧૮ છે.

Lucky Dates: 13, 14, 16, 18.

Venus' rule helps you do your daily chores efficiently. A new person could enter your life. There will be no difficulty in your income stream. Sudden profits are indicated. You will have the opportunity to serve the elderly. Pray to Behram Yazad daily.

#### Gemini - મિથુન - ક.છ.ઘ. ર૬મી ડિસેમ્બર સુધી શનિની દિનદશા

ચાલશે. નાની બાબતમાં હેરાન પરેશાન થશો. પડવા લાગવાના બનાવ બનશે. કોઈ પણ કામ ઉતાવળથી કરતા નહીં. તબિયતને સંભાળજો. અંગત વ્યક્તિ સાથે લેતીદેતી કરતા પહેલા દસ વાર વિચારજો. શનિ તમને શંકાશીલ બનાવશે. તમારા વિચારો સ્થિર રાખજો. દરરોજ ભુલ્યા વગર 'મોટી હપ્તન યશ્ત' ભણજો. શુકનવંતી તા. ૧૨, ૧૩, ૧૫, ૧૮ છે.

Lucky Dates: 12, 13, 15, 18.

Saturn's rule till 26th December could end up making you feel hassled over petty matters. Beware of accidents. Do not rush any of your works. Take care of your health. You are advised to think things ten times over before lending or borrowing money with a close person. Saturn could fill your mind with suspicions. Try and keep your thoughts stable. Ensure to pray the Moti Haptan Yasht daily.



#### Virgo - કન્યા - પ.ઠ.ણ.

મંગળની દિનદશા ચાલુ હોવાથી તમે નાની બાબતમાં ચીડાઈ જશો. ગુસ્સા પર જરાબી કાબુ નહીં રહે. ઘણી-ઘણીયાણીમાં નાની બાબતમાં મતભેદ પડતા રહેશે. મંગળને કારણે વાહન ખુબ સંભાળીને ચલાવજો. એકસીડન્ટ થવાના ચાન્સ છે. શેર માર્કેટ કે કોઈપણ જાતનું ઈનવેસ્ટમેન્ટ કરતા નહીં. દરરોજ 'તીર યશ્ત' ભણજો. શુકનવંતી તા. ૧૩, ૧૫, ૧૬,

Lucky Dates: 13, 15, 16, 18.

Mars' ongoing rule makes you irritable over small matters. You might not be able to control your temper. Couples could end up squabbling over petty issues. Since accidents could take place in this phase, you are advised to ride/ drive your vehicles with great caution. Do not make any kind of investments for now. Pray the Tir Yasht daily.

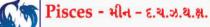


#### Sagittarius - ધન - ભ.ધ.ફ.

પહેલા ૪ દિવસ શુક્રની દિનદશામાં પસાર કરવાના છે ઓપોઝીટ સેકસ સાથે સારા સારીમાં ચાર દિવસ પસાર કરજો. ઉતરતી શુક્રની દિનદશા મનની નેક મુરાદ પુરી કરશે. ૧૬મીથી ૨૦ દિવસ માટે સૂર્યની દિનદર્શા અપોઝીટ સેકસ તથા ઘણી-ઘણીયાણીમાં મતભેદ પડાવી દેશે. સુર્યની દિનદશા માથાનો દુખાવો અને આંખમાં બલતરા અને હાઈપ્રેશરની માંદગી આપશે. દરરોજ 'બહેરામ યઝદ'ની સાથે ૯૬મુ નામ 'યા રયમોંદ' ૧૦૧વાર ભણજો. શુકનવંતી તા. ૧૨, ૧૩, ૧૪, ૧૫ છે.

Lucky Dates: 12, 13, 14, 15.

With the last four days remaining under Venus' rule, spend this time being cordial with those from the opposite gender. Venus' descending rule will realise your sincere wishes. The Sun's rule, starting from the 16th, for the next twenty days, could bring about many differences with the opposite gender and between couples. The Sun's rule could result in your suffering from headaches, eye-burns and high Blood Pressure. Pray to Behram Yazad, alongside the 96th Name, 'Ya Rayomand', 101 times, daily.



૫મી જાન્યુઆરી સુધી રાહુની દિનદશા ચાલશે. નાની બાબતમાં ઈરીટેટ થઈ જશો. રાહ તમને દરેક બાબતમાં નેગેટીવ બનાવી દેશે. ઘરવાળાનું સારૂં કરવા છતાં તમને જશ નહીં મળે. કામકાજમાં મહેનતનું ફળ નહીં મળે. તબિયત ખરાબ થાય તો એક-બે ડોકટરોનો ઓપીનીયન અવશ્ય લેજો. દરરોજ 'મહાબોખ્તાર નીઆએશ' ભણજો. શુકનવંતી તા. ૧૨, ૧૫, ૧૬, ૧૭ છે.

Lucky Dates: 12, 15, 16, 17.

Rahu's rule till 5th January could make you irritable over small matters. Rahu could make you feel negatively about all things. Despite doing good for family members, you will not receive any appreciation. You might not receive the fruits of your labor at work either. Should your health go down, ensure to seek the advice of a couple of doctors. Pray the Mah Bokhtar Nyaish daily.

#### એક નજર પારસી મરણો ઉપર

Deceased મરનાર	Age વય	Date તારીખ	Address ૨. કે.	Relations સગાઈઓ
Silloo Noshir Nadirshaw સીલ્લુ નોશીર નાદીરશાહ	84 ८४	03-12-2020	4/20, Tata Co-Op. Hsg. Society Parel T. T., Mumbai 12. ૪/ ૨૦, તાતા કોપરેટીવ હાઉસીંગ સોસાયટી, પરેલ ટી. ટી., મુંબઈ ૧૨.	તે મરહુમો દોલતબાનુ તથા રૂસ્તમજી શાવકશા ઈરાનીના દીકરી તે મરહુમ નોશીર નાદીરશા નાદીરશાહના વિઘવા તે દીન્યાર નોશીર નાદીરશાહ ને જેસ્મીન શાહવીર ઈરાનીના માતાજી તે ઝીનોબ્યા દીન્યાર નાદીરશાહ ને શાહવીર દીન્યાર ઈરાનીના સાસુજી તે ફ્રીયાન શાહવીર ઈરાની ને ફરનાઝ શાહવીર ઈરાનીના મમઈજી તે નરગીશ નોશીર ઈરાની, રૂબી મીનુ બિલ્લીમોરિયા, રોહીન્ટન રૂસ્તમજી ઈરાની, મરહુમો કેકા ઈરાની, બાનુ ઈરાની, મની ઈરાની, રોશન ઈરાનીના બહેન તે મરહુમો રતનબાઈ નાદીરશા, નાદીરશા નાદીરશાહના વહુ
Soli Ardeshir Gilder સોલી અરદેશર ગીલ્ડર	91 eq	04-12-2020	Gilder Villa, 17 Perry Cross Road, Bandra Weast, Mumbai 50. ગીલ્ડર વીલા, ૧૭ પેરી ક્રોસ રોડ, બાંદ્રા, મુંબઈ ૫૦.	તે મરહુમો ટેહમીના તથા અરદેશીરના ગીલ્ડરના દીકરા. તે મરહુમો હોમી, કેકી, જાલ, નોશીર, મીનુ, સુના, ખોરશેદ, રોશન, દોલત ને મેહરૂના ભાઈ. તે થ્રીતી ને દારાયશ, ફીરુઝા, દીન્યાર ને દીલનાઝ ને માનેકના અંકલ.
Katy Savak Printer કેટી સાવક પ્રીનતર	82 ८२	05-12-2020	C/9, Jer Baug, Dr. Babasheb Ambedkar Road, Byculla, Mumbai 27. સી૯, જર બાગ, ડૉ. બી.એ. રોડ, ભાયખલા ઈસ્ટ, મુંબઈ ૨૭.	તે મરહુમ શાવક એરચશા પ્રીન્ટરના વિઘવા તે મરહુમો પેરીન તથા પીરોજશા માનેકજી દારૂવાલાના દીકરી તે કેરસી ને ફ્રેડીના માતાજી તે ક્રિસ્ટલ ને કોરાઝોનના સાસુજી તે ઝારા, ઝોઈસ, ઝારયુશ, શરીનાઝ, ઝારીક ને યોહાનના ગ્રેન્ડમઘર તે કયોમર્ઝ, બુરઝીન, કેઝરીન, રયોમંદ, અરઝાન, ડેઝીના માસીજી તે મરહુમો માનેકબાઈ તથા એરચશા પ્રીન્ટરના વહુ.
Nargis Sarosh Kotwal નરગીસ સરોશ કોટવાલ	80	05-12-2020	18 D, Bhiwandiwalla Terrace, J. S. S. Road, Mumbai 2 ૧૮-ડી, ભીવંડીવાલા ટેરેસ, જે. એસ. એસ. રોડ, મુંબઈ ૨.	તે મરહુમ સરોશ સોરાબજી કોટવાલના વિઘવા તે મેહેરનોશ અને મરઝબાન કોટવાલ તથા મરહુમ એદલ કોટવાલના માતાજી તે મરહુમો નવાઝબાઈ તથા કૈખશરૂ લીમજી ભગવાગરના દીકરી તે પુરવી મ. કોટવાલના સાસુજી તે દેલના અને કૈઝાદ મ. કોટવાલના બપઈજી તે મરહુમો ફીરોઝ, મીનુ તથા કુમી પક્કાના બેન તે મરઝી ક. પકકાના માસીજી તે મરહુમો સુનામાય તથા સોરાબજી કોટવાલના વહુ તે મરહુમ ખોરશેદ જમશેદજી પકકાના સાલીજી તે મરહુમો રોશન, રૂસી કરંજીયાના ભાભી તે એદલ, કેકુ, બોમી કરંજીયા, હોમાય અન્જીનીયર, ગુલ ઈરાની, કેશમીરા દલાલ, યાસ્મીનના માસીજી.
Farokh Nariman Contractor કરોખ નરીમાન કોન્ટ્રેક્ટર	85 ८५	05-12-2020	A/13 Nil Terrace Society, Fatehganj, Baroda 390002 એ/૧૩, નીલ ટેરેસ સોસાયટી, ફ્લેહગંજ, બરોડા૩૯૦૦૦૨	તે મરહુમ રોઝી ફરોખ કોન્ટ્રેક્ટરના ઘણીયાની તે મરહુમ ગુલબાનુ એન. નરીમાનના દીકરા તે આશીશના બાવાજી તે હવોવીના સસરાજી બરજીસ અને પીરોજના બપાવાજી મરહુમ બાનુબાઈ તથા પેસ્તનજી પટેલના જમાઈ મરહુમ આબાન ફીરોઝ કોન્ટ્રેક્ટર, સરોશ, દીનશાહ અને રૂસીના ભાઈ તે મરહુમ સોલી, મીનુ, મરહુમ ફીરોજ, મરહુમ શહેરૂ, લીલીના બનેવી તે મરહુમ બેરોઝ, ફરામરોઝ માણેકશાના વેવાઈ તે તરઝીન, નોશીર, બુરઝીન, યાસ્મીન, રશના, યઝદી, અરનાવાઝના કાકા તે રશીદ, રોહેન્ટન, રશના, આરીશના માસા તે યાસ્મીન, હિદ્યુ, મરહુમ સીદ્યુના નણંદવઈ તે લીલી, મીનુ, મરહુમ ફીરોઝના સાલા તે મરહુમ થ્રીતી, હુતોક્ષીના દેર તે રીતાના જેઠ તે મરહુમ ફીરોઝ કોન્ટ્રાક્ટરના સાઢુભાઈ.
Ervad Rohinton Minocher Pavri એરવદ રોહિન્ટન મીનોચેર પાવરી	<b>65</b> ૬૫	05-12-2020	667, Dhunmai Building, 1st Floor, Flat No.5, Lady Jehangir Road, Parsi Colony, Dadar, Mumbai 14. ૬૬૭, ઘનમાય બિલ્ડિંગ, ૧લે માળે, ફલેટ નં. ૫, લેડી જહાંગીર રોડ, પારસી કોલોની, દાદર, મુંબઈ ૧૪.	તે મરહુમો ઓસ્તી હોમાય તથા ઓસ્તા મીનોચેર પાવરીના દીકરા તે મરહુમ ઓસ્તી મહારૂખ રોહિન્ટન પાવરીના ખાવિંદ તે એરવદ ફીરદોશ રોહિન્ટન પાવરીના બાવાજી તે મરહુમો મનીમાય તથા સોરાબજી કાવસજી દુમસ્યાના જમાઈ તે જરૂ યઝદી દુમસ્યા તથા મરહુમ ઓસ્તી હવોવી નોશીરવાન તાતાના બનેવી તે મરહુમ દોલી ભગવાગરના ભાણેજ તે રૂબી, રોહીન્ટન એન્જીનીયરના કઝીન તે એરવદ ફરેદુન, ઓસ્તી અરનવાઝ, ખુશનાઝ તથા અરઝાનના માસાજી.
Ervad Kaiky Khurshedji Karkaria એરવદ કૈકી અરશેદજી કરકરયા	92 e2	07-12-2020	No.11, School Building, Cusrow Baug, S. B. Singh Road, Mumbai 1. નં. ૧૧, સ્કૂલ બિલ્ડિંગ, ખુશરૂ બાગ, એસ. બી. સીંઘ રોડ, મુંબઈ ૧.	તે ઓસ્તી વીલુ કેકી કરકરયાના ખાવિંદ તે તીનાઝ બુરઝીન તોડીવાલા તથા હુકરીઝ કરકરયા સેઠીના બાવાજી તે ઓસ્તી આલામાય તથા એરવદ અરશેદજી કરકરયાના દીકરા તે બુરઝીન સામ તોડીવાલા તથા અઘીરથ પ. શેઠીના સસરાજી તે જનાઈઝા તોડીવાલા તથા યાવીક્ષ્ત સેઠીના મમાવાજી તે એરવદ ફીરોઝ ક. કરકરયા, ઓસ્તા રસ્તમ ક. કરકરયા તથા મરહુમો ગુલ કસાદ તથા દીના આંત્યાના ભાઈ તે મરહુમો દૌલત તથા હનોઝ ઈરાનીના જમાઈ તે પરસી કરકરયા, રોશની મારફત્યા, ફરઝાના ભેસાડયા, જેસ્મીન બુહારીવાલા, બજી આંત્યા, રોહીન્ટન આંત્યા, ઝરીર આંત્યાના અંકલ તે સામ તોડીવાલા, પ્રમોદ સેઠી, રોડા સ્કુવાલા, ગુલશન તોડીવાલા, તારા સેઠી, નરગીશ ઈરાનીના બ્રધર ઈન લો.
Pesi Sorabji Homavazir પેસી સોરાબજી હોમાવઝીર	82 ૮૨	07-12-2020	401, Raviraj Chs Limited, Juhu Versova Link Road, Andheri (W), Mumbai 53. ૪૦૧, રવીરાજ સી. એચ. એસ. લિમિટેડ, જુહુ વરસોવા, લીંક રોડ, અંઘેરી (પ.), મુંબઈ ૫૩	તે મરહુમ ગુલ પેસી હોમાવઝીરના ખાવિંદ તે મરહુમ શેરબાનુ શોહરાબજી હોમાવઝીરના દીકરા તે શેહઝાદના પપ્પા તે ઉફરીઝના સસરા તે નાશા અને શનાયાના બપાવા. તે જહાંગીર તથા મરહુમો નરગીસ, કેકી, ઘન, કલીના ભાઈ તે મરહુમ શેરૂના દેર તે કીરોઝ, મારૂખ, પરસી દારૂવાલાના મામા તે પરસીઝ વીસપી ભોટના કાકા તે આદીલ, મરહુમો કેલી કુપર, પરવીઝ તેહમટન એલાવ્યાના બનેવી તે મરહુમ કેટી કાવસજી કુપરના જમાઈ તે જહાંગીર એલાવ્યાના માસા તે નવાઝ કુપરના કુવા તે જાલુ તથા મરહુમ જાલેજર કાસદના વેવાય.
Mackoo Hoshie Malgham માકુ હોશી માલઘમ	<b>76</b> ૭૬	07-12-2020	309, Cumballa Crest, 42, Peddar Road, Mumbai 26. ૩૦૯, કમબાલા ક્રેસ્ત, ૪૨ પેડર રોડ, મુંબઈ ૨૬.	તે હોશી હીરજી માલઘમના ઘણીયાણી તે મરહુમો પીલુ તથા ફરોખ મુલ્લાના દીકરી તે મરહુમો અદી, મેહરૂ, યઝદી, રઝુ, નંદીતા તથા મહીન્દ્રના સીસ્તર-ઈન-લો તે હોમી અને જરૂના બહેન તે સોરાબ, વેદા, ફરાહ તથા જહાંગીરના આંટી તે મરહુમો બચા તથા હીરજી માલઘમના વહુ.
Osta Dhanjishaw Hormusji Sanjana ઓસ્તા ધનજીશાહ હોરમસજી સંજાણા	81 ረዓ	07-12-2020	Kusum Vijay House, 174, Modi Street, Fort, Mumbai 1. કુસુમ વિજય હાઉસ, ૧૭૪ મોદી સ્ટ્રીટ, ફોર્ટ માર્કેટ, ફોર્ટ, મુંબઈ ૧.	
Bomi Naoroji Adajania બોમી નૌરોજી અડાજનીઆ	<b>87</b> ८७	20-11-2020	Orient House, 666, Dadar Parsi Colony, Lady Jehangir Road, Mumbai 14. ઓરીયેન્ટ હાઉસ, ૬૬૬ દાદર પારસી કોલોની, મુંબઈ ૧૪.	તે મરહુમ હુરીશના બોમી અડાજનીયાના ઘણી તે મરહુમ નૌરોજી અને મરહુમ શેરાના દીકરા. મરહુમ સોરાબ, મરહુમ હોમીના ભાઈ. _વધુ માટે જુઓ પાનુ ૧૭

## માહ બોખ્તાર, માહ યઝદ બેરેસાદ

#### સૌમ્ય ચંદ્રના આશીર્વાદો આપણને મળી શકે! (યક્ષ્ત સરીઝ)

ચંદ્રમાં અવિશ્વસનીય જાદુઈ અને ચુંબકીય કંઈક છે. હું ચંદ્રની પ્રશંસા કરવામાં એટલી ખોવાઈ ગયી હતી કે ચાલતા ચાલતા એક વાર લપસી ગઈ હતી. તે છતાં પણ મેં તેના સૌમ્ય કિરણોમાં ભીંજાવવાનું ક્યારેય અટકાવ્યું નથી. ઘણી વાર, હું રાત્રે જાગતી હોઉં ત્યારે બારીમાંથી ચંદ્રનો પ્રકાશ વહેતો જોવા મળે છે. તેની શાંત પ્રકાશની પ્રશંસા કરવા માટે ઘણી વાર હું જમીન પર માથાને ટેકવીને સુઈ ગઈ છે.

માણસે શોધી કાઢયું છે કે ચંદ્રના ચુંબકીય ખેંચાણ દરિયાની ભરતી અને ઓટનું કારણ છે. ભારતીય જ્યોતિષવિદ્યા ચંદ્ર કેલેન્ડર પર આઘારિત છે અને આપણા ગ્રહની નિકટતાને કારણે, ચંદ્રનો પ્રભાવ સૂર્ય કરતા વધુ મજબૃત માનવામાં આવે છે. ભલે આપણે પોતાને વ્યક્તિઓ તરીકે સમજીએ, પણ આપણે ખરેખર એક સંયુક્ત બ્રહ્માંડના નાના નાના કણો છીએ. આ આપણી શક્તિઓ દ્વારા



પ્રાર્થના કરવામાં આવે છે જે આપણી પ્રાર્થનાનું પાઠ કરે છે અને તરત જ તેમના સ્પંદનોના ફાયદા અનુભવે છે. આ દરેક પ્રકૃતિ અથવા બ્રહ્માંડના કેટલાક અથવા બીજા પાસાથી સંબંધિત છે. 'માહ બોખ્તાર નીઆએશ' અને 'માહ યક્ત' ચંદ્રને સમર્પિત કરવા માટેના દળ છે. દીનબાઈના પુસ્તકમાં ચંદ્રને વર્ણવતા શબ્દો અનુસાર, એક સુંદર અરીસો, નમ્ર પ્રકાશ આપનાર, દેવી ગાયનો ચહેરો. બહમન અમેશાસ્પંદની જેમ, માહ બોખ્તાર પણ ગોશપાન્દ (પશુ) ના સર્જક છે. એવું પણ કહેવામાં આવ્યું છે કે તમામ અમેશાસ્પંદ, મોહોર યઝદ અને માહ બોખ્તારમાં ગાયની લાક્ષણિકતાઓ છે.

માહ બોખ્તારનો દરક્ષ્ટ્રો એમેશાસ્પંદના સમાન છે, પાક દાદાર અહુરા મઝદાના સહકાર્યકરો, જેઓ અસ્તિત્વના સાત જુદા જુદા ક્ષેત્રનો હવાલો લે છે.

ચંદ્રની કળા, જે પંદર દિવસ સુધી ફેલાયેલી છે, તે ખૂબ જ ખાસ લય છે. આપણે હવે જાણીએ છીએ કે આ ચંદ્ર પર પડતી પૃથ્વીની છાયા સાથે સંબંધિત છે, પરંતુ શાસ્ત્રોમાં જણાવાયું છે કે ચંદ્ર પૃથ્વીના આશીર્વાદ અને માનવજાત દ્વારા કરવામાં આવેલા સારા કાર્યોને અશો પાક રાવણને અર્પણ કરે છે.

ચંદ્રમાં જ્યારે ખીલે છે (વૃદ્ધિ પામે છે) દરમિયાન, તે તમામ જીવંત પ્રાણીઓ, ખાસ કરીને જે લોકો નિયમિતપણે આ નીઆએશ/ યક્ષનો પાઠ કરે છે તેને આજીવિકાની પુષ્કળ આશીર્વાદ આપે છે. રાત્રિ દરમિયાન, તેનો નમ્ર પ્રકાશ દેશના આશીર્વાદ લે છે. ચંદ્રનો પ્રકાશ નમ્ર અને કોમળ પ્રકાશ છે જે આંખને નુકસાન પહોંચાડતો નથી, બહમન અમેશાસ્પંદની તેજસ્વીતાની જેમ, જે તમામ જીવંત લોકો પર નમ્ર છે.

વોહુમનોની જેમ, માહ બોખ્તારની અસર પણ મન સાથે સંબંધિત છે. તેથી, સલાહ આપવામાં આવે છે કે જ્યારે તમે અથવા કોઈ પ્રિય વ્યક્તિ ખૂબ વ્યથિત હોય અથવા ડૂબેલા મનની હોય, ત્યારે આવા વ્યક્તિ માટે માહ બોખ્તાર નીઆએશનું પાઠ કરવું ખૂબ જ ફાયદાકારક છે. ચંદ્રની શાંતિ અને સુલેહ-શાંતિ મનને વશ કરશે, તે આ પ્રાર્થનાની શક્તિ છે.

- ડેઝી પી. નવદાર

## ें तंहुरस्त रहेवा...

#### આદુની ચા જ નહી, આદુંનું પાણી પણ છે ગુણકારી

આદુંનો ઉપયોગ આપણે બધા પોત-પોતાના ઘરમાં કરીએ છીએ. કેટલાક લોકો



તેમનો ઉપયોગ મસાલાના રૂપમાં કરે છે. તો કેટલા ગાર્નિશિંગ માટે. તેના ફ્લેવરથી ભોજનનો સ્વાદ વધી જાય છે. આ ઉપરાંત તે બળતરા, એંટીફંગલ, એંટીબેક્ટીરિયલ અને એંટીવાયરલ ખૂબીઓથી પણ ભરપૂર હોય છે. તેના કારણે આ એક હેલ્થ ટિશ્યૂને સ્વસ્થ બનાવી રાખવામાં મદદ કરે છે. આદુંને ઘણી રીતે ખાઈ શકાય છે પણ ચામાં તેનો ઉપયોગ વધારે ફાયદાકારી હોય

છે. પણ આદુંની ચાની સાથે-સાથે આદુંનું પાણી પણ સ્વાસ્થય માટે લાભકારી હોય છે

- પાચનમાં મદદગાર- આદુનું પાણી શરીરમાં ડાઈજેસ્ટિવ જ્યૂસને વધારે છે.
   તેના સેવનથી પાચન ક્રિયામાં સુધાર આવે છે.
- ત્વચા સંબંધીએ રોગોને દૂર રાખે છે- આદુંનું પાણી પીવાથી લોહી સાફ થાય
   છે અને સ્કિન ગ્લો કરે છે. આ પિંપલ્સ અને સ્કિન ઈંફેકશનના ખતરાને પણ દૂર કરે છે.
- 3. મધુમેહને કંટ્રોલ રાખે છે- આદુનું પાણી ડાયબિટીઝના દર્દીઓ માટે ખૂબ લાભકારી હોય છે. તેના નિયમિત સેવનથી શરીરનું બ્લડ શુગર લેવલ કંટ્રોલમાં રહે છે. એટલું જ નહી તેનાથી સામાન્ય લોકોમાં ડાયબિટીઝ થવાનો ખતરો પણ ઓછો થાય છે.
- ૪. દુ:ખાવાથી રાહત- આદુનું પાણી નિયમિત રૂપથી પીવાથી બ્લડ સર્કુલેશન ઠીક રહે છે અને મસલ્સમાં થનાર દુ:ખાવાથી રાહત મળે છે. સાથે જ માથાના દુ:ખાવામાં પણ ખૂબ ફાયદાકારી હોય છે.
- પ. વજન કંટ્રોલમાં રાખે છે- આદુંના પાણીથી શરીરમાં મેટાબોલીઝમ ઠીક રહે છે. તે રોજ પીવાથી શરીરનો વધારાનો ફેટ ખત્મ થઈ જાય છે.
- દ. કેન્સરથી રક્ષા- આદુમાં કેન્સર સામે લડનાર તત્વ- હોય છે. તેનું પાણી ફેફસાં, પ્રોસ્ટેટ, ઓવેરિયન, કોલોન, બ્રેસ્ટ, સ્કિન કેન્સરથી રક્ષા કરે છે.
- 9. રોગ પ્રતિરોધક ક્ષમતા વધારે છે- આદુનું પાણી શરીરની રોગ પ્રતિરોધક ક્ષમતા વધારે છે. દરરોજ તેને પીવાથી શરદી-ખાંસી અને વાયરલ ઈફેકશન જેવા રોગના ખતરો ઘટી જાય છે. આ સિવાય આ કફની સમસ્યાને પણ દૂર કરે છે.

#### ઓ અમીર સેઠિયાઓ

ગરીબો નો હક મારી થયલા અમીરો, રહેજો જરા સાવધાન નહી પચસે તમને કદી બી આં અન્ન, આં ધાન; કર્મ ઝાપટી લેશે તમારું આં ધન ધાન્ય ને માન આવી હરકતો કરીશું, તો કેમ જાળવીશુ સ્વમાન. છે આં તો વડવાઓ એ આપેલી દૌલત મિલકત, દાન; આં સાચવવા ની છે ફરજ, વાળો નહિ આં મિલકત નો ઘાણ. કરો કાર્ય ભલાઇ ના, તો જ મળશે તમને સનમાન

– આફ્રીદ દસ્તુર

#### Death Announcements from Prayer Hall

10.12.2020	B-6, Shapur Baug, VP Road, Mumbai 4. બી-૬, શાપુર બાગ, વીપી રોડ, મુંબઈ ૪.	તે મરહુમ રોડા તથા આદરબાદ દેબુના દીકરા તે કમલ જમશેદ આંટીયા, ગુલશન આદરબાદ દેબુના ભાઈ. નેફયુ નીસઃ ઝર્કસીસ, દાનેશ આંટીયા, નેહા, ઝેન આંટીયા.		
06.12.2020 t	Wagla Cooper Building, 4th Floor, Khetwadi 12th Lane, Mumbai 4. વાગલા કુપર બિલ્ડિંગ, ૪થે માળે, ખેતવાડી, ૧૨મી ગલી, મુંબઈ ૪.	તે મરહુમ ક્રિશ્ના કુમારના ઘણીયાણી તે મરહુમ શીરીનબાઈ તથા રૂસ્તમના દીકરી તે મરહુમ ગુલેસ્તાન, ફ્રેની, ખોદાદાદ, જાલ, રોશન, રાનીના બહેન. નેફયુ, નીસઃ રોડા, મરહુમ રૂસ્તમ, ઝરીન, મરહુમ મહારૂખ, આબાન, સોહરાબ, દિનશાદ, દિનાઝ, દારાયસ, મરહુમ રૂસ્તમ, ગવેર, મરહુમ હોરમઝ, અદી, સિદ્ધુ, આલુ, આબાન, રૂસ્તમ, બખ્તીયાર, યાસ્મીન.		
10.12.2020	Ist Floor Mody House, 673, Dadar Parsi Colony, Road no 14, Dadar East, Mumbai 14. ૧લે માળે મોદી હાઉસ, ૬૭૩ દાદર પારસી કોલોની, રોડ નં. ૧૪, દાદર ઈસ્ટ, મુંબઈ ૧૪.			
	11	નં. ૧૪, દાદર ઈસ્ટ, મુંબઈ ૧૪.		

#### Death Announcements from Poona Parsee Panchayat (Trust Office)

Mehru Homi Karkari	a
મહેરૂ હોમી કરકરીયા	

73 02-12-2020

93

D-405, Parsi Colony, Lulla Nagar, Pune 411040. ડી-૪૦૫, પારસી કોલોની, લુક્ષા નગર, પુણે ૪૧૧૦૪૦. તે મરહુમ એરવદ હોમી માણેકશા કરકરીયાના ઘણીયાણી તે મરહુમ શહેરનાઝ તથા હોશંગ કરકરીયાના મમ્મા તે વંદના હોશંગ કરકરીયાના સાસુજી તે માણેક તથા હોરમઝ હોશંગ કરકરીયાના બપયજી તે સોનીકા માણેક કરકરીયાના બપયસાસુ તે જેમી ઘનજીશા ખોદાયજીના બેન તે મહેરનોશ જેમી ખોદાયજીના ફઈ.

## Finding Your 'Ikigai'

Veera is a published Author ('Endured' and '#LoveBitesLifeHacks') and Columnist; a passionate Educator and Counsellor;
Poet and Philosopher... but most of all, a lover of all things literary.



**VEERA SHROFF SANJANA** 

kigai' - vou've probably heard or seen the word. .Or, maybe you've seen the multi-circle Venn diagram. A while ago, this book, 'Ikigai', with the serenely beautiful blue cover and a stylistic cherry blossom, started doing the rounds and immediately became a Los Angeles Times bestseller. Ikigai (pronounced 'eye-ka-guy') became a topic of conversation and the book sold copies like hot cakes. The authors Hector Garcia and Francesc Miralles were intrigued by the Japanese concept of 'lkigai' or a reason for living. In researching this book, the authors interviewed and the residents of the Japanese island, Okinawa, which boasts of the highest percentage of 100-year-olds one of the world's Blue Zones.

Why do the Okinawans live longer than the average Western lifecycle? Ikigai revealed the secret to their longevity and happiness. According to the Japanese, everyone has an ikigai or 'reason for being'- and finding it is the key to a happier and longer life. Having a strong sense of ikigai - the place where Passion, Mission, Vocation and Profession intersect - means that each day is infused with meaning. The book claims and provides practical tools to help you find your own ikigai. Because, let's be honest - in this crazy world we inhabit, who doesn't want to find happiness and real meaning in their every day?

Ikigai is, above all else, a lifestyle that strives to balance the spiritual with the practical. This balance is found at the intersection where your passions and talents converge with the things that the world needs and is willing to pay for. For most of us there is this existential frustration that stems from our conflicting desires. We all want a life of meaning and consequence on the one hand, while striving to enjoy the lifestyle that comes with money. In trying to find the balance between all the things that make money and the things you care about, the result

Ikigai A JAPANESE CONCEPT MEANING "A REASON FOR BEING" What you Satisfaction. Delight and LOVE but feeling of fullness, but uselessness no wealth PASSION MISSION What you are What the Ikigai world NEEDS **GOOD AT PROFESSION** VOCATION What you Comfortable. Excitement and

PAID FOR

invariably is infuriating.

but feeling of

SOURCE: dreamstime

emptiness

According to Japanese culture everyone has ikigai. It indicates the value one finds in their life or the things that make someone feel their life is valuable. It involves both - mental and spiritual circumstances to make one feel that one's life has purpose. What is unique about ikigai is that it's interchangeable. It is unique to every individual and accepts the idea that happiness is actually quite elusive. Ikigai as a concept can grow and develop just as you do. If one path of purpose ceases to exist, you can adapt, change and pursue new passions with purpose. Ikigai makes room for this. Ikigai is as much about the changes, challenges and the mistakes we may make as we go about the ultimate achievement of a happy life.

#### How To Find Your Ikigai?

Detecting our strengths is not always easy. But theses four simple questions can help us find our path. Writing them down and regularly reflecting on them, one can use them as a compass bringing you closer to your purpose. To find your lkigai, ask yourself:

- 1) What do I love? (Passion)
- 2) What am I good at? (Vocation)
- 3) What can I be paid for? (Profession)

#### 4) What does the world need? (Mission)

Ikigai is the union point of these four fundamental components of life: Passion, vocation, profession and mission. In finding your sweet spot with Ikigai one has to remember a few fundamental things too...

complacency,

but sense of

uncertainty

Your Ikigai Doesn't Need To Be All About The Money: Your career is not your ikigai. The Japanese believe there is more to life than work! (And this coming from perhaps the most extreme workaholic cultures in the world.) To the Japanese, hobbies, family, and friends all scored higher than work when asked about their ideal ikigai. If your career is the reason you spring out of bed each morning, then that's awesome. But if it's not, there's really no need to despair. Many elderly Japanese women are housewives. Their ikigai is their family and close group of friends. Yet they never consider their life to be without real purpose just because they don't make money doing what they love. Addiction to monetizing everything can really get in the way of our individual ikigai. Sometimes it's just right to keep your passion as a hobby to add more value to your life rather than adding a price tag on it.

Your Ikigai Really Doesn't Need To Be Found: Your purpose in life is certainly not floating around waiting to be caught. Everyone's reason and purpose of being stems from within and it is definitely you who decides what it is. Oftentimes, self-doubt plagues the best of us. Why? Simple - it's because we haven't found that magical purpose we are all striving for. That idea that something is out there to make our lives perfect, is a fallacy. It's certainly comforting to begin with, but destructive when the chase is eternal. Our purpose can come into our lives accidentally and we may grow to love it. While we all seek to do what we enjoy, sometimes we need to also enjoy what we do, instead.

Your Ikigai Can Be Multidimensional: While the idea of one pure purpose in life can certainly be enticing, most of us find joy and purpose in many parts of our lives. So, is a happy person cheating on their ikigai if they love their family and their work? Of course not. It's the different areas of our lives that make for happiness and stability. A person who finds joy and purpose in different areas, rarely fails to be at peace.

Your Ikigai Can Change: Change is the only constant in life. Our life is a series of events and circumstances. Over time, we as humans grow, changing physically, mentally and emotionally. As we evolve, so must our purpose. When we choose to cling to our past selves, we tend to limit our present purpose. To accept change and flow is a basic part of Ikigai.

Your Ikigai Needs To Be Simple: Ikigai isn't about impressing other people. Ikigai is primarily about what is important to you and not who other people would like you to be. It is really about the joy of little things. For the Japanese, ikigai can be a practice in gratitude. It is about not getting caught up in what we do not have. It is all about things that bring happiness to your everyday life... What puts that smile on your face and what adds immeasurable value to your existence. Basically, what would you continue to do even if you had enough money to live the happily ever after?

Man is a paradoxical creature - we can be foolishly clueless at times, yet so tuned in otherwise, to our purpose here. I am learning each day, a moment at a time my 'Perfect Ikigai'. Are you?

SATURDAY, December 12, 2020

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## The Tremendous Power Of 'Shukrana'



hukrana' or gratitude, means appreciation; appreciation demands that we focus on the good within ourselves, in others, in the world and life itself. Authentic relationships and good relationships are formed and nurtured only because of gratitude. We appreciate only when we take absolutely nothing for granted and when we take this positive mental-about-turn, we are grateful to just get up every morning (without anyone's help), grateful for the first cup



and is an antidote to stress and depression.

Neuroscience and medicine show that gratitude slows down our heart rate, relaxes the



of tea and the birds that chirp lustily on our windows. We are grateful for the vibrant life around us, the sky, the first ray of the sun as it rises, the trees, the grass, the flowers...

The human mind is complex. Understanding our own inner-space is more challenging than conquering outer-space. Psychology, neuroscience. medicine and spirituality - all stand in absolute agreement about the power of gratitude. According psychology, gratitude helps us focus on the good in people and the world, so we have meaningful and enduring interpersonal connections. It keeps us proactive, motivated and happy to be alive. It removes negative emotions and helps deal with life's setbacks, tragedies and disappointments. It fosters a sense of well-being

body's internal system, boosts immunity and thereby increases our sense of well-being. It slows down the activity of the sympathetic nervous system and relaxes us. Thus, the wear and tear on our nerves and internal organs is minimized. It decreases the stress-hormone cortisol. In short, it has an antiaging, relaxing effect on us.

From a spiritual perspective, (as also quantum physics), all creation is connected by a universal energy field, which appears to have intelligence and is receptive to communication through the language of emotions - it responds to our emotions! The most powerful emotion, second only to love is gratitude which is the activator of the Cosmic switch and therefore at the heart of any effective prayer.

you see, whether So it's medicine, psychology or spirituality (which all traverse different paths) everything seems to arrive at one destination, which is to confirm that gratitude has the power to positively transform our life. Gratitude optimizes our physical and mental wellbeing and it allows us to see the magical in the mundane. It alters the very texture and fabric of our lives in miraculous ways, even attracts universal blessings into our lives. The more we thank, the more we have to thank for!

Some people grumble about their spouse, children, friends or job instead of being grateful for what they have! In John Brugaleta's essay on gratitude, he writes, "May I always remain grateful for any shelter, any mouthful of food or sip of water, any friendly gesture and offer of help or even a touch of understanding

another from person." Before a meal, Catholics say, "Thank you God for what we are about to receive," and say, "Khodaiji Shukrana." na The Japanese say "Itadakimasu", a tiny word with long meaning "I humbly and thankfully receive this food and bless the hands of those who grew, prepared served it."

"Itadakimasu" relates to the Buddhist principle of thanking the plants and animals who "gave their lives" for the meal you'll eat. It is also supposed to include the hunter, farmer, grocer, transported, shopkeeper and the person who cooked the meal. "Itadakimasu" is said all the time in Japan, for the smallest thing as gratitude. I'll end this para by saying "Itadakimasu" to my Editor for carrying this article and all of you for reading it!

On a personal note, my Bapaiji was on a perpetual diet of gratitude from morning till night, every day of her life in spite of set-backs, hardships and tragedies. An incurable optimist, unlike most of her contemporaries, she never spoke of her health problems and led a busy and productive life filled with tennis at YMCA, hour-long morning and evening walks and did cooking for the

entire family with little help from others. She loved books, plays, movies, music, meeting friends and going to circus with the glee of a child.

She helped everyone who came to her, like an arm-chair life-coach and counsellor. She prayed only for a few minutes on walking-up in the mornings and going to bed at night. She was totally iconoclastic and prayed herself for her husband instead of having any rituals for him. She wasn't rich in monetary terms but far richer than her monied friends who were always whining, complaining, pessimistic and dissatisfied. The secret of her "happiness diet"? Well, she counted her blessings from moment to moment. In the mornings, I'd hear her say - what a lovely day, lovely sunshine, lovely rain and unfailingly add SHUKRANA the magic word!

We measure happiness in terms of days and weeks, whereas it should be measured in terms of moments. We also confuse happiness with what money can buy whereas most happy things are free like sunrise, getting out of bed without anyone's help, long walks, gentle breeze, holding hands with your spouse, the laughter of children sitting in Nature etc.

Have an attitude of gratitude. Say 'Shukrana' where it is due. Next time you have insomnia, don't count sheep - count your blessings and you'll sleep like a newborn baby!!



## SATURDAY, December 12, 2020 Historic Indian Maiden Formula 2 Victory For Jehan



n an immensely proud moment for Indian sport and our community, India's F1 hope, Jehan Daruvala won the Formula 2 race at the Sakhir Grand Prix, Bahrain. A thrilling battle against F2 Champion - Mick Schumacher and Daniel Tictum saw our 22-year-old Indian racing prodigy emerge on top, in the support race of the Formula 1 Grand Prix.

Jehan had a good launch from 2<sup>nd</sup> on the grid and was up alongside pole sitter - Daniel Ticktum. Tictum squeezed Jehan on the inside which allowed Championship Leader Mick Schumacher to go around the outside of both of them. Eventually, Ticktum emerged in the lead, followed by Schumacher and Jehan in third. A few corners later Jehan made a good move to pass Schumacher and get into second.

A few laps later Schumacher passed Jehan, to relegate him to third. Jehan however did not give up. A thrilling battled ensued and eventually Jehan got past Schumacher once again, to get back into second. Jehan then reeled off a series of quick laps to catch the race leader. However,

Jehan was unable overtake. battle for the lead intensified as Ticktum seemed desperate to win the last race of the season. Jehan, however, kept his cool and kept up the pressure. His excellent race-craft forced the race leader to start making mistakes, but Jehan found it tough to get past.

Eventually with less than ten laps to go, Jehan made another fantastic move to get past Ticktum and grab the race lead. Thereafter, Jehan drove well to slowly start opening up a gap to the cars behind. Jehan finally took the chequered flag to win his maiden FIA Formula 2 race. His Japanese teammate Yuki Tsunoda was second, over 3.5 seconds behind Jehan, while Ticktum was third.

"Motorsport is pretty big in India. We obviously have a lot of people, so I have a big fanbase back home, and my goal, at the end of the day, is not just to do myself proud but also do my country proud and to prove to people from back home that even though we don't have the same facilities and stuff that guys have in Europe, as long as you can work hard, you can fight right at the sharp end of the grid," said an elated Jehan.

The Indian National Anthem being heard across the Bahrain International Circuit, was the best possible way for Jehan to end his season first Formula 2 season. Mick Schumacher won the F2 Championship.

Photo Credits - James Gasperotti



#### **PT Announcement**

Dear Friends.

Due to inflation, increasing costs, and reduced revenues because of the pandemic. Parsi Times will be increasing the cost of your favourite newsweekly (by just Rs. 2/-), and will now be available at Rs.7/-, shortly. (This would amount to a very nominal increase of Rs.8/- per month for our subscribers.)

Parsi Times thanks all our readers and well-wishers for your continued readership, participation and support through the years.

- Parsi Times Management

#### WZCC's WEBINAR W

Parsi Times brings you the weekly schedule of WZCC's Webinars which have been conducted through the epidemic and have greatly benefitted community members worldwide, with their insightful, informative and highly beneficial sessions, with speakers who are authorities in their respective fields. Our very own techguru, Yazdi Tantra has been holding a series of Zoom Meetings online on Technology for the layman, under the title 'TantraTech', every Friday at 9:30pm (IST). You can attend these at: https://bit.ly/yazdizoom. (Past recordings available at: https://bit.ly/yazdiyoutube.)

#### 'NUTS AND BOLTS OF DIGITAL MARKETING' [Pune Chapter]

When: 12th December, 2020 Time: 7:00 pm (IST)

Speakers: Parinaz Buhariwalla.

Link: https://forms.gle/Y9xmreTYrWEKjdvU8

PIs Note: You need to fill the form and mail it to wzccpune@ gmail.com. Thereafter, link to join the webinar will be sent to you by email.

#### 'MIND MAPPING TOOLS' [Tantra Tech Exclusive Session]

Speakers: Yazdi Tantra.

Link: https://us02web.zoom.us/j/8487251418

Contact: Yazdi Tantra

(For membership: www.tantratech.in/subscribe)

#### SURVIVING AND THRIVING AGAINST ALL ODDS' [Dubai Chapter]

When: 19th December, 2020 Time: 8:00 pm (IST)

Speakers: Sam Balsara & Lara Balsara Vajifdar, Madison World.

Link: https://zoom.us/j/8487251418

Contact: Meher Bhesania bhesania@emirates.net.ae.