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#### FROM THE EDITOR'S DESK

#### A Time For Love

Dear Readers,

There was hardly ever a time when the world was more in need of love, than it is now. The struggle, or should I say battle, with humanity's deadliest challenge, in the form of this ongoing and unceasing pandemic, has been intense and chronic. While no one has been spared of its wrath, there is still much reason to be grateful. We are blessed with resilient spirits... we continue to rise after every fall, we hold on to hope and we continue to heal, we hold on to faith and we continue to love.

Next week, February 14th, marks Valentine's Day, a day in the year which formally celebrates love. But love should be celebrated every day of the year, every moment, in all its various forms... like healing and gratitude and compassion and warmth and friendship and passion and affection... and all things that uplift the spirit and rejuvenate the soul. Lao Tzu's famous saying hits the nail on the head - "Being deeply loved by someone gives you strength while loving someone deeply gives you courage." The past two years have been nothing if not humanity's ultimate testament to great strength and courage.

Let the love keep flowing freely, let it ignite a lover's heart as much as it lights up the eyes of your mother; let it as easily bring a smile to a face bereft of one, as it envelopes those we love. More than ever, this is a time for healing. More than ever, this is a time for love. Here's wishing you and yours, a fun and safe weekend and a Happy Valentine's Day!

Anahita
 anahita@parsi-times.com

#### Religious Announcement

Nirangdin Ceremony at Wadiaji Atash Behram

A Nirangdin ceremony, in memory of Late Soonu Framarz Nariman, will be held at the Wadiaji Atash Behram, on 19th February, 2022 (Roj Dae-Pa-Adar, Mah Meher, 1939 Y.Z.) at midnight. It will be performed by Er. Noshirwan Jehambux Tata.

"Never regret anything that made you smile."

- Mark Twain



### **Appeal: AGRA PARSI ANJUMAN**

This is to inform the members of our Zoroastrian community / humdins, that recently a lot of repair work had been undertaken for the Aramgah, by the Agra Parsi Anjuman. Currently, this repair-work has been completed and the painting work has started.

Due to scarcity of funds, hardly any source of income, lack of donations and barely any support from some of those who have graves of their family members buried there, we have had to curtail some of the work - like the replacement of broken marble grave-stones, painting and repair work of part of the inside boundary wall, etc.

Due to reducing interest rates and rising cost of maintenance, our present corpus has become inadequate to bear the regular expenses of the Aramgah and the Dharamshala building. We are thus putting out an appeal to invite Individuals or Charitable Trusts to contribute to this noble cause so that the work may be completed. All donations will be gratefully received and properly applied, as well as acknowledged.

Rank Details

Bank of Baroda (Main Agra Branch)

A/c No: 00780100000581 IFSC: BARBOAGRAXX

**Account Holder: AGRA PARSI ANJUMAN** 

For further details/queries about donating to Agra Parsi Anjuman, kindly contact:

President: Porus Debara at (+91) 9837022123 / Hon' Secretary: Dr. Rati Khabatta at (+91) 9837113690

#### JOB OPPORTUNITY FOR OFFICE ADMIN

A South-Mumbai based Parsi orgnisation (5-days Working), is looking to hire Administration staff – Full-time or Part-time.

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PLS NOTE: CANDIDATES WITHOUT WORKING KNOWLEDGE OF 'TALLY VERSION 9' WILL NOT BE CONSIDERED.

#### **Appeal**

### Donation Needed For Restoration/Upkeep Of Nargol's Poonjiaji Agiary

argol is one of the oldest Parsi Zoroastrian settlements in India, making our holy Nargol Dadgah Saheb at least 800 years old. A consecrated Adaran Saheb was later established in 1946, generously financed by Poonjiaji Brothers (hence the name: Poonjiaji Agiari).

Unfortunately, today, this historic institution is in danger due to lack of funds, insufficient corpus and inflation, making it impossible to sustain the recurring expenses of the Agiary or cater for the much-needed repairs and maintenance of the premises. Today, our Poonjiaji Agiari building and associated structures are in grave need of restoration work estimated at Rs. 40,00,000 (Rs. forty lakhs).

Our old Mobed Saheb is well past his retirement age but continues to bravely soldier on as we are unable to afford the current salary for young Mobeds. The same is the case with our Chasniwala, whose age disallows the required upkeep and cleanliness for the Agiary, but we are unable to employ a young man due to financial constraints.

We, the new set of trustees have recently taken over the responsibility of running the affairs of the Anjuman and look to set things right. Hence, we appeal to our munificent individuals and institutions to come forward and donate generously to help us restore a historic institution to its past glory. We welcome your support for any project - fully or partly.

Cheque Payments may be drawn in the name of 'Nargol Parsi Jarathosti Anjuman' and mailed to our Treasurer, Rohinton Dadachanji at Lady Dorab Tata Building No. 3, Flat No. 4, Tata Blocks, S V Road, Bandra West, Mumbai 400050, Maharashtra.

For Bank Transfers, kindly intimate us via e-mail at nargolanjuman@gmail.com once transfer is made in either of the banks, with details as under:

(I) Bank of Baroda (Nargol Branch) A/c No.: 92930100000085 IFSC Code: BARBODBNARG

(II) Bank of India (Nana Chowk Branch) A/c No.: 003610100035884

IFSC Code: BKID0000036

#### We remain your ever grateful Trustees:

Hoshang Havewala, Chairperson (+9198200413740); Rohinton Dadachanji, Vice-Chairperson & Treasurer (+918976000982); and Khusroo Daboo, Managing Trustee (+919820452434).

SATURDAY. February 12, 2022

## **Kudos To Young Rathest**

ith a firm belief in the adage, 'Happiness to those who help every year, committee members of 'Young Rathestars' of Dadar, Mumbai, reach out to provide help and support to poor Zarthosti families living in the hinterland of Gujarat. Founded in 1942, the NGO - Young Rathestars has been providing excellent philanthropic service, for over 30 years now, via its consistent Annual Grain Distribution, in the remote villages of Gujarat.



under-privileged Parsi / Zoroastrian families and humdins with

essential items of daily use and consumption. including food-grains, Sadras, towels, etc. Young Rathestars headed by Chairperson - Arnavaz Mistry, Vice President - Homiyar Doctor, Secretary -

Yasmin Mistry and Shiraz Guard who has helped elevate the program to the next level.

Speaking to Parsi Times, Young Rathestars President, Arnavaz Jal Mistry, shared, "It is the aim of Young Rathestars to reach out to and provide basic support to our lesser fortunate community brethren who are cut off from the mainstream, and are residing in the interiors of Gujarat. Things have become even more worse for them since the pandemic and they are undergoing very challenging times. They need our help more than ever and we are blessed to be able to make a small difference in their lives."

This vibrant group individuals, committed serving our community, already preparing the next leg of its programs, scheduled for distributing of foodgrains, sadras and towels in the interior of other Gujarat villages, including Ankleshwar, Bharuch and Surat.

who Those wish to support the cause, can send in your cheques in favour of: 'YOUNG RATHESTARS' to the President, Mrs. Arnavaz Jal Mistry, 802/A - Ekta Invictus, 68 - Dr. Ambedkar Road, Dadar (East), Mumbai 400014.

For further details: **Arnavaz Mistry:** 9821009289 /9137713817 or Homivar Doctor: 8693822722



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#### Samaritans carried out their yearly grain distribution exercise in the villages of Dahanu, Gandevi, Nargol Saronda in Gujarat, where they provided over

More recently, these good



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viz, S-36, M-38, L-40, XL-42, XXL-44.

For further details contact Parsee Gymkhana: 2281 1869.

(Hoshang Katrak) Jt. Hon. Secretary **Organising Secretary** 9820998070

MEDIA PARTNER PARSI TIMES

#### The 7th Parsee Gymkhana All-Parsee Table-Tennis Tourney

In keeping with Parsee Gymkhana's abiding policy to promote sports within the community, Parsee Gymkhana will hold its first All-Parsee Table Tennis tournament in two years, due to the pandemic-related restrictions. Participants from all across Maharashtra, Gujarat and other Indian states will come together for PG's 7th All-Parsee TT tourney, which is known to be the only tournament where free T-shirts and lunch for players is provided on both days, in addition to attractive prize money, medals and trophies for the winners. With the community's leading weekly, Parsi Times as Media Partner, PG looks forward to holding yet another exciting and high-energy, thrilling Parsi TT competition!

# IN LOVING MEMORY

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Date of Death: 17/02/2021

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Daughter of Late Najamai and Cawasji Jokhi (Vyara)

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Navaz, Nozer, Jasmine, Kaizin & Yarish

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## Take The Gen Z and Beyond

By Nazneen Engineer and Sarah Stewart, SOAS Shapoorji Pallonji Institute of **Zoroastrian Studies** 

There is little doubt that the Zoroastrian community faces many serious challenges, some of which are deep-rooted and complex, with no easy fix or resolution. To understand the community at a deeper level, an independent research project -Gen Z and Beyond Survey - was proposed and is now underway. The project consists of a completely anonymous survey that is conducted, in a simple and straight-forward manner, with (Iranian / Parsi / Irani) Zoroastrians and their relatives.

The Gen Z and Beyond Survey was launched by the Shapoorji Pallonji Institute of Zoroastrian Studies (SSPIZS) at SOAS, University of London, on 16 August, 2021, after obtaining the necessary approvals from SOAS's Research and Ethics Panel (REP). SOAS is a highly respected academic institution with decades-long connections to Zoroastrian associations and organisations in the UK, India and Iran. SOAS provides a neutral platform for

research. Its researchers do not support any particular outcome from the survey, nor could they influence the data being collected

The Gen Z team is now publicising and distributing the survey questionnaire. This has caused some concern within community members about the eligibility criteria, the questions included, and the survey's anonymity. We would like to allay those fears and clear up misunderstandings

#### The survey is open to people aged 18 and over who have:

- Two (Iranian / Parsi /Irani) Zoroastrian parents, or
- A (Iranian / Parsi /Irani) Zoroastrian father, or
- A (Iranian / Parsi /Irani) Zoroastrian mother, or
- At least one (Iranian / Parsi /Irani) Zoroastrian grandparent, or
- A (Iranian / Parsi /Irani) Zoroastrian spouse

It is important to clarify that it is not within our purview to determine what constitutes identity and decide who is and who is not a Zoroastrian. We have chosen these categories so as to include multiple voices, even those who do not profess the Zoroastrian religion but are related to a (Iranian / Parsi /

Irani) Zoroastrian in one of the ways outlined above. This is in the interests of research and should provide a useful resource both, for Zoroastrians and non-Zoroastrians, going forward. It is not intended to divide or cause controversy within the community. Data from the individual categories will be collated and analysed separately.

The survey questionnaire is wide-ranging and includes about domestic auestions and family life, professional aspirations. religious observances and beliefs, philanthropy, entrepreneurship, immigration, community engagement and other issues of importance and relevance to the (Iranian / Parsi / Irani) Zoroastrian community. All responses are completely anonymous, with no way of linking individual responses to the details used to sign up for the survey. Each email address or mobile number can only be used to sign up for the survey once. If someone requests a new survey invitation, their previous invitation is deleted.

At the end of the survey, the Gen Z team will analyse the data and produce a report, with results being presented separately each category. The report will not make judgements or recommendations, and it is hoped the findings will be useful to community leaders and researchers in the present and future. The scope of survey goes beyond political viewpoints. aiming understand all aspects of (Iranian / Parsi / Irani) Zoroastrian life today.

All data that is collected is subject to strict data protection regulations. raw data, on which the findings will be based, will be stored in perpetuity in an archive such as the UK Data Archive and be made available for anyone with a genuine interest in the data.

For the survey to be a success, it needs the support of the wider community. We have had tremendous support thus far from our Ambassadors and Volunteers. For instance, over the Diwali holidays last year. a competition was organised between groups of children of the XYZ Foundation to see which team could collect the greatest number of completed survey responses. The competition was run and managed by the Foundation's (adult) volunteers who helped the children answer questions about the survey and tallied the results, with the winning team receiving a prize from the Foundation.

#### We are currently looking for:

- 1. Volunteers from every Parsi Zoroastrian colony in Mumbai to promote the survey within their colonies. The volunteers are needed to spread the word about the survey and help those who don't have knowledge of and access to technology. This will be done in a socially distanced manner while wearing masks. In the meantime, we will be leafleting each baug and colony to raise awareness of the survey, while keeping contact to a minimum;
- Paid part-time or time assistants to join our research team in India helping to distribute the survey and organise publicity/events.

know more about the aims, purpose, data protection or anonymity of the Gen Z and Beyond Survey, please visit www. genzandbeyond.com. If you are interested in assisting or have any specific questions, please email us at: genz@soas.ac.uk or WhatsApp +44 20 7074

Before passing judgement on the survey, we ask you to sign up and take the survey.



### GTPS

### **Global Tipping Point Summit**

The Global Tipping Point Summit (GTPS) is the brainchild of the highly innovative, internationally eminent educator, literary critic and author, Dr. Coomi S. Vevaina. With two Doctorates to her credit, in Literature and Education. Dr. Vevaina is the Founder Director of the Centre for Connection Education and Management (CCEM) and the Founder and Director of The Global Tipping Point Summit (GTPS).

After retiring as Professor and Head of the Department of English, Mumbai University, in 2016, Dr. Vevaina has been actively pursuing her passion of making our education system more mindfulness-based and relevant to learners. Supported by numerous, dynamic educators, she initiated the Global Tipping Point Summit - an online, action-oriented, project-based

international summit educators and parents.

The GTPS summits hosted for Educators

(November, 2020) and for parents (January, 2021) were attended by 6,332 people and resulted in 12 action projects. Its high-value endeavours found patrons and support in eminent personalities including Dr. Pheroza Godrej, TATA Trent and other vision-led companies, with endorsements from global luminaries like the Dalai Lama.

sets GTPS' summits apart from others is that after the respective Speakers have made their presentations, a panel of four Change Facilitators acquaint the audience



in which they would be providing training, for three hours, over three months. The Change **Facilitators** inspire viewers to sign up as Action Group Members, receive the training from them and disseminate the knowledge and skills acquired. A brief overview can be found their website: gtps4change.org

The next online Summit, which is scheduled for 19th, 20th, 26th and 27th February, 2022 (from 4:00pm to 7:00pm), will focus on the creation of an educational framework (not curriculum) for the Foundational years, from Kindergarten to Class Two. Over 55 eminent educators will participate in the Summit which will be flagged off by the Honourable Minister of Schools of Maharashtra, Varsha Gaikwad, on 19th February at the inaugural session from 3:30pm -

The Summit will focus on Re-thinking our approach to Education; 21st Century Skills for leaders; Radical changes in the assessment system; Teaching in active, sensorial ways - through Nature, the Arts, Sports and Games; Creating genuinely inclusive classrooms; Ways of helping children with social, emotional and ethical learning (SEEL); Creating civic sense and service orientation by foregrounding the SDGs (Sustainable Development Goals) formulated by the United Nations; and the Importance of reading.

The deliberations at the Summit will be followed by workshops offered by some of the speakers and will result in the creation of a new framework called the PEGC (Personalised Education for Global Citizenship), which will be pilot tested and offered to UNESCO and other organisations interested in creating joyfilled, relevant learning ecosystems for early learners.

Those interested in a change in education and parenting are welcome to join the Summit for free by visiting the website: gtps4change.org

# U6 SATURDAY, February 12, 2022 Val-Day Special Understanding The Nature And Essence Of Love





'alentine's Day is nearing and while cynics continue to deny the existence or value of love, most believe it's the very essence of life and happiness! Valentine's Day is celebrated annually on 14th February, starting out as a Christian feast in honour of the Saint Valentine of Rome, known as the Patron Saint of love because at a time when Rome had forbidden soldiers getting married, he secretly solemnized the marriage of several soldiers in love and keen to tie the knot.

#### What is love and how does religion or spirituality conceptualize love?

Love is a series of varied emotions and behaviors characterized by intimacy. passion, bonding and commitment. It involves care, bonding, protectiveness, attraction, affection, and trust. Love can vary in intensity and change over time. It could nurture happiness, exhilaration, fulfilment and joy or result in negative emotions like jealousy, anger and stress! However, true love is whole and beyond suffering. In fact, the absence of love is suffering, for true love does not you wounded when it is lost, in fact, true love is never lost!

Attainment of 'Oneness': As per an ancient Indian myth, love originated with a super-being called Purusha, who initially felt no craving, fear, or any desire to do anything at all. However, Brahma (the Creator), with a divine sword, split Purusha in two, separating the sky from earth, darkness from light, life from death and male from female. Each of these equal opposites set off passionately to reunite with the severed half. Humans - male and female, continue to seek unity with the severed half through the journey we call love.

In the Vedic tradition, love has five forms/stages - Kama or sensory craving: Shringara or joyful intimacy beyond sensory craving; Maitri or compassion; Bhakti or impersonal devotion; and Atma-Prema or unconditional self-love. Though the first four stages of love are directed outward, when these are

crossed, one comes full circle, and back to the self that exists at our very core. Love is about seeing ourselves in others and others in ourselves, the attainment of 'oneness' - the ultimate manifestation of love!

We find a similar theory in Plato's dialogue, 'The Symposium', the where playwright, Aristophanes, suggests that the origins of

love lie in a desire to complete ourselves by finding a long lost 'other half'.

Bonding With Divinity: In Christian tradition, love is seen as bonding and comprises four forms - Storge or the bonding that emanates from empathy towards another; Philia or the bond of friendship; Eros or the bond of romantic love; and Agape or the unconditional love or bonding with Divinity. In the Bible, (Corinthians 13:4-8) love is glorified as, "Love is patient and kind; love does not envy or boast; it is not arrogant or rude. It does not insist on its own way; it is not irritable or resentful; it does not rejoice at wrongdoing but rejoices with the truth. Love bears all things, believes all things, hopes all things, endures all things. Love never ends." Corinthians 16:14 also affirms: "Let all that you do be done in love"

The Pain Of Gain: It is often said that more than happiness, love brings pain and grief. Some even ponder, "If God is Love, why does God or Love inflict so much pain or suffering?" Perhaps one of the best answers is given by the great philosopher and poet, Kahlil Gibran, who equates Love with Divinity and sees Divinity as manifestation of Love. He writes:

When love beckons to you, follow him, Though his ways are hard and steep. And when his wings enfold, you yield to

Though the sword hidden among his pinions may wound you.

And when he speaks to you believe in



Though his voice may shatter your dreams

As the north wind lays waste the garden. For even as love crowns you so shall he crucify you.

Even as he is for your growth so is he for your pruning.

Even as he ascends to your height And caresses your tenderest branches that quiver in the sun,

So shall he descend to your roots and shake them in their clinging to the

Like sheaves of corn, he gathers you unto himself.

He threshes you to make you naked. He sifts you to free you from your husks. He grinds you to whiteness.

He kneads you until you are pliant; And then he assigns you to his sacred

That you may become sacred bread For God's sacred feast.

All these things shall love do unto you That you may know the secrets of your heart.

And in that knowledge Become a fragment of Life's heart.

But if in your fear you would seek only love's peace and love's pleasure,

Then it is better for you that you cover your nakedness and pass out of love's threshing-floor.

Into the seasonless world where you shall laugh, but not all of your laughter, And weep, but not all of your tears.

Zarathushtra's Love Of Mazda: In the Gatha, Zarathushtra addresses Mazda (Divine Wisdom) as his Friya (Sanskrit Priva) or beloved! Indeed, to Zarathushtra, the essence of Divinity was Wisdom and Zarathustra lovingly worshiped Wisdom. In the Gatha he prays: "Thee. Do I lovingly entreat for the best for Frashaoshtra" (Yasna 28.8)! Zarathushtra also believed that worship or prayer requires two key ingredients - 'good purpose' and 'love'. He affirms this in Yasna 28.10: "For I know that words deriving from good purpose and from love are not to be left wanting by

In Yasna 70 he chants: "I will worship those who are Amesha Spenta and I will approach them with love". The Amesha Spenta are Ahura Mazda's Divine attributes and Zarathushtra chants that he will lovingly imbibe these attributes! Zarathushtra believed salvation could be attained by imbibing the good qualities of Ahura Mazda with love.

One cannot but help conclude, in the words of Lao Tzu, "Being deeply loved by someone gives you strength, while loving someone deeply gives you courage."

We are most alive when we are in love! Indeed, there is only one happiness in this life, to love and be loved!



- 155 years in business
- Presence in 50+ countries
- 50,000+ global workforce



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#### SATURDAY. February 12, 2022

# PARSI TIMES Community News

### WZCC Holds Virtual AGM 2021

n keeping with safety precautions against the ongoing Covid pandemic, this year too, the World 7arathushti Chamber of Commerce (WZCC) held its Annual General Meeting 2021, virtually (online), in January, 2022. This AGM marked the completion of tenures of many Directors and the arrival of new replacements, on the International Board.

The meeting commenced with benediction by Er. Porus Sinor (Pune's Kadmi Shahenshai Dar-e-Meher) followed by Tehmasp Bharucha (Chapter Chair, Pune) introducing keynote speaker, Cawas Pundole - representing his family's fourth generation of leadership in the 113-years-old horology business - C T Pundole & Sons', which has evolved from watches into evecare and premium goods. Pundole spoke of the advantages of running a family business and coping through the pandemic, stating sadness at the closure of many Parsi establishments due to lack of progeny or interest, to take forward the family business. He encouraged youth to embrace entrepreneurship and emphasized on hard work and commitment.

Outgoing Global President, Edul Daver. welcomed members, extolling various WZCC's Ventures like Zoroastrian Entrepreneurship Development Foundation (ZEDF) which funds Zoroastrians to promote business; and Zoroastrian Faculty Network (ZFN), which funds academic opportunities. Outgoing Global Vice President, Yazdi Tantra spoke on technical aspects and news-sharing on professional achievement stories. Outgoing Global Corporate Secretary,

Siganporia, presented WZCC's Annual Report, sharing how WZCC greatly benefits its members and the community, via webinars and other enriching online engagements. Outgoing Global Hon. Treasurer, Katayun Kapadia presented the Global WZCC Accounts. Other outgoing Directors included Rustom Engineer (USA); Jimmy Medhora (Australia); Meherban Ardesarian (Iran) and Minoo Shroff, Immediate Past Global President.

The Chairperson of Women

Entrepreneur Wing and President (India), Behroze Daruwalla provided a detailed account of WZCC's global activities; Youth Director, Jehan Kotwal mentioned the wing's focus on employment and training sessions; Meher Bhesania, Regional Director (Middle East) commended WZCC as the success story of the century, sharing details of the Dubai Expo; and screened a film produced by the Dubai Chapter on WZCC's achievement; Dilnavaz Shroff, Director - Canada, expressed delight that WZCC had helped fructify the professional dreams of Zoroastrian 'Global Youngpreneurs' into reality; Phili Kharas, Special Advisor, Business Advisory Committee International Board reported about WZCC's interestfree funding for deserving Zarathushti entrepreneurs and professionals. Air Chief Marshall (Retd) Fali Major lamented the lack of Parsi interest in joining the Defense sector which provides many opportunities to entrepreneurs.

Next, names of outgoing directors were announced. alongside Incoming Directors comprising Ratan Mistry. Behram Pastakia and Pervin

Taleyarkhan (USA); Behroze Daruwalla, Viraf Deboo and Xerxes Dastur (India); Zarine Kharas (Australia); and Bahram Partovi (Iran).

Edul Daver announced winners of the Outstanding Zarathushti Awards 2021, as: 'Outstanding 7arathushti Entrepreneur' - Piruz Khambattta (India); 'Outstanding Zarathushti Professional' - Farrokh Mistree (USA); 'Outstanding Young Zarathushti Entrepreneur/ Professional' Urvaksha Tavadia (India): and 'Outstanding Zarathushti Social Entrepreneur' - Armene Mody (India). The meeting ended on a musical note with musical performance by Pune Chapter members.

Subsequently, in AGM Post International Board meeting, new Office Bearers were elected to the WZCC International Board, comprising: Capt. Percy Master (India) - Global President; Perses Sethna -Global VP/ Regional Director -UK; Behroze Daruwalla -Global Corp. Secretary/ President - India; Ratan Mistry (USA) -Global Hon. Treasurer; Behram Pastakia (USA) -Reg. Director; Viraf Deboo (India) -Director; Meher Bhesania (Middle East)-Regional Director; Bahram Partovi (Iran) -Reg. Director; Zarine Kharas (Aus) -Reg. Director; Shroff Dilnavaz (Canada) -Director; Xerxes Dastur (India) -Director; Zubin Sethna (UK)-Director; Pervin Taleyarkhan (USA)-Director; Jehan Kotwal (India) -Youth Director; Afsaan Kermani (USA) -Director; Edul Daver (USA) - Immediate Past President; and Aspi Antia (India)- CEO, WZCC.

### **Harvard Professor** Mahzarin Banaji To **Receive 2022 Atkinson Prize**



The National Academy of Sciences (NAS) has awarded the Atkinson Prize Psychological and Cognitive Sciences to Harvard Professor. Mahzarin Rustum Banaji for her work in furthering the 'Implicit understanding of Social Cognition'.

Praising her contributions, an official statement NAS stated, "Her research has helped establish and quantify the role that unconscious processes play in governing human social actions and judgments of others. Banaji's work on implicit, group-based attitudes and beliefs continues to pave the way toward a more rigorous and quantitative approach to understanding the human mind in social context." It also noted her contribution "to the future of the field mentorship, through her public education, and ongoing leadership on science boards, committees, and organizations."

Banaji has long been revered for her contributions to the psychological sciences and is considered a leader in research regarding implicit social cognition and "Implicit Bias," a term she co-coined with a colleague in 1995.

Mahzarin Banaji currently shares her expertise at Harvard University in the capacity as the Richard Clarke Cabot Professor of Social Ethics, to research the social attitudes of adults and children, beliefs and stereotypes, and individual responsibility.

Established in 2013 by APS William James Fellow Richard C. Atkinson, the Atkinson Prize is a biennial \$100,000 award designed to individually honour the work of two experts who have significantly contributed to the advancement of the psychological and cognitive sciences. Winners will be honoured at the academy's 159th annual meeting in April

### Caretaker And Son Arrested For Negligence Leading To Death Of Yezdiar Behram

caretaker named Mangal Gaikwad, and her son, were recently arrested by the police in Mumbai, on charges of 'criminal conspiracy and culpable homicide not amounting to murder', for negligence intentional ignoring illness, which resulted in the passing away of 77-yearold Yezdiar Edel Behram, at his residence, in Dadar, on 8th

October, 2020.

The case was registered last year on December 15, post which the Matunga police arrested the caretakers after investigations confirmed that they avoided taking him to the hospital despite his critical illness, with the intention of usurping his property. Immediately post the passing of Behram, the caretaker Gaikwad

transferred the electric meter of his Dadar Parsi colony home on her name.

Gaikwad was hired by Behram's daughter - Natasha Sethna, an Andheri resident - to look after Behram's basic needs since the death of his wife in 2016. As per Sethna's statement to Matunga Police, Behram turned critically ill on October 5, 2020, and Gaikwad called up the family doctor, who sent his assistant to check. The assistant advised Gaikwad to take Behram to a hospital as he was critical, but she ignored the assistant's advice. Gaikwad had given people the impression that she was related

The incident came to light when Gaikwad and her son took his body to Doongerwadi

to conduct the final rites. The priest there, who knew the family, called his daughter and informed her that a woman, who claims to be his wife, had brought her father's body was conducting the final rites. The criminal duo had been released on bail. Investigators are on the lookout for the private doctor who helped them with a forged death certificate.

earch out 16 Most Popular Rivers Of The World hidden in the word-jumble box below, in Dbi-directional, horizontal, vertical and diagonal forms:

KCRYLILRI UR н х C J 0 C 0 0 Т D 0 U P W D D KKO C J

Nile Danube Zambezi Hudson

Amazon Yangtze Rhine Cano Cristales Ganges The Irrawaddy Orinoco The Douro

Mississippi **Thames** Missouri **Tigris** 

### WINNING CAPTION!!!



Nirmala S: Budget banana to mere baaye haath ka khel hai! Modi: Elections ke time pata chalega - Jeet hai va Jail hai!

By Kayomarz Dotiwalla

### **HOW MANY WORDS?**

How many words of four or more letters can you make from the letters below? Every word must contain the letter in the center. You should make at least one word using all 7 letters.

**RESULTS:** 

Average: 6 or more words Good: 7 or more words Outstanding: 9 or more words





#### **TechKnow With Tantra**

#### **Gmail Co-Pilot By CloudHQ**

Gmail co-pilot is a Chrome Extension which is a mini-CRM that lets you see a snapshot view of your email contact's profile information, and any past email

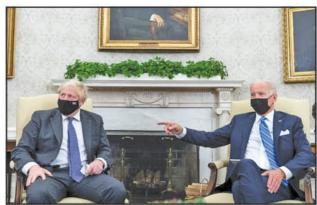
conversations you have had with that contact. This helps you to respond intelligently and cuts down your search time looking for past email conversations. You can even make private notes about the contact (follow up notes, support notes, etc.) and setup reminder alarms for the same. Apart from the conversation history, you can also get a list of all documents and attachments related to that contact. Install this extension to have a mini-CRM running right from your Gmail account.

### SUDOKU

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Solution see below

#### CAPTION THIS!



Calling all our readers to caption this picture! Send in your captions at editor@parsi-times.com by 16th February, 2022

Winning Caption and Winner's Name Will Be Published Next Week.

Disclaimer: Some of our 'Caption This' Contest photos are taken from freely available, public online resources and are published in a light and humorous vein, which is the mainstay of the Parsi spirit!

#### **SUDOKU SOLUTION**

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#### **Thought of the Week**

"Failure is the condiment that gives success its flavour."

- Truman Capote

# PARSITIMES Val-Day Special A Tribute to Love! whiteles in to a



**VEERA SHROFF SANJANA** 

Talentine's a day of Love! A day to fall in love, remain in love, rejoice in love and exalt love. On this day, especially, let all that you do, be done in love. There is only one great happiness in life; that is to love and be loved.

Tell me, what is the colour of your love? That poignant, energetic hue that defines who you love, how you love, and how you're loved...

Is it pale and tranquil? Does it flit or tiptoe around? Does it flamboyantly step out in style or simply spring out in vibrant hues? How do you love? Where does love begin and life end? In one lifetime we are all touched, soaked and completely immersed in its depths. How many have you loved within your lifetime, over the years? Is your daughter your buttercup, your child your button, your

soulmate your Madonna, your friend an angel?

In a lifetime, have you lived only to be touched fleetingly by it or have you been completely soaked through with its all-powerful, all consuming passion. Are you filled and overwhelmed by its warmth and glow? We live to celebrate its infinite capacity, its presence in us, around us, in our smiles and certainly in our tears. It's a vital part of every heartbreak and joy... In all those moments - stolen or treasured... In guilt or in places unknown and strange. It enraptures all who have claimed it and made it their own. It has fascinated even the few who perhaps have been deprived of it.

Love is gallant; love is noble in its beauty and strange and passionate in form. So fierce in feature, love drops in on you like an uninvited guest at times and sometimes it gently enters in a way that a river flows with the tide. If you have love in your heart, you have soul in your life. Love consumes you in your entirety. The colours of love are entrancing, they paint life as an artist paints pictures, with its colours,



textures, depths and intrigue fascinating the most complacent of folks.

Love dances to its own tune, it beats to its own heart it. It can orchestrate a symphony or a simple tune, but wherever, whenever love enters, those



feet will dance. You cannot control an aspect of its independent spirit. You cannot choose when how or why you love. You may love by accident, you may love by choice, you may love singularly, you may love exclusively... but when it's true, you always love wholeheartedly and completely.

Love knows no dimensions; it spans oceans, it encompasses mountains, it envelops space, wraps time and scorches limits of all, everything and everywhere your soul can reach. We love in body, we feel in all manners of mind and spirit. We love in the moment and the span of infinity. We love as beings, living and breathing in passions arms. We love perhaps beyond death to be reunited in forms we can only imagine. Love transcends life and death, being and form, to transcend into a condensed core of palpable, viable energy that supplements all creation from here to eternity. Love leaves behind your fingerprints like a robber to the crime, leaves behind your footprints in the sand of love's time.

Pen an ode to love as you draw breath in every life. Write a chapter or verse; sing a sonnet or song calling it your Love's tribute... one that even out of sight can leave behind an imprint on your very being forever. Love with the blaze of the morning sun, or the last waxed remains of a dimly-lit candle burning but with the last strained effort of its oxygenated self. Love with the fierce fervour of an ocean-tide - high at noon; or love with the silent calm of a placid lake in the still of the night. Love with that beast unleashed and unbound, or love with the gentleness of lambs and sheep. Love till the devil

whistles in to all your fierce unbridled tunes, high in those passion intoxicated nights. Or let gentle love drop-in with the angels, to rain in soft kisses on a lover's brow. At every curved point - a straight, sharp dart; at every turn - a corner, not an end; all but a start. Let love get you intricately involved even in staunch detachment, and yet stoutly detached all intertwined, in every lusty list that it sends your way, compared and catalogued to the end.

How weak go your knees at love's first

How brave your heart when it catches and cushions your every fall!

Love does not fade with the days nor dims with time,

It stands erect and strong together with every chime.

Love makes you bleed where scars cannot form.

Leaves you bruised battered and torn.

Yet it can lift you up without wings,

Make you fly and do incredulous things. You can ride the wave or lap in that

Love can leave you with a smile or an agonizing groan.

Love is every need, 'tis every possibility of a beating heart,

Love is the very end, Love is the very start.





### The Valentine's Self-Love Quiz: o You Love Yourself Enough?



Many of us go through great lengths to express our love and appreciation for others. Valentine's Day is usually the culmination of these efforts. While we shower our affection on those close to us, we forget to do so for ourselves. Loving our own self can be one of the most difficult things to do - it should not be confused with self-indulgence. While self-love is about doing right by you, self-indulgence is about feel-good. Loving yourself is the foundation for living a happy, fulfilled and successful life - it fosters better relationships with those around you!

So, do you love yourself enough? Take the quiz to find out!

nswer the following questions honestly, by circling the answer of your choice, which should be any one of the 3 choices - 'Y' for Yes, 'N' for No or 'S' for Sometimes - to the following questions:

	forgive Yourself Empower Yourself Love Yourself Be Yourself	
1.	I usually feel good about myself when I look in the mirror. Empower Yourself	[Y / N / S]
2.	I can forgive, let go, and move on from mistakes I've made. Trust Yourself Bless Yourself Lapour Vented Name Vented Forgive Yourself Accept Vented Vented Forgive Yourself Accept Vented F	[Y / N / S]
3.	I feel comfortable in my own skin.	[Y / N / S]
4.	I handle criticism well and try not to take it personally.  Accept Yourself Be Yourself Accept Yourself December 1 Accept Yourself December 2 Accept Yoursel	[Y / N / S]
5.	I believe I am a loveable person.	[Y / N / S]
6.	It's easy for me to be myself around others.	[Y / N / S]
7.	When I feel low, I'm able to lift myself up by positive ways.	[Y / N / S]
8.	I say "no" to others when I'm tired, stressed, or just do not want to do something.	[Y / N / S]
9.	I recognize my imperfections and accept them.	[Y / N / S]
10.	I add value to other people's lives.	[Y / N / S]
11.	For the most part, I do what is best for my health, mind and body.	[Y / N / S]
12.	I am kind to myself when my plans or my execution fails.	[Y / N / S]
13.	I believe that my voice and opinion matters.	[Y / N / S]
14.	I take time out for myself regularly for self-care and pampering.	[Y / N / S]
15.	I put my needs first as often as I put those of others.	[Y / N / S]
16.	I am able to set and maintain boundaries with people.	[Y / N / S]
17.	I have a good group of friends / support group to motivate me/ keep my spirits high.	[Y / N / S]
18.	I don't have a habit of comparing myself/my success with others.	[Y / N / S]
19.	I think that overall, people think I am fun company.	[Y / N / S]
20.	In a romantic relationship, I don't feel the constant need to prove myself worthy.	[Y / N / S]
21.	I have what it takes to socialize with other people.	[Y / N / S]
22.	How I feel about myself is more important than others' opinions of me.	[Y / N / S]
23.	I don't feel it necessary to be in everyone's good books.	[Y / N / S]
24.	I am not afraid of confrontations with friends or family.	[Y / N / S]
		MARKET REPORT NAME OF THE PARTY

Calculate Your Scores by counting the total number of 'Y's (Yeses) chosen in your answers. Here's what your Quiz Scores tell you, if you've scored:

25. I do not modify my personality, opinions, or appearance in order to be accepted by others. [Y / N / S]

20 'Y's & Above: Congratulations! You possess a healthy dose of self-love. Self-love is an ongoing process and you should continue to further nurture and strengthen your sense of self. Your ability to embrace and love who you are will prove to be a valuable asset especially during tough times. You are your own true valentine! Keep it up!

14 to 20 Y's: You're no stranger to self-love but there's room for improvement. It may be beneficial to focus on your "No" answers. You tend to allow others and their preferences take precedence over what you truly want. Do not shy away from expressing how you truly feel and think. You are as invaluable and worthy - don't forget that and get started with that empowering and delightful, self-love journey!

13 'Y's & Under: You have some serious self-love work to do, but don't get overwhelmed. Start with exploring yourself - your likes and dislikes, and learn to embrace yourself as you are; Stand up for yourself and your preferences. Don't be a push-over, in need of validation. You need to have self-dialogue so you can love and appreciate who you are. Once you do, everything will change for the better!



#### DR. DANESH CHINOY

Your shoulder has a lot going on in and around it; a few joints, plenty of muscles and tendons, and loads of ligaments. It's difficult to pin-point the reason of pain in your shoulder; often there could be multiple reasons. The shoulder comprises several joints that combine with tendons and muscles to allow a wide range of motions in the arm, from scratching your back to proposing to your valentine the coming Monday! Speaking of which, wish you all a Happy Valentine's Day!

Shoulder mobility comes at a cost. Instability is the price you pay for it. Three bones make up the shoulder - the upper arm bone (Humerus); the shoulder blade (Scapula), and the collarbone (Clavicle). The head of the Humerus fits into a rounded socket in the Scapula. This socket is called the glenoid. A combination of muscles and tendons keeps your arm bone centered in your shoulder socket. Four muscles collectively form the rotator cuff; three round the back of your shoulder blade and one round the front. These cover the head of your upper arm bone and attach it to your shoulder blade.

Being one of the most mobile joints, the shoulder muscles provide most of the strength to move your arm and also contribute to the stability of your shoulder joint. It's first in line to get injured; if you feel pain on the outside or front of your upper arm (which intensifies when your lift your arm sideways or above your head), then you could have injured your rotator cuff.

There's increasing an trend to first get MRI and/ or X-ray done and then consult your physiotherapist. Most times, scans aren't

### **Burden On Your Shoulders?**

Dr. Danesh D. Chinoy is a leading Health and Wellness Coach, Sports Physiotherapist and Psychologist. He is dedicated to empowering you to reach your highest levels of wellness/fitness. E-mail your queries at: daneshchinoy@gmail.com



needed, unless prescribed by the physiotherapist. Scans display numerous features that part of the normal aging process, as well as things for even those in no pain! Your physiotherapist guides you by asking you questions about your symptoms, performing clinical examination procedures, and exploring other issues which could be contributing to your

Most shoulder problems fall under four major categories: 1. Inflammation and/or Injury (tendonitis and/or tears. bursitis, etc.); 2. Instability and/or impingement; Arthritis; and 4. Fracture (broken bone). Other less common causes of shoulder pain include tumors, infection and nerve-related problems.

#### Here are a few reasons for you to consult a Physiotheranist:

BURSITIS: Bursae are small, fluid-filled sacs located in joints, across the body, including the shoulder. These act as cushions between bones and overlying soft tissues, helping reduce friction between the gliding muscles and the bone. Sometimes, excessive use of the shoulder leads to inflammation and swelling of the bursa between the rotator cuff and part of the shoulder blade. This causes the condition known as Subacromial Bursitis.

TENDINITIS: A tendon is a cord connecting muscle to bone. Tendinitis means inflammation in the tendon. It could be either Acute Tendinitis caused

by excessive ball throwing or other overhead activities; or Chronic Tendinitis caused by degenerative diseases like arthritis or repetitive wear and tear due to age.

TENDON TEARS: Splitting and tearing of tendons caused by acute injury or degenerative changes in tendons due to advancing age, long-term overuse and wear and tear, or a sudden injury. These tears may be partial or may entirely separate the tendon from the bone. Rotator cuff and biceps tendon injuries are common in these injuries.

IMPINGEMENT: Shoulder impingement occurs when the top of the shoulder blade puts pressure on the underlying soft tissues, when the arm is lifted away from the body. As the arm is lifted, it 'impinges' on the rotator cuff tendons and bursa.

INSTABILITY: most common dislocations are of the shoulder joint. I have personally experienced shoulder dislocation in my sleep. You can understand how minimal a force is required for dislocating the shoulder. Dislocations are common in athletes and sportsmen. Many are able to relocate the shoulder by themselves in a couple of attempts, failing which, rush the patient to the hospital as the pain is excruciating. Shoulder dislocations can also be partial, with the ball of the upper arm coming just partially out of the socket. This is called a subluxation. A complete dislocation means the ball comes all the way out of the socket.

ARTHRITIS: There are many types of arthritis, the most common arthritis in the shoulder is Osteoarthritis. also known as 'wear and tear' arthritis

FRACTURE: Fractures are broken bones. Shoulder fractures commonly involve the clavicle (collarbone), humerus (upper arm bone), and scapula (shoulder blade). Shoulder fractures in the elderly are often due to a fall from standing height. In younger patients, shoulder fractures are caused by a high energy injury, like a vehicle accident or contact sports injury.

#### **Treatment For Shoulder Pain**

The first step in planning the right treatment would be a thorough evaluation by your physiotherapist, in order to determine the cause of your shoulder pain. He will look for physical abnormalities, swelling, deformity, muscle strength and range, and check for tender areas, amongst other things. Clinical tests would further guide towards the right diagnosis. If needed specific investigations may be ordered.

Treatment generally involves rest, with icing, altering your activities, joint mobilization techniques and specific exercises. Medication could be initially prescribed reduce inflammation to and provide pain relief. If conservative treatments fail. surgery is considered as a last option.

#### SHOULDER JOINT



I'm not sharing exercises for shoulder pain as the shoulder is very sensitive and needs individual-specific exercises, under supervision of a physiotherapist, as the slightest error or wrong exercise selection could easily complicate matters. It's best to meet your physio in person, but more so, if it involves the shoulder joint.



માહ મેહેર રોજ હોરમજદ ય.ઝ. ૧૩૯૧

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#### THE TRUTH. DELIVERED WEEKLY.

### એર ઈન્ડિયાના મુસાફરો માટે રતન ટાટાનો ખાસ સંદેશ

એર ઈન્ડિયા એરલાઈન્સનું રાષ્ટ્રીયકરણ થયાના અને વર્ષોના દેવા બાદ સાત દાયકા પછી રુખી જાન્યુઆરી, ૨૦૨૨ના રોજ તેના સ્થાપકો ટાટાના હાથમાં પાછી આવી. ગયા વર્ષના ઑક્ટોબર મહિનામાં ટાટા ગ્રુપે રૂા. ૧૮,૦૦૦ કરોડની બિડ જત્યા પછી એરલાઇન પર ફરીથી દાવો કર્યો હતો. ઐતિહાસિક હેન્ડઓવર દ્વારા સરકારની ખરીદદારની લાંબા સમયની

શોધનો અંત આવ્યો છે. જેણે ૨૦૦૯ થી એરલાઇનને આગળ વધારવા માટે લગભગ કરોડોનો ખર્ચ કર્યો છે.

દેશના અગ્રણી અને સૌથી આદરણીય ઉદ્યોગપતિ ટાટા સન્સના ચેરમેન એમેરીટસ રતન ટાટાએ એર ઈન્ડિયાના સત્તાવાર ટ્વીટર હેન્ડલ દ્વારા ૨૭૭ ફેબ્રુઆરી,

ર૦૨૨ના રોજ એર ઈન્ડિયાની ફ્લાઈટ્સમાં સવાર મુસાફરોને આવકારતા, વોઇસ નોટ તરીકે એક ખાસ સંદેશ બહાર પાડ્યો હતો, જેમાં કહેવામાં આવ્યું હતું કે ટાટા જૂથ એર ઈન્ડિયાના નવા ગ્રાહકોને આવકારે છે અને એર ઈન્ડિયાને પેસેન્જર આરામ અને સેવાના સંદર્ભમાં પસંદગીની એરલાઈન બનાવવા માટે સાથે મળીને કામ કરવા માટે ઉત્સાહિત છે. ટાટા જૂથે શેર કર્યું છે કે તે સ્માર્ટ અને સારી રીતે તૈયાર



કેબિન ક્ર્ પર ધ્યાન કેન્દ્રિત કરશે. સભ્યો, ફ્લાઇટનું સમયસરનું બહેતર પ્રદર્શન, મુસાફરોને મહેમાન તરીકે બોલાવવા અને ફ્લાઇટમાં ભોજનની સેવામાં વધારા પર પણ ધ્યાન કેન્દ્રિત કરશે. ટાટાએ એર ઇન્ડિયા અને એર ઇન્ડિયા એક્સપ્રેસ લિમિટેડનું રૂા. ૧૫,૩૦૦ કરોડનું દેવું ભરપાઈ કર્યું, જ્યારે બાકીના રૂા. ૪૬,૨૬૨ કરોડની લોન વત્તા

> લગભગ રૂા.૧૫,૦૦૦ કરોડ ઇંઘણના બાકી રહેલા બિલો સરકાર દ્વારા ચૂકવવામાં આવ્યા હતા.

એર ઈન્ડિયા ટાટા ગ્રુપની ત્રીજી એરલાઈન હશે, જે પહેલાથી જ વિસ્તારા (સિંગાપોર એરલાઈન્સ સાથેના સંયુક્ત સાહસમાં) અને એરએશિયા ગ્રુપ સાથે (એરએશિયા ગ્રુપ સાથે

ભાગીદારીમાં)નું સંચાલન કરે છે.

જહાંગીર રતનજી દાદાભોય ટાટા દ્વારા ૧૯૩૨ માં ટાટા એરલાઇન્સની શરૂઆત કરવામાં આવી હતી જે દેશના પ્રથમ કેરિયર તરીકે તત્કાલિન અવિભાજિત બ્રિટીશ શાસિત ભારત અને બોમ્બેમાં કરાચી વચ્ચે ઉડતી ટપાલ હતી. ૧૯૫૩માં તેનું રાષ્ટ્રીયકરણ થયું તે પહેલા ૧૯૪૬માં તેનું નામ બદલીને એર ઈન્ડિયા રાખવામાં આવ્યું.

### કરાચીની પારસી સંસ્થામાં જશ્ન-એ-સાદેહની ઉજવળી કરાઈ







૩૦મી જાન્યુઆરી, ૨૦૨૨ના રોજ કરાચીમાં જરથોસ્તી સમુદાયના સભ્યો જશ્ન-એ-સદેહ ના તહેવારની યાદમાં કરાચી પારસી સંસ્થામાં એકઠા થયા હતા – જે દિવસ નવરોઝના ૫૦ દિવસ અને રાત પહેલા આવે છે. જશ્ન-એ-સાદેહ એ શિયાળાની મધ્યમા આવતો ઉત્સવ છે, જે વસંતઋતુના આગમન પહેલા ઉજવવામાં આવે છે અને ઠંડા શિયાળાની ઋતુના અંતનું પ્રતીક છે, જે લાંબા દિવસો અને ટૂંકી રાતોનો સંકેત

કરાચી જરથોસ્તી બાનુ મંડળ દ્વારા આયોજિત આ કાર્યક્રમની શરૂઆત તહેવારના મહત્વ વિશેની સમજણ અને તેના રસપ્રદ ઈતિહાસની સમજ સાથે થઈ હતી. ત્યાર પછી ઉપસ્થિત દસ્તુરજ સાહેબો દ્વારા આતશ નિયાશનું પાઠ કરવામાં આવ્યું હતું – એરવદ ફરઝીન યઝેશની અને એરવદ સોહરાબ હંગોમી, જેઓ હાલમાં વાડિયા દર–એ– મેહર, પાકિસ્તાન ચોક, કરાચી ખાતે સેવા આપે છે.

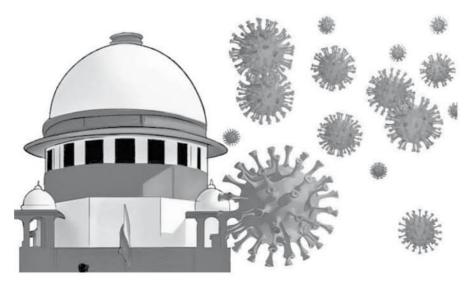
કરાચી પારસી સંસ્થાના છમખાના મેદાનમાં પ્રગટાવવામાં આવતા આતશને બોનફાયરમાં લઈ જવામાં આવતાં દસ્તુરજી સાહેબો દ્વારા સરઘસનું નેતૃત્વ કરવામાં આવ્યું હતું. સમૃદાયના બાળકો પણ આ શોભાયાત્રાનો એક ભાગ હતા અને બોનફાયર પ્રગટાવવામાં મદદ કરી હતી. સાંજ સંગીત અને નૃત્ય સાથે આગની આસપાસ પસાર કરવામાં આવી હતી અને દરેક મિત્રો અને પરિવાર સાથે આનંદ માણતા હતા.

### સુપ્રીમ કોર્ટે પારસી કોવિડ પીડિતો માટે દોખ્મેનાશિનીને મંજૂરી આપવાનો આદેશ પસાર કર્યો

સમુદાયના સભ્યોની રાહત અને આનંદ માટે ૪થી ફેબ્રુઆરી, ૨૦૨૨ ના રોજ માનનીય સુપ્રીમ કોર્ટે સંમત શરતોને ધ્યાનમાં રાખીને કોવિડના કારણે મૃત્યુ પામેલા પારસીઓ માટે પરંપરાગત દોખ્મેનાશિની પ્રણાલીને મંજૂરી આપતો આદેશ પસાર કર્યો. જેમાં ઝોરાસ્ટ્રીયનના સિદ્ધાંતો તેમજ સરકારી પ્રોપોટકોલના નિયમનું ધ્યાન રાખવાનું હશે.

સુરત પારસી પંચાયત દ્વારા દાખલ કરાયેલી અરજીને સર્વોચ્ચ અદાલતે હાથ ઘરી હતી, જયાં અરજદારો વતી વરિષ્ઠ વકીલ ફલી નરીમન અને ઝેરિક દસ્તુર હાજર થયા હતા. સોલિસિટર જનરલ તુષાર મહેતા ભારત સરકાર વતી હાજર થયા હતા.

કોર્ટ સમક્ષ રજૂ કરવામાં આવ્યું હતું કે પક્ષકારોએ પારસી કોવિડ-૧૯ પીડિતોના નિકાલના સંદર્ભમાં એક એસઓપી (સ્ટાન્ડર્ડ ઓપરેટિંગ પ્રોસિજર) પર સંમત થયા હતા, જે ડોખ્મેનાશિની સિસ્ટમ દ્વારા કરવામાં આવ્યા હતા. તદનુસાર માનનીય અદાલતે પારસી કોવિડ પીડિતો માટે



ડોખ્મેનાશિની પ્રણાલીને મંજૂરી આપતો આદેશ પસાર કરીને ઝોરાસ્ટ્રીયન ધર્મના સિદ્ધાંતો અને કેન્દ્ર દ્વારા ફરજિયાત સાવચેતીનાં પગલાંનું શરતી પાલન કરવાનું કહેવામાં આવ્યું હતું.

**ક**ઠ્ઠી ડિસેમ્બર ૨૦૨૧ ના રોજ, સર્વોચ્ચ

અદાલતે કોવિડ-૧૯ થી મૃત્યુ પામેલા સમુદાયના સભ્યો માટે પરંપરાગત દફનવિધિની માંગ કરતી અરજી પર કેન્દ્ર અને ગુજરાત સરકાર પાસેથી જવાબો માંગ્યા હતા. સુરત પારસી પંચાયત દ્વારા ગુજરાત હાઈકોર્ટના આદેશને પડકારતી અપીલ દાખલ કરવામાં આવી હતી, જેણે ર૩ જુલાઈ, ર૦ર૧ના રોજ આ અરજીને ફગાવી દીધી હતી. પારસી સમુદાયની ફરિયાદનો સુમેળભર્યો ઉકેલ લાવવા માટે ૧૦મી જાન્યુઆરી, ૨૦૨૨ના રોજ સુપ્રીમ કોર્ટે સોલિસિટર જનરલ તુષાર મહેતાની મદદ માંગી હતી.

આ ચુકાદા સાથે ગુજરાત હાઈકોર્ટના આદેશને બાજુ પર રાખવામાં આવ્યો છે અને કાર્યવાહી હવે સંમત શરતો અનુસાર સંચાલિત થશે. પારસી કોવિડના મૃત્યુ માટે પરંપરાગત અંતિમ સંસ્કાર કરવા માટે સક્ષમ થવાના આ કાયદાકીય ચુકાદાની લાંબા સમયથી રાહ જોઈ રહેલા સમુદાયના સભ્યોએ આ બાબતને કાયદેસર રીતે હાથ ઘરવા બદલ સુરત પારસી પંચાયત બોર્ડ તેમજ વડા દસ્તુરજી કોટવાલનો ખૂબ આભાર વ્યક્ત કર્યો હતો. ફલી નરીમન અને ઝેરિક દસ્તુરનો સમાવેશ કરતી કાનૂની ટીમ કે જેણે મુંબઈ મેટ્રો મામલે સમુદાયનું પ્રતિનિધિત્વ કર્યું હતું) તેમના પ્રયત્નો આ વિજયી નિષ્કર્ષ તરફ દોરી ગયા.

એક નજર પારસી મરણો ઉપર

			એક નજર પ	ારસી મરણો ઉપર
Deceased भरनार	Age વય	Date ਗ਼ਵੀਯ	Address ૨. દે.	Relations સગાઈઓ
Pheeroze Sohrabji Jal ફીરોઝ સોહરાબજી જાલ	82 ૮૨	04.02.2022	1702 Royal Classic, D Block, Mulund-Goregoon Link Road, Mumbai (Suburban), Mumbai 400080. ૧૭૦૨ રોયલ કલાસીક, ડી બ્લોક, મુલુંડ-ગોરેગાંવ લીંક રોડ, મુંબઇ (સબર્બન), મુંબઇ-૪૦૦૦૮૦.	તે અરનાવાઝ ફીરોઝ જાલના ખાર્વીદ તે યઝદ ફીરોઝ જાલ, હુઝાન ફીરોઝ જાલ તથા મરહુમ મેહેરનાઝ ફીરોઝ જાલના બાવાજી તે મરહુમો મની તથા સોહરાબજી બાપુજી જાલના દીકરા તે સુનંદા યઝદ જાલ તથા જયા હુઝાન જાલના સસરાજી તે સમારા હુઝાન જાલના બપાવાજી તે મરહુમો ખોરશેદ તથા મીનોચેર રૂસ્તમજી મીસ્ત્રીના જમાઈ. તે સુન્નુ સોહરાબજી જાલ, નોશીર સોહરાબજી જાલ તથા મરહુમો રૂપીના તથા જહાંગીર ખંબાતાના ભાઈ.
Burjor Cawasji Sarkari બરજોર કાવસજી સરકારી	<b>93</b> 63	05.01.2022	Block No 7, Bhabha Sanatorium Building No 1, Bandra (W), Mumbai 400050. બ્લોક નં. ૭, ભાભા સેનેટોરિયમ બિલ્ડીંગ નં. ૧, બાન્દ્રા (વે.), મુંબઇ ૫૦.	તે મરહુમ સીલવીયા સરકારીના ઘણી તે મરહુમ કાવસજી સરકારી તથા સેરબાનુ સરકારીના દિકરા તે જેસ્મીન, પરસી, સેહરા, ફરામરોજના બાવાજી તે સેહનાઝ, પરીવાઝ, મરહુમ ડો. સરોસ સુનાવાલાના સસરા તે નોસના બવાવાજી તે કેસમીરા અને લીનાઝના મમાવાજી.
Freny Aspi Sodawaterwalla ફેની અસ્પી સોડાવાતરવાલા	74 98	06.02.2022	C-603, Solitaire Tower 16, Kolshet Rd., Everest World, Dhokali, Thane (W.), Mumbai 607. સી-૬૦૩, સોલીતેર ટાવર ૧૬, કોલશેટ રોડ, એવરેસ વર્લ્ડ,થાના (વેસ્ટ), મુંબઇ ૬૦૭.	તે મરહુમ અસ્પી ધનજીશા સોડાવાતરવાલાના વીધવા તે ચીરાગ અસ્પી સોડાવાતરવાલા તથા કેશમીરા અસ્પી બોધાનવાલાના માતાજી તે મરહુમો હીલ્લા તથા ફીરોઝ ખોદાયજીના દીકરી તે મનીશા ચીરાગ સોડાવાતરવાલા તથા અસ્પી સોલી બોધાનવાલાના સાસુજી તે મરહુમો મેહેરામાય તથા ધનજી શા. સોડાવાતરવાલાના વહુ.
Viraf Pirojsha Dadachanji વીરાફ પીરોજશા દાદાચંજ	90 60	06.02.2022	37-B, Gool Mahal, 3rd Floor, Sleater Road, Grant Road (W.), Mumbai 400007. ૩૭–બી, ગુલ મહલ, ૩જે માળે, સ્લેટર રોડ, ગ્રાન્ટ રોડ, (પ.), મુંબઇ–૪૦૦૦૦૭.	તે જહાનારા વીરાફ દાદાચંજીના ખાવીંદ તે જહાંગીર વીરાફ દાદાચંજી, અનાહીતા વીરાફ દાદાચંજી તથા બીનાઇફર ફરામરોઝ લંગ્રાનાના બાવાજી તે મરહુમો બાનુ તથા પીરોજશા દાદાચંજીના દીકરા તે મરહુમો નરગીશ તથા નોશીર રાનાના જમાઇ તે રૂખશાર જહાંગીર દાદાચંજી તથા ફરામરોઝ અસ્પી લંગ્રાનાના સસરાજી તે મરહુમો નવલ પીરોજશા દાદાચંજી, સાવક પીરોજશા દાદાચંજી તથા શેરૂ જસી કાપડયાના ભાઇ.
Rusi Keki Modi રૂસી કેકી મોદી	69 § 6	07.02.2022	Lalakaka House, Khareghat Road, Parsi Colony, Dadar (E.), Mumbai 14. લાલકાકા હાઉસ ખરેદાટ રોડ, પારસી કોલોની, દાદર (ઇસ્ટ), મુંબઇ-૧૪.	તે પરસીસ રૂસી મોદીના ઘણી તે મરહુમો કેકી અને ભીખુ મોદીના દીકરા તે બીયાનકા અને વીરા રોહાન હતારીયાના બાવાજી તે રોહન હતારીયાના સસરાજી તે તાનયા અને નાયરાના મમાવાજી તે નીલુફર તથા મરહુમ અદી કેકી મોદીના ભાઇ તે મરહુમો સરોશ અને ફેની છાપગરના જમાઇ.
Kersi Framroze Mukadam કેરસી ફરામરોઝ મુકાડમ	91 69	07.02.2022	Lady Dorab Tata Bldg., No1, Flat No. 3, Tata Block, S.V. Road, Bandra (W), Mumbai 400050. લેડી દોરાબ ટાટા બિલ્ડિંગ, નંબર ૧, ફલેટ નં. ૩, ટાટા બ્લોક ૮, એસ. વી. રોડ, બ્રાન્દ્રા (વે.), મુંબઇ-૪૦૦૦૫૦.	તે મરહુમ રોશન કેરસી મુકાડમના ઘણી તે મરહુમો ફરામરોઝ અને રતનબઇના દીકરા તે નેવીલ અને વીરા જીમી તારાપોરના બાવાજી તે માલકમના બપાવાજી તે જરવાન ને ફ્રસ્મીમના મમાવાજી તે મરહુમો જાલ, એરચ, બેપસી, ખોરશેદ, અસ્પી સુખેસવાલા, ડોલી ફીરોઝ કાંગા, બાનુ બોમી ચીનોય અને નરગેસ એરચ ખંભાતાના ભાઇ તે મરહુમો નવરોજજી અને બચુબાઇ અધીધારુજીનાના જમાઇ.
Bomy Framjee Elavia બોમી ફામજી એલાવ્યા	67 § 9	09.02.2022	701, B Wing, Embassy Bldg., Bhakti Park, Imax Theatre, Wadala (E.), Mumbai 400037. ૭૦૧, બી વીંગ, એમ્બેસી બિલ્ડિંગ, ભક્તિ પાર્ક, આઈમેક્ષ થિયેટર, વડાલા (પૂ.), મુંબઇ-૪૦૦૦૩૭.	તે શીરીન બોમી એલાવ્યાના ખાર્વીદ તે મરહુમો રોશન તથા ફ્રામજી એલાવ્યાના દીકરા તે નાહીદ બોમી એલાવ્યા, ઝાઓશ બોમી એલાવ્યા તથા તરોનીશ બોમી એલાવ્યાના બાવાજી તે દાનેશ ફીરદોસ શ્રોફના સસરાજી તે નીના, ફ્રેની તથા મરહુમ પરવીન એલાવ્યાના ભાઇ તે મરહુમો નરગીશ તથા માણેક હવેવાલાના જમાઇ.
Parvez Aspandiar Kapadia પરવેઝ અસ્પંડચાર કાપડયા	87 ८७	10.02.2022	E Block, Flat No. 10, Navroz Baug, Dr. S. S. Rao Road, Near Ganesh Galli, Lalbaug, Mumbai 12. ઈ બ્લોક, ફ્લેટ નં. ૧૦, નવરોઝ બાગ, ડો. એસ. એસ. રાઉ રોડ, ગણેશ ગલી પાસે, લાલબાગ, મુંબઈ – ૧૨.	તે મરહુમ હીરા પરવેઝ કાપડયાના ખાર્વીદ તે ખુશરહો પરવેઝ કાપડયાના બાવાજી તે મરહુમો નરગીશ તથા અસ્પંડ્યાર પેસ્તનજી કાપડયાના દીકરા તે બેહનાઝ ખુશરહો કાપડયાના સસરાજી તે કેટી પ. મોદી, વીલુ, હોશી તથા મરહુમ ધનજી, નરીયોસંગ, ગોદરેજ કાપડયાના ભાઈ તે મરહુમો મહેરેબાઈ તથા મેહેરાબાદ દાદાભાઈ બોઈવાલાના જમાઈ.
<u> </u>			Death Announcem	nents From Prayer Hall
Minoo Fredoon Todywalla મીનુ ફરેદૂન ટોડીવાલા	<b>70</b> 90	01.02.2022	Sir Ratan Tata Bldg. No. 12, Flat No. 23, 2nd Floor, C. J. Colon Tardeo, Mumbai-34. સર રતન ટાટા બિલ્ડીંગ નં. ૧૨, ફ્લે નં. ૨૩, બીજે માળે, સી. જે. કોલોની, તારદેવ, મુંબઈ-૩૪	્રે તે મરહુમ સુનુ અને મરહુમ ફરેદૂનના દીકરા તે હુક્રીસના ફાધર તે નરગીશ, આરમાઈતીના ભાઈ. ટ
Sarosh Nariman Contractor સરોશ નરીમાન કોન્ટ્રેક્ટર	93 63	05.02.2022	A-601, Gundecha Height, LBS Marg, Kanjurmarg (W), Mun bai-400078. એ-૬૦૧, ગુડેચા હાઈટ, એલબીએસ મા કાંજુરમાર્ગ (વે.), મુંબઈ-૪૦૦૦૭૮.	to seem that the desire of the factor of the seem that the seems t
Mani Dinshaw Mogrelia મણિ દિનશા મોગ્રેલિયા	76 9§	07.02.2022	23, Anil Bhuvan, 3rd Floor, Jerbai Wadia Road, Parel, Mumb 400012. ૨૩, અનીલ ભુવન, ૩જે માલે, જરબાઈ વાડિય રોડ, પરેલ, મુંબઈ-૪૦૦૦૧૨.	
			Death Announc	ements From Poona
Dinu Homi Jogi દ્વૈનુ હોમી જોગી	<b>92</b> ૯૨	17.01.2022	601 Yes Ridhm, Kondva, Pune. ૬૦૧ યશ રિધમ કોંધવા, પુના.	તે મરહુમ હોમી જોગીના વિઘવા તે મરહુમ રતનબાઈ તથા મરહુમ દિનશાહજી મસાલાવાલાના દીકરી તે ઝરીન પાવરી, મહારૂખ મહેતા, દિલનવાઝ બારીઆ અને પુલાદ જોગીના માતાજી તે મરહુમ માનેક પાવરી, રૂસી મહેતા, દિનયાર બારીઆ અને રશના જોગીના સાસુજી તે મરહુમ પેરીન, એમી, મરહુમ ખોરશેદ, રૂસી, મરહુમ કેરસી, આલુ તથા ગુલુના બહેન.
Homai Kersi Patel હોમાય કેરસી પટેલ	<b>78</b> 9と	26.01.2022	B/803 Parsi Colony, Lulla Nagar, Pune-40. બી/૮૦ પારસી કોલોની, લુલા નગર, પુના-૪૦.	
Dali Jahangirji Charna દાલી જહાંગીરજી ચારણા	<b>92</b> ૯૨	28.01.2022	C-6-16 Pleasant Park Society, Fatima Nagar, Pune-411013 સી-૬-૧૬ પ્લેઝન્ટ પાર્ક સોસાયટી, ફાતીમા નગર પુના-૧૩.	
Pauras Hoshang Karkaria પૌરસ હોશંગ કરકરીઆ	80 60	25.01.2022	R. H. 77 Konark Nagar I, Viman Nagar, Pune-411014 આર.એચ.૭૭ કોનાર્ક નગર-૧, વિમાન નગર, પુના-૪૧૧૦૧૪.	ધણી તે રોહિન્ટન પી. કરકરીઆ, ફરહાદ પી. કરકરીઆના ફાધર.
Jeroo Minoo Bharucha જરૂ મીનુ ભરૂચા	70 90	02.02.2022	Flat No. 171 Delmar Tower-1, kalowar Village, Salonk Vihar Road, Pune-40. ફ્લેટ નં. ૧૭૧ ડેલમાર ટાવર-૧, ક્લોવ વિલેજ, સાલોનકે વિહાર રોડ, પુના-૪૦.	

# \_પારસી ટાઈમ્સ



# YOUR JANAM RASHI THIS WEEK

લખનારઃ મરહમ મહારાજ શ્રી સ્વયંજયોતિના સહકાર્યકર્તા જયેશ એમ. ગોસ્વામી

અઠવાડિક રાશિફળઃ તા. ૧૨.૦૨.૨૦૨૨ થી તા. ૧૮.૦૨.૨૦૨૨



#### Aries - મેષ - અ.લ.ઈ.

૧૩મી એપ્રિલ સુધી મોજીલા શુક્રની દિનદશા ચાલશે તેથી તમારા મોજશોખને જેટલા ઓછા કરવા માગશો એના કરતા વધ મોજીલા બની જશો. જેટલો ખર્ચ કરશો એટલા નાણાં કમાઈ લેવામાં મુક્કેલી નહીં આવે. માથા ઉપરનો બોજો ઓછો કરવા વધ કામ કરવામાં કોઈ અચડણ નહીં આવે. 'બહેરામ યઝદ' ભણજો.

શુકનવંતી તા. ૧૨, ૧૩, ૧૪, ૧૮ છે. Lucky Dates: 12, 13, 14, 18.

With Venus ruling you till 13th April, you will be greatly inclined towards fun and entertainment and all efforts to curb the same will only result in greater attraction towards it! There will be no difficulty in earning back the money that you have spent during this period. You will face no challenges in reducing your mental worries or working extra. Pray to Behram Yazad daily.



#### Cancer - sf - s.e.

તમોનેબી ગુરની દિનદશા ચાલુ છે તેથી તમારા કામકાજ ઉપર વધુ ધ્યાન આપશો. શારીરિક

મુશ્કેલી જરાબી નહીં આવે. તમારા કરેલા કામના વખાણ બીજા પણ કરશે. મ્યુચ્યુઅલ ફંડમાં ઈન્વેસ્ટ કરજો. તમો બી 'સરોશ યક્ત' ભણજો.

શકનવંતી તા. ૧૨, ૧૪, ૧૫, ૧૬ છે.

Lucky Dates: 12, 14, 15, 16.

Jupiter's ongoing rule will make you focus increasingly on your work. You will not have to undergo any physical ailments. Your work-related endeavours will receive great praise from everyone. You are advised to invest in Mutual Funds. Pray the Sarosh Yasht daily.



#### Libra - તલા - ર.ત.

બુધની દિનદશા ચાલુ હોવાથી તમારા ગુસ્સા ઉપર કાબ રાખીને ઘણા સારા કામ કરવામાં

સફળ થશો. તમારા કામકાજને પરા કરવા માટે સમયની સામે નહીં જુવો. નાનુ પ્રમોશન મળવાના ચાન્સ છે. ઉછીના નાણાં પાછાં મેળવવા માટે બુદ્ધીબળ વાપરી લેજો. ધનની લેતીદેતી સારી રીતે કરી શકો તેની માટે તમેબી 'મહેર નીઆયેશ' ભણજો.

શુક્રનવંતી તા. ૧૩, ૧૫, ૧૬, ૧७ છે.

Lucky Dates: 13, 15, 16, 17.

Mercury's ongoing rule helps you restrain your anger and taste success in your endeavours. Focus on completing all your tasks first, without bothering about the time it takes. You could expect a small promotion. You are advised to use your intelligence to retrieve money loaned to debtors. To ensure smooth financial transactions, pray the Meher Nyaish daily.



#### Capricorn - मधर - भ.अ.

૨૩મી માર્ચ સધી ચંદ્રની દિનદશા ચાલશે તેથી જો તમને નાની મસાફરીનો ચાન્સ મળે તો ચકતા નહીં. તમારા કરેલા કામની બીજાઓ કદર કરશે.

તમે જો થોડી ઘણી વધુ મહેનત કરશો તો ધન બી વધુ કમાઈ લેશો. બીજાને સમજાવી પટાવીને પોતાના કામ સફળ કરવા માગતા હો તો ૩૪મું નામ 'યા બેસ્તરના' ૧૦૧ વાર ભણજો.

શુકનવંતી તા. ૧૨, ૧૪, ૧૫, ૧૮ છે. Lucky Dates: 12, 14, 15, 18.

The Moon's rule till 23rd March suggests that you do not miss out on any small travel opportunities. Your work will receive great appreciation from others. By putting in a little extra effort, you will be able to earn extra income. If you wish to have the support of others in helping you complete your works, pray the 34th Name, 'Ya Beshtarna', 101 times, daily.



#### Taurus - วุ่นค - ผ.ว.3.

૪થી માર્ચ સુધી રાહ જેવા પાપ ગ્રહની દિનદશા ચાલશે. હાલમાં તમારું મગજ ઉલટું

ચાલશે. નેગેટીવ વિચારો ખૂબ જ આવશે. અગત્યના કામો છેલ્લી મુમેન્ટમાં અટકી જશે. તબિયતની સંભાળ રાખવા છતાં તબિયત બગડી જશે. બેચેની ખૂબ જ વધી જશે. સમજવા વગર કોઈ કામ કરતા નહીં. 'મહાબોખ્તાર નીઆએશ' ભણજો.

શુકનવંતી તા. ૧૨, ૧૫, ૧૬, ૧७ છે.

Lucky Dates: 12, 15, 16, 17.

Rahu's rule till 4th March will make your mind go topsy-turvy. Your mind will be filled with negative thoughts. Important works will end up encountering some disruption during the final stages. Your health could take a downward turn despite taking care of yourself. Restlessness will increase greatly. Do not do any work without gaining thorough understanding. Pray the Mah Bokhtar Nyaish daily.



#### Leo - સિંહ - મ.ટ.

૨૩મી ફેબ્રુઆરી સુધી શનિની દિનદશા ચાલશે તેથી હાલમાં તમારા મિત્રોબી તમોને માન નહીં

આપે. શનિને કારણે તમારા ધનનો ખર્ચ ખોટી જગ્યાએ થશે. મનગમતી વ્યક્તિબી તમારાથી દૂર ભાગતી ફરશે તેનું દુઃખ થશે. કામકાજનો બોજો વધી જશે. હાલમાં રોજ 'મોટી હપ્તન યક્ત' ભણજો.

શુકનવંતી તા. ૧૩, ૧૬, ૧७, ૧૮ છે.

Lucky Dates: 13, 16, 17. 18.

Saturn's rule till 23rd February could lead to even your own friends not paying you their respects. You might end up spending your money in the wrong places. You will feel hurt that your favourite person could start avoiding you. Work pressure will increase. Pray the Moti Haptan Yasht



#### Scorpio - વૃશ્ચિક - ન.ય.

છેલ્લા ૧૦ દિવસ જ મંગળની દિનદશામાં પસાર કરવાના બાકી છે તેથી મગજને શાંત રાખવામાં જરાબી સફળ નહીં થાવ. ઘરમાં ભાઈ-બહેનની સાથે નાની-નાની બાબત ઉગ્ર સ્વરૂપ ન લઈ લે તેની સંભાળ રાખજો. તમારું સાચું બોલવાનું કોઈકને કડવું ઝેર બનાવી દેશે. હાલમાં તીર યક્ત ભણજો.

શુકનવંતી તા. ૧૨, ૧૪, ૧૫, ૧૮ છે.

Lucky Dates: 12, 14, 15, 18.

You have 10 days remaining under the rule of Mars - you might not be able to keep control over your temper. Try to consciously not allow petty squabbles with siblings at home turn into big issues. Your words of truth could come across like a bitter poison to others. Pray the Tir Yasht daily.



#### Aquarius - કુંભ - ગ.શ.સ.

આજ અને કાલનો દિવસ જ શક્રની દિનદશામાં પસાર કરવાનો છે. તેથી ઓપોઝીટ સેક્સની

ડિમાંડ પૂરી કરી આપજો. બાકી ૧૩મીથી ૨૦ દિવસ માટે સૂર્યની દિનદશા તમારા શાંત મગજને ઉગ્ર યાને ગરમ બનાવી દેશે. તમે માથાના દુઃખાવાથી પરેશાન થઈ જશો. સરકારી કામમાં મુશ્કેલી આવશે. આજથી ૯૬મું નામ 'યા રયોમંદ' ૧૦૧ વાર ભણજો.

શુક્રનવંતી તા. ૧૨, ૧૩, ૧૬, ૧७ છે.

Lucky Dates: 12, 13, 16, 17.

Venus' last two days of rule over you - today and tomorrow - suggests that you cater to the wishes of the opposite gender first. The Sun's rule, starting from February 13th, for the next 20 days, will heat up your calm mind. You could end up suffering from headaches. You could face challenges in your government-related works. Starting today, pray the 96th Name, 'Ya Rayomand', 101 times, daily.



#### Gemini - મિથન - ક.છ.ઘ.

૨૧મી ફેબ્રુઆરી સુધી ગુરૂની દિનદશા ચાલશે તેથી આ અઠવાડિયામાં તમારા હાથથી કોઈકની ભલાઈનું કામ થઈ જશે. થોડીક મહેનત કરશો તો તમારા લેણાના પૈસામાંથી થોડી ઘણી રકમ પાછી મેળવી લેશો. કેમીલીવાળાનો સાથ-સહકાર સારો મળવાથી દરેક કામ સારી રીતે પરા કરશો. દરરોજ 'બહેરામ યઝદ' ભણજો.

શુક્રનવંતી તા. ૧૩, ૧૪, ૧૬, ૧૮ છે. Lucky Dates: 13, 14, 16, 18.

Jupiter's rule till 21st February will have you do a noble deed for another. With a little extra effort, you will be able to retrieve some of the finances that you have lent to others. You will be able to execute all your tasks very well, with the support of your family members. Pray to Behram Yazad daily.



#### Virgo - કન્યા - પ.ઠ.ણ. તમારે છેલ્લા ૫ દિવસ જ બધની દિનદશામાં

પસાર કરવાના બાકી છે તેથી બુધવાર સુધીમાં હીસાબી કામો, લેતીદેતી પૂરા કરી લેજો નહીં તો ૧૭મીથી શનિની દિનદશા તમોને તમારા નાના-મોટા કામમાં અડચણ ઊભી કરાવીને રહેશે. શનિ તમોને શારીરિક પરેશાની આપશે. આજથી 'મહેર નીઆયેશ' સાથે મોટી હપ્ત યક્ત ભણજો.

શુકનવંતી તા. ૧૨, ૧૩, ૧૪, ૧૮ છે. Lucky Dates: 12, 13, 14, 18.

Last 5 days remain under the rule of Mercury. You are advised to complete all your accounts-related works and all financial transactions withing this time. Starting from the 17th, Saturn's rule could pose difficulties in the way of all your works. You could suffer from physical issues. Starting today, pray the Moti Haptan Yasht alongside the Meher Nyaish.



#### Sagittarius - ધન - ભ.ધ.ફ.

છેલ્લા ૧૧ દિવસ જ ચંદ્રની દિનદશામાં પસાર કરવાના બાકી છે તેથી તમારા રોજબરોજના કામ ખૂબ જ સારી રીતે સમય ઉપર પૂરા કરવામાં સફળ થશો. તબિયતમાં સારા સારી હોવા હોવાથી બીજાને મદદગાર થઈને રહેશો. ઘરમાં જોઈતી ચીજવસ્ત વસાવવામાં જરાબી કરકસર કરતા નહીં. હાલમાં દરરોજ ૩૪મું નામ 'યા બેસ્તરના' ૧૦૧ વાર ભણજો.

શુક્રનવંતી તા. ૧૩, ૧૪, ૧૬, ૧७ છે.

Lucky Dates: 13, 14, 16, 17.

You have 11 days remaining under the Moon's rule, hence you will be able to complete your daily chores on time, with success. Your good health will empower you to be helpful to others. Do not hesitate to make purchases for the house. Pray the 34th Name, 'Ya Beshtarna', 101 times, daily,



#### Pisces - મીન - દ.ચ.ઝ.થ.ક્ષ.

શુક્રની દિનદશા ચાલુ હોવાથી તમારા મોજશોખ ઘટવાની જગ્યાએ વધી જશે. ખર્ચ

વધવા છતાં તમોને જરાબી નાણાકીય મુશ્કેલી નહીં આવે. ધનની માટે ઈનવીઝીબલ હેલ્પ મળી રહેશે. નવા મિત્ર મલવાના ચાન્સ છે. તેમાંબી ઓપોઝીટ સેક્સનો સાથ જરૂર મળીને રહેશે. કામકાજમાં સારા સારી રહે તેની માટે 'બહેરામ યઝદ' ભણજો.

શુક્રનવંતી તા. ૧૪ થી ૧૮ છે.

Lucky Dates: 14 to 18.

Venus' ongoing rule increases your inclination towards fun and entertainment, instead of decreasing it! Despite an increase in your expenditures, you will not face any financial issues. You will receive anonymous financial help. You could make new friends - those from the opposite gender will be greatly supportive. To ensure that prosperity continues at the workplace, pray to Behram Yazad.

### FreshToHome: India's FIRST Clean Label Brand Plans Expansions

n this edition of e4m 'Pride of India Brands 2021' series, FreshToHome's Head of Marketing, Vanda Ferrao talks about the company's mission and commitment to the brand promise - 100% Fresh, 0% Chemicals. With the Make In India campai9gn turning out to be not only viable but profitable too, homegrown businesses, whether based out of cities or located in the hinterland, have come into their own. Celebrating both start-ups and legacy brands, the e4m Pride of India Brand series explores the bright future these companies hold. In this edition of the series, we speak to the brand leadership of FreshToHome to know more about their journey and the plans ahead.

With a mission of providing fresh and preservative-free meat and seafood, techieturned entrepreneurs Shan Kadavil and Matthew Joseph, both hailing from Kerala,

founded Freshtohome in 2015. The Bengaluru-based brand's Statistics Report for 2021 said having clocked in more than two million orders per month for the year, the brand has received and successfully processed 1 order per second. In addition to this, the brand has added over 8 lakh new meat lovers in 2021. Vanda Ferrao, Head of Marketing, says FreshToHome's clear success is driven by a commitment to their brand promise - 100% Fresh, 0% Chemicals.

"Our founders began the company because they believed that India deserved better meat. So FreshToHome started this journey with the sole purpose of procuring and vending the freshest possible non-vegetarian products, which were not treated by any kind of chemical or preservative, directly to consumers, no matter which part of India they were in," says Ferrao, adding that FreshToHome controls the





entire process from sourcing directly from fishermen and farmers to shipping and

Co-founder and CEO, FreshToHome

delivering it to the customers' doorsteps in the shortest possible time.

These products reach from farms or the sea to customers' homes in less than 36 hours, and even within 24, a feat achieved by FreshToHome's large-scale investment in cold chain management. "We stand by our commitment to deliver antibiotic-free, preservativefree fresh meats and seafood. There is a huge opportunity here, as this is potentially an 80-billion-dollar industry but is riddled with challenges. Over 90% of the sector is unorganized and when the company started there weren't really any branded companies in the fresh meat industry," she said.

Today, FreshToHome says it is the largest vertically integrated e-commerce company in the fish and meat space in the world, delivering over two million orders a month across 90 cities in India and all of the UAE. The platform

enables partners to source meat and fish directly from livestock farmers and fishermen, and then supply fresh produce at mass-market prices in all major Indian markets, including Delhi/ NCR, Bangalore, Hyderabad, Mumbai, Pune, Kerala and Tamil Nadu.

"We have a network of 3,000 fishermen and farmers from 300 coasts and livestock farms across India from whom we source our seafood and meats. We control the entire backend which enables us to deliver the best products to our two million-plus happy monthly customers. We plan to open 200 outlets across India this year," says Ferrao.

FreshToHome has attracted large-scale funding, especially from Bahrain-based Investcorp in the last two years. It is expected to become a unicorn (a company evaluated at one billion dollars-plus) in the near future, especially given its robust expansion plans.

#### એક નજર પારસી મરણો ઉપર

Deceased મરનાર	Age વય	Date તારીખ	Address ૨. ઠે.	Relations સગાઈઓ
			Death Announcement	ts From Udwada-Sanjan
Noshir Kaikobad Dastoor નોશીર કેકોવ્યાદ દસ્તુર	82 ૮૨	22.01.2022	Udva Road, Raiwadi Parsi Agiary Sanjan, Ta. Umber- gaon, Dist. Valsad. ઉદવા રોડ, રાયવાડી પારસી કોલોની, સંજાણ, તા. ઉમરગાંવ, જિ. વલસાડ.	તે મરહુમ એરવદ કેકોબાદ અને જાઈજીમાયના દીકરા તે મરહુમ જહાંગીરજી અને દીનામાયના જમાઈ તે મરહુમ સીલ્લુના ખાર્વીદ તે મરહુમ આદીલ, માહરૂખ, રયોમંદના પિતા તે પરસી અને ડેઝીના સસરાજી તે મરહુમ અરદેશર, મરહુમ માણેકશાહના ભાઈ તે મરહુમ પીરોજાના દેર તે ધન અને યાસમીનના કાકા તે બેનાઝના મમાવાજી તે ડેલઝીનના બપાવાજી.
ŭ			Death Announce	ments From Daman
Darayus (Dara) Jamshedji Pardiwalla દારાયસ (દારા) જમશેદજ પારડીવાલા	<b>67</b> ६७	07.02.2022	'Sai Kripa', National Highway No. 8, Beside Fountain Hotel, Killa Pardi, Valsad, Gujrat. સાંઈ કૃપા, ને. હા. નં. ૮, ફાઉન્ટન હોટલની બાજુમાં, કિલ્લા પારડી, વલસાડ, ગુજરાત.	તે મરહુમો નાજુ તથા જમશેદજી અરદેશર પારડીવાલા (ચીવલવાલા) તથા ફ્રેની જમશેદજી ચીવલવાલાના દીકરા તે બેપ્સીના ખાવિંદ તે પર્લ બુર્ઝિન ઉનવાલા, જેસ્મીન જસ્મીન કંસારા તથા કૈનાઝ મર્ઝબાન હાથીરામના બાવાજી તે રોશની (રશના) રૂસી ડોક્ટરના ભાઈ તે વિવાન, ઝાર, જીયા અને ઝીયાનના મમાવાજી તે અર્નાઝના મામાજી.
			Death Announcemen	ts From Selvasa-Valsad
Neville Bejonji Malaowala નેવિલ બેજનજી મલાવવાલા	81 ८৭	02.02.2022	Flat No. 404, Garden City, Bail Sentina, Samarvarni, Dadara Nagar Haveli, Selvasa, Valsad. ક્લેટ નં. ૪૦૪, ગાર્ડન સીટી, બેઇલ સેન્ટીના, સમરવરની, દાદરા નગર હવેલી, સેલવાસા, વલસાડ.	તે મરહુમ દોલતબાનુ તથા બેજનજીના દિકરા તે મરહુમ સેનકીના ખાવિંદ તથા મરહુમ ડોનના પપ્પા તે પરવેઝ હોસંગ હોટલવાલાના ભાઈ, તે ફ્રેડીના મામાજી તે હેમાંગીના મામા સસરા તથા ડેલનાના મોટા મામા.
·			Death Announcer	ments From Navsari
Dina Pervez Amrolia દીના પરવેઝ અમરોલીયા	<b>90</b> 60	05.02.2022	Navsari નવસારી	તે મરહુમ પરવેઝ હોરમજશા અમરોલીયાના ઘણીયાણી તે મરહુમ આઈમાય તથા રતનશા મીસ્ત્રીના દીકરી તે મરહુમ મહેરોમાય હોરમઝશા અમરોલીયાના વહુ તે મરહુમ માણેકશા, હોશંગ અને રોશનના ભાભી તે મરહુમ ઝરીર માણેક અમરોલીયાના કાકી તે વિરા ઝરીર અમરોલીયાના કાકી સાસુ.
5			Death Announcem	ents From Mhow-MP
Naval J. Cooper નવલ જે. કુપર	92 ૯૨	28.12.2021	Mhow - MP. માઉ – એમપી.	તે મરહુમ ફીલુના ખાર્વીદ તે જમશેદ, ગેવ અને ઝરીરના ફાઘર તે મરહુમ તેહમીના કુપર, મરહુમ વીલ્લુ કુપર, મરહુમ રોશન એન્જિનિયર, મરહુમ ઘન કુપર અને ટેની કુપરના ભાઈ તે જેહાન, ચિરાગ, જેરાઝ અને જસપરના ગ્રાન્ડ ફાઘર તે અનયનાહ ના ગ્રેટ ગ્રાન્ડ ફાઘર.
<del></del>			Death Announcements	From Abu Dhabhi-Dubai
Hormuz Khudabux Pouredehi હોરમઝ ખુદાબક્ષ પૌરદેહી	39 36	26.01.2022	Flat 11/B Bustaan Apt., Bellasis Road, Mumbai-8 ફલેટ ૧૧/બી, બસ્તાન એપાર્ટ., બેલાસીસ રોડ, મુંબઈ-૮	તે ખુદાબક્ષ અને શેરનાઝના દીકરા તે અશ્તાદના ભાઈ તે મનાઝ ઝૈનાબાદીના ભત્રીજા તે ફરામરોઝ, મોરવરીદ અને ખુશરુ, ગુલચહેરના ગ્રેન્ડસન તે સિમોનના બનેવી તે અઝોરાના અંકલ.
			Death Announcemen	nts From Georgia-USA
Perin Shiavax Sethna પેરીન શીયાવક્ષ શેઠના	96 6§	20.01.2022	Gainesville, Georgia, USA ગેન્સવીલ્લે, જયોર્જિયા, યુએસએ	તે મરહુમ શીરીનબાઈ વકીલ અને મરહુમ ડોસાભાઈ વકીલના પુત્રી તે મરહુમ શીયાવક્ષ કુંવરજી શેઠનાના ઘણિયાની તે બખ્તાવર શેઠનાના મધર તે મરહુમ ગુલબાઈ, મરહુમ કેટાયુન, આલામાયના બહેન.

SATURDAY, February 12, 2022

# Don't Miss February's Fab Features At NCPA!



eadings in the Shed at 7.00 pm on Sunday, 13th February at the Experimental Theatre presents 'Letters of Love', exploring the intimate world of the famous and the infamous, through a secret language that exists only between lovers. The opera screening of Eurydice at 6.00 pm on Thursday, 17th February at the Godrej Dance Theatre takes you back in time to witness the heart-wrenching Greek mythological love story of Orpheus and Eurydice.

Komal Kuwadekar and her eminent jazz band brings you Hollywood Jazz Night with the flavor of jazz, soul, funk and R&B for you to savour at 7.00 pm on Friday, 25th February at the Experimental Theatre. Indian Music brings you CITI-NCPA Aadi Anant: From Here to Eternity, on Saturday, 26th February at 6.30 pm at the Tata Theatre, featuring eminent Carnatic vocalist, T.M. Krishna, alongwith Akkarai Subhalakshmi, Praveen Sparsh and Anirudh Athreya.

The SOI Chamber Orchestra will perform Mozart's Eine kleine Nachtmusik and other works by Schubert, Bach, Paganini, Shostakovich and more, at 7 pm on Friday, 25th February at the Tata Theatre.



Advertorial

