

PARSI TIMES

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FROM THE EDITOR'S DESK

A Time For Goodbyes

Dear Readers,

What a week this has been - we've had to bid a heart-breaking goodbye to one of the community's most cherished, all-time greats - Cyrus Pallonji Mistry, who lost his life in an unfortunate car-crash, last Sunday, 4th September. The tragedy, which claimed the life of the scion of the global construction giant - Shapoorji Pallonji Group, also cost the life of his co-passenger, Jehangir Pandole, and caused grave injuries to survivors - Dr. Anahita Pandole and her husband, Darius Pandole. With a heavy heart, community members prayed for both - the souls of the victims to attain eternal peace, as also for the recovery of the survivors.

And then, just a couple of days ago, on 8th September, we lost another global icon, close to the heart of many in the community - the grand Queen Elizabeth - II, fondly referred to as, 'Aapri Rani'. The world's longest serving monarch, ruling for seventy years, the Queen passed away at the ripe age of 96, ending her extraordinary, 70-year regime, which saw her work across 15 British Prime Ministers and 14 US Presidents!

There is a sense of great loss felt when we lose our greats. While we can take consolation in the fact that the Queen lived a rich and fulfilling, long life, nothing can help us come to terms with destiny abruptly snatching away one of our finest - a true Zoroastrian whose life encapsulated the very tenets of good thoughts, words and deeds.

He was the personification of the 'strong and silent man'. As much a business visionary as an elevated soul, Cyrus Mistry was secure in his beliefs and his decisions, always exuding an air of self-confidence, while always retaining absolute humility, dignity and sincerity with all, immaterial of their standing or social station.

He was a philanthropist at heart, taking forward his father's legacy on all fronts - business, industry and humanitarian causes. He touched the lives of innumerable, and never cared for the spotlight or any fanfare. He needed no validation. His life has been a testament to a journey in righteousness - in thought, word and deed.

His passing is an irreparable loss for the Shapoorji Pallonji family, the community and the nation. As a man of substance and true grit and honour, his was the precedent that set all precedents. His shoes will be hard, nay, impossible to fill. Taken away too soon, like the Amul advertisement says, "He still had miles to go."

Even as we ponder on this time for 'Good-byes', we stand by his family in this grief-stricken hour and pray for their healing from this devastating loss.

- Anahita
anahita@parsi-times.com

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Religious Announcements

125th Salgreh Of Zarthosti Anjuman Atash Behram

Zarthosti Anjuman Atash Behram of Girgaum Road celebrates its 125th Salgreh on Saturday 17th September, 2022 (Roj Ardibehest, Mah Ardibehest - YZ 1392) with a Jashan Ceremony lead by Vada Daturji of Atash Behram at 9:30am and another Jashan Ceremony at 5:00 pm. All Parsi / Irani Zoroastrians are requested to grace this occasion.

PUBLIC NOTICE

THE PARSEE GIRLS' SCHOOL ASSOCIATION

Notice is hereby given that the Annual General Meeting of The Parsee Girls' School Association will be held on **Monday, September 26th, 2022, at The Bai B.S. Bengallee Girls' High School at 5.30 p. m.,** to transact the following business:

1. To confirm the Minutes of the last Annual General Meeting held on 11th November, 2021.
2. To adopt the Report of the Managing Committee regarding the working of the Association for the year ended 31st March, 2022.
3. To approve and pass the Audited Balance Sheet and Income and Expenditure Accounts for the Financial Year ended 31st March, 2022.
4. To consider and approve the appointment of new Trustees.
5. To elect the members of the Managing Committee who retire by rotation and being eligible for re-election, offer themselves for the same.
6. To appoint Auditors and to fix their remuneration.
7. Any other competent business with the permission of the Chair. Members desirous of attending this meeting may send an email to cao.pgsa@gmail.com to confirm their attendance.

Honorary Secretary,
The Parsee Girls' School Association

"When you reach the end of your rope, tie a knot in it and hang on."

- Franklin D. Roosevelt

"The only impossible journey is the one you never begin."

- Tony Robbins

Success usually comes to those who are too busy to be looking for it.

- Henry David Thoreau

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Goodbye

Rustom Kaikhosrow Mubarakai

89 years old - Died: 18th August, 2022 - *Goodbye, Grandfather*



The first memory I have of my *Bomas (Grandfather)* is waking up after a blissful afternoon slumber, that lasted well after the sun had set; something only children flush with innocence and protected from the horrors of this world are fortunate enough to enjoy. That first coherent, clear memory in my mind. Classic Hindi songs playing at a pleasant volume in the living room, and as I stepped out from under the lintel of the bedroom, I was greeted with a gruff, yet soothing voice: my grandfather calling out to me and telling me to sit beside him on the sofa. His demeanour was not unlike the alpha wolf that loves and protects every cub in his pack.

My grandfather lived through every spring valley and winter tundra life has in store for every one of us who dares face it head on. Born and raised in a tiny hamlet in Iran, to an incredibly dedicated, wise and spiritual mother and an equally loving and respectable father, Bomas would often recount his childhood exploits with such an infectious and childlike enthusiasm that it would light up the gloom without a shadow of a doubt: how his many siblings and he would lie in wait for the chickens' first clucks, so that they could get to the eggs before their mother could give them a thrashing for eating into the winter supplies...how he remembers his father making his own ink out of pomegranate fibres and other completely natural ingredients and ingenious methods...the encyclopaedia of experiences my grandfather had to share would have given the Great Library of Alexandria a run for its money.

Grandpa then came to India, barely into his teenage years and already under the immense pressure of having to care for his entire family. But there was nothing Bomas couldn't handle. He was shrewd, he was brave, he was quick to learn, and he soon integrated himself seamlessly into the hustle and bustle of Bombay. He diligently worked days and nights and managed to bring his family from abject poverty out into the sunlight, and he sired a family of his own.

Grandfather had a lot of flaws too. Try as we might, nobody can ever be perfect. He made a lot of mistakes, as every person that is born into this world is bound to make at some point

in their lives. His bravery often tested the boundaries of recklessness, his mental agility and willingness to learn was only rivalled by his refusal to suffer fools (often, admittedly with good reason). But the one aspect in which he never faltered, the one factor which he never wavered in, was the love and affection he had for his family. Not one day goes by that any of us who were lucky enough and grateful enough to call him our family were bereft of his doting fatherhood. He gave his all for his flesh and blood, and for so many others around him. Rustom Mubarakai has been a name well-known and well-respected since I can remember, and since even before my time, and there have been countless instances that proved my grandfather's worth in gold.

When I saw this mountain of a man in his final days, my heart sank in a way that not even my own death could have made it so. When I saw my lion of a grandfather too weak to even sit up by himself and eat, it broke me in a way that nothing ever has and ever will. There were so many things that went wrong, but to paraphrase a Persian saying that was often taught to me by my Bomas as well as the rest of my family, Death never takes the blame on himself for any life he takes.

As I conclude this tribute, with tears in my eyes and a paradoxical smile on my face, I only have this to say to whomever may read my words: find your true path in life, have no fear to defy the world and stay in the light, and then and only then will you have the strength to nurture and protect your family.

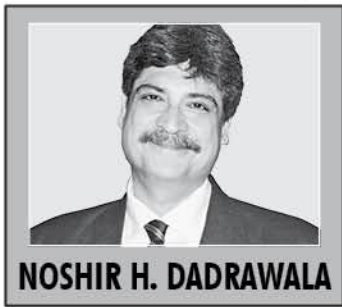
Rustom Kaikhosrow Mubarakai. A patriarch, a pillar of the community, a warrior, a husband, father and grandfather.

A diamond in the dust. You've earned your rest several times over, Bomas.

Goodbye, Grandfather.

- Fariborz Irani

Verethragna Bahram Yazata – Giver of Success & Victory



On 9th September, 2022, thousands of devotees came out of their homes to bid farewell to their favourite deity, *Ganpati* or *Ganesha*. The hugely celebrated ten-day-long *Ganeshotsav* has concluded, but the usual sentiment of ‘*Ganpati Bappa Morya, Pudhchya Varshi Lvkar Ya*’, meaning ‘O Lord *Ganpati*, come again early next year!’ continues to linger.

Lord *Ganesha* is not only worshiped by Hindus, but by Buddhists too. In Buddhism, *Ganesha* is referred to as *Vinayaka* (Master / Leader) and is worshiped in countries like Tibet, China, and Japan. His wisdom, knowledge, and ideologies are revered by devotees all over the world.

As Parsi Zoroastrians, we are worshippers of *Ahura Mazda*, the Lord of Wisdom, and in that same spirit of wisdom, we bow with respect and reverence to all that *Ganesha* embodies in terms of wisdom and removing obstacles!

Remover Of Obstacles: Lord *Ganesha* is invoked before commencing anything significant and it is for this reason that he is called the ‘Lord of Beginnings’. He is also known as *Vighnaharta* or remover of obstacles. The concept of *Vighnaharta* or remover of obstacles resonates with the Zoroastrian concept of *Verethragna* or victorious (in overcoming difficulties, foes or enemies).

Eight Forms Of Ganesha: *Ganesha* has eight forms having different attributes. All eight forms symbolize certain abstract qualities:

1. **‘Vakratunda’** is the first form of Lord *Ganesha*, meaning the twisted trunk. The purpose of this incarnation was to destroy the demon named *Matsaryasura*, which symbolically represents envy in humans. Hence, this form celebrates *Ganesha*’s triumph over envy. The mount of this form is a lion.
2. **‘Ekadanta’** means single tusk. This form was born to kill the demon *Madasura* who represents intemperance among humans due to power and other vices. *Ekadanta* was born to triumph over intoxication



The *Bahram Yasht* enumerates ten forms in which the divinity (*Bahram Yazata*) appears: As a swift wind, as an armed warrior and as an adolescent youth. In the remaining seven form he appears as a bull with horns of gold, a white horse with ears and a muzzle of gold, a camel, a boar, a bird of prey, a ram and a wild goat.

These forms are symbolic attributes of our own *Bahram Yazata*, who can be swift and cleansing as the wind, powerful and valiant as a warrior, energetic like a youth, strong as a bull etc. It is said that *Verethragna Bahram Yazata* comes to the aid of a devotee in any one or more of these ten forms and removes obstacles.

Giver Of Victory And Success:

Just like *Ganesha*, *Bahram Yazad* presides over success, victory and triumph, over external foes, as also over internal weaknesses and vices. Both bestow courage and confidence to persons embarking on any new journey or initiative.

Also like *Ganesha*, *Bahram Yazata* is known by his appellations e.g. *Fattehmand*, *Firuzgar* and *Dushman Zadaar* which mean victorious and destroyer of enemies. The name *Bahram* comes from the *Avestan* term *Verethraghna* which means success or victory. *Avestan Verethraghna* is similar to the Sanskrit term *Shatrughna* or destroyer of enemies.

Just as *Ganesha* is *Vighna-harta* or destroyer of obstacles, so is *Bahram Yazata Dushman Zadaar*.

Bahram Yazad is also invoked as *Baeshazem* or healer.

Finally, just as

Ganesh or *Ganesha* is a very popular name among Indian boys, *Bahram* is a very popular name among Iranian boys. During the Sasanian Empire, there were at least five emperors with the name *Bahram*.

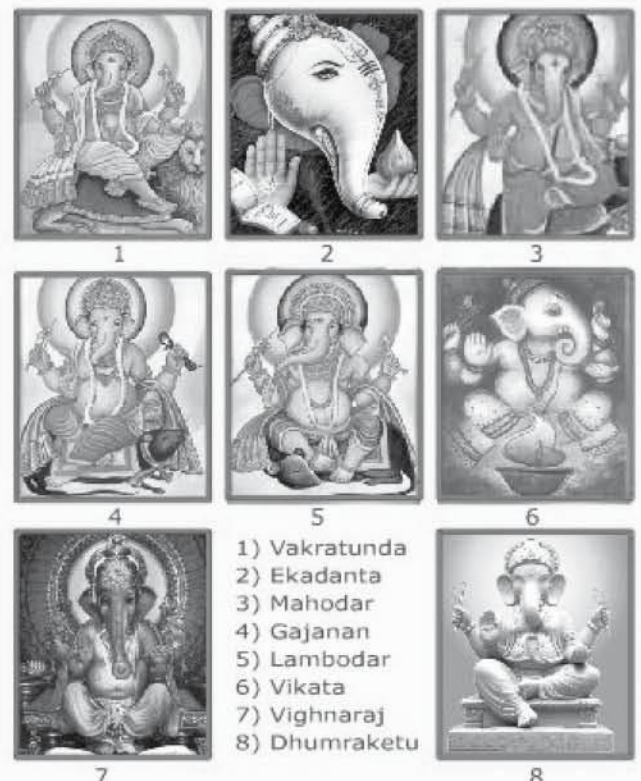
Bahram Yasht

Bahram Yasht is a very potent prayer comprising twenty-two *karda* and many devout Zoroastrians pray it regularly. It is believed to be particularly effective if prayed every day for forty days, (preferably at the same time and same place). Many have experienced mitigation of their troubles or finding new solutions to their problems.

The prayer begins with the following salutation and invocation:

“*Verethraghnem ahura-dhaatem yazamaide. Peresat zarathushthro ahurem mazdam, ahura mazda mainyo spenishta daatare gaethanaam astvaitinām ashaaum, ko asti mainyavanaam yazatanaam zyotemo?Aat mraot ahuro mazdaao, verethraghno ahuradhaato, spitama Zarathushtra ... vohu khvareno mazda-dhaatem, barat khareno mazdadhaatem baeshazem uta amemcha.*”

Translated: “We venerate *Bahram Yazad* created by *Ahura*. *Zarathushtra* asked *Ahura Mazda*, “Oh *Ahura Mazda* spirit most beneficent, creator of the material world. O holy one! Who is the best helper in times of trouble, among spiritual *Yazata*? Then *Ahura Mazda* replied, Victorious *Bahram Yazata*, created by me, Oh *Spitama Zarathushtra*, who gives higher energy, divine energy, health and courage to those who remember him.”



emanating from power and pelf in humans. The mount of this form is a mouse.

3. **‘Mahodara’** symbolizes a big belly. This incarnation killed the demon of delusion known as *Mohasura*. This form is also known to destroy ignorance and negative thoughts. The mount of this form is also a mouse.
4. **‘Gajanana’** means the elephant-faced. This form is said to have slain the demon of greed. The mount of this form too, is a mouse.
5. **‘Lambodara’** means potbellied and in this form, *Ganesha* destroyed *Krodha* or the demon of anger. The mount of this form is also a mouse.
6. **‘Vikata’** means unusual shaped. The purpose of this form of *Ganesha* was to destroy the demon of lust. The mount of this form is a peacock.
7. **‘Vighnaraja’** incarnation of *Ganesha* destroyed *Mama* or the demon of ego. *Vighnaraja* means the remover of all obstacles. His mount is a serpent named *Sesha*.
8. **‘Dhumravarna’** means smoke coloured. The purpose of this form was to overcome the demon of arrogance, *Abhimanasura*. The mount of this form is a mouse.

Ten Forms Of Verethragna Bahram Yazata:

What *Vighnaharta Ganesha* is to devout Hindus, *Verethragna Bahram Yazata* is to devout Zoroastrians.

Cyrus Mistry Passes Away

4th September, 2022 will go down in history as one of the community's darkest black letter days, as it marked the fateful and sudden, untimely demise of Cyrus Pallonji Mistry, the scion of the global construction giant - Shapoorji Pallonji, former Chairman of Tata Sons, and a national treasure, a business visionary with a heart of gold, a thorough gentleman, a true Parsi who embodied and lived the righteous life, who added to the shine and glory of the community and the nation.

The whole nation was in shock to hear of the horrific accident which claimed the life of Cyrus Mistry on the Sunday afternoon. Mistry was driving back with friends - eminent gynaecologist Dr. Anahita Pandole, her husband - Darius Pandole (CEO and MD of JM Financial Private Equity); and her brother-in-law - Jehangir Pandole (KPMG's Director - London office, based in Netherlands). While Dr. Anahita and Darius Pandole survived the accident with major injuries, Jehangir Pandole, unfortunately was also killed in the car-crash, which took place around 3:15 pm.

They were en route from Ahmedabad to Mumbai when the Mercedes car, which was driven by Dr. Anahita Pandole, hit a divider in Maharashtra's Palghar district, and crashed violently, on a bridge over Surya river. They had visited Iranshah Atashbehram earlier in the day. Dr. Anahita and her husband were rushed to Rainbow hospital in Gujarat and were brought back to Bombay the next day and are recuperating.

Cyrus Mistry's abrupt death comes barely two months after his father, Pallonji Shapoorji Mistry, Chairman Emeritus of SP Group, passed away on 28th June, at the age of 93, in Mumbai. Coincidentally, the tragedy also proved to be a double loss for the Pandole family, as their father Dinshaw Pandole had also passed away last week, and they had gone to perform the post-funeral rites in Udvada.

Taking serious cognisance, the Maharashtra government ordered a probe into the incident that stunned the country's corporate world. Deputy CM, Devendra Fadnavis ordered a detailed investigation into the incident. A seven-member forensic team, commissioned by the Maharashtra Police and the State Transport Department, investigating the crash concluded that the Mercedes-Benz SUV met with an accident due to "faulty design" of the bridge, while the deaths occurred as the rear seat occupants were not wearing seat belts. The team also concluded that the car had been over-speeding.



Prime Minister Narendra Modi, and Maharashtra Governor Bhagat Singh Koshiyari expressed grief and shock over the tragedy and Chief Minister Eknath Shinde said Mistry's demise is a loss not only to his family but also the country's industrial world. Nationalist Congress President Sharad Pawar, Congress state and central leaders, Shiv Sena leaders and other top politicians and industrialists condoled Mistry's demise.

An Irish citizen and a permanent resident of India (having

acquired Overseas Citizenship of India), Cyrus Mistry was cremated at Mumbai's Worli crematorium, on 6th September, 2022, after his elder brother Shapoor, flew into Mumbai the previous night, to pay his last respects. In addition to family, the funeral was attended by innumerable community members, industrialists including Anil Ambani, Ajit Gulabchand, Deepak Parekh and Vishal Kampani, entrepreneur Ronnie Screwvala, architect Hafeez Contractor, NCP leaders Supriya Sule and Ganesh Naik and former Congress MP, Milind



Deora. Industry doyen Ratan Tata's stepmother, wheelchair-bound Simone Tata, 92, arrived at the crematorium in a special van. Former TCS head S Ramadorai also attended the funeral.

Mistry's body, decorated with white flowers, was brought from the state-run J J Hospital to the crematorium earlier in the morning and kept for friends and family to offer their prayers. The last rites were performed at the crematorium just before noon.

Excerpts from a communique shared by the SP Group announcing the sad demise of their leader, read, "54-year-old Cyrus Mistry is survived by his wife Rohiqa, sons Firoz and Zahan, mother - Patsy Mistry, sisters - Laila Rustom Jehangir and Aloo Noel Tata, and brother, Shapoor Mistry. Cyrus Mistry was born on 4th July, 1968. Armed with a Civil Engineering degree from London's Imperial College of Science and Technology and a Post-graduate degree of Master of Science in Management from London Business School, he joined the family business in March 1991 as Director, overseeing the group's construction business.

His entrepreneurial mindset helped the Shapoorji Pallonji Group achieve many milestones over the past two decades, including one of India's first integrated, project-financed power plants, and the development of India's first biotechnology park. With his vision and eye for detail, he was instrumental in steering the Group from a pure contractor to a 'value-added' player, by developing competencies in allied areas such as EPC and 'Design and Build'. He also envisioned, and oversaw, the evolution of the Group into an end-to-end business group, spanning design and engineering, construction and asset development.

CPM, as he was fondly known, was a voracious reader, committed to a journey of lifelong learning across multiple disciplines. Despite his success, he always kept a low profile, away from the limelight. Cyrus Mistry was deeply committed to the Zoroastrian principles of righteousness, honesty, and ethical dealings with all. He was known for his transparency and integrity in all his business dealings. He was extremely humble, approachable to all, and always lent a helping hand to the less fortunate. Deeply loved by his family, he was a friend to countless many. We will all miss him."

Indeed, we will. A fine man gone too soon. May his soul rest in eternal peace. Garothman Behest Hojoji!

Patel Brothers Make Clean Sweep At Pune's Dirt Track Meet

Rustom Baug's well known racing duo - brothers Zubin and Rustom Patel - yet again did the community proud with their impressive wins at the ARMS (Association for Racing and Motor Sports) Pune festival, in the All-India Dirt Track Meet 2022 event, which was held on the 3rd and 4th September, 2022, at Pune's Golibar Maidan.

Zubin and Rustom Patel from Mumbai were the only two Parsi participants in the event, representing Team Ajmera Racing India. Both brothers were riding different categories and rode on the Hero Impulse prepared by Castrol Biking for this event.

Rustom rode the first race 4-stroke 150cc upto 550cc Indian Open, with 22 bikes on the grid. Despite not getting a good start from the start-gates and running 8th, he advanced, one at a time, in the 6 laps race, and finished a very close 2nd place, fighting out boys half his age to bring home the silver trophy.



Zubin rode the Veterans category 150cc upto 250cc in his category of riders above the age of 47 years. Competing against 8 more riders in his class, Zubin managed a great start and was leading through the entire 6 laps race, from start to finish, winning first place and scoring the gold prize.

The competition was indeed fierce but the powerful pace-masters - Patel brothers, rode hard to defeat the much younger riders on the challenging dirt track, which was strewn with water,

heavy dips as well as stones, making it very tough for all participants.

Speaking to Parsi Times, the Patel brothers shared, "It fills us with great pride and happiness to be able to continue racing and winning and making our Parsi community proud! We wish we had more young talented Parsis joining us for these races - then we could make a bigger All-Parsis team someday with more fresh and young talented kids coming on board! We are very grateful to our sponsors - Ajmera builders and Castrol Biking - for always supporting us with the best facilities."

Held under the aegis of FMSCI (Federation of Motor Sports Clubs of India), the official governing racing body of India, the event had over 145 riders participating from across the nation, over 11 different racing categories.



Guest of Honour, Suresh Kalmadi greeted the riders at the start line in support of Indian motorsports events.

Emphasizing their message to all young riders, the Patel brothers share a crucial piece of advice to all racing enthusiasts and the youth, "Say NO To Street Racing. If you want to race, get on the track!"

Veera Sanjana Felicitated By Lions Club Of Byculla



Educator, author and journalist, and Parsi Times' columnist, Veera Shroff Sanjana, was felicitated in a glittering function held by the Lions Club of Byculla (LCB), for her journalistic endeavours and achievements on 6th September, 2022.

LCB was honoring educators and journalists on the occasion of the birth anniversary of the renowned scholar and second president of Independent India, Bharat Ratna recipient, Dr. Sarvepalli Radhakrishnan, as well as in commemoration of Teacher's Day. The award ceremony comprised the awardees sharing a short speech, and concluded with dinner.

Having been an educator for over three decades, Veera Sanjana believes

that being a teacher has been one of her most enriching and endearing career choices. Writing has also been her passion since she was a young girl, putting pen to paper and having her words waltz to their own rhythm. "It is something that springs straight from the heart. I'd say writing is a vigorous endeavor to put words to thoughts spoken in secret code by your heart," explains Veera.

Born and raised in Mumbai, Veera graduated from Mumbai University with a scholarship for excellence in English Literature. "I like to call myself a writer of thoughts and a reader of books," says the author of two books, 'Endured' - an anthology of 46 poems (2016) and '#LoveBytesLifeHacks' - a unique collection of original quotes (2018).

SJAM Lifetime Achievement Awards For Diana Eduljee, Adille Sumariwala



Parsi sports icons - legendary Diana Eduljee and Adille Sumariwala - will be felicitated by The Sports Journalists' Association of Mumbai (SJAM) with the prestigious Lifetime Achievement Award, for their contribution to the development of sport, over an extended period of time.

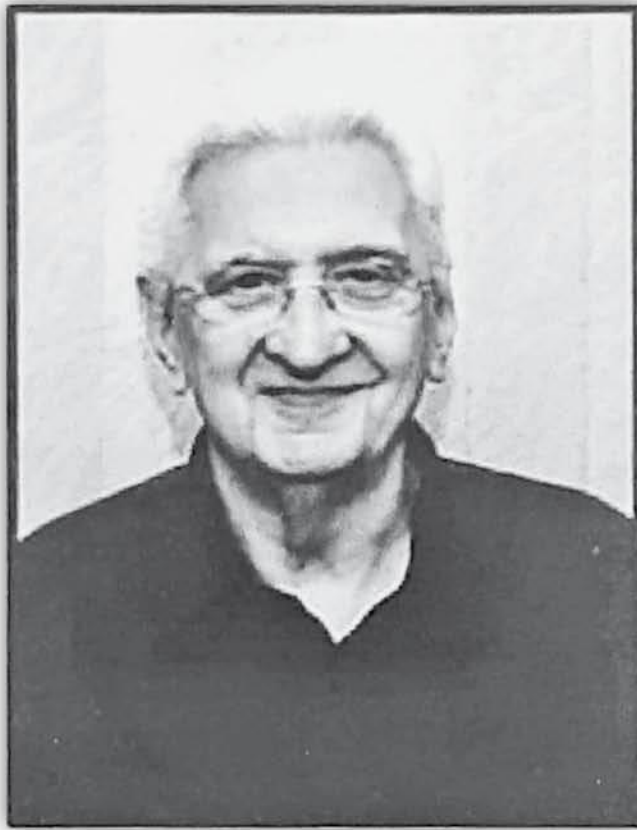
The SJAM's Executive Committee decided on this year's honours list during its meeting at the Maharashtra State Lawn Tennis Association (MSLTA) in August 2022.

On her felicitation, Veera said, "It was an honour and a privilege to be felicitated by Lions Club Of Byculla, amidst the distinguished attendees. The members were gracious and welcoming. I was amazed to know of the great work they do and I applaud all the

Diana Edulji and Adille Sumariwala will be feted, for their immense contributions in the fields of cricket and athletics, respectively, along with other senior sports journalists at the Association's 2021-2022 Awards function for sports-persons, in the oncoming months. MM Somaya (Hockey), Sheila Kanungo (Shooting) and Prof. Ratnakar Shetty (Administrator, Cricket) will also be honoured with the SJAM Lifetime Achievement Awards, alongside Diana Edulji and Adille Sumariwala.

humanitarian projects undertaken by LCB and its generous members. The Club truly has a keen vision towards providing services for communities to help uplift their civic, moral, cultural and social welfare."

Obeisance To Shri Dhunji Naterwalla



Shri Dhunji Naterwalla

General Secretary, Mumbai Mazdoor Union

(14th April, 1942 - 3rd September, 2022)

*"The world changes from year to year,
Our lives from day to day,
But the love and memory of you,
Shall never pass away.."*

Shri Dhunji Naterwalla, our revered Colleague, Mentor, Friend, Philosopher and Guide left for his Heavenly Abode in the wee hours of 3rd September, 2022, after a long and valiant fight with illness. Shri Naterwalla is survived by his son - Urmaze Naterwalla, daughter-in-law - Jasmine and grand-daughter - Sanaz.

Prior to immersing himself completely in the field of trade union movement, Shri Naterwalla served with Tata Group of Companies, more particularly Swadeshi Mills Co. Ltd. Despite being in management, he always worked for betterment of the workers. Under his guidance, the bastion of Tata Group, i.e. Bombay House, was reeled under strike and closed for operations, first time ever.

Swadeshi Mills Co. Ltd. had shut down under the aftereffects of the textile industries debacle, after which Shri Naterwalla plunged into the trade union field with full energy, leading from the front for over the last two decades. He was instrumental in signing several settlements for the betterment of the workmen across Mumbai, Thane, Nashik, Goa

and Gujarat. Neither natural calamities nor his own personal sickness or grief, could prevent him from attending office daily.

Shri Naterwalla, along with support of the President Ms. Chandbibi Zaidi, carried on the legacy of free trade unions movement with great zeal. He never shied away from work till he was on his feet. However, in November 2021, sickness took a toll on his body, leaving him bed ridden for the last nine months, when he lost the final battle of life to death.

His life has left an indelible mark and it shall be our responsibility to carry his legacy forward and see that his work continues to live in the memory of all whose lives he touched.

"A great soul serves everyone all the time. A great soul never dies. It brings us together again and again."

Let us all pray for the departed soul. Gorothman Behest Hojoji!

- In Grief:

All Office Bearer-Colleagues, entire staff and Unit Committee Members of Mumbai Mazdoor Sabha and Engineering Mazdoor Sabha, Mumbai.



Dhunji Will Be Missed

- Kersi Randeria -

My initial interaction with Dhunji Naterwalla took place about four years ago, during a Union negotiation between Dhunji and the BPP Board.

As a BPP Trustee, I remember entering into a one-on-one discussion with Dhunji, when things had gone south and it appeared that both sides would end up in court. My aim was to try and come to some arrangement with the Union, under Dhunji, which otherwise was proving exorbitantly expensive for the cash-strapped BPP. I asked Yazdi and the Board for one day's time to try and negotiate a settlement, at which point they laughed at me, thinking it an impossible feat to accomplish. However, not only was I able to negotiate the settlement, but was also able to save the BPP a whopping Rs. 4 crores.

Even so, what distinctly stood out - before, during and after the negotiations - was Dhunji's exemplary character and professionalism. He was truly a kind-hearted man, fighting

sincerely and selflessly for the cause of his workers. In a short span of time, we were able to work out a solution. He was truly an honest, upright and pragmatic man who cared equally for all - the Union workers that he represented, the BPP Trust and most importantly, the community that he belonged to.

He was proud to be a Parsi at the forefront of a Union, headed by a Muslim (Ms. Chand Bibi), working together for the welfare and protection of a dominantly Maharashtrian workforce. He believed that for the status quo to survive, the Union needed to get a fair settlement for its workers, alongside a financially viable solution for the Trust and the community.

Over time, he became a friend and at one point, he wanted to donate money towards community welfare, in particular, towards the repair of Doongerwadi. I was privileged to have earned his trust insomuch that he told me he would put a condition towards the donation, insisting that his donations were to be employed only under my direction and not that of the

collective BPP Board. I was humbled by his show of faith in me. This was along the same lines, as another donor, Mr. Jal Sethna, who shared a similar confidence in me.

As we continued our discussions vis-à-vis the workers, the Trust and the community, he agreed to facilitate a golden handshake with the workers and work with me towards the same. This would go a long way in bringing down the cost of wages for the Trust, as most of senior people earning large salaries would move out and the BPP wage-bill would drastically reduce.

He was kind enough to give me four or five different agreements, signed by his Union with other organisations, which I passed on to the BPP-appointed consultants. Unfortunately, the consultants who had been paid 80% of the fees, were unable to deliver in time and the Board was unable to carry this to its logical conclusion. I am told that the consultants have restarted their work and I hope that this shared vision of Dhunji and I, will culminate in fruition.

Dhunji was an endearing soul - and he was brave, he spoke his mind. For this, he would get into the bad books of many who disliked hearing him speak highly about me, especially post the agreements forged between BPP and the Union, where he and I played pivotal roles. He would make his regard for me public and obvious, when giving interviews to the media post the signing of agreements, where he would emphasize that were it not for me, the bad blood between the Union and Board, would have surely led to litigation.

Dhunji took seriously ill a year ago, needing hospitalization. A few months back, his health marginally improved and I was delighted to be able to speak with him, over Chand Bibi's phone, even while he was in the ICU. Unfortunately, he finally succumbed to his long-standing ailment.

A thorough gentleman whose life was dedicated to the service of others, Dhunji will be missed. May his noble soul rest in eternal peace.

A Tribute To Cyrus Mistry

- Shapoorji Pallonji Group -

It was with utmost sadness that we had to announce the sudden and untimely demise of our beloved Mr. Cyrus Pallonji Mistry. Deeply loved by his family, he was a friend to countless many.

CPM, as he was fondly known, was committed to a journey of lifelong learning across multiple disciplines. Despite his success, he always kept a low profile, away from the limelight.

Cyrus Mistry was deeply committed to the Zoroastrian principles of righteousness, honesty, and ethical dealings with all. He was known for his transparency and integrity in all his business dealings.

His entrepreneurial mindset helped the Shapoorji Pallonji Group achieve many milestones over the past two decades. He envisioned and oversaw, the evolution of the Group into an end-to-end business group, spanning design & engineering, construction and asset development.

He will always be remembered as one who was extremely humble, approachable to all, and someone who always lent a helping hand to the less fortunate.

We will all miss him. May his soul rest in eternal peace.

'Humata, Hukhta, Huvarshta! Good Thoughts, Good Words, Good Deeds!

A Beautiful Person Gone Too Soon

- Vada Dasturji of Iranshah, Udvada - Khurshed Dastoor -

"Fairness", as Mitch Albom says, "does not govern life and death. If it did, no good person would ever die young."

Journalists and friends say that I may have been one of the last people who met Cyrus before he passed on to the other side. I cannot fathom what to make of this banter, it seems so inconsequential when the shock wears off and you face the reality of never meeting Cyrus again. Nonetheless, I only wish I had a magic wand or some mantra that could help bring Cyrus back, for as the Amul Caption so rightly phrased, 'He still had miles to go!'

I have known the Shapoorji Pallonji family for a while now and shared a close association which has been special with each of them. Over time, as a sense of familiarity and comfort set in, I grew to admire and learn much from our valued acquaintances.

Cyrus came across as a 'man of a few words' and a private person. But I was privileged as he would open-up to me, sharing the challenges he was ready to face on the personal front, as also, as a leading industrialist.

A devout religionist, Cyrus followed in his father's footsteps, and was a zealous Donor. The restoration of the Iranshah Atashbehram at Udvada was personally overseen by him, with keen interest and an eye for detail. He saw to it, in person, literally, that not a stone was left unturned.

Ever since his tragic accident, not a moment has passed where I do not find myself steeped in thought and remorse, on the why's of losing him so soon. He possessed the sensitivity, the compassion, the gentleness, the deep, loving concern and a uniquely insightful understanding of life itself, which only very few who have faced struggle and loss, but have found their way out of the depths, have been able to master.

This is who Cyrus Mistry was to me: A Beautiful Person. And beautiful people just don't happen... when they do, they sadly leave us all behind too soon!

Farewell, my dear, dear friend, Cyrus Shapoorji Mistry! You have joined the league of the legends. Your legacy will live on as another 'Cyrus The Great!'



Cyrus Pallonji Mistry

(4 July, 1968 – 4 September, 2022)

*Beloved Husband of Rohiqa, Father of Firoz and Zahan,
Son of late Pallonji Shapoorji Mistry and Patsy Mistry,
Brother of Laila Rustom Jehangir, Aloo Noel Tata and Shapoor Mistry.*

**A friend to many, loved by all...
... A life well lived.**

The River Becomes The Ocean... Adieu Cyrus Pallonji Mistry

- Noshir H. Dadrawala -

During the afternoon of Sunday, 4th September, 2022, while devotees across Maharashtra and Mumbai were bidding farewell (on the fifth day of the ten days Ganesh utsav or festival) to Ganpati or Ganesha -the Divine Vignaharta (remover of obstacles) at sea shores and rivers, a human Vignaharta bid farewell to all of us, near the river Surya, in Palghar district of Maharashtra. It was all too sudden and plunged many, including this writer, into a state of shock.

They say the only certainty in life is death and the only uncertainty about death, is the date and time! 4th September, 2022, was Bahram Roj of the holy month of Fravardin and Cyrus Mistry paid his respects at the holy Iranshah Atash Bahram in Udwada earlier in the day. He was wearing a white shirt, black trousers and a traditional skull cap to cover his head in respect. No bodyguards or lackeys accompanied him. He entered Udvada gaam and the Atash Bahram quietly and left quietly.

The scion of the Shapoorji Pallonji Group, that had only very recently contributed munificently for the restoration of the building that houses the sacrosanct Iranshah Fire, disliked fuss and fanfare. He exuded khandani understated elegance and grace. After lunch he took off for Mumbai with the Pandole family and around 3:15 pm, he (along with his good friend, Jehangir Dinshaw Pandole) was gone from this world – as was his signature style – quietly and without warning.

I had met Cyrus Mistry only once in 2016, at his office at the Pallonji Centre in Colaba. He spent a good one hour of his time with me over a cup of tea. He shared with me his vision of philanthropy and wanted to know more about obstacles and gaps in the philanthropy eco-system. He left a lasting impression on me.

The first thing that I noticed about him was his soulful eyes which exuded genuine pathos and compassion. They say that the eyes are windows of the soul and behind those eyes, I

could see a gentle and humane soul.

He was a gentleman to the core. After the meeting he personally saw me off with utmost courtesy and respect. When I told one of his friends about his humility, I was told that on a recent holiday, Cyrus insisted on picking up not only his own but also his friend's bags from the conveyor belt and also pushed the luggage trolley all the way to the exit point. That is how unassuming and down-to-earth he was.

Philanthropy ran in his blood. But, philanthropy is not just about giving of one's wealth. He also gave his time and his talent to various causes. He was truly charitable in his thought, his word and in his deeds. He was very devoted to his parents, his siblings, wife and children. He was truly a family man. To his friends, he was a light-house.

Though his demeanour was gentle, he stood firm on matters concerning corporate governance, even if it cost him the Chairmanship at a large corporate conglomerate. Cyrus was a rare human Vignaharta who touched thousands of lives with compassion, fairness and humility. Destiny seems to have marked September 4, 2022, as the visarjan or the bidding adieu of this amazing vignaharta! However, while everyone bid farewell to this great man, they also felt grateful that he graced our lives, even if for a short time.

Cyrus Pallonji Mistry was a good man. The loss of a good man is always unfortunate. However, as we bid farewell, let us also express our gratitude that a great man like him lived like an ordinary man among us and taught us so much and gave us so much. He has given up his material body, but his essence will linger in our memory for long.

It is believed that immersing the clay idol in the ocean is symbolic of leaving the material body, and the spirit becoming one with the ocean (of Divinity). And similarly, the river that flowed in our midst and brought prosperity to so many across India and the world, has now merged into and become the ocean.

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The Bawa Word Search

Search out 16 Top Gambling Destinations in the World hidden in the word-jumble box below, in bi-directional, horizontal, vertical and diagonal forms:

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M Z V S M L U W G R L X N A H C X H F F C K F Q B
E I K E S Q Y Q S P H F P J X P Z W V A H Q T U L
Q J E R B C O U N C I L B L U F F S Y E X S Q J L
R N F I D I Y Y Z P Y X O W G R N O Y U T E H O P
H W G A W I X D T H D B H D O O V Q A G R N N F A
N S E S J E L A D R E D U A L T R O F V Q D C S R
Y C G O R U P V L A D I V O S T O K B U O D U E A
O U F N X P C Z R H M Z T F H D Z K H N C O A Z D
Y O P E Q B L S G Q O N H M A F E K C S T D B R I
O Y E U Z Z U K F L S V C A L B Y A H I R H P T S
S M O B R W N B R F H G X W A C U T D U G Y K S E
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U S L X C M C K Q O N G M U V P X B A X O Z Z G S
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B K S G T X B J R S E Q U C G K T F T Z P E D T A
Q Z E N M V X K Z R S A Y Z A M A D R E T S M A N
A O O B O V Q Q O S W J G S S W T A V L L C O V D
X M C Q H T E P S J O U D U O E U G X B P T A G V
Y E W Z W N A P T Z D H J F K W A P R F Q T E T Z
C E U V W G I N N N H Y S T P J K A A W F B P B W
H O L A N D E A U V I L L E J E K D H S Z Y O C Q
V O I I J P L L B O V U Y S F D N J J P Q U Z I U
H S S V T M G C H U Y T I C C I T N A L T A Y Q J
E I W I G H T S K B U V N T P A N A M A C I T Y Z

- | | | | |
|-----------------|-----------------|-------------|-------------|
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SUDOKU

	1							
				7	2		9	
					9	1	5	7
		8	2			7		1
1			9		4			6
4		3			6	2		
3	2	9	8					
	4		3	9				
							9	1

Solution see below



WINNING CAPTION!!!

- Big Girl: Smiling for the camera feels sublime!
- Little Girl: I like to smile without reason or rhyme!!
- Little Boy: So many women! Such little time!!!

By Anaheeta Irani

CAPTION THIS!



Calling all our readers to caption this picture!

Send in your captions at editor@parsi-times.com by 14th Sept., 2022.

Winning Caption and Winner's Name Will Be Published Next Week.

We invite our readers to contribute funny / interesting pics that we could use for the 'CAPTION THIS' Contest.

Disclaimer: Some of our 'Caption This' Contest photos are taken from freely available, public online resources and are published in a light and humorous vein, which is the mainstay of the Parsi spirit! No offence is intended to anyone or any situation.

Thought of the Week

"A dream doesn't become reality through magic; it takes sweat, determination and hard work"

- Colin Powell

HOW MANY WORDS?

How many words of four or more letters can you make from the letters below? Every word must contain the letter in the center. You should make at least one word using all 7 letters.

RESULTS:

- Average: 6 or more words
- Good: 8 or more words
- Outstanding: 9 or more words



SUDOKU SOLUTION

8	9	6	5	4	2	7	9	1	3
7	4	1	3	9	5	6	8	2	8
3	2	9	8	6	1	4	7	5	
4	5	3	7	1	6	2	8	9	
1	7	2	9	8	4	5	3	6	
1	7	2	9	8	4	5	3	6	
1	7	2	9	8	4	5	3	6	
2	8	4	6	3	9	1	5	7	
5	3	6	1	7	2	8	9	4	
6	1	7	5	4	8	3	6	2	

પારસી ટાઈમ્સ

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THE TRUTH. DELIVERED WEEKLY.

શાપુરજી પાલનજીના વંશજ અને ટાટા સન્સના ભૂતપૂર્વ ચેરમેન, સાયરસ મિસ્ત્રી, ૫૪ વર્ષની વયે માર્ગ અકસ્માતમાં મૃત્યુ પામ્યા

ટાટા સન્સના ભૂતપૂર્વ ચેરમેન સાયરસ મિસ્ત્રીનું ૪૪મું સપ્ટેમ્બર, ૨૦૨૨ના રોજ મહારાષ્ટ્રના પાલઘરમાં એક માર્ગ અકસ્માતમાં મૃત્યુ થયું હતું, જ્યારે તેમની મર્સિડીઝમાં અમદાવાદથી મુંબઈ પરત ફરતી વખતે ડિવાઈડર પર અકસ્માત થયો હતો. મિસ્ત્રીની ઉંમર ૫૪ વર્ષની હતી. આ અકસ્માત સૂર્યા નદી પરના પુલ પર બપોરે ૩.૧૫ વાગ્યાની આસપાસ થયો હતો.



મોત થયું હતું. ડો. પંડોલ અને દારાયસ પંડોલને તાત્કાલિક વાપીની હોસ્પિટલમાં લઈ જવામાં આવ્યા હતા, જ્યાં તેઓ ખતરાની બહાર હોવાનું જાણવા મળ્યું હતું.

શાપુરજી પાલનજી જ્વોબલ કન્સ્ટ્રક્શન કંપનીના વંશજ મિસ્ત્રીને ઓક્ટોબર ૨૦૧૬માં ટાટા સન્સના ચેરમેન પદેથી હટાવવામાં આવી હતી.

મિસ્ત્રીને શ્રદ્ધાંજલિ પાઠવતા વડા પ્રધાન નરેન્દ્ર મોદીએ કહ્યું, તેમનું નિધન વાણિજ્ય અને ઉદ્યોગ જગત માટે મોટી ખોટ છે. તેમના પરિવાર અને મિત્રો પ્રત્યે

મિસ્ત્રી ઉપરાંત, અન્ય ત્રણ વ્યક્તિઓ કારમાં હતા - મુંબઈના જાણીતા ગાયનેકોલોજિસ્ટ ડો. અનાહિતા પંડોલ તેમના પતિ દારાયસ પંડોલ અને દારાયસના ભાઈ જહાંગીર પંડોલ. તેઓ સવારે ઉદવાડા ખાતે ઈરાનશાહ આતશ બહેરામની મુલાકાતે ગયા હતા. એવું માનવામાં આવે છે કે ડો. પંડોલ કાર ચલાવી રહ્યા હતા. સૂર્યા નદી પરના પુલ પર થયેલા અકસ્માતમાં જહાંગીર પંડોલનું પણ

સંવેદના વ્યકત કરતા મહારાષ્ટ્રના મુખ્ય પ્રધાન એકનાથ શિંદેએ કહ્યું, તેઓ માત્ર એક સફળ ઉદ્યોગસાહસિક જ નહોતા પણ ઉદ્યોગમાં તેમને એક યુવાન, તેજસ્વી અને દૂરંદેશી વ્યક્તિત્વ તરીકે જોવામાં આવતા હતા.

મિસ્ત્રીના પરિવારમાં તેમની પત્ની રોહિલા અને બે પુત્રો - ફિરોઝ અને ઝહાન છે.

ફરવદીનના પરબનું અવલોકન

ફરવદીન - શુભ પ્રથમ મહિનો: ફરવદીન એ ઝોરાસ્ત્રિયન કેલેન્ડરનો પ્રથમ મહિનો છે અને ફરવદીન મહિનાના પહેલા અઠવાડિયામાં, ઘણા મહત્વપૂર્ણ દિવસો છે:

- * માહ ફરવદીન, રોજ હોરમઝદ (નવું વર્ષ)
- * માહ ફરવદીન, રોજ અર્દાબહેસ્ત (રપીથવનને પવિત્ર કરવાનો દિવસ)
- * માહ ફરવદીન, રોજ ખોરદાદ (ખોરદાદસાલ અને પરંપરાગત રીતે અશો જરથુષ્ટ્રનો જન્મદિવસ)
- * માહ ફરવદીન, રોજ અમરદાદ (ફવશીઓના અનંતકાળની ઉજવણી માટે અમરદાદ સાલ)

ફવશી છે. તેઓ મૃતકોના આત્માઓના સંરક્ષક આત્માઓ છે અને જીવંતના આત્માઓનું રક્ષણ અને માર્ગદર્શન પણ કરે છે.

વૈશ્વિક રીતે, ફવશીને ત્રણ જૂથોમાં વહેંચવામાં આવે છે - જીવંત, મૃત અને અજાત. આ તે બળ છે જેના પર અહુરા મઝદા શૈતાની શક્તિઓ સામે બ્રહ્માંડને જાળવી રાખવા માટે નિર્ભર છે. તેઓ તમામ પવિત્ર આતશનું રક્ષણ કરે છે અને પ્રતીકાત્મક રીતે વિશ્વમાં અંધકારને કેદ રાખે છે.

ફરવદીનનો પરબ: માહ ફરવદીનનો રોજ ફરવદીન એ દિવસને દર્શાવે છે જ્યારે શ્રદ્ધાળુ ઝોરાસ્ત્રિયનો તેમના શહેર, નગર અથવા ગામડામાં



દિવસ છે અને જ્યારે તે ફરવદીનના પ્રથમ માહ અથવા મહિનામાં આવે છે ત્યારે તે ખાસ કરીને શુભ માનવામાં આવે છે.

ફવશી શું છે? ફવશી કંઈક અંશે હિંદુઓની પિત્રી અથવા રોમનો અને ગ્રીકના માનસ - બેનિફિકિસ્ટ સ્પિરિટ જેવી જ છે. પારસી લોકો ફવશી અથવા ફરોહરને દેવી સાર તરીકે જુએ છે, જે સંપૂર્ણ શુદ્ધ અને સારું છે. તે જ્વાન કે આત્મા સાથે સંબંધિત નથી.

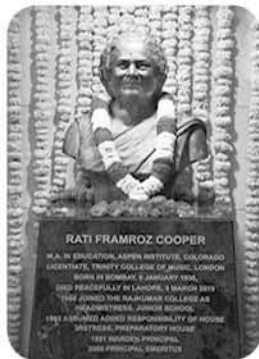
ફવશી એ પ્રોટોટાઈપ પણ છે, જે ભૌતિક સર્જનના અભિવ્યક્તિ પહેલા અસ્તિત્વમાં હોવાનું માનવામાં આવે છે. અહુરા મઝદા અને તેમની દેવી શક્તિઓ, અમેશા સ્પેન્ટા અને યજ્ઞાતાને પણ તેમની પોતાની ફવશી હોવાનું કહેવાય છે. છોડ, પ્રાણીઓ, પર્વતો અને નદીઓની પણ પોતાની

દોષ્ઠા અથવા આરામગાલ તરફ પ્રયાણ કરે છે અને તેમના વહાલા વિદાય લીધેલા ફવશીઓને પ્રાર્થના કરે છે.

ફરવદીન યશ્ત: ઝોરાસ્ત્રિયન યશ્તો (સ્તોત્રો)માં ફરવદીન ૧૫૮ શ્લોક ઘણા લાંબા છે. તે મુખ્યત્વે પ્રામાણિક ફવશીને પ્રોત્સાહન આપે છે. યશ્ત દ્વારા, અમે પ્રાર્થના કરીએ છીએ: "Ashaunaam vanguhish suraao spentaao fravashayao yazamaidé," જેનો અર્થ થાય છે: અમે પવિત્ર, સારા, બહાદુર, સમૃદ્ધિ આપનાર પવિત્રને આદરપૂર્વક યાદ કરીએ છીએ. ફરવદીન યશ્તમાં, ફવશીને તમામ સારી રચનાઓનું રક્ષણ કરવામાં અહુરા મઝદાના શુદ્ધિકરણ અને શક્તિશાળી સહાયક તરીકે વર્ણન કરવામાં આવ્યું છે. - નોશીર એચ. દાદરાવાલા

શિક્ષણવિદ રતિ કૂપરની સ્મૃતિનું રાજકોટમાં સન્માન કરવામાં આવ્યું

રાજકોટમાં રાજકુમાર કોલેજના ભૂતપૂર્વ વિદ્યાર્થીઓ અને સ્ટાફે, ૧૫મી ઓગસ્ટ, ૨૦૨૨ના રોજ, પ્રતિમાના અનાવરણ સાથે સુપ્રસિદ્ધ શિક્ષક - રતિ કૂપરની સ્મૃતિનું સન્માન કર્યું હતું. દાયકાઓથી, રતિ કૂપરે સમર્પિતપણે ભણાવ્યું હતું અને તેમના હેઠળ અભ્યાસ કરતા હજારો વિદ્યાર્થીઓના જીવનમાં એક મોટો ફેરફાર કર્યો હતો. સમારંભની શરૂઆત કોલેજના ભાવસિંહજી હોલમાં વિવિધ ભૂતપૂર્વ વિદ્યાર્થીઓ દ્વારા હૃદયસ્પર્શી વખાણ કરીને કરવામાં આવી હતી, ત્યારબાદ રાજકોટ, મૂળી અને લાઠીના રજવાડામાં રતિ એફ. કૂપર ક્લા ભવનમાં તેમના વિદ્યાર્થીઓ અને અગાઉના સભ્યો સહિત ૨૫૦ થી વધુ લોકોની હાજરીમાં પ્રતિમાનું અનાવરણ કરવામાં આવ્યું હતું.



લાયકાત ધરાવતા હતા. ૧૯૫૦ના દાયકાના અંતમાં તેણીએ સ્ટેટ કોલેજ ઓફ ટીચર્સ, ન્યુ યોર્ક અને એસ્પેન ઈન્સ્ટિટ્યુટ ઓફ હુમેનિસ્ટિક સ્ટડીઝ, કોલોરાડો, યુએસએ ખાતે અભ્યાસ માટે ફુલબ્રાઈટ શિષ્યવૃત્તિ જીતી હતી.

૧૯૫૮માં, રતિ કૂપર, રાજકુમાર કોલેજ, રાજકોટ, ભારતમાં, છોકરાઓ માટેની જાહેર શાળામાં જુનિયર શાળાના મુખ્ય શિક્ષક તરીકે જોડાયા હતા. આખરે ૧૯૯૧માં વોર્ડન પ્રિન્સિપાલ તરીકેનો ચાર્જ સંભાળીને તેઓ આજીવન કોલેજમાં શિક્ષણની સેવામાં સમર્પિત થયા હતા. ૪૨ વર્ષની સેવા બાદ ૨૦૦૦માં તેઓ રાજકુમાર કોલેજના પ્રથમ મહિલા વોર્ડન પ્રિન્સિપાલ તરીકે નિવૃત્ત થયા હતા અને પ્રિન્સિપાલ એમેરિટસના બિરુદથી સન્માનિત કરવામાં આવ્યા હતા. કળા, હસ્તકલા અને સંગીતને લગતી પ્રવૃત્તિઓને સમર્પિત ઈમારતને તેમના સન્માનમાં, ઘ રતિ એફ. કૂપર ક્લા ભવન નામ આપવામાં આવ્યું હતું.

રતિ કૂપરનું ૮મી માર્ચ, ૨૦૧૯ના રોજ લાહોરમાં શાંતિપૂર્ણ અવસાન થયું હતું.

દક્ટ્રી જાન્યુઆરી, ૧૯૩૦ના રોજ મુંબઈમાં જન્મેલી રતિ લાહોર સ્થિત ફરામરોઝ અને માણેકબાઈ કૂપરની પુત્રી હતા. તેણીએ સિમલા (ઓકલેન્ડ હાઉસ)ની શાળામાં અભ્યાસ કર્યો અને લાહોર, પાકિસ્તાનમાં સેકેડ હાઈ કોન્વેન્ટમાંથી સ્નાતક થયા. તે એક કુશળ પિયાનોવાદક હતા, લંડનની ટ્રિનિટી કોલેજ ઓફ મ્યુઝિકની લાઈસન્સિએટ તરીકે

એક નજર પારસી મરણો ઉપર

Deceased મરનાર	Age વય	Date તારીખ	Address ર. ઠે.	Relations સગાઈઓ
Noshir Maneckshaw Elavia નોશીર માનેકશા એલાવીયા	82 ૮૨	02.09.2022	D/612, 6th Floor, Manju Mahal, 35, Pali Hill, Bandra(W), Mumbai 50. ડી / ૬૧૨, ૬ઠે માળે, મંજુ મહલ, ૩૫ પાલી હીલ, બાંદ્રા (વે.) મુંબઈ ૫૦.	તે મરહુમો સારવાર તથા માનેકશા નાદીરશા એલાવીયાના દીકરા તે રોશન નોશીર એલાવીયાના ખાવિંદ તે જેરમીન નેવીલ મેવાવાલા ને સીરાઝ કેકેગર પાત્રાવાલાના બાવાજી તે નેવીલ કોવાવાલા ને કેકેગર પાત્રાવાલાના સસરા તે શ્રીરોઝ, ચેરાગ મેવાવાલા, વીરાફ ને સનાયા પાત્રાવાલાના ગ્રાન્ડ ફાધર તે મરહુમો જાલ ને ઝરીનના ભાઈ તે મરહુમો હોમાય તથા અરદેશર ઈરાનીના જમાઈ તે અસ્પી અરદેશર ઈરાની ને સારવાર ઈરાનીના બનેવી તે બમન ઈરાની ને સીરાસ દારાયુશ શ્રોફના કઝીન.
Coomi Jamie Birdi કુમી જેમી બરડી	98 ૯૮	03.09.2022	B-24, Sterling Apartments, Peddar Road, Near Jaslok Hospital, Cumballa Hill, Mumbai 26. બી-૨૪, સ્ટર્લીંગ અપાર્ટમેન્ટ, પેડર રોડ, નીયર જસલોક હોસ્પિટલ, ખંબાલા હીલ, મુંબઈ ૨૬.	તે મરહુમો આલામાય તથા સોરાબજી એન્જિનિયરના દીકરી તે જેમી ફીરોઝ બરડીના ઘણીયાણી તે વીસપી જેમી બરડી તથા મરહુમ તનાઝ બરડીના માતાજી તે આઝમી વીસપી બરડીના સાસુજી તે મરહુમો ફીરોઝ તથા ઘનનાં બહેન તે નેવીલ વીસપી બરડીના બપઈજી તે સોરાબ ફીરોઝ એન્જિનીયર તથા રોશની ખુશરૂ તલાતીના કુઈજી તે મરહુમો તેહમીના તથા ફીરોઝ બરડીનાં વલુ તે પેસી ફીરોઝ બરડીના ભાભી.
Persis Fakir Siganporia પરસીસ ફકીર સીગનપોરીયા	67 ૬૭	03.09.2022	M-10, Navroze Baug, Gr.floor, Dr. S.S.Rao Road, Opp. Ganesh Galli, Lalbaug, Parel, Mumbai 12. એમ-૧૦, નવરોઝ બાગ, ડ્રા.એસ.એસ.રાવરોડ, ઓ. ગણેશ ગલ્લી, લાલબાગ, પરેલ, મુંબઈ ૧૨.	તે મરહુમો તેહમીના હોરમજી ઘડીયાલીના દીકરી તે મરહુમ ફકીર સોરાબજી સીગનપોરીયાના ઘણીયાણી તે કારલ તથા મહાજબના માતાજી તે બખતવાર જાલ પટેલના બહેન તે આશીશ જાલ પટેલના માસીજી તે મહેરનોશ હોશંગ, પરસી, અસ્પી, સોલી તથા હોરમજના કઝીન તે સોરાબજી સીગનપોરીયાના વલુ તે મરહુમ જાલ રૂસ્તમજી પટેલના સાલીજી.
Dhunji Cavasji Neaterwalla ધનજી કાવસજી નેતરવાલા	80 ૮૦	03.09.2022	D-7, 2nd Floor, Vithalbhaji Patel Road, Shapurji Bharucha Baug, Mumbai 4. ડી-૭, બીજે માળે, વીઠલભાઈ પટેલ રોડ, શાપુરજી ભરૂચા બાગ, મુંબઈ ૪.	તે મરહુમ ગુલ ઘનજી નેતરવાલાના ખાવિંદ તે ઉરમેઝ ઘનજી નેતરવાલાના બાવાજી તે મરહુમો પીલુ તથા કાવસજી ઘનજીભાઈ નેતરવાલાના દીકરા તે જેસમીન ઉરમેઝ નેતરવાલાના સસરાજી તે સનાઝ ઉરમેઝ નેતરવાલાના બપાવાજી તે મરહુમો આલામાય તથા નાદરશા રતનજી ગાંધીના જમાઈ તે રોહીન્ટન તથા મરહુમ બેહરામ કાવસજી નેતરવાલાના ભાઈ તે કમલ રોહીન્ટન નેતરવાલાના ઘર ઈન લો તે શેરીલ કેઝાદ શ્રોફ, કેરસી ફીરોઝ તારાપોરના અંકલ.
Zarine Dady Kavarana જરીન દાદી કાવારાના	80 ૮૦	04.09.2022	A/1, Zarina Park, Sion Trombay Road, Opp. Barc Main Gate, Mankhurd, Mumbai 88. એ /૧, ઝરીના પાર્ક, સાયન ટ્રોમ્બે રોડ, બી.એ.આર. સી., મેન રોડ સામે, માનખુર્દ, મુંબઈ ૮૮.	તે મરહુમ દાદી નવરોઝ કાવારાના ના વિધવા તે શાહરૂખ તથા નેવીલ દાદી કાવારાનાના માતાજી તે મરહુમો અરનાવાઝ તથા હોરમજી બેહરામજી ઈરાનીના દીકરી તે મરહુમો મેરબાઈ તથા નવરોઝ પીરોજશા કાવારાના ના વલુ તે બેનાઝ શાહરૂખ કાવારાના તથા બીનાઈફર નેવીલ કાવારાનાના સાસુજી તે ફરાશાલ, શાહન તથા મીશકાના બપઈજી તે રૂસ્તમ, મરઝબાન તથા મરહુમ દારાયસના બહેન તે કેશમીરા અનાલીતા તથા રૂબેહના કુઈજી.
Tehmurasp Navroji Anklesaria તેહમુરસ નવરોજી અંકલેસરીયા	81 ૮૧	05.09.2022	R- Bldg. 2nd Floor, Flat No 21, Sir Shapurji Bharucha Baug, S.V.Road, Opp.Citi Bank, Andheri(W), Mumbai 58. આર બિલ્ડિંગ, બીજે માળે, ફ્લેટ નં. ૨૧, સર શાપુરજી ભરૂચા બાગ, એસ.વી. રોડ, સીટી બેન્કની સામે, અંધેરી (વ.), મુંબઈ ૫૮.	તે ઓસ્તી હુનોક્ષી તેહમુરસ અંકલેસરીયાના ખાવિંદ તે ઓસ્તી ફીરંગીઝ અંકલેસરીયાના બાવાજી તે મરહુમો ઓસ્તી જાલામાય તથા એ. નવરોજી કાવસજી અંકલેસરીયાના દીકરા તે મરહુમો ઓસ્તી ખોરશેદ તથા બેહરામશાહ કરકરીયાના જમાઈ તે મરહુમો એ. હોરમજ, મની તથા સીલુના ભાઈ તે અરનાવાઝ હોરમજ અંકલેસરીયાના જેઠ તે એ. ખુશરૂ નરીમાન પંથકી, મરહુમ દીન્યાર અમરોલીયાના સાલા તે આદીલ, રશીદના કાકાજી તે અનાલીતા, કુરૂશ, કઈનાઝ, નાઝનીન, અરીઝના મામાજી તે અ. મહેરનોશ બેહરામકામદીનના બનેવી.
Ervad Jehangir Dinshaw Pandole એરવદ જહાંગીર દીનશાહ પંડોલ	49 ૪૯	04.09.2022	8-A, Darbhanga Mansion, 12, M.I.Dahanukar Marg, Cumballa Hill, Mumbai 26. ૮-એ, દારભંગા મેન્શન, ૧૨, ખંબાલા હીલ, મુંબઈ ૨૬.	તે કમલ તથા મરહુમ દીનશાહ ફીરોઝ પંડોલના દીકરા તે દારાયસ તથા ફરોખ દીનશાહ પંડોલના ભાઈ તે યોહાન, રીયાન, લાવેલ તથા જેહના કાકાજી તે અનાલીતા દારાયસ પંડોલના જેઠ તે સીમોન ફરોખ પંડોલના દેર.
Farokh Rashid Irani ફરોખ રશીદ ઈરાની	62 ૬૨	05.09.2022	Sethna Building, Mumbai. શેઠના બિલ્ડિંગ, મુંબઈ.	તે મરહુમો રોશન તથા રશીદ બમન ઈરાનીના દીકરા તે ઝીનોબીઆ ફરોખ ઈરાનીના ખાવિંદ તે ખુશનાઝ તથા પર્વના બાવાજી તે કઈઝાદ તથા સનજીવના સસરાજી તે શાહરૂખ, સાયરસ તથા મરહુમ કેકુ ઈરાનીના ભાઈ તે યઝદ, ફરઝીન, દાનેશ, મહેરનાઝ તથા હનોઝના કાકાજી તે દોલી રૂસ્તમ ઈરાનીના ભત્રીજા તે શ્રીતી અસ્પી આગાના બનેવી તે જેરમીન મહેરવાન ગુલાબીના બનેવી તે રોમસન લાલરાજના બનેવી તે મરહુમો મોતી તથા મહેરવાન ઈરાનીનાં જમાઈ તે રોશન ઈરાનીના દેર તે હોમાય ઈરાનીના જેઠ તે મરહુમ પુતલા ઈરાનીના દેર.
Dolly Jamshed Italia દોલી જમશેદ ઈટાલીયા	83 ૮૩	06.09.2022	Flat No 23, Jamshedji Tata Bldg., Tata Blocks, S.V. Road, Bandra(W), Mumbai 50. ફ્લેટ નં. ૨૩, જમશેદજી તાતા બિલ્ડિંગ, તાતા બ્લોક્સ, એસ.વી. રોડ, બાંદ્રા (વ.), મુંબઈ ૫૦.	તે મરહુમો નાજમાય તથા જહાંગીરજી સાહેરના દીકરી તે મરહુમ જમશેદ કેખશરૂ ઈટાલીયાના વિધવા તે સુનુ ફિરોઝ તાતરા તથા મરહુમો બહાદુર, ગેવ ને જહાબજીના બહેન તે ફરોખ, ફેનાઝ, નોશીર, દારાયશ, મીનુ, કેટીના કઝીન તે ચેરાગ ને તીનાઝ ગોટવાના માસી તે સરોશ, કોવર, નાજુ, યઝદ, જરસ્ટીન, મેરાબના કુઈ તે મરહુમો રતામાય તથા કેખશરૂ ઈટાલીયાના વલુ તે ફેની, પરવીન ને ખુરશીદ તથા મરહુમ સાયરસના કઝીન તે હોમી તથા મરહુમો નાજુ ને કુમીના ભાભી.
Mehru Keki Gandhi મેહરુ કેકી ગાંધી	92 ૯૨	06.09.2022	5/30, Kapadiya Bldg., A.H.Wadia Baug, Parel Tank Road, Kalachowki, Mumbai 33. ૫/૩૦, કાપડિયા બિલ્ડિંગ, એ. એચ. વાડીયા બાગ, પરેલ ટેન્ક રોડ, કાલાચોકી, મુંબઈ ૩૩.	તે મરહુમ કેકી શાવકશા ગાંધીના વિધવા તે મરહુમો આલામાય તથા શેહરયારજીના વડા દીકરી તે મરઝી, ફરાનાઝ, હનોઝના માસી તે પર્વ, જમી, સાયરસ રૂસ્તમ પલસેરીયાના કુઈજી તે સનાયા, જેનીફરના મોટા માસી તે કેનાઝ, ફરઝાદ ને તરોનીશના મોટા કુઈજી તે મરહુમો નોશીર, રૂસ્તમ, કેટી દાદી પીઠાવાલાના બહેન તે મરહુમો મેહરામાય તથા શાવકશા ગાંધીના વલુ તે મરહુમ પીલુના નણંદ તે નીલુકર હોરમજ કુપર, શાહરૂખના મામી તે સનાયા, ઝાયના, ફુઝવાઝ ને રોહીનાના મોટા કાકી તે નીકીતા, વેઝાન, શનાયા અને ડેરીનાના મોટા મામી.
Ervad Jamshed Jalejar Katrak એરવદ જમશેદ જાલેજર કાત્રક	89 ૮૯	07.09.2022	S.V. Road, Tata Bldg. No 1, Flat No 2, Opp. Shroff Eye Hospital, Bandra(W), Mumbai 50. એસ.વી. રોડ, તાતા બિલ્ડિંગ નં.૧, ફ્લેટ નં-૨, શ્રોફ આંખની હોસ્પિટલ સામે, બાંદ્રા (વેસ્ટ), મુંબઈ ૫૦.	તે મરહુમો મોટીબઈ તથા જાલેજર કાત્રકના દીકરા તે મરહુમો ડોસામાય, જરમાય, બપઈ, રૂસી, જહાંગીર ને પરવેઝના ભાઈ તે વીરા પરવેઝ કાત્રક ને બીનાઈફર મહેરનોશ ગાંધીના કાકા.
Aban Dosoo Khadiwalla આબાન ડોસુ ખાડીવાલા	59 ૫૯	08.09.2022	3, Lady D. Tata, S.V.Road, Bandra(W), Mumbai 50. ૩ લેડી ડી. તાતા, એસ.વી. રોડ, બાંદ્રા (વેસ્ટ), મુંબઈ ૫૦.	તે ડોસુ ફરામરોઝ ખાડીવાલા તથા મરહુમ હીલા ડોસુ ખાડીવાલાના દીકરી તે કેશમીરા મીનોચેર ડેબુના બહેન તે આસતાદ માનેક ખાડીવાલા તથા મોનાઝ, નીના અને દેવનાના આન્ટી તે હોમી તથા મરહુમ માનેક ખાડીવાલાના કઝીન તે મીનોચેર માનેકશા ડેબુના સાલીજી તે મની કાલી મોદી, રીનોબીયા સામ મોદી, તથા મરહુમો, કાલી તથા સામ મોદીના ભાનજી.

Death Announcements From Parsi Zoroastrian Anjuman, Mhow

Mehroo J. Mehervaid મેહરૂ જે. મહેરવેદ	90 ૯૦	19.08.2022	Navsari નવસારી.	તે મરહુમ ગુલબાનુ અને મરહુમ હીરજી ઈલાવ્યાના દીકરી તે મરહુમ જહાંગીરજી નરીમાન મહેરવેદના ઘણીયાણી તે મરહુમ ફિરોઝ, મરહુમ કેકી અને મરહુમ જમી ઈલાવ્યાના બહેન તે મહાજબ ખુશરૂ પટેલ અને આસતાદ મીનુ શેઠનાના મામી તે મહાજબ સરોશ પાવરી, ઝીનોબીયા જીજ્ઞાના કુઈજી.
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Death Announcements From Prayer Hall

Cyrus Pallonji Mistry સાયરસ પાલનજી મિસ્ત્રી	54 ૫૪	04.09.2022	792, Jame Jamshed Road, Dadar Parsi Colony, Mumbai 14. ૭૯૨, જામે જમશેદ રોડ, દાદર પારસી કોલોની, મુંબઈ ૧૪.	તે રોહિકાના ઘણી તે પેટસી અને મરહુમ પાલનજીના દીકરા તે ફિરોઝ અને ઝહાનના પપ્પા તે લેલા, આલુ, શાપુરના ભાઈ રોશન અને ઈકબાલના જમાઈ.
Jehangir Adi Wadia જહાંગીર અદી વાડીયા	73 ૭૩	07.09.2022	Pemino N-51 B, Altamont Road, Cumballa Hill, Mumbai 26. પેમિનો એન-૫૧બી, અલ્ટામોન્ટ રોડ, કમ્બાલા હિલ. મુંબઈ ૨૬.	તે અનાહિત જહાંગીર વાડિયાના ખાવિંદ તે આદિલ અને શેહરુના પપ્પા તે મિકા નિશિમુરા અને ઓરેસ્ટે કાસ્ટેલાના સસરા તે નિકોલા કાસ્ટેલાના ગ્રાન્ડ ફાધર તે રોડા, મરીના, શિરિન અને મરહુમ પેસીના ભાઈ તે મરહુમ સરોશ અને રોશનના જમાઈ.



YOUR MOONSIGNS JANAM RASHI THIS WEEK

લખનાર: મરહુમ મહારાજ શ્રી સ્વયંજ્યોતિના સહકાર્યકર્તા જયેશ એમ. ગોસ્વામી

અઠવાડિક રાશિક્ષણ: તા. ૧૦.૦૯.૨૦૨૨ થી તા. ૧૬.૦૯.૨૦૨૨



Aries - મેષ - અ.લ.ઈ.

૨૦મી સપ્ટેમ્બર સુધી બુધિબળ વાપરીને હીસાબી લેતી દેતીના કામો પહેલા પુરા કરી લેજો. તમે તમારા કામોનું લીસ્ટ બનાવી અગત્યના કામો પુરા કરવામાં સફળ થશો. બીજાને સમજાવવાની શક્તિ ખુબ વધી જશે. તમારાથી બને તો થોડી ઘણી રકમ ઈનવેસ્ટ અવશ્ય કરજો. કરકસર કરી શકશો. મિત્રો તરફથી ફાયદો મળશે. દરરોજ 'મહેર નીઆએશ' ભણાજો. શુકનવંતી તા. ૧૦, ૧૧, ૧૫, ૧૬ છે.

Lucky Dates: 10, 11, 15, 16

You are advised to use your intelligence and complete all your accounts-related works by 20th September. By making a list of things you need to do, you will be able to complete all your important tasks first. Your ability to convince others will greatly increase. Try to investment at least a small amount of income. You will be able to work hard. Friends will prove beneficial. Pray the Meher Nyaish daily.



Cancer - કર્ક - ડ.હ.

૨૬મી સપ્ટેમ્બર સુધી તમારા મનની વાત જેને કહેવી હોય તેને કહી દેજો. ચંદ્રની કૃપાથી મનને શાંત રાખી જે પણ કામ કરશો તેમાં સફળ થશો. નવા મિત્ર મળવાના ચાન્સ છે. જલદીથી કામ પુરા થાય તેવા કામ પહેલા કરશો. નાની મુસાફરી કરી શકશો. દરરોજ ૩૪મુ નામ 'યા બેસ્તરના' ૧૦૧ વાર ભણાજો. શુકનવંતી તા. ૧૦, ૧૪, ૧૫, ૧૬ છે.

Lucky Dates: 10, 14, 15, 16

Openly speak about what's on your mind to the person you wish to share with, by 26th September. Under the Moon's rule you will be successful in all endeavours where you work with a calm mind. You could make new friends. You are advised to prioritize those tasks which take less time. Short travels will be possible. Pray the 34th Name, 'Ya Beshtarna', 101 times, daily.



Libra - તુલા - ર.ત.

શુકની દિનદશા ચાલુ હોવાથી તમારા મનની નેક મુરાદ પુરી થઈને રહેશે. શુકની મહેરબાનીથી ગામ પરગામ જવાના ચાન્સ છે. તમારા કામ સાથે બીજાના કામ કરીને વધુ આનંદમાં આવશો. તમારી કરેલી મહેનતનું ફળ મળી રહેશે. જે ધન મળશે તેને ઈનવેસ્ટમેન્ટ કરવામાં મુશ્કેલી નહીં આવે. દરરોજ 'બહેરામ યઝદ'ની આરાધના કરજો. શુકનવંતી તા. ૧૨, ૧૩, ૧૪, ૧૫ છે.

Lucky Dates: 12, 13, 14, 15

Venus' ongoing rule helps realize your sincere wishes. You will get opportunity to travel abroad. Helping others in their work, alongside doing your own work, will bring you contentment. You will receive the fruits of your labour. You will be able to invest your income without any difficulty. Pray to Behram Yazad daily.



Capricorn - મકર - ખ.જ.

છેલ્લા ૧૪ દિવસ ગુરૂ જેવા શુભ ગ્રહની દિનદશામાં પસાર કરવાના બાકી છે. હાલમાં ધર્મ, ચેરીટી અથવા કોઈને મદદના કામ ખુબ સારી રીતે કરી શકશો. થોડી રકમ સારી જગ્યાએ ઈનવેસ્ટ અવશ્ય કરજો. કેમીવી મેમ્બર તમારા કામને જોઈ વધુ આનંદમાં આવશે. તબિયતમાં સારા સારી રહેશે. દરરોજ 'સરોશ યજ્ઞ' ભણાજો. શુકનવંતી તા. ૧૨, ૧૩, ૧૪, ૧૫ છે.

Lucky Dates: 12, 13, 14, 15

You have 14 days remaining under the rule of Jupiter. You will be able to effectively do works of charity and service to others. You are advised to ensure that you profitably invest a small part of your income. Your family members will be pleased with your work. Health will be fine. Pray the Sarosh Yasht daily.



Taurus - વૃષભ - બ.વ.ઉ.

તમને બુધ જેવા પરમમિત્રની દિનદશા ચાલુ હોવાથી ખર્ચનું પ્રમાણ વધી જાય તો ચિંતા કરતા નહીં. ગામ પરગામ જવાના ચાન્સ મળશે. કામને વધારવા માટે ભાગદોડ કરવામાં પાછીપાની નહીં કરો. જ્યાં જશો ત્યાં તમારી ઈમ્પ્રેશન સારી જમાવી શકશો. મીઠી જબાન વાપરી બીજાનું દિલ જીતી લેશો. કામ કાજને વધુ સાફ બનાવવા દરરોજ 'મહેર નીઆએશ' ભણાજો. શુકનવંતી તા. ૧૨, ૧૩, ૧૪, ૧૫ છે.

Lucky Dates: 12, 13, 14, 15

Mercury' ongoing rule suggests that you do not worry if your expenses increase. You could get an opportunity to travel overseas. You will be able to increase your business by putting in hard work. You will leave behind very positive self-impressions wherever you go. You will be able to win over hearts with your sweet language. To further your business, pray the Meher Nyaish daily.



Leo - સિંહ - મ.ટ.

હવે તમને શીતળ ચંદ્રની દિનદશા ચાલુ છે. તમે નાનું મોટું ચેરીટીનું કામ કરવામાં સફળ થશો. જ્યાં નાણા ઈનવેસ્ટ કર્યા હોય ત્યાંથી પાછા મેળવી લેજો. બીજાને મદદ કરી મનને શાંતિ મળશે. ઘરનું વાતાવરણ ખુબ શાંત રહેશે. દરરોજ ૩૪મુ નામ 'યા બેસ્તરના' ૧૦૧ વાર ભણાજો. શુકનવંતી તા. ૧૧, ૧૨, ૧૩, ૧૫ છે.

Lucky Dates: 11, 12, 13, 15

The ongoing Moon's rule will help to indulge in works of charity. You are advised to withdraw your investments. You will receive mental peace by helping others. The atmosphere at home will be peaceful. Pray the 34th Name, 'Ya Beshtarna', 101 times, daily.



Scorpio - વૃશ્ચિક - ન.પ.

તમને શુકની દિનદશા ચાલુ હોવાથી ૧૬મી નવેમ્બર સુધી તમારા મિત્રોની મદદથી મુશ્કેલીભર્યા કામ સહેલા બનાવી દેશો. નાણાકીય મુશ્કેલી દૂર કરવા માટે કામ પર વધુ ધ્યાન આપશો. નવા કામ મળતા રહેશે. ઘરનું વાતાવરણ સાફ રહેશે. દરરોજ 'બહેરામ યઝદ'ની આરાધના કરજો. શુકનવંતી તા. ૧૦, ૧૪, ૧૫, ૧૬ છે.

Lucky Dates: 10, 14, 15, 16

Under Venus' rule till 16th November, you will be able to resolve all challenging works, along with the help of your friends. To solve any financial issues, increase your focus on work. You will find new work projects. The home atmosphere will be cordial. Pray to Behram Yazad daily.



Aquarius - કુંભ - ગ.શ.સ.

ગુરૂ જેવા શાંત ગ્રહની દિનદશા ચાલુ હોવાથી તમારા દરેક કામમાં સફળતા મળશે. નાણાકીય મુશ્કેલી નહીં આવે. ધન મેળવવા કોઈ પાસે હાથ લાંબો કરવો નહીં પડે. અટકેલા કામો ફરી ચાલુ કરવા માંગતા હો તો દરરોજ 'સરોશ યજ્ઞ' ભણાજો. શુકનવંતી તા. ૧૦, ૧૧, ૧૩, ૧૬ છે.

Lucky Dates: 10, 11, 13, 16

Jupiter's ongoing rule brings you success in all your ventures. There will be no financial concerns. You will not need to borrow money. To restart your stalled works, you are advised to pray the Sarosh Yasht daily.



Gemini - મિથુન - ક.છ.ઘ.

૨૪મી સપ્ટેમ્બર સુધી તમારા પોતાના અંગત માણસો પણ તમને સાથ નહીં આપે. આવકના ઠેકાણા નહીં હોય અને જાવક ખુબ વધી જશે. તબિયતના બારામાં જરાબી બેદરકાર રહેશો તો ડોક્ટરના ઘર ભરવાનો સમય આવશે. તમારા મિત્રો તમને છેતરી જશે. માથાના દુખાવાથી પરેશાન થશો. દરરોજ 'તીર યજ્ઞ' ભણાવાથી મન સ્થિર રહેશે. શુકનવંતી તા. ૧૦, ૧૧, ૧૩, ૧૫ છે.

Lucky Dates: 10, 11, 13, 15

Even those close to you will not seem supportive till 24th September. There will be no certainty of income and expenses could rise greatly. The slightest carelessness about your health will cause you to call in doctors. Friends might deceive you. You could suffer from headaches. For mental stability, pray the Tir Yasht daily.



Virgo - કન્યા - પ.ઠ.ણ.

છેલ્લુ અઠવાડિયું શુકની દિનદશામાં પસાર કરવાનું બાકી છે. ઉતરતી શુકની દિનદશા તમને અપોજીટ સેક્સનો સાથ ભરપુર મળશે. ખર્ચ કરવા ઉપર કાબુ મેળવવામાં સફળ થશો. ચાલુ કામપર વધુ ધ્યાન આપીને પુરા કરી લેજો. ૧૬મી પછી તમારા બધાજ કામમાં બ્રેક લાગી જશે. દરરોજ 'બહેરામ યઝદ' ભણવાનું ચાલુ રાખજો. શુકનવંતી તા. ૧૦, ૧૧, ૧૪, ૧૬ છે.

Lucky Dates: 10, 11, 14, 16

This is the last week under Venus' rule. The descending rule of Venus will bring you ample support from the opposite gender. You will be able to control your expenditures. Focus on your current works to ensure their completion. Post 16th September, there will be difficulties in getting your work done. Pray to Behram Yazad daily.



Sagittarius - ધન - ભ.ધ.ક.

દરી ઓકટોબર સુધી રાહુની દિનદશા ચાલશે. તમારે તમારી તબિયતની ખાસ કાળજી લેવી પડશે. તમારી નાની ભૂલ તમને મોટી મુશ્કેલીમાં નાખશે. રાહુને કારણે તમે હાઈપ્રેશર, માથાના દુખાવાથી પરેશાન થશો. તમારા લેણીયાત તમને પરેશાન કરવામાં કોઈ કસર બાકી નહીં રાખે. રાહુને શાંત કરવા દરરોજ 'મહાબોખ્તાર નીઆએશ' ભણાજો. શુકનવંતી તા. ૧૦, ૧૧, ૧૩, ૧૬ છે.

Lucky Dates: 10, 11, 13, 16

Rahu's rule till 6th October suggests that you take special care of your health. Even a small mistake could land you in big trouble. You could suffer from high BP and headaches. Your creditors will harass you to repay them. To placate Rahu, pray the Mah Bokhtar Nyaish daily.



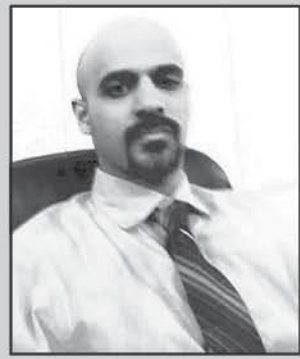
Pisces - મીન - દ.ચ.ઝ.થ.શ.

૨૬મી સુધી શનિની દિનદશા ચાલશે તમારી જાત ઉપર વિશ્વાસ જેટલો રાખશો તેટલા તમારા કામ સારી રીતે પુરા કરી શકશો. તમારા કરેલ કામની કદર નહીં થાય. શનિના લીધે તબિયતમાં સારા સારી નહીં રહે. જોઈન્ટ પેઈનથી પરેશાન થશો. દરરોજ મોટી 'હમન યજ્ઞ' ભણવાનું ચાલુ રાખજો. શુકનવંતી તા. ૧૦, ૧૨, ૧૪, ૧૫ છે.

Lucky Dates: 10, 12, 14, 15

Saturn's rule till 26th September suggests that the more you trust only yourself and not others, the more successful will you be. Your work will not get appreciated. Health could go down. You could suffer from joint pains. Pray the Moti Haptan Yasht daily.

Physiotherapy: Myth V/s Fact



DR. DANESH CHINOI

‘Physio for all’



“Physiotherapists only see people in pain... Physiotherapy requires a doctor’s note... Physiotherapists only treat athletes...” If you’ve had these thoughts, you’re not alone. Misconceptions about physiotherapy inhibit many from seeking help even when needed! Physiotherapy is an essential part in most fields of healthcare. A physiotherapist plays a huge role in your well-being and health, but over the years, certain myths and misconceptions seem to have created confusion as to the working and benefit of physiotherapy. As a result of misinformation, innumerable people miss out on the benefits and healing of physiotherapy.

Here are a few common myths that need to be corrected:

Myth: Physiotherapy Hurts!

Fact: In the past, ‘no pain, no gain’ was the mantra of many healthcare professionals. However, with modern practices and newer technologies, we have numerous options to suit every need. While certain techniques may cause a little discomfort, no technique will make you scream in pain!

Myth 2: Physio Is Only For When I’m In Pain

Fact: While physiotherapy helps with the rehabilitation of injuries, pain-management is just a small part of the rehabilitation process. In most cases, your injury is not located at the place of soreness, but is a result of a faulty movement pattern! Fixing your movement pattern may involve improving poor joint mobility and muscle flexibility, bio-mechanical issues (how the forces move through your body) or improving your muscle control and strength. Improving these areas will not only prevent injuries from reoccurring but will also help you feel younger by allowing you to do more of whatever it is you want to do! You don’t need to be in pain, see a physio if you want to move better and feel more powerful and youthful!

Myth 3: Physiotherapy Is Only For Muscular Injuries

Fact: Physiotherapy also helps prevent injury and pain, and promotes mobility, health and wellness. Physiotherapy proves immensely useful in diverse health situations including sports injuries, post-fracture rehab, joint pains, back and neck pain, cardiac rehabilitation, stroke management, women’s health, nerve issues, balance and coordination problems, diabetic care, etc.

Myth 4: My Physio Is Going To Give Me A Whole Bunch Of Exercises

Fact: Giving you 15 exercises to do is a sure-fire way of ensuring you don’t do them! A good physiotherapist gives you a few of the easiest and the most effective exercises, which can be part of your daily life, so you don’t even have to set aside time for these! Instead of a bunch of exercises, we help you change your normal movement patterns - so you move better through the day, which means you exercise without even realising it! Plus, if proper movement patterns become habitual, they will last a lifetime.

Myth 5: I Need Scans Before I See A Physio

Fact: While scans can be useful, a physiotherapist is trained in evaluating and diagnosing injuries without the help of scans. The sooner you begin the rehabilitation process, the sooner you start healing and feeling better!

Myth 6: Physiotherapy Helps Only Post-Injury.

Fact: With the help of a detailed history and assessment, a physiotherapist can identify areas that are at risk for injury. With a tailor-made program, that area can be worked on; hence avoiding injury altogether. This is especially useful in preventing injuries in sports. Many people don’t realize they can

see a physiotherapist for preventative maintenance or to optimize their current performance. Seeing a physiotherapist before you have pain allows us to correct any small issues before they turn into bigger problems. Whether you’re a competitive athlete or a weekend warrior, a physio helps you achieve your goals. If you’re scheduled for surgery, getting ‘prehabilitation’ gives you a greater range of motion and strength, allowing for an easier recovery. So don’t wait until you’re in pain to see your physiotherapist!

Myth 7: Physiotherapy Is Traditional ‘Haad-Vaid Treatment’

Fact: This myth stems from the fact that physiotherapy is an ancient form of treatment that was even used by Hippocrates in Greece. While its roots may be 2000 years old, it certainly is not a ‘haad-vaid like cracks’. Physiotherapy incorporates a range of technology-based treatments, including the modern-day laser therapy. It’s important to understand that though the roots of a treatment are dated, it has definitely evolved over time.

Myth 8: If You Exercise At The Gym, You Don’t Need Physiotherapy

Fact: This is a common myth, but it needs to be understood that exercises and gym routines help strengthen your muscles and increase stamina. Physiotherapy has medical uses - it is used for chronic pain management, treating muscular problems, improving posture, and so on. There’s a huge difference between these. Just because you exercise does not mean that you don’t need physiotherapy. In fact, many patients come to physiotherapy after suffering gym induced injuries!

Myth 9: You Can Conduct Physiotherapy Exercises Yourself

Fact: While some physical therapy

routines may seem quite simple at first glance, it doesn’t mean you can do these yourself! Only a professional can spot the nuances of your body while you’re undergoing physiotherapy exercises, after which they can assess if you’re doing it right or wrong. Incorrectly self-prescribed exercise routines can worsen your injury and make the treatment pointless.

Myth 10: A Physiotherapist Is The Same As A Chiropractor Or Massage Therapist

Fact: Physiotherapists, chiropractors and massage therapists are similar in that they use hands-on techniques to treat various conditions. However, your physiotherapist combines these hands-on techniques with a guided program to get you back to your activities faster. A physiotherapist uses a lot of research-backed evidence based treatment modalities that are constantly evolving.

Myth 11: If I Have Hip Pain Then The Injury Must Be In My Hip

Fact: Did you know that pain in one body part could in fact be representing an issue in a different body part. Your physiotherapist will often check the joints above and below the area of pain to rule out other underlying problems. Clients are often surprised to hear our initial assessments are for an hour or more. But this allows us to assess and treat all areas contributing to your pain.

Myth 12: I Need A Doctor’s Referral To Come To Physiotherapy

Fact: Physiotherapists are primary care practitioners, which means you don’t require a doctor’s note to make an appointment. You can directly approach a physiotherapist, as a proactive and preventive measure!

Britain's Queen Elizabeth Dies At Age 96

Queen Elizabeth II, the world's longest-serving head of state and UK's longest-serving monarch, who led her subjects for more than seven decades, passed away on 8th September, 2022, at the age of 96, at her Scottish estate in Balmoral, where she had spent much of the summer.

Her extraordinary reign, which began in 1952, spanned 15 British Prime Ministers and 14 US Presidents! She inherited the throne of a country almost broken by the legacy of war, and reigned through a time of epochal change, both, for the UK and the world.

Her son, King Charles III, said the death of his beloved mother was a moment of great sadness and that her loss would be deeply felt around the world. "We mourn profoundly the passing of a cherished sovereign and a much-loved mother." Through the mourning period, he said, he and his family would be "comforted and sustained by our knowledge of the respect and deep affection in which the Queen was so widely held". The queen peacefully passed away in the presence of her son, King Charles, his wife, Camilla (now



Queen Consort) and grandsons - Prince William and Prince Harry, and family. On the Queen's death, Prince William and his wife, Catherine, became the Duke and Duchess of Cambridge and Cornwall.

The Queen had taken a step back from some royal duties in the months leading up to her passing. Although she was did preside over the appointment of Liz Truss as Britain's Prime Minister on 6th September, 2022, she did so from Balmoral estate instead of Buckingham Palace, where such appointments are traditionally done.

The Queen remained an almost timeless figure in the public's eye, carrying out her royal duties despite the inconvenience of advancing age and when her private life was in turmoil. PM Liz Truss said the monarch was the rock on which modern Britain was built, who had "provided us with the stability and strength that we needed."

Queen Elizabeth II's tenure as head of state spanned post-war austerity, the transition from empire to Commonwealth, the end of the Cold War and the UK's entry into - and withdrawal

from - the European Union. Her reign spanned 15 prime ministers starting with Winston Churchill, born in 1874, and including Ms Truss, born 101 years later in 1975. She held weekly audiences with her prime minister throughout her reign.

The Queen was born Elizabeth Alexandra Mary Windsor, in Mayfair, London, on 21 April 1926. After turning 18, Elizabeth spent five months with the Auxiliary Territorial Service and learned basic motor mechanic and driving skills. As a 21-year-old princess, Elizabeth had vowed to devote her life to service. Through the war, she exchanged letters with her third cousin, Philip, Prince of Greece, who was serving in the Royal Navy. Their romance blossomed and the couple married at Westminster Abbey on 20 November 1947, with the prince taking the title of Duke of Edinburgh.

She would later describe him as "my strength and stay" through 74 years of marriage, before his death in 2021, aged 99. Their first son, Charles, was born in 1948, followed by Princess Anne, in 1950, Prince Andrew, in 1960, and Prince Edward, in 1964.

Elizabeth was crowned at Westminster Abbey on 2 June 1953, aged 27, in front of a then-record TV audience estimated at



more than 20 million people. Elizabeth reformed the monarchy for this less deferential age, engaging with the public through walkabouts, royal visits and attendance at public events.

The Royal Family has now entered a period of mourning. In the coming days, much of national life will be put on hold. Official engagements will be cancelled and union flags will be flown at half-mast on royal residences, government buildings, across the Armed Forces and on UK posts overseas. Members of Parliament will pay tribute to the Queen and take an oath to King Charles. A state funeral for the Queen is expected in the next two weeks.



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HUMPERDINCK Overture to *Hansel & Gretel*
 MENDELSSOHN Piano Concerto No. 1
 PROKOFIEV *Romeo & Juliet* (excerpts)

BENJAMIN GROSVENOR piano
 ALPESH CHAUHAN conductor

16 SEPTEMBER 2022 | 7:00 PM
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