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FROM THE EDITOR'S DESK

Spring Into Action!

Dear Readers,

With Jamshedi Navroz just around the corner, there is indeed much action taking place in our homes, as we prep up our dwellings and ourselves, to celebrate this most auspicious occasion, which marks and welcomes the sprightly Spring season. While it gets most of us to spring into action, it also ushers in an added spring in our steps, in anticipation of the merriment and festivities that are to follow! But most of all, there is much gratitude in knowing that we are no longer restricted, in terms of mobility or meeting up with our loved ones, which was the case a couple of years ago. Indeed, there is much to be grateful for and even more to look forward to!

However, in this much-warranted and much-deserved frenzy, let us not forget about our less privileged community members, and ensure that we are doing our bit, as true Zarthostis, by also giving them reason to look forward to some of that happiness and excitement, that we all deserve in equal measure.

Oh! And be sure to get your own copy of our bumper Jamshedi Navroz Special issue next weekend! Yet another Collector's Item to add to your treasure trove of Parsi memoirs, our special issue promises to get you in the perfect mood to celebrate the advent of Spring! Our array of brilliant writers and features will make you smile, laugh, reflect and of course, feel much gratitude for belonging to this glorious community!

Here's looking forward to all things merry and fun and compassionate! May the incoming Spring season keep that spring in your step going all year through!

Have a lovely weekend!

- Anahita
anahita@parsi-times.com

MATRIMONIAL

Parents of a 30-year-old son, seek matrimonial alliance from a Parsi/Irani good-natured, home-loving girl, for a platonic marriage. The boy is well-educated, financially sound and holds a good position in a multi-national company.

Call: 9152321413

AVAN YAZAD PARABH FUNCTION

The Bombay Zoroastrian Jashan Committee Has jointly organized **Avan Yazad Parabh Jashan** On **Thursday, 23 rd March, 2023 at 5.00 p.m.**

At The Bombay Presidency Radio Club, Apollo Bunder.

The Jashan will be led by Vada Dasturji Khurshed Dastoor, And will be followed by a Religious Talk by Er. Cyrus Darbari On "Significance of the Jashan Ceremony".

We cordially invite all Zoroastrians to participate in the event.

Foodgrain Distribution For Underprivileged Community Members

Free foodgrains distribution for poor Parsi / Irani Zoroastrians will be organized at Karani Agiyari (Cusrow Baug, Colaba), on 19th March, 2023, from 7:00 am to 2:00 pm. Kindly bring copies of your self-attested Aadhaar Card, and provide your Mobile / Telephone Number and your registered number, with Karani Agiary.

Religious Announcements

Salgreh Celebrations Of Ranji Agiary

Seth Sorabji Hormusji Ranji Agiary, at Grant Road, will hold its Salgreh celebrations on 16th March, 2023, (Roj Ardibehst - Mah Avan) with a Machi performed in the Havan Geh, followed by a Jashan at 9:00 am. Community members are requested to attend.

Nirangdin Ceremony At Wadiaji Atashbehram

A Nirangdin ceremony will be conducted at Wadiaji Atashbehram, on 16th March, 2023, (Roj Ardibehst, Mah Avan) at midnight, in memory of Late Bahadur Ratanshaw Mistry, by his family. Community members are requested to attend.

Jashan And Free Gambhar At Cama Baug Agiary

A Jashan will be conducted at the Cama Baug Agiary at 10:00 am, on 24th March, 2023, by the trustees of Kadmi Gambhar Fund. This will be followed by a free Gambhar for underprivileged Parsis at Cama Baug Big Otlia, from 11:30 am to 1:30 pm. (You can collect your coupons from Cama Building, 1st floor, 24-26 Dalal Street, Fort, Mumbai 23, on 15th and 16th March, 2023, from 11:00 am to 4:00 pm.

Don't Miss The 'NCPA Soulful Blues'!



NCPA debuts its much awaited Blues festival 'The NCPA Soulful Blues' this March, 2023, kicking off with 'International Artiste', promising to make it a memorable two days of Blues and soul, with host Brian Tellis.

Tickets available on bookmyshow.com

Ticket Rates Rs. 2000, 1500, 1200, 1000, 800 & 500/-

The lineup includes MOBO nominated artistes:

When: March 18, 2023: Beatrice kahl b.groovy featuring Joan Faulkner and David Tobin - Soul to Jazz
When: March 19, 2023: Natalie Williams and the soul family
Venue: Tata Theatre, NCPA
Time: 6:30 PM

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"Keep your eyes on the stars,
and your feet on the ground."

- Theodore Roosevelt

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On Wednesday, 22nd. March 2023
At CAMA Baug - Khetwadi - 6 pm onwards

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JOIN US TO SAVE LITTLE DEVANSH'S LIFE!

"I, Appasaheb, hereby plead for your urgent support to provide my son Devansh with the desired treatment to outlive his critical illness. Our elder son Devansh filled our lives with happiness and endless joy ever. He is the best child, responsible brother, a brilliant student and a best friend to everyone, more than we could have hoped for. Thinking about the imperishable moments when people around us, always praised him for his good behavior and kindness. Unfortunately, since last September'2022, our cheerful life has turned to worrisome frowns, as Devansh began falling sick very often with recurrent high fever, cough, body pain and with severe infection. The examining doctor suggested us to get done his blood tests, through which after ruling out certain changes, other few advanced medical tests were conducted and it was revealed to us that Devansh is suffering with a rare type of blood cancer - "Acute Lymphoblastic Leukemia" It was very painful for us to accept, as no adult in our extended family was ever diagnosed with something so fatal. Nevertheless, it has come for our son. Being from a marginalized family, with the little I earn as a daily wage labour, I have managed his medical expenses so far. I can no longer afford his further treatment plan with prolonged hospitalization worth **Rs. 6 lakhs approx.** A life without our son is not something my wife, and I can even fathom. As a parent, I can only ask for your kind support in helping my son live. Please be kind to us with your generosity through Cancer Aid & Research Foundation (CARF) in saving Devansh's life."



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- Mr. Appasaheb, Father of Devansh

MASTER DEVANSH

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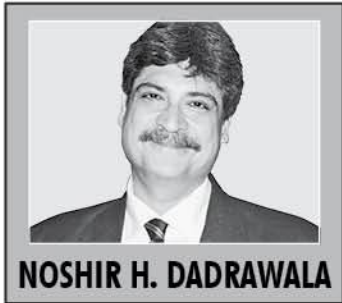
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Please Save his life

We appeal to you to send your donations, by Cheque / D.D. in the name of "CANCER AID & RESEARCH FOUNDATION" addressed to Cancer Aid & Research Foundation, Unit No. 103, Shivkripa Industrial Estate, Vikhroli West, Mumbai - 400 083, INDIA. Please write the patient's name on reverse side of your cheque and also your PAN No.

Your Religious Questions Answered (The Soul After Death)



NOSHIR H. DADRAWALA

In keeping with readers writing in questions seeking answers to their various religious and cultural queries, scholar in Zoroastrian religion and culture - Noshir Dadrawala, responds...



Query from Parsi Times

reader, Jal K. Patel: Having lost a dear one overseas, I was very disturbed. I therefore contacted a friend who is very religious and asked him what I could pray for my own solace and the peace of my dear departed one. The answer I received from him left me even more disturbed. He said that burial and cremation are both a grave sin, according to our religion and unless the corpse is laid to rest at a *dokhma*, the soul would suffer untold hardship and will not even reach 'chinvat' bridge. He categorically said that in the afterlife, the souls of all those who are buried or cremated suffer "severe regressive effects." I am keen to know what our scriptures say in this regard?

Noshir Dadrawala responds: To begin with, heartfelt condolences and may *Ahura Mazda* bestow you with strength and courage to overcome the grief and come to terms with your loss. In our opinion, your so called "very religious friend" should have exercised discretion and responded to your query with more sensitivity.

What We Can Pray For Our Dearly Departed...

With regard to what you could pray for your dear departed one; traditionally, we pray the *Patet Ravani* (prayer for atonement of the soul of the dead) during the first three days after death. Thereafter, on the fourth day (*charum*), tenth day (*dasmu*), thirtieth day every month (*siraj*), sixth month (*chamsi*) and first death anniversary (*varsi*) after death, the *satum* (*stum*) and *Fravardin Yasht* can be prayed or *Farokshi*, which is a blend of *Fravardin Yasht* and the *Stum no Kardo*. You may also perform acts of charity in the name of the deceased loved one.

What The Scriptures Say...

According to the *Vendidad*, *Spenta Armaity* - the Spirit of earth, is displeased and feels tormented when corpses of human beings, as also dogs, are buried. What the *Vendidad* means is burying a dead, decaying corpse pollutes the earth. However, nowhere does the *Vendidad* state that the soul of one who is buried would suffer "severe regressive effects."

It is the same with cremation, whether with wood, gas or electricity. Fire is the source of light, life, and a channel through which Zoroastrians worship *Ahura Mazda*. What we traditionally offer to fire is fragrant wood and not a decaying, putrefying corpse. Besides, fumes from a burning corpse pollutes the air.

Thus, *dokhmenashini* remains an eco-friendly

system for the disposal of the dead. However, this facility is available only in India and Pakistan. In India, too there are several states where this facility is no longer available. Does this mean the souls of those who are cremated or buried where such facility is not available suffer severe regressive effects?

Unfortunately, some of our religious zealots speak as if they have a hotline with the Divinities guarding 'chinvat pool' (bridge of the separator) and can personally monitor and evaluate the plight of the soul through unseen surveillance cameras.

Not for even a moment are we advocating burial or cremation over *Dokhmenashini*. However, it is also a fact that there is not a single Zoroastrian scripture which says that unless the dead body is consigned to the *Dokhma*, there will be "severe regressive effects on the progress of the soul in the afterlife." There is not even a shred of evidence in support of this fallacy.

How The Soul Is Judged?

According to Zoroastrian theology, on the dawn of fourth day after death (*Chaahrum*), the *Urvan* (soul, spirit or the spiritual essence) stands before a Divine Tribunal of *Meher*, *Rashne* and *Ashtad Yazad* who balance all the actions of the soul during its entire life and if good actions outweigh the bad, the soul is allowed to cross the *Chinvat* Bridge to *Garothmaan* or *Garo Demaana* - the House of songs.

This means *Meher*, who is doctrinally seen as *Davar* or Judge, along with *Rashne* who is *Raast* or Righteous Judge, and *Ashtad* as the embodiment of Truth - they judge the soul's balance sheet of deeds. Thus, standing before the Divine Tribunal could also be interpreted as the soul being able to see its deeds in the presence of *Meher* (Divine Light), with *Ashtad* (Truth) and *Rashne* (to righteously judge its own actions throughout life on earth).

In other words, the soul judges its own deeds and finds itself in a happy state of consciousness (House of Song) or a reflective state of consciousness. In our opinion, the soul is not judged based on how its mortal coil is disposed on earth. It is judged based on its deeds while on earth.

Do you have religious or cultural queries that you seek answers to? Mail in your questions to us at: editor@parsi-times.com



Parsi Times is delighted to present the writings of our talented readers with the Community, via our promotional platform - Reader's Corner. We encourage and promote our budding writers, to share your original works - poetry or prose, by offering the opportunity of getting your work published in Parsi Times - the Community's leading Newspaper! Mail us with your contributions at editor@parsi-times.com

God's Grace

By Vahishta Patel

Are you aware of the phrase,
'The Almighty works in mysterious ways'?
If not, then please rest assured,
As I will help you get through this confusing maze.

Praying to Him can help you heal,
And reduce the sadness that you may feel;
It is He who provides you your daily bread,
And helps you calm your disturbed head.

He bestows love when we show devotion,
As His heart is as huge as the ocean.
Our wishes are granted by God's grace,
Which helps us survive this life's race.

Sometimes, God might make you suffer,
But that's only so you become tougher!
So, we must always be optimistic,
And have faith in His magical stick.

To God, we must always confess,
About the bad habits that we may possess,
He will always provide us with a blessing,
That will be directed towards our improving.

His teachings are indeed logical,
Whereas his actions are super magical!
For Him, there is not a single lucky fish,
As He fulfils every good person's wish.

In the end, it is God who gave us this life,
And it is He who helps us through all the strife,
We must always shower Him with our love,
For it is He who watches over us from above.



Parsi Food & Trade Festival Presents 'NAVROZE DHAMAKA 2023'!



The Parsi Food & Trade Festival under the D D Mehta Memorial Trust is back this year celebrating the 27th chapter of its famous gala - 'NAVROZE DHAMAKA', celebrating the auspicious start of Spring and a bright and positive year following Jamshedi Navroz. The grand function will be held on 22nd March, 2023, at CAMA BAUG (Khetwadi), 6:00 p.m.

The celebration will begin with a Jashan in the morning performed by the priests of younger generation. The exciting evening program will commence with the 'PARSI TRADITIONAL ATTIRE COMPETITION' Fashion Show as well as an on-the-spot Gara competition. The Competitions are open to all communities.

For 26 years now, 'The Parsi Food & Trade Festival' has successfully conducted 'NAVROZE DHAMAKA' - a full-on Entertainment Program, which also felicitates our community's leading personalities and achievers who have displayed exemplary and inspirational feats and accomplishments to continue and further our Parsi/Irani Zoroastrian glory. Awards are presented across 2 categories - the prestigious 'Darabshaw Achievement Award' is awarded to Zoroastrians who have achieved success across various fields and set an example for others to continue in their footsteps. The 'Parsi Ratna Award' is the highest community civilian award, conferred upon prominent members of our Community, who have made our community proud nationally and worldwide, with their professional excellence and personal fortitude.

This year the Parsi Ratna Award will be presented to Parsi greats including Vada Dasturji of Navsari, Keki Cawasji Ravji Meherjirana, Hon'ble Justice Rohinton Fali Nariman - Former Judge Supreme Court of India, New Delhi; and Padmashri Yazdi Karanjia.

The evening will then open into a fun stage of music and dance, with the popular Mehernosh Tantra of 'HIJACKERS', guaranteed to keep you on the dance floor for a while!

The function will be presided over by dignitaries including Shri Rahul Suresh Narwekar, Speaker of Maharashtra Legislative Assembly & BJP MLA, Colaba; His Excellency, Mr. Abolfazi Mohammad Alikhani, Consul General of Iran, His Excellency Amanullah Sayadi, Director Cultural House, Iran; and Shri Makarand Suresh Narwekar, Corporator Bombay Municipal Corporation.

Another highlight of the evening will be the food catered by BAKHTAWAR NARIMAN DALAL - offering traditional lagan-nu-bhonu food items alongside traditional Parsi cuisine.



Diniar Darab Mehta and his team have been organizing the 'Navroze Dhamaka' program since 26 years, bringing together not just the Parsi community, but also other brethren communities. Navroz Dhamaka is sponsored by WZO Trust Funds, Pransukhlal Bros, Avan Foods & Flavours, Dark Temptations, Dinshaw Rusi Mehta, Aava Natural Mineral Water Ahamdabad, Camy Wafers and Celejor, with Media Partner - the leading Newsweekly of the community - PARSİ TIMES.

For Details on Passes and Awards, contact Diniar Mehta on 9892242994 or Hutoxi Aibara on 9821227009.

40th Festival of Spring
2023



Our Ruby Anniversary

MANCHERJI EDALJI JOSHI

MEMORIAL TRUST

DADAR, MUMBAI

presents

40th Jamshedi Navroze Gambhar

Tuesday, 21st March 2023, 5.30 pm. onwards, at Dadar Parsee Colony Gymkhana Grounds

CHIEF GUEST:

The Hon'ble
Mr. Justice Rohinton Fali Nariman
(Retd.)

GUEST OF HONOUR:

Mr. Fredun E. De Vitre
Sr. Advocate

PROGRAMME

- Welcome -

By Children of our Dharmagnan Class
Sponsored by Roshan & Sanobar Nanavati
in Memory of Late Piyoo Nanavati

- Felicitations-
Entertainment : By Colony Artistes

- Caterers -

TANAZ GODIWALA - NON VEGETARIAN
HARBANSLAL TALWAR - VEGETARIAN

MENU

NON-VEGETARIAN: Achar, Rotli, Sarya, Sali Mutton, Atheli Chicken, Bharuchi Akuri, Mutton Samosa, Eeda-No-Saas, Mutton Pulao Dal, Custard, Ice-cream, Drink.- One Serving

VEGETARIAN: Papad, Pickle, Green Salad, Chutney, Supreme Dahi-Vada, Supreme Aloo Chaat, Paneer Finger Fry, Palak Mutter Mushroom, Paneer Do Pyaza, Veg Kolhapuri, Yellow Dal Jeera Tadka, Veg-Biryani, Chapati, Mini Butter Naan, Lachcha Paratha, Jalebi Rabadi, Gajar Halwa.

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38th Late Jal D. Pardiwala All Parsees Annual Athletic Meet-2023

Held across 18th and 19th February, 2023, the 38th Late Jal D. Pardiwala All Parsees Annual Athletic Meet -2023, witnessed over 400 participants taking part in 100 events, conducted across 16 age groups, with a huge crowd turnout comprising parents, friends and well-wishers, all cheering for their favourite participants! This Meet salutes the spirit of Parsi Sportsmen with contests held for all right from the under-6-year-old tots to 45-years-plus veterans. In fact, there is now an overwhelming demand to add a 'Senior Citizens Category', for those 65 years of age and above.

This year saw 32 teams from Pune, Surat, Navsari, Bangalore, Mumbai's Parsi Colonies, BPP Baugs, Clubs, Schools, Associations and Trusts including a huge contingent from the Bai Avabai F. Petit Girls High School, Mumbai and the J N Petit Technical High School, Pune.

At the prize distribution ceremony, Vice President Rusi Bhungara introduced the Chief Guest - Justice Shahrukh J. Kathawala (Retd.), and Jt. Hon. Secretary, Ruzbeh Sutaria introduced the Guest of Honour - Khurshid Mistry. Chief Guest, Justice Kathawala, in his



Mahiyar G. Dastoor receiving Late Air Marshall Minoo Merwan Engineer Trophy For Lifetime Contribution In The Field Of Parsee Sports

address, recollected the strong connect between Parsis and sports and urged future generations to continue the same. Guest of Honour, Khurshid Mistry - a veteran Masters' International Athlete and winner of many marathons and sprint events, also shared an inspiring talk with the participants.

The Team Championships were won by the Bombay Parsee Panchayet team

in the Men's Section and the Bai Avabai Framji Petit Girls High School in the Women's section. This year, Mumbai's Dadar Parsi Colony's Mahiyar. G Dastoor, Trustee of Mancherji Edalji Joshi Memorial Trust and several other Trusts and Vice President of the All Parsees Sports Foundation, was deservedly awarded Late Air Marshal Minoo Meherwan Engineer Trophy for Life Time Contribution To Parsi Sports.

Leading National level athlete, 17-year-old Parzan Cyrus Nariman was presented the Late Jal D. Pardiwala 'Best Athlete of the Year' Trophy for his great performances throughout the year across various national and state level meets. In this Meet, he also equalled an earlier record set by Adille Sumariwalla in 1981 and broke two several decades old Meet records set by Erach Irani in 1981 and Homiyar Mistry in 1990. He was also awarded the 'Best Athlete of the Meet'. Another National level athlete, Tanya Vakil of Bombay Parsi Panchayat, also broke the High Jump record in the Women's

category earlier set by Zenia Ayrton in 1991.

Parzan Nariman

17-year-old Parzan Nariman has been an ardent athlete for over a decade, during which he has performed consistently, winning over 150 medals at District, State, Zonal and National Level competitions. At the All Parsees Annual Athletic Meet held in Mumbai, Parzan won 3 gold medals in the 100 mts, 200 mts and Long Jump events in the Men's Open category. In the 200 mts run and Long Jump, Parzan set 2 new meet records, which had been standing for over thirty years, and also equalled the meet record of 10.9 sec in the 100 mts run, which was created in 1981.

In the past few years, Parzan has continued to produce medal-winning performances in the Reliance Foundation for Youth Sports (RFYS) competitions, ICSE Schools State and National level meets as well as Maharashtra State Level Inter-District Championship (including Best Boy Athlete in the U-18 age



Delrina Patrawala receiving the Girls under 10 yrs Group Champion from Khurshid Mistry



Danesh Irani receiving the Dr. S. K. Nariman Challenge Shield from Justice Sharukh Kathawala



Parzan Nariman receiving the Late Jal D Pardiwala Memorial Trophy for Best Athlete of the year Trophy from Justice Sharukh Kathawala



Bai Avabai F Petit Girls High Schools - Team Champions, Girls



Bombay Parsi Panchayet - Team Champions, Boys



Maidyarem Chinoy



Pearlyn Engineer



Rehaan Palia



Urvaksh Engineer



Tanya Vakil - Group Champion, Women



Zeuss Sirvala



Zerxes Daruvala



Sherry Farog

group). He also qualified for the AFI Junior Nationals in Guwahati, where he represented Maharashtra State in the 300 mts run, winning a Silver medal at the AFI West-Zone Nationals held in Ranchi, in the 300m run.

Parzan started his athletics career at the All Parsees Annual Athletic Meet in 2011 at the age of 5 years.

The Sponsors of this year's Meet were the World Zoroastrian Organisation Trust, the Bombay Parsee Punchayet, Rustomjee's Realty, Zoroastrian Co-operative Bank Ltd., and the Zarine & Yezdi Daruvala Charitable Trust. Ruzbeh Sutaria, in his vote of thanks, expressed gratitude to the sponsors for supporting the event year after year - Union Press, Tanaz Godiwala, Trustees of Cama Convalescent Home, Bandra, Parsi Ambulance Division, Farokh Mojia of Divine Arts, Roxana Buhariwala of Dream Designs, Neeta Kocharekar of Artfarm, and the Parsi Press.

Organisers contributing to the success of the Meet were from Parsi baugs and associations, under the auspices of Nowroze Baug Play Centre, Mancherji Edalji Joshi Memorial Trust (Dadar), Cusrow Baug United Sports & Welfare League and Federation of Zoroastrian Associations for Welfare & Culture. (FOZAWAC)

The list of trophies and winners included: Late Air Marshall Minoos Merwan Engineer Trophy - Lifetime Contribution in the field of Parsee Sports awarded to Mahiyar Dastoor (Athletics); Late Jal D. Pardivala Trophy - 'Best Athlete Of The Year' awarded to Parzan C Nariman; Youngest Participant Of The Meet To Complete The Race awarded to Sanaya Bhagvager; Individual Championship Trophies for Girls/Under-6 awarded to Pearlyn Engineer (BPP); Boys/Under-6 awarded to Rehaan Palia (CBUSWL);

Girls/Under-8 awarded to Tiana Billimoria (Alexandra Girls English Institution); Boys/Under-8 awarded to Sean Dilawarnijad (BPP); Girls/Under-10 awarded to Delrina Patrawala (Bai Avabai Framji Petit Girls High School); Boys/Under-10 awarded to Urvaksh Engineer (BPP); Girls/Under-12 awarded to Zasha Patrawala (BPP); Boys/Under-12 awarded to Maidyarem Chinoy (MEJMT); Girls/Under-14 awarded to Friyona Patel (Bai Avabai Framji Petit Girls High School); Boys/Under-14 awarded to Zerxes Daruvala (MEJMT); Girls/Under-16 awarded to Sherry Farog (CBUSWL); Boys/Under-16 awarded to Pashaan Z. Irani (Bharucha Baug); Boys/Under-18 awarded to Zeuss Sirvala (BPP); Women - Individual Championship awarded to Tanya Vakil (BPP); Men - Individual Championship awarded to Vir Bugli (BPP); Group Champion Men - Veteran awarded to Cyrus Nariman (Bangalore Parsee Zoroastrian Anjuman); Fastest Girl Athlete of the Meet awarded to Iyanah Daruwalla (CBUSWL); Fastest Boy Athlete of the Meet awarded to Zeuss Sirvala (BPP); Fastest Woman Of The Meet awarded to Tanya Vakil (BPP); Fastest Man Of The Meet awarded to Parzan Nariman (Bangalore Parsee Zoroastrian Anjuman); Javelin Throw - Men awarded to Vir Bugli (BPP); 3000 mts Run - MEN awarded to Danesh Irani (J.N.Petit Technical High School); Team Championship Cup -Women awarded to Bai Avabai Framji Petit Girls High School; Team Championship Cup - Men awarded to BPP; Best Athlete of the Meet awarded to Parzan Nariman (Bangalore Parsee Zoroastrian Anjuman); 1500 m Run - Men awarded to Taronish Irani (BPP); Tug of War (Men & Women) awarded to Zoroastrian Colony Youth Welfare Association.

APPEAL REQUEST FOR SUPPORT

The WZO Trust Funds requests donors, friends and well-wishers to extend timely financial support towards medical treatment of Mrs. Havovi Bharucha, resident of Dadar, Mumbai, who is suffering from a rare disease called MYELODYPLASTICITY SYNDROME (MDS), which is a rare type of blood cancer for which stem-cell transplant is required.

The applicant is a widow having a young son and daughter aged 27 and 26 years. The applicant's husband passed away in 2018 from Liver Cancer and Cirrhosis with Hepatitis C, which he was suffering from since 2010. During this period the family had spent Rs.35,00,000 for his treatment.

Ever since the applicant was diagnosed with MDS in 2019, she has already spent close to Rs.11,00,000 so far. The Mediclaim amount of Rs.5,00,000 has also been exhausted.

The estimated cost of treatment to be undertaken at Nanavati Hospital, which will be spread over a few months is as follows:

a) If the Donor is a family Member:

Treatment	Cycles	Cost	Total
7 days Immunotherapy, followed by 23 days of oral medication and monitoring.	3	800,000	2,400,000
Stem Cell Transplant			2,000,000
Total			4,400,000

b) If the Donor is NOT a family Member:

Treatment	Cycles	Cost	Total
7 days Immunotherapy, followed by 23 days of oral medication and monitoring.	3	800,000	2,400,000
Stem Cell Transplant			5,000,000
Total			7,400,000

Upon request of the family, WZO Trust Funds have undertaken to collect donations on their behalf towards the medical treatment. It is requested that cheques may be sent in the name of: 'THE WZO TRUST FUNDS' and sent to Trust Office at: C-1, Hermes House, 3rd Floor, Mama Parmanand Marg, Opera House, Mumbai - 400 004.

Donations can also be sent directly into the bank account of The WZO Trust Funds through NEFT / RTGS as under:

Bank : DEUTSCHE BANK
Branch : DB House (Hazarimal Somani Marg, Fort, Mumbai 400 001)
Account Name : THE WZO TRUST FUNDS
Account No. : 400004256780019
IFSC Code : DEUT0784PBC

(Kindly note that the IFSC Code (DEUT0784PBC) is common for all Branches of Deutsche Bank in India. For example, if Khar Branch or any other Branch gets displayed while keying this IFSC Code, please go ahead and complete the online transfer.)

After doing online remittance, please inform us by e-mail on: admin@wzotrust.com, quoting your PAN details.

Donations to The WZO Trust Funds are eligible for exemptions under Income Tax Sec. 80G(5)

We look forward to receiving support from community members for this very urgent and deserving medical case.

Very Sincerely,

Dinshaw K. Tamboly
Chairman.

Vahishtai Daboo Conducts Hearing Camp On World Hearing Day

On the occasion of World Hearing Day - 3rd March, 2023, a Hearing Camp was conducted in Panvel, by Vahishtai J. Daboo, the Founder and Principal Consultant of Integrated, Services for Listening and Spoken Language (a center for children) and Co-founder and Managing Trustee of VConnect Foundation, a parent support group for children with hearing loss.

Vahishtai Daboo and her colleague, Co-founder and Trustee of VConnect Foundation and an Audiologist and Speech Language /Pathologist - Fatema Jagmaag, conducted a helpful Hearing Camp for children with hearing loss, celebrating the essence of World Hearing Day, which aims to raise awareness on how to prevent deafness and hearing loss and to promote ear and hearing care across the world.

An LSL (Listening and Spoken Language Specialist) Certified Audio-Visual Therapist (AVT), Vahishtai shared that children and adults, especially detected early, can be fitted with the most appropriate hearing device - cochlear implants or hearing aids, depending on the level of their hearing loss, to enable them to start listening.



In continuation with the WHO theme for World Hearing Day: 'Ear and hearing care for all! Let's make it a reality!' Vahishtai propagates, "Safe listening for all means you must ensure that you are not blasting the music or using your earphones on a high volume, as that could damage your hearing. Let us all pledge to come together to make our hearing and listening a priority by ensuring we care for our 'Ears And Hearing for All' irrespective of the age - be it an infant, a child, a teenager, an adult or a senior citizen."

Those looking for check-up or a consultation, can connect with Vahishtai Daboo for further guidance at: vahishtai@gmail.com (W: www.islsl.in)

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Donations to this hospital are exempted under section 80 G of Income Tax Act, 1961.

We earnestly appeal to Parsi Trusts and donors to continue to give us donations in order to cater the needy patients of our community.

Cheques / Demand Drafts in the name of "THE R.F.DABOO PARSİ GENERAL HOSPITAL, NAVSARI." may be sent at the above address for which official receipt will be issued. Banking details are as under :

Banking details for NEFT/RTGS are as follows

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IFSC Code	: CBIN0280503 (after N is zero)
Bank Name and Branch	: CENTRAL BANK OF INDIA, Navsari branch.
Saving Account No.	: 1325439204

DARA K. DEBOO

Chairman

Mobile +91 9825992388, Email: dara.deboo@yahoo.com

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Signature of the Publisher
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Current Account No.	: 05851131003065

FOR S.B. GARDA COLLEGE TRUST, NAVSARI

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Hon. Secretary

Dara K. Deboo
Chairman

Mob. +91 9825992388
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પારસી ટાઈમ્સ

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THE TRUTH. DELIVERED WEEKLY.

૨૪ મી ફેબ્રુઆરી, ૧૯૯૮ ના રોજ, સરદાર દસ્તુર હોરમઝદિયાર નોશીરવાન કેકોબાદ દસ્તુર દ્વારા સ્થાપાયેલી સરદાર દસ્તુર હોરમઝદિયાર હાઈ સ્કૂલ (પુણે, મહારાષ્ટ્રમાં શિબિર સ્થિત), ૨૪ ફેબ્રુઆરી, ૨૦૨૩ ના રોજ પચીસ વર્ષની સફળ સ્થાપનાની ઉજવણી કરવામાં આવી હતી. સાંજના કાર્યક્રમ જે સ્થાપક રાષ્ટ્રપતિ - સરદાર દસ્તુર હોરમઝદિયાર નોશીરવાન કેકોબાદ દસ્તુરના બસ્ટના અનાવરણ સાથે શરૂ થયો હતો, જેમને દસ્તુરજી તરીકે ઓળખવામાં આવે છે, ત્યારબાદ દીવો પ્રકાશિત કરવામાં આવ્યો હતો. આ દિવસ શાળાના સ્થાપક દિવસ તરીકે પણ ઉજવવામાં આવે છે.

આ કાર્યક્રમમાં ભાગ લેનારા મહાનુભાવોમાં

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મુખ્ય અતિથિ - બેલરામ પદમજી, અતિથિ પદમજી - પ્રમુખ એમિરેટસ, સરદાર દસ્તુર સ્કૂલ મહેમાન - મહેરનાઝ વકીલ, કર્નલ સોહરાબ ટ્રસ્ટ; જલંગીર વકીલ - માન. સચિવ શાળાના

પ્રિન્સીપાલ - ફરાહ ગુસ્તાસ્પી અને મેનેજમેન્ટ બોર્ડના સભ્યો હાજર હતા.

છેલ્લા ૨૫ વર્ષમાં નૃત્ય પ્રદર્શન અને ભૂતપૂર્વ વિદ્યાર્થીઓની સફળતાના અદભૂત પ્રદર્શન સાથે અદભૂત સંગીતવાદ્યો બેક ટુ સ્કૂલ સાક્ષી આપવા માટે ગાર્ડ ઓફ હોનર દ્વારા એસ્કોર્ટ કરવામાં આવ્યો હતો. પ્રિન્સીપાલ ગુસ્તાસ્પીએ વિવિધ ક્ષેત્રોમાં વિદ્યાર્થીઓની સિદ્ધિઓ પ્રકાશિત કરીને વાર્ષિક અહેવાલ વાંચ્યો. રાષ્ટ્રગીત સાર્થન લેવેજમાં રજૂ કરવામાં આવ્યું હતું. તે એક અવિસ્મરણીય સાંજ હતી, પ્રેક્ષકો દ્વારા ખૂબ પ્રશંસા કરવામાં આવી હતી, અને દસ્તુર પરિવાર અને શિક્ષણ અને બિન-અધ્યાપન શિક્ષકોની સમર્પિત ટીમ દ્વારા એકસાથે મૂકવામાં આવી હતી.

દંતકથા અનુસાર, તે ઐતિહાસિક પેશદાદ રાજવંશના મહાન રાજા જમશીદ હતા જેમણે નવરોઝ (ન્યુ ડે) ના સિંગ્રા ફેસ્ટિવલની ઉજવણીની પરંપરા શરૂ કરી હતી. આ દિવસ આ વિશ્વ માટે વધુ સારા આવતીકાલની ઉજવણી અને ચિંતન સાથે નવી શરૂઆત છે. સકારાત્મક પરિવર્તન લાવવા માટે દરેક જણ નેતૃત્વ કરી શકે નહીં. જો કે, દરેક વ્યક્તિ કાર્યકારી નેતા તરીકે આ દુનિયાને વધુ સારી બનાવવા માટે સકારાત્મક પરિવર્તનની શરૂઆત કરવામાં નેતૃત્વની ભૂમિકા ભજવી શકે છે અને શાહ જમશીદ કરતાં વધુ સારી પ્રેરણા આપણને કોણ આપી શકે છે.

જમશીદને રયોમંદ અને ખોરેમંદ (એટલે કે ખુશખુશાલ અને ભવ્ય) તરીકે ઓળખવામાં આવે છે. ખોરે (અવેસ્તાન ખ્વારેનાહ) પણ એક દૈવી રહસ્યવાદી શક્તિ અથવા ન્યાયી રાજાઓ અથવા નેતાઓને આપવામાં આવતી શક્તિ માનવામાં આવે છે, જે તેમને આ વિશ્વને વધુ સારું સ્થાન બનાવવાના તેમના ધ્યેયમાં મદદ કરે છે.

જમશીદ ધર્મનિષ્ઠ અને પ્રગતિ અને સમૃદ્ધિ માટે પ્રતિબદ્ધ હતા. શું તે દૈવી શક્તિ હતી જેણે શાહ જમશીદે કરેલા કલ્યાણ અને વિકાસના કાર્યોમાં સફળતા પ્રાપ્ત કરવામાં મદદ કરી? નેતૃત્વમાં આ એક મહત્વપૂર્ણ સત્ય અને પાઠ છે. શું પાવર સહાય પ્રગતિ અને સમૃદ્ધિ છે અથવા શક્તિની

શાહ જમશીદ તરફથી નેતૃત્વના પાઠ

પ્રાપ્તિમાં પ્રગતિ અને સમૃદ્ધિ સહાય કરે છે? ચલાવનાર પાવર: પાવર એ ડબલ ધારવાળી તલવાર છે. તેનો ઉપયોગ સકારાત્મક અથવા નકારાત્મક રીતે કરી શકાય છે. જ્યાં સુધી શાહ જમશીદે તેના લોકોનું સાફ કરવા શક્તિનો ઉપયોગ કર્યો હતો અને વધુ મહત્વની વાત, નમ્રતા અને કૃપાથી, તે લોકોનો આદર કરતો હતો તેથી તેની અંદર દૈવી શક્તિની સ્થાપના થઈ હતી. પરંતુ જ્યારે અહંકાર તેના હૃદયમાં પ્રવેશ કરે છે, ત્યારે તેણે ફક્ત તેના લોકોનો પ્રેમ અને આદર ગુમાવ્યો જ નહીં પરંતુ તેણે પોતાની દૈવી શક્તિ પણ ગુમાવી હતી.

શાહ જમશીદનું નેતા તરીકેનો પતન: શાહનામે નામ અનુસાર જ્યારે શાહ જમશીદે વિશ્વને અદભૂત બનાવ્યું, ત્યારે તેમણે તેમના કોર્ટમાં ઘોષણા કરી કે મને લાગે છે કે મારા જેવું આ દુનિયામાં કોઈ

નથી. હું અનન્ય છું. મેં આ દુનિયાને વધુ સારી બનાવી છે. અને બધી પીડા અને વેદનાને દૂર કરી છે. મારા કારણે આ દુનિયામાં કુશળતા અને વેપારમાં વિકાસ થાય છે. મારા લોકો પાસે પહેરવા માટે સારા કપડાં છે અને ખાવા માટે સારો ખોરાક છે. મારે મારા લોકો દ્વારા તેમના ભગવાન તરીકે ઓળખાવું જોઈએ. શાહનામે જણાવે છે કે જલદી તેણે આ ધમંડી અને અહંકારપૂર્ણ શબ્દો ઉચ્ચાર્યા, તેના ખોરે તેની દૈવી શક્તિ તેને છોડી ગઈ તેણે પોતાની બધી શક્તિઓ ગુમાવી દીધી. તે આગળ જણાવે છે કે, લોકો જમશીદને છોડી ગયા અને નવા નેતા ઝોલાકને મળ્યાં. જમશીદની વાર્તા આપણને

સમજવામાં મદદ કરે છે કે પ્રગતિ અને સમૃદ્ધિ માટે શક્તિ જરૂરી છે. પરંતુ શક્તિ સાથે નમ્રતા અને શાણપણનો ઉપયોગ આવશ્યક છે. ગૌરવ,



એક હદ સુધી, કાયદેસર અને સકારાત્મક છે. પરંતુ ધમંડ અનિચ્છનીય અને નકારાત્મક છે. લોકો શાહ જમશીદે કરેલા બધા સારા કાર્યને ઝડપથી ભૂલી ગયા. તેઓ પ્રતિકૂળ બન્યા અને એક નવા નેતાની શોધ કરી જેણે વધુ વિનાશ લાવ્યો!

શાહ જમશીદનું સકારાત્મક નેતૃત્વ: એક નેતા તરીકે, શાહ જમશીદ એક સ્વપનદ્રષ્ટા હતા જેણે એક લાથથી શાસન કર્યું. શાહનામે કહે છે કે તેના યુગ દરમિયાન કોઈ બીમારીઓ નહોતી - જે દર્શાવે છે કે આરોગ્ય અને સ્વચ્છતા ટોચની અગ્રતા છે. ત્યાં સમૃદ્ધિ અને વૃદ્ધિ થઈ હતી કે રાજાએ ઓછામાં ઓછા ત્રણ વખત તેના રાજ્યની સીમાઓને વિસ્તૃત કરવી પડી. કળા અને હસ્તકલા વિકસ્યા. વાઈનની શોધ પણ તેના યુગને આભારી છે. નેતાનું પતન: જ્યાં સુધી શાહ જમશીદે તેનું ધ્યાન તેના લોકો પર કેન્દ્રિત કર્યું અને ધર્મપ્રેમી રહ્યાં ત્યાં સુધી તેના લોકો અને વિશ્વ માટે મહિમા હતો. આ ક્ષણે તેનું ધ્યાન અહુરા મઝદાની ઈચ્છા અને તેના લોકોથી તેના પોતાના તરફ ખસેડ્યું, જ્યારે તે અભિમાની બન્યો ત્યારે તેની બધી શક્તિ અને સ્થિતિ ગુમાવી દીધી. નેતાઓએ આ દુનિયાને રહેવા માટે વધુ સારી જગ્યા બનાવવાની તક માટે આભારી અનુભવું જોઈએ. વિશ્વ નેતાને કારણે નથી, નેતા વિશ્વને કારણે છે.

- નોશીર દાદરાવાલા



Annaram Barrage, Telangana, India

- 158 years in business
- Presence in 40+ countries
- 35,000+ global workforce



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Deceased મરનાર	Age વય	Date તારીખ	Address ર. ઠે.	Relations સગાઈઓ
Roshan Minoo Daruwalla રોશન મીનુ દારૂવાલા	83 ૮૩	01.03.2023	Ginwala Bldg., B Block, 2nd Floor, Room No 12, Tardeo, Mumbai 34. જીનવાલા બિલ્ડિંગ, બી બ્લોક, ૨જે માળે, રૂમ નં. ૧૨, તારદેવ, મુંબઈ ૩૪.	તે મીનુ ફરામરોઝ દારૂવાલાના ધણીયાણી તે પછી મીનુ દારૂવાલાના માતાજી તે મરહુમ પીલામાય તથા જહાંગીરજી ગાંધીના દીકરી તે ફરાલ પછી દારૂવાલાના સાસુજી તે આરિયાના દારૂવાલાના અપર્ણજી તે મરહુમ એમી શાવક પાલીયાના બહેન તે મરહુમ સીદામાય તથા ફરામરોઝ દારૂવાલાના વડુ.
Najoo Noshir Behramkamdin નાજુ નૌશીર બેહેરામકામદીન	91 ૯૧	01.03.2023	Albless Bldg., Flat No 3, 1st Floor, 266, Thakurdwar Road, Kalbadevi, Mumbai 2. ઓલ્બલેસ બિલ્ડિંગ, રૂમ નં. ૩, ૧જે માળે, ૨૬૬ ઠાકુરદ્વાર રોડ, કાલબાદેવી, મુંબઈ ૨.	તે મરહુમ એરવદ નૌશીર પીરોજશાહ બેહેરામકામદીનનાં ધણીયાણી તે મરહુમ એરવદ જાલેજર તથા ગુલામાય નજાદાઈનાં દીકરી તે એરવદ ફીરોઝ તથા ઝરીનનાં માતાજી તે દિલશાદ તથા હોશેદારનાં સાસુજી તે મરહુમો દારા, શીરીન, રોડા તથા આલુનાં બહેન તે એરવદ જમશેદ તથા એરવદ ખુરશેદનાં અપર્ણજી તે હવોવી તથા જેસ્મીનનાં મમઈજી.
Minie Kersy Chinoy મીની કેરસી ચીનોય	90 ૯૦	03.03.2023	Narielwala Bldg., Station Road, Mahim, Mumbai 16. નારીયેળવાલા બિલ્ડિંગ, સ્ટેશન રોડ, માહિમ, મુંબઈ ૧૬.	તે મરહુમ કેરસી તેમુરસપ ચીનોયના ધણીયાણી તે મરહુમ કેરસી ચીનોઈ, ફરીદા ખુશરૂ વાકડાવાલા, શેરનાઝ ફરહાદ વાકડાવાલાના માતાજી તે કોલીન મરહુમ ચીનોય, ખુશરૂ વાકડાવાલા, ફરહાદ વાકડાવાલાના સાસુ તે ઝીયસ, ઝીનીયાના અપર્ણજી અને જમશીર, માલકમ, કાનેશ, બેલાન, શેહઝાદ, રીશાદના મમઈજી તે મરહુમો ખોરશેદ તથા તેમુરસપના વડુ તે મરહુમો ગુલબર્થ બેહેરામજી બીલીમોરીયાના દીકરી.
Roshan Dinyar Sahiar રોશન દીનયાર સાહીર	78 ૭૮	03.03.2023	20/3, Yusuf Manzil, 1st Floor, 12th Khetwadi Lane, Mumbai 4. ૨૦/૩ યુસુફ મંઝીલ, ૧જે માળે, ૧૨મી ખેતવાડી ગલી, મુંબઈ ૪.	તે મરહુમ એ. દીનયાર ફસતમ સહીયારના ધણીયાણી તે મરહુમ ઓસ્તી કવીના કેઝાદ કરકરીયાના માતાજી તે મરહુમો હોશંગ મેહરવાન ઈરાની તથા પેરીન હોશંગ ઈરાનીના દીકરી તે મરહુમો એરવદ ફસતમ બમનજી સહીયાર તથા ઓસ્તી ડોસા ફસતમ સહીયારના વડુ તે એરવદ કેઝાદ હોશંગ કરકરીયાના સાસુજી તે ગોવેર સાઈરસ મોદી, મહેરવાન હોશંગ ઈરાની તથા મરહુમ અરનાવાઝ જહાંગુ તબોકના બહેન તે એરવદ શાહરૂખ તથા ઓસ્તા આરશિ કેઝાદ કરકરીયાના મમઈજી.
Nergesh Darab Mistry નરગેશ દારબ મિસ્ત્રી	90 ૯૦	04.03.2023	Hill View, 3rd Floor, Raghavji Road, Opp.Cumballa Hill Hospital, Mumbai 26. હીલ વ્યુ, ૩જે માળે, રાઘવજી રોડ, કમ્બાલા હીલ હોસ્પિટલ સામે, મુંબઈ ૨૬.	તે મરહુમ દારબશાહ રૂ. મિસ્ત્રીના ધણીયાણી તે મરહુમ વીસ્મી દારબશાહ મીસ્ત્રીના માતાજી તે રૂખશાર વીસ્મી મીસ્ત્રીના સાસુજી તે ડેલઝાદ ને પરસીયસના અપર્ણજી તે મરહુમો જરબાનુ તથા ફસતમજી મીસ્ત્રીના વડુમાય તે મરહુમ શીરીનબાઈ તથા મરહુમ કુંવરજી બરજોરજી ભાટનાના દીકરી.
Naval Jehangir Batliwala નવલ જહાંગીર બાટલીવાલા	93 ૯૩	05.03.2023	Ness Baug, Annexe-2, Flat No 1, 1st Floor, Nana Chowk, Mumbai 7. નેસ બાગ, એનેક્ષ-૨, ફ્લેટ નં.૧, ૧જે માળે, નાના ચોક, મુંબઈ ૭.	તે મરહુમો ખોરશેદ તથા જહાંગીર બાટલીવાલાના દીકરા તે ચાંદી જહાંગીર બાટલીવાલાના ભાઈ.
Adi Homi Damania અદી હોમી દમણીયા	72 ૭૨	05.03.2023	A-101, Ahuna Tpa C.H.S., Eduji Road, Charai, Thane(W), 400 601. એ-૧૦૧, અહુના ટી. પી. એસ. એ. સી. એચ. એસ., એદલજી રોડ, ચેરાઈ, થાને (પ.) ૪૦૦૬૦૧.	તે મરહુમ ઝિનોબ્યા અદી દમણીયાના ખાવિંદ તે મરહુમો પીલુ તથા હોમી કાવસજી દમણીયાના દીકરા તે નેવીલ અદી દમણીયા તથા ધન વિસ્મી મિસ્ત્રીના બાવાજી તે હુકરીઝ નેવીલ દમણીયા તથા વિસ્મી મહેરનોશ મિસ્ત્રીના સસરાજી તે ઝાયાનના અપાવાજી રશના ને શાહનાઝના મમાવાજી તે ફેની ફૂલી ભાઈના તથા ફૂલી હોમી દમણીયાના ભાઈ તે મરહુમો ગુલ તથા દારાબ કેબજર પુનીવાલાના જમાઈ.
Firdosh Burjor Engineer ફીરદોશ બરજોર એન્જિનિયર	71 ૭૧	05.03.2023	F.S. Parukh Dharamshala, Khareghat Colony, 34, Huges Road, Grant Road, Mumbai 7. એફ.એસ. પારૂખ ધર્મશાલા, ખરેઘાટ કોલોની, ૩૪ હુજીસ રોડ, ગ્રાન્ટ રોડ, મુંબઈ ૭.	તે મરહુમો ગુલ તથા બરજોર એન્જનીયરનાં દીકરા તે વીરા ફૂલે દારૂવાલાના બાવાજી તે ફૂલે માનેક દારૂવાલાના સસરાજી તે મરહુમ ફીરોઝ બરજોર એન્જનીયરનાં ભાઈ તે સનાયા તથા દાયનાના મમાવાજી.
Nergish Pesi Gorwalla નરગીશ પેસી ગોરવાલા	82 ૮૨	07.03.2023	Divecha Bldg., Room No 7, 1st Floor, Malcolm Baug, S.V.Road, Jogeshwari (W), Mumbai 102. દીવેચા બિલ્ડિંગ, રૂમ નં. ૭, ૧જે માળે, માલકમ બાગ, એસ. વી. રોડ, જોગેશ્વરી (વ.), મુંબઈ ૧૦૨.	તે પેસી એરચશાહ ગોરવાલાના ધણીયાણી તે મરહુમો મેહરામાય તથા માનેકશાહ બલસારાના દીકરી તે એરચ પેસી ગોરવાલાના માતાજી તે સનોબર એરચ ગોરવાલાના સાસુજી તે મરહુમ ખોરશેદ સાવંતના બહેન તે અનાઈનાહ એરચ ગોરવાલાના અપર્ણજી તે મરહુમો તેલમી તથા એરચશાહ ગોરવાલાના વડુ.
Khorshed Keki Wadia ખોરશેદ કેકી વાડીયા	82 ૮૨	07.03.2023	4a, Ground Floor, B-Poonam Apartments, Annie Besant Road, Worli, Mumbai 18. ૪-એ, આઈ-૯ ફ્લોર, બી. પુનમ એપાર્ટમેન્ટ, એની બેસંટ રોડ, વરલી, મુંબઈ ૧૮.	તે મરહુમ કેકી પેસ્ટનજી વાડીયાના વિધવા તે મરહુમ શીરીનબાઈ તથા બેહેરામજી વીમા દલાલના દીકરી તે યાર્મીન ને પરસીના માતાજી તે પરસીસ ને સવંતના સાસુજી તે રૂસી, બજી, વીરાફ તથા મરહુમો દીનયાર, મહેરજી, કેટી ને વીસ્તાસપના બહેન.
Aspi Hormajsha Ambapardiwala અસ્પી હોરમજશા આંબાપારડીવાલા	71 ૭૧	08.03.2023	Vijayant - B, 1003 Appt. Opp. Shividarshan Society, Lunsikul, Navsari, Gujarat, 396445. વીજયંત-બી, ૧૦૦૩ અપાર્ટમેન્ટ, શિવ દર્શન સોસાયટી સામે, લુન્સીકુઈ, નવસારી, ગુજરાત ૩૯૬૪૪૫.	તે નરગીશ અસ્પી આંબાપારડીવાલાના ધણી તે ઓસ્તીન રશના રયોમંદ જોશીના બાવાજી તે એરવદ રયોમંદ બરજોર જોશીના સસરા તે ઝીઅશ ને અરઝાનના મમાવાજી તે અપ્તાવર તથા મરહુમ હોરમજશા આંબાપારડીવાલાના દીકરા તે હોશંગ તથા દીલબરના ભાઈ તે મરહુમો ભીખામાય તથા પીરોજશાહ મોગલના જમાઈ.
Nari Jahangirji Mogrelia નરી જહાંગીરજી મોગરેલીયા	84 ૮૪	09.03.2023	E-8, Nowroz Baug, Dr.S.S.Road, Opp.Ganesh Galli, Lalbaug, Mumbai 12. ઈ-૮, નવરોઝ બાગ, ડો. એસ.એસ. રાઉ રોડ, ગણેશ ગલ્લીની સામે, લાલબાગ, મુંબઈ ૧૨.	તે મરહુમો ચાદનબાઈ તથા જહાંગીરજી મોગરેલીયાના દીકરા તે મરહુમો બાનુ, કેકી, ખોરશેદ, એમી, માણેક, મની તથા સીહુના ભાઈ.
Eruch Dossabhoy Mistry એરચ દોસાભાઈ મીસ્ત્રી	90 ૯૦	08.03.2023	A-25, Jerbai Baug, Dr.B.A.Road, Byculla, Mumbai 27. એ-૨૫, જરબાગ, ડો. બી.એ. રોડ, બાયકુલા, મુંબઈ ૨૭.	તે મની એરચ મીસ્ત્રીના ખાવિંદ તે મરહુમો મહેરબાઈ તથા ડોસાભાઈ મીસ્ત્રીના દીકરા તે મરહુમો રતનમાય તથા મીનુ મીરઝાનના જમાઈ.
Death Announcements From Prayer Hall				
Arnavaz Keki Pesina અરનવાઝ કેકી પેસીના	94 ૯૪	04.03.2023	28-A/31, Takshila, Mahakali Caves Road, Andheri E, Mumbai 93. ૨૮-એ/૩૧ તક્ષીલા, મહાકાલી કેવસ રોડ, અંધેરી ઈ, મુંબઈ ૯૩.	તે મરહુમ કેકીના ધણીયાણી તે મરહુમ રતનબાઈ અને મરહુમ ફસતમજીના દીકરી તે બહેરામ અને ટીનાના મમ્મી તે પરસીસ અને મરહુમ ફરીઝના સાસુ તે દિલકિના, હોરમજી, જમશીદ, અનાહિતાના ગ્રેન્ડ મધર તે મરહુમ રતન, બાનુ, શેરા, હોમી, નરીમાન, યાર્મીનના બહેન તે મરહુમ રતનબાઈ તથા મરહુમ સોરાબજીના વડુ.
Niloufer Keki Modi નીલોફર કેકી મોદી	76 ૭૬	06.03.2023	684, Lalkaka House, Khareghat Road, Parsi Colony, Dadar East, Mumbai 14. ૬૮૪, લાલકાકા હાઉસ, ખરેઘાટ રોડ, પારસી કોલોની, દાદર, ઈસ્ટ, મુંબઈ ૧૪.	તે મરહુમ બીખુ અને મરહુમ કેકીના દીકરી તે મરહુમ અદી અને રૂસીના બહેન.
Thrity Pesi Engineer થ્રીટી પેસી એન્જનીયર	80 ૮૦	08.03.2023	Aspen 701, 8 Perry Cross Rd, Bandra W, Mumbai 50. અસ્પેન ૭૦૧, ૮ પેરી ક્રોસ રોડ, બાન્દરા વે. મુંબઈ ૫૦.	તે પેસીના ધણી તે મરહુમ સુના તથા મરહુમ ફરામરોઝના દીકરી તે મહેર અને રૂસ્તમના મમ્મી તે તમશીનના સાસુજી તે દારાયસના બહેન તે મરહુમ બોમાનજીના વડુ.
Death Announcements From Surat				
Darayas Nariman Master દારાયસ નરીમાન માસ્તર	76 ૭૬	27.02.2023	1/1167 Kala Pesi Street, Nanpura Surat. ૧/૧૧૬૭, કાલા પેસી સ્ટ્રીટ, નાનપુરા, સુરત.	તે મરહુમ શેહેરબાનુ તથા મરહુમ નરીમાન દાદાભાઈ માસ્તરના પુત્ર તે ઝરીન માન્તરના ધણી તે તનાઝ અને રૂક્ષાદના પિતા તે મરહુમ દાદીબા, ખોરોદ, મીનોચેર, અરનવાઝના ભાઈ તે ગુલશન રૂક્ષાદ માસ્તરના સસરાજી તે શેઝાન અને શનાયાના મમાવાજી તહે ફરશાઝ અને મેહેરના અપાવાજી તે મરહુમ મેહરૂ તથા પરવેઝ ડીસાવાલાના જમાઈ.
Death Announcements From Poona Parsee Panchayat (Trust Office)				
Arnavaz Firoz Mukadam અરનવાઝ ફીરોઝ મુકાદમ	86 ૮૬	21.02.2023	B/3 Chasmeshai Apt., Lane 6, Koregaon park, Pune 411001. બી/૩ ચક્ષેશાઈ અપાર્ટમેન્ટ, લેન નં. ૬, કોરેગાંવ પાર્ક, પુણે ૪૧૧૦૦૧.	તે મરહુમ ફીરોઝ સોરાબજી મુકાદમના ધણીયાણી તે હોરમજી મુકાદમ તથા રશ્મા એન્જનીયરના મમ્મા તે અનાહીતા મુકાદમ તથા પરસી એન્જનીયરના સાસુ તે મરહુમ ગુલ તથા કેરસાસ સીનોરના દીકરી તે મરહુમ તેલમીના તથા સોરાબજી મુકાદમના વડુ તે પેસી કેરસાસ સીનોરના બહેન તે પરસી એન્જનીયરના મમઈજી તે હુઝવક મુકાદમના અપર્ણજી.
Ala Rutton Mehta આલા રતન મહેતા	96 ૯૬	24.02.2023	A-505, Parsee Colony, Lullanagar, Pune. એ-૫૦૫, પારસી કોલોની, લુલા નગર, પુણે.	તે મરહુમ જર તથા જાલ વાડીયાના દીકરી તે મરહુમ રતન મહેતાના ધણીયાણી તે મરહુમ દીલશાદ આર મહેતા, જહાંગીર મહેતાના મમ્મી તે શાહનાઝ મહેતાના સાસુ તે દીલશાદ મહેતાના ગ્રાન્ડ મધર તે રૂસી વાડીયા, નરગીસ મહેતાના બહેન.
Aban behram Panthaky આબાન બહેરામ પંથકી	72 ૭૨	24.02.2023	3/39 Triveni Nagar, Hadpsar, Pune. ૩/૩૯ ત્રિવેણી નગર, હદપસર, પુણે.	તે મરહુમ બહેરામ નરીમાન પંથકીના ધણીયાણી તે મરહુમો આલામાય તથા એરવદ પીરોજશાહ દસ્તુરના દીકરી તે મરહુમો એરવદ નરીમાન તથા હિલા પંથકીના વડુ તે મરહુમ નોશીરવાન તથા જાલ, મહાદૂખ તથા જેસ્મીનના બહેન તે ઝરવાન પંથકી તથા સાકર જહાંગીર દલાલના મમા તે હનોઝના મમઈજી તે એરવદ જહાંગીર દલાલના સાસુજી.
Hoshedar Phiroze Bhola હોશેદાર ફીરોઝ ભોલા	57 ૫૭	25.02.2023	4/103, Shangrila Apts, 31 Bund Garden Rd., Pune 411001. ૪/૧૦૩, સંગ્રીલા અપાર્ટ, ૩૧ બુન્ડ ગાર્ડન રોડ, પુણે ૪૧૧૦૦૧.	તે દીલમહેરના ધણી તે હુમા અને ઉરમેઝના પપ્પા તે પરીઝાદ નરીમાનના ભાઈ તે મરહુમ હુનોશી અને ફીરોજ ભોલાના દીકરા.
Freny Fali Udwardia ફેની ફલી ઉડવાડીયા	87 ૮૭	26.02.2023	B/403, Parsi Colony, Lullanagar, Pune 40. બી/૪૦૩, પારસી કોલોની, લુલા નગર, પુણે ૪૦.	તે મરહુમ ફલી અરદેશર ઉડવાડીયાના ધણીયાણી તે મરહુમ પીલામાય તથા મહેરવાનજી વર્કિંગબોક્ષવાલાના દીકરી તે મરહુમ રતનબાઈ તથા અરદેશર ઉડવાડીયાના વડુ તે ફરીદા જીમી પારડીવાલાના મમ્મા તે જીમી પારડીવાલાના સાસુજી તે ફરઝાન તથા પીરાનના મમઈજી તે મરહુમ જાલ તથા બજી વર્કિંગબોક્ષવાલાના બહેન.

YOUR MOONSIGNS JANAM RASHI THIS WEEK

લખનાર: મરહુમ મહારાજ શ્રી સ્વચંજયોતિના સહકાર્યકર્તા જયેશ એમ. ગોસ્વામી

અઠવાડિક રાશિક્ષણ: તા. ૧૧.૦૩.૨૦૨૩ થી તા. ૧૭.૦૩.૨૦૨૩



Aries - મેષ - અ.લ.ઈ.

શુક્ર જેવા મોજાવા ગ્રહની દિનદશા ચાલુ હોવાથી તમારા મનની નેક મુરદ પુરી થઈને રહેશે. હરવા ફરવામાં દિવસો પસાર કરી શકશો. જે પણ કામ કરશો તેમાં ફત્તેહ જરૂર મેળવશો. તમારી સાથે બીજાને કાયદો કરાવી આપશો. અપોજીટ સેક્સ સાથેના મતભેદ ઓછા કરવાનો સીધો રસ્તો મળી જશે. દરરોજ 'બહેરામ યઝદ' ભણવાનું ચાલુ રાખજો.
શુક્રનવંતી તા. ૧૧, ૧૫, ૧૬, ૧૭ છે.

Lucky Dates: 11, 15, 16, 17

Under the rule of Venus, your sincere wishes will come true. You will be able to spend your days enjoying travel and entertainment. You will be exceedingly victorious in all your endeavours. Your work will benefit you as well as others. You will find an easy path to reduce discords with the opposite gender. Pray to Behram Yazad daily.



Cancer - કર્ક - ડ.હ.

૨૩મી માર્ચ સુધી ગુરુ તમારા હાથથી સારા કામ કરાવીને રહેશે. થોડું ઈનવેસ્ટમેન્ટ અવશ્ય કરજો. રોજ બરોજના કામો કરવામાં મુશ્કેલી નહીં આવે. વડીલવર્ગની ચિંતા ઓછી થશે. ધર્મ કે ચેરીટીના કામો કરવાથી મનને વધુ આનંદ મળશે. સગા સંબંધીઓ સાથે વ્યવહાર સારા થતા જશે. દરરોજ 'સરોશ યજ્ઞ' ભણજો.
શુક્રનવંતી તા. ૧૨, ૧૪, ૧૫, ૧૬ છે.

Lucky Dates: 12, 14, 15, 16

Mercury's rule till 23rd March will have you doing noble deeds. Ensure to invest at least a little money. You will be able to do your daily chores without facing any challenges. Worries for the elderly will reduce. You will find great mental peace and joy in doing religious and charitable works. Relations with family will improve. Pray the Sarosh Yasht daily.



Libra - તુલા - ર.ત.

છેલ્લું અઠવાડિયું બુધની દિનદશામાં પસાર કરવાનું બાકી છે. તમારા નાણા પાછા મેળવવા થોડી ભાગદોડ કરવી પડશે. આ અઠવાડિયામાં તમારા કામ પુરા નહીં કરો તો ૧૮મીથી ૨૬ દિવસમાં તમારા કામ પુરા નહીં કરી શકો. તમે થોડા આળસુ બની જશો. દરરોજ 'મહેર નીઆએશ' ભણવાનું ચાલુ રાખજો.
શુક્રનવંતી તા. ૧૧, ૧૨, ૧૫, ૧૭ છે.

Lucky Dates: 11, 12, 15, 17

This is the last week for you under Mercury's rule. You will need to put in a little added effort to retrieve your stuck funds. If you don't complete all your pending works within this week, you will not be able to work on them from 18th of this month onwards for the next 36 days. You could feel a little lazy. Pray the Meher Nyaish daily.



Capricorn - મકર - ખ.જ.

શીતળ ચંદ્રની દિનદશા ૨૩મી માર્ચ સુધી ચાલશે. તમે જે પણ ડીસીઝન લો તે સમજ વિચારીને લેજો. બીજાનું દિલ જીતી લો તેવી મીઠી વાણી બોલશો. નાણાકીય મુશ્કેલી નહીં આવે. કોઈની તન મન અને ધનથી મદદ કરી શકશો. ગામ પરગામથી સારા સમાચાર મળવાના ચાન્સ છે. દરરોજ ૩૪મું નામ 'યા બેસ્તરના' ૧૦૧વાર ભણજો.
શુક્રનવંતી તા. ૧૧, ૧૨, ૧૫, ૧૬ છે.

Lucky Dates: 11, 12, 15, 16

The ongoing Moon's rule till 23rd March suggests that you take any decisions with great thought and understanding. Your sweet language will win over the hearts of others. There will be no financial difficulties. You will be able to go all out to help another. You could receive good news from abroad. Pray the 34th Name, 'Ya Beshtama', 101 times, daily.



Taurus - વૃષભ - બ.વ.ઉ.

ઘણો લાંબો સમય તમારી રાશિના માલિક શુક્રની છત્રછાયામાં પસાર કરવાનો છે. ૧૪મી મે સુધી જે પણ કામ હાથમાં લેશો તેને પુરા કરીને મુકશો. તમારા કરેલા કામથી ધનનો કાયદો થશે સાથે સાથે મનને શાંતિ પણ મળશે. જીવનમાં કોઈ સારી વ્યક્તિ મળવાના ચાન્સ છે. દરરોજ 'બહેરામ યઝદ' ભણવાનું ચાલુ રાખજો.
શુક્રનવંતી તા. ૧૨, ૧૩, ૧૪, ૧૫ છે.

Lucky Dates: 12, 13, 14, 15

Venus is here to rule you for a long time, till 14th May. You will ensure to complete all the tasks that you undertake. Your work will bring in much financial profit, along with mental satisfaction. You could meet a wonderful new person. Pray to Behram Yazad daily.



Leo - સિંહ - મ.ટ.

૨૧મી એપ્રિલ સુધી ગુરુની દિનદશા ચાલશે. તમારી ફેમીલીને ખુશમાં રાખવામાં સફળ થશો. નાણાકીય સ્થિતિ સારી કરવા માટે થોડી ઘણી કરકસર કરવામાં સફળ થશો. લેટીટેટીના કામ જલદીથી કરી લેજો. રોજ બરોજના કામ કરવામાં કોઈ મુશ્કેલી નહીં આવે. દરરોજ 'સરોશ યજ્ઞ' ભણવાનું ચાલુ રાખજો.
શુક્રનવંતી તા. ૧૧, ૧૨, ૧૪, ૧૬ છે.

Lucky Dates: 11, 12, 14, 16

Jupiter's rule till 21st April will make you successful in keeping your family happy. You will be able to improve your financial standing by putting in a little added effort. You are advised to complete all your financial transactions (lending and borrowings) soon. You will be able to do your daily chores without difficulty. Pray the Sarosh Yasht daily.



Scorpio - વૃશ્ચિક - ન.પ.

૧૭મી એપ્રિલ સુધી બુધની દિનદશા ચાલશે. તમે જેને પ્રેમ કરતા હશો તેને તમારા મનની વાત કહેવામાં કોઈ મુશ્કેલી નહીં આવે. નાણાકીય બાબતમાં વધારે કામ કરી એકરૂટા ઈન્કમ મેલવી લેશો. લીસાબી કામો પહેલા પુરા કરજો. દરરોજ 'મહેર નીઆએશ' ભણવાનું ચાલુ રાખજો.
શુક્રનવંતી તા. ૧૩, ૧૪, ૧૬, ૧૭ છે.

Lucky Dates: 13, 14, 16, 17

Mercury's rule till 17th April will help you speak out what is on your mind with the one you love, without any difficulty. You will be able to earn extra income with a little added effort. Complete your accounts-related works first. Pray the Meher Nyaish daily.



Aquarius - કુંભ - ગ.શ.સ.

તમને શાંત શીતળ ચંદ્રની દિનદશા ચાલુ હોવાથી જે પણ કામ કરશો તેમાં ફત્તેહના ડંકા વગાડશો. મનથી કરેલા કામમાં સફળતા મળશે. નાની મુસાફરીનો ચાન્સ મળે તો મુકતા નહીં. રોકાવેલા નાણા મેળવવાનો સીધો સારો સમય છે. દરરોજ ૩૪મું નામ 'યા બેસ્તરના' ૧૦૧વાર ભણજો.
શુક્રનવંતી તા. ૧૪, ૧૫, ૧૬, ૧૭ છે.

Lucky Dates: 14, 15, 16, 17

The ongoing Moon's rule will ensure you do exceedingly well in all your endeavours. Do not miss out on a small travel opportunity. You will succeed in any matter that you do with focus. This is the best time for you to retrieve your stuck funds. Pray the 34th Name, 'Ya Beshtama', 101 times, daily.



Gemini - મિથુન - ક.છ.ધ.

૩જી એપ્રિલ સુધી રાહુની દિનદશા તમને દિવસે તારા બતાવી દેશે. ઘરવાળા તમારો સાથ નહીં આપે તેનું દુ:ખ થશે. કોઈ વ્યક્તિના સલાહકાર બનવા જતા નહીં. ક્યુચરના વિચારો કરવાથી નેગેટીવ વિચાર આવશે. રાહુને શાંત કરવા દરરોજ 'મહાબોખ્તાર નીઆએશ' ભણજો.
શુક્રનવંતી તા. ૧૧, ૧૩, ૧૬, ૧૭ છે.

Lucky Dates: 11, 13, 16, 17

Rahu's rule till 3rd April will make life very difficult for you. You will be hurt by family members not being supportive of you. Do not try to advise anyone. Thinking of the future will fill your mind with negativity. To placate Rahu, pray the Mah Bokhtar Nyaish daily.



Virgo - કન્યા - પ.હ.ણ.

૨૩મી માર્ચ સુધી શનિની દિનદશા ચાલશે. ખોટી ચિંતાઓ વધુ સત્તાવશે. બીજાઓ ભુલ કરશે અને દોષનો ટોપલો તમારા માથે આવશે. ઘણી-ઘણીયાણીમાં નાની બાબતમાં મતભેદ પડતા રહેશે. તમારા વાંક ગુના વગર તમને નીચે જોવાનો સમય આવશે. રોજ મોટી 'હમન યજ્ઞ' ભણવાનું ચાલુ રાખજો.
શુક્રનવંતી તા. ૧૩, ૧૪, ૧૫, ૧૬ છે.

Lucky Dates: 13, 14, 15, 16

Saturn's rule till 23rd March will have you feeling increasingly harrowed with negativity and fears. You will be blamed for the doings of others. Couple could end up squabbling frequently over petty matters. You will be made to feel humiliated without your fault. Pray the Moti Haptan Yasht daily.



Sagittarius - ધન - ભ.ધ.ફ.

૨૧મી માર્ચ સુધી મંગળની દિનદશા ચાલશે. તમારા મિત્રો તથા ભાઈ બહેન સાથે નાની બાબતમાં મતભેદ પડી જશે. મંગળને કારણે નાની બાબત મોટું ઝગડાનું રૂપ લેશે. ઘરમાં ખોટા ખર્ચાઓ ખુબ વધી જશે. તમારું સાચું બોલેલું કોઈને કડવું ઝેર જેવું લાગશે. મંગળને શાંત કરવા 'તીર યજ્ઞ' ભણજો.
શુક્રનવંતી તા. ૧૧, ૧૨, ૧૬, ૧૭ છે.

Lucky Dates: 11, 12, 16, 17

Mars' rule till 21st March could cause issues between you and your siblings and your friends. Mars will magnify petty matters into big issues. Unnecessary house expenses will increase greatly. Your words of truth will feel like bitter poison to others. To pacify Mars, pray the Tir Yasht daily.



Pisces - મીન - દ.ચ.ઝ.થ.શ.

પહેલા ત્રણ દિવસમાં અપોઝીટ સેક્સના રીવેશન સુધારી લેજો. ૧૪મી પછી આવતા ૨૦ દિવસમાં તમારા રીવેશન વધારે બગડી જશે. લગ્ન કરેલા હશે તો ઘણી કે ઘણીયાણીની તબિયત બગડવાના ચાન્સ છે. વડીલવર્ગની તબિયત બગડશે. ૧૪મી પછી કોઈ દસ્તાવેજી કામ કરતા નહીં. દરરોજ 'બહેરામ યઝદ' ભણવાનું ચાલુ રાખજો.
શુક્રનવંતી તા. ૧૧, ૧૨, ૧૩, ૧૬ છે.

Lucky Dates: 11, 12, 13, 16

Try to improve your relationships with the opposite gender within the next three days. From the 14th onwards, for the next 20 days, your relations could deteriorate further. One of the partners of a married couple (husband or wife) could fall ill. The health of the elderly could go down. Do not take on any work requiring legality or signatures post the 14th. Pray to Behram Yazad daily.

The Metaphysics Of Avestan Prayers



RUBY LILAOWALA

The word 'Metaphysics' implies something that goes beyond the physical matter of our observation and experience. Avesta Prayers are *Manthric* compositions which have tremendous effects on the mind, our thinking, psyche, emotions and day to day life.

Manthra is a path towards salvation - a secret and sacred key towards peace and bliss, particularly in the present time of evil and turmoil. Our sacred Avestan prayers are a powerful and dynamic arrangement of *Manthras*.

The word 'Mantra' comes from Sanskrit, meaning repetitive words that aid concentration - 'Man' means the mind and the root verb 'Trae' means to liberate. Hence, Mantra is that which liberates the mind from all types of bondages.

Our Avestan prayers are the golden key to the Cosmic horizon, a means of achieving liberation. Every word and sound in this Universe bears an acoustic wave-length; every utterance possesses a rhythmic vibration and carries a significant meaning to bring about a corresponding result. Throughout the living and the non-living world, we find patterns of recurrent rhythms in which everything exists in a state of continual vibration.

Oscillating and pulling, pulsating and dancing, these rhythmic patterns can be observed in the beating of the heart, circulation of the blood, inhaling and exhaling of our breath, recurrent formation of our cells and tissues, in the rhythmic movements of the oceans, the wave movements of sound and hypersonic vibrations, and in the vast Universe extending from solar systems to galaxies, right down to the smallest cell of an amoeba! Prayers have an effect on all these. Why??

Because, every Manthra of our prayers is a precise and condensed but extremely powerful entity. Praying is a physio-psychic and psycho-spiritual process of withdrawing the mind from the external world and concentrating on the spirituality within our corporal frame. It starts by calming the mind, which is like a drunken monkey, jumping from one useless thought to another. It is the mind that acts within the present, frames the future and rewinds the past. While praying, there's no past



and no future, just that moment of holy communion with God. The mind is calm. It no longer runs after the hallucinations of this shadow-play (Maya), we call 'life'. Prayers help the scattered mind to achieve focus, one-pointedness, grounded, at peace, absorbing the idea of our super-consciousness that our powerful Manthras carry within them.

You don't have to take my word for it. Try this simple experiment yourself for a week. Say your prayers without fail at bedtime just before you sleep. In the morning, chant prayers as soon as you open your eyes. See how your outward circumstances in life improve almost at once as though by magic. Just do it and see the magic!



Every individual has a complete and unique thought-wave according to his/her spiritual evolution. By repeated *manthric* caressing on the mental plane, the person's own rhythmic thought-wave flows into the Cosmic vibrational flow. The mind expands into the super-conscious and there's a brief union of the microcosm(man) and the macrocosm (God). This union is the ultimate goal of human life.

Human consciousness is, in reality, a collection of states like Jagrut (awake), Swapna (dream), Sushupti (meditative) and Turya (highest consciousness of being one with God). These states exist in our physical as well as subtle (astral or electro-magnetic) bodies. Each organ within us - like the heart,

lungs, kidneys, liver, etc - has a primitive consciousness of its own, performing functions specific to it. Even various systems like the digestive, reproductive, cardio-vascular etc. have primitive consciousness. Now the organ-consciousness is governed by system-consciousness which in turn is governed by

the subtle-body-consciousness, which is why every disease starts first in the mind, can be seen in the aura, and much later, it manifests as a disease in the physical body like cancer, Aids or TB.

Prayers set up myriad positive vibrations in our subtle-body(aura) and our sub-conscious mind because prayer-manthras are of a specific spiritual energy-frequency. Over time, prayer Manthras override all other vibrations of systems and organs, and depending on the person's karmic limitations, the great manthra-wave of prayers stills all other vibrations.

Mystics, healers and occultists heal themselves with prayers since their body-organs and systems vibrate at the rate completely in tune with the energy and spirituality represented by, and contained within, their prayer-manthra. Self-healing can be accomplished by concentrating prayers on certain 'sick' organs while visualising that organ bathed in white Cosmic (Divine) light.

At a deeper level, the sub-conscious mind can be energised and old crystalised thoughts can be transformed. Saying our Avestan prayers produces actual physical as well as subtle vibrations (energy) and coupled with healing intentions, one can heal oneself and others, since sound carries waves and intent influences positive results. Manthra is the secret key to emancipation. Prayers are not mere words. They are potent and an endless effort of many past lives if you are adept in them. The right Prayers and Manthras lead you to the path of salvation (Ravan-Bokhtegi).

The power of prayers transcends all other energies in the Universe because praying is a direct appeal to the creative

force which melts with the Universal power of love. If you pray for yourself, you are selfish. If you keep asking God for material things, you are a beggar - such prayers are useless. But if you pray for others' well-being, that prayer is sure to be answered. If you pray for people who have hurt you and actively harmed you, it becomes a blessing in your life because we are all one and what you wish for others, actually you are wishing for yourself. We are all one because all human beings on this planet, regardless of colour, creed, race, sex, nationality or religion, belong to ONE family i.e God's family.

Hence, to pray that EVERYONE be blessed is the only REAL prayer which recaptures the one-ness of everyone with God. Remember how our *Mamaijis* and *Bapaijis* used to say, "*Khodaiji Baddha Ney Sukhi Rakho.*" This is because they knew the real meaning of prayers. There is no better way to improve ourselves spiritually, mentally and physically than to use our mental-energies in projecting them to others as prayers, kindness, love and harmony. When you pray for all of humanity, you automatically become kind, loving and harmonious. Otherwise, sitting with a prayer book in hand and mumbling your prayers ritually for hours while leading a selfish life, has no meaning whatsoever! So yes, dear readers, the choice is entirely YOURS!!

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 S D D M B J R R I M P U C D V E Q B Z O P S Y E Q
 U E G X W I M E J E Y K F Y N K R T G R O K V T V
 L Q L T N J Y Y Z E D G Y C K A T U P H F D C Z K
 V N P P G L G X D O Z T H W C N R W A E T Y N D W
 H Q A B P F U B T W S T O S P T Z R J H A K O V I
 B C N B P A N H Y W O C K M P Z A D A U V N Q G H
 D I L H O C D D L A V K R A A J M O U W U N K W Y
 L G Q B B R U E S K W W R O M T T Q L T J Q V V H
 P S K W N L B T K I C F B L I D O E S K R P M T A
 I D W B B L S D C A A U Q Y M S N E Y X E Y L F S
 Y R A D N O C A B I B L L Y H M S G S C N V F N H
 P Y F L R X D A T A J T Y I M J E A K I S P L D B
 N P F W A A T X Q R Y P B F M H Y G N H F R A N R
 I A W G N S L Y R M X I J D G U S F A T U A L A O
 P A H I I P T P F W A H P M A V F L Z S S U C Z W
 K O S T N T D I Q L M P U T Q G O F I F U V C A N
 M H A S T R X Z U G H D N P V C B P I W V A J N S
 W Y A C W G V M P R F V F N J U F X Z N V U S S K
 E I G O E O G J G C F P U F D D N B R O S F I L C
 R B P N X U N Z S S V C T R Y E K L X M V C F E Z
 J Q L E D Q Y I D E C I N N A M O N R O L L S G H
 W E G S N W H A D N B T C M V L D C C S J Q D A T
 X G Y U Z U F N F A Z C S E K A C N A P B C C B B

- | | | | |
|----------------|--------|----------------|----------------|
| Muffins | Bacon | Fruit salad | Scones |
| Yogurt parfait | Donuts | Sausage | Cinnamon rolls |
| French toast | Danish | Croissants | Pancakes |
| Baked apples | Bagels | Fried Tomatoes | Hashbrowns |



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SUDOKU

6								
	9				6	4	1	8
	4		2		9			
		1		9	2			
8		6				9		4
			4	5		2		
			1		7		9	
2	7	9	3				4	
								2

Solution see below

WINNING CAPTION!!!



Monkey on left: I have a toothache, can you see the tooth that's bad?
 Monkey on right: No! I'm afraid you'll bite off my head!!

By Viraf P. Commissariat (USA)

CAPTION THIS!



Calling all our readers to caption this picture!

Send in your captions at editor@parsi-times.com by 22nd Mar., 2023.

Winning Caption and Winner's Name Will Be Published Next Week.

We invite our readers to contribute funny / interesting pics that we could use for the 'CAPTION THIS' Contest.

Disclaimer: Some of our 'Caption This' Contest photos are taken from freely available, public online resources and are published in a light and humorous vein, which is the mainstay of the Parsi spirit! No offence is intended to anyone or any situation.

HOW MANY WORDS?

How many words of four or more letters can you make from the letters below? Every word must contain the letter in the center. You should make at least one word using all 7 letters.

RESULTS:

Average: 6 or more words

Good: 8 or more words

Outstanding: 9 or more words



SUDOKU SOLUTION

2	7	5	4	9	6	3	8	1
6	4	8	5	1	4	9	2	7
3	8	1	2	7	8	9	6	5
1	2	6	8	5	2	4	7	3
4	5	9	1	3	7	6	2	8
7	3	8	2	9	6	1	5	4
5	3	6	9	1	2	7	4	8
8	9	6	1	2	5	7	3	4
9	2	5	7	6	4	1	8	3
1	5	8	4	3	7	2	9	6

Thought of the Week

"Climb the mountain so you can see the world,
 not so the world can see you."

- David McCullough Jr.

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