

[July 22, 2023: Mah-Aspandard; Roj-Khorshed; YZ 1392] RNI NO. MAHBIL/2011/39373

# PARSI TIMES

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THE TRUTH. DELIVERED WEEKLY.

**DAMAN'S RENOVATED  
DAR-E-MEHER'S GRAND  
RE-OPENING!**



Pg **3**

**PIONEERING  
PERSIAN  
PURSUITS**



Pg **5**

**COMMUNITY  
NEWS**



Pg **6**

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## PARSI NEW YEAR 2023 CONTESTS!

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You can participate in **1 or all 3 contests!**



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Ensure that your entries reach us latest  
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### Contest 1: 'POETRY OR PROSE'

In no more than **200 words**, write on...  
'Parsi Traits And Quirks'



### Contest 2: 'WRITE ON...'



Continue and complete the following  
story in no more than **200 words**...

*"Jamshed, or Jamsu - as his friends called him, was thrilled that he was now finally married to Roda, the seventh love of his life. He knew she had married him only because he had a huge 3-bedroom flat in an upscale baug, where he parked his 5 foreign-ni cars! Now all he wanted was for Roda to fall in love with him. But even more than that, he wanted her to learn how to make mutton-cutless and kolmi-na-kawab exactly the way it was made by his mum - Rati, who also lived with them. As he approached the kitchen, he saw his mum and Roda animatedly talking..."*

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## FROM THE EDITOR'S DESK



Dear Readers,

Nothing binds a community more than its youth coming together for the common purpose aimed towards its growth and success. This need for the convergence of youth becomes that much more amplified when the community is as minuscule as ours. This is why Parsi Times is always delighted to proudly celebrate the efforts of our Zoroastrian organisations and individuals, based in Mumbai, India or across the world.

All such events, which bring together community members under one roof, fortify and augment our community's identity - be it our simple, routine religious events and ceremonies - like Jashans, Salgrehs, Humbandagis and Nirangs, etc., which are held in our fire-temples, or then local, national or international events held by Zarthoshti institutes, like the ZTFI (Zoroastrian Trust Funds of India), XYZ (Extremely Young Zoroastrians), WAPIZ (World Alliance of Parsi Irani Zarthoshtis), WZCC (World Zarathushti Chamber of Commerce), FEZANA (Federation of Zoroastrian Association of North America), Return-To-Roots, the ZTFE (Zoroastrian Trust Funds of Europe), which is currently hosting the 8th World Zoroastrian Youth Congress in London... and many more!

While community members gather to partake of these events, yet another premiere UK-based Zoroastrian institution - the World Zoroastrian Organisation (WZO) is celebrating the glory of our greats, through an exhibition titled: 'Influential Zoroastrians', at the WZO House in London, under the visionary direction of its dynamic President - Zerbanoo Gifford.

The least we can do as a community, is show gratitude by nurturing a genuine interest and ensuring our patronage towards the efforts and dedication of such institutions and events, which cultivate not just unity within our community, but also foster its perpetuity.

Have a good weekend!

-Anahita  
anahita@parsi-times.com

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## Religious Announcement

### Sarosh Roj Jashan & Humbandagi

Dadysett Agiary (Fountain) will hold a Sarosh Roj jashan and Humbandagi on 28<sup>th</sup> July, 2023, at 4.30pm, performed by Er. Darayesh R. Katrak. Light refreshments will be served thereafter. All Parsi/ Irani Zoroastrians are cordially invited.

### Behram Roj Jashan & Humbandagi

On 31<sup>st</sup> July, 2023, a Behram Roj Jashan will be held at Dadysett Atash Behram (Fanasvadi) at 5:00pm pm, followed by a Humbandagi and a religious talk by Er. Darayesh R. Katrak, at the Behram Yazad Shrine. Light refreshments will be served thereafter. All Parsi/ Irani Zoroastrians are cordially invited.

### Muktad Prayers At Soonaiji Agiary

The Zoroastrian Colony Youth Welfare Association, supported by Maharukh Madan and Er. Farshogar, will perpetuate the annual, 10-day Muktad ceremony tradition, at Soonaiji Agiary (Gowalia Tank) this year as well, by also performing the Afringan, Farokshi and three Satum prayers. For details and to include your names in these prayers, WhatsApp: Polly Nagwaswalla: +91 7738906278 / +91 9930330750, before 1<sup>st</sup> August, 2023.

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## Announcement

### Lecture On Zoroastrian Rivayat At Cama Institute

The K R Cama Oriental Institute presents a lecture titled, 'From Surat To Isfahan: Composing A Zoroastrian Rivayat In 17<sup>th</sup> Century Iran', by PhD candidate - Jamie O'Connell from Princeton University's Dept. of Near Eastern Studies, at 5:30 pm on 26<sup>th</sup> July, 2023, in the Dr. Sir J J Modi Memorial Hall of the Institute, located at Fort. Research scholar - Er. Dr. Rooyintan P. Peer will preside. Tea will be served at 5:00 pm. (RSVP: 22843893 / 8879253893; Email: krcamaoi123@gmail.com)

Among the most important yet least-studied sources for late medieval and early modern Zoroastrianism is a varied corpus of texts known as the Persian Rivayats. These consist of letters, religious responsa, poetry and other materials composed by Zoroastrian communities in Iran in response to queries from Indian Zoroastrians beginning in the late fifteenth century. By 1773, approximately thirty Rivayats had been exchanged that touch on virtually all aspects of Zoroastrian ritual, theology and daily life, along with dozens of manuscripts containing texts in Avestan, Pahlavi and Persian. Using information provided by a group of Rivayats composed during a turbulent period in Iran in the 1620s and 30s and concentrating on the contributions of the priest Noshirvan Marzban of Kerman and his associates, Jamie O'Connell will reconstruct the complex process by which members of far-flung Iranian Zoroastrian communities participated in the composition of the Rivayats.

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Last date for sending in the names  
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Roj 21, Mah 12



HUFRIZE SHROFF

# Daman's Newly Renovated Merwanji Navroji Manekji Dar-e-Meher Holds Khushali-nu-Jashan

The Shree Daman Vapi Parsi Jarthosty Anjuman organised a 'Khushali nu Jashan', at the recently refurbished Merwanji Navroji Manekji Dar-e-Meher, in Daman, on 15th July, 2023 (Roj Shehrevat, Mah Asfandarmad; 1392 YD). The extensive restoration of the Dar-e-Meher was facilitated by the munificence and generosity of donors – Dadachanji Group of Companies, represented by Kairus Savak Dadachanii, Pervin Kairus Dadachanji and Rishad Kairus Dadachanji. The Jashan, which was held at 5:00 pm, was led by Vada Dasturji of Iranshah Udvada - Khurshedji Dastur.

The elaborate and exceptionally well-managed function was attended by over 500 community members, who travelled from Mumbai, Navsari, Pune and other cities, to attend this glorious occasion celebrating the auspicious re-opening of the Dar-e-Meher. From among a number of personalities who came to pay their respects, the dais was graced by Padma Shri Yazdi Karanjia – the unparalleled king of theatre and comedy, Homai Dadachanji (the mother of Karius Dadachandji), Homi and Dolly Madan (the father and mother respectively, of Pervin Dadachandji), with daughter Farah and son-in-law Yohan.

Surat's most accomplished stage personality, known for her dynamism and dedication to community and social service - Maharukh Chichgar gracefully accepted the invitation to compare the occasion, infusing the evening with even greater energy and flamboyance.



The dedicated President of the Daman Vapi Parsi Jarthosty Anjuman, Ardish B. Vapiwala, gave a warm note of welcome to all and shared interesting insights into the history of the Dar-e-Meher, which was established in 1838 by Seth Shri Meherwanji Naoroji Manekji, and last renovated 35 years ago. He said, "Today on this happy occasion, we are thankful that Dasturji Unwala family whose three generations have served this Agiary for 150 years, wherein Dadiba Hormusji Unwala Saheb also provided his utmost and continuous services to this Agiary. Our own Vada Dasturji Khurshed of Udvada and Dasturji Zarir gained much knowledge and experience from him. We also gratefully remember our well-known Mr. Dossabhai Oliaji from Devka, who rendered



selfless service all his life to this Agiary.

Due to the reduction in Parsi population over the years, the state of this Agiary and Tower of Silence dilapidated as it was difficult to sustain. But, God sent us an angel in the year 2018, in the form of Mr. Karius Savakji Dadachandji who came forward to help us, taking over all the expenses of renovating of the dilapidated Doongerwadi Bangli, in memory of his late father - Savaksha Phirozeshah Dadachandji. In addition, in 2019, he also offered a generous annual donation of Rupees six lakhs for the sustenance of the Anjuman. His largesse also extended towards the renovation of our Daman Agiary, for which he personally took out time from his hectic schedule, and along with the help of his good friend and architect - Khurshed Vazir Saheb, built this magnificent unconsecrated Dar-e-Meher.

We are further delighted to share that Karius Dadachandji has announced an increase in the annual donation – from six lakhs to ten lakhs, from 2023. We are immensely thankful to Seth Shri Kairus Saheb and all his family members. And we wish them and all our attendees a happy and blessed life, now and always! Ameen! Ameen!"



Late Dadiba Hormusji Unwala.

The Daman Vapi Parsi Jarthosty Anjuman is helmed by President - Ardish B. Vapiwala, alongside an able team, comprising Vice President - Aspi E. Damania; Secretary - Kaiwan C. Toddywalla; Treasurer - Rohinton R. Engineer; and Exec. Committee Members - Firoz B. Damania, Mazda H. Motiwala and Mazda C. Toddywalla. The evening concluded with a delectable dinner for all attendees, catered by Navsari's Soonu Kasad.



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NOSHIR H. DADRAWALA

# Pioneering Persian Pursuits

Did you know that it was ancient Iran (Persia or Pars), under the Achaemenian kings, which, more than two and a half millennia ago, gave to this world its first Bill of Human Rights, the world's first international highway, prototype to the Suez Canal, postal system and even the document that we know today as passport.

## Tax And Military Reforms:

Persians gave to the world several pioneering concepts including **tax reforms** (Cyrus the Great decreed that taxes should not be paid to the monarch but paid to the empire's treasury to be used for public works) and **military reforms** (Cyrus the Great instituted the system of ten soldiers constituting a company; ten companies making a battalion; ten battalions making a division and ten divisions making a corps). Different army units were identified by different colored uniforms (purple, yellow, blue).

The core troop was called 'the ten thousand immortals' and so named because any loss of soldier/s in the troop was immediately replaced, to keep the number constant at ten thousand. The immortals largely comprised young and highly skilled Persians, Medes, and Elamites soldiers under the direct leadership of the Hazarapat, or Commander-in-chief.

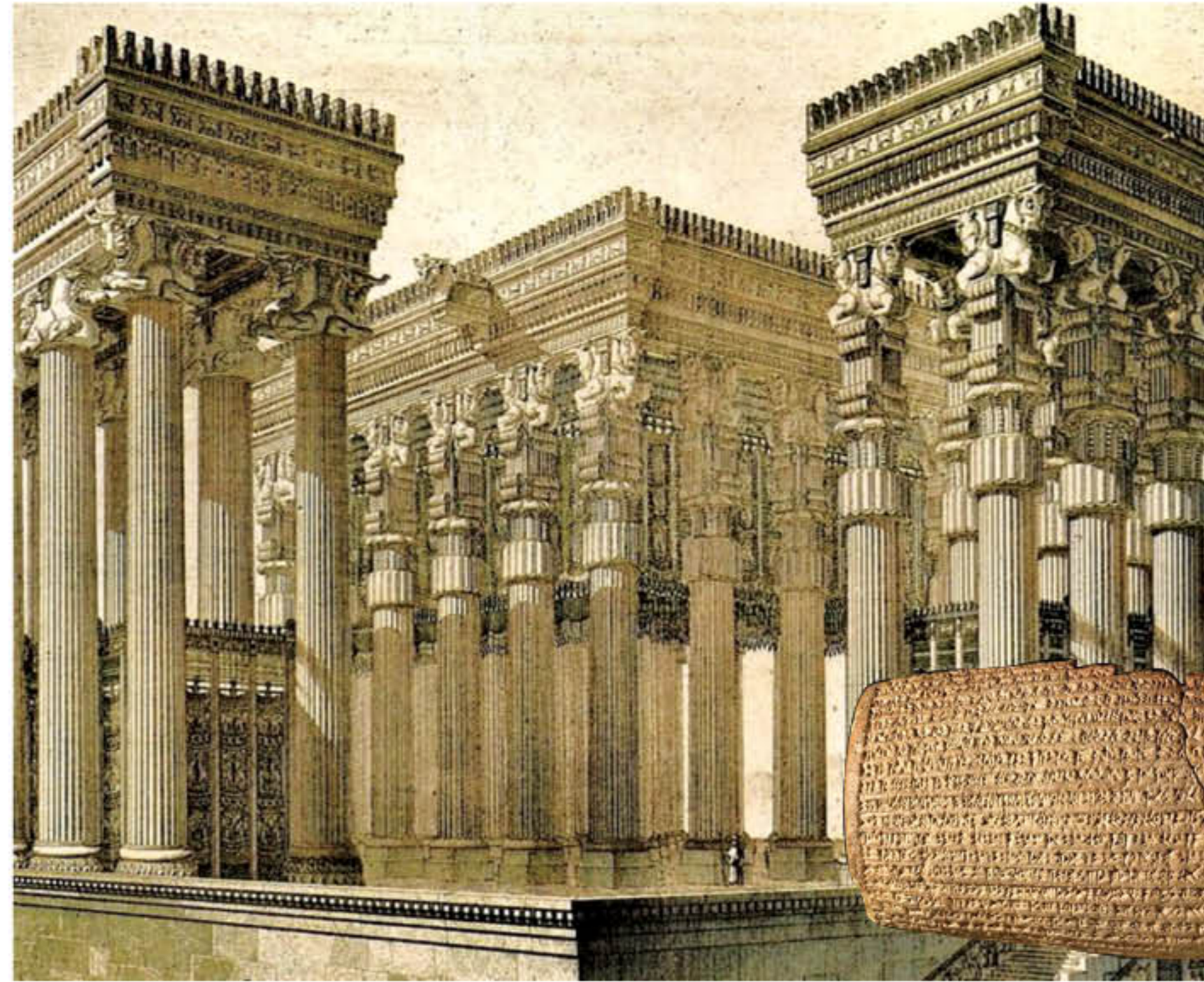
## Birthdays And Desserts:

It is believed that Persians were among the first to celebrate birthdays with feasting. It started with celebrating only the monarch's birthday, but later governors, nobles and finally commoners also started celebrating their birthday. The idea that was sparked off in Persia also caught the imagination of the people in other nations of that era.

What's more, the concept of enjoying desserts after a meal is also a Persian invention which started with something sweet for the king to relish on his birthday but later turned into a daily habit. Now we know where the proverbial Parsi sweet tooth and craving for custard, jelly or other sweet dishes after meals, comes from!

## Paradise On Earth:

Gardening was very dear to the Persians. Cyrus the Great used to spend a lot of time in his private garden, at Pasargade (near modern Shiraz), before



attending to the business of running his empire. These gardens were lush and fragrant, where one could relax and reflect on matters of State importance. The buildings around Persepolis also had gardens. The Persians called their gardens *pairi-daeza*, from which the term paradise was later coined.



Cyrus the Great.

## Law Givers:

The Persian Kings of the Achaemenid dynasty were great visionaries and pioneers. Historians refer to Kurush II, more popularly known as Cyrus the Great, as "the most outstanding person of the ancient world" and architect of the first "World Empire". His empire was so vast that it took two years to travel from one end of his kingdom to the other, on horseback. What an amazing administrative set-up it must have been, in an age without cellphones or the internet! 'Law and order' meant strict observance of the rules by the high

and low within the empire, giving rise to the phrase, "The laws of the Medes and the Persians" (Daniel VI, 8), or laws that were immutable.

## Bill Of Human Rights:

In an age seeped in cruelty and the law of 'might is right', Cyrus gave humanity the first **Charter or Bill of Human Rights**, declaring, among other rights and freedom, man's right to freedom of creed, expression and free movement.

The cuneiform inscription on the famous Cyrus cylinder is translated into all six official languages of the United Nations and its provisions parallel the first four Articles of the Universal Declaration of Human Rights i.e., Right to Equality, Freedom from Discrimination, Right to Life, Liberty, Personal Security and Freedom from Slavery.

## Governance:

The empire of Darius the Great stretched from the river Danube (Europe) in the west, right up to Sind and the present-day Frontier Province and part of the Punjab and from Central Asia right up to the north-eastern parts of Africa. For administrative purposes, the empire was divided into various *satrapies*, or a provincial government, who's *Satrap* or governors were appointed by the King himself and were directly responsible to him for civil administration, justice, finance, law and order.

## Highway And Waterway:

Darius built roads, bridges, and waterways to reach far-flung parts of his empire. The royal highway from Susa to Sardis was about 1700 miles along with 107 post-houses and fine caravansaries.

Darius is credited with pioneering the world's first postal service. It is said, the journey from Susa to Sardis would take ninety days on foot, and three more days to reach to the Mediterranean coast at Ephesus. The journey on horseback would be much faster especially using the relay system of change of horse and horsemen at various stations along the highway.

Writes Herodotus, in 'The Histories' Book 8, Chapter 98, cited in Colburn and translated by R. Waterfield: "There is nothing mortal that is faster than the system that the Persians have devised for sending messages. Apparently, they have horses and men posted at intervals along the route, the same number in total as the overall length

Cyrus Cylinder.

in days of the journey, with a fresh horse and rider for every day of travel. Whatever the conditions - it may be snowing, raining, blazing hot, or dark - they never fail to complete their assigned journey in the fastest possible time. The first man passes his instructions on to the second, the second to the third, and so on."

Darius is also credited to have built the prototype of the Suez Canal connecting the Red Sea with the Mediterranean. The famous Suez inscription written in Persian, Elamite and Babylonian reads: "King Darius says, I am a Persian; setting out from Persia I conquered Egypt. I ordered to dig this canal from the river that is called Nile and flows in Egypt, to the sea that begins in Persia. Therefore, when this canal had been dug as I had ordered, ships went from Egypt through this canal to Persia, as I had intended."

Later, Darius' son and successor, Xerxes the Great, created the longest 'pontoon bridge' across the Hellespont for his 480 BCE invasion of Greece.

## Passport:

A passport is a document, issued by a national government certifying identity and nationality of its holder for the purpose of foreign travel. This document generally includes information such as the holder's name, date of birth, gender, place of birth and photograph. One of the earliest references to passports is found in the Biblical book of Nehemiah, circa 450 BC. Nehemiah, an official serving King Artaxerxes I of Persia, asked leave to travel to Judea. The king gave a letter addressed "to the governors beyond the river", requesting a safe passage.

# XYZ Holds Two Social Service Drives



**X**YZ (Xtremely Young Zoroastrians), the community's leading non-profit organisation which aims at the all-round, social and cultural development of the community's tots and teens, held two much needed social service drives recently for underprivileged children, donating a school van for differently-abled tribal children, at Samaaveshi Paathshala, in Karjat; and providing school kits for Zilla Parishad Pathshaala - Vandavali, in Murbad district.

The NGO - Samaaveshi Paathshaala shared their need for a school van to transport students to and from villages, as the roads were in bad shape in the rains. XYZ raised adequate funds to acquire a school van which now ensures the safe passage of children from remote villages, thereby facilitating a brighter

future for these children.

XYZ's Behram's Battalion also made a memorable day for students of the Zilla Parishad Pathshalla at Vandavali in Murbad district by donating school kits comprising a school bag, raincoat, umbrella, note-books, stationery and water bottle. BB raised funds for this via a newspaper collection drive and donations from parents and well-wishers, who sponsored school kits at Rs. 500/- per child. Within just 2 weeks, the dynamic team BB had collected nearly a lakh and a half, securing kits for 220 primary and secondary kids. Kudos to XYZ for such superb initiatives, but more so, for inculcating in our children a sense of service and giving back to society.

(To contribute towards such causes online: <https://bit.ly/XYZDONATE>)



# Anainah Adajania's Arangetram Journey

**A**nainah Adajania's *Arangetram* was held on 2<sup>nd</sup> July, 2023, at the Tata Theatre, NCPA in Mumbai, under Guru K. Kalyanasundaram's excellent choreography which showcased her strengths as a solo performer. For the uninitiated, *Arangetram* is the debut on-stage performance of a former student of Indian classical dance and music that follows years of training in classical music and dancing. Anainah's *Arangetram* comprised eight dances, an amalgamation of the three elements of *Bharatha Natyam* - *Nritta* (rhythmic dance movements and complex footwork), *Nritya* (communication through hand gestures and facial expressions) and *Natya* (a perfect combination of both).

Anainah's dance teachers took their skill much further by choreographing a Parsi *Monajaat - Khudavind Khavind*, a devotional song sung by Parsi families at night, expressing their adoration of the supreme divinity with humility and thanking the almighty for all the blessings bestowed. This rendition was highly appreciated by the many Parsis present in the audience. Guru K. Kalyanasundaram is greatly acclaimed for his inclusion of other cultures in the ancient art form of *Bharatha Natyam*.

Anainah has been a disciple of Sri Rajarajeswari Bharatha Natya Kala Mandir for eleven years under the tutelage of Smt. Mythili Kalyanasundaram and Smt. Bharathi Natanakumar. The Kala mandir, established in 1945, is regarded worldwide as the most prestigious Centre for Bharatha Natyam in traditional Thanjavur style.

Anainah started learning *Bharatha Natyam* at age five as an after-school



activity at the Cathedral and John Connon school. She was inspired watching an *Arangetram* video of her mothers' friend and decided to follow suit early on. Her discipline and commitment to dance has been commendable. Anainah was in Std IX, being prepped for the *Arangetram*, when the pandemic hit. She used dance as a physical activity and a stress buster from the continuous virtual school life. These online classes greatly enhanced her skills.

With the pandemic showing no sign of backing off, as she moved to Std X, Anainah gave all her attention to academics, securing a brilliant 97% in her ICSE boards. She resumed her dance practice and worked harder to get back her form and finally, in a couple of years, her *Arangetram* was fixed. She practiced through her summer vacation to ensure the perfect rendition and succeeded. Her decade-long journey is marked with perseverance and commitment. The daughter of Dilnaz and Kaikhushroo Adajania, Anainah's maternal grandfather - Captain Hoshang F Balsara, was part of the team that flew the Holy Fire from Aden to India.



Sir Ron Kalifa OBE at Lords, enjoying the Ashes at the MCC, alongside HRH Prince William and HRH Prince George. ZTFE Life member, Sir Ron is Chairman of Network International, a leading payments firm, and a Trustee of the Royal Foundation. He is also a Non-Executive Director for the England & Wales Cricket Board and sits on the Council of Imperial College, London. He will deliver his keynote address to the youth today (22nd July, 2023) at the 8th World Zoroastrian Youth Congress, at the Radisson Blu Edwardian, London, Heathrow.

# Ahmedabad Parsi Panchayat Holds AGM

The Ahmedabad Parsi Panchayat (APP) held its Annual General Meeting on 2<sup>nd</sup> July, 2023, at the Parsi Sanatorium premises, to pass and adopt the Annual Accounts for FY 2022-2023. The meeting began with an auspicious evening Jashan ceremony, performed by Er. Dr. Khushroo H. Ghadiali and Er. Berjis F. Shroff, attended by nearly 70 A'bad Zoroastrian residents.



Firdose A. Kapadia, Jt. Secretary, APP, gave the welcome note and read out the minutes of the last AGM, following which the annual accounts were put to vote. The same was passed and adopted by a show of hands. President Brigadier Jahangir P. Anklesaria, VSM, addressed the audience and encouraged humdins to pursue higher studies like Civil Services etc. where APP would try and provide maimum assistance. He also requested the community members to attend community events like Jashans, in large numbers, before concluding the meeting with a vote of thanks.



## Dr. Purvez Grant Appointed Advisor To NCM

Pune-based Dr. Purvez K. Grant, Managing Trustee of Ruby Hall Clinic, has been appointed as Advisor to the National Commission for Minorities (NCM), Govt. of India. Known for his outstanding medical expertise, philanthropic endeavours and dedication to community service, Dr. Grant was considered the apt choice for this prestigious position. He was felicitated on this appointment at the Ruby Hall Clinic by Ali Daruwala - Advisor for National Commission for Minorities and Spokesperson, BJP.

dynamic potential, Dr. Grant emphasised his plans to leverage its strengths for the benefit of both - minority communities and the city itself. "Pune is a vibrant city with a rich cultural heritage and immense talent pool. By harnessing this potential, we can create opportunities for economic growth and foster an environment that attracts investments. My aim is to ensure beautification of the city, make it a hawker-free zone, remove potholes and illegal hoardings while positioning Pune as a global destination for medical tourism. We can utilise the world-class healthcare infrastructure Ruby Hall Clinic offers such as the inclusion of the Cyberknife for cancer patients and leverage partnerships to provide quality healthcare services to both domestic and international patients."

As National Advisor, Dr. Purvez Grant aims to empower and uplift minority communities by focusing on three key areas - Community Development, Healthcare Advancements and Promoting Pune as a thriving hub for medical tourism. Driven by a deep commitment to inclusivity and equal opportunities, Dr. Grant's appointment aligns perfectly with the hospital's mission of creating a prosperous, healthy and harmonious society.

Dr. Grant also praised the PM Modi for his efforts in advancing the welfare of minority communities and his initiatives to promote inclusive growth, sharing how Ruby Hall Clinic has extended itself greatly in their outreach programme - be it undertaking surgeries for paediatric cardiac patients free of cost or annually spending over 20 crores on charity for patients from the lower economic strata. "I am confident that, with the government's support, we can bring about transformative change and create a society that embraces diversity and empowers all its citizens," he concluded.

Dr. Grant's appointment as Advisor to NCM marks an important milestone in the nation's pursuit of inclusivity and equality. With his leadership, expertise, and dedication to community welfare, we look forward to a brighter future for minority communities and a prosperous nation.

"I'm deeply honoured to have been entrusted with the responsibility of serving as the National Advisor for the Minority Commission of India. I firmly believe that every individual, regardless of their background, deserves equal opportunities to succeed and thrive. My primary focus will be on addressing the unique challenges faced by minority communities (Jains, Sikhs, Parsis and Muslims) and ensuring their holistic development... I am committed to promoting educational opportunities, skill development programs, and entrepreneurship initiatives that will empower individuals from minority backgrounds," said Dr. Purvez Grant, on the occasion.

Looking to realise Pune city's

## Godrej Annual Blood Donation Drive 2023

In fond memory of their beloved Founders - Late Naval P Godrej and Dr. Burjor P Godrej and having a strong belief in helping the needy, Godrej & Boyce Mfg. Co. Ltd., will be organising its Annual Blood Donation Drive 2023 on 8th and 9th August, at Godrej Memorial Hospital, Godrej Pragati Kendra (Welfare Centre), Godrej Community Hall & Godrej Hillside Club, located at Pirojshanagar, Vikhroli, from 10:00 am to 6:00 pm, in association with reputed government and private hospitals of Mumbai.

The drive will be OPEN FOR ALL. Please do take part in this humanitarian cause



and create awareness in your contacts. For more details, contact Godrej Pragati Kendra (Welfare Centre): (022) 6796 4115 or Nariman Bacha: 9820812244.

## Activity School Students Shine Bright At 'Melange 2023'



Activity High School seems to be on a role of winning inter-school fests! Having recently being declared winners at 'Turbulence', the inter-school fest hosted by J B Vachha High School, last month, Activity High School's talented students recently bagged the 'Miss Melange' title alongside trophies in various events, at the 'Melange 2023' Inter-school Fest, held by G D Somani Memorial School, earlier this month.

Emerging as second runners-up, their outstanding performance of the timeless classic, 'Macbeth' secured the top spot for 'The Bard of Avon Returns' Category, with student Katrina Besania winning the sought after 'Miss Melange' title, alongside fellow student Pratham Shah bagging 'Mr Talent'! Other titles where the students notched the leading positions



included 'Start-Up Ka Safar' - with their innovative ideas and entrepreneurial spirit; 'The Ultimate XI Championship'; 'Comic Con' and the thrilling Kabaddi event - 'Le Panga'. Kudos to the school and all the participants and teachers!



## SII Becomes India's Most Valuable Unlisted Company, Overtaking NSE, As Per Burgundy Private Hurun

Headed by Adar Poonawalla, Serum Institute of India (SII), one of the first companies worldwide to launch COVID-19 vaccines, has become India's most valuable unlisted company, overtaking the National Stock Exchange (NSE) of India, alongside companies like Swiggy, BYJU'S, Razorpay and Dream11, as per the Burgundy Private Hurun India 500 list. Headquartered in Pune and valued at Rs 1.92 lakh crore, SII is also one of the biggest companies in the healthcare industry.

Burgundy Private, Axis Bank's Private Banking Business and Hurun India's 'Burgundy Private Hurun India 500-Special Report' is a list of the 500 most valuable non-state-owned companies in India. The list also stated that Mukesh Ambani-led Reliance Industries Limited is the most valuable private sector company among the top 500 companies in India, with a value of Rs 16.3 lakh crore, followed by Tata Consultancy Services (TCS) with Rs 11.8 lakh crore and HDFC Bank with Rs 9.4 lakh crore.

## 8<sup>th</sup> World Zoroastrian Youth Congress Opens In London

21<sup>st</sup> July, 2023 marked the commencement of the eighth chapter of the week-long, World Zoroastrian Youth Congress, which is being held at the Radisson Blu Edwardian Heathrow, United Kingdom. Hosted by the Zoroastrian Trust Funds of Europe (ZTFE), under the leadership of President, Malcolm Deboo, along with ZTFE's dynamic youth committee - 'Young Zoroastrians', the 8WZYC brings together over 500 Zoroastrian youth, between 18 and 37 year of age, from across 15 countries for this exciting 5-day Congress. The Congress, supported by title Sponsor - Dr. Cyrus Poonawalla and the Serum Institute of India, returns to London after 26 years, when ZTFE hosted the 2nd World Zoroastrian Youth Congress in 1997.

From 21st - 26th July, 2023, over fifty eminent speakers and panellists will present and discuss a variety of relevant topics. Delegates will also explore a range of themes which are linked to



the values of diversity, inclusivity, accessibility and sustainability. These will reflect both - the pressing challenges impacting our world today and the ethos of the organizers of the 8WZYC, which kicks off a once in a generation convergence of Zoroastrian events in London.

Youth were encouraged to participate in this Congress by regional associations like FEZANA and New Zealand, which also offered financial incentives, while their enterprising counterparts from To-

the world, to voice their views as well as engage with each other and unite to put forth a strong future for our community. The 8WZYC Co-Chairs - Sheherazad F. Kapadia, Sanaya Khambatta-Heerjee, alongside the team, including Zamyad Meherji, have worked diligently and with great commitment to ensure that 8WZYC is yet another runaway success.

In addition to the formal events, there's ample entertainment and social events planned at the Congress, including a fancy Gala at the Guildhall, that facilitates non-Congress attendees to meet up with the youth attending the Congress. The 8WZYC will be followed by the WZCC Global Conclave - making it a weeklong extravaganza of the vibrant Zoroastrian spirit!

While the previous 7th World Zoroastrian Congress was held in Los Angeles in 2019, the next 9th World Zoroastrian Youth Congress will be held in Mumbai, in 2027.



toronto and Auckland organised fundraising drives to help with costs to attend the Congress.

The 8WZYC will provide a platform for young dynamic Zoroastrians from across



## WORD SEARCH

Search out 16 Best Comedians hidden in the word-jumble box below, in bi-directional, horizontal, vertical and diagonal forms:

B H F X C T L S P T R U S S E L L P E T E R S B J  
 L A V I V K M J Y O W R X C J S Y C Z H A O U R R  
 O D N W O S M O M D V W Y H W X H J X S C P T W P  
 J R I M U T W C Y X O I N R S O F N X O H E N I J  
 X R L S V R Y H P G Q K W I B T O N G D C G V H C  
 X E R B L A L T C U A L B S Z L E D L R Q M P K Z  
 Y M A B X H B I L L U H D R U D S V Y Z B H N S M  
 G U C G B N E J L V U T T O U L O D E A W P D C V  
 H H E P P I D E N E L I L C R E M R T M L C T G P  
 H C G N U V H L Z G W D R K D F U A R A A L H N U  
 R S R T G E N W E F K E K Z S N S Z E X U R E V Z  
 J Y O P X K L G O Q T Z N J S I V Z V D L E T N T  
 T M E S I B O B N E W H A R T E Q I O Z J I V I I  
 E A G W Y H P R U M E I D D E S Q E R X P I M I N  
 W L A B N S R R C U G C S M W Y L I N I W E R J I  
 Z E L L E P P A H C E V A D U R N D O Y B A D H K  
 N J T W Z S R E V I R N A O J R S D A U S W U Y Q  
 C D D O A M T U H D W S Y X P E M E H N D L A J A  
 I D C W U A W M M N U U P X O J X F A X Q X S Y D  
 R U T N E N C F N P Q L D X N S A Z L N A N J C O  
 B F H Y M S Y A H H I Q I M V F I T B Y R A O R S  
 J J Y F M O G Y H G A O G H L Z T O B I S Y L U V  
 S M A I L L I W N I B O R M A H B S T X C H G X U  
 I Z I X D K X B M N Q X T G T V Q F O M L L A B L  
 Q B G V M R D G J V O N E V L N O X X L E A U H M

- |                |                |                |                |
|----------------|----------------|----------------|----------------|
| George Carlin  | Chris Rock     | Jerry Seinfeld | Dave Chappelle |
| Trevor Noah    | Eddie Murphy   | Aziz Ansari    | Steve Martin   |
| Robin Williams | Kevin Hart     | Bob Newhart    | Eddie Izzard   |
| Woody Allen    | Russell Peters | Joan Rivers    | Amy Schumer    |



## TechKnow With Tantra

### Splitting Payments on Google Pay

You can now split bills on GPay or Google Pay - the popular online payment App. The easiest way to split bills is to make the payment first and on payment confirmation page, you can click on the Split With Friends option, where it calculates equal amounts to be shared by all or you could change individual shares and arrive at the total. You can also defer split payments by going to transaction history and selecting the payment you wish to split. If you share often with the same group, you can create a GPay Group via your Pay Contacts, where you can create a New Group and name it, for future use too.

## SUDOKU

					9	6		
	4				5	9		
9	2							3
1				5	7			6
		3				5		
	6		8	4				1
	3							4 6
		9	1					8
8		4	7					

Solution see below

## WINNING CAPTION!!!



Shahrukh & Ajay: Vimal Pan Masala humko laga gaya chuna!  
 Akshay: Hum sub ko bola secretly, "Tujhko pay karengey dugna!"

By Natasha Shroff

## CAPTION THIS!



Calling all our readers to caption this picture!

Send in your captions at editor@parsi-times.com by 26<sup>th</sup> July, 2023.

Winning Caption and Winner's Name Will Be Published Next Week.

We invite our readers to contribute funny / interesting pics that we could use for the 'CAPTION THIS' Contest.

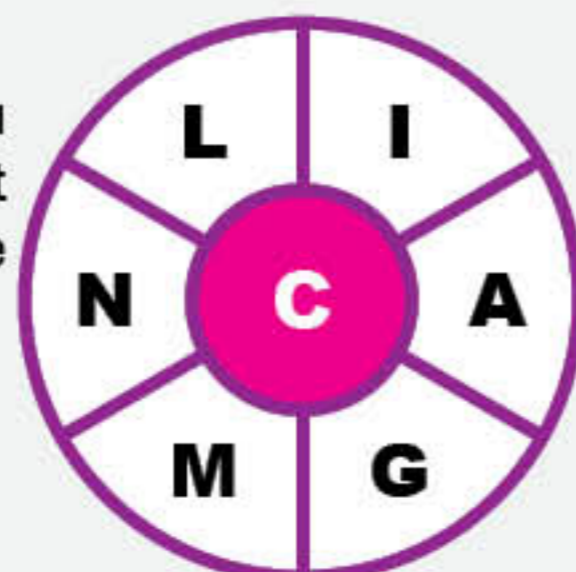
Disclaimer: Some of our 'Caption This' Contest photos are taken from freely available, public online resources and are published in a light and humorous vein, which is the mainstay of the Parsi spirit! No offence is intended to anyone or any situation.

## HOW MANY WORDS?

How many words of four or more letters can you make from the letters below? Every word must contain the letter in the center. You should make at least one word using all 7 letters.

### RESULTS:

- Average: 6 or more words
- Good: 8 or more words
- Outstanding: 9 or more words



### SUDOKU SOLUTION

6	9	3	2	6	7	4	1	8
7	8	2	4	3	1	6	5	9
9	1	4	8	6	5	7	3	2
1	6	7	3	4	8	2	9	5
8	2	5	9	1	6	3	7	4
3	9	4	7	5	2	8	1	6
4	3	8	1	6	7	9	5	2
1	2	5	9	8	3	6	4	7
5	6	7	9	4	2	1	8	3

### Thought of the Week

"We are not our best intentions. We are what we do."

- By Amy Dickinson

# પારસી ટાઈમ્સ

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THE TRUTH. DELIVERED WEEKLY.

## આઈએએસએપી એ મુખ્ય અતિથિ યાસ્મીન મિસ્ત્રી સાથે મહિલા સશક્તિકરણની ઉજવણી કરી



મહિલાઓ માટે શિક્ષણની અનિવાર્યતા પર ભાર મૂક્યો કારણ કે સશક્ત મહિલાઓ સમગ્ર પેઢીને સશક્ત બનાવી શકે છે. તેમણે તેમની તેજસ્વી સફળતાનો શ્રેય તેમના અદ્ભુત પરિવારને આપ્યો - તેમના સ્વર્ગસ્થ પિતા - જાલ મિસ્ત્રી, તેમની માતા - અરનવાઝ



મિસ્ત્રી અને તેમની નાની બહેન - મેહરૂ, તેમની માતા અરનવાઝ મિસ્ત્રી પ્રત્યે કૃતજ્ઞતા વ્યક્ત કરી કે તેઓ તેને વધુ સારી વસ્તુઓ કરવા માટે પ્રોત્સાહિત કરે છે.

જો કે તેમણે ૧૬ વર્ષની ઉંમરે પ્રભાવશાળી મોડેલ તરીકે શરૂઆત કરી હતી, યાસ્મીનના પિતાના અકાળે અવસાનને કારણે ટ્રાન્સપોર્ટ વ્યવસાયનું શાસન સંભાળ્યું હતું. સખત મહેનત, ધૈર્ય અને નિશ્ચય દ્વારા આ પુરૂષ-પ્રભુત્વ ધરાવતા વિશ્વમાં માત્ર સાત વર્ષમાં વ્યવસાયને લોજિસ્ટિક્સ જાન્ટ બનાવ્યો. તે ઝોરાસ્ટ્રિયન ટ્રસ્ટ ઇન્ડસ ઓફ ઈન્ડિયા (ઝેડટીએફઆઈ) ના વડા પણ છે - જે સમુદાયના વંચિતોના ઉત્થાન અને સમર્થન માટે સમર્પિત અગ્રણી એનજીઓ છે.

ઈન્ડિયન એસોસિએશન ઓફ સેક્ટરીઝ એન્ડ એડમિનિસ્ટ્રેટિવ પ્રોફેશનલ્સ (આઈએએસએપી) એ મહિલા સશક્તિકરણની ઉજવણી કરવા માટે ટમી જુલાઈ, ૨૦૨૩ના રોજ મુંબઈમાં એક ખાસ બેઠક યોજી હતી. આઈએએસએપીના પ્રમુખ કાશ્મીરા ગામડિયાએ સ્વાગત નોંધ આપી સભ્યોને સંબોધન કર્યું હતું. ભવ્ય અને ગતિશીલ ઉદ્યોગપતિ, પરોપકારી, સૌંદર્ય રાણી અને સમુદાય સેવાના દિગ્ગજ - યાસ્મીન જાલ મિસ્ત્રી, જેમને મિસિસ વર્લ્ડ ઈન્ટરનેશનલ ૨૦૨૨નો તાજ પહેરાવવામાં આવ્યો હતો તે મુખ્ય અતિથિ તરીકે હાજર હતા. તેમના પ્રભાવશાળી ભાષણમાં, યાસ્મીને

તેમણે ટોપ ૧૦ ઈમર્જિંગ લીડર્સ ઓફ ૨૦૨૨ એવોર્ડ સહિત ઘણા પુરસ્કારો જીત્યા છે; અટલ એચિવમેન્ટ એવોર્ડ ૨૦૨૨માં ડાયનેમિક વુમન આંતરપ્રિન્યોર એવોર્ડ; મિસિસ વર્લ્ડ ઈન્ટરનેશનલ વગેરે મિથુ વાડિયાએ યાસ્મીન મિસ્ત્રીને પ્રશંસાના પ્રતીક સાથે રજૂ કર્યા હતા. ગવર્નિંગ કાઉન્સિલના સભ્ય, હનીશા વર્ઝીરાનીએ આભાર માનીને કાર્યક્રમનું સમાપન કર્યું હતું.

## ચોમાસા દરમિયાન સમુદાયના પ્રાણીઓ માટે રતન ટાટાની અપીલ



લેતા રખડતા પ્રાણીઓને ઈજાઓ ન થાય તે માટે આપણે કાર ચાલુ કરતા પહેલા કારની નીચે તપાસ કરવી મહત્વપૂર્ણ છે. જો આપણે આપણા વાલનોની નીચે તેમની હાજરી વિશે અજાણ હોઈએ તો તેઓ ગંભીર રીતે ઘાયલ થઈ શકે છે, અપંગ થઈ શકે છે અને માર્યા પણ જઈ શકે છે. આ સિઝનમાં જ્યારે આપણે બધા તેમને

આપણા સમુદાય (શેરી) પ્રાણીઓ માટે તેમની દયા અને સક્રિય કલ્યાણના પ્રયાસો માટે જાણીતા, બિઝનેસ મેનેટ, રતન ટાટા - ચેરમેન



કામચલાઉ આશ્રય આપી શકીએ તો તે હૃદયસ્પર્શી હશે.

જ્યારે આપણે આ સિઝનમાં આપણા ઘરના પાળતુ પ્રાણીઓને કૃમિનાશક

દવા આપીએ છીએ કારણ તેમના માટે આ સિઝનમાં જરૂરી હોય છે. પરંતુ શેરીમાં ફરતા પાળતું પ્રાણીઓ છોડી દેવામાં આવે છે. જરૂરી સહાય પૂરી પાડવા માટે વ્યક્તિઓ અને મંડળીઓ સ્થાનિક પશુ કલ્યાણ સંસ્થાઓ સુધી પહોંચી શકે છે. કૃમિનાશક પ્રયાસો સાથે કામચલાઉ આશ્રય અને ખોરાક પૂરો પાડવાથી તેમના જીવન અને સુખાકારી પર સકારાત્મક અસર થશે.

એક સરળ માનવીય કૃત્ય આ પ્રાણીઓ માટે ઘણો ફરક લાવી શકે છે જેમની પાસે કોઈ નિશ્ચિત અથવા સુરક્ષિત આશ્રય અથવા ખોરાકનો સ્રોત નથી, અને જેમનું જીવન એક પ્રશ્ન બને છે, ખાસ કરીને ચોમાસા દરમિયાન, જ્યારે તેઓ ગંભીર રીતે જીવાતોના સંપર્કમાં આવે છે અને ચેપ માટે સંવેદનશીલ હોય છે જે ગંભીર હોઈ શકે છે અને જેના પરીણામો ઘાતક બની શકે છે.

આ કારણને સમર્પિત, આપણા સમુદાય-ના-કોલિનૂર રતન ટાટાએ તેમના સોશિયલ મીડિયા પ્લેટફોર્મ પર નીચેનો સંદેશ શેર કર્યો: હવે ચોમાસું આવી ગયું છે, ઘણી રખડતી બિલાડીઓ અને કૂતરા આપણી કારની નીચે આશ્રય લે છે. આશ્રય

અહેવાલો મુજબ, ભારતમાં રખડતા કૂતરાઓની વસ્તી આશરે ૩૫ મિલિયન છે, અને તે પ્રાણી કલ્યાણ જૂથોની પર્યાપ્ત જરૂરિયાતથી અપ્રમાણસર છે. આથી, એક સમાજ અને કૂતરા-પ્રેમી સમુદાય તરીકે, આપણે આપણા સમુદાયના પ્રાણીઓની મૂળભૂત સુખાકારીની ખાતરી કરવા માટે, પોતાની રીતે મદદ કરી શકીએ છીએ.

## માતા પૃથ્વીની ભાવના સાથે સુમેળ!



પારસી શહેનશાહી કેલેન્ડર મુજબ, હવે આપણે વર્ષનો બારમો અને છેલ્લો મહિનો એટલે કે અરફદાર્મદનું અવલોકન કરીએ છીએ. આ પવિત્ર મહિનો સ્પેન્ટા આરમઈતીને સમર્પિત છે - દેવત્વ જે માતા પૃથ્વીની અધ્યક્ષતા કરે છે. સ્પેન્ટા શબ્દનો અર્થ થાય છે વધતી જતી, સારી, પવિત્ર અને પરોપકારી, જ્યારે આરમઈતી શબ્દનો અર્થ થાય છે ભક્તિ, ધર્મનિષ્ઠા અને શાંતિ. બીજા શબ્દોમાં કહીએ તો, સ્પેન્ટા આરમઈતીએ અમેશા સ્પેન્ટા છે જે આ

વિશ્વમાં શાંતિ અને ધર્મનિષ્ઠાને આગળ ધપાવે છે. અજાયબીની વાત એ છે કે ગાથામાં તેણીનો સતત ઉલ્લેખ કરવામાં આવ્યો છે. ગાથાના શ્લોકો સૂચવે છે કે પૃથ્વીના રક્ષણ માટે નેતૃત્વની જરૂર છે, ખાસ કરીને જેઓ ન્યાયી, દયાળુ છે અને કોઈપણ પ્રકારના નુકસાનને સમર્થન આપતા નથી. એવું કહેવાય છે કે, આપણે જેનો આદર કરીએ છીએ.



વધુ માટે જુઓ પાનુ ૧૩



કર્મના નિયમો

અહેસાસ તો કરાવતા  
રહેજો કે અમે ખરેખર  
જીવીએ છીએ!

ખેદ સાથે જણાવવાનું કે શ્રી રમણીકલાલ શાંતિલાલ ભટ્ટ આજરોજ અવસાન પામ્યા છે. સદ્ગતની સ્મશાનયાત્રા નો સમય હજી નક્કી થયો નથી, પણ શક્ય હોય તો સાંજે ૭:૩૦ વાગ્યે એમના ઘરે આવવું. તેમની પત્નીને હૃદય રોગની બીમારી હોવાથી હજી તેમને જાણ કરી નથી એટલે એમને કોઈએ ફોન ન કરવો અથવા સાંજે આપેલા ટાઈમ પહેલાં પહોંચવું નહીં.

નોંધ : રમણીકલાલના સૌ શુભચિંતકો, સગા-વહાલાં ઉપરોક્ત સૂચના પર ધ્યાન આપે.

લગભગ બપોરે ૩ વાગ્યે આવેલો આ વોટ્સએપ મેસેજ કંઈક અજીબ હતો. કેટલાકને મેસેજ જોયા પછી સંતાન વગર એકલાં રહેતાં આ ઘરડાં કપલ માટે ખૂબ દયા આવી. બે-ચાર લોકોએ તો ન જવાનું ક્યું બહાનું બતાવીશું એ નક્કી

કરી લીધું પછી થયું કે બહાનું બતાવીશું કોને?

રમણીકલાલ તો રહ્યા નથી તો હવે જઈને કામ પણ છું? કેટલાક ચિંતા કરી કે આ ઉંમરે રમણીકલાલ વગર સવિતાબહેન કેમ કરીને જીવન જીવશે! થોડી વારમાં તો સોસાયટીના વોટ્સએપ ગ્રુપમાં પણ એ જ મેસેજ પડ્યો. બે-ચાર પડોશીઓએ તો ઘરની બાલ્કનીમાંથી જોયું પણ કશું લાગ્યું નહીં. અને એક-બે જણ તો રમણીકલાલના ઘરની બહાર કારણ વગરનો આંટો પણ મારી આવ્યા પણ ત્યાં કાંઈ લિલચાલ નહોતી. બે-ત્રણ ઉત્સાહીઓએ ના કહી હતી છતાં ખાલી ખાલી ખબર પુછવાના બહાને સવિતાબહેનને ફોન તો કર્યો જ.



સાંજે લગભગ ૭:૩૦ વાગ્યે તો એક પછી એક લોકો રમણીકલાલના ઘરે ભેગા થવા માંડ્યા. ઘરની બહાર થોડી ખુરશીઓ ગોઠવેલી હતી. સવિતાબહેન ગુમસૂમ ખેઠાં હતાં. બહારગામથી આવેલાં અંગત સગાંઓ સવિતાબહેનને ભેટીને રડ્યા, ત્યારે સવિતાબહેને પૂછ્યું કે થયું છે શું?

ધીમે રહીને આઘાત ન લાગે એમ જ્યાં એ લોકોએ રમણીકલાલના સમાચાર આપ્યા અને જવાબમાં સવિતાબહેન ખડખડાટ હસી પડ્યાં.

લોકોને લાગ્યું કે આઘાત લાગ્યો છે, પણ ઉલટાનું આઘાત તો ત્યાં રહેલા દરેક જણને લાગ્યો ત્યારે રમણીકલાલ પોતે અંદરના ઝમમાંથી નીકળ્યા .

સૌને બહાર રાખેલી ખુરશીઓ પર બેસાડતા રમણીકલાલે કહ્યું : થોડું ઓડ હતું પણ જરૂરી પણ હતું, એ જાણવું કે આપણા સંબંધો કેટલા જીવંત છે? આડા દિવસે મને કેમ છો ન પૂછનારા પણ અહીં દેખાય છે? તે અલ્યા, હું મરી જઈશ પછી આવશો તો શું કામનું? છેલ્લા બે મહિનામાં અમારા મોબાઈલ

પર ગણીને ૩ ફોન આવ્યા અને આજે ના પાડી હતી તો પણ ખાલી ખાલી ખબર પુછવાના ૧૮ ફોન આવ્યા. બધાએ ખાલી ખબર પૂછીને ફોન મૂકી દીધો. તે અમથું અમથું એક દિવસ આમ ફોન કરી લેતા હો તો? વાત તમને હેરાન કરવાની નહોતી. તમે આવ્યા તમારો હૃદયથી આભાર, હવે ખરેખર જાઉં ત્યારે નહીં

આવો તો ચાલશે. એમ્બ્યુલન્સવાળા લઈ જશે, પણ જીવીએ છીએ ત્યાં સુધી કોઈકવાર આવીને કે કોલ કરીને અહેસાસ તો કરાવતા રહેજો કે અમે ખરેખર જીવીએ છીએ. દરેક માટે મંગાવી રાખેલી પાવભાજી અને આઈસક્રીમ બધાએ મળીને ખાધી.

## ફરિયાદ

રોજ રોજ પાચનાઓ કરું તુજ કન, એક નહી, પણ હઝાર સાચેજ મારી પાટીઓની, ફરિયાદોની, લાંબી લચક છે વણઝાર; તું પણ એ બધી સાંભળી સાંભળી ને, થઈ જતો હશે ખરેખર બેઝાર; અને દયા પણ આવતી હશે તને; મને રડતાં જોઈ આમ ઝાર ઝાર વિચારું છું અનેક વાર, તારી પાસે માંગવું નથી, તું આપે તે જ, હોવું જોઈએ મને સ્વીકાર; પણ મન એવું છે ચંચલ, વિચારવા પહેલાં જ, માંગી બેસે છે; માનું છું, છે એ, મારી મોટી હાર કટીક ફુરસત હોય ત્યારે આપજે જવાબ; શાં માટે આં બધી ઝંઝટ, શાં કાજ બનાવ્યો છે તે, આં સંસાર? કદાચ એમને એમ, આં બધી વાતો વાતોમાં જ, પહોંચી જાય આં ડૂબતી નાવ, પેલે પાર !

- આરમીન દુતીયા મોટાશા

## હસો મારી સાથે



કેલ્ચિયમની ગોળી ગળવા જતા નીચે પડી ગઈ, એના બે ટુકડા-૧ થઈ ગયા, માયજ બોલ્યાં, લો પોતેજ તૂટી ગઈ, આ શું તંબૂરો મારા હાડકાં મજબૂત કરશે..

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ડોક્ટર: તમને કોઈ બિમારી નથી, બસ આરામની જરૂર છે.  
મહિલા: પરંતુ તમે મારી જીભ તો જોઈ જ નહીં?

ડોક્ટર: તેને પણ આરામની જરૂર છે!

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દર્દી: હું રોજ ૫૦ રૂપિયાની દવા લઈ રહ્યો છું, પણ કંઈ ફાયદો નથી થતો. ડોક્ટર: હવેથી તું ૪૦ રૂપિયાવાળી દવા લઈ જા, જેનાથી તને ૧૦ રૂપિયાનો ફાયદો થશે.

80 વર્ષના એક કપલનું સ્વાસ્થ્ય ખુબ સરસ હતું એટલે કોઈએ પૂછ્યું કે, કાકા આનું રહસ્ય શું? કાકા: અમે લગ્ન પછી નક્કી કર્યું કે ઝગડો થાય તો જેનો વાંક હોય તે 5 કિલોમીટર ચાલે અને તારી કાકીનો તો વાંક હોય જ નહીં એટલે મારે રોજ સરસ કસરત થાય.

તો પછી કાકીની તબિયતનું રહસ્ય? કાકા: એ પાછળ પાછળ જોવા આવે કે હું 5 કિલોમીટર ચાલુ છું કે નહીં!



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# YOUR MOONSIGNS JANAM RASHI THIS WEEK

લખનાર: મરહુમ મહારાજ શ્રી સ્વયંજ્યોતિના સહકાર્યકર્તા જયેશ એમ. ગોસ્વામી

અઠવાડિક રાશિક્ષણ: તા. ૨૨.૦૭.૨૦૨૩ થી તા. ૨૮.૦૭.૨૦૨૩



## Aries - મેષ - અ.લ.ઈ.

આજ અને કાલનો દિવસ ખુબ શાંતિ રાખીને પસાર કરી લેજો. તમારા ગુસ્સા પર કાબુ રાખશો તો ૨૪મીથી ઘણા ચેન્જસ થશે. બુધની કૃપાથી ૨૦મી સપ્ટેમ્બર સુધી તમારા અટકેલા કામો પુરા કરવામાં સફળતા મળશે. નાણાકીય બાબતમાં સારા સારી થતી જશે. બુધ બચત કરવાનું ફરી શીખવાડી દેશે. 'તીર યજ્ઞ' સાથે 'મહેર નીઆએશ' ભણવાનું શરૂ કરજો.

શુકનવંતી તા. ૨૨, ૨૪, ૨૭, ૨૮ છે.

**Lucky Dates: 22, 24, 27, 28**

You are advised to try and remain peaceful, today and tomorrow. Keeping your anger in control will bring you good changes, post the 24th of July. With the onset of Mercury's rule, up to 20th September, you will be able to finish all your incomplete tasks. Financial prosperity is indicated. Mercury will teach you how to save money again. Pray the Meher Nyaisht along with the Tir Yasht daily.



## Cancer - કર્ક - ડ.હ.

દઢી ઓગસ્ટ સુધી સુર્ય જેવા ગરમ ગ્રહની દિનદશા ચાલશે. સરકારી કામ કરવામાં ધ્યાન આપજો. વડીલવર્ગની તબિયત અચાનક બગડી જશે. નાની બાબતમાં મિત્રો સાથે મતભેદ પડી જશે. સુર્યને કારણે તમે પણ માથાનો દુખાવો, એસીડીટી, કોન્સ્ટીપેશન જેવી માંદગીથી પરેશાન થશો. દરરોજ ૯૬મુ નામ 'યા રયોમંદ' ૧૦૧વાર ભણજો.

શુકનવંતી તા. ૨૩, ૨૪, ૨૬, ૨૮ છે.

**Lucky Dates: 23, 24, 26, 28**

The Sun's rule till 6th August suggests that you pay attention in all government work related tasks. The health of the elderly could suddenly go down. Fights with friends over petty matters could take place. The Sun could cause you to suffer headaches, constipation and acidity. Pray the 96th Name, 'Ya Rayomand', 101 times, daily.



## Libra - તુલા - ર.ત.

રાહુની દિનદશા ચાલુ હોવાથી સામે પહેલી વસ્તુ તમે નહીં જોઈ શકો. ખોટા વિચારોથી પરેશાન થશો. રાહુ તમારી રાતની ઉંઘ ઉડાવી દેશે. જે પણ કામ કરશો તેમાં શરૂઆતથી મુશ્કેલી દેખાશે. નાણાકીય મુશ્કેલી વધશે. શેર સહાના કામથી દૂર રહેજો. પૈસા ફસાઈ જાય નહીં તેનું ધ્યાન આપજો. દરરોજ 'મહાબોખ્તાર નીઆએશ' ભણજો.

શુકનવંતી તા. ૨૨, ૨૫, ૨૬, ૨૭ છે.

**Lucky Dates: 22, 25, 26, 27**

Rahu's ongoing rule will make you blind to what lies right in front of your eyes! You will feel mentally disturbed with negative thoughts. Rahu will steal your sleep. Any work you take on will pose challenges from the very start. Financial problems could increase. Avoid dabbling in the share market. Ensure you don't end up getting your money stuck in the wrong places. Pray the Mah Bokhtar Nyaisht daily.



## Capricorn - મકર - ખ.જ.

શનિ તમને નાની બાબતમાં બેચેન બનાવી દેશે. તમારા રોજના કામો કરવામાં ખુબ કંટાળો આવશે. તમે આળસુ બની જશો. ખાવા પીવા પર ધ્યાન નહીં આપો તો તબિયત ખરાબ થવાના ચાન્સ છે. ૨૬મીથી શરૂ થતી ગુરૂની દિનદશા તમારા વિચારોને પોઝીટીવ બનાવી દેશે. દરરોજ મોટી 'હમન યજ્ઞ' સાથે 'સરોશ યજ્ઞ' ભણજો.

શુકનવંતી તા. ૨૩, ૨૬, ૨૭, ૨૮ છે.

**Lucky Dates: 23, 26, 27, 28**

Saturn's rule makes you restless over the smallest matters. You will feel lethargic doing your daily chores. You will become lazy. If you do not pay attention to your diet, your health could go bad. Jupiter's rule, starting from 26th July, will make your thoughts positive. Pray the Sarosh Yasht along with the Moti Haptan Yasht, daily.



## Taurus - વૃષભ - બ.વ.ઉ.

હાલમાં મંગળની દિનદશા ૨૫મી ઓગસ્ટ સુધી ચાલશે. તમે નાની બાબતમાં ગરમ થઈ જશો. કારણ વગર કોઈ સાથે વાતચીત કરતા નહીં. ભાઈ બહેન સાથે મતભેદ પડતા વાર નહીં લાગે. વાહન ચલાવતા હો તો વાહન સંભાળીને ચલાવજો એકસીડન્ટ થવાના ચાન્સ છે. હાલમાં 'તીર યજ્ઞ' ભણવાથી મનને શાંતિ મળશે. શુકનવંતી તા. ૨૩, ૨૪, ૨૫, ૨૬ છે.

**Lucky Dates: 23, 24, 25, 26**

Mars' rule till 25th August will have you getting hot headed over small issues. Try to avoid speaking with people, unless necessary. Squabbles with siblings could take place at the drop of a hat. Drive or ride your vehicles with great caution as you could get into an accident. For mental peace, pray the Tir Yasht daily.



## Leo - સિંહ - મ.ટ.

શુકની દિનદશા ચાલુ હોવાથી મોજશોખ પાછળ વધુ ખર્ચ કરશો. ગામ પરગામ જવાના પ્લાન બનાવશો. અપોઝીટ સેક્સ સાથે રીલેશન ખુબ સારા થઈ જશે. ઘણી ઘણીયાણીમાં પ્રેમ વધશે. ફેમીલી મેમ્બરની રિમાન્ડ પુરી કરવામાં શુક મદદ કરશે. દરરોજ 'બહેરામ યજ્ઞ' ભણવાનું ચાલુ રાખજો.

શુકનવંતી તા. ૨૨, ૨૩, ૨૪, ૨૫ છે.

**Lucky Dates: 22, 23, 24, 25**

Venus' ongoing rule has you spending a lot of money in fun and entertainment. You could make plans to travel abroad. Your relations with members of the opposite gender will greatly improve. Affection between couples will bloom. Venus will help you cater to the wants of your family members. Pray to Behram Yazad daily.



## Scorpio - વૃશ્ચિક - ન.ય.

આજનો દિવસ ગુરૂની દિનદશામાં પસાર કરવાનો બાકી છે. આજે ઘરવાળાની જે પણ રિમાન્ડ હોય તે પુરી કરી લેજો. નહીં તો કાલથી આવતા ૪૨ દિવસ ઘરવાળા તમારાથી નાની બાબતમાં નારાજ થશે. રાહુને કારણે તમને સાચો રસ્તો નહીં મળે. નાણાકીય મુશ્કેલી વધતી જશે. આજથી 'મહાબોખ્તાર નીઆએશ' ભણવાનું શરૂ કરી દેજો.

શુકનવંતી તા. ૨૩, ૨૪, ૨૫, ૨૬ છે.

**Lucky Dates: 23, 24, 25, 28**

This is your last day under Jupiter's rule. Ensure to cater to the wants of your family members. Rahu's rule, starting tomorrow, for the next 42 days, your family could end up getting upset with you over petty matters. You will not be able to find the right path. Financial difficulties could increase. Starting today, pray the Mah Bokhtar Nyaisht daily.



## Aquarius - કુંભ - ગ.શ.સ.

હવે તમે પણ શનિની લોખંડી જાળમાં ફસાઈ ગયેલા છો. તમારા કોઈ પણ કામ સીધી રીતે પુરા નહીં થાય. ખોટા ખર્ચાઓ ખુબ વધી જશે. ૨૬મી ઓગસ્ટ સુધી ઘરમાં કોઈ નવી ચીજ વસ્તુ લેતા નહીં. જોઈન્ટ પેઈન, બેકપેઈન, માથાના દુખાવાથી પરેશાન થશો. શનિની તકલીફ ઓછી કરવા દરરોજ મોટી 'હમન યજ્ઞ' ભણજો.

શુકનવંતી તા. ૨૨, ૨૩, ૨૪, ૨૫ છે.

**Lucky Dates: 22, 23, 24, 25**

You are stuck in Saturn's solid grasp. You will not be able to do any tasks in a straightforward manner. Unnecessary expenses will mount. You are advised not to make any house purchases till 26th August. You could suffer from headaches, joint-pain and backache. To placate Saturn, pray the Moti Haptan Yasht daily.



## Gemini - મિથુન - ક.છ.ઘ.

૨૬મી ઓગસ્ટ સુધી ચંદ્ર જેવા શીતળ ગ્રહની દિનદશા ચાલુ છે. તમારામાં કોન્ફીડન્સ આવ્યા પછી જ તમે કોઈપણ ડીસીઝન લેજો. નાણાકીય બાબતમાં સારા સારી થતી જશે. નાની મુસાફરીનો ચાન્સ મળે તો મુકતા નહીં. મનને મજબૂત બનાવવા માટે દરરોજ ૩૪મુ નામ 'યા બેસ્તરના' ૧૦૧વાર ભણજો.

શુકનવંતી તા. ૨૨, ૨૫, ૨૭, ૨૮ છે.

**Lucky Dates: 22, 25, 27, 28**

The Moon's rule till 26th August suggests that you make your decisions only once you are feeling confident. Financial prosperity is indicated. Do not miss out on a short travel opportunity. To strengthen your mind, pray the 34th Name, 'Ya Beshtarna', 101 times, daily.



## Virgo - કન્યા - પ.ઠ.ણ.

તમને શુકની દિનદશા ચાલુ હોવાથી ઘણા દિવસો સુખ શાંતિમાં પસાર કરી શકશો. મનની નેક મુરાદ પુરી થઈને રહેશે. અપોઝીટ સેક્સને મદદ કરી શકશો. નાણાકીય મુશ્કેલીમાં નહીં આવો. જ્યાં કામ કરતા હશો ત્યાં થોડી વધારે ઈન્કમ કમાઈ શકશો. ફસાયેલા નાણા પાછા મળે તેવા ગ્રહો છે. દરરોજ 'બહેરામ યજ્ઞ' ભણવાનું ચાલુ રાખજો.

શુકનવંતી તા. ૨૩, ૨૪, ૨૬, ૨૮ છે.

**Lucky Dates: 23, 24, 26, 28**

The onset of Venus' rule brings you lots of days to be spent in peace and happiness. The noble wishes of your heart will come true. You will be able to help members of the opposite gender. There will be no financial constraints. You will earn additional income from your workplace. Your stars will help you retrieve your stuck funds. Pray to Behram Yazad daily.



## Sagittarius - ધન - ભ.ધ.ફ.

ગુરૂની દિનદશા ચાલુ હોવાથી તમારા હાથથી કોઈકની ભવાઈનું કામ થઈ જશે. ગુરૂની કૃપાથી નાણાકીય બાબતમાં સારા સારી રહેશે. ફેમીલીમાં ગેટ ટુ ગેથર જેવા પ્રોગ્રામો થશે. જે પણ કામ કરશો તેમાં માનની સાથે ધનલાભ પણ થશે. તંદુરસ્તીમાં સારા સારી રહેશે. દરરોજ 'સરોશ યજ્ઞ' ભણવાનું ચાલુ રાખજો.

શુકનવંતી તા. ૨૨, ૨૫, ૨૬, ૨૭ છે.

**Lucky Dates: 22, 25, 26, 27**

Jupiter's rule will have you perform noble deeds for another. Financial prosperity is indicated. The family will organize many get-togethers. You will receive much appreciation and respect along with good profits, in any endeavour you take up. Health will be good. Pray the Sarosh Yasht daily.



## Pisces - મીન - દ.ચ.ઝ.થ.શ.

૨૦મી ઓગસ્ટ સુધી બુધની દિનદશા ચાલશે. તમે તમારી બુધિ વાપરી કામ કરવામાં સફળ થશો. બીજાના સાચા સલાહકાર બની શકશો. નાણાને બચાવી ઈનવેસ્ટમેન્ટ અવકાશ કરજો. મિત્ર મંડળમાં માન વધી જાય તેવું કામ કરશો. કામ પર ઈન્ક્રીમેન્ટ મળશે. દરરોજ 'મહેર નીઆએશ' ભણજો.

શુકનવંતી તા. ૨૪, ૨૫, ૨૭, ૨૮ છે.

**Lucky Dates: 24, 25, 27, 28**

Mercury's rule till 20th August will help you use your intelligence at work. You will be able to provide sincere advice to others. You are advised to save and invest money. You will do something that will greatly increase the respect your friends hold for you. You could expect an increment in your salary. Pray the Meher Nyaisht daily.

## એક નજર પારસી મરણો ઉપર

Deceased મરનાર	Age વય	Date તારીખ	Address ર. ઠે.	Relations સગાઈઓ
Dr. Darius Manek Anklesaria ડો. દારાયશ માનેક અંકલેશ્વરીયા	93 ૯૩	12.07.2023	62, Manek Abad, S.stalwad, Off Nepeansea Road, Mumbai 36. ૬૨, માનેક આબાદ, સીતલવડ, ઓફ નેપેન્સી રોડ, મુંબઈ ૩૬.	તે પરવીનના ખાવિંદ તે મરુમો આયમાય તથા માનેકશાના દીકરા તે યારમીન અને નીનાના બાવાજી તે જ્ઞાદ ઉદવાડીયા ને મૌલિક ઝવેરીના સસરાજી તે મરુમો ગુલ, તુશ ને ચેરાગના ભાઈ તે ફરહાદ, થીયા, શનાયા ને વીવાનના મમાવાજી તે મરુમો લીલા તથા જાલ વિમાદલાવના જમાઈ તે કમલ સરવીન વોડનના બનેવી.
Bomi Ratanshaw Zaiwalla બોમી રતનશા ઝાયવાલા	90 ૯૦	14.07.2023	Navroze Mansion, 4th Floor, Motibai Street, Mumbai 7. નવરોજ મેન્શન, ૪થે માળે, મોતીબાઈ ગલી, મુંબઈ ૭.	તે જરૂ બોમી ઝાયવાલાના ઘણી તે મરુમો નરગીશ અને રતનશા અમનજી ઝાયવાલાના દીકરા તે રાયના, રીયા તથા મરુમો જ્ઞાદના બાવાજી તે દીનયાર કારાની અને યજદી દાનદીવાલાના સસરાજી તે દારા, દીનસુ, ખુશરૂ, સરોશ અને જીનોબીયાના ભાઈ તે મરુમો શીરીન અને મીનોચેલેર કાતરકના જમાઈ
Jimmy Pervez Balsara જીમી પરવેઝ બલસારા	65 ૬૫	16.07.2023	783, P.d.patel, Students Home, 1st Floor, M.j.road, Parsi Colony, Dadar(E), Mumbai 14. ૭૮૩, પી. ડી. પટેલ સ્ટુડન્ટ્સ હોમ, ૧થે માળે, એમ. જે. રોડ, પારસી કોલોની, દાદર (પુ), મુંબઈ ૧૪.	તે મરુમો તેલમીના તથા પરવેઝ બલસારાના દીકરા તે રયોમન બ. એન્જિનિયરના અંકલ.
Nargish Bomanshaw Tavadia નરગીશ બમનશા તવડીયા	81 ૮૧	18.07.2023	N-4, Godrej Baug, Off Nepeansea Road, Near Simla House, Malabar Hill, Mumbai 26. એન-૪, ગોદ્રેજ બાગ, ઓફ નેપેન્સી રોડ, સીમલા હાઉસ પાસે, મલબાર હીલ, મુંબઈ ૨૬.	તે મરુમો તેલમીના ને અમનશા તવડીયાના દીકરી તે કેટી નરી માનેકજી, ફલી તવડીયા તથા મરુમો એમી તવડીયા, ચાંદન તવડીયા, મીનુ તવડીયા ને સોલી તવડીયાના બહેન તે અનુના માતાજી તે કિશોરના સાસુ તે ફરજાના ભાધા, જુબીન ભાધા, આરીશ તવડીયા, ફરહાદ ઈરાની, શાપુર ઈરાની, ફસ્તમ ઈરાની, મહાફઝ ઈરાની ને ઝરીર બિલિમોરીયાના માસી તે નરી માનેકજીના સાલી.
Meher Maneck Engineer મેહેર માનેક એન્જિનિયર	103 ૧૦૩	19.07.2023	Mani Mount, 1st Floor, 26 Altamount Road, Cambala Hill, 26 Altamount Road, Mumbai 26. મની માઉન્ટ, પહેલો માળ, ૨૬ અલ્ટામોન્ટ રોડ, ખંભાત હીલ, મુંબઈ ૨૬.	તે મરુમો માનેક જલંગીર એન્જિનિયરના ઘણીયાણી તે મરુમો ધનજીશા અને મીઠીબાઈ વાડીયાના દીકરી તે જલંગીર અને સાકર માનેક એન્જિનિયરના માતાજી તે ફરીદા જલંગીર એન્જિનિયરના સાસુજી તે મરુમો જર સજુનના બહેન તે અમીન સજુન, શીરીન લાખાની તથા મરુમો મીની સોલી કોલાબાવાલાના માસી.
Osti Pilloo Jal Bamji ઓસ્તી પીલુ જાલ બામજી	98 ૯૮	19.07.2023	C/21, Cusrow Baug, Shahid Bhagat Singh Road, Colaba, Gpo, Mumbai 1. સી/૨૧, ખુશરૂબાગ, શહીદ ભગત સિંહ રોડ, કોલાબા જી.પી.ઓ, મુંબઈ ૧.	તે મરુમો એરવદ જાલ અરદેશીર બામજીના ઘણીયાણી તે મરુમો નાજમાય તથા જાલેજર સોરાબજી ગઝદરના દીકરી તે મરુમો પુતલીબાઈ તથા એ. અરદેશીર ફરામજી બામજીના વલુ તે મરુમો સીલુ પેસી ખજોત્યા તથા નોશીર જાલેજર ગઝદરના બહેન તે મરુમો નવાઝ નોશીર ગઝદરના નણંદ તે રોશની તથા બેલરોજ પેસી ખજોત્યાના માસીજી તે રૂઝબેલ, કેરસીના કુઈજી તે મરુમો ફેની ગીસ્તા, બાનુ પ્રીન્ટરના ભાભી તે ફીરૂઝા, જીમી, બેરામ, સરજાન, મરુમો નેવીલ, મહેરના મામીજી.
Jal Pestonji Boyce જાલ પેસ્ટનજી બોઈસ	90 ૯૦	19.07.2023	Flat No 401, B-Wing Harsh Khushal, Shiv Vallabh Road, Opp. Ashok Hospital, Ashokone, Dahisar (E), Mumbai 68. ફ્લેટ નં. ૪૦૧, બી વિંગ, હર્ષખુશાલ શીવવલ્લભ રોડ, અશોક હોસ્પિટલની સામે, અશોકવન, દહીરિર (પૂર્વ), મુંબઈ ૬૮.	તે રોશનના ખાવિંદ તે મરુમો મહેરબાઈ તથા પેસ્ટનજી ને ભીખાજીના દીકરા તે તનાઝ શર્માના બાવાજી તે રાજેશ શર્માના સસરાજી તે મરુમો પરવેઝના ભાઈ તે રીશી શર્મા ને જ્યોતિ શર્માના મમાવાજી તે ગુલશન, લુફરીશ, રૂઝબેના કાકા તે રશ્ના, બખ્તાવરના કુવાજી તે મરુમો કુંવરબાઈ તથા દારાબશા એલાવ્યાના જમાઈ તે મરુમો ચેરાગ એલાવ્યાના બનેવી તે ગુલ ચેરાગ એલાવ્યા ને મરુમો લીલા પરવેઝ બોઈસના દેર.

## Death Announcements From Prayer Hall

Dara Sorabjee Rupa દારા સોરાબજી રૂપા	94 ૯૪	18.07.2023	2/2 Rustom Baug, Sant Savta Marg, Byculla, Mumbai 27. ૨/૨ રૂસ્તમ બાગ, સંત સાવતા માર્ગ, ભાલખલા, મુંબઈ ૨૭.	તે ગુલનારના ઘણી તે મરુમો હીરાબાઈ અને મરુમો સોરાબના દીકરા તે સોરાબ, જુબીન, ખુશનુમાના પપ્પા તે ગીલાનના સસરા તે સાયરસ, સિમીન, રેહાન, યારેશ, રિયાના ગ્રાન્ડફાધર તે ધન, પેરીન, દીના, દીનશા, પરવેઝ, ગુલુ, રોડાના ભાઈ તે મરુમો ખારમેન, મરુમો અરદેશીરના જમાઈ.
Farkhonda Mondegar Jadid ફરખોન્દા મોન્ડેગાર જાદીદ	85 ૮૫	20.07.2023	621, Khareghat Road, Dadar Parsi Colony, Dadar, Mumbai 14. ૬૨૧, ખરેઘાટ રોડ, દાદર પારસી કોલોની, દાદર, મુંબઈ ૧૪.	તે મરુમો મોન્ડેગારના ઘણીયાણી તે મરુમો ગોવર અને મરુમો એમ. રશીદના દીકરી તે સોલટુન, દારાયસ, મરુમો મનીજાના મમ્મી તે બેલરૂઝ, મરુમો મેરવાનના સાસુ તે લુશંગ, મહેરશાદ, મહેરનવાઝના ગ્રાન્ડ મધર તે શીરીનના બહેન તે મરુમો હોમાયુન અને મરુમો ગુસ્તાદના વલુ.

## Death Announcements From Poona Parsee Panchayat - Trust Office

Rumi Nariman Sukhya રૂમી નરીમાન સુખ્યા	79 ૭૯	14.07.2023	72, Meet Riviera, Boat Club Road, Pune 411001. ૭૨, મીટ રીવીરિયા, બોટ ક્લબ રોડ, પુણે ૪૧૧૦૦૧.	તે મરુમો શ્રીતીના ઘણી તે દિન્યાર તથા જીમીના મોટા ભાઈ તે હોરમઝ, શેહેરજાદના પપ્પા તે યોલાનના બાવાજી તે નરીમાન અને માનેક સુખ્યાના દીકરા
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## માતા પૃથ્વીની ભાવના સાથે સુમેળ!

પાના નં. ૧૦થી ચાલુ

તેને આપણે સામાન્ય રીતે નુકસાન પહોંચાડતા નથી અને આ એક કારણ છે કે ઝોરાસ્ટ્રિયનો પૃથ્વી સહિત અહુરા મહદાની તમામ સારી રચનાઓનો આદર કરે છે.

આપણી ધાર્મિક પરંપરાઓમાંની એક રીત એવી છે કે દરેક પારસીએ સવારે ઉઠીને, એક અશેમનો પાઠ કરવો અને જમીનને અને પછી કપાળને ત્રણ વાર સ્પર્શ કરીને સ્પેન્તા આરમઈતીને નમસ્કાર કરવો. આ બંને મેળવવા માટે છે. - ક્ષમા અને આશીર્વાદ. ભક્ત દ્વારા જાણ્યે-અજાણ્યે કરવામાં આવેલા તમામ કાર્યો માટે દિવસની શરૂઆતમાં જ ક્ષમા માંગવામાં આવે છે જે પૃથ્વી પર બોજ લાવી શકે છે. આશીર્વાદના માર્ગ, ભક્ત સ્પેન્તા

આરમઈતીની ભક્તિ, શાંતિ અને ધર્મનિષ્ઠાના ગુણોની ઈચ્છા રાખે છે. ભક્ત આ સરળ પરંતુ ઉત્કૃષ્ટ વિધિ દ્વારા તેના જીવનમાં આવા કેટલાક ગુણો આત્મસાત કરવાની ઈચ્છા રાખે છે. જેમ સ્પેન્તા આરમઈતી જે નકારાત્મક છે તેને સકારાત્મકમાં રૂપાંતરિત કરે છે, તેવી જ રીતે ભક્ત પણ દરરોજ સવારે આશા રાખે છે અને પ્રાર્થના કરે છે કે તે/તેણીના જીવન અને વિશ્વમાં જે નકારાત્મક છે તેને સકારાત્મક, સારા અને ઉપયોગીમાં રૂપાંતરિત કરી શકે.

દર વર્ષે, અરફંદાર્મદ માલના અરફંદાર્મદ રોજ પર, પારસી ધર્મગુરૂઓ અરફંદાર્મદનું નિરંગ લખે છે, જે પારસીઓ તેમના ધરના આગળના પ્રવેશદ્વાર પર પેસ્ટ કરે છે.

- નોશીર એચ. દાદરાવાલા

## કોઈ ફરિયાદ નહોતી...

ભણવા જતા પગમાં ચંપલ મળતી નહોતી, તેમ છતાંયે ધૂળની ડમરી નડતી નહોતી, થાય વરસ જો છૂ પૂરા તો થાઓ દાખલ, ડોનેશનની ક્યાંય જરૂર પડતી નહોતી, પેન અને પાટી, પેન્સિલ રબર ને પુસ્તક, કોમ્પ્યુટર પર આંગળી ત્યારે ફરતી નહોતી, ખાવા માટે માં દેતી મમરા-ઘાણી, નાસ્તા માટે મેગી ત્યારે બનતી નહોતી, રોજ સવારે ચાલીને શાળાએ જતાં, આંખ પ્રતીક્ષા કોઈ વાલનની કરતી નહોતી, શિયાળે ના મફલર કે ના માથે ટોપી, સૂરજની ગરમીમાં ઠંડી ટકતી નહોતી, વર્ષો પહેલા આપણે સૌ આંગણામાં રમતા, મોબાઈલની તો તે પહેલા હસ્તી નહોતી, બચપણ વિત્યું તોય મજામાં એવું સુંદર, જાણે કે દુનિયામાં દુઃખની વસ્તી નહોતી, ક્યાં વીતી ગયો એ જમાનો, જેમાં કોઈની યે કોઈ સાથે ફરિયાદ નહોતી.



VEERA SHROFF SANJANA

# Minimalism - The New Age Revolution!

The concept of 'Minimalism' is often confused with minimalistic design, where one usually conjures images of bare rooms, white walls, a couch or sofa, maybe a chair. Thrown into this mix, perhaps a single, sole accent picture-frame displayed on a naked, lonely wall. The elements - all serene, calm, bare. In modern times, any design characterized by scarcity is termed minimalistic. However, the real essence of minimalism is a lifestyle choice.

Modern Minimalism is the practice of awareness and intention regarding your belongings, time and energy. Someone who considers themselves a minimalist, would most likely call it an everyday practice, because you become a minimalist only through practice and a certain amount of discipline. There are no numeric rules or décor guidelines. The goal of minimalism is not to achieve perfection, but to prioritize and live in a way that feels full and authentic – the mantra being 'Less is More'.

Minimalism involves a mindset shift. It emphasizes prioritization. So, you start by decluttering your home, your possessions. You streamline your schedules and learn to prioritize even your relationships. Minimalism is the exact opposite of what we have been told via advertisements, the media and society. While consumerism has a grip on every aspect of our lives, we do realize now that most of our possessions do not add any real value.

Pareto's Principle of 80/20 applies. We understand how 80% of the joy or happiness we experience in life comes from the 20% of the things we own! We all have our favorite chair, mug, shoes, bags that we like and are drawn to, every single time. All others are secondary. Given a choice, we will always pick them first over any of the others. So automatically, the rest is just surplus. What is the point of the other 8 mugs in your kitchen when you invariably pick only your favorite



every single time? We need the 80/20 rule to filter out the unnecessary baggage we tend to carry.

Another brilliant way to simplify your life and get rid of excess is the 90-day rule. This one's easy. If you have any item, could be a pair of jeans or those comfy loafers you bought on an impulse, you need to ask yourself if you've used these in the last 90 days. If not, ask if you will use them in the next 90 days. Be honest, and if you are unsure, it's time to let the stuff go.

Minimalism sounds trendy, and it may well be a trend. However, the philosophy of minimalism is timeless. Before it was a lifestyle, the same principles existed under other concepts for thousands of years. Stoics and Buddhists have been living a minimalistic lifestyle that feels like forever. The practice of minimalism didn't become mainstream until the 20th century, when writers, photographers, architects, and artists embraced the idea. As with all movements, minimalism has changed

over time, but thanks to Marie Kondo and the advent of tiny homes, the practice is seeing a resurgence around the world.

Minimalism has recently become a growing phenomenon and an international trend as the world we live in has been changing dramatically. The Pandemic economy, with uncertainties about the future, reduction in the workforce, tighter budgets and low incomes, has forced us to identify with what is really essential, and all the things we can certainly live without. During the pandemic, minimalism became the de facto lifestyle for a huge percentage of the population globally.

We often brush off minimalism as something suitable only for the very disciplined or principled, or an unrealistic vision exclusively for those living on the fringes of society. Immaterial of your overall view, minimalism is growing and slowing oozing into the pores of mainstream skin. Today, its appeal



makes sense considering the context of overconsumption, recession and environmental degradation around us. Minimalism is so much more than the number of items you own. It is entrenched with the main themes of time, experience and life.

The Power of Minimalism is far reaching. First and foremost, minimalism is a paradigm shift. Its greatest effect is encouraging people to think, perceive and behave in a new direction - towards less materialism and more positive life experiences. It redefines the nature of life, every day and overall. We are creatures attached to things. Society teaches us to attach our status and reputation to the items we own - luxury brands, latest gadgets, or fashionable labels. Minimalism steers us away from this mindset and mentality. It is a journey in search of the essentials of living a happy and meaningful life. By taking away the clutter and excess, the minimalist is left with fewer distractions of overconsumption and debt.

Minimalistic living is choosing to live life with a great purpose, choosing to live with fewer resources and yet being satisfied. It's about letting go of things that aren't needed and not purchasing in excess of one's needs. A minimalist lifestyle is not radical, rather it's optimal. In short, Minimalism is all about Choosing to:

- ✓ Have experiences rather than things;
- ✓ Live a life of freedom rather than following a script;
- ✓ Live with less and choosing to live light
- ✓ Buy what we need and not what we want
- ✓ Find time for things that matter such as pursuing hobbies and indulging in relaxing activities.

Remember, a minimalist lifestyle is more a process than a simple decision. Minimalism is not a lack of something but simply the perfect amount of everything. Thomas Jefferson had wisely said, "Every generation needs a new revolution." Maybe minimalism is ours. I believe, minimalists are enlightened individuals who want to get the most out of life. They have depth of heart, heightened awareness, soul and spirit and a great deal of courage too. And maybe, truly, 'A life without is better than a life with'!

# The Journey Of Our Finite Selves To True Spiritual Perfection And Knowledge

BY VILOO HOMI ADAJANIA

There are spiritual teachings on how to cultivate, for instance, the virtues of patience and tolerance, but ultimately, we learn by trial and error. We can refer to books and read everything there is to learn about religions, philosophies and spiritual practices. But learning alone is of no help. Even if we possess all the knowledge, we can make fundamental mistakes. One can learn only by trials and tribulations. The idea is to make a man realize that it is tragedy that ennoble him, chastens him, makes him accept reality, and in the process, betters him increasingly, as he progresses in his soul's journey.



Madame H P Blavatsky (Co-Founder of the Theosophical Society) has very wisely said, "The power to know does not come from book-study nor from philosophy, but mostly from the actual practice of altruism in deed, word and thought". There's a wealth of wisdom in these words. Those who sincerely practice altruism, or deeds arising out of unselfish concern for others, gain the 'power to know'. They may not be academically advanced, or possessing various degrees, but by dint of the practice of altruism in their ways of daily living and behaviour (humility, modesty, patience, tolerance, readiness to be helpful to others, truthfulness, etc.), they have moved towards the growth of their spiritual selves faster than the rest who are more self-centred, egoistic, arrogant and intolerant. The progress of the latter is naturally at a much slower pace.

Of course, all good qualities cannot come all at one time. These come gradually, as one progresses on one's soul's journey and the spiritual awareness keeps increasing slowly. **This brings about psycho-spiritual growth with the resultant changes in**

**one's consciousness.** One makes the best efforts to live within the moral framework of good thoughts, good words and good deeds and treads the Right Pathways. Man becomes worthy of God's Higher Blessings for his sincere efforts. These Blessings are akin to premonitions - bringing flashes of foretelling and forewarning of coming events of importance. Others experience flashes of inner enlightenment and clarity of thought.

Despite much goodness and blessings, spiritual perfection can still remain an incomplete process of becoming, because a soul's true purification could take many births. During the inter-birth period a soul is given the required time to recoup. It

then incarnates in a suitable environment to get enough chances to excel in qualities and virtues which it needs to develop. Man undergoes this long process till such time as he is fully worthy of being 'liberated' from his physical finite self.

After the long and arduous journey that a soul undertakes, the good and bad experiences that he goes through with patience and tolerance, the hard lessons of life that he learns and imbibes during the course of his journey - all these efforts are for the hidden desire of the Final Great Fulfilment, that is, 'True Spiritual Perfection and Knowledge', so that thereby he would be liberated from the cycle of birth and death and would reach the divine realm above - the world of the 'Great All'. Madame Blavatsky has said, "True spiritual perfection and knowledge is the complete identification of our finite selves with the Great All."

When a soul reaches the world of the Great All, it works along with other souls for the sake of the whole world. As need arises in the world for help, requiring prompt divine attendance, as invisible helpers, they reach out to help in their own

way. In some cases, they even manifest in physical bodies. Such liberated souls take birth on earth to fulfill a special worldly mission assigned to them. These live a 'soul-conscious' life in the divine realm. They consider themselves 'Spiritual Creations of Light', with the spiritual world as their original home and final destination. They are a part of and will once again be one in friendship with the Supreme Divine.

This makes us all aware of the final goal of our lives. We have to work towards this goal. This work must be taken up on a large scale as part of the education of humanity. In the words of Smt. Radha Burnier, Past International President of the Theosophical Society (Madras): "Although it is necessary to bring about reforms to all areas of social structure, most of all, change is needed in the human heart. This is not as difficult as it may appear. It can be achieved by a new thrust in education which inculcates respect and sensitivity to the needs of others. The future world culture must necessarily embody an ethos of compassion and a concern for peace."



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## DIY (Inner) Beauty Hacks!

By Delna F. Billimoria

Start your day by...  
 Detoxing your mind with prayers,  
 Deep cleansing your heart,  
 Washing away negative emotions,  
 Wear a foundation rich in gratitude,  
 Use a healthy boundary liner,  
 Highlight your strengths,  
 Shadow your goals and achievements,  
 Couture with justice,  
 Outline the color of your flaws with acceptance,  
 Gloss it up with self-love,  
 Put on the garment of righteousness,  
 Accessorise with confidence,  
 Wear the fragrance of kindness,  
 Lastly, pair it up with humble shoes,  
 You're now ready for the day! Let's go!

## You'll survive

By Vahishta Patel

There are times when you want to give up,  
 Can't take it no more, like an overflowing cup.  
 Your inner voice commands you to submit,  
 To stop everything... and just quit.

It makes you feel unworthy,  
 So, you hate yourself eventually;  
 And the worst is when you show  
 You're doing fine, even when you feel low.

But have you ever tried taking a break?  
 Getting back up and learning from your mistake?  
 It's easy to play the victim card,  
 But it takes real guts to fight hard.

Each passing day, do count your blessing,  
 While you try to focus on progressing.  
 Till the end, remember to strive,  
 It won't be easy, but I'm sure you'll survive!

## FLASHBACK

By Gulshan D Morawala

A new-born babe - crumpled, scaly skin,  
 Closed eyes and a tight fist;  
 She lay cosily in her mother's arms,  
 Her legs crossed in a twist.  
 Mom and babe made a wonderful sight,  
 As she held the child in an embrace tight.

Suddenly a screechy wail -  
 Made mom go into a colour pale,  
 As her babe cried wildly, all to say,  
 She must be fed, as it was that time of day.

So, putting her babe to her breast,  
 She soothed her to the very best,  
 Humming a tune to calm her down,  
 Which also cleared her forehead frown.

The bond between child and mom  
 Grew stronger as days passed, mom to mom;  
 And soon she turned into a lady sweet,  
 Whom all would love to meet and greet.

School, graduation, jobs went by,  
 Soon from her nest, the babe had to fly,  
 And so she did, to a far off land,  
 Holding on to her husband's hand.

The parents, they stood at the airport door,  
 Waving to their children, as they watched them go;  
 To their gate of departure to board their plane,  
 Just standing there, bearing the parting pain!

Uncontrolled tears, relentless sobs...  
 "When will again our babe we see?"  
 One last wave, and they are seen no more,  
 Their hearts are down, their feelings so sore!

The ever-loving God gave parents the strength,  
 They returned to their home, at length;  
 Taking solace in their duties towards home,  
 They tried to forget the babe of mother's womb.

Each day a flashback come to the fore,  
 Each event they remember to the core;  
 Every flashback brought a smile upon their face,  
 Every flashback is a recall of their race.

Today mom and dad sit side by side,  
 Waiting by the computer to see their pride,  
 As she appears on 'chat' with hubby and babe,  
 Their hearts fill with joy as they sit and gape.

They listen to the prattle of her little one,  
 Recalling the days with their own little one!  
 Flashbacks are a great way to recall  
 Past stories, whether big or small!



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